



KNIGHTS

VOLLEYBALL



2024 Schedule / Results

August

31 at Virginia Tech W, 3-2

September

1 at UNC Charlotte W, 3-0

5 at Stetson[^] W, 3-0

7 vs UNCW[^] W, 3-0

14 vs Florida Atlantic[@] W, 3-2

15 at #21 Florida State[@] L, 1-3

19 vs Nevada[%] W, 3-1

20 vs Nevada[%] W, 3-1

21 vs Maryland[%] L, 2-3

25 at #9 Kansas^{*} L, 0-3

27 at Kansas State^{*} L, 0-3

October

2 vs West Virginia^{*} W, 3-0

5 at Cincinnati^{*} L, 0-3

11 vs Iowa State^{*} Canc.

13 vs Colorado^{*} L, 2-3

16 at West Virginia^{*} L, 1-3

19 vs #8 Kansas^{*} L, 0-3

25 vs Houston^{*} L, 1-3

30 vs Cincinnati^{*} L, 0-3

November

2 at Texas Tech^{*} L, 0-3

7 at #18 TCU^{*} L, 0-3

9 at #17 Baylor^{*} L, 0-3

14 vs #24 BYU^{*} L, 1-3

16 vs #20 Utah^{*} L, 2-3

20 vs Kansas State^{*} 7pm

23 at #21 Florida 4:30 pm

27 at Arizona^{*} 4pm

29 at #9 Arizona State^{*} 7pm

[^] - Stetson Tournament

[@] - Seminole Classic

[%] - UCF Invitational

^{*} - Big 12 Conference Game

Bold denotes match played at The Venue

Note: Oct. 11 match vs. Iowa State was cancelled due to Hurricane Milton. The match will be considered a no contest in the standings.

UCF KNIGHTS PLEASE

Please only refer to the **University of Central Florida** by its full name or by **UCF** (NOT Central Florida). Also, the team moniker is the **Knights** (NOT Golden Knights or Lady Knights).

Athletic Communications

Jenna Osborn

josborn@athletics.ucf.edu



UCF KNIGHTS

2024 Record: 8-15, 1-13

Conference: Big 12

Head Coach: Jenny Maurer

Overall Record: 11th season, 107-199



KANSAS STATE WILDCATS

2024 Record: 10-13, 8-6

Conference: Big 12

Head Coach: Jason Mansfield

Overall Record: 2nd season, 26-24

KNIGHT NOTES

The Matchup

- The Knights wrap up their home schedule with Kansas State Wednesday, November 20 for Senior Knight.
- This will be the second matchup this season against the Wildcats as Kansas State won 3-0 in Manhattan on November 20.
- K-State is ranked first in the Big 12 averaging 16.91 digs per set while the Knights are ranked fourth limiting their opponents to 13.64.

Scouting Kansas State

- The Wildcats enter the matchup 10-13 on the season and are 8-6 in Big 12 play.
- Head coach Jason Mansfield is in his second season overall.
- Aliyah Carter leads the squad with 394 kills and is second in the Big 12 averaging 4.38 kills per set.
- Ella Larkin is third in the league averaging 4.52 digs per set.
- The middle blocker has tallied the third-most kills on the team with 163 to go along with 50 blocks this season.
- A transfer from Colorado, where she spent the last four seasons, decided to move back to Florida for her last year.

Senior Knight

- UCF will honor its seniors before the match.
- The Seniors being recognized include Alexia Kuehl, Emily Wilson, Heidi Bonde, Katelyn Grimes and Chloe Scheer.

Milestone Watch

- Chloe Scheer has recorded 1,507 digs in her career at UCF, which ranks fifth in the individual career records.
- The Murrieta, California, native currently has 136 aces, the ninth most in program history.

Knights In The Rankings

- Four players are currently ranked in the top 10 of the Big 12 rankings.
- Chloe Scheer is fourth in the conference, averaging 4.38 digs per set.
- Scheer is sixth with 372 total digs.
- Abby Schomers slides in at No. 7 with 9.29 assists per set.
- Avah Armour has tallied 10.48 attacks per set which ranks fifth in the Big 12.
- Alexia Kuehl ranks fourth in the Big 12, hitting a .393 clip.

Double-Trouble Quartet

- Four Knights have recorded double-doubles this season led by Avah Armour and Abby Schomers with three each, followed by Emily Wilson with two and Sasha Cohen with one.
- Cohen earned her first double-double of her career against Houston (Oct. 25) as she recorded 15 kills and 11 digs.
- Schomers and Cohen each have recorded double-doubles in Big 12 matches this season.
- Schomers notched her third double-double against Colorado (Oct. 13) with 26 assists and 12 digs.

Road Warriors

- The Knights started their season with three weekends on the road.
- UCF traveled to Virginia and North Carolina, along with two weekends on the road in Florida.
- It marked the first time since the 2017 season that the Knights played their first three weekends away from The Venue.



UCF VOLLEYBALL

Knight in Shining Armour

- Headlined by 14 matches with double digits in kills along with a career-high 20 kills against Utah (11/16), Avah Armour leads the Black and Gold with 226 kills.
- Armour came back to action against Cincinnati (10/30) after nursing an injury that caused her to miss three matches.
- The sophomore sprung right back in recording 13 kills and two aces against Cincinnati (10/30).
- Armour recorded her first double-double this season in the season opener against Virginia Tech (8/31).
- The Colorado native's 18 kills at Stetson rank in the top five in the Big 12 for kills in a three-set match.

Nonconference Recap

- The Knights wrapped up their nonconference schedule with a 7-2 record.
- UCF spent the first three weeks on the road with just one trip out of the state.
- Chloe Scheer was named to the All-Tournament team at Florida State, Stetson and our home tournament.
- Abby Schomers was tabbed to the Stetson All-Tournament team.
- Avah Armour received two All-Tournament team nominations (Florida State and Stetson).
- Emily Wilson was named to the UCF Invitational All-Tournament Team.

Familiar Face

- Head coach Jenny Maurer announced the addition of Cameron Stevens to the staff as an assistant coach.
- Stevens rejoins the Knights after spending the last two years as an assistant coach at High Point, where he helped lead the Panthers to consecutive Big South Tournament Championships.
- Before this time at High Point, Stevens was a part of three straight American Athletic Conference titles at UCF.
- Along with helping the Knights advance to the second round of the NCAA Tournament twice during his first stint with the Black and Gold.

Preseason Olympic Trials

- During preseason, the Knights participated in their own form of Olympic trials with various events.
- The team was broken into five countries with three players in each group.
- The five countries consisted of Papua New Guinea, Djibouti, Christmas Island, Oman and Zanzibar.
- With a total of five events, each country was scored on their performance.
- Event one consisted of each group receiving their country, making the country's flag on a t-shirt and national anthem, which was then judged on a scale of 1-5 from three guest judges.
- The team went bowling for event No. 2 as each country competed against each other and averaged the score.
- Events three and four included another panel of judges with interpretive dancing followed by presentations from each group which consisted of information regarding their specific country and why the judges would want to live there.
- The squad wrapped up their Olympic trials at Drive Shack as they tested their golf skills for the final edge in the leaderboard.
- Final Leaderboard: 1st place: Christmas Island (Chloe, Renee and Heidi) 2nd place: Djibouti (Katelyn, Megan and Britt), 3rd place: Zanzibar (Cam, Abby and Sasha),

4th place: Oman (Alexia, Sophia and Avah), 5th place: Papua New Guinea (Emily, Mya and Ashlynn - Student Manager)

Year Two in the Big 12

- The Knights ended their inaugural season in the Big 12 Conference with a 17-12 overall record and 8-10 in conference play.
- With the addition of four new members into the Big 12, the Knights will host Colorado for the first time since 2003, Utah (1996) and travel to Arizona and Arizona State for the first time in program history.

SpaceU

- UCF volleyball has three uniforms and one of them is the Citronaut jersey which color is known as Canaveral Blue, these jersey's symbolize UCF's past.
- The game recognizes the University of Central Florida's roots, founded as Florida Technological University in 1963 with the mission of providing personnel to support the growing U.S. space program at the Kennedy Space Center and Cape Canaveral Air Force Station.
- As the academic scope expanded beyond its original focus on engineering and technology, the school was renamed the University of Central Florida in 1978.
- UCF is No. 1 nationally for placing graduates in aerospace industry jobs.
- In 1968, UCF established its motto: "Reach for the Stars" to represent the University's promising aerospace education in engineering, electronics and other technological professions.
- 29% of Kennedy Space Center employees are UCF Alumni.
- The 50-yard line of FBC Mortgage Stadium is on the exact latitude as Launch Complex 39A, NASA's most historic launch pad, 31 miles to the east.

UCF VOLLEYBALL ROSTER

No.	Name	Pos.	Ht.	Cl.	Hometown / High School / Previous School
1	Abby Schomers	S	6-0	R-So.	Omaha, Neb. / Skutt Catholic HS
2	Chloe Scheer	L/DS	5-8	Gr.	Murrieta, Calif. / Vista Murrieta HS
3	Sasha Cohen	MB	6-2	R-Fr.	Lakewood, Colo. / Valor Christian HS
4	Megan Holland	MB	6-4	R-So.	Nazareth, Penn. / Nazareth Area HS (South Carolina)
6	Mya Ball	S	6-2	Fr.	Angola, Ind. / Angola HS
8	Sophia Kotsovolos	L	5-4	Jr.	Tampa, Fla. / Plant HS (Gardner-Webb)
10	Avah Armour	OH	6-5	So.	Manitou Springs, Colo. / Rampart HS
11	Katelyn Grimes	L/DS	5-6	Sr.	Lebanon, Ohio / Cincinnati Hills Christian Acad.
12	Heidi Bonde	OH	6-4	Sr.	Minooka, Ill. / Minooka Community HS
15	Alexia Kuehl	MB	6-7	R-Sr.	St. John's Fla. / Bartram Trail HS (Colorado)
18	Renee Ralls	S	5-11	Jr.	Orlando, Fla. / Lake Highland Prep
21	Cam Shelton	L/DS	5-7	Fr.	Charlotte, NC. / Ardrey Kell HS
23	Britt Carlson	OH	6-4	R-So.	Woodbury, Minn. / East Ridge HS (Washington State)
26	Emily Wilson	OH	6-3	Sr.	Estero, Fla. / Joliet Catholic Acad. (San Diego)

PRONUNCIATIONS

Abby Schomers - Show-mer
 Sophia Kotsovolos - Cot-solve-olos
 Alexia Kuehl - Kuehl like "Cool"
 Heidi Bonde - Bon-day

COACHING STAFF

Head Coach - Jenny Maurer (2nd season HC, 8th at UCF, Washington St. Louis '99)
 Associate Head Coach - Jason Tanaka (2nd season, Arizona '97)
 Associate Head Coach - Michaela Franklin (2nd season, Kansas State '06)
 Assistant Coach - Cam Stevens (1st season, Findlay '11)
 Director of Operations - Erin Olson (3rd season, UCF '20)

By Eligibility

Freshmen

Mya Ball
 Cam Shelton
 Sasha Cohen*

Sophomores

Avah Armour
 Britt Carlson*
 Abby Schomers*

Juniors

Megan Holland
 Renee Ralls
 Sophia Kotsovolos

Seniors

Katelyn Grimes
 Heidi Bonde
 Emily Wilson
 Alexia Kuehl*

Graduate Students

Chloe Scheer

* Redshirt

By State/Country

California

Chloe Sheer

Illinois

Heidi Bonde

Ohio

Katelyn Grimes

Colorado

Avah Armour
 Sasha Cohen

Indiana

Mya Ball

Pennsylvania

Megan Holland

Florida

Renee Ralls
 Emily Wilson
 Alexia Kuehl
 Sophia Kotsovolos

Minnesota

Britt Carlson

Nebraska

Abby Schomers

BROADCAST NOTES



1

ABBY SCHOMERS

R-So. • S • 6-0 • Omaha, Neb.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	84/23	31	.347	780	14	141	37
Career	189/53	77	.387	1853	34	329	79

