

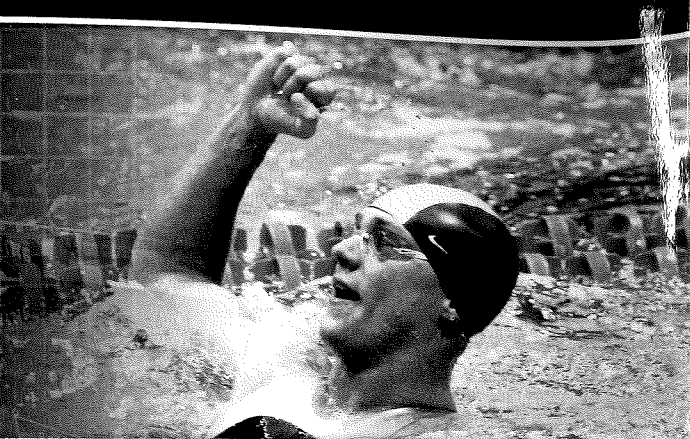
KENTUCKY

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MEDIA GUIDE

383 ACADEMIC
ALL-SEC HONORS

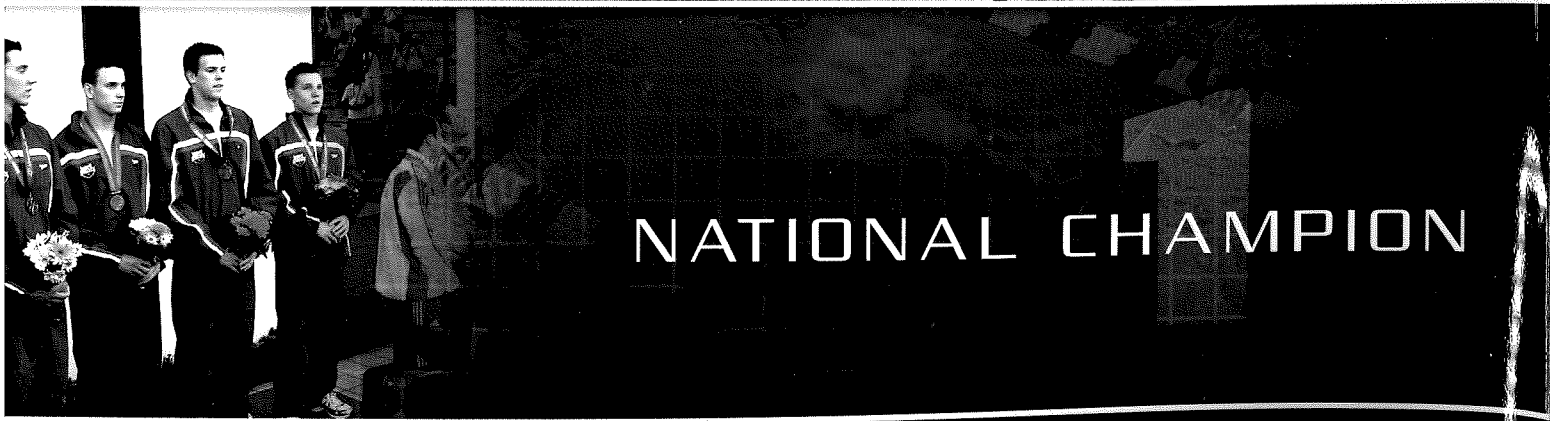


ALL-AMERICANS

THIS IS UK SWIMMING & DIVING



13 SEC CHAMPIONS



NATIONAL CHAMPION

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UK QUICK FACTS

Location: Lexington, Ky.
Enrollment: 27,000
Founded: 1865
Nickname: Wildcats
Colors: Blue & White
Conference: Southeastern
President: Dr. Lee T. Todd Jr.
Athletics Director: Mitch Barnhart
Deputy Director of Athletics: Rob Mullens
Sr. Associate ADs: Sandy Bell, Mark Coyle
Associate ADs: Bob Bradley, John Cropp, Russ Pear, DeWayne Peevy, Lisa Peterson
Assistant ADs: John Butler, Candice Chaffin, Jason Schlafer, Joe Sharpe, Leon Smith, Pam Stackhouse, Rodney Stiles
Athletic Trainer: Corey Gildea
Manger: Addison Gray
Academic Counselor: Bob Bradley
Strength and Conditioning: Stephanie Tracey-Simmons

SWIMMING & DIVING QUICK FACTS

Head Swimming Coach: Gary Conelly (Indiana '73)
Record at UK: 195-149 (18 years)
Record Overall: Same
Diving Coach: Ted Hautau
Assistant Coaches: Don Gibb, John Brucato, Margo Greeman
Facility (Capacity): Lancaster Aquatic Center (750)
2008-09 Women's Dual Meet Record: 5-5
2008-09 Men's Dual Meet Record: 3-6
2008-09 Women's SEC Championship Finish: 9th
2008-09 Men's SEC Championship Finish: 7th
2008-09 Women's NCAA Championship Finish: 36th
2008-09 Men's NCAA Championship Finish: 17th

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HEAD COACH GARY CONELLY



Gary Connelly's 18th season at the helm of the University of Kentucky swimming and diving programs has produced a record-breaking season for the women's squads, including a school-best 597-point record since 1998-99. The men's squad placed 18th at the 2009 NCAA Championships, marking Connelly's 15th top-20 finish combined in his tenure at Kentucky. Seven athletes earned All-America status for the Blue and White while the Kentucky teams eclipsed nine new UK records between the lanes. Junior Megan Pulskamp tapped in second overall in the 100-butterfly at the SEC Championships before earning All-America status in the event at the NCAA Championships.

With the UK men placing 17th at the 2009 NCAA Championships, it marked Connelly's 15th top-20 finish combined in his tenure at Kentucky. Seven athletes earned All-America status for the Blue and White while the Kentucky teams eclipsed nine new UK records between the lanes. Junior Megan Pulskamp tapped in second overall in the 100-butterfly at the SEC Championships before earning All-America status in the event at the NCAA Championships.

It was another successful season for Connelly in 2008 as both the men and women placed in the top 20 in the nation at the NCAA Championships. Led by two of the best swimmers in UK history, Jenny and Heather Bradford, the women scored an 18th-place finish behind a school-best fifth-place performance in the 200-free relay. On the men's side, freshman Tyler Reed and junior Warren Grobbelaar paced UK to a 19th-place finish. Reed and Grobbelaar were integral parts in both the individual and relay events, while Shane Eliason, Alex Forbes and Eric McGinnis all scored first-time All-America nominations. Both teams took fifth place at the annual SEC Championships.

In 2006-07, Connelly's women's squad claimed a school-best 12th-place finish at the 2007 NAAs to highlight another quality season for the Wildcats. Connelly guided the 200-freestyle relay team to its first ever top-eight national performance after watching the quartet win the school's first relay SEC Championship in February. The women finished fourth for the third consecutive season, while the men placed eighth.

In 2005-06, the Cats were once again a force in the pool. Highlighting the men's accomplishments was senior Steven Manley who became the

school's first SEC champion in the 200-freestyle which was the first freestyle crown in UK history since 1957. The women had a record-breaking season by registering a school-best 597 points, good for a second-consecutive fourth-place finish at the SEC Championships. The women continued to set new highs at the NCAA Championships by placing 13th and earning 98.5 points.

The 2004-05 season marked one of the best in Connelly's outstanding career at UK. The men had their best finish at the SEC Championships placing fourth, while the women had their best finish since 1998-99. The men continued their success at the NCAA Championships, finishing 12th, the top mark in school history. The women produced the program's third-best NCAA Championships showing by placing 18th.

Connelly's 2003-04 men's squad sent the largest men's contingent in school history to the NCAA Championships, with eight different Wildcats heading to East Meadow, N.Y. The 2004 squad earned 15th place, marking the best finish in the history of the program at the time. His UK women's squad sent three student-athletes to the NCAA Championships and moved up three spots to sixth place at the SEC Championships.

In 2002-03, Connelly guided the men's team to the program's second-highest finish in the NCAA championships, a 17th-place showing. Connelly's 2001-02 men's team placed 16th at NAAs, the school's best finish at the time. At the SEC Championships, the men had the second-highest point total in school history (282), finishing in sixth place. Competing at the NAAs for the men were juniors Clayton Moss, Roger Watkins and sophomore Joey Faltraco. Faltraco's 11th-place finish in the

200-yard backstroke earned him honorable mention All-America honors, the first UK athlete to earn the honor in the event, while Moss was an All-American on the one- and three-meter springboards and the platform. The women also competed at the national championships, continuing a string of 10 consecutive appearances.

During the 2000-01 year, Connelly coached the men's team to an NCAA 17th-place finish. UK also attained its highest SEC finish in 18 years, taking fifth. Five individuals from the men's team competed at the NAAs, seniors Dave Tweedie, Macon White, Aaron Workman and Shaun Zitani and sophomore Roger Watkins, and earned All-America honorable mention honors. Connelly also guided the women to the NAAs, where they placed 39th. Seniors Melissa Olson and Jaime Siegle competed at the championships, with Siegle earning All-America honorable mention in the 50-freestyle.

During the 1999-2000 season, Connelly led the men's team to a top-20 finish and had two men qualify for the NCAA Championships, both earning All-America honorable mention honors. Four women qualified for the NCAA Championships. The women's 800-freestyle relay captured 12th and earned the women All-America honorable mention honors in addition to competing individually. Following the season, nine Wildcats participated in the 2000 Olympic trials.

In 1998-99, Connelly steered both the men's and women's teams to top-25 finishes at the NCAA Championships. The men finished at No. 24, while the women finished 21st, their fifth consecutive top-25 showing. The women's squad had 10 athletes advance to the NCAA meet, the most in school history.

Connelly and the 1996-97 men's team achieved a 26th-place NCAA finish and Nat Lewis finished third in the 1,650-freestyle and still ranks as the second-highest NCAA finisher in school history. The women secured 24th place and had three team members earn All-America honors.

In the 1995-96 season, Connelly directed the women's team to a 14th-place finish at the NCAA Championships, the highest finish in school history. In 1994-95, Connelly led the women's team to a fourth-place finish at the SEC Championships and a second straight 19th-place finish at the NCAA Championships. Connelly was named 1995 SEC Women's Coach of the Year for his efforts.

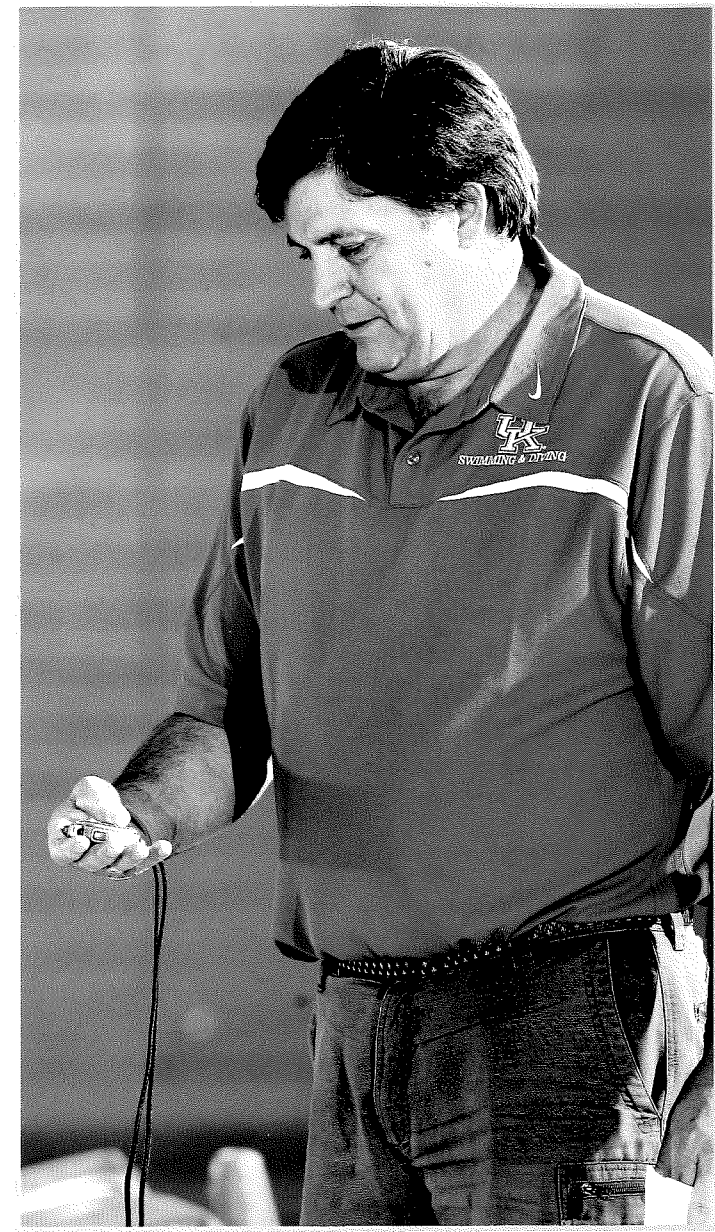
In Connelly's 18 years with UK, the swimming and diving programs have made great strides. In 1990, Connelly coached the team's first female All-American and NCAA finalist, Kellie Moran. Since then, Wildcat swimmers have garnered 206 All-America accolades under Connelly's tutelage.

Prior to becoming head coach at Kentucky, Connelly spent three years with UK as a graduate assistant coach.

Connelly came to the University of Kentucky from the West Florida Lightning Aquatics USS team in Largo, Fla. During his seven years at West Florida, Connelly directed 150 swimmers and produced three Olympic Trial qualifiers, two National Sports Festival team members and one Sports Festival champion in the 100-backstroke.

As a swimmer, Connelly was a member of the 1972 U.S. Olympic Team, and he participated on the world record-setting 400-meter freestyle relay team. An Indiana University alumnus, Connelly was a 15-time NCAA All-American and is a member of the Indiana Swimming Hall of Fame. In 1973, Indiana honored him with the Balfour Award for excellence in swimming, leadership and scholarship.

Connelly is married to Kathleen Healey and has two children, Cody and Emily.



CONELLY BY THE NUMBERS

- 50 athletes have earned 206 All-America honors
- 15 NCAA Top-20 Team Finishes
- 6 SEC Individual Champions
- 1 SEC Relay Championship
- 4 Olympians
- 2 NCAA Top-5 Individual Finishes
- 1972 U.S. Olympian
- Former world record holder 400 FR.

DIVING COACH TED HAUTAU



Ted Hautau begins his second year as the head diving coach at Kentucky. In his first season with the Blue and White, Hautau had an impressive start to his career with the Wildcats. Jessie Snowden earned second-team All-SEC honors after a second-place finish on the one-meter board at the conference championships. Additionally, Hautau guided Justin Smith to top-16 finishes in all three events for the first time in his career.

Previously, Hautau was the diving coach at Atlantic Coast Conference power N.C. State. With the Wolfpack, Hautau led Kristin Davies to a 13th-place finish on the platform at the NCAA Championships in 2008. Davies earned All-America honorable mention honors for her 243.20 score in the event.

Prior to his time at N.C. State, Hautau spent 13 seasons as the head diving coach at Davidson College. At Davidson, Hautau coached Chris Wroblewski to a school record on the one-meter during a dual meet with South Carolina. Additionally, Hautau guided Liz Nugent to back-to-back Zone Diving Championship appearances. Nugent claimed the three-meter crown at the Southern States Championship in 2000 while setting a school record in the event.

Hautau began his career as the head diving coach at North Carolina, his alma mater, where he coached the women to three ACC titles, while the men earned two crowns. He had two athletes earn ACC Diver of the Year awards under his tutelage, while also coaching All-ACC members in the 1992 and 1994 seasons, and an NCAA All-American in 1992.

In addition to his duties at Davidson, Hautau coached for Fuel Diving, a local club diving program in Huntersville, N.C. He served as the event coordinator for the 2004 World Cup Trials and 2005 Speedo Jr. National and U.S. Championships in Huntersville, which drew some of the nation's top divers and Olympians. Hautau coached numerous Junior National finalists, a 2004 Olympic Trial qualifier, a silver medalist at the 2005 US Championships and a finalist at the 2006 US Open.

Hautau has a B.A. in communications from North Carolina-Chapel Hill. He is married to Jessica Thompson, a former Kentucky diver under Mike Lyden. Thompson claimed the 2005 three-meter SEC Championship and was a three-time All-America honorable mention for the Wildcats. The couple has one child, Lilly.

ASSISTANT COACHES



DON GIBB
Assistant Coach

Don Gibb begins his first season as an assistant coach for the Wildcats.

Gibb was the head coach at South Carolina from 1999-2007 and his squad was a consistent top-25 program in the country under his direction. Prior to his stint in Columbia, S.C., Gibb was the head coach at Florida State from 1992-99. At FSU, he took over a struggling program and made it into one of the best in the nation. Twice he was tabbed the Atlantic Coast Conference Coach of the Year and coached three NCAA champions, an Olympic finalist and more than 20 All-Americans.

The two programs Gibb led accumulated a number of accolades. More than 112 school records were broken and he coached three NCAA champions and two runners-up. Gibb directed his athletes to 20 All-America distinctions, 38 individual conference titles, four swimmers of the year honors, while 69 swimmers earned NCAA qualifying marks. A Gibb-led squad is equally impressive in the classroom.

In 2006, South Carolina's women's team earned the top-team grade point average in the nation with a cumulative number of 3.606.

Before becoming the head coach at Florida State, Gibb spent five years as an assistant at the University of Florida. While in Gainesville, Fla., he had the opportunity to learn from some of the world's best coaches in Randy Reese, Skip Foster and Mitch Ivey.

On the international level, Gibb has guided eight Olympians, including an Olympic finalist at the 1996 Olympic Games in Atlanta. He has also led swimmers to qualification for the Pan Pacific Games, Pan American Games and the World Games. Additionally, his swimmers have been among the World Championship finalists and Commonwealth Games medalists.

Gibb, who was born in Buenos Aires, Argentina, brings a wealth of Southeastern Conference swimming experience as a coach and as an athlete to Kentucky. A five-time All-America selection at the University of Florida, he was an SEC and an NCAA champion in 1983. He was ranked among the top 25 in the world in the 100-meter freestyle in 1982 and 1983 and was a member of the Gator 400-meter freestyle relay squad that shared the

American record in 1983. Gibb also led the Gators to the 1983 SEC Championship and the NCAA Team Championship that same year.

In 1997, Gibb served as the head coach for Venezuela at the Maccabiah Games.

His career began in 1985 as a coach with the Nashville Aquatic Club. Also on that staff was Kentucky assistant coach John Brucato.

Gibb and his wife, Gena, have four children, Sarah, Emily, Hannah and son, Dylan.



JOHN BRUCATO
Assistant Coach

John Brucato is in his 12th season with the UK swimming program. Brucato works primarily with the distance group and breaststrokers.

One of Brucato's long-time athletes Elaine Breeden appeared in the Olympic Games for the USA in both butterfly events in 2008.

Brucato came to UK via the USS club team Wildcat Aquatics in Lexington. Brucato joined WA in the spring of 1990 and has established himself as a leader in the Kentucky swim coaching community.

During his tenure with WA, Brucato produced numerous top-16 qualifiers, Junior National qualifiers, Junior National Champions, Senior National qualifiers, and an Olympic Gold Medalist. He is a former Kentucky Swimming Coach of the Year, in addition to being a Select Camp coach and an Olympic Festival coach.

In 1992, Brucato coached Megan Kleine to a gold medal in the 1992 Olympic Games as part of the United States' 400-meter medley relay. Kleine, who swam for six years under Brucato at WA, won Senior Nationals twice in the 100-meter breaststroke. Kleine went on to swim at the University of Texas at Austin.

A native of Covington, Ky., Brucato began his coaching career at the Covington YMCA and then spent two years with the Covington Clippers swim team. He spent five years at the Nashville Aquatic Club, from 1985-90, as head age group coach.

Brucato is a 1985 graduate of Northern Kentucky University where he received a degree in psychology. He lives in Lexington with his wife Jan, and their daughter, Katie, is a junior at Bellarmine University.



MARGO GREEMAN
Assistant Coach

UK swimming alumna Margo Greeman begins her fifth season as assistant coach after being

elevated to the position in December of 2005. Greeman had spent the previous four seasons working as the staff assistant.

Greeman is responsible for coordinating all aspects of recruiting for the men's and women's swimming teams. In addition to recruitment, Greeman oversees all aquatic and special events in relation to the varsity team.

In the pool, she primarily works with the middle distance swimmers. She helped guide Tyler Reed to All-America status in 2008 and 2009 in the 200- freestyle events. Megan Pulskamp also garnered All-America status in 2009 with a 14th place finish in the 100-butterfly.

Greeman swam for the Wildcats from 1991-95 and served as the team captain during her junior and senior seasons. Greeman (Lynch) can still be found on the all-time top-10 UK lists in two events, the 500-freestyle and 1650-freestyle, solidifying her expertise in the distance swimming events.

Born in Melbourne, Australia, Greeman came to Kentucky from Pittsburgh.

Prior to returning to her alma mater, Greeman served as a buyer for Phillip Gall's Outdoor & Ski in Lexington. Additionally, she coached with the Patriot Aquatics club in Orlando, Fla., for three years (1996-99) before returning to UK.

Greeman is married to Josh Greeman, also a UK alum. She completed her master's degree in sports administration in August of 2008 from Eastern Kentucky.

SUPPORT STAFF



BOB BRADLEY
ASSOCIATE DIRECTOR OF ATHLETICS - CAIS

Bob Bradley has been a member of the University of Kentucky Athletics Administrative staff since 1977. He has served both as assistant athletics director for student services and later as associate athletics director for student services. During Bradley's tenure, the University of Kentucky opened the Center for Academic and Tutorial Services in 1981. This was recognized by the National Association of Academic Advisors for Athletics as the first academic center for student-athletes in the nation.

Bradley has twice been honored as "Academic Advisor of the Year," once in 1989 by the College Football Association and again in 1992 by the N4A. In the fall of 2001, Bob was honored as the NCAA CHAMPS Life Skills "Administrator of the Year" by the Division I-A Athletics Directors' Association.



LETITIA HOLLINGSWORTH GRAY
Aquatic Director

Letitia Hollingsworth-Gray begins her sixth season as aquatic director with the Kentucky swimming and diving program. "Tish" oversees facilities operations and event management at the Lancaster Aquatic Center. Hollingsworth-Gray served eight years as the Lancaster Aquatic Center pool manager before assuming the title of aquatic director. Prior to her stint as pool manager, Hollingsworth served as the UK swim team's staff assistant.

The UK alumna and Lexington native swam for the Wildcats from 1982-86 and was the captain of UK's first varsity women's swim team for three years.

Hollingsworth-Gray also teaches courses in CPR, lifeguarding and coaches' safety training, as well as serving as an aquatic examiner for the Red Cross.

Hollingsworth-Gray is married to Steve Gray and the two reside in Lexington. They have a son, Cooper.



JOHN CROPP
Associate Director of Athletics

John Cropp is in his 18th year at the University of Kentucky and his 34th overall involving collegiate athletics.

As associate athletics director, Cropp oversees the administration of seven of UK's 22 athletic teams, including swimming and diving. He assumed his current responsibilities in April 1995, after having served previously as assistant AD for special projects (1993-95), athletics recruiting coordinator (1992-93) and assistant football coach (1991).

For the first 22 years of Cropp's athletics career he was involved in coaching football. His first head coaching position came at Tennessee High School in Bristol, Tenn. Cropp's squads compiled an impressive 48-15-3 record with two state AAA titles (1971-72) and the '72 mythical national championship.

Cropp returned to his alma mater, Vanderbilt, in 1973 as an assistant coach under Steve Sloan. He followed Sloan as an assistant to Texas Tech (1975-77), Ole Miss (1978-82) and Duke (1983). In 1984, Cropp returned to Vanderbilt under head coach George MacIntyre. He entered private business for two years (1986-88) before returning to Vanderbilt for a third time. Cropp served as assistant athletics director for compliance at Vanderbilt for three years before coming to Kentucky.

Cropp earned three varsity letters at Vanderbilt as a guard/linebacker. He received the Wade-Looney Memorial Award as a senior and graduated in 1961. He earned his masters of arts in teaching in 1962.

Cropp and his wife, Mary Ann, have two grown children, Karen and David, and two grandchildren, Kate and Baxter.



ERIC ATNIP
Lifesite Manager

Eric Atnip begins his sixth season as pool manager at the Lancaster Aquatic Center. Atnip began a stint as a lifeguard at the Lancaster Aquatic Center in 1999 and has since served as a lifeguard supervisor and the strength and swim coach for the Wildcat Aquatics swim team. As a student, this amateur triathlete and cyclist helped start the University of Kentucky triathlon club.

Atnip is a two-time graduate of the University of Kentucky after earning a bachelor's degree in political science in 2000 and a master's degree in health promotion in 2003.

Atnip is married to Beth Atnip, a former goalie for the Kentucky women's soccer team.



EMILY LYDEN
Staff Assistant

Emily Lyden begins her second season as staff assistant for the UK swimming and diving program.

Lyden's primary responsibilities include assisting with the coordination and planning recruiting weekends, setting up and running timing systems and computers for all UK home meets, and assisting planning team travel.

Lyden was married to former UK diving coach Mike Lyden. She has three children, Jessica, Jack and Brittany.

Lyden was an All-American diver at Texas.



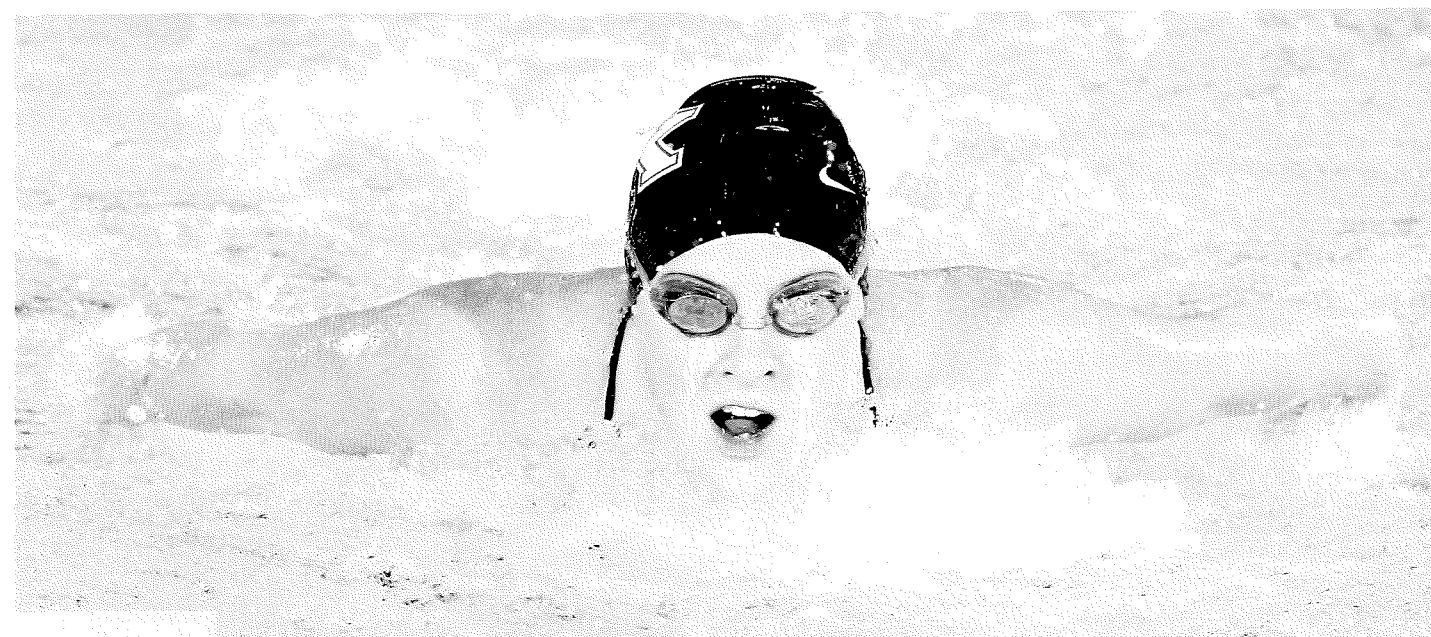
ADDISON GRAY
Team Manager

Addie Gray is in her second season with the Wildcats. Gray helps in all facets of the UK program, serving as the team's head manager. A high school swimmer for New Wave Swim Team, she is a nursing major from Raleigh, N.C. Both of Gray's parents are UK graduates.

2009-10 WILDCAT [WOMEN]

KENTUCKY WOMEN'S SWIMMING & DIVING ROSTER

Name	Event	Class	Ht.	Hometown (Previous School)
- Claire Archibald <i>R</i>	Back/IM/Free	SO	6-0	Johannesburg, South Africa (St. Andrews HS for Girls)
- Megan Eppler <i>R</i>	Back/Free	FR	6-0	Exter, Calif. (El Diamante)
- Lisa Faulkner <i>R</i>	Diving	JR	5-4	Irvington, Va. (George Mason)
- Lindsey Graessler <i>R</i>	Breaststroke	JR	5-6	Mason, Ohio (Kings)
Kelsi Hall <i>L</i>	Free/Breast	SO	5-9	Yorktown, Ind. (Yorktown HS)
- Lindsay Lash <i>R</i>	Back/IM/Fly	SO	5-8	Pickerington, Ohio (Westerville North)
- Amanda Lehotan <i>R</i>	Backstroke	SO	5-7	Paducah, Ky. (Paducah Tilghman)
- Anna Mattox <i>R</i>	Fly/Free	SO	5-3	Opelika, Ala. (Opelika)
Katie McRoberts <i>L</i>	Back/Free/IM	JR	5-8	Carmel, Ind. (Indian River State College)
Casey Miller <i>L</i>	Breast/IM/Free	SR	5-9	St. Louis, Mo. (Marquette)
- Mandy Myers <i>R</i>	Free/Fly	SO	5-10	Apex, N.C. (Apex)
- Jenna Newsome <i>R</i>	Sprint Freestyle	JR	5-10	Marietta, Ga. (North Cobb)
- Chatham Penrod <i>R</i>	Backstroke	R-JR	5-10	Arcanum, Ohio (Arcanum)
- Kelcy Perry <i>R</i>	Fly/Back	FR	5-9	Richmond, Ky. (Model)
- Chelsea Peterson <i>R</i>	Freestyle	SO	5-11	Plymouth, Wisc. (Plymouth)
Megan Pulskamp <i>L</i>	Fly/Free	SR	5-7	Spartanburg, S.C. (Spartanburg)
- Kayla Sergesketter <i>R</i>	Freestyle	JR	5-9	Jasper, Ind. (Jasper)
Anna Sirmon <i>L</i>	Butterfly	SR	5-9	Mobile, Ala. (St. Paul's Episcopal)
- Jenna Willis <i>R</i>	Breast/IM	SO	5-5	Lafayette, Ind. (Central Catholic)
Trina Winsor <i>L</i>	Freestyle	FR	5-8	Granite Bay, Calif. (Elk Grove High)
Sydney Witzky <i>L</i>	Freestyle	SR	5-10	Nashville, Tenn. (Franklin)



2009-10 WILDCAT [MEN]

KENTUCKY MEN'S SWIMMING & DIVING ROSTER

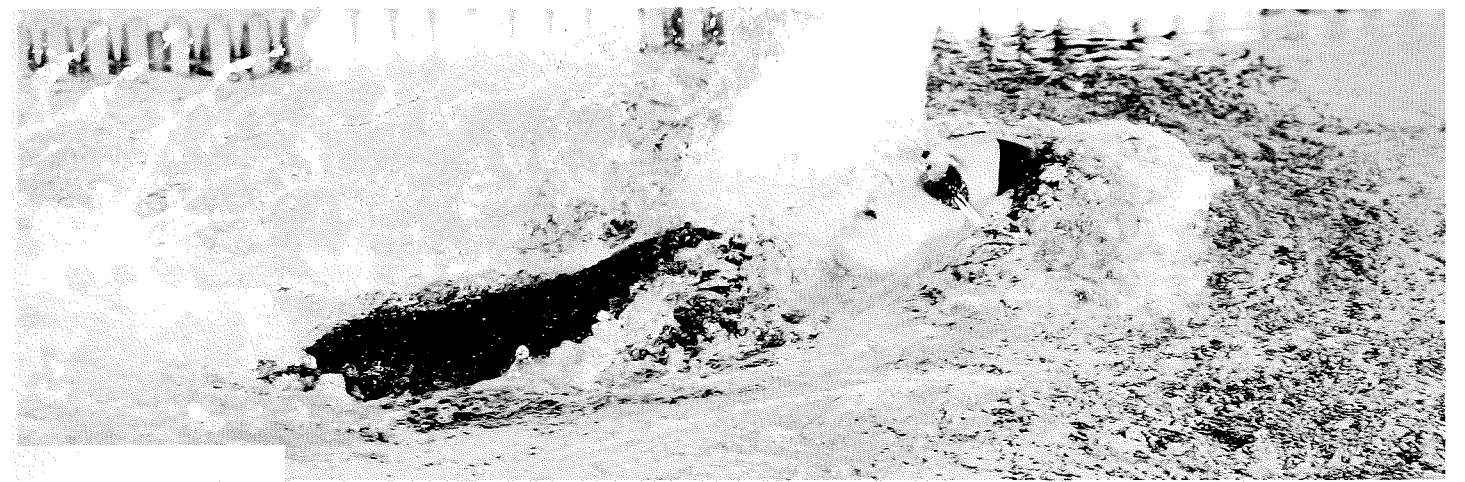
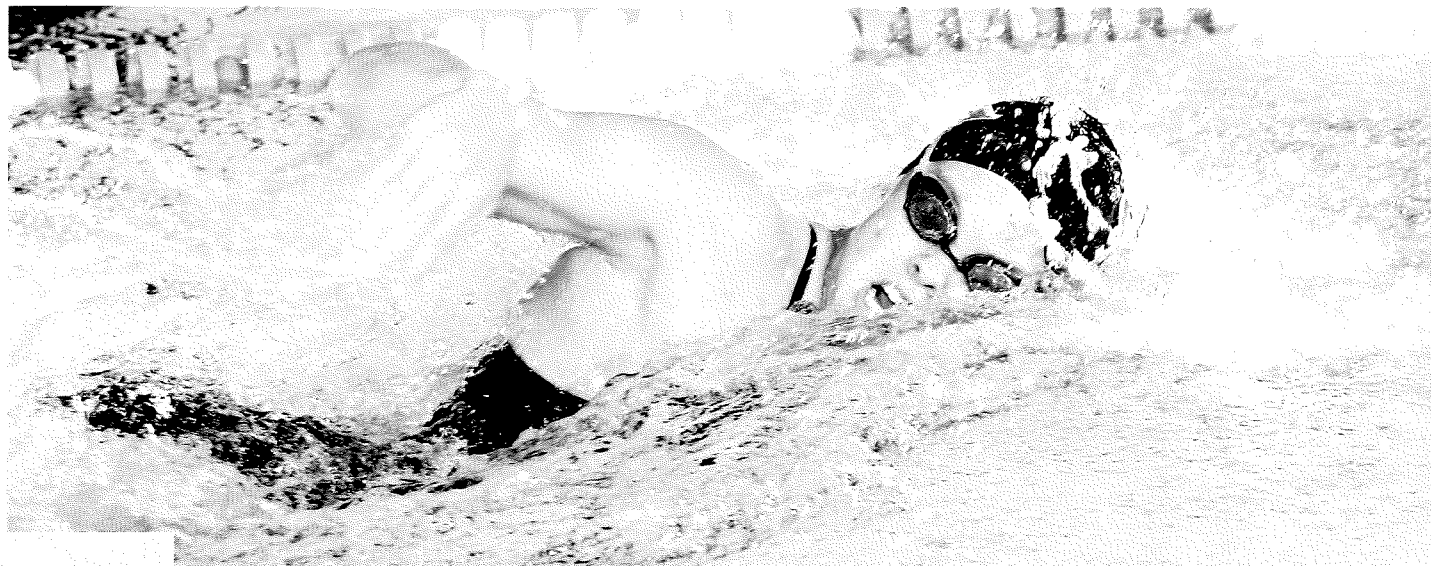
Name	Event	Class	Ht.	Hometown (Previous School)
- Chip Aplin R	Freestyle	JR	6-5	La Grange, Ga. (La Grange)
John Blankenhorn L	Freestyle	FR	6-2	Libertyville, Ill. (Libertyville)
Morne' Boshoff L	Free/IM	SO	6-2	Cape Town, South Afric (Tuks Sport Study Centre)
- John Bullock R	Free/IM	FR	6-1	Louisville, Ky. (St. Xavier)
Elvis Burrows L	Free/Fly	SR	5-11	Freeport, Grand Bahama (Seneca)
- Grant Cooksey R	Breast/IM	SO	6-1	Pewee Valley, Ky. (South Oldham)
- Tripp Crosthwaite R	IM/Back	FR	5-10	Beverly Hills, Mich. (Wylie E. Groves)
- Colin Faris R	Sprint Free	JR	6-2	Maysville, Ky. (Saint Patrick)
Alex Forbes L	Sprint Free/Fly/Back	SR	6-1	Orlando, Fla. (Lyman)
- John Fox R	Diving	FR	6-0	Littleton, Colo. (Chatfield)
- Tom Gimm R	Diving	SO	6-0	Shoreview, Minn. (Mounds View)
- Travis Green R	Freestyle	FR	6-6	Charleston, W. Va. (South Charleston)
Kyle Greene L	Free/Back	SR	6-2	Cincinnati, Ohio (Turpin)
Warren Grobbelaar L	Free/Fly	SR	6-2	Pretoria, South Africa (Pretoria)
Marco Iemmola L	Distance Free	SR	5-11	Crestview Hills, Ky. (Covington Catholic)
- Jonathan Keltner R	Fly/Back	FR	6-0	Williamsburg, Va. (Jamestown)
Pat Kemme R	Free/Breast	FR	6-3	Louisville, Ky. (Trinity)
Justin Max L	Breast/Fly	SR	5-7	Reynoldsburg, Ohio (Reynoldsburg)
Eric McGinnis L	Free/Back	SR	6-2	Raleigh, N.C. (Ravenscroft)
Zach McGinnis L	Back/Free	FR	6-5	Raleigh, N.C. (Ravenscroft)
- Brendan McNamara R	Freestyle	FR	5-7	West Chester, Ohio (Labota West)
Travis Muzzillo L	Fly//Free	SR	5-9	Louisville, Ky. (South Oldham)
Mack Redinger L	Free/Breast	FR	6-0	Dublin, Ohio (Dublin Jerome)
Tyler Reed R	Freestyle	JR	6-5	Morgantown, Ky. (Butler)
Chris Richard L	Freestyle	SR	6-2	Sturgeon Bay, Wisc. (Sturgeon Bay)
- Ben Russell R	Distance Free/Fly	SO	5-7	Lafayette, Ind. (Lafayette Jefferson)
- Matt Russell R	Free/Breast/IM	SO	6-1	Augusta, Ga. (Cornerstone Acad.)
Kevin Ryan L	Freestyle	SR	5-10	Cincinnati, Ohio (Roger Bacon)
David Sanders R	Free/Fly	FR	6-1	West Chester, Ohio (Cincinnati Archbishop Moeller)
Maclin Simpson R	Fly/IM	FR	6-0	Louisville, Ky. (St. Xavier)
Reinhardt Strijdom R	Freestyle	JR	6-2	Pretoria, South Africa (Affies)
Adam Twer L	Back/IM/Free	SO	6-0	Carmel, Ind. (Carmel)
Julio Vallette L	Breaststroke	SR	6-0	Melbourne, Fla. (Holy Trinity Episcopal Academy)
Ramon Walton R	Fly/Back/IM	FR	5-8	Kingston, Jamaica (St. Andrew's College)

KENTUCKY

[2009-10 WILDCAT WOMEN]



WOMEN'S PREVIEW



Myers has also seen action up to the 1,000 range, but Conelly is extremely excited about the addition of freshman Trina Winsor to the distance group. Winsor joins the squad from California where she was tabbed an All-American in high school.

