

## 2025 Big 12 Outdoor Track & Field Championship

### DAY 1 - THURSDAY, MAY 15

#### COMBINED EVENTS

11:30am	100m (DEC)	Final
12:00pm	100mH (HEP)	Final
12:10pm	Long Jump (DEC)	Final
12:45pm	High Jump (HEP)	Final
1:10pm	Shot Put (DEC)	Final
2:10pm	High Jump (DEC)	Final
2:45pm	Shot Put (HEP)	Final
4:00pm	200m (HEP)	Final
4:15pm	400m (DEC)	Final

#### FIELD EVENTS

12:00pm	Hammer Throw (M)	Final
2:15pm	Hammer Throw (W)	Final
4:45pm	Javelin (M)	Final
6:45pm	Javelin (W)	Final

#### RUNNING EVENTS

6:30pm	1,500m (M)	Prelim
6:50pm	1,500m (W)	Prelim
7:00pm	200m (M)	Prelim
7:25pm	200m (W)	Prelim
7:50pm	400mH (M)	Prelim
8:20pm	400mH (W)	Prelim
8:40pm	10,000m (M)	Final
9:15pm	10,000m (W)	Final

### DAY 2 - FRIDAY, MAY 16

#### COMBINED EVENTS

11:00am	110mH (DEC)	Final
11:45am	Discus (DEC)	Final
	Long Jump (HEP)	Final
12:55pm	Pole Vault (DEC)	Final
1:00pm	Javelin (HEP)	Final
2:30pm	800m (HEP)	Final
	Javelin (DEC)	Final
4:00pm	1500m (DEC)	Final

#### FIELD EVENTS

4:00pm	Pole Vault (W)	Final
	Long Jump (W)	Final
4:15pm	Shot Put (M)	Final
4:30pm	High Jump (M)	Final
6:45pm	Shot Put (W)	Final
7:00pm	Long Jump (M)	Final

#### RUNNING EVENTS

5:00pm	110mH (M)	Prelim
5:15pm	100mH (W)	Prelim
5:40pm	800m (M)	Prelim
6:00pm	800m (W)	Prelim
6:20pm	400m (M)	Prelim
6:45pm	400m (W)	Prelim
7:10pm	100m (M)	Prelim
7:35pm	100m (W)	Prelim
8:00pm	3,000m Steeplechase (M)	Final
8:20pm	3,000m Steeplechase (W)	Final

### DAY 3 - SATURDAY, MAY 17

#### FIELD EVENTS

2:00pm	Discus (M)	Final
2:00pm	Pole Vault (M)	Final
3:00pm	High Jump (W)	Final
3:30pm	Triple Jump (M)	Final
4:30pm	Discus (W)	Final
6:30pm	Triple Jump (W)	Final

#### RUNNING EVENTS

5:05pm	4x100m Relay (M)	Final
5:15pm	4x100m Relay (W)	Final
5:25pm	1500m (M)	Final
5:35pm	1500m (W)	Final
5:45pm	110mH (M)	Final
5:55pm	100mH (W)	Final
6:05pm	400m (M)	Final
6:15pm	400m (W)	Final
6:25pm	100m (M)	Final
6:35pm	100m (W)	Final
6:45pm	800m (M)	Final
6:55pm	800m (W)	Final
7:05pm	400mH (M)	Final
7:15pm	400mH (W)	Final
7:25pm	200m (M)	Final
7:35pm	200m (W)	Final
7:45pm	5,000m (M)	Final
8:05pm	5,000m (W)	Final
8:30pm	4x400m Relay (M)	Final
8:40pm	4x400m Relay (W)	Final