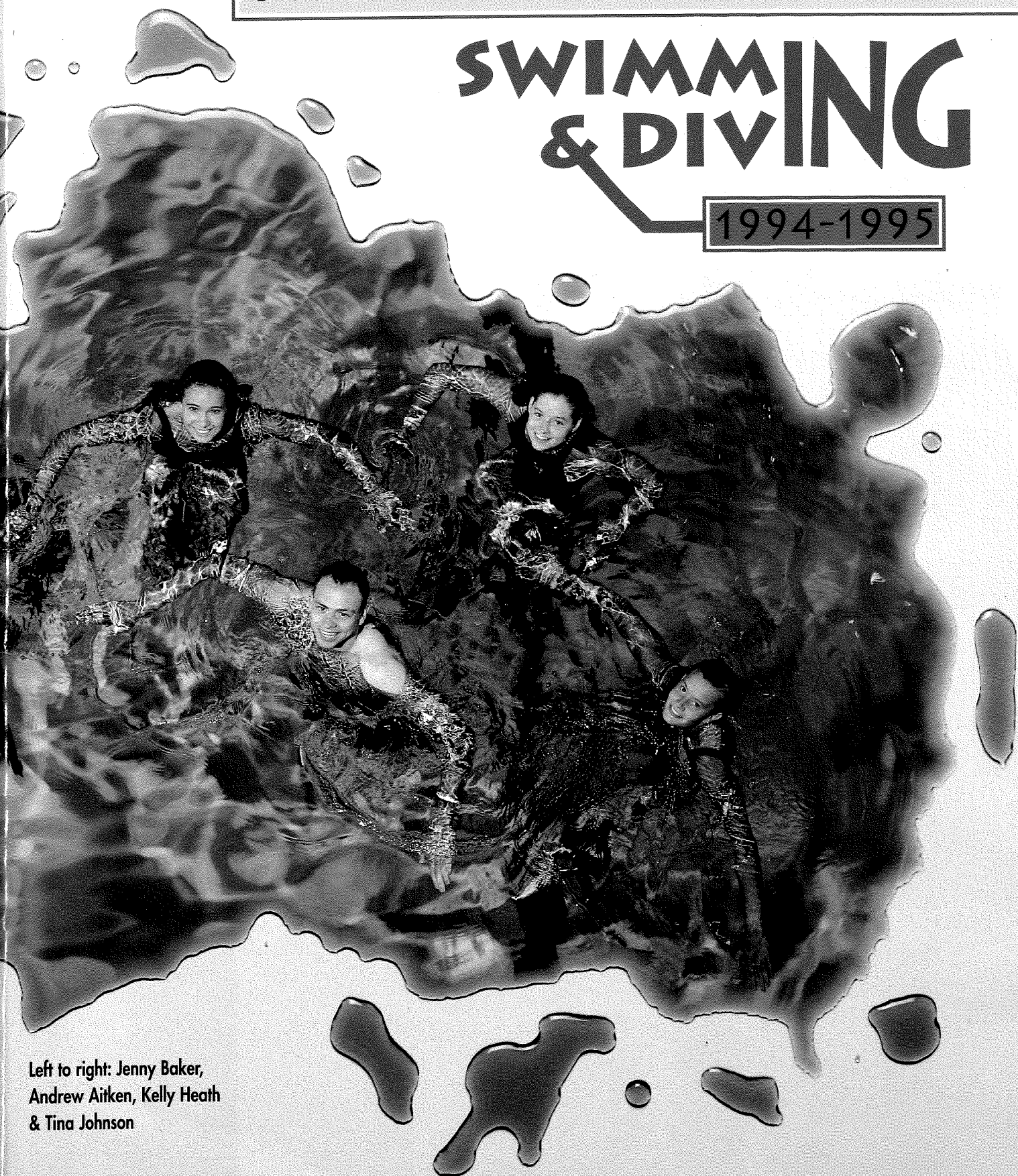


UNIVERSITY OF KENTUCKY

SWIMMING & DIVING

1994-1995



Left to right: Jenny Baker,
Andrew Aitken, Kelly Heath
& Tina Johnson

1994-1995 SWIMMING & DIVING



CATS QUICK FACTS

Head Swimming Coach: Gary Conelly (Indiana '73)
Diving Coach: Mike Lyden (Western Michigan '80)
Assistant Coaches: Mary Ellen Wydan (Delaware '81), Pete Knox (Florida '78) and Kevin Antshel (North Carolina '92)
Aquatics Director: Wynn Paul
Administrative Assistant: Letitia Hollingsworth
Pool Manager: Susan Hope
1994-95 Captains: Kelly Heath, Margo Lynch, Mike Collins and Greg Robinson
Facility (Capacity): Lancaster Aquatics Center (750)
1993-94 Men's Dual Meet Record: 4-8
1993-94 Women's Dual Meet Record: 5-7
1993-94 SEC Men's Championships Finish: 9th
1993-94 SEC Women's Championships Finish: 8th
1993-94 NCAA Mens' Championships Finish: N/A
1993-94 NCAA Women's Championships Finish: 19th

1994-95 UNIVERSITY OF KENTUCKY SWIMMING AND DIVING SCHEDULE

DATE	OPPONENT	SITE	TIME
SEPTEMBER 13	OHIO STATE (WOMEN)	LEXINGTON	3 p.m.
OCTOBER 14	LOUISVILLE/ALABAMA	LEXINGTON	6:30 p.m.
OCTOBER 29	TENNESSEE	LEXINGTON	1 p.m.
November 4	Ohio St. (Men)	at Athens, Ohio	6 p.m.
	Ohio/Purdue (Women)		
November 12	Texas A & M/LSU	at Baton Rouge, La.	1 p.m.
NOVEMBER 19	ARKANSAS/GEORGIA TECH (MEN)	LEXINGTON	1 p.m.
December 1-3	Speedo Cup-East	at Chapel Hill, N.C.	All Day
January 4	Georgia	at Athens, Ga.	1 p.m.
January 5	South Carolina	at Columbia, S.C.	11 a.m.
JANUARY 21	INDIANA (MEN) / FLORIDA	LEXINGTON	1 p.m.
JANUARY 28	SOUTHERN ILLINOIS	LEXINGTON	1 p.m.
February 4	Cincinnati	at Cincinnati, Oh.	1 p.m.
FEBRUARY 9-11	SEC DIVING CHAMPIONSHIPS	LEXINGTON	ALL DAY
February 17-19	SEC Championships (Combined)	at Columbia, S.C.	All Day
March 4	Last Chance Meet	TBA	TBA
March 9-11	NCAA ZONE DIVING MEET	LEXINGTON	ALL DAY
March 16-18	Women's NCAA Championships	at Austin, Texas	All Day
March 23-25	Men's NCAA Championships	at Indianapolis, Ind.	All Day

IFC

LOUISIANA STATE

Friday, November 11
 Hilton Hotel
 5500 Hilton Avenue
 Baton Rouge, LA 70808
 (504) 924-5000
 Saturday, November 12
 Comfort Inn East
 6322 Chef Menteur Highway
 New Orleans, LA 70126
 (504) 241-5650

SPEEDO CUP-EAST

November 30-December 4
 Hampton Inn
 1740 15-501 Highway
 Chapel Hill, N.C. 27514
 (919) 968-3000

GEORGIA

January 2 - January 4
 Ramada Inn
 513 Broad Street
 Athens, GA 30601
 (706) 546-8122

SOUTH CAROLINA

January 4 - January 6
 Embassy Suites
 200 Stone Ridge Drive
 Columbia, S.C.
 (803) 252-8700

SEC DIVING CHAMPIONSHIPS

February 9 - February 11
 Hyatt Regency Hotel
 400 West Vine
 Lexington, Ky. 40507
 (606) 253-1234

SEC SWIMMING CHAMPIONSHIPS

February 14 - February 19
 Embassy Suites
 200 Stone Ridge Drive
 Columbia, S.C.
 (803) 252-8700

LAST CHANCE MEET

March 4 TBA

ZONE DIVING MEET

March 9 - March 11
 Hyatt Regency Hotel
 400 West Vine
 Lexington, Ky. 40507
 (606) 253-1234

WOMEN'S NCAA SWIMMING & DIVING CHAMPIONSHIPS

March 14 - March 19
 Embassy Suites - Airport North
 5901 N IH-35
 Austin, TX 78723
 (512) 454-8004

MEN'S NCAA SWIMMING & DIVING CHAMPIONSHIPS

March 21 - March 26
 Embassy Suites
 110 W. Washington Street
 Indianapolis, Indiana 46204
 (317) 236-1800

TRAVEL HEADQUARTERS

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TO THE MEDIA

The 1994-95 Swimming and Diving media guide is intended to answer any questions you might have about the current season, and to assist you in your coverage of the team throughout the year. If you need any additional information, special stories, pictures or have any questions not answered herein, please contact Andre Foushee at the Media Relations office at (606) 257-3838 or home (606) 226-9594.

Interviews

All interviews with the UK swim or dive team members must be arranged through the Media Relations Office. Coach Gary Conelly and his staff are available Monday-Friday 9 a.m. - 2 p.m. Please contact the UK SID Office at least 24 hours in advance when requesting student-athlete interviews.

Facilities

Lancaster Aquatic Center (capacity 750) serves as home for the Kentucky Wildcats. The Aquatic Center is located on Complex Drive across from the Kirwan Tower Dorm Complex on the UK Campus. The public may gain access to the Center from the front door facing Complex Drive. All home meets are free to the public.

KENTUCKY QUICK FACTS

GENERAL INFORMATION:

Location: Lexington, Kentucky
Enrollment: 24,000
Founded: 1865
Nickname: Wildcats
Colors: Blue & White
Conference: Southeastern
President: Charles T. Wethington, Jr.

UK ATHLETICS ADMINISTRATION

Athletics Director: C.M. Newton
Senior Associate A.D.: Larry Ivy
Associate A.D.: Kathy DeBoer
Assistant Athletics Directors:
 Rena Vicini (Media Relations)
 Bernadette Locke-Mattox
 Bob Bradley (Academics)
 John Cropp
 Jack Fligg (Football Operations)
Head Athletics Trainer: Al Green
Ticket Manager: Barbara Donnelly
Student Affairs Officer: Rodney Stiles

MEDIA RELATIONS STAFF

Assistant Athletics Director: Rena Vicini
Sports Information Director: Tony Neely
Assistant Media Relations Directors: Gail Dent, Julie Wiedmer
Administrative Assistant: Joyce Baxter
Media Relations Projects Coordinator: Sandy Boyken
Swimming & Diving SID: Andre Foushee
Interns: Laura Boswell, Amy Boyanowski, Kim Pemberton
Student Assistants: Susan Hazzard and Ryan Robinson

MAILING ADDRESS:

University of Kentucky
 Media Relations Office
 Room 23 Memorial Coliseum
 Lexington, Ky. 40506-0019

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IMPORTANT PHONE NUMBERS

Area Code: (606)
Athletics Department: 257-8000
Athletics Department Fax: 323-1071
Media Relations Office: 257-3838
Media Relations Fax: 323-4310
Swim Office: 257-7946
Swim Office Fax: 323-3601
University Information: 257-9000

CREDITS

The 1994-95 University of Kentucky Swimming and Diving Media Guide was produced by the University of Kentucky Athletics Association, C.M. Newton, Director.

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Editor: Rena Vicini

Photography: David Coyle

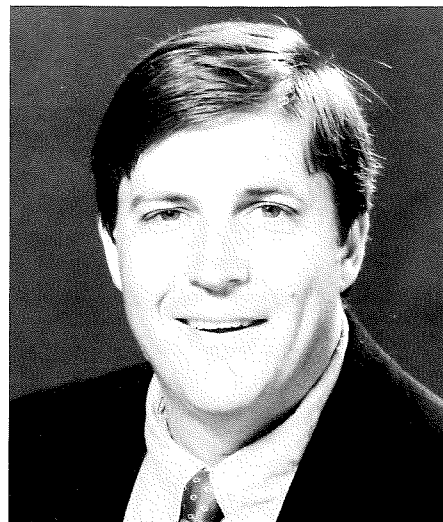
Design and Layout: Amy Boyanowski

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Cover Design: Paul Blodgett, The Cornett Group & Andre Foushee, University of Kentucky Media Relations

HEAD COACHES

Gary Conelly begins his fourth year as head coach of the Cats with an overall dual meet record of 29-32 (20-15 Women/9-17 Men). Conelly was named UK's head women's coach in 1991-92 and sported a



Gary Conelly
Head Swimming

7-3 record in his first season. Before the 1992-93 season, Conelly was named the coach for the men's team as well.

Prior to becoming head coach at Kentucky, Conelly spent three years with the Cats as a graduate assistant. The 1994-95 campaign will mark his seventh year associated with the swimming programs.

During his tenure at UK, Conelly coached the first female All-American and NCAA finalist swimmer, Kellie Moran. In addition, Conelly helped guide Wendy Hipskind to All-America honorable mention honors as well as All-SEC Second Team honors.

Conelly came to the University of Kentucky from the head coaching position with the West Florida Lighting Aquatics USS team in Largo, Fla. During his seven years at West Florida, Conelly directed

150 swimmers and produced three Olympic Trial qualifiers, two National Sports Festival team members, and one Sports Festival champion.

In 1987-88, Conelly became the first swim coach at St. Petersburg Junior College. He took the men's and women's team to seventh-place finishes at the Junior College Nationals with two of his swimmers earning All-America honors. He has coached at the Charleston Swim Association in South Carolina and was head coach of the Union Deportivo swim team in Las Palmas, Spain.

Conelly's swimming career accomplishments are numerous. At Indiana University, Conelly was an NCAA All-America 15 times (five individual, 10 relays). As a member of the 1972 U.S. Olympic Team, he was a participant of the world-record 400-meter freestyle relay team. Conelly, who is a member of the Indiana Swimming Hall of Fame, received the 1973 Balfour Award for excellence in swimming, leadership, and scholarship.

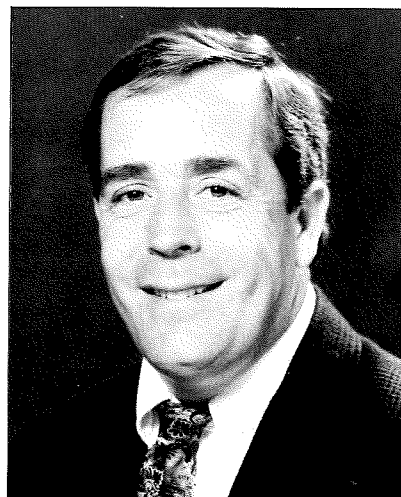
Conelly has an extensive knowledge of a total season plan and how to approach the taper-phase. He combines vast technical knowledge with a low-key approach

to get his points across to the team.

Conelly earned his undergraduate degree in English from IU in 1973. While in college, he was named to the Dean's List seven times.

He is married to the former Kathleen Healey and has two children, Cody and Emily.

Michael Lyden was named head diving coach for UK in July 1993. Prior to joining the UK staff, Lyden spent four years at Louisiana State University, and nine years at Eastern Michigan University.



Michael Lyden
Head Diving Coach

Lyden's coaching accomplishments are quite impressive. He was named Mid-American Conference Coach of the Year nine times at Eastern Michigan. While at LSU, Lyden was named Women's Southeastern Conference Coach of the Year four times (1990, 1991, 1992, 1993) and Men's SEC Coach of the Year once (1992).

From 1990-93, Lyden's divers outscored all other diving teams at the SEC Championships. His divers won 15 of 24 SEC titles in his four-year tenure while he qualified two men and one-to-two women for the NCAA Championships each year. In total, Lyden has coached divers to honorable mention/All-American status in 20 events.

At the Senior Nationals, Lyden has had divers finish as high

as third and has had three divers who were National Team members. At the J.O. Nationals, he has coached two divers to three national titles.

Lyden was selected as the U.S. National Team coach in 1988, 1990, 1992 and 1994. He directed Junior and Senior divers in several international competitions in places such as Italy, Austria, Mexico, Canada, and China.

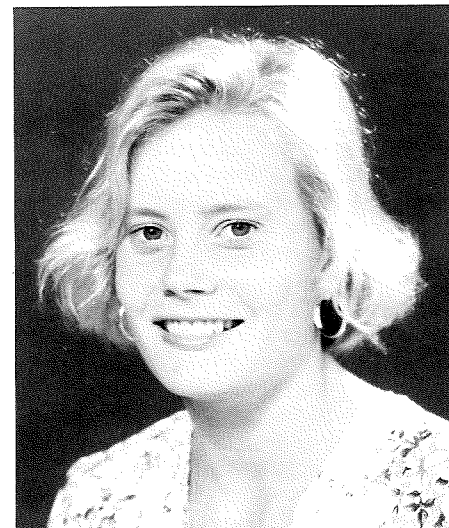
During his diving days, Lyden attended Western Michigan University, where he earned his bachelor's degree in physical education with a minor in Earth science. He was a four-time conference champion as well as an NCAA qualifier and captain of the swimming and diving teams his senior year.

Outside of coaching, Lyden is involved in several committees. Some of them included the U.S. Diving Rules Committee, Advisory member of the U.S. Olympic International Diving Committee, Senior Representative of the Southern Local Diving Committee, and a Lifetime Member of U.S. Diving. Most recently, Lyden was placed on the NCAA Rules Sub-Committee for 1993-94. Lyden, who was born in

Turlock, Calif., is no stranger to the Bluegrass. He is a graduate from Tates Creek High School in Lexington.

Lyden is married to the former Emily Joan Sullivan from Toledo, Ohio. They have two children — Jessica Ann (4) And John Tyler (2).

1994-95 TOP CATS



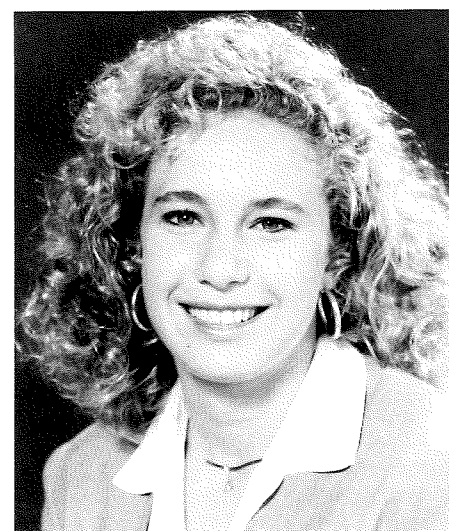
TINA JOHNSON

ALL-AMERICA PLATFORM
H.M. ALL-AMERICA 1-METER BOARD
SET UK 3-METER BOARD RECORD
SET UK PLATFORM RECORD



KELLY HEATH

ALL-AMERICA 500 FREESTYLE
H.M. ALL-AMERICA 200 FREESTYLE
SET UK 500 FREESTYLE RECORD



JENNY BAKER

H.M. ALL-AMERICA 1-METER BOARD
H.M. ALL-AMERICA PLATFORM
SET UK 1-METER BOARD RECORD
SET UK PLATFORM RECORD



ANDREW AITKEN

SET UK 200 BACKSTROKE RECORD
SET UK 400 INDIVIDUAL MEDLEY RECORD
MEMBER OF UK 200 MEDLEY RECORD
MEMBER OF UK 400 MEDLEY RECORD

SUPPORT STAFF

MARY ELLEN WYDAN



Mary Ellen Wydan returns to Kentucky for her third year as assistant coach. Wydan has 12 years of collegiate swimming coaching experience, including eight years at NCAA Division I institutions with both men's and women's teams.

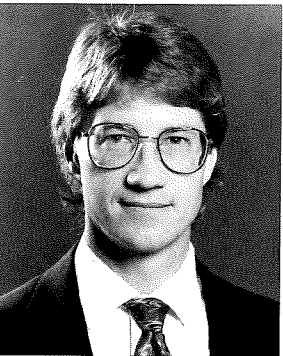
Wydan came to Kentucky from the University of Maryland, where she was the assistant men's and women's swimming coach for the 1991-92 season. Wydan was in charge of recruiting, supervising and training approximately 50 swimmers, including the design and implementation of workouts specific to individual events. She also planned and coordinated team travel arrangements.

From 1987-1990, Wydan was the assistant at Purdue University, qualifying both men and women swimmers for the NCAA Division I Championships all four years. Wydan also had several Purdue swimmers qualify for the 1988 Olympic Trials. She also coached at Oakland University in Rochester, Mich., and the University of North Carolina in Chapel Hill. At Oakland, she was head women's coach and was honored as Midwest Independent Coach of the Year in 1986. At UNC, where she was men's and women's assistant, the women's team finished third at the NCAA Championships in 1982.

Wydan is affiliated with the United States Swimming and College Swimming Coaches of America, Inc., where she was on the Board of Directors in 1986. She is also certified in the American Red Cross for Safety Training for Swim Coaches as well as the American Swimming Coaches of America.

Wydan received her bachelor's degree in health and physical education in 1981 from the University of Delaware and her master's in physical education from the University of North Carolina in 1989, specializing in sports administration.

PETER KNOX



Pete Knox enters his third year as assistant coach after serving four years as UK's Graduate Assistant. Often described as a vigorous and intense leader, Knox primarily works as a sprint coach. Knox brings his vocal approach and seemingly boundless energy to every practice and has an exceptional ability to motivate. He specializes in an ongoing weight training program with the exercise physiology and research background he has gained through past experiences. Knox came to Kentucky from Brandon, Fla., where he coached the Brandon High School men's and women's teams from 1980 to 1988. While at Brandon High, the team consistently placed in the top 10 of the Florida High School meet with its best finish being fourth place. Knox also developed two All-American high school swimmers and had several Junior and Senior National qualifiers. He was also an assistant coach with the Brandon Blue Wave USS Team from 1981-88 and was selected Hillsborough County Coach of the Year in 1987.

