



VIRGINIA INDOOR RECORDS

INDOOR WOMEN'S RECORDS

Event	Name.....	Time/Mark.....	Date
60 meters	Halle Hazzard	7.24	2020
200 meters	Jada Seaman.....	23.76	2020
400 meters	Jordan Lavender	52.59	2013
800 meters	Vanessa Fabrizio	2:07.24	2015
Mile	Jill Haworth	4:34.32	1982
3,000 meters	Cleo Boyd	9:18.20	2017
5,000 meters	Margaret Groos	15:34.71	1981
60-meter hurdles	Alexis Woodley	8.31	2020
4x400-meter relay	Chaney, Fabrizio, Wright, Lavender.....	3:39.43	2014
Distance Medley Relay	Gay, Smith, Harper, Garcia	10:59.33	2011
High Jump	Sherry Gould	1.87m (6' 1.5")	1994
Pole Vault	Bridget Guy	4.41m (14' 5.5")	2019
Long Jump	Jada Seaman.....	6.46m (21'2.5")	2020
Triple Jump	Tomika Ferguson	13.53m (44' 4.75")	2007
Shot Put	Billie-Jo Grant	16.55m (54' 3.5")	2008
Weight Throw	Eliese Mitchell.....	20.06m (65' 9.75")	2002
Pentathlon	Susan Brownell	4,153	1982

INDOOR MEN'S RECORDS

Event	Name.....	Time/Mark.....	Date
60 meters	Shay Clark	6.71	2001
200 meters	Jordan Willis	21.42	2020
400 meters	Brandon Outlaw	46.58	2020
800 meters	Paul Ereng	1:44.84	1988
Mile	Vince Draddy	3:58.2h	1982
3,000 meters	Ari Klau.....	7:51.57	2020
5,000 meters	Zach Herriott.....	13:45.37	2017
60-meter hurdles	Adams Abdulrazaaq	7.75	2011
4x400-meter relay	Willis, Shirley, Dixon, Outlaw	3:11.76	2018
Distance medley relay	Jesien, Paschal, Roller, Taye	9:29.86	2009
High Jump	-Brenton Foster.....	2.26m (7' 5").....	2020
Pole Vault	Sam Young.....	5.38m (17' 7.75")	2020
Long Jump.....	Owayne Owens	7.58m (24'10.5")	2021
	Jordan Scott.....	7.58m (24'10.5").....	2019
Triple Jump	Jordan Scott.....	17.02m (55' 10.25")	2020
Shot Put.....	Filip Mihaljevic.....	20.87m (68' 5.75")	2016
Weight Throw	Jordan Young.....	22.92m (75' 2.5")	2015
Heptathlon	Jack Lint	5,546	2017



WOMEN'S INDOOR TOP MARKS

60 METERS

1. Halle Hazzard	7.24	'20
2. Jada Seaman	7.37	' 21
3. Kiamasha Otey	7.37	'03
4. Sonja Fridy	7.39	'86
5. Peyton Chaney	7.40	'16
Anna Jefferson	7.40	'20
7. Pam Lemons	7.43	'93
8. Jordan Lavender	7.49	'15
9. Janne'a Bridgeford	7.50	'08
10. Kayla Bonnick	7.51	' 21

200 METERS

1. Jada Seaman.....	23.56	' 21
2. Halle Hazzard	23.79	' 21
3. Jordan Lavender.....	23.80	'15
4. Peyton Chaney	23.84	'16
5. Anna Jefferson	23.92	'20
6. Danielle Williams	23.97	'12
7. Kelly Miller	24.17	'99
8. Angela Lee	24.30	'99
9. Kiamasha Otey	24.34	'03
10. Pam Lemons	24.37	'94

400 METERS

1. Jordan Lavender.....	52.59	'13
2. Andrenette Knight	53.50	'20
3. Anna Jefferson	53.33	'19
4. Lisa Garrett	54.07	'81
5. Angela Lee	54.29	'99
6. Carielle Doe	54.52	'02
7. Cathron Birge	54.61	'90
8. Sonja Fridy	54.95	'87
9. Angela Griffith	55.38	'92
10. Erin Crawford	55.42	'07

800 METERS

1. Vanessa Fabrizio	2:07.24	'15
2. Emma Call	2:07.39	'17
3. Lyndsay Harper	2:07.64	'11
4. Morgane Gay	2:08.07	'09
5. Keara Seasholtz	2:08.43	' 21
6. Kim Kelly	2:09.27	'85
7. Alahna Sabbakhan.....	2:09.57	'20
8. Jill Haworth.....	2:09.62	'83
9. Cathron Birge	2:09.71	'90
20. Colette Gnade	2:09.80	'13

MILE

1. Jill Haworth	4:34.32	'82
2. Morgane Gay	4:34.38	'12
3. Vicky Fouhy.....	4:34.87	'13
4. Lesley Welch	4:35.56	'82
5. Iona Lake	4:36.11	'16
6. Marissa Schmidt	4:41.10	'82
7. Michele Rowen	4:41.57	'87
8. Lisa Welch	4:41.96	'82
9. Catherine White	4:42.80	'11
10. Margaret Groos	4:43.9h	'79

3,000 METERS

1. Cleo Boyd	9:18.20	'17
Claire Forbes	9:18.80	'92
3. Stephanie Garcia	9:19.44	'11
4. Martha White	9:19.58	'83
5. Iona Lake	9:22.75	'15
6. Barbara Strehler	9:22.85	'14
7. Morgan Kelly.....	9:23.21	'15
8. Catherine White	9:24.43	'10
9. Patty Matava	9:25.83	'87
10. Michele Rowen	9:25.8h	'85

5,000 METERS

1. Margaret Groos	15:34.71	'81
2. Cleo Boyd	16:04.76	'17
3. Morgan Kelly.....	16:10.73	'15
4. Barbara Strehler	16:16.32	'14
5. Emily Harrison	16:16.53	'08
6. Lesley Welch.....	16:21.6h	'82
7. Maria Hauger.....	16:22.07	'14
8. Anna Corrigan	16:25.81	'12
9. Kara Scanlin.....	16:27.61	'08
10. Martha White	16:31.6h	'82

60 HURDLES

1. Alexis Woodley	8.31	'20
2. Ciara Leonard	8:38	'18
3. Ayla Smith	8.39	'09
4. Andrenette Knight	8.48	'20
5. Heather Smith	8.54	'16
6. Kim Turko	8.55	'01
7. Chidi Uche	8.58	'10
8. Lauren Echko	8.60	'09
9. Bianca DeBartolo	8.65	'07
10. Kristina Chapman	8.68	'11

HIGH JUMP

1. Sherry Gould	1.87m (6' 1.5")	'94
2. Ann Bair	1.83m (6' 0")	'83
3. Robin Landes	1.82m (5' 11.25")	'88
4. Karen DiDonato	1.80m (5' 10.75")	'91
5. Pearl Bickersteth.....	1.79m (5'10.5")	'12
6. Rachel Marks	1.78m (5' 10")	'04
7. Rebecca Hawkins	1.76m (5'9.25")	' 21
8. Kate Doyle.....	1.75m (5' 8.75")	'90
9. Janelle Clayton.....	1.74m (5' 8.5")	'10
10. Susan Brownell.....	1.73m (5' 8.25")	'80
Karen Hatchett	1.73m (5' 8.25")	'81

POLE VAULT

1. Bridget Guy.....	4.41m (14'5.5")	'19
2. Maya Maloney	3.97m (13'0.25")	'20
Sarah DeVita	3.97m (13'0.25")	'15
4. Theresa Demaria	3.96m (12'11.75")	'17
5. Katie Freix	3.95m (12'11.5")	'18
6. Vika Oспенко	3.80m (12' 5.75")	'03
Riley Larsen.....	3.80m (12'5.5")	'20
8. Katie Darraugh.....	3.75m (12' 3.5")	'10
9. Gabriella Recce	3.74m (12' 3.25")	' 21
10. Annica While	3.60m (11' 9.75")	'01
Kathryn Pettine	3.60m (11' 9.75")	'05
Kate Kaufman.....	3.60m (11' 9.75")	'16
Trina Barcarola	3.60m (11'9.75")	' 21

LONG JUMP

1. Jada Seaman	6.46m (21' 2.5")	'20
2. Dana Boone	6.44m (21' 1.50")	'91
3. Kiamasha Otey	6.39m (20' 11.75")	'02
4. Sonja Fridy.....	6.38m (20' 11.25")	'87
5. Khyasia Caldwell....	6.29m (20' 7.75")	'20
6. Nicole Kimbrough.....	6.27m (20' 7")	'95
7. Kelly Miller	6.22m (20' 5")	'99
8. Angela Griffith	6.15m (20' 2.25")	'92
9. Latanya Wynn	6.10m (20' 0.25")	'88
10. Tomika Ferguson.....	6.09m (19' 11.75")	'06
Mia Barron	6.09m (19' 11.75")	'18

TRIPLE JUMP

1. Tomika Ferguson.....	13.53m (44' 4.75")	'07
2. Naccolle Guinn	13.14m (43' 1.25")	'01
3. Kelly McKee.....	13.00m (42'8")	'19
4. Dallas Rose.....	12.98m (42' 7")	'12
5. Dana Boone	12.86m (42' 2.25")	'91
6. Michele Johnson.....	12.78m (41' 11")	'87
7. Mia Barron	12.71m (41'8.5")	'17
8. Rashawnda James ...	12.59m (41' 3.75")	'09
9. Khyasia Caldwell	12.49m (40' 11.75")	' 21
10. Zoe Rice.....	12.47m (40' 11")	' 21

