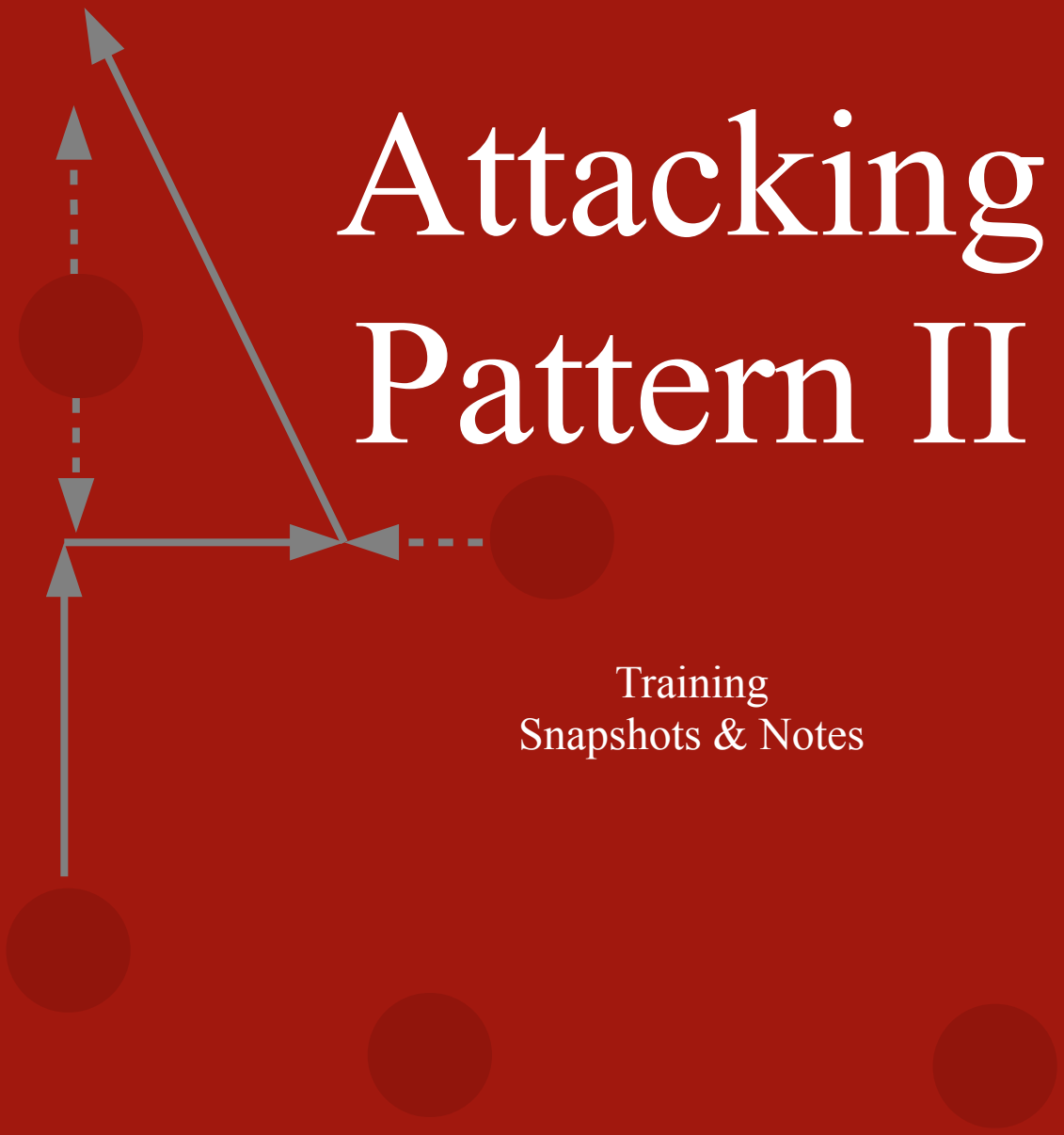
Teaching Possession Soccer



Attacking Pattern II

Training
Snapshots & Notes

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Setup

- All 11 field players included

Action

- Ball circulation between back 5 (see *playing out of the back* activity), ultimately results in either
  (a) Center back hitting the outside back, or
  (b) Defensive mid hitting the outside back.

- The winger (the 7 or 11) must read when (a) or (b) is about to happen. That is the cue for the winger to "lose his man" (see *losing your man* activity).

The 7/11 lose their man by faking a run away from the ball (ie behind the defense), then turning and checking to the ball.

The timing here is critical, as the point is for the 7/11 to receive with some space. And we want the outside back to provide the pass ASAP.

As the 7/11 is about to receive the ball, the 8 or 10 (depending which side the attack is on) lose their man and come to support.

