



WOMEN'S SOCCER



2018 Schedule & Results

Date	Opponent	Time/Result
Aug. 24	vs. #21 Texas	L, 2-1 (OT)
Aug. 26	at #4 North Carolina	L, 1-0
Sept. 2	at Miami	W, 2-0
Sept. 6	at Maryland	T, 1-1 (2OT)
Sept. 10	Florida	W, 3-0
Sept. 13	George Mason	L, 3-1
Sept. 16	at Stetson	W, 5-1
Sept. 27	at Temple*	W, 2-1
Sept. 30	at UConn*	W, 5-3
Oct. 4	ECU*	L, 2-1 (OT)
Oct. 7	Cincinnati*	W, 2-1 (2OT)
Oct. 11	at #15/18 Memphis*	W, 2-0.
Oct. 14	at Tulsa*	2 p.m.
Oct. 18	SMU*	7 p.m.
Oct. 21	Houston*	1 p.m.
Oct. 26	at #24/RV USF*	7 p.m.

The American Championship

Oct. 31	First Round
Nov. 2	Semifinals
Nov. 4	Championship

NCAA Championship

Nov. 19-11	1st Round (Campus Sites)
Nov. 16 & 18	2nd & 3rd Rounds (Campus Sites)
Nov. 23-24	Quarterfinals (Campus Sites)
Nov. 30 & Dec. 2	College Cup (Cary, N.C.)

* = Conference match • Home matches in bold
• All times Eastern and subject to change

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UCF, Not Central Florida

Please refer to the University of Central Florida as UCF, not Central Florida, on all references. Also, UCF is no longer "Golden" and instead simply known as the "Knights."

No Hyphens, Please

UCF head coach Tiffany Roberts Sahaydak's last name is not hyphenated. Please refer to her as Tiffany Roberts Sahaydak.

GAME 13 | UCF (7-4-1, 4-1 The American) at Tulsa (6-7-1, 2-3 The American)

Sunday, Oct. 14, 2018 | 2 p.m. ET
Hurricane Stadium | Tulsa, Okla.
Series History: UCF leads 12-0-1
Last Meeting: UCF, 6-1 (9/28/17)
Broadcast: Hurricane Vision

KNIGHT NOTES

GAMEDAY NOTABLES

- UCF and Tulsa will face off for the 14th time on the pitch.
- The Knights have won 11 straight matches against the Golden Hurricane.
- The Black and Gold topped Memphis on Thursday evening to move into a three-way tie for the top spot in the league standings.

LAST TIME OUT

- A goal in each half led the UCF women's soccer team to a 2-0 victory over No. 15/18 Memphis at the Mike Rose Soccer Complex on Thursday evening.
- The Knights in the 21st minute, as Stefanie Sanders collected the ball in the box and beat the keeper to extend her team lead to 10 goals on the season.
- UCF doubled its lead in the 64th minute when Carrie Lawrence took a shot from outside the 18-yard box for her first goal of the season.
- Vera Varis made a pair of saves as the Knights posted their third shutout of the season and their first of league play.

IN THE RANKS

- Stefanie Sanders is ranked among the top 30 in the nation in six different categories, while Zandy Soree leads the country in penalty kicks.
- Sanders leads all Division I players in shots per game (6.50) and is thirds in shots on goal per game (3.10).
- She ranks fourth in points per game (2.20) and seventh in goals per game (0.90).
- Sanders' nine goals entering the Memphis match ranked 28th in the country, while her 22 points ranked 29th.
- Soree is 3-for-3 in penalty kicks in 2018, which is tied for the best percentage in the country.

HATS OFF

- Stefanie Sanders became just the fourth NCAA Division I women's soccer player to record a pair of hat tricks this season after scoring three goals in UCF's 5-3 win at UConn on Sept. 30.
- The Hamburg, Germany native is the sixth Knight to record multiple hat tricks in a season but is the first since 1991 (Kelly Kochevar) to do so in a three-game span.
- UCF is the only Division I team in the country with a male and female soccer player with multiple hat tricks this season. Cal Jennings from UCF Men's Soccer also has two hat tricks in 2018.

