



KENTUCKY

SWIMMING & DIVING 2006-07



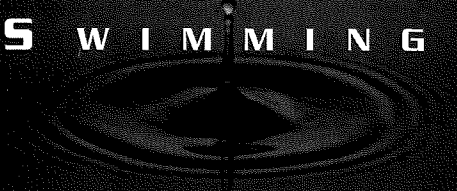
DRENCHING THE BLUEGRASS

THIS FEBRUARY...

- 109 ALL-AMERICANS
- 39 ACADEMIC ALL-AMERICANS
- 18 SCHOOL NATIONAL CHAMPIONSHIPS
- 18 TEAMS
- 12 NATIONAL CHAMPIONS
- 11 OLYMPIANS
- 10 UNIVERSITIES
- ONE CHAMPIONSHIP



**SEC SWIMMING AND DIVING
CHAMPIONSHIPS 2007**



2006-07 SWIMMING & DIVING

TABLE OF CONTENTS

Table of Contents, Quick Facts	1
Head Coaches Gary Conelly	2-3
Mike Lyden	4-5
Assistant Coaches	
Shaun Zitani	6
John Brucato	6
Margo Lynch	6
Support Staff	7
Team Rosters	8
MEET THE UK WOMEN	
Women's Outlook	10-11
Wildcat Veterans	12-18
Wildcat Newcomers	19-20
MEET THE UK MEN	
Men's Outlook	22-23
Wildcat Veterans	24-29
Wildcat Newcomers	30-32
LOOKING BACK	
2005-06 Season Review	34
2005-06 Team Awards	35
2006 NCAA Recap	36
RECORDS AND HISTORY	
All-Time Results	38
Men's Dual Meet Record under Coach Conelly	39
Women's Dual Meet Record under Coach Conelly	40
Men's All-Time Top-10	41
Women's All-Time Top-10	42
UK Swimming and Diving Records	43
Lancaster Aquatic Center Records	44
NCAA Qualifying Time Standards	45
UK All-Americans	46-48
Taryn Ignacio National Champion	49
SEC Champions	50-51
All-Time Letterwinners	52-53
UK Swimming History	54
Academic All-Americans	55
2006 CATSPY Awards	56
THIS IS UK	
Lancaster Aquatic Center	58-59
Strength and Conditioning	60
Preseason Conditioning	61
The University of Kentucky	62-63
Dr. Lee T. Todd Jr.	64
Mitch Barnhart	65
UK Varsity Head Coaches	66
CATS	67
William T. Young Library	68
Lexington	69
Kentucky: The Bluegrass State	70
2006-07 Opponents	71-72

UK QUICK FACTS

Location: Lexington, Ky.
Enrollment: 26,545
Founded: 1865
Nickname: Wildcats
Colors: Blue & White
Conference: Southeastern
President: Dr. Lee T. Todd Jr.
Athletics Director: Mitch Barnhart
Deputy Director of Athletics: Rob Mullens
Sr. Associate ADs: Sandy Bell, Mark Coyle
Associate ADs: Bob Bradley, John Cropp, Russ Pear, Lisa Peterson, Scott Stricklin, Rick Thompson
Assistant ADs: John Butler, Candice Chaffin, Angela O'Neal, Jason Schlafer, Joe Sharpe, Leon Smith, Rodney Stil
Athletic Trainer: Catherine Hill
Academic Counselor: Jon Ross
Strength and Conditioning: Stephanie Tracey-Simmons

SWIMMING & DIVING QUICK FACTS

Head Swimming Coach: Gary Conelly (Indiana '73)
Record at UK: 169-122 (15 years)
Record Overall: Same
Diving Coach: Michael Lyden (Western Michigan '80)
Assistant Coaches: Shaun Zitani (Kentucky '01), John Brucato (Northern Kentucky '85), Margo Lynch (Kentucky '95)
Facility (Capacity): Lancaster Aquatic Center (750)
2005-06 Women's Dual Meet Record: 6-3
2005-06 Men's Dual Meet Record: 5-3
2005-06 Women's SEC Championship Finish: 4th
2005-06 Men's SEC Championship Finish: 6th
2005-06 Women's NCAA Championship Finish: 13th
2005-06 Men's NCAA Championship Finish: 24th

MEDIA RELATIONS STAFF

Assistant AD/Media Relations: Scott Stricklin
Media Relations Director: Tony Neely
Associate Media Relations Director: Susan Lax
Assistant Media Relations Directors: Scott Dean, John Hayden, Amy Ratliff, Matt Steinke
Administrative Support Associate: Meredith Nelson
Media Relations Assistants: Brent Ingram and Deb Moore
Swimming & Diving Contact: Deb Moore

Media Relations Office: (859) 257-3838
Media Relations Fax: (859) 323-4310
Moore's E-Mail: Deb.Moore@uky.edu

PUBLICATIONS STAFF

Director of Publications: Craig Hornberger
Creative Director: Kim Troxall
Publications Assistant: Dave Roberts

MAILING ADDRESS

UK Media Relations
 23 Memorial Coliseum
 Lexington, Ky. 40506-0019

TO THE MEDIA

The 2006-07 University of Kentucky media guide is intended to answer any questions you might have about the upcoming season and assist you in your coverage of the team throughout the year. If you need additional information, special stories, pictures, or have any questions, please feel free to contact us by writing to the UK Media Relations Office,



Deb Moore
 Room 23, Memorial Coliseum,
 Lexington, KY 40506-0019 or by calling (859) 257-3838.

Questions about the 2006-07 UK swimming and diving team should be directed to Deb Moore at the UK Media Relations office at (859) 257-3838.

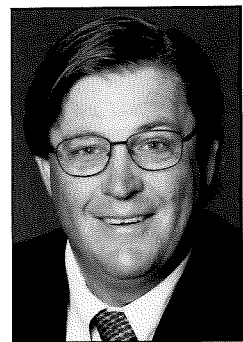
CREDITS

The 2006-07 University of Kentucky Swimming and Diving Media Guide was produced by the University of Kentucky Athletics Association, Mitch Barnhart, Director.
Written and compiled by: Deb Moore

Additional assistance provided by: Margo Lynch, Jeff Salmon, Emily Hisle, Dave Roberts
Editor: Dave Roberts

Design and Layout by: Dave Roberts
Photography by: David Coyle, Gary Conelly, Matt Steinke and Margo Lynch
Printing: Welch Printing

HEAD COACH GARY CONELLY



The 2006-07 season signifies the 16th campaign for Gary Conelly as the University of Kentucky head swimming coach. The women's squads have compiled a 95-57 record since Conelly began coaching the

squad in 1991-92. The men, whom he started coaching in 1992-93, have amassed a record of 74-65, bringing his overall coaching record to 169-122.

In 2005-06, the Cats were once again a force in the pool. Highlighting the men's accomplishments was senior Steven Manley becoming the school's first SEC Champion in a freestyle event since 1957 when he captured the 200-freestyle crown. The women had a record-breaking season by registering a school-best 597 points, good for a second-consecutive fourth-place finish, at the SEC Championships. The women continued to set new highs at the NCAA Championships by placing 13th and earning 98.5 points.

The 2004-05 season marked one of the best in Conelly's outstanding career at UK. The men had their highest-ever finish at the SEC Championships placing fourth, while the women had their best finish since 1998-99. The men continued their success at the NCAA Championships finishing 12th, the top mark in school history. The women produced the program's third-best NCAA Championships showing by placing 18th.

Conelly's 2003-04 men's squad sent the largest men's contingent in school history to the NCAA Championships, with eight different Wildcats heading to East Meadow, N.Y.

CONELLY BY THE NUMBERS

- 83 All-America selections
- 11 NCAA Top-20 Team Finishes
- 6 SEC Individual Champions
- 3 Olympians
- 2 NCAA Top-5 Individual Finishes
- 1972 U.S. Olympian
- Former world record holder 400 FR.

The 2004 squad earned 15th place, marking the best finish in the history of the program at the time. His UK women's squad sent three student-athletes to the NCAA Championships and moved up three spots to sixth place at the SEC Championships.

In 2002-03, Conelly guided the men's team to its second-highest finish ever in the NCAA championships, a 17th-place showing. Conelly's 2001-02 men's team placed 16th at NCAAs, its highest-ever finish at the time. At the SEC Championships, the men had the second-highest point total in school history (282), finishing in sixth-place. Competing at the NCAAs for the

men were juniors Clayton Moss, Roger Watkins and sophomore Joey Faltraco. Faltraco's 11th-place finish in the 200-yard backstroke earned him honorable mention All-America, the first UK athlete to earn the honor in the event, while Moss was an All-American on the one- and three-meter springboards and the platform. The women also competed at the national championships, continuing a string of 10 consecutive appearances.

During the 2000-01 year, Conelly coached the men's team to a NCAA 17th-place finish. UK also attained its highest SEC finish in 18 years, taking fifth. Five individuals from the men's team competed at the NCAAs, seniors Dave Tweedie,

Macon White, Aaron Workman and Shaun Zitani and sophomore Roger Watkins, all five of them earning All-America honorable mention. Conelly also guided the women to the NCAAs, where they placed 39th. Seniors Melissa Olson and Jaime Siegele competed at the championships, with Siegele earning All-America honorable mention in the 50-freestyle.

During the 1999-2000 season, Conelly led the men's team to a top-20 finish and had two men qualify for the NCAA championships, both earning honorable mention All-America honors. Four women qualified for the NCAA Championships. The women's 800-freestyle relay captured 12th and earned the women honorable mention All-America honors in addition to competing individually. Following the season, nine Wildcats participated in the 2000 Olympic trials.

In 1998-99, Conelly steered both the men's and women's teams to top-25 finishes at the NCAA Championships. The men finished at No. 24, while the women finished 21st, their fifth consecutive top-25 showing. The women's squad had 10 athletes advance to the NCAA meet, the most in school history.

Conelly and the 1996-97 men's team achieved a 26th-place NCAA finish and Nat Lewis finished third in the 1,650 freestyle and still ranks as the second-highest NCAA finisher in school history. The women secured 24th place and had three team members earn All-America honors.

In the 1995-96 season, Conelly directed the women's team to a 14th-place finish at the NCAA Championships, the highest finish in school history. In 1994-95, Conelly led the women's team to a fourth-place finish at the SEC Championships and a second straight 19th-place finish at the NCAA Championships. Conelly was named 1995 SEC Women's Coach of the Year for his efforts.

In Conelly's 15 years with UK, the swimming and diving programs have made great strides. In 1990, Conelly coached the team's first female All-American and NCAA finalist, Kellie Moran. Since then, 26 more Wildcat swimmers have garnered All-America accolades under Conelly's tutelage.

Prior to becoming head coach at Kentucky, Conelly spent three years with UK as a graduate assistant coach.

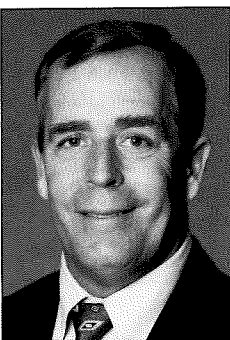
Conelly came to the University of Kentucky from the West Florida Lightning Aquatics USS team in Largo, Fla. During his seven years at West Florida, Conelly directed 150 swimmers and produced three Olympic Trial qualifiers, two National Sports Festival team members, and one Sports Festival champion in the 100-backstroke.

As a swimmer, Conelly was a member of the 1972 U.S. Olympic Team, and he participated on the world record-setting 400-meter freestyle relay team. An Indiana University alumnus, Conelly was a 15-time NCAA All-American and is a member of the Indiana Swimming Hall of Fame. In 1973, Indiana honored him with the Balfour Award for excellence in swimming, leadership, and scholarship.

Conelly is married to Kathleen Healey and has two children, Cody and Emily.



DIVING COACH MICHAEL LYDEN



for his courage and inner-strength, is coming off the greatest season in his coaching history. At the 2006 NCAA Championships, junior Taryn Ignacio became his and the school's first ever NCAA champion in the platform event. Ignacio set a school and NCAA record with a score of 335.20 in the finals. The 2006 SEC championships were historic for the UK lady divers.

The 2006 and 2005 Southeastern Conference women's Diving Coach of the Year, Michael Lyden begins his 14th season as diving coach at the University of Kentucky. Lyden, who is an inspiration to all student-athletes

Ignacio became the first Wildcat to repeat as a diving champion on the platform. In that same event, senior Jessica Thompson and junior Joey Brown finished second and third respectively. On the three- and one-meter board UK placed four women in the top seven of each event.

Success is nothing new to Lyden since joining UK in 1993. As coach, Lyden has guided the Wildcats to diving prominence, as 11 Wildcats have earned 45 All-America selections. Lyden coached Kentucky's first All-American, Tina Johnson, who earned All-America platform honors in 1994, and the Cats' first single-season three-time All-American, Clayton Moss, in 2002 and 2003.

Last season came off the heels of the 2004-05 season, which was one of the best in UK's history. Wildcat women divers swept the SEC Championships with Ignacio taking home the platform and one-meter title, along with Thompson capturing the three-meter title. Both divers went on to compete in

the NCAA championships where Thompson took 11th in the three-meter and 15th on the platform, and Ignacio placed 17th in the one-meter event.

In 2004-05, Lyden's summer team including, UK's SEC Diver of the Year Taryn Ignacio, succeeded at the Senior Nationals Diving Championships in Huntersville, N.C. Ignacio finished ninth on the platform and won the bronze medal by finishing third on the one-meter.

The 2003-04 season was also a memorable one in Lyden's coaching career. The aforementioned Moss placed fourth on the three-meter at the 2004 U.S. Olympic trials, while another former Cat, Aaron Kirkpatrick, took ninth place. Freshman Kari Retrum earned 17th on the platform, and Thompson placed 18th on the three-meter.

Under Lyden's direction, Retrum became the first Kentucky freshman to claim an SEC diving title when she captured the platform event at the 2004 SEC Championships. Moss ended his brilliant Wildcat career in 2003 with a runner-up finish on the three-meter and third and fourth-place finishes on the one-meter and platform, respectively, at the NCAA championships. During the 2001-02 season, Lyden helped Moss successfully defend his SEC one-meter title, the first UK diver to win consecutive titles in an event at the conference championships. He became an All-American on all three boards, as Moss placed second on the one-meter, fifth on the three-meter and sixth on the platform. For all of his accomplishments, Moss was named the SEC Male Diver of the Year, also a first for UK.

Lyden is also credited with developing the collegiate success of Kirkpatrick, who won silver on both the one- and three-meter springboards and placed seventh on the platform at the conference championships.

His run of success with the duo began in the 2000-01 season when Moss became the third UK man to be an SEC Champion, winning the one-meter, and followed it up with a fourth-place finish on the three meter and a 10th-place finish on the platform, earning All-American honors on both. Kirkpatrick also enjoyed a successful season under Lyden's guidance. The junior garnered honorable mention All-America status with a 12th place finish on the three-meter springboard at the NCAA championships.

Kentucky's transformation into one of the nation's most prominent diving programs is all credited to Lyden. At the 1994 NCAA Championships, Tina Johnson became UK's first

diving All-American on the platform, placing eighth, and Jenny Baker earned honorable mention All-America in two events.

During the 1999-2000 season, Lyden guided junior Carrie Knoeber's and Moss' qualification for the NCAA Championship meet. Knoeber earned honorable mention All-American honors on the three-meter while Moss secured All-American honors on the one-meter, three-meter, and platform. Moss' honors were the first for a freshman in UK history.

In 1998, Paco Rivera became the first male UK diver to claim a Southeastern Conference title, winning the platform event and attaining All-SEC honors. Rivera advanced to the NCAA Championships, where he was named an All-American in three events and placed second on the platform.

In 1997, Lyden steered Christy Soulakis to the SEC three-meter springboard championship and SEC Female Diver of the Year honors. Soulakis and Rivera both locked-up All-America honors.

In 1996, Leake and Soulakis joined Baker and Johnson in earning All-America honors. Leake finished second on the one-meter and fourth on the three-meter, Johnson finished third on the one-meter and platform, and Baker finished seventh on the platform. Lyden was honored as the Southeastern Conference and NCAA Women's Diving Coach of the Year for his diver's accomplishments.

Before arriving at UK, Lyden spent nine seasons at Eastern Michigan where he was the Mid-American Conference Coach of the Year nine times. He then traveled to LSU where he received SEC Women's Coach of the Year four times consecutively and was the 1992 SEC Men's Coach of the Year. During Lyden's tenure at LSU his divers won an incredible 15 of 24 possible SEC titles.

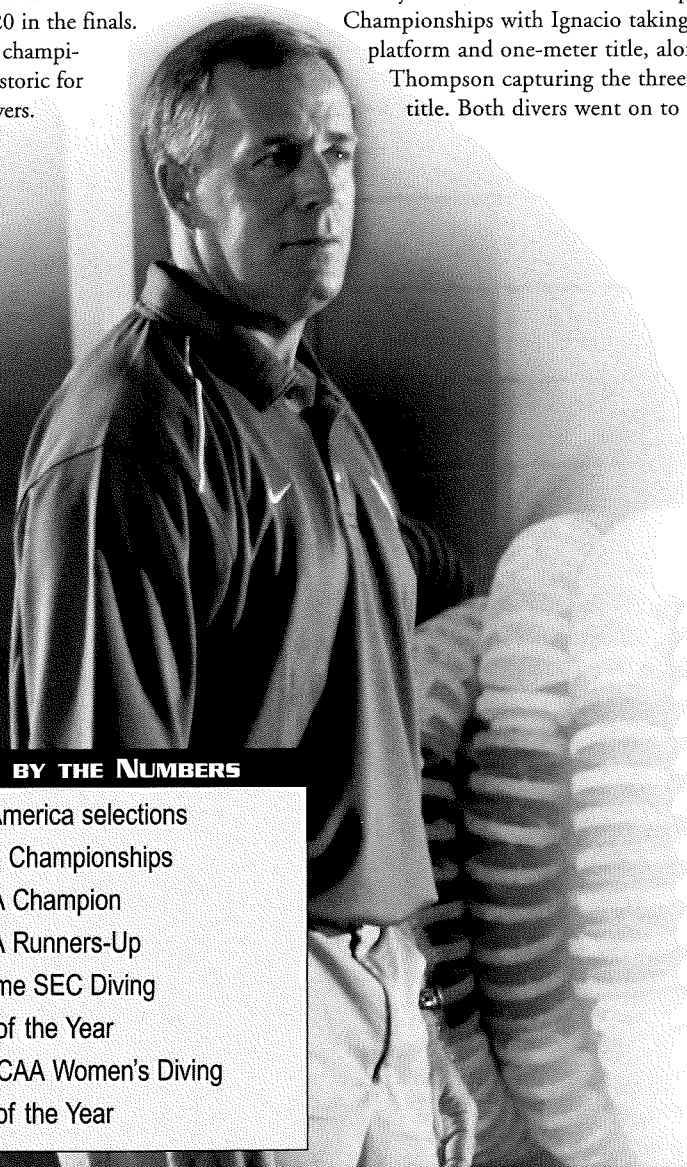
Along with his college coaching, Lyden also coaches various Kentucky Diving Clubs and has led seven age group divers to 18 national championships. The Junior World Diving Championships chose Lyden as a coach in the summer of 2002 held in Aachen, Germany. At that event he coached one member to a seventh-place finish in the one-meter and three-meter boards. In addition, Lyden served as the National Team Coach in 1988-90, 1992, 1994-96, 1998-2000, and directed divers in competitions in Italy, Austria, Mexico, Canada, Spain, China, France, and Holland.

At the 2005 Junior Nationals, Lyden coached his daughter, Jessica, who captured her first national championship by winning the

one-meter. Jessica finished third in the three-meter event. Jessica went on to win the one-meter at the Pan American Junior Championships in Ft. Lauderdale, Fla.

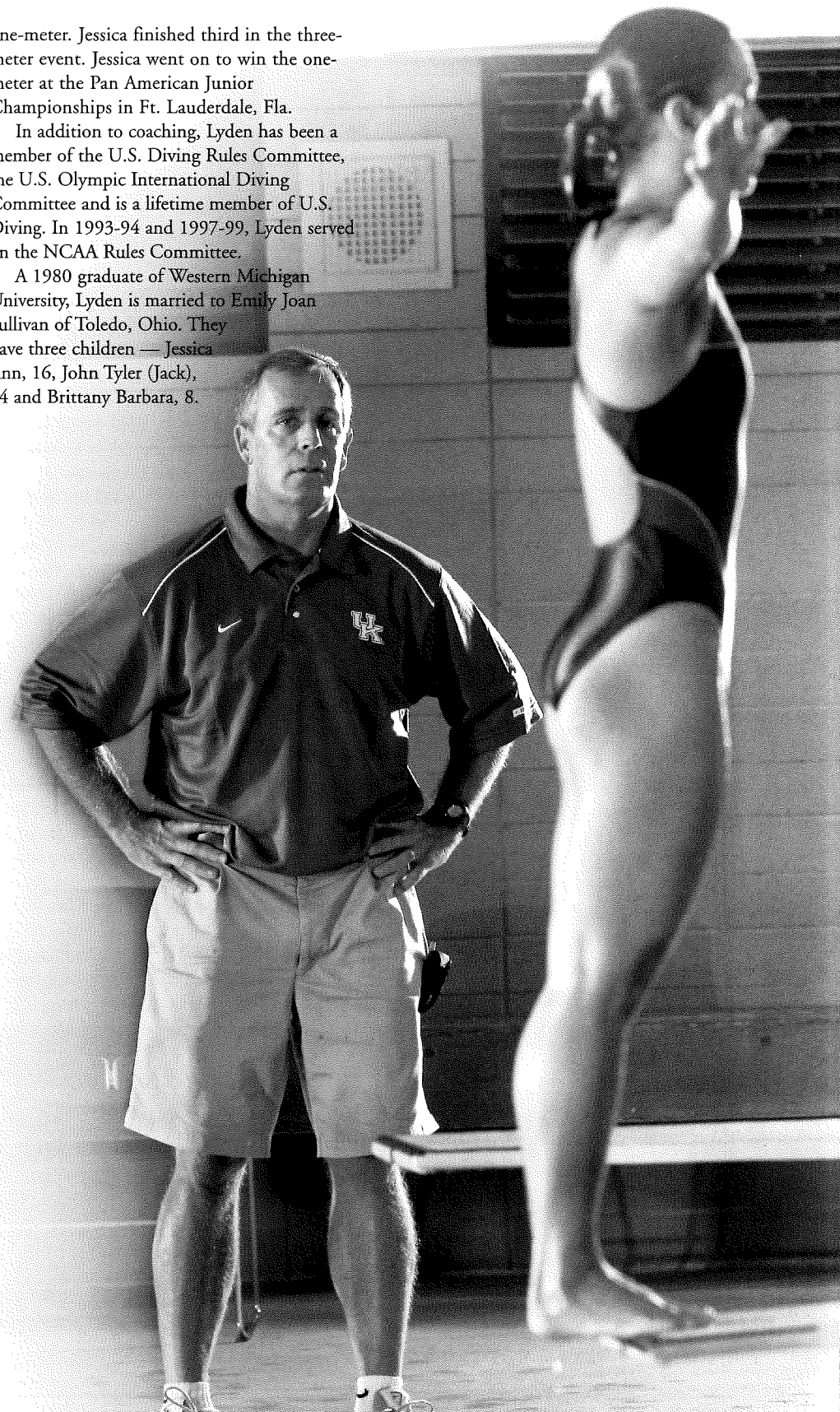
In addition to coaching, Lyden has been a member of the U.S. Diving Rules Committee, the U.S. Olympic International Diving Committee and is a lifetime member of U.S. Diving. In 1993-94 and 1997-99, Lyden served on the NCAA Rules Committee.

A 1980 graduate of Western Michigan University, Lyden is married to Emily Joan Sullivan of Toledo, Ohio. They have three children — Jessica Ann, 16, John Tyler (Jack), 14 and Brittany Barbara, 8.

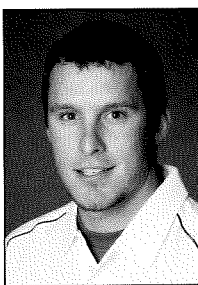


LYDEN BY THE NUMBERS

- 45 All-America selections
- 11 SEC Championships
- 1 NCAA Champion
- 2 NCAA Runners-Up
- Eight-time SEC Diving Coach of the Year
- 1996 NCAA Women's Diving Coach of the Year



ASSISTANT COACHES



SHAUN ZITANI
Associate Head Coach

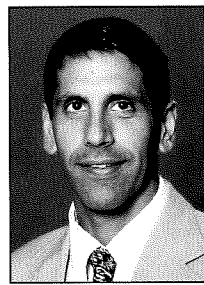
Shaun Zitani enters his second year as assistant coach at the University of Kentucky, where he is responsible for the sprinters.

A five-time All-

American from 1997-2001, Zitani returns to his alma mater after serving three seasons as an assistant swim coach at Indian River

Community College in Ft. Pierce, Fla. Zitani helped continue the tradition of excellence for the 31-time national-champion Pioneers, leading Indian River to three national titles while coaching the sprint swimmers to seven national-record finishes. At Indian River, Zitani coached Tim Patrick, who broke Zitani's 50-yard freestyle record at Kentucky. Zitani coordinated all dry-land and weight-room programs for the Pioneers, and served as the head age-group coach for the River Rats swim team.

Zitani brings a wealth of experience as a former student-athlete in addition to his coaching expertise. He placed 12th in the 50-freestyle at the 2000 NCAA Championships to earn an honorable-mention All-America selection and swam on the first Kentucky men's relay teams to compete at the NCAA Championships in 2001. Zitani helped lead the Cats to 13th place in the 200-medley relay and the 800-freestyle relay, 14th place in the 200-freestyle relay and 15th place in the 400-freestyle relay to collect four more honorable-mention All-America honors.



JOHN BRUCATO
Assistant Coach

John Brucato is in his eighth season and first year as a full-time coach with the UK swimming program. Brucato works primarily with the middle distance

group and breaststrokers.

Brucato comes to UK via the USS club team Wildcat Aquatics in Lexington. Brucato joined WA in the spring of 1990 and has established himself as a leader in the Kentucky swim coaching community.

During his tenure with WA, Brucato has produced numerous Top-16 qualifiers, Junior National Champions, Senior National Champions, and an Olympic Gold Medalist. He is a former Kentucky Swimming Coach of the Year, in addition to being a Select Camp Coach and an Olympic Festival Coach.

In 1992, Brucato coached Megan Kleine to a gold medal in the 1992 Olympic Games as part of the United States' 400-meter medley relay. Kleine, who swam for six years under Brucato at WA, won Senior Nationals twice in the 100-meter breaststroke. Kleine went on to swim at the University of Texas at Austin.

A native of Covington, Ky., Brucato began his coaching career at the Covington YMCA, and then spent two years with the Covington Clippers Swim Team. In 1985, he took over the helm at the Nashville Aquatic Club where he spent five successful years as the Head Age Group Coach before being hired on as the WA Senior Head Coach.

Brucato is a 1985 graduate of Northern Kentucky University where he received a degree in psychology. He lives in Lexington with his wife Jan, and their daughter, Katie.



MARGO LYNCH
Assistant Coach

UK swimming alumna Margo Lynch begins her first full season as assistant coach after being elevated to the position in

December of 2005. Lynch had spent the previous four seasons working as the staff assistant.

Lynch is responsible for the coordination of all aspects of recruiting for the men's and women's swimming teams. In addition to recruitment, Lynch oversees events for all aquatic events and special events in relation to the varsity team.

Her vigorous promotion of the UK swimming and diving teams helped produce an attendance record for a UK dual meet bringing in 1,000 spectators.

In the pool, she primarily works with the middle and distance swimmers.

Lynch swam for the Wildcats from 1991-95, and served as the team captain during her junior and senior seasons. Lynch can be found on the all-time top-10 UK lists in three events; 200-freestyle, 500-freestyle and 1650-freestyle solidifying her expertise in the distance swimming events.

Born in Melbourne, Australia, Lynch came to Kentucky from her family's adopted home of Pittsburgh, Pa.

Prior to returning to her alma mater, Lynch served as a buyer for Phillip Gall's Outdoor & Ski in Lexington.

SUPPORT STAFF



EMILY HISLE
Staff Assistant

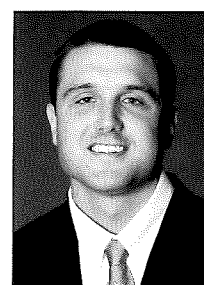
Emily Hisle begins her first full season as staff assistant for the UK swimming and diving program. A Louisville, Ky., native, Hisle began her duties

in January 2006.

Hisle's primary responsibilities include coordinating and planning recruiting weekends, setting up and running timing systems and computers for all UK home meets and planning team travel.

A 2005 graduate of the University of Kentucky with a degree in English, Hisle spent time as an undergraduate working at the Lancaster Aquatic Center and assisting at UK dual meets.

She resides in Lexington with her husband, Jared.



JON ROSS
Academic Counselor

Jon Ross is in his second year as the Academic Counselor for the swimming and diving program. Ross is also the women's basketball and men's tennis counselor.

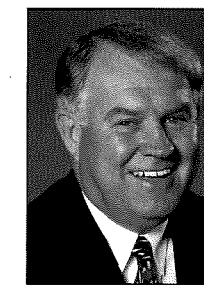
Ross is a 2002 graduate of the University of Kentucky, and received his master's from UK in 2005.

As academic counselor, Ross advises student-athletes to ensure academic eligibility. He monitors the performance of the student-athletes and communicates academic information with the head coaches. In addition to his work with the students and coaches, Ross supervises the University of Kentucky's Center for Academic and Tutorial Services graduate assistant. Ross coordinates the "National Student-Athlete of the Week" activities and edits the Student-Athlete Handbook/Planner annually.

Ross is a member of N4A-the National Association of Academic Advisors.

Prior to his work as academic counselor, Ross spent a year as the Academic Graduate Assistant working with the men's basketball, baseball, women's golf and rifle programs.

Ross is a native of Maysville, Ky. He and his wife, Sarah, were married in June 2006.



JOHN CROPP
Associate Director of Athletics

John Cropp is in his 15th year at the University of Kentucky and his 31st overall involving collegiate athletics.

As Associate Athletics

Director, Cropp oversees the administration of seven of UK's 22 athletic teams, including swimming and diving. He assumed his current responsibilities in April 1995, after having served previously as Assistant AD for Special Projects (1993-95), Athletics Recruiting Coordinator (1992-93) and Assistant Football Coach (1991).

For the first 22 years of Cropp's athletics career he was involved in coaching football. His first head coaching position came at Tennessee High School in Bristol, Tenn. Cropp's squads compiled an impressive 48-15-3 record with two state AAA titles (1971-72) and the '72 mythical national championship.

Cropp returned to his alma mater, Vanderbilt, in 1973 as an assistant coach under Steve Sloan. He followed Sloan as an assistant to Texas Tech (1975-77), Ole Miss (1978-82) and Duke (1983). In 1984, Cropp returned to Vanderbilt under head coach George MacIntyre. He entered private business for two years (1986-88) before returning to Vanderbilt for a third time. Cropp served as Assistant Athletics Director for Compliance at Vanderbilt for three years before coming to Kentucky.

Cropp earned three varsity letters at Vanderbilt as a guard/linebacker. He received the Wade-Looney Memorial Award as a senior and graduated in 1961. He earned his masters of arts in teaching in 1962.

Cropp and his wife, Mary Ann, have two grown children, Karen and David, and two grandchildren, Kate and Baxter.



LETITIA HOLLINGSWORTH-GRAY
Aquatic Director

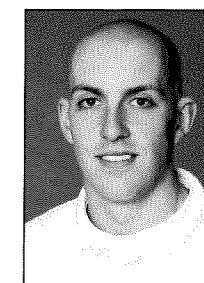
Letitia Hollingsworth-Gray begins her third season as aquatic director with the Kentucky swimming and

diving program. "Tish" oversees facilities operations and event management at the Lancaster Aquatic Center. Hollingsworth-Gray served eight years as the Lancaster Aquatic Center pool manager before assuming the title of aquatic director. Prior to her stint as pool manager, Hollingsworth served as the UK swim team's Staff Assistant.

The UK alumna and Lexington, Ky., native swam for the Wildcats from 1982-86 and was the captain of UK's first varsity women's swim team for three years.

Hollingsworth-Gray also teaches courses in CPR, lifeguarding, and coaches' safety training, as well as serving as an aquatic examiner for the Red Cross.

Hollingsworth-Gray is married to Steve Gray and the two reside in Lexington. They have a son, four-year-old Cooper.



ERIC ATNIP
Event Manager

Eric Atnip begins his third season as pool manager at the Lancaster Aquatic Center. Atnip began a stint as a lifeguard at the Lancaster Aquatic Center in 1999

and has since served as a lifeguard supervisor. As a student, this amateur triathlete and cyclist helped start the University of Kentucky triathlon club.

Atnip is a two-time graduate of the University of Kentucky after earning a bachelor's degree in political science in 2000 and a master's degree in health promotion in 2003.



2006-07 WILDCATS

KENTUCKY WOMEN'S SWIMMING & DIVING ROSTER

Name	Event	Class	Ht.	Hometown/Previous School
Chelsea Bailey	Breaststroke/IM	JR	5-6	Upper Arlington, Ohio (Upper Arlington)
Blair Barrett	Backstroke/IM	JR	5-6	Carmel, Ind. (Carmel)
Heather Bradford	Sprint Free/Fly	JR	5-8	Groveport, Ohio (Madison)
Jennifer Bradford	Freestyle	JR	5-8	Groveport, Ohio (Madison)
Joey Brown	Diving	SR	5-6	Laguna Niguel, Calif. (Dana Hills)
Nikia Deveaux	Sprint Free/Fly	SR	5-5	Nassau, Bahamas (Queens College HS)
Leah Harms	Distance Free	SO	5-6	Chesterfield, Va. (Manchester)
Keli Hnat	Free/Back	SO	5-7	Venetia, Pa. (Peters Township)
Taryn Ignacio	Diving	JR	5-2	Richmond, Ky. (Florida State)
Haleigh Kerns	Free/Fly	SO	5-5	Grand Bay, Ala. (St. Paul's Episcopal)
Casey Miller	Breast/IM/Free	FR	5-9	St. Louis, Mo. (Marquette)
Christina Morgan	Free/Fly	FR	5-7	Orlando, Fla. (Winter Springs)
Kelley Morrison	Freestyle	JR	5-6	St. Louis, Mo. (Lafayette)
Lindsay Myhre	Breast/IM/Back	JR	5-7	Aurora, Colo. (Grandview)
Elizabeth Parsons	Sprint Free	JR	5-6	Richmond, Ky. (Model)
Chatham Penrod	Backstroke	FR	5-10	Arcanum, Ohio (Arcanum)
Megan Pulskamp	Fly/Back/IM	FR	5-7	Spartanburg, S.C. (Spartanburg)
Kelly Rames	Free/Fly/IM	SO	5-9	Duluth, Ga. (North View)
Kari Retrum	Diving	JR	5-5	Noblesville, Ind. (Hamilton Southeastern)
Anna Sirmon	Fly/Back	FR	5-9	Mobile, Ala. (St. Paul's Episcopal)
Kristina Sledge	Free, Fly	SO	6-0	San Antonio, Texas (Ronald Reagan)
Jill Southerlan	Backstroke	JR	6-0	Fairfax, Va. (Fairfax)
Lauren Willis	Freestyle	JR	5-5	Lexington, Ky. (Purdue)
Sydney Witzky	Freestyle	FR	5-10	Nashville, Tenn. (Franklin)

KENTUCKY MEN'S SWIMMING & DIVING ROSTER

Name	Event	Class	Ht.	Hometown/Previous School
James Batley	Free/Fly	SO	5-11	Somerset, England (Millfield)
Matt Bierwirth	Butterfly/IM	SO	6-4	Edgewood, Ky. (Scott High)
Lance Bowman	Sprint Free/Fly	SO	6-2	Paducah, Ky. (Lone Oak High)
Elvis Burrows	Free/Fly	FR	5-11	Freeport, Grand Bahama (Seneca)
Dan Cuilla	Diving	SO	5-10	Cherry Hills, N.J. (Cherry Hill West)
Shane Eliason	Back/Fly	SO	6-0	Sturgeon Bay, Wisc. (Sturgeon Bay)
Alex Forbes	Sprint Free/Fly/Back	FR	6-1	Orlando, Fla. (Lyman)
Kyle Greene	Free/Back	FR	6-2	Cincinnati, Ohio (Turpin)
Warren Grobbelaar	Free/Fly	SO	6-2	Pretoria, South Africa (Pretoria)
Marco Iemmola	Distance Free	FR	5-11	Crestview Hills, Ky. (Covington Catholic)
Mickey Malul	Breast/Free/IM	SO	5-11	Rishon Le-Zion, Israel (Hot ha-Sharon)
Justin Max	Breast/Fly	FR	5-7	Reynoldsburg, Ohio (Reynoldsburg)
Eric McGinnis	Free/Back	FR	6-2	Raleigh, N.C. (Ravenscroft)
Travis Muzzillo	Fly/Back/Free	FR	5-9	Louisville, Ky. (South Oldham)
Grant Nelson	Distance Free/Fly	JR	6-1	Tampa, Fla. (Chamberlain)
Kristian Outinen	Breast/IM/Back	JR	6-0	Copenhagen, Denmark (Falkonergaarden)
Tommy Palinkas	Diving	FR	5-9	Buffalo, N.Y. (Clarence)
Joe Retrum	Back/Fly	SO	5-8	Noblesville, Ind. (Hamilton Southeastern)
Chris Richard	Freestyle	FR	6-2	Sturgeon Bay, Wisc. (Sturgeon Bay)
Drew Robinson	Freestyle	FR	6-2	Fishers, Ind. (Hamilton Southeastern)
Kevin Ryan	Freestyle	FR	5-10	Cincinnati, Ohio (Roger Bacon)
Justin Smith	Diving	SO	5-11	Lynwood, Ill. (Munster)
Sean Smith	Back/Fly	SO	6-3	Auburn, Mich. (Western)
Vince Tortora	Freestyle	SO	5-9	Peachtree City, Ga. (McIntosh)
Dan Vallette	Breaststroke	FR	6-0	Melbourne, Fla. (Holy Trinity Episcopal Academy)
Will Vietti	Breaststroke/IM	JR	6-0	Thermopolis, Wyo. (Hot Springs Co.)
Eric Weber	Distance Free/IM	SR	6-1	Louisville, Ky. (Ballard)

MEET THE 2006-07 WILDCAT WOMEN



UKAthletics.com

WOMEN'S OUTLOOK

The 2006-07 Kentucky Wildcats are coming off the most impressive finish in school history at the NCAA Championships and return nearly the same squad. The women's swimming and diving team placed a school-best 13th place finish at last spring's event, which was highlighted by Taryn Ignacio being crowned a National Champion in the platform diving event.

This year's team is hoping to push into the top-10 in the country, while remaining among one of the elite programs in the Southeastern Conference. The SEC boasts the top two teams as Auburn claimed the NCAA championship in 2006 with Georgia taking second. Kentucky will enjoy a home-pool advantage in February when it hosts the Conference Championship.

"I think we're going to do real well, but that may not translate to being any higher in the conference, but it should transfer to being higher nationally," said Coach Gary Conelly.

Kentucky only loses two swimmers and one diver who scored at last season's NCAA Championships and Conelly believes he has the people to replace the missing links. The combination of depth, talent, success and team unity has the team very excited for the possibilities of this season.

"One of our strengths is everyone (the athletes) is demanding accountability from other people on the team," said Conelly. "Accountability forces everyone to live up to their billing and come through in their individual performances."



JENNIFER BRADFORD

DIVING

Diving sometimes is overshadowed by the multitude of swimming events, but at Kentucky it is the team's greatest strength.

Coach Mike Lyden has enjoyed unprecedented successes the past two seasons. Two seasons ago he led a sweep of the conference meet as a UK diver took each event. Last season, his divers finished 1-2-3 in the platform event at the conference championship and had four divers place in the top seven of the other two events.

Ignacio is the top returnee in a talented trio of divers. Ignacio became the school's first national champion while setting a NCAA scoring record in the event. She also placed eighth in the one-meter event.

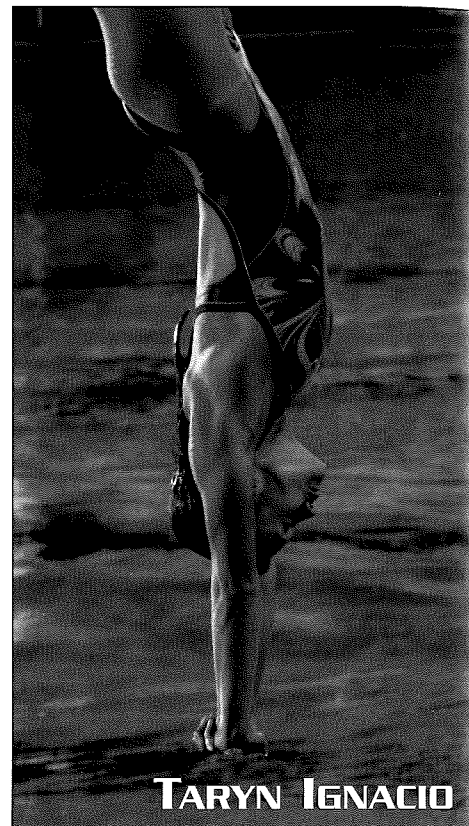
Senior Joey Brown earned honorable mention All-America as she placed 14th on the platform and 12th in the one-meter event. Jessica Thompson is the only loss the Wildcats face, as Thompson placed 16th in the platform at the NCAA tournament.

Junior Kari Retrum is more than capable of stepping into Thompson's void. Retrum, just one year removed from a red-shirt season, became the first Kentucky freshman to claim an SEC diving crown when she took first her rookie season in the platform event. At the 2006 SEC Championships, Retrum earned seventh on the one-meter and eighth on the three-meter.

"Two of the three girls went to NCAAs last year," said Coach Mike Lyden. "I really don't expect anything less from this group. I know that they can compete and I expect them to perform the way I know they can."

Lyden compares this talented group to his 1996 squad when all four earned All-American honors and he was named National Diving Coach of the Year.

Conelly added, "I doubt that there is another team in the country that has three divers as good as ours. They're going to make an enormous difference from dual meets all the way to the NCAAs for us."



TARYN IGNACIO

BACKSTROKE

Despite the loss of Joanna McLean, Conelly continues to see improvement from his returning backstrokers. Junior Jill Southerlan returns as the team's top backstroke performer and is motivated to have a breakout season.

"I think this is the most motivated I've ever seen her since she's been here," said Conelly. "I think that she'll not only be going to the relay (at the NCAA Championships), I think she'll make her individual cuts too."

A surprise is waiting in the ranks of the freshmen class, Conelly insists. Chatham Penrod is a two-time Ohio High School state runner-up in the 100-backstroke event.

"She's going to be the one to challenge and push Jill (Southernlan) for the backstroke position in the relay events," said Conelly. "It's going to be a pretty interesting situation."

Newcomer Lauren Willis, junior Blair Barrett, sophomore Keli Hnat and freshmen Megan Pulskamp and Anna Sirmon will contribute in the event.

BUTTERFLY

Junior Heather Bradford has emerged as one of the premier flyers in the nation. Bradford has dedicated herself to improving on her 20th place

finish at last season's NCAA Championships.

"Heather has consistently gotten a lot better," said Conelly. "She's focused more and more on the butterfly events and will continue to improve."

Senior Nikia Deveaux, an Olympic representative of the Bahamas, adds depth to the event. Also adding to the position, Conelly believes that Kelly Rames will have "a breakout year, she's really due for one."

Pulskamp and Sirmon will also compete for time in the fly events. Pulskamp holds the South Carolina state high school record in the 100-fly.

BREASTSTROKE

Junior Lindsay Myhre will be asked to replace senior Laura Graham in the breaststroke event, but Conelly feels Myhre has trained well and is dedicated to stepping into the role.

"She was very close last year to being as fast as Laura and she's really training great right now," he said. "She trained really hard last year and improved dramatically, she is going to surprise people this year."

Junior Chelsea Bailey is the other returning veteran who will compete in the breaststroke events. Freshman Casey Miller increases depth in the event.