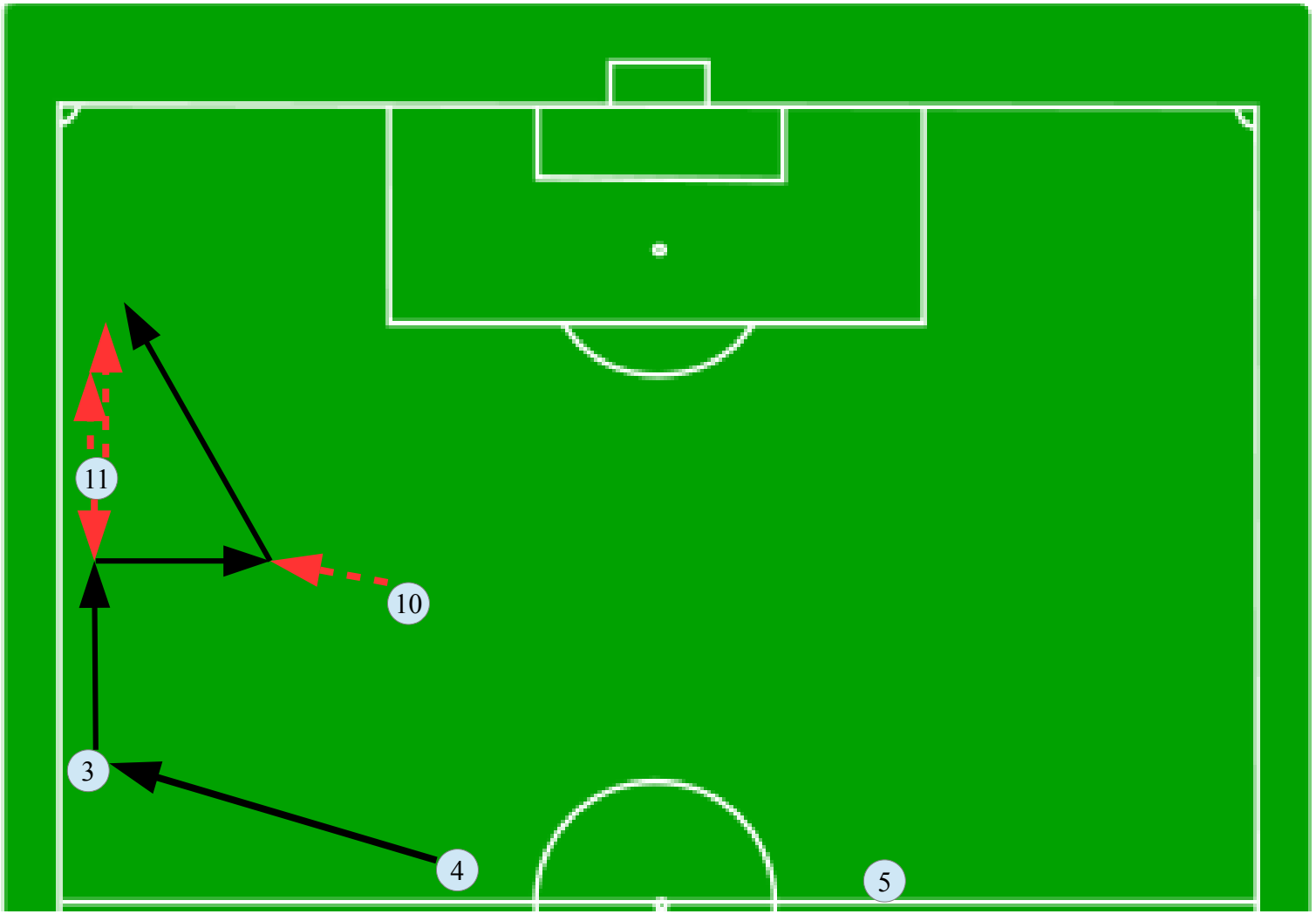
The 7/11 plays the 8/10, and makes a run behind the defense.

The 8/10 plays the 7/11 in behind.

The 7/11 serves to runners in the box (9 first post, 7 back post, 8/10 to pk spot)

Notes

- Ensure proper spacing at all times.
- Ensure proper shifting at all times.
- Start slow, so players understand the tactical (space and timing).
- When understood, maximize speed of play.
- Have players communicating.
- Ensure winger, the center forward, and the attacking mid losing man properly.
- Work on timing and tight choreography.



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Are You Ready to Take Your Coaching Even Further?

3four3 has put together the core of its successful training methodology for building possession-based teams …

… in the American soccer environment.

Click Here to Find Out More

The Activity you've just gone through contains a tremendous amount of soccer … but it must be integrated into a bigger coherent context.

And proper execution is key!

We've been coaching and refining our possession-based methodology for over 10 years. We've been fortunate to enjoy a lot of success in that time, but it took a lot of work … and we've made our share of mistakes along the way.

What if you could directly benefit from those years of experience – and avoid those mistakes?

What if you could short-circuit the long trial and error cycles?

What if you could collaborate & network with coaches, all working towards that desired possession-based game?