A native of Norfolk, Va., Knox graduated with honors from the University of Florida in 1978 with a degree in health education. He was an AAU and high school swimmer for eight years before he began studying Shotokan karate. Knox earned his first degree blackbelt in 1979, and his second degree in 1986.

Knox is currently working towards a master's degree in exercise physiology and sports medicine with an emphasis directed towards the application to swimming and diving.

Besides practicing karate and coaching, Knox enjoys water skiing, hiking, swimming, weight training, reading and participating in outdoors activities.

WYNN PAUL



Wynn Paul has been a member of the UK staff for more than 25 years. He was named UK's men's coach in 1964 and assumed the duties of women's head coach in 1983 when it became a varsity sport at Kentucky. During his coaching tenure, Paul compiled an impressive 135-61 dual meet record with the men's program, and a 48-30 mark with the women's program. Before the beginning of the 1991-92 season, Paul became the full-time Aquatic Director, allowing the swim coaching positions to devote full time to the varsity teams.

Paul was also the men's varsity water polo coach from 1965 to 1982. His water polo teams had an outstanding 140-66 record, including the 1977 Midwest Conference Championship, and one All-American in 1967. The program was dropped in 1983 at the outset of the varsity women's program.

Paul's success as a coach is a testament to his extensive involvement in all aspects of swimming. Paul has served as meet director for the Southeastern Conference Swimming and Diving Championships, the World Games Diving Team Trials, the Kentucky State High School meet, the Kentucky State Special Olympics, and the Kentucky State USS Championships. He serves as meet director for all UK home

swimming and diving meets.

He founded the Greater Lexington Swimming Association, which under Paul's guidance, produced four National AAU Senior Long Distance Team Championships, eight AAU All-American Senior Swimmers, 28 Nationally-ranked swimmers, 15 National Age Group records, 25 Kentucky state high school championships and five college All-Americans.

Paul, a 1962 graduate of the University of Louisville, was captain of his U of L swim team. He was the Cardinals' high point scorer for three years and holder of 12 varsity records. After graduating from U of L, Paul attended graduate school at UK, beginning what has been a long, mutually beneficial relationship for Paul and the University.

Paul is married to the former Helen Pennington, an Assistant Professor of Nursing at Eastern Kentucky University. Among their hobbies are traveling, flying model airplanes and working on their house.

SUPPORT STAFF

COLONEL MICKI KING



Colonel Micki King, the 1972 springboard gold medalist, was named Special Assistant to the Athletics Director at the University of Kentucky on Oct. 1, 1992. Her primary responsibilities include working with the Athletics Director in the area of individual and special team sports, as well as taking on special projects within the Athletics Department.

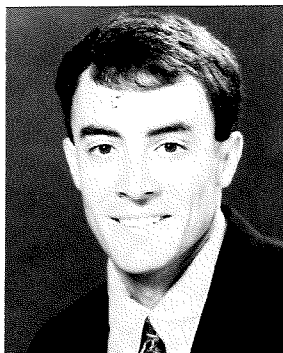
King was the commander of the University of Kentucky's AFOTC (Det 290) from July, 1989 through September, 1992, at which time she retired after 26 years of active Air Force duty. She is beginning her second two-year term as President of United States Diving, Inc., the national governing body responsible for Olympic diving in this country.

The native of Pontiac, Mich., graduated from the University of Michigan in 1966 where she was coached by five-time U.S. Olympic coach Dick Kimball. Under the tutelage of Kimball, King competed in two Olympic Games, two Pan American Games, and won international diving honors in 15 countries. She is an inductee in seven Hall of Fames, including the prestigious United States Olympic Hall of Fame.

The gold medal she won in Munich is one of the Olympic Games' exciting comeback stories. In the 1968 Olympics at Mexico City, King was leading the competition going into the final three dives. On the second of the remaining dives, a miscalculation caused her to hit the board and break her left arm. Despite the break, she gallantly tried her last dive, but dropped from first to fourth and did not receive a medal. During the four long years between the 1968 and 1972 Olympic Games, she did double duty with her Air Force job and her intensive training program. She earned 10 national U.S. Diving titles on the way to her second Olympics. When she reached Munich, she was ready. King captured the gold medal doing the same dive she did with a broken arm four years earlier.

During her first coaching stint at the Air Force Academy (1973-77) she became the first woman to coach a male to a NCAA championship in any sport. She returned to the Academy in 1983, to become the Assistant Athletics Director, while once again, coaching. She was named NCAA Division II Coach of the Year three times and coached 11 All-Americans, including two female cadets who won three national titles between them. In 1988, she attended her third Olympics, this time as a staff member of the U.S. Diving team in Seoul, Korea. She attended her sixth Olympics in Barcelona, Spain, as a diving representative of U.S. Diving. Recently, King received the Healthy American Fitness Leader Award for 1993. Micki King resides in Lexington, Ky., with her two children, Michelle and Kevin.

KEVIN ANTSEL



Kevin Antsel starts his first season with the UK swimming program as a graduate assistant.

Antsel comes to UK after receiving a M.A. in Sport Psychology in May 1994 and a B.A. in Psychology and Political Science in May 1992 from the University of North Carolina. While assisting with the UK swim program, he will work toward receiving a Ph.D. in psychology from the University.

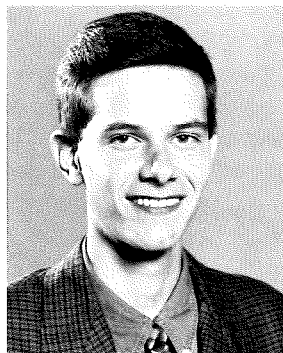
Last season at UNC, Antsel was an assistant coach for the varsity men's and women's swimming teams and a teaching assistant for the Sport Science Department. As an assistant coach, he assisted with daily coaching duties, recruiting, budgetary issues, student-athlete counseling, and general preparation for upcoming opponents. As a teaching assistant, he taught several swimming classes and received the 1992-93 Undergraduate Teaching Excellence Award.

In the summer of 1991, Antsel was the head swim coach of Pine Lake Country Club in North Carolina, where he coached 200 athletes in a summer swim league and received the 1991 Mecklenburg County Swim League Coach of the Year.

Antsel was a four-year letterman for UNC's Varsity Swim program. From 1990 to 1992, he was a GTE Academic All-American, made the Dean's List and Atlantic Coast Conference Honor Roll. He received the 1992 Richard E. Jamerson Most Improved Swimmer Award and the 1992 Robert F. Osterneck Unsung Hero Award.

Antsel is fluent in French. He is a graduate affiliate member of the American Psychological Association and a member of the Association for Advancement of Applied Sport Psychology. He was a congressional intern for the United States House of Representatives Committee of Ways and Means during the summer of 1992.

ANDRE FOUSHEE



Andre Foushee is the 1994-95 Media Relations contact for both the men's and women's swimming and diving team. In his third year at the University of Kentucky, Foushee is pursuing a degree in Journalism and a minor in Business. This is his first year with the swimming and diving program.

Foushee is a graduate of Trinity High School in Louisville, Ky. He was sports editor for the Trinity Echo and also served as manager of the basketball team.

WOMEN'S OUTLOOK



Sophomore Julia Smith finished in the top 12 in both the 100 butterfly and 100 breaststroke at last year's Southeastern Conference Championships.

The UK women begin the 1994-95 campaign hoping to build on the success of last season's 19th-place finish in the NCAA Championships — best in the program's history.

All three NCAA qualifying members of the women's squad return. Junior diver Tina Johnson comes off an All-American performance on the 10-meter tower, an Honorable Mention All-American on the 1-meter board, and an Honorable Mention All-American on the 3-meter board. Senior Kelly Heath returns after receiving All-American Honors in the 500 freestyle and an Honorable Mention All-American in the 200 freestyle. Junior Jenny Baker also scored with high marks, by gaining an Honorable Mention All-American on the 1-meter board and 10-meter tower. But there are other reasons fourth year head coach Gary Conelly is looking forward to the start of the season.

"On top of the three women returning, we have added more strength to the team," Conelly said. "We have an enormous freshman class that should give us more depth. We will now gain more flexibility in dual meets."

Nine swimmers and two divers make up the incoming freshman class that is the largest in Conelly's tenure. Two English women, Debbie Armitage and Ellen Strange, highlight the class.

According to Conelly, Armitage's arrival will make an immediate impact on the 800 freestyle relay, and boost all five relays to the NCAAs.

"We now stand a good chance of at least moving into the top 15 and if everything falls right, we should be a top 10 team," Conelly said.

Strange, who could potentially be a top eight finalist in the SEC in the 200 butterfly, has been a pleasant surprise in proving ability to compete in all the events. As a result, Conelly says he can now manipulate the lineup in the squad's favor versus opponents.

"We can come up with a more creative lineup so the other team is questioning what we're going to do next. Last year the opponent knew exactly how we were going to swim and it was real obvious we weren't real flexible," Conelly said.

The strongest stroke for the women this season appears to be the freestyle, with Heath and Armitage leading the way.

"Kelly Heath is strong in all freestyle events. She should score in all the freestyle events in the NCAA. She is dedicated and has done an excellent job training. Armitage (who turns 21 in December) has a big mental advantage over other freshman swimmers," Conelly said. "She has taken the last two years off to train, so she has a very serious attitude about swimming."

Conelly points to senior Margo Lynch as being a crucial part of the 400 freestyle Relays. Individually, Lynch could possibly make A cuts for the 200 freestyle and 500 freestyle at the NCAA Championships. The sprint swimmers include Heath and Armitage along with Amy Cole and Heather Zak. The long distance group consists of freshman Leigh Dalton, junior Allison McAllen and sophomore Mandy Swift.

"Swift has a great work ethic," Conelly said. "She has been the anchor holding the distance program together and performing at a very high level. Leigh Dalton is an outstanding talent who will make her presence known in the SECs and NCAAs."

Another strong event for the women's squad will be the backstroke. Sophomore Jenny Eckert set the UK record in the 100 and 200 backstroke last season.

"She is even faster than before. She should make NCAA cuts," Conelly said.

Along with Eckert, Brooke Adams, Dawn Sexton, and Lesley Truitt will create flexibility for UK, which had only one or two swimmers in the backstroke last year.

A solid core of three swimmers represents the breaststroke.

"Sophomore Julia Gaynor, sophomore Julia Smith and senior Tricia Zelin all have a lot of confidence and work hard," Conelly said. "All three should have standout performances this year."

In the butterfly events, the UK women must replace Stacy Fingalson, who ranks second in the UK 100 and 200 butterfly top times. Conelly looks for Strange along with junior Courtney Waid and freshman Jenny Hartsock to "fill Fingalson's shoes" in the 100 and 200 butterfly. Sophomore Julia Smith should be a bright spot as a solid sprint butterflyer.

One weak spot for the squad this season may be the individual medley. None of the incoming freshmen were recruited specifically for the individual medley. "Eckert and Strange will lead the way in the 200 individual medley, while Swift, McAllen and Gaynor will be our strength in the 400 individual medley," Conelly said.

Second-year head diving coach Mike Lyden is excited after the exceptional year turned in by juniors Johnson and Baker. He is also looking forward to the possibilities of freshmen Beth Leake and Bobbi Hamilton.

"Talent-wise, (Leake and Hamilton) have as much talent as the juniors. I can't wait to see what they learn this year," Lyden said. "The nice thing for the freshmen is they have good leadership in the upper-classmen. They won't feel the pressure to perform at a high level immediately and can fill in when they get there."

The freshman class has boosted the confidence and possibilities for this season's women, and has Conelly optimistic about the outcome.

"A minimum requirement this year would be to get the women in the top 20. I'd like to see the women's squad in the top 15 at the NCAA with four to 12 women qualifying individually," Conelly said. "That would be a successful year."

WOMEN'S ROSTER

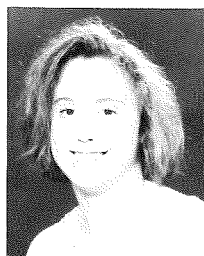


FRONT ROW (L-R): Asst. Coach Pete Knox, G.A. Kevin Antshel, Jen Hartsock, Blythe Nordenson, Jessica Lenen, Colleen Ross, Beth Leake, Diving Coach Mike Lyden, Head Coach Gary Conelly. **SECOND ROW (L-R):** Asst. Coach Mary Ellen Wydan, Julia Gaynor, Courtney Waid, Lesley Truitt, Brooke Adams, Kelly Heath, Bobbi Hamilton, Tricia Zelin. **THIRD ROW (L-R):** Ellen Strange, Tina Johnson, Julia Smith, Heather McGinnis, Jenny Baker, Margo Lynch, Allison McAllen. **BACK ROW (L-R):** Debbie Armitage, Amy Cole, Leigh Dalton, Jenny Eckert, Heather Zak, Mandy Swift, Dawn Sexton.

1994 WOMEN'S SWIMMING & DIVING ROSTER

NAME	YEAR	EVENT	HOMETOWN
Brooke Adams	Fr.	Backstroke	Daleville, Va.
Debbie Armitage	Fr.	Middle Distance Freestyle	West Yorkshire, England
Jenny Baker	Jr.	Diver	Granite City, Ill.
Amy Cole	So.	Freestyle	Norvelt, Pa.
Leigh Dalton	Fr.	Distance Freestyle	Novato, Calif.
Jenny Eckert	So.	Backstroke/IM	Fairfield, Ohio
Julia Gaynor	So.	Breaststroke	Manteca, Calif.
Bobbi Hamilton	Fr.	Diver	Dryden, N.Y.
Jen Hartsock	Fr.	Butterfly	Waynesville, Ohio
Kelly Heath	Sr.	Mid Distance Freestyle/IM	Cincinnati, Ohio
Tina Johnson	Jr.	Diver	St. Paul, Minn.
Beth Leake	Fr.	Diver	Louisville, Ky.
Jessica Lenen	Fr.	Butterfly	Villa Hills, Ky.
Margo Lynch	Sr.	Freestyle	Pittsburgh, Pa.
Allison McAllen	Jr.	Distance Freestyle	Dallas, Texas
Heather McGinnis	Sr.	Distance Freestyle	Jacksonville, Fla.
Blythe Nordenson	Fr.	Mid Dis. Freestyle	Spring, Texas
Colleen Ross	So.	Butterfly/Backstroke	Louisville, Ky.
Dawn Sexton	So.	Distance Freestyle	Pennsauken, N.J.
Julia Smith	So.	Breaststroke/Butterfly	Madison, Wis.
Ellen Strange	Fr.	Butterfly/IM	Oxon, England
Mandy Swift	So.	Backstroke/Distance Freestyle	Signal Mountain, Tenn.
Lesley Truitt	Fr.	Backstroke	Lake Charles, La.
Courtney Waid	Jr.	Butterfly/Distance Freestyle	Kennesaw, Ga.
Heather Zak	Fr.	Sprint Freestyle	Parma, Ohio
Tricia Zelin	Sr.	Breaststroke/Sprint	Valparaiso, Ind.

1994 WOMEN'S PROFILES



BROOKE ADAMS
Backstroke
Freshman, 5-7
Biology
Daleville, Va.
Lord Botetourt High School

Strong backstroke swimmer who matches UK's top backstroke swimmer Jenny Eckert... Finished ninth in the YWCA Nationals in the 100 and 200 backstroke... Could potentially swim individual medley events... Hobbies include riding and Sports Medicine.

BEST TIMES: 100 backstroke 58.3, 200 backstroke 2:03.9, 100 butterfly 58.3



DEBBIE ARMITAGE
Middle Distance Freestyle
Freshman, 5-10
Undecided
Halifax, England
Hipperholme Grammar

Won Bronze medal at the European Championships with 4 X 200 Meter freestyle team for Great Britain... Potential makes 800 freestyle relay four seconds faster... Will add depth to the freestyle event...

Highlights the freshman class of 10... Captain of High School swim team... Hobbies include skiing and going to the movies.

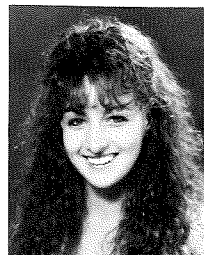
BEST TIMES: 100-meter freestyle 59.0 (Long Course) 200-meter freestyle 2:02.5 (Long Course)



JENNY BAKER
Diver
Junior, 5-7, 2L
Finance/Accounting
Granite City, Ill.
Granite City High School

Received All-America Honor Mention status at the NCAA Championships by finishing 13th on the 1-meter board, 16th on the 10-meter platform, and 29th on the 3-meter board... Finished third on the 1-meter, fifth on the platform, and 12th on the 3-meter board at the SECs... Holds UK's 1-meter diving record and platform (eight dives) record... Awarded the UK women's 1993-94 Most Improved Diver and 1993-94 Team Spirit Award... Qualified for 1992-93 NCAA Zone Diving Meet... Placed 22nd on the 1-meter board, 23rd on the 3-meter board, and 22nd on the platform at the SECs in 1993... Was High School All-American.

BEST SCORES: 1-meter (10 dives) 392.65, Platform (8 dives) 349.50



AMY COLE
Sprint Freestyle
Sophomore, 5-10, 1L
Undecided
Norvelt, Pa.
Mt. Pleasant High School

Made NCAA Consideration Time in 200 and 400 freestyle relay... Finished 24th in the 50 freestyle, 24th in the 100 freestyle, and 25th in the 100 butterfly at last season's SECs... Fourth on UK's records list in the 100 freestyle...

Was three-time high school All-American... Was a four-year All-State swimmer and three-time District champion.

BEST TIMES: 50 freestyle 24.09, 100 freestyle 52.36



LEIGH DALTON
Distance Freestyle
Freshman, 5-10
Undecided
Novato, Calif.
San Marin High School

Swam the 800-meter freestyle relay and 1000-yard freestyle at the Junior Nationals... Most Valuable Swimmer three years in high school... Hobbies include teaching swim lessons and water skiing... Extremely talented swimmer who

adds depth in the distance programs... Stands a good chance of qualifying for NCAA Championships.

BEST TIMES: 1000 freestyle 10:18.07, 800-meter freestyle 9:16.04.



JENNY ECKERT
Backstroke/Individual Medley
Sophomore, 6-0 1L
Engineering
Fairfield, Ohio
Fairfield High School

Last season made NCAA Consideration Time for the 200 freestyle relay and 400 medley relay... At last year's SECs finished 13th in the 100 backstroke, 14th in the 200 backstroke, and 20th in the individual medley... Holds UK

women's record in the 100 backstroke and 200 backstroke... Ranks fourth on UK's records list in the 200 individual medley... Received 1993-94 Most Improved Swimmer.

BEST TIMES: 100 backstroke 57.49, 200 backstroke 2:02.52



JULIA GAYNOR
Breaststroke
Sophomore, 5-6, 1L
Nursing
Manteca, Calif.
Thurston High School

Finished 19th in the 200 breaststroke at last season's SECs... At the Speedo Cup-East last year, placed fourth in the 200 breaststroke... Finished first versus Indiana in the 200 breaststroke last year... Ranks third in the 200

breaststroke and seventh in the 100 breaststroke all-time at UK... Was high school Most Valuable Swimmer three times during her prep career... Named All-League in high school and was District and Sectional Champ.

BEST TIMES: 100 breaststroke 1:06.63, 200 breaststroke 2:21.51 400 individual medley 4:43.06

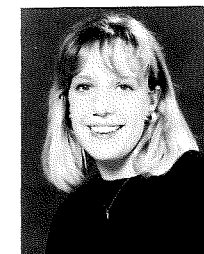


BOBBI HAMILTON
Diver
Freshman, 5-7
Undecided
Dryden, New York
Dryden High School

Set New York sectional record in the 1-meter (11 Dives) with 462 score and dual record in the 1-meter (6 Dives) with 283 score... Captain of High School diving and cheerleading teams...

High school class president... Hobbies instructor and an aerobic instructor.

BEST TIMES: 1-meter (11 dives) 462, 1-meter (six dives) 283



JEN HARTSOCK
Butterfly
Freshman, 5-5
Dietetics
Waynesville, Ohio
Waynesville High School

Four-time state finalist in swimming... Finished third in the 200 butterfly at the YMCA Nationals in 1994... Finished fourth in the 100 butterfly at the YMCA Nationals in 1993... Will be a strong

swimmer in the 100 and 200 butterfly.

BEST TIME:S 100 butterfly 58:24, 200 butterfly 2:06.36, 500 freestyle 5:11.19

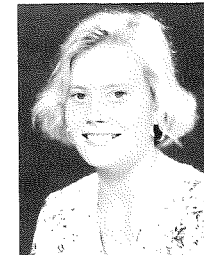


KELLY HEATH
Mid Distance Freestyle/Individual Medley
Senior, 5-7, 3L
Physical Therapy
Cincinnati, Ohio
Deerfield Windsor High School

1994-95 UK co-captain... Received All-America status for finishing fifth in the 500 freestyle and All-American Honorable Mention for placing 10th in the 200 freestyle at the 1994 NCAA

Championships... Finished fourth in the 500 freestyle, sixth in the 200 freestyle, and 16th in the 100 freestyle at the 1994 SECs... Holds UK record in the 500 freestyle... Received the 1993-94 Scholarship Award and the Most Valuable Swimmer at the team banquet... Placed sixth at the 1993 SECs in the 500 freestyle and seventh in the 200 freestyle... Won 1993 UK Swim and Dive Booster Club Award at the team banquet... Was a Georgia high school champion in the 100 and 200 freestyle.