FREESTYLE

Much like diving, this is the one discipline that presents a tremendous strength for the 2006-07 Wildcats. The freestyle events have talent and depth from sprint events all the way to the mile-long distance.

Junior Jenny Bradford is the top sprint returnee, after earning two individual All-American honors with a fifth and seventh place finish in the 50- and 100-freestyle respectively.

"Her 50- and 100-free swims were really good, but I would say they were really world class swims because they caught everybody off guard," said Conelly.

Bradford will not surprise anybody this year, but she is aiming to continue to improve on her times and her finishes.

Heather Bradford, Deveaux, Keli Hnat and Beth Parsons all add to the talent pool to the sprint events. Freshmen Christina Morgan and Sidney Witzky will contribute to the experience already in place.

Willis qualified for the individual 50-free as a freshman for Purdue. "She's going to have an enormous difference as a sprinter for this team," said Conelly.

In the distance swims is a talented mix of



LINDSAY MYHRE

underclassmen. Rames turned in a 16th place finish in the 500-free at the SEC Championships. Haleigh Kerns, Leah Harms, Kelley Morrison and Kristina Sledge will all contribute in the mid-distance to mile events.

"I think Haleigh Kerns and Kristina Sledge are going to have big years for us," said Conelly.

INDIVIDUAL MEDLEY

Rames and Myhre lead the swimmers in this area, who will have to replace Shantel Commander, Laura Graham and Brennan Moore.

Bailey and Barrett will be asked to step into a larger role in this discipline to help add depth to the event.

Miller will likely be the surprise of the group. She placed third in the Missouri high school meet in the 200-individual medley.

"She (Miller) is going to help us out a lot in this event," said Conelly. "She is very coachable and has a lot of natural athletic talent."

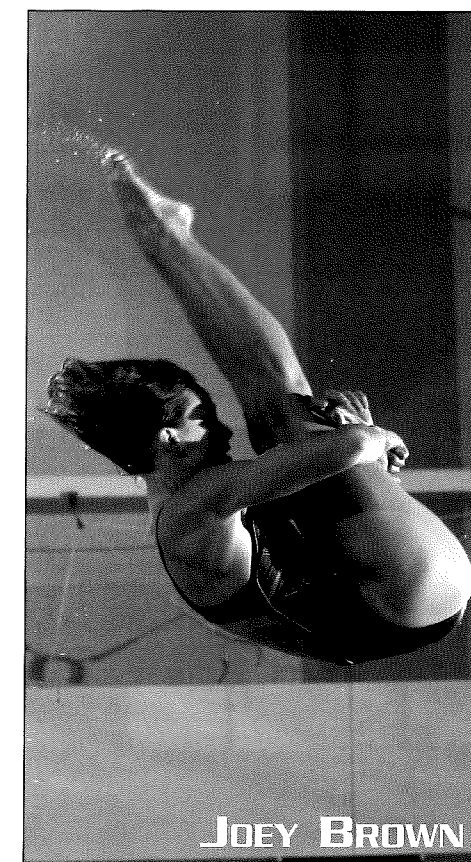
RELAYS

At last season's NCAA Championships the Kentucky relay teams placed 10th in the 200-freestyle, 12th in the 200-medley and 14th in the 400-medley.

Conelly believes with the talented mix of returnees and freshmen competition may arise for the coveted relay spots. He insists that this is the area that his team will improve the most as the year progresses.

Heather and Jenny Bradford will fill half of the freestyle slots with the other spots open for grabs. Jenny Bradford will own the freestyle leg

of the medley relays, with Heather enduring the butterfly area. Southerlan will open the season in the backstroke slot with Myhre occupying the breaststroke area.



JOEY BROWN

2006-07 WILDCAT WOMEN

CHelsea BAILEY

Breaststroke/IM • Junior • 5-6
Upper Arlington, Ohio (Upper Arlington)
Major - Communications
Club - Greater Columbus Swim Team



2005-06: Tapped in 15th place in the 200-breaststroke, 24th in the 400-individual medley, 25th in the 100-breast and 38th in the 200-IM at the Nike Cup Invitational ...

Competed for the Wildcats in the 100- and 200-breast events as well as the 200- and 400-IMs ... Set season-best times at the Nike Cup Invitational in all four events.

2004-2005: Placed 25th in the 100-breaststroke, 28th in the 200-breast and 39th in the 200-individual medley at the SEC Championships ... Took 22nd in the 200-breast, 23rd in the 100-breast and 50th in the 200-IM at the Indiana Invitational.

Pre-College: Captain of high school swim team as a senior ... Led Upper Arlington's 200-medley relay team to victory in the state meet ...

Placed 12th in the 200-IM at the state meet ... Four-year letter winner in swimming and member of four-time state champion water polo team ... Chose Kentucky because of the campus, the size and atmosphere of the school and her desire to be part of a strong swim team.

Best Collegiate Times: 100-breaststroke: 1:09.95; 200-breaststroke: 2:27.76; 200-individual medley: 2:14.86

BLAIR BARRETT

Backstroke/IM • Junior • 5-6
Carmel, Ind. (Carmel)
Major - Psychology
Club - Carmel Swim Club



2005-2006: Competed in backstroke and individual medley events ... Finished 21st in the 200-back, 29th in the 200-IM, and 21st in the 400-IM at the SEC Championships ... Captured ninth in the 200-back, 14th in the

400-IM, 23rd in the 200-IM and 28th in the 100-back at the Nike Cup Invitational ... Placed fourth in the 100-back against South Carolina ...

Took third in the 200-back in the Cats' opening win against Illinois.

2004-2005: Placed 22nd in the 400-individual medley, 32nd in the 100-backstroke and 34th in the 200-IM at the SEC Championships ... Took fourth in the 200-IM and the 200-back against Cincinnati ... Placed fourth in the 1000-freestyle against Michigan State ... Took fifth in the 200-back against Indiana and Southwest Missouri State ... Placed 21st in the 400-IM, 23rd in the 200-back, and 29th in the 100-back and 200-butterfly at the Indiana Invitational.

Pre-College: Finalist for All-America honors in the 200-backstroke ... Finalist at senior state meet in 200-back ... Registered a junior national cut time in the 100-back ... Earned All-County selections as a member of four-time state champion team at Carmel H.S. ... Was named a scholar-athlete and earned an academic honors diploma ... Born and raised in Lexington before moving to Indiana at age 9 ... Chose UK because of the friendly people and atmosphere and because of her desire to be a part of a great team.

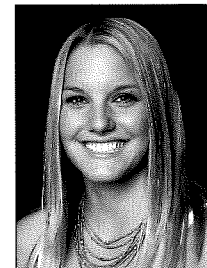
Best Collegiate Times: 100-backstroke: 59.01; 200-backstroke: 2:04.89; 200-individual medley: 2:10.13; 400-individual medley: 4:28.80



HEATHER BRADFORD

HEATHER BRADFORD

Butterfly/Sprint Free • Junior • 5-8
Groveport, Ohio (Madison)
Major - Elementary Education
Club - Greater Columbus Swim Team



2005-06: Holds the nation's 18th best time in the 100-butterfly (53.81), at the end of the 2006 season ... Earned honorable mention All-American honors as a member of the 200- and 400-medley relay teams

as well as the 200- and 400-freestyle relay teams ... Placed 32nd in the 50-freestyle and 20th in the 100-fly at the NCAA Championships ... Named second team All-SEC ... The 200- and 400-free relay teams set school records at the SEC Championships with times of 1:31.11 and 3:22.04 respectively ... Placed fourth in the 100-fly, fifth in the 50-free, and 10th in the 100-free at the SEC Championships ... Her time of 53.81 in the 100-fly at the SEC Championships set a new career-best and team record ... Claimed victory in the 100-fly against Illinois.

2004-2005: Earned an honorable mention All-America selection in the 200- and 400-medley relays, helping set new school records in both events ... Took ninth in the 200-medley relay, 16th in the 400-medley relay, 18th in the 400-freestyle relay, 19th in the 200-free relay, 49th in the 100-butterfly and 64th in the 50-free at the NCAA Championships ... Placed fourth in the 200-free relay and the 200- and 400-medley relays, seventh in the 400-free relay, 22nd in the 50-free and 31st in the 100-free at the SEC Championships ... Captured the 200-fly against LSU and Tennessee ... Took first in the 100-fly against Louisville and Arkansas ... Claimed the 100-free against Cincinnati.

Pre-College: 2004 State Champion in the 100-butterfly and four-time co-MVP of high school team ... Placed eight times in the state-title meets ... Recorded the seventh-fastest national time in her division in the 100-fly ... Earned the Lucinda Doersam Outstanding Senior Athlete Award ... Lists personal highlights as winning the 100-fly state title five minutes after watching her twin sister win the 50-freestyle state title ... Chose Kentucky because of the location of the school and the fun and outgoing attitudes of the team and coaching staff.

Best Collegiate Times: 100-butterfly: 53.81; 50-freestyle: 22.88; 100-freestyle: 50.40

JENNIFER BRADFORD

Sprint Free/Fly • Junior • 5-8
Groveport, Ohio (Madison)
Major - Merchandising
Club - Greater Columbus Swim Team



2005-06: Her 50-freestyle time of 22.10 is the second best time in the nation, and also a Kentucky record; she accomplished the feat at the SEC Championships ... Garnered two All-American honors after

placing fifth in the 50-free and seventh in the 100-free at the NCAA Championships ... A part of four relay teams that gained honorable mention All-American accolades (200-medley, 400-medley, 200-free and the 400-free) ... Touched 15th in the 100-butterfly at the NCAA Championships ... Named second team All-SEC ... Also set a school-record with a time of 48.53 in the 100-free at the NCAA Championships ... Claimed silver at the SEC Championships in the 50-free ... Earned victory



JENNIFER BRADFORD

in the 50-free against Illinois, Tennessee, Georgia, and South Carolina.

2004-2005: Earned an honorable mention All-America selection in the 200- and 400-medley relays and helped set new school records in both events ... Placed ninth in the 200-medley relay, 16th in the 400-medley relay, 18th in the 400-freestyle relay, 19th in the 200-free relay, 40th in the 50-free and 43rd in the 100-free at the NCAA Championships ... Took fourth in the 200-free relay and the 200- and 400-medley relays, seventh in the 400-free relay, 11th in the 50-free, 16th in the 100-free and 21st in the 100-butterfly at the SEC Championships ... Won the 50-free against Michigan State, Tennessee, Indiana, Southwest Missouri State, LSU, South Carolina, Louisville, Arkansas and Cincinnati ... Claimed the 100-free against Michigan State, LSU and South Carolina ... Captured the 200-free against Louisville and Arkansas.

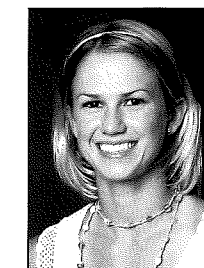
Pre-College: 2004 State Champion in the 50- and 100-freestyle events ... Her 50-free time of 22.73 at the state meet broke the state record and the pool record at Ohio State, earning her the "Performance of the Meet" ... Four-time co-MVP of high school team ... Lists personal highlights as setting meet and pool records in three consecutive weekends at districts, sectional and state meets and watching her twin sister win the 100-butterfly at the state meet ... Earned the Lucinda Doersam Outstanding Senior Athlete Award ... Chose

Kentucky because of the team, the coaches and the location of the school.

Best Collegiate Times: 50-freestyle: 22.10; 100-freestyle: 48.53; 100-butterfly: 54.27

JOEY BROWN

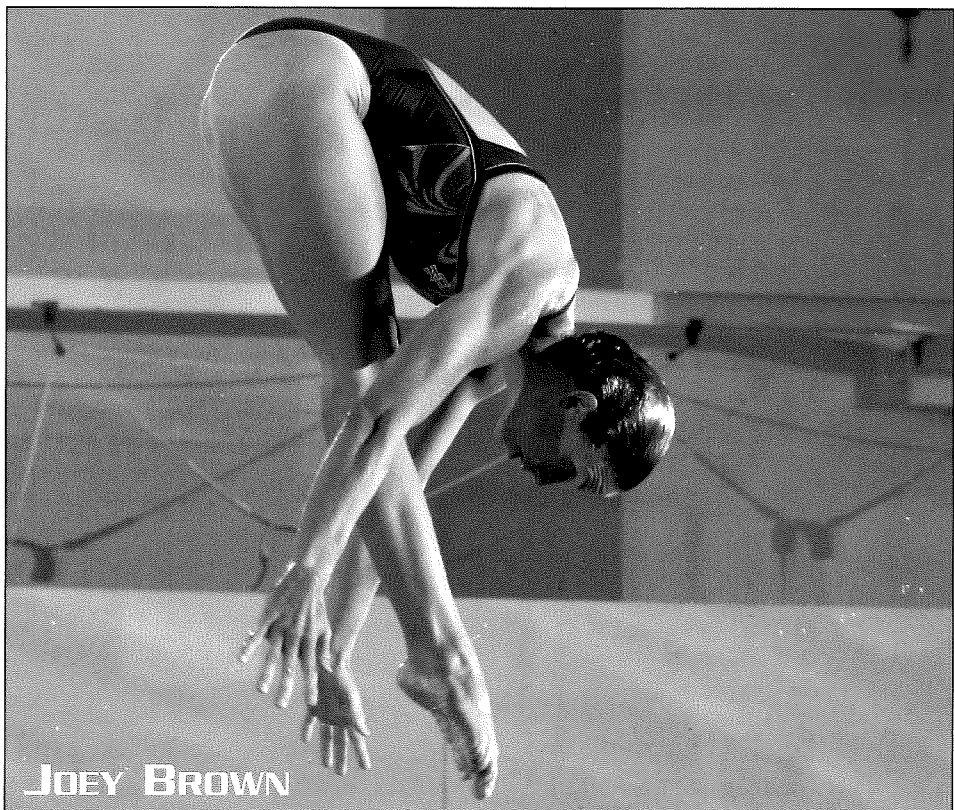
Diving • Senior • 5-6
Laguna Niguel, Calif. (Dana Hills)
Major - Kinesiology
Club - Crown Valley Divers



2005-06: Earned honorable mention All-American honors after finishing 14th on the platform at the NCAA Championships ... Also came in 12th in the one-meter and 20th in the three-meter event at the

NCAA Championships ... Qualified for the NCAA Championships by placing fifth at the Zone B Diving Championships ... Took fourth in the one-meter and seventh in the platform at the same meet held in Lexington, Ky. ... Had three break-out performances at the SEC Championships finishing third in the one-meter, three-meter and platform ... Won the one-meter diving event against Arkansas ... Finished second to teammate Jessica Thompson in the one-meter at Georgia.

2004-05: Placed seventh on the platform, 11th in the one-meter and 22nd in the three-meter



JOEY BROWN

event at the NCAA Zone Diving Meet ... Took eighth on the platform, 12th in the one- and three-meter events at the SEC Championships ... Captured the one-meter event against Michigan State, Tennessee and Cincinnati ... Claimed the three-meter event against Michigan State ... Took fourth in the three-meter, fifth on the platform and ninth in the one-meter at the Georgia Tech Diving Invitational ... Placed third on the platform against Alabama ... Set new pool and school one-meter dual meet records against Cincinnati ... Named the SEC Women's Diver of the Week on Feb. 9.

2003-04: Placed 12th on the platform, 19th on the three-meter and 23rd on the one-meter at the SEC Championships ... Took second on the one-meter at the Indiana Invitational and against South Carolina ... Placed second on the three-meter against Auburn and South Carolina ... Took third on the one-meter against Tennessee, Louisville and Houston ... Placed third on the three-meter at the Indiana Invitational ... Held second-highest team score (462.45) on the three-meter (11 dives).

Pre-College: NISCA High School All-American (2000-2003) ... South Coast League Champion (2002, 2003) ... Took first place in the one-meter and third place in the three-meter at the 2003 Junior Olympic Winter Nationals ... CIF Division I Champion ... Valedictorian of high school class ... Scholar athlete and member of the National

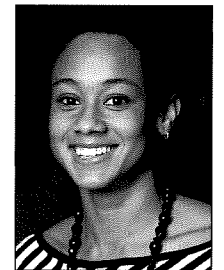
Honor Society and California Scholastic Federation ... Inducted into Dana Hills H.S. Diving Hall of Fame Honor Guard ... Chose UK over Missouri, North Carolina, Arizona State and Southern California because of the beautiful campus, the academic opportunities and for her respect of Mike Lyden's abilities as a coach.

Best Collegiate Scores: One-meter: 303.90; Three-meter: 327.40; Platform: 475.80



NIKIA DEVEAUX

NIKIA DEVEAUX
Sprint Free/Fly • Senior • 5-5
Nassau, Bahamas (Queen's College H.S.)
Major - Mass Communications & Spanish
Club - Barracuda Swim Club



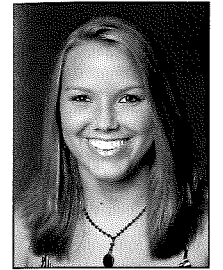
2005-06: Earned honorable mention All-American honors as a member of the 200- and 400-freestyle relay teams at the NCAA Championships ... Took 21st in the 50-free and 29th in the 100-butterfly at the SEC Championships ... Served as one of four team captains in 2005-06 ... Finished second in the 50-free against Louisville.

2004-05: Team co-captain ... Took fourth in the 200-freestyle relay, 27th in the 100-free and 40th in the 200-free at the SEC Championships ... Placed second in the 50- and 100-free events against Cincinnati ... Took 23rd in the 100-free, 27th in the 50-free and 56th in the 200-free at the Indiana Invitational.

2003-04: Represented the Bahamas at the 2004 Athens Summer Olympic Games ... Placed fifth in the 400-medley relay, seventh in the 200-medley relay, ninth in the 200- and 400-freestyle relays, 31st in the 100-free, 35th in the 50-free and 37th in the 100-butterfly at the SEC Championships ... Placed 17th in the 100-free at the Nike Cup, where she also competed in the 50- and 200-free events ... Won the 50-free against Cincinnati ... Placed second in the 50-free against Ball State and Indian River ... Held the second-fastest team times in the 50- and 100-free events.

Pre-College: Captain of Bahamian National Team, 2002-2003 ... Honor roll member from 1997-2002 ... Outstanding student-athlete award winner ... National High Point Winner, 2000-2003.
Best Collegiate Times: 50-freestyle: 23.77; 100-freestyle: 51.89; 200-freestyle: 1:55.95

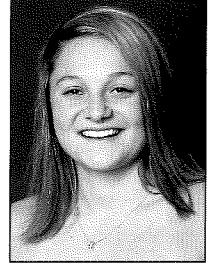
LEAH HARMS
Distance Free • Sophomore • 5-6
Chesterfield, Va. (Manchester)
Major - Communications
Club - Poseidon Swimming



2005-06: Placed 13th in the 1650-freestyle, 20th in the 500-freestyle and 32nd in the 200-free events at the SEC Championships ... Nabbed sixth in the 1650-free and 23rd in the 500-free at the Nike Cup ... Took third in the 200-free against Cincinnati ... Placed second in the 1650-free in the meet versus Louisville ... Finished second in the 1000-free against South Carolina ... Placed first in the 1000-free against Arkansas.

Pre-College: Earned second-team All-Metro selection in the 1650-freestyle ... Collected the Poseidon Swimming Distance Honors Award from 2003-05 ... Team captain of Poseidon Swim Club. ... Three-year Scholastic All-American ... Member of National Honor Society ... Chose UK over South Carolina and Virginia Tech because of the enthusiastic coaches, the friendly teammates and the size of the school.
Best Collegiate Times: 200-freestyle: 1:54.61; 500-freestyle: 4:58.20; 1000-freestyle: 10:17.01; 1650-freestyle: 17:09.25

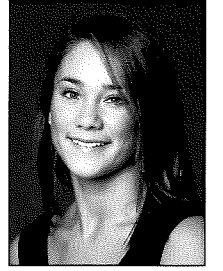
KELI HNAT
Free/Back • Sophomore • 5-6
Venetia, Pa. (Peters Township)
Major - Pre Physical Therapy
Club - Mt. Lebanon Aqua Club



2005-06: Swam in exhibitions in the 50-freestyle and the 100-backstroke at the SEC Championships ... Captured 18th in the 100-back, 30th in the 100-free and 36th in the 50-free at the Nike Cup ... Finished second in the 100-back against Cincinnati ... Took third in the 50-back against Clemson ... Placed second in the 100-back against Arkansas ... Took first in the 100-back in the meet with Illinois.

Pre-College: All-State and All-American in 100-backstroke during junior and senior seasons ... Two-time district champion in the 100-back ... Anchored state champion 200-medley relay team ... Member of the National Honor Society ... Selected Kentucky over Indiana, Rutgers, Louisville and Miami (Ohio) because of the school's academic reputation and because the team, as well as the coaching staff, made her feel at home.
Best Collegiate Times: 50-freestyle: 24.78; 100-freestyle: 53.53; 100-backstroke: 57.71; 200-backstroke: 2:07.57

TARYN IGNACIO
Diving • Senior • 5-2
Richmond, Ky. (Florida State/Model H.S.)
Major - Sociology
Club - Kentucky Diving Club



2005-06: Became Kentucky's first-ever National Champion winning the platform event at the NCAA Championships ... Set school and NCAA records as she scored a 335.20 in the finals ... Gained her second All-America honor after finishing eighth in the one-meter diving event ... Captured second-consecutive SEC Women's Diver of the Year Award after repeating as plat-

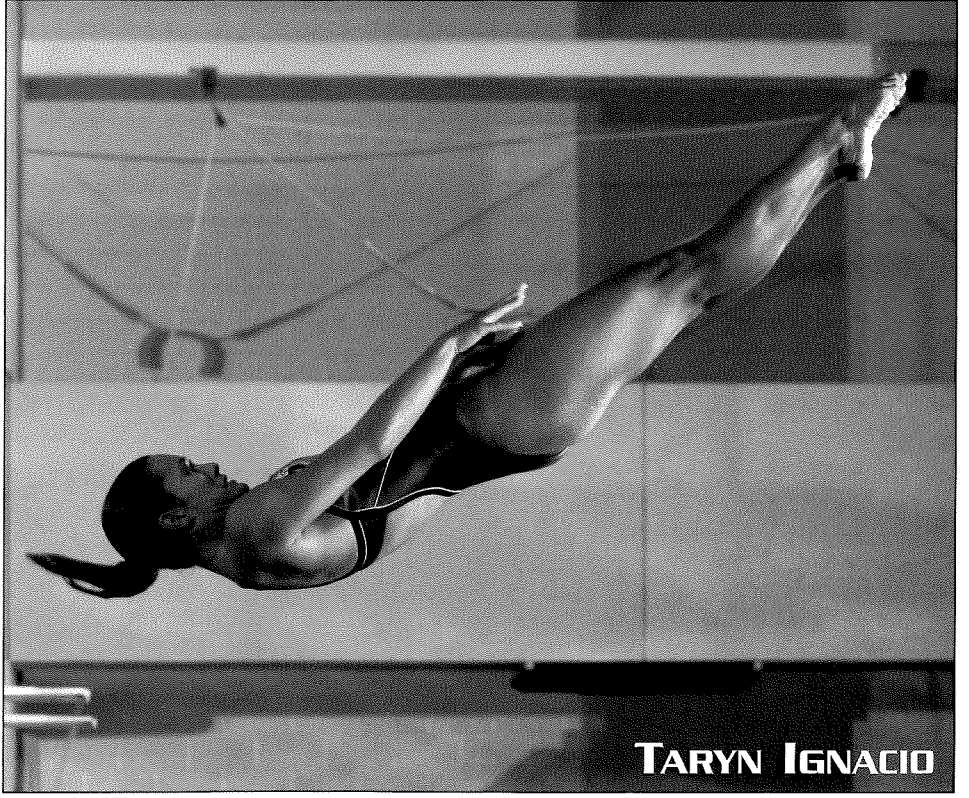
form champion at the SEC Championships ... Also placed 15th on the three-meter at the SEC Championships ... Took second on the platform at the NCAA Zone Diving Championship hosted by UK in March ... Finished first in the three-meter event in the tri-meet against Alabama and LSU ... Named to 2006 SEC Academic Honor Roll.

2004-05: Named SEC Diver of the Year after winning the one-meter and platform events at the SEC Championships ... Earned honorable mention All-America selection honor in platform diving after placing ninth at the NCAA Championships, where she also took 17th in the one-meter event and 33rd in the three-meter event ... Swept the one- and three-meter events against Louisville and Arkansas and won the three-meter and platform events against Alabama ... Placed first on the platform at the Georgia Tech Diving Invitational.

2003-04(at Florida State): Took 11th on the platform at the U.S. Olympic trials ... Placed 15th on the platform at the NCAA Championships ... Took second on the platform at the NCAA Zone Diving Meet ... Placed third on the one-meter and 11th on the three-meter at the ACC Championships.

Pre-College: High school All-American and member of Who's Who Among American High School Students.

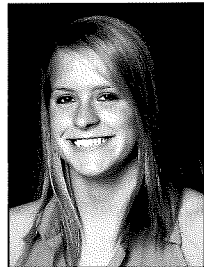
Best Collegiate Scores: One-meter: 311.35; Three-meter: 324.68; Platform: 335.20



TARYN IGNACIO

HALEIGH KERNS

Freestyle • Sophomore • 5-5
Grand Bay, Ala. (St. Paul's Episcopal)
Major - Undecided
Club - Mobile Swim Association

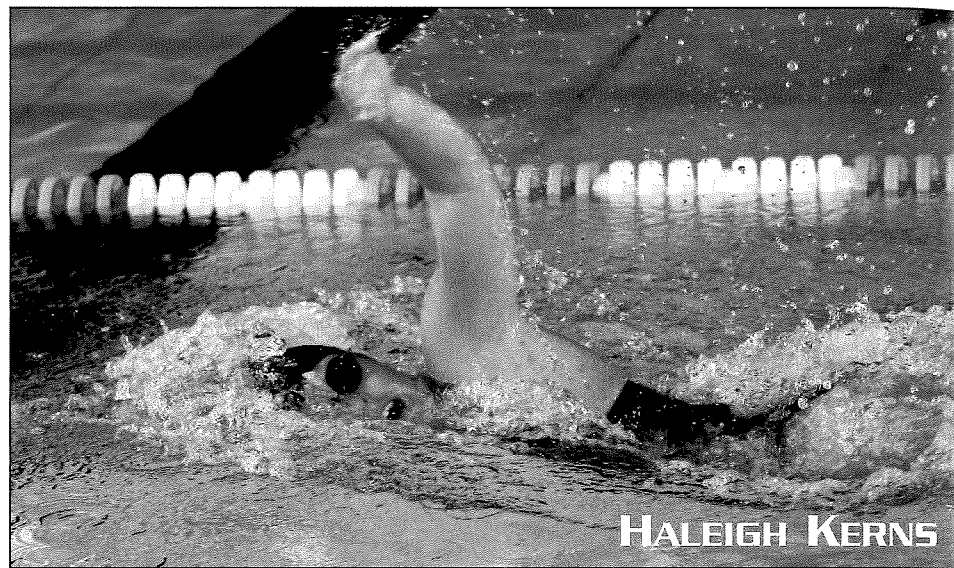


2005-06: Placed 21st in the 500-freestyle and 23rd in the 200-free at the SEC Championships ... Touched in fifth in the 200-free, eighth in the 500-free, 23rd in the 100-free and 33rd in the 50-free at the Nike Cup

Invitational ... Took third in the 100-butterfly against Cincinnati ... Finished fourth in the 200-free against Louisville ... Placed third in the 200-free against South Carolina ... Took third in the 200-free in the tri-meet with Alabama and LSU ... Finished second in the 500-free in the dual meet against Texas A&M and Illinois.

Pre-College: High School All-American ... Team MVP and team captain ... Captured Southeastern Zone Championship and State Championship ... Named A.S. Mitchell Female Athlete of the Year ... Garnered Academic All-American honors ... Chose UK over Alabama, South Carolina and Texas A&M because of the athletic and academic opportunities, the experienced coaching staff and the positive attitude of her new teammates.

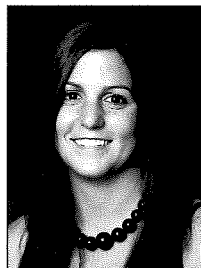
Best Collegiate Times: 100-freestyle: 52.00; 200-freestyle: 1:51.42; 500-freestyle: 4:55.98; 100-butterfly: 59.56



HALEIGH KERNS

KELLEY MORRISON

Freestyle • Junior • 5-6
St. Louis, Mo. (Lafayette)
Major - Elementary Education
Club - Rockwood Swim Club



2005-06: Took 31st in the 500-freestyle at the SEC Championships ... Placed third in the 200-free against Illinois ... Took second in the 1000-free in the meet against Arkansas ...

Placed third in the 500-free at the Bulldog Invitational.

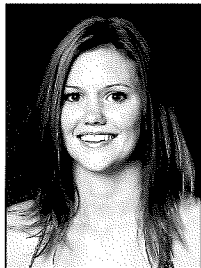
2004-05: Placed 34th in the 500-freestyle, 35th in the 200-free and 43rd in the 100-free at the SEC Championships ... Took 20th in the 500-free, 33rd in the 200-individual medley, 27th in the 200-free and 39th in the 100-free at the Indiana Invitational ... Took second in the 500-free against LSU ... Placed third in the 200-free against Louisville, Arkansas and Cincinnati ... Clocked in fourth in the 200-free against Michigan State, Tennessee and South Carolina.

Pre-College: Four-time relay All-American ... Placed second in the 100-freestyle and third in the 200-free at the Missouri state meet ... Member of four-time state champion high school team ... High-point scorer and MVP of high school team ... Scholastic All-American and member of the National Honor Society.

Best Collegiate Times: 100-freestyle: 53.40; 200-freestyle: 1:54.17; 500-freestyle: 4:59.55; 1000-freestyle: 10:36.06; 1650-freestyle: 17:33.17

LINDSAY MYHRE

Breaststroke/IM • Junior • 5-7
Aurora, Colo. (Grandview)
Major - Family and Consumer Science
Club - Aurora Aquatic Academy



2005-06: Placed 14th in the 100-breaststroke, 17th in the 200-breast and 24th in the 200-individual medley at the SEC Championships ... Set a season-best time of 1:03.27 at the 2005 Nike Cup in the 100-breast...

Took the top spot in the 100-breast against Illinois



LINDSAY MYHRE

and Arkansas ... Also took first in the 200-breast in the meet against the Lady Razorbacks ...

Finished first in the 200-IM against Texas A&M. **2004-05:** Placed 12th in the 100-breaststroke, 15th in the 200-breast and 21st in the 200-individual medley at the SEC Championships ... Claimed the 200-IM against Cincinnati ... Took seventh in the 200-IM, eighth in the 100-breast, 16th in the 100-backstroke and the 400-IM and 28th in the 200-back at the Indiana Invitational ... Placed third in the 200-IM against Michigan State and LSU ... Took second in the 200-breast against Louisville and Arkansas ... Recorded the team's third-best time in the 1000-freestyle and 100- and 200-breast events.

Pre-College: All-American in the 100-breaststroke and 200-individual medley events ... Took seventh in the 500-breast at the junior national meet ... Placed second in the 100-breast at the Colorado state meet ... Named the Colorado Class 5A Swimmer of the Year ... Named MVP after each of her four high school seasons ... Earned an academic merit award and an academic letter ... Chose Kentucky over Purdue, Rutgers and Clemson because of the academic opportunities, the team atmosphere and the common goals of the team.

Best Collegiate Times: 100-breaststroke: 1:03.27; 200-breaststroke: 2:18.41; 200-individual medley: 2:06.11; 400-individual medley: 4:32.12; 100-backstroke: 58.35

ELIZABETH PARSONS

Sprint Free • Junior • 5-6
Richmond, Ky. (Model)
Major - Merchandising
Club - Colonel Aquatics



2005-06: Tapped in 23rd in the 50-freestyle, 25th in the 100-free and 34th in the 200-free at the Nike Cup ... Competed in exhibition swims in the 50-, 100- and 200-frees events ... Finished third in the 50-

free event in the meet vs. Louisville ... Took fourth in the 50-free against Cincinnati.

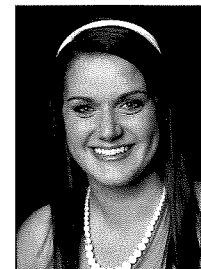
2004-2005: Completed exhibition swims in the 50-, 100- and 200-freestyle events at the SEC Championships ... Placed fifth in the 100-free and sixth in the 50-free against Cincinnati ... Took 40th in the 100-free and backstroke, 47th in the 50-free and 54th in the 200-free at the Indiana Invitational.

Pre-College: Team captain at Model H.S. ... Competed in the 50- and 100-freestyle events at the KHSAA meet.

Best Collegiate Times: 50-freestyle: 23.80; 100-freestyle: 52.20; 200-freestyle: 1:56.36

KELLY RAMES

Free/Fly/IM • Sophomore • 5-9
Duluth, Ga. (North View)
Major - Undecided
Club - Swim Atlanta



2005-06: Finished 12th in the 200-butterfly, 16th in the 500-freestyle and 19th in the 400-individual medley at the SEC Championships ...

Tapped in second in the 200-fly, 13th in the 400-IM, 17th in the 500-free and 22nd in the 100-fly at the Nike Cup ... Claimed the top spot in the 500-free and the 200-fly against Cincinnati ... Took second in the 500-free against Louisville ... Placed first in the 200-fly in the tri-meet with Alabama and LSU ...

Finished first in the 200-fly against Arkansas ... Placed first in the 200-fly in a meet with Texas A&M ... Took second in the 1000-free against Tennessee ... Opened the season with victories in the 200-fly and 500-free events against Illinois.

Pre-College: Scholastic All-American ... MVP of high school swimming team her senior year ... Finished her high school career with five

school records ... Named to honor roll all four years ... Picked Kentucky because of the great coaching staff, the friendly and welcoming team, as well as the location.

Best Collegiate Times: 100-butterfly: 58.50; 200-butterfly: 2:02.03; 500-freestyle: 4:55.10; 1000-freestyle: 10:16.63; 400-individual medley: 4:28.67

KARI RETRUM

Diving • Junior • 5-5
Noblesville, Ind. (Hamilton Southeastern)
Major - Middle School Education
Club - Indianapolis Starz



2005-06: Returned to action after red-shirting in 2004-05 ... Finished 10th at the NCAA Zone Diving Championships in the one-meter event ... Also placed 15th in three-meter event at the Zone Diving

Championships ... Placed seventh in the one-meter and eighth in the three-meter at the SEC Championships ... Took fourth in the three-meter events vs. Louisville ... Finished second in the three-meter event against South Carolina, Georgia and in the tri-meet with Alabama and LSU ... Placed second on the one-meter board in the Cats' win against Arkansas.



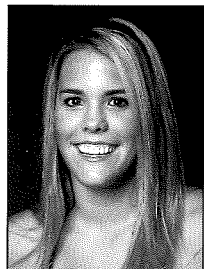
KELLY RAMES

2004-05: Redshirt season
2003-2004: Became the first Kentucky freshman to claim an SEC diving crown, taking first on the platform at the SEC Championships with a school-record score of 428.00 ... Named the SEC Women's Freshman Diver of the Year ... Took 17th on the platform at the U.S. Olympic trials ... Placed 12th on the three-meter and 15th on the one-meter at the SEC Championships ... Took third on the platform, 16th on the one-meter and 21st on the three-meter at the NCAA Zone Diving Meet ... Placed second on the three-meter and third on the one-meter and platform at the Indiana Diving Invitational ... Took third on the one-meter against Georgia Tech, Auburn and Cincinnati ... Placed second on the three-meter against Florida, Georgia Tech and Cincinnati ... Her title-clinching performance platform dive at the SEC Championships won Female Play of the Year at UK's annual CATSPY Awards ceremony honoring the academic and athletic achievements of Wildcat student athletes.
Pre-College: Placed 14th in the three-meter event at the 2003 Speedo National Diving Championships ... 2002 IHSA One-Meter Champion, runner-up finish in 2003 ... Took

ninth on the one-meter at the 2002 Speedo National Junior Diving Championships ... Placed first on the one-meter at the 1998 and 2000 East Junior National Diving Championships ... a two-time first-team selection by the Indiana Coaches of Girls' Sports Association.
Best Collegiate Scores: One-meter: 290.03 (6 dives); 518.70 (12 dives); Three-meter: 305.80 (6 dives); 537.25 (12 dives) Platform: 428.00 (9 dives)

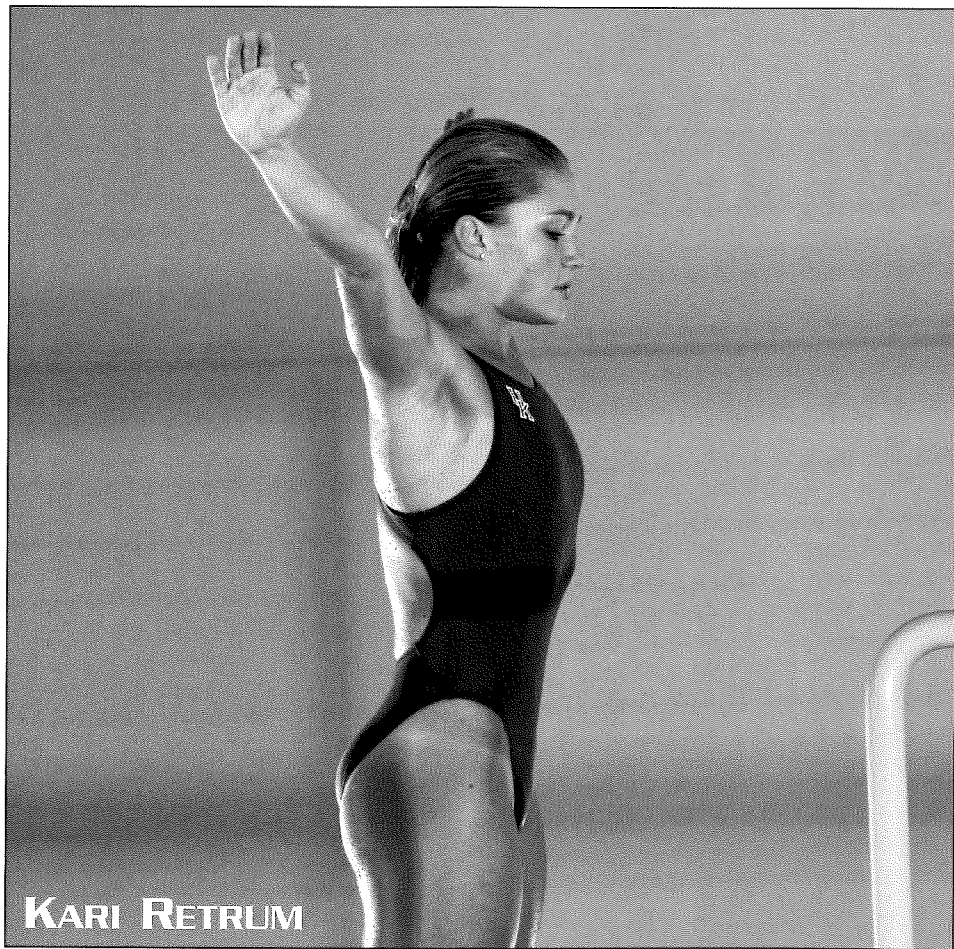
KRISTINA SLEDGE

Sprint Free/Fly • Sophomore • 6-0
 San Antonio, Texas (Ronald Reagan)
 Major - Undecided
 Club - Alamo Area Aquatic



2005-06: Placed 18th in the 200-freestyle, 21st in the 100-free and 32nd in the 50-free at the SEC Championships ... Earned sixth in the 200-free, 14th in the 100-free and 35th in the 50-free at the Nike Cup

Invitational ... Took second in the 100-butterfly

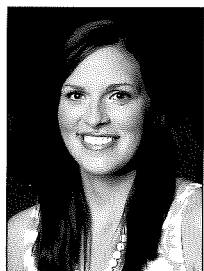


KARI RETRUM

against Cincinnati ... Finished third in the 200-free versus Louisville ... Placed second in the 200-free against South Carolina ... Took second in the 200-free against Georgia.
Pre-College: Four-time All-State and High School All-American ... Named 2004 and 2005 Scholastic All-American ... National Honor Society member in 2004 and 2005 ... Served as team captain in 2005.
Best Collegiate Times: 50-freestyle: 24.13; 100-freestyle: 51.90; 200-freestyle: 1:50.72

JILL SOUTHERLAN

Backstroke • Junior • 6-0
 Fairfax, Va. (Fairfax)
 Major - Arts Administration
 Club - Mason Makos



2005-06: Achieved honorable mention All-American accolades as a member of the 200- and 400-medley relay teams ... Placed 14th in the 100-backstroke event and 28th in the 200-back at the SEC

Championships ... Finished fourth in the 100-back, fifth in the 200-back and 24th in the 200-individual medley at the Nike Cup ... Claimed the top spot in the 100-back against Louisville and Cincinnati ... Finished first in the 200-back against Louisville.

2004-05: Placed 15th in the 100-backstroke, 19th in the 200-back and 54th in the 50-freestyle at the SEC Championships ... Won the 100-back against Louisville and Arkansas ... Took second in the 200-back against Michigan State and Cincinnati ... Placed fifth in the 200-back, sixth in the 100-back and 44th in the 200-free at the Indiana Invitational ... Took third in the 200-back against Tennessee, Indiana, Southwest Missouri State and Alabama.

Pre-College: Placed second in the regional meet and seventh in the Virginia state meet in the 100-backstroke ... Qualified for the junior national meet ... MVP of club and high school teams ... An NISCA honorable mention All-American ... Captain of club and high school teams ... Also a member of the all-district volleyball team ... Chose UK for the excellent opportunities in athletics and academics and the friendly coaches and teammates.

Best Collegiate Times: 100-backstroke: 56.41; 200-backstroke: 2:02.15

2006-07 NEWCOMERS



MEGAN PULSKAMP

CASEY MILLER

IM/Free • Freshman • 5-9
 St. Louis, Mo. (Marquette HS)
 Major - (Pre) Physical Therapy
 Club - Rockwood



Pre-College: Placed third in the Missouri state championships in both the 100-butterfly and 200-individual medley ... Named MVP of her high school team three times in her career ... Holds high school records in the

50- and 100-freestyle, and as a member of the 200- and 400-free and 200-medley relay teams ... Came to UK to be a part of a great team and learn from the coaching staff.

Best Times: 200-individual medley(LCM): 2:24.6; 400-individual medley(LCM): 5:08; 200-freestyle(LCM): 2:06.65

CHRISTINA MORGAN

Freestyle • Freshman • 5-7
 Orlando, Fla. (Winter Springs HS)
 Major - Political Science
 Club - Patriot Aquatics



Pre-College: Tabbed the Most Valuable Swimmer in each of her four years at Winter Springs High School ... Earned All-American honors in all of her four seasons ... All-Scholastic American States in each of her four

years ... Holds seven high school records ... Chose Kentucky for the environment and people who surround the area ... Her first impressions of her new team is they are all very supportive, friendly and dedicated.

Best Times: 50-freestyle: 23.9; 100-freestyle: 51.9

CHATHAM PENROD

Backstroke • Freshman • 5-10
 Arcanum, Ohio (Arcanum)
 Major - Business
 Club - Miami YMCA



Pre-College: A two-time state runner-up in the 100-backstroke ... Four-time High Point Swimmer ... Two-time Daily Advocate Swimmer of the Year ... Also participated in track and field in high school

... Became a Wildcat because it was the right fit with the coaches, team and academics.

Best Times: 100-backstroke: 57.17; 200-backstroke: 2:03.93

MEGAN PULSKAMP

Fly/Back • Freshman • 5-7
 Spartanburg, S.C. (Spartanburg HS)
 Major - Undecided
 Club - Swim Spartanburg



Pre-College: Six-year letterwinner at Spartanburg High School ... Named Most Valuable Swimmer her senior season ... Holds state record in 100-butterfly ... Tabs her most memorable sports moment as garnering the high school

record in the 100-fly while beating the previous record holder at the same time ... Chose UK because she loved the team.

