

Table of Contents

Introduction 1-4
 Table of Contents 1
 2006 Schedule 1
 Quick Facts 2
 Media Information 2
 Athletics Department Phone Directory 3
 Directions 3
 Sports Information Staff 3
 2006 Roster 4
Coaches/Support Staff **5-10**
 Head Coach Amanda Cromwell 6-7
 Assistant Coach Colby Hale 8
 Assistant Coach Donna Fishter 8
 Volunteer Assistant Coach Michelle Akers 9
 Support Staff 9-10
2006 Outlook **11-14**
 2006 Preview 12-13
 Class Snapshots 14
2006 Player Profiles **15-26**
 Returning Players 16-24
 Newcomers 24-26
2006 Opponents **27-32**
2005 Review **33-38**
 Season Review 34
 Box Scores 35-37
 2005 Statistics 38
History/Records **39-51**
 Program History 40-41
 All-Time Results 42-44
 All-Time Roster 45
 Team Awards 46
 National Awards 47
 All-Conference Honors 48
 Individual Career Records 49
 Individual Season Records 50
 Individual/Team Match Records 51
This is UCF **52-71**
 About the University 52-56
 Athletics Master Plan 57
 Athletic Success 58-59
 Conference USA 60
 Strength and Conditioning 61
 Sports Medicine 62
 Towers at Golden Knights Plaza 63
 Academic Support 64
 Athletics Compliance 65
 Orlando, the City Beautiful 66-68
 UCF President John C. Hitt 69
 UCF Director of Athletics Keith R. Tribble 70-71
UCF Hall of Fame **72**

2006 Schedule

August
 25 at Miami Coral Gables, Fla. 7 p.m.
 27 at Florida International Miami, Fla. 1 p.m.

September
 1 **Florida Atlantic** **Orlando, Fla.** **7 p.m.**
 3 **Fresno State** **Orlando, Fla.** **Noon**
 8 at UNLV \$ Las Vegas, Nev. 10 p.m.
 10 vs. Arizona State \$ Las Vegas, Nev. 2 p.m.
 13 at Florida State (SUN) Tallahassee, Fla. 7 p.m.
 17 at Kansas Lawrence, Kan. 2 p.m.
 24 **UC-Santa Barbara** **Orlando, Fla.** **Noon**
 29 at Rice * Houston, Texas 8 p.m.

October
 1 at Houston * Houston, Texas 2 p.m.
 6 **Memphis *** **Orlando, Fla.** **7 p.m.**
 8 **UAB *** **Orlando, Fla.** **1 p.m.**
 13 at East Carolina * Greenville, N.C. 4 p.m.
 15 at Marshall * Huntington, W.Va. Noon
 21 at Southern Miss * Hattiesburg, Miss. 2 p.m.
 27 **SMU * (CSTV)** **Orlando, Fla.** **7 p.m.**
 29 **Tulsa *** **Orlando, Fla.** **1 p.m.**

November
 1-5 C-USA Championship Dallas, Texas TBA

* Conference USA match
 \$ UNLV Invitational
 (SUN) indicates match to be broadcast on Sun Sports
 (CSTV) denotes match to be broadcast on CSTV
 Home contest bold
 All times are Eastern Standard



On the front cover: Seniors Jessalyn Withers, Kristin Bilby and Katie McCain.
 On the back cover: Seniors Roberta Pelarigo, Shannon Wing and Michelle DeCespedes.

Credits

Written by Cheryl Flesch, Doug Richards and Courtney Hastings. Edited by Doug Richards, Cheryl Flesch, Amanda Cromwell and Donna Fishter. Layout and design by Courtney Hastings and Cheryl Flesch. Cover Design by University Marketing. Photography by Bill Richardson, Todd Drexler, Darren Thomas, Perry McIntire, Jr., Mike Campbell, J. Brett Whitesell, Jim Burgess, Orlando/Orange County CVB and Dave Hood. Printed by Lawton Printers.

This media guide is intended to assist media personnel. For additional copies send a check for \$7 to the UCF Sports Information, P.O. Box 163555, Orlando, FL 32816-3555.



Media Information

The UCF women's soccer guide is intended to be a source of information to assist the media. If additional information on UCF women's soccer and other Golden Knights sports is required, please contact the UCF Sports Information office located in the Wayne Densch Sports Center.

