

MEN'S INDOOR ALL-TIME TOP-10 (as of 2/4/23)

60 METERS

	Name	Time	Date
1.	Kenroy Higgins	6.59	2/29/20
2.	Damian Allen	6.61	2/12/99
3.	Leon Powell	6.68	1/31/15
4.	Myles Webb	6.69	2/14/20
	Eric Allen Jr.	6.69	1/21/23
6.	Rai Benjamin	6.72	1/27/17
7.	Bryan Harrison	6.78	2/19/00
8.	Maxwell Dyce	6.81	2/6/10
	Jamal Alston	6.81	2/10/12
	Harrison Schrage	6.81	2/14/20
	Seth Holloway	6.81	1/29/22

200 METERS

	Name	Time	Date
1.	Myles Misener-Daley	20.68	1/21/23
2.	Rai Benjamin	20.76	2/11/17
3.	Michael Lipscomb	20.99	2/23/02
4.	Jim McElroy	21.04	2/14/98
5.	Damian Allen	21.06	3/13/98
6.	Maxwell Dyce	21.10	2/10/12
7.	Ismail Turner	21.21	1/28/22
8.	Leon Powell	21.32	2/22/19
9.	Craig Everhart	21.41	2/4/06
10.	Kariton Rolle	21.48	2/4/11

400 METERS

	Name	Time	Date
1.	Brandon Johnson	46.40	2/25/06
2.	Craig Everhart	46.48	1/29/05
3.	Brian Fell	46.58	1/30/99
4.	Denye Versher	46.85	2/23/02
5.	Joe Herrera	46.98	2/11/17
6.	Rai Benjamin	47.05	2/25/17
7.	Myles Misener-Daley	47.20	1/28/23
8.	Malachi Davis	47.35	1/30/99
9.	Kyle Erickson	47.63	2/23/02
10.	Elijah Wells	47.68	2/25/06

800 METERS

	Name	Time	Date
1.	Jess Strutzel	1:46.48	3/11/99
2.	Cory Primm	1:47.31	2/12/11
3.	Michael Granville	1:47.93	1997
4.	Nick Hartle	1:48.41	2/26/26
5.	Nick Thornton	1:48.72	1/29/05
6.	Scott Crawford	1:48.74	3/5/11
7.	Martell Munguia	1:48.76	2006
8.	Riley Kelly	1:49.25	2/15/20
9.	Arturo Sotomayor	1:49.60	1/28/17
10.	Erik Emilsson	1:50.41	2/11/06

MILE

	Name	Time	Date
1.	Ronan McMahon-Staggs	3:57.81	1/28/23
2.	Austin O'Neil	4:00.19	2/12/16
3.	Marlon Patterson	4:00.33	3/5/10
4.	Ben Aragon	4:00.38	3/7/03
5.	Mark Hauser	4:01.45	1/23/99
6.	Arturo Sotomayor	4:01.63	2/15/20
7.	Peter Herold	4:01.75	2/12/22
8.	Cory Primm	4:02.10	1/29/11
9.	Carter Blunt	4:02.89	2/10/18
10.	Chris Morzenti	4:03.05	2/15/20

3,000 METERS

	Name	Time	Date
1.	Robert Brandt	7:50.27	2/23/19
2.	Peter Herold	7:53.92	2/26/22
	Austin Ramos	7:55.60	2/2/08
4.	Mark Hauser	7:57.89	2/6/99
5.	Mark Junkermann	7:58.32	3/11/88
6.	Colin Burke	7:59.34	2/1/20
7.	Lane Werley	8:00.92	2/27/15
8.	Kent Morikawa	8:01.38	2/26/11
9.	Dustin Fay	8:01.99	1/27/12
10.	Ronan McMahon-Staggs	8:02.89	1/29/22

5,000 METERS

	Name	Time	Date
1.	Robert Brandt	13:40.82	2/8/19
2.	Peter Herold	13:46.12	2/25/22
3.	Colin Burke	13:47.78	2/14/20
4.	Dustin Fay	13:49.96	2/11/12
5.	Meb Keflezighi	13:52.72	3/7/97
6.	Lane Werley	13:55.20	2/27/15
7.	Garrett Reynolds	13:57.06	2/14/20
8.	Austin Ramos	13:57.55	2/24/06
9.	Ronan McMahon-Staggs	14:01.19	2/12/22
10.	Marco Anzures	14:03.58	2/26/10

