

Kings Hammer College Recruiting Seminar



Seminar Agenda

College Landscape Snapshot

Finding Your Fit

Recruiting Guides & Timeline

The Athlete Perspective

The Coaches View

Open Question & Answer

College Landscape Snapshot



Participation Stats

Getting from High School to College

<u>Category</u>	<u>Male</u>	<u>Female</u>
US High School Players	454,324	390,108
College Soccer Players	36, 562	41,267
Div I College Players	4,226	9,486
% competing at any level	8%	10.6%
% competing at Div 1 Level	0.9%	2.4%
Odds of Making a College Roster	12:1	10:1
Odds of Making a Div 1 roster	108:1	41:1

Data taken from 2022-2023



Participation Stats

Teams and Rosters by Level

Division	# of Schools	# of teams		Total Athletes		Average team size	
		Men's	Women's	Men	Women	Men's	Women's
NCAAI	338	205	338	6,044	9,588	29	28
NCAAIL	264	210	262	6,704	7,467	32	29
NCAAIIL	448	421	441	12,711	11,332	30	26
NAIA	213	204	212	6,535	5,524	32	26
Other 4 year	78	77	58	1,533	851	20	15
NJCAA	270	240	241	5,897	4,640	25	19
Other 2 year	122	100	121	2,688	2,573	27	21
Totals	1,733	1,457	1,673	42,112	41,975	29	25

Participation Stats

Scholarships and Dollars

Total # of teams Division	Average Roster		Scholarship limit		Average Scholarship	
	Men's	Women's	Men	Women	Men	Women
NCAA I	29	28	9.9	14	\$17,747	\$18,824
NCAA II	32	29	9	9.9	6,687	8,140
NCAA III	30	26	-----	-----	-----	-----
NAIA	32	26	12	12	7,726	7,648
NJCAA	25	19	24	24	1,969	2,405
Other 4 Year	20	15			839	635
Other 2 Year	27	21			282	377

*based on reported numbers from 2020

Finding Your Fit



College Soccer-are you ready for the commitment?

Depending on your school and/or club experience, college can be very different-

- **Training (on and off the field) is more intense and more time consuming**
- **Everyone is talented and you may not be the best**
- **Time management is a must, and you will be fully responsible for yours**
- **Your college team is everything**
- **Your coaches are more involved and more demanding day-to-day**

College Soccer-are you ready for the game?

Some primary traits and characteristics that college coaches are looking for in their athletes-

- **High levels of athletic ability**
 - Strength, speed, agility, balance, etc.
- **Technical ability**
 - Touch, control, range of passing and shooting, position related qualities, etc.
- **Game Intelligence**
 - Reading the game, position awareness, understanding of roles and situations, etc.
- **Attitude**
 - Coachability, determination, accountability, etc

Factors in Your Fit

- **Athletics**
- **Academic Level**
- **Majors and Minors**
- **Cost**
- **Financial Aid**
- **Class Sizes**
- **Support Services**
- **Location & Proximity**
- **Size** (campus/students)
- **Housing**
- **Dining**
- **Extracurriculars**
- **Campus Life**
- **Safety**

If you were no longer to play soccer, would you still be happy here?