BACKSTROKE

Junior Chatham Penrod captured a school record in the 100-back as a sophomore and returns to the lineup as the team's top returner. Penrod has been a mainstay among the medley relays since her first season and is quickly becoming one of the top performers in the conference. Hot on her heels is the equally talented Archibald. The tandem returns after posting the team's best times in both backstroke events a season ago.

Adding to the depth are Lash and sophomore Amanda Lehotan, who both turned in impressive performances as freshmen. Newsome and Myers have also seen action in the rotation during dual meets. Joining UK this season are newcomers Megan Eppler, Katie McRoberts and Kelsey Perry, who will all compete in the backstroke events.

BREASTSTROKE

Junior Lindsey Graessle is UK's top returner in both breaststroke events after surging up the UK record books and earning 15th place in the 100-breast at the SEC Championships and qualifying for the NCAA Championships as a sophomore.

Sophomore Jenna Willis emerged late in the season to etch her name among the UK top-10 list in the 100-breast with her 26th-place finish at her first career conference meet. With a full collegiate season under her belt, Conelly believes Willis is on the verge of becoming a scorer for the Wildcats in both breaststroke events.

Hall and Miller have also occasionally seen action in the breaststroke events and are candidates to fill the rotation during dual meets.

BUTTERFLY

Pulskamp is Kentucky's career record holder in the 100-fly after turning in an All-America performance a season ago by placing 14th in the country in the event. She also took second in the event at the conference meet and is poised to continue her ascent in the shorter fly race. Pulskamp is a strong enough swimmer to also compete in the 200-fly, but her top races come in the shorter heats.

Sirmon is UK's top returner in the 200-fly after earning a top-20 finish at the SEC Championships and continually improving each and every season. Lash, Mattox, Miller and Myers will all also compete in the butterfly events. Adding to the rotation is Perry, who holds her high school record in the 100-fly.

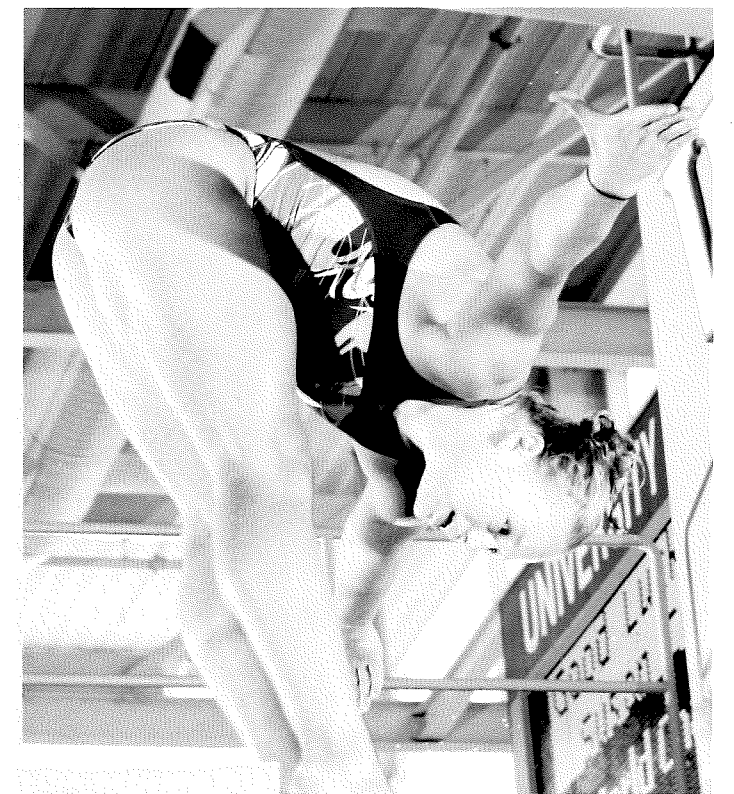
INDIVIDUAL MEDLEY

Miller tallied the squad's best times in both medley events as a junior and will once again be looked upon to lead the Wildcats in this discipline.

Archibald is strong in all four strokes and put together a quality time in the 200-individual medley as a freshman. Lash, Lehotan and Willis all competed in the shorter medley race as freshmen as well. However, Conelly is equally excited about the edition of Eppler and McRoberts to the depth of the medley races. Both newcomers have the ability to secure good times for the Wildcats in the event in both distances.

DIVING

For the second consecutive season, the UK women will utilize the abilities of just one diver – this year in the very talented transfer Lisa Faulkner. Faulkner was the Colonial Athletic Association's Rookie Diver of the Year in 2008 at George Mason and possesses the discipline and talent to be one of the premier divers in the conference in her first season among SEC divers.



After achieving five school records, including three individual times a year ago, the Kentucky women's swimming and diving team is looking to new heights in 2009-10. The women return a number of key components from a season ago, including record holders Casey Miller, Chatham Penrod and Megan Pulskamp.

"This team possesses the talent to have a really good season if everybody continues to make strides and continues to improve," coach Gary Conelly said. "We've changed the way we train a bit to help maintain the team's conditioning for the long haul, which I think will pay dividends for this group."

Despite a small squad in numbers, Conelly believes this team has the depth and talent to make waves both at the conference meet and on the national scene.

SPRINT FREESTYLE

Kentucky's sprint freestylers are all veteran returners who struck for career-best times last season. Pulskamp paves the way in the 50- and 100-free and was a top-15 finisher in both races at the SEC Championships as a junior.

UK's depth continues with senior Sydney Witzky, juniors Jenna Newsome and Kayla Sergesketter and sophomores Kelsi Hall, Lindsay Lash and Chelsea Peterson. Hall led the squad as a freshman by tapping in 12th place in the 50-free at the conference meet and qualified for the NCAA Championships. All of the women secured career-best times a year ago and five of their times were etched among the school's all-time top-10 lists.

MIDDLE DISTANCE FREESTYLE

Miller paces the middle distance group after securing the best finish at the SEC Championships in the 200-free. Conelly will look to Miller to fill a multitude of roles, including pacing the middle distance group.

Sophomore Mandy Myers, Sergesketter and Peterson help form a productive core in the mid-distance range. Adding to the depth will be senior Anna Sirmon and sophomore Claire Archibald, who have both also seen time in this range, but it is not their top stroke.

DISTANCE FREESTYLE

Sergesketter is the top returner for the Blue and White for the grueling distance races after last year's seniors Leah Harms, Haleigh Kerns and Kelly Rames departed.



CLAIRE ARCHIBALD
 Freshman | 5'10" | 130 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

2008-09>> As a freshman competed in three events at the SEC Championships ... Placed 22nd in the 200-backstroke, 28th in the 100-back and 38th in the 200-individual medley ... Tallied five first-place finishes during dual meet season ... She captured first in the 200-back against SEC foe Alabama ... Scored three top-five finishes at the UT Invitational, including a runner-up finish in the 200-backstroke.
 Pre-College>> Appeared on the Junior South African national team for the Junior World Championships and the Junior African Games ... Her RSA team went to Brazil for the World Cup ... Won school honors for swimming ... Earned full academic school colors ... Swam for Dean Price with the Mandeville Dolphins.
 Best Collegiate Times>> 50-backstroke: 27.64; 100-backstroke: 56.10; 200-backstroke: 2:00.15; 50-freestyle: 24.59; 100-freestyle: 51.26; 200-freestyle: 1:51.36; 200-individual medley: 2:03.83; 400-individual medley: 4:32.93



MEGAN EPPLER
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

Pre-College>> A four-time most valuable swimmer at El Diamante ... School was league champions in each of her four seasons ... Captured individual championships in the 200-individual medley and the 500-freestyle as a sophomore ... Competed at the short course national meet in 2005 and 2008 ... Chose UK because she felt at home with the team and the school ... Swam for Rick Klatt with the Fresno Dolphins.
 Best Times>> 200-backstroke: 2:01.11; 50-freestyle: 24.10; 400-individual medley: 4:27



LISA FAULKNER
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

2008-09 [At George Mason]>> Placed second in the women's three-meter dive (301.20) and third in the women's one-meter dive (299.45) at the CAA Championships.

2007-08>> CAA Women's Rookie Diver of the Year ... Finished second in the three-meter (294.00) and third in the one-meter (264.75) at the CAA Championships.
 Pre-College>> Lettered in four sports for the Saxons (gymnastics, diving, cross country, and track) ... Earned two letters in all but cross country which she earned one letter ... Named most outstanding athlete at Langley from the class of 2007 ... MVP of gymnastics team freshman and senior years ... Also named the most valuable athlete for cross country (2005) and track (2006) ... Coached by Roland McDonald with the Patriot Dive Club.
 Best Scores>> One-meter: 299.45; Three-meter: 301.20



LINDSEY GRAESSLE
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

2008-09>> Tallied career-best times in both breaststroke events as a sophomore ... Was a member of the NCAA Championship team ... Placed in the top-50 in both breaststroke events at her first career national meet ... Among the quartet that set school records in sixth place



LINDSAY LASH
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

finishes at the SEC Championships in both medley relays ... Tapped in 15th in the 100-breast at the conference meet ... Also placed 20th in the 200-breast and 48th in the 200-individual medley ... Scored five first-place finishes in dual meets ... Placed in the top three in 12 events ... Took third in the 100-breast at the UT Invitational.
 2007-08>> Scored points for the Cats with a 13th- and 15th-place finish in the 100- and 200-breast, respectively, at the conference meet ... Also tapped in 43rd in the 200-individual medley at SECs ... Had two top-five finishes at the Nike Cup, registering a third-place finish in the 100-breast and fifth in the 200-breast ... Finished second in the 100-breast against Cincinnati.
 Pre-College>> A two-time Ohio High School state champion in the 100-breaststroke ... Four-year letterwinner at Kings High School ... Also a two-time runner-up in the 100-breast at the state meet ... YMCA national champion in the 100-breast ... Chose UK because of the dedicated coaching staff ... Coached by Brad Isham with the Countryside YMCA.
 Best Collegiate Times>> 100-breaststroke: 1:01.54; 200-breaststroke: 2:15.50



KELSI HALL
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

2008-09>> A member of the NCAA Championship team ... Placed 60th overall in the 50-free in her first-ever NCAA meet ... Was a member of the record-breaking 200-medley relay that took sixth at the SEC Championships ... Topped the team with a 12th-place tap in the 50-free at the conference meet ... Also tallied a sixth-place finish as a member of the 200-freestyle relay ... Took 28th in the 100-breast and 32nd in the 100-free ... Won three events in dual meet competition ... Placed in the top 15 in two events at the UT Invitational.
 Pre-College>> A four-year letterwinner at Yorktown ... Was a three-time state champion in the 50-freestyle as a sophomore, junior and senior ... Tapped in third place at the state race in the 100-free as a junior ... Holds Indiana Association record for the 50-free ... Named her high school's Most Valuable Swimmer ... Four-year Academic All-American.
 Best Collegiate Times>> 50-freestyle: 22.77; 100-freestyle: 50.88; 100-breaststroke: 1:04.94



AMANDA LEHOTAN
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

2008-09>> Won the 50-backstroke in a UK win over IUPUI ... Notched a career-best time in the 200-back in her fourth-place finish against Cincinnati ... Totaled two top-20 finishes at the UT Invitational ... Placed 14th in the 200-back at the invite.
 Pre-College>> A four-year letterwinner at Paducah Tilghman ... Finished in the top 16 for three seasons in the 200-individual medley and 500-freestyle at the state meet ... Region I winner in the 200-medley relay, 200-IM and 400-free relay as a senior ... Tapped in fifth in the 400-free relay, sixth in the 200-medley relay and 14th in the 200-IM at the state meet as a senior ... A member of Who's Who Among American High School Students ... Was an honor roll student ... National Honor Society participant ... Named the vice president of both the Student Council and the Spanish Club ... Was coached by former UK swimmer Andy Farris.
 Best Collegiate Times>> 100-backstroke: 1:00.35; 200-backstroke: 2:09.80



ANNA MATTOX
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

2007-08>> Placed in the top 25 in three events at the UT Invitational ... Tapped in 11th in the 200-butterfly ... Also touched in 14th in the 100-fly at the championship-like meet ... Swam in four events in dual meet competition.
 Pre-College>> A four-year letterwinner at Opelika ... Named her high school's most valuable swimmer and a team captain as a senior ... Two-time Scholastic All-American during her sophomore and senior years ... A member of the Spanish National Honor Society, National Honor Society and Science National Honor Society ... Graduated in the top-10 percent of her class ... Named to the Southeastern Swimming Top-Five Hall of Fame ... Coached by Jeff Dellinger with Auburn Aquatics.
 Best Collegiate Times>> 50-freestyle: 23.99; 100-butterfly: 56.15; 200-butterfly: 2:08.10



KATIE MCROBERTS
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

At Indian River>> Member of the 400-freestyle relay team that broke the NJCAA record in March.
 Pre-College>> Was a member of a high school team that captured four consecutive state titles ... A three-time state champion in the 400-free relay ... Scored top-eight finishes in all events in her final three seasons ... Coached by Frank Bradley with Indian River.
 Best Times>> 100-freestyle: 52.7; 100-backstroke: 58.0; 200-individual medley: 2:09; 50-freestyle: 24.5



CASEY MILLER
 Freshman | 5'6" | 125 lbs
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11
 2008-09 | 2009-10 | 2010-11

2008-09>> Set a school-record in the 200-individual medley when she topped the field against Louisville ... Was a member of two point-scoring relays, the 400- and 800-freestyle relays, at the SEC Championships ... Placed 22nd in the 200-free, 26th in the 100-free and 32nd in the 200-individual medley at the conference meet ... Set career-best times in three events ... Totaled





four first-place finishes in dual meet competition ... Scored three top-12 taps at the UT Invitational, including ninth place in the 400-individual medley.

2007-08>> Finished 27th at SEC Championships in the 200-freestyle ... Placed 33rd at the SECs in the 200-individual medley ... Clocked in 35th at the conference meet in the 100-freestyle ... Finished ninth in the 400-individual medley at the Nike Cup ... Also had two top-13 finishes in the 200-individual medley and the 100-freestyle at the Nike Cup ... Recorded career-best times in the 200-individual medley, 400-individual medley and 100-freestyle ... Finished in the top three during dual meets nine times ... Claimed the 200-free and 200-IM against Alabama.

2006-07>> In her first appearance in the SEC Championships, she touched in 21st in the 400-individual medley, 39th in the 200-IM and 48th in the 100-freestyle ... Appeared in four events at the Nike Cup, placing 19th in the 200-IM, 23rd in the 100-free, 25th in the 400-IM and 33rd in the 200-free ... Earned two third-place finishes in the meet against Cincinnati, taking third in the 200-free and 500-free ... Participated in seven different events during the season.

Pre-College>> Placed third in the Missouri

state championships in both the 100-butterfly and 200-individual medley ... Named MVP of her high school team three times in her career ... Holds high school records in the 50- and 100-freestyle, and as a member of the 200- and 400-free and 200-medley relay teams ... Came to UK to be a part of a great team and learn from the coaching staff ... Coached by Mary Liston with Rockwood Swim Club.

Best Collegiate Times>> 100-freestyle: 50.50; 200-freestyle: 1:47.67; 200-individual medley: 2:00.52; 400-individual medley: 4:29.37



MANDY MYERS

Freestyle | Butterfly | 5-10
Apex, N.C. (Apex High School)
Major >> Psychology
Club >> AUSA of the Triangle Area

2008-09>> Was a member of the seventh-place 400-freestyle relay at the SEC Championships ... Tapped in 28th in the 100-free at the conference meet which is good for the eighth-best time in school history ... Also struck for 32nd in the 50-free at the SEC Championships ... Had three top-three finishes in dual meet competition ... Put together four top-20 finishes at the UT Invitational ... Her best

finish at that meet was a ninth-place touch in the 200-backstroke.

Pre-College>> A three-time North Carolina state champion ... Won the 100- and 200-freestyle state title as a junior ... Claimed the 50-free championship as a senior ... Named the 2007 North Carolina AAAA State MVP ... Holds seven Apex High School swim records ... Four-time letterwinner ... A member of the National Honor Society ... Coached by Chad Onken with the YMCA of the Triangle Area.

Best Collegiate Times>> 50-freestyle: 23.49; 100-freestyle: 50.63; 200-freestyle: 1:51.02; 1000-freestyle: 11:07.11; 100-backstroke: 1:00.52; 200-backstroke: 2:05.44; 100-butterfly: 56.15;



JENNA NEWSOME

Freestyle | Back | 5-11
Pinebluff, N.C. (Pinebluff)
Major >> Communications
Club >> Lambda Chi Alpha

2008-09>> Scored for the Wildcats as a member of the sixth-place 200-freestyle and 400-medley relays at the SEC Championships ... Touched in 26th in the 50-free, 32nd in the 200-free and 33rd in the 100-free at the conference

meet ... Tallied three victories during dual meet season ... Placed in the top-three nine times in dual meet competition ... Notched three top-11 finishes at the UT Invitational, including a sixth place tap in the 50-free.

2007-08>> Tapped in 25th in the 100-backstroke, 31st in the 50-freestyle and 41st in the 100-free at the SEC Championships ... Had three top-15 finishes at the Nike Cup, taking 10th in the 100-free, 13th in the 200-back and 15th in 100-back ... Captured five first-place finishes during dual meets.

Pre-College>> A four-time most valuable swimmer for her high school squad ... Owns four school records ... One-time state champion and four-time state runner-up ... Named All-America five times ... County meet record holder in the 50-free ... Coached by Yit Aun Lim with the Marietta Marlins.

Best Collegiate Times>> 100-backstroke: 58.08; 200-backstroke: 2:03.80; 100-freestyle: 50.55; 50-freestyle: 22.88; 200-freestyle: 1:51.94



CHATHAM PENROD

Backstroke | Freestyle | 5-10
Arcadia, Ohio (Arcadia)
Major >> Management, Economics
Club >> Miami YMCA

2008-09>> Set the UK record in the 100-backstroke with her 12th-place finish in the event at the SEC Championships ... Clocked in 39th in the event at the NCAA Championships ... Was also a member of the school record-breaking medley relays at the conference meet with both touching in sixth place ... Tapped in 19th in the 200-back and 51st in the 50-free at the conference meet ... Earned four first-place finishes during dual meet competition ... Was third in the 100-back and fourth in the 200-back at the UT Invitational ... Set career-best times in three events.

2007-08>> Redshirt season.
2006-07>> An immediate impact freshman for the Wildcats who enjoyed a stellar first season ... A member of the 2007 NCAA Championship squad competing as the backstroke leg of the 200-medley relay ... Earned a bronze medal with the 200-medley relay team at the SEC Championships ... Placed in the top-15 in two individual events in her first SEC Championships, taking 11th in the 200-back and 13th in the 100-

back ... Also placed 43rd in the 50-free at the conference meet ... Captured six wins in dual meet competition, including two meets in which she won both backstroke events ... Notched third place in the 100-back and fourth in the 200-back at the Nike Cup in November ... Earned eight top-three finishes during dual meets.

Pre-College>> A two-time state runner-up in the 100-backstroke ... District champion in 100-meter butterfly ... Two-time Daily Advocate Swimmer of the Year ... Also participated in track and field in high school ... Became a Wildcat because it was the right fit with the coaches, team and academics ... Coached by Clint Bostick with the Miami County YMCA.

Best Collegiate Times>> 50-freestyle: 24.43; 100-backstroke: 53.92; 200-backstroke: 1:58.25



KELCY PERRY

Backstroke/Butterfly
Freshman | 5-5
Palmwood, Ky (Moore)
Major >> Undecided
Club >> COLA

Pre-College>> Holds Model records in both the 100-fly and 100-back ... Also a part of the school record-breaking times in the 200-medley





and 400-free relays ... An All-American in both individual events ... Two-time most valuable swimmer ... Selected to the All-Region team in each of her four seasons ... An All-State selection. **Best Times**>> 100-butterfly: 56.42; 100-backstroke: 57.63



CHELSEA PETERSON
 Freshman | Swimmer | 5'10"
 Hometown: Hillsboro, Oregon
 Major: >> Pre-medical
 Club: >> University of Kentucky

2008-09>> Scored as a member of the sixth-place 200-freestyle and seventh-place 400-free relays at the SEC Championships while helping set a school record in the 800-free relay with a seventh-place finish ... Touched the wall in 22nd overall in the 100-free in a time that ranks fifth all-time at Kentucky ... Also tapped in 27th in the 50-free and 30th in the 200-free at the conference meet ... Had four top-four finishes in dual meet season ... Placed third overall in the 100-free at the UT Invitational. **Pre-College**>> A four-year honorable mention All-State ... Four-time state qualifier and medalist in the 50- and 100-freestyle ... Was named most valuable swimmer of her team in

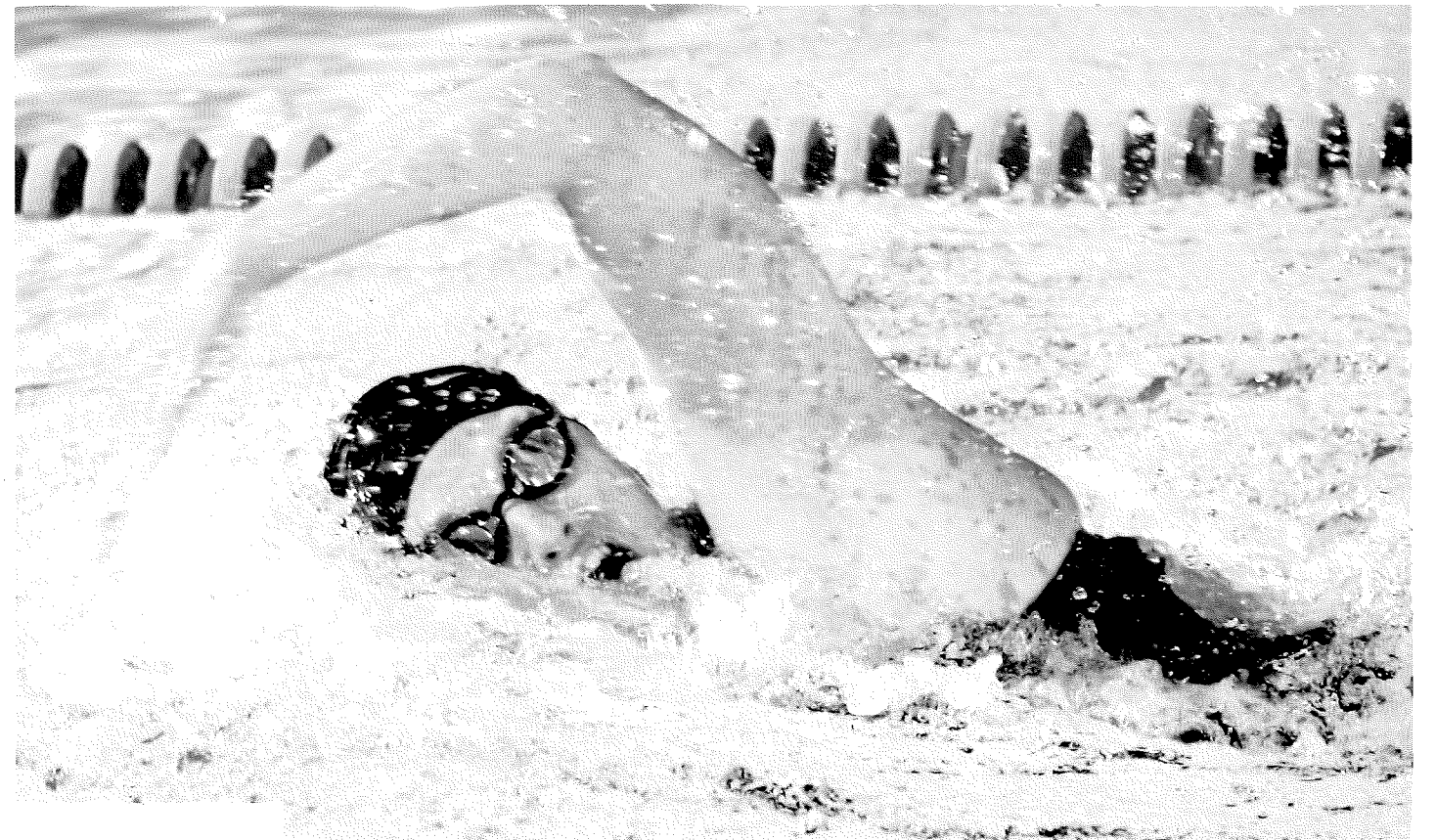
each of her four seasons ... A member of the honor roll ... Tabbed the junior and senior class president ... National Honor Society member. **Best Collegiate Times**>> 50-freestyle: 23.36; 100-freestyle: 49.96; 200-freestyle: 1:51.55



MEGAN PULSKAMP
 Sophomore | Swimmer | 5'7"
 Hometown: Hillsboro, Oregon
 Major: >> Pre-medical
 Club: >> University of Kentucky

[TEAM CAPTAIN]
2008-09>> Earned her first individual All-America honor when she tapped in 14th place in the 100-fly at the NCAA Championships ... Set a UK record with her second-place finish in the same event at the SEC Championships ... Scored in seven events at the conference meet ... Placed in 14th in the 50-free and 15th in the 100-free ... Was also a member of three top-seven relays at the SEC Championships ... Tallied 13 victories in four events during dual meet competition ... Was second in the 200-fly and fourth in the 100-fly at the UT Invitational ... Set career-best times in three events as a junior. **2007-08**>> All-America in the 400-freestyle

relay and 200-freestyle relay ... Placed 22nd at the NCAA Championships in the 200-butterfly ... Won a silver medal as a member of the 200-free relay team at the SEC Championships ... A member of the fifth-place SEC Championship 400-freestyle relay team ... Also placed 11th in the 100-butterfly at the SEC Championships ... Finished 12th in the 200-fly and 22nd in the 50-free at SECs ... Scored a first-place finish in the 200-fly and a second-place finish in the 100-fly at the Nike Cup ... Also had a top-20 tap in the 50-freestyle at the Nike Cup ... Tallied 18 top-three finishes in dual meets ... Captured seven first-place finishes, six in the 200-fly and one in the 100-butterfly during dual meets ... Recorded career best times both fly events. **2006-07**>> Only Wildcat freshman to earn a top-eight finish at the SEC Championships, taking eighth in the 200-butterfly to end a fantastic first year ... Also placed 28th in the 50-freestyle in her first conference meet ... Took fifth in the 200-fly, 12th in the 100-fly and 21st in the 50-free at the Nike Cup in November ... Won the 200-fly in a meet against state-rival Louisville ... Tallied eight top-three placements during dual meet competition. **Pre-College**>> Six-year letterwinner at Spartanburg High School ... Named Most



Valuable Swimmer her senior season ... Holds state record in 100-butterfly ... Tabs her most memorable sports moment as garnering the high school record in the 100-fly while beating the previous record holder at the same time ... Chose UK because she loved the team ... Coached by Mike Faltraco with Swim Spartenberg. **Best Collegiate Times**>> 100-butterfly: 52.10; 200-butterfly: 2:00.74; 50-freestyle: 22.59; 50-backstroke: 27.86; 200-backstroke: 2:07.06; 100-freestyle: 49.47



KAYLA SERGESKETTER
 Freshman | Swimmer | 5'5"
 Hometown: Hillsboro, Oregon
 Major: >> Pre-medical
 Club: >> University of Kentucky

[TEAM CAPTAIN]
2008-09>> Tallied three top-30 finishes at the SEC Championships ... Took 25th in the 200-freestyle, and 29th in both the 50- and 100-freestyle events ... Her time in the 100-free was good for ninth place all-time in the UK record books ... Notched 10 top-three finishes in dual meet competition ... Had three top-16 place finishes at the UT Invitational, including taking seventh in the 100-free.

2007-08>> A member of the SEC Championship ninth-place 800-freestyle relay team ... Set a career-best time and finished 23rd at the SEC Championships in the 100-free ... Placed 32nd in the 200-free and 34th in the 50-free at the conference meet ... Took 11th in the 100-free and 15th in the 200-free at the Nike Cup ... Had four top-three finishes in dual meets. **Pre-College**>> A 10-time High School All-American ... Nine-time state medalist ... Possesses eight school records ... Team captain for two seasons ... 2007 IHSA Mental Attitude Award for Girls' Swimming ... US Open and Junior National qualifier ... Academic All-American and ranked in the top-10 percent of her class ... Four-year letterwinner in both swimming and cross country ... Coached by Kristy Vaughn with Jasper Aquatics Wildcats. **Best Collegiate Times**>> 200-freestyle: 1:50.67; 100-freestyle: 50.68; 500-freestyle: 5:03.30; 50-freestyle: 23.42; 1000-freestyle: 10:17.94



ANNA SIRMON
 Freshman | Swimmer | 5'6"
 Hometown: Hillsboro, Oregon
 Major: >> Pre-medical
 Club: >> University of Kentucky

[TEAM CAPTAIN]
2008-09>> Serves as a captain for the second consecutive season ... Tallied career-best times in two events ... Was a member of the record-breaking 800-free relay that placed eighth overall at the SEC Championships ... Tapped in 20th in the 200-butterfly at the conference meet ... Also notched a 25th-place finish in the 100-fly ... Totaled 10 top-three finishes during the dual meet season ... Took first in the 200-fly in a UK win over Louisville ... Placed sixth in the 100-fly at the UT Invitational. **2007-08**>> A team captain ... Placed 26th in the 100-butterfly at the SEC Championships ... Also tapped in 23rd in the 200-butterfly at SECs ... Finished first in UK's home meet against Cincinnati in the 200-fly ... Also had five top-five finishes in dual meets ... Recorded career best times in 100- and 200-fly and 200-backstroke. **2006-07**>> Claimed ninth in the 200-butterfly for her first-career top-10 performance at the Nike Cup in November ... Also placed

2009-10 BIOS [WOMEN]

28th in the 100-fly ... Took fourth in the 200-fly in an opening meet loss to Indiana ... Appeared in three dual meets during the season.

Pre-College>> Member of the 2003-04 Alabama State Champions ... An Alabama state record holder and state champion ... Chose UK because she loved everything about the team and coaches ... Coached by John Hartman with City of Mobile Swim.

Best Collegiate Times>> 100-butterfly: 55.60; 200-butterfly: 1:59.54

Best Collegiate Times>> 100-breaststroke: 1:04.15; 200-breaststroke: 2:21.51; 200-individual medley: 2:07.46



TRINA WINSOR

Freestyle | Freshman | 5-6
Granite Bay Calif. (EB) (Granite HS)
Major >> Undecided
Club >> Sierra Marlins

Pre-College>> An All-American swimmer at Elk Grove ... Holds several school records ... Also competed at junior nationals and the national meet ... Chose Kentucky because she likes the people, coaches and the area.