SHOT PUT

1. Billie-Jo Grant	16.55m (54' 3.5")	'08
2. Christine Bohan	16.53m (54' 2.75")	'16
3. Brittany Jones	16.27m (53'4.5")	'20
4. Maureen Laffan	15.97m (52' 4.75")	'10
5. Eliese Mitchell	15.72m (51' 7")	'03
6. Kelly Bodiford	15.65m (51' 4.25")	'91
7. Maria Deaviz	15.43m (50'7.4")	' 21
7. Emily Vannoy	15.42m (50' 7.25")	'10
8. Anna Grant	14.94m (49' 0.25")	'08
9. Alexa Manning	14.93m (48' 11.75")	'08
10. T. Kristjansdottir ...	14.08m (46' 2.5")	' 21

WEIGHT THROW

1. Eliese Mitchell	20.06m (65' 9.75")	'02
2. Maureen Laffan	18.54m (60' 10")	'12
3. Erin Wykoff	17.75m (58' 3")	'12
4. Jade Baker	17.46m (57'3.5")	'19
5. Alexa Manning.....	17.09m (56' 1")	'08
6. Ann Crouse.....	17.08m (56' 0.5")	'96
7. Eve Mustafic.....	16.92m (55'6.25")	'19
8. Lauren Connelly	16.67m (54' 8.25")	'96
9. Logan Clements.....	16.30m (53'5.75")	'14
10. Brittany Jones	16.24m (53' 3.5")	'18

PENTATHLON

1. Susan Brownell.....	4,153	'82
2. Rebecca Grube	4,108	'95
3. Holly Sullivan	3,912	'18
4. Ayla Smith	3,879	'09
5. Sherry Gould	3,789	'94
6. Alix Still.....	3,781	' 21
7. Beth Sheehan	3,678	'83
8. Bianca DeBartolo	3,661	'07
9. Anna Finger	3,659	'13
10. Curtrell Frye	3,644	'02

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR TOP MARKS

60 METERS

1. Shay Clark	6.71	'01
2. Reuben Jones	6.79	'08
3. Adam Cummings	6.86	'13
4. Michael Johnson	6.87	'04
5. Jarrett Hagwood	6.89	'02
Leo McLaughlin	6.89	'11
7. Scott Kimball	6.93	'00
8. Adams Abdulrazaaq	6.94	'11
9. Payton Hazzard	6.95	'15
10. Matt Meyer	6.96	'09

200 METERS

1. Jordan Willis	21.42	'20
2. Gerald Howard	21.53	'95
3. Scott Kimball	21.78	'00
Reuben Jones	21.78	'08
Payton Hazzard	21.78	'14
6. Conlon Bonner	21.79	'08
7. Shay Clark	21.81	'02
8. Kellen Blassingame	21.85	'06
9. Brandon Outlaw	21.89	'20
10. Rauh Turner	22.00	'98

400 METERS

1. Brandon Outlaw	46.58	'20
2. Payton Hazzard	46.60	'15
3. Jordan Willis	46.61	'20
4. Kellen Blassingame	46.73	'06
5. Kevin Anding	47.46	'11
6. Alfred Shirley	47.53	'18
7. Ben Kurgat	47.61	'89
8. Paul Ereng	47.64	'88
9. Meikle Paschal	48.04	'09
10. Charles Bowman	48.16	'17

800 METERS

1. Paul Ereng	1:44.84	'88
2. Ben Kurgat	1:47.31	'91
3. Robby Andrews	1:48.02	'10
4. McGavock Dunbar	1:49.18	'04
5. Nathan Kiley	1:49.20	'16
6. John Hinton	1:49.24	'84
Anthony Kostelac	1:49.24	'11
8. Lance Roller	1:49.47	'10
9. Rob Pearce	1:49.75	'99
10. Conor Murphy	1:49.91	'21

MILE

1. Vince Draddy	3:58.2h	'82
2. Henry Wynne	3:58.74	'16
3. AJ Ernst	3:59.38	'20
4. Mike Marsella	3:59.97	'15
5. Kyle King	4:02.15	'15
6. Patrick Todd	4:02.70	'12
7. John Minen	4:02.77	'10
8. Kris Herdt	4:02.92	'87
9. Anthony Kostelac	4:02.99	'12
10. Alex Tatu	4:03.00	'05

3000 METERS

1. Ari Klau	7:51.57	'20
2. Henry Wynne	7:53.89	'16
3. Mark Amirault	7:54.08	'12
4. Adam Visokay	7:54.24	'16
5. Kris Herdt	7:54.90	'87
6. Emil Heineking	7:58.36	'11
7. Kyle King	8:00.23	'15
8. Jan Foerster	8:02.54	'07
9. Andy Biladeau	8:04.30	'08
10. AJ Ernst	8:05.31	'19

5000 METERS

1. Zach Herriott	13:45.37	'17
2. Ryan Collins	13:46.41	'10
3. Chase Weaverling	13:54.39	'17
4. Brent Demarest	13:56.03	'17
5. Thomas Madden	13:57.01	'15
6. Alex Corbett	14:00.56	'19
7. Kris Herdt	14:02.00	'89
8. Mark Amirault	14:03.01	'12
9. Ari Klau	14:03.31	'19
10. Chris Foley	14:03.67	'12

60 HURDLES

1. Adams Abdulrazaaq	7.75	'11
2. Drequan Hoskey	7.79	'14
3. Jarrett Hagwood	7.93	'02
4. Marion Mason	8.01	'01
5. Cary Chandler	8.03	'01
Aaron Shepperd	8.03	'11
Emmanuel Jackson	8.03	'19
8. Gemayel Hazard	8.09	'02
9. Herb Reid	8.16	'01
Isi Azeke	8.16	'06

HIGH JUMP

1. Brenton Foster	2.26m (7'5")	'20
2. Herman Moore	2.21m (7'3")	'90
3. Greg Nelson	2.14m (7'0.25")	'10
4. Greg Byers	2.13m (6'11.75")	'82
Trey Causey	2.13m (6'11.75")	'19
6. Bob Lund	2.09m (6'10.25")	'93
7. Mike Riso	2.08m (6'10")	'02
Kevin Jackson	2.08m (6'10")	'77
9. David Sullivan	2.05m (6'8.75")	'06
Arthur Gennari	2.05m (6'8.75")	'08
Tommy DeVita	2.05m (6'8.75")	'13

POLE VAULT

1. Sam Young	5.38m (17'7.75")	'20
1. David Sullivan	5.30m (17'4.75")	'05
2. Brian Shafer	5.20m (17'0.75")	'93
Jeff Jernigan	5.10m (16'8.75")	'17
5. Tommy Cooke	5.05m (16'6.75")	'95
6. Matt Armentrout	5.01m (16.5.25")	'13
7. Danny Thompson	4.98m (16'4")	'81
8. Kane Aldrich	4.95m (16'2.75")	'21
9. Colin Duignan	4.92m (16'0.75")	'21
10. Greg Blair	4.90m (16'1")	'05
David Lewis	4.90m (16'1")	'08

LONG JUMP

1. Owayne Owens	7.58m (24'10.5")	'21
2. Jordan Scott	7.58m (24'10.5")	'19
3. Matt Meyer	7.52m (24'8.25")	'09
4. Marion Mason	7.50m (24'7.25")	'01
Tiki Barber	7.50m (24'7.25")	'94
6. Bruce Randolph	7.48m (24'6.5")	'84
7. Keith Witherspoon	7.45m (24'5.25")	'76
8. Ayende Watson	7.41m (24'3.75")	'19
9. Stephen Dunphy	7.40m (24'3.25")	'92
10. Mauri Anderson	7.39m (24'3")	'82

TRIPLE JUMP

1. Jordan Scott	17.20m (55'10.25")	'20
2. Marcus Robinson	16.63m (54'6.75")	'12
3. Owayne Owens	16.35m (53'7.75")	'21
4. Keith Witherspoon	16.16m (53'0.25")	'76
5. Greg Byers	15.98m (52'5")	'85
6. Aaron Worrell	15.87m (52'1")	'17
7. Cornell Grayson	15.74m (51'7.75")	'90
8. Chihe Chukwulozie	15.64m (51'3.75")	'91
9. Ryan Satchell	15.62m (51'3")	'14
10. Ivan Glasgow	15.34m (50'4")	'82

SHOT PUT

1. Filip Mihaljevic	20.87m (68'5.75")	'16
2. Oghenakpobo Efekoro	19.84m (65'1.25")	'17
3. Jordan Young	19.15m (62'10")	'15
4. Nick Vena	18.92m (62'1")	'12
5. Yemi Ayeni	18.80m (61'8.25")	'09
6. Nace Plesko	18.71m (61'4.75")	'19
7. Claudio Romero	18.44m (60'6")	'21
7. Kevin Latham	17.62m (57'9.75")	'84
8. Thom McKinney	17.12m (56'2")	'91
9. Mike Murphy	17.10m (56'1.25")	'93
10. Pete Sheehan	16.91m (55'5.75")	'91

