



BEHAVIORAL AND MENTAL



Campus Resources

UHS Behavioral Health Clinic

4th Floor University Health Services
859-323-5511 to schedule appointment
Open M-F 8a—4:30p Saturday 9a—11a

Center for Support and Intervention

513 Patterson Office Tower Open M-F 8a—5p 859-257-3755
Case management office for behavioral intervention and assessment
Appropriate for roommate/fellow students/teammates behavioral concerns

VIP Center

"Violence Intervention and Prevention"

Gatton Student Center Room C316
Confidential advocates available for walk-in appointments M-F 9a-5p or schedule by calling 859-257-3574



Changes are coming to the Counseling Center and other campus resources!

UK Counseling Center

104 Mandrell Hall Open M-F 8a—4:30p 859-257-8701
Mental health clinician (Daytime On-Call clinician, ask for the DOC) available by phone or walk-in for emergent cases
24 hr/day availability for urgent phone consultation with a mental health

Check them out!



859-218-yoUK

UK Good Samaritan Hospital Emergency Department

Psychiatric Services are available 24 hours a day for crisis/emergency situations, including but not limited to:

- Thoughts, attempts, or plans of self-harm or harm to others
- Altered mental or physical state following excessive alcohol or substance use/abuse

REMINDER: Reach out to your athletic trainer to obtain help

If the person you are trying to help poses a threat to themselves or potentially to anyone — seek emergency help and



Students have access to:

- 2 30 min virtual sessions/month with licensed professional
 - Multi-lingual offerings
- UNLIMITED text and audio messaging

[Click here for more info!](#)

TRACS

"Triage, Referral, Assistance, & Crisis Support"
Gatton Student Center 3rd Floor, East Wing

Physical and virtual one-stop shop for a quick referral to support services or receive direct clinical support for a range of mental health needs and crises

- Show up in person
- Call 859-21-TRACS (859-218-7227)

[Complete this form for assistance](#)



UKAD Resources

Dr. Marc Cormier

PhD, CMPC, LPCA
Sport and Performance Psychology
Available for treatment of mental health concerns
Specific sport psychology issues to help aid performance
Schedule via text at 304-777-8024

Staff ATC

Your athletic trainer can assist in setting you up with ANY resources available both specific to UKAD or through campus

Confused where to start? That's okay!

Dr. Scott Littleton, MD

Psychiatrist 859-257-5276
Available for diagnosis and treatment of the full spectrum of mental health concerns