Career Highs Kills: 6 A: 56 SA: 4 Digs: 13 Blk: 5

- Recorded three double-doubles this season
- Tallied a career-high 56 assists at Kansas (11/25/23)
- Leads the team in assists with 694 and ranked 7th in Big 12 with 9.25 assists per set
- Has recorded 15 40-plus assist matches
- Notched 1,073 assists last season, ending 4th in the Big 12 for assists per set (10.32)
- Led her high school team (Skutt Catholic) to win four state championships



2

CHLOE SCHEER

Gr. • L/DS • 5-8 • Murrieta, Calif.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	85/23	4	.167	81	24	372	-
Career	457/132	8	.048	386	136	1507	-

Career Highs Kills: 2 A: 9 SA: 5 Digs: 30

- Recorded double digits in digs in 19 matches this season
- Fifth in the record book with 1,460 digs
- Served up a career-high five aces vs Maryland (9/21/24)
- Recorded a career-high 30 digs vs Nevada (9/19/24)
- Leads the team in digs with 325 digs and ranked 4th in Big 12 with 4.28 digs per set
- Eclipsed her 1,000 career dig against Baylor (10/22/23)



3

SASHA COHEN

R-Fr. • MB • 6-2 • Lakewood, Colo.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	85/23	164	.224	4	8	61	58
Career	85/23	164	.224	4	8	61	58

Career Highs Kills: 15 A: 1 SA: 3 Digs: 11 Blk: 6

- Made her Knights debut against Virginia Tech (8/31/24)
- Recorded five kills along with three aces in her first match donning the Black and Gold
- Notched a career-high of 15 kills against Houston (10/25/24)
- Currently the team's block leader with 56
- Named Colorado High School Athletic Association SA Player of the Year
- Scuba Certified



4

MEGAN HOLLAND

R-So. • MB • 6-4 • Nazareth, Penn. • South Carolina

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	25/9	12	.194	-	-	2	15
Career	27/11	12	.194	-	-	2	15

Career Highs Kills: 3 A: - SA: - Digs: 2 Blk: 3

- Made her UCF debut against Charlotte (9/1/24)
- Tallied a career-high three kills vs Colorado (10/13/24)
- Recorded two kills and one block in her first match with the Knights
- Transferred from South Carolina after her freshman year
- Has snow skied for 16 years



6

MYA BALL

Fr. • S • 6-2 • Angola, Ind.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	22/10	-	-	102	4	27	-
Career	22/10	-	-	102	4	27	-

Career Highs A: 25 SA: 2 Digs: 5

- Made her debut as a Knight against Florida State (9/15/24)
- Tallied a career-high 25 assists against Colorado (10/13/24)
- Earned four varsity letters at Angola High School
- Second in high school history for blocks and No. 1 in the state for aces her senior season
- Her dad, Lloy, is a four-time olympian
- Her grandfather, Arnie, coached for 35 seasons at Indiana Purdue Fort Wayne



8

SOPHIA KOTSOVOLOS

Jr. • L • 5-4 • Tampa, Fla. • Gardner-Webb

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	43/16	-	-	5	7	87	-
Career	241/71	3	.037	190	66	910	-

Career Highs Kills: 1 A: 9 SA: 6 Digs: 37

- Made her UCF debut with the Knights against Charlotte (9/1/24)
- Has recorded 28 double-digit dig matches in her collegiate career
- Notched a career-high 37 digs against Presbyterian (10/21/23)
- Named Big South Defensive Player of the Year and First Team
- Transfer from Gardner-Webb
- Three-time AVCA Phenom All-American (2018, 2019, 2020)



10

AVAH ARMOUR

So. • OH • 6-5 • Manitou Springs, Colo.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	69/19	226	.180	11	21	112	27
Career	160/46	452	.201	19	52	259	64

Career Highs Kills: 20 A: 2 SA: 4 Digs: 12 Blk: 6

- Tallied double-digit kills in 12 matches this season
- Recorded a career-high 18 kills against Stetson (9/5/24)
- Notched a double-double in the first match of the season with 16 kills and 10 digs
- Recorded her second double-double of the season against FAU with 14 kills and 11 digs
- First on the team in kills with 195
- Born in Mexico, dual citizenship



11

KATELYN GRIMES

Sr. • L/DS • 5-6 • Lebanon, Ohio

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	58/19	-	-	11	12	139	-
Career	368/112	2	-.116	73	103	699	-

Career Highs Kills: 1 A: 3 SA: 7 Digs: 16

- Career-high 16 digs at Houston (11/26/21)
- Recorded 14 double-digit dig matches in her career
- Played in all 29 matches last season
- Career-high seven aces at Florida Atlantic (9/17/21)
- Has her black belt in Taekwondo



12

HEIDI BONDE

Sr. • OH • 6-4 • Minooka, Ill.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	54/17	127	.216	2	-	15	6
Career	190/69	421	.244	10	1	78	35

Career Highs Kills: 19 A: 2 SA: 1 Digs: 7 Blk: 3

- Opened the 2024 season with 12 kills against Virginia Tech (8/31/24)
- Career-high 19 kills at Tulsa (10/28/22)
- 34 career blocks, including eight solo blocks
- Notched 17 double-digit kill matches in her career
- Played in nine matches last season, before suffering from a season-ending injury



15

ALEXIA KUEHL

R-Sr. • MB • 6-7 • St. John's, Fla. • Colorado

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	83/23	188	.393	4	10	26	56
Career	388/112	662	.325	12	10	81	334

Career Highs Kills: 16 A: 1 SA: 3 Digs: 5 Blk: 10

- Made her Knights debut against Virginia Tech (8/31/24)
- Career-high 10 block assists against UCLA (10/2/22)
- Tallied a career-high 15 kills vs Maryland (9/21/24)
- Currently ranked 5th in the Big 12 for overall hitting percentage (.389)
- Transfer from Colorado, where she spent four seasons
- Played for the German National Team



21

CAM SHELTON

Fr. • L/DS • 5-8 • Charlotte, N.C.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	25/8	-	-	2	4	38	-
Career	25/8	-	-	2	4	38	-

Career Highs Kills: - A: - SA: 1 Digs: 9 Blk: -

- Made her UCF debut at Charlotte (9/1/24)
- Recorded a career-high nine digs at Texas Tech (11/2/24)
- Appointed to AVCA's "Best and Brightest" Academic Team
- Tabbed AVCA High School All-American Second Team (2023)
- Two-time All-State Honoree
- 3x All-Conference and All-Region



23

BRITT CARLSON

R-So. • OH • 6-4 • Woodbury, Minn. • Washington State

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	84/23	186	.236	4	-	39	37
Career	111/35	228	.241	6	-	46	49

Career Highs Kills: 16 A: 1 SA: - Digs: 5 Blk: 5

- Tallied a career-high 16 kills against FAU (9/14/24) while also managing a .522 attacking percentage
- Second on the team in kills with 170
- Posted eight double-digit kill matches this season
- Transferred from Washington State after her freshman year
- Both of her parents played collegiately, father (Marc) played basketball at Iowa State and mother (Sheri) played volleyball at St. Cloud State



26

EMILY WILSON

Sr. • OH • 6-3 • Estero, Fla.

	SM/MP	Kills	PCT	A	SA	Digs	TB
2024	66/18	176	.209	15	18	120	12
Career	242/79	618	.185	41	65	419	73

Career Highs Kills: 23 A: 5 SA: 6 Digs: 16 Blk: 4

- Tallied a career-high 23 kills against Colorado (10/13/24)
- 16 double-digit dig matches throughout her career
- Currently has 157 kills this season
- Tallied two double-doubles this season
- Transferred from San Diego after her freshman year

UCF in the NCAA Tournament

1994	NCAA Tournament 1st Round
1995	NCAA Tournament, 1st Round
1996	NCAA Tournament, 1st Round
1997	NCAA Tournament, 2nd Round
2001	NCAA Tournament, 1st Round
2002	NCAA Tournament, 1st Round
2003	NCAA Tournament, 2nd Round
2014	NCAA Tournament, 1st Round
2018	NCAA Tournament, 1st Round
2019	NCAA Tournament, 1st Round
2020	NCAA Tournament, 1st Round
2021	NCAA Tournament, 2nd Round
2022	NCAA Tournament, 2nd Round



STAY SOCIAL

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Big 12 Standings

Team	Conf.	Pct.	Overall	Pct.
Arizona State	14-1	.933	26-2	.929
Kansas	13-2	.867	22-3	.880
Utah	11-4	.733	21-5	.808
Baylor	10-4	.714	18-7	.720
TCU	9-5	.643	17-7	.708
BYU	9-5	.643	16-8	.667
Kansas State	8-6	.571	10-13	.435
Houston	6-8	.429	11-13	.458
Arizona	5-9	.357	16-9	.640
Texas Tech	5-9	.357	13-13	.500
Colorado	5-9	.357	12-14	.462
Iowa State	4-9	.308	10-14	.417
Cincinnati	4-10	.286	13-12	.520
West Virginia	2-12	.143	8-17	.320
UCF	1-13	.071	8-15	.348

*Standings as of 11/18/24

Preseason Rankings: 1. Kansas, 2. BYU, 3. Arizona State, 4. TCU, 5. Baylor, 6. Iowa State, 7. Kansas State, 8. Houston 9. Utah, 10. Colorado, **11. UCF**, 12. Arizona, 13. Cincinnati, 14. West Virginia, 15. Texas Tech

ALL-TIME RECORD vs BIG 12

Opponent	UCF Record	Last
Arizona	0-1	L 1-3 ('14)
Arizona State	0-1	L 0-3 ('97)
Baylor	0-5	L, 0-3 ('24)
BYU	0-4	L, 0-3 ('23)
Cincinnati	18-10	L, 0-3 ('24)
Colorado	0-4	L, 2-3 ('24)
Houston	14-15	L, 1-3 ('24)
Iowa State	1-1	L, 0-3 ('23)
Kansas	2-4	L, 0-3 ('24)
Kansas State	2-3	L, 0-3 ('24)
TCU	1-2	L, 0-3 ('24)
Texas Tech	2-2	L, 0-3 ('24)
Utah	1-1	L, 2-3 ('96)
West Virginia	2-2	L, 1-3 ('24)

AVCA POLL

RK	TEAM	RECORD	PREV.
1	Pittsburgh	25-1	1
2	Nebraska	26-1	2
3	Louisville	23-3	3
4	Penn State	25-2	4
5	Creighton	25-2	5
6	Wisconsin	20-5	6
7	Stanford	21-4	7
8	Purdue	22-5	8
9	Arizona State	26-2	9
10	SMU	21-6	10
11	Kansas	22-3	12
12	Kentucky	17-7	13
13	Oregon	19-6	11
14	Texas	15-6	14
15	Georgia Tech	20-5	15
16	Minnesota	17-9	16
17	Baylor	18-7	17
18	Dayton	28-1	19
19	Utah	21-5	20
20	Florida	19-5	21
21	Southern Cali.	18-8	23
22	TCU	17-7	18
23	Florida State	18-8	22
24	BYU	16-8	24
25	Missouri	18-56	25

Others receiving votes: North Carolina 64; Washington 20; Texas A&M 15; Miami (FL) 12; Marquette 11; Western Kentucky 9; South Dakota State 4

SEASON AWARDS

Big 12 Weekly Honors:
Offensive Player of the Week
Defensive Player of the Week
Rookie of the Week

UCF NATIONALLY RANKED (TOP 100)

TEAM RANKINGS:

- **87th:** .233 hitting %
- **94th:** 13.11 kills per set

INDIVIDUAL RANKINGS:

Alexia Kuehl:

- **28th:** .393 hitting %

Abby Schomers:

- **92nd:** 9.29 assists per set

Chloe Scheer:

- **72nd:** 4.38 digs per set

Avah Armour:

- **74th:** 10.48 digs per set

*as of 11/18/24

DOUBLE-DOUBLES

2024 Season

Avah Armour (3)

- at Virginia Tech, 8/31/24 (16 kills, 10 digs)
- vs. Florida Atlantic, 9/14/24 (14 kills, 11 digs)
- vs Nevada, 9/19/24 (12 kills, 10 digs)

