



## Kentucky Men's Performances

**Note: This is a list of all performances in all events. No conversions are applied. Wind-aided marks are excluded.**

### 100 Meters

ATHLETE	TIME	MEET DATE
Lang, Lance	10.08	May 26, 2021
Lang, Lance	10.20	May 26, 2021
Lang, Lance	10.24	May 13, 2021
Lang, Lance	10.26	Apr 30, 2021
Lang, Lance	10.29	Apr 30, 2021
Heath Jr., Rodney	10.37	Apr 16, 2021
Lang, Lance	10.41	Apr 2, 2021
Heath Jr., Rodney	10.45	Apr 2, 2021
Heath Jr., Rodney	10.49	May 13, 2021
Council, Cameron	10.68	Apr 2, 2021
Heath Jr., Rodney	10.70	Mar 26, 2021
Duffy, Chris	10.98	Apr 16, 2021
Duffy, Chris	11.18	Apr 16, 2021

### 200 Meters

ATHLETE	TIME	MEET DATE
Lang, Lance	20.08	May 13, 2021
St Hillaire, Dwight	20.25	Mar 26, 2021
Lang, Lance	20.36	May 13, 2021
Lang, Lance	20.39	Apr 16, 2021
Lang, Lance	20.39	May 26, 2021

ATHLETE	TIME	MEET DATE
Lang, Lance	20.51	Apr 2, 2021
St Hillaire, Dwight	20.69	Apr 16, 2021
Smith, Jacob	21.16	Mar 26, 2021
Brown, Tai	21.27	Apr 2, 2021
Council, Cameron	21.32	Apr 30, 2021
Council, Cameron	21.32	May 13, 2021
Heath Jr., Rodney	21.39	Apr 2, 2021
Council, Cameron	21.47	Apr 2, 2021
Lightner , Kennedy	21.52	May 13, 2021
Heath Jr., Rodney	21.54	Apr 16, 2021
Heath Jr., Rodney	21.62	May 13, 2021
Brown, Tai	21.73	Apr 16, 2021
Heath Jr., Rodney	22.05	Mar 26, 2021
Duffy, Chris	22.62	Apr 9, 2021
Duffy, Chris	23.10	Apr 16, 2021

### 400 Meters

ATHLETE	TIME	MEET DATE
St Hillaire, Dwight	44.74	Apr 2, 2021
St Hillaire, Dwight	45.12	May 13, 2021
St Hillaire, Dwight	45.27	May 13, 2021
St Hillaire, Dwight	45.46	May 26, 2021
St Hillaire, Dwight	45.81	Apr 30, 2021
St Hillaire, Dwight	45.91	May 26, 2021
Smith, Jacob	47.46	Apr 16, 2021
Council, Cameron	47.83	Apr 30, 2021
Lightner , Kennedy	48.03	Apr 30, 2021
Smith, Jacob	48.04	May 13, 2021

ATHLETE	TIME	MEET DATE
Council, Cameron	48.42	May 13, 2021
Council, Cameron	49.38	Apr 16, 2021
Turner, Brendan	51.99	Apr 16, 2021
Turner, Brendan	52.62	Apr 30, 2021

## 800 Meters

ATHLETE	TIME	MEET DATE
Allen, Dylan	1:50.97	Apr 30, 2021
Szalay, Gabriel	1:55.30	Apr 16, 2021
Szalay, Gabriel	1:55.64	Apr 30, 2021
Szalay, Gabriel	1:56.56	Mar 26, 2021

## 1500 Meters

ATHLETE	TIME	MEET DATE
Allen, Dylan	3:41.15	Apr 16, 2021
Allen, Dylan	3:43.67	Apr 9, 2021
Allen, Dylan	3:43.82	Apr 2, 2021
Allen, Jake	3:44.18	Apr 30, 2021
Allen, Dylan	3:44.25	May 26, 2021
Allen, Jake	3:45.86	Apr 16, 2021
Fields, Brennan	3:46.46	Apr 30, 2021
Allen, Jake	3:47.18	May 26, 2021
Allen, Jake	3:47.44	May 13, 2021
Fields, Brennan	3:47.53	Apr 2, 2021
Fields, Brennan	3:48.07	Apr 9, 2021
Allen, Jake	3:48.45	Apr 2, 2021
Thomas, Matthew	3:49.86	Apr 9, 2021
Allen, Jake	3:50.99	May 13, 2021
Kern, Ethan	3:51.44	Apr 30, 2021