Best Times>> 200-freestyle: 1:49; 1000-freestyle: 9:59; 500-freestyle: 4:52



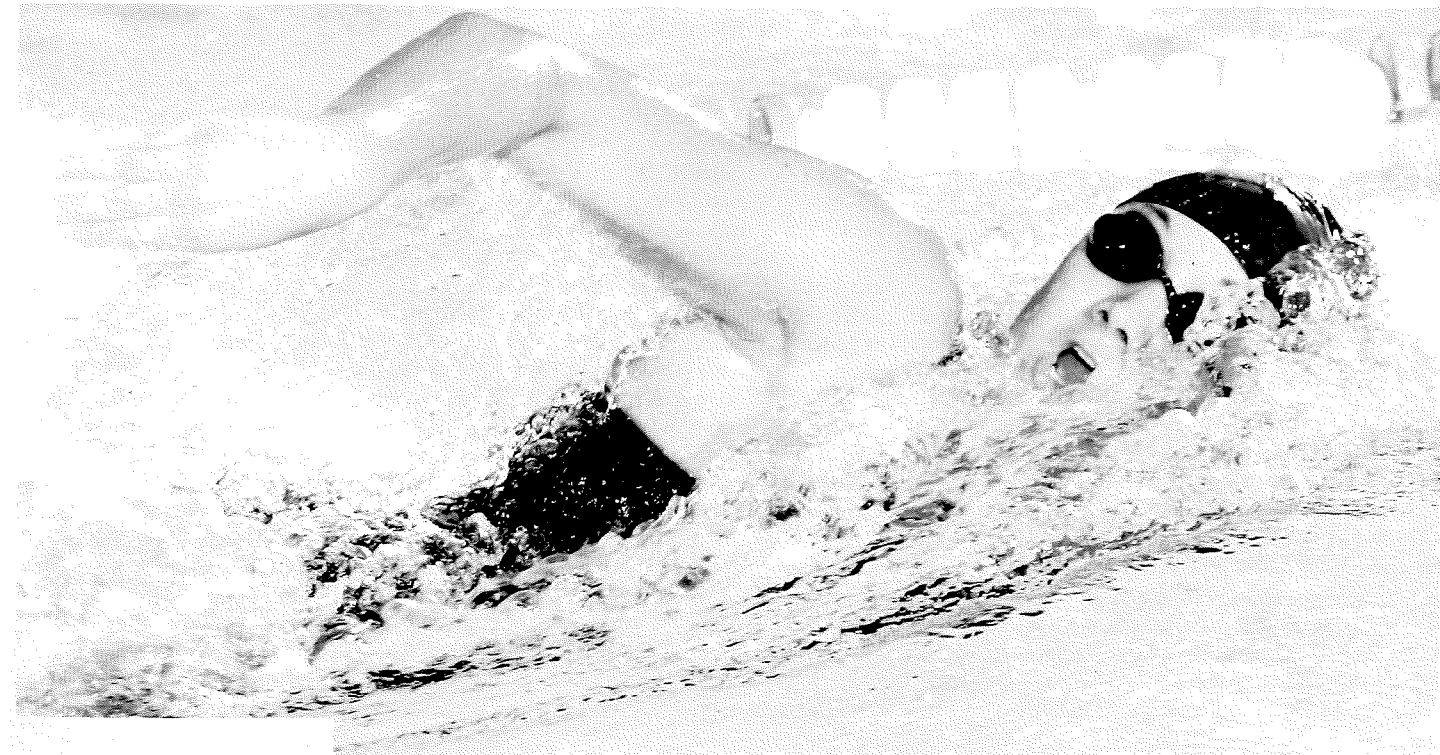
SYDNEY WITZKY

Freestyle | Senior | 5-10
Hastings, Tenn. (Franklin HS)
Major >> Criminal Justice
Club >> Heschyle

2008-09>> Had two career-best times in her third season with the Wildcats ... Both of those career-best times came at the SEC Championships ... Placed in the top three in two events during dual meet season ... Was 20th overall in the 100-free at the UT Invitational ... Had three top-25 finishes at that meet.

2008-09>> Notched the eighth-best time in school history with her 26th-place finish in the 100-breast at the SEC Championships ... Also placed 25th in the 200-breast and 44th in the 200-individual medley ... Scored eight top-three finishes in dual meets ... Won the 50-breast in a UK win over IUPUI ... Had three top-15 finishes at the UT Invitational ... Took 10th in the 200-breast at the meet.

Pre-College>> A four-year letterwinner at Central Catholic ... Was a state qualifier and a sectional champion during her career ... A member of the National Honor Society ... Honor Roll student ... Was named the class treasurer.



2007-08>> Placed 20th at the Nike Cup in the 50-freestyle ... Also placed 28th at the Nike Cup in 100-free ... Finished first in the 100-free in a dual meet at Ohio State ... Claimed three top-three finishes during dual meet season ... Recorded career best times in two events, the 50- and 100-free.

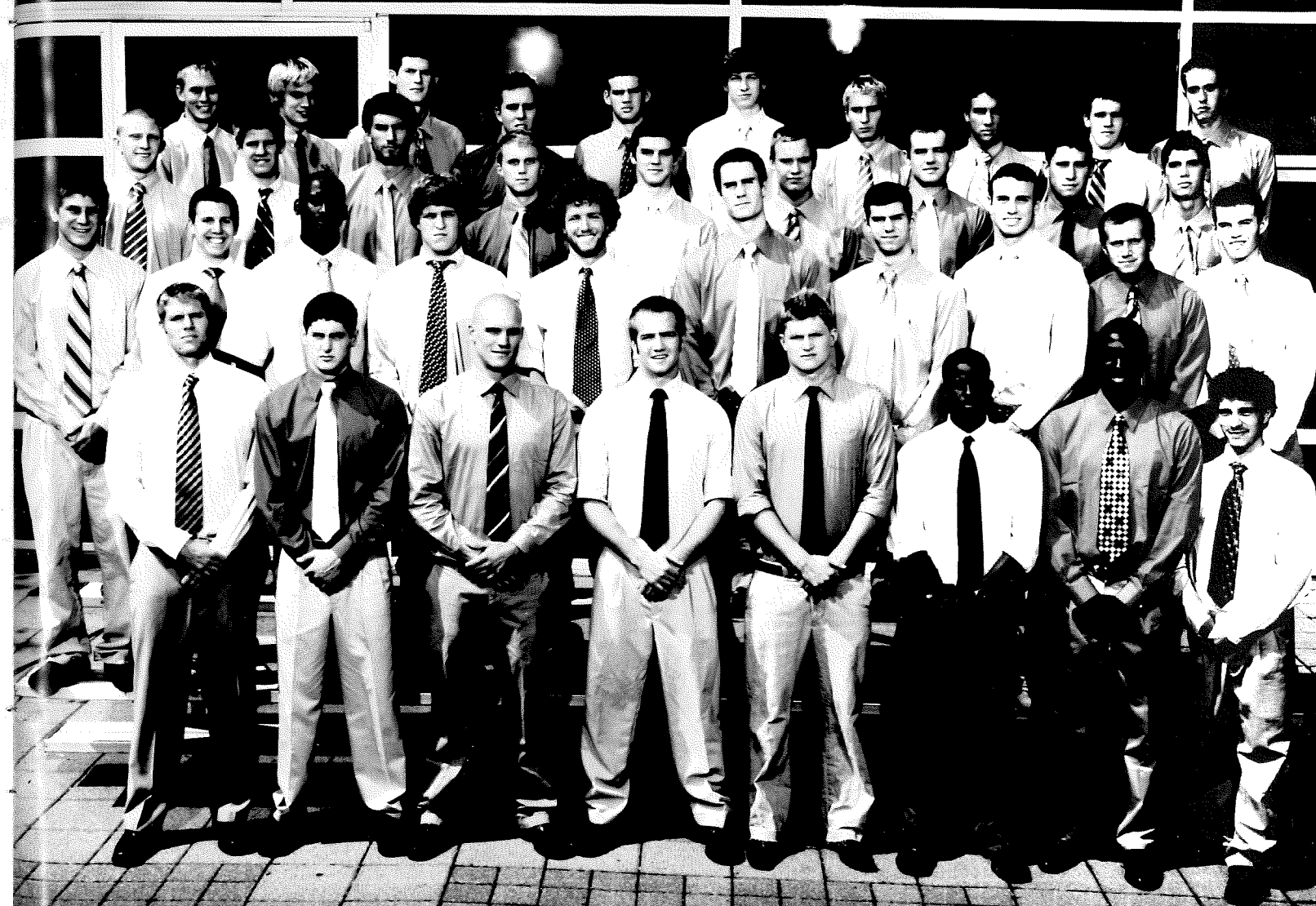
2006-07>> Turned in an 18th place showing in the 100-freestyle at the Nike Cup Invitational ... Also garnered 29th in the 50-free and 32nd in the 200-free at the Cup ... Took third in the 100-free in an opening day meet to Indiana ... Participated in six dual meets throughout the season.

Pre-College>> A four-year letterwinner at Franklin High School ... Named the team's Most Valuable Swimmer twice during her tenure ... Holds the high school record in the 50-freestyle ... Chose to be a Wildcat because she loves the team and because Lexington is not too far from home ... Says the team is a highly motivated, close-knit group ... Coached by John Morse for the Nashville Aquatics Club.

Best Collegiate Times>> 100-butterfly: 1:07.58; 50-freestyle: 24.08; 100-freestyle: 52.20; 200-freestyle: 1:53.10; 100-breaststroke: 1:12.02

KENTUCKY

[2009-10 WILCAT MEN]



MEN'S PREVIEW



PHOTOGRAPH BY [unreadable]

Expectations are plentiful for the 2009-10 edition of the UK men's swimming and diving team. The Wildcats return 26 letterwinners and six All-Americans from a team that placed 17th at the NCAA Championships a season ago.

"The expectations for the men's team are extremely high simply based on the number of quality returners we have coming back," head coach Gary Conelly said. "The core nucleus returns from a year ago and they were a top-20 team last season."

Seniors Eric Burrows, Rob Forbes, Kyle Greene, Warren Grobbelaar and Eric McGinnis have all earned All-American status throughout their careers in the Blue and White. As a unit they are unquestionably among the top tier of athletes for the Wildcats, but their drive and leadership in their final seasons could provide UK with the spark to achieve a top-10 national finish.

SPRINT FREESTYLE

Conelly has tabbed the sprint freestyle discipline as his deepest lineup. Eric McGinnis was a top-eight qualifier in both sprint events as a junior at the SEC Championships. He added to his accomplishments as a swimmer when he joined the United States as a member of the 2009 World University Games, where he won a gold medal as a member of the 200-freestyle relay team.

Burrows, Forbes, Greene and Grobbelaar are all among UK's top performers all-time in the records books in both the 50- and 100-free events. Senior Chris Richard and junior Colin Faris both put together their best seasons as collegiate athletes a year ago – and also rank among UK's all-time top-10 charts in those events.

Adding to the depth of the lineup are newcomers Chip Aplin, John Blankenhorn and Mack Redinger.

MIDDLE DISTANCE FREESTYLE

Reed headlines this group for the Wildcats. The Kentucky native has posted consecutive seasons of All-America distinction after adding another top-15 finish in the 200-free at the NCAA Championships as a sophomore.

Greene, junior Reinhardt Strijdom and sophomore Morne' Boshoff form a potent quartet of mid-distance swimmers in dual meet action and all four have the capability of earning NCAA bids. The four combined also form a quality 800-free relay squad.

Freshmen Travis Green and Pat Kemme will also compete in this discipline and could challenge for one of the coveted relay spots.

DISTANCE FREESTYLE

Boshoff earned All-SEC Freshman team honors after placing in the top-16 at the SEC Championships in the 1,650-freestyle. He will continue to race in the distance events and is challenging the UK record books in all three grueling races.

Seniors Kevin Ryan and Marco Iemmola and sophomore Ben Russell add depth to the veteran lineup. Conelly is extremely excited about the possibilities of Green's potential in the longer races. Helping the Wildcats in this event will also be freshmen John Bullock and Brendan McNamera.

BREASTSTROKE

Sophomore Grant Cooksey turned in an impressive first season for the Wildcats as the top performer in this discipline. As a freshman he posted the team's best times in both breaststroke events. However, Conelly has seen the emergence of senior Julio Vallette as an extremely positive development for the Wildcats. Together the tandem provides the Wildcats with a talented one-two punch in the event that does not have the depth in numbers as some other events for the Blue and White.

Eric McGinnis joined the Wildcats in the 200-medley relays at the NCAA Championships in the breaststroke leg of the race and helped guide UK to a top-10 finish in the event. Senior Justin Max, sophomore Matt Russell and Kemme will also contribute to the breaststroke discipline.

BACKSTROKE

Departing All-American Shane Eliason leaves a void in UK's backstroke lineup, but it is not one that Conelly believes will be difficult to fill. Grobbelaar is a magnificent sprint backstroker and could possibly fill in on the short medley relays in that leg of the event.

Greene has been a consistent top-16 backstroke performer in all three of his seasons with UK. Sophomore Adam Twer enjoyed an outstanding first season with the Wildcats charting top-10 UK performances in both backstroke legs.

However, it is the addition of freshmen Zach McGinnis, Tripp Crosthwaite and Ramon Walton that has Conelly particularly excited about the potential of this group.

BUTTERFLY

Burrows has performed well on the national stage for two consecutive summers and last season topped Grobbelaar's school record in the 100-fly. Having Grobbelaar return to the lineup forms a dazzling one-two combination. Forbes continues to flourish as well in the 100-fly to add to the depth.

Seniors Travis Muzzillo and Max and sophomore Matt Russell will all appear in the 200-fly events. Adding to the fire power are freshmen Jonathan Keltner and Maclin Simpson in the longer fly event and David Sanders in the 100.

INDIVIDUAL MEDLEY

Greene, Boshoff, Cooksey and Twer all have competed in medley events throughout their careers. They all are incredibly disciplined in the four strokes and will continue to look to improve on their times as they progress throughout the season.

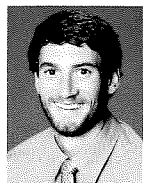
Four freshmen in Bullock, Crosthwaite, Simpson and Walton will provide Conelly a deep group of medley swimmers.

DIVING

Sophomore Tom Gimm and freshman John Fox form the diving tandem for the 2009-10 season. Gimm was a quick learner for coach Ted Hautau and produced his best performances at the SEC Championships. Fox will immediately contribute after winning the class 5A Colorado state championship as a senior in Littleton, Colo.



2009-10 BIOS [MEN]



CHIP APLIN

Free/Event/Back/Fly | Juniors | 6-5
La Grange Ga (Darton College)
Major >> Education
Club >> Innap County

Pre-College>> Was the captain of his La Grange High School swimming and soccer teams ... La Grange's swim team was state runner-up ... Holds school records in the 50- and 100-freestyle events ... Also competed at the Junior Championships ... Chose to come to Kentucky because it is in the SEC.

Best Times>> 50 freestyle: 20.14; 100 freestyle: 43.97; 100 breaststroke: 56.85; 100 backstroke: 50.58; 100 butterfly: 51.26



JOHN BLANKENHORN

Free/Butt | Freshman | 6-2
Libertyville, Ill (Libertyville)
Major >> Mechanical Engineering
Club >> CATS

Pre-College>> Did not compete in swimming for Libertyville ... Was a letterman on the water polo team for his high school ... Competed at the Junior National

Championships ... Chose UK for the engineering program and to compete in swimming ... Coached by Kevin Zabrzewski at CATS.
Best Times>> 50 freestyle: 21.13; 100 freestyle: 45.48; 200 freestyle: 1:42.69



MORNE' BOSHOFF

Free/Butt | Sophomore | 6-0
Cape Town, South Africa
(U.S. South Study Center)
Major - Underclass
Club - Vineyard Swimming Club

2008-09>> Named to the SEC All-Freshman team after earning points for the Wildcats in three events at the conference meet ... Touched in 13th in the 500-freestyle and 15th in the 1650-free ... Was a member of the fifth-place 800-freestyle relay squad ... Also touched in 24th in the 200-free at the SEC Championships ... Captured four wins in dual meet competition ... Placed in the top 10 in 10 events during dual meets ... Touched in third in the 1650-free at the UT Invitational.
Pre-College: Tapped in third in the 400-meter individual medley at the South African Olympic Trials ... Also finished fifth in the 400-meter freestyle at the Olympic Trials ... Coached by Karoly Toros at Vineyard Swimming Club.
Best Collegiate Times: 200 freestyle:

1:38.64; 500 freestyle: 4:23.80; 1000 freestyle: 9:08.54; 1650 freestyle: 15:28.41; 200 individual medley: 1:57.20; 400 individual medley: 4:09.02

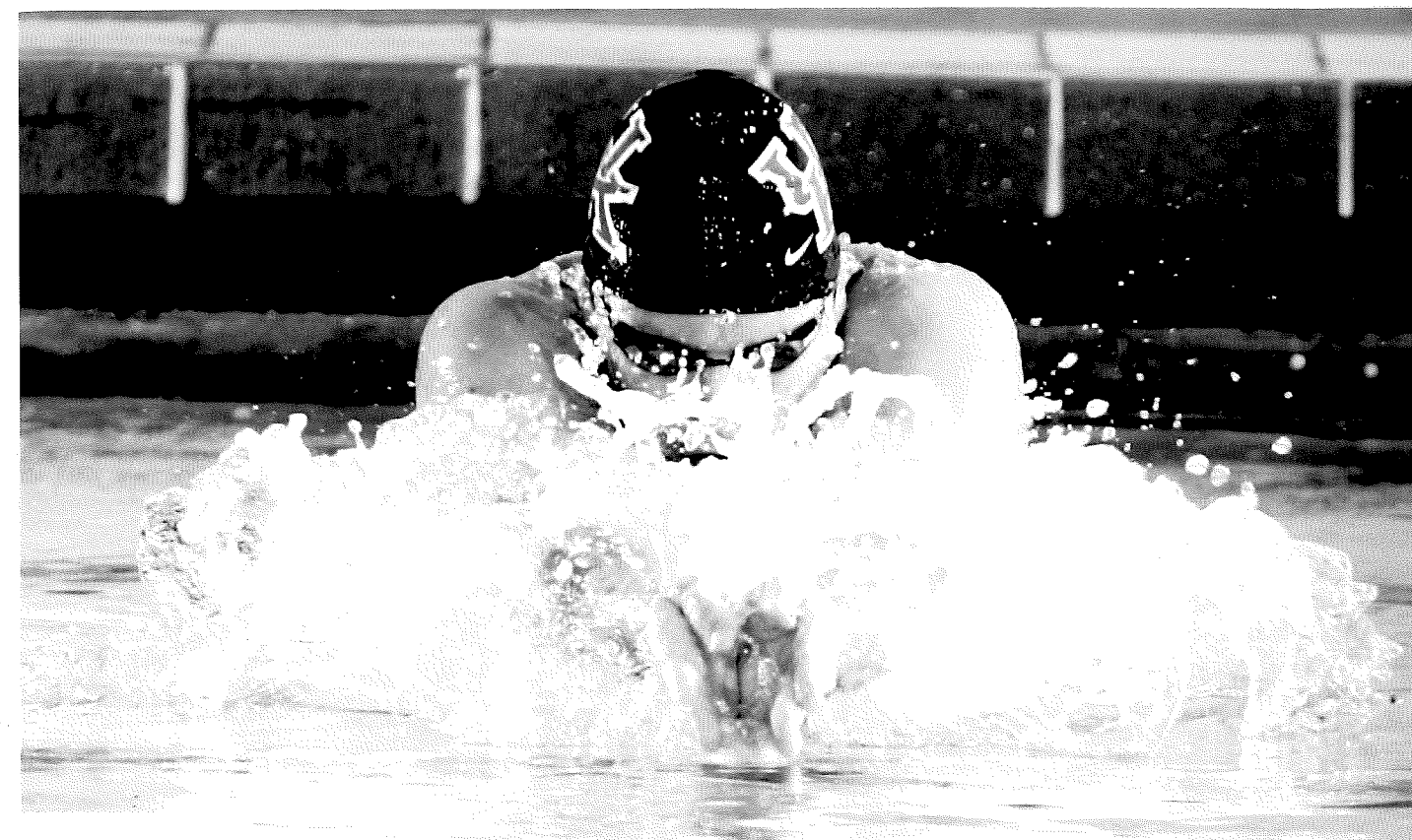


JOHN BULLOCK

Free/Butt | Freshman | 6-3
Louisville, Ky (St. Xavier)
Major >> Business
Club >> Lakeside

Pre-College>> A four-year letterman and a four-time state champion with St. Xavier ... A member of the 400-freestyle relay team that holds the regional record ... Also among the 200-free relay regional record holding quartet ... Chose UK because he clicked with the team immediately ... Coached by Mike DeBoor at Lakeside.

Best Times>> 200 freestyle: 1:42.24; 500 freestyle: 4:37.27; 200 individual medley: 1:54.17; 400 individual medley: 4:04.10



ELVIS BURROWS

Free/Fly | Seniors | 6-11
Freeport, Grand Bahama
(Seneca HS)
Major >> Hospitality Mgt. & Tourism
Club >> Lakeside Seahawks

2008-09>> Competed for the Bahamas at the World Championships where he set career-best times in all three events ... Earned two All-America honors as a member of the 200-freestyle and 200-medley relays at the NCAA Championships ... Set career-best collegiate times in all three events as a junior ... Broke the school record in the 100-butterfly when he touched in a career-best eighth place at the SEC Championships ... Also touched in 11th in the 50-free and 20th in the 100-free ... Earned a bronze medal as the third leg of the 200-free relay team ... Also touched in sixth as a member of the 200- and 400-medley relay teams ... Took first place three times in the 100-fly during dual meet competition ... Placed fifth in the 100-fly at the UT Invitational.
2007-08>> Participated in the 2008 Olympics in Beijing for the Bahamas ... Swam the 50-free at the world event ... Appeared in three events at the 2008 SEC Championships ... Recorded a career-best time in the 50-free as he

finished 23rd overall ... Tapped in 23rd in the 100-butterfly recording another career-best time and the 10th best time in UK history ... Notched a career-best time in the 100-free, placing 24th at the conference meet ... Finished 18th in the 50-free at the Nike Cup ... Also clocked in 26th in the 100-freestyle at the Nike Cup ... Had five top-three finishes in dual meets.

2006-07>> As a rookie, was a member of the SEC Championship team ... Clocked in 25th in the 100-butterfly, 36th in the 100-freestyle and 39th in the 50-free while setting career-best times in all three events at the conference meet ... At the Nike Cup he placed 42nd in both the 50- and 100-free and 45th in the 100-fly ... Took third in the 100-fly in the last dual meet of the season against Cincinnati.

Pre-College>> 2005 state champion in the 50-freestyle ... Holds Carifta and CISC records in the 50-butterfly ... Three-time high school Most Valuable Swimmer ... Member of the high school state championship team ... Participated in Carifta, CISC and CAC Games ... Chose UK because of the great coaches and the close-knit team ... Coached by Mike DeBoor at Lakeside.
Best Collegiate Times>> 100 butterfly: 46.72; 50 freestyle: 19.83; 100 freestyle: 44.65



GRANT COOKSEY

Free/Butt | Sophomore | 6-1
Pewee Valley, Ky (South Oldham)
Major >> Mining Engineering
Club >> Lakeside Seahawks

2008-09>> Scored points for the Wildcats in two events at his first career SEC Championships ... Tapped in 14th in the 100-breaststroke ... A member of the sixth-place 400-medley relay squad ... Touched in 19th in the 200-breast and 27th in the 200-individual medley to finish tops on the team ... Captured a victory in the 200-breast in a dual meet with Virginia ... Placed in the top 13 on 13 occasions during dual meet action ... Was fifth in the 200-breast and seventh in the 100-breast at the UT Invitational.
Pre-College>> A five-year letterwinner at South Oldham ... Was a state champion and All-American in his career ... An uncle, John Karlen played golf at Western Kentucky.
Best Collegiate Times>> 100 breaststroke: 55.03; 200 breaststroke: 2:02.64; 200 individual medley: 1:51.38; 400 individual medley: 4:17.34





TRIPP CROSTHWAITE
 Year | Major | Hometown
 Major >> Biology
 Hometown >> Louisville, Ky.

Pre-College>> Won a state title with Wylie E. Groves in 2006 ... The captain and most valuable swimmer of his high school squad ... Claimed the school record in the 200-medley ... Also lettered in golf and baseball ... Competed at the Junior National Championships ... Chose UK for the swim team and dental program.
Best Times>> 200 individual medley: 1:52.21; 400 individual medley: 4:01



COLIN FARIS
 Year | Major | Hometown
 Major >> Biology
 Hometown >> Louisville, Ky.

2008-09>> Scored career-best times in three events as a sophomore ... Tapped in 17th in both the 50- and 100-freestyle events at the SEC Championships ... His 50-free time ranks seventh and his 100-free time eighth all-time in Kentucky history ... Tapped in first in the 50-free in a dual

meet win over IUPUI ... Placed second in the 50-free against SEC foe Alabama ... Earned three top-20 finishes at the UT Invitational.
 2007-08>> Recorded a career-best time at the SEC Championships, placing 18th in the 50-freestyle ... Also clocked in a career-best time in the 100-free while touching in 27th at the conference meet ... Placed 19th in the 50-free and 34th in the 100-free at the Nike Cup ... Had three top-three finishes in dual meets.
 Pre-College>> The Kentucky High School state champion in the 50-freestyle as a senior ... Four-year letterwinner ... Has competed in the Junior National competition ... Also participated in soccer.
Best Collegiate Times>> 50 freestyle - 19.80; 100 freestyle - 44.26; 200 freestyle: 1:42.64



ALEX FORBES
 Year | Major | Hometown
 Major >> Biology
 Hometown >> Louisville, Ky.

2008-09>> Was a member of the 400 and 800-freestyle relay teams that captured All-America honors ... Took bronze medals as a member of the 200-free relay and 400-free relay at the SEC Championships ... The 400-free relay team broke

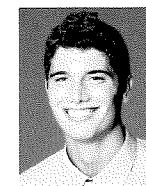
the UK school record with its time ... Tapped in 11th in the 100-free, 12th in the 50-free and 16th in the 100-fly to earn points for the Blue and White at the conference meet ... In each of his three individual events his times were tops in his career and all are among the top-five all-time times in school history ... Among the top-two eight times during dual meet competition.
 2007-08>> Earned All-America status as a member of the 400- and 800-freestyle relays at the NCAA Championships ... Finished 43rd in the 50-freestyle and at NCAAs ... Scored points for the Cats in three events at the SEC Championships ... A member of the fourth-place 400-free relay team and the fifth-place 200-freestyle team ... Individually, placed 12th in the 50-free ... Also finished 19th with a career-best time in the 100-butterfly and 20th in the 100-free ... Placed in the top 10 in three events at the Nike Cup ... Took fourth in the 100-free, sixth in the 50-freestyle and ninth in the 200-freestyle ... Had first place finishes in the 50- and 100-free against Alabama ... Clocked in the top-three 12 times during dual meets.
 2006-07>> Scored impact points for the Wildcats in his first SEC Championships, placing 14th in the 100-butterfly and 15th in the 100-freestyle ... Scored his third top-20 finish at SECs when he tapped in 17th in the 50-free ... At the Nike Cup in November, the rookie tallied

a 12th place showing in the 100-fly and 14th place in the 50-free, and placed second as a member of the 200-free and 400-free relay squads ... Took first in the 100-free in a meet against Cincinnati ... Earned career-best times in the 100-free and 100-fly at SECs.
 Pre-College>> NISCA Athlete of the Year ... Nine-time state champion ... Two-time national champion ... Four-time high school MVP ... Holds the state record in the 50-freestyle ... Holds high school records in the 50-free, 100-free, 200-free, 100-butterfly and 100-backstroke ... High school team placed third overall at the state competition his freshman and sophomore seasons ... Chose to be a Wildcat because he liked the atmosphere, the coaches and his new teammates.
Best Collegiate Times>> 100 butterfly: 47.59; 50 freestyle: 19.85; 100 freestyle: 43.82; 200 freestyle: 1:41.60; 100 backstroke: 53.03



JOHN FOX
 Year | Major | Hometown
 Major >> Biology
 Hometown >> Louisville, Ky.

Pre-College>> Was the Colorado 5A state champion as a senior ... Also in 2009 he claimed the AAU national championship on the 1-meter, three-meter and platform ... Was the Colorado 5A state runner-up as a junior ... Senior national qualifier in 2009 ... Took third in the three-meter in 2009 at the Senior Zone ... Chose UK because he liked the school and the program ... Coached by Jack Perkins at Mile High Dive Club.
Best Scores>> One-meter: 344.08 (6 dives); Three-meter: 292.95 (6 dives)



TOM GIMM
 Year | Major | Hometown
 Major >> Physical Therapy
 Hometown >> Louisville, Ky.

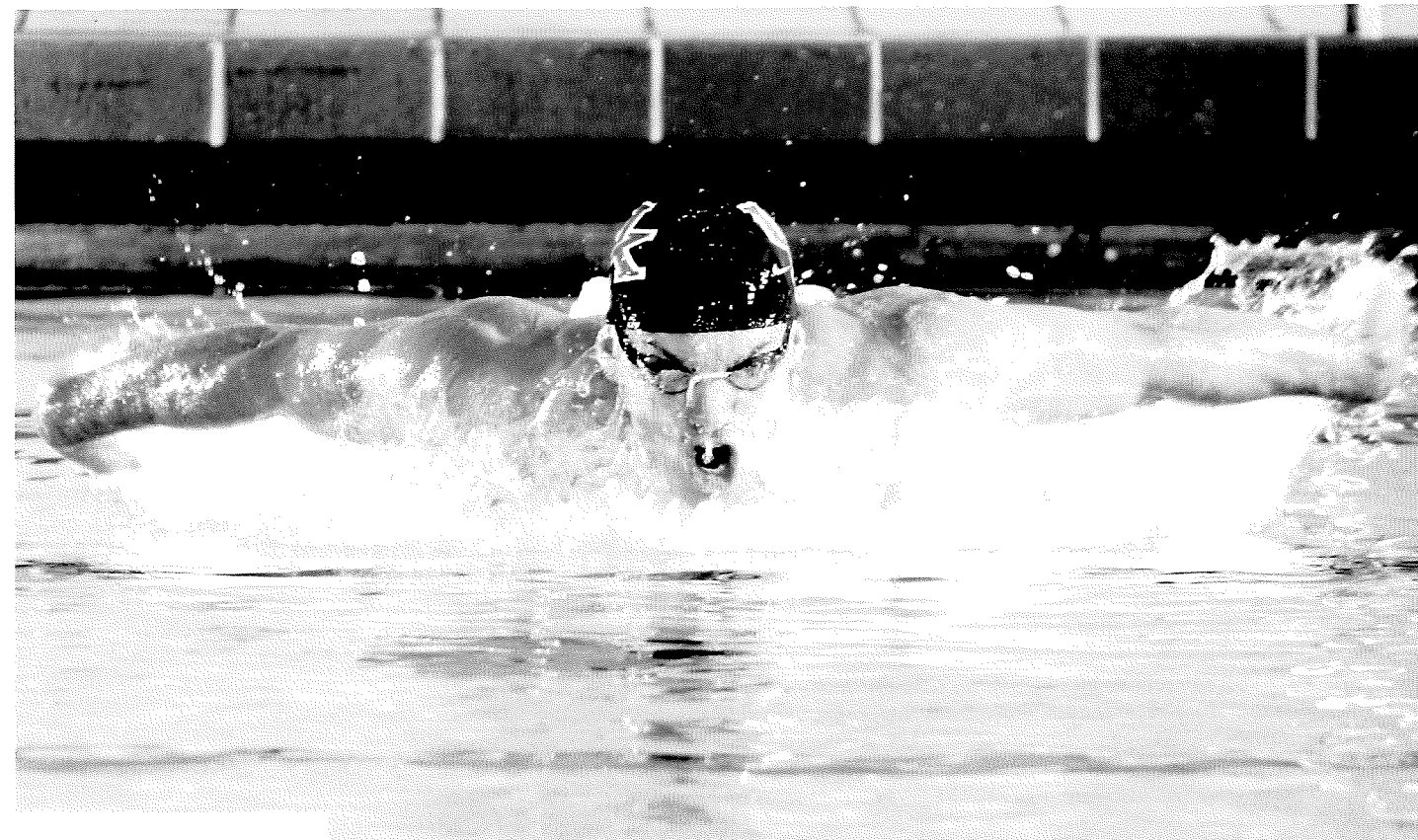
2008-09>> Earned career-best scores in all-three events at the SEC Championships ... Placed in the top-20 on all three boards in his first

conference meet ... Was 18th on the platform and 19th on both springboards ... Best dual meet came when he took second on both springboards against Cincinnati ... Was third on the one-meter against Louisville.
 Pre-College>> A six-year letterwinner at Mounds View ... An All-American diver ... Was a state-finalist in his freshman, sophomore, junior and senior seasons ... Sectional champion in each of his last four years ... Coached by Jason Bowman of the Twin City Divers.
Best Collegiate Scores>> One-meter: 231.60; Three-meter: 239.75; Platform: 202.95



TRAVIS GREEN
 Year | Major | Hometown
 Major >> Biology
 Hometown >> Louisville, Ky.

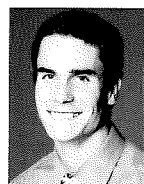
Pre-College>> A two-time All-America selection in the 500-freestyle ... Is the regional and state record holder in the 500-free ... Team captain ... Most valuable swimmer award after claiming the state title in the 500-free ... Competed at the Junior National Championships, Senior Championships and YMCA Championships ... Chose UK because he



2009-10 BIOS [MEN]



was impressed with the team spirit ... Coached by Jeremy Bannon of the Anderson Barracudas. **Best Times**>> 200 freestyle: 1:42; 500 freestyle: 4:32; 1000 freestyle: 9:40; 1650 freestyle: 15:51.49; 400 individual medley: 4:06

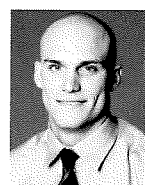


KYLE GREENE
 Freshman | Senior | 5-7
 Cincinnati, Ohio (Turpin HS)
 Major >> Finance
 Club >> Anderson Barracudas

Team Captain
 2008-09>> Enjoyed a breakout season in his third year with the Wildcats ... Led the team with four All-America distinctions as a member for four top-15 relays at the NCAA Championships (200-free relay, 200-medley relay, 400-free relay, 800-free relay) ... Set career-best times in three events at the SEC Championships ... Touched in eighth place in both the 100 and 200-free ... Also tapped in 15th in the 50-free ... All three times are among the top six times in Kentucky history ... Had two wins and 12 top-three finishes in dual meet competition ... Totaled four top-15 finishes at the UT Invitational.

