

10

PERSONAL ACCOUNTS

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12 MR. GREEN: On behalf of the Commission
13 on Safety and Abuse in America's Prisons, I would like
14 to welcome everyone to the second day of our hearings
15 in Newark, New Jersey. Before I introduce each of our
16 witnesses, I would like to thank them for their
17 willingness to discuss their very personal and moving
18 experiences with us.

19

20 Joe Baumann is a state correctional
21 officer in Southern California with 19 years of
22 experience working in prisons. His work has included
23 two years spent in a mental health unit for women
24 where there was a single staff psychologist caring for
25 700 inmates. Mr. Baumann will testify to the
wide-range of problems he has experienced firsthand as
a correctional officer, problems ranging from extreme

1 overcrowding to virtually nonexistent mental
2 healthcare.

3 Thomas Farrow is a former inmate who
4 was incarcerated for over two decades in the New
5 Jersey Department of Corrections. Diagnosed with
6 bipolar disorder, Mr. Farrow will describe the poor
7 mental healthcare which he received and the abuse of
8 mentally ill prisoners that he witnessed while
9 incarcerated during an era when the New Jersey prison
10 system was engaged in efforts to improve its quality
11 of care for the mentally ill.

12 Sister Antonia Maguire is a chaplain of
13 Taconic Correctional Facility, a women's prison in
14 West Chester County, New York. Sister Antonia has
15 been working in prisons for over 30 years and is a
16 member of the Franciscan Missionary Sisters of the
17 Sacred Heart. She will testify about her experiences
18 ministering to women prisoners and, particularly, the
19 grave difficulties they face in obtaining adequate
20 medical care.

21 Before we begin I would like to take
22 the opportunity to thank each of you again for your
23 willingness to come before this commission to discuss
24 your experiences. We will begin with Joe Baumann.

25 MR. BAUMANN: Thank you. I would like

1 to thank the Commission for this opportunity. My name
2 is Donald Joseph Baumann, I am a correctional officer
3 with the State of California. I started with the
4 state about 19 years ago. I realize the amount of
5 time I have allotted is brief so I will keep my
6 comments relatively short. I encourage any member of
7 the Commission to ask any follow-up questions or stop
8 me during the break, if they need to.

9 Since coming to the Department of
10 Corrections I've been assigned to the California
11 Institution For Men, California Institution for Women
12 and I am currently assigned to the California
13 Rehabilitation Center. While assigned to these three
14 institutions I have had the opportunity to work medium
15 security general population, administrative
16 segregation, protective custody housing, reception
17 centers and several mental health programs.

18 I'm also the current CRC Chapter
19 President of the California Correctional Peace
20 Officers Association, a position I've held since 1998.
21 I point this out to you primarily because I've been
22 threatened with discipline in the past for speaking
23 out about conditions in the prison system.
24 Particularly, if I identify myself as an employee of
25 the department. The observations and opinions I

1 express here are mine, solely and not those of the
2 department, nor the union.

3 In my capacity as a CCPOA activist,
4 I've had the opportunity to travel to all 32 adult
5 prisons and observe their operations and negotiate
6 terms and conditions of employment for our members
7 with various levels of departmental management. I
8 have seen overcrowded prisons that lack sufficient
9 space for proper medical and mental health facilities,
10 prisons that cannot recruit or attain qualified
11 medical healthcare professionals and a cadre of
12 custody and medical staff that are stretched to the
13 limits with the day-to-day grind to do a thankless
14 job.

15 As a correctional officer, I've helped
16 to disarm and restrain a suicidal inmate who was
17 slashing his wrists with a box cutting razor blade,
18 using nothing but a mattress because we lacked to put
19 men in training to do it any other way. I have had to
20 walk inmates who had a mouthful of their own fecal
21 matter to a psychiatrist for an exam. I've seen
22 inmates inappropriately housed for long periods of
23 time because the lack of bed space, placing the other
24 inmate staff and the general public at risk.

25 California is the largest correctional

1 system in the United States with over 160,000 inmates
2 in its various institutions, camps and community
3 correctional facilities and an additional 120,000
4 offenders on parole.

5 Most of its institutions currently
6 house over 190 percent of their design capacity.
7 Several exceed 220 percent, including my own.

8 Estimates vary on the number of inmates
9 with mental health concerns in the CDC, ranging from
10 8 percent to as high as 30 percent.

11 During the 1980s and '90s the CDC and
12 the state legislature commissioned several studies on
13 conditions of the mental health delivery system within
14 the department and consistently came to the conclusion
15 that CDC was not meeting the constitutional level of
16 mental healthcare for its inmates.

17 During the same time period, inmate
18 advocacy groups embarked on litigation in an attempt
19 to address the issues outlined in those reports.
20 Primarily, Coleman versus Wilson. Coleman versus
21 Wilson alleged that the department's mental healthcare
22 was inadequate in several areas, including intake
23 screening, access to care, treatment and
24 records-keeping and constituted cruel and unusual
25 punish. As a result, the Federal Court ordered the

1 department to develop a remedial plan to correct these
2 deficiencies. The court also ordered a Special Master
3 to oversee the implementation of the plan, which
4 addresses several areas, including the processes for
5 identifying and screening inmates in the intake
6 reception process, access to mental healthcare for
7 inmates in the general population, staffing standards
8 for psychiatrists, psychologists and other mental
9 healthcare professionals, monitoring and documenting
10 the use of psychotropic drugs and guidelines and
11 drugs over the use of forced medication.

12 Unfortunately, CDC's remedial plan
13 failed to formalize training for correctional officers
14 and supervisors to help them differentiate between
15 behavior that is attributed to mental health disorders
16 and normal disciplinary issues. This is an extremely
17 serious problem since unless a given correctional
18 officer is familiar with the particular inmate
19 involved, outbursts and unusual behavior are often
20 misinterpreted and, therefore, reacted to in a way
21 that may worsen a given situation. An officer
22 generally assumes that an inmate doesn't make his bed
23 or clean-up after himself because he is lazy, rather
24 than realizing that the individual may be
25 decompensating. Because we're not properly trained

1 and are often unfamiliar with the individual inmate,
2 officers may also interpret outbursts of anger or
3 other emotion as an inmate wanting attention when, in
4 fact, an inmate is in serious distress and lacks the
5 faculties to properly express that fact.