Abby Schomers (3)

- at Virginia Tech, 8/31/24 (40 assists, 10 digs)
- at Stetson, 9/5/24 (39 assists, 10 digs)
- vs Colorado, 10/13/24 (26 assists, 12 digs)

Emily Wilson (2)

- vs Nevada, 9/19/24 (21 kills, 10 digs)
- vs Maryland, 9/21/24 (15 kills, 12 digs)

Sasha Cohen (1)

- vs Houston, 10/25/24 (15 kills, 11 digs)

2024 INDIVIDUAL MATCH-BY- MATCH LEADERS

Opponent	Kills	Attacks	Aces	Assists	Digs	Blocks
at Virginia Tech	16- Armour	43- Armour	3- Cohen	40- Schomers	14- Scheer	2- Kuehl
at UNC Charlotte	13- Armour	26- Armour	4- Katelyn	26- Schomers	10- Scheer	3- Holland
at Stetson	18- Armour	60- Armour	1- 3 tied	39- Schomers	20- Scheer	5- Cohen & Schomers
vs. UNCW	14- Armour	27- Armour	2- Cohen	39- Schomers	10- Scheer	4- Kuehl
vs. FAU	16- Carlson	53- Armour	1- 5 tied	53- Schomers	16- Scheer	5- Cohen
at Florida State	13- Armour	37- Armour	2- 2 tied	29- Schomers	23- Scheer	4- Cohen
Nevada	21- Wilson	46- Wilson	2- Wilson	46- Schomers	30- Scheer	3- Kuehl & Schomers
Nevada	19- Wilson	53- Wilson	3- Grimes	44- Schomers	26- Scheer	6- Kuehl
Maryland	15- Kuehl&Wilson	57- Wilson	5- Scheer	45- Schomers	13- Scheer	6- Cohen
at Kansas*	13- Carlson	34- Armour	1- 3 tied	39- Schomers	14- Scheer	2- Armour
at Kansas State*	11- Wilson	37- Wilson	2- Wilson	28- Schomers	11-2 tied	3- Cohen
West Virginia*	13- Wilson	30- Wilson	2- 3 tied	34- Schomers	18- Scheer	5- Kuehl
at Cincinnati*	11- Armour	36- Armour	2- 2 tied	27- Schomers	14- 2 tied	5- Kuehl
Colorado*	23- Wilson	51- Wilson	3- Wilson	26- Schomers	22- Scheer	3- Bonde
at West Virginia*	15- Kuehl	40- Wilson	1- 3 tied	22- Schomers & Ball	14- Scheer	3- Carlson
Kansas*	11- Carlson	30- Wilson	2- 2 tied	16- Ball	18- Scheer	3- Holland
Houston*	18- Bonde	36- Wilson	3- Kuehl	38- Schomers	11- 2 tied	4- Kuehl
Cincinnati*	13- Armour	38- Armour	2- 2 tied	22- Schomers	14- Scheer	3- Cohen & Kuehl
at Texas Tech*	12- Armour	40- Armour	0	33- Schomers	10- Grimes	2- Armour
at TCU*	10- Bonde	32- Armour	2- Scheer	32- Schomers	10- Scheer	3- Armour
at Baylor*	13- Armour	38- Armour	1- 2 tied	17- Schomers	12- Scheer	1- Kuehl
BYU*	11 - Armour	47- Armour	4- Armour	33- Schomers	23- Scheer	4 - Armour & Kuehl
Utah*	20- Armour	59- Armour	4- Armour	53- Schomers	24- Scheer	2 - Kuehl & Schomers
Kansas State*						
Florida						
at Arizona*						
at Arizona State*						

2024 MATCH-BY-MATCH STARTERS

Opponent	OH	OH	MB	MB	OH/DS	S	L
at Virginia Tech	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at UNC Charlotte	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at Stetson	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
vs. UNCW	Armour	Bonde	Cohen	Kuehl	Carlson	Schomers	Scheer
vs. FAU	Armour	Bonde	Cohen	Kuehl	Carlson	Schomers	Scheer
at Florida State	Armour	Wilson	Cohen	Kuehl	Ball	Schomers	Scheer
Nevada	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
Nevada	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
Maryland	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at Kansas*	Armour	Wilson	Cohen	Kuehl	Kotsovolos	Schomers	Scheer
at Kansas State*	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
West Virginia*	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
at Cincinnati*	Armour	Wilson	Cohen	Kuehl	Carlson	Schomers	Scheer
Colorado*	Carlson	Wilson	Holland	Kuehl	Kotsovolos	Schomers	Scheer
at West Virginia*	Carlson	Wilson	Holland	Kuehl	Kotsovolos	Schomers	Scheer
Kansas*	Carlson	Wilson	Holland	Kuehl	Kotsovolos	Schomers	Scheer
Houston*	Holland	Wilson	Cohen	Kuehl	Kotsovolos	Schomers	Scheer
Cincinnati*	Armour	Holland	Cohen	Kuehl	Shelton	Schomers	Scheer
at Texas Tech*	Armour	Carlson	Cohen	Kuehl	Shelton	Schomers	Scheer
at TCU*	Armour	Carlson	Cohen	Kuehl	Shelton	Schomers	Scheer
at Baylor*	Armour	Carlson	Cohen	Kuehl	Shelton	Schomers	Scheer
BYU*	Armour	Carlson	Cohen	Kuehl	Shelton	Schomers	Scheer
Utah*	Armour	Carlson	Cohen	Kuehl	Shelton	Schomers	Scheer
Kansas State*							
at Florida*							
at Arizona*							
at Arizona State*							

KNUGGETS OF INFORMATION

THE LAST TIME

TEAM

Home Win	vs. West Virginia 10/2/24 (25-16, 25-23, 25-17)
Home Loss	vs. Utah, 11/16/24 (25-22, 25-18, 18-25, 20-25, 12-15)
Away Win	at Stetson, 9/5/24 (25-21, 25-23, 27-25)
Away Loss	at Baylor 11/9/24 (22-25, 16-25, 19-25)
Neutral Win	vs. Florida Atlantic, 9/14/24 (20-25, 21-25, 25-22, 25-23, 15-10)
Neutral Loss	vs. High Point, 4/14/21 (25-22, 19-25, 21-25, 25-23, 11-15)
Big 12 Win	vs. West Virginia 10/2/24 (25-16, 25-23, 25-17)
Big 12 Loss	vs. Utah, 11/16/24 (25-22, 25-18, 18-25, 20-25, 12-15)
Won 3-0 at home	vs. West Virginia 10/11/23 (25-11, 25-22, 25-23)
Lost 0-3 at home	vs. Cincinnati, 10/30/24 (18-25, 23-25, 20-25)
Won 3-0 on the road	at Stetson, 9/5/24 (25-21, 25-23, 27-25)
Lost 0-3 on the road.....	vs. West Virginia 10/2/24 (25-16, 25-23, 25-17)

INDIVIDUAL MATCH

Had 30 or more kills	30 - McKenna Melville vs Georgia (9/11/21)
Had 10 or more blocks	14 - Nerissa Moravec vs Houston (11/26/21)
Had 8 or more aces	8 - Tali Marmen vs East Carolina (3/5/21)
Had 25 or more digs	30 - Chloe Scheer vs Nevada (9/19/24)
Had 50 or more assists	60 - Amber Olson vs Houston (11/25/22)

INDIVIDUAL SEASON

Had over 500 kills	617 - McKenna Melville (2021)
Had over 1,000 assists	1,073 - Abby Schomers (2023)
Had over 50 aces	63 - Lisa Liljenquist (1997)
Had over 500 digs	597 - Jordan Pingel (2018)
Had over 50 block solos	67 - Tyra Harper (1994)
Had over 150 block assists	154 - Anne-Marie Watson (2019)
Had over 150 total blocks	161 - Anne-Marie Watson/ 151 - Nerissa Moravec (2019)
Had 15 or more double doubles	17 - McKenna Melville (2021)

INDIVIDUAL CAREER

Had 2,000 kills	2,563 - McKenna Melville (2018-22)
Had 5,000 assists	5,923 - Emily Queisser (1992-95)
Had 200 aces	201 - Emily Queisser (1992-95)
Had 2,000 digs	2,262 - Jordan Pingel (2015-18)
Had 100 block solos	156 - Tyra Harper (1994-97)
Had 500 block assists	542 - Anne-Marie Watson (2017-21)
Had 600 total blocks	631 - Tyra Harper (1994-97)
Had over 50 double doubles	83 - McKenna Melville (2018-22)
Had 1,000 kills and 1,000 digs	McKenna Melville (2018-22)
Had 2,000 kills and 1,000 digs	McKenna Melville (2018-22)

OVERALL SEASON

Had 25 or more wins	2022
Had a 15-game win streak	2022
Had over .800 winning percentage	2022
Undefeated at home	2022

CONFERENCE SEASON

Had 15 or more wins	2022
Went undefeated	2020 (2018)
Won conference title	2022 (2021, 2020, 2019, 2018, 2014)

POST-SEASON

Made NCAA Appearance	2022 ('21, '20, '19, '18, '14, '03, '02, '01, 1997, '96, '95, '94)
Made NCAA Second Round	2022 ('21, '19, '03, 1997)
Made NIVC	2017 (second round)

INDIVIDUAL CAREER RECORDS

Matches Played

1. Emily Queisser	156	1992-95
2. Tyra Harper	151	1994-97
3. Miriam Metzcus	151	1991-94
4. Anne-Marie Watson	150	2017-21
Michelle Cutright	150	1992-95
6. McKenna Melville	146	2018-22
Amy Gendreau	146	1992-95
8. Suzie Queisser	140	1994-97
9. Amber Olson	137	2018-22
10. Maribel Marcos	133	1994-97

Sets Played

1. Anne-Marie Watson	554	2017-21
2. McKenna Melville	533	2018-22
3. Emily Queisser	521	1992-95
4. Miriam Metzcus	510	1991-94
5. Tyra Harper	506	1994-97
6. Amber Olson	494	2018-22
7. Jordan Pingel	470	2015-18
8. Meredith Murphy	465	2009-12
9. Amy Gendreau	461	1992-95
10. Michelle Cutright	451	1992-95
Evija Vilde	451	2009-12

Attempts

1. McKenna Melville	6,615	2018-22
2. Miriam Metzcus	4,665	1991-94
3. Renata Menchikova	4,663	1995-97
4. Angelica Crump	4,119	2010-13
5. Tyra Harper	3,940	1994-97
6. Erin Campbell	3,913	2006-09
7. Kia Bright	3,830	2014-17
8. Leyre Santaella Santé	3,680	2000-02
9. Evija Vilde	3,573	2009-12
10. Jale Hervey	3,233	2014-16

Attempts Per Set (min. 2,500)

1. Renata Menchikova	12.67	1995-97
2. McKenna Melville	12.41	2018-22
3. Leyre Santaella Santé	11.12	2000-02
4. Jale Hervey	9.65	2014-16
5. Angelica Crump	9.17	2010-14
6. Kia Bright	9.16	2014-17
Erin Campbell	9.16	2006-09
8. Miriam Metzcus	9.15	1991-94
9. Schanell Neiderworder	8.76	2004-07
10. Kristina Fisher	8.37	2017-19

Kills

1. McKenna Melville	2,563	2018-22
2. Renata Menchikova	2,151	1995-97
3. Tyra Harper	1,932	1994-97
4. Miriam Metzcus	1,811	1991-94
5. Leyre Santaella Santé	1,497	2000-02
6. Angelica Crump	1,489	2010-13
7. Kia Bright	1,368	2014-17
8. Jale Hervey	1,317	2014-16
9. Anne-Marie Watson	1,220	2017-21
10. Erin Campbell	1,207	2006-09

Kills Per Set (min. 1,000)

1. Renata Menchikova	5.85	1995-97
2. McKenna Melville	4.81	2018-22
3. Leyre Santaella Santé	4.52	2000-02
4. Jale Hervey	3.93	2014-16
5. Tyra Harper	3.82	1994-97
6. Miriam Metzcus	3.55	1991-94
7. Kristin Fisher	3.44	2008-10
8. Kia Bright	3.33	2014-17
9. Angelica Crump	3.32	2010-13
10. Maina Heming	3.15	2005-06

