

2022 Rod McCravy Memorial Track & Field Meet

University of Kentucky

Nutter Field House

January 28 - 29

Things to Know and Do



January 24
Monday

Staff Travel Party Roster DUE

Scan & Email (dweber@uky.edu) or **FAX** (859-323-0025)

January 25
Tuesday

3:00pm ~ DEADLINE to finalize entries on Direct Athletics
SCRATCHES: Following the entry deadline, please email your scratches to Don Weber at dweber@uky.edu

January 27
Thursday

6:00 - 900 pm ~ Field House will be available for pre-meet
Team packets will be available in the timing deck on the back stretch.

UK Event Management will be setting-up the field event venues on Thursday evening, so the track will be only venue available

January 28
Friday

9:00 am ~ Field House opens for competing teams
Team packets will be available at Athlete Check-In Table
The Field House will close at the end of competition.

January 29
Saturday

8:30 am ~ Field House opens for competing teams
Team packets will be available at Athlete Check-In Table on the infield.

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ENTRIES:

All entries must be made through Direct Athletics. Direct Athletics will be available for entry submission beginning December 1, 2021 through 3:00 pm on Tuesday, Jan. 25.

www.directathletics.com

The DA system will list the TFRRS top time/mark by default. However, you may opt out and enter an estimated time/mark with an entry note. We strongly encourage TFRRS entry marks, but we will consider speculative entry data.

FINAL ENTRIES:

DEADLINE: 3:00 pm eastern time on Tuesday, January 25, 2022

QUESTIONS:

Please email questions to Don Weber at dweber@uky.edu

TEAM ENTRY FEE:

Five hundred dollars (**\$500.00**) per team. Men and women's teams from the same school will be considered separate teams. **Make entry fee checks payable to: UKAD** (University of Kentucky Athletic Department). **Entry fees for teams with less than 14 athletes will be \$30 per athlete.** Entry fees may be paid with credit card through Direct Athletics or at packet pick-up with cash or check.

PRE- MEET WORKOUT: The Nutter Field House will be available for pre-meet shake-out on Thursday, January 27 between 6:00 – 9:00 pm. UK Event Management personnel will be setting-up all the field event venues Thursday evening so the track will likely be the only venue available. The field house will open at 9:00 am on Friday, January 28, and will close immediately following the end of the competition. The field house will open at 8:30 am on Saturday, January 29

CONDUCT OF MEET: All running events, except the 60 meters and 60m hurdles, will be contested as “sections against time” finals. All 60 meter and 60m hurdles entrants should plan on running the first qualifying round on Friday. Sections in the other running events and the order of competition in the field events will be seeded according to entry marks. In the field events, the highest seeded flight will be contested last. Nine athletes will advance to the finals in 60m & 60m hurdles and field events. A tentative time schedule of events is enclosed. The schedule of events and event times may be revised depending on the number of final entries.

WARM-UP LOGISTICS: Athletes should warm-up outdoors or inside the designated warm-up area on the track infield. The designated warm-up area will be enclosed by white sport fencing on the track infield. Hurdles and blocks will be available on the track backstretch for 60m and 60m hurdle warm-ups. Only athletes competing in the event currently being contested will be allowed on the home stretch. Teams are required to locate or “camp” inside the designated team area on the track infield.

FACILITIES: The Nutter Field House track is 291 meter, Mondo Super X Track with six lanes on the oval and nine lanes on the sprint straightaway. **Shot put** and **weight circles** are plywood. The Mondo surfaced **Long/Triple Jump** runways are 170 feet in length with a take-off boards at 12 feet, 35 feet and 41 feet. The Mondo surfaced **Pole Vault Runways** are 152 feet in length

STARTING BLOCKS: UCS starting blocks will be provided. No other blocks may be used.

ATHLETE DECLARATION Athletes in all **RUNNING EVENTS** must declare their intentions to compete at the Athlete’s Check-In Table located on the track infield at least 20 minutes prior to their race. Once declared, competitors will receive hip numbers. Following declaration, competitors should report to the clerks of course at the starting line for their race. Finalists in the 60 meter and the 60m hurdles should report directly to the start line for the final round of competition. Hip numbers for finalist will be distributed at the start line. **200m competitors and 4 x 400m relay teams must declare their intentions to compete during a time frame detailed in the team packet. Relay Cards** will be distributed in the team packet and extra cards will be available at the Athlete Check-In Table on the infield. Relay teams must submit relay cards at check-in.