UCF, NOT CENTRAL FLORIDA

Please refer to the University of Central Florida as UCF, not Central Florida, when shortening the title. UCF is making an effort to shed the Central Florida tag, as well as all of its derivatives (C. Florida, Cent. Florida, Central Fla., etc.).

SERVICES

The Sports Information office offers a weekly release containing team and individual notes, statistics, a review of past action and a look ahead to upcoming matches. Additional information will include Conference USA rankings, statistics and league notes.

PRACTICE

The Golden Knights begin practice at 3 p.m. at the women's soccer practice facility during non-game and non-travel days. Practice, which runs for approximately two hours, is open to the media and general public. Please contact the UCF Sports Information Office if you plan on coming out to confirm practice times.

CREDENTIALS AND PARKING

All credential requests should be directed to women's soccer contact Cheryl Flesch, at least one day in advance. A pass list or credential will be at the UCF Soccer Field ticket area. Parking is located in the lot behind the UCF Arena.

PRESS SERVICES

Game programs, team rosters, updated team and conference statistics, game notes and media guides will be available one hour prior to each match. A complete NCAA box score will be distributed to members of the working media following the match.

PHOTOGRAPHY

Press and television photographers are at their own risk while shooting video or photos during the contest. Photographers are limited to working the end lines and sideline opposite the team benches. Sports Information Staff will direct you to the designated work areas should further clarification be necessary.

INTERVIEWS

Coach Amanda Cromwell and her staff are available for interviews on an appointment only basis between games and after practices. Personal interviews with the coach and players should be scheduled with Cheryl Flesch. The availability of players will depend on class and practice schedules during the week. Please give at least a 24-hour advance notice for all interview requests so the players can be contacted and arrangements can be made. Most players will be available for up to an hour after each practice. The coaching staff and players will be available for post-game interviews following a short cooling off period.

WORLD WIDE WEB

The media can access all the latest UCF women's soccer news on the athletics department's website, located at www.ucfathletics.com. The UCF Sports Information office produces this web site with the most up-to-date and extensive coverage of the Golden Knights. Women's soccer information available on the UCF website includes statistics, rosters, press releases and notes.

Quick Facts

General Information

Location	Orlando, Fla. 32816
Founded	1963
Enrollment	47,000
Nickname.....	Golden Knights
Colors	Black & Gold
Home Facility (Cap.).....	UCF Soccer Complex (1,000)
Affiliation	NCAA Division I
Conference	Conference USA
President	Dr. John C. Hitt
Director of Athletics	Keith R. Tribble
Associate AD/SWA.....	Jessica Reo
NCAA Faculty Representative.....	Dr. Cynthia Young
Athletics Department Phone.....	(407) 823-3213
Ticket Office Phone	(407) UCF-GOLD
Official Athletics Website	www.ucfathletics.com

Soccer History

First Season	1981
All-Time Record.....	287-132-29 (.673)
NCAA Division I Tournament Appearances/Last.....	11/2004
Last NCAA Tournament Opponent.....	Boston College
Result/Round.....	L, 2-1/2nd Round

Team Information

Head Coach.....	Amanda Cromwell (Virginia/1992)
Record at UCF(Yrs.).....	101-47-5 (7)
Overall Record (Yrs.).....	121-62-6 (9)
Assistant Coach.....	Colby Hale (Oral Roberts/1997)
Assistant Coach/Goalkeepers ...	Donna Fishter (Anderson/1995)
Volunteer Assistant Coach	Michelle Akers (UCF/1989)
2005 Overall Record.....	12-10-0
2005 Conference USA Record/Finish	8-1-0/T-1
Starters Returning/Lost.....	8/3
Letterwinners Returning/Lost.....	14/6
Newcomers.....	8

Sports Information

Assistant SID/Women's Soccer Contact	Cheryl Flesch
Office Phone	(407) 823-2464
Cell Phone	(407) 405-5821
Email.....	cflesch@mail.ucf.edu
Fax Number.....	(407) 823-5266



Athletics Department Phone Directory

(All numbers begin with the 407 area code)