6 I have personally had cases where
7 inmates have stopped taking their medication because
8 they're feeling better at a given point in time and
9 have decided they don't need it anymore. Several days
10 later the inmate realizes they're decompensating
11 decompensating and need to see the doctor. Other
12 times I've seen radical changes in behavior and refer
13 the inmate to the psychologist or psychiatrist.

14 But on more than one occasion I've had
15 medical staff advise me to have the inmate sign for a
16 sick call and they will be seen in two or three days.
17 Left untreated for that length of time, the inmate
18 becomes a ticking time bomb and a danger to
19 themselves, staff and other inmates. Because of my
20 working relationship with the doctors at my particular
21 institution, I was usually able to get the inmates in
22 to be seen as someone was available, but that's by no
23 means the norm in these type of situations.

24 There are also occurrences when COs are
25 reluctant to confront inmates who are act out in some

1 fashion for fear of being injured or maimed, or out of
2 fear of being accused of overreacting. Staff are also
3 often afraid that an escalation may be taken out of
4 context by their superiors and will then lead to
5 discipline within the department or criminal charges
6 by either the state or federal government. This is
7 always in the back of their minds. At the same time
8 they also fear that if they don't intervene, they will
9 be accused of underreacting. It's a catch-22 that no
10 one has ever attempted to address, and the lack of
11 training to interpret and address behavior, combined
12 with chronic understaffing and the lack of effective
13 supervision, only exacerbate the problem.

14 As I sit here and speak to you today,
15 at least ten percent of all correctional sergeants'
16 and lieutenants' positions in the State of California
17 are being run unfilled so that the department can
18 generate salary savings, right now as I speak.

19 Currently, correctional officers
20 receive a 15 page training module entitled
21 "Identification of Special Needs Inmates" and this is
22 all the training we receive in the area. The training
23 module is designed for the employee to read during the
24 normal working hours, while conducting their normal
25 duties. It contains information on the following

1 topics; diabetics, heat-related illness, epileptics,
2 developmental disability training, ADA and suicide
3 prevention.

4 Correctional officers are the employees
5 with the highest level of interaction with the inmate
6 population. They are the ones required to monitor the
7 day-to-day behavior and activity of the inmates who
8 are placed in the mental health delivery system, as
9 well as those that haven't, yet we're not properly
10 trained to do so.

11 When CDC implemented the first phase of
12 the Coleman Remedial Plan at CRC back in July 1995, I
13 requested that local management negotiate the impact
14 of the implementation with the local chapter. I
15 wanted an opportunity to formally review the
16 department's operational procedures and policies and
17 their training modules, in order to be able to address
18 any potential impact the remedial plan would have on
19 my membership, who worked in a prison that was already
20 at that time 225 percent over capacity and it suffered
21 several rounds of staffing reductions.

22 Local management refused, saying that
23 the remedial plan would have no impact on the
24 correctional officers and CRC. They said there was no
25 additional training necessary in suicide

1 identification/prevention, forced medication
2 procedures, et cetera, because there was no
3 requirement to do so in the remedial plan.

4 In January 1996 an inmate utilized
5 several combination locks in a mesh laundry bag,
6 assaulted a correctional officer at my institution.
7 After a violent struggle with several staff, the
8 inmate was subdued and ultimately transferred to
9 another institution. The victim of the assault
10 medically retired because of the significance of the
11 head injuries she received.

12 The follow-up investigation revealed
13 that the inmate had a long history of schizophrenia
14 and hadn't received his medication in the three weeks
15 he had been housed in prison. No one at healthcare
16 services had been monitoring the inmate's medication
17 regimen. The confrontation between the officer and
18 the inmate was triggered over the inmate's distress
19 over his mother's failing to arrive for an expected
20 visit. The woman had passed away five years previous.

21 When I approached management about my
22 concerns related to staff and lack of training and a
23 lack of written policies and procedures, the response
24 I received was you're -- you've always had them here,
25 treat them like you've always treated them. Since

1 that date, the number of inmates at CRC's mental
2 health delivery system has climbed from less than 300
3 to more than 800. While we've received an increase in
4 psychologists and psychiatrists, we've never received
5 additional staff necessary to supervise and distribute
6 medication within the allotted time frames, and the
7 training received by C/Os is still lacking at best.

8 Again, I want to thank the Commission
9 for the opportunity to participate in this forum.
10 Many of the issues the plague the inmate population
11 directly affect the working conditions and safety of
12 the correctional officers of this country. I would
13 hope through processes like this one that the
14 stereotype of the violent, knuckle dragging prison
15 guard can be put to rest once and for all. For too
16 long it's been used to simply systemic problems that
17 the vast majority of the public has no interest in,
18 prisons. Thank you.

19 MR. GREEN: Mr. Farrow.

20 MR. FARROW: Good morning. I want to
21 thank the commissioners for inviting me to speak and I
22 especially want to thank them for holding these
23 hearings because they opened the door for a lot of
24 possibilities for qualitative change in New Jersey.

25 My name is Thomas Farrow and I would

1 like to share with you my experiences as someone who
2 has struggled with mental illness while incarcerated
3 in the New Jersey prison system. As we sit here I
4 would like to remind the Commission that in this state
5 alone there are perhaps thousands, several thousands
6 of prisoners with serious mental health problems
7 suffering from inadequate care and mistreatment in New
8 Jersey's prisons today.

9 In some ways my story is one of
10 relatively good fortune. I remained fairly stable
11 throughout my incarceration, but faced some of my
12 biggest personal challenges during my transition out
13 of prison.

14 I am not here to tell you that there is
15 no treatment on the inside and there's always greet
16 treatment on the outside; rather, I would like to
17 impress upon this Commission that much of the
18 mistreatment and abusive of inmates with mental
19 illness persists in our prisons despite improved
20 conditions. And although it can be difficult to get
21 treatment in the free world without any money or
22 resources, the fact does not justify the serious abuse
23 and degradation of mentally ill prisoners that I have
24 witnessed during my time in prison.

