



2025 GAME NOTES

2025 SCHEDULE

AUGUST

29	Bucknell (ESPN+)	W, 3-0
30	at Ohio (ESPN+)	W, 3-0

SEPTEMBER

5	Central Michigan	W, 3-0
5	at Milwaukee (ESPN+)	W, 3-0
6	South Alabama	W, 3-0
9	at UNI (ESPN+)	L, 1-3
12	Saint Louis (ESPN+)	W, 3-0
14	Omaha (ESPN+)	W, 3-1
17	at Iowa% (BIG+)	W, 3-2
19	Eastern Illinois (BIG+)	W, 3-1
20	at Illinois (BTN)	W, 3-1
25	*at No. 23 Utah (ESPN+)	W, 3-2
27	*at No. 14 BYU (ESPN+)	L, 0-3

OCTOBER

2	*Texas Tech (ESPN+)	6:30 PM
4	*UCF (ESPN+)	2:00 PM
8	*at Kansas State (ESPN+)	6:30 PM
10	*at No. 18 Kansas (ESPN+)	6:00 PM
16	*West Virginia (ESPN+)	6:30 PM
23	*Arizona (ESPN+)	6:30 PM
25	*at Colorado (ESPN+)	2:00 PM
29	*No. 15 Baylor (ESPN+)	6:30 PM
31	*No. 8 Arizona State (ESPN+)	6:30 PM

NOVEMBER

8	*at UCF (ESPN+)	12:00 PM
13	*at Houston (ESPN+)	7:00 PM
15	*No. 12 TCU (ESPN+)	2:00 PM
19	*at Cincinnati (ESPN+)	5:30 PM
21	*at West Virginia (ESPN+)	5:00 PM
26	*No. 18 Kansas (ESPN+)	6:30 PM
29	*Kansas State (ESPN+)	2:00 PM

*Big 12 Conference Match
%Iowa Corn Cy-Hawk Series
All Times Central

Location	Ames, Iowa
Founded	1858
Enrollment	31,105
Nickname	Cyclones
Mascot	Cy
Colors	Cardinal & Gold
Affiliation	NCAA Division I
Conference	Big 12
Facility	Hilton Coliseum
Capacity	14,267
President	Dr. Wendy Wintersteen
Director of Athletics	Jamie Pollard

ABBY HANSEN

Athletics Communications



Iowa State Athletics
Jacobson Athletic Building
Ames, Iowa 50011

(515) 494-5291
abbyh1@iastate.edu

IOWA STATE VOLLEYBALL

17 NCAA TOURNAMENT APPEARANCES | 5 SWEET SIXTEENS | 2 ELITE EIGHTS

THE MATCHUP



IOWA STATE
CYCLONES

Overall Record	11-2
Big 12 Record	1-1
AVCA Rank	RV
Head Coach	Christy Johnson-Lynch
Overall Record	391-221 (21st year)
ISU Record	391-221 (21st year)

VS



TEXAS TECH
RED RAIDERS

Record	8-6 (0-2 Big 12)
Head Coach	Tony Graystone



UCF
KNIGHTS

Record	10-3 (1-1 Big 12)
Head Coach	Matt Botsford

THE LEAD

Iowa State opens the Big 12 home slate hosting Texas Tech Thursday and UCF Saturday. The Cyclones enter week six receiving votes in the AVCA Coaches Poll.

BROADCAST INFORMATION

Date/Time.....Thursday, Oct. 2 / 6:30 p.m. & Saturday, Oct. 4 / 2 p.m.
Location/Venue.....Hilton Coliseum / Ames, Iowa

ESPN+

vs. TTU

Play-by-Play: Noah Wolf
Analyst: Jamie Steyer Johnson
Reporter: Abby Altman

ESPN+

vs. UCF

Play-by-Play: BJ Schaben
Analyst: Jesse Klein
Reporter: Elizabeth Ihle

CYCLONES.com

Live stats available on
cyclones.com

KEY STORYLINES

- Iowa State received votes in the AVCA Poll after splitting a pair of ranked matches on the road. ISU reverse swept No. 23 Utah, before extending the third set at No. 14 BYU to nearly force a fourth.
- The Utah win was the 45th ranked victory of Christy Johnson-Lynch's career. Freshman Alea Goolsby led ISU with 24 kills at .316, also totaling 11 digs. It was her second 20-plus kill match and third double-double.
- Iowa State ranks fifth nationally in both kills (14.53/set) and assists (13.49/set). Both averages lead the Big 12.
- Preseason All-Big 12 pick Maya Duckworth approaches career kill No. 1,000 with 956, ranking 15th in ISU history. Just 11 Cyclones have reached the milestone.
- Rachel Van Gorp extends her double-figure dig streak to 18 matches dating back to last season, and ranks second in the Big 12 averaging 4.15 digs per set.
- Among active Big 12 players, Brandt leads all with 3,129 career assists (No. 4 ISU), while Duckworth ranks fifth with 956 kills.
- Iowa State ended non-conference at 10-1, the best record since 2017.
- ISU hit over .400 in three-straight matches (vs. Ohio, CMU, MKE), marking the first time the Cyclones have done so in program history.
- Iowa State had two top 10 all-time single-match hitting percentages in one day, first against CMU hitting at 0.462 (No. 7 ISU) before hitting at .457 (No. 9 ISU) at Milwaukee.
- The Cyclones hit at .333 or better in the first five matches of the season. The last time ISU had a stretch of five-straight .300 matches happened in 1992.
- ISU opened the season at 5-0 without losing a set before falling at UNI, 1-3. ISU was one of the three final teams nationally to begin with 15 set wins. It marked the first time in program history the Cyclones opened a season with a 15-0 set record.
- Christy Johnson-Lynch has transformed the program, leading ISU to 16 NCAA Tournament appearances while totaling 391 career victories. CJL holds the No. 3 highest Big 12 win total by a volleyball head coach with 218 league wins. She's the only active coach in the top five.

**FOLLOW THE
CYCLONES**



/IowaStateVolleyball



@CycloneVB



@iowastatevb



cyclones.com

HEAD COACH

CHRISTY JOHNSON-LYNCH

21st Year at ISU

Twitter:

@CJohnsonLynch

College:

Nebraska, '96

Husband:

Joe Lynch

Children:

Addison & Jamison



COACH NOTES

- Named Iowa State volleyball head coach on Dec. 17, 2004.
- Led ISU to NCAA Volleyball Championships 16 times, with five tournament trips having reached the second weekend.
- 15 student-athletes have earned 27 AVCA All-America honors, while 30 student-athletes have earned 55 All-Big 12 honors. Prior to Johnson-Lynch's tenure, ISU had not had an All-America or All-Big 12 student-athlete.
- 208-139 record against Big 12 opponents. Prior to Johnson-Lynch, ISU was 13-167 in Big 12 play (1996-04).