BEST TIMES: 100 freestyle 51.12, 200 freestyle 1:48.37, 500 freestyle 4:46.71, 100 breaststroke 1:31



TINA JOHNSON
Diver
Junior, 5-6, 2L
Nursing/Dietetics
St. Paul, Minnesota
Mounds View High School

Received All-America status at the NCAA Championships last season by placing eighth on the 10-meter platform and All-American Honorable Mention on the 3-meter

board and 1-meter board... Finished second on the 10-meter platform, fourth on the 1-meter board, and third on the 3-meter board at the SECs last season... Won 1993-94 Booster Club Award and Outstanding Diver Award at the team banquet... Holds UK record in the platform (8 dives) and 3-meter (11 dives) and ranks in the UK top five in the 1-meter (6 dives), 1-meter (10 dives) and 3-meter (6 dives)... Placed eighth at the 1992-93 SECs on the 1-meter board and 16th on the 3-meter board as a freshman... Received 1993 team award of Top Freshman and Top Women Diver.

BEST SCORES: 1-meter (6 dives) 264.83, 1-meter (10 dives) 391.55, 3-meter (6 dives) 291.75, 3-meter (11 dives) 483, Platform (8 dives) 336.95, Platform (12 dives) 503.10



BETH LEAKE
Diver
Freshman, 5-2
Chemical Engineering
Louisville, Kentucky
J. Graham Brown High School

Placed second in the Kentucky High School Athletic Association (KHSAA) State Meet... Finished first on the 3-meter board at the Junior Olympic Regional... Finished

10th on the 1-meter board Junior Nationals... Was high school class valedictorian.

BEST SCORES: 1-meter 378, 3-meter 406



JESSICA LENEN
Butterfly
Freshman, 5-6
Physicians Assistant
Villa Hills, Kentucky
Notre Dame Academy

Lettered four years in swimming at high school... Member of high school state title team three years... Named All-Region in high school.

BEST TIMES: 100 freestyle 55.2, 100 butterfly 1:01.9 50 freestyle 25.4

1994 WOMEN'S PROFILES



MARGO LYNCH

Freestyle
Senior, 5-9, 3L
Social Work
Pittsburgh, Pennsylvania
Upper St. Claire High School

1994-95 UK co-captain... Made NCAA Championships Consideration Time in the 200 freestyle, 500 freestyle, and 400 freestyle relay... Finished 13th in the 200 freestyle, 14th in the 500 freestyle and

25th in the 100 freestyle at last season's SECs...Ranks among the UK top 10 in the 100 freestyle, 200 freestyle and 1650 freestyle... Received the 1993-94 100 Percent Award at the team banquet... Placed 13th at the 1993 SECs in the 500 freestyle, 15th in the 1650 freestyle and 23rd in the 200 freestyle... Received 1993 Team Spirit Award... Twice a swim captain in high school.

BEST TIMES: 100 freestyle 52.58, 200 freestyle 1:50.94, 500 freestyle 4:53.34, 1650 freestyle 17:14.21



ALLISON MCALLEN

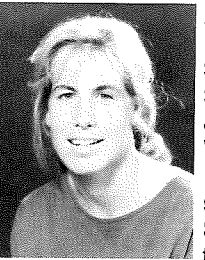
Distance Freestyle
Junior, 5-9, 2L
Marketing
Dallas, Texas
Lake Highland High School

Finished 27th in the 1650 freestyle and 28th in the 500 freestyle at last season's SECs...

Finished 23rd in the 1650 freestyle and 32nd in the 500 freestyle at the Speedo Cup-East Meet

last year... Ranks among the UK top 10 in the 500 freestyle, 1000 freestyle and 400 individual medley... Placed 22nd at the 1993 SECs in both 500 freestyle and 1650 freestyle... A high school All-American in the 500 freestyle and Texas state finalist in the 200 and 500 freestyle her sophomore through senior year.

BEST TIMES: 500 freestyle 5:00.37, 1000 freestyle 10:20.23, 400 individual medley 4:33.63



HEATHER MCGINNIS

Distance Freestyle
Senior, 5-10, 3L
Social Work
Jacksonville, Florida
Wolfson High School

Finished 29th in the 1650 freestyle at last season's SECs... Finished 34th at last year's Speedo Cup-East meet... Placed 32nd at SECs in the 500 freestyle and 23rd in the 1650 freestyle

last year... Received Most Improved Swimmer in 1992.

BEST TIMES: 500 freestyle 5:16.82, 1000 freestyle 10:55.62, 1650 freestyle 17:59.40



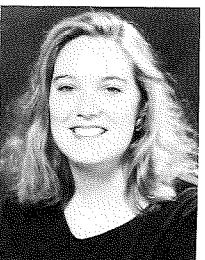
BLYTHE NORDENSON

Middle Distance Freestyle
Freshman 5-5
Undecided
Spring, Texas
Klein High School

Finished second All-State in the 500 freestyle and 200 freestyle... Was a high school state qualifier in the 200 and 500 freestyle... Was a high school state finalist... Participated in high school 400 freestyle relay record... Most

Valuable Swimmer at high school last season.

BEST TIMES: 500 freestyle 5:13.26, 200 freestyle 1:58.02



COLLEEN ROSS

Butterfly/Backstroke
Sophomore, 5-5, 1L
Physical Therapy
Louisville, Kentucky
Eastern High School

Finished 26th in the 200 butterfly, 31st in the 100 butterfly, 31st in the 200 individual medley in last season's SECs... Placed 13th in the 200 butterfly and 23rd in the 100

butterfly at last season's Speedo Cup-East... Ranks among UK top 10 in the 200 butterfly... Was named most outstanding female in 1991 Regional in high school... Captain of high school swim team her junior and senior year.

BEST TIMES: 100 butterfly 59.35, 200 butterfly 2:06.30



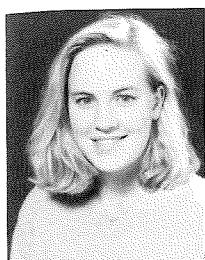
DAWN SEXTON

Distance Freestyle
Sophomore, 5-9, 1L
Biology
Pennsauken, New Jersey
Camden Catholic High School

Finished 23rd in the 1650 freestyle, 25th in the 200 backstroke, and 34th in the 500 freestyle at last season's SECs... Placed third in the 500 freestyle, 15th in the 1650 freestyle, 24th in the 200 backstroke, and 30th in the 500

freestyle at last season's Speedo Cup-East meet... Ranks among the top 10 at UK in the 200 backstroke, 1000 freestyle, and 1650 freestyle... Was second at the New Jersey State Championships in the 500 freestyle in 1992 and third in 1993... Was 13th at the 1993 Junior Nationals in the 1650 freestyle.

BEST TIMES: 1000 freestyle 10:24.93, 1650 freestyle 17:17.55, 200 backstroke 2:09.10



JULIA SMITH

Breaststroke/Butterfly
Sophomore, 5-7, 1L
Accounting
Madison, Wisconsin
Madison West High School

Finished 11th in the 100 butterfly, 12th in the 100 breaststroke, and 21st in the 200 breaststroke at the SECs last year... Placed 11th in the 100 butterfly at last

season's Speedo Cup-East... Holds UK women's record in the 100 breaststroke...Ranks in the UK top 10 in the 100 butterfly and 50 freestyle... Was second at the Junior Nationals in the 100 breaststroke in 1990... Was high school All-American in the 100 breaststroke, 100 butterfly, and 200 medley relay.

BEST TIMES 100 breaststroke 1:04.99, 100 butterfly 56.99



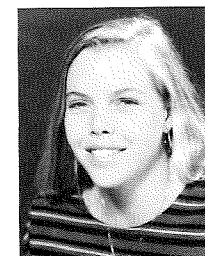
ELLEN STRANGE

Butterfly/Individual Medley
Freshman, 5-6
Physical Education
Abingdon, England
Fitzharry's

Finished fourth in the 100 butterfly and sixth in the 200 butterfly at the British Nationals... Lettered six years at prep school in swimming, hockey, and netball... Should

make NCAA A Cuts for the butterfly.

BEST TIMES: 100 butterfly 1:04.10 (50m), 200 butterfly 2:19.05 (50m)



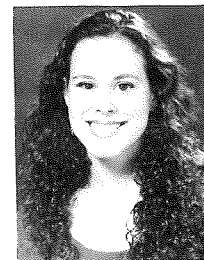
MANDY SWIFT

Backstroke/Distance
Sophomore, 5-10, 1L
Education
Signal Mountain, Tennessee
Baylor High School

Finished 16th in the 400 individual medley, 19th in the 100 backstroke, and 20th in the 1650 freestyle at last year's SECs... Placed ninth in the 400 individual

medley, 10th in the 100 backstroke, 12th in the 1650 freestyle, and 25th in the 500 freestyle at the Speedo Cup-East meet last year... Ranks among UK top 10 in six events: 500 freestyle, 1000 freestyle, 1650 freestyle, 100 backstroke, 200 backstroke, and 400 individual medley... Received last season's Freshman Award at team banquet... Four-time High School All-American and three-time state champion in 100 backstroke... High school team won state championship all four years.

BEST TIMES: 100 backstroke 58.40, 500 freestyle 5:00.92, 1000 freestyle 10:17.57, 1650 freestyle 17:09.36, 100 backstroke, 58.40, 200 backstroke 2:06.70, 400 individual medley 4:28.33.



LESLEY TRUITT

Backstroke
Freshman, 5-8
Biology
Lake Charles, Louisiana
A.M. Barbe High School

Won High School State Championship in the 100 and 200 backstroke... Named All-State in backstroke... Lettered all four years... High school swim team captain... National Merit Scholar... Hobbies include

playing the french horn, sculpting and inline skating.

BEST TIMES: 100 backstroke 1:00.81, 200 backstroke 2:11.86.



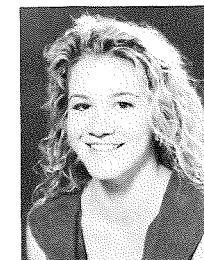
COURTNEY WAID

Butterfly/Distance Freestyle
Junior, 2L
Psychology
Acworth, Georgia
Manchester High School

Finished 21st in the 100 butterfly and 22nd in the 200 butterfly at SECs last season...Finished 14th in the 200 butterfly and 21st in the 100 butterfly at the Speedo

Cup-East meet last season... Ranks among UK's top 10 in the 100 butterfly and 200 butterfly... Placed 14th in the 200 butterfly, 20th in the 100 butterfly, and 30th in the 500 freestyle at the 1993 SECs... Is a three-time Junior Nationals Finalist... Won 1000 freestyle at Virginia High School State Championships in 1992.

BEST TIMES: 100 butterfly 58.18, 200 butterfly 2:06.27.



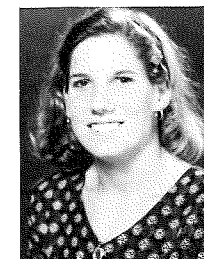
HEATHER ZAK

Sprint Freestyle
Freshman, 5-9
Physical Therapy
Parma, Ohio
Parma High School

Received All-State and All-Academic honors in high school while swimming as a sprint freestylist... Swim captain her sophomore through senior years in high school... Swam on 1994 Team Viking National

Championship Team... Hobbies include offshore racing.

BEST TIMES: 50 freestyle 24.8, 100 freestyle 52.7, 100 backstroke 1:0



TRICIA ZELIN

Breaststroke
Senior, 5-7, 3L
Marketing
Valparaiso, Indiana
Valparaiso High School

Finished 19th in the 100 breaststroke and 23rd in the 200 breaststroke at the SECs last season... Finished seventh in the 100 breaststroke and eighth in the 200 breaststroke at the Speedo Cup-East meet last year...

Ranks among UK top 10 in the 100 and 200 breaststroke... Placed 13th in the 100 breaststroke, 16th in the 200 breaststroke and 33rd in the 50 freestyle at the 1993 SECs... Holds UK long course records in the 100 and 200 breaststroke... Was high school swim captain her senior year.

BEST TIMES: 100 breaststroke 1:06.27, 200 breaststroke 2:23.71.

TOP TEN TIMES & SCORES

50 FREESTYLE

1. Kelly Moran	23.32	1990
2. Wendy Hipskind	24.03	1993
3. Peggy Gross	24.11	1988
4. Amy Cole	24.16	1994
5. Stacy Fingalson	24.17	1992
6. Margaret Sumrall	24.22	1987
7. Heather Brooks	24.36	1991
8. Caroline Waite	24.39	1988
9. Jen McAnany	24.42	1992
10. Julia Smith	24.68	1994

100 FREESTYLE

1. Kellie Moran	50.14	1991
2. Kelly Heath	51.12	1994
3. Margaret Sumrall	51.79	1990
4. Amy Cole	52.36	1994
5. Jocelyn Danko	52.47	1989
6. Peggy Gross	52.51	1988
7. Jen McAnany	52.51	1992
8. Margo Lynch	52.58	1994
9. Wendy Hipskind	52.60	1989
10. Heather Brooks	52.73	1990

200 FREESTYLE

1. Kellie Moran	1:48.21	1989
2. Kelly Heath	1:48.37	1994
3. Wendy Hipskind	1:50.63	1992
4. Margo Lynch	1:50.94	1994
5. Pam Gordon	1:51.37	1991
6. Bartley Pratt	1:52.35	1990
7. Stacy Fingalson	1:52.47	1992
8. Jocelyn Danko	1:53.23	1989
9. Heather Brooks	1:53.59	1991
10. Kelly Augustus	1:53.74	1990

500 FREESTYLE

1. Kelly Heath	4:46.71	1994
2. Bartley Pratt	4:50.14	1993
3. Margo Lynch	4:53.34	1994
4. Pam Gordon	4:55.22	1991
5. Wendy Hipskind	4:56.59	1993
6. Margo Lynch	4:57.09	1993
7. Jocelyn Danko	4:58.92	1989
8. Allison McAllen	5:00.37	1993
9. Mandy Swift	5:00.92	1994
10. Kelly Augustus	5:01.18	1989

1000 FREESTYLE

1. Bartley Pratt	9:56.54	1990
2. Wendy Hipskind	10:10.21	1992
3. Mandy Swift	10:17.57	1994
4. Pam Gordon	10:19.05	1990
5. Allison McAllen	10:20.23	1993
6. Margo Lynch	10:22.41	1993
7. Bonnie Franklin	10:24.14	1990
8. Donna Moylan	10:24.25	1989
9. Dawn Sexton	10:24.93	1994
10. Sandra Boharquez	10:27.42	1990

1650 FREESTYLE

1. Bartley Pratt	16:24.61	1990
2. Pam Gordon	17:03.56	1991
3. Mandy Swift	17:09.36	1994
4. Margo Lynch	17:14.21	1993
5. Dawn Sexton	17:17.55	1994
6. Donna Moylan	17:19.48	1989
7. Bonnie Franklin	17:21.78	1989
8. Dyer Ashley	17:24.19	1989
9. Jocelyn Danko	17:30.21	1991
10. Allison McAllen	17:30.17	1994

100 BREASTSTROKE

1. Julia Smith	1:04.99	1994
2. Mary Jane Brown	1:05.23	1988
3. Peggy Sheets	1:05.70	1988
4. Paula Gailey	1:06.14	1991
5. Linda Burney	1:06.21	1985
6. Tricia Zelin	1:06.27	1994
7. Julia Gaynor	1:06.63	1994
8. Kelly Heath	1:07.31	1992
9. Lee Ann Holt	1:08.24	1989
10. Sam Miller	1:09.49	1990

200 BREASTSTROKE

1. Mary Jane Brown	2:19.02	1988
2. Peggy Sheets	2:20.69	1989
3. Julia Gaynor	2:21.51	1994
4. Wendy Hipskind	2:22.54	1992
5. Paula Gailey	2:22.76	1991
6. Tricia Zelin	2:23.71	1994
7. Linda Burney	2:23.85	1985
8. Julia Smith	2:25.10	1994
9. Betsy Powell	2:27.13	1992
10. Jenny Eckert	2:28.99	1994

100 BACKSTROKE

1. Jenny Eckert	57.49	1994
2. Margie Boliver	57.65	1993
3. Jen McAnany	57.94	1993
4. Mandy Swift	58.40	1994
5. Jodi Schwab	59.00	1993
6. Ginger McNeil	1:00.53	1987
7. Heather Brooks	1:00.61	1989
8. Bonnie Franklin	1:00.67	1987
9. Randi Gerencser	1:00.98	1992
10. Carole Lyon	1:01.20	1985

200 BACKSTROKE

1. Jenny Eckert	2:02.52	1994
2. Margie Boliver	2:03.16	1993
3. Jodi Schwab	2:05.45	1991
4. Mandy Swift	2:06.70	1994
5. Ginger McNeil	2:06.95	1987
6. Bonnie Franklin	2:09.09	1987
7. Dawn Sexton	2:09.10	1994
8. Wendy Hipskind	2:10.80	1990
9. Randi Gerencser	2:11.37	1992
10. Jill Abercrombie	2:11.65	1987

100 BUTTERFLY

1. Wendy Hipskind	55.11	1992
2. Stacy Fingalson	56.20	1993
3. Julia Smith	56.99	1994
4. Meredith Wingard	57.35	1986
5. Pam Gordon	57.75	1988
6. Peggy Sheets	58.18	1988
7. Courtney Waid	58.18	1993
8. Jen McAnany	58.20	1992
9. Margaret Sumrall	58.73	1988
10. Marcie Klayer	58.73	1988

200 BUTTERFLY

1. Wendy Hipskind	1:59.57	1992
2. Stacy Fingalson	2:03.52	1993
3. Sandra Boharquez	2:05.76	1990
4. Courtney Waid	2:06.27	1993
5. Collen Ross	2:06.30	1994
6. Dyer Ashley	2:07.13	1989
7. Nancy MacMillan	2:07.75	1987
8. Jill Abercrombie	2:07.95	1987
9. Kim Hecker	2:08.07	1988
10. Pam Gordon	2:08.12	1989

200 INDIVIDUAL MEDLEY

1. Wendy Hipskind	2:02.81	1992
2. Mary Jane Brown	2:06.97	1988
3. Peggy Sheets	2:07.62	1988
4. Jenny Eckert	2:07.75	1994
5. Margie Boliver	2:08.02	1990
6. Paula Gailey	2:10.26	1991
7. Mandy Swift	2:10.52	1994
8. Stacy Fingalson	2:11.06	1992
9. Marcie Klayer	2:11.20	1988
10. Betsy Powell	2:11.37	1992

400 INDIVIDUAL MEDLEY

1. Bartley Pratt	4:25.33	1990
2. Margie Boliver	4:25.95	1993
3. Mandy Swift	4:28.23	1994
4. Mary Jane Brown	4:30.00	1991
5. Wendy Hipskind	4:30.48	1992
6. Allison McAllen	4:33.63	1993
7. Betsy Powell	4:34.69	1992
8. Ginger McNeil	4:34.77	1987
9. Donna Moylan	4:41.77	1990
10. Julia Maddox	4:42.35	1989

1-METER (6 DIVES)

1. Julie Jelf	277.50	1987
2. Jill Bumgarner	275.25	1989
3. Keri Connor	270.00	1989
4. Michelle Parsons	269.16	1991
5. Tina Johnson	264.83	1994
6. Julie Robbins	263.55	1991
7. Jenny Baker	263.10	1994
8. Heather Pollard	261.30	1992
9. Becky Keller	255.00	1985
10. Noel Pieratt	254.92	1991

1-METER (10 DIVES)

1. Jenny Baker	413.90	1994
2. Tina Johnson	408.00	1994
3. Michelle Parsons	380.10	1992
4. Heather Pollard	363.60	1994
5. Julie Robbins	354.00	1992
6. Noel Pieratt	308.55	1992
7. Stephanie Godsea	274.40	1994
8. Michelle Rivera	260.78	1992
9. Heather Bell	251.40	1991
10. Gretchen Robinson	195.05	1992

3-METER (6 DIVES)

1. Jill Bumgarner	305.10	1990
2. Tina Johnson	291.75	1994
3. Julie Robbins	290.70	1992
4. Julie Jelf	288.45	1987
5. Kim Gugino	280.40	1987
6. Keri Connor	278.41	1989
7. Michelle Parsons	276.90	1992
8. Heather Pollard	276.30	1991
9. Jenny Baker	273.75	1994
10. Becky Keller	264.68	1985

3-METER (11 DIVES)

1. Tina Johnson	483.00	1994
2. Julie Jelf	450.82	1986
3. Kim Gugino	450.00	1987
4. Keri Connor	415.85	1989
5. Jenny Baker	413.90	1994
6. Jill Bumgarner	404.15	1989
7. Julie Robbins	401.05	1991
8. Heather Pollard	400.25	1991
9. Michelle Parsons	395.75	1991
10. Becky Keller	390.90	1985

PLATFORM (8 DIVES)