PART OF THE CLASS

- Senior goalkeeper Vera Varis was selected as one of the 30 candidates for the Senior CLASS Award for women's soccer.
- The Vantaa, Finland native has already completed her undergraduate degree and is currently pursuing a master's degree in interdisciplinary studies with concentrations in biomedicine and chemistry. She carries a 4.0 GPA in grad school and earned President's Honor Roll accolades in the spring.
- Varis ranks among the top 10 in career saves at UCF. In 2017, she was named the American Athletic Conference Goalkeeper of the Year after allowing just one goal in league play and four goals all season.

2018 UCF Women's Soccer Numerical Roster

No.	Name	Height	Pos.	Class	Hometown/High School (Previous School)
0	Caroline DeLisle	5-10	GK	Fr.	Tampa, Fla./Paul R. Wharton
1	Vera Varis	5-10	GK	Sr.	Vantaa, Finland/Makelanrinne Sports
2	Samantha Chung	5-2	M	Sr.	Boynton Beach, Fla./Oxbridge Academy (Florida)
3	Emily Tipton	5-4	D	Sr.	Lake Mary, Fla./Lake Mary HS
4	Carrie Lawrence	5-7	M	Sr.	Orlando, Fla./Timber Creek HS (South Carolina)
5	Adrienne Li	5-4	D	RJr.	Ottawa, Canada/E.S.P. Louis-Riel
6	Konya Plummer	5-8	D	Jr.	Epsom, St. Mary, Jamaica/Titchfield HS (Southeastern)
7	Kristen Scott	5-9	F	Fr.	Orlando, Fla./Edgewater HS
8	Lauren Nemeroff	5-3	F	Sr.	Park Hills, Ky./Dixie Heights (Kentucky)
11	Stefanie Sanders	5-11	F	So.	Hamburg, Germany/SV Werder Bremen
12	Elise Legrout	5-4	M	Fr.	Dieppe, France
13	Sydney Brown	5-2	D	Fr.	Winter Park, Fla./Oviedo HS
14	Mathilde Kack	5-7	D	Fr.	Nanteuil-la-Forêt, France/Lycee Henri Darras
15	Dina Orschmann	5-6	F	So.	Berlin, Germany/FC Union Berlin
16	Payton Grewal	5-3	F	Jr.	Oviedo, Fla./Oviedo HS
17	Dayana Martin	5-8	F	Fr.	Boca Raton, Fla./Boca Raton Community HS
18	Christina Trickett	5-5	M	Jr.	Independence, Ohio/Walsh Jesuit HS
19	Zandy Soree	5-6	M	Jr.	Weston, Fla./American Heritage HS
20	Madison Murnin	5-4	M	So.	Jacksonville, Fla./Sandalwood
21	Darya Rajae	5-3	M	Fr.	Gainesville, Fla./Saint Frances Catholic Academy
22	Mack Thompson	5-7	D	Jr.	Valrico, Fla./Durant HS
23	Maura Aman	5-7	D/F	Sr.	Annandale, Va./WT Woodson HS
24	Jaida Scott	5-6	D	So.	Plantation, Fla./American Heritage School
25	Piper Dotsikas	5-7	F/D	Fr.	Ponte Vedra Beach, Fla./Ponte Vedra HS
26	Jessica Taylor	5-6	F	RJr.	Tampa, Fla./Steinbrenner HS
27	Eden Kawabe	5-3	D	Jr.	Mililani, Hawaii/Mililani HS (San Diego State)
28	Katriina Kuoksa	5-1	M	Jr.	Oulu, Finland/Kastelli Secondary School
30	Chloe N'gazi	5-9	GK	Jr.	Paris, France/Lycee Henri Darras
33	Asia Ervin	5-7	F/D	Fr.	Orlando, Fla./Timber Creek HS

Head Coach: Tiffany Roberts Sahaydak (UNC, 2005) – 6th season at UCF

Associate Head Coach: Tim Sahaydak (UNC, 2005)

