



SEC OUTDOOR CHAMPIONSHIPS

MAY 12-14, 2022 (Thurs - Sat)



FINAL SCHEDULE (AS OF 05/04/22)								
Thursday May 12, 2022			Friday May 13, 2022			Saturday May 14, 2022		
Running Events			Running Events			Running Events		
6:30 PM	Women's 800 Meters	Prelim	6:00 PM	Women's 100 Meter Hurdles	Prelim	5:05 PM	Women's 4x100 Meter Relay	Final
6:50 PM	Men's 800 Meters	Prelim	6:15 PM	Men's 110 Meter Hurdles	Prelim	5:15 PM	Men's 4x100 Meter Relay	Final
7:10 PM	Women's 200 Meters	Prelim	6:40 PM	Women's 1500 Meters	Prelim	5:25 PM	Women's 1500 Meters	Final
7:35 PM	Men's 200 Meters	Prelim	7:00 PM	Men's 1500 Meters	Prelim	5:35 PM	Men's 1500 Meters	Final
8:00 PM	Women's 400 Meters Hurdles	Prelim	7:20 PM	Women's 400 Meters	Prelim	5:45 PM	Women's 100 Meter Hurdles	Final
8:20 PM	Men's 400 Meters Hurdles	Prelim	7:45 PM	Men's 400 Meters	Prelim	5:55 PM	Men's 110 Meter Hurdles	Final
8:40 PM	Women's 10,000 Meters	Final	8:10 PM	Women's 100 Meters	Prelim	6:05 PM	Women's 400 Meters	Final
9:20 PM	Men's 10,000 Meters	Final	8:35 PM	Men's 100 Meters	Prelim	6:15 PM	Men's 400 Meters	Final
			9:00 PM	Women's 3,000 Meter Steeplechase	Final	6:25 PM	Women's 100 Meters	Final
			9:20 PM	Men's 3,000 Meter Steeplechase	Final	6:35 PM	Men's 100 Meters	Final
Field Events			Field Events			Field Events		
12:00 PM	Women's Hammer Throw	Final	4:30 PM	Men's Long Jump	Final	6:45 PM	Women's 800 Meters	Final
2:15 PM	Men's Hammer Throw	Final	5:00 PM	Womens' High Jump	Final	6:55 PM	Men's 800 Meters	Final
6:30 PM	Women's Javelin	Final	6:00 PM	Women's Shot Put	Final	7:05 PM	Women's 400 Meter Hurdles	Final
8:00 PM	Men's Javelin	Final	6:05 PM	Men's Pole Vault	Final	7:15 PM	Men's 400 Meter Hurdles	Final
Men's Decathlon - Day 1			Men's Decathlon - Day 2			Field Events		
2:00 PM	Men's 100 Meters	Decathlon	7:05 PM	Women's Long Jump	Final	7:25 PM	Women's 200 Meters	Final
2:40 PM	Men's Long Jump	Decathlon	8:00 PM	Men's Shot Put	Final	7:35 PM	Men's 200 Meters	Final
3:40 PM	Men's Shot Put	Decathlon	1:45 PM	Men's 110 Meter Hurdles	Decathlon	7:45 PM	Women's 5,000 Meters	Final
4:35 PM	Men's High Jump	Decathlon	2:30 PM	Men's Discus Throw	Decathlon	8:05 PM	Men's 5,000 Meters	Final
6:05 PM	Men's 400 Meters	Decathlon	3:40 PM	Men's Pole Vault	Decathlon	8:30 PM	Women's 4x400 Meter Relay	Final
Women's Heptathlon - Day 1			Women's Heptathlon - Day 2			Field Events		
2:20 PM	Women's 100 Meters Hurdles	Heptathlon	5:15 PM	Mens Javelin Throw	Decathlon	8:40 PM	Men's 4x400 Meter Relay	Final
3:00 PM	Women's High Jump	Heptathlon	6:30 PM	Men's 1500 Meters	Decathlon	12:30 PM	Women's Discus Throw	Final
4:55 PM	Women's Shot Put	Heptathlon				2:30 PM	Women's Triple Jump	Final
5:50 PM	Women's 200 Meters	Heptathlon				2:45 PM	Men's Discus Throw	Final
						3:00 PM	Men's High Jump	Final
						5:00 PM	Women's Pole Vault	Final
						5:45 PM	Men's Triple Jump	Final