WEIGHT THROW

1. Jordan Young	22.92m (75'2.5")	'15
2. Hilmar Jonsson	21.37m (70'1.5")	'18
3. Oghenakpobo Efekoro	19.90m (65'13.5")	'18
4. Jacob Lemmon	19.73m (64'8.75")	'21
5. Vincenzo Chiariello	19.38m (63'7")	'12
6. Ty Kunzman	19.18m (62'11.25")	'21
7. Claudio Romero	18.47m (60'7.25")	'21
8. Thom McKinney	18.43m (60'5.75")	'91
9. Thomas Fuson	18.18m (59'7.75")	'11
10. Mike Murphy	17.77m (58'3.75")	'93

HEPTATHLON

1. Jack Lint	5,546	'17
2. Derek Pekar	5,362	'20
3. David Sullivan	5,178	'04
4. David Lewis	5,139	'08
5. Christian Lavorgna	5,113	'16
6. Elby Omohundro	5,038	'20
7. Cam Collins	4,972	'16
8. Anthony Dunavant	4,970	'14
9. Jack Claiborne	4,821	'17
10. Thomas Codevilla	4,360	'05



WOMEN'S INDOOR FRESHMAN RECORDS

60-METER DASH

1. Halle Hazzard	7.32	'19
2. Jada Seaman	7.46	'20
3. Kayla Bonnick	7.51	'21
4. Jordan Lavender	7.57	'12
5. Peyton Chaney	7.60	'13
Tori McKenzie	7.60	'14

200-METER DASH

1. Jada Seamon	23.93	'20
2. Halle Hazzard	24.09	'19
3. Jordan Lavender	24.25	'12
4. Peyton Chaney	24.31	'13
5. Kiana Hairston	24.48	'15

300-METER DASH

1. Jordan Lavender	39.05	'12
2. Julie Sandy	39.43	'87
3. Anna Jefferson	39.63	'17
4. Kiana Hairston	40.15	'15
5. Kayla Bonnick	40.25	'21

400-METER DASH

1. Jordan Lavender	54.69	'12
2. Michelle Samuels	55.81	'91
3. Meagan Gillespie	56.07	'09
4. Anzhelika Parenchuk ...	56.08	'21
5. Chimere Ezumah	56.27	'14

500-METER DASH

1. Cathron Birge	1:14.16	'87
2. Phyllis Buber	1:14.90	'84
3. Ayla Smith	1:14.91	'07
4. Lyndsay Harper	1:16.22	'08
5. Shelley McBride	1:16.68	'86

800-METER RUN

1. Emma Call	2:07.39	'17
2. Morgane Gay	2:08.07	'09
3. Keara Seasholtz	2:08.43	'21
4. Vanessa Fabrizio	2:08.79	'11
5. Sandy Schuler	2:09.90	'85

1000-METER RUN

1. Sandy Schuler	2:44.40	'85
2. Shelley McBride	2:50.40	'86
3. Maddie Rennyson	2:54.65	'18
4. Claire Forbes	2:55.31	'90
5. Alexia Roux	2:56.80	'16

1-MILE RUN

1. Claire Forbes	4:49.48	'90
2. Tasia Potasinski	4:51.49	'10
3. Megan Rebholz	4:53.87	'15
4. Lara Drauglis	4:53.94	'91
5. Michelle Rowen	4:54.10	'84

3000-METER RUN

1. Maria Hauger	9:29.20	'14
2. Sarah Fakler	9:37.45	'14
3. Katharine Walker	9:38.96	'11
4. Megan Rebholz	9:42.55	'15
5. Cleo Boyd	9:47.23	'14

5000-METER RUN

1. Lesley Welch	16:21.60	'82
2. Maria Hauger	16:22.07	'14
3. Cleo Boyd	16:29.16	'14
4. Sarah Fakler	16:32.01	'14
5. Katharine Walker	16:46.02	'11

60-METER HURDLES

1. Alexis Woodley	8.56	'17
2. Ayla Smith	8.68	'07
3. Kim Turko	8.69	'98
4. Ciara Leonard	8.74	'16
5. Shantell Bingham	8.82	'12

Nadia Sauders **8.77** **'21**

HIGH JUMP

1. Karen Didonota	1.71m (5'7.5")	'87
2. Janelle Clayton	1.70m (5' 7")	'10
Pearl Bickersteth	1.70m (5' 7")	'10
Emily Kianka	1.70m (5' 7")	'11
Moira Cronin	1.70m (5' 7")	'12

POLE VAULT

1. Bridget Guy	3.97m (13' 0.25")	'15
Maya Maloney	3.97m (13'0.25")	'20
3. Theresa Demaria	3.96m (12' 11.75)	'17
4. Katie Freix	3.82m (12' 6.5")	'15
5. Riley Larsen	3.77m (12' 4.5")	'20

LONG JUMP

1. Jada Seaman	6.46m (21' 2.5")	'20
2. Kiamesha Otey	6.00m (19' 8.25")	'00
3. Sonja Fridy	5.99m (19' 8")	'84
4. Dana Boone	5.96m (19' 6.75")	'88
5. Mia Barron	5.94m (19' 6")	'15

TRIPLE JUMP

1. Dallas Rose	12.56m (41' 2.5")	'10
2. Mia Barron	12.33m (40' 5.5")	'15
3. Britni Strates	12.32m (40' 5")	'12
4. Nadia Saunders	12.23m (40' 1.5")	'21
5. Rashawanda James ...	12.19m (40' 0")	'08

SHOT PUT

1. Maria Deaviz	15.43m (50' 7.5")	'21
2. Emily Vannoy	15.42m (50' 7.25")	'10
3. Brittany Jones	15.21m (49' 11")	'18
4. Anna Grant	14.94m (49' 0.25")	'08
5. Christine Bohan	14.78m (48' 6")	'14

WEIGHT THROW

1. Eva Mustafic	16.92m (55'6.25")	'19
2. Brittany Jones	16.24m (53'3.5")	'18
3. Emily Vannoy	16.00m (52' 6")	'10
4. Kristy Martin	15.50m (50' 10.5")	'97
5. Erin Wykoff	15.11m (49' 7")	'09

PENTATHLON

1. Beth Sheehan	3,678	'83
2. Katie Ollendick	3,443	'94
3. Holly Sullivan	3,411	'16
4. Alana Herran	3,396	'16
5. Alix Still	3,288	'19

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR FRESHMAN RECORDS

60 METERS

1. Adam Cummings.....6.86.....'13
2. Leo McLaughlin6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner.....6.98.....'08

200 METERS

1. Conlon Bonner.....21.79.....'08
2. **Brandon Outlaw**22.03.....'18
3. Ben Sargong.....22.16.....'92
4. Adam Abdulrazaaq22.24.....'08
5. **Jay Pendarvis**22.28.....'21

300 METERS

1. Anthony Swan.....34.11.....'86
2. Adam Abdulrazaaq34.63.....'08
3. Patrick Farmer34.74.....'11
4. Conlon Bonner.....34.78.....'08
5. Charles Bowman.....34.82.....'16

400 METERS

1. **Brandon Outlaw**47.18.....'18
2. Alfred Shirley.....47.53.....'18
3. Paul Ereng.....47.64.....'88
4. Meikle Paschal48.11.....'08
5. Ben Kurgat.....48.26.....'88

500 METERS

1. Paul Ereng.....1:02.02.....'88
2. Alfred Shirley.....1:03.05.....'18
3. Bruce Berry.....1:03.31.....'85
4. Ray Brown.....1:03.80.....'81
5. Dwayne Brake.....1:03.97.....'83

800 METERS

1. Robby Andrews.....1:48.39.....'10
2. Anthony Kostelac.....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
4. **Conor Murphy**1:49.91.....'21
5. Nathan Kiley.....1:51.08.....'14

1000 METERS

1. Rob Pearce.....2:27.69.....'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart.....2:28.40.....'11
4. Brett Johnson.....2:28.47.....'10
5. Ken Cheeseman2:29.80.....'85

MILE

1. Alex Tatu.....4:03.00.....'05
2. Mike Marsella.....4:03.18.....'14
3. Matthew Novak.....4:03.93.....'16
4. Sintayehu Taye.....4:04.04.....'09
5. Henry Wynne4:04.37.....'14

3,000 METERS

1. Adam Visokay.....7:57.46.....'14
2. **Wes Porter**8:06.18.....'21
3. Brent Demarest8:09.59.....'15
4. Connor Rog.....8:09.76.....'14
5. Chase Weaverling8:11.28.....'16

5,000 METERS

1. Thomas Madden.....13:57.01.....'15
2. Chris Foley.....14:03.67.....'12
3. Chase Weaverling14:03.72.....'16
4. Brent Demarest14:14.74.....'15
5. Connor Rog.....14:15.23.....'14

60m HURDLES

1. Adam Abdulrazaaq7.98.....'08
2. Aaron Sheppherd.....8.03.....'11
3. Jarrett Hagwood.....8.05.....'99
4. Marion Mason8.23.....'98
- Devin Brewer8.23.....'12
- Jack Lint8.23.....'16

HIGH JUMP

1. Trey Causey.....2.13m(6'11.75").....'19
2. Mike Riso.....2.08m(6' 10").....'02
3. Tommy DeVita.....2.04m(6' 8.5").....'11
4. Arthur Gennari.....2.03m(6' 8").....'07
5. Gerald Howard.....2.00m(6' 7").....'93
- Cordell Green2.00m(6' 7").....'95

POLE VAULT

1. Sam Young5.10m(16' 8.75")... '17
2. David Sullivan.....4.97m(16' 3.75").. '03
3. Brian Shafer.....4.90m(16' 1").....'90
4. Jake Williams4.87m(16' 0").....'91
5. Greg Blair.....4.82m(15' 10").....'03