AS A HEAD COACH

IOWA STATE (2005-present) 391-221 (.639)

CAREER (21 years) 391-221 (.639)

NCAA Tournament Appearances

2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2019, 2021, 2022, 2023

HONORS

- 2022 and 2009 AVCA Central Region and 2009 Big 12 Coach of the Year
- AVCA President in 2016-17 and member of AVCA Board of Directors from 2015-18
- 2010 Iowa State University Impact Award
- 2009 Asics/Volleyball Magazine National Coach of the Year
- 2009 Big 12 Coach of the Year

2025 IOWA STATE CYCLONES

2025 ROSTER

No.	Name	Pos.	Ht.	Year	Hometown (Last School)
1	Pam McCune	MB	6-0	Jr.	Upper Marlboro, Md. (St. John's)
2	Morgan Brandt	S	6-0	Sr.	Sumner, Iowa (Sumner-Fredericksburg)
3	Tierney Jackson	MB	6-4	Sr.	Tulsa, Okla. (West Virginia)
4	Reagan Hanfelt	MB/RS	6-0	Fr.	Ankeny, Iowa (Ankeny)
5	Maya Duckworth	OH	5-8	Sr.	Hurst, Texas (Birdville)
6	Shae Pearson	MB	6-2	So.	Saint Charles, Mo. (Francis Howell Central)
7	Annalise Grant	L/DS	5-4	Fr.	West Des Moines, Iowa (Dowling)
9	Mesaiya Bettis	OH	6-0	Fr.	Apple Valley, Minn. (Burnsville)
10	Rachel Van Gorp	L/OH	5-9	So.	Olathe, Kan. (Heritage Christian Academy)
12	Abbi Brenizer	MB/RS	6-0	Jr.	Norwalk, Iowa (Norwalk)
13	Lilly Wachholz	RS	6-2	R-Jr.	Waconia, Minn. (Mayer Lutheran)
14	Nayeli Gonzalez	OH	6-2	Jr.	San Antonio, Texas (Cornerstone Christian)
17	Ava Martin	S	5-10	So.	Leawood, Kan. (San Jose State)
18	Amiree Hendricks-Walker	MB	6-2	R-Sr.	Los Angeles, Calif. (South Florida)
19	Faith DeRonde	OH/RS	5-11	Sr.	Oskaloosa, Iowa (Oskaloosa)
20	Nayeli Ti'a	OH	5-11	R-Jr.	Livermore, Calif. (San Jose State)
21	Paula Krzeslak	DS/L	5-6	R-Sr.	Tomaszów Mazowiecki, Poland (Im. Jaroslawa Dabrowskiego)
30	Alea Goolsby	OH	5-10	Fr.	Olathe, Kan. (Saint Thomas Aquinas)

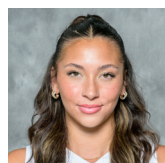
RADIO/TELEVISION CHART



Pam McCune
#1 / MB



Morgan Brandt
#2 / S



Tierney Jackson
#3 / MB



Reagan Hanfelt
#4 / MB/RS



Maya Duckworth
#5 / OH



Shae Pearson
#6 / MB



Annalise Grant
#7 / L/OH



Mesaiya Bettis
#9 / OH



Rachel Van Gorp
#10 / L



Abbi Brenizer
#12 / MB/RS



Lilly Wachholz
#13 / RS



Nayeli Gonzalez
#14 / OH



Ava Martin
#17 / S



Amiree Hendricks-Walker
#18 / MB



Faith DeRonde
#19 / OH/RS



Nayeli Ti'a
#20 / OH



Paula Krzeslak
#21 / DS/L



Alea Goolsby
#30 / OH

PRONUNCIATION GUIDE

Mesaiya Bettis	muh-SIGH-uh BET-tis
Abbi Brenizer	bren-EYE-zir
Faith DeRonde	de-RON-dee
Nayeli Gonzalez	nye-ELL-ee
Amiree Hendricks-Walker	ah-MIRR-ee

Tierney Jackson	TIER-knee
Paula Krzeslak	POW-la KAI-shlack
Pam McCune	mc-QUE-n
Nayeli Ti'a	NYE-uh-LEE TEE-uh
Lilly Wachholz	wok-HOLTS



AMONG THE BEST

Christy Johnson-Lynch has cemented herself as one of the most winningest coaches in Big 12 history and continues to move up the all-time list. CJL is the only current Big 12 coach among the top five.

All-Time Big 12 Coaching Records

Coach	W	L
1. Jerrett Elliot, UT ('01-'23)	353	58
2. Ray Bechard, KU ('98-'24)	239	250
3. Christy Johnson-Lynch, ISU	208	139
4. John Cook, NU ('00-'10)	207	13
5. Suzie Fritz, KSU ('01-'22)	201	191

PRESEASON ALL-BIG 12

- Maya Duckworth earned her spot on the Preseason All-Big 12 Team. The senior is the 14th in Iowa State history to earn multiple preseason honors.
- Duckworth has totaled 956 career kills (No. 15 ISU), and 55 10-plus kill matches (No. 10 ISU).

Iowa State All-Time Career Kills

1. Victoria Henson (2006-10)	1,726
2. Kirstin Hugdahl (1991-95)	1,620
3. Steph McCannon (1992-95)	1,566
4. Jess Schaben (2015-18)	1,548
5. Eleanor Holthaus (2018-22)	1,516
6. Erin Boeve (2004-07)	1,334
7. Linda Evans (1984-87)	1,235
8. Katie Jessen (2003-06)	1,214
9. Tracy Graham (1987-91)	1,138
10. Dana Burson (1986-89)	1,042
11. Victoria Hurtt (2011-14)	1,033
12. Brittany Dalager (2001-04)	994
13. Jamie Straube (2009-12)	979
14. Dana Mucha (1992-95)	961
15. Maya Duckworth (2022-25)	956

FRESHMEN DEVELOPMENT

- Rachel Van Gorp was a star for the Cyclones in 2024 beginning the season as ISU's libero and transitioning into a hitting role. Van Gorp put up three double-doubles, 297 digs, 84 kills and a team-leading 23 aces. The freshman earned Big 12 Rookie of the Week Oct. 29.
- ISU produced back-to-back AVCA Midwest Region Freshmen of the Year in Maya Duckworth (2022) and Nayeli Gonzalez (2023). The duo both earned AVCA All-Region First Team honors in their first year out, the only freshmen in program history to do so.
- Gonzalez became the first Cyclone freshman to earn All-America honors or First Team All-Big 12 honors. She is the third Cyclone to earn Big 12 Rookie of the year and first since 2015. Gonzalez became the second

ISU freshman to earn AVCA All-Region First Team and fourth Regional Freshman of the Year.

FAMILY TIES

- Rachel Van Gorp's late mother, Janice (Ninemire) Van Gorp who also wore No. 10, played volleyball at ISU from 1987-90 and was an All-Big Eight First Team selection. Ninemire evolved into a top attacker after beginning as a back-row player. She also competed on the track team in '88, finishing sixth in the triple jump at indoor conference.
- Ninemire still ranks sixth in all-time ISU history in career aces (122), 14th in matches played (120), 18th in digs (1,001) and 25th in kills (833). In 1990, Ninemire became the second Cyclone to hit 1,000 career digs.
- Reagan Hanfelt's mother Kelly (Cizek) Hanfelt was a member of the volleyball and track & field teams in 1997, and then played basketball from 1998-01.
- Cizek totaled 58 kills, 116 digs and 10 aces in volleyball, and as a high jumper medaled at both indoor and outdoor conference. In her four seasons as a forward, Cizek played in 96 games, tallying 228 rebounds, 221 points, 46 assists, 35 steals and 7 blocks.
- Faith DeRonde's mother Sarah (Wellings) DeRonde was on the track and field team from 1997-02.

