

UCF TRACK AND FIELD

# CAREER INDOOR TOP 10

## 60M

1.	Aurieyall Scott	7.13	Feb. 23, 2013
2.	Octavious Freeman	7.15	Mar. 9, 2012
3.	Rayniah Jones	7.23	Feb. 4, 2022
4.	Dominique Booker	7.24	Feb. 11, 2011
5.	<b>I'Asia Wilson</b>	<b>7.26</b>	<b>Feb. 2, 2024</b>
6.	Janyah Jasper	7.29	Feb. 25, 2023
7.	Daija Lampkin	7.33	Feb. 2, 2023
	J'Nea Bellamy	7.33	Feb. 28, 2016
9.	Ciara Hoback	7.34	Feb. 7, 2020
	Beyonce Defreitas	7.34	Feb. 24, 2023

## 800M

1.	Rosie Chamberlain	2:05.77	Feb. 10, 2017
2.	Erica Winston	2:08.50	Feb. 14, 2014
3.	Charlotte Crook	2:09.02	Feb. 4, 2022
4.	Katie Pinnell	2:09.09	Feb. 11, 2022
5.	Shantile Blackburn	2:09.13	Jan. 31, 2009
6.	Abigail Stratton	2:09.26	Feb. 9, 2024
7.	Ne'Ausha Logan	2:09.42	Feb. 8, 2013
8.	Caroline Pauls	2:11.06	Feb. 27, 2015
9.	Hannah Taylor	2:11.41	Jan. 12, 2024
10.	<b>Karin Dobiasch</b>	<b>2:11.47</b>	<b>Jan. 26, 2024</b>

## 200M

1.	Aurieyall Scott	22.68	Feb. 8, 2013
2.	Octavious Freeman	22.72	Mar. 8, 2013
3.	Dominique Booker	23.26	Jan. 28, 2011
4.	<b>Kiah Williams</b>	<b>23.33</b>	<b>Jan. 23, 2024</b>
5.	Beyonce Defreitas	23.34	Feb. 25, 2023
6.	Rayniah Jones	23.35	Feb. 25, 2022
7.	Shian Hyde	23.37	Jan. 11, 2020
	Daija Lampkin	23.37	Feb. 10, 2023
9.	Briana Vaughn	23.51	Feb. 28, 2016
10.	Shelia Paul	23.55	Feb. 25, 2011

## 1000M

1.	Charlotte Crook	2:52.16	Jan. 19, 2024
2.	Mariana Rodriguez	2:53.53	Jan. 20, 2023
3.	<b>Kendall Hughes</b>	<b>2:56.49</b>	<b>Jan. 17, 2025</b>
4.	Karen Kozub	2:56.37	Feb. 2, 2007
5.	Abigail Stratton	2:57.59	Feb. 23, 2024
6.	Amelia Williams	2:57.73	Jan. 24, 2014
7.	Amirah Johnson	2:58.10	Jan. 22, 2016
8.	<b>Penelope Sosa</b>	<b>2:59.49</b>	<b>Jan. 17, 2025</b>
9.	Kaitlyn Soltis	2:59.81	Jan. 11, 2020
10.	Marissa Codisspodi	3:00.51	Jan. 12, 2018

## 400M

1.	Latasha Smith	52.32	Feb. 25, 2022
2.	<b>Kiah Williams</b>	<b>52.97</b>	<b>Feb. 25, 2023</b>
3.	Ashley Jocelyn	53.45	Feb. 28, 2016
4.	Afia Charles	53.75	Feb. 28, 2014
5.	Champelle Brown	54.26	Feb. 25, 2011
6.	Danielle Bess	54.33	Feb. 14, 2022
7.	<b>Twaneise Johnson</b>	<b>54.79</b>	<b>Jan. 11, 2025</b>
8.	Aurieyall Scott	55.00	Jan. 19, 2023
9.	Samierayah Bradwell	55.11	Feb. 28, 2020
10.	Lizzie Harris	55.18	Feb. 2, 2008

## MILE

1.	Anne-Marie Blaney	4:45.06	Jan. 27, 2017
2.	Charlotte Crook	4:47.77	Feb. 11, 2022
3.	Valerie Lastra	4:51.75	Feb. 13, 2021
4.	Mariana Rodriguez	4:51.89	Feb. 10, 2023
5.	Abigail Stratton	4:52.44	Feb. 9, 2024
6.	Lillian Holtery	4:53.01	Feb. 10, 2023
7.	<b>Isabella Richardson</b>	<b>4:56.23</b>	<b>Jan. 20, 2023</b>
8.	Amirah Johnson	4:56.27	Feb. 28, 2016
9.	Rosie Chamberlain	4:58.43	Feb. 28, 2020
10.	Victoria Jung	4:58.76	Feb. 8, 2020