ATHLETE	TIME	MEET DATE
Allen, Dylan	3:51.54	May 26, 2021
Kern, Ethan	3:51.76	Apr 2, 2021
Szalay, Gabriel	3:51.92	Apr 9, 2021
Williams, Shane	3:53.05	Apr 16, 2021
Szalay, Gabriel	3:53.68	Apr 30, 2021
Brizendine, Jacob	3:54.06	Apr 30, 2021
Duvall, Matt	3:54.39	Apr 2, 2021
Szalay, Gabriel	3:54.67	Apr 16, 2021
Thomas, Matthew	3:54.86	Apr 30, 2021
Duvall, Matt	3:55.27	Apr 30, 2021
Williams, Shane	3:55.53	Apr 30, 2021
Withrow, Aaron	3:56.21	Apr 30, 2021
Allen, Dylan	3:56.95	May 13, 2021
Griffin, McLean	3:57.24	Apr 9, 2021

### 3000 Meters

ATHLETE	TIME	MEET DATE
Mitchell, Jonah	8:35.22	Apr 30, 2021

### 5000 Meters

ATHLETE	TIME	MEET DATE
Duvall, Matt	14:09.16	Apr 9, 2021
Duvall, Matt	14:11.04	Apr 16, 2021
Allen, Jake	14:14.42	Apr 9, 2021
Kern, Ethan	14:21.34	Apr 16, 2021
Kern, Ethan	14:25.38	Apr 9, 2021
Fields, Brennan	14:26.36	Apr 16, 2021
Withrow, Aaron	14:31.04	Apr 16, 2021
Mitchell, Jonah	14:34.94	Apr 16, 2021

ATHLETE	TIME	MEET DATE
Allen, Jake	14:42.10	May 13, 2021
Withrow, Aaron	14:45.45	Apr 9, 2021
Mitchell, Jonah	14:47.38	Mar 26, 2021
Duvall, Matt	14:47.50	May 13, 2021
Kern, Ethan	14:50.19	May 13, 2021
Williams, Shane	14:53.28	Mar 26, 2021
Mitchell, Jonah	14:53.53	Apr 9, 2021
Williams, Shane	14:54.91	Apr 9, 2021

### 10,000 Meters

ATHLETE	TIME	MEET DATE
Duvall, Matt	30:29.13	May 13, 2021
Withrow, Aaron	30:49.98	May 13, 2021
Kern, Ethan	31:25.42	May 13, 2021

### 110 Hurdles

ATHLETE	TIME	MEET DATE
Brown, Tai	13.50	Mar 26, 2021
Brown, Tai	13.64	Apr 2, 2021
Brown, Tai	13.66	Apr 2, 2021
Brown, Tai	13.66	May 13, 2021

### 400 Hurdles

ATHLETE	TIME	MEET DATE
Williams, Kenroy	50.18	May 26, 2021
Williams, Kenroy	50.54	May 13, 2021
Williams, Kenroy	50.67	May 26, 2021
Williams, Kenroy	50.86	May 13, 2021
Williams, Kenroy	50.95	Apr 30, 2021
Williams, Kenroy	51.35	Apr 2, 2021

ATHLETE	TIME	MEET DATE
Williams, Kenroy	51.82	Apr 16, 2021
O'Daniel, Beck	53.03	Apr 2, 2021
O'Daniel, Beck	53.13	May 13, 2021
O'Daniel, Beck	53.32	Apr 16, 2021
O'Daniel, Beck	53.73	Apr 30, 2021
O'Daniel, Beck	54.56	Mar 26, 2021
Williams, Kenroy	54.85	Mar 26, 2021
Brown, Tai	1:01.05	Mar 26, 2021

### 3000 Steeplechase

ATHLETE	TIME	MEET DATE
Fields, Brennan	9:02.02	May 13, 2021
Thomas, Matthew	9:07.86	May 13, 2021
Griffin, McLean	9:18.61	Apr 2, 2021
Griffin, McLean	9:18.98	May 13, 2021
Griffin, McLean	9:24.55	Apr 30, 2021
Thomas, Matthew	9:29.59	Apr 2, 2021
Griffin, McLean	9:35.84	Mar 26, 2021

