



Building Safe, Scalable and Useful Al Products for a Health System

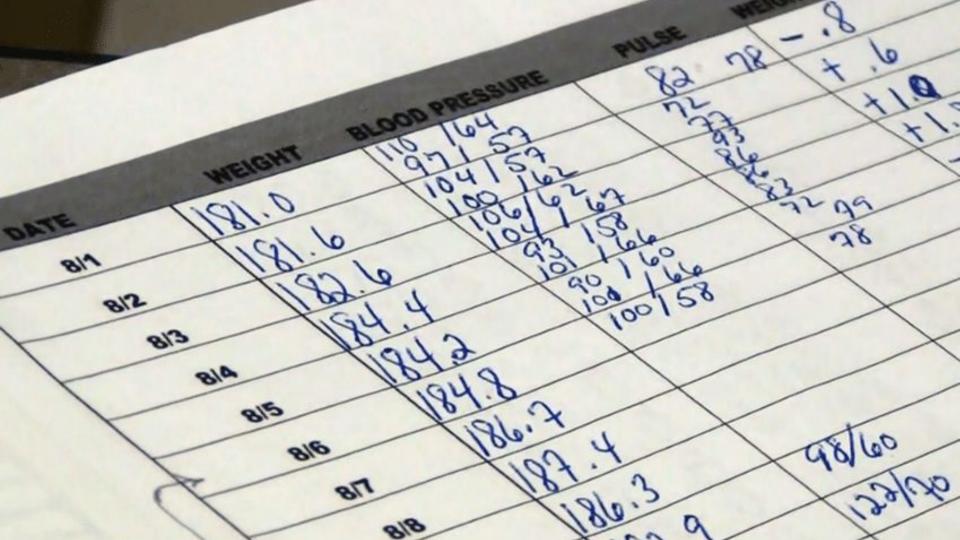
Ashley Beecy, MD, FACC | May 12, 2025

Medical Director, Artificial Intelligence Operations at NewYork-Presbyterian Assistant Professor of Medicine, Division of Cardiology at Weill Cornell Medicine









NUMBER OF PUBLICATIONS ON THE APPLICATION OF MACHINE LEARNING IN HEALTHCARE IN 2011–2021



https://pubmed.ncbi.nlm.nih.gov/?term=machine+le arning&filter=years.2011-2021&timeline=expanded

There is exponential growth in the number of machine learning projects representing the multitude of use cases in healthcare.

What Makes Healthcare Different?









Identifying the Problem | What is relevant?

- Understand org-wide priorities and challenges
- Assess current workflow and solution
- Spot issues and propose practical, fast solutions
- Plan model integration and affected roles
- Compare Al with simpler or cheaper alternatives
- Confirm data and labels are available
- Outline key components for success



Heart Failure Has Widespread Societal Impacts

>8,000,000

of adults with heart failure in the U.S. by 2030

1:5

Lifetime risk of developing HF for both men & women >40

\$69,700,000,000

\$ spent by U.S. health care annually on heart failure

 Goal: Transform cardiovascular health and heart disease prediction and prevention

Approach: Apply Al and machine learning to multi-modal data to screen for heart failure, predict progression, and inform care decisions

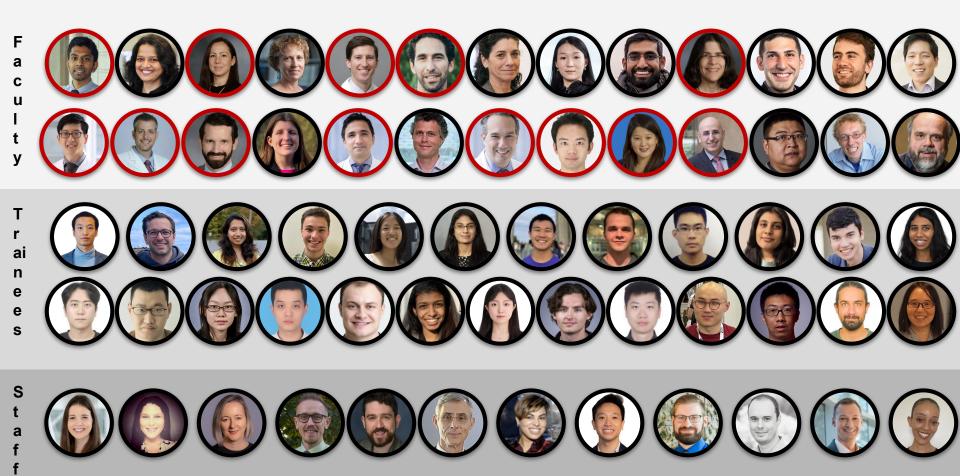
NewYork-Presbyterian, Cornell Tech and the Cornell Ann S. Bowers College of Computing and Information Science Collaborate to Transform How Health Care is Delivered

Organizations will advance cardiovascular medicine with the use of advanced analytics and artificial intelligence, moving towards prediction and prevention of heart disease.

