

# VIRGINIA<sup>TM</sup>

## 2021 CAVALIER TRACK & FIELD NOTES

### 2021 Indoor Schedule

1/15-16	Virginia Tech Invitational (Blacksburg, Va.)
1/22-23	Hokie Invitational (Blacksburg, Va.)
2/1	Virginia Beach Invitational (Virginia Beach, Va.)
2/5-6	Doc Hale Elite Meet (Blacksburg, Va.)
2/12-13	Tiger Paw Invite (Clemson, S.C.)
2/12-13	VMI Indoor Classic (Lexington, Va.)
2/19-20	Virginia Tech Challenge (Blacksburg, Va.)
2/25-27	ACC Indoor Championships (Clemson, S.C.)
3/12-13	NCAA Indoor Championships (Fayetteville, Ark.)

### Media Information

Jim Daves  
Assistant Athletics Director for Media Relations  
(Track and Field Contact)

Office: (434) 982-5500  
Direct: (434) 243-2467  
Email: JimDaves@virginia.edu

[www.virginiasports.com](http://www.virginiasports.com)

### **February, 1 2021**

Virginia Beach Sports Center • Virginia Beach, Va.

### **Virginia Cavaliers at Virginia Beach Invitational**



#### **In the Rankings**

- Virginia enters the weekend with its men's team ranked 18th in the first U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) poll of the indoor season.
- The Cavaliers are one of three ACC teams ranked in the men's poll, joining No. 7 Florida State and No. 21 Virginia Tech.

#### **The Meet**

- The Cavaliers will send 21 women and 22 men to the one-day competition.
- Virginia will compete against athletes from North Carolina for the third time this season and athletes from NC State for the second time this season.
- It's the first competition between UVA and Norfolk St. for the 2021 indoor season.

#### **Hoos Leading the NCAA**

- After two weeks of competition, Virginia has four performances that rank in the top-10 nationally for this season.
- The men's distance medley relay team of Randy Neish, Brandon Outlaw, Conor Murphy and Wes Porter leads the nation with a time of 9:48.73.
- Owayne Owens opened the season with a career-best triple jump mark of 16.35m (53'7.75"), placing him second in the NCAA. Owens is one of three athletes to clear 16 meters so far this season and one of two to do so on more than one jump.
- Alix Still recorded a career-best score of 3,781 in the pentathlon at the Hokie Invitational after capturing career-best marks in three of five events. She ranks sixth in the NCAA.
- Halle Hazzard has gone undefeated in the 60m winning the prelims and finals at both the Virginia Tech Invitational and Hokie Invitational. Her time of 7.31 from the Virginia Tech Invitational ranks eighth nationally.

#### **The Season**

- Virginia concluded its second meet of the season and second consecutive meet at the Rector Field House in Blacksburg (Jan. 22-23).
- Hazzard, Rebecca Hawkins and Maya Maloney led the women's team as the three Cavaliers won events over the weekend.
- Hazzard swept the 60m and 200m at the meet, finishing with a time of 7.34 and 24.04, respectively.
- Hawkins bested her career-best jump from the Virginia Tech Invitational with a height of 1.76m (5'9.25"), the seventh-best jump in program history. She was the only athlete to attempt the height at the meet.
- Maloney won the unseeded pole vault by eight inches as she cleared 3.90m (12'9.5").
- Junior Derek Johnson (Leesburg, Va.) led the men's team with the fastest time in the 3000m, winning the event by over a second and a half with a time of 8:17.17.

### **Virginia Coaching Staff**

Vin Lananna	Director of Track and Field and Cross Country/ Associate Athletics Director for Administration
Jason Dunn	Assistant Men's and Women's Assistant Track and Field Coach (Distance)
Nicole Freitag	Assistant Men's and Women's Track and Field Coach (Distance)
Mario Wilson	Assistant Men's and Women's Track and Field Coach (Jumps/Decathlon)
Martin Maric	Assistant Men's and Women's Track and Field Coach (Throws)
Michelle Freeman	Assistant Men's and Women's Track and Field Coach (Sprints/Hurdles)

## Meet Schedule of Probable UVA Entries

### Friday - February 1

**11:15a W-60m (prelims)**

**11:25a M-60m (prelims)**

**11:30a M-Weight Throw**

**11:35a W-60m Hurdles (prelims)**

**11:45a M-Long Jump**

**12:00p W-3000m**

**12:20p M-Mile**

**12:30p W-Mile**

**1:00p W-Shot Put**

**1:00p W-400m**

**1:10p M-400m**

**1:30p W-Long Jump**

**1:30p W-60m Hurdles (final)**

**1:35p M-60m Hurdles (final)**

**1:40p W-60m (final)**

**1:45p M-60m (final)**

**2:00p W-800m**

**2:05p M-800m**

**2:15p W-200m**

**2:30p M-Shot Put**

**2:30p M-5000m**

**2:50p W-5000m**

**3:10p M-3000m**

**3:25p W-4x400m Relay**

**3:30p M-4x400m Relay**

### Virginia Beach Invitational

Abulencia, Bonnick, Hazzard, Rice,

Saunders, Zeni

Owens, Watson

Lemmon, Romero

Rice, Saunders Still

Owens, Watson

Bothwell, Sargent

Hunter, Kruse, Neish

Bolton, Desmond, Rennyson,

Deaviz, Jones

Knight

Outlaw, Pendarvis, Willis

Abulencia, Rice

*Rice, Saundar, Still*

*Pekar, Wilson*

*Abulencia, Bonnick, Hazzard, Rice,*

*Saunders, Zeni*

*Owens, Pekar, Watson*

Sabbakhan, Seasholtz

Murphy

Caldwell

Lemmon, Omohundro, Romero

Crites, Diehl, Johnson, Morris

Lindsay, Moran

Asfaw, Eliason, Neish, Porter, Sado

Virginia

Virginia

Italics- Event dependent upon prelim performance

\*All times Eastern

### Women's NCAA Indoor Champions

Aileen O'Conner 5000m - 1981 AIAW  
 Jill Haworth 1500m - 1981 AIAW  
 Virginia DMR - 1982 AIAW  
 (Linda Nicholson, Karen Hatchett, Lisa Welch, Jill Haworth)