KANSAS PIPELINE

- Olathe, Kansas natives Rachel Van Gorp and Alea Goolsby reunite following playing together in club. Fellow Kansas native Ava Martin played against the two in club ball.

"LIBERO U"

- Under Christy Johnson-Lynch's direction, Iowa State has earned Big 12 Libero of the Year 10 times. In addition, 16 players have earned 65 Big 12 Defensive Player of the Week honors since the award's 2007 introduction. The league's next highest total is 31 by Texas and Baylor.

CYCLONE NATION

- ISU volleyball program boasts one of the nation's top game-day environments thanks to Johnson-Lynch and ISU's success. Iowa State has ranked top 15 nationally in attendance in four of the last six seasons.
- Last season's Cy-Hawk meeting drew in the third-largest volleyball crowd in Hilton history with 5,523. Iowa State finished 2024 ranked 26th in the nation averaging 2,635.

Category	ISU	TTU	UCF
Sets	47	58	45
Hitting Pct.	0.293	0.184	0.284
Kills/Set	14.53	12.22	13.96
Assists/Set	13.49	11.50	12.60
Aces/Set	1.43	1.40	2.04
Digs/Set	13.34	14.41	13.38
Blocks/Set	1.61	1.71	2.22

>

SERIES HISTORY



ISU LEADS 34-25

Home: Iowa State leads 18-12
Road: Iowa State leads 17-12
Neutral: Texas Tech leads 1-0
Current Streak: 5 by Iowa State
Johnson-Lynch vs. TTU: 33-6
Graystone vs. ISU: 5-12

>

SERIES NOTES

- The last three matches against TTU have resulted in Cyclone sweeps, while Iowa State has won the last five.

>

SERIES HISTORY



SERIES TIED 1-1

Home: Iowa State leads 1-0
Road: 0-0
Neutral: UCF leads 1-0 (2019)
Current Streak: 1 by Iowa State
Johnson-Lynch vs. UCF: 1-1
Matt Botsford (at FGCU) vs. ISU: 0-1

>

SERIES NOTES

- While Botsford is in his first season leading UCF, he met the Cyclones during his time at FGCU. In '22, ISU won in five during the NCAA Tournament First Round. Botsford is one of three coaches new to the Big 12 this season.
- Last season, the ISU at UCF match was canceled due to Hurricane Milton. The two last met in 2023, for the first time as Big 12 opponents, where the Cyclones swept the Knights.
- ISU will play UCF again this season Nov. 8, the first road match for ISU in the series.



FROM THE **NOTEBOOK**

CYCLONES BY THE NUMBERS

- 1

Morgan Brandt leads all active Big 12 players with 3,129 career assists. The total ranks fourth in program history.
- 3

Christy Johnson-Lynch ranks No. 3 all time in Big 12 history with 208 league victories.
- 8

Iowa State ended non-conference with a record of 10-1, the best mark in eight seasons.
- 10

Duckworth ranks 10th in Iowa State history with 55 10-plus kill career matches.
- 15

Nayeli Gonzalez totaled the 15th All-America honor in program history, earning honorable mention honors as a freshman in 2023.
- 18

The 2025 squad is made up of 11 returners, four freshman and three transfers.

IN THE **POLLS**

Week	AVCA	Week	AVCA
Preseason	NR	8	-
1	NR	9	-
2	NR	10	-
3	NR	11	-
4	NR	12	-
5	RV	13	-
6	-	14	-
7	-	Final	-

NATIONAL **POLLS**

AVCA Coaches Poll	
1.	Nebraska
2.	Texas
3.	Kentucky
3.	Stanford
5.	Pitt
6.	Louisville
7.	Wisconsin
8.	Arizona State
9.	Texas A&M
10.	Minnesota
11.	SMU
12.	TCU
13.	Purdue
14.	Creighton
15.	Baylor
16.	Penn State
17.	USC
18.	Kansas
19.	BYU
20.	Tennessee
21.	Missouri
22.	Miami (FL)
23.	Florida
24.	UCLA
25.	UNC

STANDINGS

School	Big 12	Overall
Baylor	3-0	8-3
Arizona State	2-0	11-2
Colorado	2-0	11-2
Iowa State	1-1	11-2
BYU	1-1	13-1
TCU	1-1	11-3
UCF	1-1	10-3
Cincinnati	1-1	9-3
Kansas	1-1	10-6
Houston	1-1	8-5
Arizona	1-1	7-5
West Virginia	0-1	12-1
Kansas State	0-2	7-3
Utah	0-2	8-5
Texas Tech	0-2	8-6

HONORS

Offensive Player of the Week

-

Defensive Player of the Week

-

Rookie of the Week

Alea Goolsby, Sept. 23

JUST THE
FACTS

17

Iowa State has made 17 NCAA Tournament appearances, with 16 under Christy Johnson-Lynch's guidance.

18

The 2025 squad features 11 returners, four freshmen and three transfers.

21

The 2025 season marks Christy Johnson-Lynch's 21st season leading Iowa State.



SITUATIONAL RECORDS

Situation	2025	Under CJL	Streak
Overall	11-2	391-221	L1
Home	2-0	194-76	W2
Road	5-2	135-121	L1
Neutral	4-0	63-25	W5
Big 12	1-1	208-139	L1
Big 12 Home	0-0	117-53	L5
Big 12 Road	1-1	90-85	L1
Non-conference	10-1	182-78	W5
As AVCA Top-25 team	0-0	137-50	L1
Vs. AVCA Top-5 team	0-0	6-42	L2
Vs. AVCA Top-10 team	0-0	9-68	L6
Vs. AVCA Top-25 team	1-1	45-120	L1
Vs. unranked team	10-1	346-98	W5
Three-set match	6-1	214-87	L1
Four-set match	3-1	113-77	W3
Five-set match	2-0	63-53	W2
ISU wins set one	10-0	326-58	W10
ISU loses set one	1-2	63-163	L1
ISU leads in kills	11-1	352-51	L1
Tied or opp. leads in kills	0-1	38-170	L12
ISU leads in digs	9-0	333-88	W9
Tied or opp. leads in digs	2-2	59-132	L1
ISU leads in blocks	5-0	269-57	W5
Tied or opp. leads in blocks	6-2	121-164	L1
ISU has higher hit pct.	11-0	367-30	W11
Same or opp. has higher hit pct.	0-1	24-190	L14
ISU hits .400 or higher	3-0	19-0	W19
ISU hits .300 or higher	5-0	124-2	W51
ISU hits lower than .300	6-1	217-62	W6
ISU hits lower than .200	0-1	39-158	L8
Opponent hits .300 or higher	0-2	4-61	L8
Opponents hits .200 or higher	3-0	84-126	W3
Opponent hits .200 or lower	7-0	208-34	W8
Opponents hits .100 or lower	1-0	94-1	W12
ISU leads in aces	8-1	267-62	W9
Tied or opp. leads in aces	3-1	123-159	L1
In August	2-0	39-17	W2
In September	9-2	151-68	L1
In October	0-0	92-63	L3
In November	0-0	87-57	L4
In December	0-0	17-15	L1
In February	0-0	1-1	L1
In March	0-0	2-2	W2
On Sundays	1-0	10-18	W1
On Mondays	0-0	2-0	W2
On Tuesdays	0-1	12-8	L1
On Wednesdays	1-0	104-51	L8
On Thursdays	1-0	14-7	W1
On Fridays	5-0	92-46	W5
On Saturdays	3-1	158-88	L1
Wearing cardinal	2-1	152-109	W1
Wearing white	2-0	194-80	W2
Wearing grey	3-1	9-7	L1
Wearing pink	0-0	11-3	W3
Wearing digital camo	0-0	4-2	W2
Wearing gold	0-0	3-2	W3
Wearing black	4-0	16-18	W4