Best Times: 100-butterfly 56.1; 200-butterfly 2:04.0; 100-backstroke 59.0



CHATHAM PENROD



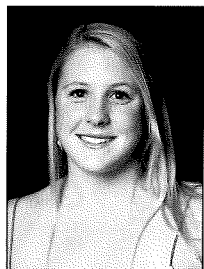
ANNA SIRMON

ANNA SIRMON

Fly/Back • Freshman • 5-9
 Mobile, Ala. (St. Paul's Episcopal School)
 Major - Undecided
 Club - City of Mobile Swim Assoc.

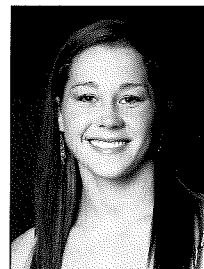
LAUREN WILLIS

Free/Back • Junior • 5-5
 Lexington Ky (Purdue)
 Major - Pharmacy
 Club - Lexington Dolphins

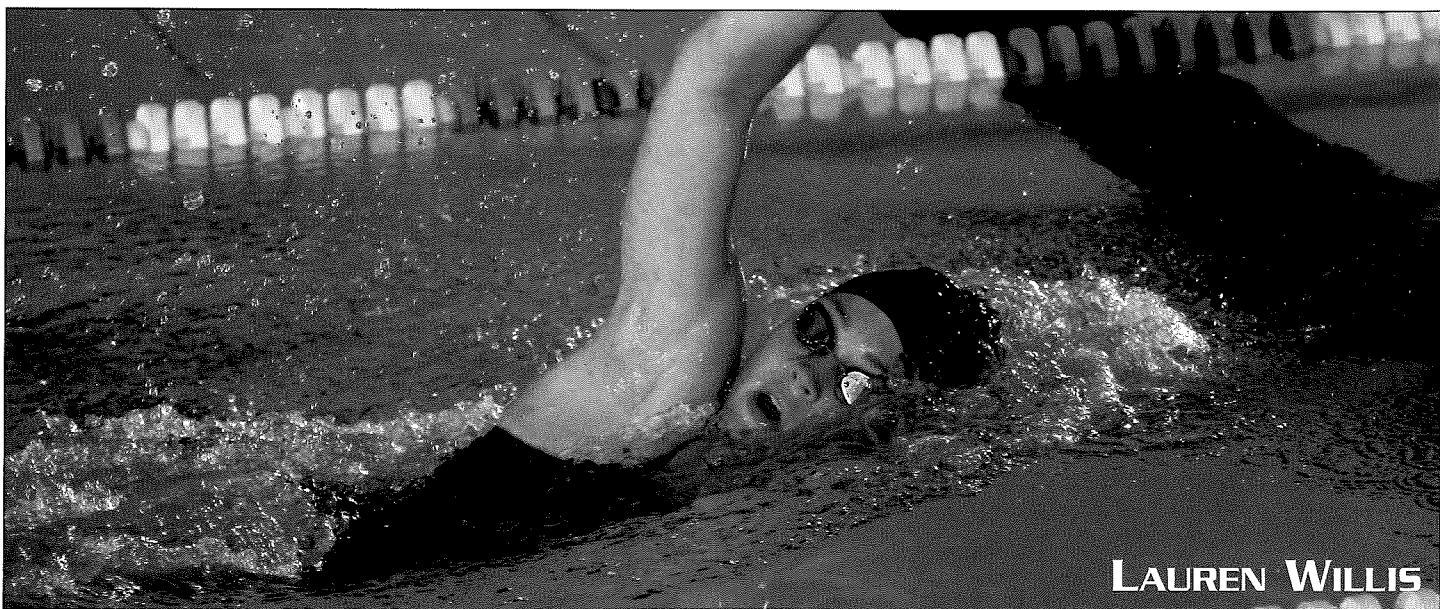


Pre-College: Member of the 2003-2004 Alabama State Champions ... An Alabama state record holder and state champion ... Chose UK because she loved everything about the team and coaches.

Best Times: 100-butterfly: 56.40; 200-butterfly: 2:04.08; 200-backstroke: 2:06



At Purdue: A 2005 Big Ten Finalist in the 50-freestyle ... Qualified for the NCAA Championship as an individual in the 50-free and as a member of the 200-free relay team ... Earned honorable mention All-America ... swam sprint events for the Boilermakers.



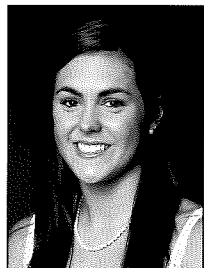
LAUREN WILLIS

Pre-College: Earned five high school All-American honors ... lettered six times ... Named to the Academic All-American team in 2003 and 2004 ... KHSAA Region 5 Outstanding Female Competitor in 2003 and 2004.

Best Collegiate Times: 50-freestyle: 23.32; 100-freestyle: 51.40; 200-freestyle: 1:52.56; 100-backstroke: 58.19; 200-backstroke: 2:07.29

SYDNEY WITZKY

Freestyle • Freshman • 5-10
 Nashville, Tenn. (Franklin HS)
 Major - Biology
 Club - Nashville

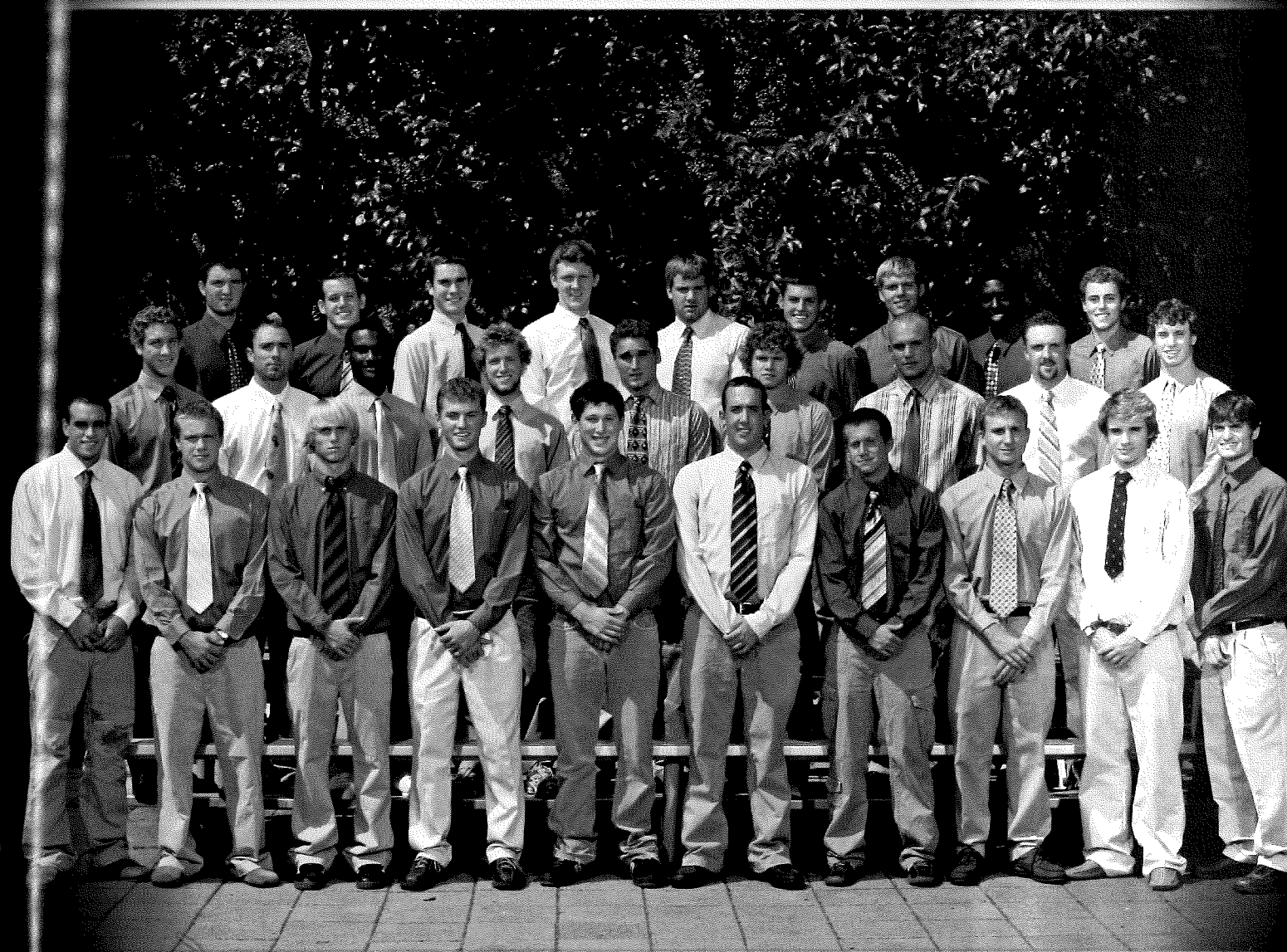


Pre-College: A four-year letterwinner at Franklin High School ... Named the team's Most Valuable Swimmer twice during her tenure ... Holds the high school record in the 50-freestyle ... Chose to be a Wildcat because she

loves the team and Lexington is not too far from home ... Says the team is a highly-motivated, close-knit group.

Best Times: 50-freestyle: 24.26; 100-freestyle: 52.58

MEET THE 2006-07 WILDCAT MEN



UKAthletics.com

MEN'S OUTLOOK

The men's swimming and diving team is comprised of youth, and will count on freshmen to step into large roles for the team to be successful. Despite the fact that the team has only one senior, Coach Gary Conelly continues to have high expectations for his squad.

"This class (the freshmen class) itself has a lot of depth and talent in it," said Conelly. "I think this is the best incoming class as a whole that we've ever had."

Kentucky must replace Daniel Farnham and Steven Manley, two of the best swimmers ever to don the blue and white. A talented and deep group of underclassmen are excited to step into the challenge.

An advantage for the freshmen will be familiarity of their own pool when Kentucky hosts the SEC Championships in February.

"You're comfortable with the water temperature, you're comfortable with the way the wells are set up and you've been off these blocks quite a few times," Conelly said. "It should be a very fast and exciting meet."



KRISTIAN OUTINEN



GRANT NELSON

BACKSTROKE

A trio of sophomores will carry the load in the backstroke events. Shane Eliason, Joe Retrum and Sean Smith all had quality rookie seasons and contributed immediately.

Retrum and Eliason placed 14th and 16th respectively in the 100-backstroke at the SEC Championships. Smith placed 19th for the Wildcats in the same event.

Conelly feels that all three guys have talent and should improve on their scores from a year ago.

Added to the depth is junior Kristian Outinen who may see some action in the backstroke for medley relays.

BREASTSTROKE

Juniors Outinen and Will Vietti and sophomore Mickey Malul lead a talented mix of swimmers in the breaststroke discipline.

Outinen has appeared in the NCAA Championships in the breaststroke events for each of his first two seasons.

"I think he will make it back to the NCAA this year," Conelly said. "We really need him to score as an individual this year though."

Although Outinen enters the season as the top breastroker, Conelly feels Vietti will challenge him this year.

"Last year he (Vietti) missed the NCAA by the skin of his teeth, and I feel like this is his year," Conelly said. "If he drops (his times) half of what he dropped last year he will be way under the NCAA cuts."

Malul joined the team in February and placed sixth in the 100-breaststroke at the SEC Championships in his first month with the team.

"He is doing a lot more dry land and volume training than he has ever done before," Conelly said. "It makes me excited because he is a really good sprinter and this added conditioning is only going to make him better."

Freshman Dan Vallette will also be involved in the mix. Vallette placed third in the 100-breast at the Florida high school state meet.

BUTTERFLY

Sophomore Warren Grobbelaar and junior Grant Nelson are the leading letterwinners returning for the Wildcats.

In Grobbelaar's rookie campaign he tapped in 15th place at the SEC Championships in the 100-fly. Conelly credits Grobbelaar's desire to be a great teammate as one of his strengths in helping to lead the squad.

"He surpassed our expectations last year," Conelly said. "He understands the system now and is very excited and energetic at practice motivating the others."

Nelson took 21st in the same event, and had a strong campaign at the Senior Nationals held in Irvine, Calif., this summer.

"He had a great summer of training and is on the edge of a breakout year in the 200-butterfly," said Conelly.

Retrum and Eliason will also continue to see action in the discipline both of whom swam the 100-event at the SEC Championships and placed 19th and 20th respectively.

Freshmen Elvis Burrows and Travis Muzzillo may contribute in the butterfly event. Burrows holds Carifta and CISC records in the 50-fly.

FREESTYLE

Kentucky must find a way to replace seniors Daniel Farnham and Steven Manley who together amassed 29 All-America honors in their four years at UK.

In the sprint events the Cats are lead by Grobbelaar and Malul. Grobbelaar finished 23rd and Malul 25th in the 50-freestyle at the SEC Championships.

Freshmen Burrows, Alex Forbes, Eric McGinnis and Kyle Greene will garner valuable roles.

Forbes is a nine-time Florida state champion and a two-time national champion in the sprint events.

"Alex is a fantastic swimmer who has had some great success," said Conelly. "We want to see how far he can take it."

"Eric is very talented," said Conelly. "He's got a great streamline and has a great sense of what's going on in the water. Before everything's over he is probably going to own a few team records here."

"Kyle definitely has the makings of an SEC scorer and a NCAA qualifier," said Conelly.

"Elvis is a drop dead sprinter," Conelly said. "He will do some good work swimming the 50 and 100." Conelly added.

In the middle distance to distance swims Kentucky returns a talented group of letterwin-

ners and welcomes some promising freshmen.

Nelson, senior Eric Weber and sophomores James Batley and Vincent Tortora headline the returning veterans. Batley placed 15th in the 500-free at his first SEC Championships. Nelson touched in 19th in the same event while Tortora turned in a 22nd place performance.

Weber endured an injury plagued season and is looking to return to his mid-season form where he swam one of the top mile swims in the country.

"Eric wants to have a big year because he wants to prove himself, and show everyone that if he was healthy last year he would have gone far," said Conelly.

Freshmen Marco Iemmola and Drew Robinson will also participate in the freestyle swims. Conelly classifies Iemmola as a "great distance swimmer."

"Drew will do us a lot of good in the 100, 200 and 500 range," Conelly added.

INDIVIDUAL MEDLEY

Vietti, Outinen and Malul will be most likely to see time in the individual medley events.

Outinen placed 15th at last year's SEC Championships in the 200-individual medley.

Added to the mix this season will be Retrum with a return to the event by Weber. Weber placed 15th two seasons ago at the conference meet in the 400-IM.

RELAYS

"The class itself (of freshmen) can probably put together a pretty good 400- or 800-freestyle

relay team right now," said Conelly.

With the freshmen seemingly ready to step into the challenge of taking over the relay squads, Conelly contests his group of veterans will have competition for their spots.

"I feel the freshmen will push our older guys because there are so many that could compete on the relay teams," Conelly said.

Outinen, Malul, Grobbelaar and Nelson have all been a part of various successful teams and will have to continue to push for their spots on the coveted teams.

DIVING

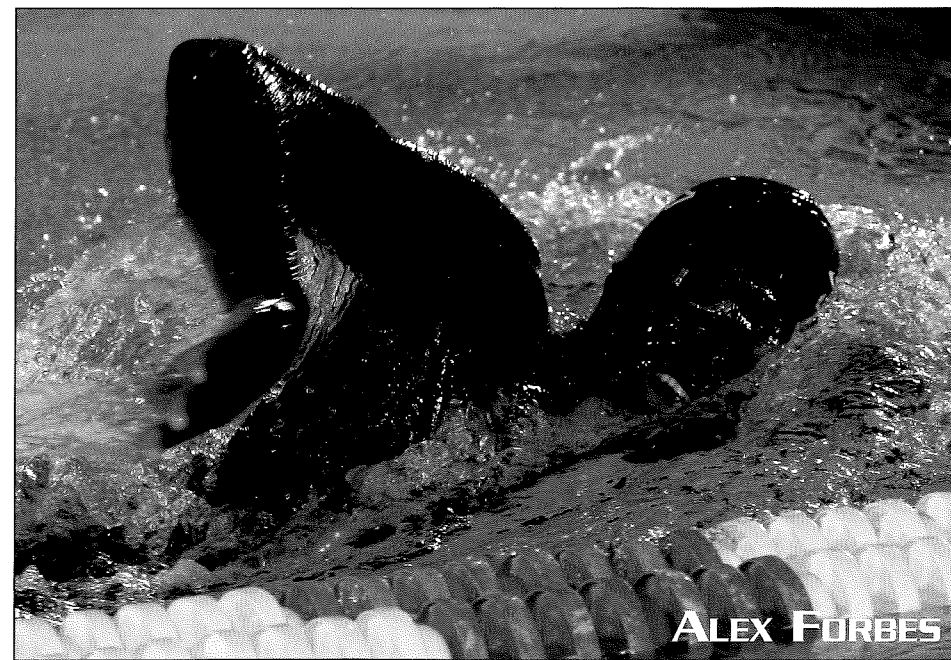
Much like the swimming team, the diving team is comprised of youth. There are two sophomores and a freshman.

Sophomores Dan Cuilla and Justin Smith will look to improve on their performances from a year ago. Cuilla grabbed 10th place at the conference championships on the one-meter while Smith finished 18th.

Freshman Tommy Palinkas joins the squad from Buffalo, N.Y., and was a member of the sectional championship team as a member of his high school squad.

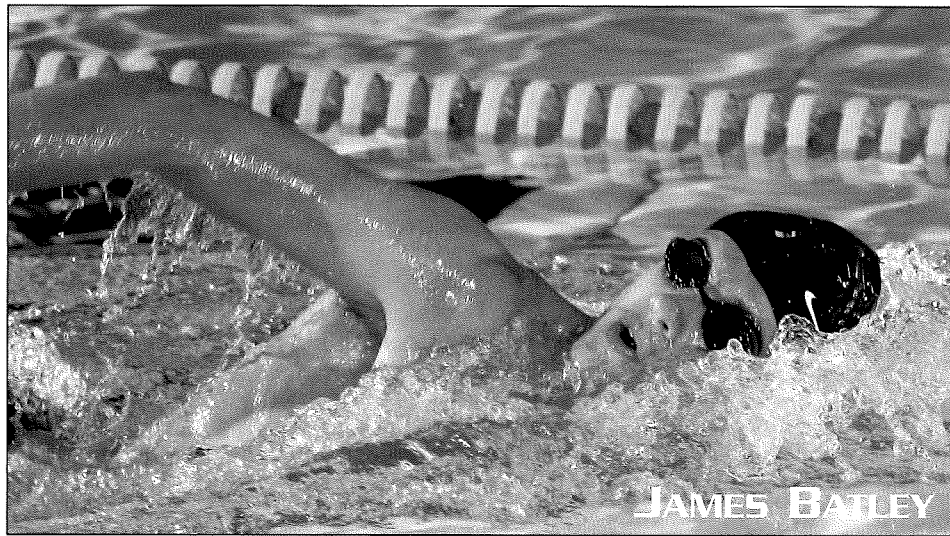
"I expect my sophomores to be in the hunt in the finals of all three events at the conference championships and Tommy should score for us," said Coach Mike Lyden.

Lyden expects that Cuilla and Smith will also be in the hunt at the NCAAs in the tower event, which he credits to be their best individual event.



ALEX FORBES

2006-07 WILDCAT MEN



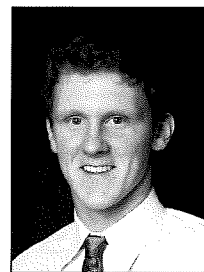
JAMES BATLEY

JAMES BATLEY
Freestyle • Sophomore • 5-11
Somerset, England (Millfield)
Major - Business Management
Club - Millfield

ful campus and the friendliness of the people.
Best Collegiate Times: 200-freestyle: 1:39.51;
500-freestyle: 4:27.81; 1650-freestyle: 15:42.03;
100-breaststroke: 1:02.25; 200-Butterfly: 1:51.80

MATT BIERWIRTH

Butterfly • Sophomore • 6-4
Edgewood, Ky. (Scott High)
Major - Finance
Club - Northern Kentucky Clippers



2005-06: Placed 31st in the 100-butterfly and 36th in the 200-individual medley at the SEC Championships ... At the Nike Cup Invitational, finished 25th in the 200-fly, 27th in the 200-IM and 32nd

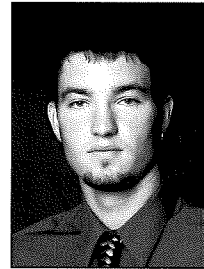
in both the 100-fly and 100-backstroke ... Captured fourth place finishes in the 200-fly and 100-fly in meets with Louisville and Cincinnati respectively ... Participated in seven different events throughout the course of the season.

Pre-College: Garnered Most Improved team swimming honors in 2003 and 2004 ... Named team captain his senior year ... President of the French National Honor Society ... Recipient of the Work Ethic Diploma ... Chose UK for the swimming program, academics and campus over Louisville and Miami (Ohio).

Best Collegiate Times - 200-individual medley: 1:59.93; 200-butterfly: 1:58.76; 200-backstroke: 2:06.26; 200-breaststroke: 2:27.90; 100-butterfly: 53.46; 100-backstroke: 57.78; 50-breaststroke: 31.41

LANCE BOWMAN

Sprint Free • Sophomore • 6-2
Paducah, Ky. (Lone Oak High)
Major - Animal Science
Club - Paducah Swim Team



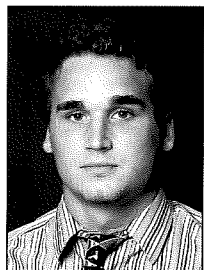
2005-06: In his first SEC Championships, he finished 27th in the 100-butterfly and 42nd in the 50-freestyle ... Participated in four different events at the Nike Cup Invitational, earning 23rd in the 100-free, 24th in the 50-free, 29th in the 100-backstroke and 30th in the 100-fly ... Was also a part of the 200-free relay team that earned a bronze at the Cup ... In a meet with Louisville touched third in both the 50-free and 100-free ... Equaled his top meet, with third place finishes in the 50- and 100-free events in a meet against Cincinnati.

Pre-College: Two-time state champion in 50-freestyle ... All-American and National Qualifier in the 50-free ... Named Marine Corps Distinguished Athlete ... Owns high school Region I record for 50-free and 100-free ... Two-time H.S. All-American ... Selected UK over Auburn, Columbia, Cornell, Missouri, Texas and West Point.

Best Collegiate Times: 50-freestyle: 21.31; 100-freestyle: 47.87; 100-butterfly: 52.26; 100-backstroke: 56.44

DAN CUILLA

Diving • Sophomore • 5-10
Cherry Hills, N. J.
Major - Undecided
Club - Spinner Diving



2005-06: Took 10th at the SEC Championships on the one-meter board ... Placed 18th on the Platform at Zone Diving ... Captured second on both the one- and three-meter board events in a meet with Louisville ...

Earned second on the three-meter and third on the one-meter in a meet against Indiana ... Over the course of the season placed in the top three on the one-meter and three-meter boards four times.

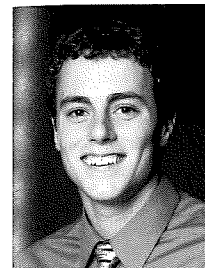
Pre-College: Won the New Jersey state championship his junior season ... Placed second in the

state in both his freshman and sophomore campaigns ... Did not participate in competition his senior season due to injury ... Came to UK because of the quality aquatic facilities and the phenomenal coach.

Best Collegiate Scores: One-meter - 272.63; Three-meter - 283.20; Platform - 397.55

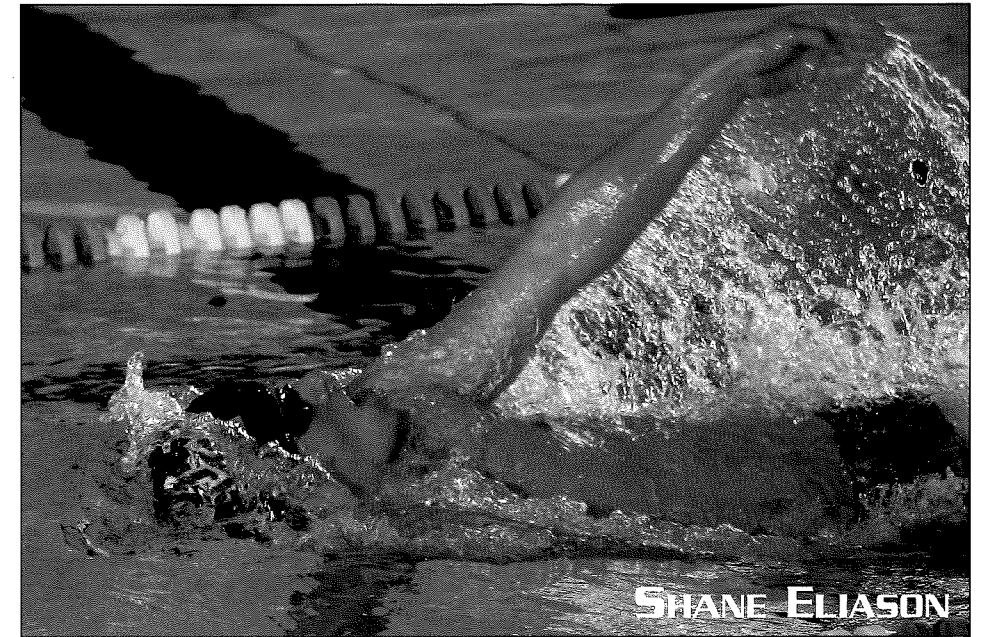
SHANE ELIASON

Back/Fly • Sophomore • 6-0
Sturgeon Bay, Wisc. (Sturgeon Bay)
Major - Mathematical Economics
Club - Door County YMCA



2005-2006: An immediate impact for the Cats during his freshman campaign ... Earned points for Kentucky in the 100-backstroke event at the SEC Championship when he placed 16th ... Also earned a 20th place finish

in the 100-butterfly at the Championships ... At the Nike Cup Invitational he earned two top-10 finishes while competing in four events ... Was a featured member of the 200-free, 400-medley and 400-free relay teams ... Earned silver in the 400-medley relay and bronze in the 200-free and 400-free relays ... Placed fifth in the 200-back at the Nike Cup and ninth in the 100-back ... Also took 13th in the 100-fly and 17th in the 50-free at the event ... In a dual meet with Louisville, the freshman placed first in the 200-back and took third in both the 100-fly and 100-back ... Earned 13 top-



SHANE ELIASON

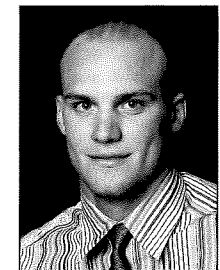
three finishes in three different events throughout the season.

Pre-College: Ten-time NISCA All-American ... Named team MVP four times ... Member of the state championship team three times ... Garnered Academic All-State honors ... Chose Kentucky over Indiana, Xavier and Wisconsin because of the beautiful campus, school's academic prowess and the quality of the team.

Best Collegiate Times: 200-backstroke: 1:49.84; 50-freestyle: 21.11; 100-butterfly: 50.13; 100-backstroke: 50.36; 50-backstroke: 24.30

WARREN GROBBELAAR

Freestyle • Sophomore • 6-2
Pretoria, South Africa (Pretoria)
Major - Mechanical Engineering
Club - TUKS Swimming Club



2005-2006: Garnered three honorable mention All-America honors at the NCAA Championship as a member of the 200-medley relay and 200-free relay teams ... Holds the 82nd best time in the country

in the 100-butterfly (48.77) after the 2006 season ... Tallied points for UK in the 100-fly at the SEC Championships with a 15th place finish ... Placed 23rd in the 50-free at the Championships ... At the Nike Cup Invitational he took seventh in the 100-fly, 14th in the 50-free, 16th in the 100-free and 18th in the 200-fly ... A featured member of the relay teams, he earned silver in the 200-medley and 400-medley events at the Cup ... Also earned a bronze in the 200-free and 400-free relays at the event ... Won the 100-fly in meets with Louisville and Cincinnati.

Pre-College: Member of the South African Junior Team ... South African National Champion ... Chose UK because of the high quality swimming program.

Best Collegiate Times: 200-freestyle: 20.75; 100-freestyle: 46.71; 100-butterfly: 48.77; 200-butterfly: 1:55.14; 50-butterfly: 23.72



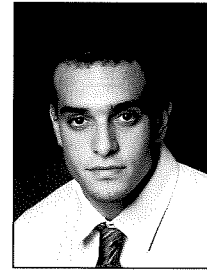
WARREN GROBBELAAR



MICKEY MALUL

MICKEY MALUL

Breast/Free • Sophomore • 5'11
Rishon Le-Zion, Israel (Hot ha-Sharon)
Major - Marketing
Club Team - Maccabi Kiriat Bialik



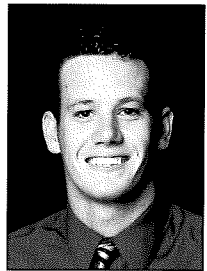
2005-2006: Joined the team in February, but his presence was immediately felt ... The rookie was awarded two honorable mention All-America honors as a member of the 200-medley relay and 200-freestyle relay teams at the NCAA Championship ... Placed sixth in the 100-breaststroke at the SEC Championships ... His time of 54.54 in the event is 30th in the nation at the end of the 2006 season ... Also finished 25th in the 50-free at the SEC Championships ... In his only dual meet of the season, he placed first in the 100-breast and second in the 200-breast against Cincinnati.

Pre-College: Israeli record holder in the 50-breast ... Fourth in European Championships for juniors in the 50-breast.

Best Collegiate Times: 100-breaststroke: 54.54; 50-breaststroke(relay start): 23.63; 50-freestyle: 20.82

GRANT NELSON

Distance Free /Fly • Junior • 6-1
Tampa, Fla. (Chamberlain)
Major - Accounting
Club - Carrollwood Village Swim Team



2005-06: Finished 10th in the 200-butterfly, 19th in the 500-freestyle and 21st in the 100-fly at the SEC Championships ... Touched first in the 1000-free and the 200-fly in a meet against Texas A & M ... Added first place finishes in the 200-fly in meets against Louisville and the tri-meet with LSU and Alabama ... Also in the meet with Louisville he took first in the 500-free ... At the Nike Cup Invitational, he placed fourth in the 200-fly, seventh in the 500-free and 19th in the 200-free ... Earned a bronze medal as a member of the 800-free relay team at the Nike Cup.

2004-2005: Placed 24th in the 1650-freestyle, 26th in the 500-free and 33rd in the 200-free at the SEC Championships ... Won the 1000-free against LSU and the 500-free against Cincinnati ... Took second in the 500-free against Alabama ... Placed third in the 1000-free against Louisville, Cincinnati and Alabama ... Took seventh in the 500- and 1650-freestyle events and 11th in the 200-free at the Indiana Invitational.



GRANT NELSON



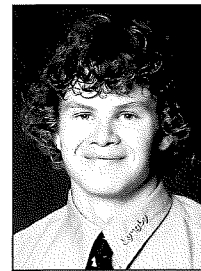
KRISTIAN OUTINEN

Pre-College: Placed 25th in the 800-freestyle at the spring nationals ... Took second in the 200- and 500-free events at the Florida state meet ... Qualified for the summer senior nationals in the 400-free ... All-American as a sophomore and junior ... Three-time state runner-up in the 500-free ... Academic All-American as a sophomore.

Best Collegiate Times: 200-freestyle: 1:40.85; 500-freestyle: 4:31.10; 1000-freestyle: 9:36.00; 1650-freestyle: 16:00.22; 200-butterfly: 1:49.64; 100-butterfly: 51.07

KRISTIAN OUTINEN

Breaststroke/IM • Junior • 6-0
Copenhagen, Denmark (Falkonergaarden)
Major - Music
Club - Lyngby SC



2005-06: Earned honorable mention All-America honors as a member of the 200-medley relay team at the NCAA Championship ... Holds the 16th best time in the nation in the 200-breaststroke (1:58.58), 19th in the 100-breast (54.01), 61st in the 100-backstroke (49.35) and 81st in the 200-individual medley (1:49.56) at the end of the 2006 season ... Earned bronze in the 100-breast at the SEC Championships while also placing sixth in the 200-breast and 15th in the 200-IM ... At the Nike Cup Invitational, took gold in the 100-breast and silver in the 200-breast, while placing sixth in the 200-IM ... Was also a member of the second-place 200- and 400-medley relay teams at the Cup ... Captured four first-place finishes in the 200-

breast during dual meets and three first place finishes in the 100-breast ... The versatile sophomore also placed first in the 50-breast, 100-IM and the 100-back in dual meets with Clemson and Cincinnati respectively.

2004-2005: Earned an honorable mention All-America selection in the 200-medley relay ... Set new school records in the 200-breaststroke and the 200- and 400-medley relays ... Took 13th in the 200-medley relay, 33rd in the 200-breast and 35th in the 100-breast at the NCAA Championships ... Placed third in the 200- and 400-medley relays, fifth in the 100- and 200-breast and 18th in the 100-but-

terfly at the SEC Championships ... Took first in the 200-breast against Michigan State, Tennessee, Louisville, Indiana and Southwest Missouri State ... Placed first in the 100-breast against South Carolina, Louisville and Cincinnati ... Won the 200-individual medley against Cincinnati.

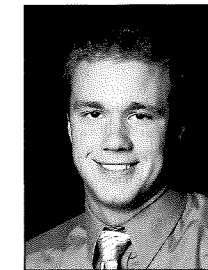
Pre-College: Six-time national champion in breaststroke and individual medley events ...

Semifinalist in the 100-IM at European Short Course Championships ... Reached 100-breaststroke final at U.S. spring national meet ... National junior record holder in the 100- and 200-breast and 100-IM events ... Chose UK because of the friendly atmosphere, great facilities and the potential of the swim team.

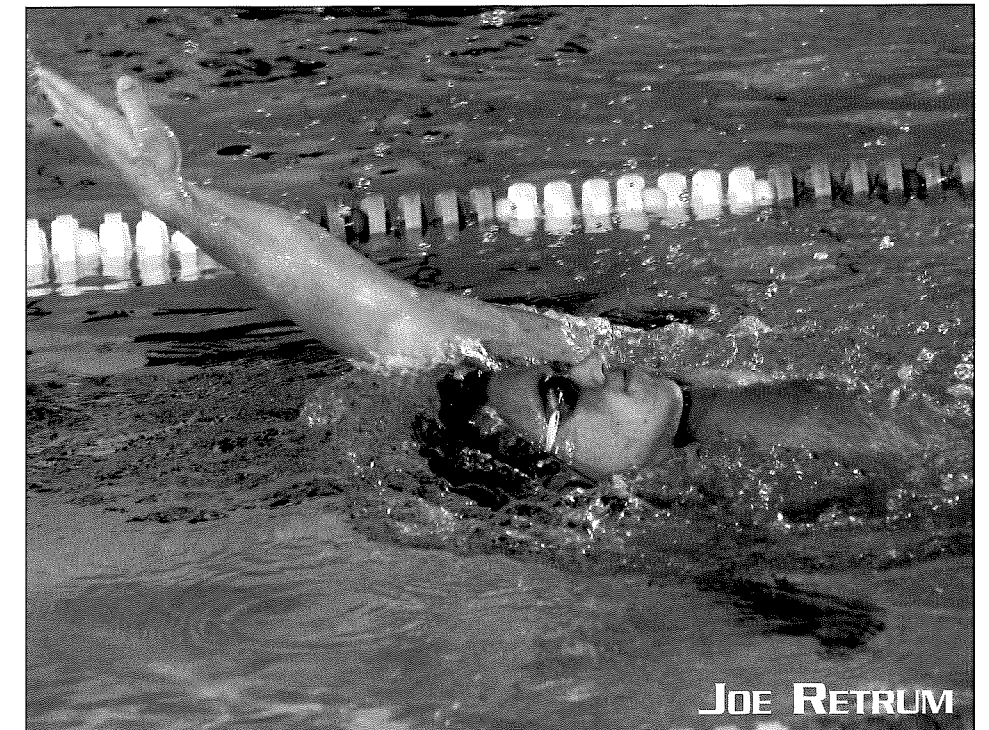
Best Collegiate Times: 100-breaststroke: 54.01; 200-breaststroke: 1:58.41; 200--individual medley: 1:49.56; 100-butterfly: 48.95; 100-backstroke: 49.35

JOE RETRUM

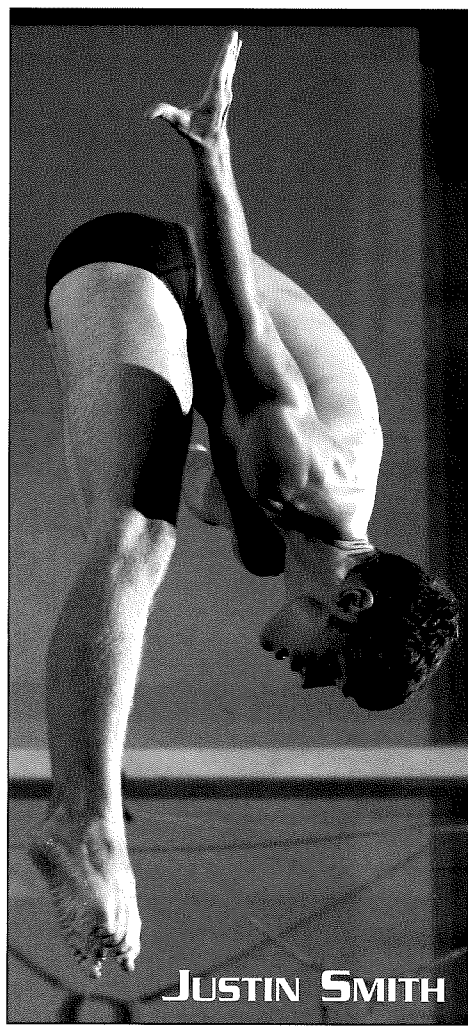
Back/Fly • Sophomore • 5-8
Fishers, Ind. (Hamilton Southeastern)
Major - Psychology
Club - Southeastern Swim Club



2005-2006: A 14th place finish at the SEC Championship in the 100-backstroke helped earn impact points for the Cats ... Also placed 19th at the Championships in the 100-butterfly ... Participated in four differ-



JOE RETRUM



JUSTIN SMITH

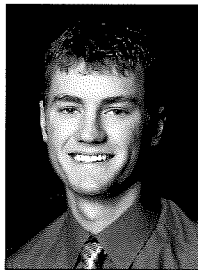
ent events at the Nike Cup Invitational, earning 16th place in the 100-back, 17th in the 200-individual medley, 18th in the 200-back and 23rd in the 100-fly ... Earned silver as a member of the 200-medley relay team at the Cup ... Took second in the 200-back in a dual meet with Cincinnati ... Touched in third in the 200-fly in a dual meet with Louisville.

Pre-College: Six-time high school All-American ... Named Indiana Senior Swimmer of the Year ... Garnered Indiana All-State honors ... Received the Indiana High School Mental Attitude Award.

Best Collegiate Times: 200-individual medley: 1:51.20; 200-butterfly: 1:50.20; 100-butterfly: 49.49; 100-backstroke: 50.22; 200-backstroke: 1:51.34; 50-backstroke: 24.80; 50-butterfly: 24.11; 100-individual medley: 54.20

JUSTIN SMITH

Diving • Sophomore • 5-11
Lynwood, Ill. (Munster)
Major - Undecided
Club - Region Rippers



2005-2006: Finished 18th on the one-meter board at the SEC Championships in his rookie campaign ... Earned 17th place in both the one-meter and platform events at Zone Diving ... Captured bronze in the three-meter

at the Nike Cup Invitational, while placing fourth on the one-meter ... Notched his top scores of the

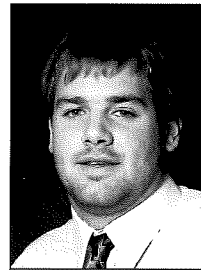
season on both the one- and three-meter boards in a meet against Indiana, where he placed second on the one-meter and third on the three-meter.

Pre-College: Named 2005 Indiana All-State ... Garnered 2004 and 2005 All-American honors ... Chose UK over Virginia, Michigan State, Minnesota and Louisville because of the coaching staff, teammates, campus and university's academic prowess.

Best Collegiate Scores: One-meter - 287.70 (dual); One-meter - 551.55 (tournament); Three-meter - 276.15 (dual); Three-meter - 312.20 (tournament)

SEAN SMITH

Back/Fly • Sophomore • 6-3
Auburn, Mich. (Western)
Major - History
Club - Bay Area Youth Swimming



2005-2006: Touched 19th in the 100-backstroke at the SEC Championships ... At the Nike Cup Invitational placed ninth in the 200-butterfly, 10th in the 200-back, 18th in the 100-back and 24th in the 100-fly ... Placed first

in the 200-fly and third in the 200-back in a dual meet against Cincinnati.

Pre-College: Three-time All-American at Western H.S. ... Twenty-five-time Michigan USS Champion ... Chose Kentucky over Eastern Michigan, Oakland and Wayne State because of the team camaraderie and the location of the school.

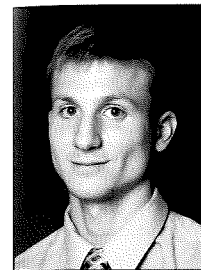


WILL VIETTI

Best Collegiate Times: 100-backstroke: 51.48; 200-backstroke: 1:53.89; 100-butterfly: 51.80; 200-butterfly: 1:53.37; 200-freestyle: 1:53.26; 50-backstroke: 26.45;

VINCENT TORTORA

Freestyle • Sophomore • 5-9
Peachtree City, Ga. (McIntosh)
Major - Financing
Club - Southern Crescent



2005-2006: Placed 22nd in the 500-freestyle and 29th in the 200-free at the SEC Championship ... Earned a 12th place finish in the 1650-free at the Nike Cup Invite ... Also placed 17th in the 500-free and 20th in the 200-

free at the event ... Was a member of the third-place 800-free relay team at the Cup ... Touched second in the 1000-free in a dual meet against Texas A&M ... Tapped in second in the 200-free against Louisville.

Pre-College: Five-time NISCA All-American ... NISCA Academic All-American ... Four-year varsity letter winner ... Chose Kentucky over Indiana and Rutgers because of the coaching staff.

Best Collegiate Times: 500-freestyle: 4:36.06; 1000-freestyle: 9:40.60; 1650-freestyle: 16:10.11; 200-freestyle: 1:43.77

WILL VIETTI

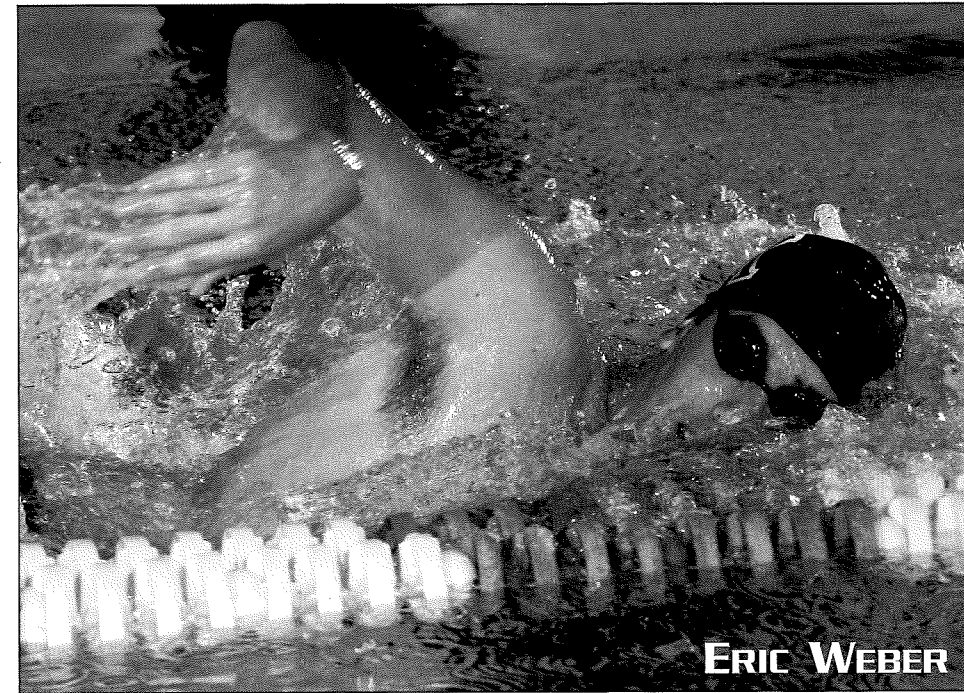
Breaststroke • Junior • 6-0
Thermopolis, Wyo. (Hot Springs Co.)
Major - Biology & Chemistry
Club - Worland Swim Club



2005-06: Holds the 44th best time in the nation in the 200-breaststroke (1:59.75) and the 46th in the 100-breast (54.95) ... Placed sixth in the 200-breast and seventh in the 100-breast at the SEC Championships ...