### Women's ACC Indoor Champions

1987 Sonya Fridy 60y  
 Michelle Rowen Mile  
 Virginia Mile Relay  
 LaTanya Wynn TJ  
 1988 Robin Landes HJ  
 Latanya Wynn TJ  
 Dana Boone LJ  
 1989 Claire Forbes Mile  
 Claire Forbes 3000m  
 1991 Kelly Bodiford SP  
 1992 Claire Forbes 3000m  
 Virginia 2-Mile Relay  
 Sherry Gould HJ  
 1994 Sherry Gould HJ  
 1995 Rebecca Grube LJ  
 1996 Lauren Connolly WT  
 1997 Virginia DMR  
 2001 Nacolle Guinn TJ  
 2003 Kiamesha Otey LJ  
 2010 Maureen Laffan SP  
 Virginia DMR  
 2011 Virginia DMR  
 2012 Pearl Bickersteth HJ  
 2014 Jordan Lavender 400m  
 2016 Iona Lake Mile  
 2020 Jada Seaman LJ

### Men's NCAA Indoor Champions

Paul Ereng 800m - 1989 NCAAAs  
 Robby Andrews 800m - 2010 NCAAAs  
 Henry Wynne Mile - 2016 NCAAAs  
 Jordan Scott Triple Jump- 2019 NCAAAs

### Men's ACC Indoor Champions

1954 Ray Quillen HJ  
 1957 Henry Davenport PV  
 1958 Henry Davenport PV  
 Clarence Roberts PV  
 1968 Mike Harvey LJ  
 1970 Jim Shannon LJ  
 1972 Kent Merritt 60y  
 Virginia Mile Relay  
 Kent Merritt 60y  
 1975 Keith Witherspoon TJ  
 1976 Keith Witherspoon TJ  
 1977 Greg Canty 1000y  
 1978 Greg Canty 1000y  
 Virginia 2-Mile Relay  
 Greg Canty 1000y  
 1979 Virginia 2-Mile Relay  
 Greg Canty 1000y  
 1980 Herman Moore HJ  
 1988 Paul Ereng 800m  
 1989 Ben Kurgat 800m  
 Herman Moore HJ  
 1991 Cornell Grayson TJ  
 Ben Kurgat 800m  
 Thom McKinney SP  
 Ben Kurgat 800m  
 1993 Michael Murphy WT  
 1994 Rob Cook 3000m  
 2005 McGavock Dunbar 800m  
 2008 Virginia DMR  
 2009 Ryan Collins 5000m  
 2010 Robby Andrews 800m  
 Ryan Collins 5000m  
 Virginia DMR  
 2011 Ryan Collins 5000m  
 Anthony Kostelac 800m  
 Marcus Robinson TJ  
 2012 Mark Amirault 5000m  
 Marcus Robinson TJ  
 2015 Payton Hazzard 400m  
 Filip Mihaljevic SP  
 Jordan Young WT  
 Virginia DMR  
 2016 Filip Mihaljevic SP  
 Henry Wynne Mile  
 Virginia DMR  
 2017 Filip Mihaljevic SP  
 Jack Lint Hept  
 Jordan Scott TJ  
 Jordan Young WT  
 2019 Jordan Scott TJ  
 2020 Brenton Foster HJ  
 Derek Pekar Hept  
 Jordan Scott TJ  
 Sam Young PV



### Women's Top Indoor 2021 Performances Per Event

#### WOMEN'S 60 METERS

	TIME
Halle Hazzard	7.31
Kayla Bonnick	7.51
Jada Seaman	7.55

#### WOMEN'S 200 METERS

	TIME
Halle Hazzard	24.04
Kayla Bonnick	24.72

#### WOMEN'S 400 METERS

	TIME
Andrette Knight	57.18
Abby Comella	59.47

#### WOMEN'S 800 METERS

	TIME
Alahna Sabbakhan	2:10.82
Keara Seasholtz	2:12.07

#### WOMEN'S 1,000 METERS

	TIME

#### WOMEN'S MILE

	TIME
Ellie Desmond	4:56.88
Olivia Sargent	5:03.70

#### WOMEN'S 3000 METERS

	TIME
Hannah Moran	9:46.48

#### WOMEN'S 5000 METERS

	TIME

#### WOMEN'S 60M HURDLES

	TIME
Nadia Saunders	8.82

#### WOMEN'S HIGH JUMP

	MARK
Rebecca Hawkins	1.76m 5'9.25"
Gabi Hayes	1.60m 5'3"
*Alix Still	1.71m 5'7.25"

#### WOMEN'S POLE VAULT

	MARK
Maya Maloney	3.90m 12'9.5"
Gabriella Recce	3.70m 12'1.5"
Riley Larsen	3.70m 12'1.5"

#### WOMEN'S LONG JUMP

	MARK
Khyasia Caldwell	6.09m 19'11.75"
Jada Seaman	5.87m 19'3.25"
Nadia Saunders	5.49m 18'0.25"

#### WOMEN'S TRIPLE JUMP

	MARK
Nadia Saunders	11.95m 39'2.5"

#### WOMEN'S SHOT PUT

	MARK
Maria Deaviz	15.43m 50'7.5"
Brittany Jones	14.56m 47'9.25"
Thelma Kristjansdottir	13.75m 45'1.5"

#### WOMEN'S WEIGHT THROW

	MARK

#### PENTATHLON

	SCORE
Alix Still	3,781

#### WOMEN'S DMR

	TIME

#### 4x400m

	TIME
Knight, Hazzard, Seasholtz, Sabbakhan	3:47.92

### Men's Top Indoor 2021 Performances Per Event

#### MEN'S 60 METERS

	TIME
Nigel Davis	7.03
Jeremiah Wilson	7.39

#### MEN'S 200 METERS

	TIME
Jordan Willis	21.83
Jay Pendarvis	22.28
Nigal Davis	22.71

#### MEN'S 400 METERS

	TIME
Jordan Willis	48.39
Jay Pendarvis	50.54

#### MEN'S 800 METERS

	TIME

#### MEN'S 1,000 METERS

	TIME

#### MEN'S MILE

	TIME
Randy Neish	4:06.13
Yasin Sado	4:06.35
Rohann Asfaw	4:20.34

#### MEN'S 3000 METERS

	TIME
Derek Johnson	8:17.17
Ka'eo Kruse	8:23.52
Peter Morris	8:46.78

#### MEN'S 5000 METERS

	TIME

#### MEN'S 60M HURDLES

	TIME
Jeremiah Wilson	8.34
*Derek Pekar	8.84

#### MEN'S HIGH JUMP

	MARK

#### MEN'S POLE VAULT

	MARK
Kane Aldrich	4.90m 16'0.75"
Colin Duignan	4.90m 16'0.75"
Derek Pekar	4.30m 14'1.25"