SEASON SET BESTS

Individuals

Kills	8, Three Times (MR: Goolsby in 2nd at Illinois (9-20-25))
Attempts	19, Goolsby in 1st at Utah (9-25-25)
Digs	8, Twice (MR: Van Gorp in 4th at Illinois (9-20-25))
Aces	3, Twice (MR: Van Gorp in 1st at UNI (9-9-25))
Blocks	3, Twice (MR: McCune in 4th at Utah (9-25-25))

Team

Kills	20 in 4th vs. Omaha (9-14-25)
Hitting Pct.	.636 in 2nd at Milwaukee (9-5-25)
Digs	24 in 1st vs. Omaha (9-14-25)
Aces	5 in 2nd at UNI (9-9-25)
Blocks	4.0, Twice (MR: in 2nd vs. Eastern Illinois (9-19-25))

THE LAST TIME

Iowa State had...

75-plus kills	79 vs. Cincinnati (11-27-23)
75-plus digs	77 vs. Kansas (11-29-24)
20-plus blocks	20.0 vs. Middle Tennessee (8-26-07)
10-plus aces	11 vs. BYU (10-17-24)
.400 or better hit pct	.457 at Milwaukee (9-5-25)
.300 or better hit pct	.351 vs. South Alabama (9-6-25)
Held opp. to 15 pts. in set	14 in 3rd vs. Eastern Illinois (9-19-25)
15 pts or less in a set	13 in 1st at Arizona (11-23-24)

A Cyclone had...

30-plus kills	31, Nayeli Gonzalez vs. Kansas (11-10-23)
20-plus kills	24, Alea Goolsby at Utah (9-25-25)
60-plus attempts	61, Maya Duckworth at K-State (10-5-24)
70-plus assists	72, Kaylee Manns at Colorado (10-18-08)
60-plus assists	65, Morgan Brandt vs. Cincinnati (11-27-23)
30-plus digs	33, Brooke Stonestreet vs. Kansas (11-11-23)
25-29 digs	29, Brooke Stonestreet vs. K-State (10-27-24)
10-plus blocks	10, Pam McCune at K-State (10-5-24)
5-plus aces	5, Rachel Van Gorp vs. BYU (10-17-24)
30-plus points	36.0, Nayeli Gonzalez vs. Kansas (11-10-23)
20-plus points	25.0, Alea Goolsby at Utah (9-25-25)
a triple-double	Erin Boeve (14k-10d-10b) at Missouri (11-14-07)
a 20-kill/20-dig match	Jess Schaben (22k-22d) at UNI (9-13-16)

An Opponent had...

30-plus kills	32, Aliyah Carter, K-State (10-27-24)
20-plus kills	23, Hartman, UNI (9-9-25)
60-plus attempts	87, Aliyah Carter, K-State (10-27-24)
70-plus assists	72, Carolyn Kittell, Oklahoma (9-27-00)
60-plus assists	62, Saige Ka'aha'aina-Torres, Texas (10-19-22)
25-plus digs	26, Kate Georgiades, Houston (10-9-24)
10-plus blocks	11, Brenna Schmidt, K-State (10-5-24)
5-plus aces	6, Alyssa Worden, Iowa (9-11-24)
30-plus points	36.0, Aliyah Carter, K-State (10-27-24)
20-plus points	20.0, Kamryn Gibadlo, Utah (9-25-25)



CAREER DOUBLE FIGURES

Kills	2021	2022	2023	2024	2025	Total	Streak
Maya Duckworth	-	20	17	12	6	55	0
Lilly Wachholz	-	-	9	16	4	29	0
Nayeli Ti'a	-	-	12#	13#	2	27	1
Abbi Brenizer	-	-	2*	24*	0	26	0
Nayeli Gonzalez	-	-	18	7	0	25	0
Amiree Hendricks-Walker 4\$	-	1\$	-	7	2	14	0
Tierney Jackson	-	3^	6^	2	3	14	0
Faith DeRonde	-	0	0	10	0	10	0
Alea Goolsby	-	-	-	-	9	9	6
Pam McCune	-	-	0	2	1	3	0
Rachel Van Gorp	-	-	-	3	0	3	0

Digs	2021	2022	2023	2024	2025	Total	Streak
Rachel Van Gorp	-	-	-	20	13	33	18
Morgan Brandt	-	2	14	10	2	28	0
Nayeli Ti'a	-	-	10#	9#	2	21	0
Maya Duckworth	-	8	10	1	0	19	0
Nayeli Gonzalez	-	-	9	1	0	10	0
Paula Krzeslak	-	-	5	3	1	9	0
Alea Goolsby	-	-	-	-	3	3	0

Double-Doubles	2021	2022	2023	2024	2025	Total	Streak
Morgan Brandt	-	2	14	9	2	28	0
Nayeli Ti'a	-	-	7#	8#	0	15	0
Maya Duckworth	-	7	6	1	0	14	0
Nayeli Gonzalez	-	-	7	1	0	8	0
Rachel Van Gorp	-	-	-	3	0	3	0
Alea Goolsby	-	-	-	-	3	3	0

CAREER BENCHMARK PERFORMANCES

30-plus Kills	2021	2022	2023	2024	2025	Total	Streak
Nayeli Gonzalez	-	-	1	0	0	1	0

20-plus Kills	2021	2022	2023	2024	2025	Total	Streak
Nayeli Gonzalez	-	-	4	0	0	4	0
Maya Duckworth	-	0	1	2	0	3	0
Alea Goolsby	-	-	-	-	2	2	1
Nayeli Ti'a	-	-	1#	1#	0	2	0
Lilly Wachholz	-	-	0	1	0	1	0

20-plus Digs	2021	2022	2023	2024	2025	Total	Streak
Rachel Van Gorp	-	-	-	2	3	5	0
Paula Krzeslak	0	0	1	0	0	1	0