LONG JUMP

1. Matt Meyer.....7.52m(24' 8.25").. '09
2. Tiki Barber.....7.48m(24' 6.75").. '94
3. **Ayende Watson** ...7.41m(24'3.75")... '19
4. Jordan Scott.....7.38m(24' 2.5")... '17
5. Marion Mason7.24m(23' 9.25").. '98

TRIPLE JUMP

1. Jordan Scott.....16.36m(53' 8.25").. '17
2. Aaron Worrell.....15.64m(51'3.75")... '14
3. **Owyane Owens**...15.27m(50' 1.25") '20
4. Ryan Satchell15.02m(49' 3.5").. '12
5. Darryl Smith.....14.70m(48' 4").....'79

SHOT PUT

1. Filip Mihaljevic19.63m(64'5").....'15
2. Nick Vena.....18.92m(62' 1").....'12
3. Oghenakpobo Efekoro...18.82m(61' 9").....'16
4. **Claudio Romero...18.44m(60'6").....'21**
5. Mike Theuerkauf....16.51m(54' 2").....'89

WEIGHT THROW

1. Hilmar Jonsson.....20.32m(66' 8").....'16
2. **Jacob Lemmon**19.73m(64'8.75") '21
3. Oghenakpobo Efekoro...18.86m(61' 10.5").. '16
4. **Claudio Romero...18.47m(60' 7.25")'21**
5. Vincenzo Chiarello16.40m(53' 9.75") '09

HEPTATHLON

1. Jack Lint5,358.....'16
2. **Derek Pekar**5,354.....'20
3. Anthony Dunavant.....4,970.....'14
4. Jack Claiborne4,821.....'17
5. Cam Collins.....4,793.....'15

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



WOMEN'S INDOOR RECORDS

4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
3.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
4.	3:40.40	Chaney, Lavender, Ezumah, Wright	2014
5.	3:41.26	Wright, Ezumah, Lavender, Hairston	2015

DMR

1.	10:59.33	Gay, Smith, Harper, Garcia	2011
2.	11:14.15	Gay, Fabrizio, Harper, Garcia	2011
3.	11:19.39	Welch, Welch, Garrett, Haworth	1982
4.	11:21.19	Fabrizio, Weatherly, Gnade, Garcia	2011
5.	11:22.32	Sargent, Lavender, Fabrizio, Fouhy	2014

WOMEN'S OUTDOOR RECORDS

4x100

1.	44.56	Chaney, Wright, Lavender, McKenzie	2015
2.	44.92	Leonard, Hazzard , Woodley, Jefferson	2019
3.	45.11	Kimbrough, Satchell, Edmundson, Alleyne	1995
4.	45.18	Harvey, Otey, Randolph, Doe	2003
5.	45.19	Rose, Wright, Chaney, Lavender	2014

4x400

1.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
2.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
3.	3:36.42	Randolph, Otey, Gore, Doe	2003
4.	3:36.73	Ezumah, Lavender, Chaney, Wright	2014
5.	3:37.65	Smith, Lavender, Fabrizio, Wright	2015

MEN'S INDOOR RECORDS

4x400

1.	3:11.76	Willis , Shirley, Dixon, Outlaw	2018
2.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017
3.	3:12.52	Hazzard, Kiley, Carrington, Bartha	2015
4.	3:12.55	Hayes, Taylor, Kugrat, Ereng	1989
5.	3:12.90	Revelle, Adderly, Pirtle, Palmer	1982

DMR

1.	9:29.86	Jesien, Paschal, Roller, Taye	2009
2.	9:31.23	Kostelac, Hazzard, Burton, Gilland	2013
3.	9:32.36	Marsella, Hazzard, Kiley, King	2015
4.	9:34.38	Johnson, Anding, Kostelac, Heineking	2011
5.	9:34.78	Gilland, Anding, Roller, Kostelac	2012

MEN'S OUTDOOR RECORDS

4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.34	Willis , Shirley, Outlaw , Lint	2018



VIRGINIA OUTDOOR RECORDS

OUTDOOR WOMEN'S RECORDS

Event	Name.....	Time/Mark.....	Date
100 meters	Halle Hazzard	11.20	2019
200 meters	Sonja Fridy	23.17	1987
400 meters	Sonja Fridy	51.93	1987
800 meters	Gail Bryant	2:04.21	1985
1,500 meters	Morgane Gay	4:13.20	2012
5,000 meters	Margaret Groos	15:51.24	1980
10,000 meters	Patty Matava	32:58.64	1987
100-meter hurdles	Ciara Leonard	13.26	2018
400-meter hurdles	Ayla Smith	56.54	2011
3,000-meter steeplechase.....	Stephanie Garcia	9:47.29	2011
4x100-meter relay	Chaney, Wright, Lavender, McKenzie	44.56	2015
4x400-meter relay	Ezumah, Lavender, Fabrizio, Wright	3:35.74	2014
High Jump	Ann Bair	1.88m (6' 2")	1983
Pole Vault	Bridget Guy	4.46m (14' 7.5")	2018
Long Jump	Dana Boone	6.65m (21' 9.75")	1990
Triple Jump	Kelly McKee	13.70m (44' 11.5")	2019
Shot Put	Christine Bohan	16.87m (55' 4.25")	2016
Discus Throw	Billie-Jo Grant	56.06m (183' 11")	2008
Hammer Throw	Jade Baker	63.61m (208' 8")	2019
Javelin Throw	Ann Crouse	57.38m (188' 3")	1999
Heptathlon	Rebecca Grube	5,512 points	1994

OUTDOOR MEN'S RECORDS

Event	Name.....	Time/Mark.....	Date
100 meters	Gerald Howard	10.42	1995
200 meters	Gerald Howard	20.79	1995
400 meters	Alfred Shirley	45.84	2018
800 meters	Paul Ereng	1:43.16	1989
1,500 meters	Henry Wynne	3:38.05	2016
5,000 meters	Kris Herdt	13:37.44	1987
10,000 meters	Zach Herriott	28:44.22	2017
110-meter hurdles	Adams Abdulrazaaq	13.66	2011
400-meter hurdles	Steve Delice	50.02	2010
3,000-meter steeplechase.....	Jan Foerster	8:34.78	2007
4x100-meter relay	Randolph, Archer, Brown, Palmer	40.25	1984
4x400-meter relay	Anding Roller, Bryan, Hazzard	3:07.11	2012
High Jump	Brenton Foster	2.23m (7' 3.75")	2019
Pole Vault	David Sullivan	5.35m (17' 6.75")	2005
Long Jump	Jordan Scott	7.83m (25' 8.25")	2019
Triple Jump	Jordan Scott	17.08m (56' 0.5")	2019
Shot Put	Filip Mihaljevic	21.30m (69' 10.75")	2017
Discus Throw	Filip Mihaljevic	63.76m (209' 2")	2017
Hammer Throw	Hilmar Jonsson	75.26m (246' 11")	2019
Javelin Throw	Ethan Dabbs	76.04m (249' 6")	2019
Decathlon	Stephen Dunphy	7,920 points	1992



WOMEN'S OUTDOOR TOP MARKS

100 METERS

1. Halle Hazzard	11.20	'19
2. Sonja Fridy	11.36	'87
3. Kiamesha Otey	11.43	'01
4. Kelly Miller	11.48	'99
5. Pam Lemons	11.57	'93
6. Tori McKenzie	11.63	'17
7. Brenda Brown	11.64	'84
8. Peyton Chaney	11.71	'14
9. Julie Sandy	11.74	'89
10. Valentina Alleyne	11.75	'94

200 METERS

1. Sonja Fridy	23.17	'87
2. Anna Jefferson	23.39	'19
3. Jordan Lavender	23.42	'14
4. Kiamesha Otey	23.46	'03
5. Peyton Chaney	23.50	'16
6. Kelly Miller	23.61	'99
7. Halle Hazzard	23.68	'19
8. Janne'a Bridgeford	23.69	'08
9. Pam Lemons	23.83	'93
10. Talia Wise	23.86	'08

400 METERS

1. Sonja Fridy	51.93	'87
2. Anna Jefferson	52.39	'18
3. Jordan Lavender	52.48	'14
4. Lisa Garrett	52.64	'83
5. Carielle Doe	53.22	'03
6. Angela Lee	54.05	'98
7. Michelle Samuels	54.59	'92
8. Andrea Wright	54.80	'14
9. Talia Wise	54.81	'08
10. Andrenette Knight	54.83	'18

800 METERS

1. Gail Bryant	2:04.21	'85
2. Vanessa Fabrizio	2:04.77	'14
3. Kim Kelly	2:05.23	'84
4. Vicky Fouhy	2:05.55	'13
5. Lyndsay Harper	2:05.84	'11
6. Jill Haworth	2:06.31	'82
7. Phyllis Buber	2:06.96	'86
8. Linda Nicholson	2:07.54	'80
9. Kim Liggins	2:08.24	'92
10. Morgane Gay	2:08.29	'09

1,500 METERS

1. Morgane Gay	4:13.20	'12
2. Vicky Fouhy	4:14.51	'13
3. Michelle Rowen	4:15.37	'87
4. Jill Haworth	4:16.06	'83
5. Lesley Welch	4:16.54	'82
6. Margaret Groos	4:16.74	'81
7. Lisa Welch	4:17.74	'82
8. Claire Forbes	4:18.58	'90
9. Stephanie Garcia	4:18.30	'11
10. Iona Lake	4:21.30	'15