25 A little bit about myself. I was first

1 incarcerated in 1970, when I was sentenced to death in
2 New Jersey. In 1972 the United States Supreme Court
3 declared the death penalty unconstitutional and my
4 death sentence was commuted to life in prison. I
5 remained in prison until 1984, when the governor
6 commuted my life sentence and I was granted parole
7 after I had demonstrated my rehabilitation through
8 efforts I made to educate myself and gain a degree.

9 I may have had a longer history of
10 mental illness that went undiagnosed, but it was in
11 1995 that I was hospitalized for the first time, after
12 I had a serious reaction to a medication for
13 depression. I was diagnosed as bipolar disorder at
14 that time.

15 Then in 1996, while I was an outpatient
16 at Saint Mary's Hospital, I was returned to prison for
17 a technical parole violation and was confined for
18 eight years and five months prior to my release this
19 past May 2nd.

20 At the time that I re-entered the
21 prison system, the conditions and treatment of the
22 mentally ill in New Jersey was deplorable. There were
23 only five full-time psychiatrists in the entire
24 Department of Corrections, serving at least 2,000
25 identified mentally ill prisoners. And when I say

1 identified, the overwhelming majority of the people
2 with mental illness in the prison system of this state
3 are not diagnosed, which means that there was no
4 meaningful treatment for those patients whatsoever.
5 There was little or no sensitivity among staff to the
6 special needs of the mentally ill and prisoners with
7 serious mental health problems were being physically
8 abused by staff and other inmates and often landed in
9 segregation as a result of disciplinary action when
10 they needed some form of treatment.

11 A class action suit was filed that same
12 year, in 1996, on behalf of all mentally ill prisoners
13 in the state and in 1999 that case was settled in the
14 United States District Court for this district. The
15 settlement was to begin a new era in the treatment of
16 mentally ill prisoners in New Jersey, however that did
17 not happen. It changed disciplinary regulations so
18 that prisoners with pending disciplinary charges were
19 to be screened for mental health needs and referred to
20 mental health treatment, if it was deemed appropriate.
21 If means that it still depended on the attitude of the
22 prison guards, which had a great deal to do with
23 interfering with the operation of the program.

24 Prisoners confined in the segregation
25 who were suffering deterioration in their mental

1 health status were to be referred by the mental health
2 staff for review of their segregation in order to
3 decide whether it was appropriate to end that
4 confinement in light of their mental health status.
5 All new prisoners were to receive a mental health
6 assessment within 72 hours of their arrival. Officers
7 and other staff were all to be given more training
8 about mental health illness and how to deal with the
9 mentally ill in prison. More psychiatrists and
10 psychologists were to be hired and special mental
11 health units were to be created at three different
12 facilities so that prisoners who were vulnerable to
13 the general population and needed care would be able
14 to get it.

15 Over the course of my remaining years
16 in prison I witnessed firsthand the efforts by the
17 Department of Corrections to adhere, to a certain
18 degree, to the Settlement Agreement and while I saw
19 some improvements, many of the worst problems still
20 continue and they persist. Even with the addition of
21 psychiatric staff, it is nearly impossible to receive
22 meaningful mental health counseling in prison.

23 First, counseling requires trust and an
24 ongoing relationship with a psychologist. As a
25 prisoner you may be transferred at any time, abruptly

1 ending the relationship you have with your provider,
2 and there is tremendous turnover in the psychiatric
3 staff so that even if a prisoner stays in one facility
4 for an extended time and is assigned to a psychologist
5 that he trusts, it is unlikely that that psychologist
6 will remain long enough to provide meaningful care.
7 It takes time to build a relationship with a mental
8 health provider and you must eventually be able to
9 share very personal details about your life for
10 counseling to be effective.

11 Prison is a hostile environment that
12 uses your illness against you so, naturally, it's
13 difficult to trust the prison psychologist, who is to
14 you only a stranger who works for the prison system.

15 Between 1996 and 2005 I was
16 incarcerated at four different prison facilities and
17 saw many different psychologists and counselors. For
18 most of those years I was in I was lucky to see any
19 single psychiatrist or psychologist more than three
20 times. It was not until I was transferred to the
21 psychiatric unit at Northern State Prison here in
22 Newark that I saw the same psychologist for a year and
23 a half. The psychiatrist who ran the mental health
24 unit at Northern State Prison was making an effort to
25 maintain a more stable environment for the prisoners

1 and staff so that there was a better chance of
2 receiving meaningful treatment there, but, in general,
3 I did not trust any of my counselors, and most
4 prisoners do not trust them either.

5 Most of my encounters with mental
6 health providers, like those of most prisoners, were
7 extremely brief and only for about 15 minutes. We
8 knew we could not expect to see them for long and they
9 worked for the prison and we knew that even if we felt
10 comfortable, confiding intimate things with a
11 counselor, we could not be sure that what we shared
12 would not some day be used against us.

13 There are other problems that commonly
14 interfere with the prisoner's ability to get quality
15 mental healthcare. Many of the people on the mental
16 health staff in all of these prisons are from other
17 countries and so they have difficulty communicating
18 with prisoners, not only because of language barriers
19 but largely because of the enormous cultural
20 differences between them and the prisoners.

21 It is less difficult to get medications
22 in prison, but this is both good and bad. While
23 medication is widely dispensed to prisoners, it is not
24 always appropriate and its effects are not monitored
25 closely. Prisoners often feel that the prison

1 administration would like to keep them sedated rather
2 than help them to be helped.

3 We all heard the story about the
4 prisoner who was strapped naked into a restraining
5 chair and forced to take his medication and while this
6 may not happen that often, it is a fear we all share
7 and this fear motivated many prisoners to avoid any
8 contact with mental health providers.

9 Perhaps the single biggest problem that
10 prisoners with mental illness face in prison is the
11 insensitivity of correctional staff. In my experience
12 the majority of corrections officers respond to
13 outbreaks by mentally ill prisoners as a disciplinary
14 matter, a response to which usually ends with the
15 prisoner being placed in lockup where he would go
16 without any form of treatment and into a process of
17 deterioration.

18 I witnessed a lot of resistance by
19 correction officers to the administration's efforts to
20 empower mental health providers to intervene on behalf
21 of mentally ill prisoners. This resistance took many
22 forms. For example, at times when I would meet with a
23 psychiatrist to discuss my medication, the officer who
24 escorted me there would purposely and unnecessarily
25 stand in the door and listen to what we had to talk

1 about, which made it impossible for me to confide in
2 the doctor and signalled to me, also, that there was
3 no respect for the doctor-patient relationship. Often
4 correction officers would refuse to bring us to our
5 appointments with mental health providers and it
6 seemed they simply had no respect for mental health
7 treatment.