60 METER HURDLES

	Name	Time	Date
1.	Kevin Craddock	7.73	2/9/07
2.	Darius Reed	7.83	2/24/07
3.	Anthony Golston	7.85	1/29/05
4.	Misana Viltz	7.94	2/26/16
5.	Aiden Lieb	7.98	1/28/23
6.	Jonathan Williams	7.99	2/7/04
7.	Liam Anderson	8.04	2/25/22
8.	Steele Wasik	8.06	1/24/15
9.	Charles Ryan	8.08	2/22/02
10.	Aidan Jackman	8.15	2/22/19

4x400 METER RELAY

	Name	Time	Date
1.	Nortje, Herenton, Turner, Wright	3:05.03	1/21/23
2.	Misener-Daley, Turner, Wells, Reynolds	3:05.80	2/26/22
3.	Everhart, Wells, Rhoades, Johnson	3:06.48	2/11/06
4.	Everhart, Thornton, Bassani, Versher	3:09.07	2/28/04
5.	Hall, Williams, Davis, Fell	3:09.55	1/30/99
6.	Turner, Reynolds, Thomas, Wells	3:09.65	1/29/22
7.	Versher, Lipscomb, Diggs, Erickson	3:09.75	2/23/02
8.	Versher, Thornton, Bassani, Everhart	3:10.20	1/29/05
9.	Nortje, Wright, Misener-Daley, Turner	3:10.69	1/28/23
10.	Moniz, Powell, Hartle, Herrera	3:11.47	2/27/16

DISTANCE MEDLEY RELAY

	Name	Time	Date
1.	Edman, Herrera, Hartle, O'Neil	9:29.61	2/20/16
2.	Crawford, Powell, Primm, Patterson	9:31.07	2/27/10
3.	Sotomayor, Turner, Kelly, Morzenti	9:32.14	2/22/19
4.	Strutzel, Fell, Granville, Hauser	9:33.17	3/11/99
5.	Stone, Kelly, Blunt, Sotomayor	9:34.63	2/15/19
6.	Rankin, Everhart, Thornton, Aragon	9:34.78	2/14/04
7.	Versher, Thornton, Bassani, Everhart	9:34.78	3/5/11
8.	Patterson, Wells, Primm, Barnes	9:35.02	2/29/08
9.	Edman, Lauderdale, Hartle, Herrera	9:35.36	3/1/13
10.	Rankin, Everhart, Munguia, Aragon	9:35.45	1/29/05

MEN'S INDOOR ALL-TIME TOP-10 (as of 2/4/23)

HIGH JUMP

	Name	Mark	Date
1.	Michael Burke	7-03.00	1/28/17
2.	Rich Pitchford	7-02.50	2/7/97
3.	Isaiah Holmes	7-02.25	2/13/20
4.	Sean Lee	7-01.75	2/1/20
5.	Avery Anderson	7-01.00	2/22/92
6.	Sage Stone	7-00.50	2/26/16
7.	Taylor Hobson	7-00.25	2/27/07
8.	Cody Crampton	7-00.25	1/24/14
9.	Cameron Spencer	6-11.00	1/24/14
	Kevin Weaver	6-11.00	2/9/02

POLE VAULT

	Name	Mark	Date
1.	Sondre Guttormsen	18-09.50	2/8/19
2.	Mike Tully	18-05.25	3/11/78
3.	Scott Slover	18-04.50	3/1/97
4.	Mike Woepse	18-04.25	2/8/13
5.	Yoo Kim	18-01.00	1/29/05
6.	Brian McLaughlin	18-00.50	3/11/00
7.	Johnny Quinn	17-08.00	2/6/09
8.	Casey DiCesare	17-07.75	3/6/10
9.	Pat Luke	17-07.00	2/14/04
10.	Dustin DeLeo	17-06.25	3/1/08

LONG JUMP

	Name	Mark	Date
1.	Juane Armon	26-01.75	3/12/04
2.	Austin Hazel	25-07.25	2/11/17
3.	Isaiah Holmes	25-03.50	2/10/18
4.	Camryn O'Bannon	25-02.00	1/28/23
5.	Harrison Schrage	24-11.50	2/28/20
6.	Oliver Jackson	24-08.25	2/17/01
7.	Nelson Rosario	24-05.50	2/26/10
8.	Jaylyn Jackson	24-03.00	1/21/23
9.	Michael Perry	24-02.50	2/1/14
10.	Taylor Hobson	24-01.00	2/24/12
	McArthur Anderson	24-01.00	2/8/92