1. Jenny Baker	349.05	1994
2. Tina Johnson	336.90	1994
3. Heather Pollard	247.70	1994
4. Stephanie Godsea	227.90	1994

WOMEN'S RECORDS

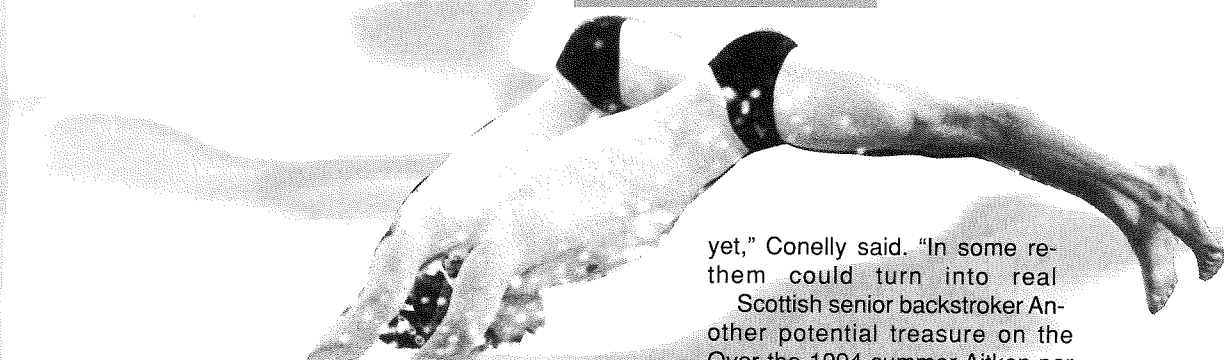
SHORT COURSE

EVENT	NAME	TIME	DATE
50 Freestyle	Kellie Moran	23.32	3/15/90
100 Freestyle	Kellie Moran	50.14	3/23/90
200 Freestyle	Kellie Moran	1:48.21	12/02/89
500 Freestyle	Kelly Heath	4:46.71	3/17/94
1000 Freestyle	Bartley Pratt	9:56.94	2/24/90
1650 Freestyle	Bartley Pratt	16:24.61	2/24/90
100 Backstroke	Jenny Eckert	57.49	12/03/93
200 Backstroke	Jenny Eckert	2:02.52	12/04/93
100 Breaststroke	Julia Smith	1:04.99	2/18/94
200 Breaststroke	Mary Jane Brown	2:19.02	12/04/88
100 Butterfly	Wendy Hipskind	55.11	12/05/92
200 Butterfly	Wendy Hipskind	1:59.57	12/06/92
200 Individual Medley	Wendy Hipskind	2:02.81	12/06/92
400 Individual Medley	Bartley Pratt	4:25.33	2/23/90
200 Medley Relay	Jenny Eckert, Tricia Zelin, Stacy Fingalson, Amy Cole	1:45.87	2/17/94
400 Medley Relay	Margie Boliver, Mary Jane Brown, Wendy Hipskind, Kellie Moran	3:49.07	2/22/90
200 Freestyle Relay	Stacy Fingalson, Kelly Heath, Jen McAnany, Wendy Hipskind	1:34.55	2/17/93
400 Freestyle Relay	Stacy Fingalson, Kelly Heath, Jen McAnany, Wendy Hipskind	3:27.01	2/20/93
800 Freestyle Relay	Wendy Hipskind, Kelly Heath, Margo Lynch, Stacy Fingalson	7:23.37	3/07/93
1-Meter (Six Dives)	Julie Jelf	277.50	2/5/88
1-Meter (10 Dives)	Jenny Baker	392.65	2/18/94
3-Meter (Six Dives)	Jill Bumgarner	305.10	1/27/90
3-Meter (11 Dives)	Tina Johnson	483.00	2/17/94
Platform (12 Dives)	Tina Johnson	503.10	2/18/94
Platform (Eight Dives)	Jenny Baker	349.05	3/12/94



Members of UK's swimming and diving teams cheer on their teammates during one of last season's meets at the Lancaster Aquatic Center.

The women and men finished eighth and ninth respectively at last year's Southeastern Conference Championships.



The 1994-95 men have set their goals high this sea- looking to break into the top 25 at the NCAA Championships for the first time in UK history. Third-year head coach Gary Conelly says the goal is not out of reach.

According to Conelly, newfound depth is the key factor that has raised the program's expectations. The freshman class of 10, which consists of nine swimmers and one diver is the largest men's recruiting class in Conelly's tenure.

"We have a bigger team and it enables us to stay fresh," the coach said. "Instead of having to swim the same events over and over again just to make sure we win the meet, or stay close, we'll be able to let people take a break from their speciality and swim their next-best stroke or event. I think that will make them a lot sharper when they do swim their primary event at the SECs."

The newcomers make an immediate impact in the freestyle with Houston native Sean Galegher. The freshman's second-place finish in the 100 freestyle at the West Junior Nationals left Conelly impressed.

"(The finish) indicates he can race at the top level. He can take the pressure of the big meet and come up with the performance when he has to," Conelly said. "He is very focused and willing to prioritize his life to reach his goals."

Alongside Galegher in the freestyle is sophomore Rick Barber, who last season became the first UK swimmer in school history to break the 45-second barrier (44.92) in the 100 freestyle.

"Rick Barber is a pure sprinter," Conelly said. "In a year's time, he dropped over a second in the 100 freestyle, which in swimming is a big drop in time. If he can drop like that this year, he'll be scoring in the NCAA."

Joining the freestyle group are freshman Daryl Shannon, sophomore Keith Eberle, junior Chris McCabe and junior Greg Robinson.

The breaststroke, however, may be the event that determines whether the men's team reaches its preseason goal. After losing last season's two best breaststrokers to graduation (Tom Moses and Mike Tucker), Conelly is looking for Fresno State transfer sophomore Matt Brown and freshman Daryl Shannon to make immediate contributions.

"They have some pretty big shoes to fill," Conelly said. "Brown already has some experience on the intercollegiate level. Shannon has a lot of speed and talent. We feel he has the potential to really skyrocket."

Brown and Shannon have contrasting strengths. Brown thrives as a distance breaststroke who also likes the long distance freestyle. Meanwhile, Shannon's talent lies in the sprint breaststroke and the 100 freestyle.

"It is conceivable that Matt Brown will set some UK records this year. Shannon has so much potential that hasn't been tapped

yet," Conelly said. "In some respects, both of them could turn into real goldmines." Scottish senior backstroker Andrew Aitken is another potential treasure on the men's squad. Over the 1994 summer par-ticipated in the Commonwealth Games in Canada where he finished eighth in the 200 backstroke. The high finish reflects the hard work Aitken has put in over his years at UK.

"(The Commonwealth Games finish) is a good indicator that he's not only a good NCAA swimmer, but he's a world-wide competitor and can compete on an international level," Conelly said. "In the course of his past three years he has gained a lot of experience and every year he's grown and as a result every year he's had some sizable drops."

Another hard-working backstroker is freshman Richie King, who according to Conelly, has the same work ethic as Aitken.

"King is very good at setting his goals. Whatever it takes to get there, he's willing to sacrifice," Conelly said. "He will want to be a team leader."

Along with Aitken and King, junior Keith Meador, junior Chris McCabe and sophomore Danny Jenkins round out the UK backstrokers.

The butterfly event illustrates another area where depth comes into play. Conelly listed seven swimmers who could represent the Cats in this event. Look for Keith Meador to "take off" after sitting out last season with academic difficulties. Besides Meador, watch for Barber, King, and junior Scott Adams to excel. The main 200 butterfly will be senior Mike Collins.

Another event in which UK is stockpiled with swimmers is the individual medley. Aitken holds the UK record for the 400 individual medley and joining him this season is senior Mike Collins, freshmen Richie King and Daryl Shannon.

"We are strong in every aspect of the individual medley. We have at least three bonified competitors in every event. You are going to find that our three swimmers will be in the running to win all the events," Conelly said.

The talent of the recruiting class is capped off by Woodlands, Texas native Paco Rivera, who second-year head diving coach Mike Lyden says ranks as one of the top four recruits in the nation. At the Age Group World Championships as a 15 year-old, Rivera placed third on the 1-meter board.

"I'm expecting very good things from him," Lyden said. "He's young, motivated and is equally as good on the 3-meter and tower."

Returning from last season is senior Tom Tretter, who holds the UK record in the Platform (358.50). Rivera and Tretter highlight an otherwise thin diving group.

"We're a little lean on men this year, but our conference is real deep and I think we can be pretty successful with the two guys we have," Lyden said.

The men's squad is expected to be successful in the 1994-95 season and make its mark at the NCAA Championships.

"I really expect the men to break through and qualify for the NCAA," Conelly said. "Not only break through to the NCAA, but to break through in a big way."

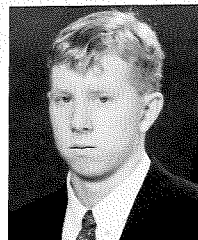


FRONT ROW (L-R): Asst. Coach Pete Knox, G.A. Kevin Antshel, Danny Jenkins, Matt Brown, Tom Tretter, Tom Bate, Paco Rivera, Diving Coach Mike Lyden, Head Coach Gary Conelly. **SECOND ROW (L-R):** Asst. Coach Mary Ellen Wydan, Price Atkinson, Tom Petrelli, Keith Adams, Keith Meador, Sean Galegher, Greg Robinson. **THIRD ROW (L-R):** Keith Adams, Chris Stephens, Keith Eberle, Josh Hartig, Mike Collins, Richie King, Mark Hurst, Chad Cummins. **BACK ROW(L-R):** Mike Thar, Chris McCabe, Daryl Shannon, Jamie Doctor, Jason Gresham, Rick Barber.

1994-95 MEN'S SWIMMING ROSTER

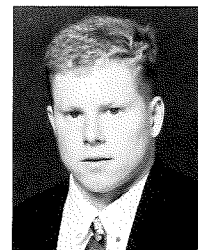
<u>NAME</u>	<u>YEAR</u>	<u>EVENT</u>	<u>HOMETOWN</u>
Keith Adams	Fr.	Middle Distance/Freestyle	Louisville, Ky.
Scott Adams	Jr.	Butterfly/IM/Mid Distance Freestyle	Louisville, Ky.
Andrew Aitken	Sr.	Backstroke/Middle Distance Freestyle	Guisborough, England
Price Atkinson	So.	Breaststroke	Greenville, S.C.
Rick Barber	So.	Sprint Freestyle	Palm Coast, Fla.
Tom Bate	So.	Distance Freestyle	San Diego, Calif.
Matt Brown	So.	Breaststroke	Fresno, Calif.
Mike Collins	Sr.	Butterfly/IM	Louisville, Ky.
Chad Cummins	Sr.	Distance Freestyle/Butterfly	Louisville, Ky.
Jamie Doctor	So.	Distance Freestyle	Port St. Lucie, Fla.
Keith Eberle	So.	Freestyle/IM	Richmond, Va.
Sean Galegher	Fr.	Middle Distance Freestyle	Austin, Texas
Josh Hartig	So.	Middle Distance Freestyle	Westchester, Ohio
Mark Hurst	Fr.	IM/Breaststroke	Danville, Ky.
Danny Jenkins	So.	Butterfly	Park Hills, Ky.
Richie King	Fr.	Backstroke/IM	St. Petersburg, Fla.
Chris McCabe	Jr.	Middle Distance Freestyle	Bradford, England
Keith Meador	Jr.	Butterfly	Louisville, Ky.
Paco Rivera	Fr.	Diver	Woodlands, Texas
Greg Robinson	Jr.	Middle Distance Freestyle	Dallas, Texas
Daryl Shannon	Fr.	Breaststroke/Freestyle	Abbotsford, B.C.
Mike Thar	So.	Distance/Freestyle	Huber Heights, Ohio
Tom Tretter	Jr.	Diver	St. Louis, Mo.

1994 MEN'S PROFILES



KEITH ADAMS
Middle Distance Freestyle
Freshman, 5-11
Louisville, Kentucky
St. Xavier High School
Relay All-American in high school... Brother Scott also swims for UK... Will help UK as utility swimmer and provide depth in the Middle Distance freestyle.

BEST TIMES: 50 freestyle 21.79, 100 freestyle 47.71, 200 freestyle 1:44.80



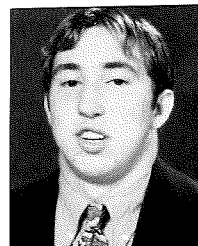
SCOTT ADAMS
Butterfly/IM/Middle Distance Freestyle
Junior, 5-9, 2L
Business
Louisville, Kentucky
St. Xavier High School
Finished 27th in the 200 butterfly and 31st in the 100 butterfly at last year's SECs... Placed 23rd in the 100 butterfly and 29th in the 200 butterfly at the Speedo Cup-East meet last season... Finished 20th in the 200 butterfly at the 1993 SECs... Was on Kentucky high school state championship team in 1992... Was member of the Kentucky All-Star team and Kentucky Zone team in high school.

BEST TIMES: 100 butterfly 51.88, 200 butterfly 1:59.44



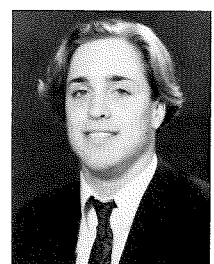
ANDREW AITKEN
Backstroke/Middle Distance Freestyle
Senior, 6-1, 3L
Finance
Guisborough, England
Prior Pursglove
Finished eighth in the 200 backstroke at the Commonwealth Trials in Canada over the 1994 summer... Made NCAA Consideration Time in the 200 backstroke and 400 individual medley last season... Finished seventh in the 200 backstroke, 15th in the 400 individual medley, and 15th in the 100 backstroke at the SECs last year... Placed second in the 100 backstroke, fourth in the 400 individual medley, and 16th in the 500 freestyle at the Speedo Cup-East meet last season... Holds three UK swim records in the 100 backstroke, 200 backstroke and 400 individual medley and ranks among the UK top 10 in three other events 500 freestyle, 1000 freestyle and 400 individual medley... Received the 100 Percent Award and Most Valuable Swimmer Award at team banquet last season... Named Most Valuable Swimmer at the and winner of Booster Club Award at the 1993 banquet.

BEST TIMES: 100 backstroke 50.67, 200 backstroke 1:47.41, 200 individual medley 1:54.66, 400 individual medley 3:57.65



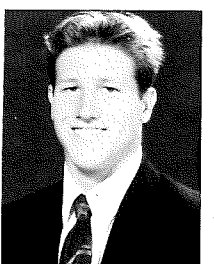
PRICE ATKINSON
Breaststroke
Sophomore, 6-0,
Journalism
Greenville, South Carolina
Greenville High School
Transfer from Georgia Southern... Swam 100 breaststroke and 200 breaststroke at the Consolation Heat in the Southern Senior Regions and the 200 individual medley at the Bonus Heat at the Southern Senior Nationals... Won state championship in 100 breaststroke in 1993 and 1994... Selected to state champ zone team in 1993... While in high school was MVP of Cross Country team, ran track, played baseball and was sports editor of school paper.

BEST TIMES: 100 breaststroke 1:00.88, 200 breaststroke 2:12.89, 200 individual medley 2:04.50



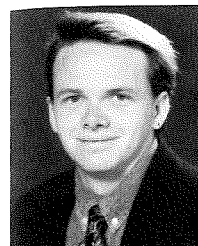
RICK BARBER
Sprint Freestyle
Sophomore, 6-4, 1L
Hospitality Management
Palm Coast, Florida
Palm Coast High School
Made NCAA Consideration Times in the 100 freestyle and 200 freestyle relay at last year's SECs... Finished 22nd in the 100 freestyle, 25th in the 50 freestyle, and 25th in the 100 butterfly at the SECs last season... Placed 11th in the 100 freestyle, 13th in the 100 butterfly, and 15th in the 50 freestyle... Received last season's Most Improved Swimmer at the team banquet... Holds UK swim record in the 100 freestyle and ranks among UK Top 10 in two other events including the 50 freestyle and 100 butterfly... Six-time Conference champion in high school... Won two state titles and MVP twice in high school... All-American in the 50 freestyle in high school... Received All-American, All-Conference, State Champ, and Conference Champion in the sprint freestyle and butterfly in high school.

BEST TIMES: 50 freestyle 20.72, 100 freestyle 44.92, 100 butterfly 50.85



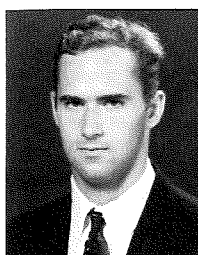
TOM BATE
Middle Distance Freestyle
Sophomore, 5-8, 1L
Biology
San Diego, California
Mount Carmel High School
Finished 34th in the 500 freestyle, 38th in the 200 freestyle, and 40th in the 100 freestyle at the SECs last season... Placed 35th in the 200 freestyle and 39th in the 200 freestyle at the Speedo Cup-East meet last year... Was named varsity swimming MVP in high school... Was a two-time high school All-American.

BEST TIMES: 50 freestyle 4:37.49, 200 freestyle 1:43.42, 500 freestyle 4:37.49, 1000 freestyle 9:35.00



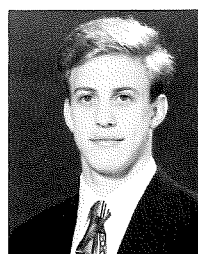
MATT BROWN
Breaststroke
Sophomore, 5-10,
Physical Education
Fresno, California
Bullard High School
Transfer from Fresno State... At Fresno State was second All-Time in the 200 breaststroke... Finished first in the 200 breaststroke in the 1992 Junior Nationals and fifth in the 200 breaststroke at the 1993 Junior Nationals... Finished 11th in the 100 breaststroke at the Western Athletic Conference Meet... While in high school received Co-MVP and Coaches' Award and finished as Section Champion in the 100 breaststroke.

BEST TIMES: 100 breaststroke 57.80, 200 breaststroke 2:02.49



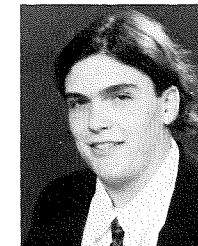
MIKE COLLINS
Butterfly/Individual Medley
Senior, 6-0, 3L
Marketing
Louisville, Kentucky
Waggener High School
1994-95 UK Co-captain... Finished 22nd in the 200 butterfly, 29th in the 100 butterfly, 33rd in the 200 individual medley at the SECs last season... Placed sixth in the 200 butterfly, ninth in the 200 individual medley, and 10th in the 100 butterfly at the Speedo Cup-East last year... Ranks among UK Top 10 in the 100 and 200 butterfly... Placed 17th in the 200 butterfly, 28th in the 100 butterfly and 35th in the 200 individual medley at the SECs in 1993... Doubled at the 1991 Kentucky State Championships, winning the 100 butterfly and 200 individual medley.

BEST TIMES: 100 butterfly 51.08, 200 butterfly 1:52.23, 200 individual medley 1:56.03



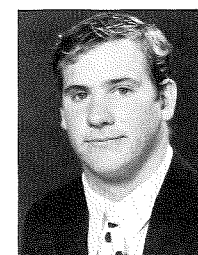
CHAD CUMMINS
Distance Freestyle / Butterfly
Senior, 6-0, 3L
Chemistry
Louisville, Kentucky
DuPont Manual High School
Finished 22nd in the 1650 freestyle, 24th in the 200 butterfly, and 32nd in the 500 freestyle at the SECs last season... Placed 14th in the 200 butterfly, 15th in the 1650 freestyle, 25th in the 200 freestyle, and 25th in the 500 freestyle... Finished first in the 500 freestyle and first in the 1000 freestyle last season versus LSU... Ranks among the UK top 10 in the 1000 freestyle and 1650 freestyle... At 1993 SECs finished 14th in the 1650 freestyle, 22nd in the 500 freestyle, and 37th in the 200 freestyle... Won the 1993 100 Percent Award at the team banquet.

BEST TIMES: 500 freestyle 4:37.12, 1000 freestyle 9:32.27, 1650 freestyle 15:55.47, 200 butterfly 1:54.78



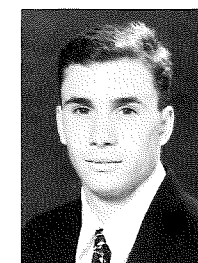
JAMIE DOCTOR
Distance Freestyle
Sophomore, 6-8, 1L
Physical Therapy
Port St. Lucie, Florida
St. Edwards High School
Finished fifth in the 500 freestyle and sixth in the 1000 freestyle versus Georgia last year... One of the tallest men ever to swim for the Cats at 6-8... Was MVP five years in a row at his high school... Won the high point scorer award for Area Six in high school.

BEST TIMES: 500 freestyle 5:03.05, 1000 freestyle 10:32.42



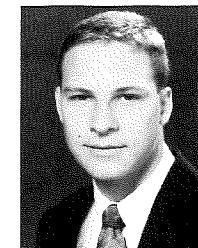
KEITH EBERLE
Freestyle / Individual Medley
Sophomore, 6-0, 1L
Physical Therapy
Richmond, Virginia
Monacan High School
Finished 29th in the 200 freestyle, 34th in the 200 individual medley, and 43rd in the 100 freestyle at the SECs last season... Coming back from injury from freshman year... Was on the 1991 Junior National Team and the winner of the 200 freestyle at the 1992 Junior Nationals.

BEST TIMES: 100 freestyle 48.06, 200 freestyle 1:39.60, 200 individual medley 1:53.40, 200 butterfly 1:53.70



SEAN GALEGHER
Middle/ Distance Freestyle
Freshman, 5-11
Telecommunications
Austin, Texas
Anderson High School
Swimming member of the Junior National West Title Championship Team... One of the most talented swimmers in this year's freshman class... Could possibly break 200 and 500 freestyle records... Adds depth in the 200 butterfly and 400 freestyle relay.

