

2016 KENTUCKY GYMNASTICS CAMPS

JUNE 20-23 • JUNE 24-26

Mark your calendars — **June 20-23 and June 24-26** — for summer camps at the University of Kentucky. The camps are offered to female gymnasts ages 6-18. **Campers must be 12 years old at the start of camp to stay overnight.**

At the UK gymnastics camps, we are committed to providing a learning environment that is fun and challenging to the campers. Our qualified staff has many years experience in competitive level coaching and will provide a safe and productive atmosphere.

Campers will spend the day receiving gymnastics instruction with the evenings filled with activities and entertainment. Each gymnast will have the opportunity to train with top collegiate and elite coaches in the state-of-the-art Nutter Field House Gymnasium.



KENTUCKY GYMNASTICS CAMPS

ACCOUNTING OFFICE
JOE CRAFT CENTER
338 LEXINGTON AVE
LEXINGTON, KY 40506-0604



2016 KENTUCKY

GYMNASTICS CAMPS
JUNE 20-23 • JUNE 24-26

CAMP REGISTRATION FORM

JUNE 20-23 Overnight* - \$575 Commuter - \$475 (lunch/dinner)
A \$100.00 deposit per camper is due upon registration NON-REFUNDABLE
\$25 group discount/\$25 sibling discount (not both)

JUNE 24-26 Overnight* - \$425 Commuter - \$325 (lunch/dinner)
A \$100.00 deposit per camper is due upon registration NON-REFUNDABLE
\$15 group discount/\$15 sibling discount (not both)

*** For campers to stay overnight at any UK Athletics Camp, the camper must be at least 12 years of age at the start of the camp**

CAMPER'S NAME _____

CAMPER'S AGE _____ * DATE OF BIRTH _____

ROOMMATE _____

PARENT OR LEGAL GUARDIAN _____

ADDRESS _____

PHONE _____ EMAIL ADDRESS _____

GYMNASTICS CLUB _____

COACH'S NAME _____ COACH'S PHONE # _____

COMPETITIVE LEVEL IN 2015/2016 SEASON

T-shirt Size CH-S CH-M CH-L A-S A-M A-L

* Date of birth is required and must match the physical form to stay overnight at camp

CAMPERS WILL ALSO BE ABLE TO PURCHASE OUR UK CAMP LEOTARD



The cost is \$50 pre-camp order or \$55 ordered on the 1st day of camp. (All leotard orders are non-refundable)

Please choose a size below if pre-purchasing.
 * Please note material is tight fitting.

CH-S CH-M CH-L
 A-S A-M A-L

I understand the inherent risk involved with gymnastics and give my consent for my child to train at the UK gymnastics camp.

SIGNATURE _____

NCAA rules prohibit payment of camp expenses (camp tuition, transportation, spending money, etc.) for prospects (9th grade and above) by University of Kentucky boosters. NCAA rules also prohibit free or reduced camp admissions for prospects. If you have any questions, notify camp officials prior to attending camp.

The University of Kentucky's camps and clinics are open to any and all entrants (limited only by number, age, grade level and/or gender).

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Disabilities accommodated, prior notification preferred.

CAMP STAFF

TIM GARRISON Head Coach • 5th Season



- Led team to best team score in UK history (196.775) in 2013.
- Helped produce UK's first two All-Freshman selections
- Led UK to an individual All-Around NCAA Championship appearance in 2015.
- Produced 10 NCAA All-Americans at Nebraska
- Helped lead Nebraska to the NCAA Tournament every season, including two Super Six appearances and two Big 12 Championships
- Personal coach at the 2000 Olympic trials in Boston, Mass., and 2011 World Championships in Ghent, Belgium
- Five-time USA Gymnastics Coach of the Year for Southern California (1999, 2001, 02, 03, 04) while at SCEGA Gymnastics where he produced 27 national champions, 10 Junior Olympic National Team members and four Elite National Team members
- USA Gymnastics Coach of the Year in 2009 for Nebraska (club)
- 2013 Coach of the Year (UK Athletics)

CHUCK DICKERSON Asst. Coach • 9th Season



- 2010 Gymnastics Assistant Coach of the Year for the central region by the National Association of Collegiate Gymnastics Coaches
- 2002 Texas USA Gymnastics Coach of the Year
- During eight years at Rowland/Ballard Gymnastics in Kingwood, Texas, seven of his athletes received Division-I scholarships and 15 went on to claim national championships
- Spent 10 years working under famed coach Bela Karolyi, coaching three national champions

RACHEL GARRISON Asst. Coach • 1st Season



- Over 20 years of coaching experience spans where she developed gymnasts ranging from beginners to level 10 and elite status gymnasts.
- Served as a program director at the Nebraska School of Gymnastics in Lincoln, Neb., for five years.
- Guided gymnasts to qualify for Junior Olympic nationals in each of her five years
- Produced a regional beam champion during her tenure with the School of Gymnastics.
- Played a critical role in recruitment, successfully increasing the enrollment in the program from 40 participants to over 170 members.

