



KNIGHTS

ROWING



KNIGHT NOTES

KNIGHTS IN THE RANKS

- ◆ The 2024-25 campaign marked the first time in program history that the team was featured in the Pocock CRCA Poll as a whole. The team debuted on the coaches poll for the first time at No. 25 on the week of March 17, 2025.
- ◆ The Black and Gold have steadily increased in the polls jumping from No. 25 to No. 17 on April 1, then rising to No. 15 on April 8. The crew have held their spot at fifteen for six consecutive weeks, finishing the regular season among the nation's best.
- ◆ This seasons successes leading to the rankings include sweeping the Sarasota 2K to win the Benderson cup and a strong performance at the Rocky Top Invitational including defeating then No. 14 Duke as well as coming within seven seconds of then No. 5 Tennessee.
- ◆ The Knights have previously recieved votes on the coaches polls dating back to 2006. The program recieved national attention when the First 8+ crew had been ranked the same year, three weeks after receiving votes for the first time.

BIG 12 BOAT OF THE WEEK TITLES

- ◆ Prior to the season, the Knights had secured one Big 12 Boat of the Week honor in the 2023-24 spring slate on the week of April 3, 2024. Now, the crew has three on the year, tied for the most in the Big 12 with Kansas State.
- ◆ The first title came early in the season as the First 8+ gained the honors following a strong showing at the Sarasota 2K. The crew kept the pace as they earned the title the following week as well.
- ◆ The next boat to claim the title was the First 4+ on the week on April 30 after the Longhorn Invite. The crew was the first boat of four to earn the honor in program history.

FEARLESS FRESHMEN

- ◆ UCF has 15 freshman on this year's roster, six of which are have consistently been in top boats all season.
- ◆ Kesha Bruinette and Sofia Palacios have both been in the top fours for the majority of the 2024-25 campaign. The two have competed in the First and Second Four at the Rocky Top and Longhorn Invite.
- ◆ Lucy Buckingham, Luna Kuiper, Sofia Naboni Nevado and Sofia Scott have all been a part of the eights for the entirety of the season. Buckingham was named to the For Stars Network watchlist prior to action.

2024-25 RESULTS

JACKSONVILLE DUEL

MARCH 14 - ORLANDO, FLA.

First 8+	06:37.90
Second 8+	06:40.10
First 4+	07:42.10
Second 4+	07:31.60
Third 8+	07:07.90
Third 4+	08:19.10

SARASOTA 2K

MARCH 28-29 - SARASOTA, FLA.

Day One

First 8+	06:37.31
Second 8+	06:51.63
First 4+	07:27.67
Second 4+	06:41.73
Third 8+	07:14.65

Day Two

First 8+	06:27.05
Second 8+	06:34.61
First 4+	07:18.29
Second 4+	07:27.27
Third 8+	06:52.58

ROCKY TOP INVITE

APRIL 5-6 - OAK RIDGE, TENN.

Day One

First 8+	06:39.902
Second 8+	06:59.088
First 4+	07:37.844
Second 4+	07:52.212

Day Two

First 8+	06:29.280
Second 8+	06:41.412
First 4+	07:31.346
Second 4+	07:39.798

LONGHORN INVITE

APRIL 25-26 - AUSTIN, TEXAS.

Day One

Second 4+	07:43.283
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Day Two

First 8+	06:51.643
Second 8+	07:03.922
First 4+	07:49.054
Second 4+	08:02.412

MIAMI DUEL

MAY 4 - ORLANDO, FLA.

First 8+	06:52.00
Second 8+	07:08.20
First 4+	07:59.90
Second 4+	08:05.90
Third 8+	07:37.30
Fourth 8+	08:04.50

BIG 12 CHAMPIONSHIP

MAY 18 - SARASOTA, FLA.

First 8+	TBD
Second 8+	TBD
First 4+	TBD
Second 4+	TBD
Third 8+	TBD
Third 4+	TBD

QUICK FACTS

Rowing History

First Year of Rowing.....	1995
First Year in Big 12.....	2023-24
Highest Big 12 Finish.....	Four
NCAA Championships/Last.....	Six/2019

UCF Information

Location.....	Orlando, Fla. 32816
Founded.....	1963
Enrollment.....	71,000+
Nickname.....	Knights
Colors	Black and Gold
Conference	Big 12
President	Dr. Alexander Cartwright
Director of Athletics	Terry Mohajir
Rowing Administrator	Tim Allen
Athletics Main Phone	407.823.3255

Social Media

✕ Twitter/X.....	@UCF_Rowing
📷 Instagram.....	@UCF.Rowing
📘 Facebook	/UCFWomensRowing
🐦 UCF Athletics (Twitter/X)	@UCFKnights
🏷️ Hashtag	#ChargeOn
🌐 Website	www.ucfknight.com

HISTORY IN THE POLLS

YEARS RECEIVING VOTES

2006 - March 29 (3), April 5 (6), April 12 (1)
2007 - March 14 (16), March 28 (29), April 4 (19)
2008 - March 15 (38), March 26 (12), April 2 (3), April 9 (3)
2009 - May 20 (1), June 4 (1)
2010 - March 18 (2), March 31 (9), April 7 (1), April 14 (1)
2012 - April 25 (1)
2013 - March 20 (1)
2015 - March 25 (7), April 1 (3), April 8 (1), April 15 (1), May 6 (3), May 12 (4), May 20 (5), June 2 (11)
2018 - March 28 (1), April 4 (1), May 30 (8)