Searching for Your Fit







sportsRecruits

Activity Club Messages Video Schools Analytics More

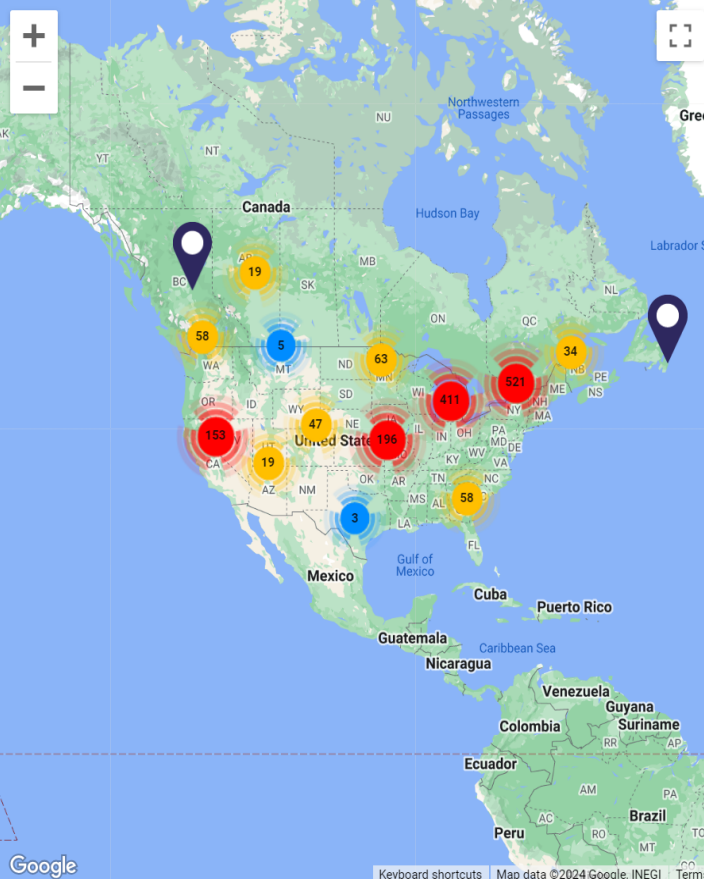
School Search

Search by school name Location Academics Majors Athletics Roster Needs

1605 Schools

-  **Academy of Art University** • San Francisco, CA • NCAA DII [➤](#)
School Overview
-  **Acadia University** • Wolfville, NS • U Sports [➤](#)
School Overview
-  **Adams State University** • Alamosa, CO • NCAA DII [➤](#)
School Overview
-  **Adelphi University** • Garden City, NY • NCAA DII [➤](#)
School Overview
-  **Adrian College** • Adrian, MI • NCAA DIII [➤](#)
School Overview
-  **Albertus Magnus College** • New Haven, CT • NCAA DIII [➤](#)
School Overview

Help



Map showing school locations across the United States. Markers are color-coded by region: red (East Coast), orange (Midwest/South), yellow (West Coast), and blue (Mountain West). Numbers on markers indicate the count of schools in that area. Major cities and states are labeled on the map.

Google

Keyboard shortcuts | Map data ©2024 Google, INEGI | Terms

Sample Your Fit

Opportunities to schedule a tour or just get on campus

- **Family Vacations**
- **Soccer Trips**
- **Summer Camps**
- **Soccer Id Camps**
- **Visit friend or relative**
- **Holiday off days**
- **Long weekends**

Recruiting Guides & Timelines



Freshman Year

- Establish a strong GPA
- Begin search-think about college preferences
- Create an email address exclusively for soccer only
- Watch college soccer games live or on television
- **Play** and train at the highest level possible
- Focus on elements of your game that need to be strengthened
- Get Fit or Stay Fit

Sophomore Year

- Update SR Player Profile
- Create an initial list of preferred schools (20-30)
- Email Intro & Profile to coaches prior to events/showcases
- Track correspondence with coaches
- Prepare for ACT/SAT
- Consider attending College Id camps
- Review NCAA Eligibility Center requirements
- **Get Fit or Stay Fit**

- Preview
- Edit
- My Family
- Essentials
- Athletic
- Academic
- Commitment

COMMITTED >



Men's Soccer

Landon Barth

2024 • Goalkeeper

6'5" 205lbs 4.25/4.00
HEIGHT WEIGHT GPA (weighted)

Kings Hammer Soccer Club (Boys)
CLUB

Ryle High School
HIGH SCHOOL

Union, KY
HOME TOWN

Video

Landon Barth - C / 024 GK
6'5 200LBS
Kings Hammer Soccer Club
4.3 GPA
All American Watchlist
KY 1st Team All State (2X)
9th Region DPOY
+ MORE

InShOt

EVERY TOUCH FROM RECENT PRACTICES

FIRST PRACTICE / LATE PRACTICE: TECHNICAL
SECOND PRACTICE / LATE PRACTICE: RECOVERY / HANDLING

InShOt

EVERY TOUCH FROM RECENT PRACTICES

BALL LINE AND ANGLED STRIKES

InShOt

InShOt

Help



Junior Year

- Register for NCAA Eligibility Center
- Send updates prior to each tournament or event
- Always include schedule of tournament games, jersey numbers and year of graduation in every email
- Create a realistic list of schools and prioritize-
 - Safety, Target, Reach
- Attend ID camps/events for colleges of high interest only
- Engage in regular correspondence with coaches
- Watch college games- either live, on TV, streaming
- Make unofficial visits and meet with coaches

Email Template: Introductory Message to College Coach

Dear Coach _____,

My name is _____. I am a (Grad Year) student-athlete, currently playing club for (Club Team Name and City, State). I attend (High School) and last season, I was an All-American nominee.

