

UCF TRACK AND FIELD

CAREER INDOOR TOP 10

60M

1.	Aurieyall Scott	7.13	Feb. 23, 2013
2.	Octavious Freeman	7.15	Mar. 9, 2012
3.	Rayniah Jones	7.23	Feb. 4, 2022
4.	Dominique Booker	7.24	Feb. 11, 2011
5.	I'Asia Wilson	7.26	Feb. 2, 2024
6.	Janyah Jasper	7.29	Feb. 25, 2023
7.	Daija Lampkin	7.33	Feb. 2, 2023
	J'Nea Bellamy	7.33	Feb. 28, 2016
9.	Ciara Hoback	7.34	Feb. 7, 2020
	Beyonce Defreitas	7.34	Feb. 24, 2023

800M

1.	Rosie Chamberlain	2:05.77	Feb. 10, 2017
2.	Erica Winston	2:08.50	Feb. 14, 2014
3.	Charlotte Crook	2:09.02	Feb. 4, 2022
4.	Katie Pinnell	2:09.09	Feb. 11, 2022
5.	Shantile Blackburn	2:09.13	Jan. 31, 2009
6.	Abigail Stratton	2:09.26	Feb. 9, 2024
7.	Ne'Ausha Logan	2:09.42	Feb. 8, 2013
8.	Caroline Pauls	2:11.06	Feb. 27, 2015
9.	Hannah Taylor	2:11.41	Jan. 12, 2024
10.	Karin Dobiasch	2:11.47	Jan. 26, 2024

200M

1.	Aurieyall Scott	22.68	Feb. 8, 2013
2.	Octavious Freeman	22.72	Mar. 8, 2013
3.	Kiah Williams	23.13	Feb. 28, 2025
4.	Dominique Booker	23.26	Jan. 28, 2011
5.	Beyonce Defreitas	23.34	Feb. 25, 2023
6.	Rayniah Jones	23.35	Feb. 25, 2022
7.	Shian Hyde	23.37	Jan. 11, 2020
	Daija Lampkin	23.37	Feb. 10, 2023
9.	Janiah Pulliam	23.43	Feb. 28, 2025
10.	Briana Vaughn	23.51	Feb. 28, 2016

1000M

1.	Charlotte Crook	2:52.16	Jan. 19, 2024
2.	Mariana Rodriguez	2:53.53	Jan. 20, 2023
3.	Kendall Hughes	2:55.21	Jan. 24, 2025
4.	Karen Kozub	2:56.37	Feb. 2, 2007
5.	Raquel Edwards	2:57.13	Jan. 24, 2025
6.	Abigail Stratton	2:57.59	Feb. 23, 2024
7.	Amelia Williams	2:57.73	Jan. 24, 2014
9.	Amirah Johnson	2:58.10	Jan. 22, 2016
9.	Penelope Sosa	2:59.49	Jan. 17, 2025
10.	Kaitlyn Soltis	2:59.81	Jan. 11, 2020

400M

1.	Kiah Williams	51.59	Feb. 28, 2025
2.	Latasha Smith	52.32	Feb. 25, 2022
3.	Twaneise Johnson	53.06	Feb. 28, 2025
4.	Jazmen Newberry	54.27	Feb. 28, 2025
5.	Ashley Jocelyn	53.45	Feb. 28, 2016
6.	Afia Charles	53.75	Feb. 28, 2014
7.	Champelle Brown	54.26	Feb. 25, 2011
8.	Danielle Bess	54.33	Feb. 14, 2022
9.	Deja Shaw-Huckaby	54.59	Feb. 28, 2025
10.	Aurieyall Scott	55.00	Jan. 19, 2023

MILE

1.	Anne-Marie Blaney	4:45.06	Jan. 27, 2017
2.	Charlotte Crook	4:47.77	Feb. 11, 2022
3.	Valerie Lastra	4:51.75	Feb. 13, 2021
4.	Mariana Rodriguez	4:51.89	Feb. 10, 2023
5.	Abigail Stratton	4:52.44	Feb. 9, 2024
6.	Lillian Holtery	4:53.01	Feb. 10, 2023
7.	Isabella Richardson	4:56.23	Jan. 20, 2023
8.	Amirah Johnson	4:56.27	Feb. 28, 2016
9.	Kendall Hughes	4:57.83	Feb. 14, 2025
10.	Rosie Chamberlain	4:58.43	Feb. 28, 2020

