WOMEN'S NCAA CHAMPIONSHIP FINISHES (15)*

Year	Finish	Coach
2016	28th	Forest Braden
2014	27th	Forest Braden
2004	27th	Eric Peterson
2003	7th	Eric Peterson
2002	25th (tie)	Eric Peterson
2001	21st	Eric Peterson
1999	30th	Eric Peterson
1998	28th	Eric Peterson
1988	13th	Bob Messina
1986	11th	Bob Messina
1985	6th	Bob Messina
1980	7th	Scott Chisam
1979	11th	Scott Chisam
1977	5th	Scott Chisam
1976	6th	Pat Connolly

*Women competed in the AIAW Championships until 1981.

MEN'S NCAA CHAMPIONSHIP FINISHES (13)

Year	Finish	Coach
2017	21st	Avery Anderson
2016	15th	Forest Braden
2015	14th	Forest Braden
2014	18th	Forest Braden
2012	13th	Forest Braden
2008	26th	Eric Peterson
2006	24th	Eric Peterson
1985	12th	Bob Larsen
1983	20th	Bob Larsen
1982	9th	Bob Larsen
1981	5th	Bob Larsen
1980	5th	Bob Larsen
1979	15th	Bob Larsen

WOMEN'S ALL-AMERICANS (15)

Year	Name
2019	Christina Rice
2005	Ashley Caldwell
2003	Ashley Caldwell
	Valerie Flores
	Melissa McBain
2002	Lena Nilsson
1994	Karen Hecox
1993	Beth Bartholomew
	Karen Hecox
1986	Polly Plummer
1985	Polly Plummer
1981	Michelle Bush
1980	Linda Goen
1973	Julie Brown
	Francie Larrieu

MEN'S ALL-AMERICANS (21)

Year	Name
2016	Ferdinand Edman
2015	Lane Werley
2012	Lane Werley
2007	Austin Ramos
2005	Austin Ramos
2004	Jon Rankin
1998	Mark Hauser
1997	Meb Keflezighi (NCAA Champion)
1996	Meb Keflezighi
1995	Meb Keflezighi
1994	Meb Keflezighi
1985	Jon Butler
1982	Jon Butler
	Steve McCormack
1981	Jon Butler
	Dave Daniels
	Steve McCormack
1980	Ron Cornell
	Dave Daniels
	Steve Ortiz