#### MEN'S LONG JUMP

	MARK
Ayende Watson	6.43m 21'1.25"

#### MEN'S TRIPLE JUMP

	MARK
Owayne Owens	16.35m 53' 7.75"

#### MEN'S SHOT PUT

	MARK
Claudio Romero	18.44m 60'6"
Jacob Lemmon	16.47m 54'0.5"

#### MEN'S WEIGHT THROW

	MARK
Ty Kunzman	19.18m 62'11.25"
Jacob Lemmon	18.70m 61'4.25"
Claudio Romero	18.47m 60'7.25"

#### HEPTATHLON

	SCORE

#### MEN'S DMR

	TIME
Neish, Outlaw, Murphy, Porter	9:48.73

#### 4X400M

	TIME
Willis, Outlaw, Murphy, Frasier	3:21.16

\* Multis athlete



### Men's Indoor Top 10 List

#### 60 METERS

1. Shay Clark ..... 6.71 ..... '01
2. Reuben Jones ..... 6.79 ..... '08
3. Adam Cummings ..... 6.86 ..... '13
4. Michael Johnson ..... 6.87 ..... '04
5. Jarrett Hagwood ..... 6.89 ..... '02  
Leo McLaughlin ..... 6.89 ..... '11
7. Scott Kimball ..... 6.93 ..... '00
8. Adams Abdulrazaaq ..... 6.94 ..... '11
9. Payton Hazzard ..... 6.95 ..... '15
10. Matt Meyer ..... 6.96 ..... '09

#### 200 METERS

1. **Jordan Willis** ..... 21.42 ..... '20
2. Gerald Howard ..... 21.53 ..... '95
3. Scott Kimball ..... 21.78 ..... '00  
Reuben Jones ..... 21.78 ..... '08  
Payton Hazzard ..... 21.78 ..... '14
6. Conlon Bonner ..... 21.79 ..... '08
7. Shay Clark ..... 21.81 ..... '02
8. Kellen Blassingame ..... 21.85 ..... '06
9. **Brandon Outlaw** ..... 21.89 ..... '20
10. Rahn Turner ..... 22.00 ..... '98

#### 400 METERS

1. **Brandon Outlaw** ..... 46.58 ..... '20
2. Payton Hazzard ..... 46.60 ..... '15
3. **Jordan Willis** ..... 46.61 ..... '20
4. Kellen Blassingame ..... 46.73 ..... '06
5. Kevin Anding ..... 47.46 ..... '11
6. Alfred Shirley ..... 47.53 ..... '18
7. Ben Kurgat ..... 47.61 ..... '89
8. Paul Ereng ..... 47.64 ..... '88
9. Meikle Paschal ..... 48.04 ..... '09
10. Charles Bowman ..... 48.16 ..... '17

#### 800 METERS

1. Paul Ereng ..... 1:44.84 ..... '88
2. Ben Kurgat ..... 1:47.31 ..... '91
3. Robby Andrews ..... 1:48.02 ..... '10
4. McGavock Dunbar ..... 1:49.18 ..... '04
5. Nathan Kiley ..... 1:49.20 ..... '16
6. John Hinton ..... 1:49.24 ..... '84  
Anthony Kostelac ..... 1:49.24 ..... '11
8. Lance Roller ..... 1:49.47 ..... '10
9. Rob Pearce ..... 1:49.75 ..... '99
10. Kenneth Hagen ..... 1:50.87 ..... '16

#### MILE

1. Vince Draddy ..... 3:58.2h ..... '82
2. Henry Wynne ..... 3:58.74 ..... '16
3. AJ Ernst ..... 3:59.38 ..... '20
4. Mike Marsella ..... 3:59.97 ..... '15
5. Kyle King ..... 4:02.15 ..... '15
6. Patrick Todd ..... 4:02.70 ..... '12
7. John Minen ..... 4:02.77 ..... '10
8. Kris Herdt ..... 4:02.92 ..... '87
9. Anthony Kostelac ..... 4:02.99 ..... '12
10. Alex Tatu ..... 4:03.00 ..... '05

#### 3000 METERS

1. Ari Klau ..... 7:51.57 ..... '20
2. Henry Wynne ..... 7:53.89 ..... '16
3. Mark Amirault ..... 7:54.08 ..... '12
4. Adam Visokay ..... 7:54.24 ..... '16
5. Kris Herdt ..... 7:54.90 ..... '87
6. Emil Heineking ..... 7:58.36 ..... '11
7. Kyle King ..... 8:00.23 ..... '15
8. Jan Foerster ..... 8:02.54 ..... '07
9. Andy Biladeau ..... 8:04.30 ..... '08
10. AJ Ernst ..... 8:05.31 ..... '19

#### 5000 METERS

1. Zach Herriott ..... 13:45.37 ..... '17
2. Ryan Collins ..... 13:46.41 ..... '10
3. Chase Weaverling ..... 13:54.39 ..... '17
4. Brent Demarest ..... 13:56.03 ..... '17
5. Thomas Madden ..... 13:57.01 ..... '15
6. Alex Corbett ..... 14:00.56 ..... '19
7. Kris Herdt ..... 14:02.00 ..... '89
8. Mark Amirault ..... 14:03.01 ..... '12
9. Ari Klau ..... 14:03.31 ..... '19
10. Chris Foley ..... 14:03.67 ..... '12

#### 60 HURDLES

1. Adams Abdulrazaaq ..... 7.75 ..... '11
2. Drequan Hoskey ..... 7.79 ..... '14
3. Jarrett Hagwood ..... 7.93 ..... '02
4. Marion Mason ..... 8.01 ..... '01
5. Cary Chandler ..... 8.03 ..... '01  
Aaron Shepperd ..... 8.03 ..... '11  
Emmanuel Jackson ..... 8.03 ..... '19
8. Gemayel Hazard ..... 8.09 ..... '02
9. Herb Reid ..... 8.16 ..... '01  
Isi Azeke ..... 8.16 ..... '06