2007-08>> Took fourth as a member of the 800-freestyle team at the SEC Championships ... Tapped in 13th overall in the 200-free at SECs ... Also placed 20th in the 500-free and 21st in the 200-backstroke with a career-best time ... Finished second in the 200-freestyle at the Nike Cup ... Also tapped in fifth in the 500-free and 11th in the 100-free at the Nike Cup ... Finished first in the 200-free against Virginia Tech ... Had 13 top-three finishes in dual meets.
 2006-07: Endured an illness at the start of the SEC Championships, yet overcame it to finish 23rd in the 200-freestyle and 33rd in the 100-free at SECs ... Scored four top-25 finishes at the Nike Cup in November ... Placed fourth in the 200-free, 11th in the 100-free, 16th in the 500-free and 21st in the 200-backstroke, and touched in second as a member of the 800-free relay team ... Captured two dual meet wins in the 200-free in meets against Texas A&M and Louisville ... Claimed eight top-three finishes in four events in dual meet season.
 Pre-College>> The Ohio high school state champion in the 200-freestyle his senior season ... State runner-up in the 200-free his junior season and the 100-free his senior season ... High school team placed fourth in the high school state championships his senior year ... Holds the 100-free record at Turpin High School

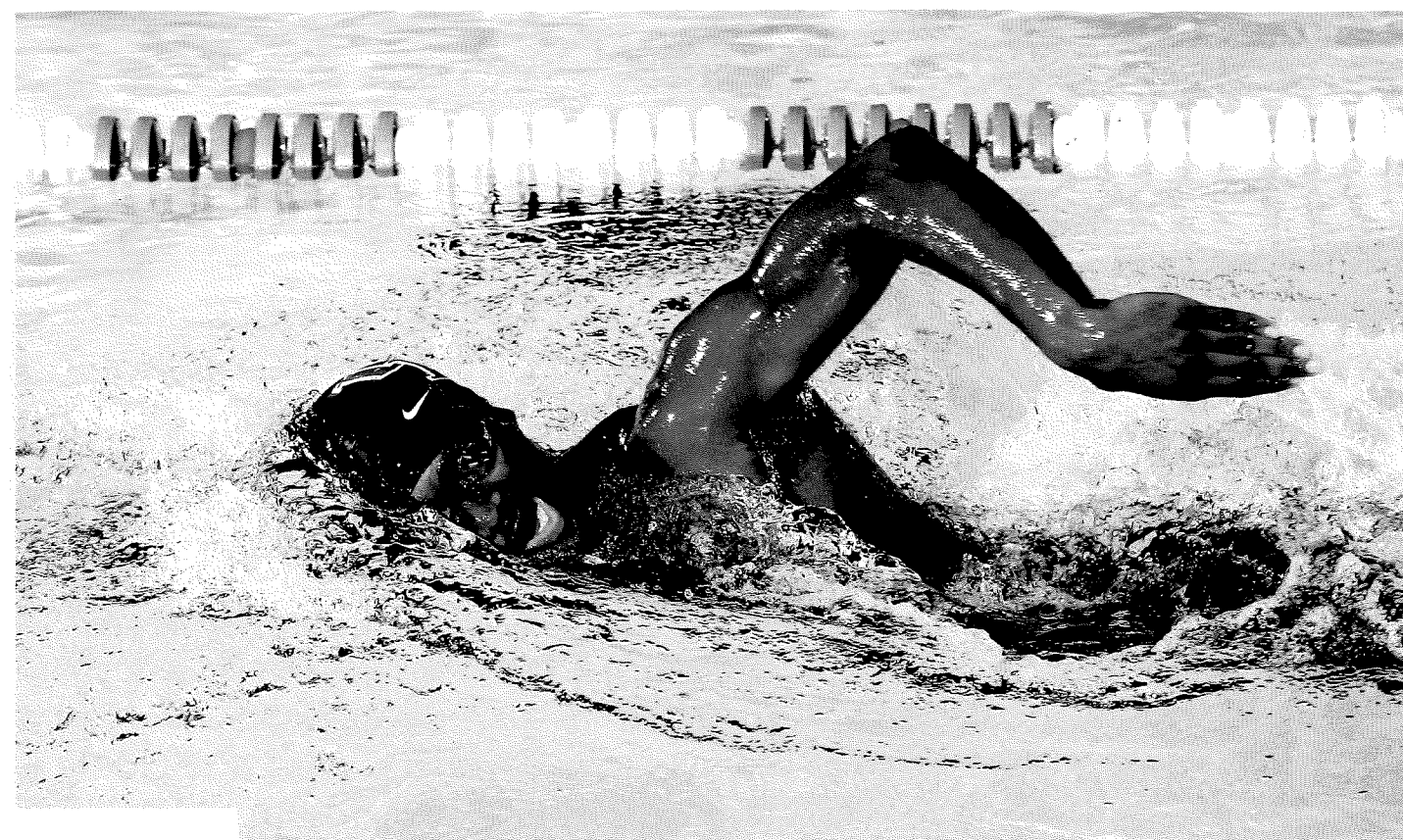
... Also on the high school record books as a member of the 200-medley relay, 200-free relay and 400-free relay teams ... Named MVP his senior season ... Chose UK because he liked the campus and the up and coming team.
Best Collegiate Times>> 500 freestyle: 4:27.94; 100 freestyle: 43.16; 200 freestyle: 1:35.63; 200 backstroke: 1:59.68; 50-freestyle: 19.68



WARREN GROBBELAAR
 Freshman | Senior | 6-2
 Pretoria, South Africa (Pretoria)
 Major >> Mechanical Engineering
 Club >> UKS Swimming Club

Team Captain
 2008-09>> Redshirt season.
 2007-08>> Earned individual All-America honors when he tapped in 14th in the 100-fly at the NCAA Championships ... Was also a member of the 14th-place 400-medley and 400-free relay teams at the national meet ... Placed in seven events at the SEC Championships ... Was a member of the fourth-place 200-medley and 400-free relay squads and the fifth-place 200-free and 400-medley relay teams ... As an individual tapped in ninth in the 50-free, seventh in the

2009-10 BIOS [MEN]



100-fly and 12th in the 100-free ... His 100-fly time is tops in UK history ... Placed second in the 100-fly at the Nike Cup ... Also clocked in fifth in the 50-free and 13th in the 100-free ... Talled five first-place finishes in dual meets.
 2006-07>> Enjoyed an outstanding SEC Championship in his second campaign with three top-10 finishes to lead the Wildcats ... Placed sixth in the 100-butterfly, ninth in the 50-freestyle and 10th in the 100-free, claiming personal best times in all three events at the conference meet ... Won four events in dual meet competition, claiming first in the 50-free in meets against Texas A&M and Louisville, and wins in the 100-fly in meets against Alabama and Cincinnati ... At the Nike Cup in November, placed third in both the 100-fly and 100-free and notched a fifth-place tap in the 50-free, and also placed second as a member of the 200-free, 400-medley, 200-medley and 400-free relay teams ... Scored seven top-two finishes in two events during dual meets.
 2005-06>> Garnered three honorable mention All-America honors at the NCAA Championship as a member of the 200-medley relay, 800-freestyle relay and 200-free relay teams ... Talled points for UK in the 100-fly at the SEC Championships with a 15th-place finish ... Placed 23rd in the 50-free at the Championships

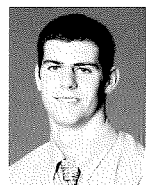
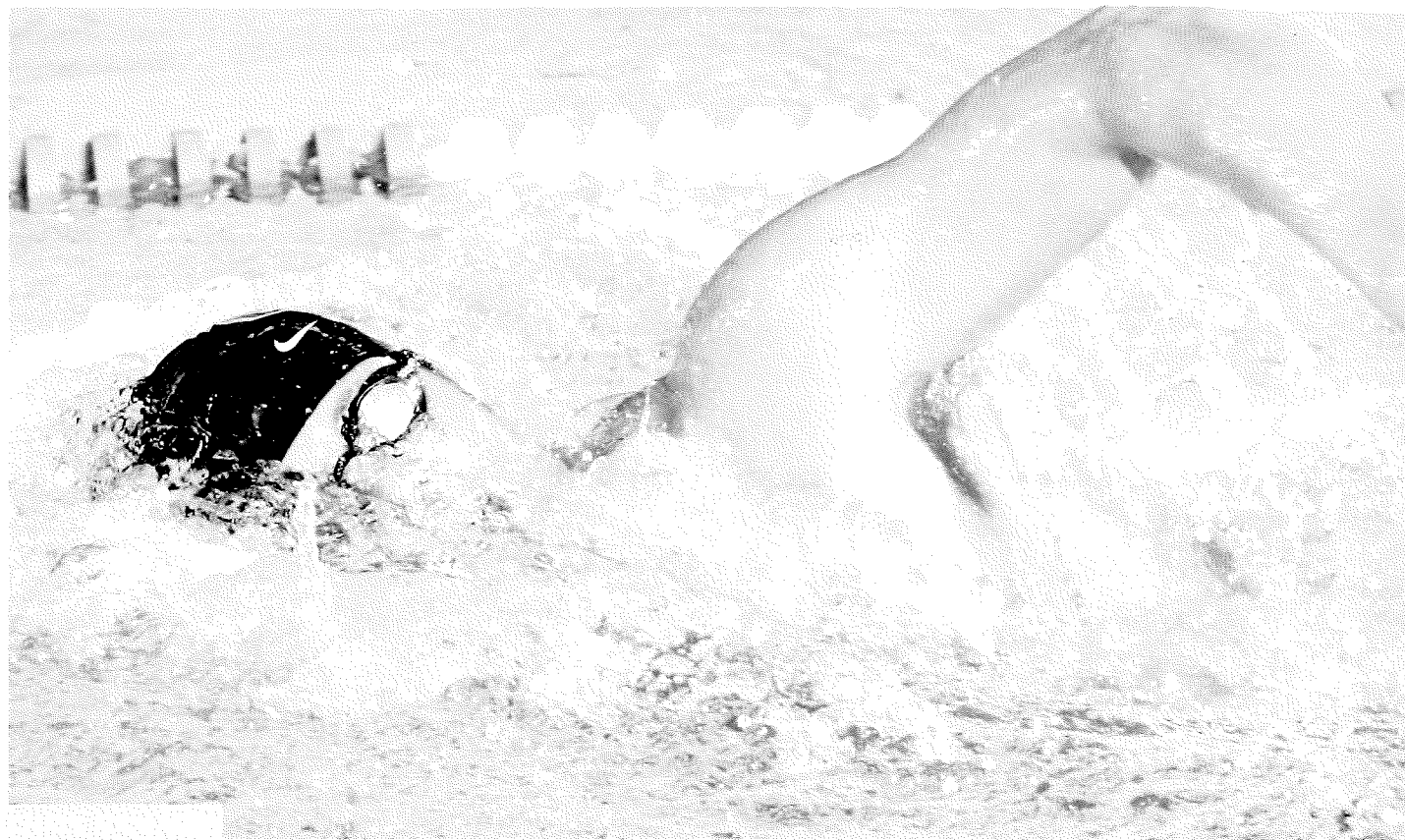
... At the Nike Cup Invitational he took seventh in the 100-fly, 14th in the 50-free, 16th in the 100-free and 18th in the 200-fly ... A featured member of the relay teams, he earned silver in the 200-medley and 400-medley events at the Cup ... Also earned a bronze in the 200-free and 400-free relays at the event ... Won the 100-fly in meets with Louisville and Cincinnati.
 Pre-College>> Member of the South African Junior Team ... South African National Champion ... Chose UK because of the high quality swimming program.
Best Collegiate Times>> 50 freestyle: 19.90; 100 freestyle: 44.38; 100 butterfly: 46.92; 200 butterfly: 1:55.14; 50 butterfly: 23.72



MARCO IEMMOLA
 Freshman | Senior | 5-11
 Covington Hills, Va. (Covington Catholic)
 Major >> Accounting
 Club >> Northern Kentucky

2008-09>> Suffered an injury midway through the season ... Best finish came in a third-place tap against SEC foe Tennessee in the 500-freestyle ... Took sixth in the event in meets against Virginia and Louisville.

2007-08>> Competed in three events at the SEC Championships ... Tapped in 21st in the 1650-free, 24th in the 500-free and 28th in the 200-freestyle ... Set career-best clips in the 1650- and 200-free ... Had five top-four finishes in dual meets.
 2006-07>> In his first career SEC Championships he earned impact points for the Blue and White when he scored 15th in the grueling 1650-freestyle, where he also notched a career-best time ... Additionally, he placed 29th in the 200-free and 32nd in the 500-free at SECs ... Registered his first career dual meet win when he touched ahead of the pack in the 500-free in a meet against Louisville and placed second in the 1000-free in the same meet ... At the Nike Cup in November, he placed 15th in the 1650-free, 18th in the 500-free and 35th in the 200-free.
 Pre-College>> Named to first-team All-Region and second-team All-State ... A top-eight sectional qualifier ... A Junior National Qualifier ... A member of the Covington Catholic High School squad who won the Regional Championship ... Became a Wildcat because the UK swim team is fast and is serious about winning.
Best Collegiate Times>> 1650 freestyle: 5:51.75; 1000 freestyle: 9:37.93; 500 freestyle: 4:36.32; 200 freestyle: 1:42.57



JONATHAN KELTNER
 Freshman | Freshman | 5'7"
 Williamsport, Pa. | Central Penn.
 Major >> Business
 Club >> Cross Country, Soccer, Basketball

Pre-College>> A three-time high school AA state champion as a member of Jamestown's squad ... Won the Virginia state title in the 100-butterfly and 100-backstroke as a senior ... Jamestown went undefeated in his senior season ... Competed at Junior Nationals ... Chose UK because of the team atmosphere, the awesome campus and being a member of a Division I athletic team.
 Best Times>> 100 butterfly: 49.48; 100 backstroke: 51.33; 200 butterfly: 1:52.08; 400 individual medley: 4:06.44



PAT KEMME
 Freshman | Freshman | 5'7"
 Leesville, N.C. | Trinity
 Major >> Chemistry
 Club >> Lacrosse

Pre-College>> Named the most valuable swimmer at Trinity in both his junior and senior seasons ... Holds six school records ... State record holder in the 400- and 800-freestyle relays ... Captured a state title in the 100-breaststroke ... Also competed in the long course Junior and Sectional Championships in 2009 ... Chose UK because he felt he would be a good fit on the team.
 Best Times>> 200 freestyle: 1:40.5; 100 freestyle: 46.2; 200 individual medley: 1:53.2; 100 breaststroke: 57.24; 200 breaststroke: 2:06.1; 50 freestyle: 21.5



JUSTIN MAX
 Freshman | Freshman | 5'7"
 Sandy Springs, Ga. | Presbyterian
 Major >> Political Science, Business
 Club >> Soccer, Clubhouse

2008-09>> Tallied two career best times in his third season with the Wildcats ... Tapped in a season-best finish of third in the 200-breaststroke against Virginia ... Competed in four events at the UT Invitational ... Took 14th in the 100-breast and 17th in the 200-fly at the UT Invite.
 2007-08>> Swam the 100-backstroke, 100- and 200-breast and the 50-, 100- and 200-fly in UK's dual meets ... Best finish of the year was a fifth-place finish in the 50-fly.
 2006-07>> At the Nike Cup in November, the rookie tallied a 25th place finish in the 200-breaststroke, 35th in the 100-breast, 42nd in the 200-individual medley and 51st in the 100-butterfly ... Notched a third-place showing in the 100-fly in a Wildcat upset victory over Texas A&M ... Scored career-best times in every event in some of his final swims of the season.
 Pre-College>> Named the Most Valuable Swimmer at Reynoldsburg High School ... Earned All-State accolades ... Holds high school records in breaststroke, butterfly and individual

medley events ... Chose UK for the great campus, people and his new team ... Coached by Steve Nye at the Greater Columbus Swim Team of Ohio.
 Best Collegiate Times>> 100 butterfly: 51.15; 100 breaststroke: 58.23; 200 breaststroke: 2:12.77



ERIC MCGINNIS
 Freshman | Freshman | 5'7"
 Newark, N.J. | Presbyterian
 Major >> Business
 Club >> Soccer

2008-09>> Won a gold medal as a member of the United States' winning 200-medley relay at the World University Games ... Was a three-time All-America selection after the 200-free relay, 200-medley relay and 400-free relay all placed in the top 15 at the NCAA Championships ... Broke the school record in the 100-free in his fifth-place finish at the SEC Championships ... Took fourth in the 50-free for two top-five finishes at the conference meet ... Also set school records as a member of the third-place 400-free relay and the sixth-place 200-medley relay at the SECs ... Claimed another bronze medal as a part of the 200-free

relay ... Captured eight wins in dual meet competition.
 2007-08>> Secured the 39th-fastest time in the world in the event at the U.S. Olympic Trials ... Placed 32nd in the 50-free at the NCAA Championships ... Earned All-America status as a member of the 14th-place 400-free relay team at the NCAA Championships ... Placed in six events at the SEC Championships ... Was a member of the fourth-place 200-medley and 400-free relays and the fifth-place 200-free and 400-medley relay squad ... Clocked in fourth in the 50-free and eighth in the 100-free for two top-10 finishes at the conference meet ... Had four first-place finishes in dual meets.
 2006-07>> An immediate impact sprinter for the Wildcats ... In his first career SEC Championships, recorded top-16 performances in two events with a 13th-place touch in the 50-freestyle and 16th in the 100-free ... Took fifth in the 100-free, sixth in the 50-free, 14th in the 200-free and 26th in the 100-breaststroke at the Nike Cup, and was also a member of the second-place 200-free, 400-medley, 200-medley, 800-free and 400-free squads at the event ... Captured dual meet wins in the 100-free in Wildcat victories over Texas A&M and Louisville ... Earned nine top-three finishes in his two marquee events, the 50- and 100-free, in dual meet competition.

Pre-College>> 2006 North Carolina High School State Championships Swimmer of the Meet ... Holds state meet records in the 50- and 100-freestyle events ... Member of the Ravenscroft High School team that earned second-place at the state meet his senior season ... Named the MVP of his high school team ... Participated in the 2006 U.S. Nationals ... Chose UK because he fit in well with the team and wanted to train with the great coaching staff ... Coached by Chad Onken at YMCA of the Triangle Area.
 Best Collegiate Times>> 50 freestyle: 19.50; 100 freestyle: 42.67; 200 freestyle: 1:42.20; 100 breaststroke: 56.88; 100 backstroke: 52.50



ZACH MCGINNIS
 Sophomore | Freshman | 5'7"
 Raleigh, N.C. | Presbyterian
 Major >> Biology
 Club >> Football

Pre-College>> Named his high school's most valuable swimmer in both his junior and senior seasons ... Endured two shoulder surgeries ... Swam at the 2008 short course and the 2009 long course Junior Nationals ... Chose UK because



2009-10 BIOS [MEN]

of the coaching staff and his dedicated teammates ... Coached by Chad Onken at YMCA of the Triangle Area.
Best Times>> 100 backstroke: 51.57; 200 backstroke: 1:50.44; 50 freestyle: 21.51; 200 freestyle: 1:43.50



TRAVIS MUZZILLO
 Freshman | Senior | 5'8"
 Louisville, Ky. (South Oldham H.S.)
 Major >> Finance
 Club >> Shelby Swim

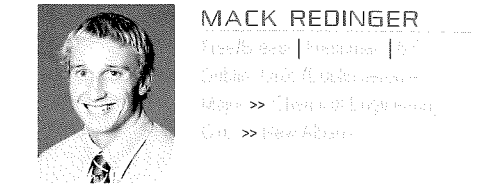
24th-place finish in the 200-fly, 29th in the 100-fly, 30th in the 200-backstroke and 35th in the 100-back at the Nike Cup.
Pre-College>> Four-time Kentucky state champion ... Six-time record holder ... Tabbed the Most Valuable Swimmer at South Oldham High School his junior and senior seasons ... The lifelong Wildcat fan chose UK because of the tremendous coaching staff and the incoming freshman class.
Best Collegiate Times>> 100 butterfly: 48.37; 200 butterfly: 1:49.56; 50 freestyle: 20.77; 50 backstroke: 25.81



BRENDAN MCNAMARA
 Graduate Freestyle | Freshman | 5'8"
 Mass. Chester, Ctn. (Labria West)
 Major >> Undecided
 Club >> Mason Manta Pals

2008-09>> Captured career-best times in three events as a junior ... Finished in 17th in the 100-butterfly at the SEC Championships ... Also placed 18th in the 200-butterfly ... Both times are among the top 10 all-time at Kentucky ... Tapped in 31st in the 50-free ... Was among the top-three six times during dual meet action ... Took fourth in the 100-fly at the UT Invitational.
2007-08>> Competed in three SEC Championship events ... Tapped in 21st in the 200-fly, 24th in the 100-fly and 40th in the 50-free ... Earned career-best times in all three events ... Finished in the 14th position in the 100-fly and 28th in the 200-fly at the Nike Cup ... Had four top-three finishes in dual meets.
2006-07>> Appeared in three events at the SEC Championship as a rookie ... Touched in 22nd in the 200-butterfly, 24th in the 100-fly and 40th in the 50-freestyle ... Scored career-best times in all three events at the conference meet ... Placed fourth in both the 200-fly and 100-fly in UK's victory over Alabama ... Tallied a

Pre-College>> Named to the All-Conference second team in the 500-freestyle ... Was an All-City honorable mention in the 500-free ... Holds school records as a member of the 400-free, 200-free and 200-medley relay teams ... Chose UK because it was a good academic fit and he thought the team would motivate him in the pool ... Coached by Ken Heis at Mason Manta Rays.
Best Times>> 500 freestyle: 4:40.06; 1000 freestyle: 9:45.67; 1650 freestyle: 16:28.91



MACK REDINGER
 Freshman | Sophomore | 5'7"
 Dublin, Ohio (Dublin Jerome H.S.)
 Major >> Chemical Engineering
 Club >> New Albany

Pre-College>> Two-time most valuable swimmer at Dublin Jerome ... Hold school records in the 50-free, 100-free, 200-free, 500-free and 100-breast ... Also a member of the school record-holding 200 and 400-free relays ... Was also a letterwinner in soccer and baseball ... Earned most improved award in soccer ... Competed in both Nationals and Junior Nationals.



2009-10 BIOS [MEN]

Best Times>> 50 freestyle: 20.89; 100 freestyle: 46.90; 200 freestyle: 1:43.56; 100 breaststroke: 1:00.16



TYLER REED
 Freshman | Junior | 5'8"
 Morgantown, Ky. (Boone County H.S.)
 Major >> Social Studies Education
 Club >> Southern Kentucky

Team Captain
2008-09>> Claimed All-America honors in the 200-freestyle for the second straight season ... Also took home All-America distinctions as a member of the 400- and 800-free relays ... Took fourth in the 200-free at the SEC Championships breaking his own school record time ... Also placed 12th in the 500-free ... Was a member of the school record-breaking third-place 400-free relay at the conference meet ... A member of the fifth-place 800-free relay team at SECs ... Captured five wins and 16 top-three finishes during dual meet action ... Was third in the 200-free at the UT Invitational.
2007-08>> Was the top scorer for the Wildcats at the NCAA Championships in just his first season ... Tallied All-America status when he touched in 13th in the 200-freestyle ... Also earned All-America accolades as a member of the 13th-place 800-free relay teams and the 14th-place 400-medley and 400-free relay squads ... Also tapped in 21st in the 100-free at the national meet ... Placed in five events at the SEC Championships ... Took fourth as a member of the 800-free and 400-free relay teams ... Individually he placed fifth in the 200-free, fifth in the 100-free and 11th in the 500-free at the conference meet ... Took first in the 200-free at the Nike Cup ... Also placed 10th in the 100-free at the Nike Cup ... Notched nine first-place finishes during dual meet action.
Pre-College>> 2007 Kentucky state champion in the 100- and 200-freestyle ... 2006 state champion in the 200-free ... KHSAA state record holder in the 200-free ... Region I record holder in both the 100- and 200-free ... Two-time regional swimmer of the year ... Two-time first-team all-state ... Four-time All-American ... Five-year letterwinner ... Chamber of Commerce Youth of the Year ... Coached by Dee Wilkens at Southern Kentucky Swim Club.
Best Collegiate Times>> 100 freestyle: 43.70; 200 freestyle: 1:34.39; 500 freestyle: 4:21.26



CHRIS RICHARD
 Freshman | Senior | 6'0"
 Sturgeon Bay, Wis. (Sturgeon Bay H.S.)
 Major >> Business
 Club >> Schwab's

2008-09>> Posted career-best times in both the 50- and 100-freestyle events ... Was 21st in the 50-free at the SEC Championships ... Also took 29th in the 100-free for career-best finishes at the conference meet ... Was among the top-four during dual meet action on four different occasions ... Was ninth in the 50-free and 14th in the 100-free at the UT Invitational.
2007-08>> Saw action in two events at the SEC Championships tapping in 25th in the 50-free and 30th in the 100-free ... Set career-best times in both events ... Claimed two top-four finishes in dual meets this year.
2006-07>> Added depth to the strength of the team in the sprint group ... Turned in a 19th-place finish in the 50-freestyle to highlight his quality performance at the Nike Cup in November ... The rookie also scored a 28th-place finish in the 100-free and a 53rd place in the 100-backstroke ... Placed third in the 50-free in a UK win over state rival Louisville ... Appeared in five dual meets in the 50- and 100-free events.
Pre-College>> Won the state championship four times in his career as a member of Sturgeon Bay High School ... Named the MVP of his high school team his senior season ... Tabbed the Most Dedicated Swimmer his sophomore and junior seasons ... Also participated in baseball, soccer and track ... Became a Wildcat because UK was the best fit for him.
Best Collegiate Times>> 50 freestyle: 20.26; 100 freestyle: 45.18



BEN RUSSELL
 Graduate Freshman | Sophomore | 5'9"
 Lafayette, Ind. (Lafayette Jefferson)
 Major >> Mechanical Engineering
 Club >> Bolanhofer Aquatics

2008-09>> Set personal best marks in every event in his first season ... Totaled three top-three finishes during dual meet action ... Was third in the 200-butterfly against Indiana, third in the 200-fly against Cincinnati and third in the 1000-free against LSU ... Swam in five events at the UT Invitational ... Top finish was an 11th-place tap in the 1650-free.
Pre-College>> A four-year letterwinner at Lafayette Jefferson ... Twice named the team's most valuable swimmer ... Earned Freshman of the Year honors ... A two-time team captain ...

Was the high-point winner for three seasons ... Academic All-American.
Best Collegiate Times>> 200 freestyle: 1:46.84; 500 freestyle: 4:35.19; 1000 freestyle: 9:50.25; 1650 freestyle: 16:06.02; 100 butterfly: 52.75; 200 butterfly: 1:50.56



MATT RUSSELL
 Freshman/Senior | Sophomore | 5'11"
 Augusta, Ga. (Cornerstone Acad.)
 Major >> Pre Law
 Club >> Crestle, Augusta Swimming

2008-09>> At his first career SEC Championships he totaled three top-35 finishes ... Placed 24th overall in the 100-breaststroke ... Tapped in 35th in both the 200-individual medley and the 100-freestyle ... Earned six top-three finishes in dual meet competition ... Competed in four events at the UT Invitational where he placed 12th in both the 100-breast and 200-IM.
Pre-College>> A two-year letterwinner at Cornerstone Academy ... Claimed the 50-freestyle championship and was the runner-up in the 100-free at the Southeastern Zone Championships.
Best Collegiate Times>> 100 freestyle: 45.97; 200 freestyle: 1:42.61; 100 breaststroke: 58.04; 200 breaststroke: 2:08.74; 200 individual medley: 1:53.82



KEVIN RYAN
 Freshman | Senior | 5'10"
 Cincinnati, Ohio (Rugel H.S.)
 Major >> Chemical Engineering
 Club >> Power Cocker YMCAs

2008-09>> Set career-best times in the 200, 500 and 1000-freestyle events ... Best dual meet finish came when he placed fourth in the 500-free against SEC foe Tennessee ... Competed in four events at the UT Invitational ... Placed 18th in the 200-butterfly at the Invite ... Also took 22nd in the 500-free at the event.
2007-08>> Placed 17th in the 1650-freestyle at the Nike Cup ... Also finished 32nd at the Nike Cup in the 200-butterfly ... Clocked in fourth in the 1000-free at Louisville ... Set a personal best time in the 1000-free.
2006-07>> Captured 23rd in the grueling 1650-freestyle at the Nike Cup in November ... Also tallied 40th place in the 500-free and 53rd in the 200-free ... Placed fifth in both the 200-free and 500-free in a UK win over Cincinnati ... Claimed career-best times in two events at the Bulldog Invitational in February.
Pre-College>> A Wendy's High School Heisman Award Nominee ... Academic All-

2009-10 BIOS [MEN]

American ... Four-time First Team Greater Catholic League ... Four-year letterwinner ... Member of school record-breaking 200- and 400-freestyle relays ... Member of the National Honor Society ... Became a Wildcat because of the great team members ... Coach by Mike Leonard at Powel Crosley YMCA.

Best Collegiate Times>> 1650 freestyle: 16:49.66; 1000 freestyle: 9:37.85; 500 freestyle: 4:44.98; 100 freestyle: 49.65; 200 freestyle: 1:47.26



DAVID SANDERS

Freshman | Freshman | 5'11"
 Major: Business Administration
 Club: Lakeside

Pre-College>> Five-time All-American ... Named the most valuable swimmer as a senior ... Holds school records in the 100-freestyle and as a member of the 200- and 400-free relays ... Both relays also set district meet records ... Competed at the Junior Nationals in 2009 ... Also lettered in football ... Chose UK because it was a great school with great coaches and athletes ... Coached by Brent Ransom at Cincinnati Marlins.

Best Times>> 50 freestyle: 21.09; 100 freestyle: 45.60; 100 butterfly (lcm): 56.94



MACLIN SIMPSON

Edinburgh | Freshman | 5'9"
 Louisville, Ky | St. Xavier
 Major: Marketing Business
 Club: Lakeside

Pre-College>> Set four relay state records with Lakeside swim club ... Was a team captain for St. Xavier ... High school has won 21 straight state titles ... Swam at the Junior Nationals in 2008 and the US Open in 2009 ... Lettered in lacrosse as a freshman ... Chose UK because of the close-knit team and the chance to compete in the SEC ... Coached by Mike DeBoer at Lakeside.

Best Times>> 200 butterfly: 1:50.0; 100 butterfly: 49.5; 200 individual medley: 1:53; 400 individual medley: 3:59



REINHARDT STRIJDOM

Freshman | Junior | 5'7"
 Pretoria, South Africa | Theis
 Major: Business Management
 Club: UK's Swim

2008-09>> Was a member of the fifth-place 800-freestyle relay team at the SEC Championships ... Set two career-best times at the conference meet ... Placed 16th in the 200-free earning one of the top-10 best times in school history ... Also placed 25th in the 100-free and 42nd in the 50-free ... Tapped in second in the 200-free and third in the 500-free against Cincinnati in his best dual meet of the season. **2007-08**>> Placed 21st in the 100- and 200-freestyles and 34th in the 50-free at the SEC Championships with career-best times ... Was a member of the fourth-place 800-freestyle relay team at SECs ... Finished 14th in the 200-free and 24th in the 100-free at the Nike Cup ... Placed first in the 200-freestyle in a dual meet with Cincinnati ... Recorded four top-four finishes on the year. **Pre-College**>> A six-time league winner ... Team captain ... Also played four years on the school's water polo team ... Achieved perfect attendance for 12 years.

Best Collegiate Times>> 50-freestyle: 21.13; 100-freestyle: 44.99; 200-freestyle: 1:36.90



JULIO VALLETTE

San Jose | Junior | 5'11"
 Los Angeles, Calif. | Santa Clara
 Major: Business Administration
 Club: UK's Swim

2008-09>> Notched career-best times in both breaststroke events as a junior ... Both times broke into the UK all-time top-10 charts ... Placed 19th in the 100-breaststroke and 21st in the 200-breast at the SEC Championships ... Captured two wins and placed in the top-three eight times during dual meet season ... Was 10th in the 100-breast and 11th in the 200-breast at the UT Invitational. **2007-08**>> Placed 17th at the SEC Championships with a career-best time in the 100-breaststroke ... Also finished 19th in the 200-breast at the conference meet with another career-best time ... Touched in 15th in the 200-breast and 19th in the 100-breast at the Nike Cup ... Had five top-three finishes in dual meets. **2006-07**>> Appeared in three events at the Nike Cup in November ... Placed 27th overall in the 200-breaststroke and 33rd in the 100-breast, and also took 62nd in the 50-freestyle ... Scored a third-place showing in the 100-breast in a Kentucky win over Cincinnati ... Notched a fourth-place tap in the 200-breast in a meet against South Carolina and Tennessee ... Participated in four dual meet competitions in the breaststroke discipline. **Pre-College**>> 100-breaststroke bronze medalist at the High School State Championship ... Named Most Valuable Swimmer for three seasons at Holy Trinity Episcopal Academy ... Chose to be a Wildcat because of the opportunity to compete in the Southeastern Conference ... Coached by Helen Ryan at Space Coast.

Best Collegiate Times>> 100 breaststroke: 55.97; 200 breaststroke: 2:04.16



RAMON WALTON

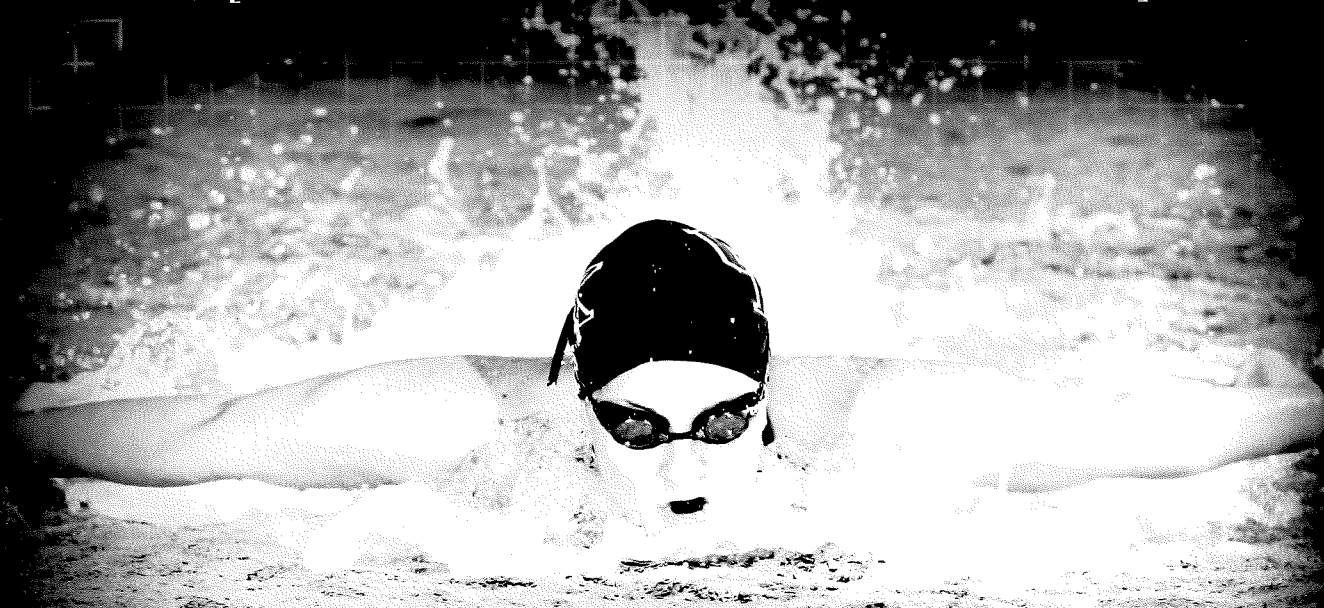
Freshman | Freshman | 5'11"
 Englewood, Texas | The Woodlands
 Major: Business Administration
 Club: UK's Swim

Pre-College>> Was the most valuable swimmer at his high school ... Earned first team honors ... Team was third at the state championships ... Also competed in Junior Olympics and on the Jamaican National Team ... Chose UK because it was an opportunity to have a better future both academically and athletically ... Coached by Sid Cassidy at St. Andrew's.