8 But these forms of resistance are minor
9 compared with the brutality that persisted even after
10 the Settlement Agreement from the District Court.
11 During my time in prison and particularly in the
12 mental health units I had many -- I heard many
13 accounts of beatings of mentally ill inmates who were
14 subsequently thrown into segregation.

15 While I was in the mental health unit
16 at Northern State Prison, goon squads, which is a term
17 we used to describe groups of officers who are known
18 to ban together to beat inmates, would come into the
19 unit at night and take inmates that they perceived to
20 be a problem and put them in the barber shop, which
21 was an isolated area, where they would beat them.

22 Officers knew that prisoners often
23 shared their medications and rather than address this
24 problem through administrative channels, they would
25 raid the unit in the middle of the night, take away a

1 prisoner whom they believed to be causing problems and
2 beat him in the barber shop where no one would be able
3 to witness it. I saw these goon squads take prisoners
4 away and we all understood what happened to them.

5 I personally witnessed two serious
6 beatings of mental ill inmates. In one case an older
7 man in his 60s was attacked by a correction officer
8 while he was waiting in line to get his Insulin. He
9 was also a diabetic, like myself, and he was in a
10 mental health unit with me and although he had a gruff
11 manner, he was quite harmless. This officer perhaps
12 misperceived his manner as hostile or dangerous and
13 attacked and beat him with no apparent provocation.

14 I wrote the incident up following the
15 attack and the officer was eventually removed from the
16 mental health unit, but that eventually caused me some
17 problems with other officers.

18 In general, I think it is fair to say
19 that correction officers in the mental health units do
20 not evidence any special training or sensitivity
21 toward the mentally ill. In fact, in these units it
22 appears that most of the officers are placed there
23 because they have administrative problems of their own
24 in other parts of the system and so these units become
25 a dumping ground for officers that are labeled as

1 problematic.

2 Our problems persist in the special
3 mental health units because overcrowding in the system
4 at large has pushed an overflow of the general
5 population into these units. In other words, these
6 units were originally established, by law, for people
7 with mental illness, but because of the overcrowding
8 in the prison system they put other people from the
9 general population into these units and that brings
10 with it a whole host of problems that are outside of
11 the spectrum of mental health.

12 The result is that these units are not
13 always the refuge they are meant to be for prisoners
14 with problems and who are particularly vulnerable.
15 Much of the violence and corruption that exists in the
16 general prison population, including drug dealing and
17 gambling, is also brought into these units when they
18 absorb prisoners from the general prison population.

19 I also witnessed deplorable conditions
20 in the administrative segregation unit, or isolation
21 units and they're called. For a period of time, it
22 was my job to feed the prisoners in these units. I
23 saw many prisoners with extremely serious mental
24 illness who seemed to be deteriorating in their cells.
25 I witnessed some of these men sitting or lying on the

1 floor in their own urine and feces. I got the sense
2 that they were receiving little or no positive
3 attention and many of them seemed to be in distress.

4 Finally, I would like to say a little
5 bit about what I experienced prior to and in the
6 months immediately following my release. I've had a
7 very difficult time putting services in place to be
8 able to continue medication and care after my release.
9 When I became eligible for a halfway house, I slowly
10 began to withdraw from my medication because I was
11 both afraid that I would be denied entry into a
12 halfway house if I was known to be on medication and
13 because I did not know what services would be
14 available when I got out and I did not want to have
15 problems if I had to go off my medication abruptly.

16 Once I was placed in the halfway house
17 I went back on my medication. But when I was released
18 on May 2nd of this year I had absolutely no way of
19 getting any medication, any prescriptions, any
20 follow-up care, any treatment, any counseling service
21 and I was -- I only had \$15.58. My parole officer did
22 not have any resources, even though he made tremendous
23 efforts to help me. He made phone calls on my behalf
24 and although I followed up on those phone calls with
25 pleas for assistance from numerous sources, I had no

1 luck for quite some time.

2 I was hospitalized recently and
3 developed pneumonia and while at the hospital I
4 learned that my Lithium levels had dropped dangerously
5 low. It is only recently that I was finally given
6 charity care at St. Mary's Hospital in Passaic and
7 through that charity was able to get outpatient
8 assistance at the Seton Center and a prescription for
9 my medications. I am now at the YMCA.

10 As difficult as this transition has
11 been for me, I still consider myself lucky because I
12 see numerous men that was in prison with me who have
13 mental illness, they're homeless, they're not getting
14 any medication, they're not getting any counseling and
15 the parole authorities are not being bothered with
16 them because they don't want the burden and they're
17 just out there, floating. You know, some of them
18 don't even know what day it is. I see many men on the
19 street homeless in dire straits, having come out of
20 prison and had no luck of finding any kind of
21 services.

22 My own illness has not been so
23 debilitating that I am unable to work and I have an
24 education and ability to advocate on my own behalf.
25 So many of the men I met in prison have illnesses that

1 make it impossible for them to be their own advocates
2 or to maneuver through a system that requires extreme
3 sophistication and persistence. They suffer in prison
4 and they suffer when they get out.

5 Although this Commission is focused on
6 the abuse of prisoners and not on the resources
7 available to them when they get out, you should
8 understand that the lack of care and truly effective
9 therapy on the inside means that those people will be
10 sure to be released in no shape to fight for the
11 health they need on the outside. Abuse and
12 degradation of the mentally ill in the New Jersey
13 prison systems persist despite efforts to reform the
14 system and it is my hope that this Commission will do
15 something to address the attitudes towards prisoners
16 that make it so difficult to change the way they are
17 treated. Thank you.

18 MR. GREEN: Thank you, Mr. Farrow.
19 Sister Antonia.

20 SISTER MAGUIRE: When I was asked to
21 speak today to this commission, my immediate response
22 was no. I felt it would be just one more attempt to
23 bring the plight of the prisoners to the public's
24 attention that would be just another exercise in
25 futility.