#### HIGH JUMP

1. **Brenton Foster** ..... 2.26m (7'5") ..... '20
2. Herman Moore ..... 2.21m (7'3") ..... '90
3. Greg Nelson ..... 2.14m (7'0.25") .. '10
4. Greg Byers ..... 2.13m (6'11.75") .. '82  
Trey Causey ..... 2.13m (6'11.75") .. '19
6. Bob Lund ..... 2.09m (6'10.25") .. '93
7. Mike Riso ..... 2.08m (6'10") ..... '02  
Kevin Jackson ..... 2.08m (6'10") ..... '77
9. David Sullivan ..... 2.05m (6'8.75") .. '08  
Arthur Gennari ..... 2.05m (6'8.75") .. '06  
Tommy DeVita ..... 2.05m (6'8.75") .. '13

#### POLE VAULT

1. Sam Young ..... 5.38m (17'7.75") .. '20
1. David Sullivan ..... 5.30m (17'4.75") '05
2. Brian Shafer ..... 5.20m (17'0.75") '93  
Jeff Jernigan ..... 5.10m (16'8.75") .. '17
5. Tommy Cooke ..... 5.05m (16'6.75") '95
6. Matt Armentrout ..... 5.01m (16.5.25") .. '13
7. Danny Thompson ..... 4.98m (16'4") ..... '81
8. Greg Blair ..... 4.90m (16'1") ..... '05  
David Lewis ..... 4.90m (16'1") ..... '08
- Kane Aldrich** ..... **4.90m (16'0.75") '21**
- Colin Duignan** ..... **4.90m (16'0.75") '21**

#### LONG JUMP

1. Jordan Scott ..... 7.58m (24'10.5) ... '19
2. Matt Meyer ..... 7.52m (24'8.25") '09
3. Marion Mason ..... 7.50m (24'7.25") '01  
Tiki Barber ..... 7.50m (24'7.25") '94
5. Bruce Randolph ..... 7.48m (24'6.5") .. '84
6. Keith Witherspoon ... 7.45m (24'5.25") .. '76
7. **Ayende Watson** ..... 7.41m (24'3.75") .. '19
8. Stephen Dunphy ..... 7.40m (24'3.25") '92
9. Mauri Anderson ..... 7.39m (24'3") ..... '82
10. Jarrett Hagwood ..... 7.34m (24'1") ..... '01

#### TRIPLE JUMP

1. Jordan Scott ..... 17.20m (55'10.25) '20
2. Marcus Robinson ..... 16.63m (54'6.75") '12
3. **Owyane Owens** ..... **16.35m (53'7.75") '21**
4. Keith Witherspoon ... 16.16m (53'0.25") '76
5. Greg Byers ..... 15.98m (52'5") ... '85
6. Aaron Worrell ..... 15.87m (52'1") ..... '17
7. Cornell Grayson ..... 15.74m (51'7.75") '90
8. Chike Chukwulozie ... 15.64m (51'3.75") '91
9. Ryan Satchell ..... 15.62m (51'3") ... '14
10. Ivan Glasgow ..... 15.34m (50'4") ... '82

#### SHOT PUT

1. Filip Mihaljevic ..... 20.87m (68'5.75") .. '16
2. Oghenakpobo Efekoro ..... 19.84m (65'1.25") .. '17
3. Jordan Young ..... 19.15m (62'10") .. '15
4. Nick Vena ..... 18.92m (62'1") ... '12
5. Yemi Ayeni ..... 18.80m (61'8.25") '09
6. Nace Plesko ..... 18.71m (61'4.75") .. '19
7. **Claudio Romero** ..... **18.44m (60'6) ..... '21**
7. Kevin Latham ..... 17.62m (57'9.75") '84
8. Thom McKinney ..... 17.12m (56'2") ... '91
9. Mike Murphy ..... 17.10m (56'1.25") .. '93
10. Pete Sheehan ..... 16.91m (55'5.75") '91

#### WEIGHT THROW

1. Jordan Young ..... 22.92m (75'2.5") ... '15
2. Hilmar Jonsson ..... 21.37m (70'1.5") .. '18
3. Oghenakpobo Efekoro ..... 19.90m (65'13.5") '18
4. Vincenzo Chiariello ..... 19.38m (63'7") ... '12
5. **Ty Kuzman** ..... **19.18m (62'11.25") '21**
6. **Jacob Lemmon** ..... **18.70m (61'4.25") '21**
7. **Claudio Romero** ..... **18.47m (60'7.25") '21**
8. Thom McKinney ..... 18.43m (60'5.75") '91
9. Thomas Fuson ..... 18.18m (59'7.75") '11
10. Mike Murphy ..... 17.77m (58'3.75") '93

#### HEPTATHLON

1. Jack Lint ..... 5,546 ..... '17
2. **Derek Pekar** ..... 5,362 ..... '20
3. David Sullivan ..... 5,178 ..... '04
4. David Lewis ..... 5,139 ..... '08
5. Christian Lavorgna ... 5,113 ..... '16
6. **Elby Omohundro** ..... 5,038 ..... '20
7. Cam Collins ..... 4,972 ..... '16
8. Anthony Dunavant ..... 4,970 ..... '14
9. Jack Claiborne ..... 4,821 ..... '17
10. Thomas Codevilla ..... 4,360 ..... '05



### Men's Indoor Freshman Records

#### 60 METERS

1. Adam Cummings.....6.86.....'13
2. Leo McLaughlin .....6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner.....6.98.....'08

#### 200 METERS

1. Conlon Bonner.....21.79.....'08
2. **Brandon Outlaw** .....22.03.....'18
3. Ben Sargong.....22.16.....'92
4. Adam Abdulrazaaq .....22.24.....'08
5. **Jay Pendarvis** .....22.28.....'21

#### 300 METERS

1. Anthony Swan.....34.11.....'86
2. Adam Abdulrazaaq .....34.63.....'08
3. Patrick Farmer .....34.74.....'11
4. Conlon Bonner.....34.78.....'08
5. Charles Bowman.....34.82.....'16

#### 400 METERS

1. **Brandon Outlaw** .....47.18.....'18
2. Alfred Shirley .....47.53.....'18
3. Paul Ereng.....47.64.....'88
4. Meikle Paschal .....48.11.....'08
5. Ben Kurgat.....48.26.....'88