Administration

- Keith R. Tribble, Director of Athletics..... UCF-2261
- David Chambers, Executive Associate AD..... UCF-0636
- David Hansen, Sr. Associate AD for Internal Affairs UCF-0499
- Jessica Reo, Associate AD/SWA UCF-2190
- Brad Stricklin, Associate AD/Business UCF-6792
- Art Zeleznik, Associate AD/Support Services..... UCF-2235
- Dr. Cynthia Young, NCAA Faculty Representative UCF-5987
- Joe Simon, Assistant AD/Facilities and Operations UCF-4299

Head Coaching Staff

- Patricia Allison, Women's Tennis UCF-6563
- Jay Bergman, Baseball..... UCF-0140
- Bobby Cashman, Men's Tennis..... UCF-2257
- Nick Clinard, Men's Golf..... UCF-1465
- Meg Colado, Women's Volleyball..... UCF-6229
- Leeanne Crain, Women's Rowing..... UCF-3559
- Amanda Cromwell, Women's Soccer UCF-6345
- Brent Erwin, Men's Soccer UCF-2262
- Emilee Klein, Women's Golf..... UCF-6448
- Renee Gillispie, Softball UCF-6891
- Linda Gooch, Spirit Program UCF-2143
- Marcia Mansur-Wentworth UCF-0096
- Cross Country/Women's Track..... UCF-0096
- George O'Leary, Football UCF-2342
- Kirk Speraw, Men's Basketball..... UCF-5805
- Gail Striegler, Women's Basketball UCF-5802

Other Important Numbers

- Academic Services for Student Athletes UCF-5896
- Admissions UCF-3000
- Athletics UCF-4114
- Compliance..... UCF-4297
- Facilities and Operations..... UCF-0673
- Financial Aid..... UCF-2827
- Housing UCF-4663
- Marketing..... UCF-2807
- Tickets UCF-1000

UCF Sports Information Office



Cheryl Flesch
Assistant Sports Information Director
(Women's Soccer Contact)
O: (407) 823-2464
C: (407) 405-5821
E: cflesch@mail.ucf.edu



Doug Richards
Assistant Sports Information Director
O: (407) 823-2142
C: (407) 405-5823
E: dorichar@mail.ucf.edu

Mailing Address:
P.O. Box 163555
Orlando, FL 32816-3555

Overnight Shipping Address:
4000 Central Florida Blvd.
WDCS 39 - Room 109
Orlando, FL 32816-3555

UCF Soccer Complex

The UCF Track and Soccer Complex plays host to both women's and men's soccer matches as well as home track and cross country meets. Built in 1991, the UCF Soccer Field within the track is natural grass and is lined to the dimensions of 347 feet by 200 feet.

The facility has a capacity of 2,000 with bleacher seating for 500 fans.

DIRECTIONS TO UCF SOCCER FIELD

From Jacksonville or Daytona:
I-95 South to Highway 50 (Colonial). West on Highway 50 for approximately 17 miles. Right on Alafaya Trail. North on Alafaya Trail approximately 3 miles. Right at Gemini Blvd. Straight on Gemini for approximately 1/4 mile. Left at UCF Arena, Soccer Field is on right.

From Miami:
I-95 North to Highway 50 (Colonial). West on Highway 50 for approximately 17 miles. Right on Alafaya Trail. North on Alafaya Trail approximately 3 miles. Right at Gemini Blvd. Straight on Gemini for approximately 1/4 mile. Left at UCF Arena, Soccer Field is on right.

From Downtown Orlando:
East on toll road 408 (East-West Expressway) to toll road 417 North, toward Sanford. Exit on University Blvd. East. Left at Alafaya Trail approximately 2/10 mile. Right at Gemini Blvd. Straight on Gemini for approximately 1/4 mile. Left at UCF Arena, Soccer Field is on right.

From Tampa:
I-4 East to toll road 408 (Exit 82A). East on 408 to toll road 417 North, toward Sanford. Exit on University Blvd. East. Left at Alafaya Trail approximately 2/10 mile. Right at Gemini Blvd. Straight on Gemini for approximately 1/4 mile. Left at UCF Arena, Soccer Field is on right.

From Tallahassee or NW Florida:
Florida Turnpike South to toll road 408 East. East on 408 to toll road 417 North, toward Sanford. Exit on University Blvd. East. Left at Alafaya Trail approximately 2/10 mile. Right at Gemini Blvd. Straight on Gemini for approximately 1/4 mile. Left at UCF Arena, Soccer Field is on right.