10-plus Blocks	2021	2022	2023	2024	2025	Total	Streak
Pam McCune	-	-	0	2	0	2	0

^ Jackson's 2022-23 stats came at West Virginia

\$ Hendricks-Walker's 2021-23 stats came at South Florida

* Brenizer's 2023-24 stats came at DMACC

Ti'a's 2023-24 stats came at San Jose State

NCAA STAT RANKINGS

Team	Category	Stat	NCAA
Kills	14.53	5th	
Assists	13.49	5th	
Hitting Pct.	0.293	13th	
Opp Hitting Pct.	0.193	102nd	

Individuals	Category	Stat	NCAA
Rachel Van Gorp	Aces	0.49	53rd
Digs	4.15	85th	

Morgan Brandt	Assists	9.36	64th
---------------	---------	------	------

Pam McCune	Hitting Pct.	0.375	68th
------------	--------------	-------	------

XII STAT RANKINGS

Overall Matches	Team	Stat	Rank
Kills	14.53	1st	
Assists	13.49	1st	
Hitting Pct.	0.293	3rd	
Digs	13.34	9th	

Category	Individual	Stat	Rank
Digs	Van Gorp	4.15	2nd
Aces	Van Gorp	0.49	3rd
Hitting Pct.	McCune	0.375	4th
Assists	Brandt	9.36	7th

TEAM LEADERS

Kills	Times	W-L
Alea Goolsby	9	8-1
Maya Duckworth	2	1-1
Pam McCune	1	1-0
Amiree Hendricks-Walker	1	1-0
Lilly Wachholz	2	1-1

Blocks	Times	W-L
Tierney Jackson	7	6-1
Pam McCune	6	5-1
Lilly Wachholz	1	1-0
Maya Duckworth	2	1-1
Pam McCune	1	1-0
Amiree Hendricks-Walker	2	1-1
Nayeli Ti'a	1	0-1

Digs	Times	W-L
Rachel Van Gorp	13	11-2
Nayeli Ti'a	1	1-0



1

PAM McCUNE

Junior, Middle Blocker, 6-0
Upper Marlboro, Maryland (St. John's)



SEASON HIGHS
Kills: 11 at Ohio, 8/30/25
Attempts: 17 at Iowa, 9/17/25
Hitting Pct.: .750 at UNI, 9/9/25
Aces: 1 at Utah, 9/25/25
Digs: 3 at Illinois, 9/20/25
Solo Blocks: 2 vs. Eastern Illinois, 9/19/25
Block Asst.: 7 at Utah, 9/25/25
Total Blocks: 7 at Utah, 9/25/25

CAREER HIGHS
Kills: 13 at South Dakota, 9/15/24
Attempts: 23 at K-State, 10/5/24
Hitting Pct.: .750 at UNI, 9/9/25
Aces: 1, Six Times
Digs: 5 vs. West Virginia, 9/28/24
Solo Blocks: 5 vs. Utah, 11/29/24
Block Asst.: 8, Three Times
Total Blocks: 10, Twice

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	IowaSt	59-21	87	1.47	19	211	.322	5	0.08	3	0.05	3	25	0.42	1	8	44	52	0.88	8	0	120.0	2.03
2024-25	IowaSt	82-22	134	1.63	33	335	.301	2	0.02	2	0.02	6	25	0.30	0	23	62	85	1.04	1	0	190.0	2.32
2025-26	IowaSt	41-11	73	1.78	16	152	.375	1	0.02	1	0.02	1	5	0.12	0	4	22	26	0.63	4	1	89.0	2.17
TOTAL		182 - 54	294	1.62	68	698	.324	8	0.04	6	0.03	10	55	0.30	1	35	128	163	0.90	13	1	399.0	2.19

NOTES ON PAM

- Hit an errorless 11 kills on 15 swings (.733 hitting) at Ohio. The hitting pct. ties the sixth-highest efficiency in program history (minimum 15 attempts to enter the list), and is the best since 2018.
- Had nine kills on 12 attempts without an error for a hitting percentage of .750 at UNI.

2

MORGAN BRANDT

Senior, Setter, 6-0
Sumner, Iowa (Sumner-Fredericksburg)



SEASON HIGHS
Assists: 48 vs. Omaha, 9/14/25
Aces: 3 at Milwaukee, 9/5/25
Digs: 14 vs. Omaha, 9/14/25
Kills: 7 vs. Bucknell, 8/29/25
Hitting Pct.: .500 vs. Bucknell, 8/29/25
Solo Blocks: -
Block Assists: 2, Three Times

CAREER HIGHS
Assists: 65 vs. Cincinnati, 11/27/23
Aces: 4 vs. UCSB, 9/14/23
Digs: 15, Twice
Kills: 7, Three Times
Hitting Pct.: .500, Twice
Solo Blocks: 1, Twice
Block Assists: 5 vs. Creighton, 9/10/23

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	IowaSt	100-27	13	0.13	7	41	.146	579	5.79	23	0.23	31	155	1.55	0	0	1	1	0.01	1	11	36.5	0.37
2023-24	IowaSt	111-30	92	0.83	26	262	.252	1132	10.20	28	0.25	55	247	2.23	0	1	48	49	0.44	7	11	145.0	1.31
2024-25	IowaSt	115-28	68	0.59	18	164	.305	978	8.50	22	0.19	36	237	2.06	0	1	30	31	0.27	2	4	106.0	0.92
2025-26	IowaSt	47-13	23	0.49	7	61	.262	440	9.36	11	0.23	20	86	1.83	0	0	11	11	0.23	2	0	39.5	0.84
TOTAL		373 - 98	196	0.53	58	528	.261	3129	8.39	84	0.23	142	725	1.94	0	2	90	92	0.25	12	26	327.0	0.88

Double-Doubles

	Assists	Digs
at Ohio	32	11
vs. Omaha	48	14

NOTES ON MORGAN

- Ranks fourth in Iowa State history with 3,129 career assists.



3

TIERNEY JACKSON

Senior, Middle Blocker, 6-4
Tulsa, Oklahoma (West Virginia)

SEASON HIGHS

Kills: 12 at Utah, 9/25/25
Attempts: 24 at UNI, 9/9/25
Hitting Pct.: .727 at Milwaukee, 9/5/25
Aces: 2 at Milwaukee, 9/5/25
Digs: 6 vs. Bucknell, 8/29/25
Solo Blocks: 1, Six Times
Block Asst.: 6 vs. Bucknell, 8/29/25

CAREER HIGHS

Kills: 15 vs. Chicago State, 9/30/23
Attempts: 39 vs. TCU, 10/14/23
Hitting Pct.: .727 at Milwaukee, 9/5/25
Aces: 3, Twice
Digs: 7, Twice
Solo Blocks: 4 vs. Texas Tech, 9/24/22
Block Asst.: 8 at Cornell, 9/8/23