5,000 METERS

1. Margaret Groos	15:51.24	'80
2. Patty Matava	15:56.41	'86
3. Catherine White	16:04.58	'12
4. Barbara Strehler	16:07.70	'13
5. Cleo Boyd	16:09.23	'16
6. Chelsea Ley	16:12.62	'12
7. Maria Hauger	16:14.18	'14
8. Iona Lake	16:15.93	'15
9. Sarah Fakler	16:18.59	'15
10. Lesley Welch	16:21.60	'82

10,000 METERS

1. Patty Matava	32:58.64	'87
2. Catherine White	33:07.36	'13
3. Aileen O'Connor	33:28.20	'81
4. Emily Harrison	33:40.34	'08
5. Martha White	33:40.50	'83
6. Kara Scanlin	33:53.32	'07
7. Katie Read	33:54.92	'07
8. Jane Maxwell	33:55.98	'03
9. Anna Corrigan	33:58.46	'11
10. Jen Flack	34:14.12	'14

100m HURDLES

1. Ciara Leonard	13.26	'18
2. Alexis Woodley	13.31	'18
3. Ayla Smith	13.51	'09
4. Lauren Echko	13.72	'08
5. Heather Smith	13.76	'16
6. Chidi Uche	13.77	'10
7. Rebecca Grube	13.81	'94
8. Alana Herran	13.86	'17
9. Michelle Johnson	13.90	'86
10. Kimberlee Turko	13.93	'98

400m HURDLES

1. Ayla Smith	56.54	'11
2. Erin Crawford	56.87	'06
3. Andrenette Knight	56.94	'18
4. Angela Lee	57.11	'97
5. Aisha Naibe-Wey	57.84	'16
6. Alana Herran	58.03	'18
7. Heather Smith	58.17	'16
8. Vivian Scruggs	58.54	'81
9. Natalie Randolph	58.98	'03
10. Angela Griffith	59.05	'91

3000m STEEPLECHASE

1. Stephanie Garcia	9:47.29	'11
2. Dawn Cleary	9:59.30	'03
3. Iona Lake	10:01.58	'15
4. Melanie Matthews	10:13.31	'02
5. Vicky Fouhy	10:20.63	'14
6. Sara Sargent	10:20.64	'15
7. Janine Ricci	10:24.65	'05
8. Kiera Bothwell	10:30.29	'19
9. Samantha Stafford	10:36.02	'09
10. Kendall Cowne	10:39.82	'15

HIGH JUMP

1. Ann Bair	1.88m (6' 2")	'83
2. Sherry Gould	1.86m (6' 1.25")	'93
3. Pearl Bickersteth	1.83m (6' 0")	'12
Moira Cronin	1.83m (6' 0")	'13
5. Robin Landes	1.81m (5' 11.25")	'88
6. Rachel Marks	1.79m (5' 10.75")	'06
7. Meggie Schuelke	1.76m (5' 9.25")	'04
Emily Kianka	1.76m (5' 9.25")	'12
9. Karen DiDonato	1.75m (5' 9.0")	'91
10. Kate Doyle	1.74m (5' 8.75")	'90

POLE VAULT

1. Bridget Guy	4.46m (14' 7.5")	'18
2. Katie Freix	4.01m (13' 1.75")	'18
3. Theresa Demaria	3.93m (12' 10.75")	'17
4. Vika Osipenko	3.81m (12' 6")	'03
5. Sarah DeVita	3.71m (12' 2")	'15
6. Katie Darraugh	3.69m (12' 1.5")	'09
7. Kathryn Pettine	3.65m (11' 11.75")	'05
8. Annica White	3.51m (11' 6.5")	'01
9. Lauren Taggart	3.49m (11' 5.75")	'03
Alicia LaRoche	3.49m (11' 5.75")	'04

LONG JUMP

1. Dana Boone	6.65m (21' 9.75")	'90
2. Kiamesha Otey	6.54m (21' 5.50")	'02
3. Sonja Fridy	6.42m (21' 0.75")	'86
4. Nicole Kimbrough	6.39m (20' 11.50")	'95
5. Kelly Miller	6.33m (20' 9.25")	'96
Tomika Ferguson	6.33m (20' 9.25")	'06
7. Edy Ndem	6.28m (20' 7.25")	'14
8. Mia Barron	6.22m (20' 5")	'16
9. Rebecca Grube	6.15m (20' 2.25")	'94
Khyasia Caldwell	6.15m (20' 2.25")	'19

TRIPLE JUMP

1. Kelly McKee	13.70m (44' 11.5")	'19
2. Tomika Ferguson	13.21m (43' 4.25")	'07
3. Dallas Rose	13.20m (43' 3.75")	'14
4. Dana Boone	13.05m (42' 9.75")	'91
5. Mia Barron	12.96m (42' 6.25")	'18
6. Nacole Guinn	12.71m (41' 8.50")	'01
7. Jessica Caldwell	12.50m (41' 0.25")	'14
8. Nicole Kimbrough	12.49m (40' 11.75")	'95
Atalaya Jones	12.49m (40' 11.75")	'93
10. Curtrell Frye	12.48m (40' 11.50")	'02

SHOT PUT

1. Christine Bohan	16.87m (55' 4.25")	'16
2. Brittany Jones	16.17m (53' 0.75")	'19
3. Eliese Mitchell	16.16m (53' 0.25")	'03
3. Billie-Jo Grant	15.77m (51' 9")	'06
5. Maureen Laffan	15.34m (50' 4")	'10
6. Emily Vannoy	15.30m (50' 2.5")	'10
7. Alexa Manning	14.97m (49' 1.5")	'08
8. Kelly Bodiford	14.83m (48' 8")	'91
9. Amy Brown	14.25m (46' 9")	'99
10. Lauren Connelly	14.12m (46' 4")	'96

DISCUS

1. Billie-Jo Grant	56.06m (183' 11")	'08
2. Kelly Bodiford	54.08m (177' 5")	'93
3. Erin Wykoff	53.78m (176' 5")	'12
4. Caitlin Kelly	52.37m (171' 10")	'09
5. Eliese Mitchell	52.17m (171' 2")	'02
6. Julia Solo	52.04m (170' 9")	'86
7. Thelma Kristjansdottir	50.92m (167' 1")	'19
8. Christine Bohan	50.79m (166' 8")	'17
9. Carter Green	50.24m (164' 10")	'18
10. Amy Bilmanis	49.99m (164' 0")	'06

HAMMER THROW

1. Jade Baker	63.61m (208' 8")	'19
2. Eva Mustafic	61.18m (200' 9")	'19
3. Maureen Laffan	59.91m (196' 6")	'12
4. Eliese Mitchell	56.95m (186' 10")	'03
5. Brittany Jones	53.80m (176' 6")	'18
6. Erin Wykoff	53.45m (175' 4")	'12
7. Lauren Connelly	51.31m (168' 4")	'96
8. Inhar Chong	50.29m (165' 0")	'00
9. Alexa Manning	50.17m (164' 7")	'08
10. Ann Crouse	49.89m (163' 8")	'99

JAVELIN

1. Ann Crouse	57.38m (188' 3")	'99
2. Julia Solo	55.98m (183' 8")	'89
3. Inge Jorgensen	54.23m (177' 11")	'05
4. Meghan Briggs	52.65m (172' 9")	'09
5. Abbey Karin	52.60m (172' 7")	'13
6. Marija Bogavac	48.96m (160' 7")	'17
7. Caitlin Mautz	48.66m (159' 8")	'17
8. Christine Bohan	48.03m (157' 7")	'17
9. Annie Bobiak	46.89m (153' 10")	'05
10. Tara Karin	46.33m (152' 0")	'10

HEPTATHLON

1. Rebecca Grube	5,512	'94
2. Susan Brownell	5,458	'82
3. Beth Sheehan	5,407	'86
4. Ann Bair	5,387	'83
5. Holly Sullivan	5,317	'17
6. Sherry Gould	5,166	'93
7. Angela Griffith	4,967	'98
8. Suzanne Sweeney	4,915	'97
9. Katie Kiladis	4,855	'97
10. Bianca DeBartolo	4,854	'07



MEN'S OUTDOOR TOP MARKS

100 METERS

1. Gerald Howard	10.42	'95
2. Reuben Jones	10.45	'08
3. Shay Clark	10.50	'02
4. Edwin Brown	10.52	'85
5. Scott Kimball	10.53	'03
6. Bruce Randolph	10.69	'84
7. Jarrett Hagwood	10.72	'02
8. Mauri Anderson	10.74	'80
9. Orron Prunty	10.84	'02
Ben Jullien	10.84	'96

200 METERS

1. Gerald Howard	20.79	'95
2. Ben Sarpong	20.87	'95
3. Edwin Brown	20.90	'85
4. Reuben Jones	21.16	'08
5. Kellen Blassingame	21.24	'05
6. Payton Hazzard	21.27	'15
7. Conlon Bonner	21.28	'08
8. Scott Kimball	21.31	'02
9. Eric Adderly	21.32	'82
10. Ruhn Turner	21.39	'98

400 METERS

1. Alfred Shirley	45.84	'18
2. Payton Hazzard	45.88	'15
3. Kellen Blassingame	46.02	'05
4. Jordan Willis	46.59	'19
5. Meikle Paschal	46.61	'08
6. Kevin Anding	46.84	'10
7. Jim Bruce	46.94	'79
8. Nathan Kiley	46.95	'17
9. Ben Kurgat	46.96	'88
10. Jason Young	47.07	'04