#### 500 METERS

1. Paul Ereng.....1:02.02.....'88
2. Alfred Shirley .....1:03.05.....'18
3. Bruce Berry .....1:03.31.....'85
4. Ray Brown .....1:03.80.....'81
5. Dwayne Brake.....1:03.97.....'83

#### 800 METERS

1. Robby Andrews .....1:48.39.....'10
2. Anthony Kostelac .....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
4. Nathan Kiley.....1:51.08.....'14
5. Mike Marsella.....1:51.41.....'14

#### 1000 METERS

1. Rob Pearce.....2:27.69.....'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart .....2:28.40.....'11
4. Brett Johnson .....2:28.47.....'10
5. Ken Cheeseman .....2:29.80.....'85

#### MILE

1. Alex Tatu .....4:03.00.....'05
2. Mike Marsella.....4:03.18.....'14
3. Matthew Novak.....4:03.93.....'16
4. Sintayehu Taye.....4:04.04.....'09
5. Henry Wynne .....4:04.37.....'14

#### 3,000 METERS

1. Adam Visokay.....7:57.46.....'14
2. Brent Demarest .....8:09.59.....'15
3. Connor Rog .....8:09.76.....'14
4. Chase Weaverling .....8:11.28.....'16
5. **Rohann Asfaw** .....8:13.81.....'19

#### 5,000 METERS

1. Thomas Madden .....13:57.01.....'15
2. Chris Foley .....14:03.67.....'12
3. Chase Weaverling .....14:03.72.....'16
4. Brent Demarest .....14:14.74.....'15
5. Connor Rog .....14:15.23.....'14

#### 60m HURDLES

1. Adam Abdulrazaaq .....7.98.....'08
2. Aaron Sheppherd .....8.03.....'11
3. Jarrett Hagwood.....8.05.....'99
4. Marion Mason .....8.23.....'98
- Devin Brewer .....8.23.....'12
- Jack Lint .....8.23.....'16

#### HIGH JUMP

1. Trey Causey .....2.13m(6'11.75).....'19
2. Mike Riso .....2.08m (6' 10").....'02
3. Tommy DeVita.....2.04m (6' 8.5").....'11
4. Arthur Gennari .....2.03m (6' 8").....'07
5. Gerald Howard.....2.00m (6' 7").....'93
- Cordell Green .....2.00m (6' 7").....'95

#### POLE VAULT

1. Sam Young .....5.10m (16' 8.75) ...'17
2. David Sullivan.....4.97m (16' 3.75").. '03
3. Brian Shafer.....4.90m (16' 1") ..... '90
4. Jake Williams .....4.87m (16' 0") ..... '91
5. Greg Blair.....4.82m (15' 10") ..... '03

#### LONG JUMP

1. Matt Meyer.....7.52m (24' 8.25").. '09
2. Tiki Barber.....7.48m (24' 6.75").. '94
3. **Ayende Watson** ...7.41m (24'3.75")... '19
4. Jordan Scott.....7.38m (24' 2.5") ... '17
5. Marion Mason .....7.24m (23' 9.25").. '98

#### TRIPLE JUMP

1. Jordan Scott.....16.36m (53' 8.25)..'17
2. Aaron Worrell.....15.64m (51'3.75")... '14
3. **Owyane Owens**.....15.27m (50' 1.25")... '20
4. Ryan Satchell .....15.02m (49' 3.5")..'12
5. Darryl Smith.....14.70m (48' 4")..... '79

#### SHOT PUT

1. Filip Mihaljevic .....19.63m (64'5").....'15
2. Nick Vena .....18.92m (62' 1").....'12
3. Oghenekpobo Efekoro...18.82m (61' 9").....'16
4. **Claudio Romero...18.44m (60'6" ..... '21**
5. Mike Theuerkauf....16.51m (54' 2")..... '89

#### WEIGHT THROW

1. Hilmar Jonsson.....20.32m (66' 8")..... '16
2. Oghenekpobo Efekoro...18.86m (61' 10.5").. '16
3. **Jacob Lemmon ....18.70m (61'4.25") '21**
4. **Claudio Romero...18.47m (60' 7.25")'21**
5. Vincenzo Chiarello ....16.40m (53' 9.75") '09

#### HEPTATHLON

1. Jack Lint .....5,358.....'16
2. **Derek Pekar** .....5,354.....'20
3. Anthony Dunavant.....4,970.....'14
4. Jack Claiborne.....4,821.....'17
5. Cam Collins.....4,793.....'15

#### Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



### Women's Indoor Top 10 List

#### 60 METERS

- Halle Hazzard** .....7.24 ..... '20
- Kiamesha Otey .....7.37 ..... '03
- Sonja Fridy.....7.39 ..... '86
- Peyton Chaney .....7.40 ..... '16
- Anna Jefferson** .....7.40 ..... '20
- Pam Lemons .....7.43 ..... '93
- Jada Seaman** .....7.46 ..... '20
- Jordan Lavender.....7.49 ..... '15
- Janne'a Bridgeford .....7.50 ..... '08
- Kayla Bonnicks** .....7.51 ..... '21

#### 200 METERS

- Jada Seaman**.....23.76 ..... '20
- Halle Hazzard** .....23.79 ..... '20
- Jordan Lavender.....23.80 ..... '15
- Peyton Chaney .....23.84 ..... '16
- Anna Jefferson** .....23.92 ..... '20
- Danielle Williams .....23.97 ..... '12
- Kelly Miller .....24.17 ..... '99
- Angela Lee .....24.30 ..... '99
- Kiamesha Otey .....24.34 ..... '03
- Pam Lemons .....24.37 ..... '94

#### 400 METERS

- Jordan Lavender.....52.59 ..... '13
- Andrenette Knight** .....53.50 ..... '20
- Anna Jefferson** .....53.33 ..... '19
- Lisa Garrett .....54.07 ..... '81
- Angela Lee .....54.29 ..... '99
- Carielle Doe .....54.52 ..... '02
- Cathron Birge .....54.61 ..... '90
- Sonja Fridy .....54.95 ..... '87
- Angela Griffith .....55.38 ..... '92
- Erin Crawford .....55.42 ..... '07