I am beginning to explore my college options and am very interested in attending and playing (Sport) at SportsRecruits University. It offers everything I am looking for in a college (distance, recognized business program, competitive (sport) program with a winning tradition). Therefore, I want to introduce myself and give you some information about my athletic and academic background.

Please click on the link below to access all my athletic and academic information. In addition, you will find my contact information, coach's contact information, (sport) awards, and travel schedule. You will also be able to watch my highlight reel on my SportsRecruits player profile.

I hope you will have the opportunity to watch our team play this season. I believe I have the ability to be a part of your team and contribute to its future success.

Thank you for your consideration.

Sincerely,

Your Name

Your Phone Number

Your Address



To: university of

COLLEGES

- Bethesda University of California 
- Bloomsburg University of Pennsylvania 
- California University of Pennsylvania 
- Concordia University Of Edmonton 
- Dominican University of California 
- East Stroudsburg University of Pennsylvania 
- Franciscan University of Steubenville 
- Lock Haven University of Pennsylvania 

[View more suggestions...](#)

Cc:

Linked Athletes:

Subject:














Start typing your message here...

Senior Year

- Train and **Play** at the highest level possible
- Update on achievements and events
- Check status with NCAA Eligibility Center
- Complete FAFSA forms with updated tax info
- Schedule and complete official visit(s)
- Complete college applications
- **Stay FIT**

General Timelines for Coaches-Women's

Freshman Year-2027

- Watching-Major and mid-Major Div 1 and Top Div 2
- Sending general and college (not soccer) related mail and email

Sophomore Year-2026

- Watching-All levels (NCAA, NAIA, NJCAA)
- Recruiting-All Div 1 and most Div 2
- Sending general and college (not soccer) related mail and email
- **JUNE 15th-coaches** are allowed to engage in recruiting related communications

Junior Year-2025

- **Aug 1st-Off-Campus communications and all on-campus contact is allowable**
- Watching-All levels except Major/Mid Major Div 1
- Recruiting-Div 2, all Div 3, NAIA, NJCAA
- Offering- All Div 1, top and mid Div 2, many NAIA

Senior Year-2024

Recruiting-lower Div 2, all Div 3, NJCAA,

Offering-All levels other than most Major and mid-Major Div1 and top Div 2

General Timelines for Coaches-Men's

Freshman Year-2027

- Most coaches are not watching other than top 10%, except by invite
- Sending generic camp/Id camp materials

Sophomore Year-2026

- Watching-All levels Div 1, most Div 2, other programs by invite
- Recruiting-Some Major/mid-Major Div 1, (club coach contact only)
 - Note-Div2 and some many NAIA are focusing on Internationals first
- **June 15th-coaches are allowed to engage in recruiting-specific communications**

Junior Year-2025

- **Aug 1st-Off-Campus communications and all on-campus contact is allowable**
- Watching-All levels except Major/Mid Major Div 1
- Recruiting-mid/low Div 1, all Div 2, all Div 3, NAIA, NJCAA
- Offering in spring- Top Div 1, some Top Div 2, some NAIA

Senior Year-2024

Recruiting-lower Div 2, all Div 3, NJCAA,

Offering-All levels other than most Major and mid-Major Div1 and top Div 2

RECRUITING CALENDARS

- NCAA member schools limit recruiting to certain periods during the year.
- Recruiting calendars promote the well-being of college-bound student-athletes
- Ensure fairness among schools by defining certain periods during the year in which recruiting may or may not occur in a particular sport.
- *NAIA regulations do not include calendar restrictions on recruiting high school athletes*
- For the most up-to-date information, visit on.ncaa.com/RecruitCal



