



Wait List Signature Program

Enjoy the Vinson Hall Retirement Community Experience!

As members of the Vinson Hall Retirement Community Wait List we want to formally invite you to experience VHRC's Signature Program. As a member of the Signature Program you will have access to many program benefits provided to VHRC residents.

Check your email for community updates about exciting programs as well as mailed invitations to upcoming events. Explore our website to learn about recent campus news and events.

Listed below are the benefits available to Signature Program members. There is no extra cost to enroll in the program; incidental charges may occur depending on the benefit. If you have any questions about the benefits or the program, please contact the Marketing Department.

Program Benefits:

The Bistro: Each quarter you will receive \$15 in Vinson Hall Dollars to spend at any VHRC dining establishment, including: The Bistro, located on the 2nd floor of the Kathy Martin Community Building; the Penthouse Dining Room, located on the top floor of Vinson Hall; and the Cyber Cafe, located on the garden level of Vinson Hall.

Fitness Center: Newly renovated and located on the garden level of Vinson Hall, the Fitness Center features a cardio studio, pool, hot tub, resistance training, and an exercise studio where classes are held. Locker rooms are also available. For \$50 a month for an individual or \$90 a month for a couple you can access the personal trainers and begin a new training program. Please contact the marketing team for membership

paperwork.

Massage Therapy: Located within the Fitness Center, you can make an appointment for a 15 minute to 60 minute massage with a massage therapist. Additional fees apply for this service. Call 703-970-3924 to make an appointment.

Life Enrichment: At the start of each month you will receive a listing of upcoming events and activities offered at Vinson Hall and within the overall community. Access our events page on the website, www.vinsonhall.org, for more information or call 703-970-3712.

Arleigh Burke Pavilion Rehabilitation Services: Wait list members are given priority access to receive inpatient Medicare rehabilitative services, when space is available.



By Invitation Only: Twice a year, you will receive invites to *Wait List Only* events. This is an opportunity to mingle with each other and step into the community to see the latest changes.