



# KNIGHTS

## VOLLEYBALL



## 2024 Schedule / Results

### August

31 at Virginia Tech ..... W, 3-2

### September

1 at UNC Charlotte ..... W, 3-0

5 at Stetson<sup>^</sup> ..... W, 3-0

7 vs UNCW<sup>^</sup> ..... W, 3-0

14 vs Florida Atlantic<sup>@</sup> ..... W, 3-2

15 at #21 Florida State<sup>@</sup> .... L, 1-3

19 vs Nevada<sup>%</sup> ..... W, 3-1

20 vs Nevada<sup>%</sup> ..... W, 3-1

21 vs Maryland<sup>%</sup> ..... L, 2-3

25 at #9 Kansas<sup>\*</sup> ..... L, 0-3

27 at Kansas State<sup>\*</sup> ..... L, 0-3

### October

2 vs West Virginia<sup>\*</sup> ..... W, 3-0

5 at Cincinnati<sup>\*</sup> ..... L, 0-3

11 vs Iowa State<sup>\*</sup> ..... Canc.

13 vs Colorado<sup>\*</sup> ..... L, 2-3

16 at West Virginia<sup>\*</sup> ..... 7pm

19 vs #8 Kansas<sup>\*</sup> ..... 1pm

25 vs Houston<sup>\*</sup> ..... 7pm

30 vs Cincinnati<sup>\*</sup> ..... 7pm

### November

2 at Texas Tech<sup>\*</sup> ..... 1pm

7 at #17 TCU<sup>\*</sup> ..... 7:30pm

9 at #18 Baylor<sup>\*</sup> ..... 2pm

14 vs #24 BYU<sup>\*</sup> ..... 7pm

16 vs Utah<sup>\*</sup> ..... 1pm

20 vs Kansas State<sup>\*</sup> ..... 7pm

23 at #23 Florida ..... 4:30 pm

27 at Arizona<sup>\*</sup> ..... 4pm

29 at #13 Arizona State<sup>\*</sup> ..... 7pm

<sup>^</sup> - Stetson Tournament

<sup>@</sup> - Seminole Classic

<sup>%</sup> - UCF Invitational

<sup>\*</sup> - Big 12 Conference Game

**Bold denotes match played at The Venue**

**Note: Oct. 11 match vs. Iowa State was cancelled due to Hurricane Milton. The match will be considered a no contest in the standings.**

## UCF KNIGHTS PLEASE

Please only refer to the **University of Central Florida** by its full name or by **UCF** (NOT Central Florida). Also, the team moniker is the **Knights** (NOT Golden Knights or Lady Knights).

## Athletic Communications

**Jenna Osborn**

josborn@athletics.ucf.edu



### UCF KNIGHTS

2024 Record: 8-6, 1-4  
Conference: Big 12  
Head Coach: Jenny Maurer  
Overall Record: 11th season, 107-190



### WEST VIRGINIA

2024 Record: 6-11, 0-6  
Conference: Big 12  
Head Coach: Jen Greeny  
Overall Record: 18th season, 353-210



### #8 KANSAS

2024 Record: 14-1, 5-0  
Conference: Big 12  
Head Coach: Ray Bechard  
Overall Record: 27th season, 385-309

## KNIGHT NOTES

### The Matchup

- UCF heads to West Virginia for its second matchup against the Mountaineers this season along with a home match against No. 8 Kansas.
- This will be the first time UCF plays at WVU Coliseum since the Knights have joined the Big 12 conference July 2023.
- Kansas leads the league with a .327 hitting percentage along with 123.74 assists per set.
- West Virginia has limited its opponents to just 13.39 digs per set this season which ranks it at No. 5 in the Big 12.
- The Knights average 13.38 kills per set and limits their opponent to just 10.42 assists per set to rank them No. 2 in the Big 12.

### Scouting West Virginia

- The Mountaineers enter the matchup 6-11 on the season, and 0-6 in Big 12 play.
- Head coach Jen Greeny is in her first season with West Virginia as she spent the last 13 years at the helm for Washington State.
- Cassidy Tanton leads the Mountaineers in kills with 234 and is ranked 10th in the Big 12 with 3.39 kills per set.
- On the defensive side, Sydney Reed averages 3.59 digs per set which places her at No. 8 in the Big 12.

### Scouting Kansas

- The Jayhawks enter the matchup 14-1 on the season, and are 5-0 in Big 12 play.
- Head coach Ray Bechard is in his 27th season with Kansas and boasts a 385-309 record with the Jayhawks.
- Toyosi Onabanjo leads the Jayhawks in hitting percentage with a .457 clip

which ranks her second in the Big 12 conference.

- Camryn Turner runs the offense and leads the Big 12 with 11.52 assists per set.

### Kuehl Killer

- Alexia Kuehl leads the Knights with .414 hitting percentage and is ranked No. 18 in the NCAA.
- The middle blocker has tallied 105 kills and 35 blocks this season.
- A transfer from Colorado, where she spent the last four seasons decided to move back to Florida for her last year.

### Road Warriors

- The Knights started their season out with three weekends on the road.
- UCF traveled to Virginia and North Carolina, along with two weekends on the road in Florida.
- It marked the first time since the 2017 season that the Knights played their first three weekends away from The Venue.

### Double-Trouble Trio

- Three Knights have recorded double-doubles this season led by Avah Armour and Abby Schomers with three followed by Emily Wilson with two.
- Schomers and Armour each produced a double-double in the first match of the season against Virginia Tech.
- Schomers dished out 40 assists and 10 digs while Armour recorded 16 kills and 10 digs.
- Wilson earned her first double-double of the season in the first matchup against Nevada (9/19) tallying 21 kills and 10 digs.



**UCF VOLLEYBALL**

### **Milestone Watch**

- Chloe Scheer has recorded 1,373 digs in her career at UCF, which ranks her fifth in the individual career records for career digs.
- The Murrieta, California, native currently has 128 aces, where she sits at No. 9 on the individual career list.

### **100 Wins**

- Head coach Jenny Maurer eclipsed her 100th career win as a head coach on August 31 against Virginia Tech.
- Maurer is in her second season as head coach at UCF and had previous stops at Lehigh (2007-2010) and Bradley (2011-2015).

### **Knight in Shining Armour**

- Headlined by nine matches with double digits in kills along with a career-high 18 kills at Stetson (9/5).
- Armour recorded her first double-double this season in the season opener against Virginia Tech (8/31).
- The Colorado native's 18 kills at Stetson rank in the top five in the Big 12 for kills in a three-set match.

### **Knights In The Rankings**

- Four players are currently ranked in the top 10 of the Big 12 rankings.
- Chloe Scheer is third in the conference, averaging 4.49 digs per set.
- Scheer is sixth with 238 total digs.
- Abby Schomers slides in at No. 8 with 9.75 assists per set.
- Avah Armour has tallied 9.77 attacks per set which ranks sixth in the Big 12.
- Alexia Kuehl ranks third in the Big 12, hitting a .414 clip.

### **Nonconference Recap**

- The Knights wrapped up their nonconference schedule with a 7-2 record.
- UCF spent the first three weeks on the road with just one trip out of the state.
- Chloe Scheer was named to the All-Tournament team at Florida State, Stetson and our home tournament.
- Abby Schomers was tabbed to the Stetson All-Tournament team.
- Avah Armour received two All-Tournament team nominations (Florida State and Stetson).
- Emily Wilson was named to the UCF Invitational All-Tournament Team.

### **Familiar Face**

- Head coach Jenny Maurer announced the addition of Cameron Stevens to the staff as an assistant coach.
- Stevens rejoins the Knights after spending the last two years as an assistant coach at High Point, where he helped lead the Panthers to consecutive Big South Tournament Championships.
- Before this time at High Point, Stevens was a part of three straight American Athletic Conference titles at UCF.
- Along with helping the Knights advance to the second round of the NCAA Tournament twice during his first stint with the Black and Gold.

### **Preseason Olympic Trials**

- During preseason, the Knights participated in their own form of Olympic trials with various events.
- The team was broken into five countries with three players in each group.
- The five countries consisted of Papua New Guinea,

Djibouti, Christmas Island, Oman and Zanzibar.

- With a total of five events, each country was scored on their performance.
- Event one consisted of each group receiving their country, making the country's flag on a t-shirt and national anthem, which was then judged on a scale of 1-5 from three guest judges.
- The team went bowling for event No. 2 as each country competed against each other and averaged the score.
- Events three and four included another panel of judges with interpretive dancing followed by presentations from each group which consisted of information regarding their specific country and why the judges would want to live there.
- The squad wrapped up their Olympic trials at Drive Shack as they tested their golf skills for the final edge in the leaderboard.
- Final Leaderboard: 1st place: Christmas Island (Chloe, Renee and Heidi) 2nd place: Djibouti (Katelyn, Megan and Britt), 3rd place: Zanzibar (Cam, Abby and Sasha), 4th place: Oman (Alexia, Sophia and Avah), 5th place: Papua New Guinea (Emily, Mya and Ashlynn - Student Manager)

### **Year Two in the Big 12**

- The Knights ended their inaugural season in the Big 12 Conference with a 17-12 overall record and 8-10 in conference play.
- This season the Knights will open league play on ESPNU at Kansas on Sept. 25.
- With the addition of four new members into the Big 12, the Knights will host Colorado for the first time since 2003, Utah (1996) and travel to Arizona and Arizona State for the first time in program history.
- UCF officially joined the Big 12 Conference on July 1, 2023.
- The Knights enter the Power 5 as the youngest school, having been founded in 1963 to supply NASA with engineers.
- The Knights were ranked No. 11 in the Big 12 preseason poll.

### **SpaceU**

- UCF volleyball has three uniforms and one of them is the Citronaut jersey which color is known as Canaveral Blue, these jersey's symbolize UCF's past.
- The game recognizes the University of Central Florida's roots, founded as Florida Technological University in 1963 with the mission of providing personnel to support the growing U.S. space program at the Kennedy Space Center and Cape Canaveral Air Force Station.
- As the academic scope expanded beyond its original focus on engineering and technology, the school was renamed the University of Central Florida in 1978.
- UCF is No. 1 nationally for placing graduates in aerospace industry jobs.
- In 1968, UCF established its motto: "Reach for the Stars" to represent the University's promising aerospace education in engineering, electronics and other technological professions.
- 29% of Kennedy Space Center employees are UCF Alumni.
- The 50-yard line of FBC Mortgage Stadium is on the exact latitude as Launch Complex 39A, NASA's most historic launch pad, 31 miles to the east.

