



## Tool 7: Guidelines for the learning journal

### Learning Journal

You are expected to write a learning journal during the project.

It is a documentation for you and makes it easier for you to write your final report. Your documentation will be valuable for the whole project. The format of your journal is left up to you.

Write down your own starting point and the goals of the project. You can clarify your goals whilst the project is underway. At the end, evaluate the extent to which you reached the goals and whether you achieved something unexpected.

The aim of the journal is to document your participation in the project and your learning. Your journal will not be assessed as such, you are only asked to add it as an appendix to your learning report.

Make regular entries into your journal. Here are things you could include in it:

- experiences and professional insights
- existing factors and their successes and failures
- suggestions for improvement
- what you have learnt, what you have not yet learnt
- how the project work relates to your other studies
- what has been left unclear
- your own ideas and thoughts
- interesting discussions and events
- interesting sources
- interesting articles.

Feel free to write about details and thoughts, anything to do with the project.