Assistant Coach: Chris Cummings (Rollins 2010, 2013)

Pronunciation Guide

Maura Aman.....	Amin
Piper Dotsikas.....	Dot-sih-kas
Payton Grewal.....	GRAY-wall
Mathilde Kack.....	Mah-til-de Kack
Eden Kawabe.....	Kuh-wah-BE
Katriina Kuoksa.....	kw-AHK-suh
Chloe N'Gazi.....	EN-gah-zee
Darya Rajae.....	Dar-E-uh RAH-ji-E
Sahaydak.....	Sah-HAY-dack
Vera Varis.....	VARE-uh VAR-iss

2018 UCF Women's Soccer Alphabetical Roster

No.	Name	Height	Pos.	Class	Hometown
23	Maura Aman	5-7	D/F	Sr.	Annandale, Va.
13	Sydney Brown	5-2	D	Fr.	Winter Park, Fla.
0	Caroline DeLisle	5-10	GK	Fr.	Tampa, Fla.
25	Piper Dotsikas	5-7	F/D	Fr.	Ponte Vedra Beach, Fla.
33	Asia Ervin	5-7	F/D	Fr.	Orlando, Fla.
2	Samantha Chung	5-2	M	Sr.	Boynton Beach, Fla.
16	Payton Grewal	5-3	F	Jr.	Oviedo, Fla.
14	Mathilde Kack	5-7	D	Fr.	Nanteuil-la-Forêt, France
27	Eden Kawabe	5-3	D	Jr.	Mililani, Hawaii
28	Katriina Kuoksa	5-1	M	Jr.	Oulu, Finland
4	Carrie Lawrence	5-7	M	Sr.	Orlando, Fla.
12	Elise Legrout	5-4	M	Fr.	Dieppe, France
5	Adrienne Li	5-4	D	RJr.	Ottawa, Canada
17	Dayana Martin	5-8	F	Fr.	Boca Raton, Fla.
20	Madison Murnin	5-4	M	So.	Jacksonville, Fla.
8	Lauren Nemeroff	5-3	F	Sr.	Park Hills, Ky.
30	Chloe N'gazi	5-9	GK	Jr.	Paris, France
15	Dina Orschmann	5-6	F	So.	Berlin, Germany
6	Konya Plummer	5-8	D	Jr.	Epsom, St. Mary, Jamaica
21	Darya Rajae	5-3	M	Fr.	Gainesville, Fla.
11	Stefanie Sanders	5-11	F	So.	Hamburg, Germany
24	Jaida Scott	5-6	D	So.	Plantation, Fla.
7	Kristen Scott	5-9	F	Fr.	Orlando, Fla.
19	Zandy Soree	5-6	M	Jr.	Weston, Fla.
26	Jessica Taylor	5-6	F	RJr.	Tampa, Fla.
22	Mack Thompson	5-7	D	Jr.	Valrico, Fla.
3	Emily Tipton	5-4	D	Sr.	Lake Mary, Fla.
18	Christina Trickett	5-5	M	Jr.	Independence, Ohio
1	Vera Varis	5-10	GK	Sr.	Vantaa, Finland

Head Coach: Tiffany Roberts Sahaydak (UNC, 2005) – 6th season at UCF

Associate Head Coach: Tim Sahaydak (UNC, 2005)

Assistant Coach: Chris Cummings (Rollins 2010, 2013)

2018 Quick Facts

UCF INFORMATION

LocationOrlando, Fla.
Founded..... 1963
Enrollment.....67,000+
Nickname.....Knights
Colors.....Black and Gold
Conference American Athletic Conference
President..... Dr. Dale Whittaker
Director of Athletics..... Dr. Daniel J. White
Ticket Office Phone (407) 823-1000
Home Facility (Cap.)..UCF Soccer Complex (2,475)