Attack Percentage (min. 1,500)

1. Emily Bridson	.398	1992-93
2. DeLaina Sarden	.383	2011-14
3. Tyra Harper	.336	1994-97
4. Renata Menchikova	.326	1995-97
5. Piper Morgan	.323	1998-01

Assists

1. Emily Queisser	5,923	1992-95
2. Jenny Frank	4,825	2000-03
3. Amber Olson	3,992	2018-22
4. Marie Reiterova	3,165	2010-14
5. Rachel Vukus	2,488	2010-11
6. Andee Youngblood	2,382	2006-09
7. Becca Saldana	2,217	1999-01
8. Miranda Watkins	2,082	2015-17
9. Erin Olson	2,074	2017-19
10. Amanda Fielding	1,973	1997-98

Service Aces

1. Miriam Metzcus	235	1991-94
2. Emily Queisser	201	1992-95
3. Renata Menchikova	154	1995-97
4. Tyra Harper	151	1994-97
5. Jenny Frank	149	2000-03
Leyre Santaella Santé	149	2000-02
7. Lisa Liljenquist Rieman	146	1996-99
8. Jenny Heppert	139	2005-08
9. Chloe Scheer	136	2020-pres.
10. McKenna Melville	123	2018-22

Service Aces Per Set (min. 100)

1. Miriam Metzcus	0.46	1991-94
2. Leyre Santaella Santé	0.45	2000-02
3. Renata Menchikova	0.42	1995-97
4. Jenny Frank	0.39	2000-03
Lisa Liljenquist Rieman	0.39	1996-99
Emily Queisser	0.39	1992-95
7. Jenny Heppert	0.35	2005-08
8. Tanya Jarvis	0.31	2001-04
9. Tyra Harper	0.30	1994-97
10. Michelle Cutright	0.26	1992-95

Digs

1. Jordan Pingel	2,262	2015-18
2. Meredith Murphy	1,999	2009-12
3. McKenna Melville	1,650	2018-22
4. Miriam Metzcus	1,644	1991-94
5. Chloe Scheer	1,507	2020-pres.
6. Lindsey Whalen	1,231	2000-03
7. Kia Bright	1,221	2014-17
8. Renata Menchikova	1,192	1995-97
9. Emily Queisser	1,155	1992-95
10. Erin Campbell	1,134	2006-09

Digs Per Set (Min. 1,000)

1. Jordan Pingel	4.72	2015-18
2. Meredith Murphy	4.30	2009-12
3. Jade Hayes	4.25	2013-14
4. Renata Menchikova	3.24	1995-97
5. Miriam Metzcus	3.22	1991-94
6. McKenna Melville	12.41	2018-22
7. Kia Bright	2.97	2014-17
8. Lindsey Whalen	2.87	2000-03
9. Erin Campbell	2.66	2006-09
10. Jenny Frank	2.53	2000-03

Block Solos

1. Tyra Harper	156	1994-97
2. DeLaina Sarden	85	2011-14
3. Angelica Crump	80	2010-13
4. Michelle Cutright	76	1992-95
5. Piper Morgan	75	1998-01
6. Emily Bridson	70	1992-93
7. McKenna Melville	66	2018-22
8. Kia Bright	64	2014-17
9. Taylor Wickey	57	2013-17
10. Jenny Herpert	55	2005-08

Block Assists

1. Anne-Marie Watson	560	2017-21
2. Nerissa Moravec	505	2016-21
3. Tyra Harper	475	1994-97
4. DeLaina Sarden	377	2011-14
5. Piper Morgan	364	1998-2001
6. Jenny Heppert	314	2005-08
7. Amanda Stoutjesdyk	297	2001-04
8. Taylor Wickey	274	2013-17
9. Jana Mitchell	266	2003-06
10. Tory McCutcheon	260	2009-12

Total Blocks

1. Tyra Harper	631	1994-97
2. Anne-Marie Watson	586	2017-21
3. Nerissa Moravec	545	2016-21
4. DeLaina Sarden	462	2011-14
5. Piper Morgan	439	1998-01
6. Jenny Heppert	369	2005-08
7. Amanda Stoutjesdyk	338	2001-04
8. Taylor Wickey	331	2013-17
9. Jana Mitchell	307	2003-06
10. Tory McCutcheon	302	2009-12

Blocks Per Set (min. 200)

1. Shelly Driggers	1.44	1998-01
2. Nerissa Moravec	1.30	2016-21
3. Tyra Harper	1.25	1994-97
4. Amanda Stoutjesdyk	1.21	2001-04
5. Emily Bridson	1.16	1992-93
6. Piper Morgan	1.15	1998-01
7. Anne-Marie Watson	1.10	2017-21
8. DeLaina Sarden	1.04	2011-14

Bold = players on active roster

Jenny Maurer

Head Coach - 2nd as HC / 8th Season with the Knights



Jenny Maurer, a key cog for the UCF volleyball program that has won the five American Athletic Conference titles (regular season or tournament or both) and competed in the NCAA Championship each of those years, was named the Knights' head coach on May 18, 2023.

Maurer was the UCF associate head coach and recruiting coordinator for seven years after joining the Knights' staff in January 2016—and her resume features nine years as an NCAA Division I head coach and 16 total years as a head coach. Her role at UCF has included overseeing recruiting efforts, serving as offensive coordinator and training the setters.

In seven seasons in Orlando, Maurer has helped the UCF attack maintain a season hitting percentage over .250. The Knights posted five 20-win seasons, including a trip to the 2017 National Invitational Volleyball Championship, and the 2018, 2019, 2020, 2021 and 2022 NCAA tournaments with two second round appearances. Maurer has mentored AVCA All-American McKenna Melville and AVCA All-Region selections Kia Bright, Jale Hervey, and Anne-Mare Watson during her time in Orlando. She also helped guide Amber Olson to UCF's first AAC Setter of the Year honor.

Maurer's commitment to academics is exhibited by the volleyball team's combined 3.64 grade-point average in the 2022 fall semester—best by any UCF team—followed by a 3.653 in the 2023 spring semester. Over the course of her seven seasons with the Knights, the volleyball program



has achieved a combined 3.621 GPA (paced by a 3.7 in 2021-22) and twice had the top team GPA.

Maurer joined the Knights after spending five seasons as the head volleyball coach at Bradley University, from 2011-2015. In her first three seasons at Bradley, she led the Braves to 34 wins, the program's most victories in a three-year stretch since the 2005 season. In 2012, Maurer led Bradley to the first 5-0 start in program history, and in 2013, the Braves advanced to the Missouri Valley Tournament for the first time since 2005.

Prior to her stint in Peoria, she served as the head coach at Lehigh University (Bethlehem, Pennsylvania). During her four years with the Mountain Hawks (2007-10), Maurer improved her squad's record each season and in 2009 coached Lehigh into the Patriot League Tournament for the first time since 2003. She improved her squad's RPI by 130 spots during her four-year tenure.

Originally from St. Louis, Missouri, Maurer (then Jenny Cafazza) was a four-year starter and two-time AVCA first-team All-America volleyball player (1997 and 1998) at Washington University in St. Louis. She was a three-time All-South and All-University Athletic Association first-team selection and the team leader in aces as a sophomore and digs as a junior and senior as a right-side hitter and setter. She helped the Bears to a combined 85-9 record during the 1995 and 1996 NCAA Division III title seasons. In 1997

Washington finished fourth nationally and in 1998 advanced to the NCAA Elite Eight.

She went on to earn a master's degree in education from Lindenwood University (St. Charles, Missouri) in 2003. Maurer spent seven years coaching volleyball at St. Joseph's Academy in St. Louis, three times taking the Angels to the championship game of the Missouri Class 3-4A state tournament and four times playing in the final four. She also played with USA Athletes International in Belgium and Holland in the summer of 1999.

Maurer has two children: son Hudson and daughter Chaney.

Head Coaching Record:

Year	School	Record
2007	Lehigh	5-22
2008	Lehigh	8-20
2009	Lehigh	14-16
2010	Lehigh	13-13
2011	Bradley	12-16
2012	Bradley	9-20
2013	Bradley	13-15
2014	Bradley	2-26
2015	Bradley	6-24
2023	UCF	17-12
2024	UCF	8-15
Total	11 seasons	107-199



#1 ABBY SCHOMERS

Redshirt Sophomore | S | 6-0
Omaha, Neb.
Skutt Catholic HS

CAREER HISTORY

REDSHIRT FRESHMAN (2023)

Played in all 29 matches this season...dished out career-high 56 assists against Kansas (11/25).. tallied four aces against Mississippi State (9/1)..recorded a total of six double-doubles...averaged 10.32 assists per set

FRESHMAN (2022)

Did not play

HIGH SCHOOL/CLUB

Earned four letters at Skutt Catholic...led the Skyhawks to four-straight State Championship titles (2018, 19, 20, 21)...named All-Conference First Team, Omaha World Herald: All-Class Tournament Team, Class B Tournament Team, Class B Honorable Mention, and All-Nebraska Honorable Mention as well as Lincoln Journal Star: All-Class, Class B All-Tournament team, and two-time All-State Honorable Mention...in her senior season, posted 1,264 assists, 36 blocks, 63 kills, .441 efficiency, and 21 aces... played club for Nebraska Elite, the 2020 National Champions, and was named MVP...academic All Conference Award and Letter all four years of high school

PERSONAL

Daughter of Tracy and Bill... brother, Spencer, plays basketball at Northwest Missouri State and is a National Champion...Sister, Alli, played volleyball at the University of Missouri Kansas City... Born July 30...Kinesiology major

Single Match Highs

Kills	6 at Charlotte (9/1/24)
Attacks	7 at Stetson (9/5/24)
Assists	56 at Kansas (11/25/23)
Service aces	4 vs Mississippi St. (9/1/23)
Digs	13 at Cincinnati (9/21/23)
Blocks	5 at Baylor (10/21/23)
Block solos	3 vs Nevada (9/19/24)
Block assists	5 at Stetson (9/5/24)
PCT	1.000 at Cincinnati (9/21/23)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	UCF	1-1	0	0.00	0	0	.000	0	0.00	0	0.00	0	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00
2023-24	UCF	104-29	46	0.44	5	98	.418	1073	10.32	20	0.19	34	188	1.81	0	5	37	42	0.40	5	5	89.5	0.86
2024-25	UCF	84-23	31	0.37	5	75	.347	780	9.29	14	0.17	29	141	1.68	0	3	34	37	0.44	0	2	65.0	0.77
TOTAL		189 - 53	77	0.41	10	173	.387	1853	9.80	34	0.18	63	329	1.74	0	8	71	79	0.42	5	7	154.5	0.82



#2 CHLOE SCHEER

Graduate | L/DS | 5-8
Murrieta, Calif.
Vista Murrieta HS

CAREER HISTORY

SENIOR (2022)

Played in all 29 matches...hit 1,000 digs against Baylor (10/21)...recorded a career-high 24 digs against Iowa State (11/22)...tallied four service aces against Florida State (9/7)...led the team with 350 digs, averaging 3.37 per set

JUNIOR (2022)

Appeared in 30 matches...totaled 362 digs, averaging 3.48 per set, the highest on the team...totaled 31 service aces, the most on the team...had 21 digs against Kansas State and Tulsa, 22 against Houston

SOPHOMORE (2021)

Appeared in all 34 of the Knights matches, including nine starts...contributed 95 assists, good for third on the team...totaled 370 digs and 2.96 digs per set (second on the team)...second on the team with 40 aces...had a career high 23 digs against Florida State on Sept. 10...named to dean's list in fall 2021

FRESHMAN (2020-21)

Played in 16 matches...made UCF debut on Jan. 26 against FAU, notching one dig in the Knights' 3-1 victory...recorded a career-high 10 digs against Temple on Feb. 18 in 3-0 win...contributed with 10 service aces and 10 assists...totaled 53 digs on the season...named to dean's list in spring 2021