800 METERS

1. Paul Ereng	1:43.16	'89
2. Robby Andrews	1:44.71	'11
3. Lance Roller	1:46.11	'10
4. Ray Brown	1:46.74	'83
5. Ben Kurgat	1:47.32	'90
6. John Hinton	1:47.33	'84
7. Greg Canty	1:47.44	'80
8. Anthony Kostelac	1:48.96	'12
9. Vince Draddy	1:49.05	'81
10. Nathan Kiley	1:49.31	'16

1,500 METERS

1. Henry Wynne	3:38.05	'16
2. John Hinton	3:40.24	'83
3. Vince Draddy	3:40.44	'81
4. Robby Andrews	3:40.77	'11
5. Mike Marsella	3:41.35	'15
6. Patrick Todd	3:41.51	'12
7. Andrew Jesien	3:41.78	'09
8. Ray Weeden	3:43.65	'99
9. Kyle King	3:44.25	'13
10. Brett Johnson	3:44.44	'11

5,000 METERS

1. Kris Herdt	13:37.44	'87
2. Henry Wynne	13:43.53	'17
3. Sean Keveren	13:48.34	'12
4. Zach Herriott	13:53.47	'17
5. Jim Hays	13:55.2h	'85
6. Kyle King	13:55.60	'12
7. Ryan Collins	13:55.94	'09
8. Mike Cotton	13:56.44	'81
9. Ari Klau	13:57.63	'18
10. Lachlan Cook	13:58.01	'17

10,000 METERS

1. Zach Herriott	28:44.22	'17
2. Brent Demarest	28:54.69	'19
3. Mike Cotton	28:55.34	'81
4. Andrew Dumm	28:59.25	'07
5. Lachlan Cook	29:10.03	'19
6. Adam Visokay	29:11.13	'15
7. Trey Miller	29:14.21	'10
8. Ryan Foster	29:16.79	'06
9. Alex Corbett	29:18.99	'19
10. Chase Weaverling	29:28.92	'18

110m HURDLES

1. Adams Abdulrazaaq	13.66	'11
2. Barry Word	13.88	'84
3. George Johnson	13.91	'82
4. Jarrett Hagwood	14.13	'02
5. Kevin Williams	14.14	'79
6. Rob Archer	14.16	'84
7. Ronde Barber	14.22	'94
8. DreQuan Hoskey	14.23	'14
9. Mike Abidin	14.27	'82
10. Isi Azeke	14.31	'05

400m HURDLES

1. Steve Delice	50.02	'10
2. Karl Williams	50.34	'79
3. Rob Archer	50.80	'84
4. Bruce Berry	51.09	'85
5. Alfred Shirley	51.30	'18
6. Kevin Williams	51.54	'79
7. Adams Abdulrazaaq	51.79	'08
8. George Johnson	51.98	'81
9. Dave Revelle	52.05	'84
10. Bob Wilks	52.21	'84

3000m STEEPLECHASE

1. Jan Foerster	8:34.78	'07
2. Rob Cook	8:39.36	'94
3. Kyle King	8:39.72	'15
4. Steve Finley	8:40.56	'10
5. Adam Visokay	8:43.60	'15
6. Mike Cotton	8:44.44	'81
7. Will Gray	8:45.82	'16
8. Soeren Linder	8:51.89	'05
9. Tim Lloyd	8:53.84	'80
10. John Hinton	8:55.14	'84

HIGH JUMP

1. Brenton Foster	2.23m (7'3.75")	'19
2. Herman Moore	2.19m (7'2.25")	'88
Greg Byers	2.19m (7'2.25")	'82
4. Trey Causey	2.13m (6'11.75")	'19
5. Greg Nelson	2.10m (6'10.75")	'10
Chris Clementson	2.10m (6'10.75")	'02
Mike Riso	2.10m (6'10.75")	'02
Bob Lund	2.10m (6'10.75")	'91
9. Cordell Green	2.09m (6'10.25")	'95
10. Wes Dungan	2.08m (6'9.75")	'94

POLE VAULT

1. David Sullivan	5.35m (17'6.75")	'05
2. Brian Shafer	5.20m (17'0.75")	'93
Sam Young	5.20m (17'0.75")	'19
3. Jeff Jernigan	5.15m (16'10.75")	'17
5. Tom Cooke	5.05m (16'6.75")	'95
6. Jeff McClurg	4.95m (16'2.75")	'07
7. David Lewis	4.89m (16'0.75")	'06
8. David Hood	4.88m (16'0.0")	'88
9. Mike Hood	4.85m (15'11.0")	'91
Greg Blair	4.85m (15'11.0")	'04

LONG JUMP

1. Jordan Scott	7.83m (25'8.25")	'19
2. Greg Byers	7.70m (25'3.25")	'82
3. Mike Harvey	7.67m (25'2")	'69
4. Wes Dungan	7.48m (24'6.5")	'94
Tiki Barber	7.48m (24'6.5")	'95
6. Keith Witherspoon	7.45m (24'5.25")	'76
7. Bruce Randolph	7.43m (24'4.5")	'84
8. Dion Woolfolk	7.41m (24'3.75")	'96
9. Trey Causey	7.40m (24'3.5")	'19
10. Stephen Dunphy	7.39m (24'3")	'94
Jarrett Hagwood	7.39m (24'3")	'02

TRIPLE JUMP

1. Jordan Scott	17.08m (56'0.5")	'19
2. Marcus Robinson	16.46m (54'0")	'12
3. Keith Witherspoon	16.27m (53'4.50")	'76
4. Ryan Satchell	15.98m (52'5.25")	'14
5. Chike Chukwolie	15.94m (52'3.75")	'90
6. Aaron Worrell	15.72m (51'7")	'17
7. Greg Byers	15.56m (51'0.75")	'84
8. Cornell Grayson	15.55m (51'0.50")	'90
9. Donald Scott	15.43m (50'7.50")	'94
10. Mike Mosley	15.25m (50'0.5")	'85

SHOT PUT

1. Filip Mihaljevic	21.30m (69'10.75")	'17
2. Oghenakpobo Efekoro	20.39m (66'10.75")	'17
3. Jordan Young	19.80m (64'11.5")	'15
4. Nick Vena	19.51m (64'0.25")	'12
5. Yemi Ayeni	18.23m (59'9.75")	'09
6. Nace Plesko	18.30m (61'0.05")	'17
7. Kevin Latham	18.04m (59'2.5")	'85
8. Mike Murphy	17.15m (56'3.25")	'93
9. Thom McKinney	17.06m (55'11.75")	'91
10. James Williams	16.90m (55'5.5")	'18

DISCUS

1. Filip Mihaljevic	63.76m (209'2")	'17
2. Jordan Young	62.27m (204'3")	'15
3. Yemi Ayeni	61.11m (200'6")	'07
4. Larry Wilson	57.91m (190'0")	'99
5. Kevin Latham	56.71m (186'1")	'85
6. Phil Vincenzes	55.98m (183'8")	'82
7. Nace Plesko	55.19m (181'1")	'18
8. Nick Vena	54.84m (179'11")	'12
9. Oghenakpobo Efekoro	54.56m (179'0")	'19
10. Mike Murphy	52.78m (173'2")	'93

HAMMER THROW

1. Hilmar Jonsson	75.26m (246'11")	'19
2. Jordan Young	70.73m (232'1")	'15
3. Vincenzo Chiariello	64.29m (210'11")	'12
4. Oghenakpobo Efekoro	60.88m (199'9")	'19
5. Bill Johnston	58.19m (190'11")	'01
6. Robert Guider	55.67m (182'8")	'10
7. James Fuson	55.53m (182'2")	'12
8. Phil Vincenzes	53.23m (174'8")	'79
9. Walker Anderson	52.68m (172'10")	'04
10. James Williams	51.22m (168'0")	'16

JAVELIN

1. Ethan Dabbs	76.04m (249'6")	'19
2. Andy Fahringer	75.19m (246'8")	'12
3. Brian Kollar	74.22m (243'6")	'01
4. John Welch	72.19m (236'10")	'02
5. Steve Kiessling	69.67m (228'7")	'92
6. Kyle Smith	69.43m (227'9")	'15
7. James Mudock	63.93m (209'9")	'02
8. Stephen Dunphy	61.62m (202'2")	'94
9. Tucker Rizzi	61.46m (201'8")	'18
10. Anthony Bouselli	60.89m (199'9")	'16

DECATHLON

1. Stephen Dunphy	7,920	'92
2. Willy Pirtle	7,676	'82
3. John Bryan	7,666	'81
4. Jack Lint	7,478	'17
5. David Lewis	7,105	'08
6. Christian Lavorgna	7,064	'16
7. Cam Collins	7,004	'16
8. Bill Smith	6,863	'83
9. Sean Sullivan	6,847	'96
10. John Anderson	6,814	'95



WOMEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. Kelly Miller	11.70	'96
2. Kiamesha Otey	11.72	'00
3. Talia Wise	11.85	'06
4. Halle Hazzard	11.86	'18
5. Leslie Satchell	11.89	'95

200 METERS

1. Peyton Chaney.....	24.02	'13
2. Leslie Satchell	24.04	'95
3. Kelly Miller	24.14	'96
4. Jordan Lavender.....	24.19	'12
5. Andrea Wright	24.21	'14
Halle Hazzard	24.21	'18