Jul 14, 2022

New York, NY





How do you get started?

Areas of Focus Prevention Diagnosis Risk Prognosis Stratification Monitoring

Topics of Interest

- Heart Failure Reduced Ejection Fraction
 - LVAD
 - Transplant
- Cardio-Oncology
- Heart Failure Preserved Ejection Fraction
 - Cardiac Amyloidosis
- Hypertrophic Cardiomyopathy
- Valvular Disease
- Myocarditis
- Cardiac Sarcoidosis



Prognosticate using multimodal data sources



Identify disease processes with low cost readily available data



Understand severity of illness and management



Screen for transition to advanced heart failure

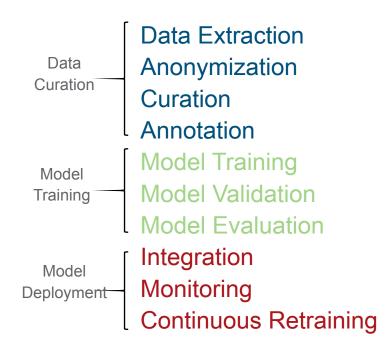


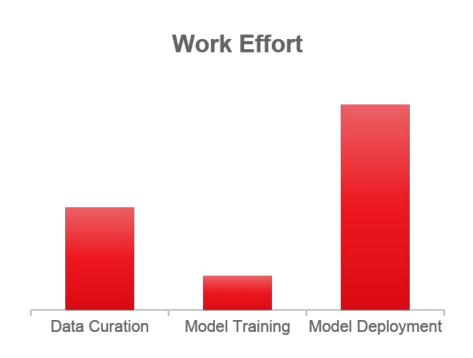
Model disparities in healthcare



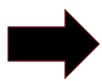
Screen for cardiac pathology on existing scans

Al Development | Life Cycle

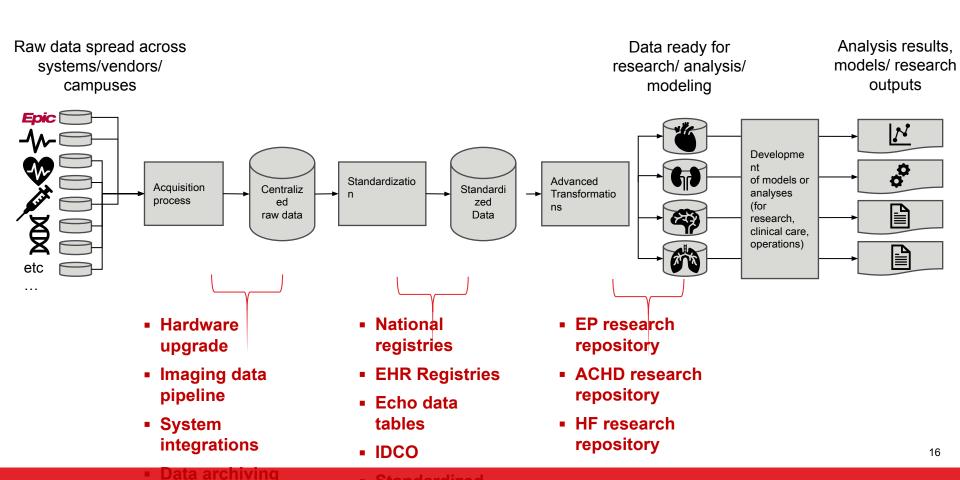








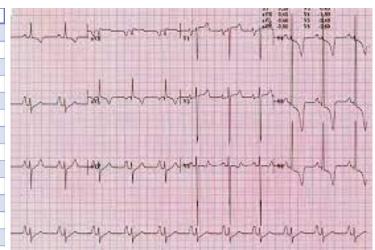




Electrocardiogram (ECGs)

- ECG machine upgrades to transmit all ECGs centrally
- Prospective "printing" to .xml files
- Conversion of >10 million ECGs to .xml files