Captured fourth in the 200-breast and fifth in the 100-breast at the Nike Cup Invitational ... Also touched 15th in the 200-individual medley at the Cup ... Placed in the top-three in the 200-breast six times during dual meets, and four times in the 100-breast.

2004-2005: Placed 14th in the 200-breaststroke, 16th in the 100-breast and 25th in the 200-individual medley at the SEC Championships ... Won the 200-breast against Cincinnati ... Took second in the 100-breast against South Carolina and



ERIC WEBER

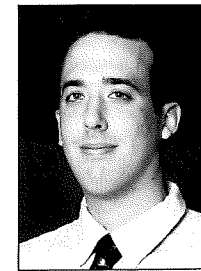
Louisville and second in the 200-breast against Louisville ... Placed fourth in the 100-breast, fifth in the 200-breast and 26th in the 200-IM at the Indiana Invitational.

Pre-College: Two-time All-American and eight-time state champion ... Four-year all-conference and all-state selection ... Named "Swimmer of the Meet" at the 2003 and 2004 Wyoming state meets ... Owns state record in 100-breaststroke event ... Served as student-body president during senior year and vice president during junior year ... Chose Kentucky because he liked the coaching staff and the facilities and because the UK community felt like home.

Best Collegiate Times: 100-breaststroke: 54.79; 200-breaststroke: 1:59.75; 200-individual medley: 1:54.05; 50-breast: 27.33;

ERIC WEBER

Distance Free • Senior • 6-1
Louisville, Ky. (Ballard)
Major - Business Management
Club - Louisville Tarpons



2005-06: Endured an injury-plagued season that prevented him from participating in the SEC Championships ... His 1650-freestyle time of 15:38.95 is good for 88th in the nation ... Placed first in the 1650-free in a

dual meet against Louisville ... Took second in the 1000-free and 200-butterfly against (LSU-Auburn)

and Cincinnati respectively.

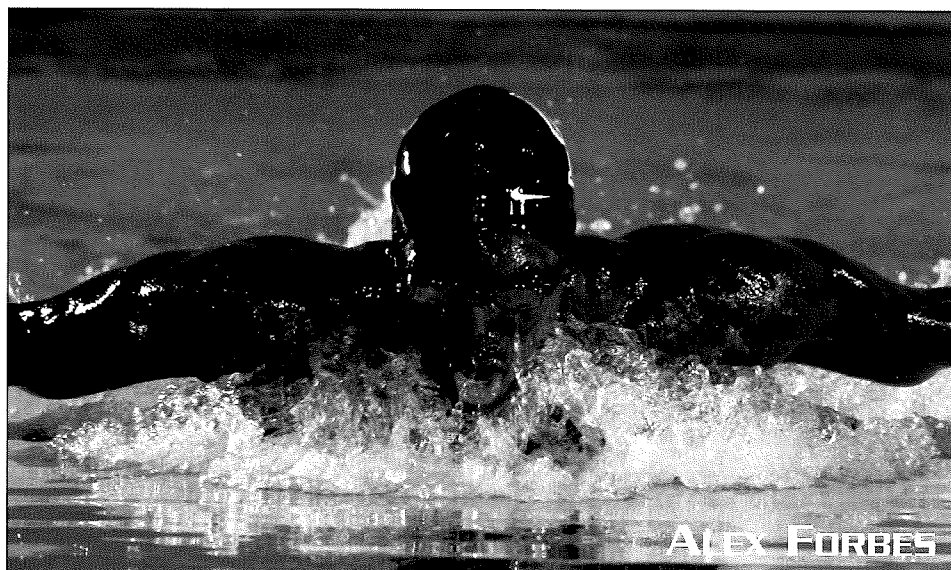
2004-05: Took 15th in the 400-individual medley, 21st in the 1650-freestyle and 36th in the 500-free at the SEC Championships ... Won the 1000-free against Alabama and Cincinnati ... Took second in the 1000-free against Michigan State and Louisville ... Placed fourth in the 1650-free, seventh in the 400-individual medley, ninth in the 500-free, 20th in the 200-IM and 32nd in the 200-free at the Indiana Invitational.

2003-2004: Placed 16th in the 1650-freestyle, 31st in the 400-individual medley and 32nd in the 500-free at the SEC Championships ... Took 13th in the 1650-free at the Nike Cup ... Won the 1000-free against Louisville ... Placed third in the 1000-free event against South Carolina and Auburn ... Took third in the 500-free against Cincinnati ... Placed fourth in the 500- and 1000-free events against Indiana.

Pre-College: Two-time Ballard swim team MVP ... Member of honor roll ... KHSAA All-State team ... High School All-American ... Chose UK over Fordham, Indiana and Western Kentucky because he always wanted to be a Wildcat.

Best Collegiate Times: 500-freestyle: 4:37.23; 1000-freestyle: 9:24.55; 1650-freestyle: 15:38.95; 400-individual medley: 4:01.27

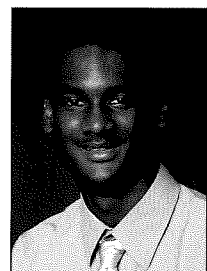
2006-07 NEWCOMERS



ALEX FORBES

ELVIS BURROWS

Free/Fly • Freshman • 5-11
Freeport, Grand Bahama. (Senaca HS)
Major - Biology
Club - Lakeside Seahawks

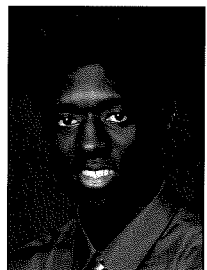


Pre-College: 2005 State Champion in the 50-freestyle ... Holds Carifta and CISC records in the 50-butterfly ... Three-time high school Most Valuable Swimmer ... Member of the high school state championship team ... Participated in Carifta, CISC and CAC Games ... Chose UK because of the great coaches and close-knit team.

Best Times: 50m-freestyle: 24.3; 50m-butterfly: 25.32; 100m-freestyle: 53.22; 100m-butterfly: 58.05

ALEX FORBES

Free/Fly • Freshman • 6-1
Orlando, Fla. (Lyman HS)
Major - Electrical Engineering
Club - CF Aquatics



Pre-College: NISCA Athlete of the Year ... Nine-time state champion ... Two-time national champion ... Four-time high school MVP ... Holds the state record in the 50-freestyle ... Holds high school records in the 50-free, 100-free, 200-free, 100-butterfly

and 100-backstroke ... High school team placed third overall at the state competition his freshman and sophomore seasons ... Chose to be a Wildcat because he liked the atmosphere, the coaches and his new teammates.

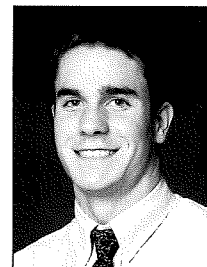
Best Times: 50-freestyle: 20.22; 100-freestyle: 44.46; 200-freestyle: 1:41.36; 100-butterfly: 48.73



KYLE GREENE

KYLE GREENE

Free/Back • Freshman • 6-2
Cincinnati, Ohio (Turpin HS)
Major - Biology
Club - Anderson Barracudas

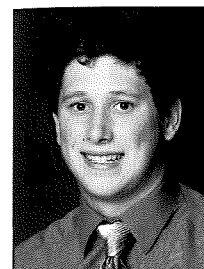


Pre-College: The state of Ohio Champion in the 200-freestyle his senior season ... State runner-up in the 200-free his junior season and the 100-free his senior season ... High school team placed fourth in the high school state championships in his senior year ... Holds the 100-free record at Turpin High School ... Also a member of the high school record holders for the 200-medley relay, 200-free relay and 400-free relay teams ... Named MVP his senior season ... Chose UK because he liked the campus and the up and coming team.

Best Times: 100-freesyle: 45.8; 200-freestyle: 1:39.33; 200-backstroke: 1:51.83; 200-individual medley: 1:53.05

MARCO IEMMOLA

Distance Free • Freshman • 5-11
Crestview Hills, Ky. (Covington Catholic)
Major - Business
Club - Northern Kentucky



Pre-College: Named to first team All-Region and second team All-State ... A top eight sectional qualifier ... A Junior National Qualifier ... A member of the Covington Catholic High School squad who won the Regional Championship ... Became a Wildcat because the UK swim team is fast and are serious about winning.

Best Times: 200-freestyle: 1:44; 500-freestyle: 4:38; 1000-freestyle: 9:38; 1650-freestyle: 16.30

JUSTIN MAX

Breast/Fly • Freshman • 5-7
Reynoldsburg, Ohio (Reynoldsburg HS)
Major - Political Science
Club - Greater Columbus

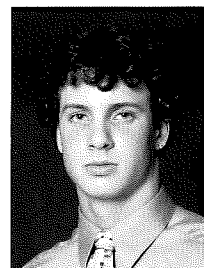


Pre-College: Named the Most Valuable Swimmer at Reynoldsburg High School ... Earned All-State accolades ... Holds high school records in breaststroke, butterfly and individual medley events ... Chose UK for the great campus, people and his new team.

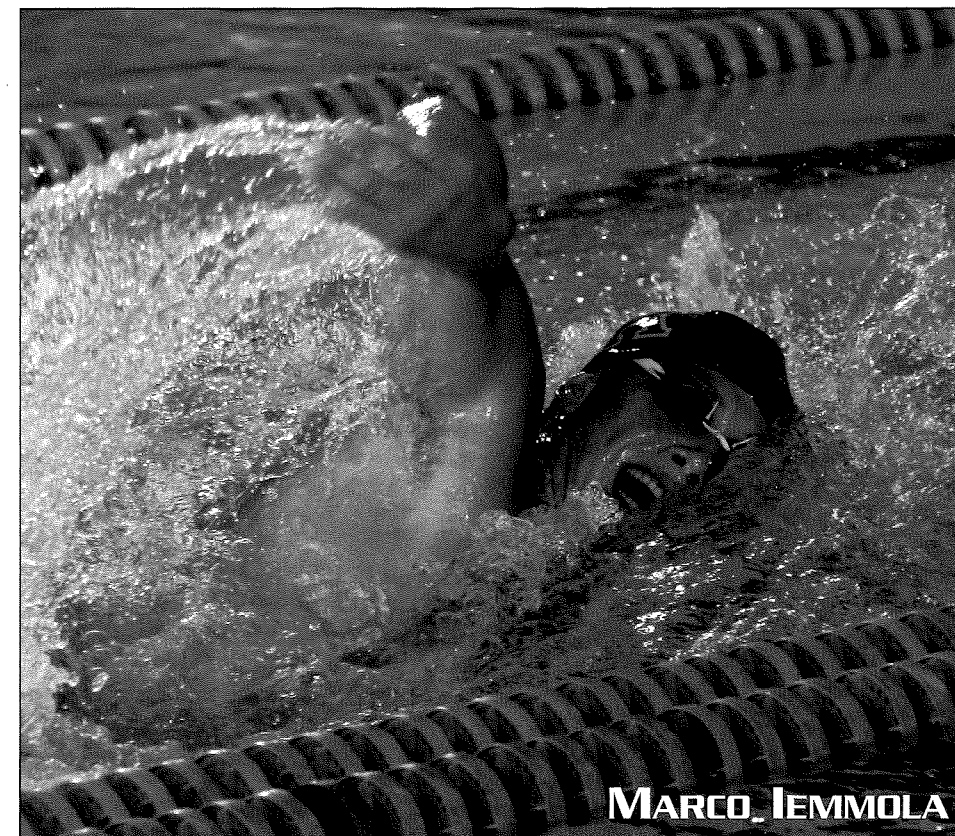
Best Times: 100-breaststroke: 59.5; 200-breaststroke: 2:09; 100-butterfly: 51.6

ERIC MCGINNIS

Free Style • Freshman • 6-2
Raleigh, N.C. (Ravenscroft HS)
Major - Undecided
Club - Yota YMCA



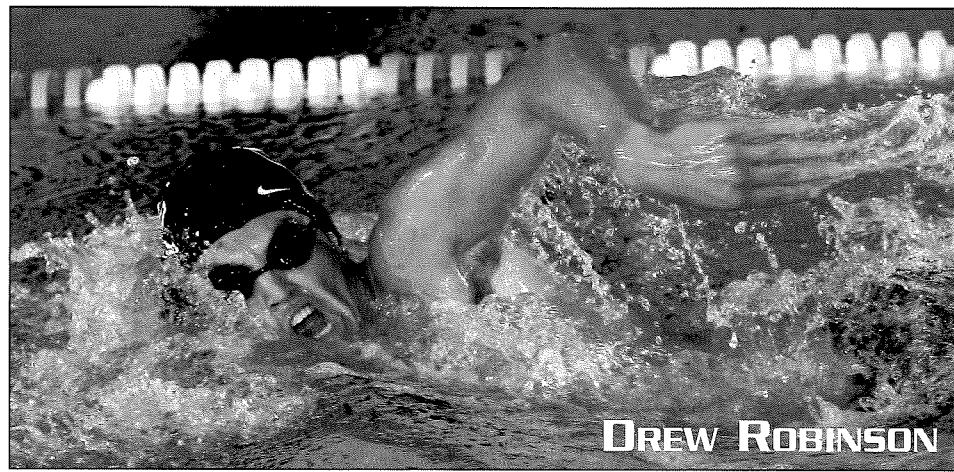
Pre-College: 2006 North Carolina High School State Championships Swimmer of the Meet ... Holds state meet records in the 50- and 100-freestyle events ... Member of the Ravenscroft High School team that earned second-place at the state meet



MARCO IEMMOLA



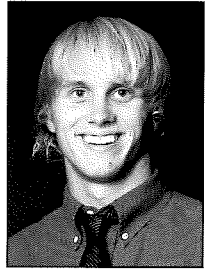
ERIC MCGINNIS



DREW ROBINSON

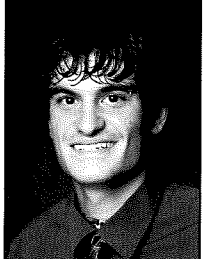
his senior season ... Named the MVP of his high school team ... Participated in the 2006 U.S. Nationals ... Chose UK because he fit in well with the team and wanted to train with the great coaching staff.
Best Times: 50-freestyle: 20.81; 100-freestyle: 45.38; 200-freestyle: 1:39.86

TRAVIS MUZZILLO
 Back/Fly/Free • Freshman • 5-9
 Louisville, Ky. (South Oldham HS)
 Major - Undecided
 Club - Shelby Sharks



Pre-College: Four-time Kentucky state champion ... Six-time record holder ... Tabbed the Most Valuable Swimmer at South Oldham High School his junior and senior seasons ... The lifelong Wildcat fan chose UK because of the tremendous coaching staff and incoming freshmen class.
Best Times: 100-butterfly: 51.46; 200-butterfly: 1:57.09; 200-backstroke: 1:55.23; 100-freestyle: 47.53; 200-freestyle: 1:44.03

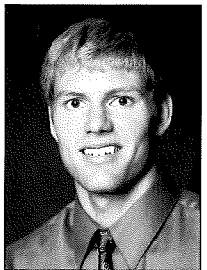
TOMMY PALINKAS III
 Diving • Freshman • 5'9
 Buffalo, N.Y. (Clarence HS)
 Major - Undecided
 Club Team - Wings Diving Club



Pre-College: Named Diver of the Year his senior season ... Member of the Sectional Champions as a part of Clarence High School ... Participated in the East National Diving event

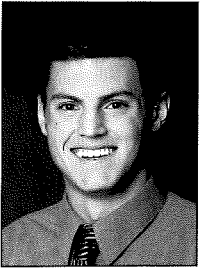
... Came to UK because he liked the school, the campus and the swimming and diving program.
Best Scores: One-meter (6 dives): 280; One-meter (11 dives): 425

CHRIS RICHARD
 Free/Fly • Freshman • 6-2
 Sturgeon Bay, Wisc. (Sturgeon Bay HS)
 Major - Business
 Club - Schroader



Pre-College: Won the State Championship four times in his career as a member of Sturgeon Bay High School ... Named the MVP of his high school team his senior season ... Tabbed the Most Dedicated Swimmer his sophomore and junior seasons ... Also participated in baseball, soccer and track ... Became a Wildcat because UK was the best fit for him.
Best Times: 50-freestyle: 21.08; 100-freestyle: 47.00

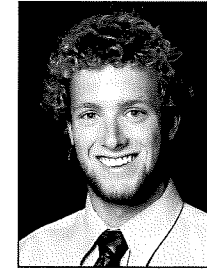
DREW ROBINSON
 Freestyle • Freshman • 6-2
 Fishers, Ind. (Hamilton Southeastern HS)
 Major - Biology
 Club - Southeastern Swim Club



Pre-College: Holds high school records in the 200-freestyle, 200-medley relay and 200-free relay ... At the 2005 Indiana High School state meet placed seventh in the 100-free and 12th in the 200-free ... Earned a silver medal in the 200-med-

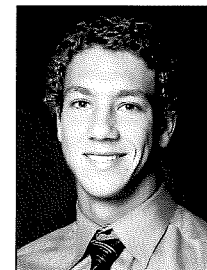
ley relay at the 2006 state meet ... Chose UK because of the competitiveness and quality team atmosphere.
Best Times: 50-freestyle: 20.9; 100-freestyle: 47.2

KEVIN RYAN
 Freestyle • Freshman • 5-10
 Cincinnati, Ohio (Roger Bacon HS)
 Major - Chemical Engineering
 Club - Powel Crosley, Jr. YMCA



Pre-College: A Wendy's High School Heisman Award Nominee ... Academic All-American ... Four-time First Team Greater Catholic League ... Four-year letterwinner ... Member of school record breaking 200- and 400-freestyle relays ... Member of the National Honor Society ... Became a Wildcat because of the great team members.
Best Times: 50-freestyle: 21.95; 100-freestyle: 49.50; 200-freestyle: 1:46.02

DAN VALLETTE
 Breaststroke • Freshman • 6-0
 Melbourne, Fla. (Holy Trinity Episcopal Acad.)
 Major - Biology
 Club - Space Coast



Pre-College: Tapped in third place in the 100-breaststroke event at the High School State Championship ... Named Most Valuable Swimmer for three seasons at Holy Trinity Episcopal Academy ... Chose to be a Wildcat because of the opportunity to compete in the Southeastern Conference.
Best Times: 100-breaststroke: 59.53; 200-breaststroke: 2:14

THE 2005-06 SEASON LOOKING BACK



UKAthletics.com

2005-06 SEASON IN REVIEW

With each passing season, the Kentucky swimming and diving program continues to prove that it is among the elite in the collegiate ranks. The 2005-2006 campaign was no different as both the men and women accomplished historic feats in team and individual action. Kentucky crowned its first national champion (diver Taryn Ignacio) as well as two Southeastern Conference champions, boasted two individual All-Americans, saw the women finish a school-best 13th place NCAA finish and set 12 new team records cementing the season as one that will be long remembered in the annals of school history.

The season got off on the right note at home on October 14, as the women handily beat Illinois. After a couple of close losses to Tennessee and Texas A&M the lady Wildcats got back on the winning track by defeating Arkansas for their first SEC win of the season. The men notched victory No. 1 in their second meet of the season against the Aggies of Texas A&M.

After the winter break hiatus, UK piled up the wins with victories on the road against Clemson, Alabama and LSU. On January 15, the Cats returned home for the first time since October and both squads dominated SEC rival South Carolina. Following a loss to Indiana in a men only meet, the men and women regrouped

to win their final two meets of the season against Louisville and Cincinnati.

The achievements of the regular season proved to be just an appetizer to the postseason that turned out to be what will arguably go down as one of the program's finest. First the Cats rolled into Knoxville, Tenn., for the SEC Championships. Kentucky set a combined eight school records over the four-day event including sophomore Jenny Bradford's 22.10 in the 50-freestyle event and senior Steven Manley's 1:35.06 in the 200-free event as he captured the school's first SEC freestyle title since 1957.

The 2006 SEC Championships were also a crowning moment for the UK lady divers and their coach Mike Lyden. Lyden, who was diagnosed with cancer in November causing him to miss some practices, and meets surprised his squad by arriving in Knoxville right before their first event. His courage and commitment to his team spurred the women on to have spectacular performances in all three diving events. Ignacio led the way by becoming the first Kentucky diver to successfully defend her title as she captured the platform event. The Richmond, Ky., native was joined by her teammates, senior Jessica Thompson and junior Joey Brown as Kentucky achieved the unthinkable by finishing 1-2-3 in the platform event. On the one-meter

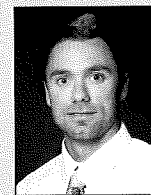
and three-meter events Kentucky was equally as dominant having four divers finish in the top seven of each event. The efforts of the divers as well as the swimmers helped the women finish fourth for the second consecutive season with a school-high 597 points, while the men placed sixth with 424 points.

The season ended with an extraordinary moment at the NCAA Championships as Ignacio became the school's first national champion and 14 Wildcats garnered All-America honors. Ignacio set school and NCAA records as she scored a 335.20 in the finals on the platform. However, Ignacio wasn't satisfied with just a national championship as she gained her second All-America honor after finishing eighth in the one-meter diving event.

The UK swimmers also succeeded at the NCAA Championships as Jenny Bradford took home two All-American honors in the 50- and 100-free. Manley and fellow senior Daniel Farnham capped off tremendous careers as Wildcats by recording three and four honorable mention All-America honors respectively. The efforts by Ignacio, Bradford and seven of their teammates who tabbed honorable mention All-Americans helped Kentucky women place a school-best 13th with its highest point total of 98.50.

2005-06 KENTUCKY TEAM AWARDS

MOST IMPROVED SWIMMER

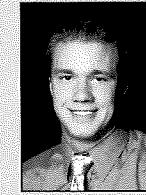


Will Vietti (SO)

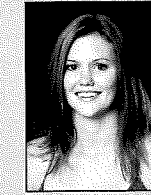


Beth Parsons (SO)

100 PERCENT AWARD



Joe Retrum (FR)



Lindsay Myhre (SO)

MOST IMPROVED DIVER

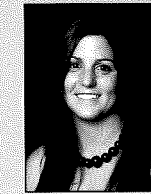


Joey Brown (JR)

SCHOLARSHIP AWARD

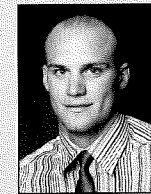


Kristian Outinen (SO)

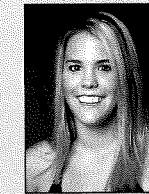


Kelley Morrison (SO)

FRESHMAN AWARD



Warren Grobbelaar (FR)



Kristina Sledge (FR)

MOST VALUABLE DIVER



Taryn Ignacio (JR)

BOOSTER CLUB AWARD



Daniel Farnham (SR)



Heather Bradford (SO)

WILLIAMS SHARPE AWARD



Steven Manley (SR)

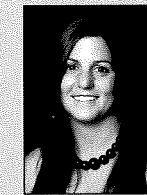


Jenny Bradford (SO)

SPIRIT AWARD



Andy Farris (SR)



Kelley Morrison (SO)



2006 NCAA CHAMPIONSHIPS RECAP

The Kentucky men's and women's swimming and diving squads turned in another strong showing at the 2006 NCAA Championships.

The Kentucky women enjoyed their best finish ever, placing 13th. The highlight of the Championship was Taryn Ignacio's National Championship on the platform dive. Jenny Bradford took home a top-16 performance in three individual events.

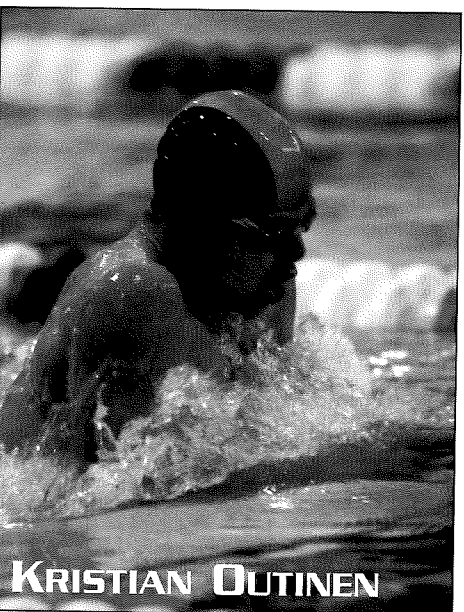
The Kentucky men placed 24th at the Championships. Daniel Farnham ended his career as a Wildcat with the distinction of earning a school-best 16 All-American honors over his four-year career.

KENTUCKY MEN AT 2006 NCAA CHAMPIONSHIPS			
Event	Name(s)	Time	Final Place
200-freestyle relay	Farnham, Manley, Grobbelaar, Malul	1:19.89	12th
200-medley relay	Outinen, Malul Grobbelaar, Farnham	1:27.77	12th
200-freestyle	Steven Manley	1:35.50	13th
800-freestyle relay	Manley, Doyle Farnham, Grobbelaar	6:34.87	16th
100-freestyle	Daniel Farnham	43.62	15th-tie

KENTUCKY WOMEN AT 2006 NCAA CHAMPIONSHIPS			
Event	Name(s)	Time	Final Place
50-freestyle	Jenny Bradford	22.27	5th
One-meter diving	Taryn Ignacio Joey Brown	302.55 286.35	8th 12th
200-freestyle relay	McLean, Deveaux J. Bradford, H. Bradford	1:31.23	10th
400-medley relay	Graham, Southerlan J. Bradford, H. Bradford	3:40.99	14th
200-medley relay	Graham, Southerlan J. Bradford, H. Bradford	1:40.76	12th
100-breaststroke	Laura Graham	1:02.54	16th
100-butterfly	Jenny Bradford	54.63	15th
Platform diving	Taryn Ignacio Joey Brown Jessica Thompson	335.30 235.60 228.15	1st 14th 16th
100-freestyle	Jenny Bradford	48.93	7th



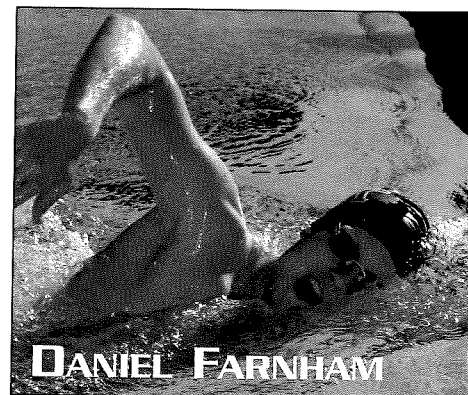
TARYN IGNACIO



KRISTIAN OUTINEN



JENNIFER BRADFORD



DANIEL FARNHAM

THE WILDCATS RECORDS & HISTORY

KELLY HEATH



SHAUN ZITANI

UKAthletics.com

ALL-TIME TEAM RESULTS

MEN'S RESULTS			
Year	Record	Finish	Coach
1936	2-1	Kentucky State Champ	Sherman Hinkerbein
1937	2-2	Kentucky State Champ	Sherman Hinkerbein
1938*	6-1	Kentucky State Champ	Sherman Hinkerbein
1939	9-0	Kentucky State Champ	Lloyd Ramsey
1940	6-4-1	SEC - 7th (4 pts); Ky. State Champ	Frank Roberts
1941	3-5		James Shropshire
1942	0-5		Henry Hillenmeyer
1943-50		No Team	
1951	0-5	SEC - 5th (24 pts)	Algie Reece
1951-52	2-4	SEC - 4th (47 pts)	Algie Reece
1952-53	9-0	SEC - 4th (37 pts)	Algie Reece
1953-54	7-3	SEC - 3rd (64 pts); NCAA - DNS	Algie Reece
1954-55	4-3	SEC - 4th (20 pts); NCAA - DNS	Algie Reece
1955-56	2-8	SEC - 4th (47 pts)	Algie Reece
1956-57	6-6	SEC - 4th (24 pts)	Algie Reece
1957-58	0-7	SEC - 5th (42 pts)	Algie Reece
1958-59	1-8	SEC - 4th (42 pts); Ky. Invite - 2nd	Algie Reece
1959-60	6-7	SEC - 3rd (45 pts); Ky. Intercol. - 1st	Algie Reece
1960-61	1-10	SEC - 6th (24 pts); Ky. Intercol. - 3rd	Algie Reece
1961-62	3-7	SEC - 5th (14 pts); Ky. Intercol. - 1st	Algie Reece
1962-63	2-9	SEC - 7th (5 pts); KISC - 4th	Algie Reece
1963-64	4-7	SEC - 6th (16 pts); KISC - 2nd	Algie Reece
1964-65	7-6	SEC - 5th (15 pts); KISC - 2nd	Wynn Paul
1965-66	8-5	SEC - 5th (160.5 pts); KISC - 2nd	Wynn Paul
1966-67	7-4	SEC - 5th (197.5 pts); KISC - 2nd	Wynn Paul
1967-68	7-5	SEC - 4th (90 pts); KISC - 2nd	Wynn Paul
1968-69	11-5	SEC - 6th (125.5 pts); KISC - 2nd	Ronald Huebner
1969-70	15-3	SEC - 4th (179 pts)	Ronald Huebner
1970-71	10-3	SEC - 4th (130 pts); KISC - 2nd; NCAA - DNS	Ronald Huebner
1971-72	7-3	SEC - 6th (102 pts)	Ronald Huebner
1972-73	6-6	SEC - 6th (110 pts)	Ronald Huebner
1973-74	4-5	SEC - 8th (54 pts); KISC - 2nd	Wynn Paul
1974-75	6-3	SEC - 7th (74 pts); KISC - 2nd; NCAA - DNS	Wynn Paul
1975-76	6-3	SEC - 8th (43 pts); KISC - 1st; NCAA - DNS	Wynn Paul
1976-77	4-3	SEC - 8th (47 pts); KISC - 1st	Wynn Paul
1977-78	5-3	SEC - 7th (60 pts); KISC - 1st	Wynn Paul
1978-79	6-2	SEC - 7th (53 pts)	Wynn Paul
1979-80	7-2	SEC - 7th (60 pts)	Wynn Paul
1980-81	7-2	SEC - 7th (46 pts)	Wynn Paul
1981-82	8-2	SEC - 7th (79 pts)	Wynn Paul
1982-83	6-2	SEC - 5th (100 pts)	Wynn Paul
1983-84	6-3	SEC - 6th (79 pts)	Wynn Paul
1984-85	6-3	SEC - 6th (153 pts)	Wynn Paul
1985-86	8-3	SEC - 7th (118 pts)	Wynn Paul
1986-87	6-5	SEC - 7th (119 pts)	Wynn Paul
1987-88	3-5	SEC - 7th (131 pts)	Wynn Paul
1988-89	5-6	SEC - 7th (203 pts)	Wynn Paul
1989-90	7-5	SEC - 7th (228 pts)	Wynn Paul
1990-91	7-5	SEC - 7th (235 pts)	Wynn Paul
1991-92	6-3	SEC - 9th (171 pts)	Jeff Bush
1992-93	5-9	SEC - 9th (144 pts)	Gary Conelly
1993-94	4-8	SEC - 9th (146 pts)	Gary Conelly
1994-95	7-8	SEC - 8th (216 pts)	Gary Conelly
1995-96	4-6	SEC - 7th (218.5 pts); NCAA - 32nd (15 pts)	Gary Conelly
1996-97	6-5	SEC - 8th (256.5 pts); NCAA - 26th (34 pts)	Gary Conelly

1997-98	5-3	SEC - 7th (244 pts); NCAA - 24th (39 pts)	Gary Conelly
1998-99	2-6	SEC - 8th (210 pts)	Gary Conelly
1999-00	4-2	SEC - 8th (267 pts); NCAA - 20th (30.5 pts)	Gary Conelly
2000-01	5-2	SEC - 5th (315.5 pts); NCAA - 17th (53 pts)	Gary Conelly
2001-02	4-5	SEC - 6th (282 pts); NCAA - 16th (50 pts)	Gary Conelly
2002-03	5-4	SEC - 6th (270.5 pts); NCAA - 17th (70 pts)	Gary Conelly
2003-04	6-3	SEC - 5th (309 pts); NCAA - 15th (83 pts)	Gary Conelly
2004-05	8-1	SEC - 4th (426 pts); NCAA - 12th (116 pts)	Gary Conelly
2005-06	7-3	SEC - 6th (424 pts); NCAA - 24th (27.5)	Gary Conelly

WOMEN'S RESULTS			
Year	Record	Finish	Coach
1983-84	5-2	KISC - 1st	Wynn Paul
1984-85	5-3	SEC - 6th (190.5 pts)	Wynn Paul
1985-86	6-4	SEC - 7th (138 pts)	Wynn Paul
1986-87	6-3	SEC - 8th (151.5 pts)	Wynn Paul
1987-88	5-3	SEC - 7th (254.5 pts)	Wynn Paul
1988-89	5-7	SEC - 6th (320.5 pts); NCAA - DNS	Wynn Paul
1989-90	9-4	SEC - 5th (384 pts); NCAA - 34th (9 pts)	Wynn Paul
1990-91	9-4	SEC - 7th (377 pts); NCAA - 26th (19 pts)	Wynn Paul
1991-92	7-3	SEC - 9th (202 pts)	Gary Conelly
1992-93	8-5	SEC - 8th (253 pts); NCAA - T33rd (5 pts)	Gary Conelly
1993-94	5-7	SEC - 8th (247 pts); NCAA - 19th (45 pts)	Gary Conelly
1994-95	6-8	SEC - 4th (439.5 pts); NCAA - T19th (53 pts)	Gary Conelly
1995-96	4-5	SEC - 6th (402 pts); NCAA - 14th (97.5 pts)	Gary Conelly
1996-97	10-1	SEC - 7th (318.5 pts); NCAA - 24th (20 pts)	Gary Conelly
1997-98	8-1	SEC - 4th (500.5 pts); NCAA - 21st (38 pts)	Gary Conelly
1998-99	7-1	SEC - 3rd (497 pts); NCAA - 21st (46 pts)	Gary Conelly
1999-00	7-0	SEC - 6th (332 pts); NCAA - T32nd (13 pts)	Gary Conelly
2000-01	6-2	SEC - 6th (315 pts); NCAA - 39th (6 pts)	Gary Conelly
2001-02	4-6	SEC - 9th (203 pts); NCAA - T41st (4 pts)	Gary Conelly
2002-03	3-6	SEC - 9th (212 pts)	Gary Conelly
2003-04	6-3	SEC - 6th (252.50 pts)	Gary Conelly
2004-05	7-3	SEC - 4th (339 pts); NCAA - 18th (52 pts)	Gary Conelly
2005-06	8-3	SEC - 4th (597 pts); NCAA - (13 (98.5 pts)	Gary Conelly

* - First Season of varsity competition
 N/A - UK and SEC records incomplete
 DNS - Competed at NCAAs, but did not score

MEN'S DUAL MEET RECORD UNDER CONELLY

1992-93: SEC 9th (5-9)			
10-16	Louisville	W	147-85
10-23	Tennessee	L	103-138
10-24	Arkansas	W	133-110
11-6	at Ohio	W	183-115
11-8	N.C. State	L	118-125
11-13	at South Carolina	L	102.5-139.5
11-14	at Georgia	L	94-135
11-21	at Northwestern	L	102-141
12-6	Purdue Invit.	7th	214 pts
1-9	Indiana	L	140-103
1-16	Southern Illinois	W	133-110
1-30	at LSU	L	69-174
1-30	vs. Texas A&M	L	83-160
2-5	Cincinnati	W	139-89
2-20	SEC Champs.	9th	144 pts

1993-94: SEC 9th (4-8)			
10-9	at Arkansas	L	54-59
10-19	Louisville	W	119-92
10-22	at Tennessee	L	94-141
11-6	Indiana	L	41-72
11-6	South Carolina	L	41-74
11-12	vs. Ohio	W	96-68
11-12	at Ohio State	L	59-81
11-21	LSU	L	115.5-123.5
12-4	Speedo Cup East	6th	367.5 pts
1-8	Georgia	L	76-157
1-29	at Southern Illinois	W	124.5-116.5
2-5	at Florida	L	42-70
2-5	vs. Indian River C.C.	W	64-49
2-19	SEC Champs.	9th	146 pts

1994-95: SEC 8th (7-8)			
10-14	Alabama	L	42-71
10-14	Louisville	W	70-43
10-29	Tennessee	L	92-144
11-4	at Ohio	W	182-118
11-4	vs. Ohio State	L	117-177
11-12	at LSU	L	96.5-137.5
11-12	vs. Texas A&M	L	103-140
11-19	Arkansas	W	65-48
11-19	Georgia Tech	W	98-15
12-3	Speedo Cup East	4th	574 pts
1-4	at Georgia	L	83-114
1-5	at South Carolina	W	112-93
1-21	Florida	L	30-83
1-21	Indiana	L	41-72
1-28	Southern Illinois	W	142-99
2-4	at Cincinnati	W	155.5-136.5
2-18	SEC Champs.	8th	216 pts

1995-96: SEC 7th (4-6)			
10-14	at Tennessee	L	105-131
10-20	at Alabama	W	120-118
10-21	at Auburn	L	90-146
10-27	Louisville	W	128-93
10-29	Ohio State	L	43-70
10-29	South Carolina	W	68-43
11-17	at Florida	L	89-143
12-2	Nike Cup East	6th	283.16 pts
1-3	Georgia	L	125-161
1-12	Cincinnati	W	179.5-114.5
2-10	SEC Champs.	7th	218.5 pts
2-24	at Indiana	L	120-173
3-30	NCAA Champs.	32nd	15 pts

1996-97: SEC 8th (5-5)			
10-18	Louisville	W	140-82
10-24	Tennessee	L	96-147

1997-98: SEC 7th (8-3)			
10-17	Louisville	W	142-89
10-25	at Tennessee	L	100-136
10-31	Southern Illinois	W	142-94
11-8	Ohio State	L	94.5-146.5
11-8	Ohio	W	188-53
11-8	Miami (Fla.)	W	145-98
11-23	Nike Cup	3rd	454.5 pts
1-6	at N.C. State	W	121-84
1-7	at Clemson	W	123.5-121.5
1-8	at College of Charleston	W	138-119
1-16	LSU	W	147-89
1-31	Cincinnati	L	110-126.5
2-21	SEC Champs.	7th	244 pts
3-28	NCAA Champs.	24th	39 pts

1998-99: SEC 8th (2-6)			
10-23	Tennessee	L	100-140
10-31	Indiana	L	137-163
11-21	Nike Cup	6th	295 pts
12-5	Ohio State	L	98-117
1-9	South Carolina	W	154-146
1-16	Alabama	W	142.5-96.5
1-23	at LSU	L	100-143
1-23	vs. Texas A&M	L	90-151
1-30	at Cincinnati	L	91-176
2-20	SEC Champs.	8th	210 pts

1999-00: SEC 8th (4-2)			
10-22	Louisville	W	128-92
11-6	at Indiana	L	110-133
11-13	at Tennessee	L	103-135
11-20	Nike Cup	6th	214 pts
1-15	at South Carolina	W	137-103
1-21	LSU	W	122-121
1-29	Cincinnati	W	162-151
2-19	SEC Champs.	8th	267 pts
3-25	NCAA Champs.	20th	30.5 pts

2000-01: SEC 5th (5-2)			
10-20	Louisville	W	128-96
10-27	SEC East Extravaganza	W	150-92
11-3	at Indiana	W	133.5-78.5
11-10	IUPUI	W	1118.5 pts
11-18	Texas A&M Invit.	4th	1118.5 pts
1-4	Coral Springs Invit.	W	134-116
1-13	at LSU	L	116-125
1-13	vs. Texas A&M	L	128-107
1-26	at Cincinnati	W	128-107
2-10	Tennessee	L	74-110
2-24	SEC Champs.	5th	315.5 pts
3-17	NCAA Champs.	17th	53 pts

2001-02: SEC 7th (4-5)			
10-13	vs. South Carolina	L	110-132
10-13	SEC East Invit.	5th	210 pts

11-2	at Southern Illinois	W	191-109
11-9	at Ohio State	L	46-94
11-9	vs. Ohio	W	106-34
11-23	Nike Cup	5th	391.5 pts
1-10	at Georgia	L	105.5-139.5
1-11	at South Carolina	L	113-130
1-12	at College of Charleston	W	142-110
1-25	at Cincinnati	W	128-103
2-22	SEC Champs.	8th	256.5 pts
3-8	at Indiana	L	93-158
3-29	NCAA Champs.	26th	34 pts

2002-03: SEC 6th (4-4)			
10-19	Kentucky Relay Meet	1st	156 pts
10-24	vs. Georgia	L	143.5-88.5
10-25	at Tennessee	L	124-109
11-1	at South Carolina	L	125-118
11-23	Nike Cup	4th	395 pts
12-7	vs. Missouri	W	166-133
1-11	at Cincinnati	W	113.5-81.5
2-1	Nike Cup	W	165-123
2-7	at Indiana	L	135-102
2-8	vs. Cincinnati	W	155.5-98.5
2-22	SEC Champs.	6th	270.5 pts
3-29	NCAA Champs.	17th	70 pts

2003-04: SEC 5th (6-3)			
10-24	Tennessee	L	148-77
10-28	Kentucky Relay Meet	1st	154 pts
10-30	Indiana	W	119-112
10-31	Louisville	W	103-66
11/20-22	Nike Cup	5th	419 pts
1-3	at Florida	L	133-96
1-7	Ball State, IRCC	W	102-85
1-10	South Carolina	W	131-108
1-30	at Georgia Tech	W	126-109
1-31	at Auburn	L	164.5-124.5
2-7	Cincinnati	W	153-124
2/25-28	SEC Champs.	5th	309 pts
3/25-27	NCAA Champs.	15th	83 pts

2004-05: SEC 4th (8-1)			
10-15	Kentucky Relay Meet	1st	126 pts
10-23	vs. Michigan State	W	151-86
10-29	at Tennessee	L	123-120
11-6	at Indiana	W	148-95
11-13	vs. Alabama	W	137-97
1-13	vs. LSU	W	138-94
1-15	at South Carolina	W	150-93
1-22	vs. Louisville	W	177-107
2-4	vs. Cincinnati	W	151-96
2-19	SEC Champs.	4th	426 pts
3-26	NCAA Champs.	12th	116 pts

2005-06: SEC 6th (7-3)			
10-15	Kentucky Relay Meet	1st	154 pts
10-29	Tennessee	L	134-107
11-5	at Texas A&M	W	130-111
1-3	vs. Clemson	W	125-118
1-6	at Georgia	L	137-97
1-7	vs. LSU	W	66-46
1-7	at Alabama	W	63-50
1-14	South Carolina	W	128-1087
1-20	Indiana	L	160-137
1-21	at Louisville	W	160-125
2-5	vs. Cincinnati	W	173-56
2-18			