2006 Roster



No.	Name	Pos.	Ht.	Cl.	Hometown/High School (Previous School)
0	Jessie Gardner	GK	5-11	So.	Sarasota, Fla./Riverview HS
00	Mandi Mawyer	GK	5-11	Fr.	San Antonio, Texas/Douglas MacArthur HS
1	Jennifer Manis	GK	5-10	Jr.	Pensacola, Fla./Washington HS (Middle Tennessee State)
2	Kristin Bilby	F	5-3	Sr.	Chino Hills, Calif./Ruben S. Ayala (Long Beach City College)
3	Yvonne George	D/M	5-8	Fr.	Winter Springs, Fla./Winter Springs HS
4	Becca Thomas	M	5-7	Fr.	Burlington, Wash./Home Schooled
5	Arielle Orr	M	5-7	Jr.	Palm Harbor, Fla./Palm Harbor University HS
6	Cara Bortz	F/M	5-8	Fr.	Merritt Island, Fla./Merritt Island HS
8	Michelle DeCespedes	M/F	5-4	Sr.	Boca Raton, Fla./St. Thomas Aquinas HS (LSU)
9	Stacey George	D	5-6	Jr.	Winter Springs, Fla./Winter Springs HS
11	Jessalyn Withers	M/D	5-5	Sr.	Melbourne, Fla./Eau Gallie HS
12	Hanna Wilde	M	5-4	So.	Westlake, Ohio/Westlake HS
13	Kate McCain	M	5-10	Sr.	St. Petersburg Beach, Fla./Lakewood HS
14	Jessica Jackson	M/D	5-7	So.	Chino Hills, Calif./St. Lucy Priory HS
15	Nikki Moore	D	5-3	Fr.	Virginia Beach, Va./Cape Henry Collegiate School
16	Jessica Newport	F	5-6	Jr.	Forked River, N.J./Lacey Township HS (Jacksonville)
17	Shannon Wing	F/M	5-7	Sr.	Gulf Breeze, Fla./Gulf Breeze HS
18	Erin Hopkins	D/M	5-8	So.	Lakeland, Fla./Lake Region HS
19	Roberta Pelarigo	F	5-8	Sr.	Sao Paulo, Brazil/ Alvaro Guiao HS (Young Harris College)
20	Jessica Hallgren	D	5-7	Jr.	Pinellas Park, Fla./Clearwater Central Catholic HS (Florida)
21	Kelsey Kravec	D	5-4	Jr.	Sarasota, Fla./Riverview HS (Florida)
22	Lydia Jones	M/F	5-4	So.	Melbourne, Fla./Melbourne HS
23	Brianna Schooley	M/F	5-9	Fr.	Coral Springs, Fla./Douglas HS
24	Courtney Whidden	F	5-7	Fr.	Palm Harbor, Fla./Palm Harbor University HS
25	Kate Begley	M	5-5	Jr.	Hatfield, Pa./North Penn HS
26	Sarah de Leon	D/M	5-7	Fr.	Lakewood, Wash./Lakes HS
27	Jenny Baker	F	5-6	Fr.	Eatonville, Wash./Eatonville HS

Head Coach: Amanda Cromwell (Virginia, 1992)
Assistant Coach: Colby Hale (Oral Roberts, 1999)
Assistant Coach: Donna Fishter (Anderson, 1995)
Volunteer Assistant Coach: Michelle Akers (UCF, 1989)

Pronunciation

Kate Begley Begg-lee
 Kristin Bilby Bill-bee
 Michelle DeCespedes De-ces-puh-dees
 Kelsey Kravec Kell-see Kray-veck
 Arielle Orr Air-ee-ehl
 Roberta Pelarigo Pel-uh-rigo



Golden Knight Staff

Coaching Staff



Head Coach Amanda Cromwell Eighth Season

Since taking over the helm of the UCF women's soccer program in 1999, head coach Amanda Cromwell has brought the Golden Knights to regional and national prominence. In the past seven years, she has guided the team to a 101-47-4 record, five NCAA Tournament appearances, four Atlantic Sun Tournament Championships and a Conference USA regular season title. The Golden Knights have capped off the last five seasons ranked among the top squads in the Southeast Region by SoccerBuzz.com, including a No. 7 ranking in 2003 and 2004.