Most current Wildcats will be active camp staff members according to their summer class schedules. The camp staff will also include several other collegiate and national level coaches from across the country.

MEDICAL INFO & REQUIREMENTS

UK camps require the following forms to be completed prior to participation:

- Registration & Payment (online preferred)
- Parental Consent Waiver
- Copy of Physical Form or proof of a physical from your physician (must be signed by a physician in the last 12 months)
- Copy of the front and back of health insurance card
- Please communicate any special dietary needs at the time of pre-registration

UPLOAD MEDICAL FORMS ONLINE!

Medical forms may be uploaded on your registration page, however you can still fax (859.323.0025, attn: Chuck Dickerson); email (chuck.dickerson@uky.edu); or mail (Kentucky Gymnastics Camps, 338 Lexington Ave., Lexington, KY 40506) medical forms and insurance requirements.

CAMP CORRESPONDENCE

All camp correspondence will be conducted via e-mail.

CAMPUS HOUSING

On campus Housing will be provided in the UK dormitories. Supervision will be provided by the staff at all times. **For campers to stay overnight at any UK Athletics Camp, the camper must be at least 12 years of age at the start of the camp.**

CAMP COSTS

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A \$100.00 deposit per camper is due upon registration NON-REFUNDABLE
\$25 group discount/\$25 sibling discount (not both)

JUNE 24-26: Overnight - \$425 Commuter - \$325 (lunch/dinner)
A \$100.00 deposit per camper is due upon registration NON-REFUNDABLE
\$15 group discount/\$15 sibling discount (not both)

For more information email chuck.dickerson@uky.edu or call 859.257.6483

**You will not be able to pay by credit card at check-in.
 ONLY CHECKS OR CASH.**

JUNE 20-23 CAMP SCHEDULE

MONDAY, JUNE 20 (NO LUNCH PROVIDED)

10:00 am - Noon	Check-in (Only cash & checks accepted day of registration)
1:00 pm - 1:30 pm	Introduction
1:30 pm - 6:30 pm	Gymnastics Training
6:30 pm	Dinner
7:30 pm	Back to Dorms/Commuter Pick Up

TUESDAY & WEDNESDAY, JUNE 21-22

7:30 am	Wake-up
8:00 am	Breakfast
9:00 am - Noon	Gymnastics Training
Noon	Lunch
1:15 pm - 5:00 pm	Gymnastics Training
5:15 pm	Dinner
6:15 pm	Evening Activities (Open Gym, Slip n Slide, etc.)
7:00 pm	Back to Dorms/Commuter Pick Up

THURSDAY, JUNE 23

7:30 am	Wake-up
8:00 am	Breakfast
9:00 am - Noon	Gymnastics Training
Noon	Lunch
1:15 pm - 3:45 pm	Gymnastics Training (Parents can come in and watch at 2:50 pm)
4:00 pm	Camp Ends

JUNE 24-26 CAMP SCHEDULE

FRIDAY, JUNE 24 (NO LUNCH PROVIDED)

10:00 am - Noon	Check-in (Only cash & checks accepted day of registration)
1:00 pm - 1:30 pm	Introduction
1:30 pm - 6:30 pm	Gymnastics Training
6:30 pm	Dinner
7:30 pm	Back to Dorms/Commuter Pick Up

SATURDAY, JUNE 25

7:30 am	Wake-up
8:00 am	Breakfast
9:00 am - Noon	Gymnastics Training
Noon	Lunch
1:15 pm - 5:00 pm	Gymnastics Training
5:15 pm	Dinner
6:15 pm	Evening Activities (Open Gym, Slip n Slide, etc.)
7:00 pm	Back to Dorms/Commuter Pick Up

SUNDAY, JUNE 26

7:30 am	Wake-up
8:00 am	Breakfast
9:00 am - Noon	Gymnastics Training
Noon	Lunch
1:15 pm - 3:45 pm	Gymnastics Training (Parents can come in and watch at 2:50 pm)
4:00 pm	Camp Ends

To register online or pay with a credit card please go to:

UKathletics.com

and follow the camps link

For questions or concerns please contact:

Chuck Dickerson

Phone: 859-257-6483 • Fax: 859-323-0025

Email: chuck.dickerson@uky.edu