

UCF TRACK AND FIELD

CAREER OUTDOOR TOP 10

100M

1.	Octavious Freeman	10.87	June 21, 2013
2.	Rayniah Jones	10.94	May 14, 2023
3.	Auriyall Scott	11.14	June 5, 2013
4.	Beyonce Defreitas	11.16	April 1, 2023
5.	I'Asia Wilson	11.21	May 15, 2025
6.	Kaylor Harris	11.27	May 25, 2023
7.	Janyah Jasper	11.28	April 22, 2023
8.	Daija Lampkin	11.31	May 14, 2023
9.	Shelia Paul	11.35	May 12, 2011
10.	Shian Hyde	11.37	April 12, 2019

800M

1.	Rosie Chamberlain	2:04.19	April 1, 2017
2.	Yvone Sandui	2:04.94	May 3, 2025
3.	Ne'Ausha Logna	2:06.37	April 13, 2013
4.	Erica Winston	2:06.86	May 2, 2014
5.	Shantile Blackburn	2:06.96	April 11, 2009
6.	Katie Pinnell	2:07.28	April 10, 2021
7.	Amelia Williams	2:07.48	May 14, 2015
8.	Charlotte Crook	2:07.64	April 10, 2021
9.	Karin Dobiasch	2:08.88	Mar. 30, 2024
10.	Carley Dart	2:08.92	April 17, 2023

200M

1.	Latasha Smith	22.09	May 14, 2023
2.	Aurieyall Scott	22.46	June 22, 2013
3.	Octavious Freeman	22.55	May 23, 2013
4.	Rayniah Jones	22.64	May 14, 2023
5.	Beyonce Defreitas	22.81	May 14, 2023
6.	Kiah Williams	22.95	Mar. 22, 2024
7.	Janiah Pulliam	23.01	May 15, 2025
8.	J'Nea Bellamy	23.06	May 14, 2015
9.	Daija Lampkin	23.16	Mar. 25, 2023
10.	Jazmen Newberry	23.17	April 12, 2025

1500M

1.	Charlotte Crook	4:19.30	May 26, 2022
2.	Anne-Marie Blaney	4:21.64	June 27, 2017
3.	Valerie Lastra	4:26.75	April 16, 2021
4.	Mariana Rodriguez	4:26.94	Apr. 28, 2023
5.	Lillian Holtery	4:29.00	Mar. 30, 2023
6.	Amirah Johnson	4:29.83	Feb. 28, 2016
7.	Yvone Sandui	4:29.86	April 25, 2025
8.	Rosie Chamberlain	4:31.03	June 20, 2017
9.	Kendall Hughes	4:33.10	Apr. 28, 2023
10.	Shantile Blackburn	4:33.61	May 10, 2009

400M

1.	Latasha Smith	51.21	May 14, 2023
2.	Kiah Williams	51.32	April 12, 2024
3.	Afia Charles	52.49	May 9, 2013
4.	Twaneise Johnson	52.62	April 18, 2025
5.	Ashley Jocelyn	52.92	May 14, 2015
6.	Danielle Bess	53.32	April 23, 2022
7.	Janiah Pulliam	53.48	April 26, 2025
8.	Jazmen Newberry	53.59	May 2, 2025
9.	Valerie Beaubrun	53.90	2002
10.	Aurieyall Scott	53.96	Mar. 25, 2011

3000M

1.	Valeria Lastra	9:58.73	Mar. 19, 2022
2.	Abby Clements	10:06.19	April 25, 2025
3.	Isabella Richardson	10:08.43	April 25, 2025
4.	Paige Jaszczak	10:08.74	April 25, 2025
5.	Kalleigh Forrester	10:08.93	April 28, 2017
6.	Laura Korsmit	10:10.24	April 24, 2015
7.	Ali Del Re	10:11.09	April 17, 2021
8.	Riley Jaszczal	10:12.14	April 25, 2025
9.	Heather Classes	10:13.18	April 20, 2013
10.	Jenny Clausen	10:13.59	April 28, 2007

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CAREER OUTDOOR TOP 10

5000M

1.	Anne-Marie Blaney	15:43.61	April 13, 2017
2.	Valerie Lastra	16:55.94	April 29, 2021
3.	Holly Wooley	16:57.04	April 1, 2016
4.	Ali Del Re	17:02.01	Mar. 29, 2024
5.	Penelope Sosa	17:02.70	April 12, 2025
6.	Sanja Shedden	17:03.50	2001
7.	Abby Clements	17:13.85	April 12, 2025
8.	Anne Panaggio	17:21.34	1999
9.	Isabella Richardson	17:22.04	Mar. 29, 2024
10.	Jenny Clausen	17:22.74	2007