HIGH SCHOOL

Three-year varsity letter at Vista Murrieta...back-to-back high school league champions junior and senior year...first team all-league her senior year...named to All-Tournament team at Nike Tournament of Champions...received the CIF pursuing victory with honor award...recorded over 500 digs in her senior year...helped lead Vista Murrieta to a state championship in her senior year...second team all-state in her senior season

PERSONAL

Daughter of Paul and Anna...born March 18...human communications major

Single Match Highs

Kills	2 at Florida St. (9/15/24)
Attacks	4 vs Temple (11/19/21)
Assists	9 vs Clemson (9/2/21)
Service aces	5 vs Maryland (9/21/24)
Digs	30 vs Nevada (9/19/24)
PCT	1.000 at Florida St. (9/15/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2020-21	UCF	39-16	1	0.03	0	4	.250	10	0.26	10	0.26	9	53	1.36	5	0	0	0	0.00	0	0	11.0	0.28
2021-22	UCF	125-34	0	0.00	2	13	-.154	95	0.76	40	0.32	51	370	2.96	50	0	0	0	0.00	0	0	40.0	0.32
2022-23	UCF	104-30	1	0.01	0	4	.250	114	1.10	31	0.30	39	362	3.48	12	0	0	0	0.00	1	2	32.0	0.31
2023-24	UCF	104-29	2	0.02	2	9	.000	86	0.83	31	0.30	51	350	3.37	30	0	0	0	0.00	0	0	33.0	0.32
2024-25	UCF	85-23	4	0.05	2	12	.167	81	0.95	24	0.28	33	372	4.38	13	0	0	0	0.00	0	0	28.0	0.33
TOTAL			8	0.02	6	42	.048	386	0.84	136	0.30	183	1507	3.30	110	0	0	0	0.00	1	2	144.0	0.32



#3 SASHA COHEN

Redshirt Freshman | MB | 6-2
Lakewood, Colo.
Valor Christian HS

CAREER HISTORY

FRESHMAN (2023)

Did not play

HIGH SCHOOL

Graduated Valor Christian High School...received 3 varsity letters and was a member of the Cum Laude Society...made varsity and started her freshman year, 5A State Runner-Up's and received an All-Conference Honorable Mention...played for Front Range Volleyball Club...her 17-1's team ended the season with multiple records: GJNC - 5th in 17 Open, Far Western - 1st in 17 Open and Crossroads - 2nd in 17 Open... in her senior season at Valor Christian, her team went 29-0 and claimed the 5A State Championship...she received the following awards:

CHSAA 5A Player of the Year
AVCA All-American 3rd Team
AVCA All-Region Team
5A All-State Team
All-Conference 1st Team
Academic All-State Honorable Mention

PERSONAL

Daughter of Roger and Ingrid...
Brother, Brandon...biomedical sciences major...has a seal of bilit-
eracy in Spanish...born June 4

Single Match Highs

Kills	15 vs Houston (10/25/24)
Attacks	33 vs Houston (10/25/24)
Assists	1 vs Nevada (9/20/24)
Service aces	3 at Virginia Tech (8/31/24)
Digs	11 vs Houston (10/25/24)
Blocks	6 vs Maryland (9/21/24)
Block solos	2 vs Nevada (9/20/24)
Block assists	5 vs Maryland (9/21/24)
PCT	.588 at Kansas (9/25/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UCF	85-23	164	1.93	77	388	.224	4	0.05	8	0.09	34	61	0.72	1	12	46	58	0.68	2	2	207.0	2.44
TOTAL		85 - 23	164	1.93	77	388	.224	4	0.05	8	0.09	34	61	0.72	1	12	46	58	0.68	2	2	207.0	2.44



#4 MEGAN HOLLAND

Redshirt Sophomore | MB | 6-2
 Nazareth, Penn.
 Nazareth Area HS / South Carolina

CAREER HISTORY

SOPHOMORE (2023)
 Did not play

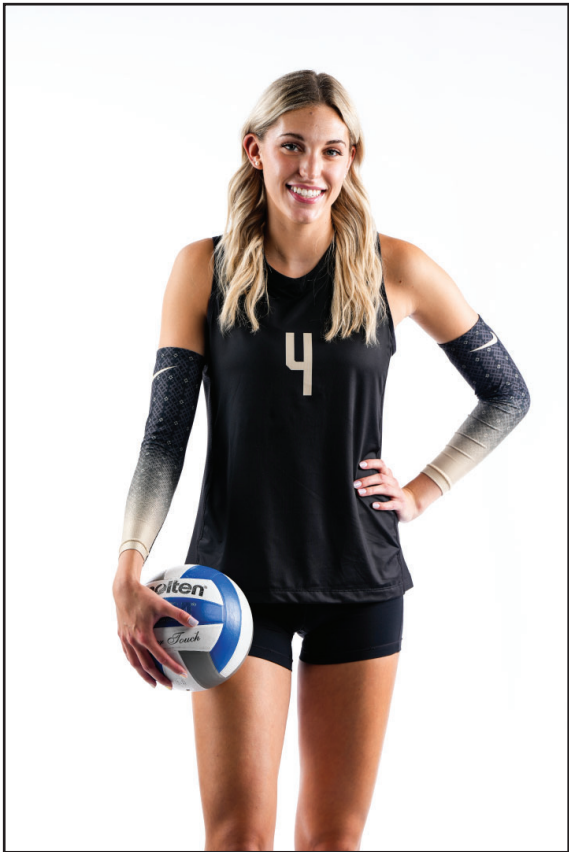
FRESHMAN (2022) - at South Carolina
 Played in two matches; made her collegiate debut vs. Cincinnati on Sept. 10

HIGH SCHOOL
 A four-year varsity starter for her high school and was an all-conference honoree for the 2021 season...named to the Lehigh Valley Live's All-Area team and made her district's all-star roster in 2020..based on available records, she is just the third member of the program to hail from Pennsylvania, the previous two were Kim Brown (1981-84) and Sarah Morgan (2002-05)...played club volleyball for East Coast Power in Lehigh Valley

PERSONAL
 Daughter of Geoffrey and Christine Holland...has two sisters, Morgan and Madelyn...plans to major in business

Single Match Highs

Kills	3 vs Colorado (10/13/24)
Attacks	18 vs Colorado (10/13/24)
Digs	2 vs Houston (10/25/24)
Blocks	3 at Charlotte (9/1/24)
Block solos	1 at Charlotte (9/1/24)
Block assists	2 at Charlotte (9/1/24)
PCT	.500 vs Houston (10/25/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	SC	2-2	0	0.00	0	0	.000	0	0.00	0	0.00	0	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00
2024-25	UCF	25-9	12	0.48	6	31	.194	0	0.00	0	0.00	0	2	0.08	0	4	11	15	0.60	0	0	21.5	0.86
TOTAL FOR UCF		25 - 9	12	0.48	6	31	.194	0	0.00	0	0.00	0	2	0.08	0	4	11	15	0.60	0	0	21.5	0.86
TOTAL		27 - 11	12	0.44	6	31	.194	0	0.00	0	0.00	0	2	0.07	0	4	11	15	0.56	0	0	21.5	0.80



#6 MYA BALL

Freshman | S | 6-2
 Angola, Ind.
 Angola HS

CAREER HISTORY

HIGH SCHOOL

Three-time All-Northwest Corner Conference honoree..two-time All-State, All-District and All-Area..ranked No. 1 in Indiana for aces and No. 2 in school history for blocks...tabbed to AVCA's "Best and Brightest" Academic Team with a 3.75 GPA

PERSONAL

Born July 17...Daughter of Lloy and Sarah...Dad, Lloy is a four-time Olympian who helped Team USA to Gold in 2008 as well as 14 years as a professional athlete... Grandpa Arnie, coached for 35 seasons at Indiana Purdue Fort Wayne

Single Match Highs

Assists 25 vs Colorado (10/13/24)
 Service Aces 2 vs Kansas (10/19/24)
 Digs 5 vs Kansas (10/19/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UCF	22-10	0	0.00	2	6	-.333	102	4.64	4	0.18	18	27	1.23	0	0	1	1	0.05	2	0	4.5	0.20
TOTAL		22 - 10	0	0.00	2	6	-.333	102	4.64	4	0.18	18	27	1.23	0	0	1	1	0.05	2	0	4.5	0.20



#8 SOPHIA KOTSOVOLOS

Junior | L | 5-4
Tampa, Fla.
Heritage HS

CAREER HISTORY

SOPHOMORE (2022) at GardnerWebb

Named Big South Defensive Player of the Year and First Team...posted a career-high 485 digs on the season, averaging 4.85 sets per match...tallied a career-high 37 digs against Presbyterian (10/21)...three-time Big South Libero of the Week

FRESHMAN (2022) at Gardner-Webb

Earned a pair of conference weekly awards in Libero of the Week (10/3) and Freshman of the Week (11/7)...Made seven starts while playing in 28 matches and 98 sets...recorded the team-highs in digs (338) and service aces (31)...was third on the team in assists with 65...during Big South play, Kotsovolos ranked second in service aces per set at 0.43 and fifth in digs per set at 4.48...tied for the most aces in a conference match with six for a career-high at Charleston Southern (10/22)...recorded her career-high 31 digs at USC Upstate (9/29) for the third-most in a five set Big South match, fourth-most in any contest...overall on the year, ranked 6th in aces per set at 0.32 and 8th in digs per set at 3.45 among league players...recorded ten or more digs in 14 of 16 conference matches and 20 or more digs in five contests...had a career-high seven assists in a five set win at USC Upstate (9/29)

HIGH SCHOOL

Florida 7A State Championship in volleyball...three-time AVCA Phenom All-American in 2018, 2019 and 2020...selected twice to Western Conference Volleyball First-Team All-Star American Division (2020, 2021)...Pinellas County First-Team All-Star in 2019

PERSONAL

Daughter of Kim and Peter...has two siblings sister Alexis and brother Derek...business major...born June 13

Single Match Highs

Kills	1 vs High Point (9/30/23)
Attacks	6 vs High Point (9/30/23)
Assists	9 at Queens (9/19/23)
Service Aces	6 vs Presbyterian (10/21/23)
Digs	37 vs Presbyterian (10/21/23)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	GW	98-28	0	0.00	0	19	.000	65	0.66	31	0.32	40	338	3.45	28	0	0	0	0.00	0	0	31.0	0.32
2023-24	GW	100-27	3	0.03	1	33	.061	120	1.20	28	0.28	36	485	4.85	24	0	0	0	0.00	0	2	31.0	0.31
2024-25	UCF	43-16	0	0.00	0	2	.000	5	0.12	7	0.16	13	87	2.02	9	0	0	0	0.00	0	0	7.0	0.16
TOTAL FOR UCF		43 - 16	0	0.00	0	2	.000	5	0.12	7	0.16	13	87	2.02	9	0	0	0	0.00	0	0	7.0	0.16
TOTAL		241 - 71	3	0.01	1	54	.037	190	0.79	66	0.27	89	910	3.78	61	0	0	0	0.00	0	2	69.0	0.29



#10 AVAH ARMOUR

Sophomore | OH | 6-5
Manitou Springs, Colo.
Rampart HS

Single Match Highs

Kills	20 vs Utah (11/16/24)
Attacks	60 at Stetson (9/5/24)
Assists	2 vs Utah (11/16/24)
Service aces	4 vs Utah (11/16/24)
Digs	12 at Cincinnati (9/21/23)
Blocks	6 vs Mississippi State (9/1/23)
Block solos	2 vs Nevada (9/19/24)
Block assists	5 vs Mississippi State (9/1/23)
PCT	.636 vs Syracuse (8/26/23)



CAREER HISTORY
FRESHMAN (2023)
Played in 27 matches this season
226 total kills...recorded a career-high 20 points against Cincinnati (9/21)...notched four aces against Wake Forest (9/2)...tallied a double-double in her first collegiate match with 10 kills and 11 digs (8/25)...recorded 11 matches in double digits for kills