2019 - Feb. 28 (7), April 10 (6), April 17 (4), April 24 (5), May 1 (4), May 8 (2), May 15 (2), May 15 (2), May 23 (3), June 10 (27)
2020 - Feb. 20 (24)
2021 - March 3 (17), March 17 (10), March 24 (8), March 31 (22), April 7 (16), April 14 (8), April 21 (3), May 19 (18), June 2 (17)
2022 - Feb. 16 (5), March 16 (6), March 23 (1), March 30 (3), April 6 (17), April 13 (7), April 20 (1), April 27 (1), May 4 (4), May 11 (2), May 18 (7), June 2 (22)
2023 - April 5 (45)
2024 - April 3 (73), April 10 (98), April 17 (77), April 24 (124), May 1 (147), May 8 (143), May 15 (120), May 22 (191), June 5 (72)

YEARS RANKED (BOAT)

2006 - No. 20 April 19
No. 19 April 26, May 3, 10
2007 - No. 12 April 10 No. 9 April 18, 24 No. 11 May 2, 8 No. 14 May 16

YEARS RANKED (TEAM)

2025 - No. 25 March 17, 24
No. 17 April 1 No. 15 April 8, 15, 22, 29, May 6, 13

COACHES AND SUPPORT STAFF

Head Coach
Assistant Coach/Recruiting Coordinator
Assistant Coach
Assistant Coach
Director of Operations
Athletic Trainer
Boathouse Manager

Mara Allen - Second Season
Marten Martensson - Second Season
Lauren Roman - Third Season
Tess Thompson - First Season
Lexi Luke - First Season
Isabella Marian - Second Season
Tanner Polo - First Season

FIRST EIGHT AND SECOND EIGHT

Name	Yr.	Hometown
Audrey Vilendrer	Jr.	Iverness, Fla.
Sofia Naboni Nevado	Fr.	Almeria, Spain
Madlen Markova	5th	Sofia, Bulgaria
Brigitte Kappler	So.	Johannesburg, South Africa
Reese Springer	So.	Tallahassee, Fla.
Lucy Buckingham	Fr.	Luton, England
Elisa Faiola	5th	Auburn, N.Y.
Luna Kuiper	Fr.	Haarlem, The Netherlands
Hannah Lovejoy	Jr.	Marietta, Ohio

Name	Yr.	Hometown
Julia Going	Sr.	Cedarburg, Wisc.
Sofia Scott	Fr.	Melbourne, Australia
Natasjia Voulanas	Jr.	Melbourne, Australia
Claire Kaminski	Sr.	Melbourne, Fla.
Maja Misljenovic	So.	Serbia, Belgrade
Veronica Rush	Jr.	Leesburg, Va.
Bella Montalvo	Sr.	King of Prussia, Pa.
Ines Martin	So.	Barcelona, Spain
Amalie Thorsen	Jr.	Humblebaek, Denmark

FIRST FOUR AND SECOND FOUR

Name	Yr.	Hometown
Sophia Tursi	Jr.	McLean, Va.
Cate Maloney	Jr.	Halifax, Nova Scotia
Sofia Palacios	Sr.	Cincinnati, Ohio
Kesha Bruinette	Fr.	London, England
Amber Tulloch	So.	Melbourne, Australia

Name	Yr.	Hometown
Vianna Smith	Fr.	McLean, Va.
Leighann Franklin	So.	Corpus Christi, Texas
Lexi Sanchez	So.	Tampa, Fla.
Meagan Lukavec	Sr.	Tampa, Fla.
Vilma Kangasmaki	So.	Poorvo, Finland

THIRD EIGHT AND THIRD FOUR

Name	Yr.	Hometown
Elsa Cassellius	Jr.	Bloomington, Minn.
Landyn Williams	So.	Wesly Chapel, Fla.
Izzy Bate	So.	Warrington, United Kingdom
Morgan Northey	Fr.	Debary, Fla.
Sophia Keller	Jr.	Edgewater, Md.
Alexa Konowal	So.	Philadelphia, Pa.
Karin Kudmani	So.	Windermere, Fla.
Makayla Baxley	So.	Ocala, Fla.
Alina Tasman	Jr.	Titusville, Fla.

Name	Yr.	Hometown
Eliza Shaffer	Jr.	Orlando, Fla.
Sidney Norman	Fr.	Melbourne, Fla.
Jennifer Durnall	Fr.	Mohrsville, Pa.
Riley Vincent	So.	Mamaroneck, N.Y.
Kendall Bovino	Fr.	Palm Coast, Fla.

PRONUNCIATION GUIDE

Elisa Faiola	EE-Lisa FAY-Ola
Deanna Jones	DEE-anne-uh Jones
Vilma Kangasmaki	VEL-ma Ka-ng-AS-maki
Brigitte Kappler	Brig-EET-uh Kappler
Karin Kudmani	CAR-in K-UUD-mani
Luna Kuiper	Luna K-IPE-r
Maja Misljenovic	MY-uh MIS-lana-VICH
Natasjia Voulanas	na-TA-shuh VUH-la-nis

RETURNERS

Izzy Bate, Makayla Baxley, Elsa Casseullius, Leighann Franklin, Julia Going, Claire Kaminski, Vilma Kangasmaki, Brigitte Kappler, Alexa Konowal, Karin Kudmani, Hannah Lovejoy, Meagan Lukavec, Cate Maloney, Ines Martin, Maja Misljenovic, Bella Montalvo, Veronica Rush, Lexi Sanchez, Reese Springer, Alina Tasman, Amalie Thorsen, Amber Tulloch, Sophia Tursi, Audrey Vilendrer, Natasjia Voulanas, Landyn Williams

NEWCOMERS

Kendall Bovino, Kesha Bruinette, Lucy Buckingham, Jennifer Durnall, Elisa Faiola, Sophia Keller, Luna Kuiper, Madlen Markova, Sofia Naboni Nevado, Sidney Norman, Morgan Northey, Sofia Palacios, Sofia Scott, Eliza Shaffer, Vianna Smith, Riley Vincent