COACHING STAFF

Head CoachTiffany Roberts Sahaydak
Alma Mater.....UNC, 2005
Career Record..... 128-78-31 (12 years)
UCF Record 75-28-12 (6 years)
Associate Head Coach Tim Sahaydak
Alma Mater.....UNC, 2005
Assistant Coach Chris Cummings
Alma Mater.....Rollins, 2010, 2013
Director of Operations..... Katy Ling

TEAM INFORMATION

2017 Overall Record.....13-2-3
2017 American Record/Finish 7-0-2/First
2017 American Championship.... Championship
Postseason..... NCAA First Round
Starters Returning/Lost.....6-5
Letterwinners Returning..... 12

SOCCER HISTORY

First Year of Soccer 1981
First Year at Division I Level 1982
First Year in American Athletic Conference..... 2013
All-Time Record..... 464-196-61
NCAA Tournament Appearances/Last..... 21/2017

ATHLETICS COMMUNICATIONS

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Preseason Coaches' Poll

School	Points (1st Place Votes)
1. UCF	76 (6)
2. USF	73 (3)
3. Memphis	68 (1)
4. Cincinnati	54
5. SMU	53
6. UConn	39
7. Houston	34
8. ECU	24
9. Tulsa	18
10. Temple	11

Preseason Goalkeeper of the Year
Vera Varis, UCF

Preseason Offensive Player of the Year
Evelyne Viens, USF

Preseason Defensive Player of the Year
Olivia Gauthier, Memphis

Preseason All-Conference Team

Vera Varis, UCF
*Dina Orschmann, UCF**
Sophie Gorman, Cincinnati*
Vivien Beil, UConn
Jazmin Grant, Houston
Olivia Gauthier, Memphis
Marie Levasseur, Memphis*
Elizabeth Woerner, Memphis*
Andrea Hauksdottir, USF
Evelyne Viens, USF*
Allie Thornton, SMU

* denotes unanimous selection

KNIGHT NOTES

- The 2018 American Athletic Conference Preseason Goalkeeper of the Year, Varis was named to the MAC Hermann Trophy Watch List for the most prestigious individual award in college soccer in August.
- Former All-American forward Tishia Jewell won the Senior CLASS Award in 2012, and former All-American goalkeeper Aline Reis was named to the Senior CLASS First Team in 2011.

AMERICAN ACCOLADES

- Four Knights have been recognized by the American Athletic Conference this season.
- Following a shutout victory of Miami, Vera Varis and Emily Tipton were recognized by The American for their defensive efforts in the match.
- Varis was named The American Goalkeeper of the Week after making four saves while disrupting the Hurricane offense for the entire 90 minutes.
- Tipton played a key role on the back line in UCF's victory.
- Varis collected her second goalkeeper of the week accolade, while Tipton earned her first collegiate accolade.
- Kristen Scott picked up the first weekly award of her collegiate career following the final week of non-conference action.
- The Orlando native tallied the equalizer on a header for UCF's lone goal against George Mason. She recorded UCF's fourth marker against the Hatters to close out non-conference action.
- Stefanie Sanders earned her first weekly award from the league on Oct. 1 after her seven-point performance over the Knights' first weekend of conference play.

INTERNATIONAL EXPERIENCE

- UCF has a trio of members on its current roster with international experience this fall.
- Dina Orschmann and Stefanie Sanders were both selected to play for Germany at the U20 Women's World Cup in France.
- Sanders scored Germany's lone goal in its opening match and added an assist while earning a starting in two matches. She saw time in all four of Germany's matches.
- Orschmann earned a starting spot in Germany's third contest in group play, taking a pair of shots that just missed becoming goals.
- Konya Plummer, who joined UCF this spring after two seasons at Southeastern University, returned from playing with the Jamaican National Team for the Final Qualifiers prior to the Maryland match.
- Plummer is again with the Jamaican team for the CONCACAF Women's Championship.