# UCF VOLLEYBALL ROSTER

No.	Name	Pos.	Ht.	Cl.	Hometown / High School / Previous School
1	Abby Schomers	S	6-0	R-So.	Omaha, Neb. / Skutt Catholic HS
2	Chloe Scheer	L/DS	5-8	Gr.	Murrieta, Calif. / Vista Murrieta HS
3	Sasha Cohen	MB	6-2	R-Fr.	Lakewood, Colo. / Valor Christian HS
4	Megan Holland	MB	6-4	R-So.	Nazareth, Penn. / Nazareth Area HS (South Carolina)
6	Mya Ball	S	6-2	Fr.	Angola, Ind. / Angola HS
8	Sophia Kotsovolos	L	5-4	Jr.	Tampa, Fla. / Plant HS (Gardner-Webb)
10	Avah Armour	OH	6-5	So.	Manitou Springs, Colo. / Rampart HS
11	Katelyn Grimes	L/DS	5-6	Sr.	Lebanon, Ohio / Cincinnati Hills Christian Acad.
12	Heidi Bonde	OH	6-4	Sr.	Minooka, Ill. / Minooka Community HS
15	Alexia Kuehl	MB	6-7	R-Sr.	St. John's Fla. / Bartram Trail HS (Colorado)
18	Renee Ralls	S	5-11	Jr.	Orlando, Fla. / Lake Highland Prep
21	Cam Shelton	L/DS	5-7	Fr.	Charlotte, NC. / Ardrey Kell HS
23	Britt Carlson	OH	6-4	R-So.	Woodbury, Minn. / East Ridge HS (Washington State)
26	Emily Wilson	OH	6-3	Sr.	Estero, Fla. / Joliet Catholic Acad. (San Diego)

## PRONUNCIATIONS

Abby Schomers - Show-mer  
 Sophia Kotsovolos - Cot-solve-olos  
 Alexia Kuehl - Kuehl like "Cool"  
 Heidi Bonde - Bon-day

## COACHING STAFF

Head Coach - Jenny Maurer (2nd season HC, 8th at UCF, Washington St. Louis '99)  
 Associate Head Coach - Jason Tanaka (2nd season, Arizona '97)  
 Associate Head Coach - Michaela Franklin (2nd season, Kansas State '06)  
 Assistant Coach - Cam Stevens (1st season, Findlay '11)  
 Director of Operations - Erin Olson (3rd season, UCF '20)

## By Eligibility

### Freshmen

Mya Ball  
 Cam Shelton  
 Sasha Cohen\*

### Sophomores

Avah Armour  
 Britt Carlson\*  
 Abby Schomers\*

### Juniors

Megan Holland  
 Renee Ralls  
 Sophia Kotsovolos

### Seniors

Katelyn Grimes  
 Heidi Bonde  
 Emily Wilson  
 Alexia Kuehl\*

### Graduate Students

Chloe Scheer

\* Redshirt

## By State/Country

### California

Chloe Sheer

### Illinois

Heidi Bonde

### Ohio

Katelyn Grimes

### Colorado

Avah Armour  
 Sasha Cohen

### Indiana

Mya Ball

### Pennsylvania

Megan Holland

### Florida

Renee Ralls  
 Emily Wilson  
 Alexia Kuehl  
 Sophia Kotsovolos

### Minnesota

Britt Carlson

### Nebraska

Abby Schomers

# BROADCAST NOTES



# 1

## ABBY SCHOMERS

R-So. • S • 6-0 • Omaha, Neb.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	53/14	22	.370	517	9	92	30
Career	158/44	68	.401	1590	29	280	72

Career Highs Kills: 6 A: 56 SA: 4 Digs: 13 Blk: 5

- Recorded three double-doubles this season
- Tallied a career-high 56 assists at Kansas (11/25/23)
- Leads the team in assists with 517 and ranks 8th in Big 12 with 9.75 assists per set
- Has recorded 15 40-plus assist matches
- Notched 1,073 assists last season, ending 4th in the Big 12 for assists per set (10.32)
- Led her high school team (Skutt Catholic) to win four state championships



# 2

## CHLOE SCHEER

Gr. • L/DS • 5-8 • Murrieta, Calif.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	53/14	3	.333	50	16	238	-
Career	425/123	7	.056	355	128	1373	-

Career Highs Kills: 2 A: 9 SA: 5 Digs: 30

- Recorded double digits in digs in 13 matches this season
- Fifth in the record book with 1,373 digs
- Served up a career-high five aces vs Maryland (9/21/24)
- Recorded a career-high 30 digs vs Nevada (9/19/24)
- Leads the team in digs with 238 digs and ranked 3rd in Big 12 with 4.49 digs per set
- Eclipsed her 1,000 career dig against Baylor (10/22/23)



# 3

## SASHA COHEN

R-Fr. • MB • 6-2 • Lakewood, Colo.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	53/14	102	.243	4	8	36	42
Career	53/14	102	.243	4	8	36	42

Career Highs Kills: 10 A: 1 SA: 3 Digs: 6 Blk: 6

- Made her Knights debut against Virginia Tech (8/31/24)
- Recorded five kills along with three aces in her first match donning the Black and Gold
- Notched a career-high of 10 kills against Kansas (9/25/24)
- Currently the team's block leader with 40
- Named Colorado High School Athletic Association SA Player of the Year
- Scuba Certified



# 4

## MEGAN HOLLAND

R-So. • MB • 6-4 • Nazareth, Penn. • South Carolina

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	9/3	5	.250	-	-	-	7
Career	11/5	5	.250	-	-	-	7

Career Highs Kills: 3 A: - SA: - Digs: - Blk: 3

- Made her UCF debut against Charlotte (9/1/24)
- Tallied a career-high three kills vs Colorado (10/13/24)
- Recorded two kills and one block in her first match with the Knights
- Transferred from South Carolina after her freshman year
- Has snow skied for 16 years



# 6

## MYA BALL

Fr. • S • 6-2 • Angola, Ind.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	9/4	-	-	38	1	7	-
Career	9/4	-	-	38	1	7	-

Career Highs A: 25 SA: 1 Digs: 4

- Made her debut as a Knight against Florida State (9/15/24)
- Tallied a career-high 25 assists against Colorado (10/13/24)
- Earned four varsity letters at Angola High School
- Second in high school history for blocks and No. 1 in the state for aces her senior season
- Her dad, Lloyd, is a four-time olympian
- Her grandfather, Arnie, coached for 35 seasons at Indiana Purdue Fort Wayne



# 8

## SOPHIA KOTSOVOLOS

Jr. • L • 5-4 • Tampa, Fla. • Gardner-Webb

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	33/11	-	-	2	6	73	-
Career	231/66	3	.037	187	65	896	-

Career Highs Kills: 1 A: 9 SA: 6 Digs: 37

- Made her UCF debut with the Knights against Charlotte (9/1/24)
- Has recorded 28 double-digit dig matches in her collegiate career
- Notched a career-high 37 digs against Presbyterian (10/21/23)
- Named Big South Defensive Player of the Year and First Team
- Transfer from Gardner-Webb
- Three-time AVCA Phenom All-American (2018, 2019, 2020)



# 10

## AVAH ARMOUR

So. • OH • 6-5 • Manitou Springs, Colo.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	48/13	149	.183	7	9	80	16
Career	136/39	375	.208	15	40	227	53

Career Highs Kills: 18 A: 2 SA: 4 Digs: 12 Blk: 6

- Tallied double-digit kills in the first seven matches this season
- Recorded a career-high 18 kills against Stetson (9/5/24)
- Notched a double-double in the first match of the season with 16 kills and 10 digs
- Recorded her second double-double of the season against FAU with 14 kills and 11 digs
- Currently leads the Knights in kills with 149
- Born in Mexico, dual citizenship



# 11

## KATELYN GRIMES

Sr. • L/DS • 5-6 • Lebanon, Ohio

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	34/11	-	-	7	10	83	-
Career	342/102	2	.119	69	101	643	-

Career Highs Kills: 1 A: 3 SA: 7 Digs: 16

- Career-high 16 digs at Houston (11/26/21)
- Recorded 13 double-digit dig matches in her career
- Played in all 29 matches last season
- Career-high seven aces at Florida Atlantic (9/17/21)
- Currently second on the team for overall digs with 83
- Has her black belt in Taekwondo



# 12

## HEIDI BONDE

Sr. • OH • 6-4 • Minooka, Ill.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	29/9	66	.160	-	-	8	5
Career	165/61	360	.236	8	1	71	34

Career Highs Kills: 19 A: 2 SA: 1 Digs: 7 Blk: 3

- Opened the 2024 season with 12 kills against Virginia Tech (8/31/24)
- Career-high 19 kills at Tulsa (10/28/22)
- 34 career blocks, including eight solo blocks
- Notched 15 double-digit kill matches in her career
- Played in nine matches last season, before suffering from a season-ending injury



# 15

## ALEXIA KUEHL

R-Sr. • MB • 6-7 • St. John's, Fla. • Colorado

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	51/14	105	.414	2	-	7	35
Career	356/103	579	.320	10	-	62	313

Career Highs Kills: 15 A: 1 SA: - Digs: 3 Blk: 10

- Made her Knights debut against Virginia Tech (8/31/24)
- Career-high 10 block assists against UCLA (10/2/22)
- Tallied a career-high 15 kills vs Maryland (9/21/24)
- Currently ranked 3rd in the Big 12 for overall hitting percentage (.414)
- Transfer from Colorado, where she spent four seasons
- Played for the German National Team



# 21

## CAM SHELTON

Fr. • L/DS • 5-8 • Charlotte, N.C.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	1/1	-	-	-	-	-	-
Career	1/1	-	-	-	-	-	-

Career Highs Kills: - A: - SA: - Digs: - Blk: -

- Made her UCF debut at Charlotte (9/1/24)
- Appointed to AVCA's "Best and Brightest" Academic Team
- Tabbed AVCA High School All-American Second Team (2023)
- Two-time All-State Honoree
- 3x All-Conference and All-Region



# 23

## BRITT CARLSON

R-So. • OH • 6-4 • Woodbury, Minn. • Washington State

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	53/14	124	.301	3	-	22	23
Career	80/26	166	.291	5	-	29	35

Career Highs Kills: 16 A: 1 SA: - Digs: 5 Blk: 5

- Tallied a career-high 16 kills against FAU (9/14/24) while also managing a .522 attacking percentage
- Posted six double-digit kill matches this season
- Transferred from Washington State after her freshman year
- Both of her parents played collegiately, father (Marc) played basketball at Iowa State and mother (Sheri) played volleyball at St. Cloud State



# 26

## EMILY WILSON

Sr. • OH • 6-3 • Estero, Fla.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	52/14	133	.194	14	16	110	9
Career	228/75	575	.184	40	63	409	70

Career Highs Kills: 23 A: 5 SA: 6 Digs: 16 Blk: 4

- Tallied a career-high 23 kills against Colorado (10/13/24)
- Tied her career-high in kills against Nevada (9/19/24)
- 16 double-digit dig matches throughout her career
- Currently has 70 blocks including 16 block solos
- Tallied two double-doubles this season
- Transferred from San Diego after her freshman year



## UCF in the NCAA Tournament

1994	NCAA Tournament 1st Round
1995	NCAA Tournament, 1st Round
1996	NCAA Tournament, 1st Round
1997	NCAA Tournament, 2nd Round
2001	NCAA Tournament, 1st Round
2002	NCAA Tournament, 1st Round
2003	NCAA Tournament, 2nd Round
2014	NCAA Tournament, 1st Round
2018	NCAA Tournament, 1st Round
2019	NCAA Tournament, 1st Round
2020	NCAA Tournament, 1st Round
2021	NCAA Tournament, 2nd Round
2022	NCAA Tournament, 2nd Round



## Big 12 Standings

Team	Conf.	Pct.	Overall	Pct.
Kansas	5-0	1.000	14-1	.933
Arizona State	5-1	.833	16-2	.889
Utah	5-1	.833	15-2	.882
TCU	4-2	.667	12-4	.750
Kansas State	4-2	.667	6-9	.400
Houston	3-2	.600	8-7	.533
BYU	3-3	.500	10-6	.625
Iowa State	2-2	.500	8-7	.533
Cincinnati	2-3	.400	11-5	.688
Baylor	2-3	.400	10-6	.625
Colorado	2-3	.400	9-8	.529
Arizona	1-4	.200	12-4	.750
UCF	1-4	.200	8-6	.571
Texas Tech	1-4	.200	9-8	.529
West Virginia	0-6	.000	6-11	.353

\*Standings as of 10/14/24

**Preseason Rankings:** 1. Kansas, 2. BYU, 3. Arizona State, 4. TCU, 5. Baylor, 6. Iowa State, 7. Kansas State, 8. Houston, 9. Utah, 10. Colorado, **11. UCF**, 12. Arizona, 13. Cincinnati

### ALL-TIME RECORD vs BIG 12

Opponent	UCF Record	Last
Arizona	0-1	L 1-3 ('14)
Arizona State	0-1	L 0-3 ('97)
Baylor	0-4	L, 0-3 ('23)
BYU	0-4	L, 0-3 ('23)
Cincinnati	18-9	L, 0-3 ('24)
Colorado	0-4	L, 2-3 ('24)
Houston	14-14	L, 1-3 ('23)
Iowa State	1-1	L, 0-3 ('23)
Kansas	2-4	L, 0-3 ('24)
Kansas State	2-3	L, 0-3 ('24)
TCU	1-1	L, 1-3 ('23)
Texas Tech	2-1	W, 3-0 ('23)
Utah	1-1	L, 2-3 ('96)
West Virginia	2-1	W, 3-0 ('24)



### STAY SOCIAL

Official UCF Knights Website	UCFKnights.com
Official UCF Knights Volleyball Twitter/X	@UCF_Volleyball
Official UCF Knights Volleyball Facebook	/UCF.Volleyball
Official UCF Knights Volleyball Instagram	@UCF.Volleyball

