



# *Nordic Arts & Health Research Conference*

7 NOVEMBER 2018, TURKU

Arts Academy, Turku University of Applied Sciences,  
Linnankatu 54.

## PROGRAMME:

- 8.30–9.00 Registration & coffee
- 9.00–9.15 Welcome: ***Building a Nordic Arts & Health Research Network***
- 9.15–9.45 Keynote: ***What are we talking about when we talk about Arts and Health?***  
Pia Houni, Adjunct professor, Senior researcher, Finnish Institute of Occupational Health

## RESEARCH PRESENTATIONS:

### PARTICIPATORY ARTS, THEATRE AND MENTAL HEALTH

- 9.45–10.05 ***Amateur theatre and user participation as health promotion in Nordic mental health care: Empirical patterns and sociological reflections***  
Anita Salamonsen, Associate professor, The Regional Centre for Child and Youth Mental Health and Child Welfare– North, UiT The Arctic University of Norway & Wenche Torrisen, Associate professor, Volda University College and Nord University
- 10.05–10.25 ***The theatre comes into the child welfare unit***  
Päivi Känkänen, Senior researcher & Marko Manninen, Docent, Senior researcher, National Institute for Health and Welfare
- 10.25–10.45 ***The transformative potential of participatory arts in mental health recovery***  
Kristin Berre Ørjasæter, PhD student, Nord University
- 10.45–11.05 ***Building resilience within through performance making***  
Ellen Foyen Bruun, Associate professor Drama & Theatre, Dramatherapist, Norwegian University of Science and Technology NTNU

11.05–11.20 Break

## RESEARCH PRESENTATIONS: ARTS AND HEALTH IN EDUCATION AND THERAPY

11.20–11.40 ***The power of art and culture in education and practice in mental health work***  
Wigdis Helen Saether, Associate professor, Mental health nurse, Norwegian University of Science and Technology NTNU

11.40–12.00 ***Narrative medicine:  
a contribution to medical education at University of Southern Denmark***  
Anders Juhl Rasmussen, Assistant professor, University of Southern Denmark

12.00–12.20 ***Bibliotherapy: The Finnish model and potential of narratives for well-being***  
Päivi Kosonen, Bibliotherapist, Senior lecturer, University of Turku

12.20–13.30 Lunch

## RESEARCH PRESENTATIONS: PARALLEL SESSIONS A-C

Choose one of the three sessions.

### SESSION A: ARTS IN HEALTH AND CARE

13.30–13.50 ***Investigating death through art and science –  
initiatives to improve health care for the terminally ill and dying***  
Hanne Bess Boelsbjerg, External lecturer, University of Copenhagen

13.50–14.10 ***Arts in supporting recovery in hospital environment***  
Sari Laitinen, Music therapist, FL, Espoo Hospital

### SESSION B: CULTURAL ACTIVITIES, HEALTH AND SURVIVAL

13.30–13.50 ***Cultural activities and survival in a 5-year follow-up***  
Tellervo Nenonen, University of Helsinki, National Institute for Health and Welfare

13.50–14.10 ***Yoik experiences and possible positive health outcomes***  
Soile Hämäläinen, Researcher, National Research Center in Complementary and Alternative Medicine, NAFKAM, The Arctic University of Norway

### SESSION C: SENSE, TECHNOLOGY AND HEALTH

13.30–13.50 ***Individualized multisensory environments in dementia care:  
Findings from the SENSE-GARDEN EU-project***  
Gemma Goodall, PhD candidate, Norwegian University of Science and Technology NTNU

13.50–14.10 ***Human-centered v.s technology-driven smart textiles design processes  
in the context of prematurely born babies.***  
Camilla Groth, Associate professor, University of Southeast Norway,  
Postdoc researcher, Aalto University

14.10–14.30 Coffee break

14.30–15.30 **PARALLEL WORKSHOPS**

Choose one of the three workshops. Prior sign-up required.

**WORKSHOP 1**

**Visual Storytelling:**

**An Arts-based Method to Explore Seniors' Health and Well-being**

Leah Burns & Masood Masoodian, Aalto University

What are the stories that we live by and how do they maintain, conceal, resist, and counter dominant narratives? In this workshop participants will experiment with storytelling methods that examine practices and perceptions about ageing, health and well-being as well as the potential of story-based inquiry in supporting co-design of health services.

**WORKSHOP 2**

**Reflecting #metoo with music and dance -**

**using Microphenomenology as a way to understand social touch**

Eva Bojner Horwitz, Professor, Royal College of Music in Stockholm and Karolinska Institutet Sweden

In this workshop we will reflect on body movements and music and how an aesthetic dimension of experience can have a humanizing impact on an audience.

**WORKSHOP 3**

**Nordic Journal for Arts, Culture and Health**

Anita Jensen, Postdoc researcher, Centre for Culture & Health, Aalborg University & Wenche Torrissen, Associate professor, Volda University College and Nord University

Interactive workshop about a Nordic Journal for Arts, Culture and Health. We will discuss different aspects of starting a journal with focus on arts, culture and health in the Nordic countries and gather vital information from you about your needs in terms of areas of interest/publishing article/reviewing and other topics of relevance.

15.45–17.00 **Planning for the future of the network**

The conference is supported by the Taikusydän initiative (<https://taikusydan.turkuamk.fi/english/info/>) and the Arts Academy, Turku University of Applied Sciences.



FOR MORE INFORMATION, PLEASE CONTACT:

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