



## Dear PE Co-ordinator/Class Teacher

Welcome to Sport Diddy and thank you for the incredible work you do teaching our children. Our aim is to get children active at home through the Sport Diddy Primary School challenges.

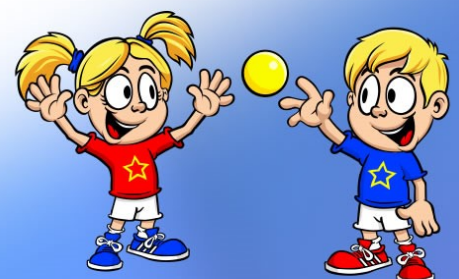
### Each pupil will need:

1. An individual scoresheet which can be stuck into their book. These can be downloaded from our “**Teacher’s Resources**” section on the web-site.
2. An individual password for the web-site for each pupil.

**Step 1:** As class teacher set a weekly PE homework task for your pupils by placing a sticker or tick next to a challenge on their scoresheet.

**Step 2:** Pupils watch the video of the nominated challenge and then have a go at it.

**Step 3:** Parents sign off the challenge and as a school you decide how you are going to record the challenges and celebrate success.





## The Challenges

The 56 challenges have been split into the 4 suits of a pack of playing cards (diamonds, spades, hearts and clubs). On the web-site there is a video of each challenge being performed with some helpful additional information below each video.

Each playing card is a PE challenge and the higher the number of the card the harder the challenge, they get progressively more difficult. The Ace being an easier challenge and the picture cards (Jack, Queen, King) being harder challenges. This allows you to set the challenges to the abilities of your pupils.

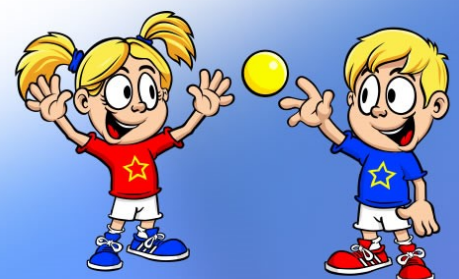
Each playing suit has a mixture of PE challenges including: throwing and catching, football, rugby, badminton, general exercises, tennis, cricket, volleyball and basketball.

## Joker Challenges

The Joker challenges feature some insane skills that have been put in to test your most gifted and talented pupils.

## Differentiation

Under each challenge we have suggested ways to make the challenge easier or harder. Pupils should be ready to change the challenge at any point if they find it too easy or too hard.





## Scoresheet/Recording success

Throughout their time at primary school, your pupils can have a go at lots of the challenges, recording their progress each term/year on their scoresheet.

One suggestion is to split the class/school into the 4 suits: diamonds, spades, hearts and clubs, similar to a house system. You can create friendly competition within your class/school to see which suit can do the most challenges with prizes, certificates and assemblies recognising pupil's achievements.

## Certificates (Teacher's Resources)

We have 5 certificates that you can download and give out to your pupils:

**Leader of the Pack:** for the child in each class who has completed the most challenges in a particular term or year

**Battle of the Suits:** for all the children in a particular suit e.g. diamonds, who have completed more challenges than the other suits

**Sporting Aces:** Children who try really hard, involve their family and friends, film the videos, talk about the challenges with their class and generally go above and beyond what has been asked of them.

**King & Queen of Hearts:** for children that are kind, humble, positive, helpful. They may have helped a friend to do a challenge, or encouraged other children in their class or suit

**The Joker:** for children completing any of the Joker challenges