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	WVU	105-29	165	1.57	89	467	.163	8	0.08	2	0.02	5	30	0.29	1	20	71	91	0.87	8	1	222.5	2.12
2023-24	WVU	103-30	199	1.93	84	505	.228	3	0.03	14	0.14	27	62	0.60	1	7	76	83	0.81	14	0	258.0	2.50
2024-25	IowaSt	73-25	98	1.34	33	247	.263	7	0.10	15	0.21	26	39	0.53	1	4	31	35	0.48	4	0	132.5	1.82
2025-26	IowaSt	43-13	90	2.09	26	174	.368	3	0.07	3	0.07	8	24	0.56	0	6	28	34	0.79	5	0	113.0	2.63
TOTAL FOR IowaSt		116 - 38	188	1.62	59	421	.306	10	0.09	18	0.16	34	63	0.54	1	10	59	69	0.59	9	0	245.5	2.12
TOTAL		324 - 97	552	1.70	232	1393	.230	21	0.06	34	0.10	66	155	0.48	3	37	206	243	0.75	31	1	726.0	2.24

4

REAGAN HANFELT

Freshman, Middle Blocker/Right Side, 6-0
Ankeny, Iowa (Ankeny)

SEASON HIGHS

Kills: -
Attempts: -
Hitting Pct.: -
Aces: -
Digs: -
Solo Blocks: -
Block Asst.: -

CAREER HIGHS

Kills: None
Attempts: None
Hitting Pct.: None
Aces: None
Digs: None
Solo Blocks: None
Block Asst.: None

CAREER STATISTICS



5

MAYA DUCKWORTH

Senior, Outside Hitter, 5-8

Hurst, Texas (Birdville)



SEASON HIGHS
Kills: 13, Twice
Attempts: 32 at UNI, 9/9/25
Hitting Pct.: .714 vs. South Alabama, 9/6/25
Aces: 2 at Milwaukee, 9/5/25
Digs: 8 vs. Omaha, 9/14/25
Solo Blocks: 1, Twice
Block Asst.: 4 at Utah, 9/25/25

CAREER HIGHS
Kills: 23, Twice
Attempts: 61 at K-State, 10/5/24
Hitting Pct.: .714 vs. South Alabama, 9/6/25
Aces: 5, Twice
Digs: 17 vs. Cincinnati, 11/25/23
Solo Blocks: 3 at GCU, 9/2/23
Block Asst.: 7 at UNLV, 8/31/24

CAREER STATISTICS																							
SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	IowaSt	115-30	311	2.70	130	905	.200	12	0.10	22	0.19	36	196	1.70	43	7	51	58	0.50	9	0	365.5	3.18
2023-24	IowaSt	103-28	316	3.07	129	908	.206	18	0.17	23	0.22	28	207	2.01	10	11	35	46	0.45	10	0	367.5	3.57
2024-25	IowaSt	84-23	215	2.56	79	643	.212	4	0.05	11	0.13	22	109	1.30	11	4	26	30	0.36	1	0	243.0	2.89
2025-26	IowaSt	46-13	114	2.48	27	254	.343	5	0.11	6	0.13	2	51	1.11	3	2	17	19	0.41	4	0	130.5	2.84
TOTAL		348 - 94	956	2.75	365	2710	.218	39	0.11	62	0.18	88	563	1.62	67	24	129	153	0.44	24	0	1107	3.18

- NOTES ON MAYA
- Ranks at No. 15 in Iowa State history with 956 kills.
 - 2022 AVCA All-Midwest Region First Team, AVCA Midwest Region Freshman of the Year and All-Big 12 Second Team ... 3x Big 12 Rookie of the Week.

6

SHAE PEARSON

Sophomore, Middle Blocker, 6-2

Saint Charles, Mo. (Francis Howell Central)



SEASON HIGHS
Kills: -
Attempts: -
Hitting Pct.: -
Aces: -
Digs: -
Solo Blocks: -
Block Asst.: -

CAREER HIGHS
Kills: None
Attempts: None
Hitting Pct.: None
Aces: None
Digs: None
Solo Blocks: None
Block Asst.: None

CAREER STATISTICS

7

ANNALISE GRANT

Freshman, Libero/Defensive Specialist, 5-4
West Des Moines, Iowa (Dowling Catholic)



SEASON HIGHS

Kills:

-

Attempts:

-

Hitting Pct.:

-

Aces:

1 at Illinois, 9/20/25

Digs:

9 vs. Saint Louis, 9/12/25

Solo Blocks:

-

Block Asst.:

-

CAREER HIGHS

Kills:

None

Attempts:

None

Hitting Pct.:

None

Aces:

1 at Illinois, 9/20/25

Digs:

9 vs. Saint Louis, 9/12/25

Solo Blocks:

None

Block Asst.:

None

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2025-26	IowaSt	36-12	0	0.00	0	1	.000	6	0.17	1	0.03	6	23	0.64	2	0	0	0	0.00	0	0	1.0	0.03
TOTAL		36 - 12	0	0.00	0	1	.000	6	0.17	1	0.03	6	23	0.64	2	0	0	0	0.00	0	0	1.0	0.03

9

MESAIYA BETTIS

Freshman, Outside Hitter, 6-0
Apple Valley, Minn. (Burnsville)



SEASON HIGHS

Kills:

-

Attempts:

-

Hitting Pct.:

-

Aces:

-

Digs:

-

Solo Blocks:

-

Block Asst.:

-

CAREER HIGHS

Kills:

None

Attempts:

None

Hitting Pct.:

None

Aces:

None

Digs:

None

Solo Blocks:

None

Block Asst.:

None

CAREER STATISTICS

10

RACHEL VAN GORP

Sophomore, Libero/Outside Hitter, 5-9
Olathe, Kansas (Heritage Christian Academy)



>

SEASON HIGHS

Digs: 23 vs. Omaha, 9/14/25
Assists: 8 at Illinois, 9/20/25
Aces: 4 at Iowa, 9/17/25
Kills: -
Attempts: -
Hitting Pct.: -
Solo Blocks: -
Block Asst.: -

>

CAREER HIGHS

Digs: 23 vs. Omaha, 9/14/25
Assists: 8 at Illinois, 9/20/25
Aces: 5, Twice
Kills: 11 vs. BYU, 10/16/24
Attempts: 29 vs. BYU, 10/16/24
Hitting Pct.: .389 at Baylor, 10/30/24
Solo Blocks: 1 at Texas Tech, 11/16/24
Block Asst.: 1, Twice

>

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	IowaSt	102-25	92	0.90	44	287	.167	39	0.38	23	0.23	31	323	3.17	21	1	2	3	0.03	2	1	117.0	1.15
2025-26	IowaSt	47-13	1	0.02	0	8	.125	51	1.09	23	0.49	14	195	4.15	6	0	0	0	0.00	0	1	24.0	0.51
TOTAL		149 - 38	93	0.62	44	295	.166	90	0.60	46	0.31	45	518	3.48	27	1	2	3	0.02	2	2	141.0	0.95

NOTES ON RACHEL

- 2024 Big 12 All-Rookie Team member.
- Mother, the late Janice Ninemire who also wore No. 10, played volleyball at Iowa State from 1987-90 and was an All-Big Eight First Team selection ... Ninemire still ranks sixth in all-time ISU history in career aces (122), 14th in matches played (120), 18th in digs (1,001) and 25th in kills (833).
- Also an outstanding track and field athlete in high school ... earned three straight long jump Class 3A state titles (2022-24) and the '23 triple jump title, while notching six other top-five state finishes throughout the 100m, 200m and 400m dash.