1997 NCAA Champion Meb Keflezighi

WOMEN'S NCAA WEST REGIONAL FINISHES

Year	Team Champion	UCLA Place	Individual Champion, School
2022	Stanford	13th	Kaylee Mitchell, Oregon State
2021	Stanford	15th	Julia Heymach, Stanford
2020	N/A	N/A	N/A
2019	Stanford	11th	Ella Donaghu, Stanford
2018	Oregon	7th	Allie Ostrander, Boise State
2017	San Francisco	12th	Charlotte Taylor, San Francisco
2016	Stanford	6th	Amy-Eloise Neale, Washington
2015	Oregon	10th	Allie Ostrander, Boise State
2014	Oregon	5th	Shelby Houlihan, Arizona State
2013	Arizona	12th	Emma Bates, Boise State
2012	Oregon	7th	Jordan Hasay, Oregon
2011	Washington	18th	Jordan Hasay, Oregon
2010	Washington	10th	Jordan Hasay, Oregon
2009	Washington	11th	Kendra Schaaf, Washington
2008	Washington	17th	Alex Kosinski, Oregon
2007	Stanford	23rd	Teresa McWalters, Stanford
2006	Stanford	5th	Arianna Lambie, Stanford
2005	Stanford	5th	Arianna Lambie, Stanford
2004	Stanford	6th	Alicia Craig, Stanford
2003	Stanford	2nd	Alicia Craig, Stanford
2002	Stanford	3rd	Alicia Craig, Stanford
2001	Stanford	5th	Tara Chaplin, Arizona
2000	Stanford	8th	Lisa Aguilera, Arizona State
1999	Stanford	4th	Julia Stamps, Stanford
1998	Stanford	5th	Amy Skieresz, Arizona
1997	Stanford	5th	Amy Skieresz, Arizona
1996	Stanford	5th	Amy Skieresz, Arizona
1995	Oregon	5th	Amy Skieresz, Arizona
1994	Stanford		Milena Glusac, Oregon
1993	Arizona	3rd	**Karen Hecox, UCLA**
1992	Washington	5th	Louis Watson, Stanford
1991	Oregon	4th	Lucy Nusrala, Oregon
1990	Oregon	3rd	Buffy Rabbitt, UC Irvine
1989	Washington		Buffy Rabbitt, UC Irvine
1988	Oregon		Penny Graves, Oregon
1987	Oregon	2nd	Annette Hand, Oregon
1986	**UCLA**		Penny Graves, Oregon
1985	Oregon	3rd	Regina Jacobs, Stanford
1984	Stanford	4th	Regina Jacobs, Stanford
1983	Oregon		Kathy Hayes, Oregon
1982	Stanford	5th	Ceci Hopp, Stanford
1981	Oregon		Monica Joyce, San Diego State
1980	Oregon		Regina Joyce, Washington
1979	Oregon		Molly Morton, Oregon
1978	Oregon		Robin Baker, Oregon
1977	Oregon		Debbie Quatier, Seattle Pacific
1976	Oregon		Debbie Quatier, Seattle Pacific
1975	Seattle Pacific		Maureen Crowley, Simon Fraser

*The 2020 NCAA Regional Meet was not contested due to the COVID-19 pandemic.

-In 2000, the race became 6,000m; from 1986-99, it was 5,000m.

MEN'S NCAA WEST REGIONAL FINISHES

Year	Team Champion	UCLA Place	Individual Champion, School
2022	Stanford	10th	Brian Fay, Washington
2021	Stanford	12th	Kieran Lumb, Washington
2020	N/A	N/A	N/A
2019	Portland	8th	Andrew Jordan, Washington
2018	Portland	6th	Nick Hauger, Portland
2017	Portland	5th	Emmanuel Roudolff-Levisse, Portland
2016	Stanford	3rd	Edward Cheserek, Oregon
2015	Washington	7th	Edward Cheserek, Oregon
2014	Oregon	4th	Edward Cheserek, Oregon
2013	Stanford	6th	Edward Cheserek, Oregon
2012	Stanford	3rd	Lawi Lalang, Arizona
2011	Stanford	6th (tie)	Lawi Lalang, Arizona
2010	Oregon	8th	Trevor Dunbar, Portland
2009	Stanford	7th	Chris Derrick, Stanford
2008	Oregon	6th	Galen Rupp, Oregon
2007	Oregon	7th	Galen Rupp, Oregon
2006	Oregon	6th	Neftalem Araia, Stanford
2005	Arizona	12th	Robert Cheseret, Stanford
2004	Stanford	4th	Ryan Hall, Stanford
2003	Stanford	7th	Ian Dobson, Stanford
2002	Stanford	8th	Donald Sage, Stanford
2001	Stanford	9th	Donald Sage, Stanford
2000	Stanford	7th	Jonathan Riley, Stanford
1999	Stanford	10th	Steve Fein, Oregon
1998	Stanford	9th	Abdi Abdirahman, Arizona
1997	Stanford	7th	**Meb Keflezighi, UCLA**
1996	Stanford	4th	Karl Kaska, Oregon
1995	Stanford	6th	Karl Kaska, Oregon
1994	Arizona		Martin Keino, Arizona
1993	Portland	8th	Joe Kapkory, Washington State
1992	Arizona	5th	Joe Kapkory, Washington State
1991	Arizona	8th	Joe Kapkory, Washington State
1990	Arizona	8th	Marc Davis, Arizona
1989	Oregon	9th	Brad Hudson, Oregon
1988	Oregon	4th	Marc Davis, Arizona
1987	Arizona	6th	Matt Giusto, Arizona
1986	Arizona		Matt Giusto, Arizona
1985	Arizona		Marc Olesen, Stanford
1984	Arizona		Tom Ansberry, Arizona
1983	Oregon		Jim Hill, Oregon
1982	Oregon		Jim Hill, Oregon
1981	**UCLA**		Richard Tuwei, Washington State
1980	**UCLA**		**Ron Cornell, UCLA**
1979	Oregon		Henry Rono, Washington State

*The 2020 NCAA Regional Meet was not contested due to the COVID-19 pandemic.