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CAREER INDOOR TOP 10

3000M

1.	Anne-Marie Blaney	9:18.87	Jan. 20, 2017
2.	Isabella Richardson	9:39.66	Feb. 10, 2023
3.	Penelope Sosa	9:48.07	Jan. 25, 2025
4.	Mariana Rodriguez	9:50.00	Jan. 26, 2023
5.	Sonja Shedden	9:57.30	Feb. 1, 2002
6.	Ali Del Re	9:58.60	Jan. 26, 2024
7.	Charlotte Crook	9:59.24	Feb. 22, 2019
8.	Abby Clements	10:01.04	Feb. 15, 2025
9.	Camryn Williams	10:02.07	Feb. 26, 2022
10.	Holly Wooley	10:02.21	Jan. 15, 2016

HIGH JUMP

1.	Lizzie Harris	1.80m	Mar. 14, 2008
2.	Allison Lampert	1.75m	Jan. 23, 2015
3.	Kaliah Jones	1.74m	Feb. 10, 2023
4.	Natosha Jordan	1.71m	Feb. 23, 2018
	Natalia Madison	1.71m	Feb. 24, 2023
6.	Sonnisha Williams	1.69m	Jan. 21, 2011
	Katorie Stinney	1.69m	Feb. 23, 2007
8.	Sheree Carter	1.68m	Jan. 27, 2006
9.	Sandy Jean-Claude	1.66m	Jan. 14, 2011
	Brittany Floyd	1.66m	Feb. 26, 2022

5000M

1.	Anne-Marie Blaney	15:49.26	Mar. 10, 2017
2.	Sonja Shedden	16:48.07	Feb. 1, 2002
3.	Isabella Richardson	17:05.45	Feb. 24, 2023
4.	Holly Wooley	17:10.14	Feb. 28, 2016
5.	Jenny Clausen	17:26.67	Feb. 23, 2007
6.	Avery Latto	17:29.70	Feb. 7, 2025
7.	Ali Del Re	17:33.31	Feb. 9, 2024
8.	Paige Jaszczak	17:34.04	Feb. 15, 2025
9.	Penelope Sosa	17:36.31	Feb. 24, 2023
10.	Valerie Lastra	17:41.89	Feb. 4, 2022

POLE VAULT

1.	Erica Weiss	3.72m	Jan. 27, 2012
2.	Paige Byrnes	3.67m	Feb. 28, 2016
3.	Anna Chamness	3.65m	Feb. 18, 2017
4.	Katie Fowke	3.55m	Feb. 24, 2007
5.	Michelle Teuton	3.50m	Feb. 10, 2006
6.	Madison Bryan	4.43m	Feb. 8, 2019
7.	London Enos	3.35m	Feb. 25, 2011
	Kelsey Bealert	3.35m	Jan. 26, 2007
9.	Brittney McDermott	3.20m	Jan. 13, 2007
10.	Tracy Fischler	3.05m	Feb. 25, 2006

60M Hurdles

1.	Rayniah Jones	7.90	Feb. 26, 2022
2.	Adaobi Tabugbo	7.99	Feb. 28, 2025
3.	Jackie Coward	8.02	Mar. 9, 2012
4.	Kaylor Harris	8.15	Feb. 10, 2023
5.	Tiki James	8.17	Mar. 7, 2009
6.	Lutisha Brown	8.18	Feb. 23, 2013
7.	Ese Awusa	8.23	Jan. 31, 2025
	Karessa Farley	8.23	Mar. 5, 2011
9.	Selena Wright	8.28	Feb. 13, 2021
10.	Mica Wimberly	8.33	Mar. 4, 2011

LONG JUMP

1.	Sonnisha Williams	6.32m	Feb. 25, 2012
2.	Asherah Collins	6.21m	Feb. 10, 2023
3.	Jen Clayton	6.20m	Mar. 2, 2013
4.	Jasmine Scott-Kilgo	6.14m	Jan. 20, 2023
5.	Dione Thomas	6.08m	Feb. 1, 2008
6.	Leiya Green	6.06m	Feb. 11, 2022
7.	Jacquelyn Gilchrist	6.05m	Feb. 25, 2012
8.	Natalia Madison	6.01m	Feb. 28, 2025
9.	Alexis Faulknor	5.99m	Jan. 25, 2013
10.	Corliss Cade	5.93m	Mar. 2, 2000

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CAREER INDOOR TOP 10

TRIPLE JUMP

1. Asherah Collins	13.30m	Feb. 15, 2025
2. Dione Thomas	13.28m	Mar. 7, 2009
3. Daneesha Davidson	12.97m	Feb. 22, 2019
4. Jasmine Scott-Kilgo	12.95m	Feb. 25, 2022
5. Tomika Story	12.61m	Feb. 26, 2010
6. Kiara Lee	12.56m	Feb. 25, 2022
7. LaTrica Firby	12.52m	Feb. 10, 2001
8. Natalia Madison	12.51m	Feb. 1, 2025
9. Jacquelyn Gilchrist	12.47m	Jan. 13, 2012
10. Alexis Waller	12.32m	Feb. 28, 2025