Best Times>> 100 backstroke: 52.23; 200 backstroke: 2:16.11; 100 butterfly: 52.66; 200 butterfly: 2:12.10

KENTUCKY

[2008-09 REVIEW]



MEGAN HULLER CAMP



TYLER REED

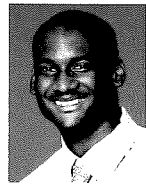
2009 AWARDS

TOP TEAM TIMES/SCORES

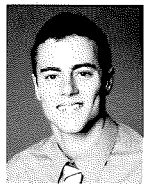
1,650 Freestyle	
*Morne' Boshoff	15:28.41
Leah Harms	16:55.37
1,000 Freestyle	
*Morne' Boshoff	9:08.54
Leah Harms	10:05.62
500 Freestyle	
*Tyler Reed	4:21.32
Kelly Rames	4:53.93
100 Butterfly	
*Elvis Burrows	46.72
*Megan Pulskamp	52.10
200 Butterfly	
Joe Retrum	1:47.49
*Anna Sirmon	1:59.54
50 Freestyle	
*Eric McGinnis	19.50
*Megan Pulskamp	22.59
100 Freestyle	
*Eric McGinnis	42.67
*Megan Pulskamp	49.47
200 Freestyle	
*Tyler Reed	1:34.39
*Casey Miller	1:47.67
100 Breaststroke	
*Grant Cooksey	55.03
*Lindsey Graessle	1:01.54
200 Breaststroke	
*Grant Cooksey	2:02.64
*Lindsey Graessle	2:15.50
100 Backstroke	
Shane Eliason	48.33
*Chatham Penrod	53.92
200 Backstroke	
Shane Eliason	1:45.20
*Chatham Penrod	1:58.25
200 Individual Medley	
Shane Eliason	1:51.01
*Casey Miller	2:00.52
400 Individual Medley	
*Morne' Boshoff	4:09.02
*Casey Miller	4:31.98
1-Meter	
Justin Smith	334.65
Jessie Snowden	313.05
3-Meter	
Justin Smith	358.73
Jessie Snowden	330.85
Platform	
Justin Smith	295.05
Jessie Snowden	290.10

*Indicates returning athlete

2009 ALL-AMERICA AWARD WINNERS



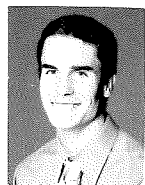
ELVIS BURROWS
200-free relay
200-medley relay



SHANE ELIASON
200-free relay
200-medley relay
800-free relay



ALEX FORBES
400-free relay
800-free relay



KYLE GREENE
200-free relay
200-medley relay
400-free relay
800-free relay



ERIC MCGINNIS
200-free relay
200-medley relay
400-free relay



MEGAN PULSKAMP
100-butterfly



TYLER REED
200-free
400-free relay
800-free relay

SEC AWARDS

Second-Team All-SEC: Megan Pulskamp, Jessie Snowden
SEC Community Service Team: Kayla Sergesketter
SEC Diver of the Week: Jessie Snowden
SEC Freshman of the Week: Morne' Boshoff
All-SEC Freshman Team: Morne' Boshoff

SEC MEDALISTS

Silver: Megan Pulskamp, Jessie Snowden
Bronze: Elvis Burrows, Shane Eliason, Alex Forbes, Kyle Greene, Eric McGinnis, Tyler Reed

TEAM AWARDS

Most improved swimmer: Elvis Burrows, Kelly Rames
100 percent: Matt Russell, Leah Harms
Scholarship: James Batley, Leah Harms
Freshman: Adam Twer, Jenna Willis
Most Valuable Diver: Jessie Snowden, Justin Smith
Booster Club: Kyle Greene, Haleigh Kerns
Williams Sharpe: Eric McGinnis, Tyler Reed, Megan Pulskamp
Spirit: Joe Retrum, Anna Sirmon

KENTUCKY

[RECORDS & HISTORY]



TARYN IGNACIO

KARI RETRUM

WOMEN'S DUAL MEET RECORD UNDER CONELLY

1991-92: SEC 9TH (7-3)	L	91-152	1-11	at South Carolina	W	135-106	1-11	at Cincinnati	W	114-79
10-19	LSU	141-77	1-12	at College of Charleston	W	156-97	2-1	at LSU	L	177-114
10-25	Louisville	142.5-78.5	1-18	Clemson	W	136-105	2-7	at Indiana	L	139-96
10-30	Transylvania	128-115	2-22	at Cincinnati	W	138-99	2-8	Cincinnati	W	148-124
11-1	Ohio	70-173	2-22	SEC Champs.	7th	318.5 pts	2-22	SEC Champs.	9th	212 pts
11-9	at Tennessee	128.5-113.5	3-2	at Indiana	W	162-100				
11-15	at Southern Illinois	874 pts.	3-22	NCAA Champs.	24th	20 pts	2003-04: SEC 6TH (6-3)	L	139-94	
12-8	Purdue Invit.	82-47					10-24	Tennessee	L	188 pts
1-2	Dennison	135-98	1997-98: SEC 4TH (11-1)	W	149-82		10-28	Kentucky Relay Meet	1st	124-110
1-17	at Cincinnati	135-92	10-17	Louisville	L	109-134	10-31	Houston	W	141-60
1-18	Vanderbilt	202 pts	10-25	at Tennessee	W	136-92	10-31	Louisville	W	280 pts
2-8	SEC Champs.		10-31	Southern Illinois	W	145-92	11-22	Nike Cup	6th	135-88
			11-8	Ohio State	W	164.5-72.5	1-3	at Florida	L	102-89
1992-93: SEC 8TH (8-5)	W	140-84	11-8	Ohio	W	155-78	1-7	at IRCC Ball State	W	128-115
10-16	Louisville	103-138	11-8	Miami (Fla.)	W	993 pts	1-10	South Carolina	W	161-120
10-23	Tennessee	112-131	11-23	Nike Cup	1st	139-108	1-30	at Georgia Tech	W	153-124
10-24	Arkansas	180-118	12-6	at Arkansas	W	123-71	1-31	at Auburn	L	252.5 pts
11-6	at Ohio	141-96	1-6	at N.C. State	W	157-88	2-7	Cincinnati	W	
11-8	N.C. State	110-134	1-7	at Clemson	W	141-113	2-28	SEC Champs.	6th	
11-13	at South Carolina	91-135	1-8	at College of Charleston	W	142-97				
11-14	at Georgia	96.5-146.5	1-16	LSU	W	147-89	2004-05: SEC 4TH (7-3)	1st	140 pts	
11-21	at Northwestern	772.5 pts	1-31	Cincinnati	W	500.5 pts	10-15	Kentucky Relay Meet	W	150-90
12-6	Purdue Invit.	139-102	2-21	SEC Champs.	4th	38 pts	10-23	vs. Michigan State	W	133-110
1-9	Indiana	140-84	3-21	NCAA Champs.	21st		10-29	at Tennessee	L	140-103
1-16	Southern Illinois	127-116					11-6	Indiana	L	132-109
1-30	at LSU	138-104	1998-99: SEC 3RD (7-1)	L	103-140	11-13	Southwest La.	W	141-95	
1-30	Texas A&M	127-77	10-23	Tennessee	W	168.5-129.5	10-23	vs. Alabama	W	145-97
2-5	Cincinnati	253 pts	10-31	Indiana	W	669 pts	1-13	vs. LSU	W	177-107
2-20	SEC Champs.	5 pts	11-21	Nike Cup	3rd	84-54	1-15	at South Carolina	L	84-54
3-20	NCAA Champs.		1-9	South Carolina	W	92-45	1-9	vs. Louisville	W	84-54
			1-9	Arkansas	W	130-86	1-16	Arkansas	W	157-67
1993-94: SEC 8TH (5-7)	W	58-55	1-16	Alabama	W	135-105	2-5	vs. Cincinnati	W	339 pts
10-9	at Arkansas	134-63	1-23	at LSU	W	152-83	2-19	SEC Champs.	4th	52 pts
10-19	Louisville	93-149	1-23	vs. Texas A&M	W	155-113	3-26	NCAA Champs.	18th	
10-22	at Tennessee	36-70	1-30	at Cincinnati	W	497 pts				
11-6	South Carolina	88-52	2-20	SEC Champs.	3rd	46 pts	2005-06: SEC 4TH (8-3)	W	179-119	
11-12	vs. Ohio	65-75	3-20	NCAA Champs.	21st		10-14	Illinois	W	168 pts
11-12	at Ohio State	97-145					10-15	Kentucky Relay Meet	1st	124-119
11-21	LSU	418 pts	10-22	Louisville	W	136-96	11-5	Tennessee	L	134-107
12-4	Speedo Cup East	85-167	11-6	at Indiana	W	132-109	11-6	at Texas A&M	W	150-120
1-8	Georgia	125.5-116.5	11-13	at Tennessee	W	124-121	12-3	vs. Clemson	W	137-106
1-29	at Southern Illinois	44-68	11-20	Nike Cup	3rd	457 pts	1-3	vs. Georgia	L	162-130
2-5	at Florida	89-15	1-15	vs. Arkansas	W	138-9	1-7	vs. LSU	W	68-44
2-5	vs. Indian River C.C.W	247 pts	1-15	at South Carolina	W	124-102	1-7	at Alabama	W	65-47
2-19	SEC Champs.	45 pts	1-21	LSU	W	128-118	1-14	South Carolina	W	1130.5-109.5
3-26	NCAA Champs.		1-29	Cincinnati	W	173-143	1-21	at Louisville	W	172-119
			2-19	SEC Champs.	6th	332 pts	2-5	vs. Cincinnati	W	155-100
1994-95: SEC 4TH (6-8)	W	115-85	3-18	NCAA Champs.	T-32nd	13 pts	2-18	SEC Champs.	4th	597 pts
9-13	Ohio State	48-65					3-25	NCAA Champs.	13th	98.5 pts
10-14	Alabama	70-43	2000-01: SEC 6TH (6-2)	W	130-86					
10-14	Louisville	104.5-137.5	10-20	Louisville	W	94-149	2006-07: SEC 4TH (5-3)	L	171-127	
10-29	Tennessee	139-160	10-27	SEC East Extravaganza	L	101-142	10-21	at Indiana	L	137-106
11-4	at Ohio	113-128	11-3	at Indiana	L	1892.5 pts	10-27	at South Carolina	W	135-108
11-4	vs. Purdue	120-124	11-10	Tennessee	L	128-114	10-27	Tennessee	L	145-96
11-12	at LSU	137-106	11-18	Texas A&M Invit.	34d	150-93	10-28	at Georgia	L	168-98
11-12	vs. Texas A&M	133.5 pts	1-13	Coral Springs Invit.	W	91-47	12-2	vs. Vanderbilt	W	168-130
11-19	Arkansas	76-113	1-13	at LSU	W	150-93	1-13	vs. Alabama	W	170-125
12-3	Speedo Cup East	78-127	1-13	vs. Texas A&M	W	85-55	1-20	vs. Louisville	W	105-81
1-4	at Georgia	146-93	1-20	at South Carolina	W	131-109	1-26	at Cincinnati	W	384 pts
1-5	at South Carolina	177-116	1-20	at Arkansas	W	315 pts	3-17	SEC Champs.	4th	92 pts
1-21	Florida	439.5 pts	2-24	at Cincinnati	W	6 pts				
1-28	Southern Illinois	53 pts	3-17	SEC Champs.	39th		2007-08: SEC 5TH (5-4)	W	167.5-132.5	
2-4	at Cincinnati		10-13	SEC 6TH (4-4)	L	123.5-108.5	10-26	at Tennessee/S. Carolina	2nd	167-132
2-18	SEC Champs.		10-14	South Carolina	L	149 pts	10-27	at Virginia Tech	L	185-115
3-18	NCAA Champs.		10-15	SEC East Invit.	5th	128-93	11-1	vs. Florida	W	164-134
			10-15	at Alabama	L	82.5-164.5	11-3	at Louisville	W	183-72
1995-96: SEC 6TH (4-5)	W	83-151	10-19	vs. LSU	L	100-1443	11-5	Nike Cup	W	164-134
10-14	at Tennessee	102-141	10-19	at Tennessee	L	140-69	11-30	vs. Indiana	W	154-144
10-20	at Alabama	147-76	10-19	at Tennessee	L	619 pts	1-12	at Ircc	L	181-117
10-21	at Auburn	166-132	11-3	Louisville	W	74-37	1-19	at Ohio St.	L	161.5-138.5
10-27	Louisville	91-141	11-17	Nike Cup	4th	120-122	1-26	at Alabama	W	154-116
10-29	South Carolina	375 pts	11-20	Pine Crest Swim	W	156.5-86.5	2-20	vs. Cincinnati	W	342 pts
11-17	at Florida	112-186	1-19	South Carolina	L	91-152	3-20	NCAA Champs.	18th	54 pts
12-2	Nike Cup East	167-126	2-2	Arkansas	W	177-58				
1-3	Georgia	402 pts	2-2	Indiana	L	203 pts	2008-09: SEC 9TH (5-5)	L	164-121	
1-12	Cincinnati	120-123	2-24	Cincinnati	W	4 pts	10-18	at Indiana	L	201-95
2-10	SEC Champs.	97.5 pts	3-30	SEC Champs.	9th		11-7	vs. Tennessee	L	130-96
3-2	at Indiana			NCAA Champs.	41st		11-8	vs. Virginia	L	123-73
3-23	NCAA Champs.		2001-02: SEC 6TH (4-4)	L	123-5-108.5		1-7	vs. IUPUI	W	175-118
			10-13	South Carolina	L	149 pts	1-10	at LSU	L	164-134
1996-97: SEC 7TH (10-1)	W	145-73	10-14	SEC East Invit.	5th	128-93	1-10	at Arkansas	L	154-144
10-18	Louisville	129-114	10-15	at Florida	L	82.5-164.5	1-17	vs. Missouri (Fayetteville)	W	159-139
10-24	Tennessee	102-141	10-19	vs. LSU	L	100-1443	1-17	vs. Alabama	W	178-120
11-2	at Southern Illinois	147-76	10-19	at Tennessee	L	140-69	1-24	vs. Louisville	W	152-112
11-9	at Ohio State	166-132	11-3	Louisville	W	619 pts	1-31	at Cincinnati	W	182 pts
11-9	vs. Ohio	91-141	11-17	Nike Cup	4th	74-37	2-21	SEC Champs.	9th	12 pts
11-23	Nike Cup	375 pts	11-20	Pine Crest Swim	W	120-122				
1-10	at Georgia	112-186	1-19	South Carolina	L	156.5-86.5				
		167-126	2-2	Arkansas	W	91-152				
		402 pts	2-2	Indiana	L	177-58				
		120-123	2-24	Cincinnati	W	203 pts				
		97.5 pts	3-30	SEC Champs.	9th	4 pts				
				NCAA Champs.	41st					
			2002-03: SEC 9TH (2-6)	1st	178 pts					
			10-19	Kentucky Relay Meet	L	148-90				
			10-24	Georgia	L	143-99				
			10-25	at Tennessee	L	163.5-78.5				
			11-1	at South Carolina	L	330 pts				
			11-23	Nike Cup	6th	177-121				
			12-7	Missouri	L					

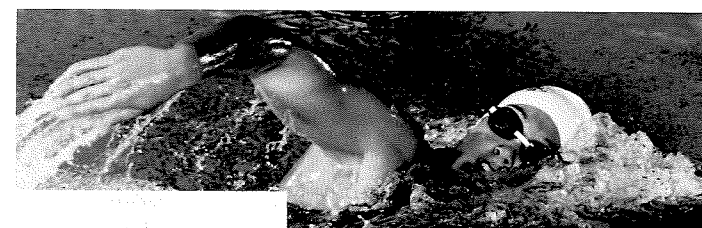
MEN'S ALL-TIME TOP 10 SHORT COURSE

50 FREESTYLE			1000 FREESTYLE		
1. Tim Patrick	19.38	2005	1. Nat Lewis	9:03.73	1998
2. Eric McGinnis	19.50	2009	2. Morne' Boshoff	9:08.54	2009
3. Daniel Farnham	19.65	2005	3. Ben Fowler	9:11.97	1997
4. Kyle Greene	19.68	2009	4. Steven Manley	9:17.15	2006
5. Shaun Zitani	19.75	2000	5. Dave Tweedie	9:17.89	2001
6. Colin Faris	19.80	2009	6. Eric Weber	9:22.93	2006
7. Elvis Burrows	19.83	2009	7. Mike Thar	9:26.97	1994
8. Alex Forbes	19.85	2009	8. Macon White	9:27.35	2001
9. Warren Grobbelaar	19.90	2008	9. Jim McCarthy	9:28.09	1989
10. Rick Barber	20.14	1997	10. Kevin Chipman	9:29.86	1998
100 FREESTYLE			1650 FREESTYLE		
1. Eric McGinnis	42.67	2009	1. Nat Lewis	15:00.73	1997
2. Daniel Farnham	43.09	2005	2. Ben Fowler	15:16.90	1997
3. Kyle Greene	43.16	2009	3. Morne' Boshoff	15:28.41	2009
4. Tyler Reed	43.35	2008	4. Mike Thar	15:33.74	1996
5. Alex Forbes	43.82	2009	5. Jim McCarthy	15:38.20	1989
6. Steven Manley	43.84	2005	6. Eric Weber	15:38.95	2006
7. Shaun Zitani	44.12	2001	7. Dave Tweedie	15:39.46	2001
8. Colin Faris	44.26	2009	8. James Batley	15:42.03	2006
9. Warren Grobbelaar	44.38	2008	9. Chad Cummins	15:47.30	1995
10. Steve Grimes	44.22				

WOMEN'S ALL-TIME TOP 10 SHORT COURSE

50 FREESTYLE

1. Jenny Bradford	22.00	2008
2. Heather Bradford	22.24	2008
3. Megan Pulskamp	22.59	2009
3. Jamie Siegele	22.72	2001
Annabel Kosten	22.72	1999
6. Kelsi Hall	22.77	2009
7. Jenna Newsome	22.88	2009
8. Lauren Willis	23.03	2008
9. Kellie Moran	23.32	1990
10. Chelsea Peterson	23.36	2009



100 FREESTYLE

1. Jenny Bradford	48.53	2006
2. Megan Pulskamp	49.47	2009
3. Heather Bradford	49.55	2008
4. Annabel Kosten	49.85	2000
5. Chelsea Peterson	49.96	2009
6. Kellie Moran	50.14	1991
7. Jamie Siegele	50.25	2001
8. Casey Miller	50.50	2009
9. Jenna Newsome	50.55	2009
10. Mandy Myers	50.63	2009

1000 FREESTYLE

1. Rachel Komisarz	9:41.53	1999
2. Leigh Dalton	9:52.63	1995
3. Bartley Pratt	9:56.54	1990
4. Carolyn Rader	10:01.36	1999
5. Melissa Olson	10:02.10	1998
6. Kelly Heath	10:05.54	1995
7. Leah Harms	10:05.62	2009
8. Kelley Miller	10:06.69	1997
9. Brennan Moore	10:06.78	2005
10. Wendy Hipskind	10:10.21	1992

200 BREASTSTROKE

1. Laura Graham	2:13.56	2004
2. Shantel Commander	2:13.93	2005
3. Emily Grass	2:15.08	1998
4. Lindsey Graessle	2:15.50	2009
5. Kelli Stein	2:16.28	2001
6. Jennifer Clifford	2:16.50	1998
7. Lindsay Myhre	2:17.50	2008
8. Kendra Trahan	2:17.99	2004
9. Melissa Olson	2:18.71	1998
10. Mary Jane Brown	2:19.02	1988

100 BUTTERFLY

1. Megan Pulskamp	52.10	2009
2. Heather Bradford	52.79	2007
3. Jenny Bradford	53.25	2008
5. Rachel Komisarz	53.84	1998
5. Jessica Siegele	54.00	2005
6. Wendy Hipskind	55.11	1992
7. Annabel Kosten	55.44	2000
8. Carolyn Rader	55.59	1999
9. Anna Sirmon	55.60	2009
10. Ellen Strange	56.11	1998

200 BUTTERFLY

1. Rachel Komisarz	1:58.23	1998
2. Anna Sirmon	1:59.54	2009
3. Wendy Hipskind	1:59.57	1992
4. Carolyn Rader	1:59.69	1999
5. Megan Pulskamp	2:00.42	2008
6. Ellen Strange	2:00.85	1998
7. Debra Hinsley	2:01.17	2000
8. Emily Johnston	2:01.86	2002
9. Casey Miller	2:02.01	2009
10. Kelly Rames	2:02.03	2005

200 FREESTYLE

1. Rachel Komisarz	1:47.42	1999
2. Casey Miller	1:47.67	2009
3. Kelly Heath	1:47.72	1995
4. Carolyn Rader	1:47.96	2000
5. Kellie Moran	1:48.21	1989
6. Annabel Kosten	1:48.77	2000
7. Jenny Bradford	1:48.80	2006
8. Marci Vrooman	1:49.40	2002
9. Kristina Sledge	1:49.57	2007
10. Chrissy Miller	1:49.62	2002

1650 FREESTYLE

1. Rachel Komisarz	16:04.42	1999
2. Leigh Dalton	16:17.65	1995
3. Bartley Pratt	16:24.61	1990
4. Carolyn Rader	16:39.45	1999
5. Kelly Heath	16:44.01	1995
6. Brennan Moore	16:47.02	2002
7. Margo Lynch	16:50.78	1995
8. Kelley Miller	16:51.49	1997
9. Leah Harms	16:55.37	2009
10. Mandy Swift	16:55.70	1995

100 BACKSTROKE

1. Chatham Penrod	53.92	2009
2. Jessica Siegele	54.33	2005
3. Jenny Eckert	55.85	1995
4. Claire Archibald	56.10	2009
5. Jill Southerlan	56.41	2005
6. Shawna Sechrist	56.47	2001
7. Lindsay Lash	56.56	2009
8. Joanna McLean	56.61	2003
9. Kristi Lohmeier	56.64	1997
10. Taryn Kannegeisser	57.06	1999

200 INDIVIDUAL MEDLEY

1. Casey Miller	2:00.52	2009
2. Melissa Olson	2:01.02	1998
3. Wendy Hipskind	2:02.81	1992
4. Laura Graham	2:02.89	2005
5. Janie Reed	2:03.70	1998
6. Claire Archibald	2:03.83	2009
7. Lindsay Myhre	2:04.99	2008
8. Emily Grass	2:05.20	1997
9. Jenny Bradford	2:05.62	2008
10. Heather Bradford	2:06.28	2008

500 FREESTYLE

1. Kelly Heath	4:43.11	1995
2. Rachel Komisarz	4:44.13	1999
3. Carolyn Rader	4:48.15	2000
4. Leigh Dalton	4:48.57	1996
5. Chrissy Miller	4:49.01	2002
6. Marci Vrooman	4:49.42	2002
7. Bartley Pratt	4:50.14	1990
8. Margo Lynch	4:50.77	1995
9. Kelley Miller	4:52.92	1997
10. Kelly Rames	4:53.93	2009

100 BREASTSTROKE

1. Laura Graham	1:01.21	2005
2. Lindsey Graessle	1:01.54	2009
3. Kelli Stein	1:02.88	2001
4. Lindsay Myhre	1:03.08	2008
5. Shantel Commander	1:03.46	2005
6. Jennifer Clifford	1:03.68	1998
7. Stephanie Moll	1:04.00	1998
8. Jenna Willis	1:04.15	2009
9. Emily Grass	1:04.61	1999
10. Kelsi Hall	1:04.94	2009

200 BACKSTROKE

1. Melissa Olson	1:58.16	2000
2. Chatham Penrod	1:58.25	2009
2. Jessica Siegele	2:00.01	2005
3. Brennan Moore	2:00.09	2005
5. Claire Archibald	2:00.15	2009
6. Jenny Eckert	2:00.16	1995
7. Shawna Sechrist	2:00.36	2001
8. Kristi Lohmeier	2:01.08	1997
9. Taryn Kannegeisser	2:01.71	1999
10. Janie Reed	2:01.89	1998

400 INDIVIDUAL MEDLEY

1. Melissa Olson	4:11.39	1999
2. Brennan Moore	4:19.77	2005
3. Janie Reed	4:21.16	1998
4. Shantel Commander	4:21.18	2005
5. Emily Grass	4:22.86	1998
6. Many Swift	4:25.05	1997
7. Carolyn Rader	4:25.15	2000
8. Bartley Pratt	4:25.33	1990
9. Margie Boliver	4:25.95	1993
10. Lindsay Myhre	4:28.43	2008

WOMEN'S ALL-TIME TOP 10 DIVING PERFORMANCES

1-METER (6 DIVES)

1. Taryn Ignacio	337.60	2007
2. Kari Retrum	325.55	2007
3. Jessie Snowden	313.05	2009
4. Joey Brown	312.68	2007
5. Jessica Thompson	299.18	2004
6. Kelli Frost	296.48	2003
7. Jillian Becker	292.43	2004
8. Tina Johnson	288.75	1995
9. Beth Leake	288.15	1998
10. Trisha Tumlinson	283.10	2002

3 METER (6 DIVES)

1. Jessica Thompson	363.00	2005
2. Taryn Ignacio	352.80	2007
3. Joey Brown	345.98	2007
4. Kari Retrum	343.28	2007
5. Jillian Becker	335.78	2006
6. Jessie Snowden	330.85	2009
7. Sarah Fields	309.50	1999
8. Kelli Frost	306.60	2003
9. Jill Baumgarner	305.10	1990
10. Tina Johnson	300.08	1995

PLATFORM (6 DIVES)

1. Taryn Ignacio	335.80	2006
2. Jessie Snowden	290.10	2009
3. Kari Retrum	278.15	2007
4. Joey Brown	264.60	2006
5. Jessica Thompson	261.25	2006
6. Jillian Becker	186.65	2006

1 METER (10 DIVES)

1. Beth Leake	435.75	1996
2. Tina Johnson	432.90	1996
3. Jenny Baker	420.25	1990
4. Carrie Knoeber	420.15	1999
5. Christy Souliakis	399.65	1997
6. Sarah Fields	396.25	2000
7. Michelle Glowatch	385.25	2000
8. Michelle Parsons	380.10	1992
9. Kelli Frost	377.50	2000
10. Heather Pollard	363.60	1994

3 METER (11 DIVES)

1. Beth Leake	542.05	1996
2. Tina Johnson	523.25	1995
3. Carrie Knoeber	510.75	2000
4. Christy Souliakis	490.85	1999
5. Jenny Baker	486.55	1996
6. Jessica Thompson	480.05	2003
7. Sarah Fields	463.45	2000
8. Joey Brown	462.45	2004
9. Kelli Frost	452.75	2002
10. Trisha Tumlinson	451.10	2002

PLATFORM (9 DIVES)

1. Taryn Ignacio	448.75	2005
2. Kari Retrum	428.00	2004
3. Trisha Tumlinson	427.50	2002
4. Sarah Fields	398.95	2001
5. Carrie Knoeber	395.50	2001
6. Jessica Thompson	391.10	2005
7. Michelle Brown	378.35	2003
8. Michelle Glowatch	349.05	2000
9. Kelli Frost	344.70	2003
10. Joey Brown	320.55	2004



KENTUCKY SWIMMING & DIVING RECORDS

MEN'S SWIMMING

Event	Name	Time	Date
50 Freestyle	Tim Patrick	19.38	3/24/05
100 Freestyle	Eric McGinnis	42.67	2/18/09
200 Freestyle	Tyler Reed	1:34.39	3/26/09
500 Freestyle	Steven Manley	4:19.27	3/25/04
1000 Freestyle	Nat Lewis	9:03.73	3/28/98
1650 Freestyle	Nat Lewis	15:00.73	3/29/99
100 Backstroke	Shane Eliason	48.33	2/18/09
200 Backstroke	Joey Faltraco	1:42.99	2/22/03
100 Breaststroke	Will Vietti	53.73	2/9/07
200 Breaststroke	Will Vietti	1:57.65	2/10/05
100 Butterfly	Elvis Burrows	46.72	2/18/09
200 Butterfly	Daniel Cruz	1:42.86	2/19/05
200 Individual Medley	Steven Manley	1:47.31	2/16/06
400 Individual Medley	Joey Faltraco	3:47.41	2/21/03
200 Medley Relay	Eliason, McGinnis, Burrows, Greene	1:26.32	3/26/09
400 Medley Relay	Bravo, Outinen, Cruz, Farnham	3:12.22	2/17/05
200 Freestyle Relay	Patrick, Gasparovich, Farnham, Manley	1:17.48	3/24/05
400 Freestyle Relay	McGinnis, Forbes, Reed, Greene	2:51.72	2/18/09
800 Freestyle Relay	Cruz, Farnham, Chudleigh, Manley	6:24.14	2/16/05

MEN'S DIVING

Event	Name	Score	Date
1-Meter (Six Dives) Championship Meet	Stephen Andrews	380.55	3/27/08
1-Meter (11 Dives) Dual Meet	Clayton Moss	536.45	11/6/99
3-Meter (Six Dives) Dual Meet	Ben Starchuk	406.43	2/5/05
3-Meter (11 Dives) Championship Meet	Clayton Moss	664.50	3/15/03
Platform (Six Dives) Championship Meet	Stephen Andrews	397.30	2/23/08
Platform (14 Dives) NCAA Competitions	Paco Rivera	814.50	2/17/98

WOMEN'S SWIMMING

Event	Name	Time	Date
50 Freestyle	Jenny Bradford	22.00	2/20/08
100 Freestyle	Jenny Bradford	48.53	3/18/06
200 Freestyle	Rachel Komisarz	1:47.42	2/19/99
500 Freestyle	Kelly Heath	4:43.11	12/4/94
1000 Freestyle	Rachel Komisarz	9:41.53	3/20/99
1650 Freestyle	Rachel Komisarz	16:04.42	3/20/99
100 Backstroke	Chatham Penrod	53.92	2/18/09
200 Backstroke	Melissa Olson	1:58.16	2/16/98
100 Breaststroke	Laura Graham	1:01.21	2/18/05
200 Breaststroke	Laura Graham	2:13.56	2/27/04
100 Butterfly	Megan Pulskamp	52.10	2/18/09
200 Butterfly	Rachel Komisarz	1:58.23	2/21/98
200 Individual Medley	Casey Miller	2:00.52	1/24/09
400 Individual Medley	Melissa Olson	4:11.39	2/20/98
200 Medley Relay	Southerlan, Graham, H. Bradford, J. Bradford	1:39.19	2/15/06
400 Medley Relay	Penrod, Graessle, Pulskamp, Newsome	3:38.91	3/19/09
200 Freestyle Relay	H. Bradford, Pulskamp, Willis, J. Bradford	1:29.12	2/20/08
400 Freestyle Relay	H. Bradford, Willis, Pulskamp, J. Bradford	3:18.26	3/20/08
800 Freestyle Relay	Rader, Kosten, Olson, Komisarz	7:21.89	2/19/99

WOMEN'S DIVING

Event	Name	Score	Date
1-Meter (Six Dives) Dual Meets	Taryn Ignacio	337.60	3/8/07
1-Meter (10 Dives) NCAA/Invitationals	Beth Leake	435.75	3/22/96
3-Meter (Six Dives) Dual Meets	Jessica Thompson	363.00	2/5/05
3-Meter (10 Dives) NCAA/Invitationals	Tina Johnson	455.95	4/1/95
3-Meter (11 Dives) NCAA/Invitationals	Beth Leake	542.05	3/23/96
Platform (Five Dives) NCAA/Invitationals	Taryn Ignacio	335.80	3/18/06
Platform (Nine Dives) NCAA/Invitationals	Kari Retrum	428.00	2/28/04
Platform (11 Dives) NCAA/Invitationals	Julie Robbins	463.20	2/23/91
Platform (12 Dives) NCAA/Invitationals	Tina Johnson	615.10	3/17/95

LANCASTER AQUATIC CENTER RECORDS

MEN'S SWIMMING

Event	Name	Team	Time	Date
50 Freestyle	Cesar Cielo	Auburn	19.03	2/9/07
100 Freestyle	Cesar Cielo	Auburn	41.85	2/10/07
200 Freestyle	Shaune Fraser	Florida	1:35.05	2/9/07
500 Freestyle	Sebastien Rouault	Georgia	4:17.59	2/8/07
1000 Freestyle	Nat Lewis	Kentucky	9:06.97	11/8/97
1650 Freestyle	Sebastien Rouault	Georgia	14:52.82	2/10/07
100 Backstroke	Michael Gilliam	Tennessee	47.25	2/19/99
200 Backstroke	Lucas Salatta	Florida	1:41.38	2/10/07
100 Breaststroke	Vlad Polyakov	Alabama	52.92	2/9/07
200 Breaststroke	Neil Versfeld	Georgia	1:56.30	2/10/07
100 Butterfly	Brock Newman	Auburn	46.87	2/19/99
200 Butterfly	Shaune Fraser	Florida	1:44.98	2/10/07
200 Individual Medley	Lucas Salatta	Florida	1:44.71	2/8/07
400 Individual Medley	Bradley Ally	Florida	3:45.82	2/9/07
200 Medley Relay	Goodrich, Maras, Puninski, Targett	Auburn	1:24.63	2/7/07
400 Medley Relay	Bartz, Denniston, Quevedo, Newman	Auburn	3:10.46	2/18/99
200 Freestyle Relay	Cielo, Puninski, Lundquist, Targett	Auburn	1:16.52	2/8/07
400 Freestyle Relay	Lundquist, Targett, Wike, Cielo	Auburn	2:54.29	2/17/07
800 Freestyle Relay	Johnson, Salatta, Fraser, Rudolf	Florida	6:22.31	2/7/07

MEN'S DIVING

Event	Name	Team	Score	Date
1-Meter (Six Dives)	Steven Segerlin	Auburn	380.50	2/2/07
3-Meter (Six Dives)	Steven Segerlin	Auburn	427.80	2/3/07
Platform (Six Dives)	Steven Segerlin	Auburn	452.80	2/4/07

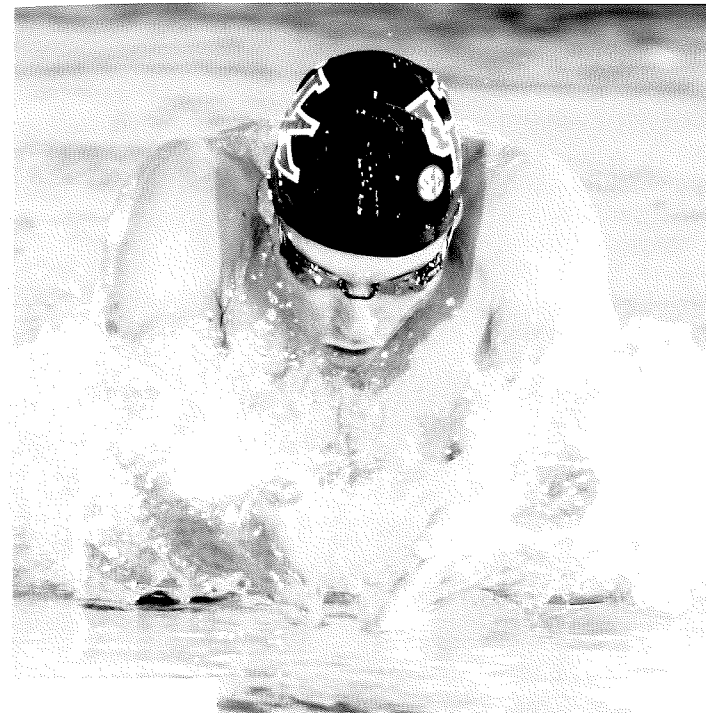
WOMEN'S SWIMMING

Event	Name	Team	Time	Date
50 Freestyle	Kara Lynn Joyce	Georgia	21.73	2/8/07
100 Freestyle	Kara Lynn Joyce	Georgia	47.62	2/10/07
200 Freestyle	Kara Lynn Joyce	Georgia	1:45.21	2/9/07
500 Freestyle	Claire Maust	Georgia	4:40.15	2/8/07
1000 Freestyle	Rachel Komisarz	Kentucky	9:50.09	2/20/99
1650 Freestyle	Hayley Piersol	Auburn	15:56.37	2/10/07
100 Backstroke	Rachel Goh	Auburn	52.34	2/9/07
200 Backstroke	Alek Putra	Georgia	1:54.81	2/10/07
100 Breaststroke	Kristy Kowal	Georgia	1:00.13	2/19/99
200 Breaststroke	Kristy Kowal	Georgia	2:11.55	2/20/99
100 Butterfly	Christine Magnuson	Tennessee	52.04	2/9/07
200 Butterfly	Kristen Hastrup	Auburn	1:57.10	2/10/07
200 Individual Medley	Ava Ohlgren	Auburn	1:57.74	2/8/07
400 Individual Medley	Adrienne Binder	Auburn	4:11.65	2/9/07
200 Medley Relay	Goh, Stupp, McCawley, Denby	Auburn	1:38.97	2/7/07
400 Medley Relay	Goh, Jensen, Bethune, Kukors	Auburn	3:36.57	2/9/07
200 Freestyle Relay	H. Bradford, Deveaux, Willis, J. Bradford	Kentucky	1:29.27	2/8/07
400 Freestyle Relay	Ohlgren, Kukors, Ewing, Denby	Auburn	3:15.33	2/10/07
800 Freestyle Relay	Ohlgren, Ewing, Kukors, Denby	Auburn	7:04.12	2/7/07

WOMEN'S DIVING

Event	Name	Team	Score	Date
1-Meter (Six Dives)	Kari Retrum	Kentucky	319.50	1/20/07
3-Meter (Six Dives)	Jessica Thompson	Kentucky	363.00	2/5/05
Platform (Five Dives)	Taryn Ignacio	Kentucky	319/75	2/4/07

2010 NCAA MEN'S QUALIFYING STANDARDS



Event	25-Yard Course	
	"A" Standard	"B" Standard
50 Freestyle	:19.35	:20.31
100 Freestyle	:42.26	:44.37
200 Freestyle	1:33.61	1:38.29
500 Freestyle	4:15.68	4:28.46
1,650 Freestyle	14:51.15	15:35.70
100 Butterfly	:46.04	:48.34
200 Butterfly	1:42.95	1:48.09
100 Backstroke	:46.69	:49.02
200 Backstroke	1:41.53	1:46.60
100 Breaststroke	:52.87	:55.51
200 Breaststroke	1:54.25	1:59.96
200 Individual Medley	1:44.13	1:49.33
400 Individual Medley	3:44.88	3:56.12
200 Freestyle Relay	1:17.69	1:21.57
400 Freestyle Relay	2:52.47	3:01.09
800 Freestyle Relay	6:23.26	6:42.42
200 Medley Relay	1:25.66	1:29.94
400 Medley Relay	3:08.22	3:17.63

1-Meter Diving Points-Dual 290/300***
 3-Meter Diving Points-Dual 310/320***
 Platform Diving Points-Dual 290/300***
 *** qualifying point total when using six optional dives with standard D.D.