400 METERS

1. Jordan Lavender.....	53.44	'12
2. Lisa Garrett	54.14	'81
3. Andrea Wright	54.80	'14
4. Chimere Ezumah	54.87	'14
5. Michelle Samuels.....	55.15	'91

800 METERS

1. Vanessa Fabrizio	2:06.76	'12
2. Morgane Gay	2:08.29	'09
3. Madelin Rennyson.....	2:09.77	'19
4. Gail Bryant	2:11.00	'82
5. Ariane Sloan	2:11.23	'07
5. Erin O'Doherty	2:11.28	'02

1,500 METERS

1. Morgane Gay	4:15.56	'09
2. Lesley Welch	4:16.84	'82
3. Lisa Welch	4:17.60	'82
4. Claire Forbes	4:18.52	'90
5. Margaret Groos	4:21.10	'78

5,000 METERS

1. Chelsea Ley	16:12.62	'12
2. Maria Hauger	16:14.18	'14
3. Lesley Welch	16:21.60	'82
4. Sarah Fakler.....	16:22.19	'14
5. Kathleen Stevens	16:26.91	'12

10,000 METERS

1. Jen Flack	34:14.12	'14
2. Sarah Fakler.....	34:15.20	'14
3. Maria Hauger	34:16.28	'14
4. Beni Gras	34:34.17	'91
5. Katherine Walker	35:31.42	'11

100-METER HURDLES

1. Ciara Leonard	13.67	'16
Alexis Woodley	13.67	'17
3. Lauren Echko	13.86	'06
4. Kim Turko	13.93	'98
5. Alisha Tucker	14.03	'93

400-METER HURDLES

1. Angela Lee	57.64	'96
2. Erin Crawford	58.56	'04
3. Karen Hatchett	59.49	'82
4. Ayla Smith	60.02	'07
5. Kristina Chapman	60.83	'08

3,000m STEEPLECHASE

1. Stephanie Garcia	10:15.83	'07
2. Sara Sargent.....	10:49.81	'14
3. Kendall Cowne	10:54.54	'14
4. Kiera Bothwell	10:55.59	'18
5. Janine Ricci	10:55.86	'04

HIGH JUMP

1. Ann Bair	1.86m (6' 1.25")	... '80
2. Meggie Schuelke	1.76m (5' 9.25")	... '04
3. Pearl Bickersteth	1.74m (5' 8.5")	'10
4. Susan Brownell	1.73m (5' 8")	'80
5. Emily Kianka	1.72m (5' 7.75")	... '11

POLE VAULT

1. Bridget Guy	4.11m (13'5.75")	.. '15
2. Theresa Demaria.....	3.93m (12' 10.75")	'17
3. Katie Freix.....	3.67m (12'0.5")	'15
4. Viktoria Osipenko	3.56m (11' 8.5")	... '00
5. Kathryn Pettine	3.49m (11' 5.75")	.. '04

LONG JUMP

1. Kelly Miller	6.33m (20' 9.25")	.. '96
2. Nicole Kimbrough	6.29m (20' 7.75")	.. '94
3. Mia Barron.....	6.22m (20' 5")	'16
4. Sonja Fridy	6.12m (20' 1")	'84
Khyasia Caldwell.....	6.12m (20'1")	'18

TRIPLE JUMP

1. Dallas Rose	12.66m (41' 6.5")	.. '10
2. Atalaya Jones	12.49m(40'11.75")	'93
3. Britni Strates.....	12.46m (40' 10.5")	'12
4. Mia Barron.....	12.40m (40' 8.25")	.. '16
5. Tomika Ferguson	12.35m (40' 6.25")	'04

SHOT PUT

1. Brittany Jones.....	15.69m (51'5.75")	'18
2. Emily Vannoy.....	15.30m (50' 2.5")	.. '10
3. Christine Bohan.....	14.62m (47-11.75)	.. '14
4. Maureen Laffan	14.58m (47' 10")	.. '09
5. Kristi Martin	13.99m(45'10.75")	'97

DISCUS

1. Julia Solo	52.04m (170' 9")	.. '86
2. Amy Bilmanis	51.77m (169' 10")	'06
3. Thelma Krisjandottir ..	50.92m (167'1")	... '19
4. Amy Brown	48.77m (160' 0")	.. '95
5. Sadey Rodriguez.....	48.29m (158'5")	... '19

HAMMER THROW

1. Eva Mustafic	61.18m (200'9")	... '19
2. Elise Mitchell	54.46m (178' 8")	.. '00
3. Brittany Jones.....	53.80m (176'6")	... '18
4. Amy Bilmanis	47.68m (156' 5")	.. '06
5. Alexa Manning	46.18m (151' 6")	.. '06

JAVELIN

1. Ann Crouse	50.85m (166' 10")	'95
2. Inge Jorgensen	50.24m (164' 10")	'00
3. Caitlin Mautz.....	44.62m (146' 5")	.. '15
4. Meghan Briggs	44.45m (145' 10")	'07
5. Tara Karin	43.64m (143'2")	... '09

HEPTATHLON

1. Ann Bair	5,578	'80
2. Susan Brownell	5,419	'80
3. Rebecca Grube	4,996	'92
4. Alana Herran.....	4,771	'16
5. Katie Kiladis	4,610	'95



MEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. Gerald Howard	10.46	'93
2. Jason Dickerson	10.50	'77
3. Reuben Jones	10.65	'05
4. Edwin Brown	10.76	'81
5. Ben Julien	10.84	'96

200 METERS

1. Gerald Howard	20.90	'93
2. Conlon Bonner	21.28	'08
3. Jordan Willis	21.70	'18
4. Scott Kimball	21.78	'00
5. Alfred Shirley	21.78	'18

400 METERS

1. Alfred Shirley	45.84	'18
2. Meikle Paschal	46.61	'08
3. Ben Kurgat	46.96	'88
4. Payton Hazzard	47.29	'12
5. Jordan Willis	47.11	'18

800 METERS

1. Paul Ereng	1:44.31	'88
2. Robby Andrews	1:45.54	'10
3. Lance Roller	1:47.88	'09
4. Anthony Kostelac	1:49.02	'11
5. Ben Kurgat	1:49.28	'88

1,500 METERS

1. Robby Andrews	3:41.09	'10
2. Matthew Novak	3:45.35	'16
3. John Hinton	3:46.10	'82
4. Henry Wynne	3:46.48	'14
5. Alex Tatu	3:46.63	'04

5,000 METERS

1. Kyle King	13:55.60	'12
2. Lachlan Cook	13:58.01	'17
3. Andy Biladeau	14:06.73	'06
4. Emil Heineking	14:11.40	'08
5. Rohann Asfaw	14:12.57	'19

10,000 METERS

1. Adam Visokay	29:14.50	'14
2. Lachlan Cook	29:18.20	'17
3. Brent Demarest	29:32.72	'15
4. Chase Weaverling	29:39.30	'15
5. Zach Herriott	29:45.35	'14

110m HURDLES

1. Kevin Williams	14.14	'77
2. Adams Abdulrazaaq	14.19	'08
3. Ronde Barber	14.22	'94
4. Mike Abidin	14.27	'82
5. Jarrett Hagwood	14.34	'02

400m HURDLES

1. Alfred Shirley	51.30	'18
2. Karl Williams	51.77	'77
3. Adams Abdulrazaaq	51.79	'08
4. Greg Nelson	52.43	'08
5. Devin Brewer	52.52	'12

3,000m STEEPLECHASE

1. John Hinton	8:58.21	'82
2. Colin Mearns	9:03.92	'11
3. Jim Hays	9:10.69	'82
4. Derek Johnson	9:14.03	'19
5. Mike Cotton	9:27.88	'78

HIGH JUMP

1. Herman Moore	2.19m (7' 2.25")	'88
2. Greg Byers	2.17m (7' 1.25")	'81
3. Trey Causey	2.13m (6' 11.75")	'19
4. Mike Riso	2.10m (6' 10.75")	'02
5. Tommy Devita	2.04m (6' 8.25")	'11

POLE VAULT

1. Sam Young	5.09m (16' 8.25")	'17
2. Brain Shafer	5.05m (16' 6.75")	'90
3. David Sullivan	4.90m (16' 0.75")	'03
4. Jake Williams	4.88m (16' 0")	'01
5. Greg Blair	4.82m (15' 9.75")	'03

LONG JUMP

1. Jordan Scott	7.54m (24' 9")	'17
2. Greg Byers	7.33m (24' 0.5")	'81
3. Stephen Dunphy	7.30m (23' 11.5")	'90
4. Marcus Robinson	7.25m (23' 9.5")	'08
5. Marion Mason	7.24m (23' 9")	'98
Aaron Worrell	7.24m (23' 9")	'15

TRIPLE JUMP

1. Jordan Scott	16.44m (53' 11.25")	'17
2. Keith Witherspoon	15.96m (52' 4.5")	'72
3. Greg Byers	15.29m (50' 2")	'81
4. Ryan Satchell	15.25m (50' 0.5")	'12
5. Marcus Robinson	14.91m (48' 11")	'08

SHOT PUT

1. Filip Mihaljevic	19.56m (64' 2.25")	'14
2. Oghenakpobo Efekoro	19.53m (64' 1")	'16
3. Nick Vena	19.51m (64' 0.25")	'12
4. Mike Theuerkauf	15.90m (52' 2")	'89
5. James Williams	15.89m (52' 1.75")	'15

