

# TinySuperheroes Kindess Mission Instructions

June 2023

Kindness is the quality of being generous, helpful, and caring about other people, or an act showing this quality. Each June at TinySuperheroes, we practice Kindness through Kindness Rocks because it's fun, contagious, and interactive!

## What You'll Need



### Step 1: Gather rocks & paint them in any way you'd like!

While you paint, think about the people that may find them! Be as creative as you'd like! You can include pictures, quotes, words, there are no rules for Kindness Rocks! If possible, write #TSHRocks on the back of the rock in case someone wants us to know they found one!



### STEP 2: Hide your rocks around your community

It's totally up to you where to hide them! Don't hide them too well, really! we want people to find them!



### STEP 3: Spread more Kindness!

Repeat this process as often as you'd like! (Keep your eyes peeled for Kindness Rocks that others have hidden!)  
Invite your whole family to get involved!



### STEP 4: Take & post a video or photo!

Don't forget to wear your cape! Make sure to tag us @TinySuperheroes and #KindnessMission. Our private Facebook group is a great place to post.



### STEP 5: Report to HQ

Tap the button below to submit your Mission on or before June 30, 2023 to earn your free Mission Kit!



<https://go.tinysuperheroes.com/submit>



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Submit your completed Kindess Mission at:  
[go.tinysuperheroes.com/submit](https://go.tinysuperheroes.com/submit)