NEW YEAR, NEW FACES

- The Black and Gold welcome 11 newcomers to the squad this fall.
- In its February signing class, UCF added seven freshmen that all hail from the Sunshine State.
- The Knights added a pair of French rookies - Mathilde Kack and Elise Legrouit.
- Senior Samantha Chung became a Knight after three seasons at Florida, while junior Konya Plummer came to UCF after an outstanding career at Southeastern.
- All 11 of the newcomers have seen action this fall, with five of them earning starting nods.

STORIED TRADITION

- Since 1981, UCF has accumulated 22 conference championships and 21 NCAA Tournament berths, which include appearances in the 1982 NCAA title game, 1987 Final Four, 2011 Elite Eight and 2014 Sweet 16.
- Vera Varis became the 17th Knight to earn United Soccer Coaches (formerly NSCAA) All-America honors. Former USWNT goalkeepers Amy (Allmann) Griffin and Kim Wyant (current NYU men's soccer head coach) and National Soccer Hall of Famer Michelle Akers all contributed to UCF's 21 All-America accolades.

2018 OVERALL TEAM STATS

2018 UCF Women's Soccer UCF Combined Team Statistics

Record	Overall	Home	Away	Neutral
All Games	7 - 4 - 1	2 - 2 - 0	5 - 1 - 1	0 - 1 - 0
Conference	4 - 1 - 0	1 - 1 - 0	3 - 0 - 0	0 - 0 - 0
Non-conference	3 - 3 - 1	1 - 1 - 0	2 - 1 - 1	0 - 1 - 0

Date	Opponent	Score	Att.	##	Player	gp	g	a	pts	sh	sh%	sog	sog%	gwg	pk-att
08/24/18	vs #21 Texas	L 1-2	304	11	Stefanie Sanders	11	10	4	24	70	.143	34	.486	4	0-1
08/26/18	at #4 North Carolina	L 0-1	844	19	Zandy Soree	11	6	2	14	25	.240	10	.400	3	3-3
09/02/18	at Miami (FL)	W 2-0	256	7	Kristen Scott	12	4	0	8	26	.154	13	.500	0	0-0
09/06/18	at Maryland	T 1-1	601	15	Dina Orschmann	12	1	3	5	28	.036	12	.429	0	0-0
09/10/18	FLORIDA	W 3-0	973	6	Konya Plummer	6	1	1	3	5	.200	4	.800	0	0-0
09/13/18	GEORGE MASON	L 1-3	314	4	Carrie Lawrence	11	1	1	3	7	.143	3	.429	0	0-0
09/16/18	at Stetson	W 5-1	365	TM	TEAM	0	1	0	2	0	Infinity	1	Infinity	0	0-0
09/27/18 *	at Temple	W 2-1	257	26	Jessica Taylor	6	1	0	2	2	.500	1	.500	0	0-0
09/30/18 *	at Connecticut	W 5-3	923	20	Madison Murnin	8	0	2	2	10	.000	3	.300	0	0-0
10/04/18 *	EAST CAROLINA	L 1-2	245	21	Darya Rajae	12	0	1	1	4	.000	1	.250	0	0-0
10/07/18 *	CINCINNATI	W 2-1	370	13	Sydney Brown	6	0	1	1	1	.000	1	1.000	0	0-0
10/11/18 *	at #15 Memphis	W 2-0	495	23	Maura Aman	12	0	0	0	6	.000	3	.500	0	0-0

* Conference game

	UCF	Opponents
SHOT STATISTICS		
Goals-shot attempts	25-204	15-96
Goals per game	2.08	1.25
Shot pct.	.123	.156
Shots/game	17.00	8.00
Shots on goal	88-204	52-96
SOG pct.	.431	.542
GOAL BREAKDOWN		
Penalties	3	0
Unassisted	10	0
Overtime	1	2
CORNER KICKS	69	40
PENALTY KICKS	3-4	0-0
PENALTIES		
Yellow cards	4	2
Red cards	0	0