HIGH SCHOOL
Graduated from Rampart High School, attended Manitou Springs High School 9th-11th grade...earned four varsity letters and four academic letters...senior season: league champions and 3rd place finish at State, led Colorado division 5A in kills with 489 on the season. 0.326 hitting percentage, 205 digs, 50 aces...3x All-Conference First Team, First Team Academic All State, First Team All State senior year...played club at Colorado Juniors, finished 5th in open division at USAV nationals in 2022

PERSONAL
Daughter of Justin and Cara...two siblings: sister, Gia and brother, Joah...dad, Justin played basketball (only fr. season) and football at Stanford, played in the NFL and won Super Bowl XXXIII in 1999 with the Denver Broncos...marketing major ...born September 7 in Cabo San Lucas, Mexico (dual citizen)

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	UCF	91-27	226	2.48	86	620	.226	8	0.09	31	0.34	53	147	1.62	12	4	33	37	0.41	2	0	277.5	3.05
2024-25	UCF	69-19	226	3.28	96	723	.180	11	0.16	21	0.30	43	112	1.62	33	15	12	27	0.39	4	0	268.0	3.88
TOTAL		160 - 46	452	2.83	182	1343	.201	19	0.12	52	0.33	96	259	1.62	45	19	45	64	0.40	6	0	545.5	3.41



#11 KATELYN GRIMES

Senior | L/DS | 5-6
Lebanon, Ohio
Cincinnati Hills Christian Academy

Single Match Highs

Kills	1 vs Mississippi State (9/1/23)
Attacks	3 at USF (10/13/21)
Assists	3 5x, last vs ECU (10/16/22)
Service aces	7 at FAU (9/17/21)
Digs	16 at Houston (11/26/21)
PCT	1.000 vs Mississippi State (9/1/23)



CAREER HISTORY

JUNIOR (2023)

Played in all 29 matches this season...recorded a season-high of 11 digs against Cincinnati (9/21)...served up 30 aces and recorded 161 digs

SOPHOMORE (2022)

Played in all 30 matches (97 sets), with 26 starts...third on the team with 21 assists...recorded 185 digs with 1.91 digs per set...had 27 aces, second best on team

FRESHMAN (2021)

Appeared in all 34 matches for the Knights (111 sets), including 14 starts...had 214 digs and 1.93 digs per set...accounted for 34 aces, third on the team...posted seven aces against FAU, fifth single match best in program history...named to President's List in fall 2021

HIGH SCHOOL

Four-year letter-winner at Cincinnati Hills Christian Academy...finished senior year with 304 digs, 101 aces and 225 kills...named to the 2020 American Volleyball Coaches Association High School All-Region Team, MVC All-Conference First Team, OHSVCA All-District DIII First Team and OHSVCA All-Ohio DIII Second Team...named to the 2020 Under Armour All-America Watch List

PERSONAL

Daughter of Todd and Nan...two sisters- Andrea and Ella...sister, Andrea, played volleyball for Morehead State University...born March 21...computer sciences major

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	UCF	111-34	0	0.00	6	17	-.353	29	0.26	34	0.31	27	214	1.93	23	0	0	0	0.00	0	0	34.0	0.31
2022-23	UCF	97-30	1	0.01	1	17	.000	21	0.22	27	0.28	41	185	1.91	25	0	0	0	0.00	1	0	28.0	0.29
2023-24	UCF	102-29	1	0.01	0	7	.143	12	0.12	30	0.29	34	161	1.58	30	0	0	0	0.00	0	0	31.0	0.30
2024-25	UCF	58-19	0	0.00	0	2	.000	11	0.19	12	0.21	22	139	2.40	19	0	0	0	0.00	0	0	12.0	0.21
TOTAL		368 - 112	2	0.01	7	43	-.116	73	0.20	103	0.28	124	699	1.90	97	0	0	0	0.00	1	0	105.0	0.29



#12 HEIDI BONDE

Senior | OH | 6-4
Minooka, Ill.
Minooka Community HS

CAREER HISTORY

JUNIOR (2023)

Played in nine matches this season before suffering a season ending injury...recorded 14 kills against UAlbany (8/27)

SOPHOMORE (2022)

Played in 26 matches (75 sets), including one start...fifth on the team with 176 kills...second on team with 2.35 kills per set...fifth on team with 2.52 kills per set...added 19 blocks, including 5 solo

FRESHMAN (2021)

Played in 17 matches (43 sets), including three starts...recorded 79 kills...fifth on the team with 1.84 kills per set...added 10 blocks, including three solo...named to President's List in fall 2021

HIGH SCHOOL

Three-year letter winner at Minooka Community High School...recorded 374 kills and 132 digs her junior season...two-time Southwest Prairie All-Conference, Herald New All-Area First Team and Bugle News First Team All-Area...broke her school record with 27 kills in one match...ranked in the top 150 in the nation in the 2021 class by Prep Volleyball

PERSONAL

Sister, Holly Bonde, played volleyball at Kansas State...born April 26...elementary education major

Single Match Highs

Kills	19 at Tulsa (10/28/22)
Attacks	45 vs Fla. Atlantic (9/14/24)
Assists	2 vs Navy (08/25/23)
Service aces	1 vs Miami (9/16/21)
Digs	7 at Wichita St. (10/30/22)
Blocks	3 vs Cincinnati (11/13/22)
Block solos	2 vs Cincinnati (11/13/22)
Block assists	3 vs SMU (11/4/22)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	UCF	43-17	79	1.84	27	226	.230	0	0.00	1	0.02	0	20	0.47	3	3	7	10	0.23	0	0	86.5	2.01
2022-23	UCF	75-26	176	2.35	58	433	.273	6	0.08	0	0.00	0	37	0.49	12	5	14	19	0.25	6	0	188.0	2.51
2023-24	UCF	18-9	39	2.17	16	95	.242	2	0.11	0	0.00	0	6	0.33	1	0	0	0	0.00	0	0	39.0	2.17
2024-25	UCF	54-17	127	2.35	54	338	.216	2	0.04	0	0.00	0	15	0.28	5	1	5	6	0.11	2	0	130.5	2.42
TOTAL		190 - 69	421	2.22	155	1092	.244	10	0.05	1	0.01	0	78	0.41	21	9	26	35	0.18	8	0	444.0	2.34



#15 ALEXIA KUEHL

Redshirt Senior | OH | 6-7
St. John's, Fla.
Bartram Trail HS / Colorado

Single Match Highs

Kills	16 vs Utah (11/16/24)
Attacks	27 vs Utah (11/16/24)
Assists	1 9x, last vs UNCW (9/7/24)
Aces	3 vs Utah (11/16/24)
Digs	5 vs Utah (11/16/24)
Blocks	10 at UCLA (11/19/22)
Block solos	4 vs Nevada (9/20/24)
Blocks assists	10 at UCLA (10/2/22)



CAREER HISTORY

REDSHIRT JUNIOR (2022) at Colorado

Played in all 31 matches, making 114 set appearances...recorded a kill in every match...recorded a block in every match except for one...scored 256.5 points for the Buffaloes, averaged about 2.25 points per set...finished the season with 189 kills, 126 blocks and 16 digs

REDSHIRT SOPHOMORE (2021) at Colorado

Played in 27 matches, making 100 set appearances...had a dozen kills without an error against CSU...scored 209.5 points for the Buffs which averaged about 2.10 points per set...finished the season with 162 kills, 87 blocks and 15 digs

REDSHIRT FRESHMAN (2020) at Colorado

Played in 11 matches, making 40 set appearances...started out strong against Cal with 10 kills along with a .500 hitting percentage in two matches...finished the season with 53 kills, 36 blocks and 10 digs

FRESHMAN (2019) at Colorado

Did not play (redshirted)

HIGH SCHOOL

Was the 92-ranked player in PrepVolleyball.com Top-100...left Bartram Trail as the school record holder in blocks with 235...second in all-time kills with 816...as a junior, she put down 306 kills, 107 blocks and hit an incredible .488 in hitting percentage...finished her career hitting .412 and recording 60 aces...led her high school to district championships as a sophomore and senior and was named the FHSSA Class 8A District 4 Player of the Year in her final campaign...as a junior, she advanced her team to the Elite 8 in the 8A State Championships...also has an outstanding serve with a serve percentage of 91 and leading her club team, Jacksonville Juniors Volleyball Academy, in aces

PERSONAL

Daughter of Angela and Alex...has a younger brother, Alijah...both her parents competed in collegiate athletics for UNC Charlotte...her mother, Angela, played for the 49ers volleyball team for four years...her father, Alex, played basketball for Palm Beach Community College for two years before transferring to UNC-Charlotte. Following his collegiate career, he played professionally in Europe for six years and played for the Germany National Basketball team for two years...born August 11

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2020-21	CU	40-11	53	1.33	19	135	.252	2	0.05	0	0.00	0	10	0.25	0	6	30	36	0.90	4	0	74.0	1.85
2021-22	CU	100-27	162	1.62	44	377	.313	1	0.01	0	0.00	0	15	0.15	1	8	79	87	0.87	8	0	209.5	2.10
2022-23	CU	114-31	189	1.66	57	444	.297	2	0.02	0	0.00	0	16	0.14	1	9	117	126	1.11	11	0	256.5	2.25
2023-24	CU	51-20	70	1.37	22	139	.345	3	0.06	0	0.00	0	14	0.27	0	6	23	29	0.57	1	0	87.5	1.72
2024-25	UCF	83-23	188	2.27	50	351	.393	4	0.05	10	0.12	9	26	0.31	0	14	42	56	0.67	3	1	233.0	2.81
TOTAL FOR UCF		83 - 23	188	2.27	50	351	.393	4	0.05	10	0.12	9	26	0.31	0	14	42	56	0.67	3	1	233.0	2.81
TOTAL		388 - 112	662	1.71	192	1446	.325	12	0.03	10	0.03	9	81	0.21	2	43	291	334	0.86	27	1	860.5	2.22



#18 RENEE RALLS

Junior | S | 5-11
Orlando, Fla.
Lake Highland Prep

CAREER HISTORY

SOPHOMORE (2023)
Did not play

FRESHMAN (2022)
Started her college career putting up an ace against USF

HIGH SCHOOL
Member of varsity team sophomore-senior year...averaged 2.4 assists per sets...153 sets played

PERSONAL
Daughter of Yanet Ralls...born August 6...health sciences pre-clinical major

Single Match Highs

Service Aces 1 at USF (11/9/22)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	UCF	1-1	0	0.00	0	0	.000	0	0.00	1	1.00	1	0	0.00	0	0	0	0	0.00	0	0	1.0	1.00
2024-25	UCF	3-1	0	0.00	0	0	.000	0	0.00	0	0.00	1	0	0.00	0	0	0	0	0.00	0	0	0.0	0.00
TOTAL		4 - 2	0	0.00	0	0	.000	0	0.00	1	0.25	2	0	0.00	0	0	0	0	0.00	0	0	1.0	0.25



#21 CAM SHELTON

Freshman | L/DS | 5-7
Charlotte, N.C.
Ardrey Kell HS

CAREER HISTORY

HIGH SCHOOL

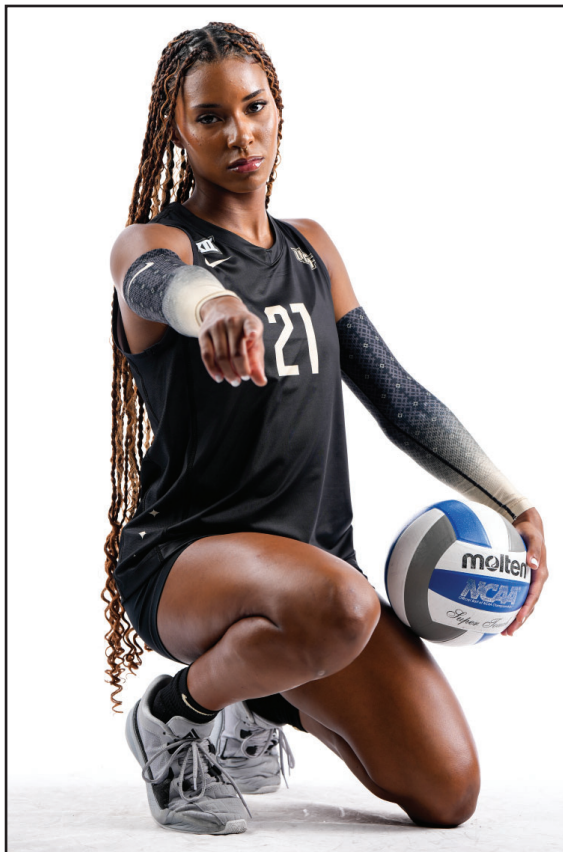
Graduated from Ardrey Kell High School, earned four varsity letters... three-time All-Conference and All-Region...two-time All-State honoree...appointed to AVCA's "Best and Brightest" Academic Team with a 4.06 GPA
Tabbed to AVCA High School All-American Second Team