#### 800 METERS

- Vanessa Fabrizio .....2:07.24 ..... '15
- Emma Call.....2:07.39 ..... '17
- Lyndsay Harper .....2:07.64 ..... '11
- Morgane Gay .....2:08.07 ..... '09
- Kim Kelly .....2:09.27 ..... '85
- Alahna Sabbakhan**.....2:09.57 ..... '20
- Jill Haworth.....2:09.62 ..... '83
- Cathron Birge .....2:09.71 ..... '90
- Colette Gnade .....2:09.80 ..... '13
- Sandy Schuler .....2:09.90 ..... '85

#### MILE

- Jill Haworth .....4:34.32 ..... '82
- Morgane Gay .....4:34.38 ..... '12
- Vicky Fouhy .....4:34.87 ..... '13
- Lesley Welch .....4:35.56 ..... '82
- Iona Lake .....4:36.11 ..... '16
- Marissa Schmidt .....4:41.10 ..... '82
- Michele Rowen .....4:41.57 ..... '87
- Lisa Welch .....4:41.96 ..... '82
- Catherine White .....4:42.80 ..... '11
- Margaret Groos .....4:43.9h ..... '79

#### 3,000 METERS

- Cleo Boyd .....9:18.20 ..... '17
- Claire Forbes .....9:18.80 ..... '92
- Stephanie Garcia .....9:19.44 ..... '11
- Martha White.....9:19.58 ..... '83
- Iona Lake .....9:22.75 ..... '15
- Barbara Strehler .....9:22.85 ..... '14
- Morgan Kelly.....9:23.21 ..... '15
- Catherine White .....9:24.43 ..... '10
- Patty Matava .....9:25.83 ..... '87
- Michele Rowen .....9:25.8h ..... '85

#### 5,000 METERS

- Margaret Groos .....15:34.71 ..... '81
- Cleo Boyd .....16:04.76 ..... '17
- Morgan Kelly.....16:10.73 ..... '15
- Barbara Strehler .....16:16.32 ..... '14
- Emily Harrison .....16:16.53 ..... '08
- Lesley Welch.....16:21.6h ..... '82
- Maria Hauger .....16:22.07 ..... '14
- Anna Corrigan .....16:25.81 ..... '12
- Kara Scanlin .....16:27.61 ..... '08
- Martha White .....16:31.6h ..... '82

#### 60 HURDLES

- Alexis Woodley.....8.31 ..... '20
- Ciara Leonard .....8.38 ..... '18
- Ayla Smith .....8.39 ..... '09
- Andrenette Knight** .....8.48 ..... '20
- Heather Smith .....8.54 ..... '16
- Kim Turko .....8.55 ..... '01
- Chidi Uche .....8.58 ..... '10
- Lauren Echko .....8.60 ..... '09
- Bianca DeBartolo.....8.65 ..... '07
- Kristina Chapman .....8.68 ..... '11

#### HIGH JUMP

- Sherry Gould .....1.87m (6' 1.5") ..... '94
- Ann Bair .....1.83m (6' 0") ..... '83
- Robin Landes .....1.82m (5' 11.25") ..... '88
- Karen DiDonato .....1.80m (5' 10.75") ..... '91
- Pearl Bickersteth.....1.79m (5' 10.5") ..... '12
- Rachel Marks .....1.78m (5' 10") ..... '04
- Rebecca Hawkins** .. **1.76m (5'9.25")** .. '21
- Kate Doyle.....1.75m (5' 8.75") .. '90
- Janelle Clayton.....1.74m (5' 8.5") ..... '10
- Susan Brownell.....1.73m (5' 8.25") .. '81
- Karen Hatchett .....1.73m (5' 8.25") .. '81

#### POLE VAULT

- Bridget Guy.....4.41m (14'5.5") ... '19
- Maya Maloney** .....3.97m (13'0.25") .. '20
- Sarah DeVita .....3.97m (13'0.25") .. '15
- Theresa Demaria .....3.96m (12'11.75")'17
- Katie Freix .....3.95m (12'11.5") .. '18
- Vika Osenko .....3.80m (12' 5.75") '03
- Riley Larsen** .....3.80m (12'5.5") ... '20
- Katie Darraugh.....3.75m (12' 3.5") .. '10
- Gabriella Recce** ..... **3.70m (12' 1.5")** .. '21
- Annica While .....3.60m (11' 9.75") '01
- Kathryn Pettine .....3.60m (11' 9.75") '05
- Kate Kaufman.....3.60m (11' 9.75") '16
- Trina Barcarola** ..... **3.60m (11'9.75")** '21

#### LONG JUMP

- Jada Seaman**.....6.46m (21' 2.5").....'20
- Dana Boone .....6.44m (21' 1.50") '91
- Kiamesha Otey .....6.39m (20' 11.75") '02
- Sonja Fridy.....6.38m (20' 11.25") '87
- Khyasia Caldwell**....6.29m (20' 7.75") '20
- Nicole Kimbrough.....6.27m (20' 7") ..... '95
- Kelly Miller .....6.22m (20' 5") ..... '99
- Angela Griffith .....6.15m (20' 2.25") '92
- Latanya Wynn .....6.10m (20' 0.25") '88
- Tomika Ferguson.....6.09m (19' 11.75") '06
- Mia Barron .....6.09m (19' 11.75") '18

#### TRIPLE JUMP

- Tomika Ferguson .....13.53m (44' 4.75") '07
- Naccolle Guinn .....13.14m (43' 1.25") '01
- Kelly McKeel.....13.00m (42'8") ... '19
- Dallas Rose.....12.98m (42' 7") ... '12
- Dana Boone .....12.86m (42' 2.25") '91
- Michele Johnson.....12.78m (41' 11") '87
- Mia Barron .....12.71m (41'8.5") '17
- Rashawnda James ...12.59m (41' 3.75") '09
- Curtrell Frye .....12.45m (40' 10.25") '02
- Tiffany King .....12.37m (40' 7") ... '96

#### SHOT PUT

- Billie-Jo Grant .....16.55m (54' 3.5") '08
- Christine Bohan .....16.53m (54' 2.75") '16
- Brittany Jones** .....16.27m (53'4.5") ... '20
- Maureen Laffan .....15.97m (52' 4.75") '10
- Eliese Mitchell .....15.72m (51' 7") ... '03
- Kelly Bodiford .....15.65m (51' 4.25") '91
- Maria Deaviz** ..... **15.43m (50'7.4)** ..... '21
- Emily Vannoy .....15.42m (50' 7.25") '10
- Anna Grant .....14.94m (49' 0.25") ... '08
- Alexa Manning .....14.93m (48' 11.75") '08
- Amy Brown .....14.05m (46' 1.25") '99