2010 NCAA WOMEN'S QUALIFYING STANDARDS

Event	25-Yard Course	
	"A" Standard	"B" Standard
50 Freestyle	:21.93	:23.02
100 Freestyle	:47.84	:50.23
200 Freestyle	1:44.02	1:49.22
500 Freestyle	4:38.46	4:52.41
1,650 Freestyle	15:53.38	16:41.04
100 Butterfly	:52.02	:54.62
200 Butterfly	1:54.95	2:00.69
100 Backstroke	:53.01	:55.66
200 Backstroke	1:53.37	1:59.24
100 Breaststroke	59.99	1:02.98
200 Breaststroke	2:10.32	2:16.83
200 Individual Medley	1:56.13	2:01.93
400 Individual Medley	4:07.33	4:19.69
200 Freestyle Relay	1:28.35	1:32.76
400 Freestyle Relay	3:14.93	3:24.67
800 Freestyle Relay	7:02.07	7:23.17
200 Medley Relay	1:37.81	1:42.70
400 Medley Relay	3:32.56	3:43.18

1-Meter Diving Points-Dual 255/265***
 3-Meter Diving Points-Dual 270/280***
 Platform Diving Points-Dual 260/225###
 *** qualifying point total when using six optional dives with standard D.D.
 ### qualifying point total when using five optional dives with standard D.D.



KENTUCKY ALL-AMERICANS

STEPHEN ANDREWS
 2008 Platform Diving (HM)
 2008 1-Meter Diving

JENNY BAKER
 1994 1-Meter Diving (HM)
 1994 Platform Diving (HM)
 1995 1-Meter Diving
 1995 3-Meter Diving (HM)
 1996 Platform Diving
 1996 1-Meter Diving (HM)

DAVID BARON
 1973 100 Breaststroke

FERNANDO BARROS
 2003 200 Medley Relay (HM)
 2003 400 Medley Relay (HM)
 2003 200 Freestyle Relay (HM)
 2003 800 Freestyle Relay (HM)
 2004 200 Freestyle Relay (HM)

HEATHER BRADFORD
 2005 200 Medley Relay (HM)
 2005 400 Medley Relay (HM)
 2006 200 Medley Relay (HM)
 2006 400 Medley Relay (HM)
 2006 200 Freestyle Relay (HM)
 2006 400 Freestyle Relay (HM)
 2007 100 Butterfly
 2007 50 Freestyle (HM)
 2007 200 Freestyle Relay
 2007 400 Freestyle Relay (HM)
 2008 400 Freestyle Relay (HM)
 2008 200 Freestyle Relay

JENNY BRADFORD
 2005 200 Medley Relay (HM)
 2005 400 Medley Relay (HM)
 2006 50 Freestyle
 2006 100 Freestyle
 2006 100 Butterfly (HM)
 2006 200 Medley Relay (HM)
 2006 400 Medley Relay (HM)
 2006 200 Freestyle Relay (HM)
 2006 400 Freestyle Relay (HM)
 2007 50 Freestyle
 2007 200 Freestyle Relay
 2007 400 Freestyle Relay (HM)
 2008 400 Freestyle Relay (HM)
 2008 200 Freestyle Relay
 2008 50 Freestyle (HM)

JOEY BROWN
 2006 Platform Diving (HM)

ALEJANDRO BRAVO
 2005 200 Medley Relay (HM)

ELVIS BURROWS
 2009 200 Freestyle Relay (HM)
 2009 200 Medley Relay (HM)

JERRAM CHUDLEIGH
 2004 800 Freestyle Relay (HM)

2005 800 Freestyle Relay
 2005 200 Butterfly (HM)

SHANTELL COMMANDER
 2005 200 Breaststroke (HM)

DANIEL CRUZ
 2003 200 Medley Relay (HM)
 2003 400 Medley Relay (HM)
 2003 800 Freestyle Relay (HM)
 2004 200 Butterfly
 2004 100 Butterfly (HM)
 2004 800 Freestyle Relay (HM)
 2004 400 Freestyle Relay (HM)
 2005 200 Butterfly
 2005 800 Freestyle Relay
 2005 200 Medley Relay (HM)

LEIGH DALTON
 1995 1,650 Freestyle
 1996 1,650 Freestyle (HM)
 1997 1,650 Freestyle (HM)
 1998 1,650 Freestyle (HM)

NIKIA DEVEAUX
 2006 200 Freestyle Relay (HM)
 2006 400 Freestyle Relay (HM)
 2007 200 Freestyle Relay

MARK DOYLE
 2006 800 Freestyle Relay (HM)



















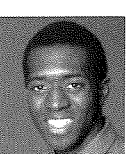


SHANE ELIASON
 2008 800 Freestyle Relay(HM)
 2008 400 Medley Relay(HM)
 2009 200 Freestyle Relay (HM)
 2009 200 Medley Relay (HM)
 2009 800 Freestyle Relay (HM)

JOEY FALTRACO
 2002 200 Backstroke (HM)

DANIEL FARNHAM
 2003 200 Medley Relay (HM)
 2003 400 Medley Relay (HM)
 2003 200 Freestyle Relay (HM)
 2003 800 Freestyle Relay (HM)
 2004 200 Freestyle Relay (HM)
 2004 400 Freestyle Relay (HM)
 2004 800 Freestyle Relay (HM)
 2005 200 Freestyle Relay
 2005 400 Freestyle Relay
 2005 800 Freestyle Relay
 2005 50 Freestyle (HM)
 2005 100 Freestyle (HM)
 2006 100 Freestyle (HM)
 2006 200 Medley Relay (HM)
 2006 200 Freestyle Relay (HM)
 2006 800 Freestyle Relay (HM)

ALEX FORBES
 2008 400 Freestyle Relay(HM)
 2008 800 Freestyle Relay(HM)
 2009 400 Freestyle Relay (HM)
 2009 800 Freestyle Relay (HM)

ALL-AMERICANS

 Andrews	 Baker	 Baron
 Barros	 H. Bradford	 J. Bradford
 Brown	 Bravo	 Burrows
 Chudleigh	 Commander	 Cruz
 Dalton	 Deveaux	 Doyle
 Eliason	 Faltraco	 Farnham
 Forbes	 Fowler	 Gasparovich

KENTUCKY ALL-AMERICANS

BEN FOWLER
 1996 1,650 Freestyle (HM)

CLAY GASPAROVICH
 2004 200 Freestyle Relay (HM)
 2004 400 Freestyle Relay (HM)
 2005 200 Freestyle Relay
 2005 400 Freestyle Relay

LAURA GRAHAM
 2005 100 Breaststroke
 2005 200 Breaststroke (HM)
 2005 200 Medley Relay (HM)
 2005 400 Medley Relay (HM)
 2006 100 Breaststroke (HM)
 2006 200 Medley Relay (HM)
 2006 400 Medley Relay (HM)

KYLE GREENE
 2009 200 Freestyle Relay (HM)
 2009 200 Medley Relay (HM)
 2009 400 Freestyle Relay (HM)
 2009 800 Freestyle Relay (HM)

WARREN GROBBELAAR
 2006 200 Medley Relay (HM)
 2006 200 Freestyle Relay (HM)
 2006 800 Freestyle Relay (HM)
 2008 400 Freestyle Relay (HM)
 2008 100 Butterfly (HM)
 2008 400 Medley Relay (HM)

KELLY HEATH
 1994 500 Freestyle
 1994 200 Freestyle (HM)

WENDY HIPSKIND
 1993 200 Butterfly (HM)

TARYN IGNACIO
 2005 Platform (HM)
 2006 Platform Diving
 2006 1-Meter Diving
 2007 1-Meter Diving
 2007 Platform Diving

TINA JOHNSON
 1994 Platform Diving
 1994 1-Meter Diving (HM)
 1994 3-Meter Diving (HM)
 1995 Platform Diving
 1995 3-Meter Diving (HM)
 1996 1-Meter Diving
 1996 Platform Diving
 1996 3-Meter Diving (HM)

AARON KIRKPATRICK
 2001 3-Meter Diving (HM)

CARRIE KNOEBER
 2000 3-Meter Diving (HM)

RACHEL KOMISARZ
 1996 1,650 Freestyle
 1998 100 Butterfly
 1998 200 Butterfly (HM)
 1999 200 Freestyle (HM)

1999 500 Freestyle
 1999 1,650 Freestyle

ANNABEL KOSTEN
 2000 800 Freestyle Relay (HM)

BETH LEAKE
 1996 1-Meter Diving
 1996 3-Meter Diving
 1998 1-Meter Diving (HM)

NAT LEWIS
 1997 1,650 Freestyle
 1997 500 Freestyle (HM)
 1998 1,650 Freestyle (HM)
 1998 500 Freestyle (HM)

MICKEY MALUL
 2006 200 Medley Relay (HM)
 2006 200 Freestyle Relay (HM)

STEVEN MANLEY
 2003 800 Freestyle Relay (HM)
 2003 200 Freestyle Relay (HM)
 2004 200 Freestyle (HM)
 2004 400 Freestyle Relay (HM)
 2004 800 Freestyle Relay (HM)
 2005 200 Freestyle Relay
 2005 400 Freestyle Relay
 2005 800 Freestyle Relay
 2005 200 Freestyle (HM)
 2005 200 Freestyle (HM)
 2006 200 Freestyle Relay (HM)
 2006 800 Freestyle Relay (HM)

ERIC MCGINNIS
 2008 400 Freestyle Relay (HM)
 2008 800 Freestyle Relay (HM)
 2009 200 Freestyle Relay (HM)
 2009 200 Medley Relay (HM)
 2009 400 Freestyle Relay (HM)






















JOANNA MCLEAN
 2006 200 Freestyle Relay (HM)
 2006 400 Freestyle Relay (HM)

KELLEY MILLER
 2000 800 Freestyle Relay (HM)

KELLIE MORAN
 1990 50 Freestyle (HM)
 1990 100 Freestyle (HM)
 1990 200 Freestyle (HM)
 1991 100 Freestyle
 1991 50 Freestyle (HM)
 1991 200 Freestyle (HM)

CLAYTON MOSS
 2000 3-Meter Diving
 2000 1-Meter Diving (HM)
 2000 Platform Diving (HM)
 2001 1-Meter Diving
 2001 Platform Diving (HM)
 2002 1-Meter Diving
 2002 3-Meter Diving

ALL-AMERICANS

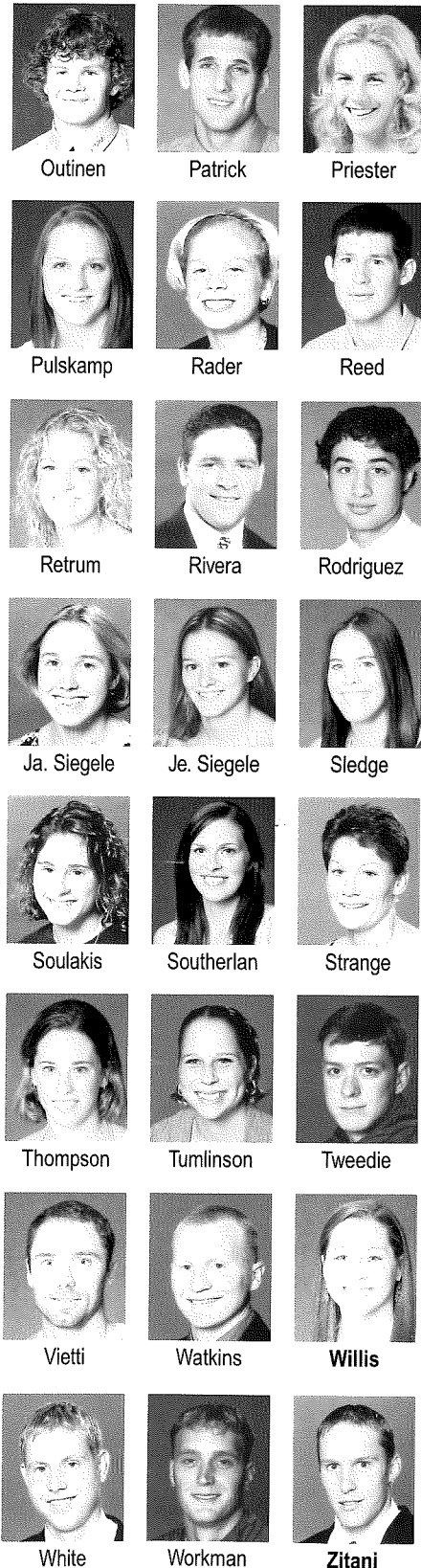
 Graham	 Greene	 Grobbelaar
 Heath	 Hipskind	 Ignacio
 Johnson	 Kirkpatrick	 Knoeber
 Komisarz	 Kosten	 Leake
 Lewis	 Malul	 Manley
 McGinnis	 McLean	 Miller
 Moran	 Moss	 Olson

KENTUCKY ALL-AMERICANS

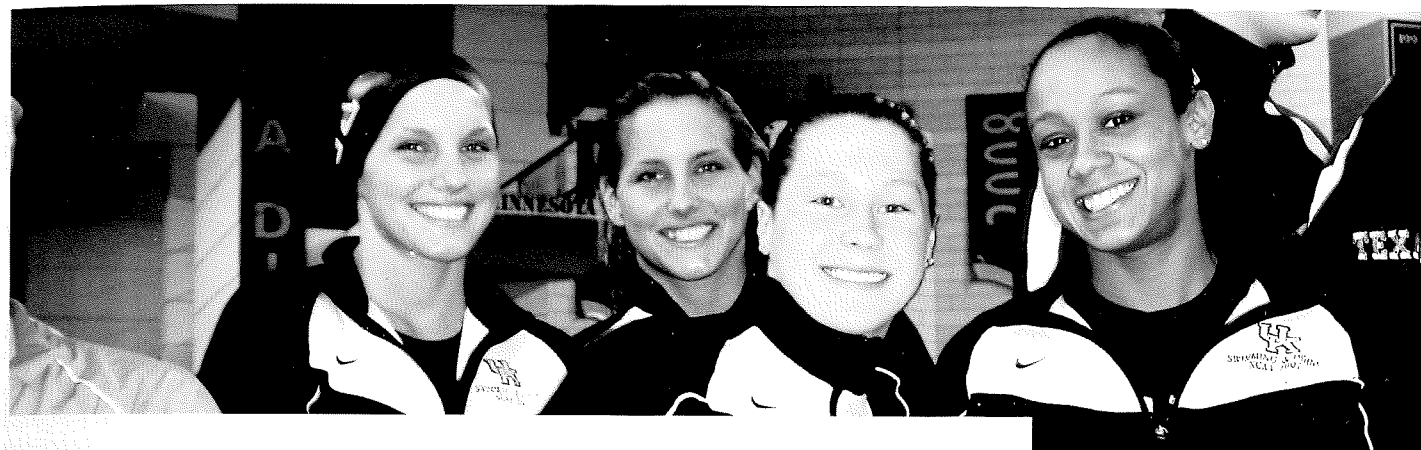
- 2002..... Platform Diving
 2003..... 1-Meter Diving
 2003..... 3-Meter Diving
 2003..... Platform Diving
- MELISSA OLSON**
 1998..... 400 Individual Medley (HM)
 1999..... 400 Individual Medley (HM)
 2000..... 800 Freestyle Relay (HM)
- KRISTIAN OUTINEN**
 2005..... 200 Individual Medley (HM)
 2006..... 200 Medley Relay (HM)
- TIM PATRICK**
 2004..... 200 Freestyle Relay (HM)
 2004..... 400 Freestyle Relay (HM)
 2005..... 50 Freestyle (HM)
 2005..... 200 Medley Relay (HM)
 2005..... 200 Freestyle Relay
 2005..... 400 Freestyle Relay
- JENNY PRIESTER**
 1998..... 400 Freestyle Relay (HM)
- MEGAN PULSKAMP**
 2008..... 400 Freestyle Relay (HM)
 2008..... 200 Freestyle Relay
 2009..... 100 Butterfly (HM)
- CAROLYN RADER**
 2000..... 800 Freestyle Relay (HM)
- TYLER REED**
 2008..... 400 Freestyle Relay (HM)
 2008..... 200 Freestyle (HM)
 2008..... 800 Freestyle Relay (HM)
 2008..... 400 Medley Relay (HM)
 2009..... 200 Freestyle (HM)
 2009..... 400 Freestyle Relay (HM)
 2009..... 800 Freestyle Relay (HM)
- KARI RETRUM**
 2007..... Platform Diving (HM)
 2007..... 1-Meter Diving (HM)
 2008..... Platform Diving (HM)
 2008..... 1-Meter Diving (HM)
- PACO RIVERA**
 1996..... Platform Diving
 1996..... 1-Meter Diving (HM)
 1997..... 1-Meter Diving (HM)
 1998..... Platform Diving
 1998..... 1-Meter Diving (HM)
 1998..... 3-Meter Diving (HM)
- MARIO RODRIGUEZ**
 2004..... 1-Meter Diving
 2004..... Platform Diving
- JAIME SIEGELE**
 1998..... 200 Freestyle Relay (HM)
 2001..... 50 Freestyle (HM)
- JESSICA SIEGELE**
 2005..... 200 Medley Relay (HM)
 2005..... 400 Medley Relay (HM)

- KRISTINA SLEDGE**
 2007..... 400 Freestyle Relay (HM)
- CHRISTY SOULAKIS**
 1996..... 1-Meter Diving (HM)
 1996..... 3-Meter Diving (HM)
 1996..... Platform Diving (HM)
 1997..... 1-Meter Diving (HM)
 1997..... Platform Diving (HM)
- JILL SOUTHERLAN**
 2006..... 200 Medley Relay (HM)
 2006..... 400 Medley Relay (HM)
- ELLEN STRANGE**
 1997..... 200 Butterfly (HM)
- JESSICA THOMPSON**
 2005..... 3-Meter Diving (HM)
 2005..... Platform Diving (HM)
 2006..... Platform Diving (HM)
- TRISHA TUMLINSON**
 2002..... Platform Diving (HM)
- DAVID TWEEDIE**
 2001..... 400 Freestyle Relay (HM)
 2001..... 800 Freestyle Relay (HM)
- WILL VIETTI**
 2007..... 100 Breaststroke (HM)
 2008..... 400 Medley Relay (HM)
- ROGER WATKINS**
 2001..... 200 Medley Relay (HM)
 2001..... 200 Freestyle Relay (HM)
 2003..... 200 Medley Relay
 2003..... 400 Medley Relay
 2003..... 200 Freestyle Relay
- LAUREN WILLIS**
 2007..... 200 Freestyle Relay
 2007..... 400 Freestyle Relay (HM)
 2008..... 400 Freestyle Relay (HM)
 2008..... 200 Freestyle Relay
- MACON WHITE**
 2000..... 200 Freestyle (HM)
 2001..... 200 Freestyle Relay (HM)
 2001..... 400 Freestyle Relay (HM)
 2001..... 800 Freestyle Relay (HM)
 2001..... 200 Medley Relay (HM)
- AARON WORKMAN**
 2001..... 200 Freestyle Relay (HM)
 2001..... 400 Freestyle Relay (HM)
 2001..... 800 Freestyle Relay (HM)
 2001..... 200 Medley Relays (HM)
- SHAUN ZITANI**
 2000..... 50 Freestyle (HM)
 2001..... 200 Freestyle Relay (HM)
 2001..... 400 Freestyle Relay (HM)
 2001..... 800 Freestyle Relay (HM)
 2001..... 200 Medley Relay (HM)

ALL-AMERICANS



UK SWIMMING HISTORY



In 1936, the thought of having a swimming program at the University of Kentucky was just an idea tossed around by a group of water-lovers with spirit and determination. At that time, a pair of athletes named Bob Freeburg of Chicago and Sherman Hinkebein of Louisville went about the campus in search of talent among the student body. Organizing a squad of men who loved to swim was easy, but other obstacles stood in their way.

The first UK swim team was known as the "dry land swimming team" because UK did not have a pool. And since the University did not recognize swimming as a sport, the group had to purchase their own swimsuits and travel to Eastern State (now Eastern Kentucky University) in Richmond just to practice. Nevertheless, their determination paid off as some of the swimmers borrowed automobiles to travel to practice and meets, while others hitchhiked. Thus, UK's first men's swim team was formed.

Hinkebein, a UK track and football (team captain 1938) star, became coach and captain of the team at its inception. He turned over coaching duties when the UK Athletic Council recognized swimming as a varsity sport, to another student swimmer, Lloyd Ramsey, who lettered two years in basketball under Adolph Rupp. Hinkebein continued to swim for the Wildcats, and it was under Ramsey that the team won its first Kentucky State Intercollegiate Meet.

During its first three years of existence, the UK swim team had built up an enviable record, never losing a dual or state meet in Kentucky and being defeated only four times by outside competition. The pride of the UK squad was the medley team, undefeated in three years, that was made up of Hinkebein, Ramsey and James "Bud" Scott of Chicago. Two years later, UK would compete in its first SEC Championship meet and finish seventh.

UK discontinued its swimming program in 1942, but in 1951, one year after the completion of Memorial Coliseum and UK's first swimming pool, the program was reinstated. Alfred M. Reece, a health and physical education instructor, was selected as coach and guided the team to third place in the 1954 SEC Championships. Reece's teams fared well against in-state schools with comparable programs, but were no match for institutions that offered full scholarships. UK offered only two tuition scholarships.

The University realized a renewed interest in swimming in 1964, when it hired Wynn Paul as head coach. Paul, a top-class swimmer at the University

of Louisville, was undefeated in the 200-breaststroke and was named the Outstanding Swimmer in Kentucky by the Courier-Journal in 1958 and 1959. Paul introduced water polo to UK in 1964. The water polo program was discontinued in 1982 to make way for the newly created women's varsity swim program.

Ron Huebner, a UK swim letterman who graduated in 1968, succeeded Paul that fall and produced winning teams during a four-year tenure. Paul returned to the helm of the program in 1973, and it was under his direction that the team won the Kentucky Intercollegiate Swim Championships in 1975 for the second time in UK swim history.

From 1970 to 1983, the UK women's swim team competed only as a club sport. Originally included as one of six sports chosen to become varsity in 1974, the team was nudged out by field hockey because UK's then 20-year-old pool was inadequate and too overcrowded to accommodate the addition of another varsity team.

In 1980, the then-volunteer women's swim coach filed a sex discrimination Civil Rights Title IV complaint to the federal government, which led to the ruling that UK needed to sponsor an additional team for women. Thus, the creation of UK's first women's varsity swimming program occurred on July 1, 1983, with Paul named head coach.

The program has continued a strong combination of academics and competitiveness. The swimmers boast a winning record in the classroom, as over 95 percent of the swim Cats have graduated.

Kentucky's swimming program, now under the guidance of 19th-year coach Gary Conelly, is recognized as a force to be reckoned within the SEC.

(Adapted from "UK All Sports Media Guide" 1984-85, Russell Rice, Editor).

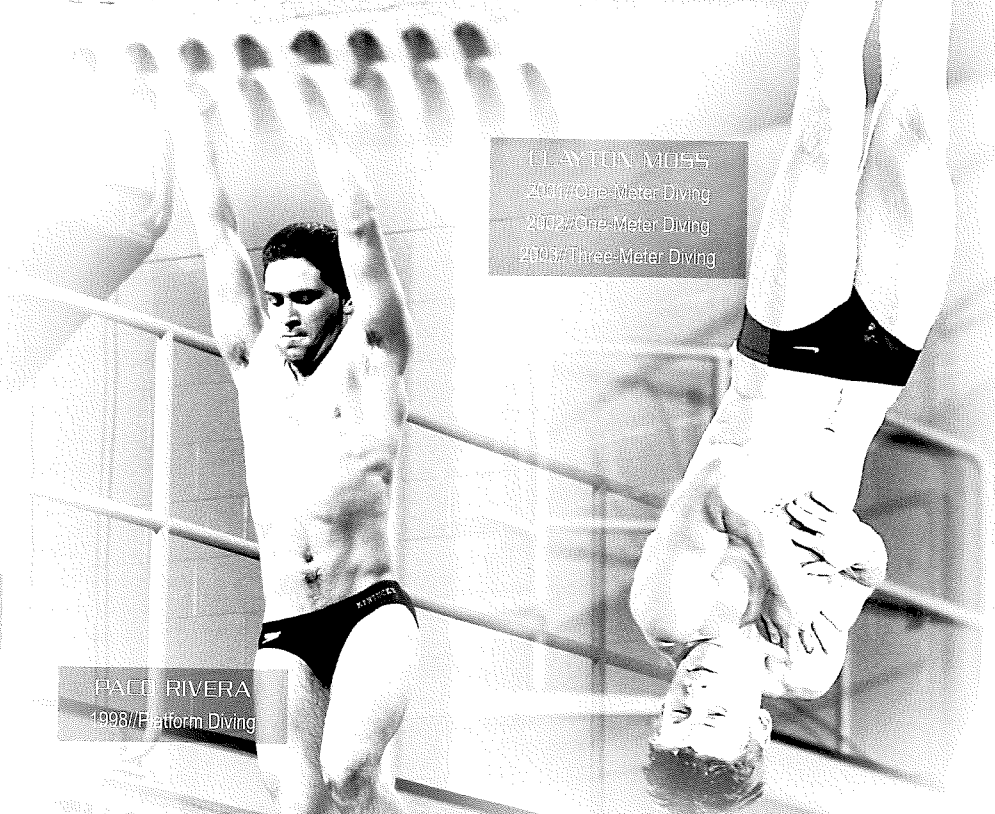
KENTUCKY'S SEC CHAMPIONS



ROBERT MEEBICK
1999/200 Freestyle
1999/2000 Freestyle
1997/98 Freestyle
1997/98 Freestyle



KELLY HEATH
1995/200 Freestyle



CLAYTON MOSS
2001/02 One-Meter Diving
2002/03 One-Meter Diving
2005/06 Three-Meter Diving



CHRISTY HOLTAKI
1997/98 Three-Meter Diving

PABLO RIVERA
1998/99 Platform Diving



RACHEL KOMISARZ
1994/2000 Butterfly
1999/2000 Freestyle
2007/08 Freestyle



DANN JOHNSON
2001/02 One-Meter Diving

KENTUCKY'S SEC CHAMPIONS



DANIEL LEVIZ
2005/2006 Butterfly



JESSICA THOMPSON
2005/06 Three-Meter Diving



KARI RETRUM
2004/05 Platform Diving

STEVEN MANLEY
2006/07 200 Freestyle

TARYN IGNACIO
2005/06 One-Meter Diving
2005/06 Platform
2006/07 Platform
2007/08 One-Meter Diving
2007/08 Platform

200-FREESTYLE RELAY TEAM
2007/08 (Heather Bradford, Lauren Willis, Nikia Deveaux, Jenny Bradford)

MEN'S ALL-TIME LETTERWINNERS

WOMEN'S ALL-TIME LETTERWINNERS

- A**
- Adams, Keith 1995
 - Adams, Scott 1993-95
 - Adams, Steve 1985-87
 - Aitken, Andrew 1991-95
 - Albertson, Bruce 1993
 - Allen, Chris 1993-94
 - Amato, David 1979-80
 - Andersen, Morten 1990-92
 - Andrews, Stephen 2008
 - Arce, Michael 2002-04
 - Atkinson, Ken 1986-90
 - Atkinson, Price 1995-97

- B**
- Baldock, Steven 1981-82
 - Barber, Rick 1993-97
 - Barbiea, Matt 2008
 - Barnes, Tony 1983-87
 - Baron, Dave 1969-73
 - Barros, Fernando 2001-04
 - Bate, Tom 1993-97
 - Batley, James 2006-09
 - Berquist, Darron 2001-04
 - Bice, Jack 1985-86
 - Bickel, Tom 1981-82
 - Biema, Doug 1984-86
 - Bierworth, Matt 2006-09
 - Bigelow, Bryan 1990-91
 - Bjork, Jan 1998
 - Blackwelder, Bryan 1980-84
 - Bloomfield, Jamie 1986-88
 - Blount, David 1989-90
 - Blythe, Sam 1977-81

- E**
- Eaton, Gary 1976-79
 - Eberle, Keith 1994-95
 - Ekman, Evan 1984-87
 - Eli, Randy 1972-76
 - Eliason, Shane 2006-09
 - Etheridge, Brian 1988-89

- F**
- Fallot, Paul 1976-80
 - Faltraco, Joey 2002-03
 - Faris, Colin** 2008-09
 - Farnham, Daniel 2002-06
 - Farris, Andrew 2002-06
 - Fitch, Gene 1982-83
 - Fitzhugh, John 1989-91
 - Forbes, Alex** 2007-09
 - Fowler, Ben 1996-99
 - Fowler, Bernard 1999-00
 - Franzman, Aric 2009
 - Frei, Robert 1998

- G**
- Gaar, Toss 1975-79
 - Gaither, Carter 1988-90
 - Galegher, Sean 1995
 - Gasparovich, Clay 2002-05
 - Gaupp, Thomas 1990-91
 - Genkinger, Jeff 1973-77
 - Gerard, Peter 1990-92
 - Gillespie, Sam 1992-93
 - Gimm, Tom** 2009
 - Green, Mike 1981-82
 - Greene, Kyle** 2007-09
 - Gribble, Mark 1977-80
 - Grimes, Steve 1990-93
 - Godfrey, Bill 1985-87
 - Godfrey, Chris 1984-88
 - Goodall, Andrew 2003
 - Gordon, Jayme 1996-97
 - Grobbelaar, Warren** 2006-08
 - Gurney, R.J. 2002-03
 - Gustafson, Adam 2002-03
 - Guidi, Thom 1997-98

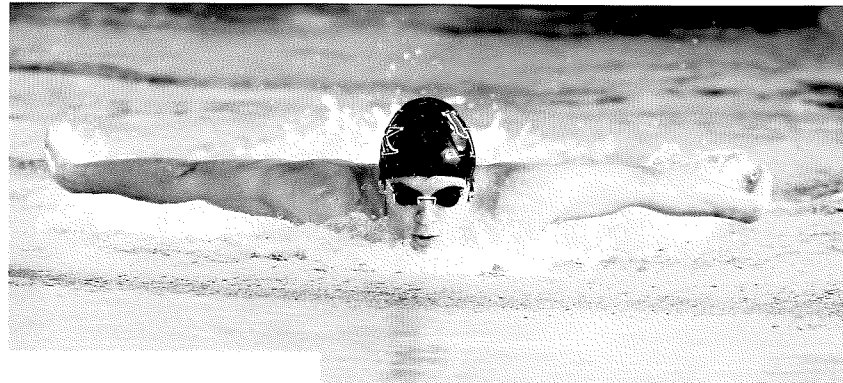
- C**
- Cambron, Thomas 1959-60
 - Carmicle, Chris 1993
 - Carlledge, Jon 2002-05
 - Chandler, Joel 1997
 - Chipman, Kevin 1998
 - Chudleigh, Jerram 2004-05
 - Cismowski, Shawn 1999
 - Clark, Max 2008
 - Clement, Eddie 2000-04
 - Cochrane, Brent 1988-92
 - Collier, John 2002
 - Collins, Chris 2002-05
 - Collins, Mike 1991-95
 - Cork, Tanner 1993
 - Cornell, Dave 1974-78
 - Cooksey, Grant** 2009
 - Coopman, Jonathan 1985-87
 - Cottrell, Robert 1982-86
 - Craciun, Jon 1990-92
 - Crazy, Mike 2009
 - Cruz, Daniel 2002-05
 - Cuilla, Dan 2006-2007
 - Cuker, Aaron 1999-2003
 - Cummins, Chad 1991-95
 - Cunningham, Tim 1972-76

- H**
- Hafner, Brad 1992-93
 - Hale, Dan 1976-79
 - Hampton, Matt 1998-99
 - Moore, Cameron 2002-05
 - Hartig, Josh 1994-95
 - Hawley, Alex 1997-98
 - Heimbrock, Bob 1975-79
 - Hellman, Steve 1962-66
 - Hengel, Greg 1996-99
 - Hightower, Jeb 1993
 - Hill, Jim 1985-89
 - Hope, Gary 1987-89
 - Horton, Aaron 1996
 - Hughston, Whit 1996-97
 - Hurst, Mark 1995

- I**
- Iemmola, Marco** 2007-09

- J**
- Jaffe, Chris 1989-90
 - Jenkins, Danny 1994-95
 - Johnson, Rohan 2009
 - Jones, Jon 1989

- D**
- Damron, Dennis 1982-86
 - DeHerder, Russ 1978-82
 - Delisle, Brian 1993
 - Dennis, John 1999



- K**
- Kale, Brad 1987-91
 - Kalisz, John 1978-82
 - Keller, Brian 1992
 - Keyes, Brett 2003
 - King, Richie 1995
 - Kirkpatrick, Aaron 1998-02
 - Knezevich, Kevin 1995-99
 - Knutson, Chad 1977-81
 - Kock, Thomas 1986-90
 - Kuendig, David 1998-02

- L**
- Leatherman, G. 1990-91
 - Lents, David 1953-57
 - Lewis, Nat 1997-98
 - Linstruth, Derek 1990-92
 - Livingston, Don 1981-83
 - Lohmeier, Bob 1970-74
 - Love, Bill 1953

- M**
- Malul, Mickey 2006-07
 - Mance, Chris 2002-03
 - Manley, Steven 2002-06
 - Martin, N.K. 1983-87
 - Massey, Mike 1984-85
 - Max, Justin** 2007-09
 - McAlister, Rodger 1989-90
 - McCabe, Chris 1993-95, 97
 - McCarthy, Jim 1986-90
 - McDuffie, Kyle 1999-00
 - McGinnis, Eric** 2007-09
 - McIntire, Mike 1987-90
 - Meador, Keith 1994-95
 - Miller, John 1985-87
 - Mills, Bob 1990-91
 - Montanas, Doug 2005
 - Montrie, Justin 2005
 - Moore, Cameron 2002-05
 - Morgan, Tyler 2005
 - Morris, Evan 2002-03
 - Moses, Tom 1993-94
 - Moss, Clayton 1999-03
 - Muzzillo, Travis** 2007-09

- N**
- Naito, Jun 1990-92
 - Nalley, Patrick 1997
 - Nath, Cody 1999-03
 - Nelson, Grant 2005-07
 - Nettling, Billy 2003-04
 - Nicholson, Andy 1997-98
 - Nilson, Matt 1999-03

- O**
- Oliver, David 1978-80
 - Ott, Richard 1988-90
 - Outinen, Kristian 2005-07
 - Owsiany, Jeff 1982-87

- P**
- Palmer, Brett 1996-00
 - Pannell, Rick 1978-82
 - Patrick, Tim 2004-05
 - Perkins, Derek 1998-02
 - Peterkin, Jamie 2001-02
 - Phillips, David 1980-84
 - Pitnick, Brian 1995-99
 - Poito, Chip 1997-98
 - Polk, Todd 1995-99
 - Pratt, John 1981-85
 - Price, Matt 1996
 - Priester, P.J. 1988-91
 - Pulliam, J.D. 1997-98