TABLE NAME	~	DESCRIPTION	V	
stg_muse_site0001_diagnosis		staging table for ecg diagnosis text		
stg_muse_site0013_diagnosis		staging table for ecg diagnosis text		
stg_muse_site0001_patientdemographics		staging table for ecg patient demographics		
stg_muse_site0013_patientdemographics		staging table for ecg patient demographics		
stg_muse_site0001_ecgmeasurements		staging table for ecg measurements		
stg_muse_site0013_ecgmeasurements	staging table for ecg measurements			
stg_muse_site0001_testdemographics		staging table for ecg study information		
stg_muse_site0013_testdemographics		staging table for ecg study information		
ecg_key_link		reference table to crosswalk source ecg ids to model keys		
ecg_study		table which contains ecg study information		
ecg_diagnosis_text		table which contains ecg diagnosis text information		
ecg_measurements		table which contains ecg measurement information		



Epic MedicationID	GenericName	Epic GenericID	PHARM CLASS	PHARM SUBCLASS	HF Class
	Ezetimibe-Simvastatin			Antihyperlipidemics - Combinations	Antihyperlipidemics - Combinations
100					
	Icosapent Ethyl	3950003510	Antinyperiipidemic	Antihyperlipidemics - Misc.	Antihyperlipidemics - Misc.
51610	NULL	3699100220	Antihypertensive	Antihypertensive Combinations	Antihypertensives - Misc.
111566	amLODIPine Besylate-Valsa	3699300210	Antihypertensive	Antihypertensive Combinations	Calcium Channel Blockers
10637	Acetazolamide Cap ER 12H	3710001000	Diuretics	Carbonic Anhydrase Inhibitors	Carbonic Anhydrase Inhibitors
5231	Digoxin Tab 125 MCG (0.12	3120001000	Cardiotonics	Cardiac Glycosides	Cardiac Glycosides
47559	Cardioplegic Soln	4020001000	Cardiovascular Age	Cardioplegic Solutions	Cardioplegic Solutions
114764	Aliskiren-Hydrochlorothiazi	3699600215	Antihypertensive	Antihypertensive Combinations	Direct Renin Inhibitors
50775	Buchu-Cornsilk-Ch Grass-H	3799200410	Diuretics	Diuretic Combinations	Diuretics - Miscellaneous
31494	Fenofibrate Micronized Ca	3920002510	Antihyperlipidemic	Fibric Acid Derivatives	Fibric Acid Derivatives
24739	Carvedilol Tab 3.125 MG	3330000700	Beta blockers	Alpha-Beta Blockers	HF Beta Blocker
44726	Spironolactone-HCTZ	3799000220	Diuretics	Diuretic Combinations	HF Potassium Sparing Diuretics
7691	Pravastatin Sodium Tab 20	3940006510	Antihyperlipidemic	HMG CoA Reductase Inhibitors	HMG CoA Reductase Inhibitors
96483	Isosorb Dinitrate-hydrALAZ	4099500240	Cardiovascular Age	Cardiovascular Agents Misc Combination	Hydralazine
115479	Tadalafil Tab 2.5 MG	4030408000	Cardiovascular Age	Impotence Agents	Impotence Agents
145568	Milrinone Lactate in Dextro	3135005011	Cardiotonics	Inotropes	Inotropes
					Intestinal Cholesterol Absorption
39265	Ezetimibe Tab 10 MG	3930003000	Antihyperlipidemic	Intestinal Cholesterol Absorption Inhibitors	Inhibitors
162255	Furosemide in Sodium Chlc	3720003010	Diuretics	Loop Diuretics	Loop Diuretics
129051	Nitroglycerin Cap ER 6.5 M	3210003000	Antianginal agents	Nitrates	Nitrates

Al Development | Model Build

Echo - VO2

CT - EF

Remote Management

Remission - HF

ECG - Dynamics

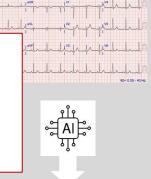






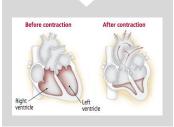
evaluated specifically for that condition.

Opportunistic screening is the practice of detecting diseases or health risks during routine clinical care, even when the patient isn't being









CT | LVEF

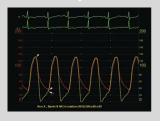


Device \square **Treatment**



Echo

LV Recovery



ECG \square Hemodynamics

Al Development | Model Build

- •5–25% of heart failure patients progress to advanced stages (~200,000/year).
- 1-year survival without advanced therapies is 25–50%;
 only ~6,000 receive advanced treatments annually.