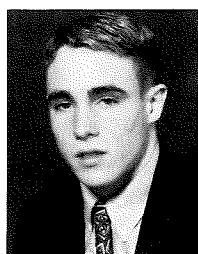
BEST TIMES: 100 freestyle 45.79, 200 freestyle 1:38.94, 100 butterfly 50.39



JOSH HARTIG
Middle Distance
Sophomore, 6-1, 1L
Environmental Engineering
Westchester, Ohio
Lakota High School
Finished 31st in the 500 freestyle, 34th in the 200 freestyle, and 41st in the 100 freestyle at the SECs last season... Placed 13th in the 200 freestyle and 26th in the 500 freestyle at the Speedo Cup-East Meet last season... Captain of high school swim team, lettered all four years... Made All-League selections in the 200 and 500 freestyle... On full scholarship with the Air Force ROTC.

BEST TIMES: 100 freestyle 47.67, 200 freestyle 1:42.32, 500 freestyle 4:38.99

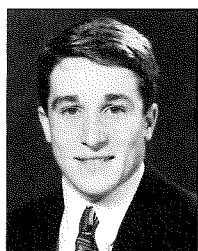
1994 MEN'S PROFILES



MARK HURST
Individual Medley/Breaststroke
Freshman, 6-1
Undecided Major
Danville, Kentucky
Danville High School

Recorded his personal best times in the 100 breaststroke and 400 individual medley while competing at the Junior Nationals and the Kentucky High School Championships respectively... Lettered in high school five years and received Most Valuable Swimmer, Most Outstanding Swimmer, and Academic Achievement Awards... Has the best vertical jump on the men's swim team (27 inches)... Could add depth at 50 freestyle.

BEST TIMES: 100 breaststroke 59.47, 200 individual medley 1:55.52, 400 individual medley 4:12

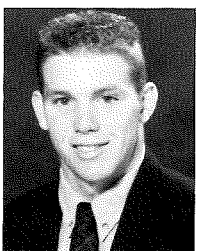


DANNY JENKINS
Butterfly
Sophomore, 5-4, 1L
Advertising
Park Hills, Kentucky
Beechwood High School

Finished 22nd in the 100 backstroke and 26th in the 200 butterfly at the SECs last season... Placed 13th in the 100 backstroke, 13th in the 200 butterfly, 37th in the 100 butterfly, 40th in the 200

individual medley at the Speedo Cup-East meet last year... Ranks fifth on UK Top 10 in the 100 backstroke... Was a high school State Champion in the 100 butterfly... Won the ASCA Wait Schuelter Award in high school.

BEST TIMES: 100 backstroke 52.60, 200 backstroke 1:56.09, 200 butterfly 1:55.43, 200 individual medley 1:59.45

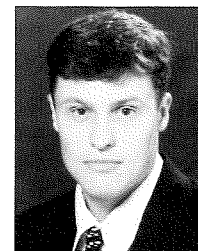


RICHIE KING
Backstroke/Individual Medley
Freshman, 6-1
Pre-Med
St. Petersburg, Florida
Lakewood High School

Lettered four years in high school... Won high school state title in the 100 backstroke... Received All-American Swimmer of the Year while in high school... Will be versatile swimmer at UK —

swimming the backstroke individual medley and butterfly... Hobbies include hiking, Martial Arts, and reading.

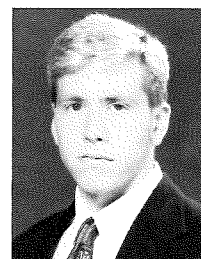
BEST TIMES: 100 backstroke 52.05, 200 backstroke 1:52.48, 100 butterfly 51.75



CHRIS MCCABE
Middle Distance Freestyle
Junior, 6-2, 2L
Marketing
Bradford, West Yorkshire, England
Hipperholme Grammar

Made last season NCAA Championship Consideration Time in the 200 freestyle relay... Finished 19th in the 200 backstroke, 21st in the 200 freestyle, and 34th in the 50 freestyle at the SECs last season... Placed 15th in the 200 freestyle, 19th in the 100 freestyle at the Speedo Cup-East Meet last year... Ranks among the UK Top 10 in the 100 and 200 backstroke, 200 freestyle and 200 individual medley... Has a British Top 10 ranking in the 200 freestyle... Member of the North Eastern Counties team.

BEST TIMES: 100 backstroke 53.58, 200 backstroke 1:52.64, 200 freestyle 1:40.11, 200 individual medley 1:54.25

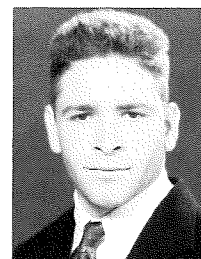


KEITH MEADOR
Butterfly
Junior, 2L
History
Louisville, Kentucky
DuPont Manual High School

Will be first season swimming for the Cats after sitting out the prior two seasons... Will add depth to the 100 butterfly and 100 backstroke... Was the 1992 state champion in the 100 butterfly and 100 backstroke... Holds the Kentucky

High School Record in the 100 butterfly.

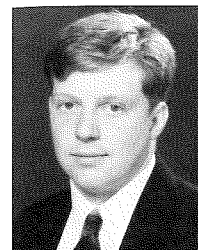
BEST TIMES: 100 butterfly 50.20, 200 butterfly 1:50.2



PACO RIVERA
Diver
Freshman, 5-8
Communications
Woodlands, Texas
McCullough High School

One of the top four recruits in the nation coming out of high school... At the age group World Championships as a 15 year-old finished third on the 1-Meter... Finished second three years at the Junior Nationals... Could be finest male diver at UK... Looking to qualify for the NCAA Championships.

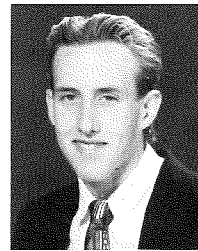
BEST SCORES: 1-meter (11 dives) 502.95, 3-meter (11 dives) 536.75, platform (10 dives) 500.50



GREG ROBINSON
Middle Distance Freestyle
Junior, 5-10, 2L
Telecommunications
Dallas, Texas
Lake Highlands High School

1994-95 UK Co-captain... Made NCAA Consideration Time in the 200 freestyle relay last season... Finished 25th in the 200 freestyle, 32nd in the 200 individual medley, 38th in the 100 freestyle at the SECs last year... Placed 23rd in the 200 freestyle at the Speedo Cup-East meet last season... Ranks among the UK Top Ten in the 200 freestyle... Received the 1993 Top Freshman Team Award... Finished 19th in the 200 freestyle, 27th in the 200 individual medley at the 1993 SECs.

BEST TIMES: 100 freestyle 47.25, 200 freestyle 1:40.37, 500 freestyle 4:46.46, 200 individual medley 1:55.98

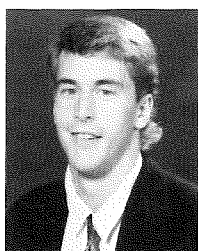


DARYL SHANNON
Breaststroke/Freestyle
Freshman, 6-3
Undecided Major
Abbotsford, British Columbia, Canada
John Smith High School

Finished third in the 200 individual medley and 100 freestyle at Youth Nationals... Finished 10th at Senior National in the 50 and 100 breaststroke... Swam for

Canada in 1993 versus eight European nations... Swam for British Columbia in 1993 versus the Provinces of Canada... Also played rugby and basketball in high school.

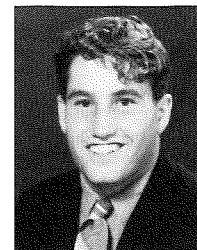
BEST TIMES: 100-meter breaststroke 1:06.2 (Long Course), 100-meter freestyle 53.55 (Long Course), 200-meter individual medley 2:11.24 (Long Course).



MIKE THAR
Distance
Sophomore, 6-1, 1L
Hotel Management
Huber Heights, Ohio
Graham High School

Finished 13th in the 1650 freestyle, 23rd in the 500 freestyle, 34th in the 200 freestyle at last year's SECs... Placed 11th in the 1650 freestyle, 22nd in the 200 freestyle, 24th in the 500 freestyle at the Speedo Cup-East last season... Received last year's Freshman Award at the team banquet... Holds the UK record in the 1000 freestyle and ranks among the Top 10 in the 500 freestyle and 1650 freestyle... Finished third in the Ohio State Championships in the 500 freestyle

BEST TIMES: 500 freestyle 4:33.86, 1000 freestyle 9:26.97, 1650 freestyle 15:41.09

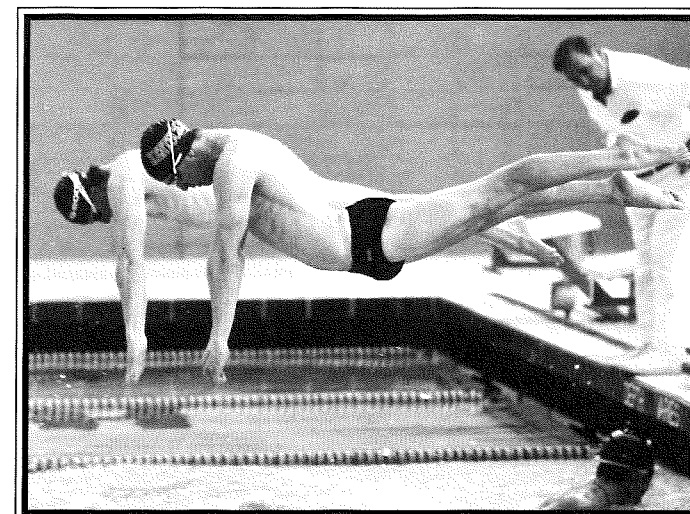


TOM TRETTER
Diver
Junior, 5-8, 2L
Mechanical Engineering
St. Louis, Missouri
St. Louis University High School

Finished 15th on the Platform, 19th on the 3-meter board, 20th on the 1-meter board, at the SECs last season... Placed 11th on the 3-meter board and 13th on the 1-meter board at the Speedo Cup-East

last year... Holds UK record on the Platform and ranks among the Top 10 on the 3-meter (six dives) and on the 3-meter (11 dives)... Received the Scholarship Award at last year's team banquet... Named Most Improved Diver at 1993 team banquet, Placed 14th on the 3-meter board and 19th on the 1-meter board at the SECs in 1993.

BEST SCORES: 3-Meter (six dives) 313.35, 3-Meter (11 dives) 421.35, Platform 358.50



Senior Chad Cummins jumps from the starting blocks during a relay event last season.

TOP TEN TIMES & SCORES



50 FREESTYLE

1. Dennis Damron	20.60	1986
2. Peter Gerard	20.63	1992
3. Rick Barber	20.72	1994
4. Doug Beima	20.81	1986
5. Ken Atkinson	20.95	1988
6. Rodger McAlister	20.98	1990
7. Chris Stephens	21.00	1994
8. Brent Cochrane	21.12	1991
9. Thomas Kock	21.19	1990
10. Chris Budvitis	21.24	1987

100 BREASTSTROKE

1. Mike Tucker	56.48	1994
2. Stewart Weaver	57.02	1990
3. Mike McIntire	57.54	1990
4. Tom Moses	57.82	1994
5. Sean Brown	58.01	1991
6. Tanner Cork	58.08	1993
7. Greg Wilder	58.47	1990
8. Brian VanHorn	58.54	1989
9. Rodger McAlister	58.86	1990
10. John Tierney	58.87	1984

200 INDIVIDUAL MEDLEY

1. Ed Weckwert	1:51.03	1990
2. Mike McIntire	1:51.64	1990
3. Stewart Weaver	1:51.81	1991
4. Mike Tucker	1:52.36	1994
5. Brad Kale	1:52.27	1991
6. Jeff Bush	1:54.01	1982
7. Chris McCabe	1:54.25	1993
8. Greg Robinson	1:54.26	1993
9. N.K. Martin	1:54.37	1985
10. Andrew Aitken	1:54.66	1994

400 INDIVIDUAL MEDLEY

1. Andrew Aitken	3:57.65	1994
2. Ed Weckwert	3:59.53	1990
3. Mike Tucker	4:01.06	1992
4. Mike McIntire	4:01.18	1991
5. Steve Grimes	4:01.62	1991
6. Morten Andersen	4:02.77	1991
7. N.K. Martin	4:03.03	1985
8. Chris Godfrey	4:05.52	1987
9. Rick VanDyke	4:05.58	1987
10. David Phillips	4:06.20	1984

1-METER (SIX DIVES)

1. Tim Kane	342.70	1983
2. Peter Craig	318.40	1979
3. Mark Russell	318.00	1983
4. Jamie Smawley	313.50	1992
5. Jim Hill	302.40	1989
6. Chris Allen	295.95	1993
7. Ted Waldeyer	292.50	1991
8. Robert Taylor	292.01	1991
9. Jamie Bloomfield	291.45	1988
10. Robert Taylor	287.75	1993

1-METER (11 DIVES)

1. Mark Russell	489.15	1983
2. Jamie Smawley	450.95	1992
3. Jamie Bloomfield	424.275	1987
4. Tim Kane	417.35	1983
5. Alan Doering	414.50	1974
6. Jim Hill	410.625	1987
7. Ted Waldeyer	403.60	1991
8. Robbie Cottrell	402.75	1986
9. Chris Allen	400.35	1993
10. Peter Craig	387.20	1977

3-METER (SIX DIVES)

1. Tim Kane	359.85	1983
2. Mark Russell	353.25	1982
3. Jamie Smawley	336.60	1991
4. Steve Blume	331.05	1971
5. Robbie Cottrell	325.00	1984
6. Ted Waldeyer	317.85	1991
7. Ted Hill	315.90	1989
8. Tom Tretter	313.35	1993
9. Jamie Bloomfield	312.23	1988
10. Mike Green	306.78	1982

3-METER (11 DIVES)

1. Mark Russell	530.75	1983
2. Robbie Cottrell	506.25	1985
3. Jamie Smawley	484.40	1991
4. Jim Hill	483.30	1987
5. Jamie Bloomfield	462.90	1987
6. Alan Doering	457.74	1974
7. Peter Craig	424.15	1977
8. Tom Tretter	421.35	1993
9. Chris Allen	407.60	1993
10. Ted Waldeyer	401.70	1992

PLATFORM

1. Tom Tretter	358.50	1993
2. Robert Taylor	293.40	1993
3. Jamie Smawley	275.35	1993
4. Chris Allen	257.60	1993

100 FREESTYLE

1. Rick Barber	44.92	1994
2. Dennis Damron	45.55	1985
3. Brent Cochrane	45.58	1991
4. Chris Stephens	45.80	1994
5. Brad Kale	45.84	1989
6. Thomas Kock	45.89	1990
7. Peter Gerard	45.99	1991
8. Maurice Stewart	46.01	1992
9. Doug Beima	46.15	1986
10. Ken Atkinson	46.46	1989

200 BREASTSTROKE

1. Mike Tucker	2:01.07	1994
2. Tom Moses	2:04.25	1994
3. Mike McIntire	2:04.90	1990
4. Stewart Weaver	2:05.29	1990
5. Jeff Owsiany	2:05.84	1985
6. Brian Ware	2:06.95	1990
7. Brian VanHorn	2:07.14	1989
8. Bob Heimbrock	2:07.35	1979
9. Gregg Wilder	2:07.52	1990
10. Sean Brown	2:08.00	1991

100 BACKSTROKE

1. Andrew Aitken	50.67	1994
2. Ken Atkinson	51.15	1989
3. Jeff Bush	51.72	1984
4. Carter Gaither	52.39	1989
5. Danny Jenkins	52.60	1994
6. John Turner	52.60	1985
7. Greg Shepard	53.25	1976
8. Chris McCabe	53.58	1993
9. Mike McIntire	53.67	1991
10. Billy Godfrey	58.76	1987

200 BACKSTROKE

1. Andrew Aitkens	1:47.41	1994
2. Jeff Bush	1:50.19	1984
3. Mike McIntire	1:52.13	1991
4. Ken Atkinson	1:52.54	1989
5. Chris McCabe	1:52.64	1994
6. Chris Shotwell	1:53.05	1990
7. Carter Gaither	1:53.38	1989
8. N.K. Martin	1:54.25	1985
9. John Turner	1:54.95	1985
10. Matt Williams	1:55.67	1980

200 FREESTYLE

1. Brent Cochrane	1:39.03	1990
2. Jeff Bush	1:39.85	1984
3. Chris McCabe	1:40.11	1994
4. Greg Robinson	1:40.47	1993
5. Jeremy Salmon	1:40.54	1989
6. Jim McCarthy	1:40.83	1989
7. Greg Robinson	1:40.90	1994
8. Brad Kale	1:41.04	1988
9. Sean Weddell	1:41.12	1991
10. Thomas Kock	1:41.29	1990

500 FREESTYLE

1. Jim McCarthy	4:29.05	1990
2. Jeremy Salmon	4:33.22	1988
3. Andrew Aitken	4:33.31	1994
4. Martyn Wilby	4:33.49	1985
5. Mike Thar	4:33.86	1994
6. Brent Cochrane	4:33.91	1990
7. Chris Godfrey	4:34.22	1985
8. Sean Weddell	4:34.57	1991
9. Chris Shotwell	4:34.71	1992
10. David Phillips	4:36.72	1984

100 BUTTERFLY

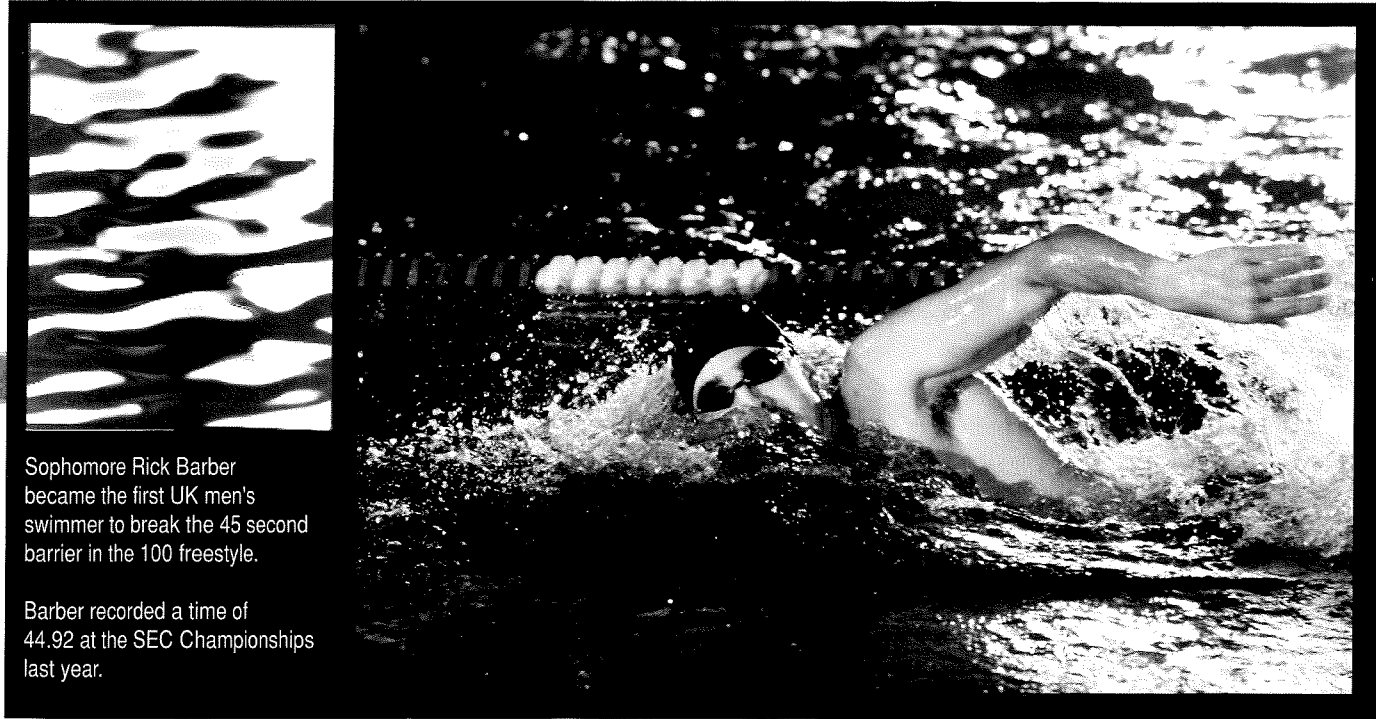
1. Maurice Stewart	49.22	1993
2. Peter Gerard	50.23	1991
3. Chris Budvitis	50.24	1988
4. Brad Kale	50.60	1990
5. John Pratt	50.78	1983
6. Rick Barber	50.85	1994
7. Morten Andersen	50.99	1991
8. Chris Stephens	51.04	1994
9. Mike Collins	51.08	1993
10. Stewart Weaver	51.16	1990

1650 FREESTYLE

1. Jim McCarty	15:38.20	1989
2. Mike Thar	15:41.09	1989
3. Steve Grimes	15:48.05	1991
4. Eddie Ware	15:48.84	1990
5. Martyn Wilby	15:53.59	1985
6. David Phillips	15:55.18	1984
7. Rick VanDyke	15:55.47	1987
8. Chad Cummins	15:55.67	1993
9. Chris Shotwell	15:56.52	1989
10. Chris Godfrey	16:04.50	1985

SHORT COURSE

EVENT	NAME	TIME	DATE
50 FREESTYLE	Dennis Damron	20.60	3/06/86
100 FREESTYLE	Rick Barber	44.92	2/17/94
200 FREESTYLE	Brent Cochrane	1:39.02	12/02/90
500 FREESTYLE	Jim McCarthy	4:29.05	2/22/90
1000 FREESTYLE	Mike Thar	9:26.97	2/18/94
1650 FREESTYLE	Jim McCarthy	15:38.20	12/03/89
100 BACKSTROKE	Andrew Aitken	50.67	2/18/94
200 BACKSTROKE	Andrew Aitken	1:47.41	2/19/94
100 BREASTSTROKE	Mike Tucker	56.48	2/17/94
200 BREASTSTROKE	Mike Tucker	2:01.07	2/17/94
100 BUTTERFLY	Maurice Stewart	49.22	3/07/93
200 BUTTERFLY	Martyn Wilby	1:48.95	3/08/86
200 INDIVIDUAL MEDLEY	Ed Weckwert	1:51.03	2/22/90
400 INDIVIDUAL MEDLEY	Andrew Aitken	3:57.65	2/17/94
200 MEDLEY RELAY	Andrew Aitken, Mike Tucker, Mike Collins, Rick Barber	1:32.41	2/17/94
400 MEDLEY RELAY	Andrew Aitken, Mike Tucker, Mike Collins, Rick Barber	3:22.28	2/18/94
200 FREESTYLE RELAY	Chris Stephens, Chris McCabe, Greg Robinson, Rick Barber	1:22.32	2/18/94
400 FREESTYLE RELAY	Rick Barber, Chris McCabe, Greg Robinson, Chris Stephens	3:02.31	2/19/94
800 FREESTYLE RELAY	Jeremy Salmon, Jim McCarthy, Brent Cochrane, Brad Kale	6:43.54	2/24/89
1-METER (SIX DIVES)	Tim Kane	342.45	2/20/83
1-METER (11 DIVES)	Mark Russell	489.15	2/4/83
3-METER (SIX DIVES)	Tim Kane	359.95	2/20/83
3-METER (11 DIVES)	Mark Russell	530.75	2/3/83
PLATFORM (13 DIVES)	Tom Tretter	358.50	2/20/93
PLATFORM (10 DIVES)	James Smawley	380.60	12/8/91



Sophomore Rick Barber became the first UK men's swimmer to break the 45 second barrier in the 100 freestyle.