## AVCA POLL

RK	TEAM	RECORD	PREV.
1	Pittsburgh	15-1	1
2	Nebraska	16-1	2
3	Penn State	16-1	3
4	Louisville	14-2	4
5	Stanford	13-2	5
6	Creighton	15-2	6
7	Texas	10-3	7
8	Kansas	14-1	8
9	Wisconsin	11-4	9
10	Purdue	13-4	10
11	Oregon	13-2	11
12	SMU	13-4	15
13	Arizona State	16-2	13
14	Minnesota	11-5	14
15	Kentucky	9-7	12
16	USC	12-4	16
17	Georgia Tech	11-4	20
18	TCU	12-4	17
19	Florida State	12-4	21
20	Utah	15-2	NR
21	Dayton	17-1	22
22	Baylor	10-6	18
23	Florida	11-5	19
24	BYU	10-6	23
25	Auburn	14-2	25

### SEASON AWARDS

**Big 12 Weekly Honors:**  
**Offensive Player of the Week**

**Defensive Player of the Week**

**Rookie of the Week**

**UCF NATIONALLY RANKED (TOP 100)**

### TEAM RANKINGS:

- **50th:** 13.38 kills per set
- **59th:** .243 hitting %
- **74th:** 12.15 assists per set

### INDIVIDUAL RANKINGS:

**Alexia Kuehl:**

- **18th:** .414 hitting %

**Abby Schomers:**

- **60th:** 9.75 assists per set

**Chloe Scheer:**

- **56th:** 4.49 digs per set

Others receiving votes: Arkansas 89; Washington 62; Marquette 26; Texas A&M 19; UCLA 5; North Carolina 4; South Dakota State 4; Virginia 4

## DOUBLE-DOUBLES

### 2024 Season

#### Avah Armour (3)

- at Virginia Tech, 8/31/24 (16 kills, 10 digs)
- vs. Florida Atlantic, 9/14/24 (14 kills, 11 digs)
- vs Nevada, 9/19/24 (12 kills, 10 digs)

#### Abby Schomers (3)

- at Virginia Tech, 8/31/24 (40 assists, 10 digs)
- at Stetson, 9/5/24 (39 assists, 10 digs)
- vs Colorado, 10/13/24 (26 assists, 12 digs)

#### Emily Wilson (2)

- vs Nevada, 9/19/24 (21 kills, 10 digs)
- vs Maryland, 9/21/24 (15 kills, 12 digs)

\*as of 10/14/24

## 2024 INDIVIDUAL MATCH-BY- MATCH LEADERS

Opponent	Kills	Attacks	Aces	Assists	Digs	Blocks
at Virginia Tech	16- Armour	43- Armour	3- Cohen	40- Schomers	14- Scheer	2- Kuehl
at UNC Charlotte	13- Armour	26- Armour	4- Katelyn	26- Schomers	10- Scheer	3- Holland
at Stetson	18- Armour	60- Armour	1- 3 tied	39- Schomers	20- Scheer	5- Cohen & Schomers
vs. UNCW	14- Armour	27- Armour	2- Cohen	39- Schomers	10- Scheer	4- Kuehl
vs. FAU	16- Carlson	53- Armour	1- 5 tied	53- Schomers	16- Scheer	5- Cohen
at Florida State	13- Armour	37- Armour	2- 2 tied	29- Schomers	23- Scheer	4- Cohen
Nevada	21- Wilson	46- Wilson	2- Wilson	46- Schomers	30- Scheer	3- Kuehl & Schomers
Nevada	19- Wilson	53- Wilson	3- Grimes	44- Schomers	26- Scheer	6- Kuehl
Maryland	15- Kuehl&Wilson	57- Wilson	5- Scheer	45- Schomers	13- Scheer	6- Cohen
at Kansas*	13- Carlson	34- Armour	1- 3 tied	39- Schomers	14- Scheer	2- Armour
at Kansas State*	11- Wilson	37- Wilson	2- Wilson	28- Schomers	11-2 tied	3- Cohen
West Virginia*	13- Wilson	30- Wilson	2- 3 tied	34- Schomers	18- Scheer	5- Kuehl
at Cincinnati*	11- Armour	36- Armour	2- 2 tied	27- Schomers	14- 2 tied	5- Kuehl
Colorado*	23- Wilson	51- Wilson	3- Wilson	26- Schomers	22- Scheer	3- Bonde
Iowa State*						
at West Virginia*						
Kansas*						
Houston*						
Cincinnati*						
at Texas Tech*						
at TCU*						
at Baylor*						
BYU*						
Utah*						
Kansas State*						
Florida						
at Arizona*						
at Arizona State*						

## 2024 MATCH-BY-MATCH STARTERS

Opponent	OH	OH	MB	MB	OH/DS	S	L
at Virginia Tech	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at UNC Charlotte	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at Stetson	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
vs. UNCW	Armour	Bonde	Cohen	Kuehl	Carlson	Schomers	Scheer
vs. FAU	Armour	Bonde	Cohen	Kuehl	Carlson	Schomers	Scheer
at Florida State	Armour	Wilson	Cohen	Kuehl	Ball	Schomers	Scheer
Nevada	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
Nevada	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
Maryland	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at Kansas*	Armour	Wilson	Cohen	Kuehl	Kotsovolos	Schomers	Scheer
at Kansas State*	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
West Virginia*	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at Cincinnati*	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
Colorado*	Holland	Wilson	Carlson	Kuehl	Kotsovolos	Schomers	Scheer
Iowa State*							
at West Virginia*							
Kansas*							
Houston*							
Cincinnati*							
at Texas Tech*							
at TCU*							
at Baylor*							
BYU*							
Utah*							
Kansas State*							
at Florida*							
at Arizona*							
at Arizona State*							

# KNUGGETS OF INFORMATION

## THE LAST TIME

### TEAM

Home Win .....	vs. West Virginia 10/2/24 (25-16, 25-23, 25-17)
Home Loss .....	vs. Colorado, 10/13/24 (21-25, 25-21, 18-25, 25-23, 11-15)
Away Win .....	at Stetson, 9/5/24 (25-21, 25-23, 27-25)
Away Loss .....	at Cincinnati 10/5/24 (23-25, 21-25, 20-25)
Neutral Win .....	vs. Florida Atlantic, 9/14/24 (20-25, 21-25, 25-22, 25-23, 15-10)
Neutral Loss .....	vs. High Point, 4/14/21 (25-22, 19-25, 21-25, 25-23, 11-15)
Big 12 Win .....	vs. TCU 10/26/23 (19-25, 25-22, 25-19, 25-16)
Big 12 Loss .....	vs. Colorado, 10/13/24 (21-25, 25-21, 18-25, 25-23, 11-15)
Won 3-0 at home .....	vs. West Virginia 10/11/23 (25-11, 25-22, 25-23)
Lost 0-3 at home .....	vs. BYU, 11/10/23 (19-25, 20-25, 17-25)
Won 3-0 on the road .....	at Stetson, 9/5/24 (25-21, 25-23, 27-25)
Lost 0-3 on the road.....	at Cincinnati 10/5/24 (23-25, 21-25, 20-25)

### INDIVIDUAL MATCH

Had 30 or more kills .....	30 - McKenna Melville vs Georgia (9/11/21)
Had 10 or more blocks .....	14 - Nerissa Moravec vs Houston (11/26/21)
Had 8 or more aces .....	8 - Tali Marmen vs East Carolina (3/5/21)
Had 25 or more digs .....	30 - Chloe Scheer vs Nevada (9/19/24)
Had 50 or more assists .....	60 - Amber Olson vs Houston (11/25/22)

### INDIVIDUAL SEASON

Had over 500 kills .....	617 - McKenna Melville (2021)
Had over 1,000 assists .....	1,073 - Abby Schomers (2023)
Had over 50 aces .....	63 - Lisa Liljenquist (1997)
Had over 500 digs .....	597 - Jordan Pingel (2018)
Had over 50 block solos .....	67 - Tyra Harper (1994)
Had over 150 block assists .....	154 - Anne-Marie Watson (2019)
Had over 150 total blocks .....	161 - Anne-Marie Watson/ 151 - Nerissa Moravec (2019)
Had 15 or more double doubles .....	17 - McKenna Melville (2021)

### INDIVIDUAL CAREER

Had 2,000 kills .....	2,563 - McKenna Melville (2018-22)
Had 5,000 assists .....	5,923 - Emily Queisser (1992-95)
Had 200 aces .....	201 - Emily Queisser (1992-95)
Had 2,000 digs .....	2,262 - Jordan Pingel (2015-18)
Had 100 block solos .....	156 - Tyra Harper (1994-97)
Had 500 block assists .....	542 - Anne-Marie Watson (2017-21)
Had 600 total blocks .....	631 - Tyra Harper (1994-97)
Had over 50 double doubles .....	83 - McKenna Melville (2018-22)
Had 1,000 kills and 1,000 digs .....	McKenna Melville (2018-22)
Had 2,000 kills and 1,000 digs .....	McKenna Melville (2018-22)

### OVERALL SEASON

Had 25 or more wins .....	2022
Had a 15-game win streak .....	2022
Had over .800 winning percentage ....	2022
Undefeated at home .....	2022

### CONFERENCE SEASON

Had 15 or more wins .....	2022
Went undefeated .....	2020 (2018)
Won conference title .....	2022 (2021, 2020, 2019, 2018, 2014)

### POST-SEASON

Made NCAA Appearance .....	2022 ('21, '20, '19, '18, '14, '03, '02, '01, 1997, '96, '95, '94)
Made NCAA Second Round .....	2022 ('21, '19, '03, 1997)
Made NIVC .....	2017 (second round)



# INDIVIDUAL CAREER RECORDS

## Matches Played

1. Emily Queisser	156	1992-95
2. Tyra Harper	151	1994-97
3. Miriam Metzcus	151	1991-94
4. Anne-Marie Watson	150	2017-21
Michelle Cutright	150	1992-95
6. McKenna Melville	146	2018-22
Amy Gendreau	146	1992-95
8. Suzie Queisser	140	1994-97
9. Amber Olson	137	2018-22
10. Maribel Marcos	133	1994-97

## Sets Played

1. Anne-Marie Watson	554	2017-21
2. McKenna Melville	533	2018-22
3. Emily Queisser	521	1992-95
4. Miriam Metzcus	510	1991-94
5. Tyra Harper	506	1994-97
6. Amber Olson	494	2018-22
7. Jordan Pingel	470	2015-18
8. Meredith Murphy	465	2009-12
9. Amy Gendreau	461	1992-95
10. Michelle Cutright	451	1992-95
Evija Vilde	451	2009-12

## Attempts

1. McKenna Melville	6,615	2018-22
2. Miriam Metzcus	4,665	1991-94
3. Renata Menchikova	4,663	1995-97
4. Angelica Crump	4,119	2010-13
5. Tyra Harper	3,940	1994-97
6. Erin Campbell	3,913	2006-09
7. Kia Bright	3,830	2014-17
8. Leyre Santaella Santé	3,680	2000-02
9. Evija Vilde	3,573	2009-12
10. Jale Hervey	3,233	2014-16

## Attempts Per Set (min. 2,500)

1. Renata Menchikova	12.67	1995-97
2. McKenna Melville	12.41	2018-22
3. Leyre Santaella Santé	11.12	2000-02
4. Jale Hervey	9.65	2014-16
5. Angelica Crump	9.17	2010-14
6. Kia Bright	9.16	2014-17
Erin Campbell	9.16	2006-09
8. Miriam Metzcus	9.15	1991-94
9. Schanell Neiderworder	8.76	2004-07
10. Kristina Fisher	8.37	2017-19

## Kills

1. McKenna Melville	2,563	2018-22
2. Renata Menchikova	2,151	1995-97
3. Tyra Harper	1,932	1994-97
4. Miriam Metzcus	1,811	1991-94
5. Leyre Santaella Santé	1,497	2000-02
6. Angelica Crump	1,489	2010-13
7. Kia Bright	1,368	2014-17
8. Jale Hervey	1,317	2014-16
9. Anne-Marie Watson	1,220	2017-21
10. Erin Campbell	1,207	2006-09