PERSONAL

Daughter of Angel and Brandon...mom, Angel ran track at Clemson (1989-1992) and was inducted into the Hall of Fame (2008)...dad, Brandon played basketball at Southern Illinois University...older sister, Alexis plays volleyball at Oklahoma (2022-current)...born June 21...majoring in management

Single Match Highs

Attacks 2 at Baylor (11/9/24)
Aces 1 vs BYU (11/14/24)
Digs 9 at Texas Tech (11/2/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	UCF	25-8	0	0.00	0	4	.000	2	0.08	4	0.16	12	38	1.52	4	0	0	0	0.00	0	0	4.0	0.16
TOTAL		25 - 8	0	0.00	0	4	.000	2	0.08	4	0.16	12	38	1.52	4	0	0	0	0.00	0	0	4.0	0.16



#23 BRITT CARLSON

Redshirt Sophomore | OH | 6-4
 Woodbury, Minn.
 East Ridge HS / Washington State

CAREER HISTORY

REDSHIRT FRESHMAN (2023)
 Played in 12 matches this season...
 recorded 12 kills and a .632 hitting
 percentage against Kansas (11/25)

FRESHMAN (2022) -- at Washington State

Arrived in January as an early
 enrollee and participated in spring
 practices before sitting out the fall
 season with a redshirt

HIGH SCHOOL

She was a two-sport athlete and
 four-year varsity letter winner in
 both volleyball and basketball at East
 Ridge High School

PERSONAL

The daughter of two former NCAA
 student-athletes, her father Marc
 played basketball at Iowa State while
 her mother, Sheri, was a volleyball
 player at DII St. Cloud State Universi-
 ty...her older sister, Brynn, played vol-
 leyball at Kansas State and Missouri
 and her brother, played basketball at
 Utah...born July 21...communications
 major

Single Match Highs

Kills	16 vs Fla. Atlantic (9/14/24)
Attacks	36 vs Houston (10/25/24)
Assists	1 at Charlotte (9/1/24)
Digs	3 at Charlotte (9/1/24)
Blocks	5 vs TCU (10/27/23)
Block solos	2 vs Nevada (9/20/24)
Block assists	5 vs TCU (10/27/23)
PCT	.667 at Charlotte (9/1/24)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	UCF	27-12	42	1.56	16	98	.265	2	0.07	0	0.00	2	7	0.26	0	2	10	12	0.44	1	0	49.0	1.81
2024-25	UCF	84-23	186	2.21	77	462	.236	4	0.05	0	0.00	0	39	0.46	8	7	30	37	0.44	2	0	208.0	2.48
TOTAL		111 - 35	228	2.05	93	560	.241	6	0.05	0	0.00	2	46	0.41	8	9	40	49	0.44	3	0	257.0	2.32



#26 EMILY WILSON

Senior | OH | 6-3

Estero, Fla.

Joliet Catholic Academy / San Diego

CAREER HISTORY

JUNIOR (2023)

Played in all 29 matches this season...led team in kills with 329...notched 46 total aces, six against Oklahoma (9/29)...tallied nine double-doubles on the season...recorded a career-high 21 kills at Baylor (10/21)

SOPHOMORE (2022)

Appeared in 14 games throughout the season...secured 48 kills, including seven against Omaha...added 30 digs, including nine against UIC

FRESHMAN (2021) -- at San Diego Was named to All-WCC Freshman Team...appeared in 19 of the Toreros' matches, starting five of them (46 sets played)...ranked fifth on the USD roster with 65 kills (1.41 kills per set) and hit .117...added 12 blocks (two solo) and 32 digs (0.70 digs per set)...turned in a career-best performance on September 9 versus No. 16 UCLA, totaling 14 kills alongside seven digs

HIGH SCHOOL/CLUB

Graduated in 2021 from Joliet Catholic High School in Joliet, IL...2019 Class 3A State Runner-Up and 2018 Class 3A State Third Place finisher...Volleyball Mag "Next 13 Top 25 Underclassmen" (2020)...ILL Prep Volleyball "101 Players to Watch" (2019)...ILL Prep Volleyball "Top 10 Players, Class 3A" (2019)...Metea Valley All-Tournament Team (2018)...Daily SouthTown Girls All-Area Team Honorable Mention (2017)...second all-time at Joliet Catholic in season kills as a freshman (behind Olympian Kelly Murphy)...two-time AAU National Champion (15 Elite, 2018; 16 Elite, 2019) with Sports Performance...JVA Open Champion (16 Elite, 2019) and JVA Open Second Place (15 Elite, 2018)...2018 AAU National Champion All-American Award...prep Volleyball "Top 50 Class of 2021" (2020)...prep Volleyball AAU Championship Star Search Recipient (2018-2019)...Spanish National Honor Society member...appeared on the A Honor Roll all semesters in high school

PERSONAL

Daughter of Steve and Deb Wilson...has an older brother, Calvin and older sister, Annie...father, Steve played collegiate baseball as a pitcher at St. Xavier College (IL), named to the 1986 All-Region Team and selected in the ninth round of the 1987 MLB Draft by the Oakland Athletics...sister, Annie was a D-I SIUE Cheer and Dance member (2013-2015)...cousin, Peter Zimmermann played baseball at Missouri (2018-2020), named Mizzou Baseball MVP (2020) and played professionally in the Astros organization...born March 26...enjoys fishing, jet-skiing and boating in her free time

Single Match Highs

Kills	23 vs Colorado (10/13/24)
Attacks	57 vs Maryland (9/21/24)
Assists	5 at Virginia Tech (8/31/24)
Service Aces	6 vs Oklahoma (9/29/23)
Digs	16 vs Oklahoma (9/29/23)
Blocks	4 vs TCU (10/26/23)
Block Solos	3 vs Oklahoma (9/28/23)
Block Assists	4 vs TCU (10/26/23)



SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	SD	46-19	65	1.41	40	213	.117	1	0.02	0	0.00	2	32	0.70	8	2	10	12	0.26	2	0	72.0	1.57
2022-23	UCF	29-13	48	1.66	22	127	.205	4	0.14	1	0.03	1	30	1.03	8	3	5	8	0.28	1	0	54.5	1.88
2023-24	UCF	101-29	329	3.26	154	949	.184	21	0.21	46	0.46	32	237	2.35	42	11	30	41	0.41	4	0	401.0	3.97
2024-25	UCF	66-18	176	2.67	69	511	.209	15	0.23	18	0.27	24	120	1.82	25	0	12	12	0.18	0	0	200.0	3.03
TOTAL FOR UCF		196 - 60	553	2.82	245	1587	.194	40	0.20	65	0.33	57	387	1.97	75	14	47	61	0.31	5	0	655.5	3.34
TOTAL		242 - 79	618	2.55	285	1800	.185	41	0.17	65	0.27	59	419	1.73	83	16	57	73	0.30	7	0	727.5	3.01



2024-25 UCF Women's Volleyball
Overall Individual Statistics
All games

Page 1/1
as of Nov 18, 2024

Game Records

Overall	Conference	Home	Away	Neutral
8 - 15	1 - 13	3 - 7	3 - 8	2 - 0

Team Box Score

		Attack							Set				Serve				
##	Player	SP	MP-MS	K	K/S	E	TA	PCT	A	A/S	TA	PCT	SA	SA/S	SE	TA	PCT
1	Schomers, Abby	84	23-23	31	0.37	5	75	.347	780	9.29	2000	.390	14	0.17	29	244	.881
2	Scheer, Chloe	85	23-0	4	0.05	2	12	.167	81	0.95	282	.287	24	0.28	33	372	.911
3	Cohen, Sasha	85	23-20	164	1.93	77	388	.224	4	0.05	39	.103	8	0.09	34	177	.808
4	Holland, Megan	25	9-5	12	0.48	6	31	.194	0	0.00	6	.000	0	0.00	0	0	.000
6	Ball, Mya	22	10-1	0	0.00	2	6	-.333	102	4.64	275	.371	4	0.18	18	59	.695
8	Kotsovolos, Sophia	43	16-6	0	0.00	0	2	.000	5	0.12	28	.179	7	0.16	13	132	.902
10	Armour, Avah	69	19-18	226	3.28	96	723	.180	11	0.16	41	.268	21	0.30	43	190	.774
11	Grimes, Katelyn	58	19-0	0	0.00	0	2	.000	11	0.19	39	.282	12	0.21	22	225	.902
12	Bonde, Heidi	54	17-2	127	2.35	54	338	.216	2	0.04	16	.125	0	0.00	0	0	.000
15	Kuehl, Alexia	83	23-23	188	2.27	50	351	.393	4	0.05	31	.129	10	0.12	9	117	.923
18	Ralls, Renee	3	1-0	0	0.00	0	0	.000	0	0.00	0	.000	0	0.00	1	10	.900
21	Shelton, Cam	25	8-6	0	0.00	0	4	.000	2	0.08	18	.111	4	0.16	12	58	.793
23	Carlson, Britt	84	23-19	186	2.21	77	462	.236	4	0.05	30	.133	0	0.00	0	5	1.000
26	Wilson, Emily	66	18-15	176	2.67	69	511	.209	15	0.23	71	.211	18	0.27	24	237	.899
UCF		85	23-23	1114	13.11	438	2905	.233	1021	12.01	2876	.355	122	1.44	238	1826	.870
Opponents		85	23-23	1067	12.55	379	2778	.248	948	11.15	2728	.348	152	1.79	180	1917	.906

			Receptions			Dig		Blocking							Points	
##	Player	SP	RE	TA	PCT	DIG	DIG/S	BS	BA	TOTAL	BLK/S	BE	BHE	PTS	PTS/S	
1	Schomers, Abby	84	0	4	1.000	141	1.68	3	34	37	0.44	0	2	65.0	0.77	
2	Scheer, Chloe	85	13	377	.966	372	4.38	0	0	0	0.00	0	0	28.0	0.33	
3	Cohen, Sasha	85	1	8	.875	61	0.72	12	46	58	0.68	2	2	207.0	2.44	
4	Holland, Megan	25	0	2	1.000	2	0.08	4	11	15	0.60	0	0	21.5	0.86	
6	Ball, Mya	22	0	2	1.000	27	1.23	0	1	1	0.05	2	0	4.5	0.20	
8	Kotsovolos, Sophia	43	9	163	.945	87	2.02	0	0	0	0.00	0	0	7.0	0.16	
10	Armour, Avah	69	33	363	.909	112	1.62	15	12	27	0.39	4	0	268.0	3.88	
11	Grimes, Katelyn	58	19	175	.891	139	2.40	0	0	0	0.00	0	0	12.0	0.21	
12	Bonde, Heidi	54	5	53	.906	15	0.28	1	5	6	0.11	2	0	130.5	2.42	
15	Kuehl, Alexia	83	0	9	1.000	26	0.31	14	42	56	0.67	3	1	233.0	2.81	
18	Ralls, Renee	3	0	0	.000	0	0.00	0	0	0	0.00	0	0	0.0	0.00	
21	Shelton, Cam	25	4	107	.963	38	1.52	0	0	0	0.00	0	0	4.0	0.16	
23	Carlson, Britt	84	8	84	.905	39	0.46	7	30	37	0.44	2	0	208.0	2.48	
26	Wilson, Emily	66	25	355	.930	120	1.82	0	12	12	0.18	0	0	200.0	3.03	
-	TEAM	-	35	-	-	-	-	-	-	-	-	-	-	-	-	
UCF		85	152	1737	.912	1179	13.87	56	193	152.5	1.79	15	5	1388.5	16.34	
Opponents		85	122	1588	.923	1159	13.64	58	243	179.5	2.11	21	7	1398.5	16.45	