Athletes in the **High Jump** should declare their intention to compete with event officials at their competition venues 60-20 minutes prior to the scheduled start time. **Pole Vault** check-in is 75-50 minutes prior to start time. Athletes competing in the **Shot, Weight, Long, & Triple Jumps** must declare their intention to compete with event officials 60-20 minutes prior to the start of the event. Shots and weights will be inspected 60 – 20 minutes prior to the event start time. Field events will start on time!

ALLOWABLE SPIKES: **One quarter inch, pyramid spikes are the only spikes allowed.** Needle or Christmas tree spikes are not permitted. Starting line clerks will prohibit athletes without the approved spikes from competing.

NUTTER FIELD HOUSE The Nutter Field House is located on the south side of the UK campus next to Kroger Field Football Stadium. **Address: 1401 Sports Center Drive, Lexington, KY 40506. Pole Vault poles may be shipped to the Nutter Field House.** Please call 859 257 7124 to confirm delivery of your poles.

TIMING: All Trax Timing will provide timing and result services. Additionally, a recognizable **SPLIT TIMER** carrying a blue “**SPLIT TIMER**” sign will move around the track providing exact split locations for the 800, mile, 3K, 5K & relays.

SPORTS MEDICINE: The UK Sports Medicine Department will staff a training room at the north end of the Field House. Trainers from all participating schools will have access to this area and select modalities available at the site. Questions regarding sports medicine issues should be directed to **Lorraine Wiley at (704) 299-0524**, or emailed to **Lorraine.wiley@uky.edu**

HOSPITALITY: Lunch will be available for team staff in the backroom of the field house near the rear pole vault venue. Admission to the hospitality area will require a Hospitality Pass. Hospitality Passes will be distributed in your team packet. **You must email (dweber@uky.edu) or fax (859-323-0025) the attached Staff Travel Party Roster with the names of your coaching staff members and other team support personnel by Monday, January 24 to receive Hospitality Passes**

RESULTS: Results will be posted on the track infield. At the conclusion of the meet, complete results will be distributed in the entrance lobby of the field house. Results will also be available on the UK web site: www.ukathletics.com.

DRESSING/SHOWER: **VERY LIMITED** dressing and just two showers are available in the Nutter Field House. You must supply your own towels.

FOOD & DRINK POLICY: Although pre-competition snack foods (nutritional bars, fruit, etc.) are allowed in the field house, team “fast food” picnic meals are not. Please limit all drinks to containers with lids and ask your athletes to deposit all refuse in the trashcans. Your assistance in keeping the field house clean will be greatly appreciated.



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(Tentative Time Schedule of Events – Subject to change)

Friday, January 28

Heptathlon

11:00 am - 60 Meter
11:35 am - Long Jump (track runway)
12:35 pm - Shot Put
1:35 pm - High Jump (start line pit)

Pentathlon

11:15 am – **60m Hurdles**
11:50 am - **High Jump** (start line pit)
1:30 pm - **Shot Put**
2:30 pm - **Long Jump** (track runway)
3:45 pm - **800 Meter**

Field Events

1:00 pm – **High Jump** – Men (finish line pit)
2:30 pm - **Weight Throw** – Women
following women – Men's **Weight Throw**
3:00 pm - **Long Jump** – Women
following women – Men's **Long Jump**
5:00 pm - **Pole Vault** – Women

Running Events

4:00 pm - **60 Meter** – Women – First Round
4:15 pm - **60 Meter** – Men – First Round
4:45 pm – **60m Hurdles** –Women–First Round
5:00 pm – **60m Hurdles** – Men – First Round
5:10 pm - **600 Meter** – Women
5:25 pm - **600 Meter** – Men
5:40 pm – **Distance Medley** – Women
5:55 pm – **Distance Medley** – Men
6:10 pm - **200 Meter** – Women
6:50 pm - **200 Meter** – Men

Saturday, January 29

Heptathlon

10:30 am - 60m Hurdles
11:30 pm – *Pole Vault* (track runway)
1:30 pm - 1000 Meter