PENTATHLON

1. Natalia Madison	4,002	Feb. 28, 2025
2. Brittany Floyd	3,993	Feb. 26, 2022
3. Holly Cassels	3,723	Feb. 23, 2024
4. Lizzie Harris	3,653	Feb. 28, 2009
5. Sheree Carter	3,600	Feb. 2, 2008
6. Devinn Cartwright	3,586	Jan. 21, 2015
7. Jamie Pew	3,585	2002
8. Samantha Shields	3,576	Jan. 31, 2010
9. Natosha Jordan	3,454	Feb. 23, 2018
10. Y'Vette Harris	3,440	Jan. 19, 2024

SHOT PUT

1. Jhane' Carter	15.49m	Feb. 6, 2016
2. Tara Daniels	15.19m	Feb. 6, 2016
3. Precious Ogunleye	15.17m	Feb. 24, 2013
4. Lakendra Thames	14.90m	Jan. 30, 2010
5. Shanell Atkins	14.74m	Jan. 25, 2019
6. Kelsey Poljanesk	14.59m	Feb. 28, 2009
7. Destinee Romain	14.31m	Feb. 14, 2014
8. Courtney Morgan	13.79m	Jan. 18, 2019
9. Tiffany Roebuch	13.78m	Feb. 25, 2006
10. Soteria Russell	13.59m	Feb. 8, 2019

4x400M

1. Newberry, Williams	3:29.93	Feb. 15, 2025
Johnson Shaw-Huckaby		
2. Brown, Charles	3:34.00	Mar. 4, 2011
Jean, Scott		
3. Brown, Coward	3:36.03	Feb. 11, 2011
Charles, Scott		
4. Archer, Williams	3:37.51	Jan. 11, 2025
Johnson, Shaw-Huckaby		
5. Charles, Williams	3:37.78	Feb. 9, 2013
Logan, Scott		
6. Williams, Smith	3:37.94	Feb. 10, 2023
Defreitas, Kirkland		
7. Charles, Logan	3:38.14	Feb. 28, 2014
Jean, Nieuwendam		
8. Williams, Bess	3:38.18	Feb. 4, 2022
Bradwell, Smith		
9. Jean, Nieuwendam	3:39.15	Feb. 28, 2015
Henry, Jocelyn		
10. Charles, Winston	3:39.50	Feb. 14, 2014
Logan, Nieuwendam		

WEIGHT THROW

1. Chelsea Gobourne	20.56m	Feb. 24, 2017
2. Gabby Durant	20.48m	Jan. 31, 2019
3. Kalen Hambrick	20.04m	Feb. 28, 2016
4. Jhane' Carter	20.02m	Feb. 22, 2019
Destinee Romain	20.02m	Feb. 23, 2013
6. Tayla Greene	19.44m	Feb. 28, 2016
7. Precious Ogunleye	19.09m	Feb. 23, 2013
8. Shanell Atkins	18.78m	Feb. 8, 2019
9. Lakendra Thames	18.83m	Jan. 30, 2010
10. Chloe Hill	17.77m	Jan. 21, 2022

UCF TRACK AND FIELD

CAREER INDOOR TOP 10

DISTANCE MEDLEY

- | | | | |
|-----|---|----------|---------------|
| 1. | Rodriguez, Defreitas
Pinnell, Crook | 11:29.94 | Feb. 26, 2022 |
| 2. | Pauls, Jocelyn
Chamberlain, Blaney | 11:32.85 | Jan. 15, 2016 |
| 3. | Williams, Nieuwendam
Chamberlain, Blaney | 11:33.29 | Jan. 30, 2015 |
| 4. | Rodriguez, Pinnell
Hughes, Holtery | 11:39.04 | Feb. 24, 2023 |
| 5. | Stratton, Taylor
Dobiasch, Holtery | 11:41.03 | Jan. 26, 2024 |
| 6. | Codispodi, Blaney
Chamberlain, Blaney | 11:44.30 | Jan. 20, 2017 |
| 7. | Jung, Gallmon
Soltis, Crook | 11:51.98 | Feb. 28, 2020 |
| 8. | Logan, Rose
Winston, Blaney | 11:55.07 | Jan. 11, 2013 |
| 9. | Crook, Drake-Howard
Pinnell, Jung | 11:55.55 | Feb. 22, 2019 |
| 10. | Forrester, Crear
Tejeda, Codispodi | 11:56.76 | Feb. 24, 2017 |