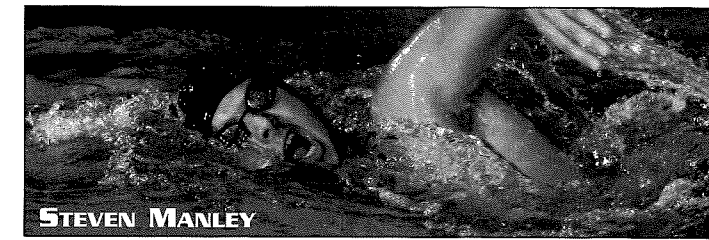
WOMEN'S DUAL MEET RECORD UNDER CONELLY

1991-92: SEC 9th (7-3)				2-10 SEC Champs. 6th 402 pts
10-19	LSU	L	91-152	3-2 at Indiana L 120-123
10-25	Louisville	W	141-77	3-23 NCAA Champs. 14th 97.5 pts
10-30	Transylvania	W	142.5-78.5	
11-1	Ohio	W	128-115	
11-9at	Tennessee	L	70-173	
11-15	at Southern Illinois	W	128.5-113.5	
12-8	Purdue Invit.	1st	874 pts.	
1-2	Dennison	W	82-47	
1-17	at Cincinnati	W	135-98	
1-18	Vanderbilt	W	135-92	
2-8	SEC Champs.	9th	202 pts	
1992-93: SEC 8th (8-5)				
10-16	Louisville	W	140-84	
10-23	Tennessee	L	103-138	
10-24	Arkansas	L	112-131	
11-6	at Ohio	W	180-118	
11-8	N.C. State	W	141-96	
11-13	at South Carolina	L	110-134	
11-14	at Georgia	L	91-135	
11-21	at Northwestern	L	96.5-146.5	
12-6	Purdue Invit.	1st	772.5 pts	
1-9	Indiana	W	139-102	
1-16	Southern Illinois	W	140-84	
1-30	at LSU	W	127-116	
1-30	Texas A&M	W	138-104	
2-5	Cincinnati	W	127-77	
2-20	SEC Champs.	8th	253 pts	
3-20	NCAA Champs.	T-33rd	5 pts	
1993-94: SEC 8th (5-7)				
10-9	at Arkansas	W	58-55	
10-19	Louisville	W	134-63	
10-22	at Tennessee	L	93-149	
11-6	South Carolina	L	36-70	
11-12	vs. Ohio	W	88-52	
11-12	at Ohio State	L	65-75	
11-21	LSU	L	97-145	
12-4	Speedo Cup East	6th	418 pts	
1-8	Georgia	L	85-167	
1-29	at Southern Illinois	W	125.5-116.5	
2-5	at Florida	L	44-68	
2-5	vs. Indian River C.C.	W	89-15	
2-19	SEC Champs.	8th	247 pts	
3-26	NCAA Champs.	19th	45 pts	
1994-95: SEC 4th (6-8)				
9-13	Ohio State	W	115-85	
10-14	Alabama	L	48-65	
10-14	Louisville	W	70-43	
10-29	Tennessee	L	104.5-137.5	
11-4	at Ohio	W	194-105	
11-4	vs. Purdue	L	139-160	
11-12	at LSU	L	113-128	
11-12	vs. Texas A&M	L	120-124	
11-19	Arkansas	W	137-106	
12-3	Speedo Cup East	6th	133.5 pts	
1-4	at Georgia	L	76-113	
1-5	at South Carolina	L	78-127	
1-21	Iorida	L	94-145	
1-28	Southern Illinois	W	146-93	
2-4	at Cincinnati	W	177-116	
2-18	SEC champs.	4th	439.5 pts	
3-18	NCAA Champs.	19th	53 pts	
1995-96: SEC 6th (4-5)				
10-14	at Tennessee	L	83-151	
10-20	at Alabama	W	129-114	
10-21	at Auburn	L	102-141	
10-27	Louisville	W	147-76	
10-29	South Carolina	W	166-132	
11-17	at Florida	L	91-141	
12-2	Nike Cup East	5th	375 pts	
1-3	Georgia	L	112-186	
1-12	Cincinnati	W	167-126	
10-18	Louisville	W	145-73	
10-24	Tennessee	W	140-69	
11-2	at Southern Illinois	W	207-93	
11-9	at Ohio State	W	71-69	
11-9	vs. Ohio	W	98-41	
11-23	Nike Cup	2nd	1037 pts	
1-10	at Georgia	L	93-144	
1-11	at South Carolina	W	135-106	
1-12	at College of Charleston	W	156-97	
1-18	Clemson	W	136-105	
1-25	at Cincinnati	W	138-99	
2-22	SEC Champs.	7th	318.5 pts	
3-2	at Indiana	W	162-100	
3-22	NCAA Champs.	24th	20 pts	
1997-98: SEC 4th (11-1)				
10-17	Louisville	W	149-82	
10-25	at Tennessee	L	109-134	
10-31	Southern Illinois	W	136-92	
11-8	Ohio State	W	145-92	
11-8	Ohio	W	164.5-72.5	
11-8	Miami (Fla.)	W	155-78	
11-23	Nike Cup	1st	993 pts	
12-6	at Arkansas	W	139-108	
1-6	at N.C. State	W	123-71	
1-7	at Clemson	W	157-88	
1-8	at College of Charleston	W	141-113	
1-16	LSU	W	142-97	
1-31	Cincinnati	W	147-89	
2-21	SEC Champs.	4th	500.5 pts	
3-21	NCAA Champs.	21st	38 pts	
1998-99: SEC 3rd (7-1)				
10-23	Tennessee	L	103-140	
10-31	Indiana	W	168.5-129.5	
11-21	Nike Cup	3rd	669 pts	
1-9	South Carolina	W	84-54	
1-9	Arkansas	W	92-45	
1-16	Alabama	W	130-86	
1-23	at LSU	W	135-105	
1-23	vs. Texas A&M	W	152-83	
1-30	at Cincinnati	W	155-113	
2-20	SEC Champs.	3rd	497 pts	
3-20	NCAA Champs.	21st	46 pts	
1999-00: SEC 6th (7-0)				
10-22	Louisville	W	136-96	
11-6	at Indiana	W	132-109	
11-13	at Tennessee	W	124-121	
11-20	Nike Cup	3rd	457 pts	
1-15	vs. Arkansas	W	138-9	
1-15	at South Carolina	W	124-102	
1-21	LSU	W	128-118	
1-29	Cincinnati	W	173-143	
2-19	SEC Champs.	6th	332 pts	
3-18	NCAA Champs.	T-32nd	13 pts	
2000-01: SEC 6th (6-2)				
10-20	Louisville	W	130-86	
10-27	SEC East Extravaganza			
11-3	at Indiana	L	94-149	
11-10	Tennessee	L	101-142	
11-18	Texas A&M Invit.	34d	1892.5 pts	
1-4	Coral Springs Invit.			
1-13	at LSU	W	128-114	
1-13	vs. Texas A&M	W	150-93	
1-20	vs. South Carolina	W	91-47	
1-20	at Arkansas	W	85-55	
1-26	at Cincinnati	W	131-109	
2-24	SEC Champs.	6th	315 pts	
3-17	NCAA Champs.	39th	6 pts	
2001-02: SEC 6th (4-4)				
10-13	South Carolina	L	123.5-108.5	
10-14	SEC East Invit.	5th	149 pts	
10-15	at Florida	L	128-93	
10-19	vs. LSU	L	82.5-164.5	
10-19	at Tennessee	L	100-144.3	
11-3	Louisville	W	140-69	
11-17	Nike Cup	4th	619 pts	
11-20	Pine Crest Swim	W	74-37	
1-19	South Carolina	L	120-122	
1-19	Arkansas	W	156.5-86.5	
2-2	Indiana	L	91-152	
2-2	Cincinnati	W	177-58	
2-24	SEC Champs.	9th	203 pts	
3-30	NCAA Champs.	41st	4 pts	
2002-03: SEC 9th (2-6)				
10-19	Kentucky Relay Meet	1st	178 pts	
10-24	Georgia	L	148-90	
10-25	at Tennessee	L	143-99	
11-1	at South Carolina	L	163.5-78.5	
11-23	Nike Cup	6th	330 pts	
12-7	Missouri	L	177-121	
1-11	at Cincinnati	W	114-79	
2-1	at LSU	L	177-114	
2-7	at Indiana	L	139-96	
2-8	Cincinnati	W	148-124	
2-22	SEC Champs.	9th	212 pts	
2003-04: SEC 6th (6-3)				
10-24	Tennessee	L	139-94	
10-28	Kentucky Relay Meet	1st	188 pts	
10-31	Houston	W	124-110	
10-31	Louisville	W	141-60	
11-22	Nike Cup	6th	280 pts	
1-3	at Florida	L	135-88	
1-7	at IRCC, Ball State	W	102-89	
1-10	South Carolina	W	128-115	
1-30	at Georgia Tech	W	127.5-107.5	
1-31	at Auburn	L	161-120	
2-7	Cincinnati	W	153-124	
2-28	SEC Champs.	6th	252.5	
2004-05: SEC 4th (7-3)				
10-15	Kentucky Relay Meet	1st	140pts	
10-23	vs. Michigan State	W	150-90	
10-29	at Tennessee	L	133-110	
11-6	Indiana	L	140-103	
	Southwest La.	W		
11-13	vs. Alabama	W	132-109	
1-13	vs. LSU	W	141-95	
1-15	at South Carolina	L	145-97	
1-22	vs. Louisville	W	177-107	
	Arkansas	W	84-54	
2-5	vs. Cincinnati	W	157-67	
2-19	SEC Champs.	4th	339 pts	
3-26	NCAA Champs.	18th	52 pts	
2005-06: SEC 4th (8-3)				
10-14	Illinois	W	179-119	
10-15	Kentucky Relay Meet	1st	168 pts	
10-29	Tennessee	L	124-119	
11-5	at Texas A&M	L	134-107	
12-3	at Arkansas	W	150-120	
1-3	vs. Clemson	W	137-106	
1-6	at Georgia	L	162-130	
1-7	vs. LSU	W	68-44	
1-7	at Alabama	W	65-47	
1-14	South Carolina	W	1130.5-109.5	
1-21	at Louisville	W	172-119	
2-5	vs. Cincinnati	W	155-100	
2-18	SEC Champs.	4th	597 pts	
3-25	NCAA Champs.	13th	98.5 pts	

MEN'S ALL-TIME TOP 10 LIST SHORT COURSE

50 FREESTYLE

1. Tim Patrick	19.38	2005
2. Daniel Farham	19.65	2005
3. Shaun Zitani	19.75	2000
4. Aaron Workman	20.10	2001
5. Rick Barber	20.14	1997
6. Roger Watkins	20.16	2003
7. Fernando Barros	20.18	2003
8. Clay Gasparovich	20.22	2005
9. Jarrod Rush	20.44	1999
10. Steven Manley	20.55	2006



100 FREESTYLE

1. Daniel Farnham	43.09	2005
2. Steven Manley	43.84	2005
3. Tim Patrick	44.07	2005
4. Shaun Zitani	44.12	2001
5. Rick Barber	44.22	1995
6. Aaron Workman	44.55	2001
7. Clay Gasparovich	44.80	2005
8. Fernando Barros	44.89	2003
9. Macon White	45.02	2001
10. Dennis Damron	45.55	1985

200 FREESTYLE

1. Steven Manley	1:35.06	2006
2. Daniel Cruz	1:35.48	2005
3. Macon White	1:36.04	2001
4. Daniel Farnham	1:37.63	2005
5. David Tweedie	1:38.28	2001
6. Brent Cochrane	1:39.03	1990
7. Ben Fowler	1:39.11	1997
8. Chris McCabe	1:39.26	1997
9. Jerram Chudleigh	1:39.26	2005
10. James Batley	1:39.51	2006

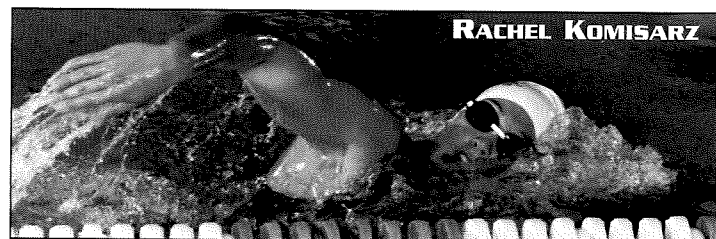
500 FREESTYLE

1. Steven Manley	4:19.27	2004
2. Nat Lewis	4:20.76	1998
3. Macon White	4:22.63	2000
4. Ben Fowler	4:24.53	1997
5. David Tweedie	4:25.51	2001
6. Jerram Chudleigh	4:27.71	2005
7. James Batley	4:27.81	2006
8. Mike Thar	4:28.94	1996
9. Jim McCarthy	4:29.05	1990
10. Grant Nelson	4:31.10	2005

1000 FREESTYLE

1. Nat Lewis	9:03.73	1998
2. Ben Fowler	9:11.97	1997
3. Steven Manley	9:17.15	2006
4. David Tweedie	9:17.89	2001
5. Eric Weber	9:24.55	2005

WOMEN'S ALL-TIME TOP 10 SHORT COURSE



RACHEL KOMISARZ

50 FREESTYLE

1. Jenny Bradford	22.10	2006
2. Jaime Siegele	22.72	2001
Annabel Kosten	22.72	1999
4. Heather Bradford	22.88	2006
5. Kellie Moran	23.32	1990
6. Rachel Komisarz	23.52	1997
7. Jenny Priester	23.69	1997
8. Joanna McLean	23.63	2006
9. Jessica Siegele	23.77	2004
10. Nikia Deveaux	23.77	2006

100 FREESTYLE

1. Jenny Bradford	48.53	2006
2. Annabel Kosten	49.85	2000
3. Kellie Moran	50.14	1991
4. Jaime Siegele	50.25	2001
5. Heather Bradford	50.33	2006
6. Kelly Heath	50.72	1995
7. Chrissy Miller	50.74	2001
8. Jessica Siegele	51.14	2005
9. Jenny Priester	51.17	1997
10. Rachel Komisarz	51.21	1997

200 FREESTYLE

1. Rachel Komisarz	1:47.59	1999
2. Kelly Heath	1:47.72	1995
3. Carolyn Rader	1:47.96	2000
4. Kellie Moran	1:48.21	1989
5. Annabel Kosten	1:48.77	2000
6. Marci Vrooman	1:49.40	2002
7. Chrissy Miller	1:49.62	2002
8. Margo Lynch	1:50.12	1995
9. Kelley Miller	1:50.28	1999
10. Melissa Olson	1:50.34	1998

500 FREESTYLE

1. Kelly Heath	4:43.11	1995
2. Rachel Komisarz	4:44.13	1999
3. Carolyn Rader	4:48.15	2000
4. Leigh Dalton	4:48.57	1996
5. Chrissy Miller	4:49.01	2002
6. Marci Vrooman	4:49.42	2002
7. Bartley Pratt	4:50.14	1990
8. Margo Lynch	4:50.77	1995
9. Kelley Miller	4:52.92	1997
10. Brennan Moore	4:54.51	2005

1000 FREESTYLE

1. Rachel Komisarz	9:41.53	1999
2. Leigh Dalton	9:52.63	1995
3. Bartley Pratt	9:56.54	1990
4. Carolyn Rader	10:01.36	1999
5. Melissa Olson	10:02.10	1998
6. Kelly Heath	10:05.54	1995
7. Kelley Miller	10:06.69	1997
8. Brennan Moore	10:06.78	2005
9. Wendy Hipskind	10:10.21	1992
10. Mandy Swift	10:11.63	1995

1650 FREESTYLE

1. Rachel Komisarz	16:04.42	1999
2. Leigh Dalton	16:17.85	1995
3. Bartley Pratt	16:24.61	1990
4. Carolyn Rader	16:39.45	1999
5. Kelly Heath	16:44.01	1995
6. Brennan Moore	16:47.02	2002
7. Margo Lynch	16:50.78	1995
8. Kelley Miller	16:51.49	1997
9. Mandy Swift	16:55.70	1995
10. Cami Miller	16:58.82	2002

100 BREASTSTROKE

1. Laura Graham	1:01.21	2005
2. Kelli Stein	1:02.88	2001
3. Lindsay Myhre	1:03.27	2006
4. Shantel Commander	1:03.46	2005
5. Jennifer Clifford	1:03.68	1998
6. Stephanie Moll	1:04.00	1998
7. Emily Grass	1:04.61	1999
8. Julia Smith	1:04.99	1994
9. Mary Jane Brown	1:05.23	1988
10. Kendra Trahan	1:05.45	2002

200 BREASTSTROKE

1. Laura Graham	2:13.56	2004
2. Shantel Commander	2:13.93	2005
3. Emily Grass	2:15.08	1998
4. Kelli Stein	2:16.28	2001
5. Jennifer Clifford	2:16.50	1998
6. Kendra Trahan	2:17.99	2004
7. Lindsay Myhre	2:18.41	2006
8. Melissa Olson	2:18.71	1998
9. Mary Jane Brown	2:19.02	1988
10. Peggy Sheets	2:20.69	1989

100 BACKSTROKE

1. Jessica Siegele	54.33	2005
2. Jenny Eckert	55.85	1995
3. Jill Southerlan	56.41	2005
4. Shawna Sechrist	56.47	2001
5. Joanna McLean	56.61	2003
6. Kristi Lohmeier	56.64	1997
7. Taryn Kannegeisser	57.06	1999
8. Janie Reed	57.30	1998
9. Melissa Olson	57.37	2000
10. Margie Boliver	57.65	1993

200 BACKSTROKE

1. Melissa Olson	1:58.16	2000
2. Jessica Siegele	2:00.01	2005
3. Brennan Moore	2:00.09	2005
4. Jenny Eckert	2:00.16	1995
5. Shawna Sechrist	2:00.36	2001
6. Kristi Lohmeier	2:01.08	1997
7. Taryn Kannegeisser	2:01.71	1999
8. Janie Reed	2:01.89	1998
9. Jill Southerlan	2:02.15	2005
10. Sarah Carter	2:02.29	2001

100 BUTTERFLY

1. Heather Bradford	53.81	2006
2. Rachel Komisarz	53.84	1998
3. Jessica Siegele	54.00	2005
4. Jenny Bradford	54.19	2006
5. Wendy Hipskind	55.11	1992
6. Annabel Kosten	55.44	2000
7. Carolyn Rader	55.59	1999
8. Ellen Strange	56.11	1998
9. Stacy Fingalson	56.20	1993
10. Debra Hinsley	56.26	2000

200 BUTTERFLY

1. Rachel Komisarz	1:58.23	1998
2. Wendy Hipskind	1:59.57	1992
3. Carolyn Rader	1:59.69	1999
4. Ellen Strange	2:00.85	1998
5. Debra Hinsley	2:01.17	2001
6. Emily Johnston	2:01.89	2002
7. Kelly Rames	2:02.03	2006
8. Jen Hartsock	2:02.81	1996
9. Melissa Olson	2:03.16	2000
10. Stacy Fingalson	2:03.52	1993

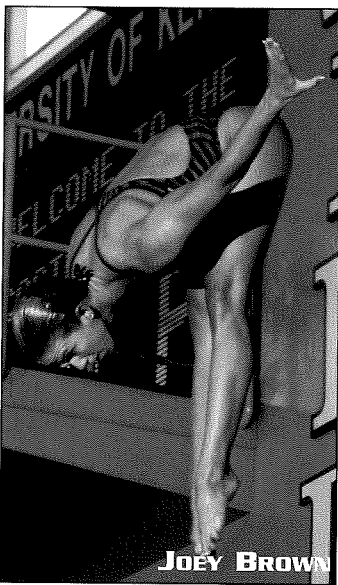
200 INDIVIDUAL MEDLEY

1. Melissa Olson	2:01.02	1998
2. Wendy Hipskind	2:02.81	1992
3. Laura Graham	2:02.89	2005
4. Janie Reed	2:03.70	1998
5. Emily Grass	2:05.20	1997
6. Jenny Bradford	2:05.84	2005
7. Lindsay Myhre	2:06.11	2006
8. Taryn Kannegeisser	2:06.34	1997
9. Kristi Lohmeier	2:06.78	1997
10. Shantel Commander	2:06.90	2005

400 INDIVIDUAL MEDLEY

1. Melissa Olson	4:11.39	1999
2. Brennan Moore	4:19.77	2005
3. Janie Reed	4:21.16	1998
4. Shantel Commander	4:21.18	2005
5. Emily Grass	4:22.86	1998
6. Mandy Swift	4:25.05	1995
7. Carolyn Rader	4:25.15	2000
8. Bartley Pratt	4:25.33	1990
9. Margie Boliver	4:25.95	1993
10. Kelly Rames	4:28.67	2005

WOMEN'S ALL-TIME TOP 10 DIVING PERFORMANCES



JOEY BROWN

1 METER (6 DIVES)

1. Joey Brown	303.90	2005
2. Jessica Thompson	299.18	2004
3. Kelli Frost	296.48	2003
4. Jillian Becker	292.43	2004
5. Tina Johnson	288.75	1995
6. Beth Leake	288.15	1998
7. Trisha Tumlinson	283.10	2002
8. Julie Jelf	277.50	1987
9. Jenny Baker	277.35	1995
10. Jill Bumgarner	275.25	1989

1 METER (10 DIVES)

1. Beth Leake	435.75	1996
2. Tina Johnson	432.90	1996
3. Jenny Baker	420.25	1990
4. Carrie Knoeber	420.15	1999
5. Christy Soulakis	399.65	1997
6. Sarah Fields	396.25	2000
7. Michelle Glowatch	385.25	2000
8. Michelle Parsons	380.10	1992
9. Kelli Frost	377.50	2000
10. Heather Pollard	363.60	1994

3 METER (6 DIVES)

1. Jessica Thompson	363.00	2005
---------------------	--------	------

2. Taryn Ignacio 316.60 2005

3. Sarah Fields	309.50	1999
4. Kelli Frost	306.60	2003
5. Jill Baumgarner	305.10	1990
6. Tina Johnson	300.08	1995
7. Christy Soulakis	298.87	1998
8. Alison Riccobono	297.65	2002
9. Beth Leake	297.20	1997
10. Trisha Tumlinson	296.70	2002

3 METER (11 DIVES)

1. Beth Leake	542.05	1996
2. Tina Johnson	523.25	1995
3. Carrie Knoeber	510.75	2000
4. Christy Soulakis	490.85	1999
5. Jenny Baker	486.55	1996
6. Jessica Thompson	480.05	2003
7. Sarah Fields	463.45	2000
8. Joey Brown	462.45	2004
9. Kelli Frost	452.75	2002
10. Trisha Tumlinson	451.10	2002

PLATFORM (8 DIVES)

1. Christy Soulakis	383.75	1999
2. Tina Johnson	377.05	1995
3. Sarah Fields	369.15	1999

4. Jenny Baker 349.50 1995

5. Carrie Knoeber	334.90	1999
6. Beth Leake	309.45	1996
7. Bobbi Hamilton	299.25	1996
8. Heather Pollard	247.70	1994
9. Stephanie Godsea	227.90	1994

PLATFORM (9 DIVES)

1. Taryn Ignacio	448.75	2005
2. Kari Retrum	428.00	2004
3. Trisha Tumlinson	427.50	2002
4. Sarah Fields	398.95	2001
5. Carrie Knoeber	395.50	2001
6. Jessica Thompson	391.10	2005
7. Michelle Brown	378.35	2003
8. Michelle Glowatch	349.05	2000
9. Kelli Frost	344.70	2003
10. Joey Brown	320.55	2004

PLATFORM (12 DIVES)

1. Tina Johnson	615.10	1995
2. Christy Soulakis	610.45	1999
3. Sarah Fields	562.75	1999
4. Jenny Baker	516.45	1996
5. Carrie Knoeber	511.10	1999
6. Beth Leake	483.65	1996

KENTUCKY SWIMMING & DIVING RECORDS

MEN'S SWIMMING

Event	Name	Time	Date
50 Freestyle	Tim Patrick	19.38	3/24/05
100 Freestyle	Daniel Farnham	43.09	3/26/05
200 Freestyle	Steven Manley	1:35.06	2/17/06
500 Freestyle	Steven Manley	4:19.27	3/25/04
1000 Freestyle	Nat Lewis	9:03.73	3/28/98
1650 Freestyle	Nat Lewis	15:00.73	3/29/99
100 Backstroke	Alejandro Bravo	48.49	3/25/05
200 Backstroke	Joey Faltraco	1:42.99	2/22/03
100 Breaststroke	Kristian Outinen	54.01	2/17/06
200 Breaststroke	Kristian Outinen	1:58.41	2/19/05
100 Butterfly	Daniel Cruz	47.35	2/18/05
200 Butterfly	Daniel Cruz	1:42.86	2/19/05
200 Individual Medley	Steven Manley	1:47.31	2/16/06
400 Individual Medley	Joey Faltraco	3:47.41	2/21/03
200 Medley Relay	Malul, Outinen, Grobbelaar, Farnham	1:27.38	2/15/06
400 Medley Relay	Bravo, Outinen, Cruz, Farnham	3:12.22	2/17/05
200 Freestyle Relay	Patrick, Gasparovich, Farnham, Manley	1:17.48	3/24/05
400 Freestyle Relay	Farnham, Patrick, Gasparovich, Manley	2:53.70	3/26/05
800 Freestyle Relay	Cruz, Farnham, Chudleigh, Manley	6:24.14	2/16/05

MEN'S DIVING

Event	Name	Score	Date
1-Meter (Six Dives) Championship Meet	Clayton Moss	379.90	3/28/02
1-Meter (11 Dives) Dual Meet	Clayton Moss	536.45	11/6/99
3-Meter (Six Dives) Dual Meet	Ben Starchuk	406.43	2/5/05
3-Meter (11 Dives) Championship Meet	Clayton Moss	664.50	3/15/03
Platform (10 Dives) NCAA Competitions	Paco Rivera	570.50	3/15/97
Platform (14 Dives) NCAA Competitions	Paco Rivera	814.50	2/17/98

WOMEN'S SWIMMING

Event	Name	Time	Date
50 Freestyle	Jenny Bradford	22.10	2/17/06
100 Freestyle	Jenny Bradford	48.53	3/18/06
200 Freestyle	Rachel Komisarz	1:47.42	2/19/99
500 Freestyle	Kelly Heath	4:43.11	12/4/94
1000 Freestyle	Rachel Komisarz	9:41.53	3/20/99
1650 Freestyle	Rachel Komisarz	16:04.42	3/20/99
100 Backstroke	Jessica Siegele	54.33	3/17/05
200 Backstroke	Melissa Olson	1:58.66	2/16/98
100 Breaststroke	Laura Graham	1:01.21	2/18/05
200 Breaststroke	Laura Graham	2:13.56	2/27/04
100 Butterfly	Heather Bradford	53.81	2/17/06
200 Butterfly	Rachel Komisarz	1:58.23	2/21/98
200 Individual Medley	Melissa Olson	2:01.02	2/19/98
400 Individual Medley	Melissa Olson	4:11.39	2/20/98
200 Medley Relay	Southerlan, Graham, H. Bradford, J. Bradford	1:39.19	2/15/06
400 Medley Relay	Je. Siegele, Graham, H. Bradford, J. Bradford	3:40.26	2/17/05
200 Freestyle Relay	J. Bradford, H. Bradford, Deveaux, McLean	1:31.11	2/16/06
400 Freestyle Relay	J. Bradford, H. Bradford, Sledge, McLean	3:22.04	2/18/06
800 Freestyle Relay	Rader, Kosten, Olson, Komisarz	7:21.89	2/19/99

WOMEN'S DIVING

Event	Name	Score	Date
1-Meter (Six Dives) Dual Meets	Taryn Ignacio	311.35	2/15/06
1-Meter (10 Dives) NCAA/Invitationals	Beth Leake	435.75	3/22/96
3-Meter (Six Dives) Dual Meets	Jessica Thompson	363.00	2/5/05
3-Meter (10 Dives) NCAA/Invitationals	Tina Johnson	455.95	4/1/95
3-Meter (11 Dives) NCAA/Invitationals	Beth Leake	542.05	3/23/96
Platform (Five Dives) NCAA/Invitationals	Taryn Ignacio	335.80	3/18/06
Platform (Nine Dives) NCAA/Invitationals	Kari Retrum	428.00	2/28/04
Platform (11 Dives) NCAA/Invitationals	Julie Robbins	463.20	2/23/91
Platform (12 Dives) NCAA/Invitationals	Tina Johnson	615.10	3/17/95

LANCASTER AQUATIC CENTER RECORDS

MEN'S RECORDS

SWIMMING				
Event	Name	Team	Time	Date
50 Freestyle	Aaron Ciarla	Auburn	19.39	2/18/99
100 Freestyle	Jon Olsen	Alabama	43.30	2/23/91
200 Freestyle	Romain Barnier	Auburn	1:35.91	2/19/99
500 Freestyle	Jon Sakovich	Florida	4:21.58	2/21/91
1000 Freestyle	Nat Lewis	Kentucky	9:06.97	11/8/97
1650 Freestyle	Jon Sakovich	Florida	15:17.38	2/23/91
100 Backstroke	Michael Gilliam	Tennessee	47.25	2/19/99
200 Backstroke	Matthew Cole	Florida	1:42.39	2/20/99
100 Breaststroke	Dave Denniston	Auburn	53.61	2/19/99
200 Breaststroke	Vlad Polyakov	Alabama	1:57.35	11/13/04
100 Butterfly	Brock Newman	Auburn	46.87	2/19/99
200 Butterfly	Jeff Somensatto	Auburn	1:45.01	2/20/99
200 Individual Medley	Martin Zubero	Florida	1:46.39	2/21/91
400 Individual Medley	Beau Wiebel	Georgia	3:48.41	2/19/99
200 Medley Relay	Bartz, Denniston, Hawke, Ciarla	Auburn	1:26.60	2/17/99
400 Medley Relay	Bartz, Denniston, Quevedo, Newman	Auburn	3:10.46	2/18/99
200 Freestyle Relay	Busbee, Hawke, Newman, Ciarla	Auburn	1:17.25	2/17/99
400 Freestyle Relay	Barnier, Hawke, Quevedo, Newman	Auburn	2:54.29	2/20/99
800 Freestyle Relay	Boyle, Newman, Pearce, Barnier	Auburn	6:28.89	2/19/99

DIVING				
Event	Name	Team	Score	Date
1-Meter (Six Dives) Dual Meets	Clayton Moss	Kentucky	376.95	2/8/03
1-Meter (11 Dives) U.S. Diving Meets	Mark Lenzi	Ohio State Diving	631.23	11/27/90
3-Meter (Six Dives) Dual Meets	Rob Siracusano	Southern Illinois	384.90	1/28/95
3-Meter (11 Dives) U.S. Diving Meets	Kent Ferguson	Mission Bay Makos	678.33	11/27/90
Platform (10 Dives) U.S. Diving Meets	Matt Scoggin	Texas Diving Club	641.79	11/26/90
Platform (13 Dives) NCAA Competitions	Matt Rourke	Alabama	634.20	2/23/91
Platform (14 Dives) NCAA Competitions	Rafael Alvarez	Alabama	787.70	2/11/95

WOMEN'S RECORDS

SWIMMING				
Event	Name	Team	Time	Date
50 Freestyle	Katie Taylor	Auburn	22.59	2/18/99
100 Freestyle	Courtney Shealy	Georgia	48.86	2/20/99
200 Freestyle	Nicole Haislett	Florida	1:46.59	2/22/91
500 Freestyle	Rachel Komisarz	Kentucky	4:44.13	2/18/99
1000 Freestyle	Rachel Komisarz	Kentucky	9:50.09	2/20/99
1650 Freestyle	Rachel Komisarz	Kentucky	16:11.81	2/20/99
100 Backstroke	Courtney Shealy	Georgia	53.81	2/19/99
200 Backstroke	Keegan Walkley	Georgia	1:55.91	2/20/99
100 Breaststroke	Kristy Kowal	Georgia	1:00.13	2/19/99
200 Breaststroke	Kristy Kowal	Georgia	2:11.55	2/20/99
100 Butterfly	Mimi Bowen	Auburn	54.33	2/19/99
200 Butterfly	Rachel Komisarz	Kentucky	1:58.83	10/17/97
200 Individual Medley	Jennifer Hommert	Florida	1:59.26	2/18/99
400 Individual Medley	Keegan Walkley	Georgia	4:13.29	2/19/99
200 Medley Relay	Shealy, Kowal, Bateman, Williams	Georgia	1:39.28	2/17/99
400 Medley Relay	Adkins, Kowal, Timmons, Shealy	Georgia	3:39.22	2/18/99
200 Freestyle Relay	Williams, Kowal, Timmons, Shealy	Georgia	1:30.98	2/17/99
400 Freestyle Relay	Owen, Woolf, Taylor, Ryan	Auburn	3:18.87	2/20/99
800 Freestyle Relay	Owen, Woolf, Monroe, Ryan	Auburn	7:15.51	2/19/99

DIVING				
Event	Name	Team	Score	Date
1-Meter (Six Dives) Dual Meets	Joey Brown	Kentucky	303.90	2/5/05
1-Meter (10 Dives) U. S. Diving	Julie Farrell-Ovenhouse	Michigan State	467.52	11/27/90
1-Meter (10 Dives) NCAA Competition	Vivian Alberty	South Carolina	429.15	2/11/95
3-Meter (Six Dives) Dual Meets	Taryn Igancio	Kentucky	316.60	1/22/05
3-Meter (10 Dives) U. S. Diving	Julie Farrell-Ovenhouse	Michigan State	496.92	11/28/90
3-Meter (11 Dives) NCAA Competition	Tina Johnson	Kentucky	523.25	3/11/95
Platform (8 Dives) U. S. Diving	Wendy Lian Williams	Mission Viejo	453.93	11/26/90
Platform (9 Dives) NCAA Zones	Barb Gorst	LSU	445.80	3/15/02
Platform (11 Dives) NCAA Competitions	Kelli Hill	LSU	525.10	2/23/91
Platform (12 Dives) NCAA Competitions	Jill Tappen	Alabama	583.90	2/11/95

2007 NCAA MEN'S QUALIFYING STANDARDS

Event	25-Yard Course		25-Meter Course		50-Meter Course	
	"A" Standard	"B" Standard	"A" Standard	"B" Standard	"A" Standard	"B" Standard
50 Freestyle	:19.60	:20.18	:21.88	:22.53	:22.80	:23.47
100 Freestyle	:43.35	:44.65	:48.39	:49.84	:50.24	:51.74
200 Freestyle	1:35.09	1:37.94	1:46.13	1:49.31	1:49.94	1:53.23
500 Freestyle	4:18.59	4:26.34	3:46.24	3:53.02	3:54.02	4:01.04
1,650 Freestyle	15:05.87	15:33.04	15:03.17	15:30.25	15:38.73	16:06.89
100 Butterfly	:47.09	:48.50	:52.56	:54.14	:54.26	:55.88
200 Butterfly	1:44.93	1:48.07	1:57.11	2:00.62	2:01.17	2:04.80
100 Backstroke	:47.43	:48.85	:52.94	:54.53	:56.81	:58.51
200 Backstroke	1:44.02	1:47.14	1:56.10	1:59.58	2:02.53	2:06.20
100 Breaststroke	:53.60	:55.20	:59.83	1:01.61	1:02.62	1:04.49
200 Breaststroke	1:57.29	2:00.80	2:10.91	2:14.83	2:16.71	2:20.80
200 Individual Medley	1:46.09	1:49.27	1:58.41	2:01.96	2:03.80	2:07.51
400 Individual Medley	3:46.89	3:53.69	4:13.23	4:20.82	4:22.31	4:30.17
200 Freestyle Relay	1:18.47	1:20.82	1:27.58	1:30.21	1:31.25	1:33.99
400 Freestyle Relay	2:54.21	2:59.43	3:14.44	3:20.26	3:21.87	3:27.92
800 Freestyle Relay	6:26.08	6:37.66	7:10.90	7:23.82	7:25.31	7:38.67
200 Medley Relay	1:26.52	1:29.11	1:36.57	1:39.46	1:40.85	1:43.86
400 Medley Relay	3:11.96	3:17.71	3:34.25	3:40.66	3:44.26	3:50.98

1-Meter Diving Points-Dual 290/300

3-Meter Diving Points-Dual 310/320

Platform Diving Points-Dual 290/300

*** qualifying point total when using six optional dives with standard D.D.

qualifying point total when using five optional dives with standard D.D.

2007 NCAA WOMEN'S QUALIFYING STANDARDS

Event	25-Yard Course		25-Meter Course		50-Meter Course	
	"A" Standard	"B" Standard	"A" Standard	"B" Standard	"A" Standard	"B" Standard
50 Freestyle	:22.75	:23.43	:25.40	:26.16	:26.13	:26.91
100 Freestyle	:49.49	:50.97	:55.24	:56.89	:56.63	:58.32
200 Freestyle	1:47.09	1:50.30	1:59.53	2:03.11	2:02.54	2:06.21
500 Freestyle	4:45.46	4:54.02	4:09.75	4:17.24	4:16.71	4:24.41
1,650 Freestyle	16:23.54	16:53.04	16:20.60	16:50.01	16:48.76	17:19.02
100 Butterfly	:53.75	:55.36	:59.99	1:01.79	1:01.29	1:03.13
200 Butterfly	1:58.99	2:02.55	2:12.81	2:16.78	2:15.07	2:19.11
100 Backstroke	:54.47	:56.10	1:00.80	1:02.62	1:03.86	1:05.77
200 Backstroke	1:57.79	2:01.32	2:11.47	2:15.41	2:17.45	2:21.57
100 Breaststroke	1:01.70	1:03.55	1:08.87	1:10.93	1:10.93	1:13.05
200 Breaststroke	2:13.65	2:17.65	2:29.17	2:33.63	2:32.23	2:26.78
200 Individual Medley	2:00.52	2:04.13	2:14.51	2:18.54	2:19.01	2:23.18
400 Individual Medley	4:15.63	4:23.29	4:45.31	4:53.86	4:51.82	5:00.57
200 Freestyle Relay	1:31.01	1:33.74	1:41.58	1:44.63	1:44.49	1:47.63
400 Freestyle Relay	3:18.95	3:24.91	3:42.05	3:48.70	3:47.64	3:56.46
800 Freestyle Relay	7:10.49	7:23.40	8:00.46	8:14.87	8:12.56	8:27.33
200 Medley Relay	1:39.49	1:42.47	1:51.04	1:54.37	1:54.49	1:57.92
400 Medley Relay	3:38.02	3:44.56	4:03.33	4:10.63	4:11.18	4:18.72

1-Meter Diving Points-Dual 255/265***

3-Meter Diving Points-Dual 270/280***

Platform Diving Points-Dual 260/225###

*** qualifying point total when using six optional dives with standard D.D.

qualifying point total when using five optional dives with standard D.D.

KENTUCKY ALL-AMERICANS

JENNY BAKER
 1994 1-Meter Diving (HM)
 1994 Platform Diving (HM)
 1995 1-Meter Diving
 1995 3-Meter Diving (HM)
 1996 Platform Diving
 1996 1-Meter Diving (HM)

DAVID BARON
 1973 100 Breaststroke

FERNANDO BARROS
 2003 200 Medley Relay (HM)
 2003 400 Medley Relay (HM)
 2003 200 Free Relay (HM)
 2003 800 Free Relay (HM)
 2004 200 Free Relay (HM)

HEATHER BRADFORD
 2005 200 Medley Relay (HM)
 2005 400 Medley Relay (HM)
 2006 200 Medley Relay (HM)
 2006 400 Medley Relay (HM)
 2006 200 Free Relay (HM)
 2006 400 Free Relay (HM)

JENNY BRADFORD
 2005 200 Medley Relay (HM)
 2005 400 Medley Relay (HM)
 2006 50 Freestyle
 2006 100 Freestyle
 2006 100 Butterfly (HM)
 2006 200 Medley Relay (HM)
 2006 400 Medley Relay (HM)
 2006 200 Free Relay (HM)
 2006 400 Free Relay (HM)

JOEY BROWN
 2006 Platform Diving (HM)

ALEJANDRO BRAVO
 2005 200 Medley Relay (HM)

JERRAM CHUDLEIGH
 2004 800 Free Relay (HM)
 2005 800 Free Relay
 2005 200 Butterfly (HM)

SHANTEL COMMANDER
 2005 200 Breaststroke (HM)

DANIEL CRUZ
 2003 200 Medley Relay (HM)
 2003 400 Medley Relay (HM)
 2003 800 Free Relay (HM)
 2004 200 Butterfly
 2004 100 Butterfly (HM)

2004 800 Free Relay (HM)
 2004 400 Free Relay (HM)
 2005 200 Butterfly
 2005 800 Free Relay
 2005 200 Medley Relay (HM)

LEIGH DALTON
 1995 1,650 Freestyle
 1996 1,650 Freestyle (HM)
 1997 1,650 Freestyle (HM)
 1998 1,650 Freestyle (HM)

NIKIA DEVEAUX
 2006 200 Free Relay (HM)
 2006 400 Free Relay (HM)

MARK DOYLE
 2006 800 Free Relay (HM)

JOEY FALTRACO
 2002 200 Backstroke (HM)

DANIEL FARNHAM
 2003 200 Medley Relay (HM)
 2003 400 Medley Relay (HM)
 2003 200 Free Relay (HM)
 2003 800 Free Relay (HM)
 2004 200 Free Relay (HM)
 2004 400 Free Relay (HM)
 2004 800 Free Relay (HM)
 2005 200 Free Relay
 2005 400 Free Relay
 2005 800 Free Relay
 2005 50 Freestyle (HM)
 2005 100 Freestyle (HM)
 2006 100 Freestyle (HM)
 2006 200 Medley Relay (HM)
 2006 200 Free Relay (HM)
 2006 800 Free Relay (HM)

BEN FOWLER
 1996 1,650 Freestyle (HM)

CLAY GASPAROVICH
 2004 200 Free Relay (HM)
 2004 400 Free Relay (HM)
 2005 200 Free Relay
 2005 400 Free Relay

LAURA GRAHAM
 2005 100 Breaststroke
 2005 200 Breaststroke (HM)
 2005 200 Medley Relay (HM)
 2005 400 Medley Relay (HM)
 2006 100 Breaststroke (HM)
 2006 200 Medley Relay (HM)
 2006 400 Medley Relay (HM)

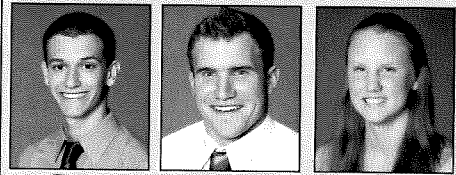
ALL-AMERICANS



Baker Baron Barros



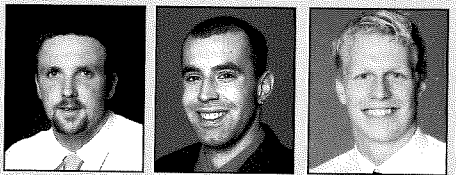
H. Bradford J. Bradford Brown



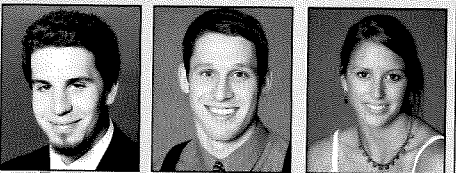
Bravo Chudleigh Commander



Cruz Dalton Deveaux



Doyle Faltraco Farnham



Fowler Gasparovich Graham

DANIEL FARNHAM'S 16 ALL-AMERICA HONORS IS TOPS IN UK HISTORY

WARREN GROBBELAAR
 2006 200 Medley Relay (HM)
 2006 200 Free Relay (HM)
 2006 800 Free Relay (HM)

KELLY HEATH
 1994 500 Freestyle
 1994 200 Freestyle (HM)

WENDY HIPSKIND
 1993 200 Butterfly (HM)

TARYN IGNACIO
 2005 Platform (HM)
 2006 Platform Diving
 2006 1-Meter Diving

TINA JOHNSON
 1994 Platform Diving
 1994 1-Meter Diving (HM)
 1994 3-Meter Diving (HM)
 1995 Platform Diving
 1995 3-Meter Diving (HM)
 1996 1-Meter Diving
 1996 Platform Diving
 1996 3-Meter Diving (HM)

AARON KIRKPATRICK
 2001 3-Meter Diving (HM)

CARRIE KNOEBER
 2000 3-Meter Diving (HM)

RACHEL KOMISARZ
 1996 1,650 Freestyle
 1998 100 Butterfly
 1998 200 Butterfly (HM)
 1999 200 Freestyle (HM)
 1999 500 Freestyle
 1999 1,650 Freestyle

ANNABEL KOSTEN
 2000 800 Freestyle Relay (HM)

BETH LEAKE
 1996 1-Meter Diving
 1996 3-Meter Diving
 1998 1-Meter Diving (HM)

NAT LEWIS
 1997 1,650 Freestyle
 1997 500 Freestyle (HM)
 1998 1,650 Freestyle (HM)
 1998 500 Freestyle (HM)

MICKEY MALUL
 2006 200 Medley Relay (HM)
 2006 200 Free Relay (HM)

STEVEN MANLEY
 2003 800 Free Relay (HM)
 2003 200 Free Relay (HM)
 2004 200 Freestyle (HM)
 2004 400 Freestyle (HM)
 2004 400 Free Relay (HM)
 2004 800 Free Relay (HM)
 2005 200 Free Relay
 2005 400 Free Relay
 2005 800 Free Relay
 2005 200 Freestyle (HM)
 2006 200 Freestyle (HM)
 2006 200 Free Relay (HM)
 2006 800 Free Relay (HM)

JOANNA MCLEAN
 2006 200 Free Relay (HM)
 2006 400 Free Relay (HM)

KELLEY MILLER
 2000 800 Freestyle Relay (HM)

KELLIE MORAN
 1990 50 Freestyle (HM)
 1990 100 Freestyle (HM)
 1990 200 Freestyle (HM)
 1991 100 Freestyle
 1991 50 Freestyle (HM)
 1991 200 Freestyle (HM)

CLAYTON MOSS
 2000 3-Meter Diving
 2000 1-Meter Diving (HM)
 2000 Platform Diving (HM)
 2001 1-Meter Diving
 2001 Platform Diving (HM)
 2002 1-Meter Diving
 2002 3-Meter Diving
 2002 Platform Diving
 2003 1-Meter Diving
 2003 3-Meter Diving
 2003 Platform Diving

MELISSA OLSON
 1998 400 Individual Medley (HM)
 1999 400 Individual Medley (HM)
 2000 800 Freestyle Relay (HM)

KRISTIAN OUTINEN
 2005 200 Individual Medley (HM)
 2006 200 Medley Relay (HM)

ALL-AMERICANS



Grobbelaar Heath Hipkind



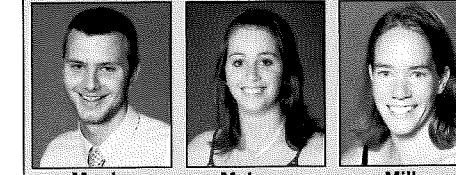
Ignacio Johnson Kirkpatrick



Knoeber Komisarz Kosten



Leake Lewis Malul



Manley McLean Miller



Moran Moss Olson



Outinen

TIM PATRICK

- 2004 200 Free Relay (HM)
- 2004 400 Free Relay (HM)
- 2005 50 Freestyle (HM)
- 2005 200 Medley Relay (HM)
- 2005 200 Free Relay
- 2005 400 Free Relay

JENNY PRIESTER

- 1998 200 Freestyle Relay (HM)

CAROLYN RADER

- 2000 800 Freestyle Relay (HM)

PACO RIVERA

- 1996 Platform Diving
- 1996 1-Meter Diving (HM)
- 1997 1-Meter Diving (HM)
- 1998 Platform Diving
- 1998 1-Meter Diving (HM)
- 1998 3-Meter Diving (HM)

MARIO RODRIGUEZ

- 2004 1-Meter Diving
- 2004 Platform Diving

JAIMIE SIEGELE

- 1998 200 Freestyle Relay (HM)
- 2001 50 Freestyle (HM)

JESSICA SIEGELE

- 2005 200 Medley Relay (HM)
- 2005 400 Medley Relay (HM)

CHRISTY SOULAKIS

- 1996 1-Meter Diving (HM)
- 1996 3-Meter Diving (HM)
- 1996 Platform Diving (HM)
- 1997 1-Meter Diving (HM)
- 1997 Platform Diving (HM)

JILL SOUTHERLAN

- 2006 200 Medley Relay (HM)
- 2006 400 Medley Relay (HM)

ELLEN STRANGE

- 1997 200 Butterfly (HM)

JESSICA THOMPSON

- 2005 3-Meter Diving (HM)
- 2005 Platform Diving (HM)
- 2006 Platform Diving (HM)

TRISHA TUMLINSON

- 2002 Platform Diving (HM)

DAVID TWEEDIE

- 2001 400 Freestyle Relay (HM)
- 2001 800 Freestyle Relay (HM)

ROGER WATKINS

- 2001 200 Medley Relay (HM)
- 2001 200 Freestyle Relay (HM)
- 2003 200 Medley Relay
- 2003 400 Medley Relay
- 2003 200 Freestyle Relay

MACON WHITE

- 2000 200 Freestyle (HM)
- 2001 200 Freestyle Relay (HM)
- 2001 400 Freestyle Relay (HM)
- 2001 800 Freestyle Relay (HM)
- 2001 200 Medley Relay (HM)

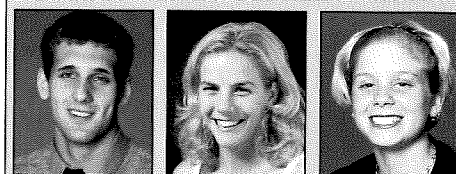
AARON WORKMAN

- 2001 200 Freestyle Relay (HM)
- 2001 400 Freestyle Relay (HM)
- 2001 800 Freestyle Relay (HM)
- 2001 200 Medley Relays (HM)

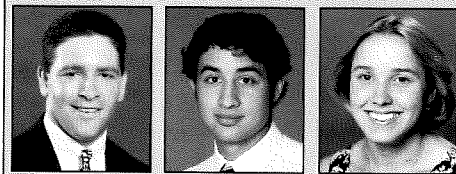
SHAUN ZITANI

- 2000 50 Freestyle (HM)
- 2001 200 Freestyle Relay (HM)
- 2001 400 Freestyle Relay (HM)
- 2001 800 Freestyle Relay (HM)
- 2001 200 Medley Relay (HM)

ALL-AMERICANS



Patrick Priester Rader



Rivera Rodriguez Ja. Siegele



Je. Siegele Soulakis Southerlan



Strange Tumlinson Tweedie



Watkins White Workman



Zitani

**THE UNIVERSITY OF
KENTUCKY'S SWIMMERS
AND DIVERS HAVE TOTALED
205 ALL-AMERICAN
DISTINCTIONS**

NATIONAL CHAMPION DIVER TARYN IGNACIO

TARYN IGNACIO BECAME THE UNIVERSITY OF KENTUCKY'S FIRST NATIONAL CHAMPION IN MARCH 2006, WHEN SHE CLAIMED GOLD ON THE PLATFORM EVENT. IGNACIO SET A NCAA AND SCHOOL-RECORD FOR POINTS SCORED IN THE EVENT. THIS IS A DIARY WRITTEN BY IGNACIO DEPICTING HER EMOTIONS, THOUGHTS AND EXPERIENCES LEADING UP TO HER HISTORICAL FEAT.

