

KNIGHTS



FOOTBALL



UCF Football Postgame Quotes – Sept. 20, 2025



UCF 34, North Carolina 9

Head Coach Scott Frost

Coach Frost's Opening Statement

"I don't have much to say. I'm happy for our team. We had a lot of unfortunate things kind of happen around our UCF football family this week, and thought everybody did a good job of staying focused while realizing that football isn't the most important thing in life. Faith and family are. I thought everybody did a good job working through those things in the week and showing up for you."

Coach Frost on what he thinks the team learned from the game

"I'm learning that we've come a long way, but we have a long way to go. That's what I want our team to take away, and I think they will. We're a lot better team than we were against Jacksonville State, but we're going to have to be a better team than what we were today to do it again. I think it's just going to get tougher from here. So we've got to keep pushing forward."

Coach Frost on the defense's performance

"I really liked the intensity our defense came out with to start the game. You know, the good thing on that side of the ball is that we got a lot of guys that can make game changing plays and impact the game."

Coach Frost on playing a game in the Bounce House

"I just have fun coaching here. There's pressure like anywhere else, but you know it's not the same. It allows me to be better because I can just be free to care about the kids and try to put them in the best position to be successful and I think that's what Terry and everybody else ever cares about."

Coach Frost on the team's first quarter intensity

"The guys were just ready to play... We had two broken warm-ups, weird warm-ups for the first two games. This was kind of normal, or what will become normal."



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UCF Tight End Kylan Fox

Fox on what he thinks the tight ends accomplished

“I think we block our tails off. And you know once the ball finds us, we make plays. It’s just listening to what Coach Frost wants us to do.”

Fox on the team’s upcoming road game

“We just need to stay focused. Just worry about the task at hand, go on the road and just play the football game, like any other.”

Fox on his touchdown right before halftime

“Once you’re in the two-minute situation, you know it’s important to get points, so you just have to make plays when the ball comes to you.”

UCF Quarterback Tayven Jackson

Jackson on gaining confidence as QB1

“I’m starting to get the hang of it a little bit. There’s a lot of things to improve on, but a win is a win. Especially against a coach like that with what he’s done. I have a lot of respect for him [Belichick] and that team. They came out here and fought, and it was great game.”

Jackson on the offense’s efficiency throughout the game

“We were able to get the ball on the perimeter and get it to our receivers. They all played great today... And obviously that couldn’t happen without zero sacks and just a phenomenal game by the team.”

Jackson on his run game

“I feel like I’ve got comfortable running the ball. I never thought that I was a runner, but that’s what Coach Frost needs me to do, and I’m gonna do it for him.”





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UCF Defensive End Nyjalik Kelly

Kelly on the talk around Belichick leading up to the game

“I mean that was the talk for you guys [reporters], it wasn’t the talk for us. Our talk was playing together. We don’t care who the coach is or who the player is. We’ve got Coach Frost ”

Kelly on what they need to focus on starting Big 12 play

“We’ve just got to play together, listen to what our coach is saying, and go with the game plan. If we do that, we’ll be good on the road and at home.”

Kelly on being one of the few returning players from the 2024-25 roster

“I don’t compare this year’s and last year’s teams, I just look forward.”

UCF Running Back Miles Montgomery

Montgomery on the team’s play in short-yard situations

“Everytime we go into the huddle in a short play or third down I just say, ‘Look we got to have this, we got to get this. Whatever it takes you to get it that what’s you’re going to do.’ And them [his teammates] coming out with that mentality for those plays is what’s important.”

Montgomery on how he feels starting Big 12 play

“I think we’re in a really good spot, but I’ll tell you this right now, if we play like we played today against Kansas State, we won’t be happy with the outcome, so we need to perfect our game even more. There is always room to grow.”

Montgomery on the offensive and defensive performance

“One thing I really liked today is how we played complementary football. Offense would get points on the board, and the defense would turn around and get a stop on the next play.”