## Kills Per Set (min. 1,000)

1. Renata Menchikova	5.85	1995-97
2. McKenna Melville	4.81	2018-22
3. Leyre Santaella Santé	4.52	2000-02
4. Jale Hervey	3.93	2014-16
5. Tyra Harper	3.82	1994-97
6. Miriam Metzcus	3.55	1991-94
7. Kristin Fisher	3.44	2008-10
8. Kia Bright	3.33	2014-17
9. Angelica Crump	3.32	2010-13
10. Maina Heming	3.15	2005-06

## Attack Percentage (min. 1,500)

1. Emily Bridson	.398	1992-93
2. DeLaina Sarden	.383	2011-14
3. Tyra Harper	.336	1994-97
4. Renata Menchikova	.326	1995-97
5. Piper Morgan	.323	1998-01

## Assists

1. Emily Queisser	5,923	1992-95
2. Jenny Frank	4,825	2000-03
3. Amber Olson	3,992	2018-22
4. Marie Reiterova	3,165	2010-14
5. Rachel Vukson	2,488	2010-11
6. Andee Youngblood	2,382	2006-09
7. Becca Saldana	2,217	1999-01
8. Miranda Watkins	2,082	2015-17
9. Erin Olson	2,074	2017-19
10. Amanda Fielding	1,973	1997-98

## Service Aces

1. Miriam Metzcus	235	1991-94
2. Emily Queisser	201	1992-95
3. Renata Menchikova	154	1995-97
4. Tyra Harper	151	1994-97
5. Jenny Frank	149	2000-03
Leyre Santaella Santé	149	2000-02
7. Lisa Liljenquist Rieman	146	1996-99
8. Jenny Heppert	139	2005-08
9. <b>Chloe Scheer</b>	<b>128</b>	<b>2020-pres.</b>
10. McKenna Melville	123	2018-22

## Service Aces Per Set (min. 100)

1. Miriam Metzcus	0.46	1991-94
2. Leyre Santaella Santé	0.45	2000-02
3. Renata Menchikova	0.42	1995-97
4. Jenny Frank	0.39	2000-03
Lisa Liljenquist Rieman	0.39	1996-99
Emily Queisser	0.39	1992-95
7. Jenny Heppert	0.35	2005-08
8. Tanya Jarvis	0.31	2001-04
9. Tyra Harper	0.30	1994-97
10. Michelle Cutright	0.26	1992-95

## Digs

1. Jordan Pingel	2,262	2015-18
2. Meredith Murphy	1,999	2009-12
3. McKenna Melville	1,650	2018-22
4. Miriam Metzcus	1,644	1991-94
5. <b>Chloe Scheer</b>	<b>1,375</b>	<b>2020-pres.</b>
6. Lindsey Whalen	1,231	2000-03
7. Kia Bright	1,221	2014-17
8. Renata Menchikova	1,192	1995-97
9. Emily Queisser	1,155	1992-95
10. Erin Campbell	1,134	2006-09

## Digs Per Set (Min. 1,000)

1. Jordan Pingel	4.72	2015-18
2. Meredith Murphy	4.30	2009-12
3. Jade Hayes	4.25	2013-14
4. Renata Menchikova	3.24	1995-97
5. Miriam Metzcus	3.22	1991-94
6. McKenna Melville	12.41	2018-22
7. Kia Bright	2.97	2014-17
8. Lindsey Whalen	2.87	2000-03
9. Erin Campbell	2.66	2006-09
10. Jenny Frank	2.53	2000-03

## Block Solos

1. Tyra Harper	156	1994-97
2. DeLaina Sarden	85	2011-14
3. Angelica Crump	80	2010-13
4. Michelle Cutright	76	1992-95
5. Piper Morgan	75	1998-01
6. Emily Bridson	70	1992-93
7. McKenna Melville	66	2018-22
8. Kia Bright	64	2014-17
9. Taylor Wickey	57	2013-17
10. Jenny Herpert	55	2005-08

## Block Assists

1. Anne-Marie Watson	560	2017-21
2. Nerissa Moravec	505	2016-21
3. Tyra Harper	475	1994-97
4. DeLaina Sarden	377	2011-14
5. Piper Morgan	364	1998-2001
6. Jenny Heppert	314	2005-08
7. Amanda Stoutjesdyk	297	2001-04
8. Taylor Wickey	274	2013-17
9. Jana Mitchell	266	2003-06
10. Tory McCutcheon	260	2009-12

## Total Blocks

1. Tyra Harper	631	1994-97
2. Anne-Marie Watson	586	2017-21
3. Nerissa Moravec	545	2016-21
4. DeLaina Sarden	462	2011-14
5. Piper Morgan	439	1998-01
6. Jenny Heppert	369	2005-08
7. Amanda Stoutjesdyk	338	2001-04
8. Taylor Wickey	331	2013-17
9. Jana Mitchell	307	2003-06
10. Tory McCutcheon	302	2009-12

## Blocks Per Set (min. 200)

1. Shelly Driggers	1.44	1998-01
2. Nerissa Moravec	1.30	2016-21
3. Tyra Harper	1.25	1994-97
4. Amanda Stoutjesdyk	1.21	2001-04
5. Emily Bridson	1.16	1992-93
6. Piper Morgan	1.15	1998-01
7. Anne-Marie Watson	1.10	2017-21
8. DeLaina Sarden	1.04	2011-14

**Bold = players on active roster**

# Jenny Maurer

## Head Coach - 2nd as HC / 8th Season with the Knights



**Jenny Maurer**, a key cog for the UCF volleyball program that has won the five American Athletic Conference titles (regular season or tournament or both) and competed in the NCAA Championship each of those years, was named the Knights' head coach on May 18, 2023.

Maurer was the UCF associate head coach and recruiting coordinator for seven years after joining the Knights' staff in January 2016—and her resume features nine years as an NCAA Division I head coach and 16 total years as a head coach. Her role at UCF has included overseeing recruiting efforts, serving as offensive coordinator and training the setters.

In seven seasons in Orlando, Maurer has helped the UCF attack maintain a season hitting percentage over .250. The Knights posted five 20-win seasons, including a trip to the 2017 National Invitational Volleyball Championship, and the 2018, 2019, 2020, 2021 and 2022 NCAA tournaments with two second round appearances. Maurer has mentored AVCA All-American McKenna Melville and AVCA All-Region selections Kia Bright, Jale Hervey, and Anne-Mare Watson during her time in Orlando. She also helped guide Amber Olson to UCF's first AAC Setter of the Year honor.

Maurer's commitment to academics is exhibited by the volleyball team's combined 3.64 grade-point average in the 2022 fall semester—best by any UCF team—followed by a 3.653 in the 2023 spring semester. Over the course of her seven seasons with the Knights, the volleyball program



has achieved a combined 3.621 GPA (paced by a 3.7 in 2021-22) and twice had the top team GPA.

Maurer joined the Knights after spending five seasons as the head volleyball coach at Bradley University, from 2011-2015. In her first three seasons at Bradley, she led the Braves to 34 wins, the program's most victories in a three-year stretch since the 2005 season. In 2012, Maurer led Bradley to the first 5-0 start in program history, and in 2013, the Braves advanced to the Missouri Valley Tournament for the first time since 2005.

Prior to her stint in Peoria, she served as the head coach at Lehigh University (Bethlehem, Pennsylvania). During her four years with the Mountain Hawks (2007-10), Maurer improved her squad's record each season and in 2009 coached Lehigh into the Patriot League Tournament for the first time since 2003. She improved her squad's RPI by 130 spots during her four-year tenure.

Originally from St. Louis, Missouri, Maurer (then Jenny Cafazza) was a four-year starter and two-time AVCA first-team All-America volleyball player (1997 and 1998) at Washington University in St. Louis. She was a three-time All-South and All-University Athletic Association first-team selection and the team leader in aces as a sophomore and digs as a junior and senior as a right-side hitter and setter. She helped the Bears to a combined 85-9 record during the 1995 and 1996 NCAA Division III title seasons. In 1997

Washington finished fourth nationally and in 1998 advanced to the NCAA Elite Eight.

She went on to earn a master's degree in education from Lindenwood University (St. Charles, Missouri) in 2003. Maurer spent seven years coaching volleyball at St. Joseph's Academy in St. Louis, three times taking the Angels to the championship game of the Missouri Class 3-4A state tournament and four times playing in the final four. She also played with USA Athletes International in Belgium and Holland in the summer of 1999.

Maurer has two children: son Hudson and daughter Chaney.

### Head Coaching Record:

Year	School	Record
2007	Lehigh	5-22
2008	Lehigh	8-20
2009	Lehigh	14-16
2010	Lehigh	13-13
2011	Bradley	12-16
2012	Bradley	9-20
2013	Bradley	13-15
2014	Bradley	2-26
2015	Bradley	6-24
2023	UCF	17-12
2024	UCF	8-6
Total	11 seasons	107-190



# #1 ABBY SCHOMERS

Redshirt Sophomore | S | 6-0  
Omaha, Neb.  
Skutt Catholic HS

## CAREER HISTORY

### REDSHIRT FRESHMAN (2023)

Played in all 29 matches this season...dished out career-high 56 assists against Kansas (11/25).. tallied four aces against Mississippi State (9/1)..recorded a total of six double-doubles...averaged 10.32 assists per set

### FRESHMAN (2022)

Did not play

### HIGH SCHOOL/CLUB

Earned four letters at Skutt Catholic...led the Skyhawks to four-straight State Championship titles (2018, 19, 20, 21)...named All-Conference First Team, Omaha World Herald: All-Class Tournament Team, Class B Tournament Team, Class B Honorable Mention, and All-Nebraska Honorable Mention as well as Lincoln Journal Star: All-Class, Class B All-Tournament team, and two-time All-State Honorable Mention...in her senior season, posted 1,264 assists, 36 blocks, 63 kills, .441 efficiency, and 21 aces... played club for Nebraska Elite, the 2020 National Champions, and was named MVP...academic All Conference Award and Letter all four years of high school

### PERSONAL

Daughter of Tracy and Bill... brother, Spencer, plays basketball at Northwest Missouri State and is a National Champion...Sister, Alli, played volleyball at the University of Missouri Kansas City... Born July 30...Kinesiology major

## Single Match Highs

Kills	6 at Charlotte (9/1/24)
Attacks	7 at Stetson (9/5/24)
Assists	56 at Kansas (11/25/23)
Service aces	4 vs Mississippi St. (9/1/23)
Digs	13 at Cincinnati (9/21/23)
Blocks	5 at Baylor (10/21/23)
Block solos	3 vs Nevada (9/19/24)
Block assists	5 at Stetson (9/5/24)
PCT	1.000 at Cincinnati (9/21/23)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	UCF	1-1	0	0.00	0	0	.000	0	0.00	0	0.00	0	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00
2023-24	UCF	104-29	46	0.44	5	98	.418	1073	10.32	20	0.19	34	188	1.81	0	5	37	42	0.40	5	5	89.5	0.86
2024-25	UCF	53-14	22	0.42	2	54	.370	517	9.75	9	0.17	22	92	1.74	0	3	27	30	0.57	0	1	47.5	0.90
TOTAL		158 - 44	68	0.43	7	152	.401	1590	10.06	29	0.18	56	280	1.77	0	8	64	72	0.46	5	6	137.0	0.87





## #2 CHLOE SCHEER

Graduate | L/DS | 5-8  
Murrieta, Calif.  
Vista Murrieta HS

### CAREER HISTORY

#### SENIOR (2022)

Played in all 29 matches...hit 1,000 digs against Baylor (10/21)...recorded a career-high 24 digs against Iowa State (11/22)...tallied four service aces against Florida State (9/7)...led the team with 350 digs, averaging 3.37 per set

#### JUNIOR (2022)

Appeared in 30 matches...totaled 362 digs, averaging 3.48 per set, the highest on the team...totaled 31 service aces, the most on the team...had 21 digs against Kansas State and Tulsa, 22 against Houston

#### SOPHOMORE (2021)

Appeared in all 34 of the Knights matches, including nine starts...contributed 95 assists, good for third on the team...totaled 370 digs and 2.96 digs per set (second on the team)...second on the team with 40 aces...had a career high 23 digs against Florida State on Sept. 10...named to dean's list in fall 2021

#### FRESHMAN (2020-21)

Played in 16 matches...made UCF debut on Jan. 26 against FAU, notching one dig in the Knights' 3-1 victory...recorded a career-high 10 digs against Temple on Feb. 18 in 3-0 win...contributed with 10 service aces and 10 assists...totaled 53 digs on the season...named to dean's list in spring 2021