1 However, that afternoon I witnessed a
2 young woman being subdued by 11 officers. I attempted
3 to go to her aide and was ordered back into my office
4 and I watched until the end. After a sleepless night
5 my no turned to yes and I'm here today.

6 I speak not as a representative for the
7 Department of Corrections, but I speak through my own
8 experience. I have been a chaplain in correctional
9 facilities for almost 32 years. I've worked in both
10 male and female maximum and medium security prisons.

11 I was able to watch Taconic change from
12 a medium male facility to a female facility. That was
13 quite a change. Two days before the women arrived the
14 superintendent gathered all the staff in the visiting
15 room and tried to brief us on how women should be
16 treated. Amazingly, most of the staff who were there
17 saw there would be no difference at all in treating
18 women any differently than men were treated. The one
19 question that was posed to the superintendent was,
20 well, when they get here are you going to test them to
21 see if they're pregnant? And the superintendent said,
22 why would I do that? And their immediate response
23 was, well, when you find that they are pregnant, we'll
24 know whether it was them or us responsible.

25 Prisons were never made for women.

1 When Taconic changed over and the women came in,
2 bathrooms had urinals. The programs were all male
3 oriented. The women were expected to do the same hard
4 labor that the men did, including working on the
5 detail in a cemetery and lowering the bodies into a
6 grave. I saw so many times women being put into a
7 position where the labor was so extreme and so hard
8 that I worried about what it would do to their
9 physical bodies and began to ask that, you know, they
10 be relieved from those kind of duties. And I was told
11 over and over again they commit the crime, they're
12 going to do the time and nothing is going to be
13 changed.

14 I just for a moment would like to talk
15 a little about how we raise children. We in the
16 United States, if we have a little girl, three years
17 old girl who runs and falls and scrapes her knee and
18 she comes crying to you, usually we hold them and kiss
19 them and comfort them. When her three year old
20 brother falls and scrapes his knee and comes running
21 to us we say stop crying, be a man, and from that
22 moment we set the norms of behavior almost that males
23 and females respond to.

24 The little girl who was cuddled and
25 held and comforted becomes a prisoner one day and is

1 supposed to respond as a prisoner responds, whatever
2 that is. If they show any emotion or if they expect
3 to experience any touch, they're penalized.

4 Men, when they're little boys growing
5 up, are used to group sports, showering together,
6 being exposed to each other. Women, for the most
7 part, have had a more modest bringing up. Very, very
8 painful for women to endure that first initial shower
9 where they're being viewed by several officers while
10 they're being showered. Very painful for them to go
11 to the visiting room and be strip searched prior and
12 after the visit. I know many women who refuse visits
13 all together because they can't go through that.

14 Perhaps 90 percent of the women in our
15 prison are the victims of incest or terrible brutality
16 in their childhood and to be exposed to the view of
17 other people at this time in their lives is very
18 painful to them.

19 In New York state, as far as I know,
20 the past 20 years the number of men in prison has
21 doubled, while the number of women in prison has
22 quintupled. I would think that that is a case before
23 us that we need to examine very closely and see what
24 can be done.

25 I would like to tell you just a few

1 stories, stories that I have seen with my own eyes,
2 that have occurred in one small prison in New York,
3 but stories which I'm sure can be multiplied
4 throughout the state many, many times.

5 I would like to introduce you first of
6 all to Kathy. Kathy was a young woman serving time
7 for drug use. Small amount of time. She was a very
8 hard-working woman. She became sick one day, she had
9 a cold, she felt, and she went to clinic. And when
10 she went in, because it was wintertime they gave her a
11 cold pack; standard procedure for all women who had
12 colds in the prison, without thinking of what the
13 effects of that medication would have on anyone.

14 Kathy took her medication dutifully and
15 no change came by. She went every day for over a week
16 to the clinic, reporting how sick she felt and that
17 there was no change at all. The civilian staff with
18 whom she worked saw how sick she was and they let her
19 sit in the back and gave her tea and helped her rest.
20 The officer on the floor would not let her stay on the
21 floor, even in rainy weather, because she wanted her
22 to be out and in the population.

23 Kathy became so sick that she had to
24 turn away her visit when they came and the next day
25 she called her mother and begged her mother to call

1 the superintendent. She said I haven't seen a doctor,
2 please, I'm so sick, I need help, please call the
3 superintendent tomorrow. And tomorrow never came for
4 Kathy. At 2:00 that morning she was so violently ill
5 that she banged on the door and, fortunately, a caring
6 officer was there. Very frequently the officers do
7 not respond to an inmate banging on the door in the
8 night. He went immediately to her room, saw how sick
9 she was and helped her to get dressed. He then called
10 the sergeant to come and see.

11 We do not have medical services or
12 anyone on duty in our facility from 11:00 at night
13 until 6:00 the following morning. This in a facility
14 where we have newborn babies, pregnant mothers, women
15 with heart problems, many women with AIDS, no medical
16 care at all.

17 The sergeant saw Kathy, saw she was
18 very sick so he called his superior, the watch
19 commander, to come in, walked up three flights of
20 stairs to her room, saw how terrible she was and he
21 said we've got to get her out of here. They brought
22 her down three flights of stairs, shackled her, put
23 her in a van and drove her across the street to the
24 facility that had a clinic open at night. When she
25 got to the clinic her heart had already stopped but

1 they resuscitated her because you are not allowed to
2 die in prison, put her in an ambulance and brought her
3 out to the hospital where she was pronounced dead.
4 Upon the autopsy findings she had congestive heart
5 failure and died from congestive heart failure.
6 During the entire time she sought help not once did
7 she see a doctor, not once did anyone put a
8 stethoscope to her chest, not once was her blood
9 pressure taken. Kathy was 32 years old.

10 We have a newborn nursery. Babies are
11 allowed to stay with their mothers for a year for
12 bonding. Just a year ago we had a young mother whose
13 four month old baby looked very lethargic to her. She
14 brought him down to the clinic and the nurse said
15 there's nothing wrong with him, he's doing fine. This
16 went on for days. She kept bringing him to the
17 clinic, she kept being told he was fine.