WEDNESDAY NIGHT (MARCH 15, 2006)

I've made it to the biggest meet of the year, NCAAs. I am both excited and honored to be here. Actually, I'm lucky to be here after such a poor performance at the Zone qualifying meet. *Don't let me fail!* A viral infection has left me feeling weak, but I have to rise above it. Our team has to compete well. We've trained too hard and experienced too many emotional ups and downs this year, finding out coach Mike has cancer, to fail now. He's trained and mentored us well year after year and this year is no different. Coach Lyden's expert coaching is in our blood. If we aren't ready to meet the challenge now, we never will be ... Let me have the strength to rise above my physical weakness and my nerves so I can do my job.

THURSDAY MORNING (MARCH 16, 2006)

Having coach here with us at the University of Georgia is inspirational. His diagnosis of cancer earlier this year has prevented him from both coaching and attending every meet. *I can not let him down! He is the reason I am here.* When I didn't want to practice, he pushed me harder, when I didn't want to learn a new dive, he pushed me harder, and when I wanted to give up he pushed me harder. Mike Lyden is the reason I'm here; he's the reason I've developed into the diver I am. I have to show him what a good teacher he is and has been and how much he has meant to me. As a team, we have learned that life can be full of surprises, so it's important to give your best each day. *God, give me the strength to dive my best this weekend and make Coach proud to be my coach. Focus on one dive at a time, stay warm, and stretch in between each dive. I can do this!*

THURSDAY EVENING (MARCH 16, 2006)

I made it through one-meter. I gave it all I had. I earned All-American status after placing eighth. Coach Lyden's been through a lot this year, but I know he's proud of my accomplishment. Next, I have to dive tower. This is

my best event, but I can feel the nerves building. The nervousness comes from the expectations people have for my performance, not from the actual dives. *God, give me the strength to focus on what I need to do for UK, myself and my coach.*

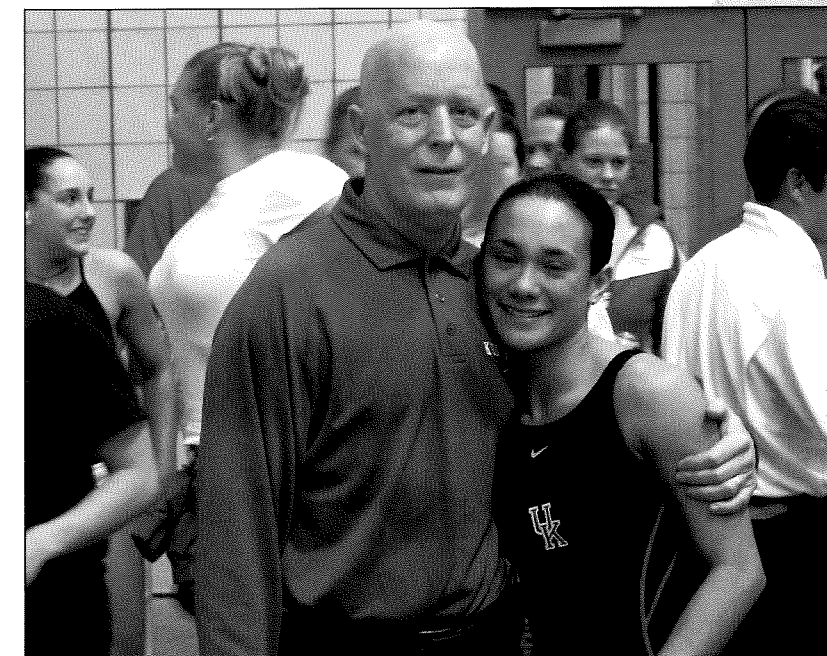
SATURDAY MORNING (MARCH 17, 2006)

The worst is over...I made it to finals on platform.

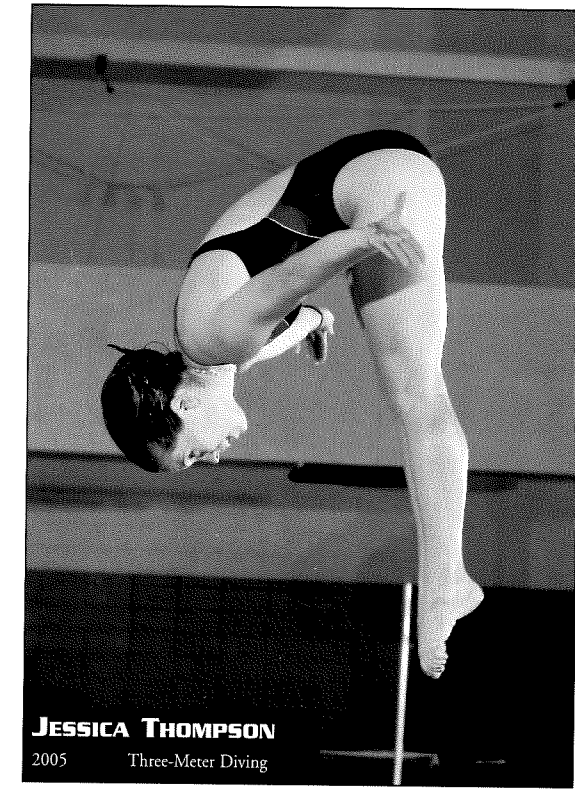
SATURDAY EVENING (MARCH 17, 2006)

I can't believe that I not only made it to finals, but I've just won NCAAs on platform! Is this a dream or fate? I am thankful to UK for giving me the opportunity to represent my school, thankful to my friends and family for their constant support and most of all thankful to my coach, Mike Lyden, for believing in me and constantly pushing me to become a better diver and a better person. *I don't know what I would have done without him. I am so grateful he was here to share this moment with me.*

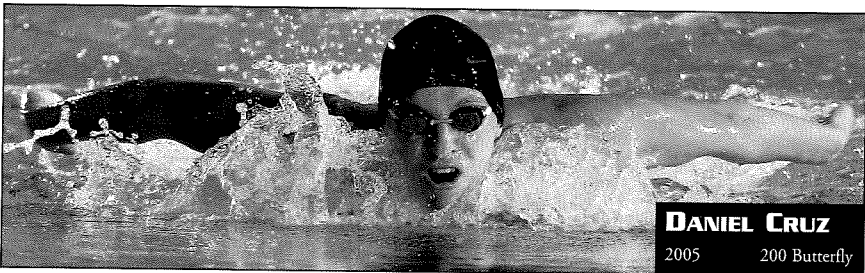
- Taryn Ignacio



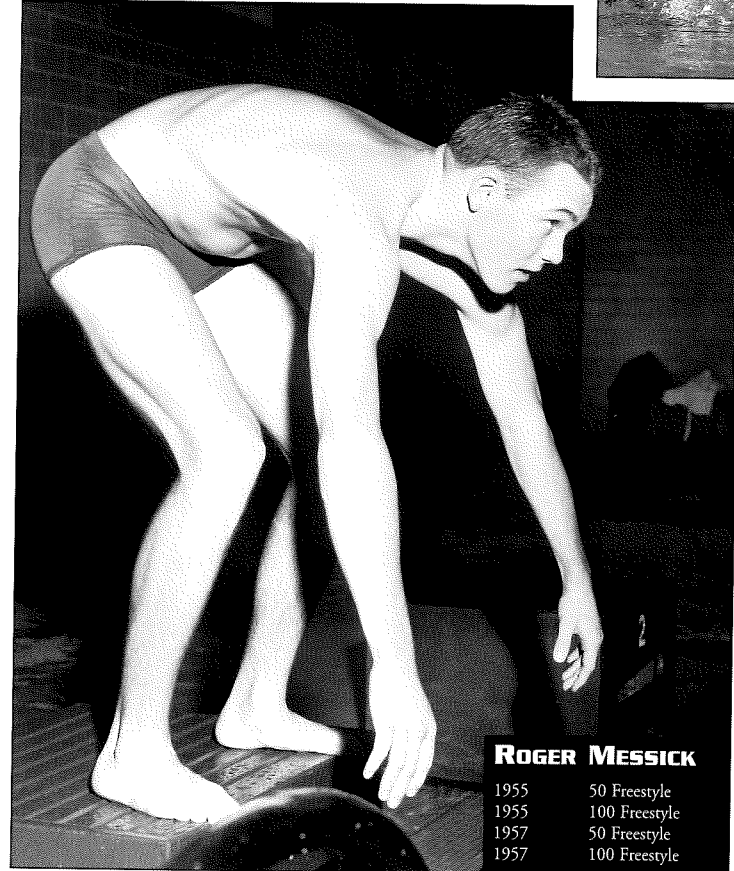
KENTUCKY'S SEC CHAMPIONS



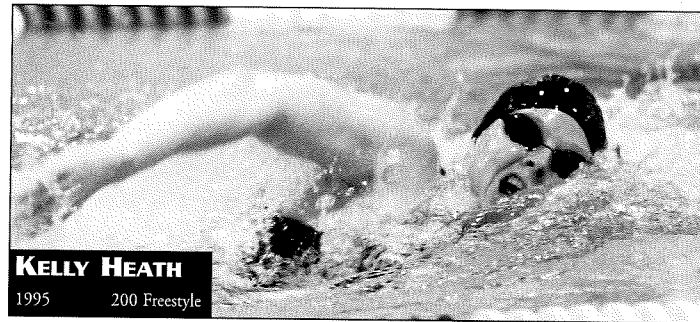
RACHEL KOMISARZ
 1998 200 Butterfly
 1999 500 Freestyle
 1999 1,650 Freestyle



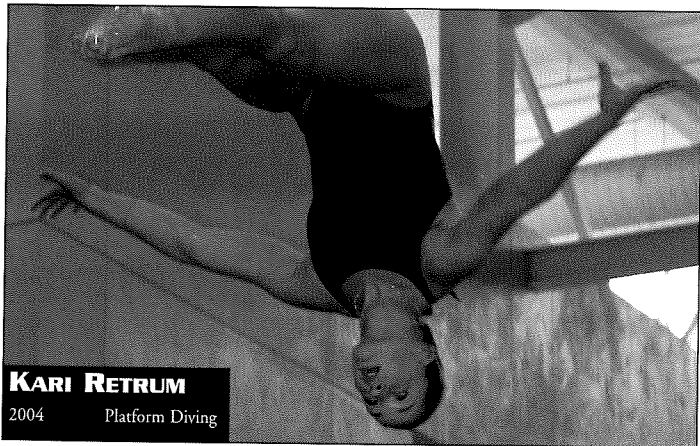
DANIEL CRUZ
 2005 200 Butterfly



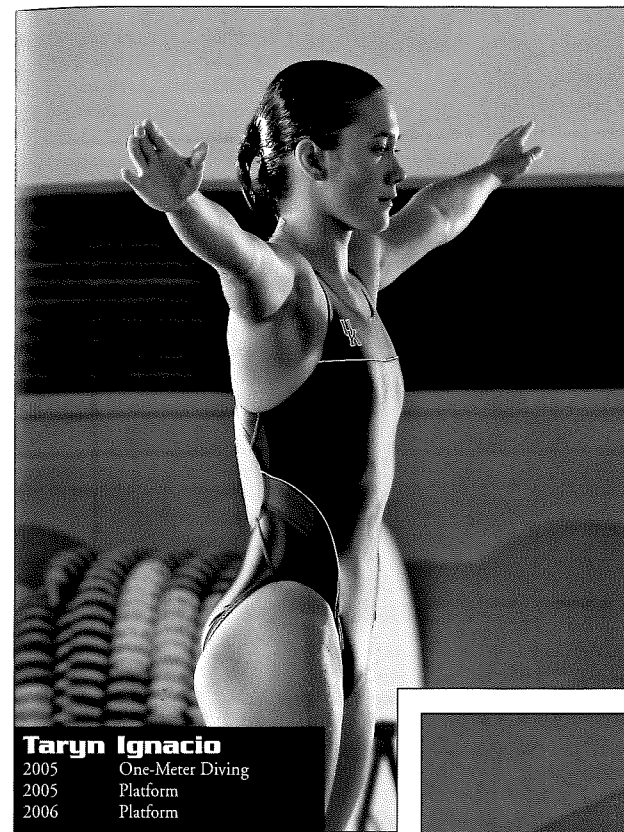
ROGER MESSICK
 1955 50 Freestyle
 1955 100 Freestyle
 1957 50 Freestyle
 1957 100 Freestyle



KELLY HEATH
 1995 200 Freestyle



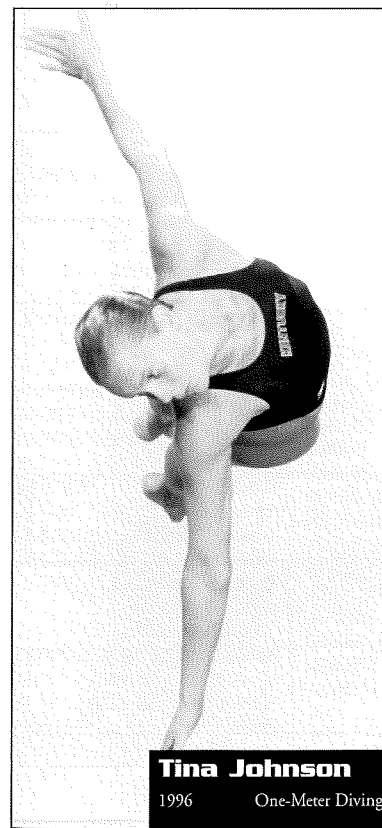
KARI RETRUM
 2004 Platform Diving



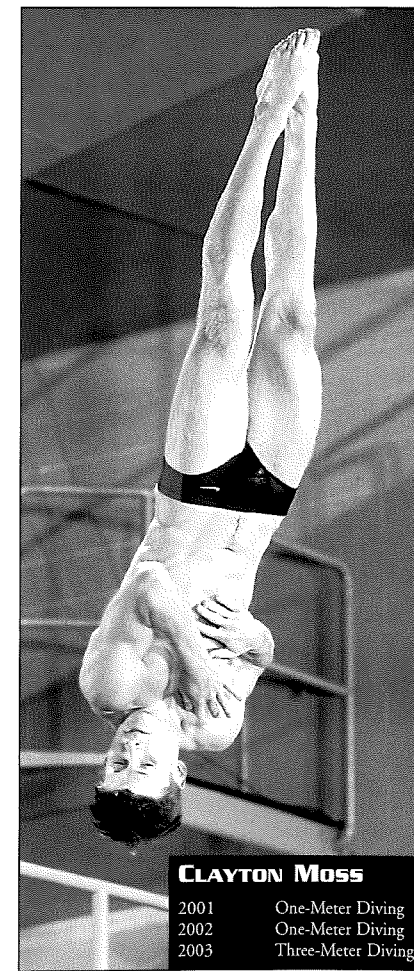
Taryn Ignacio
 2005 One-Meter Diving
 2005 Platform
 2006 Platform



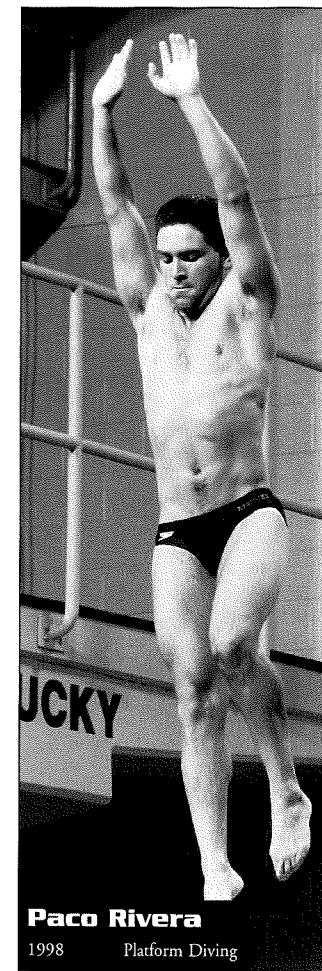
STEVEN MANLEY
 2006 200 Freestyle



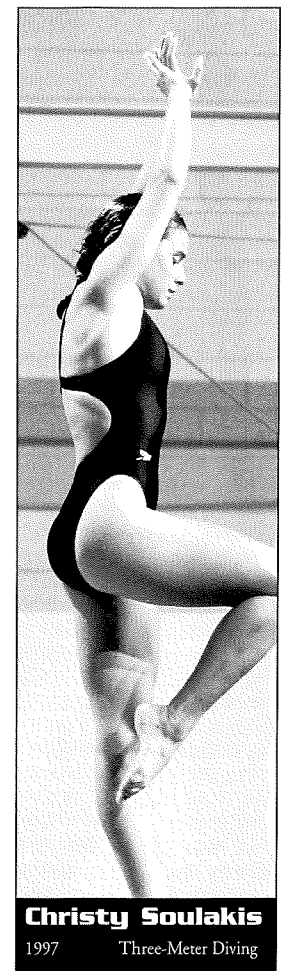
Tina Johnson
 1996 One-Meter Diving



CLAYTON MOSS
 2001 One-Meter Diving
 2002 One-Meter Diving
 2003 Three-Meter Diving



Paco Rivera
 1998 Platform Diving



Christy Soullakis
 1997 Three-Meter Diving

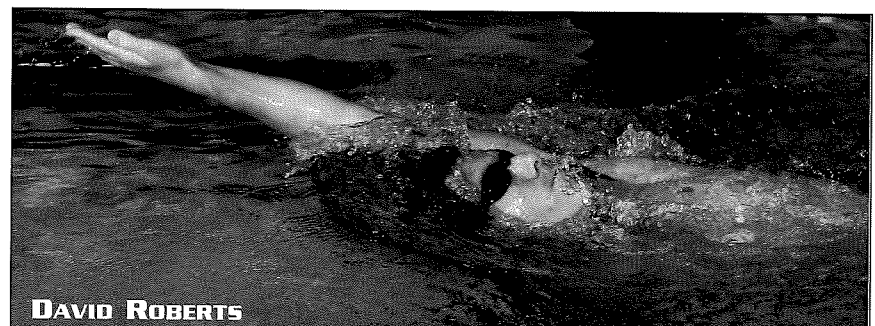
MEN'S ALL-TIME LETTER WINNERS

- A**
- Adams, Keith 1995
 - Adams, Scott 1993-95
 - Adams, Steve 1985-87
 - Aitken, Andrew 1991-95
 - Albertson, Bruce 1993
 - Allen, Chris 1993-94
 - Amato, David 1979-80
 - Andersen, Morten 1990-92
 - Arce, Michael 2002-04
 - Atkinson, Ken 1986-90
 - Atkinson, Price 1995-97

- B**
- Baldock, Steven 1981-82
 - Barber, Rick 1993-97
 - Barnes, Tony 1983-87
 - Baron, Dave 1969-73
 - Barros, Fernando 2001-04
 - Bate, Tom 1993-97
 - Batley, James 2006
 - Berquist, Darron 2001-04
 - Bice, Jack 1985-86
 - Biema, Doug 1984-86
 - Bickel, Tom 1981-82
 - Bierworth, Matt 2006
 - Bigelow, Bryan 1990-91
 - Bjork, Jan 1998
 - Blackwelder, Bryan 1980-84
 - Bloomfield, Jamie 1986-88
 - Blount, David 1989-90
 - Eli, Randy 1972-76
 - Eliason, Shane 2006
 - Bowman, Lance 2006
 - Bowman, Ryan 2002
 - Boyd, John 1992-93
 - Brandstatter, J.J. 1992-93
 - Bravo, Alejandro 2004-05
 - Breeze, Bill 1986-87
 - Brown, Matt 1995-97
 - Brown, Sean 1990-91
 - Budvitis, Chris 1985-89
 - Bunch, Gary 1980-83
 - Bush, Jeff 1980-84

- C**
- Cambron, Thomas 1959-60
 - Carmicle, Chris 1993
 - Cartledge, Jon 2002-05
 - Chandler, Joel 1997
 - Chipman, Kevin 1998
 - Chudleigh, Jerram 2004-05
 - Cismowski, Shawn 1999
 - Clement, Eddie 2000-04
 - Cochrane, Brent 1988-92
 - Collier, John 2002
 - Collins, Chris 2002-05
 - Collins, Mike 1991-95
 - Cork, Tanner 1993
 - Cornell, Dave 1974-78
 - Coopman, Jonathan 1985-87
 - Cottrell, Robert 1982-86
 - Craciun, Jon 1990-92
 - Cruz, Daniel 2002-05
 - Cuilla, Dan 2006
 - Cuker, Aaron 1999-2003
 - Cummins, Chad 1991-95
 - Cunningham, Tim 1972-76

- H**
- Hafner, Brad 1992-93
 - Hampton, Matt 1998-99



DAVID ROBERTS

- D**
- DeHerder, Russ 1978-82
 - Damron, Dennis 1982-86
 - Delisle, Brian 1993
 - Denison, John 1974-78
 - Dennis, John 1999
 - DeSorbo, Todd 1996-98
 - Devries, Clifton 1992
 - deWet, Richard 1996-97
 - Diamond, Alan 1986-87
 - Doctor, Jamie 1994-96
 - Doyle, Mark 2004-06

- E**
- Eberle, Keith 1994-95
 - Jenkins, Danny 1994-95
 - Jones, Jon 1989
 - Etheridge, Brian 1988-89

- F**
- Fallot, Paul 1976-80
 - Faltraco, Joey 2002-03
 - Farris, Andrew 2002-06
 - Farris, Andrew 2002-06
 - Fitch, Gene 1982-83
 - Fitzhugh, John 1989-91
 - Fowler, Ben 1996-99
 - Fowler, Bernard 1999-00
 - Frei, Robert 1998

- G**
- Gaither, Carter 1988-90
 - Galegher, Sean 1995
 - Gaar, Toss 1975-79
 - Gasparovich, Clay 2002-05
 - Gaup, Thomas 1990-91
 - Genkinger, Jeff 1973-77
 - Gerard, Peter 1990-92
 - Gillespie, Sam 1992-93
 - Green, Mike 1981-82
 - Grimes, Steve 1990-93
 - Godfrey, Bill 1985-87
 - Godfrey, Chris 1984-88
 - Goodall, Andrew 2003
 - Gordon, Jayme 1996-97
 - Green, Mike 1981-82
 - Grobbelaar, Warren 2006
 - Gurney, R.J. 2002-03
 - Gustafson, Adam 2002-03
 - Guidi, Thom 1997-98

- H**
- Hafner, Brad 1992-93
 - Hampton, Matt 1998-99

- J**
- Hartig, Josh 1994-95
 - Heimbrock, Bob 1975-79
 - Hawley, Alex 1997-98
 - Hellman, Steve 1962-66
 - Hengel, Greg 1996-99
 - Hightower, Jeb 1993
 - Hill, Jim 1985-89
 - Hope, Gary 1987-89
 - Horton, Aaron 1996
 - Hughston, Whit 1996-97
 - Hurst, Mark 1995

- K**
- Kale, Brad 1987-91
 - Kalisz, John 1978-82
 - Keller, Brian 1992
 - Keyes, Brett 2003
 - King, Richie 1995
 - Kirkpatrick, Aaron 1998-02
 - Knutson, Chad 1977-81
 - Kock, Thomas 1986-90
 - Kuendig, David 1998-02

- L**
- Leatherman, G. 1990-91
 - Lents, David 1953-57
 - Lewis, Nat 1997-98
 - Linstruth, Derek 1990-92
 - Livingston, Don 1981-83
 - Lohmeier, Bob 1970-74
 - Love, Bill 1953

- M**
- Malul, Mickey 2006
 - Martin, N.K. 1983-87
 - Mance, Chris 2002-03
 - Massey, Mike 1984-85
 - Manley, Steven 2002-06
 - McAlister, Rodger 1989-90
 - McCabe, Chris 1993-95, 97
 - McCarthy, Jim 1986-90
 - McDuffie, Kyle 1999-00
 - McIntire, Mike 1987-90
 - Meador, Keith 1994-95
 - Miller, John 1985-87
 - Montanas, Doug 1990-91
 - Montrie, Justin 2005
 - Moore, Cameron 2002-05
 - Morgan, Tyler 2005
 - Morris, Evan 2002-03

- N**
- Naito, Jun 1990-92
 - Nalley, Patrick 1997
 - Nath, Cody 1999-03
 - Nelson, Grant 2005-06
 - Nettling, Billy 2003-04
 - Nicholson, Andy 1997-98
 - Nilson, Matt 1999-03

- O**
- Oliver, David 1978-80
 - Ott, Richard 1988-90
 - Outinen, Kristian 2005-06
 - Owsiany, Jeff. 1982-87

- Moses, Tom 1993-94**
- Moss, Clayton 1999-03**

- P**
- Palmer, Brett 1996-00
 - Pannell, Rick 1978-82
 - Patrick, Tim 2004-05
 - Perkins, Derek 1998-02
 - Peterkin, Jamie 2001-02
 - Phillips, David 1980-84
 - Pitlick, Brian 1995-99
 - Polito, Chip 1997-98
 - Polk, Todd 1995-99
 - Prait, John 1981-85
 - Price, Matt 1996
 - Priester, P.J. 1988-91
 - Pulliam, J.D. 1997-98

- R**
- Redinger, Dane 2002-05
 - Retrum, Joe 2006
 - Rivera, Paco 1994-98
 - Roberts, David 2002-05
 - Robinson, Greg 1992-96
 - Rodriguez, Mario 2002-05
 - Rowe, Grant 1990-91
 - Runkle, Brent 1983-87
 - Rush, Jarrod 1995-99

- S**
- Salmon, Jeremy 1985-89
 - Saran, Steve 1985-87
 - Scates, David 1988-91
 - Scheiner, Eric 1988-89
 - Schindler, Brandon 1996
 - Shannon, Daryl 1995
 - Sharpe, Ron 1978-82
 - Shotwell, Chris 1989-90
 - Smawley, Jamie 1989-93

- T**
- Taylor, Robert 1989-93
 - Tesone, Sion 1994
 - Thar, Mike 1993-97
 - Throckmorton, Russ 2001-02
 - Tierney, John 1982-86
 - Tortora, Vince 2006
 - Tretter, Tom 1993-95
 - Tucker, Michael 1993-94
 - Turner, John 1983-84
 - Tweedie, David 1997-01

- U**
- Uhlen, Tom 1993-94
 - Uhlen, Tom 1993-94

- V**
- Van Dyke, Rick 1983-87
 - Van Horn, Brian 1986-90
 - VanNostrand, W. 1985-87
 - Viatti, Will 2005-06
 - Vogt, Tom 2000-03

- W**
- Waldeyer, Ted 1992
 - Waldrop, Josh 1999-00
 - Wall, Vince 1981-85
 - Ware, Brian 1988-91
 - Ware, Eddie 1988-92
 - Watkins, Roger 1999-03
 - Watson, Patrick 1996-98
 - Watterson, Rob 1990-91
 - Weaver, S. 1987-88, 89-92
 - Weber, Eric 2004-06
 - Weckwert, Ed 1986-90
 - Weddell, Sean 1990-92
 - White, Macon 1997-01
 - Wilby, Martyn 1982-86
 - Wilder, Greg 1989-90
 - Wilder, Phil 1970-74
 - Williams, John 1976-80
 - Deluca, Michelle 1986-87
 - Williams, Matt 1977-81
 - Williams, Scott 1979-83
 - Wimer, Daniel 2001-02
 - Wolling, Eddie 2001-03
 - Woltman-Lee, R. 1996-97
 - Workman, Aaron 1997-01

- Y**
- Young, Mike 1979-83

- Z**
- Zeckets, Nick 1999
 - Zeller, Kile 1996
 - Zitani, Shaun 1997-01

WOMEN'S ALL-TIME LETTER WINNERS

- A**
- Abercrombie, Jill 1986-90
 - Adams, Brooke 1994-98
 - Alkire, Rebecca 1983-84
 - Allender, Mary Lynn 1985-86
 - Armitage, Debbie 1995-97
 - Ashley, Dyer 1989-90
 - Augustus, Kelly 1986-90

- B**
- Bailey, Chelsea 2005-06
 - Baker, Jenny 1993-96
 - Barber, Mary Jaye 1986-87
 - Barrett, Blair 2005-06
 - Bateson, Amy Joan 1983-85
 - Baxter, Cheri 1985-88
 - Beavers, Lisa 2000
 - Becker, Jillian 2004-06
 - Becker, Sheryl Lynn 1988-89
 - Beckwith, Angie 1989-90
 - Bell, Heather 1990-91
 - Bell, Linda Dudley 1983-84
 - Berry, Ann Wilson 1983-84
 - Beston, Mary Boone 1983-84
 - Blalock, Ashli 1989-90
 - Bohorquez, Sandra 1986-90
 - Boliver, Margaret 1989-93
 - Bond, Erika 1993-94
 - Bourgeois, Amanda 2001-04
 - Bradford, Heather 2005-06
 - Bradford, Jenny 2005-06
 - Brooks, Heather Ann 1988-91
 - Browdy, Charlotte 1989
 - Brown, Joey 2004-06
 - Brown, Mary Jane 1987-91
 - Brown, Michelle 2003
 - Burngarner, Jill 1986-90
 - Burney, Linda 1984-85
 - Buske, Emily 1997-00

- C**
- Carroll, Laura 1986-87
 - Carter, Sarah 1999-02
 - Cleveland, Becky 1990-91
 - Hankla, Amanda 1999
 - Clifford, Jennifer 1997-00
 - Cole, Amy 1994-95
 - Commander, Shantel 2003-06
 - Connor, Keri 1987-90
 - Coppinger, Holly 1991-92

- D**
- Dalton, Leigh 1995-98
 - Danko, Jocelyn 1989-91
 - Deluca, Michelle 1986-87
 - Deveaux, Nikia 2004-06
 - Domis, Kris 1985-87

- E**
- Eckert, Jennifer 1994-95

- F**
- Fields, Sarah 1998-01
 - Fingalson, Stacy 1990-94
 - Franklin, Bonnie 1986-90
 - Frazer, Laura Lee 1988-90
 - Frost, Kelli 2000-03
 - Frye, Kathleen Louise 1983-84

- G**
- Gala, Cassidy 1997-98
 - Gaynor, Julia 1994-96
 - Gailey, Paula 1987-91
 - Gelarie, Anita 1987-88
 - Gerercser, Randi 1993
 - Gibson, Sunny 2004
 - Glowatch, Michelle 2000
 - Keller, Rebecca 1993-94
 - Gordon, Pam 1987-91
 - Graham, Laura 2003-06
 - Grass, Emily 1996-99
 - Gross, Margaret 1987-88
 - Gugino, Kim 1984-88

- H**
- Haeberlin, Pamela 1983-84
 - Hamilton, Bobbi 1995-96
 - Hankla, Amanda 1999
 - Harms, Leah 2006
 - Hartstock, Jen 1995-97
 - Heath, Kelly 1992-95
 - Hecker, Kim 1988-89
 - Hicks, Allison 1985-87
 - Higgs, Lora 1989-90
 - Hinsley, Debra 1999-02
 - Hipskind, Wendy 1989-93
 - Hnat, Keli 2006
 - Hoffman, Tracie L. 1983-84
 - Hoffrage, Kelly 2003
 - Hollingsworth, Tish 1983-86
 - Holt, LeeAnn 1987-90
 - Hoppe, Sarah 1999-02
 - Hornung, Karen 1994
 - Huber, Jennifer 1988-90

- I**
- Ignacio, Taryn 2005-06
 - Inzetta, Michelle 2000-01

- J**
- Jelf, Julie 1984-88
 - Johnson, Audrey 2002-03
 - Johnson, Kathryn Adams 1983-84



BRENNAN MOORE

- K**
- Kannegeisser, Taryn 1997-00
 - Keller, Kelly 1992-94
 - Keller, Rebecca 1983-84
 - Kerns, Haleigh 2006
 - Kiser, Jennifer 1988-89
 - Klauer, Marcie 1984-88
 - Knoeber, Carrie 1998-01
 - Koglin, Emily 1996-99
 - Komisarz, Rachel 1996-99
 - Kosten, Annabel 1997-00
 - Kunz, Sarah 2005

- L**
- Leake, Beth 1995-98
 - Lenen, Jessica 1995-97
 - Leveridge, Kimberly 1983-84
 - Lieberman, Tara 1993
 - Linden, Beth 1986-87
 - Lohmeier, Kristi 1997-99
 - Luellig, Laura 1996
 - Lynch, Margo 1992-95
 - Lyon, Carole 1983-85

- M**
- MacKinnon, Laura 1988
 - MacMillan, Nancy 1984-88
 - Maddox, Julia 1989-90
 - Maner, Lynne 1983-84
 - Marsh, Allison 1994
 - Martin, Laura 1985-88
 - McAllen, Allison 1993-96
 - McAnany, Jennifer 1992-93
 - McGinnis, Heather 1992-95
 - McLean, Joanna 2003-06
 - McNeil, Ginger 1986-90
 - Miller, Cami 2002-03
 - Miller, Chrissy 2002-03
 - Miller, Kelley 1997-00

- N**
- Neal, Kelly 2000-03
 - Nordenson, Blythe 1995-97
 - Norris, Karlynn 1985-87

- O**
- Olson, Melissa 1998-01

- P**
- Pangelinan, Xenavee 2002
 - Parsons, Elizabeth 2005-06
 - Parsons, Michelle 1990-92
 - Parsons, Susan 1998
 - Pieratt, Noel 1990-93
 - Pollard, Heather 1990-94
 - Powell, Elizabeth 1993
 - Pratt, Bartley 1986-90
 - Priester, Jenny 1997-00
 - Pumphrey, Jenaca 2001-03

- R**
- Rader, Carolyn 1999-02
 - Rames, Kelly 2006
 - Read, Nora 1985-86
 - Reed, Jamie 1993-92
 - Reichart, Robin 1988-90
 - Retrum, Kari 2004-06
 - Riccobono, Alison 2002
 - Ritchey, Monica 1996
 - Rivera, Michelle 1993

- S**
- Sammartin, Marci 1983-84
 - Saxe, Jamie 2003
 - Schneider, Sharon 1983-84
 - Schutzmiester, Kim 1984-86
 - Schwab, Jodi 1990-94
 - Sechrist, Shawna 2001-04
 - Segnitz, Kelly 1987-88
 - Sexton, Dawn 1994-95
 - Sheets, Peggy 1986-90
 - Shostle, Lara 1989-90
 - Siegele, Jaime 1998-01
 - Siegele, Jessica 2001-05
 - Signitz, Kelly 1987-88
 - Simons, Amanda 2002
 - Skinner, Amanda 2001-02
 - Sledge, Kristina 2006
 - Smith, Julia 1994-95
 - Smith, Valencia 2006
 - Snyder, Dianne 1992
 - Soulakis, Christy 1996-99
 - Southerlan, Jill 2005-06
 - Stein, Kelli 2001
 - Strange, Ellen 1995-98
 - Struttman, Marie 1983-84
 - Sullivan, Tracy 1999-02
 - Sumrall, Margaret 1986-90
 - Swift, Mandy 1993-97

- T**
- Tatman, Julie 1997-99
 - Thompson, Jessica 2003-06
 - Thornburgh, Stephanie 1993
 - Trahan, Kendra 2001-04
 - Truitt, Lesley 1994-98
 - Tumlinson, Trisha 2002

- U**
- Uhlen, Tom 1993-94
 - Uhlen, Tom 1993-94

- V**
- Vaughn, Melanie 1983-84
 - VonSick, Christine 1995-96
 - Vrooman, Marci 2002-05

- W**
- Waid, Courtney 1993-96
 - Waite, Caroline 1984-88
 - Watson, Suzanne 1983-84
 - Weckwert, Kristin 1988-89
 - Wegmueller, Meagan 1997
 - Williams, Karen 1997
 - Wilson, Valerie 1983-85
 - Wingard, Meredith 1983-85
 - Wit, Cassie 2003-06

- Y**
- Yule, Shaena 1992-93

- Z**
- Zak, Heather 1995-96
 - Zelin, Tricia 1992-95

- R**
- Robbins, Julie 1989-93
 - Robinson, Gretchen 1992, '94
 - Rose, Susan 1977-78
 - Ross, Colleen 1994-95
 - Rusin, Kim 1991

- S**
- Sammartin, Marci 1983-84
 - Saxe, Jamie 2003
 - Schneider, Sharon 1983-84
 - Schutzmiester, Kim 1984-86
 - Schwab, Jodi 1990-94
 - Sechrist, Shawna 2001-04
 - Segnitz, Kelly 1987-88
 - Sexton, Dawn 1994-95
 - Sheets, Peggy 1986-90
 - Shostle, Lara 1989-90
 - Siegele, Jaime 1998-01
 - Siegele, Jessica 2001-05
 - Signitz, Kelly 1987-88
 - Simons, Amanda 2002
 - Skinner, Amanda 2001-02
 - Sledge, Kristina 2006
 - Smith, Julia 1994-95
 - Smith, Valencia 2006
 - Snyder, Dianne 1992
 - Soulakis, Christy 1996-99
 - Southerlan, Jill 2005-06
 - Stein, Kelli 2001
 - Strange, Ellen 1995-98
 - Struttman, Marie 1983-84
 - Sullivan, Tracy 1999-02
 - Sumrall, Margaret 1986-90
 - Swift, Mandy 1993-97

- T**
- Tatman, Julie 1997-99
 - Thompson, Jessica 2003-06
 - Thornburgh, Stephanie 1993
 - Trahan, Kendra 2001-04
 - Truitt, Lesley 1994-98
 - Tumlinson, Trisha 2002

- U**
- Uhlen, Tom 1993-94
 - Uhlen, Tom 1993-94

- V**
- Vaughn, Melanie 1983-84
 - VonSick, Christine 1995-96
 - Vrooman, Marci 2002-05

- W**
- Waid, Courtney 1993-96
 - Waite, Caroline 1984-88
 - Watson, Suzanne 1983-84
 - Weckwert, Kristin 1988-89
 - Wegmueller, Meagan 1997
 - Williams, Karen 1997
 - Wilson, Valerie 1983-85
 - Wingard, Meredith 1983-85
 - Wit, Cassie 2003-06

UNIVERSITY OF KENTUCKY SWIMMING HISTORY

In 1936, the thought of having a swimming program at the University of Kentucky was just an idea tossed around by a group of water-lovers with skill and determination.