#### HIGH SCHOOL

Three-year varsity letter at Vista Murrieta...back-to-back high school league champions junior and senior year...first team all-league her senior year...named to All-Tournament team at Nike Tournament of Champions...received the CIF pursuing victory with honor award...recorded over 500 digs in her senior year...helped lead Vista Murrieta to a state championship in her senior year...second team all-state in her senior season

#### PERSONAL

Daughter of Paul and Anna...born March 18...human communications major

### Single Match Highs

Kills	2 at Florida St. (9/15/24)
Attacks	4 vs Temple (11/19/21)
Assists	9 vs Clemson (9/2/21)
Service aces	5 vs Maryland (9/21/24)
Digs	30 vs Nevada (9/19/24)
PCT	1.000 at Florida St. (9/15/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2020-21	UCF	39-16	1	0.03	0	4	.250	10	0.26	10	0.26	9	53	1.36	5	0	0	0	0.00	0	0	11.0	0.28
2021-22	UCF	125-34	0	0.00	2	13	-.154	95	0.76	40	0.32	51	370	2.96	50	0	0	0	0.00	0	0	40.0	0.32
2022-23	UCF	104-30	1	0.01	0	4	.250	114	1.10	31	0.30	39	362	3.48	12	0	0	0	0.00	1	2	32.0	0.31
2023-24	UCF	104-29	2	0.02	2	9	.000	86	0.83	31	0.30	51	350	3.37	30	0	0	0	0.00	0	0	33.0	0.32
2024-25	UCF	53-14	3	0.06	1	6	.333	50	0.94	16	0.30	18	238	4.49	8	0	0	0	0.00	0	0	19.0	0.36
<b>TOTAL</b>		<b>425 - 123</b>	<b>7</b>	<b>0.02</b>	<b>5</b>	<b>36</b>	<b>.056</b>	<b>355</b>	<b>0.84</b>	<b>128</b>	<b>0.30</b>	<b>168</b>	<b>1373</b>	<b>3.23</b>	<b>105</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.00</b>	<b>1</b>	<b>2</b>	<b>135.0</b>	<b>0.32</b>



# #3 SASHA COHEN

Redshirt Freshman | MB | 6-2  
 Lakewood, Colo.  
 Valor Christian HS

## CAREER HISTORY

**FRESHMAN (2023)**  
 Did not play

**HIGH SCHOOL**  
 Graduated Valor Christian High School...received 3 varsity letters and was a member of the Cum Laude Society...made varsity and started her freshman year, 5A State Runner-Up's and received an All-Conference Honorable Mention...played for Front Range Volleyball Club...her 17-1's team ended the season with multiple records: GJNC - 5th in 17 Open, Far Western - 1st in 17 Open and Crossroads - 2nd in 17 Open... in her senior season at Valor Christian, her team went 29-0 and claimed the 5A State Championship...she received the following awards:  
 CHSAA 5A Player of the Year  
 AVCA All-American 3rd Team  
 AVCA All-Region Team  
 5A All-State Team  
 All-Conference 1st Team  
 Academic All-State Honorable Mention

**PERSONAL**  
 Daughter of Roger and Ingrid... Brother, Brandon...biomedical sciences major...has a seal of bilit-eracy in Spanish...born June 4

## Single Match Highs

Kills	10 vs Kansas (9/25/24)
Attacks	22 vs Nevada (9/19/24)
Assists	1 vs Nevada (9/20/24)
Service aces	3 at Virginia Tech (8/31/24)
Digs	6 at Stetson (9/5/24)
Blocks	6 vs Maryland (9/21/24)
Block solos	2 vs Nevada (9/20/24)
Block assists	5 vs Maryland (9/21/24)
PCT	.588 at Kansas (9/25/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UCF	53-14	102	1.92	44	239	.243	4	0.08	8	0.15	27	36	0.68	0	9	33	42	0.79	0	2	135.5	2.56
TOTAL		53 - 14	102	1.92	44	239	.243	4	0.08	8	0.15	27	36	0.68	0	9	33	42	0.79	0	2	135.5	2.56





# #4 MEGAN HOLLAND

Redshirt Sophomore | MB | 6-2  
 Nazareth, Penn.  
 Nazareth Area HS / South Carolina

## CAREER HISTORY

**SOPHOMORE (2023)**  
 Did not play

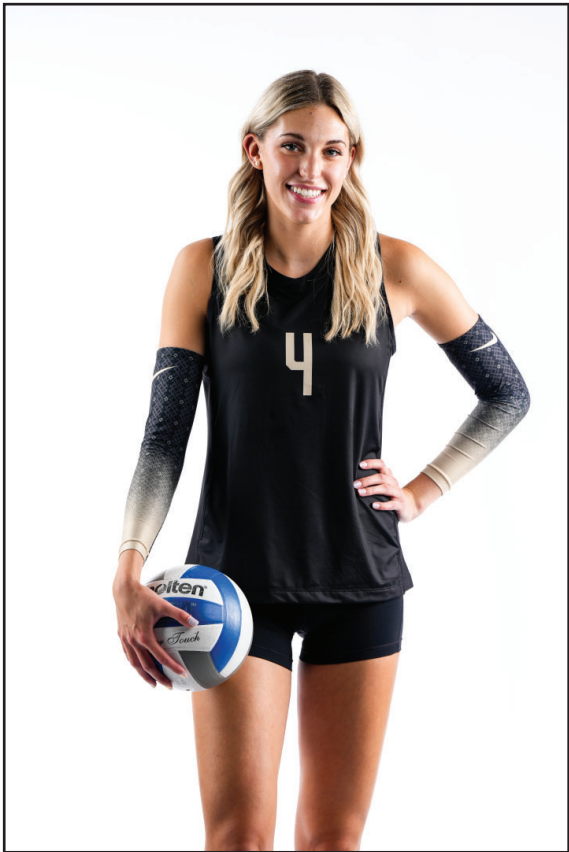
**FRESHMAN (2022) - at South Carolina**  
 Played in two matches; made her collegiate debut vs. Cincinnati on Sept. 10

**HIGH SCHOOL**  
 A four-year varsity starter for her high school and was an all-conference honoree for the 2021 season...named to the Lehigh Valley Live's All-Area team and made her district's all-star roster in 2020..based on available records, she is just the third member of the program to hail from Pennsylvania, the previous two were Kim Brown (1981-84) and Sarah Morgan (2002-05)...played club volleyball for East Coast Power in Lehigh Valley

**PERSONAL**  
 Daughter of Geoffrey and Christine Holland...has two sisters, Morgan and Madelyn...plans to major in business

## Single Match Highs

Kills	3 vs Colorado (10/13/24)
Attacks	18 vs Colorado (10/13/24)
Blocks	3 at Charlotte (9/1/24)
Block solos	1 at Charlotte (9/1/24)
Block assists	2 at Charlotte (9/1/24)
PCT	.375 vs Colorado (10/13/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	SC	2-2	0	0.00	0	0	.000	0	0.00	0	0.00	0	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00
2024-25	UCF	9-3	5	0.56	2	12	.250	0	0.00	0	0.00	0	0	0.00	0	2	5	7	0.78	0	0	9.5	1.06
TOTAL FOR UCF		9 - 3	5	0.56	2	12	.250	0	0.00	0	0.00	0	0	0.00	0	2	5	7	0.78	0	0	9.5	1.06
TOTAL		11 - 5	5	0.45	2	12	.250	0	0.00	0	0.00	0	0	0.00	0	2	5	7	0.64	0	0	9.5	0.86



# #6 MYA BALL

Freshman | S | 6-2  
Angola, Ind.  
Angola HS

## CAREER HISTORY

### HIGH SCHOOL

Three-time All-Northwest Corner Conference honoree..two-time All-State, All-District and All-Area..ranked No. 1 in Indiana for aces and No. 2 in school history for blocks...tabbed to AVCA's "Best and Brightest" Academic Team with a 3.75 GPA

### PERSONAL

Born July 17...Daughter of Lloy and Sarah...Dad, Lloy is a four-time Olympian who helped Team USA to Gold in 2008 as well as 14 years as a professional athlete... Grandpa Arnie, coached for 35 seasons at Indiana Purdue Fort Wayne

## Single Match Highs

Assists	25 vs Colorado (10/13/24)
Service Aces	1 vs Colorado (10/13/24)
Digs	4 vs Colorado (10/13/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UCF	9-4	0	0.00	0	0	.000	38	4.22	1	0.11	8	7	0.78	0	0	0	0	0.00	0	0	1.0	0.11
TOTAL		9 - 4	0	0.00	0	0	.000	38	4.22	1	0.11	8	7	0.78	0	0	0	0	0.00	0	0	1.0	0.11



# #8 SOPHIA KOTSOVOLOS

Junior | L | 5-4  
Tampa, Fla.  
Heritage HS

## CAREER HISTORY

### SOPHOMORE (2022) at GardnerWebb

Named Big South Defensive Player of the Year and First Team...posted a career-high 485 digs on the season, averaging 4.85 sets per match...tallied a career-high 37 digs against Presbyterian (10/21)...three-time Big South Libero of the Week

### FRESHMAN (2022) at Gardner-Webb

Earned a pair of conference weekly awards in Libero of the Week (10/3) and Freshman of the Week (11/7)...Made seven starts while playing in 28 matches and 98 sets...recorded the team-highs in digs (338) and service aces (31)...was third on the team in assists with 65...during Big South play, Kotsovolos ranked second in service aces per set at 0.43 and fifth in digs per set at 4.48...tied for the most aces in a conference match with six for a career-high at Charleston Southern (10/22)...recorded her career-high 31 digs at USC Upstate (9/29) for the third-most in a five set Big South match, fourth-most in any contest...overall on the year, ranked 6th in aces per set at 0.32 and 8th in digs per set at 3.45 among league players...recorded ten or more digs in 14 of 16 conference matches and 20 or more digs in five contests...had a career-high seven assists in a five set win at USC Upstate (9/29)

### HIGH SCHOOL

Florida 7A State Championship in volleyball...three-time AVCA Phenom All-American in 2018, 2019 and 2020...selected twice to Western Conference Volleyball First-Team All-Star American Division (2020, 2021)...Pinellas County First-Team All-Star in 2019

### PERSONAL

Daughter of Kim and Peter...has two siblings sister Alexis and brother Derek...business major...born June 13

## Single Match Highs

Kills	1 vs High Point (9/30/23)
Attacks	6 vs High Point (9/30/23)
Assists	9 at Queens (9/19/23)
Service Aces	6 vs Presbyterian (10/21/23)
Digs	37 vs Presbyterian (10/21/23)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	GW	98-28	0	0.00	0	19	.000	65	0.66	31	0.32	40	338	3.45	28	0	0	0	0.00	0	0	31.0	0.32
2023-24	GW	100-27	3	0.03	1	33	.061	120	1.20	28	0.28	36	485	4.85	24	0	0	0	0.00	0	2	31.0	0.31
2024-25	UCF	33-11	0	0.00	0	2	.000	2	0.06	6	0.18	10	73	2.21	5	0	0	0	0.00	0	0	6.0	0.18
TOTAL FOR UCF		33 - 11	0	0.00	0	2	.000	2	0.06	6	0.18	10	73	2.21	5	0	0	0	0.00	0	0	6.0	0.18
TOTAL		231 - 66	3	0.01	1	54	.037	187	0.81	65	0.28	86	896	3.88	57	0	0	0	0.00	0	2	68.0	0.29



# #10 AVAH ARMOUR

Sophomore | OH | 6-5  
Manitou Springs, Colo.  
Rampart HS

## Single Match Highs

Kills	18 at Stetson (9/5/24)
Attacks	60 at Stetson (9/5/24)
Assists	2 at Charlotte (9/1/24)
Service aces	4 vs Wake Forest (9/2/23)
Digs	12 at Cincinnati (9/21/23)
Blocks	6 vs Mississippi State (9/1/23)
Block solos	2 vs Nevada (9/19/24)
Block assists	5 vs Mississippi State (9/1/23)
PCT	.636 vs Syracuse (8/26/23)