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# CAREER INDOOR TOP 10

## 3000M

1.	Anne-Marie Blaney	9:18.87	Jan. 20, 2017
2.	<b>Isabella Richardson</b>	<b>9:39.66</b>	<b>Feb. 10, 2023</b>
3.	Mariana Rodriguez	9:50.00	Jan. 26, 2023
4.	<b>Penelope Sosa</b>	<b>9:54.48</b>	<b>Feb. 25, 2023</b>
5.	Sonja Shedden	9:57.30	Feb. 1, 2002
6.	Ali Del Re	9:58.60	Jan. 26, 2024
7.	Charlotte Crook	9:59.24	Feb. 22, 2019
8.	Camryn Williams	10:02.07	Feb. 26, 2022
9.	Holly Wooley	10:02.21	Jan. 15, 2016
10.	Victoria Jung	10:03.18	Jan. 31, 2019

## HIGH JUMP

1.	Lizzie Harris	1.80m	Mar. 14, 2008
2.	Allison Lampert	1.75m	Jan. 23, 2015
3.	Kaliah Jones	1.74m	Feb. 10, 2023
4.	Natosha Jordan	1.71m	Feb. 23, 2018
	<b>Natalia Madison</b>	<b>1.71m</b>	<b>Feb. 24, 2023</b>
6.	Sonnisha Williams	1.69m	Jan. 21, 2011
	Katorie Stinney	1.69m	Feb. 23, 2007
8.	Sheree Carter	1.68m	Jan. 27, 2006
9.	Sandy Jean-Claude	1.66m	Jan. 14, 2011
	Brittany Floyd	1.66m	Feb. 26, 2022

## 5000M

1.	Anne-Marie Blaney	15:49.26	Mar. 10, 2017
2.	Sonja Shedden	16:48.07	Feb. 1, 2002
3.	<b>Isabella Richardson</b>	<b>17:05.45</b>	<b>Feb. 24, 2023</b>
4.	Holly Wooley	17:10.14	Feb. 28, 2016
5.	Jenny Clausen	17:26.67	Feb. 23, 2007
6.	Ali Del Re	17:33.31	Feb. 9, 2024
7.	<b>Penelope Sosa</b>	<b>17:36.31</b>	<b>Feb. 24, 2023</b>
8.	Valerie Lastra	17:41.89	Feb. 4, 2022
9.	Heather Classe	17:46.58	Feb. 23, 2013
10.	<b>Paige Jaszczak</b>	<b>17:47.15</b>	<b>Feb. 9, 2024</b>

## POLE VAULT

1.	Erica Weiss	3.72m	Jan. 27, 2012
2.	Paige Byrnes	3.67m	Feb. 28, 2016
3.	Anna Chamness	3.65m	Feb. 18, 2017
4.	Katie Fowke	3.55m	Feb. 24, 2007
5.	Michelle Teuton	3.50m	Feb. 10, 2006
6.	Madison Bryan	4.43m	Feb. 8, 2019
7.	London Enos	3.35m	Feb. 25, 2011
	Kelsey Bealert	3.35m	Jan. 26, 2007
9.	Brittney McDermott	3.20m	Jan. 13, 2007
10.	Tracy Fischler	3.05m	Feb. 25, 2006

## 60M Hurdles

1.	Rayniah Jones	7.90	Feb. 26, 2022
2.	Jackie Coward	8.02	Mar. 9, 2012
3.	<b>Adaobi Tabugbo</b>	<b>8.13</b>	<b>Feb. 23, 2024</b>
4.	Kaylor Harris	8.15	Feb. 10, 2023
5.	Tiki James	8.17	Mar. 7, 2009
6.	Lutisha Brown	8.18	Feb. 23, 2013
7.	Karessa Farley	8.23	Mar. 5, 2011
8.	Selena Wright	8.28	Feb. 13, 2021
9.	Mica Wimberly	8.33	Mar. 4, 2011
10.	<b>Ese Awusa</b>	<b>8.35</b>	<b>Jan. 10, 2025</b>

## LONG JUMP

1.	Sonnisha Williams	6.32m	Feb. 25, 2012
2.	<b>Asherah Collins</b>	<b>6.21m</b>	<b>Feb. 10, 2023</b>
3.	Jen Clayton	6.20m	Mar. 2, 2013
4.	Jasmine Scott-Kilgo	6.14m	Jan. 20, 2023
5.	Dione Thomas	6.08m	Feb. 1, 2008
6.	Leiya Green	6.06m	Feb. 11, 2022
7.	Jacquelyn Gilchrist	6.05m	Feb. 25, 2012
8.	Alexis Faulknor	5.99m	Jan. 25, 2013
9.	<b>Natalia Madison</b>	<b>5.95m</b>	<b>Jan. 10, 2025</b>
10.	Corliss Cade	5.93m	Mar. 2, 2000

