

1. BASIC INFORMATION

Course	Module 8: Internship. Practicum
Degree program	Master's Degree in Sports Training and Nutrition
School	Real Madrid Graduate School/School of Sports Sciences
Year	First
ECTS	16 ECTS
Credit type	Mandatory
Language(s)	English
Delivery Mode	Campus-Based
Semester	Annual
Academic Year	2020/2021
Coordinating professor	Dr. HELIOS PAREJA

2. PRESENTATION

“Practicum” is module 8 of the program, worth 16 ECTS. This module seeks to provide the most important learning experiences of the entire training process of this Master's Degree as an integral part of the Project (Module 8: Internship), in which each individual student completes an internship at a specific place of high-value learning based on real significant experiences.

These internships will take place at different clubs, institutions, clinics, gymnasiums, etc., depending on specific individual interests.

The place assigned to the student will depend on the availability of the host entity and the approval of the director of the master's program. The person in charge of the possible host entity or the program director may ask the student to attend an interview in order for the place to be assigned.

The internship has a total duration of 400 hours comprising on-site attendance, self-directed learning, and work assignments. It can be carried out from November to mid-September within the time frame of the master's degree.

This master's degree module is worth 16 ECTS, and therefore the student will spend a minimum of 160 hours and a maximum of 350 at the place of internship. The remaining hours (up to a total of 400) will be made up of self-directed learning.

The whole process will be overseen by a supervisor at the host entity and an internship advisor at the School, who will monitor the student's performance during their stay, offering the student direct feedback by pointing out both areas for improvement and particular strengths.

At the end of the internship, the student will prepare an individual internship report. This report will contain a description of the activities and responsibilities undertaken during the internship period, together with a detailed personal appraisal of the experience.

This module will be graded according to the assessment of the internship supervisor and the correct submission of the mandatory internship report.

Make sure you consult the course guide and the specific internship report guide.

3. COMPETENCIES AND LEARNING OUTCOMES

Core competencies:

- *CB1. Students should possess and understand knowledge that provides a basis or opportunity to be innovative in the development and/or application of ideas, often in a research context.*
- *CB2. Students should be able to apply their acquired knowledge and problem-solving ability in new or little-known environments within broader (or multidisciplinary) contexts related to their area of study.*
- *CB3. Students should be able to integrate knowledge and tackle the complexity of formulating judgements based on information that, being incomplete or limited, includes reflections on social and ethical responsibilities related to the application of their knowledge and judgements.*
- *CB4. Students should be able to communicate their conclusions –and the ultimate reasons that support them– to specialized and non-specialized audiences in a clear and unambiguous way.*
- *CB5. Students should possess learning skills that allow them to continue studying in a largely self-directed or autonomous way.*

Cross-curricular competencies:

- *CT1: Self-learning skills:* being able to choose the most effective strategies and tools at the most appropriate time to learn and autonomously put our learning into practice.
- *CT2: Self-confidence:* being able to assess our own results, performance and capabilities with the inner conviction that we are capable of meeting the demands of a given task or challenge.
- *CT3: Capacity to adapt to new situations:* being able to assess and understand different situations, adapting our own approach insofar as is necessary or appropriate.
- *CT4: Analysis and synthesis skills:* being able to break down complex situations into their constituent parts, and also to assess other alternatives and approaches in order to find the best solutions. Synthesis seeks to reduce complexity in order to facilitate understanding and/or problem solving.
- *CT5: Capacity to apply knowledge: being able to* use knowledge acquired in academic contexts in situations that resemble as closely as possible the reality of the chosen future profession.
- *CT6: Interpersonal skills:* being able to interact positively with other people by verbal and non-verbal means through assertive communication, this being the ability to express or transmit what one wants, thinks or feels without inconveniencing, insulting or upsetting the other person.
- *CT7: Responsibility:* being able to fulfill the commitments a person makes to themselves and to others when performing a task and trying to achieve a set of goals as part of the learning process. The ability of any individual to acknowledge and accept the consequences of their own actions.
- *CT8: Information management:* being able to find, select, analyze, and integrate information from different sources.
- *CT9: Teamwork: being able to* participate and cooperate actively with other people, areas and/or organizations in order to achieve common goals.

Specific competencies:

- *CE1: Students should be able to apply their acquired knowledge and problem-solving ability in real work situations that could be new or unfamiliar.*
- *CE2: Students should be able to integrate knowledge and tackle the complexity of formulating judgements based on information that includes reflections on social and*

ethical responsibilities related to the application of their knowledge and judgements made in the practical field.