### 4 x 100 Relay

TIME	MEET DATE
39.26	Apr 16, 2021
39.29	May 13, 2021
39.45	May 26, 2021
39.52	Mar 26, 2021
39.54	Apr 30, 2021
39.59	Apr 2, 2021

### 4 x 400 Relay

TIME	MEET DATE
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TIME	MEET DATE
3:01.71	May 13, 2021
3:04.23	May 26, 2021
3:04.98	Apr 2, 2021
3:07.97	Mar 26, 2021
3:10.84	Apr 30, 2021
3:23.72	Apr 2, 2021
3:43.56	Mar 26, 2021

## High Jump

ATHLETE	MARK	CONV	MEET DATE
Minor, Rahman	2.16m	7' 1"	May 26, 2021
Minor, Rahman	2.15m	7' 0.5"	Apr 2, 2021
Minor, Rahman	2.15m	7' 0.5"	Apr 30, 2021
Minor, Rahman	2.07m	6' 9.5"	Mar 26, 2021
Minor, Rahman	2.07m	6' 9.5"	May 13, 2021
Minor, Rahman	2.06m	6' 9"	Apr 16, 2021
Causey III, Trey	2.05m	6' 8.75"	Apr 2, 2021
Causey III, Trey	2.01m	6' 7"	Apr 16, 2021
Causey III, Trey	1.97m	6' 5.5"	Mar 26, 2021

## Pole Vault

ATHLETE	MARK	CONV	MEET DATE
Daniel, Keaton	5.70m	18' 8.25"	May 13, 2021
Daniel, Keaton	5.50m	18' 0.5"	Apr 30, 2021
Daniel, Keaton	5.45m	17' 10.5"	Apr 2, 2021
Daniel, Keaton	5.35m	17' 6.5"	Mar 26, 2021
Daniel, Keaton	5.35m	17' 6.5"	May 26, 2021
Young, Lincoln	5.18m	17' 0"	Apr 30, 2021
Young, Lincoln	5.15m	16' 10.75"	Apr 2, 2021

ATHLETE	MARK	CONV	MEET DATE
Young, Lincoln	5.15m	16' 10.75"	Apr 16, 2021
Jardine, Joseph	5.15m	16' 10.75"	May 26, 2021
Shepler, Dalton	5.15m	16' 10.75"	May 26, 2021
Shepler, Dalton	5.10m	16' 8.75"	May 13, 2021
Jardine, Joseph	5.10m	16' 8.75"	May 13, 2021
Young, Lincoln	5.10m	16' 8.75"	May 13, 2021
Shepler, Dalton	5.05m	16' 6.75"	Apr 16, 2021
Shepler, Dalton	5.03m	16' 6"	Apr 30, 2021
Shepler, Dalton	5.00m	16' 4.75"	Mar 26, 2021
Young, Lincoln	5.00m	16' 4.75"	May 26, 2021
Jardine, Joseph	4.85m	15' 11"	Mar 26, 2021
Young, Lincoln	4.85m	15' 11"	Mar 26, 2021
Jardine, Joseph	4.85m	15' 11"	Apr 2, 2021
Jardine, Joseph	4.75m	15' 7"	Apr 16, 2021
Shepler, Dalton	4.70m	15' 5"	Apr 2, 2021

### Long Jump

ATHLETE	MARK	CONV	MEET DATE
Causey III, Trey	7.78m	25' 6.25"	Apr 30, 2021
Causey III, Trey	7.58m	24' 10.5"	May 26, 2021
Causey III, Trey	7.56m	24' 9.75"	May 13, 2021
Causey III, Trey	6.55m	21' 6"	Apr 16, 2021

### Triple Jump

ATHLETE	MARK	CONV	MEET DATE
Palmer, Joseph	15.37m	50' 5.25"	May 13, 2021
Palmer, Joseph	14.83m	48' 8"	Apr 30, 2021
Palmer, Joseph	14.68m	48' 2"	May 26, 2021
Palmer, Joseph	14.66m	48' 1.25"	Mar 26, 2021