NCAA Recruiting Calendar

ALL OTHER SPORTS, DIVISION I

RECRUITING METHOD	
Recruiting Materials and Electronic Correspondence (e.g., recruiting letters, social media messages, text messages)	<p>You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time.</p> <p>A coach may begin sending you recruiting materials and electronic correspondence June 15 between your sophomore/10th and junior/11th year of high school.</p>
Phone Calls to a Coach	<p>You or your family may call a coach beginning June 15 between your sophomore/10th and junior/11th year of high school.</p>
Phone Calls From a Coach	<p>A coach may call you or your family beginning June 15 between your sophomore/10th and junior/11th year of high school.</p>
Off-Campus Contact	<p>A college coach may have contact with you or your family off the college's campus beginning Aug. 1 of your junior/11th year of in high school.</p>
Unofficial Visit	<p>You and your family may visit a college at your own expense beginning Aug. 1 of your junior/11th year of high school.</p>
Official Visit	<p>A college may pay for you to visit the college beginning Aug. 1 of your junior/11th year of high school.</p>

NCAA Recruiting Calendar



DIVISIONS II AND III

RECRUITING METHOD	DIVISION II	DIVISION III
Recruiting Materials	<p>You may receive brochures for camps, questionnaires, NCAA materials and nonathletics recruiting publications at any time.</p> <p>A coach may begin sending you printed recruiting materials June 15 immediately preceding your junior/11th year of in high school.</p>	<p>You may receive printed materials any time.</p>
Telephone Calls	<p>No limit on number of calls by college coach beginning June 15 immediately preceding your junior/11th year of high school.</p> <p>You may make calls to the coach at your expense. Calls may include multiple coaches.</p>	<p>No limit on number of calls or when they can be made by the college coach.</p> <p>You may make calls to the coach at your expense.</p>
Off-Campus Contact	<p>A college coach may have contact with you or your parents/legal guardians off the college's campus beginning June 15 immediately preceding your junior/11th year of high school.</p> <p>No limit on number of contacts off campus.</p>	<p>A college coach may have contact with you or your relatives or guardians off the college's campus after your sophomore/10th year of high school.</p> <p>No limit on number of contacts off campus.</p>
Unofficial Visit	<p>You may make an unlimited number of unofficial visits any time, except during a dead period.</p>	<p>You may make an unlimited number of unofficial visits any time.</p>
Official Visit	<p>A college may pay for you to visit the college beginning June 15 immediately preceding your junior/11th year of high school.</p> <p>Between June 15 before your junior/11th year and the end of your senior/12th year, you may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</p>	<p>A college may pay for you to visit the college beginning Jan. 1 of your junior/11th year of high school.</p> <p>There is no limit to official visits to Division III colleges. However, you may only be provided one visit per college.</p>

The Athlete's Perspective



Coaches View

 **Marquis Walker**

Thomas More University

 **John Robertson**

University of Cincinnati

 **Matt Weiss**

Ohio Wesleyan University

NCAA Frequently Asked Questions

- **What is a Recruiting Calendar?**
- **What is a dead period?**
- **What is a contact?**
- **What is a contact period?**
- **What is an evaluation period?**
- **What is a quiet period?**
- **What is the difference between an official visit and an unofficial visit?**
- **What is a National Letter of Intent?**



Sports Recruits

Sports Recruits Player Video



SportsRecruits 101

Getting Started with Your SportsRecruits Account

sportsRecruits

SportsRecruits 101 Webinar



Your Recruiting Roadmap

SR Recruiting Roadmap Webinar

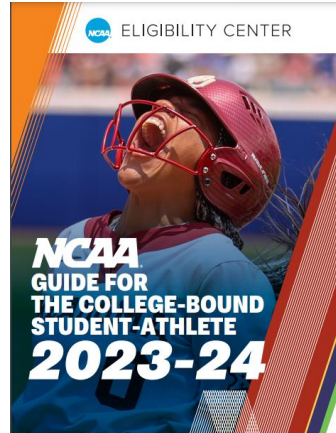


Resources

NCAA Recruiting Fact Sheet



NCAA Student Athlete Guide



NCAA DIVISION II

MAKE IT YOURS

Recruiting Guide

College Soccer Truth™ 
@ImCollegeSoccer



help@sportsrecruits.com

[SR Webinar Landing Page Link](#)

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