- R**
- Redinger, Dane 2002-05
 - Reed, Tyler** 2008-09
 - Retrum, Joe 2006-09
 - Richard, Chris** 2007-09
 - Rivera, Paco 1994-98
 - Roberts, David 2002-05
 - Robinson, Drew 2007-08
 - Robinson, Greg 1992-96
 - Rodriguez, Mario 2002-05
 - Rowe, Grant 1990-91
 - Rubenstein, David 1972-76
 - Rubenstein, Richard 1972-76
 - Runkle, Brent 1983-87
 - Rush, Jarrod 1995-99
 - Russell, Matt** 2009
 - Russell, Ben** 2009
 - Ryan, Kevin** 2007-09

- S**
- Salmon, Jeremy 1985-89
 - Saran, Steve 1985-87
 - Scates, David 1988-91
 - Schaler, Patrick 2009
 - Scheiner, Eric 1988-89
 - Schindler, Brandon 1996
 - Shannon, Daryl 1995
 - Sharpe, Ron 1978-82
 - Shepherd, Greg 1976-79
 - Shotwell, Chris 1989-90
 - Smawley, Jamie 1989-93
 - Smith, Eric 2001
 - Smith, Jay 1987-89, 91
 - Smith, Jeff 1981-85
 - Smith, Justin 2006-09
 - Smith, Sean 2006-07
 - Solack, Joe 1982-86
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 - Stapleton, Bob 1982-84
 - Starchuk, Ben 2005
 - Stephens, Chris 1993-94
 - Stewart, Maurice 1991-93
 - Stockdale, Steve 1972-76
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 - Strijdom, Reinhardt** 2008-09
 - Strum, William 1962-66

- T**
- Taylor, Robert 1989-93
 - Tesone, Sion 1994
 - Thar, Mike 1993-97
 - Throckmorton, Russ 2001-02
 - Tierney, John 1982-86
 - Tortora, Vince 2006-07
 - Tretter, Tom 1993-95
 - Tucker, Michael 1993-94
 - Turner, John 1983-84
 - Tweedie, David 1997-01
 - Twer, Adam** 2009

- U**
- Upchurch, Chris 2008

- V**
- Vallette, Julio** 2007-09
 - Van Dyke, Rick 1983-87
 - Van Horn, Brian 1986-90
 - VanNostrand, W. 1985-87
 - Viatti, Will 2005-08
 - Vogt, Tom 2000-03

- W**
- Waldeyer, Ted 1992
 - Waldrop, Josh 1999-00
 - Wall, Vince 1981-85
 - Ware, Brian 1988-91
 - Ware, Eddie 1988-92
 - Watkins, Roger 1999-03
 - Watson, Patrick 1996-98
 - Watterson, Rob 1990-91
 - Weaver, S. 1987-88, 89-92
 - Weber, Eric 2004-07
 - Weckwert, Ed 1986-90
 - Weddell, Sean 1990-92
 - White, Macon 1997-01
 - Wilby, Martyn 1982-86
 - Wilder, Greg 1989-90
 - Wilder, Phil 1970-74
 - Williams, John 1976-80
 - Williams, Matt 1977-81
 - Williams, Scott 1979-83
 - Wimer, Daniel 2001-02
 - Wolling, Eddie 2001-03
 - Woltman-Lee, R. 1996-97
 - Workman, Aaron 1997-01

- X**
- Young, Mike 1979-83

- Y**
- Young, Mike 1979-83

- Z**
- Zeckers, Nick 1999
 - Zeller, Kile 1996
 - Zitani, Shaun 1997-01

- S**
- Struss, Ed 1966-70
 - Swigon, Chris 1997
 - Sykes, Terry 1977-81

- T**
- Taylor, Robert 1989-93
 - Tesone, Sion 1994
 - Thar, Mike 1993-97
 - Throckmorton, Russ 2001-02
 - Tierney, John 1982-86
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 - Ware, Eddie 1988-92
 - Watkins, Roger 1999-03
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- Y**
- Young, Mike 1979-83

- Z**
- Zeckers, Nick 1999
 - Zeller, Kile 1996
 - Zitani, Shaun 1997-01

- A**
- Abercrombie, Jill 1986-90
 - Adams, Brooke 1994-98
 - Alkire, Rebecca 1983-84
 - Allender, Mary Lynn 1985-86
 - Archibald, Claire** 2009
 - Armitage, Debbie 1995-97
 - Ashley, Dyer 1989-90
 - Augustus, Kelly 1986-90

- B**
- Bailey, Chelsea 2005-07
 - Baker, Jenny 1993-96
 - Barber, Mary Jaye 1986-87
 - Barrett, Blair 2005-07
 - Bateson, Amy Joan 1983-85
 - Baxter, Cheri 1985-88
 - Beavers, Lisa 2000
 - Becker, Jillian 2004-06
 - Becker, Sheryl Lynn 1988-89
 - Beckwith, Angie 1989-90
 - Bell, Heather 1990-91
 - Bell, Linda Dudley 1983-84
 - Berry, Ann Wilson 1983-84
 - Beston, Mary Boone 1983-84
 - Blalock, Ashli 1989-90
 - Bohorquez, Sandra 1986-90
 - Boliver, Margaret 1989-93
 - Bond, Erika 1993-94
 - Bourgeois, Amanda 2001-04
 - Bradford, Heather 2005-07
 - Bradford, Jenny 2005-07
 - Brooks, Heather Ann 1988-91
 - Browdy, Charlotte 1989
 - Brown, Joey 2004-07
 - Brown, Mary Jane 1987-91
 - Brown, Michelle 2003
 - Bumgarner, Jill 1986-90
 - Burney, Linda 1984-85
 - Buske, Emily 1997-00

- C**
- Carroll, Laura 1986-87
 - Carter, Sarah 1999-02
 - Childress, Lauryn 2008
 - Cleveland, Becky 1990-91
 - Clifford, Jennifer 1997-00
 - Cole, Amy 1994-95
 - Commander, Shantel 2003-06
 - Connor, Keri 1987-90
 - Coppinger, Holly 1991-92

- D**
- Dalton, Leigh 1995-98
 - Deluca, Michelle 1986-87
 - Danko, Jocelyn 1989-91
 - Deveaux, Nikia 2004-07
 - Domis, Kris 1985-87

- E**
- Eckert, Jennifer 1994-95

- F**
- Fields, Sarah 1998-01
 - Fingalson, Stacy 1990-94
 - Johnson, Kristina 1993-94
 - Johnson, Tina 1995-96
 - Johnston, Emily 2000-03
 - Frost, Kelli 2000-03
 - Frye, Kathleen Louise 1983-84

- G**
- Gailey, Paula 1987-91
 - Gala, Kassidy 1997-98
 - Gaynor, Julia 1994-96
 - Gelarie, Anita 1987-88
 - Gerercser, Randi 1993
 - Gibson, Sunny 2004
 - Glowatch, Michelle 2000
 - Godsea, Stephanie 1993-94
 - Gordon, Pam 1987-91

- H**
- Haeberlin, Pamela 1983-84
 - Hall, Kelsi** 2009
 - Hamilton, Bobbi 1995-96
 - Hankla, Amanda 1999
 - Harms, Leah 2006-09
 - Hartstock, Jen 1995-97
 - Heath, Kelly 1992-95
 - Hecker, Kim 1988-89
 - Hicks, Allison 1985-87
 - Higgs, Lora 1989-90
 - Hinsley, Debra 1999-02
 - Hipskind, Wendy 1989-93
 - Hnat, Keli 2006-07
 - Hoffman, Tracie L. 1983-84
 - Hoffrage, Kelly 2003
 - Hollingsworth, Tish 1983-86
 - Holt, LeeAnn 1987-90
 - Hoppe, Sarah 1999-02
 - Hornung, Karen 1994
 - Huber, Jennifer 1988-90

- I**
- Ignacio, Taryn 2005-07
 - Inzetta, Michelle 2000-01

- J**
- Jelf, Julie 1984-88
 - Johnson, Audrey 2002-03
 - Johnson, Kathryn Adams 1983-84
 - Johnson, Kristina 1993-94
 - Johnson, Tina 1995-96
 - Johnston, Emily 2000-03
 - Frost, Kelli 2000-03
 - Frye, Kathleen Louise 1983-84



- G**
- Graham, Laura 2003-06
 - Grass, Emily 1996-99
 - Graessle, Lindsey** 2008-09
 - Gross, Margaret 1987-88
 - Gugino, Kim 1984-88

- H**
- Haeberlin, Pamela 1983-84
 - Hall, Kelsi** 2009
 - Hamilton, Bobbi 1995-96
 - Hankla, Amanda 1999
 - Harms, Leah 2006-09
 - Hartstock, Jen 1995-97
 - Heath, Kelly 1992-95
 - Hecker, Kim 1988-89
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 - Coppinger, Holly 1991-92

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 - Deveaux, Nikia 2004-07
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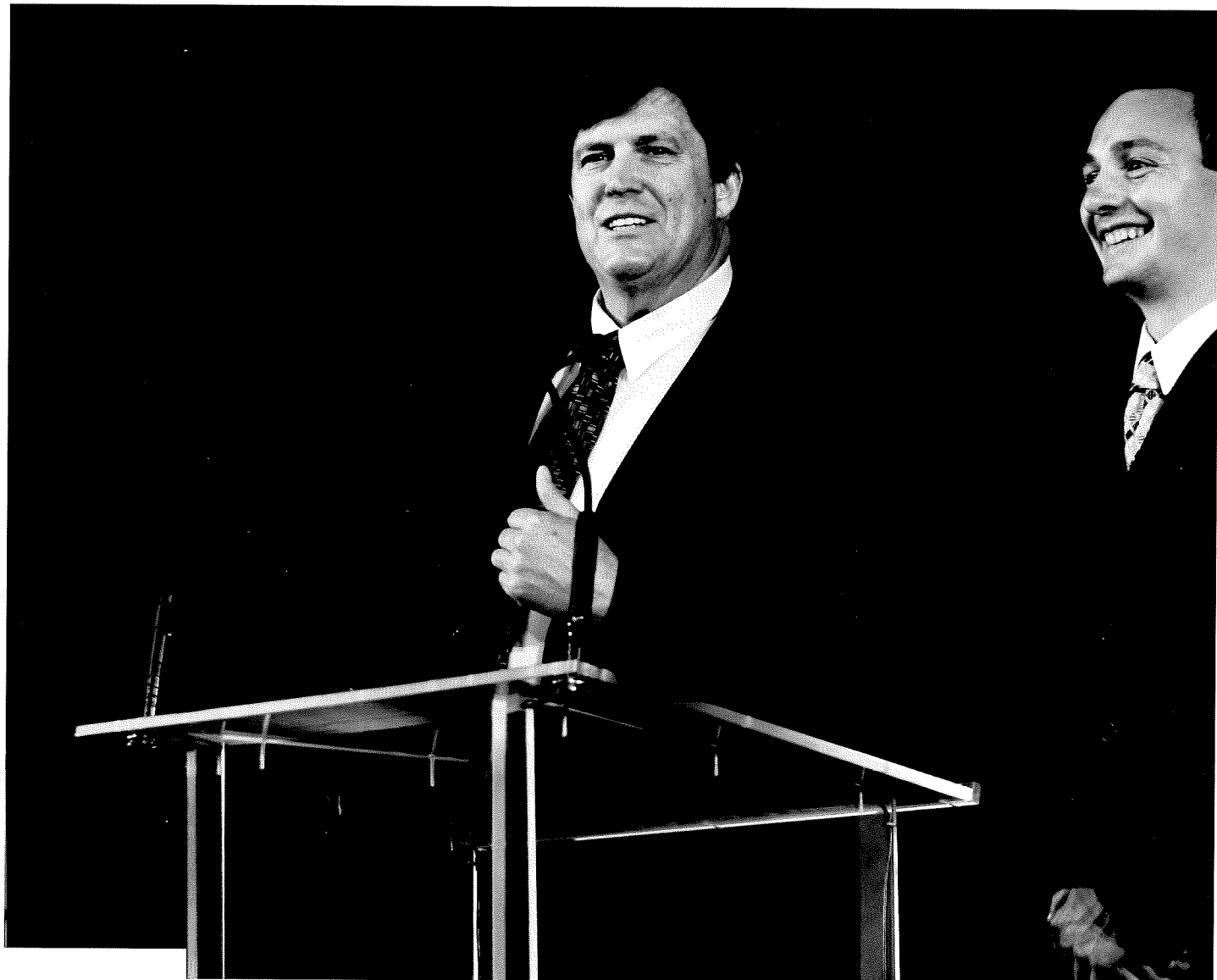
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 - Johnson, Kristina 1993-94
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 - Johnston, Emily 2000-03
 - Frost, Kelli 2000-03
 - Frye, Kathleen Louise 1983-84

- K**
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 - Keller, Kelly 1992-94
 - Keller, Rebecca 1983-84
 - Kerns, Haleigh 2006-09
 - Kiser, Jennifer 1988-89
 - Klayer, Marcie 1984-88
 - Knoeber, Carrie 1998-01
 - Koglin, Emily 1996-99
 - Komisarz, Rachel 1996-99
 - Kosten, Annabel 1997-00
 - Kunz, Sarah 2005

- L**
- Lash, Lindsay** 2009
 - Leake, Beth 1995-98
 - Lehotan, Amanda** 2009
 - Lenen, Jessica 1995-97
 - Leveridge, Kimberly 1983-84
 - Liebermen, Tara 1993
 - Linden, Beth 1986-87
 - Lohmeier, Kristi 1997-99
 - Luellig, Laura 1996
 - Lynch, Margo 1992-95
 - Lyon, Carole 1983-85

- M**
- MacKinnon, Laura 1988
 - MacMillan, Nancy 1984-88
 - Maddox, Julia 1989-90
 - Maner, Lynne 1983-84
 - Marsh, Allison 1994
 - Martin, Laura 1985-88
 - Mattox, Anna** 2009
 - McAllen, Allison 1993-96
 - McAnany, Jennifer 1992-93
 - McGinnis, Heather 1992-95
 - McLean, Joanna 2003-06
 - McNeil, Ginger 1986-90
 - Miller, Cami 2002-03
 - Miller, Casey** 2007-09
 - Miller, Chrissy 2002-03
 - Miller, Kelley 1997-00
 - Miller, Megan 1996
 - Miller, Sandra 1989-91
 - M

2009 CATSPY AWARDS



2009 CATSPY AWARDS



2009 WINNERS

Female Rookie of the Year
Becky Pavan, Volleyball

Male Rookie of the Year
Randall Cobb, Football ; Ethan Settlemires, Rifle

Female Performance of the Year
Ashley Trimble, Track and Field

Male Performance of the Year
Jodie Meeks, Basketball

K-Association Female Athlete of the Year
Sarah Rumely, Volleyball

K-Association Male Athlete of the Year
Bruno Agostinelli, Tennis; Tom Csenge, Rifle

Female Team of the Year
Volleyball

Male Team of the Year
Track and Field

Supporting Role
David "Bingy" Lara, Men's Soccer

Scratch Award (non-scholarship athlete)
Jennifer Stone, Women's Tennis

Blue Heart Award (overcoming injuries)
Eleia Roddy, Women's Basketball

Female Scholar-Athlete of the Year
Leah Harms, Swimming

Male Scholar-Athlete of the Year
Brad Hart, Football

Female Academic Team of the Year
Soccer

Male Academic Team of the Year
Golf

Miss Wildcat
Carly Ormerod, Basketball; Ashley Trimble, Track and Field

Mr. Wildcat
Bruno Agostinelli, Tennis; Tim Masthay, Football

Female Team Coach of the Year
Craig Skinner, Volleyball

Male Team Coach of the Year
Don Weber, Track and Field

Coach of the Year (joint men's/women's team)
Harry Mullins, Rifle

McDonald's Female Community Service Award
Ashley Trimble, Track and Field

McDonald's Male Community Service Award
Tim Masthay, Football

Character Award
Andrea Halasek, Track and Field

Lifetime Achievement Award
Donnie Mefford, Director of Turf Management; Tommy Davis, Turf Management; Chuck Stivers, Turf Management

Bill Keightley "Assist" Award
Adam Coleman, Strength and Conditioning Grad. Asst.

Mike Lyden Courage Award
Natalie Rubinstein, Gymnastics

One Shining Moment
Rifle

In the Spring of 2009, UK Athletics held the first CATSPY Awards. A spin-off of the popular ESPY Awards by ESPN every summer, the CATSPY's honor the academic and athletic accomplishments of UK's student-athletes from all 22 varsity sports. This year the University of Kentucky Athletics Association presented 25 honors at the seventh annual CATSPY Awards, held in April at Mercurius Coliseum, to recognize athletic and academic performance during the 2007-08 year. With co-winners in some categories, a total of seven sports and 27 individuals were recognized. Jay Stamford of ESPN and Christi Thomas of UK Athletics were hosts of the event. A new award was named and dedicated for Mike Lyden, the UK's 2008 award, named the Hon. Mike Lyden Courage Award.

ACADEMIC HONORS & AWARDS

SEC ALL-ACADEMIC TEAM

1984 Anne Berry Kathleen Frey Becky Keller John Pratt Robert Stapleton Suzanna Watson Mike Young	Jodi Schwab Jamie Smawley Eddie Ware Stewart Weaver 1993 Margie Boliver Kelly Heath Wendy Hipskind Margo Lynch Heather Pollard Jodi Schwab 1994 Andrew Aitken Jenny Baker Stacy Fingalson Kelly Heath 1986 Anthony Barnes Evan Ekman Chris Godfrey Scott Street Meredith Wingard	Julie Tatman Lesley Truitt 1999 Jennifer Clifford Greg Hengel Taryn Kannegeisser Carrie Knoeber Rachel Komisarz Kristi Lohmeier Kelley Miller Brett Palmer Brian Plitnick Todd Polk Jennifer Priester Jaime Siegele Christy Soulakis Julie Tatman David Tweedie 2000 Emily Buske Jennifer Clifford Sarah Hoppe Taryn Kannegeisser Carrie Knoeber Annabel Kosten David Kuendig Kelley Miller Brett Palmer Jennifer Priester Carolyn Rader Jaime Siegele Tracy Sullivan David Tweedie 2001 Emily Buske Sarah Carter Jennifer Clifford Debra Hinsley Sarah Hoppe Taryn Kannegeisser Aaron Kirkpatrick Carrie Knoeber David Kuendig Kelley Miller Brett Palmer Jennifer Priester Carolyn Rader Jaime Siegele Tracy Sullivan David Tweedie Aaron Workman 2002 Sarah Carter Aaron Cuker Debra Hinsley Sarah Hoppe Michelle Inzetta Emily Johnston Aaron Kirkpatrick Carrie Knoeber David Kuendig Kyle McDuffie Cody Nath Kelly Neal Matt Nilson Melissa Olsen Carolyn Rader Jaime Siegele Tracy Sullivan David Tweedie Thomas Vogt Aaron Workman Shaun Zitani 2003 Darron Berquist Amanda Bourgeois Sarah Carter Edward Clement Aaron Cuker Kelli Frost Debra Hinsley Sarah Hoppe	Emily Johnston Aaron Kirkpatrick David Kuendig Robert Moss Cody Nath Matthew Nilson Carolyn Rader Shawna Sechrist Tracy Sullivan Russ Throckmorton Kendra Trahan Thomas Vogt Roger Watkins 2008 Michael Arce Jillian Becker Darron Berquist Amanda Bourgeois Chris Collins Shantel Commander Clay Gasparovich Joanna McLean Steven Manley Dane Redinger David Roberts Shawna Sechrist Jessica Siegele Lauren Thompson Kendra Trahan Marcy Vrooman 2005 Blair Barret Jillian Becker Joey Brown Shantel Commander Nikia Deveaux Laura Graham Joanna McLean Kelley Morrison Caitlin Muldoon Kari Retrum Jessica Siegele Jessica Thompson Marcy Vrooman Cassie Witt Alejandro Bravo Jonathon Cartledge Daniel Farnham Clay Gasparovich Dane Redinger Dave Roberts 2006 Blair Barrett Jillian Becker Joey Brown Shantel Commander Nikia Deveaux Laura Graham Leah Harms Keli Hnat Taryn Ignacio Haleigh Kerns Joanna McLean Kelly Morrison Kari Retrum Jessica Thompson Cassie Witt James Batley Matt Bierwirth Shane Eliason Daniel Farnham Grant Nelson Kristian Outinen Joe Retrum Vincent Tortora 2007 James Batley Shane Eliason Grant Nelson Kristian Outinen Joseph Retrum	Vincent Tortora Eric Weber Blair Barrett Joey Brown Nikia Deveaux Leah Harms Taryn Ignacio Kelley Morrison Lindsay Myhre Haleigh Kerns Beth Parsons Kari Retrum 2008 Blair Barrett Heather Bradford Leah Harms Keli Hnat Haleigh Kerns Casey Miller Christina Morgan Kelley Morrison Lindsay Myhre Chatham Penrod Megan Pulskamp Kelly Rames Kari Retrum Anna Sirmon Jill Southerlan Lauren Willis Sydney Witzky James Batley Elvis Burrows Shane Eliason Kyle Greene Marco Iemmola Justin Max Eric McGinnis Grant Nelson Kristian Outinen Joe Retrum Chris Richard Drew Robinson Kevin Ryan Justin Smith Julio Vallette 2009 James Batley Elvis Burrows Grant Cooksey Mike Crady Shane Eliason Kyle Greene Marco Iemmola Rohan Johnson Justin Max Eric McGinnis Travis Muzzillo Joe Retrum Chris Richard Kevin Ryan Patrick Schaler Justin Smith Julio Vallette Claire Archibald Lindsey Graessle Kelsi Hall Leah Harms Amanda Lehotan Anna Mattox Casey Miller Christina Morgan Mandy Myers Jenna Newsome Chatham Penrod Chelsea Peterson Megan Pulskamp Kelly Rames Kayla Sergesketter Anna Sirmon Kristina Sledge Jenna Willis Sydney Witzky
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ACADEMIC ALL-AMERICANS

Jenny Baker1994, '96 Jennifer Clifford1999 Kelly Heath1994, '95 Tina Johnson1995 Taryn Kannegeisser1999 Aaron Kirkpatrick2001 Carrie Knoeber1999 Rachel Komisarz1999 Beth Leake1995, '96, '97, '98	Kyle McDuffie1999 Kelley Miller1999 Jennifer Priester1999 Carolyn Rader1999 Jaime Siegele1999, '01 Christy Soulakis1996, '97, '99 David Tweedie2001 Aaron Workman2001 Lauren Willis2007
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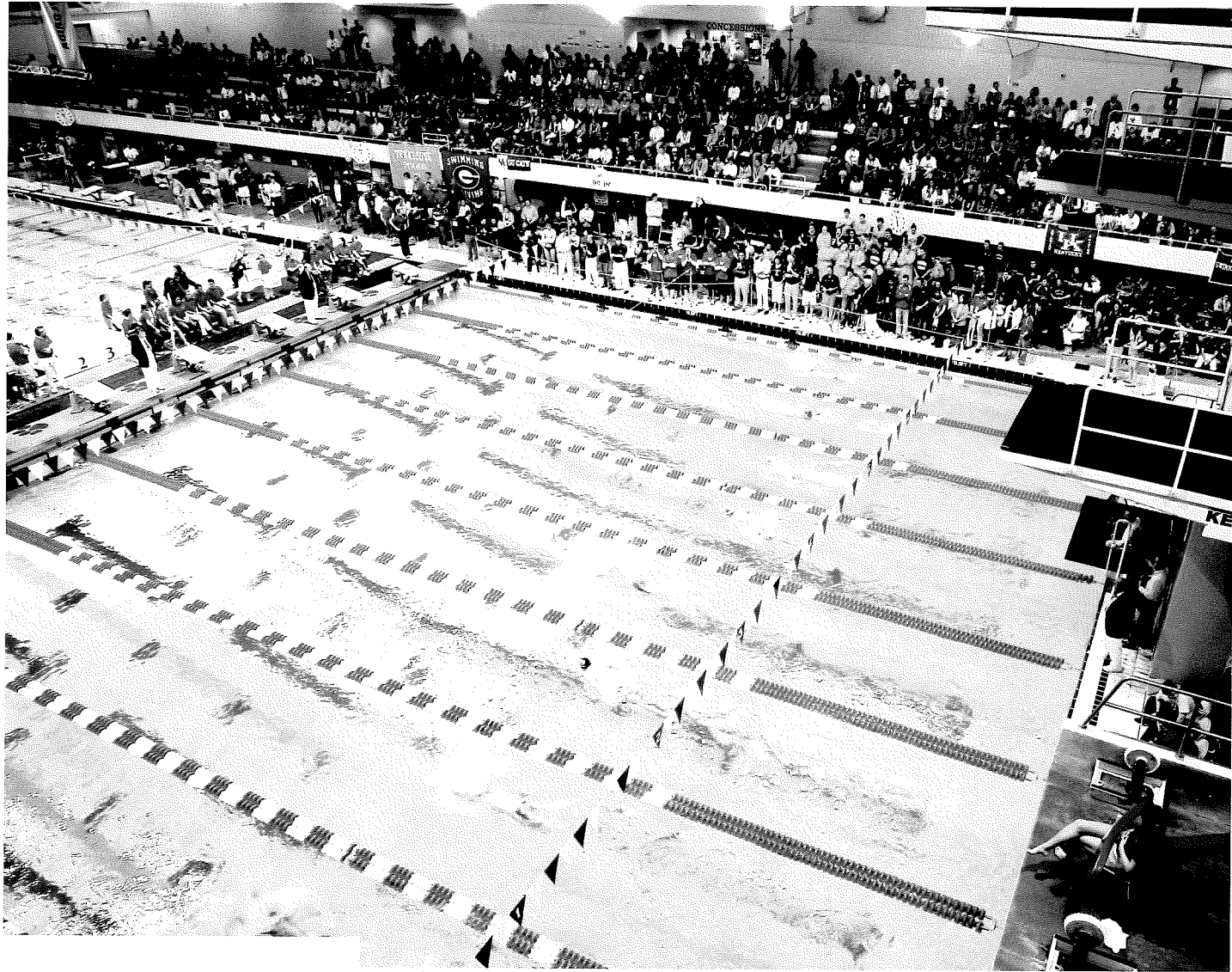
H. BOYD MCWHORTER SEC SCHOLAR-ATHLETE AWARD (\$5,000 POST-GRADUATE SCHOLARSHIP) Kelly Heath1995	NCAA POSTGRADUATE SCHOLARSHIP (\$5,000) Kelly Heath1995 Beth Leake1998
NCAA DEGREE COMPLETION AWARD Wendy Hipskind1995	NCAA WOMAN OF THE YEAR - KENTUCKY Tina Johnson1996 Beth Leake1998
WOMEN SEC ATHLETE OF THE WEEK Melissa Olsen1/31/01 Heather Bradford1/31/07 Jenny Bradford11/6/07	SEC CHAMPIONSHIPS HIGH POINT SCORERS Rachel Komisarz1999 (57 pts.)
SEC DIVER OF THE YEAR Taryn Ignacio2005, '06, '07	SEC WOMEN'S DIVING COACH OF THE YEAR Mike Lyden2005, '06, '07
COACHES' SEC SWIMMER & DIVER OF THE YEAR Tina Johnson1995, '96, '97 Clayton Moss2002, 03	SEC WOMEN'S FRESHMAN DIVER OF THE YEAR Kari Retrum2004 Jessie Snowden2008
KNOXVILLE NEWS-SENTINEL SEC SWIMMER & DIVER OF THE YEAR Tina Johnson1995, '96 Christy Soulakis1997 Rachel Komisarz1999	COACHES' SEC COACH OF THE YEAR Gary Connelly1995 (Swimming) Mike Lyden1995, '96 (Diving)
KNOXVILLE NEWS-SENTINEL SEC COACH OF THE YEAR Gary Connelly1995 (Swimming) Mike Lyden1995, '96, 2002, 03 (Diving)	NCAA WOMEN'S DIVING COACH OF THE YEAR Mike Lyden1996
COLLEGESWIMMING.COM SWIMMER OF THE WEEK Joey Faltraco11/21/01 Jenny Bradford11/24/06	SEC ATHLETE OF THE WEEK Macon White1/19/00, 1/17/01 Shaun Zitani1/26/00
SEC WOMEN'S DIVER OF THE WEEK Taryn Ignacio1/26/05 Joey Brown2/9/05 Joey Brown1/15/07 Jessie Snowden10/31/07 Jessie Snowden1/13/09	SEC MALE SWIMMER OF THE WEEK Steven Manley2/9/05
SEC SWIMMING & DIVING ALL-FRESHMAN TEAM Jessie Snowden4/4/08 Tyler Reed4/4/08	SEC FRESHMAN OF THE WEEK Stephen Andrews11/14/2007 Morne Boshoff1/27/09

KENTUCKY

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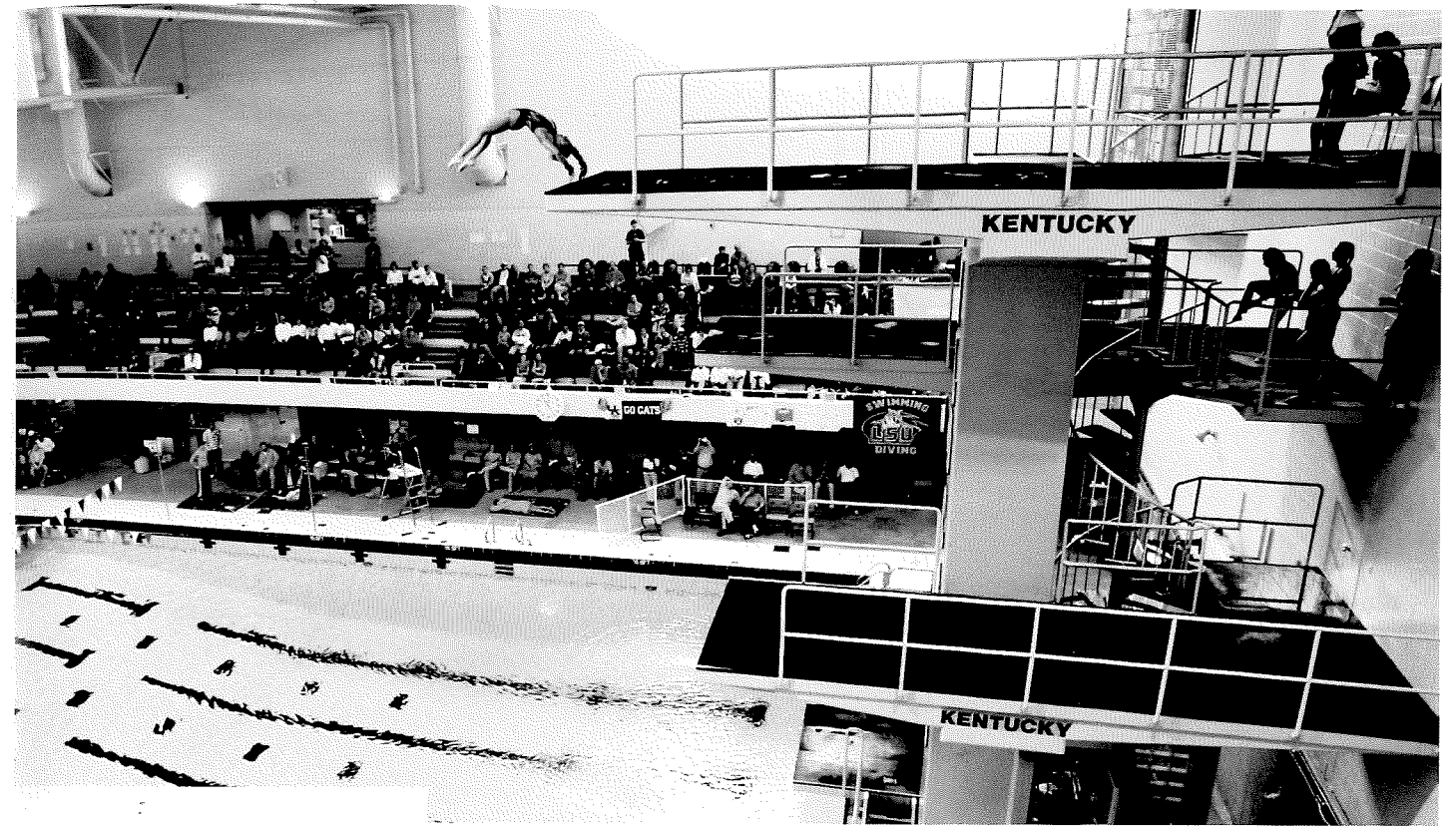


LANCASTER AQUATIC CENTER



The main facility is 25 yards by 176 feet with a movable bulkhead that can be set at 25 yards, 25 meters, 50 yards and 50 meters. The facility has two removable bulkheads which allows the facility to be used for a number of activities other than swim meets and practices, including recreational swimming, aquatic classes, swimming and diving lessons, scuba instruction, handicapped swimming, and other aquatic-related activities. Racing lanes can be set up in four configurations: across-the-pool racing at 25 yards, 25 meters, 50 yards and 50 meters. Two 25-yard courses can be utilized for large swim meets. Eighteen swimming lanes are available while diving events are in progress. Long course racing will have eight full-size lanes for the 50-meter distance.

LANCASTER AQUATIC CENTER



The Lancaster Aquatic Center has hosted the SEC Championships, NCAA Zone Diving Championships and US Olympic Diving exhibitions. It also serves as the home of the UK Wildcats.

The swimming tank, which holds 1,025,000 gallons of water, has a raised deck gutter with a large overflow. This gutter design is similar to the Indianapolis Natatorium design. Pool depth varies from 4.3 feet to 6.5 feet at the shallow end, utilizing a movable floor of 35 by 75 feet. Water under the diving boards and tower is 17 feet deep. The natatorium features Daktronic automatic timing for swim meets. A 16-by-23 foot wall-mounted scoreboard allows full display of information for eight-lane and 16-lane swim meets. The scoreboard can also display graphics and animation sequences.

The diving facilities are among the best in the world. The facility has two one-meter boards and two three-meter boards set on concrete platforms. Each platform is eight feet wide with lengths from 23 feet to 28 feet.

The facility won the 1990 Association of General Contractors Award for Structures. There is a 40-foot dryland diving area permanently set up with a trampoline, Portapit diving board and two diving/tumbling harnesses for somersaulting and twisting practice.

The Aquatic Center has a full training room equipped with two treatment tables, EGS and ultrasound machine, hydrocollator, and ice machine. There is a trainer on duty at all times.

In the adjacent Seaton Physical Education building are exercise physiology labs that are utilized for the testing of swimmers and divers.

The second balcony accommodates up to 500 spectators and has a concession stand area.

The Aquatic Center was host to the NCAA Zone B Diving Championships in 2002 and again in 2006.

In July of 2000, the United States Olympic Divers put on two exhibitions before embarking upon their trip to Sydney to compete in the 2000 games.

In 1999, UK hosted the Southeastern Conference Swimming and Diving Championships at the Aquatic Center. Pool records fell left and right as some of the nation's most talented divers and fastest swimmers competed at the Aquatic Center, Feb. 17-20.

In addition to hosting the 1996 U.S. Olympic Diving Team, the Center hosts the premier swimming and diving events in the state of Kentucky. These events include all UK home meets, the Kentucky State High School Championships, the Kentucky USS Championships, Zone and Regional Age Group and Senior Diving meets, Kentucky Special Olympics, and Bluegrass Games Diving meets. Highlights at the Aquatic Center have been the 1991, 1999 and 2007 Southeastern Conference Championships, the 1995 Southeastern Conference Diving Championships, the 1995, 2002 and 2006 NCAA Zone B Diving Championships and the 1990 World Games Diving Team Trials.