ATTENDANCE

Total	1902	3741
Dates/Avg Per Date	4/476	7/534
Neutral Site #/Avg	1/304	

25	Piper Dotsikas	11	0	0	0	6	.000	1	.167	0	0-0
12	Elise Legrout	12	0	0	0	3	.000	0	.000	0	0-0
2	Samantha Chung	12	0	0	0	2	.000	0	.000	0	0-0
28	Katriina Kuoksa	3	0	0	0	1	.000	0	.000	0	0-0
3	Emily Tipton	12	0	0	0	0	.000	0	.000	0	0-0
33	Asia Ervin	7	0	0	0	0	.000	0	.000	0	0-0
17	Dayana Martin	1	0	0	0	1	.000	0	.000	0	0-0
14	Mathilde Kack	10	0	0	0	3	.000	0	.000	0	0-0
27	Eden Kawabe	2	0	0	0	1	.000	0	.000	0	0-0
8	Lauren Nemeroff	12	0	0	0	3	.000	1	.333	0	0-0
24	Jaida Scott	6	0	0	0	0	.000	0	.000	0	0-0
	UCF	12	25	15	65	204	.123	88	.431	7	3-4
	Opponents	12	15	16	46	96	.156	52	.542	4	0-0

##	Goalie	gp	min	ga	gaavg	saves	%	w	l	t	sho	Ssho
1	Vera Varis	12	1091:37	15	1.24	36	.706	7	4	1	3	0
30	Chloe N'Gazi	1	22:26	0	.00	0	0	0	0	0	0	0
	Total	12	1114:03	15	1.22	37	.712	7	4	1	3	0
	Opponents	12	1114:03	25	2.03	63	.716	4	7	1	0	1

Goals By Period	1st	2nd	OT	OT2	Total
UCF	13	11	0	1	25
Opponents	7	6	2	0	15
Shots By Period	1st	2nd	OT	OT2	Total
UCF	94	98	10	2	204
Opponents	38	53	4	1	96
Saves By Period	1st	2nd	OT	OT2	Total
UCF	12	24	0	1	37
Opponents	28	30	3	1	62
Corners By Period	1st	2nd	OT	OT2	Total
UCF	27	36	5	1	69
Opponents	15	25	0	0	40
Fouls By Period	1st	2nd	OT	OT2	Total
UCF	47	42	0	1	90
Opponents	42	34	2	2	80

RANKINGS AND AWARDS

United Soccer Coaches Top 25

	School	Record
1	Stanford (34)	12-0-1
2	USC (1)	11-1-1
3	North Carolina	11-2-1
4	Georgetown	12-0-2
5	Texas A&M	13-1-1
6	Virginia	11-2-0
7	Santa Clara	11-2-1
8	Boston College	13-1-0
9	South Carolina	11-2-0
10	UCLA	8-3-1
11	Duke	10-2-2
12	Vanderbilt	13-1-0
13	Florida State	10-3-1
14	Baylor	11-4-0
15	Memphis	12-1-0
16	Colorado	11-0-3
17	Tennessee	10-2-1
18	West Virginia	8-3-3
19	Washington State	10-2-0
20	Texas	10-1-2
21	Rutgers	9-1-4
22	Wisconsin	10-2-3
23	Mississippi State	9-3-1
24	North Texas	8-1-1
25	Northwestern	8-4-2

Receiving Votes: Clemson (33), Penn State (31), South Florida (25), NC State (24), Princeton (21), Oklahoma State (16), BYU (16), Kansas (16), Nebraska (12), Auburn (8), TCU (2), UC Riverside (1), Butler (1)

*Week 8 poll - Oct. 9

TopDrawer Soccer Top 25

	School	Record
1	Stanford	12-0-1
2	North Carolina	11-2-1
3	USC	11-1-1
4	Texas A&M	13-1-1
5	Georgetown	12-0-2
6	Virginia	11-2-0
7	South Carolina	11-2-0
8	UCLA	8-3-1
9	Duke	10-2-2
10	Vanderbilt	13-1-0
11	Washington State	10-2-0
12	Boston College	13-1-0
13	Santa Clara	11-2-1
14	Tennessee	10-2-1
15	Texas	10-2-2
16	Colorado	11-0-3
17	Florida State	10-3-1
18	Memphis	12-1-0
19	Mississippi State	9-3-1
20	Princeton	7-3-2
21	Baylor	11-4-0
22	Auburn	10-3-1
23	Oklahoma State	10-3-1
24	South Florida	8-2-0
25	Kansas	9-2-2