#### WEIGHT THROW

- Eliese Mitchell .....20.06m (65' 9.75") '02
- Maureen Laffan .....18.54m (60' 10") '12
- Erin Wykoff .....17.75m (58' 3") ... '12
- Jade Baker .....17.46m (57'3.5") ..... '19
- Alexa Manning .....17.09m (56' 1") ... '08
- Ann Crouse.....17.08m (56' 0.5") '96
- Eve Mustafic**.....16.92m (55'6.25")..... '19
- Lauren Connelly .....16.67m (54' 8.25") '96
- Logan Clements.....16.30m (53'5.75")'14
- Brittany Jones** .....16.24m (53' 3.5") '18

#### PENTATHLON

- Susan Brownell.....4,153..... '82
- Rebecca Grube .....4,108..... '95
- Holly Sullivan .....3,912..... '18
- Ayla Smith .....3,879..... '09
- Sherry Gould .....3,789..... '94
- Alix Still**..... **3,781**..... '21
- Beth Sheehan .....3,678..... '83
- Bianca DeBartolo.....3,661..... '07
- Anna Finger .....3,659..... '13
- Curtrell Frye .....3,644..... '02

All-time lists are based on a student-athlete's best time/mark



### Women's Indoor Freshman Records

#### 60-METER DASH

- 1. **Halle Hazzard** ..... 7.32 ..... '19
- 2. **Jada Seaman** ..... 7.46 ..... '20
- 3. **Kayla Bonnick**..... **7.51** ..... '**21**
- 4. Jordan Lavender..... 7.57 ..... '12
- 5. Peyton Chaney ..... 7.60 ..... '13
- Tori McKenzie ..... 7.60 ..... '14

#### 200-METER DASH

- 1. **Jada Seaman** ..... 23.93 ..... '20
- 2. **Halle Hazzard** ..... 24.09 ..... '19
- 3. Jordan Lavender..... 24.25 ..... '12
- 4. Peyton Chaney ..... 24.31 ..... '13
- 5. Kiana Hairston..... 24.48 ..... '15

#### 300-METER DASH

- 1. Jordan Lavender..... 39.05 ..... '12
- 2. Julie Sandy..... 39.43 ..... '87
- 3. **Anna Jefferson** ..... 39.63 ..... '17
- 4. Kiana Hairston..... 40.15 ..... '15
- 5. **Kayla Bonnick**..... **40.25** ..... '**21**

#### 400-METER DASH

- 1. Jordan Lavender..... 54.69 ..... '12
- 2. Michelle Samuels ..... 55.81 ..... '91
- 3. Meagan Gillespie ..... 56.07 ..... '09
- 4. Chimere Ezumah..... 56.27 ..... '14
- 5. Leslie Satchell..... 56.67 ..... '95

#### 500-METER DASH

- 1. Cathron Birge ..... 1:14.16 ..... '87
- 2. Phyllis Buber..... 1:14.90 ..... '84
- 3. Ayla Smith ..... 1:14.91 ..... '07
- 4. Lyndsay Harper ..... 1:16.22 ..... '08
- 5. Shelley McBride ..... 1:16.68 ..... '86

#### 800-METER RUN

- 1. Emma Call ..... 2:07.39 ..... '17
- 2. Morgane Gay ..... 2:08.07 ..... '09
- 3. Vanessa Fabrizio ..... 2:08.79 ..... '11
- 4. Sandy Schuler ..... 2:09.90 ..... '85
- 5. Alexia Roux..... 2:11.34 ..... '16

#### 1000-METER RUN

- 1. Sandy Schuler ..... 2:44.40 ..... '85
- 2. Shelley McBride ..... 2:50.40 ..... '86
- 3. **Maddie Rennyson** ..... 2:54.65 ..... '18
- 4. Claire Forbes ..... 2:55.31 ..... '90
- 5. Alexia Roux..... 2:56.80 ..... '16

#### 1-MILE RUN

- 1. Claire Forbes ..... 4:49.48 ..... '90
- 2. Tasia Potasinski ..... 4:51.49 ..... '10
- 3. Megan Rebholz ..... 4:53.87 ..... '15
- 4. Lara Drauglis ..... 4:53.94 ..... '91
- 5. Michelle Rowen..... 4:54.10 ..... '84

#### 3000-METER RUN

- 1. Maria Hauger..... 9:29.20 ..... '14
- 2. Sarah Fakler ..... 9:37.45 ..... '14
- 3. Katharine Walker..... 9:38.96 ..... '11
- 4. Megan Rebholz ..... 9:42.55 ..... '15
- 5. Cleo Boyd..... 9:47.23 ..... '14

#### 5000-METER RUN

- 1. Lesley Welch..... 16:21.60 ..... '82
- 2. Maria Hauger..... 16:22.07 ..... '14
- 3. Cleo Boyd..... 16:29.16 ..... '14
- 4. Sarah Fakler ..... 16:32.01 ..... '14
- 5. Katharine Walker..... 16:46.02 ..... '11

#### 60-METER HURDLES

- 1. Alexis Woodley ..... 8.56 ..... '17
- 2. Ayla Smith ..... 8.68 ..... '07
- 3. Kim Turko ..... 8.69 ..... '98
- 4. Ciara Leonard ..... 8.74 ..... '16
- 5. Shantell Bingham..... 8.82 ..... '12
- Nadia Sauders** ..... **8.82** ..... '**21**

#### HIGH JUMP

- 1. Karen Didonota..... 1.71m (5'7.5")..... '87
- 2. Janelle Clayton..... 1.70m (5' 7")..... '10
- Pearl Bickersteth..... 1.70m (5' 7")..... '10
- Emily Kianka..... 1.70m (5' 7")..... '11
- Moira Cronin..... 1.70m (5' 7")..... '12

#### POLE VAULT

- 1. Bridget Guy..... 3.97m (13' 0.25")'15
- Maya Maloney** ..... 3.97m (13'0.25")'20
- 3. Theresa Demaria..... 3.96m(12'11.75)'17
- 4. Katie Freix ..... 3.82m (12' 6.5").. '15
- 5. **Riley Larsen**..... 3.77m (12'4.5").. '20