Barber recorded a time of 44.92 at the SEC Championships last year.

OHIO STATE BUCKEYES

(September 13 - 3 p.m. - Lexington, Ky.)
 Location: Columbus, Ohio
 Enrollment: 52,000
 Nickname: Buckeyes
 Colors: Scarlet & Gray
 Conference: Big Ten
 Facility (Capacity): Mike Peppe Aquatic Center (1,632)
 Men's Head Coach (Alma Mater): Bill Wadley (Austin Peay '79)
 Women's Head Coach (Alma Mater): Jim Montrella (Long Beach St. '76)
 Diving Coach (Alma Mater): Vince Panzano (Ohio State '72)
 1993-94 Men's Overall Record: 9-1
 1993-94 Conference Record / NCAA Finish: 3rd / 15th
 1993-94 Women's Overall Record: 7-4
 1993-94 Women's Conference Record / NCAA Finish: 3rd / 17th
 Swimming SID: Brent Middleton
 SID Phone: (614) 292-6861
 SID Fax: (614) 292-8547

**OHIO UNIVERSITY**

(Nov. 4 - 6 p.m. - Athens, Ohio)
 Location: Athens, Ohio
 Enrollment: 27,500
 Nickname: Bobcats
 Colors: Kelly Green & White
 Conference: Mid-American
 Facility (Capacity): Aquatic Center (1,105)
 Men's Head Coach (Alma Mater): Scott Hammond (N.C. State '76)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Michael Worley
 1993-94 Men's Overall Record: 7-5
 1993-94 Conference Record / NCAA Finish: 3rd / N/A
 1993-94 Women's Overall Record: 11-3
 1993-94 Women's Conference Record / NCAA Finish: 1st / N/A
 Swimming SID: TBA
 SID Phone: (614) 593-1298
 SID Fax: (614) 593-2420

**UNIVERSITY OF LOUISVILLE CARDINALS**

(Oct. 14 - 1 p.m. - Lexington, Ky.)
 Location: Louisville, Ky.
 Enrollment: 23,000
 Nickname: Cardinals
 Colors: Red & Black
 Conference: Southern Independent
 Facility (Capacity): Crawford Pool (100)
 Men's Head Coach (Alma Mater): Rick Hill (Eastern Kentucky)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Mike Zehnder (Louisville)
 1993-94 Men's Overall Record: 6-3
 1993-94 Conference Record / NCAA Finish: 4th / N/A
 1993-94 Women's Overall Record: 6-3
 1993-94 Women's Conference Record / NCAA Finish: 4th / N/A
 Swimming SID: Nancy Smith
 SID Phone: (502) 852-6581
 SID Fax: (502) 893-8349

**PURDUE UNIVERSITY (WOMEN ONLY)**

(Nov. 4th - 6 p.m. - Athens, Ohio)
 Location: West Lafayette, Ind.
 Enrollment: 35,161
 Nickname: Boilermakers
 Colors: Old Gold & Black
 Conference: Big Ten
 Facility (Capacity): Lambert Pool (800)
 Men's Head Coach (Alma Mater): Dan Ross (Purdue '81)
 Women's Head Coach (Alma Mater): Cathy Wright-Eger (Ball State '82)
 Diving Coach (Alma Mater): Jim Mountjoy
 1993-94 Men's Overall Record: 5-4
 1993-94 Conference Record / NCAA Finish: 7th / N/A
 1993-94 Women's Overall Record: 5-1
 1993-94 Women's Conference Record / NCAA Finish: 7th / 26th
 Swimming SID: Jason Wille
 SID Phone: (317) 494-3201
 SID Fax: (317) 494-5447

**UNIVERSITY OF ALABAMA**

(Oct. 15 - 1 p.m. - Lexington, Ky.)
 Location: Tuscaloosa, Al.
 Enrollment: 20,000
 Nickname: Crimson Tide
 Colors: Crimson & White
 Conference: Southeastern
 Facility (Capacity): Alabama Aquatic Center (1,500)
 Men's Head Coach (Alma Mater): Chuck Horton (Wyoming)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Pat Greenwell (Pittsburgh)
 1993-94 Men's Overall Record: 5-4
 1993-94 Conference Record / NCAA Finish: 4th / 10th
 1993-94 Women's Overall Record: 4-4
 1993-94 Women's Conference Record / NCAA Finish: 3rd / 9th
 Swimming SID: Roots Woodruff
 SID Phone: (205) 348-6084
 SID Fax: (205) 348-8841

**LOUISIANA STATE UNIVERSITY**

(Nov. 12th - 1 p.m. - Baton Rouge, La.)
 Location: Baton Rouge, La.
 Enrollment: 23,589
 Nickname: Fighting Tigers
 Colors: Purple & Gold
 Conference: Southeastern
 Facility (Capacity): LSU Natatorium (2,200)
 Men's Head Coach (Alma Mater): Rick Meador (LSU '80)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Jeff Shaffer
 1993-94 Men's Overall Record: 6-4
 1993-94 Conference Record / NCAA Finish: 7th / 29th
 1993-94 Women's Overall Record: 8-2
 1993-94 Women's Conference Record / NCAA Finish: 3rd / 18th
 Swimming SID: Corey Walsh
 SID Phone: (504) 388-8226
 SID Fax: (504) 388-1861

**UNIVERSITY OF TENNESSEE**

(Oct. 29 - 1 p.m. - Lexington, Ky.)
 Location: Knoxville, Tenn.
 Enrollment: 25,890
 Nickname: Volunteers
 Colors: Orange & White
 Conference: Southeastern
 Facility (Capacity): Student Aquatic Center (2,000)
 Men's Head Coach (Alma Mater): John Trembly (Tennessee '75)
 Women's Head Coach (Alma Mater): Dan Colella (Sewanee)
 Diving Coach (Alma Mater): Dave Parrington (Houston '83)
 1993-94 Men's Overall Record: 6-1
 1993-94 Conference Record / NCAA Finish: 3rd / 9th
 1993-94 Women's Overall Record: 4-5
 1993-94 Women's Conference Record / NCAA Finish: 6th / 14th
 Men's Swimming SID: Kevin Marina
 Women's Swimming SID: Kirk Sampson
 Men's SID Phone: (615) 974-1212
 Women's SID Phone: (615) 974-4275
 Men's SID Fax: (615) 974-1269
 Women's SID Fax: (615) 974-8875

**TEXAS A & M UNIVERSITY**

(Nov. 12 - 1 p.m. - Baton Rouge, La.)
 Location: College Station, TX.
 Enrollment: 43,862
 Nickname: Aggies
 Colors: Maroon and White
 Conference: Southwest
 Facility (Capacity): P.L. Downs (454)
 Men's Head Coach (Alma Mater): Mel Nash (Indiana '76)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Kevin Wright (Maine '81)
 1993-94 Men's Overall Record: 4-2
 1993-94 Conference Record / NCAA Finish: 2nd / 27th
 1993-94 Women's Overall Record: 4-2
 1993-94 Women's Conference Record / NCAA Finish: 3rd / 20th
 Swimming SID: Shana Hutchins
 SID Phone: (409) 845-5725
 SID Fax: (409) 845-0564

**UNIVERSITY OF ARKANSAS**

(Nov. 19 - 1 p.m. - Lexington, Ky.)
 Location: Fayetteville, Ark.
 Enrollment: 14,600
 Nickname: Razorback
 Colors: Cardinal & White
 Facility (Capacity): HPER Natatorium (1,500)
 Men's Head Coach (Alma Mater): Martin Smith (Arkansas '83)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Dale Schultz (Kansas State '84)
 1993-94 Men's Overall Record: 4-5
 1993-94 Conference Record / NCAA Finish: 8th / N/A
 1993-94 Women's Overall Record: 5-3
 1993-94 Women's Conference Record / NCAA Finish: 9th / N/A
 Men's Swimming SID: Jeff Wheatley
 Women's Swimming SID: Jeri Thorpe
 Men's SID Phone: (501) 575-2751
 Women's SID Phone: (501) 575-3707
 SID Fax: (501) 575-7410

**GEORGIA TECH (MEN ONLY)**

(Nov. 19 - 1 p.m. - Lexington, Kentucky)
 Location: Atlanta, Georgia
 Enrollment: 13,000
 Nickname: Yellow Jackets
 Colors: Gold and white
 Conference: ACC
 Facility (Capacity): Student Athletic Complex
 Men's Head Coach (Alma Mater): Bill Humber (Southwestern '63)
 Diving Coach: Same as above
 1993-94 Men's Overall Record: 6-8
 Swimming SID: Allison George
 SID Phone: (404) 894-5445 Home Phone: (404) 874-6450
 SID Fax: (404) 853-2674

**UNIVERSITY OF GEORGIA**

(Jan. 4 - 1 p.m. - Athens, Ga.)
 Location: Athens, Ga.
 Enrollment: 28,750
 Nickname: Bulldogs
 Colors: Red & Black
 Conference: Southeastern
 Facility (Capacity): Stegeman Pool (600)
 Men's Head Coach (Alma Mater): Jack Bauerle (Georgia '74)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Dan Laak (Wisconsin-Lacrosse)
 1993-94 Men's Overall Record: 7-3
 1993-94 Conference Record / NCAA Finish: 5th / 16th
 1993-94 Women's Overall Record: 9-3
 1993-94 Women's Conference Record / NCAA Finish: 4th / 15th
 Swimming SID: Bill Sakalares
 SID Phone: (716) 542-1621
 SID Fax: (706) 542-9339

**UNIVERSITY OF SOUTH CAROLINA**

(Jan. 5 - 11 a.m. - Columbia, S.C.)
 Location: Columbia, S.C.
 Enrollment: 25,613
 Nickname: Gamecocks
 Colors: Garnet and Black
 Conference: Southeastern
 Facility (Capacity): Carolina Natatorium (1200)
 Men's Head Coach (Alma Mater): Keith Switzer (Florida '86)
 Women's Head Coach (Alma Mater): Kelly Parker-Medlin (N.C. State '83)
 Diving Coach (Alma Mater): Todd Sherritt (Cincinnati '82)
 1993-94 Men's Overall Record: 9-2
 1993-94 Conference Record / NCAA Finish: 6th / 19th
 1993-94 Women's Overall Record: 8-2
 1993-94 Women's Conference Record / NCAA Finish: 7th / 28th
 Swimming SID: John Bush
 SID Phone: (803) 777-7881
 SID Fax: (803) 777-2967

**INDIANA UNIVERSITY (MEN ONLY)**

(Jan. 21 - 1 p.m. - Lexington, Ky.)
 Location: Bloomington, Ind.
 Enrollment: 35,551
 Nickname: Hoosiers
 Colors: Cream & Crimson
 Conference: Big Ten
 Facility (Capacity): Royer Pool (1,000)
 Men's Head Coach (Alma Mater): Kris Kircher (Texas '82)
 Women's Head Coach (Alma Mater): Nancy Nitardy (South Carolina '80)
 Diving Coach (Alma Mater): Jeff Huber (Wisconsin '75)
 1993-94 Men's Overall Record: 4-4
 1993-94 Conference Record / NCAA Finish: (6th / 29th)
 1993-94 Women's Overall Record: 3-7
 1993-94 Women's Conference Record / NCAA Finish: (8th / 23rd)
 Swimming SID: (Men's) Eric Abner (Women's) Jen Bishop
 SID Phone: (812) 855-9399
 SID Fax: (812) 855-9401

**UNIVERSITY OF FLORIDA**

(Jan. 21 - 1 p.m. - Lexington, Ky.)
 Location: Gainesville, Fla.
 Enrollment: 35,000
 Nickname: Gators
 Colors: Orange & Blue
 Conference: Southeastern
 Facility (Capacity): Stephen C. O'Connell Pool (1,200)
 Men's Head Coach (Alma Mater): Chris Martin (Yale '81)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Donnie Craine (Michigan '76)
 1993-94 Men's Overall Record: 6-4
 1993-94 Conference Record / NCAA Finish: 2nd / 8th
 1993-94 Women's Overall Record: 9-1
 1993-94 Women's Conference Record / NCAA Finish: 1st / 2nd
 Swimming SID: (Men's) Jeff Kamis (Women's) Mary Wagner
 Men's SID Phone: (904) 375-4683 ext. 6102
 Women's SID Phone: (904) 375-4683 ext. 6128
 Men's/Women's SID Fax: (904) 375-4809

**SOUTHERN ILLINOIS UNIVERSITY**

(Jan. 28 - 1 p.m. - Lexington, Ky.)
 Location: Carbondale, Ill.
 Enrollment: 25,000
 Nickname: Salukis
 Colors: Maroon & White
 Conference: Eastern Independent
 Facility (Capacity): SIU Rec Center (400)
 Men's Head Coach (Alma Mater): Dave Ardrey (Drury College)
 Women's Head Coach (Alma Mater): Mark Kluemper (Kentucky '83)
 Diving Coach (Alma Mater): Dave Ardrey (Drury '83)
 1993-94 Men's Overall Record: 4-7
 1993-94 Conference Record / NCAA Finish: N/A
 1993-94 Women's Overall Record: 7-6
 1993-94 Women's Conference Record / NCAA Finish: N/A
 Swimming SID: (Men's) Mitchell Parkinson (Women's) Gene Green
 SID Phone: Men's: (618) 453-7236 Women's: (618) 453-2648
 SID Fax: Men's: (618) 453-2648 Women's: (618) 536-2152

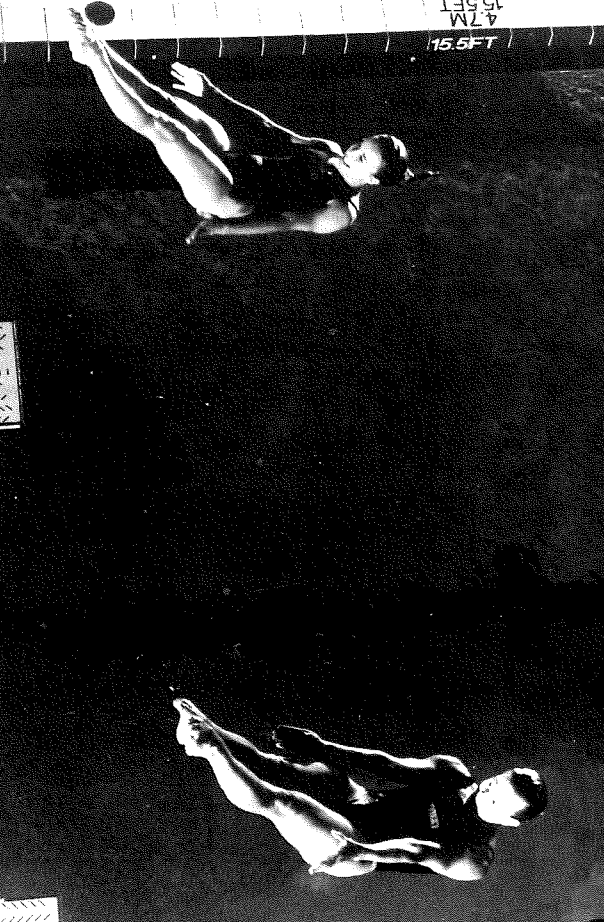
**UNIVERSITY OF CINCINNATI**

(Feb. 4 - 1 p.m. - Cincinnati, Ohio)
 Location: Cincinnati, Ohio
 Enrollment: 36,000
 Nickname: Bearcats
 Colors: Red & Black
 Conference: Independent
 Facility (Capacity): Laurence Pool (700)
 Men's Head Coach (Alma Mater): Monty Hopkins (Cincinnati '78)
 Women's Head Coach (Alma Mater): same
 Diving Coach (Alma Mater): Charlie Casuto (Cincinnati '70)
 1993-94 Men's Overall Record: 9-5
 1993-94 Conference Record / NCAA Finish: 3rd / N/A
 1993-94 Women's Overall Record: 7-6
 1993-94 Women's Conference Record / NCAA Finish: 3rd / N/A
 Swimming SID: Alyson Footer
 SID Phone: (513) 556-5191
 SID Fax: (513) 556-0619



RECAP

1993-94



All-America Jenny Baker and H.M. All-America Tina Johnson take some practice dives at the Lancaster Aquatic Center.

The men's highlights occurred earlier in the season when junior Andrew Aitken and freshman Rick Barber each took part in eight school records. Aitken placed his name at the top of the 100 backstroke, 200 backstroke, and the 400 individual medley, while Barber set the record in the 100 freestyle. Together the two were half of the record setting 200 medley relay and 400 medley relay. Barber also participated in the record-setting 200 freestyle relay and 400 freestyle relay. Sophomore Mike Thar set a school record (9:26.97) in the 1000 freestyle. Senior Mike Tucker set UK's record in the 100 breaststroke (56.48) and 200 breaststroke (2:01.07).

The women's team began the season with a 58-55 win at Arkansas. After convincingly defeating Louisville 134-63, the women's club dropped three straight meets. The women lost to Tennessee (149-93), Indiana (59-54) and South Carolina (70-36). UK defeated Ohio 88-52, but fell short to Ohio State 75-65. After losing to LSU 145-97, the women's squad finished sixth at the Speedo Cup-East in Chapel Hill, N.C. Freshman Jenny Eckert set a school record in the 100 backstroke (57.49) and the 200 backstroke (2:02.52) to help UK score 418 points.

After losing to Georgia 167-85, UK won two of its next three meets. The women downed Southern Illinois (125.5-116.5), lost to Florida (68-44) and ended the season topping Indian River Community College 89-15.

The women finished eighth with 247 points at the SEC Championships. Freshman Julia Smith set a UK women's record in the 100 breaststroke (1:04.99). Eckert, junior Tricia Zelin, senior Stacy Fingalson, and freshman Amy Cole combined for a UK record in the 200

medley relay.

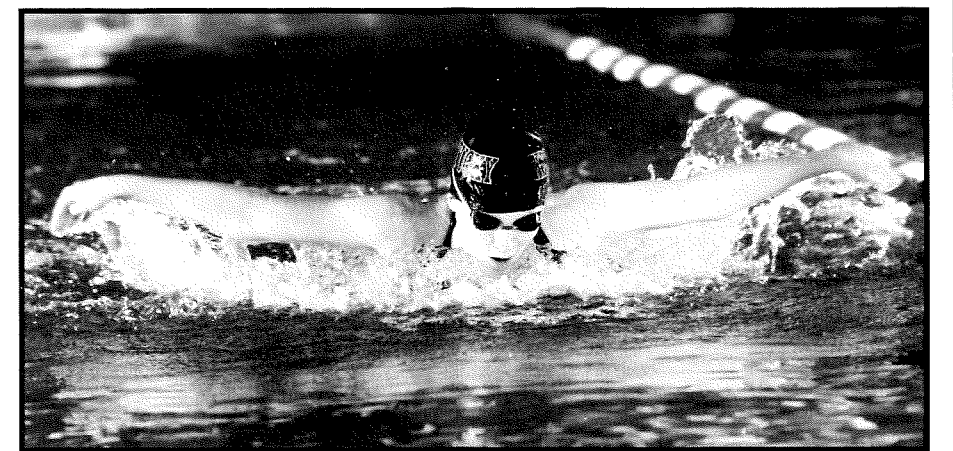
The women's diving team had an outstanding season in setting UK records in four of the six events and garnering post-season honors.

Tina Johnson set UK's record in the 3-meter springboard (11 Dives, 483.00) and the Platform (8 dives, 503.10). Jenny Baker's 413.90 score on the 1-meter springboard also set a new UK record.