TRIPLE JUMP

	Name	Mark	Date
1.	Charles Rogers	53-05.00	2/22/92
2.	Jonathan Clark	52-09.25	2/26/11
3.	Chip Benson	52-03.00	1/23/82
4.	Mel Moultry	52-01.75	1/24/98
5.	Michael Johnson	51-03.75	1/19/07
6.	Tobia Bocchi	50-10.75	2/11/17
7.	Dillon Stucky	50-09.25	2/10/12
8.	Dominique Easterling	50-08.75	1/19/07
9.	McArthur Anderson	50-07.50	2/8/92
10.	Idrees Bernard	50-06.50	1/27/18

SHOT PUT

	Name	Mark	Date
1.	John Godina	66-11.25	3/10/95
2.	Nicholas Scarvelis	66-09.74	1/16/16
3.	Dan Ames	65-06.75	3/12/04
4.	Scott Wiegand	65-03.25	2/22/03
5.	Dotun Ogundejì	65-01.25	2/23/19
6.	Mark Parlin	64-02.00	2/24/96
7.	Nate Esparza	63-11.50	1/20/18
8.	Braheme Days	63-09.75	2/26/16
9.	Jonathon Ogden	63-08.75	3/8/96
10.	John Caulfield	63-07.00	2/26/16

WEIGHT THROW

	Name	Mark	Date
1.	Michael Pinckney	72-04.25	1/28/23
2.	Dan Ames	71-02.50	3/13/04
3.	Justin Stafford	71-00.75	2/23/19
4.	Alec Faldermeyer	70-11.25	2/10/12
5.	Boldizsar Kocsor	70-10.75	2/6/09
6.	Scott Moser	70-10.00	2/22/02
7.	Greg Hodel	67-00.75	2/27/93
8.	Luke Sullivan	66-10.00	2/27/98
9.	David Dumble	63-01.50	2/15/97
10.	Kris Emig	60-11.00	1/21/23

HEPTATHLON

	Name	Mark	Date
1.	Steele Wasik	5,783	2/26/26
2.	Marcus Nilsson	5,760	3/14/14
3.	Chris Staton	5,632	2/27/04
4.	Dominic Giovannoni	5,540	1/25/13
5.	Casey DiCesare	5,414	2/25/11
6.	Aiden Lieb	5,247	2/26/22
7.	Zack Bornstein	5,228	2/26/16
8.	Trent Perez	5,151	2/25/11
9.	David Thomas	5,124	1/27/12
10.	Matt Reuter	4,941	2008

WOMEN'S INDOOR ALL-TIME TOP-10 (as of 2/4/23)

60 METERS

	Name	Time	Date
1.	Shakedia Jones	7.29	3/10/00
2.	Kyle Price	7.33	2/8/13
3.	Celera Barnes	7.34	2/11/17
4.	Makenzy Pierre-Webster	7.40	1/15/22
5.	Chinyere Okoro	7.42	1/18/20
6.	Suzie Acolatse	7.43	2/12/16
7.	Kenyla Miles	7.44	2/14/20
	Trinity Rossum	7.44	1/29/22
9.	Catherine Leger	7.45	1/15/22
10.	Keyon Soley	7.46	2/11/00

200 METERS

	Name	Time	Date
1.	Makenzy Pierre-Webster	23.33	1/29/22
2.	Catherine Leger	23.34	2/12/22
3.	Monique Henderson	23.49	2/22/02
4.	Sani Roseby	23.52	2003
4.	Shakedia Jones	23.58	3/13/98
6.	Chinyere Okoro	23.83	2/8/20
7.	Meleni Rodney	23.92	2/23/19
8.	Suzie Acolatse	24.08	2/11/17
9.	Maddy Doane	24.11	1/29/22
10.	Andrea Anderson	24.15	2/8/97
	Celera Barnes	24.15	2/4/72

400 METERS

	Name	Time	Date
1.	Shae Anderson	52.07	2/14/20
2.	Sheena Johnson	53.63	2003
3.	Turquoise Thompson	53.68	2/22/13
4.	Meleni Rodney	53.80	2/23/19
5.	Kate Jendrezak	53.82	1/21/23
6.	Joy Eaton	53.84	2/13/10
7.	Ysanne Williams	53.87	2003
8.	Ashlea McLaughlin	53.94	2/13/10
9.	Nicole Leach	54.28	2/28/09
10.	Nicole Gaskins	54.41	2003

800 METERS

	Name	Time	Date
1.	Lena Nilsson	2:02.62	2004
2.	Tiffany Burgess	2:05.28	2/1/03
3.	Rose Pittman	2:06.34	1/28/23
4.	Ashlea McLaughlin	2:06.73	3/5/11
5.	Jessica Marr	2:06.79	2003
6.	Ysanne Williams	2:07.40	3/2/01
7.	Krishna Curry	2:07.51	2/28/09
8.	Jenna Timinsky	2:08.06	2/28/04
9.	Alice Bohannon	2:08.40	2/24/07
10.	Kate Jendrezak	2:08.63	1/28/23