WOMEN'S PAC-12 CHAMPIONSHIP FINISHES

Year	Team Champion	UCLA Place	Individual Champion, School	Time
2022	Colorado	8th	Bailey Hertenstein	19:11.3
2021	Colorado	8th	Abby Nichols, Colorado	20:25.4
2020	Stanford	10th	Haley Herberg, Washington	19:02.5
2019	Stanford	8th	Fiona O'Keefe, Stanford	19:32.7
2018	Oregon	5th	Dani Jones, Colorado	19:24.5
2017	Colorado	8th	Dani Jones, Colorado	18:57.3
2016	Colorado	7th	Amy-Eloise Neale, Washington	20:22.9
2015	Colorado	9th	Aisling Cuffe, Stanford	19:53.1
2014	Oregon	5th	Shelby Houlihan, Arizona State	19:59
2013	Arizona	7th	Aisling Cuffe, Stanford	21:04
2012	Colorado	6th	Kathy Kroeger, Stanford	20:06
2011	Colorado	10th	Katie Flood, Washington	19:32
2010	Stanford	6th	Jordan Hasay, Oregon	19:44.95
2009	Washington	7th	Nicole Blood, Oregon	19:41.71
2008	Washington	10th	Kendra Schaaf, Washington	19:24.05
2007	Stanford	10th	Arianna Lambie, Stanford	19:40.7
2006	Stanford	5th	Arianna Lambie, Stanford	20:15.09
2005	Stanford	6th	Arianna Lambie, Stanford	20:20
2004	Stanford	4th	Amy Hastings, Arizona State	20:19
2003	Stanford	3rd	Sara Bei, Stanford	21:12.1
2002	Stanford	4th	Sara Bei, Stanford	19:48
2001	Stanford	4th	Lauren Fleshman, Stanford	20:08.1
2000	Stanford	6th	Tara Chaplin, Arizona	20:10.67*
1999	Stanford	4th	Erin Sullivan, Stanford	17:01.5
1998	Stanford	8th	Amy Skieresz, Arizona	16:59
1997	Stanford	4th	Amy Skieresz, Arizona	16:40
1996	Stanford	4th	Amy Skieresz, Arizona	16:36
1995	Oregon	5th	Amy Skieresz, Arizona	16:45
1994	Stanford	5th	**Karen Hecox, UCLA**	**17:00**
1993	Stanford	3rd	**Karen Hecox, UCLA**	**16:43**
1992	Oregon	5th	Nicole Woodward, Oregon	16:51
1991	Oregon	4th	Lisa Karnopp, Oregon	16:48
1990	Oregon	5th	Liz Wilson, Oregon	16:52
1989	Washington	4th	Jen Robinson, Washington State	16:53
1988	Oregon	2nd	Liz Wilson, Oregon	17:06
1987	Oregon	2nd	Annette Hand, Oregon	16:44
1986	Oregon	2nd	Penny Graves, Oregon	16:51.7

*In 2000, the race became 6,000m; from 1986-99, it was 5,000m.