Receiving Votes: TCU, North Texas, Arizona, NC State, Louisville

*Week 9 poll - Oct. 8

The American Standings

Team	Conf. Rec.	Overall
Memphis	4-1	12-2
USF	4-1	9-2
UCF	4-1	7-4-1
Houston	3-2-1	7-7-2
SMU	3-3	8-5-1
Temple	2-2-1	6-7-1
Tulsa	2-3	6-7-1
ECU	2-4	7-5-2
Cincinnati	1-4-2	6-7-3
UConn	0-4	2-11

Active Career American Weekly Award Winners

Offensive Player of the Week

Name	Total	2018
Stefanie Sanders	1	1

Defensive Player of the Week

Name	Total	2018
Emily Tipton	1	1
Carrie Lawrence	1	

Rookie of the Week

Name	Total	2018
Kristen Scott	1	1
Madison Murnin	1	
Dina Orschmann	4	
Jessica Taylor	1	
Vera Varis	3	

Goalkeeper of the Week

Name	Total	2018
Vera Varis	2	1

RECORD WATCH

UCF Career Saves

1. Alyssa O'Brien.....1995-98	424
2. Aline Reis2008-11.....	347
3. Heather Brann1991-94	338
4. Vera Varis 2015-present	273
5. Jessica Kuhlman.....1999-02	208
Jennifer Manis 2005-07	208
7. Amy Allman.....1984-87	166
8. Julie Snaman..... 2002-05	138
9. Karen Richter.....1987-90	135
10. Kim Wyant 1982-85	122

UCF Career Shutouts

1. Karen Richter.....1987-90	30.5
2. Alyssa O'Brien.....1995-98	30.0
3. Heather Brann1991-94	29.5
4. Aline Reis2007-11.....	27.0
5. Amy Allman.....1984-87	24.5
6. Jessica Kuhlman.....1999-02	19.8
8. Vera Varis..... 2015-present	19.0
7. Julie Snaman..... 2002-05	19.0
Kim Wyant.....1982-85	18.0
9. Jennifer Manis 2005-07	15.0

UCF HAT TRICK CLUB

- 5, Kelly Kochevar Stetson 10/26/93
- 4, Danielle Thomas Alabama* 9/27/86
- 4, Mauri Harris St. Thomas 10/18/87
- 4, Sandy Carter at Mercer 9/16/89
- 4, Michelle Anderson Alabama A&M 9/3/00
- 3, 32 times
Most recent: Stefanie Sanders..... at UConn 9/30/18

HEAD COACH TIFFANY ROBERTS SAHAYDAK



An Olympic gold medalist, World Cup champion and two-time NCAA champion, Tiffany Roberts Sahaydak was named head women's soccer coach at UCF in May 2013.

A three-time American Athletic Conference Coach of the Year, Roberts Sahaydak has wasted no time in putting her stamp on UCF's successful program. Under her guidance, the Knights have earned four NCAA Tournament bids and four American Athletic Conference championships while boasting 11 conference Player of the Year awards and 38 all-league and tournament selections.

In 2017, Roberts Sahaydak coached the Knights to a 13-2-3 record, the most wins since the 2014 campaign. UCF climbed as high as No. 6 and finished the regular season ranked eighth. The Knights posted a 16-match unbeaten streak, the longest since the 2013 campaign, captured the American Athletic Conference regular season championship and made their 21st NCAA Tournament appearance.

Under Roberts Sahaydak's tutelage, five members of the team received All-Southeast Region recognition and goalkeeper Vera Varis was named to the United Soccer Coaches Association All-American Third Team. In addition, five of her starters were recognized as American Athletic Conference Players of the Year, including Morgan Ferrara (Offensive), Kathellen Sousa (Co-Defensive), Vera Varis (Goalkeeper), Kayla Adamek (Midfielder), and Dina Orschmann (Rookie). A total of seven Knights were placed on the All-American Athletic Conference Teams, and three were recognized on the all-tournament team.