The 2005 season also marked a milestone in Cromwell's career with the Black and Gold as she won her 100th match as the Golden Knights' mentor, taking a 2-1 win against Houston on Oct. 30.

In addition to her accomplishments as head coach, Cromwell has also helped her players excel individually both on and off the field. During her tenure, Golden Knights have earned 45 all-conference honors and 15 National Soccer Coaches Association of America (NSCAA) All-Region selections. Courtney Baines received conference defensive player of the year honors in both 2004 and 2005, while Jennifer Montgomery was named 2002 Atlantic Sun

THE CROMWELL FILE

Personal:

Born on June 15, 1970
Resides in Winter Park, Fla.

Coaching Career

UCF, Head Coach, 1999-Present
University of Maryland-Baltimore County,
Head Coach, 1996-98
University of Virginia, Assistant Coach, 1992-94

Playing Career

San Jose CyberRays, 2003
Atlanta Beat, 2002
Washington Freedom, 2001
Charlotte Eagles, 2000
Tampa Bay Extreme, 1998
Maryland Pride, 1997
Hammarby IF, Sweden, 1994
U.S. National Team, 1991-98
University of Virginia, 1988-92

Education

University of Virginia, 1992, B.A. in biology

Freshman of the Year and Michelle Anderson earned 2001 A-Sun Player of the Year recognition.

Her student-athletes are also known for their academic success.

In the past seven years, they have collected 93 conference academic awards. Last season, Baines received *ESPN the Magazine* Academic All-America honors and the C-USA Women's Soccer Scholar-Athlete Award. Baines also became the fourth player in UCF history to earn NSCAA/adidas Women's Collegiate Scholar All-America honors, joining former Cromwell protégés Jackie VanLooven and Allison Blagriff.



Continuing Cromwell's pursuit of excellence, the Golden Knights enjoyed tremendous success in their inaugural season in C-USA. They posted a 12-10 overall mark and an 8-1 record in conference play to earn a share of the regular season championship. After defeating Houston 3-2 in the first round of the C-USA Tournament, UCF fell to eventual runner-up and NCAA Tournament participant UTEP.

During the team's final season in the Atlantic Sun, the Golden Knights went 17-4-2 overall and were a perfect 9-0 against teams from the state of Florida, including wins over No. 14 Florida State and No. 10 Florida. They were 8-2 in league play as they picked up the A-Sun's first ever at-large bid to the NCAA Tournament, where they defeated Florida, 3-2 in the first round before falling to Boston College, 2-1, in the second round.

Cromwell led UCF to a 16-5-1 record in 2003 as the team won the A-Sun Tournament crown for the third consecutive season. The Black and Gold advanced to the NCAA Tournament, where Florida topped the Golden Knights, 3-2, in double overtime in the first round.

The success of 2003 came on the heels of a record-breaking 2002 season. That year, the Golden Knights posted an 18-5-0 mark, eclipsing the program record for most wins previously set by Cromwell's 1999 squad. After defending both the A-Sun regular season and tournament titles, UCF returned to the NCAA College Cup for the second consecutive year - and took a 2-0 loss at the hands of Auburn in its opening match.

In 2001, the Golden Knights finished with a 14-6 record and took top honors in the A-Sun before making a trip to the NCAA Tournament for the second time under Cromwell's leadership.

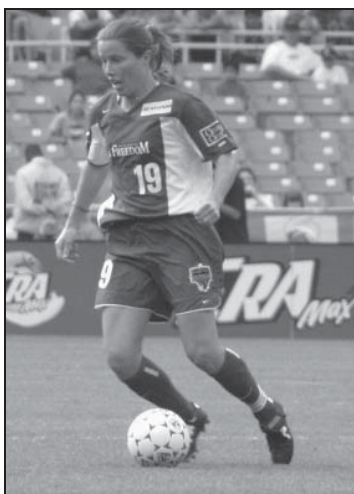
UCF compiled an 8-11-1 overall mark and landed second in the conference in 2000 thanks to a 7-2 record against A-Sun opponents.

After a 7-5 start in 1999, UCF rebounded with a 10-game unbeaten streak that included a 1-0 win over Furman in the first round of the NCAA Tournament before perennial power North Carolina halted the Golden Knights' bid for a national crown. They finished the year with a 16-6-1 overall record and an 8-0-1 conference mark.

