



TOUGH SERIES ROWER


Whether you're racing live against your peers, trying to out-row world-class athletes in "Pros vs. Joes" or being chased by sharks, Aviron's Tough Series Rower will put an end to boring workouts and have you coming back for more.




WORKOUT OPTIONS




VIRTUAL DESTINATIONS

 Row through the world's most scenic destinations.


PROGRAMS

 Guided workout programs designed by professional trainers and athletes.


GAMES

 Outrun hungry wolves! Escape from zombies! And many more!


COMPETITION

 Compete within your community for all the bragging rights.

PROS vs. JOES

 Compete against professional athletes and Olympians.

PERFORMANCE

 Data-driven workouts that torch calories and build and tone muscle.

SOFTWARE FEATURES



WATCH VIDEO TUTORIALS

Worried you won't know what to do? Our videos teach you proper exercise technique to maximize your workouts.



MONITOR YOUR HEART RATE

Sync with your Bluetooth heart rate device to help you stay in your peak target zone for a more efficient workout.



LEADERBOARD

Discover who the top performers are on our global leaderboard.



EARN ACHIEVEMENTS

Achievements are mini rewards to keep you inspired and motivated.



PERSONALIZED WORKOUTS

Select personalized workouts to improve cardiovascular performance or increase strength, speed, and muscle.



ADD AND FOLLOW FRIENDS

Add, follow, and challenge friends. Keep track of each other's successes through the comprehensive profile to stay motivated.



TOP 3 FINISHERS

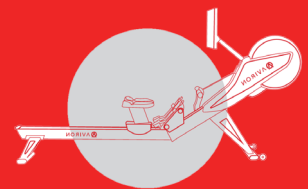
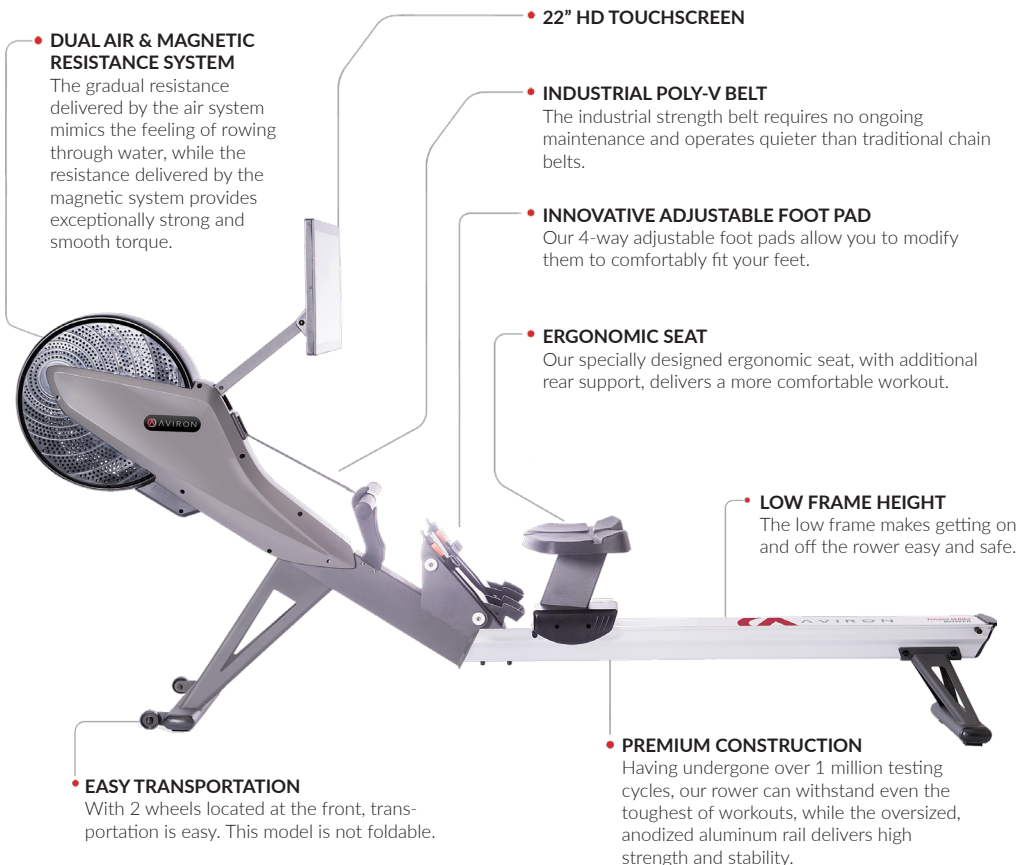
Finish a workout in the top 3 and celebrate by posting a victory photo!



TIMED WORKOUTS

Workouts range from 2 to 40 minutes in length, making it easy to fit workouts into your busy schedule.

ROWER TECHNOLOGY



ROWER

FRAME
High strength aluminum

RESISTANCE
16 level dual air & magnetic system

BELT
Whisper Poly-V belt

SEAT
Ergonomic seat with extra rear support

DIMENSIONS
249.5 x 53 x 111 cm

WEIGHT
125LBS / 56.5KG

MAX USER WEIGHT
507LBS / 230KG



TOUCHSCREEN

SCREEN
22" 1080P touchscreen

PROCESSORS
ARM 2.0Ghz dual core & 1.5Ghz quad core

GRAPHICS
ARM Mali-T864 GPU

MEMORY
4GB RAM

STORAGE
32GB eMMC flash

OS
Android 7.0

WIFI
802.11 b/g/n/ac

BLUETOOTH
4.1

CAMERA
2 megapixel front-facing

SPEAKERS
2x2 watt stereo

CERTIFICATIONS
FCC, CE & IC