18 Finally, the counselor intervened and
19 said this baby looked sick. The counselor said to me
20 I think the baby is dying. They brought the baby down
21 this last day and the nurse finally called and had the
22 baby brought out to a clinic, but not to a
23 pediatrician. Since the baby didn't have a
24 temperature, he was sent back to the facility. The
25 following day he was so very lethargic that they

1 brought him out to the hospital, brought the mother
2 with him and she stood in shackles while the doctor
3 pronounced him dead. Xavier was four months old.

4 A young woman was sent to my office
5 because the teacher thought she was sick and could I
6 help her. She was shaking, her eyes weren't focusing,
7 she kept saying how very sick she felt, her stomach
8 was very distended. I asked her if she saw the doctor
9 and she said she had seen the doctor that day. And I
10 said what did the doctor say? And she said, well, she
11 took blood because she thinks maybe I'm pregnant. I
12 said could you be? And she said no, I'm not, Sister.
13 It was almost count time and I was afraid to send her
14 back to her room because she looked so sick to me.

15 I called the clinic and I was screamed
16 at, there's nothing wrong with her, she's been here
17 she knows she's all right and I said she's not all
18 right and I won't have it on my conscious by sending
19 her back. So I said I'm writing it up in my report
20 that I think she's sick. So eventually they sent her
21 down to the clinic. She was Hispanic and I thought
22 maybe because she didn't understand what they were
23 saying -- we do not have interpreters -- and they said
24 no, she understands.

25 They pulled her chart and they found

1 out that two weeks before she had had bloodwork done
2 and her blood sugar level was 500. When she got down
3 there they gave her ten units of Insulin and took her
4 blood level sugar again, it was 595 and they gave her
5 10 more units of Insulin. And she didn't respond so
6 they sent her out to the hospital, where she spent
7 five days in intensive care and the doctor said to her
8 I hope you are going to sue. She said I don't want to
9 sue, I just want to live.

10 She came back to the facility, the
11 following week. I had spent some time with her to
12 tell her how to take care of her diabetes. I am a
13 diabetic. I am in a wheelchair today partly because
14 of the response of the diabetes to me, the destruction
15 of the nerve cells. I don't want to see any woman
16 have to go through what I've gone through. She came
17 into my office looking sicker and when I said, you
18 know, what's your blood sugar, she said it was 122
19 today. I said, that's perfect. I said, do you have
20 any Insulin, she said yes, 30 units of Insulin, enough
21 to have killed her.

22 I went to the deputy and I said If
23 wonder if we have a protocol about diabetes because it
24 doesn't seem that they know what they're doing down
25 there. Women who have 180 to 200 blood level get two

1 and four units of Insulin, women with 130, 120 are
2 getting 20 units of Insulin and just this past month a
3 new diabetes protocol arrived at the prison
4 beautifully bound, beautifully written, it's an
5 excellent protocol, as are so many of the directives
6 in corrections, excellent directives, they just are
7 not followed.

8 Last person I would like to talk about
9 is Esse. Esse had multiple problems. She had brain
10 aneurysm, she has high blood pressure, she has AIDS,
11 she had a bypass surgery just last year and she now
12 this year was beginning to have -- experiencing the
13 same problems she had prior to the bypass surgery.
14 She went to the doctor and told him and he said
15 everything that was wrong with your heart is fine now,
16 they took care of it with the surgery, there's nothing
17 wrong with you.

18 She used to tell me that she would wake
19 up at night and she felt that her heart had stopped
20 and she would sit up in bed and punch herself in the
21 chest to jump start her heart again. She asked the
22 doctor to check her heart because she was so
23 frightened that she was going to die in prison and
24 before she walked up the stairs her heart rate was 54.
25 She climbed one short flight of stairs and her heart

1 rate was 120 and she used to say to me, I just pray to
2 God I get out before I die and, fortunately, she did
3 get out before she died.

4 Many people have said to me throughout
5 the years why do you think the treatment of prisoners
6 is so bad. Is it because of the lack of personnel?
7 And, in part, yes, but, also, if you have ever talked
8 to officers who have come through the training
9 academy, they're taught that all inmates are con
10 artists, don't trust them, they're out to get over on
11 you.

12 And just as years and years ago slave
13 traders were able to convince plantation owners that
14 the black man was an animal with no soul and could be
15 treated and worked as an animal, good people became
16 slave owners. In our day the inmate is portrayed as
17 an animal. I've heard it said over and over again,
18 they're just animals, without souls, who deserve
19 whatever they get, and sometimes good people buy into
20 that.

21 And I sit before you today and I ask
22 you to please, please, think very, very closely of
23 what you have heard here and I just believe in my
24 heart that if right-minded people can get together and
25 make a decision to solve some of the problems and come

1 to the aides of our brothers and sisters who are
2 incarcerated, then something could be done because
3 each one of us, one day, will have to stand alone
4 before our God and answer to the way -- for the way we
5 treated his children and I know I, for one, cannot
6 have that on my conscious.

7 MR. GREEN: Pat, did you want to start
8 questioning, please.

9 MR. NOLAN: Thank you, each of you, for
10 your compelling testimony. It's been said that the
11 opposite of compassion is not hatred, it's
12 indifference and thank you for not being indifferent
13 and for trying to awaken compassion for people in some
14 cases that have done bad things but are still worthy
15 of dignity, in other cases are just sick, not bad, and
16 each of your stories helps us understand the
17 difficulties as staff member trying to obtain care for
18 inmates and other staff to try to ensure the proper
19 level of care.

20 Sister Antonia, you mentioned Kathy and
21 in her death and you made a statement that prisoners
22 are not allowed to die in prison. Can you explain
23 that to us?

24 SISTER MAGUIRE: I wish I could. The
25 only thing is there's a tremendous amount of paperwork

1 that happens when a person dies in prison and a lot of
2 investigation when a person dies in prison. However,
3 if they die in the hospital, that's taken out of the
4 hands of the prison, so that they are brought out to
5 the hospital to die.

6 MR. NOLAN: So they're officially
7 declared dead on arrival?

8 SISTER MAGUIRE: Right.

9 MR. NOLAN: As opposed to --

10 SISTER MAGUIRE: Dying in the facility.

11 MR. NOLAN: Mr. Baumann, is that your
12 experience and can you explain?

13 MR. BAUMANN: No, sir, we've had
14 inmates pass away at the institution itself. Normally
15 after about 3:00 in the afternoon till about 6:00 or
16 7:00 the next morning we have no one there who could
17 legally pronounce the inmate dead so they will run
18 them to the hospital and have the hospital actually do
19 the pronouncement.