Field Events

9:30 am – **High Jump** –Women (start line pit)
11:00 am - **Shot Put** – Women
following women – Men's **Shot Put**
11:00 am - **Triple Jump** – Women
following women – Men's **Triple Jump**
1:30 pm - **Pole Vault** – Men

Track Events

12:00 pm - **60 Meter** – Women – Semifinal
12:10 pm - **60 Meter** – Men – Semifinal
12:20 pm – **60m Hurdle** – Women – Semifinal
12:30 pm – **60m Hurdle** – Men – Semifinal
12:40 pm - **Mile** – Women
12:55 pm - **Mile** – Men
1:10 pm - **60 Meter** – Women – Final
1:15 pm - **60 Meter** – Men – Final
1:20 pm – **60m Hurdle** – Women – Final
1:25 pm – **60m Hurdle** – Men – Final
1:30 pm - **400 Meter** – Women
1:55 pm - **400 Meter** – Men
2:20 pm - **800 Meter** – Women
2:35 pm - **800 Meter** – Men
2:45 pm - **3,000 Meter** – Women
3:00 pm - **3,000 Meter** – Men
3:20 pm – **4 x 400 Meter** – Women
3:45 pm – **4 x 400 Meter** - Men

McCravy Memorial Staff Travel Party Roster

Scan & Email (dweber@uky.edu) or FAX (859-323-0025) by Monday, January 24

TEAM _____ **Men - Women - Combined**

Coaching Staff:

_____ Head Coach
_____ Asst. Coach
_____ Asst. Coach
_____ Asst. Coach
_____ Asst. Coach
_____ Asst. Coach
_____ Vol. Coach
_____ Vol. Coach

Athletic Trainers:

Team Managers:

Media Relations:

Head Coach's Signature _____

Directions to Nutter Field House

From Bluegrass Parkway

When the Parkway ends, exit right and the road turns into US-60 East (Versailles Road). Follow US-60 East approximately 10 miles into Lexington and turn right onto Mason Headley Road. Follow Mason Headley 1.5 miles until the lighted intersection at Harrodsburg Road (Broadway). Go straight through the intersection as Mason Headley becomes Waller Avenue. Continue traveling Waller for a mile until the lighted intersection at Nicholasville Road. Go straight through the intersection as Waller Avenue becomes Cooper Drive. Continue on Cooper through the first light at University Drive and turn right at the next light (Sports Center Dr.). Nutter Field House will be at the end of that road.

From the North and West

Follow I-64 East I-75 South to exit 115 (marked Lexington/Airport). Merge onto Newtown Pike. Follow Newtown Pike towards downtown for approximately 3 miles. Turn left onto Main Street. Follow Main Street for 0.4 miles as it turns into Vine Street. Follow Vine for 0.3 miles and turn right at Upper Street. Continue on Upper St. for 0.7 miles as it turns into Limestone. Continue on Limestone for 0.8 miles until the lighted intersection at Cooper Drive. Turn left onto Cooper Drive passing through the light at University Drive and turn right at the next light (Sports Center Dr.). Nutter Field House will be at the end of that road.

From the East

Follow I-64 West to exit 113 (US-27/US-68 toward Lexington/Paris). Turn right onto Broadway (US-27 S/US-68 W). Follow Broadway towards downtown for approximately 3 miles. Turn left onto Vine Street. Follow Vine for 0.2 miles and turn right at Upper Street. Continue on Upper St. for 0.7 miles as it turns into Limestone. Continue on Limestone for 0.8 miles until the lighted intersection at Cooper Drive. Turn left onto Cooper Drive passing through the light at University Drive and turn right at the next light (Sportscenter Dr.). Nutter Field House will be at the end of that road.

From the South

Follow I-75 North to exit 108 (Man O' War Blvd). Turn left off of the ramp onto Man O' War Blvd. Follow for 2.3 miles to the lighted intersection at Alumni Drive. Turn right onto Alumni. Follow Alumni 3.8 miles to the lighted intersection at Tates Creek Road. Continue through the light at Tates Creek and follow Alumni for 0.2 miles and take a right onto College Avenue. Go 0.3 miles around a curve and Nutter Field House will be on your left.