## CAREER HISTORY FRESHMAN (2023)

Played in 27 matches this season  
226 total kills...recorded a career-high 20 points against Cincinnati (9/21)...notched four aces against Wake Forest (9/2)...tallied a double-double in her first collegiate match with 10 kills and 11 digs (8/25)...recorded 11 matches in double digits for kills

## HIGH SCHOOL

Graduated from Rampart High School, attended Manitou Springs High School 9th-11th grade...earned four varsity letters and four academic letters...senior season: league champions and 3rd place finish at State, led Colorado division 5A in kills with 489 on the season. 0.326 hitting percentage, 205 digs, 50 aces...3x All-Conference First Team, First Team Academic All State, First Team All State senior year...played club at Colorado Juniors, finished 5th in open division at USAV nationals in 2022

## PERSONAL

Daughter of Justin and Cara...two siblings: sister, Gia and brother, Joah...dad, Justin played basketball (only fr. season) and football at Stanford, played in the NFL and won Super Bowl XXXIII in 1999 with the Denver Broncos...marketing major...born September 7 in Cabo San Lucas, Mexico (dual citizen)

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	UCF	91-27	226	2.48	86	620	.226	8	0.09	31	0.34	53	147	1.62	12	4	33	37	0.41	2	0	277.5	3.05
2024-25	UCF	48-13	149	3.10	63	469	.183	7	0.15	9	0.19	26	80	1.67	22	7	9	16	0.33	1	0	169.5	3.53
TOTAL		139 - 40	375	2.70	149	1089	.208	15	0.11	40	0.29	79	227	1.63	34	11	42	53	0.38	3	0	447.0	3.22





# #11 KATELYN GRIMES

Senior | L/DS | 5-6  
Lebanon, Ohio  
Cincinnati Hills Christian Academy

## Single Match Highs

Kills	1 vs Mississippi State (9/1/23)
Attacks	3 at USF (10/13/21)
Assists	3 5x, last vs ECU (10/16/22)
Service aces	7 at FAU (9/17/21)
Digs	16 at Houston (11/26/21)
PCT	1.000 vs Mississippi State (9/1/23)



## CAREER HISTORY

### JUNIOR (2023)

Played in all 29 matches this season...recorded a season-high of 11 digs against Cincinnati (9/21)...served up 30 aces and recorded 161 digs

### SOPHOMORE (2022)

Played in all 30 matches (97 sets), with 26 starts...third on the team with 21 assists...recorded 185 digs with 1.91 digs per set...had 27 aces, second best on team

### FRESHMAN (2021)

Appeared in all 34 matches for the Knights (111 sets), including 14 starts...had 214 digs and 1.93 digs per set...accounted for 34 aces, third on the team...posted seven aces against FAU, fifth single match best in program history...named to President's List in fall 2021

### HIGH SCHOOL

Four-year letter-winner at Cincinnati Hills Christian Academy...finished senior year with 304 digs, 101 aces and 225 kills...named to the 2020 American Volleyball Coaches Association High School All-Region Team, MVC All-Conference First Team, OHSVCA All-District DIII First Team and OHSVCA All-Ohio DIII Second Team...named to the 2020 Under Armour All-America Watch List

### PERSONAL

Daughter of Todd and Nan...two sisters- Andrea and Ella...sister, Andrea, played volleyball for Morehead State University...born March 21...computer sciences major

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	UCF	111-34	0	0.00	6	17	-.353	29	0.26	34	0.31	27	214	1.93	23	0	0	0	0.00	0	0	34.0	0.31
2022-23	UCF	97-30	1	0.01	1	17	.000	21	0.22	27	0.28	41	185	1.91	25	0	0	0	0.00	1	0	28.0	0.29
2023-24	UCF	102-29	1	0.01	0	7	.143	12	0.12	30	0.29	34	161	1.58	30	0	0	0	0.00	0	0	31.0	0.30
2024-25	UCF	35-12	0	0.00	0	1	.000	7	0.20	10	0.29	17	85	2.43	14	0	0	0	0.00	0	0	10.0	0.29
TOTAL		345 - 105	2	0.01	7	42	-.119	69	0.20	101	0.29	119	645	1.87	92	0	0	0	0.00	1	0	103.0	0.30





# #12 HEIDI BONDE

Senior | OH | 6-4  
Minooka, Ill.  
Minooka Community HS

## CAREER HISTORY

### JUNIOR (2023)

Played in nine matches this season before suffering a season ending injury...recorded 14 kills against UAlbany (8/27)

### SOPHOMORE (2022)

Played in 26 matches (75 sets), including one start...fifth on the team with 176 kills...second on team with 2.35 kills per set...fifth on team with 2.52 kills per set...added 19 blocks, including 5 solo

### FRESHMAN (2021)

Played in 17 matches (43 sets), including three starts...recorded 79 kills...fifth on the team with 1.84 kills per set...added 10 blocks, including three solo...named to President's List in fall 2021

### HIGH SCHOOL

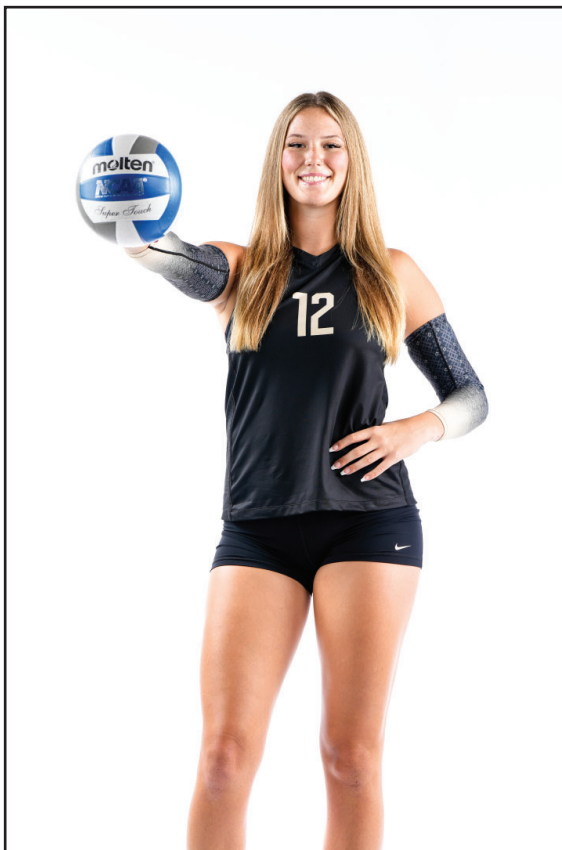
Three-year letter winner at Minooka Community High School...recorded 374 kills and 132 digs her junior season...two-time Southwest Prairie All-Conference, Herald New All-Area First Team and Bugle News First Team All-Area...broke her school record with 27 kills in one match...ranked in the top 150 in the nation in the 2021 class by Prep Volleyball

### PERSONAL

Sister, Holly Bonde, played volleyball at Kansas State...born April 26...elementary education major

## Single Match Highs

Kills	19 at Tulsa (10/28/22)
Attacks	45 vs Fla. Atlantic (9/14/24)
Assists	2 vs Navy (08/25/23)
Service aces	1 vs Miami (9/16/21)
Digs	7 at Wichita St. (10/30/22)
Blocks	3 vs Cincinnati (11/13/22)
Block solos	2 vs Cincinnati (11/13/22)
Block assists	3 vs SMU (11/4/22)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	UCF	43-17	79	1.84	27	226	.230	0	0.00	1	0.02	0	20	0.47	3	3	7	10	0.23	0	0	86.5	2.01
2022-23	UCF	75-26	176	2.35	58	433	.273	6	0.08	0	0.00	0	37	0.49	12	5	14	19	0.25	6	0	188.0	2.51
2023-24	UCF	18-9	39	2.17	16	95	.242	2	0.11	0	0.00	0	6	0.33	1	0	0	0	0.00	0	0	39.0	2.17
2024-25	UCF	24-8	51	2.13	31	165	.121	0	0.00	0	0.00	0	7	0.29	1	0	2	2	0.08	1	0	52.0	2.17
TOTAL		160 - 60	345	2.16	132	919	.232	8	0.05	1	0.01	0	70	0.44	17	8	23	31	0.19	7	0	365.5	2.28



# #15 ALEXIA KUEHL

Redshirt Senior | OH | 6-7  
St. John's, Fla.  
Bartram Trail HS / Colorado

## Single Match Highs

Kills	15 vs Maryland (9/21/24)
Attacks	27 vs Arizona (10/22/21)
Assists	1 9x, last vs UNCW (9/7/24)
Digs	3 vs North Texas (8/27/23)
Blocks	10 at UCLA (11/19/22)
Block solos	4 vs Nevada (9/20/24)
Blocks assists	10 at UCLA (10/2/22)



## CAREER HISTORY

### REDSHIRT JUNIOR (2022) at Colorado

Played in all 31 matches, making 114 set appearances...recorded a kill in every match...recorded a block in every match except for one...scored 256.5 points for the Buffaloes, averaged about 2.25 points per set...finished the season with 189 kills, 126 blocks and 16 digs

### REDSHIRT SOPHOMORE (2021) at Colorado

Played in 27 matches, making 100 set appearances...had a dozen kills without an error against CSU...scored 209.5 points for the Buffs which averaged about 2.10 points per set...finished the season with 162 kills, 87 blocks and 15 digs

### REDSHIRT FRESHMAN (2020) at Colorado

Played in 11 matches, making 40 set appearances...started out strong against Cal with 10 kills along with a .500 hitting percentage in two matches...finished the season with 53 kills, 36 blocks and 10 digs

### FRESHMAN (2019) at Colorado

Did not play (redshirted)

## HIGH SCHOOL

Was the 92-ranked player in PrepVolleyball.com Top-100...left Bartram Trail as the school record holder in blocks with 235...second in all-time kills with 816...as a junior, she put down 306 kills, 107 blocks and hit an incredible .488 in hitting percentage...finished her career hitting .412 and recording 60 aces...led her high school to district championships as a sophomore and senior and was named the FHSSA Class 8A District 4 Player of the Year in her final campaign...as a junior, she advanced her team to the Elite 8 in the 8A State Championships...also has an outstanding serve with a serve percentage of 91 and leading her club team, Jacksonville Juniors Volleyball Academy, in aces

## PERSONAL

Daughter of Angela and Alex...has a younger brother, Alijah...both her parents competed in collegiate athletics for UNC Charlotte...her mother, Angela, played for the 49ers volleyball team for four years...her father, Alex, played basketball for Palm Beach Community College for two years before transferring to UNC-Charlotte. Following his collegiate career, he played professionally in Europe for six years and played for the Germany National Basketball team for two years...born August 11

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2020-21	CU	40-11	53	1.33	19	135	.252	2	0.05	0	0.00	0	10	0.25	0	6	30	36	0.90	4	0	74.0	1.85
2021-22	CU	100-27	162	1.62	44	377	.313	1	0.01	0	0.00	0	15	0.15	1	8	79	87	0.87	8	0	209.5	2.10
2022-23	CU	114-31	189	1.66	57	444	.297	2	0.02	0	0.00	0	16	0.14	1	9	117	126	1.11	11	0	256.5	2.25
2023-24	CU	51-20	70	1.37	22	139	.345	3	0.06	0	0.00	0	14	0.27	0	6	23	29	0.57	1	0	87.5	1.72
2024-25	UCF	51-14	105	2.06	26	191	.414	2	0.04	0	0.00	0	7	0.14	0	9	26	35	0.69	1	1	127.0	2.49
TOTAL FOR UCF		51 - 14	105	2.06	26	191	.414	2	0.04	0	0.00	0	7	0.14	0	9	26	35	0.69	1	1	127.0	2.49
TOTAL		356 - 103	579	1.63	168	1286	.320	10	0.03	0	0.00	0	62	0.17	2	38	275	313	0.88	25	1	754.5	2.12



# #18 RENEE RALLS

Junior | S | 5-11  
Orlando, Fla.  
Lake Highland Prep

## CAREER HISTORY

**SOPHOMORE (2023)**  
Did not play

**FRESHMAN (2022)**  
Started her college career putting up an ace against USF

**HIGH SCHOOL**  
Member of varsity team sophomore-senior year...averaged 2.4 assists per sets...153 sets played

**PERSONAL**  
Daughter of Yanet Ralls...born August 6...health sciences pre-clinical major

## Single Match Highs

Service Aces 1 at USF (11/9/22)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	UCF	1-1	0	0.00	0	0	.000	0	0.00	1	1.00	1	0	0.00	0	0	0	0	0.00	0	0	1.0	1.00
2024-25	UCF	3-1	0	0.00	0	0	.000	0	0.00	0	0.00	1	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00
TOTAL		4 - 2	0	0.00	0	0	.000	0	0.00	1	0.25	2	0	0.00	0	0	0	0	0.00	0	0	1.0	0.25