20 JUDGE SESSIONS: Mr. Baumann --

21 MR. BAUMANN: Yes, sir.

22 JUDGE SESSIONS: -- you referred to the
23 fact that there was fear of charges being filed in
24 connection with your service as an officer or other
25 services of other officers. Tell us a little bit

1 about that.

2 MR. BAUMANN: You have a lot of times
3 where you have incidents that are taken out of context
4 or you are put in a catch-22 and you're constantly
5 afraid of Internal Affairs coming in and trying to use
6 an incident because of outside political pressures,
7 internal political pressures within the department and
8 that that incident will be taken out of context and
9 then having Internal Affairs or Department of
10 Management going out and shopping district attorneys
11 if they take any sort of outside political heat for
12 it.

13 And there are times where we've had
14 physical altercations where we've had -- most
15 recently, a shooting incident at Wasco State Prison.
16 Long and short of it, the officer who had fired a
17 nonlethal baton round from a 40-millimeter weapon had
18 gotten familiarity training per departmental policy,
19 but none of us had ever shot the weapon before. We
20 were never properly trained to use it. It arrived, he
21 was handed the weapon. An individual ended up dying
22 as a result of the use of the weapon. You have got
23 the family beating on the media, beating on everyone,
24 wanting the officer prosecuted for it, yet he was
25 caught in the middle of the situation.

1 Since that incident, the department has
2 come back and now it's mandatory any institution that
3 uses that weapon, annually, everyone has to fire three
4 rounds, but that doesn't take and solve the issue at
5 Wasco and the death of that inmate.

6 JUDGE SESSIONS: So it's your fear for
7 both administrative charges and criminal charges?

8 MR. BAUMANN: Yes, sir.

9 JUDGE SESSIONS: Second thing in
10 connection with the intake procedures, as you
11 observed --

12 MR. BAUMANN: Yes, sir.

13 JUDGE SESSIONS: -- tell us about
14 testing or things like HIV, hepatitis, tuberculosis,
15 do you know whether in the intake --

16 MR. BAUMANN: The department has a
17 standard mandatory test for tuberculosis on entry, not
18 on exit. There's no medical testing on exit. They do
19 voluntary testing for HIV.

20 JUDGE SESSIONS: Voluntary, by the
21 party, if they are willing to be interested?

22 MR. BAUMANN: Correct, yes, sir. And
23 we ran a blind study with UCC San Francisco, I want to
24 say six or seven years ago, they just took a
25 cross-section of the inmate population on hepatitis C.

1 We lobbied, the association lobbied for that. The
2 department lobbied against it because the department's
3 concern at the time was once they identify, they have
4 an obligation to treat and they didn't want to have
5 ten or 15,000 inmates running around with hepatitis C
6 that they had an obligation to treat.

7 JUDGE SESSIONS: So what is the service
8 as it stands now, is hepatitis C routinely tested or
9 not?

10 MR. BAUMANN: No, it is not.

11 JUDGE SESSIONS: Is TB?

12 MR. BAUMANN: Not that I'm aware, it is
13 not.

14 JUDGE SESSIONS: HIV is or not?

15 MR. BAUMANN: It's a voluntary test.

16 JUDGE SESSIONS: It's voluntary?

17 MR. BAUMANN: Yes, sir.

18 JUDGE SESSIONS: Are there any other
19 testing on communicable diseases that you know of?

20 MR. BAUMANN: Not that I'm aware of,
21 no, sir.

22 JUDGE SESSIONS: Thank you, sir.

23 MR. BAUMANN: Thank you, sir.

24 MR. NOLAN: Can I ask a follow-up?

25 MR. BAUMANN: Yes, sir.

1 MR. NOLAN: What about a mental
2 evaluation on intake?

3 MR. BAUMANN: They have a set protocol
4 on -- I believe there are four levels of screening on
5 intake. The unfortunate part is that part of Coleman
6 was it was supposed to be a confidential screening and
7 then all follow-up care was supposed to be done
8 one-on-one and individually.

9 One of the things that they cited in
10 the suit was that you have 200 inmates in a holding
11 tank, they push 199 of them into a corner and call an
12 individual over into the opposite corner to screen,
13 well, nobody is going to admit that there's a mental
14 health issue there in front 199 other people. That
15 still goes on less often than it did at the time of
16 Coleman, but it still happens sporadically.

17 I'm not as well prepared for this as I
18 would like to have been because last week I was at one
19 of our institutions helping a local union negotiate
20 the implementation of an enhanced mental health
21 program where, because the lack of program space,
22 management is putting cubicles on the day room floors
23 for the psychiatrists and psychologists to work in and
24 try to do mental health screening in an open cubicle.

25 They have the money from the

1 legislature to retrofit some existing space, two
2 offices, but when the institution did that on another
3 yard two years ago, they don't allow inmates into the
4 program space; it's everybody's private offices and
5 they still have the cubicles on the floors and they're
6 still doing business as usual.

7 So I mean, you know, the legislature
8 has been wonderful with most of that stuff, it's the
9 department misusing the resources and no one outside
10 stepping in and saying, you know, that's not right.

11 MR. NOLAN: That's great to see you
12 speak out.

13 MR. BAUMANN: I appreciate your time.

14 MR. GREEN: Senator Romero.

15 SENATOR ROMERO: Thank you. Let me ask
16 especially Mr. Baumann -- and I appreciate you being

17 here and I know that I have certainly relied on you
18 and some of the other correctional officers to assist
19 me in moving forward on some of the reforms that I'm
20 interested in, but how do we address this situation;
21 for example, what is the role of the correctional
22 officer in particular in bringing to our attention
23 many of these and sometimes they're atrocities?

24 You may recall in California the case
25 of an inmate who starved to death.

1 MR. BAUMANN: Yes, ma'am.

2 SENATOR ROMERO: I don't understand how
3 an inmate starves to death in a state prison when
4 there are medical practitioners, when there are
5 wardens, administrators and correctional officers.

6 There was another case not too long
7 afterwards, it became known as the Super Bowl Sunday,
8 when an inmate bled to death and, again, there are
9 still investigations on this, I don't know all the
10 details, but how does an inmate bleed to death without
11 the care being provided?