400M HURDLES

1.	Sandy Jean-Claude	57.07	May 23, 2013
2.	Jackie Coward	57.59	May 12, 2011
3.	Selena Wright	57.64	May 13, 2022
4.	Devin Cartwright	58.74	April 16, 2015
5.	Devin D'Oliveira	58.80	May 10, 2019
6.	Ebony Crear	58.90	May 12, 2017
7.	Lizzie Harris	58.92	April 3, 2009
8.	Y'Vette Harris	59.15	April 18, 2025
8.	Aisha Frazier	59.20	May 13, 2010
9.	Kellie Marzetta	59.34	2001
10.	Victoria Chin	59.60	2007

10000M

1.	Anne-Marie Blaney	33:18.81	April 21, 2017
2.	Sonja Shedden	35:08.81	2001
3.	Jenny Clausen	35:41.00	2008
4.	Holly Wooley	36:09.08	May 12, 2016
5.	Ocean Cohen	36:20.88	April 20, 2010
6.	Sara Dillman	36:41.26	2004
7.	Avery Latto	37:16.51	Mar. 21, 2025
8.	GeAna Rivera	38:47.59	2000
9.	Allison Palmer	39:37.66	2008
10.	Jocelyn Adona	39:49.60	Mar. 22, 2013

3000M STEEPLECHASE

1.	Kalleigh Forrester	10:38.07	April 13, 2017
2.	Brenna Mullaney	10:47.59	Mar. 29, 2024
3.	Andrea Morrow	10:50.27	2004
4.	Victoria Jung	10:52.37	May 15, 2021
5.	Jamie Rzepecki	11:02.66	April 2, 2010
6.	Astrid Claessens	11:21.98	2005
7.	Elizabeth Miller	11:22.61	2008
8.	Amy Giles	11:44.93	2004
9.	Claire Castillo	11:45.67	April 24, 2015
10.	Tersa Huff	11:46.38	May 11, 2012

100M HURDLES

1.	Rayniah Jones	12.59	June 8, 2024
2.	Jackie Coward	12.81	Mar. 9, 2012
3.	Adaobi Tabugbo	12.87	May 17, 2025
4.	Kaylor Harris	13.01	May 14, 2023
5.	Tiki James	13.03	Mar. 7, 2009
6.	Lutisha Bowen	13.15	Feb. 23, 2013
	Selena Wright	13.15	May 14, 2022
8.	Ese Awusa	13.18	May 28, 2025
9.	Karessa Farley	13.22	Mar. 5, 2011
10.	Alexis Woodley	13.24	May 16, 2021

HIGH JUMP

1.	Lizzie Harris	1.81m	May 15, 2009
	Ann Louise Larsen	1.81m	April 16, 2005
	LesSundra Ford	1.81m	Mar. 27, 2007
4.	Natosha Jordan	1.76m	April 20, 2018
5.	Natalia Madison	1.75m	April 16, 2022
	Allison Lampert	1.75m	May 9, 2013
7.	Sonnisha Williams	1.73m	May 11, 2012
	Kaliah Jones	1.73m	Mar. 25, 2023
9.	Kelly Roloff	1.70m	2002
10.	Brittany Floyd	1.67m	Mar. 25, 2022
	Holly Cassels	1.67m	April 7, 2023

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CAREER OUTDOOR TOP 10

POLE VAULT

1.	Katie Fowke	3.80m	April 22, 2006
2.	Erica Weiss	3.78m	Mar. 17, 2012
3.	Paige Brynes	3.77m	May 4, 2016
4.	Anna Chamness	3.75m	April 13, 2018
5.	Madison Bryan	3.55m	April 27, 2018
6.	London Enos	3.50m	Mar. 25, 2011
	Tracy Fischler	3.50m	April 29, 2006
8.	Michelle Teuton	3.35m	April 15, 2006
	Kelsey Bealert	3.35m	April 15, 2006
10.	Bailey Ranson	3.25m	Mar. 17, 2017
	Brittney McDermott	3.25m	2009