STRENGTH AND CONDITIONING



The Kentucky swimming and diving team calls Shively Training Center as home for strength and conditioning. The 2,000-square-foot complex is under the direction of Coach Stephanie Tracey-Simmons and features a variety of free weight equipment, which complements the training philosophy of the Shively staff.

"Our top goal is to create a comprehensive training program, which encompasses the areas of speed, power, strength, agility, flexibility, balance and nutrition," Tracey-Simmons said. "Through these avenues, we are providing the athletes with the tools they need to reach their athletic potential while remaining injury-free."

The primary focus of the facility is the development of core strength using ground-based, multi-joint lifting through use of the Olympic lifts. By incorporating this explosive style of lifting, athletes become more powerful, resulting in an increase in speed. The core of the athlete's body also is trained and complemented with a variety of lifts, including squats, lunges, plyometrics, presses, pulls, trunk rotation and abdominal exercise. Through the combination of these exercises, the athletes are better able to reach their goals.

Tracey-Simmons attempts to be as sport specific as possible while staying within the structure of the ground-based philosophy. The focus is based around explosive lifts that help them use their power off of the blocks and on their turns combined with strength endurance to help them maintain their speed and form while battling lactic acid build up in their muscles.

All of the incoming swimmers go through a four-week orientation to ensure that proper technique is used as well as to help lay a solid foundation for strength gains. After this four-week period, they are placed in one of the two upperclassmen's groups depending upon their events. All of the lifts used are put into place to make better swimmers.

John Spurlock trains the divers. Their focus is on being as explosive as possible off of the board for maximum jump height. The divers spend a lot of their time working on Olympic style lifts, core strengthening exercises and shoulder pre-habilitation work. It is necessary for divers to be able to control their bodies in space, as well as to be as strong as possible in the overhead position in order to reduce the risk of injury while entering the water.

With the help of staff nutritionist Jill Kindy, the Shively staff also helps educate the athletes on nutrition and supplement awareness.

Every squad trains together at Shively, promoting team chemistry and teamwork. Through this set-up, teams work on mental toughness, attacking goals and maintaining a positive attitude, keeping everyone moving toward a common goal.



PRESEASON CONDITIONING



STEPHANIE TRACEY-SIMMONS



Stephanie Tracey-Simmons is in her eighth year at Kentucky as the head strength and conditioning coach for the Olympic sports. She is in her sixth year working with the swimming and diving team.

She also works directly with women's basketball, volleyball and softball. The other sports that are covered by her staff are men's and women's soccer, gymnastics, men's and women's tennis, and track and field.

Prior to Kentucky, Tracey-Simmons spent four years at UCLA where she coached three national championship teams as well as 10 Olympians. Before leaving UCLA, she served as the associate head strength coach

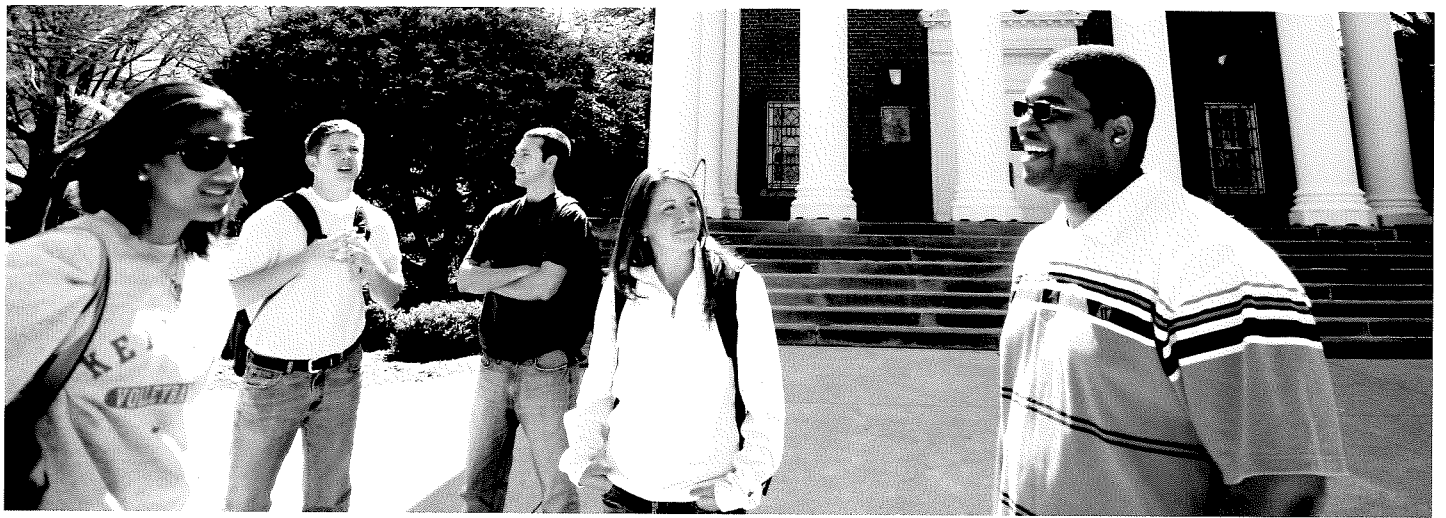
responsible for training women's volleyball, women's soccer, men's and women's water polo, women's swimming, women's basketball, and softball.

A native of Huntsville, Ohio, Tracey-Simmons began her career in strength and conditioning as a graduate assistant at Ohio University where she earned a bachelor's of science degree in journalism as well as a master's degree in physical education. She was also a four-year letterwinner on the OU volleyball team where she played the opposite hitter position from 1993-1996.

She is a Certified Strength and Conditioning Specialist and is Strength & Conditioning Coach Certified. She and husband, Matt Simmons, reside in Lexington along with their daughter, Pipper.

The team's success in the Southeastern Conference and NCAA championships goes beyond the pool in preseason workouts. Early morning days at the UK campus include training sessions in areas like Commonwealth Stadium and in the lawns adjacent to the Lancaster Aquatic Center. The team's program has introduced running with more variety, workouts to enhance core strength. The team will endure early workouts and their pre-season before class begins.

THE UNIVERSITY OF KENTUCKY



From Paducah to Pikeville, Covington to Cumberland, the University of Kentucky touches lives across the Bluegrass State, providing education, cultural stimulation and economic development in all 120 counties. Considering that residents of all Kentucky counties benefit from the university's medical care, community service, innovative research and creative teaching and instruction, there's no question UK is The University of Kentucky.



DID YOU KNOW...

- > UK students enjoy a great range of academic choices, with approximately 200 majors available
- > UK has earned more than 80 national rankings for academic excellence
- > UK is ranked in the nation's top 20 in "Best Value for Public Colleges and Universities"
- > UK is ranked as the fourth-best campus in the nation for safety out of 135 schools surveyed by Reader's Digest magazine
- > UK students are from all 50 states, every county in Kentucky, and 115 countries
- > UK's William T. Young Library has the largest book endowment of any public university in the nation
- > UK Athletics spends approximately \$1.6 million each year for academic support of student-athletes
- > Numerous UK alumni have gone on to become presidents of universities and to lead Fortune 500 companies

THE UNIVERSITY OF KENTUCKY



MAKING LIVES BETTER

Here are some ways that UK reaches out to improve the quality of life in the state and around the world ...

- > UK student-athletes make lives better through community service; UK football ranks second in the country for the most players on the National Good Works Team
- > UK's research expenditures increased to a record-high \$337 million last year, helping propel UK into the nation's top 25 public research universities
- > The Commonwealth Collaboratives outreach program has 36 projects focused on solving problems and changing the lives of people in Kentucky
- > The UK Chandler Hospital is a Level I Trauma Center, meaning that UK cares for the most critically injured and ill patients in the region
- > UK is in the midst of a \$2.5 billion building program that will further enhance the university's standing as one of the best medical facilities in the country

DR. LEE T. TODD, JR., PRESIDENT



Lee T. Todd, Jr. became the 11th president of the University of Kentucky on July 1, 2001, after serving as senior vice president of IBM's Lotus Development Corp. President Todd is the sixth UK alumnus to hold the presidency.

President Todd has concentrated his efforts and energies on helping his alma mater achieve a greater level of national prominence. He launched the University of Kentucky's top-20 Business Plan in December 2005. The plan is a quantitative analysis highlighting what it will take for UK to achieve its state-mandated goal of building a Top 20 public research university. Widely hailed as the first business plan by a public university in the nation, UK's plan garnered widespread national attention. It has been featured by national media outlets and recognized by peer institutions, as several higher education leaders have visited UK's campus to learn more about the Business Plan approach.

He continues to champion UK's outreach efforts. President Todd launched a university-funded research program called the Commonwealth Collaboratives. The initiative features 36 of UK's top research teams, who are focused on solving the intrinsic problems that have held the state back from reaching its full potential. It is part of UK's effort to ensure that its research hits the ground in Kentucky and changes lives throughout the Commonwealth.

President Todd has spearheaded an effort to revitalize health care in Kentucky. In June 2006,

UK unveiled the Commonwealth's Medical Campus of the Future, a multi-phased project aimed at providing Kentuckians with cutting-edge, 21st century health care. As part of the revamped academic medical campus, UK will construct a new, one million square foot University of Kentucky Albert B. Chandler Hospital and a new College of Pharmacy.

President Todd is chair of the board of directors and executive committee for the Association of Public and Land-grant Universities. He also is president of the Southeastern Conference executive committee. President Todd serves on the equitable resources board of directors and is chair of the Kentucky Council on Postsecondary Education's Science, Technology, Engineering, and Mathematics Task Force. He is chair of the National Consortium for Continuous Improvement in Higher Education's Leveraging Excellence Award selection panel. President Todd also is a member of the Business Higher Education Forum and the Council on Competitiveness.

He is married to the former Patricia Brantley, a UK graduate who earned her master's degree from Simmons College in Boston. They have two adult children, UK graduates Troy and Kathryn.

UK BOARD OF TRUSTEES

(as of July 6, 2009)

- Mira S. Ball, Chair
- Stephen P. Branscum, Vice Chair
- Edward Britt Brockman
- Penelope A. Brown
- Jo Hern Curris
- Dermonti F. Dawson
- Carol Martin (Bill) Gatton
- Ann Brand Haney
- Pamela T. May, Secretary
- Everett McCorvey
- Billy Joe Miles
- Sandy Bugie Patterson
- Erwin Roberts
- Charles R. Sachatello
- C. Frank Shoop
- Ryan Smith
- James W. Stuckert
- Ernest J. Yanarella
- Barbara Young

UK ATHLETIC BOARD

(as of July 6, 2009)

- Charles Arnold
- Frank Butler
- Charles S. Cassis
- Dermonti F. Dawson
- Luther Deaton
- Joseph L. Fink III
- Carol Martin (Bill) Gatton
- Victor Hazard
- Scott Kelley
- Kathi Kern
- C. Frank Shoop
- Kumble Subbaswamy
- Lee T. Todd, Jr.
- Bruce Walcott
- Lionel Williamson

Emeritus Member

- S. T. Roach



MITCH BARNHART, ATHLETICS DIRECTOR



Mitch Barnhart is in his eighth year at the University of Kentucky, with unparalleled accomplishments in his past and unprecedented goals for the future.

When he arrived in 2002, Barnhart's first move was to totally support all 22 varsity sports with the maximum number of scholarships and coaches, along with the facilities, equipment and support staff needed to make those teams successful.

The commitment to fully fund every sport produced never-before-seen successes in UK athletics, with first-ever Southeastern Conference championships in baseball, men's golf and women's tennis.

Perhaps the biggest on-field turnaround has been in football, where Barnhart's hire of Rich Brooks has led the Wildcats to bowl wins in three consecutive years, the first time that has been accomplished in UK's 117 seasons in the sport.

In order to make the dreams a reality, Barnhart spearheaded record-breaking growth in philanthropic giving, ticket sales and a comprehensive multi-media rights agreement.

Barnhart's connection to UK student-athletes is evident by his individual interaction and dedication to provide the support services necessary to meet their needs. UK Athletics spends more than \$1.5 million annually on its nationally renowned Center for Academic and Tutorial Services. He also began the CATSPYs, an annual awards program that honors the best of UK Athletics.

Additional initiatives begun under Barnhart's leadership include the UK Athletics Hall of Fame and the Joe Craft Center, a \$30 million facility that includes new practice and administrative space for a variety of sports.

Barnhart's influence reaches far beyond the fields of competition. Despite athletics' urgent financial needs, Barnhart initiated a \$1.2 million annual contribution to the University's scholarship program, a contribution that is being increased to \$1.7 million this year.

Social responsibility in the Commonwealth of Kentucky is a priority for Barnhart, who has been extremely active in community service and encourages the UK athletics staff to do the same.

Not content with past successes, Barnhart's ambitious course for the future was revealed with his recent announcement of the "15x15x15" plan. The goals are to win at least 15 conference or national

championships and rank among the NCAA's top 15 athletic programs by 2015 – all of which would represent unprecedented achievements for UK Athletics – while continuing to expand UK Athletics' service to the local community and commonwealth of Kentucky. Another goal of the initiative is a cumulative 3.0 grade-point average for UK's 500 student-athletes.

Barnhart arrived at Kentucky from Oregon State, where he served four successful years (1998-2002) as athletics director. Before his term at OSU, he worked in athletics administration posts at Tennessee (1986-98), Southern Methodist University (1983-86), Oregon (1983) and San Diego State (1982-1983).

Barnhart, 50, is a native of Kansas City, Kan. He received his bachelor's degree from Ottawa University (Kansas) in 1981 and a masters in sports administration from Ohio University in 1982.

He and his wife, the former Connie Brown, have three children, Kirby, Blaire and Scott.



CATS



The University of Kentucky has made a commitment to put the student-athlete at the heart of the program. The cornerstone of that commitment lies in the academic success of the University's student-athletes. And at UK, that success stems from the resources within the Ohio Casualty Group's Center for Academic and Tutorial Services.

UK opened CATS in 1981, the nation's first academic center dedicated exclusively to student-athletes. Over the years, as the services offered by CATS have grown, so did the need for additional space.

As a result, UK built a new facility - the Ohio Casualty Center for Academic and Tutorial Services - thanks to a one-million dollar grant from the Ohio Casualty Insurance Group. The Ohio Casualty Center opened in 1998 at a total cost of \$2.4 million.

Much of the credit for UK's academic success goes to the Athletics Association's academic support system - the Center for Academic and Tutorial Services, or simply, "CATS."

CATS, constructed in Memorial Coliseum, includes:

- > 20,000 square feet of space - more than double the size of the former CATS facility
- > A computer room housing 35 computers
- > A study area which accommodates 90-100 people
- > 24 tutoring rooms
- > A career development and life skills resource center
- > A community outreach office
- > Offices for the staff

Certainly, a facility is a good start, but any program - especially in academics - is only as good as the people who run it. And UK is fortunate to have outstanding leaders in its academics support system.

Bob Bradley, associate athletics director for Student Services, oversees the CATS program. Bradley was named National Academic Advisor of the Year in 1989 and 1992. In 2000, he was selected as the CHAMPS Life Skills Coordinator of the Year by the NCAA Division I-A Athletic Directors Association.

CATS has a full-time staff of 11. In addition to Bradley, they are:

- > Barb Deniston,
Director of Academic Services
- > Mike Haley,
Director of Advising Services
- > Michael Stone,
Senior Academic Counselor
- > Amy Craiglow, Dan Childs,
Jon Ross and Katrina Sally,
Academic Counselors
- > Martina Martin,
Lifeskills Coordinator
- > D'Ann Blankenship and
Dustin Lewis,
Staff Assistants

OHIO CASUALTY CENTER FOR ACADEMIC & TUTORIAL SERVICES

CATS also employs seven graduate assistants and numerous tutors, both from the University and the surrounding community. UK has budgeted more than \$1,000,000 for the operation of CATS in the coming year.

"We are extremely proud of what we have accomplished in the academic arena," Bradley said. "The CATS program is focused on winning in the classroom. We look at each student-athlete's individual needs, set goals and develop strategies to attain those goals. Our center provides our student-athletes with a definite advantage over student-athletes at many other institutions. Our goal is to show that we care about the student as well as the athlete."

For the CATS staff, showing you care means more than helping athletes maintain eligibility, graduate or win awards. The academics staff also prepares student-athletes for life after college with the Wildcat Career Development Program.

The Career Development Program helps student-athletes look to the future through a step-by-step process, which includes:

- > Mentoring and internships, which help determine career interests;
- > Career counseling;
- > Resume writing; and
- > Forming a career plan.

The Wildcat Career Development Program works closely with the University's Career Planning and Placement Center in order to provide additional assistance when needed.



CATS STAFF



Bob Bradley
Associate
Athletics Director



Barbara Deniston
Director of
Academic Services



Mike Haley
Director of
Advising Services



Amy Craiglow
Academic Counselor



Dustin Lewis
Academic Counselor



Jon Ross
Academic Counselor



Tiffany Hayden
Academic Counselor



D'Ann Blankenship
Admin. Support Associate



Mike Priman
Academic Counselor



Rita Griffith
Tutor Coordinator

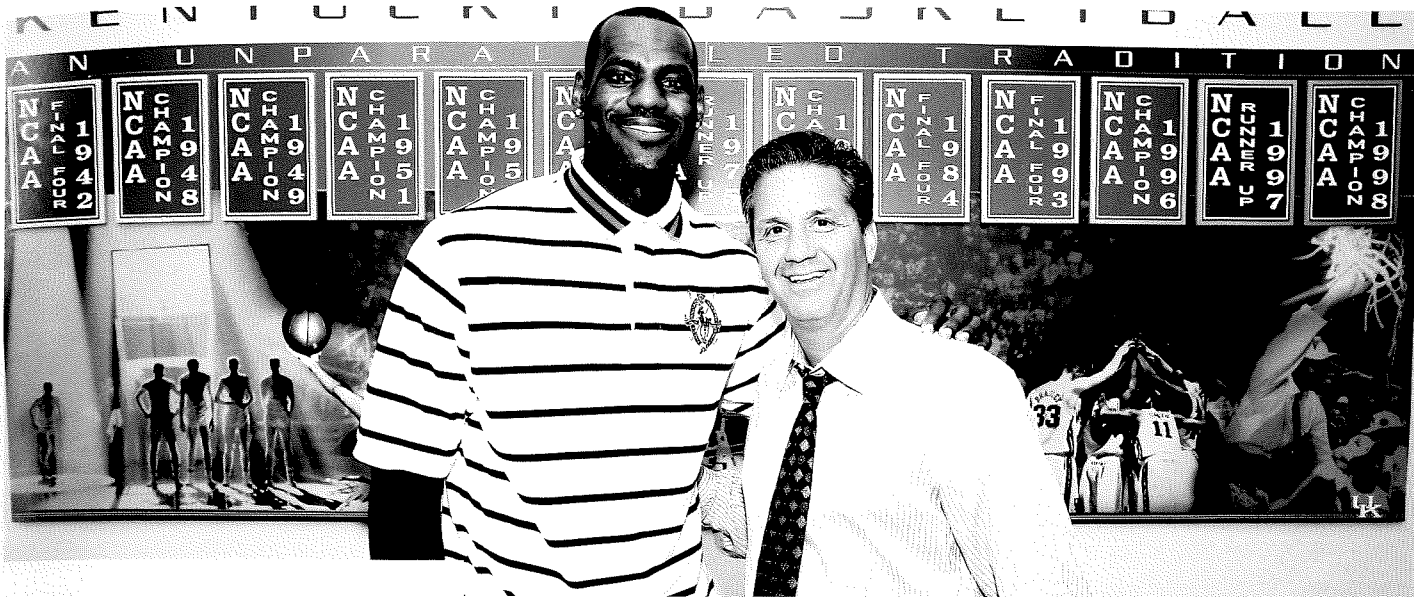
THE WILLIAM T. YOUNG LIBRARY



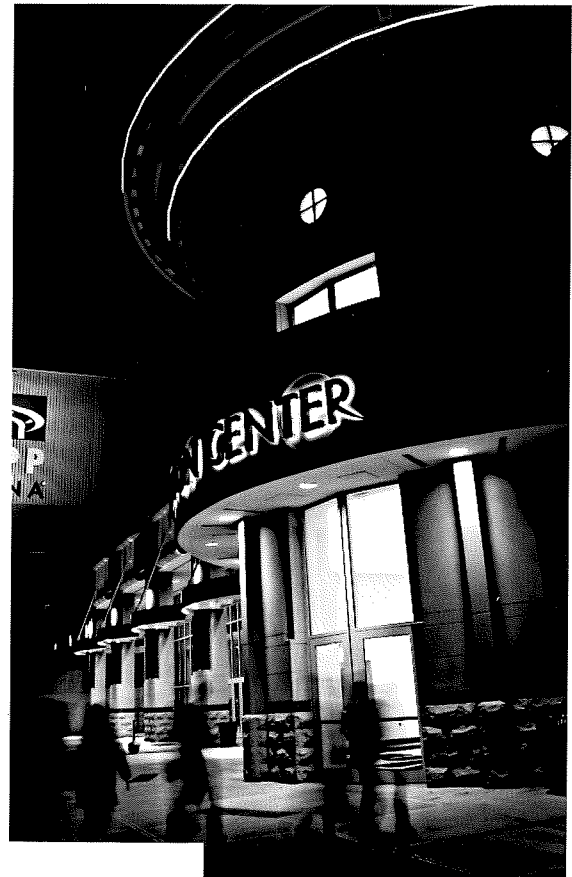
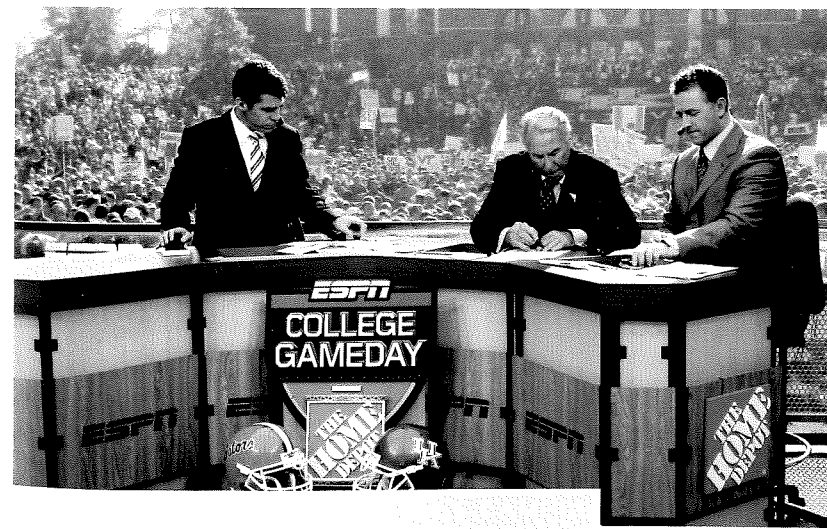
In addition to providing the finest in athletic facilities, the University of Kentucky also provides student-athletes with the best in academic facilities. One of the most recent additions to the educational landscape at UK is the \$58 million William T. Young Library.

- > Size: The library covers 365,350 square feet, more than six football fields. The building is five stories high, plus a basement.
- > Shelf capacity: If laid end-to-end, the bookshelf space would stretch 198,828 linear feet - that's more than 37 miles of shelf space. The shelves will house 1.2 million books.
- > Seating capacity: The library can seat more than 4,000 patrons at one time, a 355 percent increase over the old library. The seating on the fifth floor of the new library equals the capacity of the former library.
- > Computer connections: Every study table and study carrel in the library has an electrical outlet and a computer jack connected to the university's computer system. Virtually the entire library has wireless coverage.
- > Flexibility: The library has a state-of-the-art electronic infrastructure that will enable UK to take full advantage of current and emerging technology. In addition, the five floors and basement of the structure are designed as open, flexible spaces, enabling the library to adapt its services and facilities to the future changes in needs of UK students.
- > Endowment: The UK Library has the nation's largest book endowment among public universities and ranks second only to Harvard.

LEXINGTON

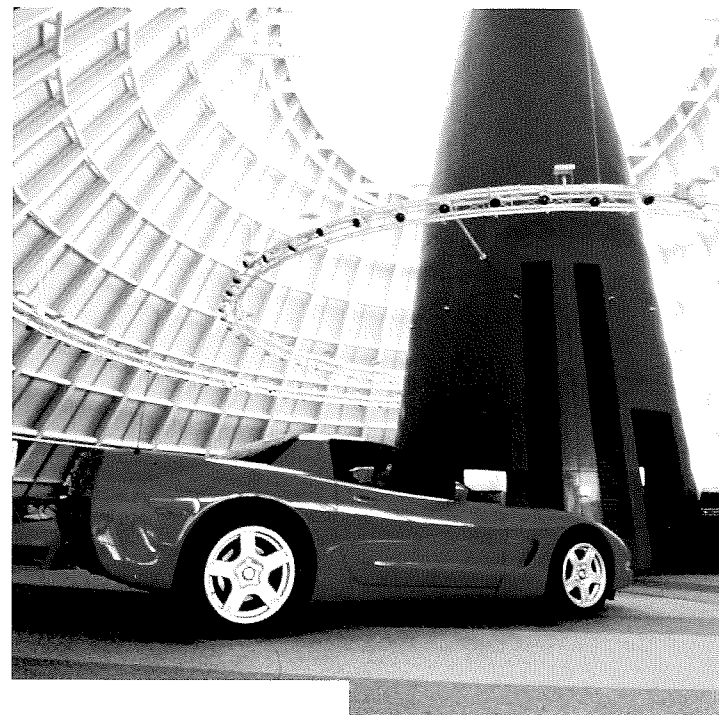


- > The Bluegrass is a beautiful area with rolling hills, horse farms, and Keeneland and Red Mile race tracks.
- > The Bluegrass Airport has major airlines, including Delta, United, Continental, Northwest, US Air and American. It is a convenient 10-minute drive to campus from the airport.
- > Lexington has a population of 260,000, but still has a small town atmosphere. Its size is perfect for a college atmosphere.
- > Lexington is one of the top places to live in the country. It is ranked 15th-best place to live and 17th-safest city.
- > Cheer on numerous sporting events, including UK's 22 sports teams, the Lexington Legends Class A baseball team and the Lexington Horsemen arena football team.
- > Lexington has four shopping malls and seven unique shopping areas located in the heart of downtown and within close proximity to campus.



KENTUCKY

- > Kentucky is one of only four states in the nation designated as a commonwealth
- > State capital is Frankfort
- > State bird is the Cardinal
- > State flower is the Goldenrod
- > State tree is the Kentucky Coffee Tree
- > State song is "My Old Kentucky Home"
- > Kentucky has more miles of running water than any other state except Alaska
- > Kentucky has the world's longest cave system – Mammoth Cave – with over 300 miles of mapped passageways
- > Central Kentucky is internationally known as the Horse Capital of the World



2009-10 OPPONENTS

ALABAMA

Saturday, January 16 • Tuscaloosa, Ala.
 Location: Tuscaloosa, Ala.
 Enrollment: 27,052
 Nickname: Crimson Tide
 Colors: Crimson and White
 Conference: Southeastern
 President: Dr. Robert E. Witt
 Athletics Director: Mal Moore
 Facility: Alabama Aquatic Center
 2008-09 NCAA Finish: (M) 21st; (W) 38th
 Head Coach: Eric McIlquham
 Diving Coach: Pat Greenwell
 SID: Roots Woodruff
 SID Phone: (205) 348-2088
 SID E-mail: rwoodruff@ja.ua.edu
 Website: www.rolltide.com

ARKANSAS

(women) Saturday, October 17 • Lexington, Ky.
 Location: Fayetteville, Ark.
 Enrollment: 19,191
 Nickname: Razorbacks
 Colors: Cardinal and White
 Conference: Southeastern
 President: Dr. G. David Gearhart
 Athletics Director: Jeff Long
 Facility: Arkansas Natatorium
 2008-09 NCAA Finish: (M) N/A; (W) 27th
 Head Coach: Jeff Poppell
 Diving Coach: Dale Schultz
 SID: Jeri Thorpe
 SID Phone: (479) 575-5786
 SID E-mail: jthorpe@uark.edu
 Website: www.arkansasrazorbacks.com

CINCINNATI

Saturday, January 30 • Louisville, Ky.
 Location: Cincinnati, Ohio
 Enrollment: 37,072
 Nickname: Bearcats
 Colors: Black and Red
 Conference: Big East
 President: Monica Rimai
 Athletics Director: Mike Thomas
 Facility: Keating Aquatic Center
 2008-09 NCAA Finish: (M) 41st; (W) N/A
 Head Coach: Monty Hopkins
 SID: Ryan Koslen
 SID Phone: (513) 497-3132
 SID E-mail: ryan.koslen@uc.edu
 Website: www.gobearcats.com

INDIANA

Saturday, December 5 • Lexington, Ky.
 Location: Bloomington, In.
 Enrollment: 40,354
 Nickname: Hoosiers
 Colors: Cream and Crimson
 Conference: Big Ten
 President: Michael A. McRobbie
 Athletics Director: Fred Glass
 Facility: Counsilman Billingsley Aquatic Center
 2008-09 NCAA Finish: (M) 25th; (W) 10th
 Head Coach: Ray Looze, Jr.
 Diving Coach: Dr. Jeff Huber
 SID: Melanie Schneider
 SID Phone: (812) 856-2939
 SID E-mail: ms48@indiana.edu
 Website: www.iuhoosiers.cstv.com

LOUISVILLE

Saturday, January 23 • Louisville, Ky.
 Location: Louisville, Ky.
 Enrollment: 21,761
 Nickname: Cardinals
 Colors: Red and Black
 Conference: Big East
 President: Dr. James Ramsey
 Athletics Director: Tom Jurich
 Facility: Ralph White Natatorium
 2008-09 NCAA Finish: (M) 29th; (W) 22nd
 Head Coach: Arthur Albiero
 Diving Coach: Mike Zehnder
 SID: Nancy Worley
 SID Phone: (502) 852-6581
 SID E-mail: nasmit01@gwise.louisville.edu
 Website: www.uoflsports.com

SOUTH CAROLINA

Friday, October 9 • Columbia, S.C.
 Location: Columbia, S.C.
 Enrollment: 27,488
 Nickname: Gamecocks
 Colors: Garnet and Black
 Conference: Southeastern
 President: Dr. Harris Pastides
 Athletics Director: Eric Hyman
 Facility: Carolina Natatorium
 2007-08 NCAA Finish: (M) 29th; (W) N/A
 Head Coach: McGee Moody
 Diving Coach: Todd Sherritt
 SID: Wes Todd
 SID Phone: (803) 777-5204
 SID E-mail: wesleyt@mailbox.sc.edu
 Website: www.gamecocksonline.cstv.com

2009-10 OPPONENTS

SOUTHERN ILLINOIS

(men) Saturday, October 17 • Lexington, Ky.
 Location: Carbondale, Ill.
 Enrollment: 20,673
 Nickname: Salukis
 Colors: Maroon and White
 Conference: Mid-American
 President: Dr. Glenn Poshard
 Athletics Director: Mario Moccia
 Facility: Student Rec Center
 2008-09 NCAA Finish: (M) N/A
 Head Coach: Rick Walker
 Diving Coach: Chunhua Zhao
 SID: Beth Miller
 SID Phone: (618) 453-7236
 SID E-mail: bmiller1@siu.edu
 Website: www.siusalukis.cstv.com

TENNESSEE

Friday, October 30 • Lexington, Ky.
 Location: Knoxville, Tenn.
 Enrollment: 26,400
 Nickname: Volunteers/Lady Vols
 Colors: Orange and White
 Conference: Southeastern
 President: Dr. Jan Simek
 Athletics Director: Mike Hamilton (M); Joan Cronan (W)
 Facility: Allan Jones Aquatic Center
 2008-09 NCAA Finish (M) 8th; (W) 13th
 Head Coach: John Trembley (M); Matt Kredich (W)
 Diving Coach: Dave Parrington
 SID: Drew Rutherford (M); Zach Stipe (W)
 SID Phone: (865) 974-1212 (M); (865) 974-4275 (W)
 SID E-mail: aruther5@utk.edu; zstipe@utk.edu
 Website: www.utsports.com; www.utladyvols.com

VANDERBILT

(women) Saturday, January 30 • Lexington, Ky.
 Location: Nashville, Tenn.
 Enrollment: 12,093
 Nickname: Commodores
 Colors: Black and Gold
 Conference: Southeastern
 President: Nicholas S. Zeppos
 Athletics Director: David Williams, II
 Facility: Centennial Sportsplex
 2008-09 NCAA Finish: (W) N/A
 Head Coach: Jeremy Organ
 Diving Coach: Andrea Meyers
 SID: Travis Young
 SID Phone: (615) 322-4121
 SID E-mail: travis.young@vanderbilt.edu
 Website: www.vucommodores.cstv.com

VIRGINIA

Saturday, November 7 • Charlottesville, Va.
 Location: Charlottesville, Va.
 Enrollment: 19,643
 Nickname: Cavaliers
 Colors: Blue and Orange
 Conference: Atlantic Coast
 President: John T. Casteen III
 Athletics Director: Craig Littlepage
 Facility: Aquatic and Fitness Center
 2008-09 NCAA Finish: (M) 9th; (W) 12th
 Head Coach: Mark Bernardino
 Diving Coach: Andy Bradley
 SID: Katharine Palmer
 SID Phone: (434) 982-5500
 SID E-mail: kpalmer@virginia.edu
 SID Fax: (540) 231-6984
 Website: www.virginiasports.com

VIRGINIA TECH

Friday, November 6 • Blacksburg, Va.
 Location: Blacksburg, Va.
 Enrollment: 28,000
 Nickname: Hokies
 Colors: Chicago Maroon and Burnt Orange
 Conference: Atlantic Coast
 President: Charles W. Steger
 Athletics Director: Jim Weaver
 Facility: War Memorial Pool
 2008-09 NCAA Finish: (M) 36th; (W) 34th
 Head Coach: Ned Skinner
 Diving Coach: Ron Piemonte
 SID: Sarah Hurd
 SID Phone: (540) 231-6892
 SID E-mail: shurd@vt.edu
 Website: www.hokiesports.com

KENTUCKY

[2009-10 WILDCATS]



KENTUCKY

[2009 - 10 SCHEDULE]



OCTOBER

DATE	OPPONENT	SITE	TIME
9 (Fri)	at South Carolina*	Columbia, S.C.	1:00 pm
17 (Sat)	ARKANSAS (W)*	LEXINGTON	3:00 pm
	THE UNIVERSITY OF CUMBERLANDS	LEXINGTON	3:00 pm
	Southern Illinois (M)	LEXINGTON	3:00 pm
30 (Fri)	at Tennessee*	Knoxville, Tenn.	3:00 pm

NOVEMBER

6 (Fri)	at Virginia Tech	Blacksburg, Va.	3:00 pm
7 (Sat)	at Virginia	Charlottesville, Va.	10:00 am
19-21 (Thur-Sat)	at Tennessee Invitational	Knoxville, Tenn.	All Day

DECEMBER

5 (Sat)	INDIANA	LEXINGTON	10:00 am
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JANUARY

DATE	OPPONENT	SITE	TIME
16 (Sat)	at Alabama*	Tuscaloosa, Al.	1:00 pm
23 (Sat)	at Louisville	Louisville, Ky.	2:00 pm
30 (Sat)	CINCINNATI	LEXINGTON	1:00 pm
	VANDERBILT (W)*	LEXINGTON	1:00 pm

FEBRUARY

17-20 (Wed-Sat)	SEC Championships	Athens, Ga.	All Day
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MARCH

12-14 (Fri-Sun)	NCAA Zone Diving Championships	Blacksburg, Va.	All Day
18-20 (Thur-Sat)	NCAA Championships (W)	West Lafayette, Ind.	All Day
25-27 (Thur-Sat)	NCAA Championships (M)	Columbus, Ohio	All Day

* Denotes SEC meet | Home meets **BOLD IN ALL CAPS**