#### LONG JUMP

- 1. **Jada Seaman** ..... 6.46m (21' 2.5").. '20
- 2. Kiamesha Otey ..... 6.00m (19' 8.25").. '00
- 3. Sonja Fridy..... 5.99m (19' 8")..... '84
- 4. Dana Boone ..... 5.96m (19' 6.75")'88
- 5. Mia Barron ..... 5.94m (19' 6")..... '15

#### TRIPLE JUMP

- 1. Dallas Rose..... 12.56m (41' 2.5")'10
- 2. Mia Barron ..... 12.33m (40' 5.5").. '15
- 3. Britni Strates ..... 12.32m (40' 5").. '12
- 4. Rashawanda James ... 12.19m (40' 0").. '08
- 5. Mishanta Reyes ..... 12.13m (39' 9.75")'99

#### SHOT PUT

- 1. Maria Deaviz..... 15.43m (50' 7.5")'21
- 2. Emily Vannoy ..... 15.42m (50' 7.25")'10
- 3. **Brittany Jones**..... 15.21m (49'11").. '18
- 4. Anna Grant ..... 14.94m (49' 0.25").. '08
- 5. Christine Bohan ..... 14.78m (48' 6")... '14

#### WEIGHT THROW

- 1. **Eva Mustafic**..... 16.92m (55'6.25")..19
- 2. **Brittany Jones** ..... 16.24m (53'3.5")'18
- 3. Emily Vannoy ..... 16.00m (52' 6").. '10
- 4. Kristy Martin..... 15.50m (50' 10.5")'97
- 5. Erin Wykoff ..... 15.11m (49' 7").. '09

#### PENTATHLON

- 1. Beth Sheehan..... 3,678 ..... '83
- 2. Katie Ollendick ..... 3,443 ..... '94
- 3. Holly Sullivan..... 3,411 ..... '16
- 4. Alana Herran ..... 3,396 ..... '16
- 5. **Alix Still**..... 3,288 ..... '19

#### Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

## Indoor Relay Records

### Women

#### 4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
3.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
4.	3:40.40	Chaney, Lavender, Ezumah, Wright	2014
5.	3:41.26	Wright, Ezumah, Lavender, Hairston	2015

#### DMR

1.	10:59.33	Gay, Smith, Harper, Garcia	2011
2.	11:14.15	Gay, Fabrizio, Harper, Garcia	2011
3.	11:19.39	Welch, Welch, Garrett, Haworth	1982
4.	11:21.19	Fabrizio, Weatherly, Gnade, Garcia	2011
5.	11:22.32	Sargent, Lavender, Fabrizio, Fouhy	2014

### Men

#### 4x400

1.	3:11.76	<b>Willis, Shirley, Dixon, Outlaw</b>	2018
2.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017
3.	3:12.52	Hazzard, Kiley, Carrington, Bartha	2015
4.	3:12.55	Hayes, Taylor, Kugrat, Ereng	1989
5.	3:12.90	Revelle, Adderly, Pirtle, Palmer	1982

#### DMR

1.	9:29.86	Jesien, Paschal, Roller, Taye	2009
2.	9:31.23	Kostelac, Hazzard, Burton, Gilland	2013
3.	9:32.36	Marsella, Hazzard, Kiley, King	2015
4.	9:34.38	Johnson, Anding, Kostelac, Heineking	2011
5.	9:34.78	Gilland, Anding, Roller, Kostelac	2012

### School Records for events that are not contested at current NCAA Championships

#### WOMEN

##### 55 Meters

6.82	Sonya Fridy	1986
------	-------------	------

##### 55m Hurdles

7.90	Michele Johnson	1986
------	-----------------	------

##### 60 Yards

6.9h	Brenda Brown	1981
------	--------------	------

##### 60y Hurdles

7.8h	Susan Brownell	1982
------	----------------	------

##### 300 Meters

39.05	Jordan Lavender	2012
-------	-----------------	------

##### 440 Yards

54.0h	Lisa Garrett	1981
-------	--------------	------

##### 500 Meters

1:09.89	Sonya Fridy	1987
---------	-------------	------

##### 600 Yards

1:24.67	Phyllis Buber	1985
---------	---------------	------

##### 600 Meters

1:32.88	Natalia Kuhn	2013
---------	--------------	------

##### 880 Yards

2:10.27	Kim Kelly	1985
---------	-----------	------

##### 1,000 Meters

2:44.40	Sandy Schuler	1985
---------	---------------	------

##### 1,000 Yards

2:30.43	Kim Kelly	1985
---------	-----------	------

##### 1,500 Meters

4:17.24	Margaret Groos	1981
---------	----------------	------

##### Two-Mile

9:52.3h	Margaret Groos	1980
---------	----------------	------

##### Three-Mile

15:25.25	Martha White	1982
----------	--------------	------

##### 4x800m Relay

8:55.19	Fabrizio, Weatherly, Gnade, Garcia	2011
---------	------------------------------------	------

#### MEN

##### 55 Meters

6.21	Bruce Randolph	1984
------	----------------	------

##### 55m Hurdles

7.33	Robert Archer	1984
------	---------------	------

##### 60 Yards

6.0h	Kent Merritt	1972
------	--------------	------

##### 300 Meters

34.04	Jordan Willis	2021
-------	---------------	------

##### 440 Yards

49.9h	John Morris	1970
-------	-------------	------

##### 500 Meters

1:02.44	Paul Ereng	1988
---------	------------	------

##### 500 Yards

1:02.79	David Revelle	1983
---------	---------------	------

##### 600 Meters

1:11.99	Dwayne Brake	1983
---------	--------------	------

##### 600 Yards

1:09.8h	David Revelle	1983
---------	---------------	------

##### 880 Yards

1:56.1h	James Wood	1973
---------	------------	------

##### 1,000 Meters

2:20.57	Ray Brown	1984
---------	-----------	------

##### 1,000 Yards

2:07.31	Ray Brown	1984
---------	-----------	------

##### 1,500 Meters

3:45.04	John Hinton	1985
---------	-------------	------

##### Two-Mile

8:40.49	Kris Herdt	1987
---------	------------	------

##### Three-Mile

13:43.03	Colin Peddie	1985
----------	--------------	------

##### Pentathlon

3,915	Stephen Dunphy	1991
-------	----------------	------

##### 4x800m Relay

7:26.49	Vrhovac, A. Bowman, Taye, Andrews	2010
---------	-----------------------------------	------