At that time, a pair of athletes named Bob Freeburg of Chicago and Sherman Hinkebein of Louisville went about the campus in search of talent among the student body. Organizing a squad of men who loved to swim was easy, but other obstacles stood in their way.

The first UK swim team was known as the "dry land swimming team" because UK did not have a pool. And since the University did not recognize swimming as a sport, the group had to purchase their own swimsuits and travel to Eastern State (now Eastern Kentucky University) in Richmond just to practice. Nevertheless, their determination paid off as some of the swimmers borrowed automobiles to travel to practice and meets, while others hitchhiked. Thus, UK's first men's swim team was formed.

Hinkebein, a UK track and football (team captain 1938) star, became coach and captain of the team at its inception. He turned over coaching duties when the UK Athletic Council recognized swimming as a varsity sport, to another student swimmer, Lloyd Ramsey, who lettered two years in basketball under Adolph Rupp. Hinkebein continued to swim for the Wildcats, and it was under Ramsey that the team won its first Kentucky State Intercollegiate Meet.

During its first three years of existence, the

UK swim team had built up an enviable record, never losing a dual or state meet in Kentucky and being defeated only four times by outside competition. The pride of the UK squad was the medley team, undefeated in three years, that was made up of Hinkebein, Ramsey and James "Bud" Scott of Chicago. Two years later, UK would compete in its first SEC Championship Meet and finish seventh.

UK discontinued its swimming program in 1942, but in 1951, one year after the completion of Memorial Coliseum and UK's first swimming pool, the program was reinstated. Alfred M. Reece, a health and physical education instructor, was selected as coach and guided the team to third place in the 1954 SEC Championships. Reece's teams fared well against in-state schools with comparable programs, but were no match for institutions that offered full scholarships. UK offered only two tuition scholarships.

The University realized a renewed interest in swimming in 1964, when it hired Wynn Paul as head coach. Paul, a top-class swimmer at the University of Louisville, was undefeated in the 200 breaststroke and was named the Outstanding Swimmer in Kentucky by The Courier-Journal in 1958 and 1959. Paul introduced water polo to UK in 1964. The water polo program was discontinued in 1982 to make way for the newly created women's varsity swim program.

Ron Huebner, a UK swim letterman who graduated in 1968, succeeded Paul that fall and

produced winning teams during a four-year tenure. Paul returned to the helm of the program in 1973, and it was under his direction that the team won the Kentucky Intercollegiate Swim Championships in 1975 for the second time in UK swim history.

From 1970 to 1983 the UK women's swim team competed only as a club sport. Originally included as one of six sports chosen to become varsity in 1974, the team was nudged out by field hockey because UK's then 20-year-old pool was inadequate and too overcrowded to accommodate the addition of another varsity team.

In 1980, the then-volunteer women's swim coach filed a sex discrimination Civil Rights Title IV complaint to the federal government, which led to the ruling that UK needed to sponsor an additional team for women. Thus, the creation of UK's first women's varsity swimming program occurred on July 1, 1983, with Paul named head coach.

The program has continued a strong combination of academics and competitiveness. The swimmers boast a winning record in the classroom, as over 95 percent of the swim Cats have graduated.

Kentucky's swimming program, now under the guidance of 15th-year coach Gary Conelly, is recognized as a force to be reckoned within the SEC. *(Adapted from "UK All Sports Media Guide" 1984-85, Russell Rice, Editor).*

ACADEMIC HONORS & AWARDS

SEC ALL-ACADEMIC TEAM

1984

Anne Bery
Kathleen Frey
Becky Keller
John Pratt
Robert Stapleton
Suzanna Watson
Mike Young

1985

Anthony Barnes
Becky Keller
Diane Morgan
John Pratt
Marci Sammartin
Vince Wall

1986

Anthony Barnes
Evan Ekman
Chris Godfrey
Scott Street
Meredith Wingard

1987

Steve Adams
Anthony Barnes
Evan Ekman
Billy Godfrey
Chris Godfrey
Kim Gugino
Nancy MacMillan
John Miller

1988

Ken Atkinson
Sandra Bohorquez
Bonnie Franklin
Billy Godfrey
Chris Godfrey
Kim Gugino
Peggy Sheets
Margaret Sumrall
Brian Van Horn

1989

Ken Atkinson
Sandra Bohorquez
Bonnie Franklin
Jim McCarthy
Ginger McNeil
Bartley Pratt
Jeremy Salmon
Peggy Sheets
Brian Van Horn

1990

Ken Atkinson
Sandra Bohorquez
Bonnie Franklin
Laura Lee Frazer
Ginger McNeil
Kellie Moran
Bartley Pratt
Peggy Sheets
Margaret Sumrall
Brian Van Horn
Brian Ware
Eddie Ware
Gregg Wilder

1991

Margie Boliver

Wendy Hipskind
Mike McIntire
Kellie Moran
Julie Robbins
Jay Smith
Robert Taylor
Stewart Weaver

1992

Morton Andersen
Margie Boliver
Jocelyn Danco
Wendy Hipskind
Donna Moylan
Noel Pieratt
Julie Robbins
Jodi Schwab

1993

Jamie Smawley
Eddie Ware
Stewart Weaver

1994

Andrew Aitken
Jenny Baker
Stacy Fingalson
Kelly Heath
Tina Johnson
Margo Lynch
Allison McAllen
Chris McCabe
Heather Pollard
Greg Robinson
Jodi Schwab
Tom Tretter
Michael Tucker
Tricia Zelin

1995

Andrew Aitken
Jenny Baker
Tom Bate
Mike Collins
Josh Hartig
Kelly Heath
Danny Jenkins
Tina Johnson
Margo Lynch
Greg Robinson
Julia Smith
Tom Tretter
Courtney Waid
Tricia Zelin

1996

Jenny Baker
Tom Bate
Bobbi Hamilton
Tina Johnson
Beth Leake
Jessica Lenen
Allison McAllen
Blythe Nordenson
Paco Rivera

1997

Deb Armitage
Rick Barber
Tom Bate
Todd DeSorbo
Rachel Komisarz
Beth Leake
Brian Plitnick
Todd Polk
Christy Soulakis
Ellen Strange
Mandy Swift
Lesley Truitt

1998

Jan Bjork
Jennifer Clifford
Kassidy Gala
Rachel Komisarz
Beth Leake
Nat Lewis
Brian Palmer
Brian Plitnick
Chip Polito
Todd Polk
J.D. Pulliam
Christy Soulakis
Julie Tatman
Lesley Truitt

1999

Jennifer Clifford
Greg Hengel
Taryn Kannegeisser
Carrie Knoeber
Rachel Komisarz
Kristi Lohmeier
Kelley Miller
Brett Palmer
Brian Plitnick
Todd Polk
Jennifer Priestler
Jaime Siegele
Christy Soulakis
Julie Tatman
David Tweedie

Greg Robinson
Mansy Swift
Lesley Truitt
Courtney Waid
Heather Zak

1997

Deb Armitage
Rick Barber
Tom Bate
Todd DeSorbo
Rachel Komisarz
Beth Leake
Brian Plitnick
Todd Polk
Christy Soulakis
Ellen Strange
Mandy Swift
Lesley Truitt

1998

Sarah Carter
Aaron Cuker
Debra Hinsley
Sarah Hoppe
Michelle Inzetta
Emily Johnston
Aaron Kirkpatrick
Carrie Knoeber
David Kuendig
Kyle McDuffie
Cody Nath
Kelly Neal
Matt Nilson
Melissa Olsen
Carolyn Rader
Jaime Siegele
Tracy Sullivan
David Tweedie
Thomas Vogt
Aaron Workman
Shaun Zitani

2000

Darron Berquist
Amanda Bourgeois
Sarah Carter
Edward Clement
Aaron Cuker
Kelli Frost
Debra Hinsley
Sarah Hoppe
Emily Johnston
Aaron Kirkpatrick
David Kuendig
Robert Moss
Cody Nath
Matthew Nilson
Carolyn Rader
Shawna Sechrist
Tracy Sullivan
Russ Throckmorton
Kendra Trahan
Thomas Vogt
Roger Watkins

2001

Michael Arce
Jillian Becker
Darron Berquist
Amanda Bourgeois
Chris Collins
Shantel Commander

2001

Clay Gasparovich
Laura Graham
Joanna McLean
Steven Manley
Dane Redinger
David Roberts
Shawna Sechrist
Jessica Siegele
Kelley Miller
Kendra Trahan
Marci Vrooman

2005

Blair Barret
Jillian Becker
Joey Brown
Shantel Commander
Nikia Deveaux
Laura Graham
Joanna McLean
Kelley Morrison
Caitlin Muldoon
Kari Retrum
Jessica Siegele
Jessica Thompson
Marci Vrooman
Cassie Wit
Alejandro Bravo
Jonathon Cartledge
Daniel Farnham
Clay Gasparovich
Dane Redinger
Dave Roberts

2006

Blair Barret
Jillian Becker
Joey Brown
Shantel Commander
Nikia Deveaux
Laura Graham
Leah Harms
Keli Hnat
Taryn Ignacio
Haleigh Kerns
Joanna McLean
Kelly Morrison
Kari Retrum
Jessica Thompson
Cassie Witt
James Batley
Matt Bierwirth
Shane Eliason
Daniel Farnham
Grant Nelson
Kristian Outinen
Joe Retrum
Vincent Tortora

ACADEMIC ALL-AMERICANS

Jenny Baker	1994, '96
Jennifer Clifford	1999
Kelly Heath	1994, '95
Tina Johnson	1995
Taryn Kannegeisser	1999
Aaron Kirkpatrick	2001
Carrie Knoeber	1999
Rachel Komisarz	1999
Beth Leake	1995, '96, '97, '98
Kyle McDuffie	1999
Kelley Miller	1999
Jennifer Priestler	1999
Carolyn Rader	1999
Jaime Siegele	1999, '01
Christy Soulakis	1996, '97, '99
David Tweedie	2001
Aaron Workman	2001

H. BOYD McWHORTER SEC SCHOLAR-ATHLETE AWARD (\$5,000 POST-GRADUATE SCHOLARSHIP)	
Kelly Heath	1995

NCAA POSTGRADUATE SCHOLARSHIP (\$5,000)	
Kelly Heath	1995
Beth Leake	1998

NCAA DEGREE COMPLETION AWARD	
Wendy Hipskind	1995

NCAA WOMAN OF THE YEAR - KENTUCKY	
Tina Johnson	1996
Beth Leake	1998

WOMEN SEC ATHLETE OF THE WEEK	
Melissa Olsen	1/31/01

SEC CHAMPIONSHIPS HIGH POINT SCORERS	
Rachel Komisarz	1999 (57 pts.)

SEC DIVER OF THE YEAR	
Taryn Ignacio	2005, '06

SEC WOMEN'S DIVING COACH OF THE YEAR	
Mike Lyden	2005, '06

COACHES' SEC SWIMMER & DIVER OF THE YEAR	
Tina Johnson	1995, '96, '97
Clayton Moss	2002, '03

SEC WOMEN'S FRESHMAN DIVER OF THE YEAR	
Kari Retrum	2004

SEC GOOD WORKS TEAM	
Cameron Moore	2005
Marci Vrooman	2005
Shantel Commander	2006

KNOXVILLE NEWS-SENTINEL SEC SWIMMER AND DIVER OF THE YEAR	
Tina Johnson	1995, '96
Christy Soulakis	1997
Rachel Komisarz	1999

COACHES' SEC COACH OF THE YEAR	
Gary Conelly	1995 (Swimming)
Mike Lyden	1995, '96 (Diving)

KNOXVILLE NEWS-SENTINEL SEC COACH OF THE YEAR	
Gary Conelly	1995 (Swimming)
Mike Lyden	1995, '96, 2002, '03 (Diving)

NCAA WOMEN'S DIVING COACH OF THE YEAR	
Mike Lyden	1996

MEN COLLEGE SWIMMING.COM SWIMMER OF THE WEEK	
Joey Falltraco	11/21/01

SEC ATHLETE OF THE WEEK	
Macon White	1/19/00, 1/17/01
Shaun Zitani	1/26/00

SEC WOMEN'S DIVER OF THE WEEK	
Taryn Ignacio	1/26/05
Joey Brown	2/9/05

SEC MALE SWIMMER OF THE WEEK	
Steven Manley	2/9/05



THE CATSPY AWARDS

The swimming and diving team, as well as all of Kentucky's 22 varsity sports programs, are honored each year at the CATSPY Awards.

Based on the highly popular "ESPY Awards" hosted by ESPN, the CATSPY Awards ceremony is a dinner and awards show honoring UK student-athletes, coaches, and administrators. The event is held each year in April.

A total of 31 awards were presented in 18 different categories at the 2006 CATSPY's. Among the 2006 award winners the swimming and diving team had Taryn Ignacio win the K-Association Athlete of the Year and coach Mike Lyden win the Courage Award. All of the 2006 award winners are listed below.

ROOKIE OF THE YEAR

Tie: Heather Hite (gymnastics), Carly Ormerod (women's basketball) & Jason Dardas (rifle)

PERFORMANCE OF THE YEAR

Brooke Marnitz (softball)
Rafael Little (football)

K-ASSOCIATION ATHLETE OF THE YEAR

Taryn Ignacio (diving)
J.B. Holmes (golf)

TEAM OF THE YEAR

Women's Tennis
Men's Golf

SUPPORTING ROLE

Brannan Sapp (soccer)

SCRATCH AWARD

Crissy Cannon (gymnastics)
Ravi Moss (basketball)

BLUE HEART AWARD

Elizabeth Dotson (golf)

SCHOLAR-ATHLETE OF THE YEAR

Meghan Cooper (softball)
Taylor Begley (football)

FIFTH THIRD BANK COMMUNITY SERVICE AWARD

Nicole Allyn (track & field)
Antoine Huffman (football)

CHARACTER AWARD

Vicki Goss (rifle)

ACADEMIC TEAM OF THE YEAR

Softball
Men's Soccer

COACH OF THE YEAR

Mickie DeMoss (women's basketball)
Brian Craig (men's golf)

MISS WILDCAT

Danielle Wallace (volleyball)

MR. WILDCAT

Antoine Huffman (football)

PLAY OF THE YEAR

Jenny Pfeiffer (basketball)
Raymond Fontaine, Bo Smith
& Antoine Huffman (football)

ONE SHINING MOMENT

Women's Basketball

COURAGE AWARD

Mike Lyden (diving coach)

LIFETIME ACHIEVEMENT AWARD

Sandy Bell (sr. associate athletics director)

Jessica Thompson, Joey Brown and Taryn Ignacio (below) presented the Courage Award to their diving coach Mike Lyden (right).

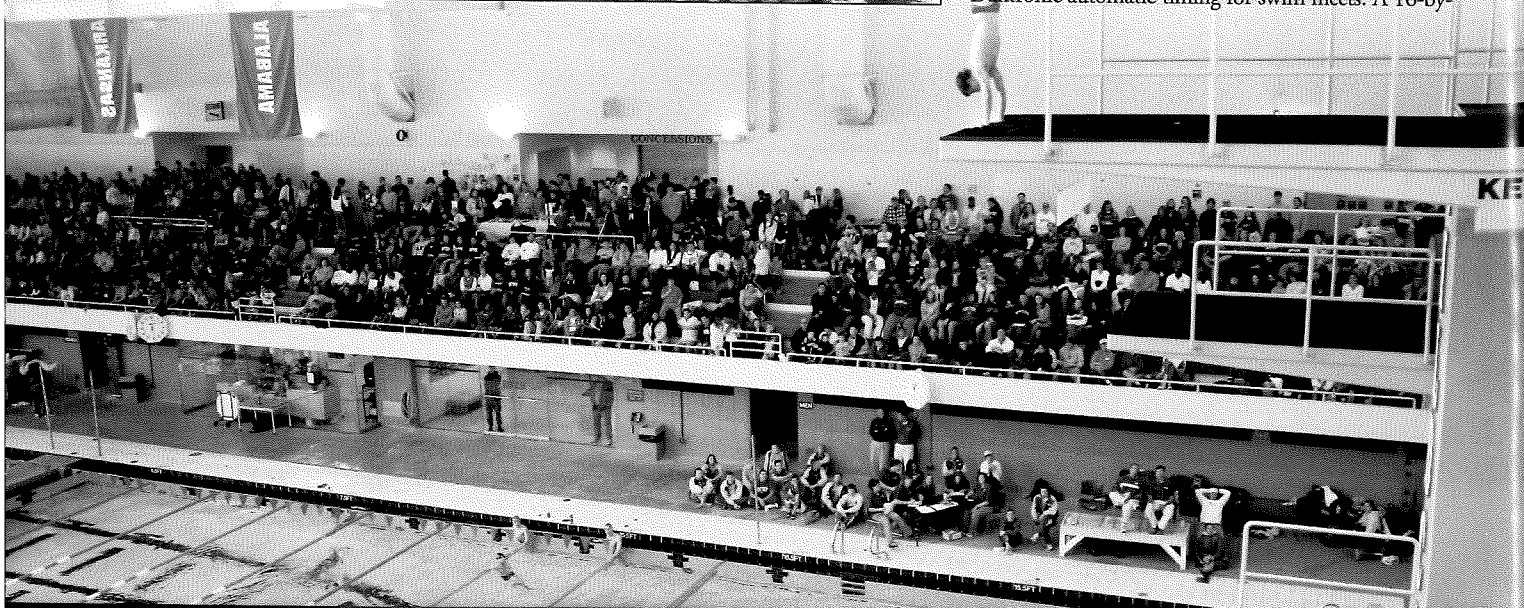


THIS IS UK



UKAthletics.com

LANCASTER AQUATIC CENTER



The University of Kentucky's Lancaster Aquatic Center, opened March 29, 1989, represents the finest in collegiate swimming and diving facilities. The Center will host the 2007 Southeastern Conference Swimming and Diving Championships in February.

The natatorium is named for Harry C. Lancaster, former UK Athletics Director (1968-76) and assistant basketball coach (1946-70) to Kentucky's legendary Adolph Rupp.

The indoor facility is 25 yards by 176 feet with a movable bulkhead that can be set at 25 yards, 25 meters, 50 yards and 50 meters. The movable bulkhead allows the facility to be used for a number of activities other than swim meets and practices, including recreational swimming, aquatic classes, swimming and diving lessons, scuba instruction, handicapped swimming and other aquatic-related activities. The addition of the second bulkhead will take place in 2006, creating an even faster racing facility.

Racing lanes can be set up in five configurations: across-the-pool racing at 25 yards, 25 meters, 50 yards and 50 meters. Two 25-yard courses can be utilized for large swim meets. Eighteen swimming lanes are available while diving events are in progress. Long course racing will have eight full-size lanes for the 50-meter distance.

The swimming tank, which holds 1,025,000 gallons of water, has a raised deck gutter with a large overflow. This gutter design is similar to the Indianapolis Natatorium design. Pool depth varies from 4.3 feet to 6.5 feet at the shallow end, utilizing a movable floor of 35 by 75 feet. Water under the diving boards and tower is 17 feet deep. The natatorium features Daktronic automatic timing for swim meets. A 16-by-

23 foot wall-mounted scoreboard allows full display of information for eight-lane and 16-lane swim meets. The scoreboard can also display graphics and animation sequences.

The diving facilities are among the best in the world. The facility has two 1-meter boards and two 3-meter boards set on concrete platforms. Each platform is eight feet wide with lengths from 23 feet to 28 feet.

The facility won the 1990 Association of General Contractors Award for Structures. There is a 40-foot dryland diving area permanently set up with a trampoline, Portapit diving board and two diving/tumbling harnesses for somersaulting and twisting practice.

The Aquatic Center has a full training room equipped with two treatment tables, EGS and ultrasound machine, hydrocollator, and ice machine. There is a trainer on duty at all times.

In the adjacent Seaton Physical Education building are exercise physiology labs that are utilized for the testing of swimmers and divers.

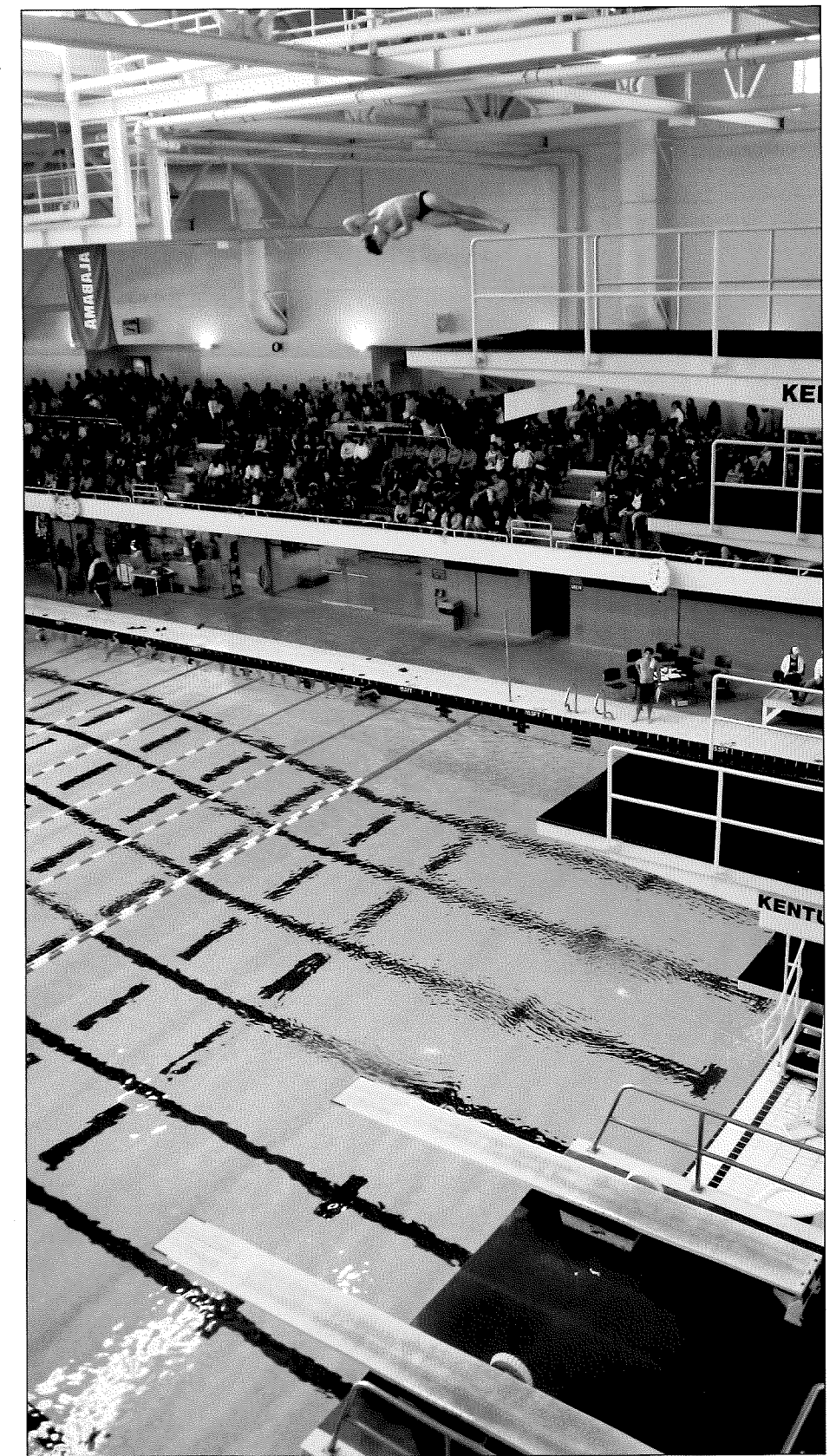
The second balcony accommodates up to 500 spectators and has a concession stand area.

The Aquatic Center was host to the NCAA Zone B Diving Championships in 2002 and again in 2006.

In July of 2000, the United States Olympic Divers put on two exhibitions before embarking upon their trip to Sydney to compete in the 2000 games.

In 1999, UK hosted the Southeastern Conference Swimming and Diving Championships at the Aquatic Center. Pool records fell left and right as some of the nation's most talented divers and fastest swimmers competed at the Aquatic Center, Feb. 17-20.

In addition to hosting the 1996 U.S. Olympic Diving Team, the Center hosts the premier swimming and diving events in the state of Kentucky. These events include all UK home meets, the Kentucky State High School Championships, the Kentucky USS Championships, Zone and Regional Age Group and Senior Diving meets, Kentucky Special Olympics, and Bluegrass Games Diving meets. Highlights at the Aquatic Center have been the 1991 and 1999 Southeastern Conference Championships, the 1995 Southeastern Conference Diving Championships, the 1995 NCAA Zone B Diving Championships and the 1990 World Games Diving Team Trials.



STRENGTH AND CONDITIONING

The Kentucky swimming and diving team calls Shively Training Center its home for strength and conditioning. The 2,000-square foot complex is under the direction of Coach Stephanie Tracey-Simmons and features a variety of free weight equipment, which complements the training philosophy of the Shively staff.

"Our top goal is to create a comprehensive training program, which encompasses the areas of speed, power, strength, agility, flexibility, balance and nutrition," Tracey-Simmons said. "Through these avenues, we are providing the athletes with the tools they need to reach their athletic potential while remaining injury-free."

The primary focus of the facility is the development of core strength using ground-based, multi-joint lifting through use of the Olympic lifts. By incorporating this explosive style of lifting, athletes become more powerful, resulting in an increase in speed. The core of the athlete's body also is trained and complemented with a variety of lifts, including squats, lunges, plyometrics, presses, pulls, trunk rotation and abdominal exercise. Through the combination of these exercises, the athletes are better able to reach their goals.

Tracey-Simmons attempts to be as sport specific as possible while staying within the structure of the ground-based philosophy. For swimming the upperclassmen are divided into two groups: sprinters and middle distance / distance. The sprint group's main focus is based around explosive lifts that help them use their power off

of the blocks and on their turns.

The middle distance/distance group's main focus is strength endurance to help them maintain their speed and form while battling lactic acid build up in their muscles.

All of the incoming swimmers go through a four-week orientation to ensure that proper technique is used as well as to help lay a solid foundation for strength gains. After this four-week period, they are placed in one of the two upperclassmen's groups depending upon their events. All of the lifts used are put into place to make better swimmers.

Graduate Assistant Scott Willis trains the divers. Their focus is on being as explosive as possible off of the board for maximum jump height. The divers spend a lot of their time working on Olympic style lifts, core strengthening exercises and shoulder pre-habilitation work. It is necessary for divers to be able to control their bodies in space, as well as to be as strong as possible in the overhead position in order to reduce the risk of injury while entering the water.

With the help of staff nutritionist Jill Kindy, the Shively staff also helps educate the athletes on nutrition and supplement awareness.

Every squad trains together at Shively, promoting team chemistry and teamwork. Through this set-up, teams work on mental toughness, attacking goals and maintaining a positive attitude, keeping everyone moving toward a common goal.

STEPHANIE TRACEY-SIMMONS



Stephanie Tracey-Simmons is in her fifth year at Kentucky as the head strength and conditioning coach for the Olympic sports. She is in her fifth year working with the swimming and diving team.

She also works directly with women's basketball, volleyball and softball. The other sports that are covered by her staff are men's and women's soccer, diving, gymnastics, men's and women's tennis, and track and field.

Prior to Kentucky, Tracey-Simmons spent four years at UCLA where she coached three national championship teams as well as 10 Olympians. Before leaving UCLA, she served as the associate head strength coach responsible for training women's volleyball, women's soccer, men's and women's water polo, women's swimming, women's basketball, and softball.

A native of Huntsville, Ohio, Tracey-Simmons began her career in strength and conditioning as a graduate assistant at Ohio University where she earned a bachelor's of science degree in journalism as well as a master's degree in physical education. She was also a four-year letter winner on the OU volleyball team where she played the opposite hitter position from 1993-1996.

She is a Certified Strength and Conditioning Specialist (CSCS) and is Strength & Conditioning Coach Certified (SCCC). She and husband, Matt Simmons, reside in Lexington.

PRESEASON CONDITIONING

The road to success in the SEC and NCAA championships goes beyond the pool in preseason workouts. Late summer days on the UK campus include running sessions in areas like Commonwealth Stadium and in the lawns adjacent to the Lancaster Aquatic Center. The 2006-07 Wildcats participated in an on-going dry land training competition. Activities included the typical training, a scavenger hunt throughout campus and the annual Blue/White meet. During training, each team was awarded points for their effort in dry land training. These points converted to a running time, so each team had a time instead of a point total. The team with the lowest time at the end of the competition was crowned the winner. This year's winner was: The Cereal Killers. (pictured right)



THE UNIVERSITY OF KENTUCKY

Through education, cultural stimulation and economic development, the University of Kentucky's impact can be felt across all 120 Kentucky counties. Blending creative teaching and instruction methods with innovative research, medical care and community service, it is no wonder that UK is The University of Kentucky.



HISTORY

Founded in 1865 as a land-grant institution adjacent to downtown Lexington, UK is nestled in the scenic heart of the unique Bluegrass region of Kentucky. From its early beginnings, with only 190 students and 10 professors, UK's campus now covers more than 716 acres and is home to over 26,000 students and nearly 11,000 employees.

MISSION

Since the mid-1990s, UK has pursued an ambitious goal set by the State Legislature to become a Top-20 public research university by 2020. UK President Lee T. Todd, Jr. has embraced this goal in a way that promises an impact on every Kentucky resident.

"As the state's flagship institution, the university is mindful of its responsibility to help all Kentuckians," Todd says. "Our land-grant mission calls on us to make a positive impact across the state. We need to be an educational leader, while remaining accessible to all Kentuckians. We need to be a cultural leader, sharing new ideas and opportunities across the state. And we need to be leading Kentucky's charge into the new economy. We are the catalyst for a new Commonwealth."

STUDENTS

UK's diverse student population represents 117 countries, every state in the nation and every Kentucky county. The average ACT score for its first-year students is four points above the national average. UK students compete successfully for the most prestigious scholarships and awards, such as the Fulbright, Truman, Goldwater and Marshall. UK was selected as one of only 13 universities nationwide to participate



in the Beckman Foundation Scholarship program in 2002 and the grant was renewed in 2005. This prominent program allows UK to award grants of \$17,600 to students to support their own research projects. UK also was recognized as a Harry S. Truman Foundation Honor Institution for exemplary participation in the program. To date, UK boasts 12 Truman Scholars.

OUTREACH

The University is committed to strong public service, reaching out to communities across the Commonwealth, sharing knowledge and making a difference in the towns, cities and lives of all Kentuckians. An example is Health Education through Extension Leadership, an ever-expanding Cooperative Extension Service initiative to enhance extension agents' capacity to deliver research conducted on campus throughout the state.

In 2000, officials launched The Campaign for the University of Kentucky, a \$600 million fundraising effort – the largest in state history – to enhance facilities, academic programs, public service and scholarships. After soaring past that goal, UK set a new mark of \$1 billion. UK is well on its way, having brought in more than \$950 million.

PROGRAMS

Students can choose from some 200 majors and degree programs in 17 academic and professional colleges: Agriculture, Arts and Sciences, Business and Economics, Communications and Information Studies, Dentistry, Design, Education, Engineering, Fine Arts, Health Sciences, Law, Libraries, Medicine, Nursing, Pharmacy, Public Health, and Social Work.



RESEARCH

The University is working aggressively to achieve its Top-20 research goal. During fiscal year 2005, UK faculty received a record-breaking total of \$274 million in extramural funding for grants and contracts. The achievement marked the fourth year in a row UK exceeded the \$200 million level in sponsored project awards. In federal expenditures, UK is ranked 28th among all public universities.

Research at UK is a dynamic enterprise encompassing both traditional scholarship and emerging technologies. In April 2005 the university opened the \$74 million Biomedical Biological Sciences Research Building, affectionately known as the BBSRB. The BBSRB – UK's largest research facility – features an "open-format" design that encourages collaborative research across disciplines.

MEDICAL CENTER

The UK Chandler Medical Center, opened in 1960, is considered one of the nation's finest academic medical centers. The faculty, students and staff of our young, dynamic Medical Center take pride in achieving excellence in education, patient care, research, and community service. As one of two Level 1 Trauma Centers in Kentucky, UK cares for the most critically injured and ill patients in the region. The 473-bed UK Chandler Hospital and Kentucky Children's Hospital are supported by more than 500 faculty physicians and dentists, 400 resident physicians, and a staff of 3,200 health professionals committed to high-quality patient care.

UK HealthCare recently announced construction of a new \$450 million UK Chandler Hospital. The new hospital, a 1-million-square-foot facility that will be completed in 2010, is the cornerstone of a 20-year, \$2.5 billion plan to construct the Commonwealth Medical Campus of the

Future. The medical campus will include a new \$120 million pharmacy building, additional research buildings, a new shared Health Sciences Learning Center and additional buildings to house programs for the colleges of Medicine, Nursing, Health Sciences, Dentistry and Public Health.

LIBRARY

With its well-manicured landscape and landmark buildings, UK's campus offers great facilities that advance the scholarship of its students and the research endeavors of its faculty. The William

GENERAL INFORMATION

Location: Lexington, KY
Founded: 1865
Enrollment: 27,000
President: Dr. Lee T. Todd, Jr.
Provost: Dr. Kumble R. Subbaswamy
Executive Vice President for Finance and Administration: Frank Butler
Executive Vice President for Health Affairs: Dr. Michael Karpf

T. Young Library is among the world's leading research libraries; its book endowment is the largest among public universities. Its broad scope of technology offers students, faculty and Kentucky residents access to the most up-to-date information from online journals, government publications, and private studies, as well as more traditional materials.

AGENDA

UK's agenda is simple. It is to accelerate the movement toward academic excellence and to become known worldwide for the quality of its academic programs, its commitment to undergraduates, its success in building a diverse community, and its engagement with the larger society. That is what the University of Kentucky is all about.



THE UNIVERSITY OF KENTUCKY

Through education, cultural stimulation and economic development, the University of Kentucky's impact can be felt across all 120 Kentucky counties. Blending creative teaching and instruction methods with innovative research, medical care and community service, it is no wonder that UK is The University of Kentucky.



HISTORY

Founded in 1865 as a land-grant institution adjacent to downtown Lexington, UK is nestled in the scenic heart of the unique Bluegrass region of Kentucky. From its early beginnings, with only 190 students and 10 professors, UK's campus now covers more than 716 acres and is home to over 26,000 students and nearly 11,000 employees.

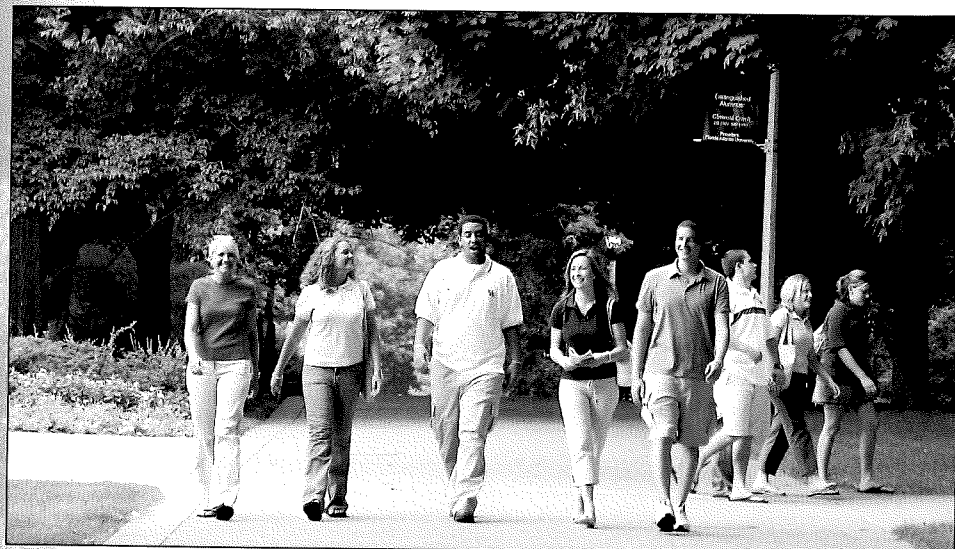
MISSION

Since the mid-1990s, UK has pursued an ambitious goal set by the State Legislature to become a Top-20 public research university by 2020. UK President Lee T. Todd, Jr. has embraced this goal in a way that promises an impact on every Kentucky resident.

"As the state's flagship institution, the university is mindful of its responsibility to help all Kentuckians," Todd says. "Our land-grant mission calls on us to make a positive impact across the state. We need to be an educational leader, while remaining accessible to all Kentuckians. We need to be a cultural leader, sharing new ideas and opportunities across the state. And we need to be leading Kentucky's charge into the new economy. We are the catalyst for a new Commonwealth."

STUDENTS

UK's diverse student population represents 117 countries, every state in the nation and every Kentucky county. The average ACT score for its first-year students is four points above the national average. UK students compete successfully for the most prestigious scholarships and awards, such as the Fulbright, Truman, Goldwater and Marshall. UK was selected as one of only 13 universities nationwide to participate



in the Beckman Foundation Scholarship program in 2002 and the grant was renewed in 2005. This prominent program allows UK to award grants of \$17,600 to students to support their own research projects. UK also was recognized as a Harry S. Truman Foundation Honor Institution for exemplary participation in the program. To date, UK boasts 12 Truman Scholars.

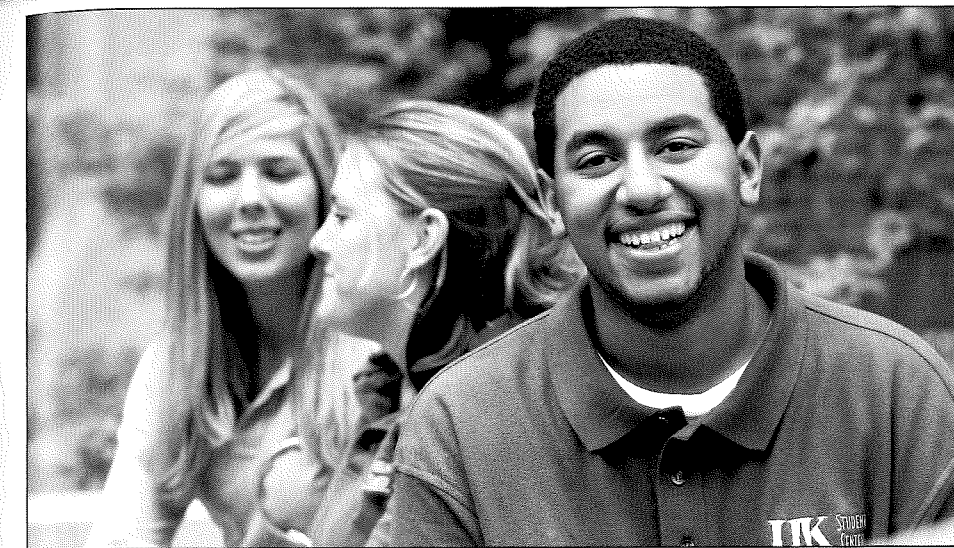
OUTREACH

The University is committed to strong public service, reaching out to communities across the Commonwealth, sharing knowledge and making a difference in the towns, cities and lives of all Kentuckians. An example is Health Education through Extension Leadership, an ever-expanding Cooperative Extension Service initiative to enhance extension agents' capacity to deliver research conducted on campus throughout the state.

In 2000, officials launched The Campaign for the University of Kentucky, a \$600 million fundraising effort – the largest in state history – to enhance facilities, academic programs, public service and scholarships. After soaring past that goal, UK set a new mark of \$1 billion. UK is well on its way, having brought in more than \$950 million.

PROGRAMS

Students can choose from some 200 majors and degree programs in 17 academic and professional colleges: Agriculture, Arts and Sciences, Business and Economics, Communications and Information Studies, Dentistry, Design, Education, Engineering, Fine Arts, Health Sciences, Law, Libraries, Medicine, Nursing, Pharmacy, Public Health, and Social Work.



RESEARCH

The University is working aggressively to achieve its Top-20 research goal. During fiscal year 2005, UK faculty received a record-breaking total of \$274 million in extramural funding for grants and contracts. The achievement marked the fourth year in a row UK exceeded the \$200 million level in sponsored project awards. In federal expenditures, UK is ranked 28th among all public universities.

Research at UK is a dynamic enterprise encompassing both traditional scholarship and emerging technologies. In April 2005 the university opened the \$74 million Biomedical Biological Sciences Research Building, affectionately known as the BBSRB. The BBSRB – UK's largest research facility – features an "open-format" design that encourages collaborative research across disciplines.

MEDICAL CENTER

The UK Chandler Medical Center, opened in 1960, is considered one of the nation's finest academic medical centers. The faculty, students and staff of our young, dynamic Medical Center take pride in achieving excellence in education, patient care, research, and community service. As one of two Level 1 Trauma Centers in Kentucky, UK cares for the most critically injured and ill patients in the region. The 473-bed UK Chandler Hospital and Kentucky Children's Hospital are supported by more than 500 faculty physicians and dentists, 400 resident physicians, and a staff of 3,200 health professionals committed to high-quality patient care.

UK HealthCare recently announced construction of a new \$450 million UK Chandler Hospital. The new hospital, a 1-million-square-foot facility that will be completed in 2010, is the cornerstone of a 20-year, \$2.5 billion plan to construct the Commonwealth Medical Campus of the

Future. The medical campus will include a new \$120 million pharmacy building, additional research buildings, a new shared Health Sciences Learning Center and additional buildings to house programs for the colleges of Medicine, Nursing, Health Sciences, Dentistry and Public Health.

LIBRARY

With its well-manicured landscape and landmark buildings, UK's campus offers great facilities that advance the scholarship of its students and the research endeavors of its faculty. The William

GENERAL INFORMATION

Location: Lexington, KY
Founded: 1865
Enrollment: 27,000
President: Dr. Lee T. Todd, Jr.
Provost: Dr. Kumble R. Subbaswamy
Executive Vice President for Finance and Administration: Frank Butler
Executive Vice President for Health Affairs: Dr. Michael Karpf

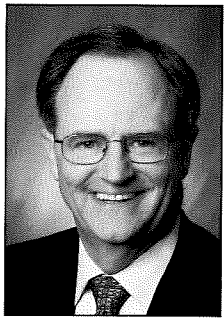
T. Young Library is among the world's leading research libraries; its book endowment is the largest among public universities. Its broad scope of technology offers students, faculty and Kentucky residents access to the most up-to-date information from online journals, government publications, and private studies, as well as more traditional materials.

AGENDA

UK's agenda is simple. It is to accelerate the movement toward academic excellence and to become known worldwide for the quality of its academic programs, its commitment to undergraduates, its success in building a diverse community, and its engagement with the larger society. That is what the University of Kentucky is all about.



DR. LEE T. TODD, JR.



Lee T. Todd, Jr. became the 11th president of the University of Kentucky on July 1, 2001, after serving as senior vice president of IBM's Lotus Development Corp. President Todd is the fourth UK alumnus to hold the presidency

and the third to earn an undergraduate degree from UK.

Since assuming the leadership of the University, President Todd has directed the consolidation of several colleges and campus units to eliminate duplication and improve the overall quality of academics at UK. In May 2004, the UK Board of Trustees approved the creation of the UK College of Public Health, the University's first health professions college since the College of Allied Health Professions was established in 1966. This action allowed the School of Public Health, formerly part of the College of Medicine, to convert to college status, making it the UK Chandler Medical Center's sixth college of health professions.

President Todd has applied his background as a successful, high-tech entrepreneur by emphasizing the university's role as an economic engine in the state. Ground was broken in December 2003 for the new UK College of Pharmacy's Center for Pharmaceutical Science and Technology (CPST) at UK's Coldstream Research Campus. When completed, it will be the largest sterile pharmaceutical manufacturing facility in the state and the cornerstone for additional expansion at the UK Coldstream Research Campus.

Under his leadership, UK was awarded a grant in October 2004 to fund a Sloan Industry Center for sustainable aluminum industry research. UK is one of only 15 universities in the country to have a Sloan Center, joining schools like Carnegie Mellon University, the Georgia Institute of Technology, Harvard University and the Massachusetts Institute of Technology.