# #21 CAM SHELTON

Freshman | L/DS | 5-7  
Charlotte, N.C.  
Ardrey Kell HS

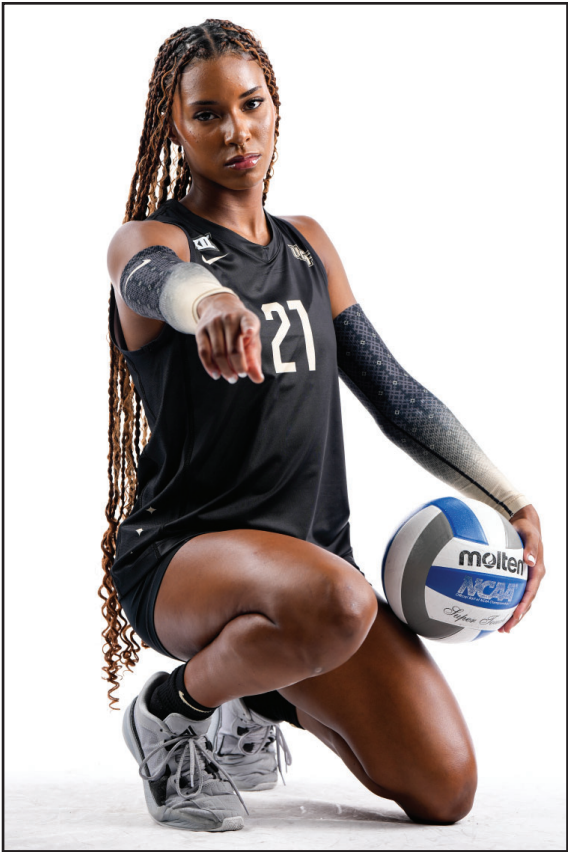
## CAREER HISTORY

### HIGH SCHOOL

Graduated from Ardrey Kell High School, earned four varsity letters... three-time All-Conference and All-Region...two-time All-State honoree...appointed to AVCA's "Best and Brightest" Academic Team with a 4.06 GPA  
Tabbed to AVCA High School All-American Second Team

### PERSONAL

Daughter of Angel and Brandon...mom, Angel ran track at Clemson (1989-1992) and was inducted into the Hall of Fame (2008)...dad, Brandon played basketball at Southern Illinois University...older sister, Alexis plays volleyball at Oklahoma (2022-current)...born June 21...majoring in management



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UCF	1-1	0	0.00	0	0	.000	0	0.00	0	0.00	0	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00
TOTAL		1 - 1	0	0.00	0	0	.000	0	0.00	0	0.00	0	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00





# #23 BRITT CARLSON

Redshirt Sophomore | OH | 6-4  
 Woodbury, Minn.  
 East Ridge HS / Washington State

## CAREER HISTORY

**REDSHIRT FRESHMAN (2023)**  
 Played in 12 matches this season...  
 recorded 12 kills and a .632 hitting  
 percentage against Kansas (11/25)

**FRESHMAN (2022) -- at Washington State**  
 Arrived in January as an early  
 enrollee and participated in spring  
 practices before sitting out the fall  
 season with a redshirt

**HIGH SCHOOL**  
 She was a two-sport athlete and  
 four-year varsity letter winner in  
 both volleyball and basketball at East  
 Ridge High School

**PERSONAL**  
 The daughter of two former NCAA  
 student-athletes, her father Marc  
 played basketball at Iowa State while  
 her mother, Sheri, was a volleyball  
 player at DII St. Cloud State Universi-  
 ty...her older sister, Brynn, played vol-  
 leyball at Kansas State and Missouri  
 and her brother, played basketball at  
 Utah...born July 21...communications  
 major

## Single Match Highs

Kills	16 vs Fla. Atlantic (9/14/24)
Attacks	26 vs Nevada (9/20/24)
Assists	1 at Charlotte (9/1/24)
Digs	3 at Charlotte (9/1/24)
Blocks	5 vs TCU (10/27/23)
Block solos	2 vs Nevada (9/20/24)
Block assists	5 vs TCU (10/27/23)
PCT	.667 at Charlotte (9/1/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	UCF	27-12	42	1.56	16	98	.265	2	0.07	0	0.00	2	7	0.26	0	2	10	12	0.44	1	0	49.0	1.81
2024-25	UCF	53-14	124	2.34	41	276	.301	3	0.06	0	0.00	0	22	0.42	4	5	18	23	0.43	2	0	138.0	2.60
TOTAL		80 - 26	166	2.08	57	374	.291	5	0.06	0	0.00	2	29	0.36	4	7	28	35	0.44	3	0	187.0	2.34





# #26 EMILY WILSON

Senior | OH | 6-3

Estero, Fla.

Joliet Catholic Academy / San Diego

## CAREER HISTORY

### JUNIOR (2023)

Played in all 29 matches this season...led team in kills with 329...notched 46 total aces, six against Oklahoma (9/29)...tallied nine double-doubles on the season...recorded a career-high 21 kills at Baylor (10/21)

### SOPHOMORE (2022)

Appeared in 14 games throughout the season...secured 48 kills, including seven against Omaha...added 30 digs, including nine against UIC

**FRESHMAN (2021) -- at San Diego** Was named to All-WCC Freshman Team...appeared in 19 of the Toreros' matches, starting five of them (46 sets played)...ranked fifth on the USD roster with 65 kills (1.41 kills per set) and hit .117...added 12 blocks (two solo) and 32 digs (0.70 digs per set)...turned in a career-best performance on September 9 versus No. 16 UCLA, totaling 14 kills alongside seven digs

### HIGH SCHOOL/CLUB

Graduated in 2021 from Joliet Catholic High School in Joliet, IL...2019 Class 3A State Runner-Up and 2018 Class 3A State Third Place finisher...Volleyball Mag "Next 13 Top 25 Underclassmen" (2020)...ILL Prep Volleyball "101 Players to Watch" (2019)...ILL Prep Volleyball "Top 10 Players, Class 3A" (2019)...Metea Valley All-Tournament Team (2018)...Daily SouthTown Girls All-Area Team Honorable Mention (2017)...second all-time at Joliet Catholic in season kills as a freshman (behind Olympian Kelly Murphy)...two-time AAU National Champion (15 Elite, 2018; 16 Elite, 2019) with Sports Performance...JVA Open Champion (16 Elite, 2019) and JVA Open Second Place (15 Elite, 2018)...2018 AAU National Champion All-American Award...prep Volleyball "Top 50 Class of 2021" (2020)...prep Volleyball AAU Championship Star Search Recipient (2018-2019)...Spanish National Honor Society member...appeared on the A Honor Roll all semesters in high school

### PERSONAL

Daughter of Steve and Deb Wilson...has an older brother, Calvin and older sister, Annie...father, Steve played collegiate baseball as a pitcher at St. Xavier College (IL), named to the 1986 All-Region Team and selected in the ninth round of the 1987 MLB Draft by the Oakland Athletics...sister, Annie was a D-I SIUE Cheer and Dance member (2013-2015)...cousin, Peter Zimmermann played baseball at Missouri (2018-2020), named Mizzou Baseball MVP (2020) and played professionally in the Astros organization...born March 26...enjoys fishing, jet-skiing and boating in her free time

## Single Match Highs

Kills	23 vs Colorado (10/13/24)
Attacks	57 vs Maryland (9/21/24)
Assists	5 at Virginia Tech (8/31/24)
Service Aces	6 vs Oklahoma (9/29/23)
Digs	16 vs Oklahoma (9/29/23)
Blocks	4 vs TCU (10/26/23)
Block Solos	3 vs Oklahoma (9/28/23)
Block Assists	4 vs TCU (10/26/23)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	SD	46-19	65	1.41	40	213	.117	1	0.02	0	0.00	2	32	0.70	8	2	10	12	0.26	2	0	72.0	1.57
2022-23	UCF	29-13	48	1.66	22	127	.205	4	0.14	1	0.03	1	30	1.03	8	3	5	8	0.28	1	0	54.5	1.88
2023-24	UCF	101-29	329	3.26	154	949	.184	21	0.21	46	0.46	32	237	2.35	42	11	30	41	0.41	4	0	401.0	3.97
2024-25	UCF	52-14	133	2.56	51	386	.212	14	0.27	16	0.31	21	110	2.12	18	0	9	9	0.17	0	0	153.5	2.95
TOTAL FOR UCF		182 - 56	510	2.80	227	1462	.194	39	0.21	63	0.35	54	377	2.07	68	14	44	58	0.32	5	0	609.0	3.35
TOTAL		228 - 75	575	2.52	267	1675	.184	40	0.18	63	0.28	56	409	1.79	76	16	54	70	0.31	7	0	681.0	2.99



2024-25 UCF Women's Volleyball  
Overall Individual Statistics  
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### Game Records

Overall	Conference	Home	Away	Neutral
8 - 6	1 - 4	3 - 2	3 - 4	2 - 0

### Team Box Score

		Attack							Set				Serve				
##	Player	SP	MP-MS	K	K/S	E	TA	PCT	A	A/S	TA	PCT	SA	SA/S	SE	TA	PCT
1	Schomers, Abby	53	14-14	22	0.42	2	54	.370	517	9.75	1332	.388	9	0.17	22	157	.860
2	Scheer, Chloe	53	14-0	3	0.06	1	6	.333	50	0.94	180	.278	16	0.30	18	250	.928
3	Cohen, Sasha	53	14-13	102	1.92	44	239	.243	4	0.08	24	.167	8	0.15	27	156	.827
4	Holland, Megan	9	3-1	5	0.56	2	12	.250	0	0.00	3	.000	0	0.00	0	0	.000
6	Ball, Mya	9	4-1	0	0.00	0	0	.000	38	4.22	107	.355	1	0.11	8	27	.704
8	Kotsovolos, Sophia	33	11-3	0	0.00	0	2	.000	2	0.06	18	.111	6	0.18	10	99	.899
10	Armour, Avah	48	13-12	149	3.10	63	469	.183	7	0.15	31	.226	9	0.19	26	118	.780
11	Grimes, Katelyn	35	12-0	0	0.00	0	1	.000	7	0.20	26	.269	10	0.29	17	138	.877
12	Bonde, Heidi	29	9-2	66	2.28	35	194	.160	0	0.00	7	.000	0	0.00	0	0	.000
15	Kuehl, Alexia	51	14-14	105	2.06	26	191	.414	2	0.04	14	.143	0	0.00	0	12	1.000
18	Ralls, Renee	3	1-0	0	0.00	0	0	.000	0	0.00	0	.000	0	0.00	1	10	.900
21	Shelton, Cam	1	1-0	0	0.00	0	0	.000	0	0.00	0	.000	0	0.00	0	0	.000
23	Carlson, Britt	53	14-12	124	2.34	41	276	.301	3	0.06	21	.143	0	0.00	0	4	1.000
26	Wilson, Emily	52	14-12	133	2.56	51	386	.212	14	0.27	56	.250	16	0.31	21	194	.892
UCF		53	14-14	709	13.38	265	1830	.243	644	12.15	1819	.354	75	1.42	150	1165	.871
Opponents		53	14-14	618	11.66	258	1727	.208	552	10.42	1727	.320	93	1.75	109	1151	.905