- CE3: *Students should be able to communicate their conclusions –and the knowledge and ultimate reasons underpinning them– to specialized and non-specialized audiences in a clear and unambiguous way.*
- CE4: *Students should possess learning skills that allow them to continue studying in an autonomous way.*

Learning outcomes:

- RA1: Fully engaging with any events that may occur during the internship.
- RA2: Resolving any problems or issues that may arise while performing the professional activities in each specific field.
- RA3: Critically analyzing and reflecting on things experienced during the mandatory internship.
- RA4: Writing a report on the work carried out during the mandatory internship.

The table below shows the relationship between the competencies developed in the course and the learning outcomes pursued:

Competencies	Learning outcomes
CB1, CB2, CB3, CB4, CB5 CT1, CT2, CT3, CT6, CT7, CT9 CE1, CE2, CE3, CE4	RA1
CB1, CB2, CB3, CB4, CB5 CT1, CT2, CT3, CT6, CT7, CT9 CE1, CE2, CE3, CE4	RA2
CB1, CB2, CB3, CB4, CB5 CT1, CT2, CT3, CT6, CT7, CT9 CE1, CE2, CE3, CE4	RA3
CB1, CB2, CB3, CB4, CB5 CT1, CT2, CT3, CT6, CT7, CT9 CE1, CE2, CE3	RA4

4. COURSE CONTENT

1. On-site attendance.
2. Preparing the Internship Report in accordance with specific guidelines

5. LEARNING METHODOLOGIES

The types of teaching methodologies are listed below:

- Master Class
- Case Method
- Cooperative learning
- PBL

6. LEARNING ACTIVITIES

Listed below are the types of learning activities and the number of hours the student will spend on each one:

Learning activity	Number of hours
Mandatory internship at external entity (10 ECTS)	Min. 160 h in situ Max. 350 h
Internship report (6 ECTS)	25 h of meetings with internship supervisor or advisor Max. 125 hours of self- directed learning
TOTAL	400 h

7. ASSESSMENT

Listed below are the assessment systems used and the weight each one carries towards the final course grade:

Assessment system	Weight
On-site attendance. Learning commitment. Assimilation and transfer of learning	75%
Advisory sessions, follow-up and internship supervisor's approval	PASS or FAIL
Preparing the Internship Report in accordance with specific guidelines	25%

When you access the course on the *Campus Virtual*, you'll find a description of the activities you have to complete, as well as the deadlines and assessment procedures for each one

7.1. First exam period

To pass the course in the first exam period, you must obtain a final course grade of at least 5 out of 10.

7.2. Second exam period

To pass the course in the second exam period, you must obtain a final grade of at least 5 out of 10. The student must deliver the activities not successfully completed in the first exam period after having received the corresponding corrections from the professor, or those that were not delivered in the first place.

8. SCHEDULE

This section indicates the schedule with delivery dates of evaluable activities of the subject:

Assessable activity	Date
On-site attendance. Learning commitment. Assimilation and transfer of learning	Annual
Advisory sessions, follow-up and internship supervisor's approval	Annual
Preparing the Internship Report in accordance with specific guidelines	Until June 30 (first exam period) Until September 30 (second exam period)

This schedule may undergo modifications for logistical reasons of the activities. Any modification will be notified to the student in a timely manner.

9. BIBLIOGRAPHY

Literature search is part of the student's self-directed learning. The professor may offer the student guidance in this search.

The bibliography will be specific to the work context of each place of internship.

10. DIVERSITY ATTENTION UNIT

Students with specific educational support needs:

Adaptations or curricular adjustments for students with specific educational support needs, in order to guarantee equal opportunities, will be guided by the Diversity Attention Unit (UAD).

The issuance of a report of curricular adaptations / adjustments by said Unit will be essential, so students with specific educational support needs should contact through: unidad.diversidad@universidadeuropea.es at the beginning of each semester.

11. ONLINE SURVEYS

Your opinion matters!

The Universidad Europea encourages you to participate in several surveys which help identify the strengths and areas we need to improve regarding professors, degree programs and the teaching-learning process.

The surveys will be made available in the “surveys” section in virtual campus or via e-mail.

Your assessment is necessary for us to improve.

Thank you very much for your participation.