MILE

	Name	Time	Date
1.	Lena Nilsson	4:33.41	3/3/03
2.	Karen Hecox	4:41.03	3/1995
3.	Allie Bohannon	4:41.42	2/9/07
4.	Kelsey Smith	4:41.73	2/28/14
5.	Gwyn George	4:44.61	2/12/22
6.	Cassandra Durgy	4:45.15	2/25/17
7.	Emily Scharmann	4:45.47	2/25/17
8.	Alejandra Barrintos	4:46.53	2/1/03
9.	Ashley Johnson	4:48.33	2/26/22
10.	Lauren Jigres	4:49.12	3/1/08

3,000 METERS

	Name	Time	Date
1.	Kelsey Smith	9:04.31	1/31/14
2.	Lena Nilsson	9:13.55	2/1/03
3.	Mia Barnett	9:14.28	1/28/23
4.	Christina Rice	9:20.02	2/1/20
5.	Alison Costello	9:27.61	2006
6.	Melissa McBain	9:27.76	1/31/04
7.	Alejandra Barrientos	9:28.35	2005
8.	Emily Scharmann	9:28.38	2/25/17
9.	Shannon Murakami	9:30.91	1/29/10
10.	Mia Kane	9:32.52	1/28/23

5,000 METERS

	Name	Time	Date
1.	Christina Rice	16:12.16	2/29/20
2.	Bronte Golick	16:14.51	2/27/15
3.	Kelsey Smith	16:16.98	2/27/15
4.	Emma Tavella	16:29.06	2/25/22
5.	Katja Goldring	16:33.28	2/22/13
6.	Shannon Murakami	16:38.13	2/25/11
7.	Roni Yamane	16:47.90	2/25/17
8.	Alyssa Bautista	16:57.20	2/25/22
9.	Sierra Vega	17:03.78	2/25/11
10.	Olga Aulet-Leon	17:03.84	2006

60 METER HURDLES

	Name	Time	Date
1.	Dawn Harper	7.98	3/11/06
2.	Sheena Johnson	8.06	2/27/04
3.	Joanna Hayes	8.10	2/7/97
	Yanla Ndjip-Nyemeck	8.10	2/4/23
5.	Brea Buchannan	8.12	3/8/13
6.	Lindsay Rowe	8.16	3/5/11
7.	Sani Roseby	8.20	3/6/04
8.	Michelle Perry	8.22	3/9/01
9.	Bisa Grant	8.43	2/8/97
10.	Trinity Wilson	8.44	2/14/14

4x400 METER RELAY

	Name	Time	Date
1.	Anderson, Leger, Pierre-Webster, Rodney	3:30.28	2/29/20
2.	Leger, Jendrezak, Pierre-Webster, Anderson	3:32.55	2/26/22
3.	McKinnon, Johnson, Roseby, Henderson	3:33.24	3/15/03
4.	Leger, Jendrezak, Doane, Pierre-Webster	3:33.32	3/12/22
5.	Ogumleye, Johnson.,Williams, Henderson	3:35.27	3/10/01
6.	Roseby, Henderson, Burgess, Johnson	3:35.98	3/2/02
7.	Barlow, Eaton, Curry, McLaughlin	3:36.23	3/6/10
8.	Williams, Henderson, Burgess, Johnson	3:36.23	3/9/02
9.	Eaton, McLaughlin, Thompson, Hunter	3:36.77	2/12/11
10.	Johnson, Conyers, Pittman, Jendrezak	3:37.07	1/21/23

DISTANCE MEDLEY RELAY

	Name	Time	Date
1.	Burgess, Henderson, Marr, Nilsson	10:58.19	3/8/02
2.	Nilsson, Barrientos, Burgess, Henderson	11:07.18	2/1/03
3.	McBain, Johnson, Henderson, Timinsky	11:08.70	3/12/04
4.	McBain, Hill, Caldwell, Nilsson	11:10.98	2/14/04
5.	McBain, Roseby, Timinsky, Caldwell	11:21.15	1/31/04
6.	Kent, Courttnall, Sanders, Smith	11:21.77	2/28/14
7.	Timinsky, Caldwell, McKinney, Leach	11:23.05	1/28/06
8.	Hatch, McKinnon, Marr, Canchola	11:25.01	3/2/01
9.	Pittman, Anderson, Jendrezak, George	11:25.24	2/25/22
10.	Nilsson, Ogunleye, Hatch, Vermeulen	11:26.85	2/11/00