- Echocardiography is commonly available but limited in estimating mortality.
- Cardiopulmonary exercise testing (CPET) is a strong mortality predictor but requires specialized equipment and expertise, limiting accessibility.

Workflow Data Collection and Predicting Peak VO2 Screening with Predicted Values as Scores Preprocessing Based on Deep Learning Structured Features Predicted Value Predicted Peak VO2 Multi-Modality Application to **HF Cohorts** Model Peak VO₂ > 14 mL/(kg·min) Peak VO₂ > 14 True Peak VO2 mL/(kg·min) Echo-VO2

Results

Development Cohort



- NewYork-Presbyterian/Columbia University Irving Medical Center
- o 1,000 CPET Studies
- (Regression) R2 Score: 0.560
- (Binary Classification) AUROC: 0.839

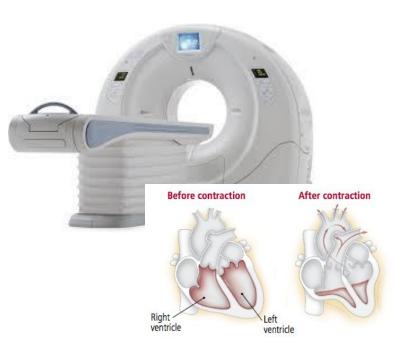
External Validation Cohort



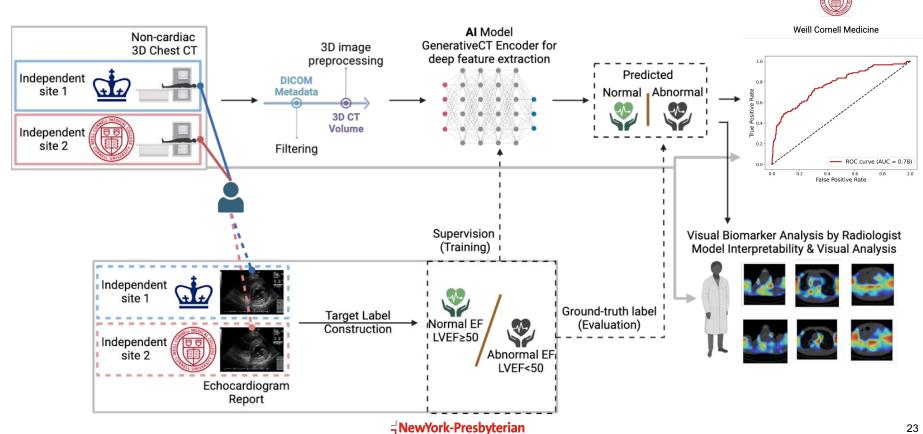
- NewYork-Presbyterian/Weill Cornell Medical Center NewYork-Presbyterian/Brooklyn Methodist Hospital NewYork-Presbyterian/Queens Hospital
- 127 CPET Studies
- Regression) R2 Score: 0.434
- (Binary Classification) AUROC: 0.809

Al Development | Model Build

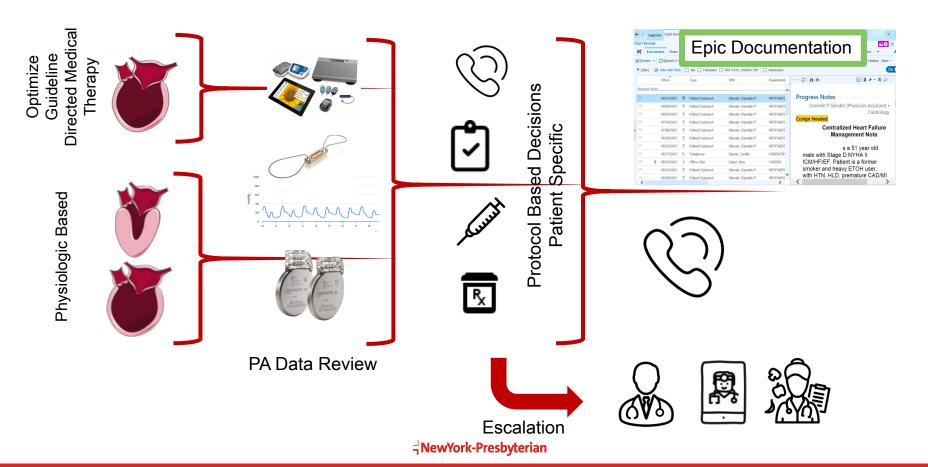
- Over 80 million computed tomography scans(CTs) are performed in the US yearly.
- Many CTs ordered for non-cardiac indications.
- Opportunity to identify patients early that would benefit from optimal heart failure care.