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# CAREER INDOOR TOP 10

## TRIPLE JUMP

1.	Dione Thomas	13.28m	Mar. 7, 2009
2.	<b>Asherah Collins</b>	<b>13.15m</b>	<b>Feb. 25, 2022</b>
3.	Daneesha Davidson	12.97m	Feb. 22, 2019
4.	Jasmine Scott-Kilgo	12.95m	Feb. 25, 2022
5.	Tomika Story	12.61m	Feb. 26, 2010
6.	Kiara Lee	12.56m	Feb. 25, 2022
7.	LaTrica Firby	12.52m	Feb. 10, 2001
8.	Jacquelyn Gilchrist	12.47m	Jan. 13, 2012
9.	Jan Clayton	12.30m	Mar. 1, 2014
10.	<b>Natalia Madison</b>	<b>12.24m</b>	<b>Feb. 23, 2024</b>

## PENTATHLON

1.	Brittany Floyd	3,993	Feb. 26, 2022
2.	<b>Natalia Madison</b>	<b>3,794</b>	<b>Jan. 19, 2024</b>
3.	Holly Cassels	3,723	Feb. 23, 2024
4.	Lizzie Harris	3,653	Feb. 28, 2009
5.	Sheree Carter	3,600	Feb. 2, 2008
6.	Devin Cartwright	3,586	Jan. 21, 2015
7.	Jamie Pew	3,585	2002
8.	Samantha Shields	3,576	Jan. 31, 2010
9.	Natosha Jordan	3,454	Feb. 23, 2018
10.	<b>Y'Vette Harris</b>	<b>3,440</b>	<b>Jan. 19, 2024</b>

## SHOT PUT

1.	Jhane' Carter	15.49m	Feb. 6, 2016
2.	Tara Daniels	15.19m	Feb. 6, 2016
3.	Precious Ogunleye	15.17m	Feb. 24, 2013
4.	Lakendra Thames	14.90m	Jan. 30, 2010
5.	Shanell Atkins	14.74m	Jan. 25, 2019
6.	Kelsey Poljanesk	14.59m	Feb. 28, 2009
7.	Destinee Romain	14.31m	Feb. 14, 2014
8.	Courtney Morgan	13.79m	Jan. 18, 2019
9.	Tiffany Roebuch	13.78m	Feb. 25, 2006
10.	Soteria Russell	13.59m	Feb. 8, 2019

## 4x400M

1.	Brown, Charles Jean, Scott	3:34.00	Mar. 4, 2011
2.	Brown, Coward Charles, Scott	3:36.03	Feb. 11, 2011
3.	<b>Archer, Williams Johnson, Shaw-Huckaby</b>	<b>3:37.51</b>	<b>Jan. 11, 2025</b>
4.	Charles, Williams Logan, Scott	3:37.78	Feb. 9, 2013
5.	Williams, Smith Defreitas, Kirkland	3:37.94	Feb. 10, 2023
6.	Charles, Logan Jean, Nieuwendam	3:38.14	Feb. 28, 2014
7.	Williams, Bess Bradwell, Smith	3:38.18	Feb. 4, 2022
8.	Jean, Nieuwendam Henry, Jocelyn	3:39.15	Feb. 28, 2015
9.	Charles, Winston Logan, Nieuwendam	3:39.50	Feb. 14, 2014
10.	Taylor, Williams Harris, Kirkland	3:39.63	Feb. 23, 2024

## WEIGHT THROW

1.	Chelsea Gobourne	20.56m	Feb. 24, 2017
2.	Gabby Durant	20.48m	Jan. 31, 2019
3.	Kalen Hambrick	20.04m	Feb. 28, 2016
4.	Jhane' Carter	20.02m	Feb. 22, 2019
	Destinee Romain	20.02m	Feb. 23, 2013
6.	Tayla Greene	19.44m	Feb. 28, 2016
7.	Precious Ogunleye	19.09m	Feb. 23, 2013
8.	Shanell Atkins	18.78m	Feb. 8, 2019
9.	Lakendra Thames	18.83m	Jan. 30, 2010
10.	Chloe Hill	17.77m	Jan. 21, 2022

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## DISTANCE MEDLEY

1. Rodriguez, Defreitas      11:29.94    Feb. 26, 2022  
Pinnell, Crook
2. Pauls, Jocelyn              11:32.85    Jan. 15, 2016  
Chamberlain, Blaney
3. Williams, Nieuwendam      11:33.29    Jan. 30, 2015  
Chamberlain, Blaney
4. Rodriguez, Pinnell         11:39.04    Feb. 24, 2023  
Hughes, Holtery
5. Stratton, Taylor             11:41.03    Jan. 26, 2024  
Dobiasch, Holtery
6. Codispodi, Blaney         11:44.30    Jan. 20, 2017  
Chamberlain, Blaney
7. Jung, Gallmon              11:51.98    Feb. 28, 2020  
Soltis, Crook
8. Logan, Rose                 11:55.07    Jan. 11, 2013  
Winston, Blaney
9. Crook, Drake-Howard      11:55.55    Feb. 22, 2019  
Pinnell, Jung
10. Forrester, Crear            11:56.76    Feb. 24, 2017  
Tejeda, Codispodi