A native of Annandale, Va., Cromwell led the Annandale High School team to a state championship and earned NSCAA All-American honors. The school retired her jersey after she graduated.

Cromwell continued her playing career at the University of Virginia, where she captained the squad to the NCAA Final Four in 1991. She added even more individual honors to her resume, including two All-America honors and four All-Atlantic Coast conference selections. She earned *Soccer America's* MVP award twice, captured three All-South Region selections and was named a finalist for the Hermann Trophy.

In her first year at UVA, Cromwell was selected to *Soccer America's* All-Freshman Team and took the team's rookie of the year award. She is currently tied for third on the Cavaliers' career goals list (35), tied for fourth on the career game-winning goals list (11) and fifth on the career scoring list (84 points).



Following her standout career in Charlottesville, Cromwell continued to make a name for herself. She was a member of the U.S. team that took third at the 1995 FIFA Women's World Cup in Sweden and an alternate on the 1996 gold medal winning Olympic team in Athens, Ga. after coming back from a serious knee injury. She earned 55 caps while representing the red, white



and blue at least once every year from 1991-98.

Cromwell has also lent her playing talents to the Women's United Soccer Association (WUSA). She began her career with the Washington Freedom in 2001, starting 18 matches and scoring two goals. The following season, she played in 12 games as a member of the Atlanta Beat, then moved on to the San Jose CyberRays in 2003.

During the summer, Cromwell acts as the director of the Central Florida Soccer Academy, which is held on the campus of UCF. She continues to serve as an ambassador for the game as a member of the U.S. Soccer Athletes Council. She is also among the Board of Directors for Soccer Outreach International, a ministry founded by UCF soccer alum Michelle Akers.

In June of 2002, Cromwell was appointed to the President's Council on Physical Fitness and Sports as part of President George W. Bush's Healthier U.S. Initiative. The council is charged with promoting fitness and athletic activities to Americans of all ages.

She was also recently selected for the Athletes in Action Women's Advisory Board, a committee whose goal it is to identify and equip potential leaders in women's sports.

Cromwell holds a bachelor's degree in biology from Virginia. She resides in Winter Park with her golden retriever, Joab.

CROMWELL YEAR-BY-YEAR

Year	School	Overall	Conference	Highlights
1996	UMBC	10-6-0	3-2-0	Big South Conference
1997	UMBC	10-9-1	3-2-0	Big South Conference
1999	UCF	16-6-1	8-0-1	A-Sun Champ/NCAA 2nd Round
2000	UCF	8-11-1	7-2-0	
2001	UCF	14-6-0	9-1-0	A-Sun Champs/NCAA 1st Round
2002	UCF	18-5-0 ^	10-1-0	A-Sun Champs/NCAA 1st Round
2003	UCF	16-5-1	9-1-0	A-Sun Champs/NCAA 1st Round
2004	UCF	17-4-2	8-2-0	NCAA 2nd Round
2005	UCF	12-10-0	8-1-0	C-USA Regular Season Co-Champions
Totals		121-62-6	65-12-1	

^ school record for wins in a season



Coaching Staff



**Assistant Coach
Colby Hale
Fourth Season**

Colby Hale is entering his fourth year as an assistant coach on the UCF staff. He also serves as the program's recruiting coordinator. During Hale's time in Orlando, the Golden Knights have won 45 matches and have made a pair of appearances in the NCAA Championship.

Each year during his tenure with the Golden Knights, Hale's recruiting classes have garnered national recognition. In 2006, UCF's recruiting class was ranked 24th-nationally by SoccerBuzz.com. The Golden Knights were also listed in the top 75 in 2004 and 2005.

In Hale's first two seasons at UCF, the Golden Knights won Atlantic Sun Championship titles and played in the postseason. The 2004 squad advanced to the second round of the NCAA Championship. In 2003 and 2004, Hale helped coach a UCF offense that was ranked in the top 25 in the country in scoring.

Before moving to UCF, he spent three years as an assistant



**Assistant Coach
Donna Fishter
Seventh Season**

Donna Fishter is entering her seventh season as an assistant coach with the Golden Knights. Fishter works directly with UCF's goalkeepers.