SHOT PUT

1.	Jhane' Carter	15.74m	May 12, 2016
2.	Lakendra Thames	15.65m	May 13, 2010
3.	Kelsey Poljanesk	15.03m	2009
4.	Precious Ogunleye	14.86m	April 28, 2012
5.	Shanell Atkins	14.66m	Mar. 16, 2018
6.	Courtney Morgan	14.49m	Mar. 22, 2018
7.	Megan Patterson	14.49m	May 9, 2013
8.	Tara Daniels	14.60m	Mar. 25, 2016
9.	Tiffany Roebuck	14.38m	2005
10.	Destinee Romain	14.28m	Mar. 28, 2014

LONG JUMP

1.	Sonnisha Williams	6.59m	May 11, 2012
2.	Alexis Faulknor	6.52m	May 9, 2013
3.	Jen Clayton	6.49m	May 9, 2013
4.	Asherah Collins	6.45m	Mar. 29, 2024
5.	Jasmine Scott-Kilgo	6.38m	Mar. 17, 2023
6.	Dione Thomas	6.28m	2009
7.	Jacquelyn Gilchrist	6.25m	June 6, 2012
8.	Brittany Floyd	6.13m	April 9, 2022
9.	Natalia Madison	6.12m	Mar. 21, 2025
10.	Diana Chin	6.10m	April 30, 2015

DISCUS

1.	Adrienne Adams	57.76	Mar. 24, 2023
2.	Lakendra Thames	53.14m	May 13, 2010
3.	Kelsey Poljanesk	51.86m	April 23, 2009
4.	Precious Ogunleye	47.75m	April 21, 2012
5.	Nicole Whitaker	47.67m	May 15, 2022
6.	Tayla Greene	47.58m	Mar. 25, 2016
7.	Tiffany Roebuck	46.83m	2004
8.	Satrina Oliveira	46.80m	May 11, 2012
9.	Jessica Francis	46.62m	Mar. 20, 2010
10.	Kelly Kobia	45.87m	1997

HAMMER THROW

1.	Gabby Durant	61.12m	April 20, 2018
2.	Chelsea Gobourne	60.37m	Mar. 30, 2017
3.	Tayla Greene	59.90m	Mar. 31, 2016
4.	Chloe Hill	58.84m	April 1, 2022
5.	Jhane' Carter	58.71m	May 10, 2017
6.	Kalen Hambrick	58.64m	May 26, 2016
7.	Tiffany Roebuck	58.61m	Mar. 24, 2006
8.	Precious Ogunleye	56.13m	May 3, 2013
9.	Destinee Romain	55.45m	April 26, 2014
10.	Rian Thomas	54.33m	2004

TRIPLE JUMP

1.	Asherah Collins	13.48m	June 10, 2023
2.	Jasmine Scott-Kilgo	13.29m	Mar. 24, 2023
3.	Dione Thomas	13.25m	May 31, 2009
4.	Kiara Lee	12.81m	Mar. 20, 2021
5.	Natalia Madison	12.78m	April 22, 2023
6.	Jen Clayton	12.58m	May 9, 2013
7.	Jacquelyn Gilchrist	12.56m	Mar. 23, 2012
	LaTrica Firby	12.56m	2002
9.	Tomika Story	12.54m	May 24, 2012
10.	Daneesha Davidson	12.50m	April 26, 2019

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CAREER OUTDOOR TOP 10

JAVELIN

1.	Jenna Lucas	45.59m	April 24, 2015
2.	Brittany Floyd	43.36m	May 14, 2022
3.	Precious Williams	42.65m	Mar. 30, 2017
4.	Siana Campbell	41.01m	April 19, 2014
5.	Amber Twyner	40.60m	1997
6.	Kelly Kobia	40.00m	1997
7.	Jamie Pew	39.44m	2002
8.	Taylor Bartolotta	38.29m	Mar. 26, 2010
9.	Michelle Olandese	34.41m	April 29, 2005
10.	Holly Cassels	34.30m	Mar. 18, 2022

HEPTATHLON

1.	Brittany Floyd	5,643	April 9, 2022
2.	Holly Cassels	5,252	May 9, 2024
3.	Natalia Madison	5,247	May 14, 2023
4.	Jamie Pew	5,223	2003
5.	Kelly Roloff	5,091	2006
6.	Y'Vette Harris	5,076	April 6, 2024
7.	Natosha Jordan	4,980	May 11, 2018
8.	Kayla Pritchett	4,744	May 12, 2016
9.	Samantha Shields	4,578	May 13, 2010
10.	Sheree Carter	4,512	2007