At UK, President Todd's vision for campus growth led to a record enrollment of more than 27,000 students in fall 2006 with a freshman class that was the most academically talented group in school history. This group included 356 Kentucky Governor's Scholars and Governor's School for the Arts students, and more than one-third of this year's freshmen had high school GPA of 3.8 or higher and about one-quarter of students scored a 28 or higher on their ACT exam. UK also reported a 96 percent increase in first-year African-American student enrollment, with 296 students — up from

151 last year. The previous record was 256 in 2004-2005. Enrollment of Hispanic first-year students jumped 54 percent from 37 last year to 57 this year.

His belief that "the campus of the University of Kentucky is the Commonwealth of Kentucky" has inspired President Todd to make community outreach a priority at the university. Under his leadership, UK was awarded a \$22 million grant from the National Science Foundation to improve math and science education in Eastern Kentucky. He also developed the Health Education through Extension Leadership (HEEL) program, a partnership between the College of Public Health and the College of Agriculture and its Cooperative Extension Service, to deliver valuable health and wellness information throughout the Commonwealth. UK currently has HEEL programs that promote physical fitness and oral health, as well as a novel program aimed at eradicating methamphetamine production.

A native of Earlington, Ky., he earned his bachelor's degree in electrical engineering from UK in 1968 and his master's and doctoral degrees in electrical engineering from the Massachusetts Institute of Technology (MIT) in 1970 and 1973, respectively. While at MIT, he received six patents for high-resolution display technology and proposed using telecommunications and high-resolution displays for data conferencing.

He returned to UK in 1974 as an electrical engineering professor. He won several teaching awards, including the UK Alumni Association Great Teacher Award. He also served on several university panels, including the University Senate for seven years. He was awarded the Outstanding Alumnus of Kentucky Award in 2002 from the Kentucky Advocates for Higher Education.

While at UK, President Todd founded Projectron Inc. in 1981 to make projection cathode ray tubes for flight simulators. He left UK in 1983 to begin product development at a second company, DataBeam Corp., which he had founded in 1976. In 1990, he sold Projectron to Hughes Aircraft Co. and convinced Hughes to move its other CRT operations in California and New York to UK's Coldstream Research Campus. He sold DataBeam, the world's leading provider of real-time collaboration and real-time distance learning software and development platforms, to IBM.

President Todd also co-founded the Kentucky Science and Technology Corp., a not-for-profit organization focused on increasing university research capacity, developing science and technology education (K-12) programs, and encouraging an entrepreneurial economy in Kentucky. He co-authored the initial proposal that resulted in Kentucky being selected as an EPSCoR

(Experimental Program to Stimulate Competitive Research) state. This program has resulted in bringing millions of dollars in research and development funds from federal and state matching sources.

President Todd served on the Kentucky Council on Postsecondary Education. He chaired the Distant Learning Advisory Committee that is responsible for the development of the Kentucky Commonwealth Virtual University and the Commonwealth Virtual Library.

President Todd currently chairs the Southeastern Conference Committee on Academic Initiatives, serves on the American Council of Education Commission on Women in Higher Education, is involved with the Business Higher Education Forum, and is a member of the Council on Competitiveness. He represents the National Association of State Universities and Land-Grant Colleges (NASULGC) on the American Council on Education's (ACE) Board of Directors and is also a member of the Science and Mathematics Education Task Force, a national committee that reports to the Secretary of Energy. He is a member of the National Science Foundation (NSF) Education and Human Resources Committee.

He is married to the former Patricia Brantley, a UK graduate who earned her master's degree from Simmons College in Boston. They have two children, Troy and Kathryn.

UNIVERSITY OF KENTUCKY BOARD OF TRUSTEES & ATHLETIC BOARD

Board of Trustees

James F. Hardymon, Chair
JoEtta Y. Wickliffe, Vice Chair
Mira S. Ball
Stephen P. Branscum
Jonah Brown
Penelope A. Brown
Dermontti F. Dawson
Jeffrey B. Dembo
Ann Brand Haney
Pamela Robinette May
Billy Joe Miles
Sandy Patterson
Phillip R. Patton
Erwin Roberts
C. Frank Shoop
Myra Leigh Tobin
Billy B. Wilcoxson
Russ Williams
Ernest J. Yanarella
Barbara Smith Young
Barbara W. Jones, Assistant Secretary

Athletics Board

Frank Butler
Charles Cassis
Dermontti F. Dawson
Luther Deaton
Alan DeSantis
C. M. Gatton
Sandford Goldberg
Steve Hricenak
Tara Ignacio
Linda McDaniel
Raynor Mullins
Bobby Perry
Frank Shoop
Gerald Smith
William B. Sturgill
Kumble Subbaswamy
Patricia Terrell
Lee T. Todd, Jr.

Emeritus Member
S. T. Roach



MITCH BARNHART, DIRECTOR OF ATHLETICS

Mitch Barnhart is in his fifth year as Director of Athletics for the University of Kentucky, having set a clear course for making Kentucky one of the top athletics programs in the country.

Hired July 15, 2002, Barnhart has made the desire for overall excellence the cornerstone of Wildcat Athletics. His decision to fully fund all 22 varsity sports has produced a wave of firsts in a number of programs, while also allowing UK to achieve its highest NACDA Directors' Cup finish (33rd in 2005-06) in eight years.

Numerous sports have reached never-before seen levels of success. Baseball won the school's first ever Southeastern Conference title in 2006, following in the SEC championship footsteps of women's tennis, men's golf and men's basketball from 2005. Four Wildcat coaches earned SEC Coach of the Year honors in 2005-06, including women's basketball's Mickie DeMoss, volleyball's Craig Skinner, diving's Mike Lyden and baseball's John Cohen.

Barnhart instructed his staff to seek out new revenue streams, and that resulted in a record \$80 million multimedia rights agreement with Host Communications. The additional resources allow UK to continue its commitment to its student-athletes, a commitment Barnhart takes personally. Athletics spends \$1.5 million annually on its nationally-renowned CATS Academic Center and each spring hosts the CATSPYs, an awards program designed to recognize the very best in UK Athletics.

Other initiatives begun under Barnhart's leadership include the Big Blue Caravan, which connects UK to its vast fan base each spring, the UK Athletics Hall of Fame, which honors past greats across all sports, a revamping of UK's donor program that has resulted in record K Fund dollars, and a 10-year, \$10-million commit-

ment to help fund the University's general scholarship program. UK is also nearing completion on a \$30 million expansion of Memorial Coliseum that includes new practice and office space for a variety of sports, basketball chief among them.

Barnhart's connection to UK's student-athlete is evident by his personal interaction and commitment to provide all support services necessary to meet the needs of these students.

Barnhart came to Kentucky from Oregon State, where he served four successful years (1998-2002) as athletics director. Before his tenure at OSU, he worked at Tennessee for 12 years (1986-98); served as assistant executive director of the SMU Mustang Club (1983-86); regional director for the Duck Athletic Fund at Oregon (1983); and was an intern for the Aztec Athletic Foundation at San Diego State (1982-1983).

Barnhart, 46, is a native of Kansas City, Kan. He received his bachelor degree from Ottawa University (Kansas) in 1981 and a masters in sports administration from Ohio University in 1982. He and his wife, the former Connie Brown, have three children, Kirby, 18, Blaire, 15, and Scott, 12.

THE BARNHART FILE

PERSONAL

Birth date: Aug. 27, 1959
Birthplace: Kansas City, Kan.
Family: Wife, Connie, daughters Kirby (18) and Blaire (15), and son Scott (12).

EDUCATION

Ottawa (Kan.) University (B.A. 1981)
Ohio University (M.S. 1982)

CAREER

Kentucky — Athletics Director (2002-present)
Oregon State — Athletics Director (1998-2002)
Tennessee — Senior Assoc. AD (1986-98)
Southern Methodist — Asst. Executive Director, Mustang Club (1983-86)
Oregon — Regional Director, Duck Athletic Fund (1983)
San Diego State — Intern, Aztec Foundation (1982-83)

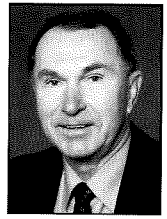


UNIVERSITY OF KENTUCKY ATHLETICS - ON THE RISE

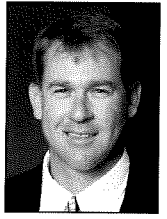
CENTER FOR ACADEMICS AND TUTORIAL SERVICES



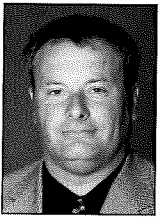
Stephanie Barker
Women's Golf



Rich Brooks
Football



John Cohen
Baseball



Ian Collins
Men's Soccer



Gary Connelly
M/W Swimming



Brian Craig
Men's Golf

When Kentucky athletics director Mitch Barnhart and his staff took over in Lexington, one of their stated goals was to compete for championships in all sports. By any measure, the Wildcats are on the right path, making it an exciting and rewarding time to be a part of Kentucky Athletics.

Among those leading the way are four head coaches – John Cohen (baseball), Mickie DeMoss (women's basketball), Mike Lyden (diving) and Craig Skinner (volleyball) – each of who earned Southeastern Conference Coach of the Year honors in 2005-06 after guiding their respective teams to tremendous success.

"We are competing in the greatest league in America," UK Deputy Director of Athletics Rob Mullens said. "When you succeed as a team or receive individual recognition, it shows you are competing at a very high level. We are focused on broad-based excellence, and when you have this kind of success, you can see that the vision is working."

Cohen was a unanimous choice for SEC Coach of the Year after leading his team to a worst-to-first turnaround and the first SEC title in program history in just his third season at the helm.

Also in her third year, DeMoss led the Wildcats to a 22-9 record and a fourth-place finish in the SEC. Her team made its first NCAA appearance since the 1999 season, advancing to the tournament's second round.

Lyden, whose SEC Coach of the Year honor was the eighth of his career, waged a courageous battle with lung and brain cancer while leading four women divers to finish in the top eight at the SEC Championships. Under Lyden's tutelage, junior Taryn Ignacio won the school's first individual national championship in diving.

In his first year, Skinner inherited a volleyball squad that had not experienced a winning season in five years and hit the ground with the mindset that the timeline for success in the program was immediate. Skinner led the Cats to a 17-12 record, a 10-6 SEC mark and their first NCAA Tournament appearance since 1993.

"It is a very exciting time to be a part of Kentucky Athletics," Mullens said. "It is great to start to see the vision pay off. To have four coaches win SEC Coach of the Year honors, it just shows an unbelievable passion and commitment to excellence that our coaches are demonstrating."



Don Weber
Track/Cross Country



Tubby Smith
Men's Basketball



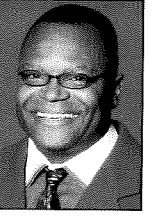
Craig Skinner
Volleyball



Eileen Schmidt
Softball



Harry Mullins
Rifle



Mo Muhammad
Gymnastics

KENTUCKY ATHLETICS

OUR MISSION

The University of Kentucky has a goal to become one of America's 20 best public research universities. In support of that goal, the University of Kentucky Athletic Association (UKAA) is dedicated to having a national prominent program with integrity, while keeping the focus on the student-athlete.

Our vision is to educate our student-athletes through graduation and compete for championships in all sports within a framework of fiscal responsibility, with a commitment to diversity in all areas, and to be compliant with university, state, SEC and NCAA rules and regulations. A high-energy departmental culture will be established that values integrity, sound fiscal policy and excellence in developing student-athletes to their full potential in academics and in competition.

UKAA'S FIVE PRINCIPLES

The UKAA uses the following five principles, which reflect the commitment to excellence and mission of the department:

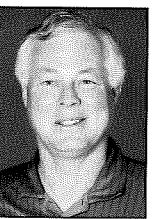
- Be accountable and socially responsible
- Possess integrity
- Keep the focus on the student-athletes
- Provide sound fiscal management
- Compete for championships



Mickie DeMoss
Women's Basketball



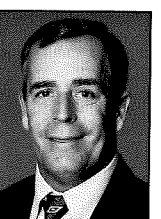
Carlos Drada
Women's Tennis



Dennis Emery
Men's Tennis



Warren Lipka
Women's Soccer



Mike Lyden
M/W Diving

CATS STAFF

BOB BRADLEY
Associate Athletics Director

BARBARA DENISTON
Director of Academic Services

MIKE HALEY
Director of Advising Services

AMY CRAIGLOW
Academic Counselor

KATRINA SALLY
Academic Counselor

JON ROSS
Academic Counselor

D'ANN BLANKENSHIP
Staff Support Associate

MICHAEL STONE
Senior Academic Counselor

DAN CHILDS
Academic Counselor

MARTINA MARTIN
Career and Personal Development Coordinator

DUSTIN LEWIS
Administrative Support Associate

BOB BRADLEY
Associate Athletics Director

BARBARA DENISTON
Director of Academic Services

MIKE HALEY
Director of Advising Services

AMY CRAIGLOW
Academic Counselor

KATRINA SALLY
Academic Counselor

JON ROSS
Academic Counselor

D'ANN BLANKENSHIP
Staff Support Associate

MICHAEL STONE
Senior Academic Counselor

DAN CHILDS
Academic Counselor

MARTINA MARTIN
Career and Personal Development Coordinator

DUSTIN LEWIS
Administrative Support Associate



The University of Kentucky has made a commitment to put the student-athlete at the heart of the program.

The cornerstone of that commitment lies in the academic success of the University's student-athletes. And at UK, that success stems from the resources within the Ohio Casualty Group's Center for Academic and Tutorial Services (CATS).

UK opened CATS in 1981, the nation's first academic center dedicated exclusively to student-athletes. Over the years, as the services offered by CATS have grown, so did the need for additional space.

As a result, UK built a new facility - the Ohio Casualty Center for Academic and Tutorial Services, thanks to a one-million dollar grant from the Ohio Casualty Insurance Group. The Ohio Casualty Center opened in 1998 at a total cost of \$2.4 million.

Much of the credit for UK's academic success goes to the Athletics Association's academic support system - the Center for Academic and Tutorial Services, or simply, "CATS."

CATS, constructed in Memorial Coliseum, includes:

- 20,000 square feet of space - more than double the size of the former CATS facility;
- a computer room housing 35 computers;
- a study area which accommodates 90-100 people;
- 24 tutoring rooms;
- a career development and life skills resource center;
- a community outreach office; and
- offices for the staff.

Certainly, a facility is a good start, but any program - especially in academics - is only as good as the people who run it. And UK is fortunate to have outstanding leaders in its academics support system.

Bob Bradley, Associate Athletics Director for Student Services, oversees the CATS program. Bradley was named National Academic Advisor of the Year in 1989 and 1992. In 2000 he was selected as the CHAMPS Life Skills Coordinator of the Year by the NCAA Division I-A Athletic Directors Association.

CATS has a full-time staff of 11. In addition to Bradley, they are:

- Barb Deniston, Director of Academic Services;
- Mike Haley,

- Director of Advising Services;
- Michael Stone, Senior Academic Counselor
- Amy Craiglow, Dan Childs, Jon Ross and Katrina Sally, Academic Counselors;
- Martina Martin, Lifeskills Coordinator;
- D'Ann Blankenship and Dustin Lewis, Staff Assistants.

CATS also employs seven graduate assistants and numerous tutors, both from the University and the surrounding community. UK has budgeted more than \$1,000,000 for the operation of CATS in the coming year.

"We are extremely proud of what we have accomplished in the academic arena," Bradley says. "The CATS program is focused on winning in the classroom. We look at each student-athlete's individual needs, set goals, and develop strategies to attain those goals. Our center provides our student-athletes with a definite advantage over student-athletes at many other institutions. Our goal is to show that we care about the student as well as the athlete."

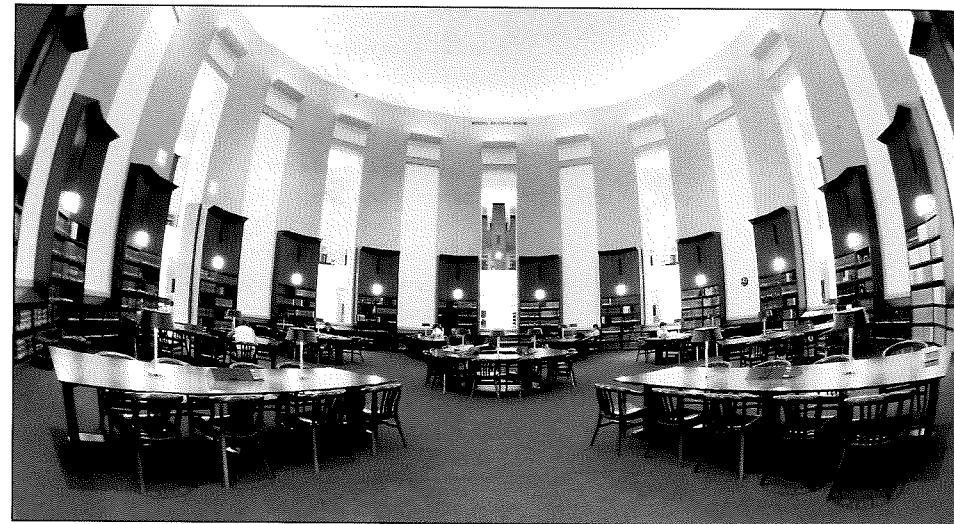
For the CATS staff, showing you care means more than helping athletes maintain eligibility, graduate, or win awards. The academics staff also prepares student-athletes for life after college with the Wildcat Career Development Program.

The Career Development Program helps student-athletes look to the future through a step-by-step process which includes:

- Mentoring and internships, which help determine career interests;
- career counseling;
- resume writing; and
- forming a career plan.

The Wildcat Career Development Program works closely with the University's Career Planning and Placement Center in order to provide additional assistance when needed.

THE WILLIAM T. YOUNG LIBRARY



One of many study rooms in the library. The library can accommodate approximately 4,000 students at any time.

• **Flexibility:** The library has a state-of-the-art electronic infrastructure that will enable UK to take full advantage of current and emerging technology. In addition, the five floors and basement of the structure are designed as open, flexible spaces, enabling the library to adapt its services and facilities to the future changes in needs of UK students.

• **Endowment:** The UK Library has the nation's largest book endowment among public universities and ranks second only to Harvard.

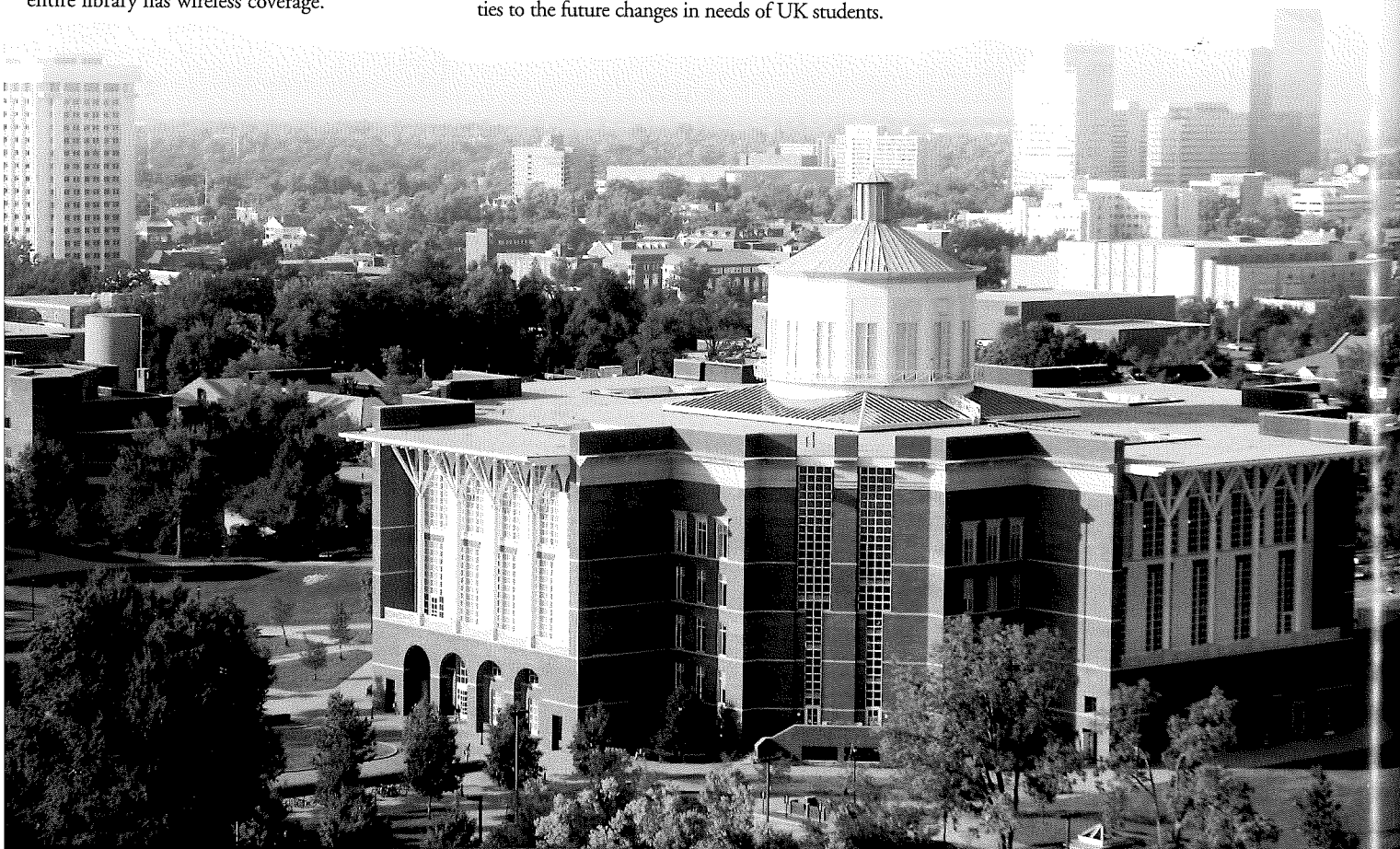
In addition to providing the finest in athletics facilities, the University of Kentucky also provides student-athletes with the best in academic facilities. One of the most recent additions to the educational landscape at UK is the \$58 million William T. Young Library.

• **Size:** The library covers 365,350 square feet, more than six football fields. The building is five stories high, plus a basement.

• **Shelf capacity:** If laid end-to-end, the bookshelf space would stretch 198,828 linear feet - that's more than 37 miles of shelf space. The shelves will house 1.2 million books.

• **Seating capacity:** The library can seat more than 4,000 patrons at one time, a 355 percent increase over the old library. The seating on the fifth floor of the new library equals the capacity of the former library.

• **Computer connections:** Every study table and study carrel in the library has an electrical outlet and a computer jack connected to the University's computer system. Virtually the entire library has wireless coverage.



LEXINGTON

This is Lexington, home of the University of Kentucky. Located at the heart of Kentucky's famous scenic Bluegrass region, Lexington combines the excitement of a metropolitan area with the hospitality of a Southern hometown atmosphere.

With a population of 263,618, Lexington's size makes for the perfect college environment for the University. The city provides a wide range of activities for UK students and their visiting friends and families. For example, among other activities, Lexington visitors can:

- play golf on championship courses;
- tour the world-famous horse farms or visit the Kentucky Horse Park;
- sample the city's night life at the numerous restaurants and music clubs;
- explore the beautiful countryside;
- enjoy horse racing at the Keeneland Race Course and Red Mile Track;
- visit the historic homes;
- cheer on numerous sporting events, including UK's 22 sports teams, the Lexington Legends pro baseball team, and the Lexington Horsemen arena football team.

Thanksgiving through New Year's Eve is an especially beautiful time to visit Lexington, when the Horse Park's animated light display, "Southern Lights," warms the holiday season.

Lexington is a city to explore, from shopping and entertainment to one-of-a-kind restaurants and enjoyable accommodations — all within minutes of the UK campus.

The surrounding Bluegrass Region also has numerous tourist options: visit the Kentucky state capital in Frankfort; take a riverboat ride and revisit 19th-century America at the Shaker Village at Pleasant Hill; shop in Berea, the arts and crafts capital of Kentucky; see how bourbon is made at one of the area distilleries; or search for treasures from the past at one of 200 area antique shops.

Lexington residents and visitors to the area enjoy the hospitable, cosmopolitan environment.

For more information on the entertainment opportunities in Lexington, call the Lexington Convention and Visitors Bureau at 1-800-845-3959 or go to www.visitlex.com.

LEXINGTON FACTS

Location: Within a day's drive of 75% of the U.S. population

Population:
Lexington-Fayette County - 263,618

Time Zone: Eastern

Average Temperatures: (F°)
Spring - 74° high, 34° low
Summer - 86° high, 61° low
Fall - 79° high, 36° low
Winter - 54° high, 23° low

Annual Precipitation: 45.7 inches



Keeneland Race Course, Lexington

KENTUCKY

KENTUCKY FACTS

Kentucky is one of only four states in the nation designated as a commonwealth ... The state capital is Frankfort ... Kentucky has 39,728 square miles of land ... Population of the state is 4,092,891 according to a 2002 estimate by the state government ... The three largest cities in the state are Louisville, Lexington, and Owensboro ... The state bird is the cardinal ... The state flower is the goldenrod ... The state tree is the Kentucky Coffee Tree ... The state song is "My Old Kentucky Home" ... Kentucky has more miles of running water than any other state except Alaska ... Kentucky has 44 state parks which annually draw 15.8 million visitors ... Kentucky has the world's longest known cave system — Mammoth Cave — with over 300 miles of mapped passageways.

Though the above words were written by one of Kentucky's favorite sons, any one of the millions of visitors to the Bluegrass State each year might nod in agreement.

Kentucky embodies the very essence of America, from majestic mountains and forests to vast sparkling lakes, from rolling acres of farm and pastureland to the hustle and bustle of metropolitan centers. And around every turn in the road, Kentucky's colorful past, which helped shape our country's character, is preserved and maintained for all to enjoy. The result is a state so diverse in travel and recreational opportunities that one is hard-pressed to name its equal.

If asked to describe Kentucky, one word that quickly comes to mind is horses. The Bluegrass region of Lexington and central Kentucky is internationally recognized as the Horse Capital of the World. Lexington is at the heart of the Bluegrass and it preserves the romantic tradition of the horse farms and is the hub of the multi-billion-dollar horse industry.

Kentucky also is a land steeped in the rich history of our nation. Legendary pioneer Daniel Boone laid out Kentucky's second settlement at Fort Boonesborough and nearby, a hundred years later, the Shaker religious sect prospered at picturesque Shaker Village of Pleasant Hill.

Abraham Lincoln was born in Hodgenville (the one-room cabin is part of a National Historic Site). The plantation home that inspired Stephen Foster to write "My Old Kentucky Home" still stands at a state park of the same name. And the region that 200 years ago gave birth to one of Kentucky's most famous exports bourbon whiskey is dotted with world-famous distilleries.

"If the United States can be called a body... then Kentucky can be called its heart."

— Jesse Stuart, Noted Kentucky Author



Horse Farm, Lexington
photo courtesy of www.kentuckytourism.com

2006-07 OPPONENTS

ALABAMA

Saturday, January 13 • Lexington, Ky.



Location: Tuscaloosa, Ala.
Enrollment: 20,969
Nickname: Crimson Tide
Colors: Crimson and White
Conference: Southeastern
President: Dr. Robert E. Witt
Athletics Director: Mal Moore
Facility: Alabama Aquatic Center
2005-06 NCAA Men's Finish: 13th
2005-06 NCAA Women's Finish: 32nd
Head Coach: Eric McIquham
Diving Coach: Pat Greenwall
SID: Roots Woodruff
SID Phone: (205) 348-2088
SID E-mail: rwoodruff@ia.ua.edu
SID Fax: (205) 348-8841
Website: www.rolltide.com

AUBURN

Wednesday, January 3 • Ft. Pierce, Fla.



Location: Auburn, Ala.
Enrollment: 23,333
Nickname: Tigers
Colors: Burnt Orange and Navy Blue
Conference: Southeastern
President: Dr. Ed Richardson
Athletics Director: Jay Jacobs
Facility: James E. Martin Aquatics Center
2005-06 NCAA Men's Finish: 1st
2005-06 NCAA Women's Finish: 1st
Head Coach: David Marsh (M), Kim Brackin (W)
Diving Coach: Jeff Shaffer
SID: Carol White
SID Phone: (334) 844-9182
SID E-mail: whitecr@auburn.edu
SID Fax: (334) 844-9807
Website: www.auburntigers.com

CINCINNATI

Friday, January 26 • Cincinnati, Ohio



Location: Cincinnati, Ohio
Enrollment: 34,000
Nickname: Bearcats
Colors: Black and Red
Conference: Big East
President: Dr. Nancy L. Zimpher
Athletics Director: Mike Thomas
Facility: Keating Natatorium
2005-06 NCAA Men's Finish: N/A
2005-06 NCAA Women's Finish: N/A
Head Coach: Monty Hopkins
Diving Coach: Paul Glassman
SID: Jeremy Martin
SID Phone: (513) 556-5191
SID E-mail: jeremy.martin@uc.edu
SID Fax: (513) 556-0619
Website: www.UCBearcats.com

GEORGIA

Saturday, October 28 • Athens, Ga.



Location: Athens, Ga.
Enrollment: 33,405
Nickname: Bulldogs/Lady Bulldogs
Colors: Red and Black
Conference: Southeastern
President: Dr. Michael F. Adams
Athletics Director: Damon Evans
Facility: Ramsey Center
2005-06 NCAA Men's Finish: 9th
2005-06 NCAA Women's Finish: 2nd
Head Coach: Jack Bauerle
Diving Coach: Dan Laak
SID: Steve Colquitt
SID Phone: (706) 542-1621
SID E-mail: solquitt@sports.uga.edu
SID Fax: (706) 542-9339
Website: www.georgiadogs.com

INDIANA

Saturday, October 21 • Bloomington, Ind.



Location: Bloomington, Ind.
Enrollment: 38,903
Nickname: Hoosiers
Colors: Cream and Crimson
Conference: Big Ten
President: Dr. Adam Herbert
Athletics Director: Rick Greenspan
Facility: Counsilman-Billingsley Aquatic Center
2005-06 NCAA Men's Finish: 12th
2005-06 NCAA Women's Finish: 14th
Head Coach: Ray Looze, Jr.
Diving Coach: Dr. Jeff Huber
SID: Phil Perry
SID Phone: 812-856-0145
SID E-mail: phperry@indiana.edu
SID Fax: (812) 855-9401
Website: www.iuhoosiers.com

LOUISVILLE

Saturday, January 20 • Lexington, Ky.



Location: Louisville, Ky.
Enrollment: 22,000
Nickname: Cardinals
Colors: Red and Black
Conference: Big East
President: Dr. James Ramsey
Athletics Director: Tom Jurich
Facility: Ralph White Natatorium
2005-06 NCAA Men's Finish: 41st
2005-06 NCAA Women's Finish: N/A
Head Coach: Arthur Albiero
Diving Coach: Pat Greenwall
SID: Nancy Worley
SID Phone: (502) 852-6581
SID E-mail: nasmit01@gwise.louisville.edu
SID Fax: (502) 852-7401
Website: www.uoflports.com

KENTUCKY WILDCATS 2006-07

SOUTH CAROLINA

Friday, October 27 • Columbia, S.C.



Location: Columbia, S.C.
Enrollment: 23,772
Nickname: Gamecocks
Colors: Garnet and Black
Conference: Southeastern
President: Dr. Andrew Sorensen
Athletics Director: Mike McGee
Facility: Carolina Natatorium
2005-06 NCAA Men's Finish: 37th
2005-06 NCAA Women's Finish: 26th
Head Coach: Don Gibb
Diving Coach: Todd Sheritt
SID: Andrew Kitick
SID Phone: (803) 777-2967
SID E-mail: kitick@gwm.sc.edu
SID Fax: (803) 777-2967
Website: www.uscsports.com

TENNESSEE

Friday, October 27 • Columbia, S.C.



Location: Knoxville, Tenn.
Enrollment: 25,627
Nickname: Volunteers/Lady Vols
Colors: Orange and White
Conference: Southeastern
President: Dr. John D. Peterson
Athletics Director: Mike Hamilton (M), Joan Cronana (W)
Facility: UT Student Aquatics Center
2005-06 NCAA Men's Finish: 15th
2005-06 NCAA Women's Finish: 12th
Head Coach: John Trembley (M), Matt Kredich (W)
Diving Coach: Dave Parrington
SID: Dustin Mynatt (M), Mark Brunner (W)
SID Phone: (865) 974-1212
SID E-mail: dmynatt1@utk.edu; mbrunner@utk.edu
SID Fax: (865) 974-1269; (865) 974-8875
Website: www.utsports.com; www.utladyvols.com

TEXAS A&M

Saturday, December 2 • Lexington, Ky.



Location: College Station, Texas
Enrollment: 44,910
Nickname: Aggies
Colors: Maroon and White
Conference: Big 12
President: Dr. Robert M. Gates
Athletics Director: Bill Byrne
Facility: Student Recreation Center Natatorium
2005-06 NCAA Men's Finish: 17th
Head Coach: Jay Holmes
Diving Coach: Kevin Wright
SID: Brad Marquardt
SID Phone: (979) 845-5725
SID E-mail: bmarquardt@athleticstamu.edu
SID Fax: (979) 845-0564
Web site: www.aggieathletics.com

VANDERBILT

Saturday, December 2 • Lexington, Ky.



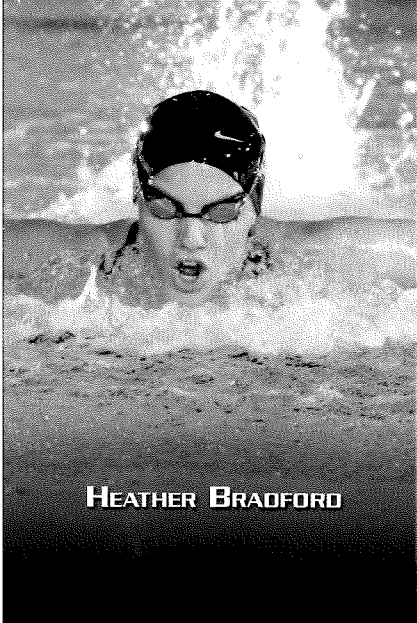
Location: Nashville, Tenn.
Enrollment: 11,481
Nickname: Commodores
Colors: Black and Gold
Conference: Southeastern
Chancellor: Dr. E. Gordon Gee
Vice Chancellor: David Williams II
Facility: Centennial SportsPlex
2005-06 NCAA Women's Finish: N/A
Head Coach: Jeremy Organ
SID: Katy Hamlett
SID Phone: (615) 322-4121
SID E-mail: kathy.hamlett@vanderbilt.edu
SID Fax: (615) 343-7064
Web site: www.vucommODOres.com

2006-07 SEC CHAMPIONSHIPS

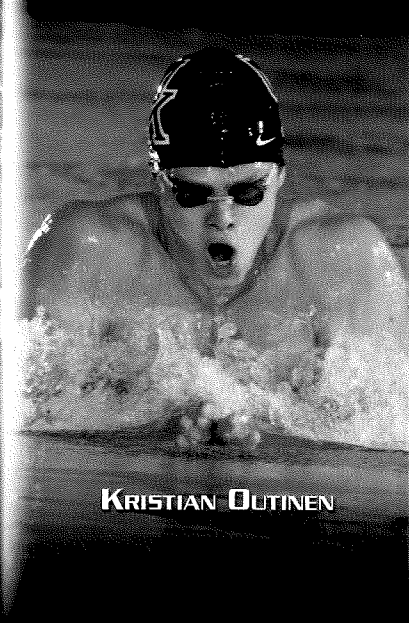
The University of Kentucky and the Lancaster Aquatic Center will host the 2007 Men's and Women's Southeastern Conference Swimming and Diving Championships in February. Seventeen teams with rich tradition and domination in the pool are set to determine the 2007 Champions. In the history of NCAA swimming and diving an SEC school has won the national championship 18 times. This year 109 All-Americans and 12 individual national champions converge on the Bluegrass.



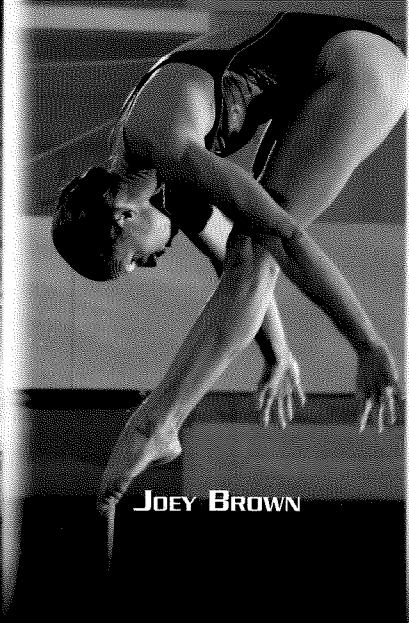
Front Row (L-R): Christina Morgan, Nikia Deveaux, Lauren Willis, Kari Retrum, Leigh Anne Koonman, Joey Brown, Megan Pulskamp, Taryn Ignacio, Kelley Morrison, Leah Harms, Haleigh Kerns, Keli Hnat, Kristina Sledge
Second Row (L-R): Jill Southerlan, Casey Miller, Chelsea Bailey, Lindsay Myhre, Blair Barrett, Sydney Witzky, Kelly Rames, Elizabeth Parsons, Heather Bradford, Tony Bradford, Anna Sirmon, Chatham Penrod
Third Row (L-R): Mickey Malul, Joe Retrum, Travis Muzzillo, Elvis Burrows, Marco Iemmola, Kevin Ryan, Justin Max, Tommy Palinkas, James Batley
Fourth Row (L-R): Dan Vallette, Will Vietti, Justin Smith, Eric Weber, Dan Culla, Kristian Outinen, Warren Grobbelaar, Vince Tortora, Mark Doyle
Back Row (L-R): Grant Nelson, Eric McGinnis, Lance Bowman, Kyle Greene, Matt Bierwirth, Sean Smith, Drew Robinson, Chris Richard, Alex Forbes, Shane Eliason



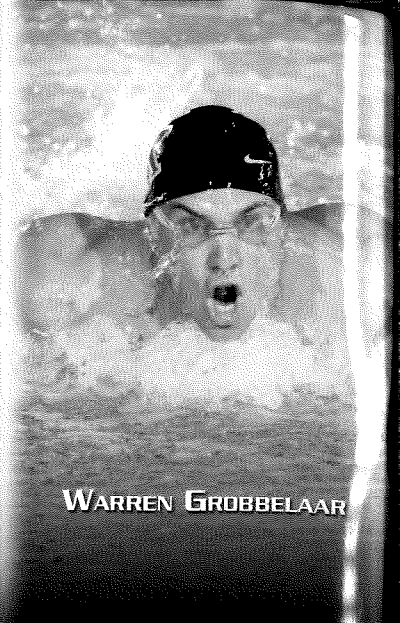
HEATHER BRADFORD



KRISTIAN OUTINEN



JOEY BROWN



WARREN GROBBELAAR

SCHEDULE 2006-07

OCTOBER

14 (SAT)	KENTUCKY RELAYS	1:00 PM
21 (SAT)	AT INDIANA	1:00 PM
27 (FRI)	AT TENNESSEE/SOUTH CAROLINA †	3:00 PM
28 (SAT)	AT GEORGIA	11:00 AM

NOVEMBER

16 (THU)	NIKE CUP *	ALL DAY
17 (FRI)	NIKE CUP *	ALL DAY
18 (SAT)	NIKE CUP *	ALL DAY

DECEMBER

2 (SAT)	TEXAS A&M/VANDERBILT	TBA
----------------	---------------------------------	------------

JANUARY

3 (WED)	IRCC/AUBURN #	8:30 PM
13 (SAT)	ALABAMA	TBA

20 (SAT)	LOUISVILLE	1:00 PM
26 (FRI)	AT CINCINNATI	1:00 PM

FEBRUARY

2-4 (FRI-SUN)	SEC DIVING CHAMPIONSHIPS	ALL DAY
7-10 (WED-SAT)	SEC SWIMMING CHAMPIONSHIPS	ALL DAY
17 (SAT)	WOMEN'S LAST CHANCE MEET ^	TBA
24 (SAT)	MEN'S LAST CHANCE MEET ^	TBA

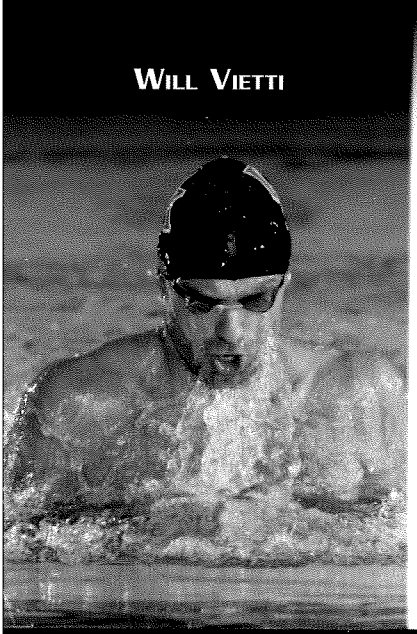
MARCH

2-4 (FRI-SUN)	ZONE DIVING ★	ALL DAY
8-10 (THU-SAT)	WOMEN'S NCAA CHAMPIONSHIPS ☉	ALL DAY
14-17 (WED-SAT)	MEN'S NCAA CHAMPIONSHIPS ☉	ALL DAY

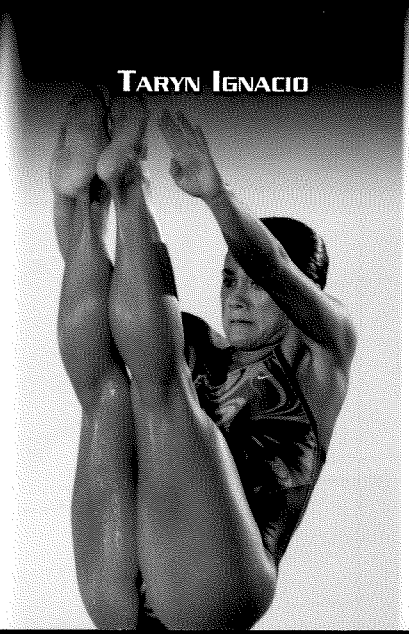
HOME MEETS ARE IN **BOLD**

- † COLUMBIA, S.C.
- * CHAPEL HILL, N.C.
- # FT. PIERCE, FLA.

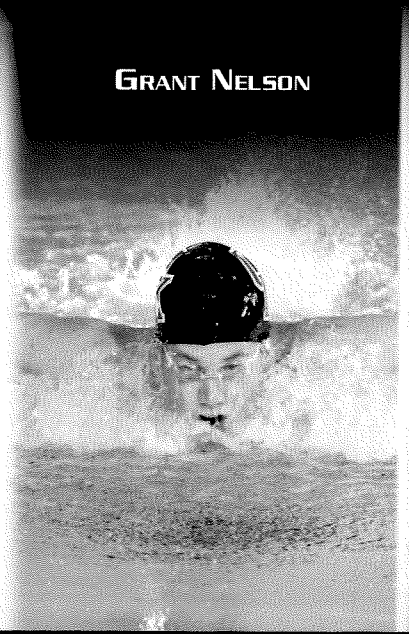
- ALL TIMES EASTERN
- ^ TBA
- ★ ATHENS, GA.
- ☉ MINNEAPOLIS MINN.



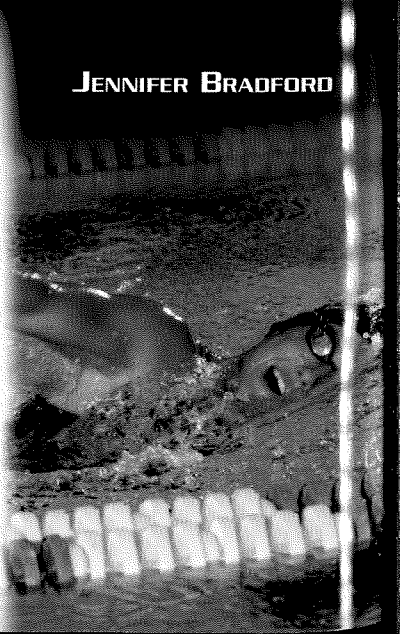
WILL VIETTI



TARYN IGNACIO



GRANT NELSON



JENNIFER BRADFORD