Since Fishter arrived in Orlando in 1999, UCF is 101-43-5 overall. During that span, the Golden Knights have made five trips to the NCAA Championship. In 1999 and 2004, UCF advanced to the second round of the postseason. The 2002 squad recorded a school-recorded 18 victories.

Fishter has mentored some of the top goalkeepers in school history, including Jessica Kuhlman. Kuhlman earned first-team All-Atlantic Sun Conference honors in 2002 and finished her career with 19.8 shutouts, good for fifth all-time at UCF.

In addition, Fishter provides the team with leadership training throughout the year.

A 1995 graduate from Anderson University in Indiana with a degree in graphic design and communications, Fishter started in goal for the Ravens from 1992-94. Upon graduation, she joined the coaching staff at her alma mater.

coach at Oral Roberts. The Golden Eagles won two Mid-Continent Conference regular season titles with Hale on the sideline. In Hale's first season at Oral Roberts, the team recorded a school-record 14 victories in 2000.

While at Oral Roberts, Hale also worked as the director of coaching for the Central Tulsa Thunder Soccer Club. In 2002, he began coaching in the Oklahoma Olympic Development Program.

A 1997 graduate from Oral Roberts, Hale served as an assistant boy's soccer coach at Union High School in Tulsa, Okla. Union captured the 1997 Oklahoma Class 5A State Championship.



Fishter spent three years playing in the United Soccer Leagues women's division. She started her career with the Indiana Blaze in 1997. After moving to Florida, Fishter spent time with the Orlando Ladyhawks and the Tampa Bay Extreme.

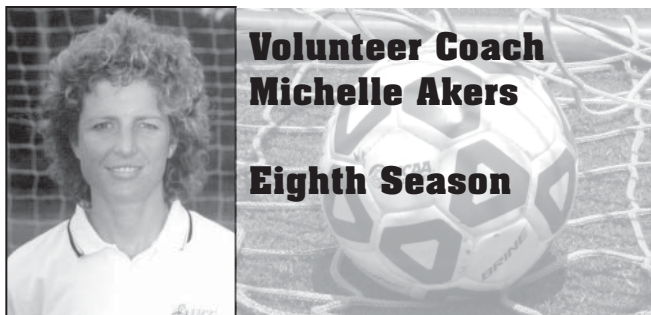
After a one-year stint as an assistant coach at Edgewater High School in Orlando, she served as the head coach at Trinity Prep in 1999.

Fishter also founded Sequel Ministries, Inc., an organization dedicated to leading and training generations to continuously pursue the abundant life in Christ. Over the last six years, she has traveled throughout the country delivering the organization's message.

Fishter is currently seeking her master's degree in biblical studies from Reformed Theological Seminary in Orlando.

Fishter assists head coach Amanda Cromwell with the administration and operation of the Central Florida Soccer Academy each summer.





A UCF alumnus and one of the greatest women's soccer players of all-time, Michelle Akers is entering her eighth season as a volunteer assistant coach with the Golden Knights. Akers spent 15 years with the United States National Team and was named FIFA's Female Player of the Century in 2002.

The second all-time leading scorer in UCF history, Akers played with the Golden Knights from 1984-88 and was a four-time All-America selection. In 1987, she guided UCF to the NCAA College Cup. A year later, she won the inaugural Hermann Trophy, given to the top player in the nation. Akers finished her collegiate career with 52 goals, 30 assists and a school-best 134 total points. She was inducted into the UCF Athletics Hall of Fame in 1998.

Akers played on the first U.S. Women's National Team in 1985 and scored the first goal in the history of the program. In the inaugural FIFA Women's World Cup in 1991, she scored a tournament-high 10 goals, including five in one game. She guided her country to a win over Norway in the championship match, scoring two goals, and took home the tournament's Golden Boot for the most goals.



After joining the UCF athletics compliance office in 2003, Jessica Reo was promoted to associate athletics director and senior woman administrator (SWA) in the summer of 2006.

As the SWA, Reo represents UCF in conference dealings pertaining to scheduling, championships and legislation. Reo also serves as UCF's liaison for gender equity and Title IX issues.

In addition, Reo serves as the administrator for several UCF teams, including women's rowing, cross country, men's and women's tennis, men's and women's soccer, women's volleyball, women's basketball and women's track and field. She also oversees the compliance office and acts as the department's liaison with Academic Services for Student-Athletes (ASSA).