In 2016, four student-athletes were named to the All-American Athletic Conference Teams. Saga Fredriksson was named to the All-Northeast Region Team and recognized as the American Athletic Conference Co-Defensive Player of the Year. Off the field, the Knights earned recognition for their academic success as they received the National Soccer Coaches Association of America (NSCAA) Team Academic Award.

Roberts Sahaydak tackled the 2015 season with team that featured more newcomers (14) than returners (12) and lost three key members due to injury for the year before the season-opening weekend was in the books. Eight of their starters, including their American Athletic Conference Offensive Player, Defensive Player and Goalkeeper of the Year, had moved on from the year before. But the Knights earned a berth to their ninth-straight NCAA Tournament (20th overall) and nabbed a hosting gig for the first round for the fifth straight season. In addition, Carol Rodrigues was named the American's Co-Offensive Player of the Year.

In 2014, she guided the Knights to their second NCAA Sweet 16 appearance in four years and the American regular season title. Under her direction, three Knights were recognized as conference Players of the Year: Tatiana Coleman (Co-Offensive); Carleigh Williams (Defensive); and Connie Organ (Goalkeeper). UCF posted its first undefeated home slate (11-0) since 1999, matched the school record for wins in a season (18) and was nationally ranked through much of the year.

In her first season (2013), she led UCF to a school-record unbeaten streak (18 matches), an NSCAA national standing through much of the year and the program's first undefeated conference season since 1999. In addition, UCF made history as the first program to win an American Athletic Conference Championship. Roberts Sahaydak came to Orlando after serving six seasons at VCU alongside her co-head coach, husband and current UCF associate head coach Tim Sahaydak. Roberts Sahaydak spent a decade with the U.S. National Team from 1994-2004, earning 110 caps (with 60 starts). Her career was highlighted by three women's World Cups - among them, the unforgettable 1999 championship - and a gold medal with the 1996 Olympic team.

After retiring from the USWNT, she has served as an ambassador for U.S. Soccer with the U.S. Department of State Sports Envoy Program since 2007, promoting the power and benefit of sport internationally. With the program, she has visited Indonesia, Uganda, the Philippines, Thailand, Namibia, Brazil and France. In 2014, she was appointed to President Barack Obama's Presidential Delegation to the Federative Republic of Brazil at the opening of the FIFA World Cup in Brazil. She is a native of San Ramon, Calif., and was selected as the 1994 California High School Player of the Year. She was a three-time Parade High School All-American, a three-time NSCAA All-American and was the two-time National Girl's High School Player of the Year.

She debuted for the Stars and Stripes in 1994 when she was only 16 as one of the youngest players ever to suit up for the National Team. She played in her first FIFA Women's World Cup a month after her 18th birthday and won Olympic gold before she was out of her teens (USSoccer.com).

As a collegian, Roberts Sahaydak was a standout midfielder for North Carolina (1995-98) as a three-time All-ACC First Team selection. She led the Tar Heels to two NCAA titles (1996, 1997) during her tenure, was voted the 1998 ACC Tournament MVP and finished third in voting for collegiate soccer's highest honor, the Hermann Trophy. She still ranks among the top five for career starts in UNC's record book.

She was a two-time captain for the Carolina Courage in the first fully professional U.S. women's league (Women's United Soccer Association). She helped the Courage win the 2002 title after finishing last in the team's inaugural campaign one year prior.

Roberts Sahaydak took over VCU's program in 2007 and led the Rams to three conference championship game appearances. She was voted as the 2011 Colonial Athletic Association Co-Head Coach of the Year, along with her husband Tim. The duo mentored two CAA Defenders of the Year, one CAA Rookie of the Year and 20 all-conference players, including six first-team honorees.

The Sahaydaks reside in Orlando with their two daughters, Layla and Evie.