ATHLETE	MARK	CONV	MEET DATE
Palmer, Joseph	14.61m	47' 11.25"	Apr 2, 2021
Causey III, Trey	14.30m	46' 11"	Mar 26, 2021
Palmer, Joseph	13.76m	45' 1.75"	Apr 16, 2021

## Shot Put

ATHLETE	MARK	CONV	MEET DATE
Sobota, Josh	18.75m	61' 6.25"	May 26, 2021
Lenford Jr., Charles	18.72m	61' 5"	May 26, 2021
Sobota, Josh	18.56m	60' 10.75"	May 13, 2021
Lenford Jr., Charles	18.33m	60' 1.75"	Apr 30, 2021
Sobota, Josh	18.28m	59' 11.75"	Apr 30, 2021
Lenford Jr., Charles	18.16m	59' 7"	May 13, 2021
Lenford Jr., Charles	17.88m	58' 8"	Apr 2, 2021
Sobota, Josh	17.87m	58' 7.5"	Apr 16, 2021
Lenford Jr., Charles	17.82m	58' 5.75"	Apr 16, 2021

## Discus

ATHLETE	MARK	CONV	MEET DATE
Lenford Jr., Charles	59.58m	195' 6"	May 13, 2021
Lenford Jr., Charles	58.29m	191' 3"	May 26, 2021
Lenford Jr., Charles	58.08m	190' 7"	Apr 16, 2021
Sobota, Josh	57.55m	188' 10"	May 13, 2021
Sobota, Josh	57.18m	187' 7"	May 26, 2021
Sobota, Josh	56.69m	186' 0"	Apr 30, 2021
Lenford Jr., Charles	56.63m	185' 9"	Apr 30, 2021
Lenford Jr., Charles	56.06m	183' 11"	Apr 2, 2021
Sobota, Josh	55.31m	181' 5"	Mar 26, 2021
Lenford Jr., Charles	54.88m	180' 1"	Mar 26, 2021
Sobota, Josh	54.03m	177' 3"	Apr 16, 2021

ATHLETE	MARK	CONV	MEET DATE
Sobota, Josh	53.98m	177' 1"	Apr 2, 2021
Roller, Ezarius	48.22m	158' 2"	Mar 26, 2021
Roller, Ezarius	46.95m	154' 0"	May 13, 2021
Kruzel, John	46.49m	152' 6"	Apr 30, 2021
Browning, Michael	45.99m	150' 11"	Apr 16, 2021
Browning, Michael	45.22m	148' 4"	Apr 2, 2021
Kruzel, John	44.19m	145' 0"	Mar 26, 2021
Kruzel, John	43.74m	143' 6"	Apr 16, 2021
Kruzel, John	43.66m	143' 3"	Apr 2, 2021
Roller, Ezarius	42.64m	139' 11"	Apr 16, 2021
Browning, Michael	41.54m	136' 3"	Apr 30, 2021
Browning, Michael	36.40m	119' 5"	Mar 26, 2021

## Hammer

ATHLETE	MARK	CONV	MEET DATE
Lenford Jr., Charles	64.50m	211' 7"	May 13, 2021
Lenford Jr., Charles	62.04m	203' 6"	Apr 16, 2021
Lenford Jr., Charles	61.46m	201' 8"	Apr 30, 2021
Lenford Jr., Charles	61.24m	200' 11"	May 26, 2021
Lenford Jr., Charles	59.63m	195' 8"	Mar 26, 2021
Lenford Jr., Charles	57.86m	189' 10"	Apr 2, 2021
Browning, Michael	56.70m	186' 0"	Apr 16, 2021
Browning, Michael	55.73m	182' 10"	Mar 26, 2021
Browning, Michael	55.57m	182' 4"	Apr 30, 2021
Browning, Michael	55.33m	181' 6"	May 13, 2021
Johnson, Aeon	45.94m	150' 9"	Mar 26, 2021
Roller, Ezarius	43.58m	143' 0"	Apr 2, 2021
Kruzel, John	43.41m	142' 5"	Apr 30, 2021

ATHLETE	MARK	CONV	MEET DATE
Roller, Ezarious	39.04m	128' 1"	Apr 30, 2021
Roller, Ezarious	38.59m	126' 7"	Mar 26, 2021

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