			Receptions			Dig		Blocking						Points	
##	Player	SP	RE	TA	PCT	DIG	DIG/S	BS	BA	TOTAL	BLK/S	BE	BHE	PTS	PTS/S
1	Schomers, Abby	53	0	3	1.000	92	1.74	3	27	30	0.57	0	1	47.5	0.90
2	Scheer, Chloe	53	8	215	.963	238	4.49	0	0	0	0.00	0	0	19.0	0.36
3	Cohen, Sasha	53	0	5	1.000	36	0.68	9	33	42	0.79	0	2	135.5	2.56
4	Holland, Megan	9	0	0	.000	0	0.00	2	5	7	0.78	0	0	9.5	1.06
6	Ball, Mya	9	0	0	.000	7	0.78	0	0	0	0.00	0	0	1.0	0.11
8	Kotsovolos, Sophia	33	5	126	.960	73	2.21	0	0	0	0.00	0	0	6.0	0.18
10	Armour, Avah	48	22	227	.903	80	1.67	7	9	16	0.33	1	0	169.5	3.53
11	Grimes, Katelyn	35	14	107	.869	85	2.43	0	0	0	0.00	0	0	10.0	0.29
12	Bonde, Heidi	29	1	19	.947	8	0.28	0	5	5	0.17	1	0	68.5	2.36
15	Kuehl, Alexia	51	0	4	1.000	7	0.14	9	26	35	0.69	1	1	127.0	2.49
18	Ralls, Renee	3	0	0	.000	0	0.00	0	0	0	0.00	0	0	0.0	0.00
21	Shelton, Cam	1	0	2	1.000	0	0.00	0	0	0	0.00	0	0	0.0	0.00
23	Carlson, Britt	53	4	44	.909	22	0.42	5	18	23	0.43	2	0	138.0	2.60
26	Wilson, Emily	52	18	269	.933	110	2.12	0	9	9	0.17	0	0	153.5	2.95
-	TEAM	-	21	-	-	-	-	-	-	-	-	-	-	-	-
UCF		53	93	1042	.911	758	14.30	35	132	101.0	1.91	5	4	885.0	16.70
Opponents		53	75	1015	.926	723	13.64	31	165	113.5	2.14	10	7	824.5	15.56



**2024-25 UCF Women's Volleyball  
Team Match Highs  
All games**

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**Team Game Highs**

<b>ATTACK PERCENT (K-E-TA)</b>	.367	( 46 - 13 - 90 )		vs UNCW (N) (09/07/2024)
	.331	( 49 - 10 - 118 )		at Kansas (09/25/2024)
	.329	( 40 - 13 - 82 )		at Charlotte (09/01/2024)
	.322	( 59 - 13 - 143 )		vs Nevada (09/19/2024)
	.308	( 60 - 19 - 133 )		at Virginia Tech (08/31/2024)
	.243	( 41 - 16 - 103 )		vs West Virginia (10/02/2024)
	.242	( 67 - 28 - 161 )		vs Colorado (10/13/2024)
	.221	( 52 - 21 - 140 )		vs Nevada (09/20/2024)
	.212	( 43 - 15 - 132 )		at Cincinnati (10/05/2024)
	.203	( 64 - 29 - 172 )		vs Fla. Atlantic (N) (09/14/2024)
<b>KILLS (K-E-TA)</b>	67	( 67 - 28 - 161 )	5s	vs Colorado (10/13/2024)
	64	( 64 - 29 - 172 )	5s	vs Fla. Atlantic (N) (09/14/2024)
	60	( 60 - 19 - 133 )	5s	at Virginia Tech (08/31/2024)
	59	( 59 - 13 - 143 )	4s	vs Nevada (09/19/2024)
	57	( 57 - 27 - 158 )	5s	vs Maryland (09/21/2024)
	52	( 52 - 21 - 140 )	4s	vs Nevada (09/20/2024)
	49	( 49 - 10 - 118 )	3s	at Kansas (09/25/2024)
	47	( 47 - 21 - 149 )	3s	at Stetson (09/05/2024)
	46	( 46 - 13 - 90 )	3s	vs UNCW (N) (09/07/2024)
	45	( 45 - 24 - 133 )	4s	at Florida St. (09/15/2024)
<b>KILLS 3-SETS (K-E-TA)</b>	49	( 49 - 10 - 118 )		at Kansas (09/25/2024)
	47	( 47 - 21 - 149 )		at Stetson (09/05/2024)
	46	( 46 - 13 - 90 )		vs UNCW (N) (09/07/2024)
	43	( 43 - 15 - 132 )		at Cincinnati (10/05/2024)
	41	( 41 - 16 - 103 )		vs West Virginia (10/02/2024)
<b>KILLS 4-SETS (K-E-TA)</b>	59	( 59 - 13 - 143 )		vs Nevada (09/19/2024)
	52	( 52 - 21 - 140 )		vs Nevada (09/20/2024)
	45	( 45 - 24 - 133 )		at Florida St. (09/15/2024)
<b>KILLS 5-SETS (K-E-TA)</b>	67	( 67 - 28 - 161 )		vs Colorado (10/13/2024)
	64	( 64 - 29 - 172 )		vs Fla. Atlantic (N) (09/14/2024)
	60	( 60 - 19 - 133 )		at Virginia Tech (08/31/2024)
	57	( 57 - 27 - 158 )		vs Maryland (09/21/2024)
<b>TOTAL ATTEMPTS (K-E-TA)</b>	172	( 64 - 29 - 172 )	5s	vs Fla. Atlantic (N) (09/14/2024)
	161	( 67 - 28 - 161 )	5s	vs Colorado (10/13/2024)
	158	( 57 - 27 - 158 )	5s	vs Maryland (09/21/2024)
	149	( 47 - 21 - 149 )	3s	at Stetson (09/05/2024)
	143	( 59 - 13 - 143 )	4s	vs Nevada (09/19/2024)
	140	( 52 - 21 - 140 )	4s	vs Nevada (09/20/2024)
	133	( 60 - 19 - 133 )	5s	at Virginia Tech (08/31/2024)
	133	( 45 - 24 - 133 )	4s	at Florida St. (09/15/2024)
	132	( 43 - 15 - 132 )	3s	at Cincinnati (10/05/2024)
	118	( 49 - 10 - 118 )	3s	at Kansas (09/25/2024)
<b>TOTAL ATTEMPTS 3-SETS (K-E-TA)</b>	149	( 47 - 21 - 149 )		at Stetson (09/05/2024)
	132	( 43 - 15 - 132 )		at Cincinnati (10/05/2024)
	118	( 49 - 10 - 118 )		at Kansas (09/25/2024)
	116	( 39 - 16 - 116 )		at Kansas St. (09/27/2024)
	103	( 41 - 16 - 103 )		vs West Virginia (10/02/2024)
<b>TOTAL ATTEMPTS 4-SETS (K-E-TA)</b>	143	( 59 - 13 - 143 )		vs Nevada (09/19/2024)
	140	( 52 - 21 - 140 )		vs Nevada (09/20/2024)
	133	( 45 - 24 - 133 )		at Florida St. (09/15/2024)
<b>TOTAL ATTEMPTS 5-SETS (K-E-TA)</b>	172	( 64 - 29 - 172 )		vs Fla. Atlantic (N) (09/14/2024)
	161	( 67 - 28 - 161 )		vs Colorado (10/13/2024)
	158	( 57 - 27 - 158 )		vs Maryland (09/21/2024)
	133	( 60 - 19 - 133 )		at Virginia Tech (08/31/2024)



2024-25 UCF Women's Volleyball  
Team Match Highs  
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Team Game Highs

ASSISTS	59		5s	vs Colorado (10/13/2024)
	58		5s	vs Fla. Atlantic (N) (09/14/2024)
	53		5s	at Virginia Tech (08/31/2024)
	53		4s	vs Nevada (09/19/2024)
	48		4s	vs Nevada (09/20/2024)
	48		5s	vs Maryland (09/21/2024)
ASSISTS 3-SETS	47			at Stetson (09/05/2024)
	47			at Kansas (09/25/2024)
	44			vs UNCW (N) (09/07/2024)
	38			at Cincinnati (10/05/2024)
	37			at Charlotte (09/01/2024)
	37			at Kansas St. (09/27/2024)
ASSISTS 4-SETS	53			vs Nevada (09/19/2024)
	48			vs Nevada (09/20/2024)
	39			at Florida St. (09/15/2024)
ASSISTS 5-SETS	59			vs Colorado (10/13/2024)
	58			vs Fla. Atlantic (N) (09/14/2024)
	53			at Virginia Tech (08/31/2024)
	48			vs Maryland (09/21/2024)
DIGS	78		5s	vs Fla. Atlantic (N) (09/14/2024)
	65		5s	vs Colorado (10/13/2024)
	64		3s	at Stetson (09/05/2024)
	64		4s	vs Nevada (09/19/2024)
	63		4s	at Florida St. (09/15/2024)
	63		5s	vs Maryland (09/21/2024)
DIGS 3-SETS	64			at Stetson (09/05/2024)
	49			at Kansas St. (09/27/2024)
	47			at Cincinnati (10/05/2024)
	41			at Kansas (09/25/2024)
	40			vs West Virginia (10/02/2024)
DIGS 4-SETS	64			vs Nevada (09/19/2024)
	63			at Florida St. (09/15/2024)
	62			vs Nevada (09/20/2024)
DIGS 5-SETS	78			vs Fla. Atlantic (N) (09/14/2024)
	65			vs Colorado (10/13/2024)
	63			vs Maryland (09/21/2024)
	52			at Virginia Tech (08/31/2024)
ACES	9			at Charlotte (09/01/2024)
	9			vs Maryland (09/21/2024)
	8			vs West Virginia (10/02/2024)
	6			at Virginia Tech (08/31/2024)
	6			vs UNCW (N) (09/07/2024)
BLOCKS (BS-BA)	12.0	( 8 - 8 )		vs Nevada (09/20/2024)
	10.0	( 1 - 18 )		vs Fla. Atlantic (N) (09/14/2024)
	10.0	( 9 - 2 )		vs Nevada (09/19/2024)
	8.0	( 4 - 8 )		at Charlotte (09/01/2024)
	8.0	( 2 - 12 )		vs Maryland (09/21/2024)
	8.0	( 1 - 14 )		at Cincinnati (10/05/2024)
	7.0	( 0 - 14 )		at Stetson (09/05/2024)
	7.0	( 2 - 10 )		vs UNCW (N) (09/07/2024)
	7.0	( 2 - 10 )		vs West Virginia (10/02/2024)
	7.0	( 2 - 10 )		vs Colorado (10/13/2024)



## KNIGHTS TV ROSTER



1 | Abby Schomers  
S | 6'0 | RS-So.  
Omaha, Neb.  
Skutt Catholic



2 | Chloe Scheer  
L/DS | 5'8 | Gr.  
Murrieta, Calif.  
Vista Murrieta



3 | Sasha Cohen  
MB | 6'2 | So.  
Lakewood, Colo.  
Valor Christian



4 | Megan Holland  
MB | 6'4 | RS-So.  
Nazareth, Penn.  
South Carolina



6 | Mya Ball  
S | 6'2 | Fr.  
Angola, Ind.  
Angola HS



8 | Sophia Kotsovolos  
L | 5'4 | Jr.  
Tampa, Fla.  
Gardner-Webb



10 | Avah Armour  
OH | 6'5 | So.  
Monitou Springs,  
Colo.  
Rampart HS



11 | Katelyn Grimes  
L/DS | 5'6 | Sr.  
Lebanon, Ohio  
Cincinnati Hills Christian  
Academy



12 | Heidi Bonde  
OH | 6'3 | Sr.  
Minooka, Ill.  
Minooka Community HS



15 | Alexia Kuehl  
MB | 6'7 | RS-Sr.  
St. John's Fla.  
Colorado



18 | Renee Ralls  
S | 5'11 | Jr.  
Orlando, Fla.  
Lake Highland Prep



21 | Cam Shelton  
MB | 5'7 | Fr.  
Charlotte, N.C.  
Ardrey Kell HS



23 | Britt Carlson  
OH | 6'4 | RS-So.  
Woodbury, Minn.  
Washington State



26 | Emily Wilson  
OH | 6'3 | Sr.  
Estero, Fla.  
San Diego

## STAFF TV ROSTER



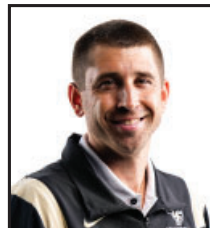
Jenny Maurer  
Head Coach  
2nd season as HC  
8th Season overall  
Washington St. Louis



Jason Tanaka  
Associate Head Coach  
2nd Season  
Arizona



Michaela Franklin  
Associate Head Coach  
2nd Season  
Kansas State



Cam Stevens  
Assistant Coach  
1st Season  
Sienna Heights



Erin Olson  
Director of Operations  
3rd Season  
UCF