

# 2024 Rod McCravy Memorial T&F Meet

## January 12-13, 2024

TENTATIVE SCHEDULE as of 12.30.2023

**Friday, January 12<sup>th</sup>**

### Field Events

12:00 pm - **High Jump** – Women  
12:00 pm - **High Jump** – Men  
1:30 pm - **Weight Throw** – Men  
*following men* – **Women's Weight Throw**  
1:30 pm - **Long Jump** – Women  
*following women* – **Men's Long Jump**  
3:30 pm – **Pole Vault** - Women

### Track Events

3:00 pm - **60 meters** – Women – First Round  
3:20 pm - **60 meters** – Men – First Round  
3:40 pm – **60m Hurdle** – Women – First Round  
3:55 pm – **60m Hurdle** – Men – First Round  
4:05 pm - **300 meters** – Women  
4:15 pm - **300 meters** – Men  
4:25 pm - **600 meters** – Women  
4:45 pm - **600 meters** – Men  
5:05 pm – **Distance Medley** – Women  
5:15 pm – **Distance Medley** – Men  
5:30 pm - **200 meters** – Women  
6:00 pm - **200 meters** – Men  
6:30 pm - **1,000 meters** - Women  
6:45 pm - **1,000 meters** - Men

**Saturday, January 13<sup>th</sup>**

### Field Events

11:00 am – **Pole Vault** – Men  
11:00 am - **Shot Put** – Women  
*following women* – **Men's Shot Put**  
11:00 am - **Triple Jump** – Women  
*following women* – **Men's Triple Jump**  
1:00 pm – **Invitational Pole Vault** - Men

### Track Events

12:00 pm - **60 meters** – Women – Semifinal  
12:10 pm - **60 meters** – Men – Semifinal  
12:20 pm – **60m Hurdle** – Women – Semifinal  
12:30 pm – **60m Hurdle** – Men – Semifinal  
12:40 pm - **Mile** – Women  
1:00 pm - **Mile** – Men  
1:10 pm - **60 meters** – Women – Final  
1:15 pm - **60 meters** – Men – Final  
1:30pm – **60m Hurdle** – Women – Final  
1:35 pm – **60m Hurdle** – Men – Final  
1:45 pm - **400 meters** – Women  
2:20 pm - **400 meters** – Men  
2:50 pm - **800 meters** – Women  
3:00 pm - **800 meters** – Men  
3:15 pm - **3,000 meters** – Women  
3:45 pm – **3,000 meters**– Men  
4:15 pm - **4x400m Relay** – Women  
4:35 pm - **4x400m Relay** - Men