4X100

1.	Faulknor, Scott	43.15	June 5, 2013
	Charles, Freeman		
2.	Jones, Holback	43.22	June 8, 2022
	Defreitas, Wilson		
3.	Lampkin, Jones	43.26	April 22, 2023
	Defreitas, Wilson		
4.	Freeman, Scott	43.32	Mar. 22, 2013
	Bowen, Faulknor		
5.	Booker, Freeman	43.35	April 21, 2012
	Scott, Paul		
6.	Booker, Scott	43.42	May 12, 2011
	Layne, Paul		
7.	Faulknor, Scott	43.48	May 9, 2013
	Charles, Freeman		
8.	Tabugbo, Pulliam	43.57	May 28, 2025
	Wilson, Newberry		
9.	Booker, Freeman	43.58	Mar. 23, 2012
	Scott, Coward		
10.	Williams, Holback	43.72	May 23, 2019
	Defreitas, Gallmon		

4X200

1.	Booker, Scott	1:32.81	April 2, 2011
	Layne, Paul		
2.	--	1:33.83	April 6, 2012
3.	--	1:34.71	April 4, 2013
4.	--	1:35.05	Mar. 31, 2016
5.	--	1:35.62	Mar. 30, 2017
6.	Wimberly, Thomas	1:36.34	April 25, 2008
	Adaramola, Harris		
7.	--	1:36.47	April 2, 2010
8.	--	1:37.45	April 20, 2010
9.	Adaramola, Rogan	1:39.08	Mar. 30, 2007
	Thomas, Chin		
10.	Rogan, Williams	1:39.75	Mar. 24, 2006
	Crusoe, Chin		

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CAREER OUTDOOR TOP 10

4x400M

1.	Lampkin, Williams Jones, Smith	3:31.42	April 15, 2023
2.	Williams, Smith Bess, Bradwell	3:31.88	April 16, 2022
3.	Jean, Nieuwendam Henry, Jocelyn	3:32.22	May 28, 2016
4.	Jean, Clayton Jocelyn, Charles	3:32.59	May 2, 2014
5.	Pulliam, Johnson Harris, Newberry	3:32.95	May 28, 2025
6.	Kirkland, Bess Bradwell, Smith	3:35.82	April 30, 2021
7.	Cartwright, Clayton Jean, Charles	3:35.99	April 3, 2014
8.	Brown, Williams Jean, Winston	3:36.37	May 26, 2011
9.	Charles, Freeman Logan, Jean	3:36.37	May 9, 2011
10.	Williams, Smith Kirkland, Bradwell	3:36.39	May 13, 2022

SHUTTLE HURDLE

1.	Faulknor, Scott Charles, Freeman	43.15	June 5, 2013
2.	Jones, Holback Defreitas, Wilson	43.22	June 8, 2022
3.	Lampkin, Jones Defreitas, Wilson	43.26	April 22, 2023
4.	Freeman, Scott Bowen, Faulknor	43.32	Mar. 22, 2013
5.	Booker, Freeman Scott, Paul	43.35	April 21, 2012
6.	Booker, Scott Layne, Paul	43.42	May 12, 2011
7.	Faulknor, Scott Charles, Freeman	43.48	May 9, 2013
8.	Booker, Freeman Scott, Coward	43.58	Mar. 23, 2012
9.	Williams, Holback Defreitas, Gallmon	43.72	May 23, 2019
10.	Booker, Scott Paul, Smith	43.73	Mar. 25, 2011

4x800M

1.	Pauls, Logan Williams, Chamberlain	8:38.75	April 2, 2015
2.	--	8:42.00	Mar. 30, 2017
3.	Soltis, Crook Jung, Pinnell	8:49.56	Mar. 28, 2019
4.	--	8:49.87	Mar. 29, 2018
5.	--	8:59.49	April 6, 2012
6.	Blackburn, Skinner Skinner, Dart	9:01.70	April 4, 2009
7.	Pinnell, Soltis Sanders, Crook	9:07.10	Mar. 15, 2019
8.	--	9:08.13	April 4, 2013
9.	--	9:12.47	Mar. 23, 2007
10.	--	9:16.30	2007