The men began their season losing to Arkansas 59-54. They bounced back against Louisville with a 119-92 victory. However, the team dropped the next three meets, losing to Tennessee (141-94), Indiana (72-41) and South Carolina (74-41). After handling Ohio 96-68, UK struggled against Ohio State (81-59) and LSU (123.5-115.5), losing both meets.

The men capped off 1993 at the Speedo Cup-East in Chapel Hill, N.C. The men tallied 367.5 points, good enough for sixth place. The men finished the season winning two of their last three. Kentucky defeated Southern Illinois 124.5-116.5, lost to Florida 70-42, and ended the season on a positive note, topping Indian River Community College 64-49.

The men's squad completed its season at the SEC Championships with 146 points for ninth place.



Freshman Ellen Strange finished fourth in the 100 butterfly and sixth in the 200 butterfly at the British Nationals last year.

1993-94 UK SWIMMING AND DIVING RESULTS

WOMEN'S RESULTS

(5-7, 1-5 SEC)

DATE	MEET	UK	OPP
OCTOBER 9	ARKANSAS	58	55
OCTOBER 19	LOUISVILLE	134	63
OCTOBER 22	TENNESSEE	93	149
NOVEMBER 6	INDIANA	54	59
	SOUTH CAROLINA	36	70
NOVEMBER 12	OHIO	88	52
	OHIO STATE	65	75
NOVEMBER 21	LOUISIANA STATE	97	145
DECEMBER 2-4	SPEEDO CUP EAST	418 PTS (6TH)	
JANUARY 8	GEORGIA	85	167
JANUARY 22	CINCINNATI	CANCELLED	
JANUARY 29	SOUTHERN ILLINOIS	125.5	116.5
FEBRUARY 5	FLORIDA	44	68
	INDIAN RIVER C.C.	89	15
FEBRUARY 12-19	SEC CHAMPIONSHIPS	247 PTS (8TH)	
MARCH 24-26	NCAA CHAMPIONSHIPS	45 PTS (19TH)	

MEN'S RESULTS

(4-8, 0-6 SEC)

DATE	MEET	UK	OPP
OCTOBER 9	ARKANSAS	54	59
OCTOBER 19	LOUISVILLE	119	92
OCTOBER 22	TENNESSEE	94	141
NOVEMBER 6	INDIANA	41	72
	SOUTH CAROLINA	41	74
NOVEMBER 12	OHIO	96	68
	OHIO STATE	59	81
NOVEMBER 21	LOUISIANA STATE	115.5	123.5
DECEMBER 2-4	SPEEDO CUP EAST	367.5 (6TH)	
JANUARY 8	GEORGIA	157	76
JANUARY 22	CINCINNATI	CANCELLED	
JANUARY 29	SOUTHERN ILLINOIS	124.5	116.5
FEBRUARY 5	FLORIDA	42	70
	INDIAN RIVER C.C.	64	49
FEBRUARY 17-19	SEC CHAMPIONSHIPS	146 PTS (9TH)	
MARCH 24-26	NCAA CHAMPIONSHIPS	DID NOT COMPETE	

HOME OF THE CATS

The University of Kentucky's Lancaster Aquatic Center, which opened March 29, 1989, represents the finest in collegiate swimming and diving facilities.

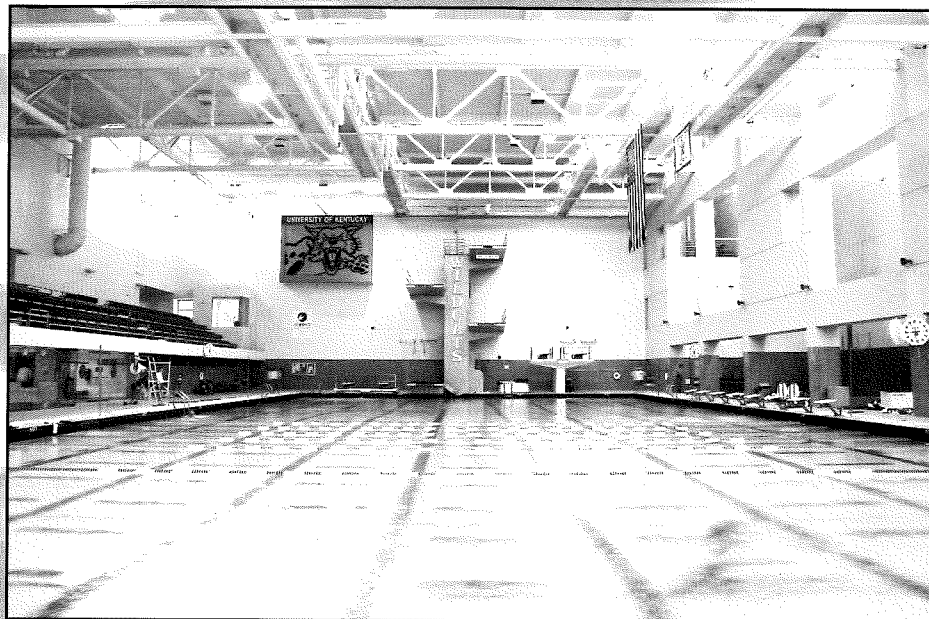
The Natatorium is named for Harry C. Lancaster, former Athletics Director (1968-1976) and assistant basketball coach (1946-70) to Kentucky's legendary Adolph Rupp.

The indoor facility is 25 yards by 176 feet with a movable bulkhead which can be set at 25 yards, 25

meters, 50 yards and 50 meters. The movable bulkhead allows the facility to be used for a number of activities other than swim meets and practices, including recreational swimming, aquatic classes, swimming and diving lessons, scuba instruction, handicapped swimming, and other aquatic-related activities.

Racing lanes can be set up in any of five configurations: across-the-pool racing (25-yard short course for the NCAAs or USS) and length-of-the-pool racing at 25 yards, 25 meters, 50 yards, 50 meters. Two 25-yard courses can be utilized for large swim meets. Eighteen swimming lanes are available while diving events are in progress. Long course racing will have eight full-size lanes for the 50-meter distance.

The swimming tank, which holds 1,025,000 gallons of water, has a raised deck gutter with a large overflow. This gutter design is similar to the Indianapolis Natatorium design. Pool depth varies from 4.3 feet to 6.5 feet at the shallow end utilizing a movable floor of 35 x 75 feet. Water under the diving boards and tower is 17 feet deep. The Natatorium features Daktronic automatic timing for swim meets with a 16 x 23 foot wall mounted scoreboard that contains 15,360 individual "Glo-Cube" pixels which allows full display of information for eight lane and 16 lane swim meets. The scoreboard can also display graphics and animation sequences.



LANCASTER AQUATIC CENTER

The diving facilities are among the best in the world. The facility has two 1-meter boards and two 3-meter boards, set on concrete platforms. The diving tower features one, five, 7.5, and 10 meter platforms. Each platform is eight feet wide with lengths from 23 feet to 28 feet.

Winner of the 1990 Association of General Contractors Award for Structures, the tower also has the only operating "force plate" in the world on the 10-meter level. This electronically measures the force exerted by the divers as they leave

the platform. The University and U.S. Diving Inc. conduct research utilizing the force plate.

There is a 40-foot dryland diving area permanently set up with a trampoline, Portapit diving board and two diving/tumbling harnesses for somersaulting and twisting practice.

The Aquatic Center has a full training room equipped with two treatment tables, EGS and ultrasound machine, hydrocollator, and ice machine.

There is a trainer on duty at all times during practices.

The Aquatic Center has a weight room for the swimmers and divers equipped with Cybex weight training machines. In the adjacent Seaton Physical Education building are exercise physiology labs which are utilized for the testing of swimmers and divers.

The second level balcony of the Aquatic Center accommodates up to 750 spectators and has a concession stand area.

The Aquatic Center annually hosts the premier swimming and diving events in the state of Kentucky, including all UK home meets, the Kentucky State High School Championships, the Kentucky USS Championships, Zone and Regional Age Group and Senior Diving meets, Kentucky Special Olympics, and Bluegrass Games Diving meets. Highlights at the Aquatic Center have been the 1991 Southeastern Conference Championships and the 1990 World Games Diving Team Trials.

LANCASTER AQUATIC CENTER RECORDS

MEN'S

NAME	TEAM	TIME	EVENT	DATE
Keith Anderson	LSU	19.90	50 FREESTYLE	2/21/91
Jon Olsen	Alabama	43.30	100 FREESTYLE	2/23/91
Jon Olsen	Alabama	1:36.33	200 FREESTYLE	2/22/91
Jon Sakovich	Florida	4:21.58	500 FREESTYLE	2/21/91
Greg Burgess	Tennessee	9:21.92	1000 FREESTYLE	1/18/91
Jon Sakovich	Florida	15:17.38	1650 FREESTYLE	2/23/91
Martin Zubero	Florida	48.03	100 BACKSTROKE	2/22/91
Martin Zubero	Florida	1:45.11	200 BACKSTROKE	2/23/91
Brent Mitchell	Florida	54.91	100 BREASTSTROKE	2/23/91
Brent Mitchell	Florida	1:59.80	200 BREASTSTROKE	2/23/91
Keith Anderson	LSU	47.34	100 BUTTERFLY	2/22/91
Anthony Nesty	Florida	1:46.01	200 BUTTERFLY	2/23/91
Martin Zubero	Florida	1:46.39	200 INDIVIDUAL MEDLEY	2/21/91
Greg Burgess	Tennessee	3:52.50	400 INDIVIDUAL MEDLEY	2/22/91
Anderson, Torres, Keever, Elkman	LSU	1:28.47	200 MEDLEY RELAY	2/22/91
Zubero, Mitchell, Nesty, Utley	Florida	3:15.40	400 MEDLEY RELAY	2/21/91
Dennison, Utley, Towne, Bonewit	Florida	1:19.41	200 FREESTYLE RELAY	2/21/91
Towne, Dennison, Linscheer, Utley	Florida	2:57.04	400 FREESTYLE RELAY	2/23/91
Utley, Nesty, Towne, Sakovich	Florida	6:33.01	800 FREESTYLE RELAY	2/22/91

WOMEN'S

NAME	TEAM	TIME	EVENT	DATE
Nicole Haislett	Florida	23.15	50 FREESTYLE	2/21/91
Nicole Haislett	Florida	49.40	100 FREESTYLE	2/23/91
Nicole Haislett	Florida	1:46.59	200 FREESTYLE	2/22/91
Dady Vincent	Florida	4:49.66	500 FREESTYLE	2/21/91
Bartley Pratt	Kentucky	10:07.14	1000 FREESTYLE	2/10/90
Kathy Hoffman	Tennessee	16:31.83	1650 FREESTYLE	2/23/91
Kristen Linehan	Florida	56.04	100 BACKSTROKE	2/22/91
Kristen Linehan	Florida	1:59.12	200 BACKSTROKE	2/23/91
Michele Schroder	Mississippi	1:02.03	100 BREASTSTROKE	2/20/93
Lucy Findlay	LSU	2:16.05	200 BREASTSTROKE	11/21/93
Paige Wilson	Georgia	54.95	100 BUTTERFLY	2/22/91
Dady Vincent	Florida	2:00.89	200 BUTTERFLY	2/23/91
Michele Schroder	U.S.S.	2:01.67	200 INDIVIDUAL MEDLEY	2/20/93
Shelia Taorivina	Georgia	4:19.25	400 INDIVIDUAL MEDLEY	2/22/91
Linehan, Zunich, Perkins, Haislett	Florida	1:43.15	200 MEDLEY RELAY	2/22/91
Linehan, Zunich, Marley, Stemper	Florida	3:45.51	400 MEDLEY RELAY	2/21/91
Haislett, Stemper, Marley, Kerr	Florida	1:32.90	200 FREESTYLE RELAY	2/21/91
Marley, Kerr, Stemper, Haislett	Florida	3:21.57	400 FREESTYLE RELAY	2/23/91
Marley, Vincent, Kerr, Haislett	Florida	7:19.04	800 FREESTYLE RELAY	2/22/91

MEN'S DIVING

NAME	TEAM	POINTS	EVENT	DATE
Mark Rourke	Alabama	315.30	1-Meter (6 Dives) Dual Meets	10/26/89
Mark Lenzi	Ohio State Diving	631.23	1-Meter (11 Dives) U.S. Diving & World Trials	11/27/90
Rob Siracusano	Southern Illinois	368.93	3-Meter (6 Dives) Dual Meets	1/16/93
Kent Ferguson	Mission Bay Makos	678.33	3-Meter (11 Dives) U.S. Diving & World Trials	11/27/90
Mark Rourke	Alabama	634.20	Platform (13 Dives) NCAA Competitions	2/23/91
Matt Scoggin	Texas Diving Club	641.79	Platform (10 Dives) U.S. Diving & World Trials	11/26/90

WOMEN'S DIVING

NAME	TEAM	POINTS	EVENT	DATE
Heidi Gilbert	Tennessee	278.77	1-Meter (6 Dives) Dual Meets	1/18/91
Julie Farrell-Ovenhouse	Michigan St.	467.52	1-Meter (10 Dives) U.S. Diving & World Trials	11/27/90
Jill Bumgarner	Kentucky	305.10	3-Meter (6 Dives) Dual Meets	1/27/90
Julie Farrell-Ovenhouse	Michigan St.	496.92	3-Meter (10 Dives) U.S. Diving & World Trials	11/28/90
Kelli Hill	LSU	500.60	3-Meter (11 Dives) NCAA Competitions	2/23/91
Kelli Hill	LSU	525.10	Platform (11 Dives) NCAA Competitions	2/23/91
Wendy Lian Williams	Mission Veijo Nadadores	453.93	Platform (8 Dives) U.S. Diving Trials	11/26/90

SEC ALL-ACADEMIC

1984

Anne Berry
Kathleen Frye
Becky Keller
John Pratt
Robert Stapleton
Suzanna Watson
Mike Young

1985

Anthony Barnes
Becky Keller
Diane Morgan
John Pratt
Maci Sammartin
Vince Wall

1986

Anthony Barnes
Evan Eckman
Chris Godfrey
Scott Street
Meredith Wingard

1987

Steve Adams
Anthony Barnes
Evan Ekman
Billy Godfrey
Chris Godfrey
Kim Gugino
Nancy MacMillian
John Miller

1988

Ken Atkinson
Sandra Bohorquez
Bonnie Franklin
Billy Godfrey
Chris Godfrey
Kim Gugino
Peggy Sheets
Margaret Sumerall
Brian Van Horn

1989

Ken Atkinson
Sandra Bohorquez
Bonnie Franklin
Jim McCarthy
Ginger McNeil
Bartley Pratt
Jeremy Salmon
Peggy Sheets
Brian Van Horn

1990

Ken Atkinson
Sandra Bohorquez
Bonnie Franklin

Laura Lee Frazer
Ginger McNeil
Kellie Morgan
Bartley Pratt
Peggy Sheets
Margaret Sumrall
Brian Van Horn
Brian Ware
Eddie Ware
Gregg Wilder

1991

Margie Boliver
Wendy Hipskind
Mike McIntire
Kellie Moran
Julie Robbins
Jay Smith
Robert Taylor
Stewart Weaver

1992

Morton Anderson
Margie Boliver
Jocelyn Danco
Wendy Hopskind
Donna Moylan
Noel Pieratt
Julie Robbins
Jodi Schwab
Jamie Smawley
Eddie Ware
Stewart Weaver

1993

Margie Boliver
Kelly Heath
Wendy Hipskind
Margo Lynch
Heather Pollard
Jodie Schwab

1994

Andrew Aitken
Jenny Baker
Stacy Fingalson
Kelly Heath
Tina Johnson
Margo Lynch
Allison McAllen
Chris McCabe
Heather Pollard
Greg Robinson
Jodi Schwab
Tom Tretter
Michael Tucker
Tricia Zelin

ACADEMIC ALL-AMERICANS

KELLY HEATH 1994
JENNY BAKER 1994

ALL-AMERICANS

STEVE HELLMANN
1967 Water Polo

DAVID BARON
1972 100 Breaststroke

KELLIE MORAN
1990 50 Freestyle
1991 100 Freestyle
1991 200 Freestyle

KELLY HEATH
1994 500 Freestyle

TINA JOHNSON
1994 Platform

HONORABLE MENTION

JENNY BAKER
1994 1-meter
1994 Platform

KELLY HEATH
1994 200 Freestyle

TINA JOHNSON
1994 1-meter
1994 3-meter

TEAM AWARDS 1993-94

MOST IMPROVED SWIMMER

Men: Rick Barber
Women: Jenny Eckert

MOST IMPROVED DIVER

Women: Jenny Baker

FRESHMAN AWARD

Men: Mike Thar
Women: Mandy Swift

UK SWIMMING/DIVING

BOOSTER CLUB AWARD

Men: Mike Tucker
Women: Tina Johnson

TEAM SPIRIT

Men: Mike Tucker
Women: Jenny Baker

100% AWARD

Men: Andrew Aitken
Women: Margo Lynch

SCHOLARSHIP

Men: Tom Tretter
Women: Kelly Heath

DIVING AWARD

Women: Tina Johnson

MOST VALUABLE TEAM

MEMBER AWARD

Men: Andrew Aitken
Women: Kelly Heath

CATS ADVANTAGE

The University of Kentucky continues to keep the term "student-athlete" in the proper perspective- student first, athlete second.

For that reason, the University of Kentucky opened the nation's first academic center for student-athletes in 1981. The academic center is known as the Center for Academic and Tutorial Services (CATS).

CATS is located in Memorial Coliseum. The center, specifically designed with the student-athlete in mind, contains a large general study area, along with numerous smaller rooms used for tutoring. CATS has expanded recently to include a language library, additional tutoring rooms, a media center and a new computer facility.

CATS was very beneficial to the success of the 1993-94 Wildcats. The 2.99 grade point average of the men's squad ranked 17th in the country, according to the College Swimming Coaches Association of America. The women's team, along with its 3.01 grade point average, placed 43rd in the nation.

"CATS has made a real difference for us," head swimming coach Gary Conelly said. "I'm real impressed with how supportive they are and all the different programs they offer to help all our athletes. UK is miles ahead of most other universities in this country as to the support we offer."

Assistant Athletics Director for Academics Bob Bradley supervises the CATS Center. He is assisted by Barbara Deniston, Director of Student Development, Academic Counselors Darren Bilberry and Mike Haley, Academic Skills Coordinator Sheila



Breeding, and Staff Assistant Ann Sampson. The CATS center also employs four graduate assistants and numerous tutors, both from the University and surrounding communities. The UKAA budgets approximately \$500,000 per year for CATS.

"The CATS Center is an incredible

"I am real impressed how supportive they are and all the different programs they offer to help all our athletes."

—Coach Gary Conelly

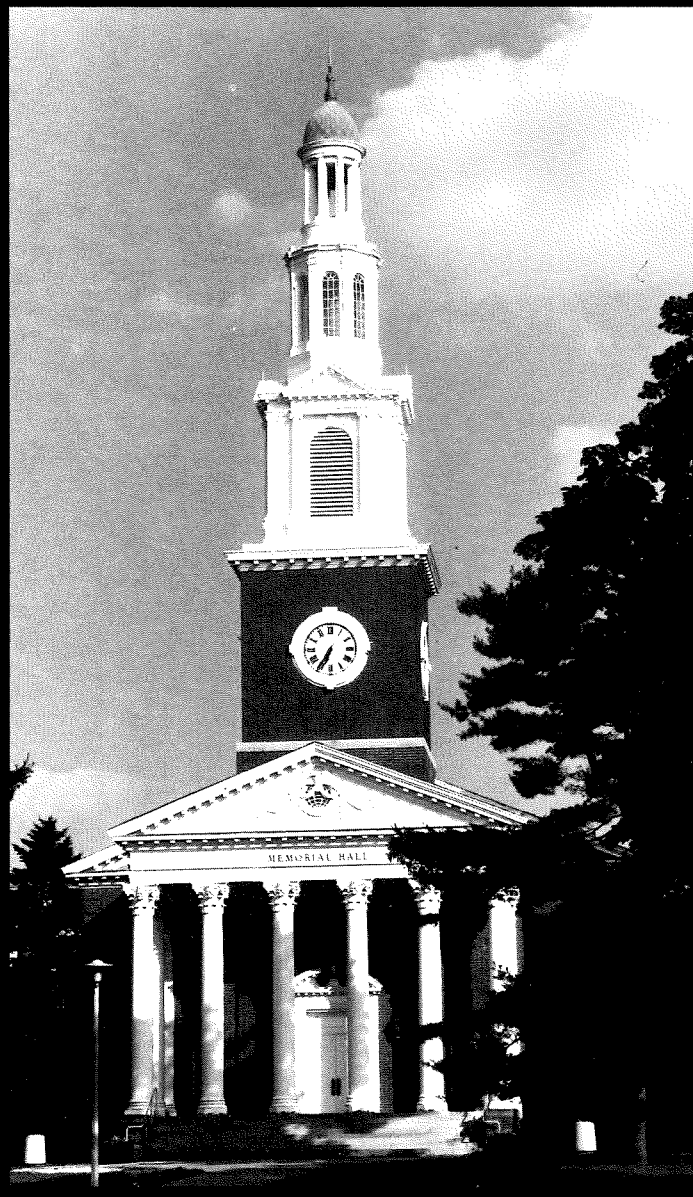
advantage to a student-athlete over another without an academic center," Bradley said. "This is a forum in which the student-athlete can get any questions about his or her academic endeavors answered."

According to Conelly, CATS not only helps the student-athlete succeed in academics, but also in life after college.