MEN'S PAC-12 CHAMPIONSHIP FINISHES

Year	Team Champion	UCLA Place	Individual Champion, School	Time
2022	Stanford	5th	Charles Hicks, Stanford	22:30.9
2021	Colorado	6th	Charles Hicks, Stanford	23:34.9
2020	Stanford	5th	Eduardo Herrera	22:30.9
2019	Colorado	4th	Joe Klecker, Colorado	23:02.7
2018	Stanford	6th	Grant Fisher, Stanford	23:08.8
2017	Stanford	3rd	Grant Fisher, Stanford	23:44.9
2016	Colorado	3rd	Edward Cheserek, Oregon	23:58.9
2015	Colorado	5th	Edward Cheserek, Oregon	23:06.3
2014	Colorado	5th	Edward Cheserek, Oregon	23:23
2013	Colorado	7th	Edward Cheserek, Oregon	24:36
2012	Oregon	5th	Lawi Lalang, Arizona	22:49
2011	Colorado	4th	Lawi Lalang, Arizona	22:37
2010	Stanford	4th	Elliott Heath (Stanford)	23:00.46
2009	Stanford	5th	Chris Derrick, Stanford	22:35.41
2008	Oregon	5th	Galen Rupp, Oregon	22:55.14
2007	Oregon	4th	Shadrack Kiptoo-Biwott, Oregon	22:54.9
2006	Oregon	5th	Galen Rupp, Oregon	23:03.12
2005	Stanford	7th	Robert Cheseret, Arizona	23:57
2004	Stanford	5th	Robert Cheseret, Arizona	23:48
2003	Stanford	7th	Ian Dobson, Stanford	24:33.9
2002	Stanford	8th	Grant Robinson, Stanford	23:27
2001	Stanford	6th	Grant Robison, Stanford	24:04.0
2000	Stanford	6th	Jonathon Riley, Stanford	23:39.59
1999	Arizona	7th	Steve Fein, Oregon	23:37
1998	Stanford	8th	Abdi Abdirahman, Arizona	23:23
1997	Stanford	4th	Bernard Lagat, Washington State	23:59
1996	Stanford	3rd	**Meb Keflezighi, UCLA**	**23:45**
1995	Oregon	5th	Karl Keska, Oregon	24:14
1994	Arizona	4th	Martin Keino, Arizona	24:04
1993	Washington	4th	Joe Kapkory, Washington State	23:38
1992	Oregon	3rd	Joe Kapkory, Washington State	23:46
1991	Arizona	7th	Coltin Dalton, Oregon	23:36
1990	Oregon	5th	Marc Davis, Arizona	23:44
1989	Oregon	7th	Marc Davis, Arizona	23:31
1988	Oregon	3rd	Brad Hudson, Oregon	30:47
1987	Arizona	5th	Matt Giusto, Arizona	30:33
1986	Arizona	6th	Aaron Ramirez, Arizona	30:23.7
1985	Stanford	3rd	Marc Olesen, Stanford	30:33.2
1984	Arizona	3rd	Tom Ansberry, Arizona	30:24.8
1983	Arizona	3rd	Jim Hill, Oregon	30:09.6
1982	Oregon	2nd	Jim Hill, Oregon	28:58
1981	**UCLA**	**1st**	Richard Tuwei, Washington State	30:55.9
1980	**UCLA**	**1st**	**Ron Cornell, UCLA**	**30:26.5**
1979	Oregon	3rd	Henry Rono, Washington State	29:07.2
1978	Oregon	7th	Henry Rono, Washington State	29:29.5
1977	Oregon	6th	Joel Cheruiyot, Washington State	29:34.8
1976	Oregon	6th	Henry Rono, Washington State	29:18
1975	Washington State	6th	Joshua Kimeto, Washington State	27:48.6*
1974	Washington State	7th	John Ngeno, Washington State	27:37.6*
1973	Oregon	7th	Steve Prefontaine, Oregon	28:05.4*
1972	Washington State	5th	John Ngeno, Washington State	29:12.4*
1971	Washington State	3rd	Steve Prefontaine, Oregon	29:56.6*
1970	Oregon	6th	Steve Prefontaine, Oregon	30:11.7*
1969	Oregon	5th	Gerry Lindgren, Washington State	28:32.4*

*indicates a six-mile course

In 1976, the race became 10,000m. In 1989, the race became 8,000m