Al Development | CT-EF



Al Development | Centralized Remote Management Program

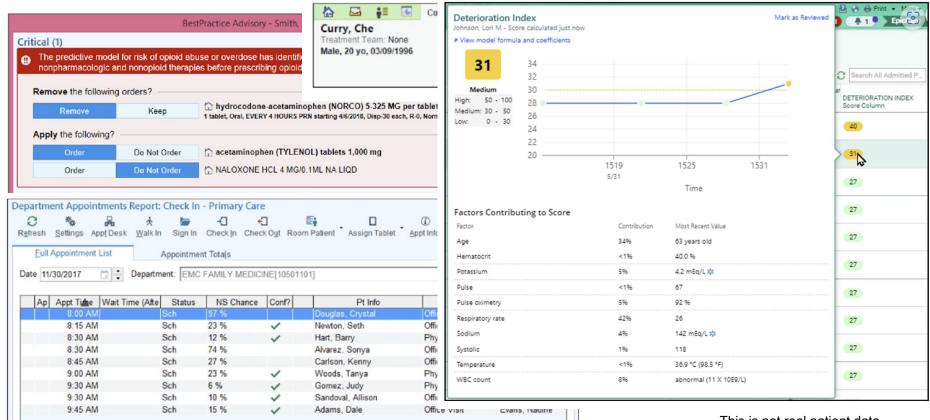


Al is poised to transform medicine if we can empower our providers by *effectively* delivering this assistive technology into the healthcare system.

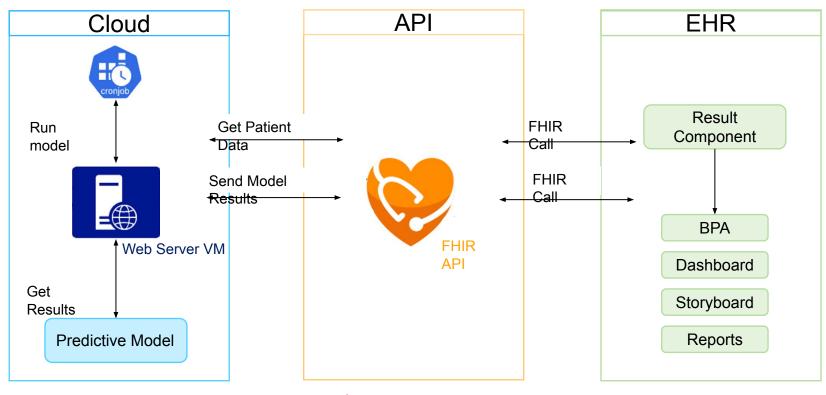
Al Deployment | Process Flow

Pre-Implementation	Peri-Implementation	Post-Implementation				
Model Performance	Measurement of Success	Monitoring and Surveillance				
Data & Infrastructure	Implementation Management	ເງດ Solution				
Model Integration	Silent Validation and Initial Pilot	Performance				
Bias						

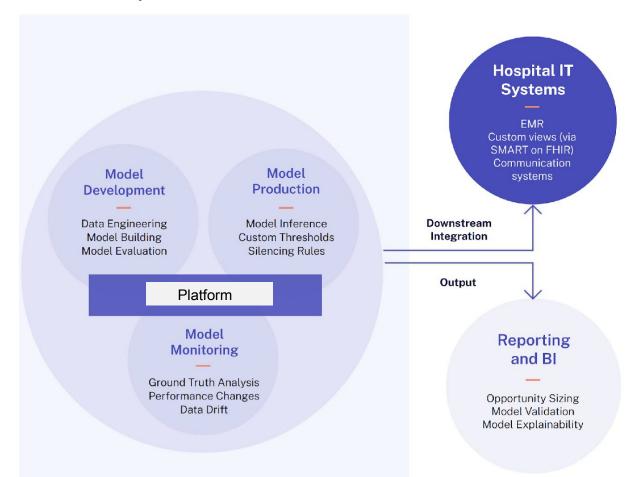
Al Deployment | Sample Model Integration Points