**2024-25 UCF Women's Volleyball
Team Match Highs
All games**

Page 1/3
as of Nov 18, 2024

Team Game Highs

ATTACK PERCENT (K-E-TA)	.367	(46 - 13 - 90)		vs UNCW (N) (09/07/2024)
	.331	(49 - 10 - 118)		at Kansas (09/25/2024)
	.329	(40 - 13 - 82)		at Charlotte (09/01/2024)
	.322	(59 - 13 - 143)		vs Nevada (09/19/2024)
	.308	(60 - 19 - 133)		at Virginia Tech (08/31/2024)
	.268	(57 - 20 - 138)		vs Houston (10/25/2024)
	.266	(55 - 21 - 128)		at West Virginia (10/16/2024)
	.243	(41 - 16 - 103)		vs West Virginia (10/02/2024)
	.242	(67 - 28 - 161)		vs Colorado (10/13/2024)
	.231	(40 - 16 - 104)		vs Cincinnati (10/30/2024)
KILLS (K-E-TA)	67	(67 - 28 - 161)	5s	vs Colorado (10/13/2024)
	66	(66 - 28 - 168)	5s	vs Utah (11/16/2024)
	64	(64 - 29 - 172)	5s	vs Fla. Atlantic (N) (09/14/2024)
	60	(60 - 19 - 133)	5s	at Virginia Tech (08/31/2024)
	59	(59 - 13 - 143)	4s	vs Nevada (09/19/2024)
	57	(57 - 27 - 158)	5s	vs Maryland (09/21/2024)
	57	(57 - 20 - 138)	4s	vs Houston (10/25/2024)
	55	(55 - 21 - 128)	4s	at West Virginia (10/16/2024)
	52	(52 - 21 - 140)	4s	vs Nevada (09/20/2024)
	49	(49 - 10 - 118)	3s	at Kansas (09/25/2024)
KILLS 3-SETS (K-E-TA)	49	(49 - 10 - 118)		at Kansas (09/25/2024)
	47	(47 - 21 - 149)		at Stetson (09/05/2024)
	46	(46 - 13 - 90)		vs UNCW (N) (09/07/2024)
	43	(43 - 15 - 132)		at Cincinnati (10/05/2024)
	41	(41 - 16 - 103)		vs West Virginia (10/02/2024)
	41	(41 - 18 - 110)		at Texas Tech (11/02/2024)
KILLS 4-SETS (K-E-TA)	59	(59 - 13 - 143)		vs Nevada (09/19/2024)
	57	(57 - 20 - 138)		vs Houston (10/25/2024)
	55	(55 - 21 - 128)		at West Virginia (10/16/2024)
	52	(52 - 21 - 140)		vs Nevada (09/20/2024)
	45	(45 - 24 - 133)		at Florida St. (09/15/2024)
KILLS 5-SETS (K-E-TA)	67	(67 - 28 - 161)		vs Colorado (10/13/2024)
	66	(66 - 28 - 168)		vs Utah (11/16/2024)
	64	(64 - 29 - 172)		vs Fla. Atlantic (N) (09/14/2024)
	60	(60 - 19 - 133)		at Virginia Tech (08/31/2024)
	57	(57 - 27 - 158)		vs Maryland (09/21/2024)
TOTAL ATTEMPTS (K-E-TA)	172	(64 - 29 - 172)	5s	vs Fla. Atlantic (N) (09/14/2024)
	168	(66 - 28 - 168)	5s	vs Utah (11/16/2024)
	161	(67 - 28 - 161)	5s	vs Colorado (10/13/2024)
	158	(57 - 27 - 158)	5s	vs Maryland (09/21/2024)
	149	(47 - 21 - 149)	3s	at Stetson (09/05/2024)
	143	(59 - 13 - 143)	4s	vs Nevada (09/19/2024)
	140	(52 - 21 - 140)	4s	vs Nevada (09/20/2024)
	138	(57 - 20 - 138)	4s	vs Houston (10/25/2024)
	133	(60 - 19 - 133)	5s	at Virginia Tech (08/31/2024)
	133	(45 - 24 - 133)	4s	at Florida St. (09/15/2024)
	149	(47 - 21 - 149)		at Stetson (09/05/2024)
TOTAL ATTEMPTS 3-SETS (K-E-TA)	132	(43 - 15 - 132)		at Cincinnati (10/05/2024)
	118	(49 - 10 - 118)		at Kansas (09/25/2024)
	116	(39 - 16 - 116)		at Kansas St. (09/27/2024)
	110	(41 - 18 - 110)		at Texas Tech (11/02/2024)
	110	(34 - 18 - 110)		at Baylor (11/09/2024)



2024-25 UCF Women's Volleyball
Team Match Highs
All games

Page 2/3
as of Nov 18, 2024

Team Game Highs

TOTAL ATTEMPTS 4-SETS (K-E-TA)	143	(59 - 13 - 143)		vs Nevada (09/19/2024)
	140	(52 - 21 - 140)		vs Nevada (09/20/2024)
	138	(57 - 20 - 138)		vs Houston (10/25/2024)
	133	(45 - 24 - 133)		at Florida St. (09/15/2024)
	128	(55 - 21 - 128)		at West Virginia (10/16/2024)
TOTAL ATTEMPTS 5-SETS (K-E-TA)	172	(64 - 29 - 172)		vs Fla. Atlantic (N) (09/14/2024)
	168	(66 - 28 - 168)		vs Utah (11/16/2024)
	161	(67 - 28 - 161)		vs Colorado (10/13/2024)
	158	(57 - 27 - 158)		vs Maryland (09/21/2024)
	133	(60 - 19 - 133)		at Virginia Tech (08/31/2024)
ASSISTS	62		5s	vs Utah (11/16/2024)
	59		5s	vs Colorado (10/13/2024)
	58		5s	vs Fla. Atlantic (N) (09/14/2024)
	53		5s	at Virginia Tech (08/31/2024)
	53		4s	vs Nevada (09/19/2024)
ASSISTS 3-SETS	47			at Stetson (09/05/2024)
	47			at Kansas (09/25/2024)
	44			vs UNCW (N) (09/07/2024)
	39			at Texas Tech (11/02/2024)
	38			at Cincinnati (10/05/2024)
ASSISTS 4-SETS	53			vs Nevada (09/19/2024)
	52			vs Houston (10/25/2024)
	50			at West Virginia (10/16/2024)
	48			vs Nevada (09/20/2024)
	39			at Florida St. (09/15/2024)
ASSISTS 5-SETS	62			vs Utah (11/16/2024)
	59			vs Colorado (10/13/2024)
	58			vs Fla. Atlantic (N) (09/14/2024)
	53			at Virginia Tech (08/31/2024)
	48			vs Maryland (09/21/2024)
DIGS	78		5s	vs Fla. Atlantic (N) (09/14/2024)
	73		5s	vs Utah (11/16/2024)
	65		5s	vs Colorado (10/13/2024)
	64		3s	at Stetson (09/05/2024)
	64		4s	vs Nevada (09/19/2024)
DIGS 3-SETS	64			at Stetson (09/05/2024)
	49			at Kansas St. (09/27/2024)
	48			at Texas Tech (11/02/2024)
	47			at Cincinnati (10/05/2024)
	43			at Baylor (11/09/2024)
DIGS 4-SETS	64			vs Nevada (09/19/2024)
	63			at Florida St. (09/15/2024)
	62			vs Nevada (09/20/2024)
	57			vs BYU (11/14/2024)
	52			vs Houston (10/25/2024)
DIGS 5-SETS	78			vs Fla. Atlantic (N) (09/14/2024)
	73			vs Utah (11/16/2024)
	65			vs Colorado (10/13/2024)
	63			vs Maryland (09/21/2024)
	52			at Virginia Tech (08/31/2024)
ACES	10			vs BYU (11/14/2024)
	9			at Charlotte (09/01/2024)
	9			vs Maryland (09/21/2024)
	9			vs Utah (11/16/2024)
	8			vs West Virginia (10/02/2024)



2024-25 UCF Women's Volleyball
Team Match Highs
All games

Page 3/3
as of Nov 18, 2024

Team Game Highs

BLOCKS (BS-BA)	12.0	(8 - 8)	vs Nevada (09/20/2024)
	10.0	(1 - 18)	vs Fla. Atlantic (N) (09/14/2024)
	10.0	(9 - 2)	vs Nevada (09/19/2024)
	10.0	(4 - 12)	vs BYU (11/14/2024)
	8.0	(4 - 8)	at Charlotte (09/01/2024)
	8.0	(2 - 12)	vs Maryland (09/21/2024)
	8.0	(1 - 14)	at Cincinnati (10/05/2024)
	7.0	(0 - 14)	at Stetson (09/05/2024)
	7.0	(2 - 10)	vs UNCW (N) (09/07/2024)
	7.0	(2 - 10)	vs West Virginia (10/02/2024)
	7.0	(2 - 10)	vs Colorado (10/13/2024)
	7.0	(2 - 10)	vs Cincinnati (10/30/2024)
	7.0	(3 - 8)	at Texas Tech (11/02/2024)
	7.0	(3 - 8)	at TCU (11/07/2024)

KNIGHTS TV ROSTER



1 | Abby Schomers
S | 6'0 | RS-So.
Omaha, Neb.
Skutt Catholic



2 | Chloe Scheer
L/DS | 5'8 | Gr.
Murrieta, Calif.
Vista Murrieta



3 | Sasha Cohen
MB | 6'2 | So.
Lakewood, Colo.
Valor Christian



4 | Megan Holland
MB | 6'4 | RS-So.
Nazareth, Penn.
South Carolina



6 | Mya Ball
S | 6'2 | Fr.
Angola, Ind.
Angola HS



8 | Sophia Kotsovolos
L | 5'4 | Jr.
Tampa, Fla.
Gardner-Webb



10 | Avah Armour
OH | 6'5 | So.
Monitou Springs,
Colo.
Rampart HS



11 | Katelyn Grimes
L/DS | 5'6 | Sr.
Lebanon, Ohio
Cincinnati Hills Christian
Academy



12 | Heidi Bonde
OH | 6'3 | Sr.
Minooka, Ill.
Minooka Community HS



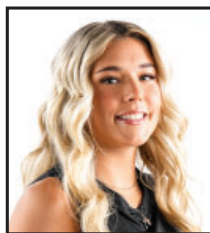
15 | Alexia Kuehl
MB | 6'7 | RS-Sr.
St. John's Fla.
Colorado



18 | Renee Ralls
S | 5'11 | Jr.
Orlando, Fla.
Lake Highland Prep



21 | Cam Shelton
MB | 5'7 | Fr.
Charlotte, N.C.
Ardrey Kell HS



23 | Britt Carlson
OH | 6'4 | RS-So.
Woodbury, Minn.
Washington State



26 | Emily Wilson
OH | 6'3 | Sr.
Estero, Fla.
San Diego

STAFF TV ROSTER



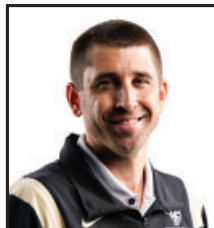
Jenny Maurer
Head Coach
2nd season as HC
8th Season overall
Washington St. Louis



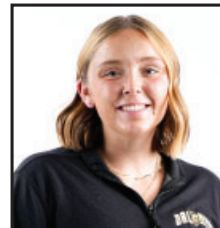
Jason Tanaka
Associate Head Coach
2nd Season
Arizona



Michaela Franklin
Associate Head Coach
2nd Season
Kansas State



Cam Stevens
Assistant Coach
1st Season
Sienna Heights



Erin Olson
Director of Operations
3rd Season
UCF