WOMEN'S INDOOR ALL-TIME TOP-10 (as of 2/4/23)

HIGH JUMP

	Name	Mark	Date
1.	Amy Acuff	6-05.50	3/11/95
2.	Darnesha Griffith	6-00.75	2/17/01
3.	Keneisha Creary	6-00.50	2/17/07
4.	Zibby Boyer	6-00.00	1/31/15
5.	Sheena Gordon	5-10.50	2/13/04
	Mikella Lefebvre-Oatis	5-10.50	2/24/18
7.	Julie Stevenson	5-10.00	2/1/03
	Caroline Gyllenbern	5-10.00	1/24/14
9.	Ryann Kraiss	5-09.75	2/26/10
	Kendall Gustafson	5-09.75	2/23/18

POLE VAULT

	Name	Mark	Date
1.	Chelsea Johnson	14-09.00	3/11/06
2.	Tracy O'Hara	14-06.00	3/10/00
3.	Allison Koressel	14-01.25	3/8/13
4.	Tori Pena	13-11.25	3/13/10
5.	Elleyse Garrett	13-10.50	2/9/19
6.	Ingrid Kantola	13-10.00	2/17/07
	Greta Wagner	13-10.00	2/11/17
8.	Katy Viuf	13-07.25	2/27/10
9.	Elena Clarke	13-06.50	1/31/15

LONG JUMP

	Name	Mark	Date
1.	Rhonda Watkins	21-06.75	3/9/07
2.	Keyon Soley	21-04.75	3/10/00
3.	Kylie Price	21-02.00	2/1/14
4.	Renee Williams	21-01-50	2/14/04
5.	Danielle Watson	20-09.00	3/13/10
6.	Jessie Maduka	20-07.00	2/13/15
7.	Bunmi Ogunleye	19-10.75	3/03/00
8.	Deana Simmons	19-10.25	2/27/98
	Seena Gordon	19-10.25	2004
	Goergea Richards	19-10.25	2/23/07

TRIPLE JUMP

	Name	Mark	Date
1.	Jessie Maduka	45-03.75	3/10/18
2.	Candice Baucham	44-04.75	3/11/05
3.	Deana Simmons	44-02.50	3/8/01
4.	Sheena Johnson	42-04.75	2004
5.	Renee Williams	41-08.75	2/10/07
6.	Faith Anumba	41-03.75	1/29/16
7.	Ke'Nyia Richardson	40-11.50	2/25/11
8.	Nura Muhammad	40-10.25	1/14/22
9.	Jade McDonald	40-00.00	1/28/23
10.	Kelly O'Connor	39-08.75	2/5/00

SHOT PUT

	Name	Mark	Date
1.	Valeyta Althouse	59-03.50	2/24/96
2.	Alyssa Wilson	58-02.00	1/11/19
3.	Dawn Dumble	57-08.50	3/10/95
4.	Seilala Sua	57-04.25	2/12/99
5.	Neda Kavar	57-00.75	2/14/98
6.	Ashlie Blake	56-11.50	2/10/18
7.	Jessica Cosby	56-06.50	3/13/04
8.	Christina Tolson	56-04.75	3/3/01
9.	Torie Owers	55-02.75	1/31/15
10.	Chaniqua Ross	54-09.25	3/21/03

WEIGHT THROW

	Name	Mark	Date
1.	Alyssa Wilson	75-04.75	2/13/20
1.	Ida Storm	74-00.25	3/13/15
2.	Cari Soong	69-04.75	3/12/04
4.	Seilala Sua	69-00.00	3/10/00
5.	Christina Tolson	68-09.75	3/10/01
6.	Mayyi Mahama	67-01.50	1/28/23
7.	Jessica Cosby	66-11.25	2/28/04
8.	Rachelle Noble	64-01.00	3/13/98
9.	Lara Saye	59-11.25	1/29/05
10.	Stamatia Scarvelis	59-02.75	1/29/16

PENTATHLON

	Name	Mark	Date
1.	Kendall Gustafson	4,084	2/24/18
2.	Isa Videler	4,067	12/10/21
3.	Ryann Kraiss	4,041	2/26/10
4.	Tatum Souza	4,023	2/22/13
5.	Alexis Walker	3,976	2/27/15
6.	Christina Chenault	3,872	1/27/18
7.	Sydney Johnson	3,844	2/2/23
8.	Nastassja Hall	3,700	1/29/05
9.	Kimmie Connor	3,658	2/22/13
10.	Katherine Salcido	3,564	2/28/14