Al Deployment | Sample Model Architecture



Solution Performance | Monitoring and Surveillance



Solution Performance | Monitoring and Surveillance

Model Monitoring

- Inputs/Outputs
- Data Drift
- Performance

Technical Monitoring

- Run times
- Security
- Version control

Solution Monitoring

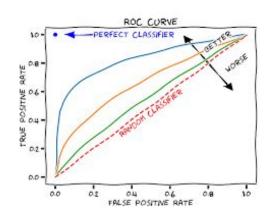
- Outcomes
- Usability
- Feedback

Regulatory and Compliance

- Policy adherence
- Health equity
- · Federal regulations

Solution Performance | Model Performance

The solution performance is more than an AUC





An AI solution requires contextual assessment



Determine the testable metrics at the initiation of integration

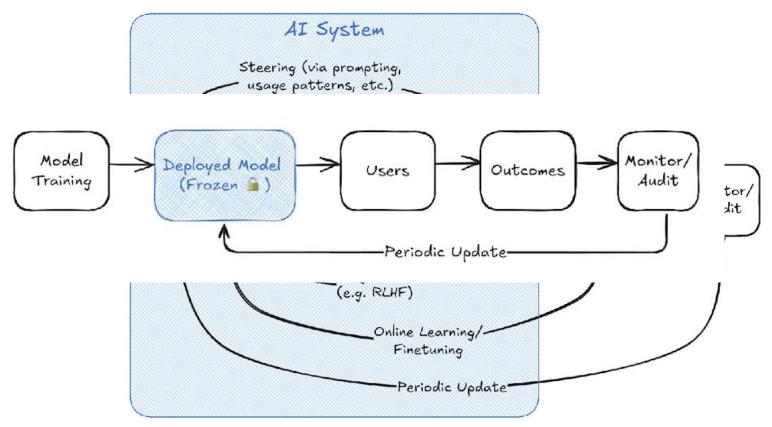


Compare the metrics to standard of clinical care before integration



Consider ability to measure the metrics and the resources involved

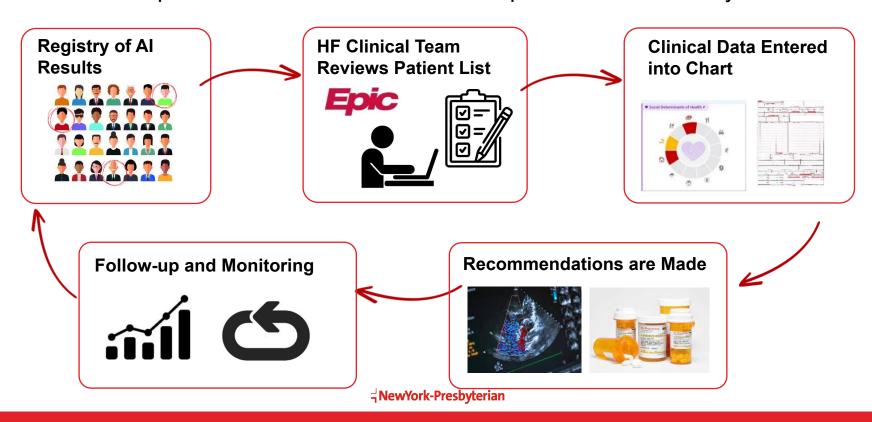
Solution Performance | Adaptive Systems



Rosenthal, Jacob T., Ashley Beecy, and Mert R. Sabuncu. "Rethinking clinical trials for medical Al with dynamic deployments of adaptive systems." *npj Digital Medicine* 8.1 (2025): 1-6.

Transparency and Trust | A Heart Failure Learning Health System

An iterative process where the Al model's outputs are continuously collected.



Solution Performance | Governance





Solution Performance | Governance

Risk to patient privacy

Through secondary use of patient data in Al model training and inference



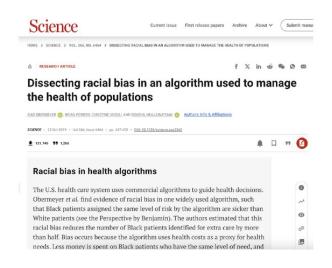
Risk to the quality of patient care

Through substitution of medical judgment by Al technology



Regulatory risk

If our use of AI does not meet regulatory requirements, e.g., for nondiscrimination



Slide courtesy of Beth Percha

Regulation and Trust | National Collaboration

National Organizations







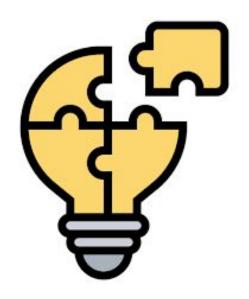


Advocacy





Summary



- Spend time up front understanding the problem, the proposed integration and the resources needed
- Verify the presumed value propositions via testing in real-world integration
- Understand the performance with integration includes more than the technical metrics
- Build consensus and trust with stakeholder involvement, transparency and communication



Questions