12 Now, certainly, in the aftermath of
13 that there were, of course -- and I understand it --
14 the concerns from correctional officers to not be
15 implicated in this, but, by the same token, what do we
16 do to encourage officers, practitioners,
17 administrators to speak up and to say this is how we
18 will have an institution in which an inmate starves or
19 bleeds to death, that silence is not tolerated?

20 Recently, a warden in California was
21 fired from her position because of threatening others,
22 essentially, to not speak out on abuses in the
23 healthcare delivery system.

24 So what do we do at all levels to say
25 when somebody dies -- and people die in our prisons

1 every day -- but how do we -- what do you, as a
2 correctional officer, advise with respect to how do we
3 get people to simply sometimes do the right thing and
4 speak up?

5 MR. BAUMANN: I think a lot of the
6 problem on the removal of the warden in San Quentin
7 was kind of a mixed signal to -- at least to myself, I
8 can't speak for all officers -- but there have been
9 case after case after case of administrative
10 misconduct where the warden hasn't been held
11 accountable or the middle management hasn't been
12 accountable.

13 We've had people step forward to report
14 things and had the legislature or had the office of
15 the inspector general or the governor's office turn
16 their back on the employee and leave the employee
17 hanging in the breeze. And it's a tough world to work
18 in whenever you know that if you step forward and no
19 one cares, that you are going to be left out there
20 hanging on your own, and that means a lot.

21 There was an article, I believe it was
22 in yesterday's paper, about the Kikendell(ph.) sexual
23 harassment cases at VSPW. That had gone on for years
24 and employees had come forward and come forward and
25 nothing happened. And how do you instill a sense of

1 morality to a group of people of middle management and
2 upper management?

3 You know, we've advocated for fair and
4 impartial investigations for years and that's all
5 we've asked, is if the allegations there, no matter
6 what level of government, that the same protocols and
7 procedures be put in place. And whenever someone
8 steps up and says, you know what, this is going on,
9 that somebody doesn't run to the papers, get their 15
10 minutes of fame and then turn around and go back and
11 lock their office door. There's nothing more
12 shameful.

13 And I have had officer after officer
14 retaliated against for coming forward and they come
15 back and sit down and say, why would I step forward?
16 I'm going to ruin my life, I'm going to ruin my
17 livelihood.

18 I've been threatened to be terminated
19 over speaking out about it and the department's
20 attitude is come back in eight months, we know you'll
21 go to state personnel for it and win, but we'll put
22 you through the bankruptcy and we'll put you through
23 the changes.

24 MR. GREEN: Mr. Maynard, I know you
25 have a question. Can I ask one first, though, please.

1 Mr. Farrow, what do you believe to be
2 the most significant barriers to implementing the
3 class -- the mandated class action settlement that you
4 alluded to in your statement?

5 MR. FARROW: Well, first is the
6 politics of the union for the correction officers.
7 They wield a lot of power and they really don't want
8 any kind of a program dealing with nonuniformed
9 personnel implemented without their input.

10 Secondly, you have a hierarchy that has
11 a wonderful philosophy in terms of the direction that
12 they want to take the system and the kind of programs
13 that they want to implement, but they're not in touch
14 with the people on the ground.

15 Thirdly, you have elements in New
16 Jersey that have been entrenched in the correctional
17 system for the past 50 years. You have second and
18 third, fourth generations working in the system,
19 holding key positions in terms of operations and
20 policy.

21 I think a case that you should try to
22 get your hand on is Edward O. Lone versus the
23 Department of Corrections, it's about a former warden.
24 That case illustrates that New Jersey is perhaps one
25 of the most racist, sexist departments in the state

1 and that has a lot to do with how programs are
2 implemented and how resources are spent.

3 For example, you take a prison like
4 Northern State, a prison like East Jersey in Rahway.
5 These institutions are predominantly black and
6 Hispanic and other than money spent for security
7 reasons, there's very few programs in these prisons.
8 But then you go to South Jersey to South Woods, which
9 is a relatively new 278 million-dollar prison, if you
10 are fortunate to get transferred there, all kinds of
11 programs and opportunities are available to you, but
12 it's predominantly a white prison, both in terms of
13 staff and the inmate population.

14 There is really a north and south
15 struggle going on in the Department of Corrections.
16 The northern prisons versus the southern prisons in
17 terms of resources, personnel. So there are a lot of
18 problems.

19 I mean, the present commissioner,
20 Mr. Brown, has a lot of good intentions, but what he
21 fails to understand is that everything that has taken
22 place in New Jersey has been the result of either
23 court action or crisis. Very few changes have come
24 about voluntarily in New Jersey.

25 MR. GREEN: Gary Maynard. And Gary is

1 going to be the last question because we have to move
2 on to our next panel, so, Gary.

3 MR. MAYNARD: I just have a question
4 for Mr. Baumann and I heard from Sister Antonia's
5 testimony and Mr. Farrow's a description of
6 correctional staff that were basically uncaring and
7 treated offenders as animals.

8 Is that your experience with the
9 correctional staff?

10 MR. BAUMANN: To some degree, yes, sir.

11 MR. MAYNARD: What percentage do you
12 think of the total line staff would have compassion
13 for the offenders?

14 MR. BAUMANN: I honestly couldn't tell
15 you. I have worked three different institutions and
16 it varies. A lot of it depends on the custody level
17 of the institution and the programs going on at the
18 institution; the lower custody, higher programming
19 ones, it tends to be a lot higher than it is at the
20 reception centers where you've just got bodies en
21 masse going through.

22 And most of the time -- I know when I
23 worked the reception center at CIM, you just had such
24 massive quantities of inmates, I mean you are talking
25 about 3,000 inmates a month rolling through the place

1 and everybody is just a number. You just try to --
2 it's a production line, you just try to keep the
3 bodies, try to keep everything going because if you
4 don't, you end up in the situation where you're having
5 to lay bunks out in the dining halls and everything
6 else so your only goal is to get them in, get whatever
7 protocol you need done and get them back out the other
8 end.

9 MR. GREEN: Again, on behalf of the
10 Commission we want to express our appreciation for
11 your coming in and sharing your personal experiences
12 and the important information you shared with us
13 today. Thank you so much.