Prior to coming to UCF, she spent seven years at the University of Miami. There she served as a compliance coordinator for rules education and documentation for three years and spent four years as a compliance coordinator for athletic services.

Reo graduated with a bachelor's degree in English from Florida State in 1993. As an undergraduate she worked in the Seminoles' Sports Information Office then completed a media relations internship with the Atlantic Coast Conference office after graduation. She spent two years as an assistant sports information director at Clemson University before taking a compliance position at Miami.

UCFAthletics.com

Akers was also a member of the U.S. Women's World Cup squad in 1999, which also won the title. In 1996, she won a gold medal with the U.S. team at the Summer Olympics in Atlanta, Ga.

Akers was awarded the FIFA Order of Merit in 1998 for her contributions to the game of soccer. She retired in 2000 and finished her national team career with 105 goals and 37 assists in 153 contests.

Along with Mia Hamm, Akers was one of only two women named to the FIFA 100, a list of the 100 greatest living soccer players, in 2004. That same year, she was inducted into the U.S. National Soccer Hall of Fame.



Jennifer Alger is in her third year as a member of the UCF Academic Services for Student-Athletes staff. She spent two years as an assistant academic advisor for the football team while earning her master's degree before becoming a full-time academic advisor in 2005.

As an undergraduate at St. John's University in New York, Alger competed on the swim team in the individual medley and the distance freestyle events. After graduation, she worked for Drug Free America Foundation in St. Petersburg, Fla. as a research specialist, aiding in the development of projects geared toward drug awareness and prevention.

She received her bachelor's degree in marketing from St. John's and also holds an MBA and master's in sports business management from UCF.



Support Staff



Athletic Trainer
Katherine Parsons
Second Season

Katherine Parsons enters her second year as a graduate assistant in the UCF sports medicine department. Her responsibilities include overseeing the management and rehabilitation of injuries for the women's soccer team.

As an undergraduate at the University of Florida, Parsons worked with the Gator football team. After earning her bachelor's degree in exercise and sport sciences in December 2004, she also completed an internship with the football and men's and women's track teams at Georgia Tech.

A native of Orlando, Parsons is working toward a master's degree in physical education with a specialization in sport and fitness at UCF.



Equipment Manager
John Whitford
Fourth Season

John Whitford enters his fourth year at UCF as an assistant equipment manager. Whitford oversees equipment and supplies for the Golden Knights volleyball, men's and women's basketball, baseball, women's soccer and women's tennis programs.

A 1995 graduate of Manchester College in Indiana, he served as the head basketball manager from 1991-95 and was also a member of the golf team in 1993-94. Whitford later served as an assistant golf coach at Manchester in 1995.

Prior to UCF, he worked as an assistant equipment manager at Ferris State from 1998-03, where he handled football duties.

He is engaged to Amy Rhode.



Sports Information
Cheryl Flesch
Seventh Season

Cheryl Flesch is in her seventh year as a member of the Golden Knights sports information staff. She works directly with the UCF men's and women's soccer, women's track and field, and women's tennis programs.

A 1995 graduate of Boston University, Flesch began her career as a student assistant in the sports information office there, producing media guides for the softball and field hockey teams.

Upon graduation, she fulfilled internships at Springfield College and with the Washington Capitals of the National Hockey League (NHL), before entering in a two-year internship at New Hampshire.

At UNH, she was responsible for all facets of publicity for the national championship women's ice hockey team as well as skiing and men's soccer. During her final year, she was the contact for the women's basketball team that advanced to the NIT.



Strength & Conditioning
Harry Meyers
Ninth Season

Harry Meyers is in his ninth year as a strength and conditioning coach at UCF. In addition to working with women's soccer, he also oversees the programs for men's soccer, women's rowing, women's track and field, men's and women's cross country and cheerleading.

In his previous years at UCF, Meyers worked with track and field team's throwers as an assistant coach and helped Katara Beard earn back-to-back Atlantic Sun Outstanding Athlete of the Year honors.

Meyers graduated from the University of Miami in 1996 with a bachelor's degree in mathematics. He received his master's degree in physical education from UCF in the fall of 2002.

A member of the National Strength and Conditioning Association (NSCA), Meyers holds a Level I coaching certification and sports performance coaching certification from USA Weightlifting as well as Level I coaching certifications from USRowing and USA Track and Field.