"It's not just a question of getting student-athletes graduated. The people in CATS are really concerned that when our athletes graduate, they find a place out in the real world," Conelly said. "CATS has programs set up to reflect that."

At UK, the CATS Center certainly plays an instrumental part in keeping student-athletes at championship performance in the classroom... and in the lanes.

KENTUCKY



From its modest beginnings in 1865, when it was known as State College, the University of Kentucky has grown into one of the nation's most outstanding institutions of higher learning. As a comprehensive land-grant university, UK offers an educational experience that cannot be matched anywhere in the Commonwealth. In fact, only a small number of institutions across the nation can offer the wealth of opportunities that awaits students at UK. At Kentucky, there is a tradition of value.

History

UK was founded in 1865 as a land-grant institution, and the present name dates to 1916. The Lexington campus has 673 acres. Dr. Charles T. Wethington, Jr., is UK's 10th president.

Students

The University of Kentucky now has more than 72,000 students with 24,360 on the Lexington campus and 46,2000 at the 14 community colleges across the state. UK now educates 38 percent of all the students in Kentucky attending a public or private college or university. There are 5,100 students now enrolled in graduate school with 95 master's and 59 doctoral programs offered.

Faculty

There are 1,643 full-time faculty on the Lexington campus and 1,096 faculty in the community colleges. Faculty brought in more than \$100 million in grants, contracts, and gifts to the University during the last academic year.

Academic Programs

Currently, there are 17 academic colleges and a graduate school. Students have a choice of 108 undergraduate majors from which to choose. The University is recommended in seven publications for its value in providing higher education.

Research

UK ranks among the Top 100 research institutions in the nation, and is one of only 45 public universities in the United States - the only one in Kentucky - to be classified as a Research University of First Class.

Medical Center

The Albert B. Chandler Medical Center, including a 461-bed hospital, is located on the Lexington campus. Over 3,500 students are enrolled in its five colleges - medicine, dentistry, nursing, pharmacy, and allied health professions.

Library

The UK Library System contains more than two million volumes and is interconnected by computer with each of the 14 community colleges. The library is ranked 34th among the 108 top university research libraries in North America based upon the number of volumes held. The University has raised \$18 million in private funds toward the construction of a new \$58 million state-of-the-art library.

Sports

The current number of UK sports on the varsity level is 21 - 10 men's sports, 10 women's sports, and 1 co-ed sport. The men's sports consist of football, basketball, baseball, cross country, indoor and outdoor track, tennis, swimming, golf, and soccer. For the women, UK sponsors basketball, volleyball, swimming, golf, tennis, gymnastics, cross country, indoor and outdoor track, and soccer on the varsity level. The single co-ed sport is rifle.

The UK men's basketball team has been prominent nationally for 50 years under the leadership of four coaches, Adolph Rupp, Joe B. Hall, Eddie Sutton and Rick Pitino. The UK football program also offers the excitement of top-level competition in the Southeastern Conference and is headed by Coach Bill Curry.

LEXINGTON

This is a place where the past and present meet and mesh gracefully.

Where downtown skyscrapers overlook thousands of acres of lush pastures, home to Kentucky's most loved resource - the horse.

This is Lexington, home of the University of Kentucky.

Lexington is a beautiful city. John O. Simonds, a nationally-known landscape architect and the author of several books on land use, calls the Bluegrass area a "national treasure."

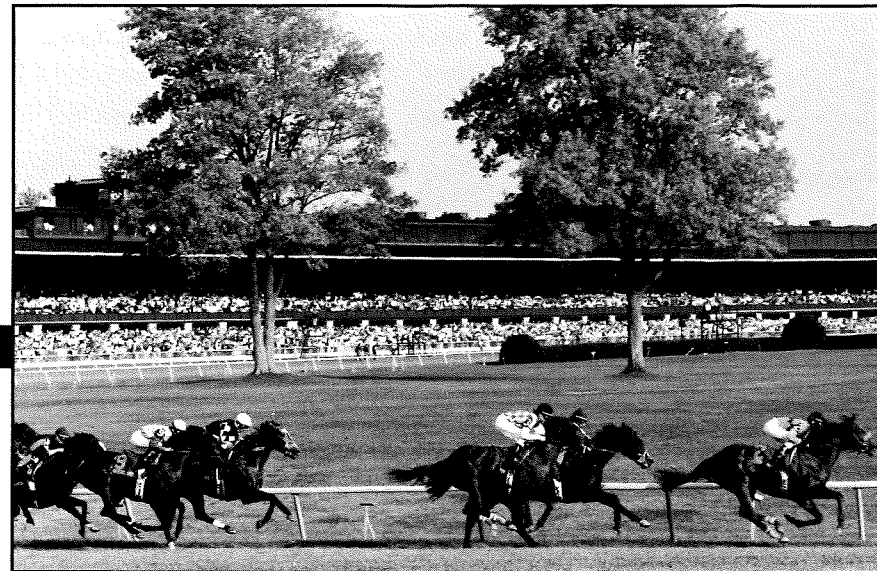
The Bluegrass area is superlative countryside." Lexington is the heart of the Bluegrass, the metropolitan shopping, commercial and entertainment hub of eastern Kentucky.

Lexington has all the

KENTUCKY

"If these United States can be called a body... then Kentucky can be called its heart."

— Jesse Stuart



Though the above words were written by one of Kentucky's favorite sons, any one of the millions of visitors to the Bluegrass State each year might nod in agreement.

Kentucky embodies the very essence of America, from majestic mountains and forests to vast sparkling lakes, from rolling acres of farm and pastureland to the hustle and bustle of metropolitan centers. And around every turn in the road, Kentucky's colorful past, which helped shape our country's character, is preserved and maintained for all to enjoy. The result is a state so diverse in travel and recreational opportunities that one is hard pressed to name its equal.

If asked to describe Kentucky, the first word to come to mind would probably be horses. The Bluegrass region of central Kentucky is internationally recognized as the Horse Capital of the World. Lexington, in the heart of the

THE LEXINGTON AREA

attractive qualities of a major metropolitan area, but it is small...and there is an overlay of what can be described as Blue Grass tradition to go along with such major companies as Lexmark, Ashland Oil (Valvoline), Long John Silvers, Toyota and many other nationally known firms that have major plants or headquarters in the area.

With a population of around 225,000, Lexington is small enough to provide the perfect college atmosphere for the University of Kentucky. But it is also large enough to offer the cultural opportunities usually

reserved for larger cities.

The city offers UK students much in the way of entertainment: a Philharmonic Orchestra, Chamber Music Society, the Lexington Singers, a Council of the Arts, and a local Ballet Company. Movie theaters, international restaurants, coffee-houses, top-ranked acts of all types at fabulous Rupp Arena in the Lexington Center, historical landmarks, parks, thoroughbred and harness racing, fine fishing in lakes, ponds, and streams, and the internationally famous Kentucky Horse Park, all in easy distance of

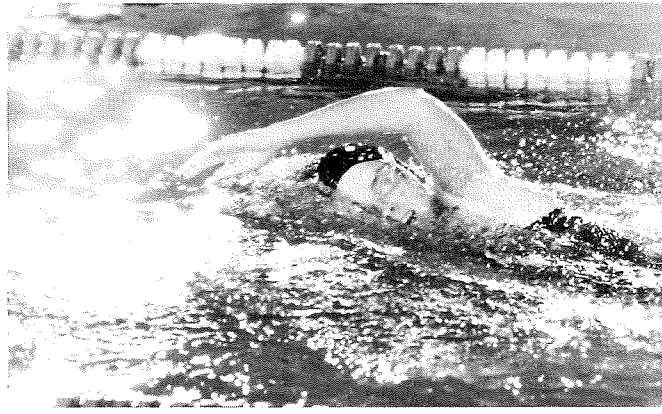
the UK campus, are just a few attractions of Lexington and the University of Kentucky. A recent statewide poll indicated that the Lexington area is the most popular place to live, work and play in Kentucky.

KENTUCKY FACTS:

Kentucky is one of only four states in the nation designated as a commonwealth... The state capital is Frankfort...Kentucky has 40,395 square miles of land...Population of the state is 3,728,000...The three largest cities in the state are Louisville, Lexington and Owensboro...The state bird is the cardinal... The state song is "My Old Kentucky Home"... The state flower is the goldenrod...The state tree is the Kentucky Coffee tree...Kentucky has more miles of running water than any other state except Alaska...Kentucky has 44 state parks which annually draw 15.8 million visitors... Kentucky has the world's longest known cave system — Mammoth Cave — with over 300 miles of mapped passageways.

WHAT TO WATCH...

AT A SWIM MEET



Senior Margo Lynch ranks among UK's top 10 in the 100, 200, 500, 1000 and the 1650 freestyle.

The following is a brief summary of the rules governing competitive swimming to help convey a better understanding of the sport.

The Racing Course

The length of a short course pool is 25 yards. Most racing courses have 6-8 lanes and are usually four feet deep or deeper. The front edge of the starting blocks should be 30 inches above the surface of the water. The temperature should be between 78-80 degrees Fahrenheit.

The Dual Meet

Typically, there are 11 individual events and two relay events in dual meets, conducted under the governing rules of the NCAA. A swimmer can compete in up to three events.

Freestyle Events

In a freestyle event, competitors may swim any stroke they wish, the usual stroke being the Australian crawl, characterized by the alternate overhand motion of the arms.

Backstroke

In the backstroke, swimmers must stay on their backs except during turns. The stroke is an alternating motion of the arms. Rules allow a swimmer to turn over and do a flip turn as in the freestyle, before touching the wall with their feet.

Breaststroke

Perhaps one of the most difficult strokes to master, the breaststroke requires simultaneous movements of the arms on the horizontal plane. The hands are pushed forward from the breast on-or-under the surface of the water and brought in the propulsive stage of the stroke simultaneously. The kick is a simultaneous thrust of the legs. No flutter or dolphin kicking is allowed. At each turn a swimmer must touch with both hands at the same time.

Butterfly

The most beautiful and physically demanding stroke, the butterfly, features the simultaneous overhead recovery of the arms combined with the dolphin kick. The dolphin kick features both legs moving up and down together. No flutter kicking is allowed.

Individual Medley

The individual medley, commonly referred to as the "IM," features all four competitive strokes. The swimmer begins with the butterfly, then the backstroke, next the breaststroke, and finally the freestyle.

Medley Relay

In the medley relay all four strokes are swum by four different swimmers. Each leg of the race is performed by a different swimmer. The relay begins with the backstroke, then the breaststroke, followed by the butterfly, and ends with the freestyle.

Freestyle Relay

There are three freestyle relays that compete over 200, 400 or 800 yards. Four swimmers each swim one quarter of the race.

Diving

In championship meets, diving competition in the 1-meter event consists of five voluntary and five optional dives. In 3-meter diving competition, a competitor does five voluntary and six optional dives. Platform diving consists of four voluntary dives, four optional dives, and three additional dives. A diver may compete from any platform level.

Starts and Turns

In the start, the swimmer is called to the starting position by the starter who visually checks to make sure that all swimmers are down and still. Once the starter is satisfied, the race is started by either a gun or an electronic tone.

If the starter feels that one of the swimmers has jumped early, the race will be called and the offending swimmer disqualified. Quick turns are essential to a good race. In freestyle and backstroke, the swimmer may somersault as he/she reaches the wall touching only with the feet. In the other two competitive strokes, the swimmer must touch the wall with both hands before executing the turn.

Strategies

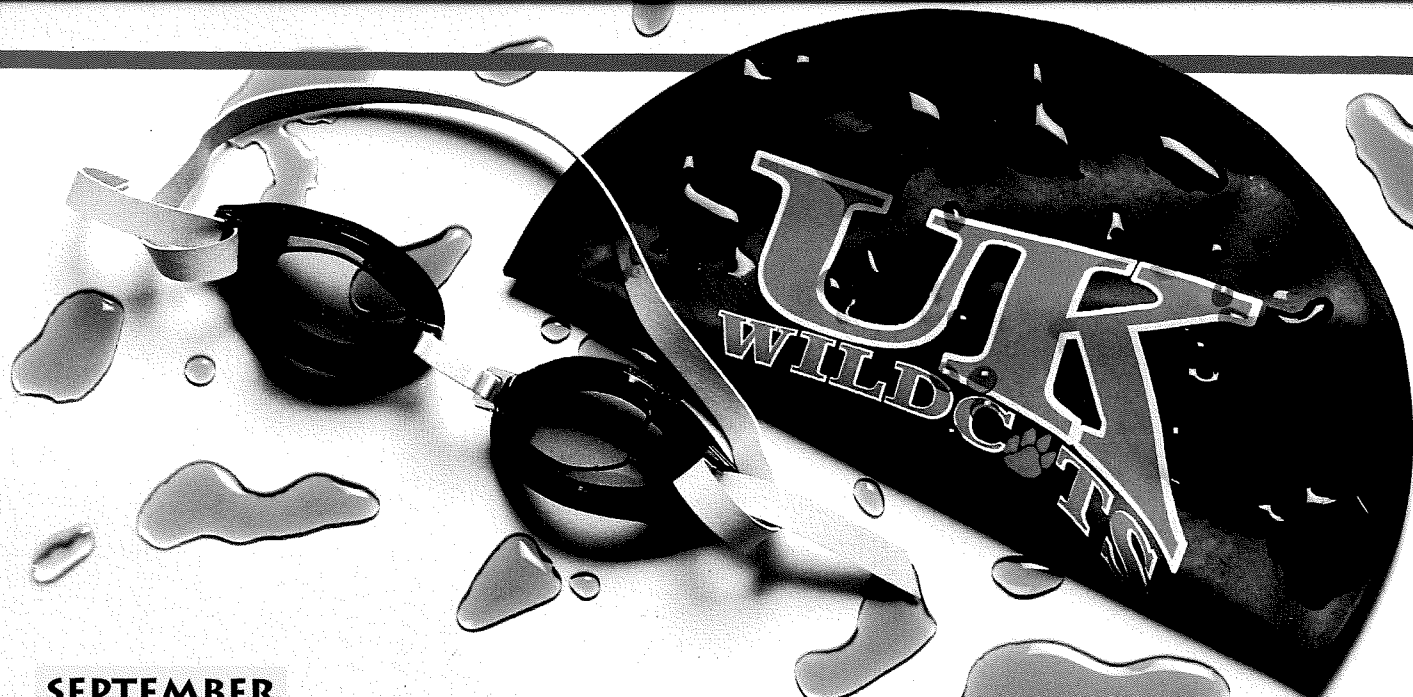
The sprint races (50 or 100 yards) are an all-out effort from start to finish. The 200-yard events require a sense of pace as well as the ability to swim a controlled sprint. Distance events (500 or 1650 yards) usually are either swum holding the same pace evenly throughout the race or negatively split.

1995 WOMEN'S DIVISION I TIME STANDARDS

EVENT	25-YARD COURSE		25-METER COURSE		50-METER COURSE	
	A STANDARD	B STANDARD	A STANDARD	B STANDARD	A STANDARD	B STANDARD
50-FREESTYLE	23.19	23.88	25.38	26.13	26.36	27.14
100-FREESTYLE	50.15	51.65	54.87	56.52	56.99	58.70
200-FREESTYLE	1:48.54	1:51.79	1:58.76	2:02.31	2:02.65	2:06.32
500-FREESTYLE	4:47.65	4:56.27	4:11.67	4:19.21	4:16.83	4:24.53
1650-FREESTYLE	16:24.17	16:53.69	16:18.21	16:47.65	16:44.26	17:14.38
100-BUTTERFLY	55.09	56.74	1:00.28	1:02.08	1:01.91	1:03.76
200-BUTTERFLY	2:00.29	2:03.89	2:11.61	2:15.55	2:15.16	2:19.21
100-BACKSTROKE	55.27	56.92	1:00.48	1:02.28	1:02.46	1:04.32
200-BACKSTROKE	1:58.19	2:01.73	2:09.32	2:13.19	2:13.55	2:17.55
100-BREASTSTROKE	1:02.33	1:04.19	1:08.20	1:10.24	1:11.65	1:13.79
200-BREASTSTROKE	2:15.03	2:19.08	2:27.74	2:32.17	2:33.45	2:38.05
200-INDIVIDUAL MEDLEY	2:01.59	2:05.23	2:13.04	2:17.02	2:18.18	2:22.31
400-INDIVIDUAL MEDLEY	4:18.47	4:26.22	4:42.80	4:51.28	4:52.06	5:00.82
200-FREESTYLE RELAY	1:32.25	1:35.01	1:40.94	1:43.96	1:44.84	1:47.97
400-FREESTYLE RELAY	3:21.52	3:27.56	3:40.49	3:47.10	3:49.01	3:55.87
800-FREESTYLE RELAY	7:17.94	7:31.07	7:59.15	8:13.52	8:14.85	8:29.69
200-MEDLEY RELAY	1:41.85	1:44.90	1:51.44	1:54.78	1:55.61	1:59.08
400-MEDLEY RELAY	3:42.18	3:48.84	4:03.09	4:10.38	4:12.20	4:19.76
1-METER DIVING DUAL CHAMPIONSHIP	245					
3-METER DIVING DUAL CHAMPIONSHIP	375					
PLATFORM DIVING (8 DIVES)	255					
PLATFORM DIVING (12 DIVES)	425					

MEN'S 1994-95 NCAA DIVISION I TIME STANDARDS

EVENT	25-YARD COURSE		25-METER COURSE		50-METER COURSE	
	A STANDARD	B STANDARD	A STANDARD	B STANDARD	A STANDARD	B STANDARD
50-FREESTYLE	19.88	20.47	21.76	22.40	22.86	23.54
100-FREESTYLE	43.91	45.22	48.05	49.48	50.48	51.98
200-FREESTYLE	1:36.39	1:39.28	1:45.47	1:48.63	1:50.17	1:53.47
500-FREESTYLE	4:21.03	4:28.86	3:48.38	3:55.23	3:56.23	4:03.32
1650-FREESTYLE	15:11.78	15:39.13	15:06.35	15:33.53	15:35.16	16:03.22
100-BUTTERFLY	48.12	49.56	52.65	54.23	54.38	56.01
200-BUTTERFLY	1:46.41	1:49.60	1:56.43	1:59.92	2:00.93	2:04.55
100-BACKSTROKE	47.97	49.40	52.49	54.05	55.14	56.79
200-BACKSTROKE	1:44.69	1:47.83	1:54.55	1:57.98	2:00.34	2:03.95
100-BREASTSTROKE	55.07	56.72	1:00.26	1:02.06	1:03.67	1:05.58
200-BREASTSTROKE	1:58.78	2:02.34	2:09.96	2:13.86	2:17.32	2:21.44
200-INDIVIDUAL MEDLEY	1:47.16	1:50.37	1:57.25	2:00.76	2:03.89	2:07.60
400-INDIVIDUAL MEDLEY	3:50.23	3:57.13	4:11.90	4:19.45	4:24.64	4:32.57
200-FREESTYLE RELAY	1:19.41	1:21.79	1:26.89	1:29.49	1:31.28	1:34.02
400-FREESTYLE RELAY	2:55.60	3:00.86	3:12.13	3:17.88	3:21.85	3:27.89
800-FREESTYLE RELAY	6:28.47	6:40.12	7:05.03	7:17.77	7:23.97	7:37.29
200-MEDLEY RELAY	1:28.58	1:31.23	1:36.92	1:39.82	1:41.47	1:44.51
400-MEDLEY RELAY	3:14.06	3:19.88	3:32.33	3:38.69	3:42.30	3:48.96
1-METER DUAL CHAMPIONSHIP	290					
3-METER DIVING CHAMPIONSHIP	465					
PLATFORM DIVING (10 DIVES)	310					
PLATFORM DIVING (14 DIVES)	480					



SEPTEMBER

13, Tuesday OHIO STATE UNIVERSITY LEXINGTON 3:00 p.m.
(Women & Swim Only)

OCTOBER

7, Friday UK INTERSQUAD LEXINGTON 3:00 p.m.
14, Friday UNIVERSITY OF LOUISVILLE LEXINGTON 6:30 p.m.
UNIVERSITY OF ALABAMA
29, Saturday UNIVERSITY OF TENNESSEE LEXINGTON 1:00 p.m.

NOVEMBER

4, Friday Ohio University & Athens, Ohio 6:00 p.m.
Ohio State University (Men)
Ohio University &
Purdue (Women)
12, Saturday Louisiana State University & Baton Rouge, La. 1:00 p.m.
Texas A & M University
19, Saturday UNIVERSITY OF ARKANSAS LEXINGTON 1:00 p.m.
GEORGIA TECH (Men)

DECEMBER

1-3 Speedo Cup - East Chapel Hill, N.C. All day

JANUARY

4, Wednesday University of Georgia Athens, Ga. 1:00 p.m.
5, Thursday University of South Carolina Columbia, S.C. 11:00 a.m.
21, Saturday INDIANA (Men) & FLORIDA LEXINGTON 1:00 p.m.
28, Saturday SOUTHERN ILLINOIS UNIVERSITY LEXINGTON 1:00 p.m.

FEBRUARY

4, Saturday University of Cincinnati Cincinnati, Ohio 1:00 p.m.
9-11 SEC DIVING LEXINGTON All day
16-18 SEC Combined Columbia, S.C. All day

MARCH

4, Saturday Last Chance Meet TBA TBA
9-11 ZONE DIVING MEET LEXINGTON All day
16-18 Women's NCAA Championships Austin, Texas All day
23-25 Men's NCAA Championships Indianapolis, Ind. All day