12

ABBI BRENIZER

Junior, Middle Blocker/Right Side, 6-0
Norwalk, Iowa (Norwalk)



>

SEASON HIGHS

Kills: -
Attempts: -
Hitting Pct.: -
Aces: -
Digs: -
Solo Blocks: -
Block Asst.: -

>

CAREER HIGHS

Kills: 19 vs. Lincoln Land, 10/11/24
Attempts: 52 at Kirkwood, 11/9/24
Hitting Pct.: .750 vs Hawkeye, 10/15/24
Aces: 4 vs. Spoon River, 10/12/24
Digs: 9, Twice
Solo Blocks: 2, Five Times
Block Asst.: 8 vs. Heartland, 9/7/24

>

CAREER STATISTICS

13

LILLY WACHHOLZ

R-Junior, Right Side, 6-2
Waconia, Minnesota (Mayer Lutheran)



SEASON HIGHS
Kills: 14 at Iowa, 9/17/25
Attempts: 34 at Iowa, 9/17/25
Hitting Pct.: .538 vs. CMU, 9/5/25
Aces: 3 vs. Bucknell, 8/29/25
Digs: 6 vs. Omaha, 9/14/25
Solo Blocks: 1, Twice
Block Asst.: 1, Five Times

CAREER HIGHS
Kills: 21 at Syracuse, 9/21/24
Attempts: 44 vs. West Virginia, 9/28/24
Hitting Pct.: .650 vs. Ohio, 9/15/23
Aces: 3, Four Times
Digs: 8, Twice
Solo Blocks: 1, Ten Times
Block Asst.: 6 vs. Baylor, 9/30/23

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	IowaSt	94-29	197	2.10	78	515	.231	8	0.09	20	0.21	29	62	0.66	2	3	39	42	0.45	7	0	239.5	2.55
2024-25	IowaSt	107-28	287	2.68	135	705	.216	9	0.08	22	0.21	30	83	0.78	1	5	31	36	0.34	5	1	329.5	3.08
2025-26	IowaSt	35-11	90	2.57	44	220	.209	3	0.09	6	0.17	10	23	0.66	0	2	5	7	0.20	3	0	100.5	2.87
TOTAL		236 - 68	574	2.43	257	1440	.220	20	0.08	48	0.20	69	168	0.71	3	10	75	85	0.36	15	1	669.5	2.84

14

NAYELI GONZALEZ

Junior, Outside Hitter, 6-2
San Antonio, Texas (Cornerstone Christian)



SEASON HIGHS
Kills: -
Attempts: -
Hitting Pct.: -
Aces: -
Digs: -
Solo Blocks: -
Block Asst.: -

CAREER HIGHS
Kills: 31 vs. Kansas, 11/10/23
Attempts: 61 vs. Kansas, 11/10/23
Hitting Pct.: .483 vs. Iowa, 9/11/24
Aces: 4 vs. Kansas, 11/11/23
Digs: 19 at Houston, 11/17/23
Solo Blocks: 2, Three Times
Block Asst.: 6 at K-State, 10/5/24

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	IowaSt	105-30	348	3.31	156	855	.225	23	0.22	33	0.31	52	224	2.13	29	10	37	47	0.45	10	1	409.5	3.90
2024-25	IowaSt	43-11	127	2.95	63	317	.202	2	0.05	7	0.16	13	48	1.12	6	2	16	18	0.42	1	0	144.0	3.35
TOTAL		148 - 41	475	3.21	219	1172	.218	25	0.17	40	0.27	65	272	1.84	35	12	53	65	0.44	11	1	553.5	3.74

2024 Double-Doubles

	Kills	Digs
vs. Pacific	19	14

NOTES ON NAYELI

■ 2023 AVCA & VolleyballMag.com Honorable Mention All-American, First Team All-Big 12, Big 12 Rookie of the Year, AVCA First Team All-Region and Midwest Region Freshman of the Year ... 4x Big 12 Rookie of the Week.



17

AVA MARTIN

Sophomore, Setter, 5-10

Leawood, Kansas (San Jose State)



SEASON HIGHS
Assists: 26 at Utah, 9/25/25
Aces: 2, Three Times
Digs: 8 at Illinois, 9/20/25
Kills: -
Hitting Pct.: -
Solo Blocks: -
Block Assists: -

CAREER HIGHS
Assists: 27 vs. New Mexico, 11/2/24
Aces: 3 vs. New Mexico, 11/2/24
Digs: 8 at Illinois, 9/20/25
Kills: 1 vs. New Mexico, 11/2/24
Hitting Pct.: None
Solo Blocks: None
Block Asst.: None

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2024-25	SJSU	24-11	1	0.04	0	6	.167	108	4.50	8	0.33	10	36	1.50	0	0	0	0	0.00	0	0	9.0	0.38
2025-26	IowaSt	34-13	0	0.00	1	4	-.250	112	3.29	9	0.26	12	29	0.85	0	0	0	0	0.00	2	0	9.0	0.26
TOTAL FOR IowaSt		34 - 13	0	0.00	1	4	-.250	112	3.29	9	0.26	12	29	0.85	0	0	0	0	0.00	2	0	9.0	0.26
TOTAL		58 - 24	1	0.02	1	10	.000	220	3.79	17	0.29	22	65	1.12	0	0	0	0	0.00	2	0	18.0	0.31

18

AMIREE HENDRICKS-WALKER

R-Junior, Middle Blocker, 6-2

Los Angeles, California (South Florida)



SEASON HIGHS
Kills: 15 at Iowa, 9/17/25
Attempts: 24 at Iowa, 9/17/25
Hitting Pct.: .643 vs. Eastern Illinois, 9/19/25
Digs: 1, Three Times
Solo Blocks: 1 at Iowa, 9/17/25
Block Asst.: 5, Twice

CAREER HIGHS
Kills: 18 vs. West Virginia, 9/28/24
Attempts: 31 vs. UMBC, 8/28/21
Hitting Pct.: .714 vs. Stetson, 9/16/22
Digs: 5 vs. K-State, 10/27/24
Solo Blocks: 5 vs. Furman, 9/10/21
Block Asst.: 8 at Memphis, 9/25/22

CAREER STATISTICS																							
SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	USF	114-31	172	1.51	61	400	.278	5	0.04	0	0.00	0	16	0.14	0	21	74	95	0.83	9	0	230.0	2.02
2022-23	USF	59-15	68	1.15	17	138	.370	0	0.00	0	0.00	0	5	0.08	1	10	54	64	1.08	5	0	105.0	1.78
2024-25	IowaSt	94-24	181	1.93	53	388	.330	4	0.04	0	0.00	3	15	0.16	0	7	66	73	0.78	3	0	221.0	2.35
2025-26	IowaSt	31-10	70	2.26	19	130	.392	0	0.00	0	0.00	3	3	0.10	0	1	16	17	0.55	1	0	79.0	2.55
TOTAL FOR IowaSt		125 - 34	251	2.01	72	518	.346	4	0.03	0	0.00	6	18	0.14	0	8	82	90	0.72	4	0	300.0	2.40
TOTAL		298 - 80	491	1.65	150	1056	.323	9	0.03	0	0.00	6	39	0.13	1	39	210	249	0.84	18	0	635.0	2.13



