

Whether you're racing live against your peers, trying to out-row world-class athletes in "Pros vs. Joes" or being chased by sharks, Aviron's Impact Series Rower will put an end to boring workouts and have you coming back for more.



WORKOUT OPTIONS



VIRTUAL DESTINATIONS



Row through the world's most scenic destinations.



PROGRAMS

Guided workout programs designed by professional trainers and athletes.



GAMES

Outrun hungry wolves! Escape from zombies! And many more!



COMPETITION

Compete within your community for all the bragging rights.



PROS vs. JOES

Compete against professional athletes and Olympians.





Data-driven workouts that torch calories and build and tone muscle.



SOFTWARE FEATURES



WATCH VIDEO TUTORIALS

Worried you won't know what to do? Our videos teach you proper exercise technique to maximize your workouts.



MONITOR YOUR HEART RATE

Sync with your Bluetooth heart rate device to help you stay in your peak target zone for a more efficient workout.



LEADERBOARD

Discover who the top performers are on our global leaderboard.



EARN ACHIEVEMENTS

Achievements are mini rewards to keep you inspired and motivated.



PERSONALIZED WORKOUTS

Select personalized workouts to improve cardiovascular performance or increase strength, speed, and muscle.



ADD AND FOLLOW FRIENDS

Add, follow, and challenge friends. Keep track of each other's successes through the comprehensive profile to stay motivated.

ROWER TECHNOLOGY



Storing is simple and easy through a patented folding structure and 4 wheels.



DUAL AIR & MAGNETIC RESISTANCE SYSTEM

The gradual resistance delivered by the air system mimics the feeling of rowing through water, while the resistance delivered by the magnetic system provides exceptionally strong and smooth torque.

• 22" HD TOUCHSCREEN

• EASY RESISTANCE ADJUSTMENT

The dual resistance system can be easily adjusted during a challenge by using the touchscreen or external buttons to help you increase output, close the gap or extend your lead.

WHISPER POLY-V BELT

The industrial strength belt requires no ongoing maintenance and operates quieter than traditional chain belts.

ADJUSTABLE FOOT PAD

2-way adjustable foot pads allow you to adjust feet length.

ERGONOMIC SEAT

Our specially designed ergonomic seat, with additional rear support, delivers a more comfortable workout.



ROWER

FRAME

High strength aluminum

RESISTANCE

16 level dual air & magnetic system

BELT

Whisper Poly-V belt

SFA

Ergonomic seat with extra rear support

DIMENSIONS

246 x 53 x 108 cm

FOLDED DIMENSIONS

136 x 53 x 158 cm

WEIGHT

93LBS / 42KG

MAX USER WEIGHT

39/LBS / 180K0



TOUCHSCREEN

SCREEN

22" 1080P touchscreen

PROCESSORS

ARM 2.0Ghz dual core & 1.5Ghz quad core

GRAPHICS

ARM Mali-T864 GPU

MEMORY

4GB RAN

STORAGE

B eminic flas

OS

Android 7.0

WIFI

802.11 b/g/n/ad

BLUETOOTH

4.1

CAMERA

2 megapixel front-facing

SPEAKERS

2x2 watt stereo

CERTIFICATIONS

FCC, CE & IC