19

FAITH DeRONDE

Junior, Outside Hitter/Right Side, 5-11
Oskaloosa, Iowa (Oskaloosa)

SEASON HIGHS

Kills: 2 at UNI, 9/9/25
Attempts: 7 at UNI, 9/9/25
Hitting Pct.: -
Aces: -
Digs: 2 at UNI, 9/9/25
Solo Blocks: -
Block Asst.: -

CAREER HIGHS

Kills: 17 at Houston, 10/9/24
Attempts: 55 vs. K-State, 10/27/24
Hitting Pct.: .375 at K-State, 10/5/24
Aces: 3 vs. Illinois, 9/7/24
Digs: 9 vs. Baylor, 11/25/23
Solo Blocks: None
Block Asst.: 3 vs. K-State, 10/27/24

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	IowaSt	9-7	0	0.00	5	7	.714	2	0.22	1	0.11	4	5	0.56	0	0	0	0	0.00	0	0	1.0	0.11
2023-24	IowaSt	84-28	11	0.13	10	44	.023	19	0.23	0	0.00	1	82	0.98	12	0	0	0	0.00	0	0	11.0	0.13
2024-25	IowaSt	112-28	205	1.83	92	586	.193	5	0.04	7	0.06	36	112	1.00	21	0	13	13	0.12	3	0	218.5	1.95
2025-26	IowaSt	9-7	4	0.44	4	14	.000	0	0.00	0	0.00	0	4	0.44	1	0	0	0	0.00	0	0	4.0	0.44
TOTAL		214 - 70	220	1.03	111	651	.167	26	0.12	8	0.04	41	203	0.95	34	0	13	13	0.06	3	0	234.5	1.10

20

NAYELI TI'A

R-Junior, Outside Hitter, 5-11
Livermore, Calif. (San Jose State)

SEASON HIGHS

Kills: 13 at Illinois, 9/20/25
Attempts: 32 at Utah, 9/25/25
Hitting Pct.: .438 at BYU, 9/27/25
Aces: 1, Four Times
Digs: 13 at Utah, 9/25/25
Solo Blocks: 1 vs. Eastern Illinois, 9/19/25
Block Asst.: 2 at Utah, 9/25/25

CAREER HIGHS

Kills: 24 vs. CSUN, 8/25/23
Attempts: 53 vs. Cal Baptist, 9/8/24
Hitting Pct.: .438 at BYU, 9/27/25
Aces: 5, Twice
Digs: 18 at Campbell, 9/8/23
Solo Blocks: 3 at Fresno State, 9/24/24
Block Asst.: 5, Twice

CAREER STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	SJSU	110-30	287	2.61	199	819	.107	22	0.20	32	0.29	33	238	2.16	48	7	50	57	0.52	3	1	351.0	3.19
2024-25	SJSU	66-17	228	3.45	128	619	.162	13	0.20	26	0.39	16	167	2.53	25	10	29	39	0.59	2	0	278.5	4.22
2025-26	IowaSt	27-7	46	1.70	25	131	.160	3	0.11	4	0.15	6	51	1.89	13	1	5	6	0.22	5	0	53.5	1.98
TOTAL FOR IowaSt		27 - 7	46	1.70	25	131	.160	3	0.11	4	0.15	6	51	1.89	13	1	5	6	0.22	5	0	53.5	1.98
TOTAL		203 - 54	561	2.76	352	1569	.133	38	0.19	62	0.31	55	456	2.25	86	18	84	102	0.50	10	1	683.0	3.36



21

PAULA KRZEŚLAK

R-Junior, Defensive Specialist/Libero, 5-6
Tomaszów Mazowiecki, Poland (Im. Jaroslawa Dabrowskiego)



SEASON HIGHS
Digs: 10 vs. South Alabama, 9/6/25
Aces: -
Assists: 2 at Milwaukee, 9/5/25

CAREER HIGHS
Digs: 20 vs. Cincinnati, 11/25/23
Aces: 4 vs. Cincinnati, 11/25/23
Assists: 4, Twice

CAREER STATISTICS																							
SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	IowaSt	24-9	2	0.08	2	4	.000	0	0.00	3	0.13	11	25	1.04	4	0	0	0	0.00	0	0	5.0	0.21
2023-24	IowaSt	100-30	0	0.00	0	6	.000	26	0.26	10	0.10	10	165	1.65	17	0	0	0	0.00	0	1	10.0	0.10
2024-25	IowaSt	79-23	0	0.00	0	3	.000	15	0.19	6	0.08	18	147	1.86	9	0	0	0	0.00	0	0	6.0	0.08
2025-26	IowaSt	30-12	0	0.00	0	1	.000	5	0.17	0	0.00	1	40	1.33	4	0	0	0	0.00	0	0	0.0	0.00
TOTAL		233 - 74	2	0.01	2	14	.000	46	0.20	19	0.08	40	377	1.62	34	0	0	0	0.00	0	1	21.0	0.09

30

ALEA GOOLSBY

Freshman, Outside Hitter, 5-10
Olathe, Kan. (Saint Thomas Aquinas)



SEASON HIGHS
Kills: 24, Twice
Attempts: 57 at Utah, 9/25/25
Hitting Pct.: .435 at Milwaukee, 9/5/25
Aces: 1, Three Times
Digs: 11, Three Times
Solo Blocks: 1 vs. Omaha, 9/14/25
Block Asst.: 3 at Iowa, 9/17/25

CAREER HIGHS
Kills: 24, Twice
Attempts: 57 at Utah, 9/25/25
Hitting Pct.: .435 at Milwaukee, 9/5/25
Aces: 1, Three Times
Digs: 11, Three Times
Solo Blocks: 1 vs. Omaha, 9/14/25
Block Asst.: 3 at Iowa, 9/17/25



CAREER

STATISTICS

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2025-26	IowaSt	46-13	172	3.74	58	406	.281	5	0.11	3	0.07	31	93	2.02	7	1	13	14	0.30	7	0	182.5	3.97
TOTAL		46 - 13	172	3.74	58	406	.281	5	0.11	3	0.07	31	93	2.02	7	1	13	14	0.30	7	0	182.5	3.97

Double-Doubles

	Kills	Digs
at Iowa	17	11
at Illinois	19	11
at #23 Utah	24	11

NOTES ON ALEA

- Named Big 12 Rookie of the Week on Sept. 23.
- Has put up two 20-plus kill performances: vs. Omaha (24 kills at .378, 7 digs, 3 blocks) & at No. 23 Utah (24 kills at .316, 11 digs, 2 blocks).