DISCUS

1. Filip Mihaljevic	60.41m (198' 2")	'14
2. Larry Wilson	55.45m (181' 11")	'96
3. Nick Vena	54.84m (179' 11")	'12
4. Yemi Ayeni	54.18m (177' 9")	'06
5. Phil Vincenzes	52.53m (172' 4")	'77

HAMMER THROW

1. Hilmar Jonsson	71.52m (234' 8")	'16
2. Bill Johnston	57.89m (189' 11")	'00
3. Robert Guider	55.68m (182' 8")	'10
4. Vincenzo Chiariello	52.37m (171' 10")	'09
5. Walker Anderson	50.57m (165' 11")	'03

JAVELIN

1. Ethan Dabbs	76.04m (249' 6")	'19
2. Brian Kollar	68.53m (224' 10")	'99
3. Steve Kessling	68.25m (223' 11")	'90
4. Anthony Bouselli	58.96m (193' 5")	'15
5. James Murdock	57.79m (189' 7")	'99

DECATHLON

1. Jack Lint	7,179	'15
2. Sean Sullivan	6,847	'96
3. Stephen Dunphy	6,711	'90
4. John Brian	6,626	'78
5. Cam Collins	6,485	'15



NON-NCAA EVENT RECORDS

Events that are not contested at current NCAA Championships

INDOOR - WOMEN

55 Meters

6.82 Sonja Fridy 1986

55m Hurdles

7.90 Michele Johnson 1986

60 Yards

6.9h Brenda Brown 1981

60y Hurdles

7.8h Susan Brownell 1982

300 Meters

39.05 Jordan Lavender 2012

440 Yards

54.0h Lisa Garrett 1981

500 Meters

1:09.89 Sonja Fridy 1987

600 Yards

1:24.67 Phyllis Buber 1985

600 Meters

1:31.58 Keara Seasholtz 2021

880 Yards

2:10.27 Kim Kelly 1985

1,000 Meters

2:44.40 Sandy Schuler 1985

1,000 Yards

2:30.43 Kim Kelly 1985

1,500 Meters

4:17.24 Margaret Groos 1981

Two-Mile

9:52.3h Margaret Groos 1980

Three-Mile

15:25.25 Martha White 1982

4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

INDOOR - MEN

55 Meters

6.21 Bruce Randolph 1984

55m Hurdles

7.33 Robert Archer 1984

60 Yards

6.0h Kent Merritt 1972

300 Meters

34.04 Jordan Willis 2021

440 Yards

49.9h John Morris 1970

500 Meters

1:02.44 Paul Ereng 1988

500 Yards

1:02.79 David Revelle 1983

600 Meters

1:11.99 Dwayne Brake 1983

600 Yards

109.8h David Revelle 1983

880 Yards

1:56.1h James Wood 1973

1,000 Meters

2:20.57 Ray Brown 1984

1,000 Yards

2:07.31 Ray Brown 1984

1,500 Meters

3:45.04 John Hinton 1985

Two-Mile

8:40.49 Kris Herdt 1987

Three-Mile

13:43.03 Colin Peddie 1985

Pentathlon

3,915 Stephen Dunphy 1991

4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010

OUTDOOR - WOMEN

3,000 Meters

9:07.84 Margaret Groos 1979

2,000m Steeplechase

6:59.52 Sara Sargent 2014

Old Javelin

55.98m (183' 8") Julia Solo 1989

4x200m Relay

1:36.25 Chaney, McKenzie, Wright, Lavender 2015

4x800m Relay

8:32.13 Bryant, Nicholson, Welch, Haworth 1982

4x1,500m Relay

17:48.76 Downey, Schuler, McBride, Rowen 1987

Distance Medley Relay

10:57.13 Gay, Smith, Harper, Garcia 2011

OUTDOOR - MEN

100 Yards

9.3h Kent Merritt 1973

220 Yards

20.6s Tony Sepp 1960

440 Yards

47.7h John Morris 1970

120y Hurdles

13.8h Kevin Williams 1977

400y Hurdles

50.9h Karl Williams 1977

3,000 Meters

8:14.33 Brent Demarest 2015

Old Javelin

72.24m (237' 0") Ed Mikula 1978

4x200m Relay

1:25.30 Virginia 2002

4x800m Relay

7:12.15 Johnson, Roller, Kostelac, Andrews 2011

4x1,500m Relay

15:09.34 Sullivan, Brown, Hodge, Draddy 1981

4xMile Relay

16:22.49 Taye, Tschirhart, Heineking, Jesien 2009

Distance Medley Relay

9:25.56 Revelle, Hinton, Brown, Draddy 1983

Shuttle Hurdle Relay

57.10 Abidin, Wilks, Word, Archer 1982

Sprint Medley Relay

3:15.20 Palmer, Archer, E. Brown, R. Brown 1984



LANNIGAN FIELD RECORDS

LANNIGAN FIELD WOMEN'S RECORDS

Event.....	Name.....	Affiliation.....	Time/Mark.....	Date.....
100 meters	Ka'Tia Seymour	Florida State	11.14	2019
200 meters	Rochelle Stevens.....	Morgan State	22.84	1987
400 meters	Marlena Wesh	Clemson	51.43	2012
800 meters	Hanna Green.....	Virginia Tech.....	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony.....	4:09.35	2015
3,000 meters	Betty Springs	NC State.....	9:01.6	1983
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Anna Rohrer	Notre Dame	33:30.73	2019
100-meter hurdles.....	Queen Harrison	Asics	12.70	2014
400-meter hurdles.....	Autumne Franklin.....	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock,	Kentucky.....	43.14	2016
.....	Carter, Gray			
4x400-meter relay	Fluker, Pringley,	Clemson	3:33.68	2012
.....	Harrison, Wesh			
High Jump.....	Nicole Green	North Carolina.....	1.88m (6' 2")	2019
Pole Vault	Maddie Gardner.....	West Virginia	4.47m (14-8).....	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5").....	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75").....	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63'11").....	2019
Discus Throw	Katelyn Daniels	Michigan State	59.07m (193' 9").....	2016
Hammer Throw	Laura Igaune	Latvia	69.56m (228'2").....	2019
Javelin Throw	Irena Sediva.....	Virginia Tech.....	55.96m (183' 7").....	2016
Heptathlon.....	Chelsea Carrier-Eades.....	USA.....	5,930 points	2016

LANNIGAN FIELD MEN'S RECORDS

Event.....	Name.....	Affiliation.....	Time/Mark.....	Date.....
100 meters	Andre Ewers.....	Florida State	10.06	2019
200 meters	Andre Ewers.....	Florida State	20.31	2019
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne.....	Virginia	3:38.05	2016
3,000 meters	Garrett Jeffries	Missouri	8:25.07	2008
5,000 meters	Randy Reina.....	Unattached	13:39.09	1986
10,000 meters	Arsene Guillorel	Samford.....	29:00.69	2018
110-meter hurdles.....	Devon Hill	Miami	13.35	2012
400-meter hurdles.....	Bershawn Jackson.....	Nike	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg.....	Eastern Kentucky.....	8:33.78	2015
4x100-meter relay	Hyman, Williams,	Florida State	39.08	2012
.....	Mitchell, Ambler			
4x400-meter relay	Villanova.....	Villanova.....	3:05.01	1985
High Jump.....	Samuel Shoultz	Maryland	2.24m (7' 4.25").....	2018
Pole Vault	Deakin Volz	Virginia Tech.....	5.62m (18' 5.25").....	2019
Long Jump	Luca Wieland/Khalid Slocum	Minnesota/Monmouth	7.91m (25' 11.5")	2016/2019
Triple Jump.....	Jordan Scott.....	Virginia	17.08m (56'0.5")	2019
Shot Put.....	Filip Mihaljevic.....	Virginia	20.52m (67'4")	2017
Discus Throw	Sam Mattis	Penn.....	65.12m (213' 8")	2016
Hammer Throw	Hilmar Jonsson.....	Virginia	75.26m (246'11")	2019
Javelin Throw	Andy Farhinger.....	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Gonzalo Barroilhet	Florida State	8,065 points	2012



VIRGINIA CHALLENGE RECORDS

VIRGINIA CHALLENGE WOMEN'S RECORDS

Event.....	Name.....	Affiliation.....	Time/Mark.....	Year.....
100 meters	Kate Hall	Georgia	11.36	2017
200 meters	Paris Daniels.....	USA.....	23.18	2014
400 meters	Mary Wineberg.....	NYAC	52.06	2012
800 meters	Hanna Green.....	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes.....	Saucony	4:09.35	2015
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Tara Jameson.....	Iona	33:38.50	2016
100-meter hurdles.....	Queen Harrison	Asics	12.70	2014
400-meter hurdles.....	Autumne Franklin.....	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky.....	43.14	2016
4x400-meter relay	Walker, Barnes, Hannan, Cavin.....	Ohio State	3:34.00	2015
High Jump	Moirra Cronin/Madeline Fagan	Virginia/Georgia.....	1.83m (6' 0")	2013/2017
Pole Vault	Maddie Gardner	West Virginia.....	4.47m (14' 8.0")	2019
Long Jump	Kenyattia Hackworth.....	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago.....	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd.....	Jamaica.....	19.48m (63' 10.9")	2019
Discus Throw	Katelyn Daniels	Michigan State	56.04m (183' 10")	2015
Hammer Throw	Stamatia Scarvelis	Tennessee.....	66.45m (218' 0.14")	2019
Javelin Throw	Irena Sediva.....	Virginia Tech	55.96m (183' 7")	2016
Heptathlon.....	Chelsea Carrier-Eades	USA.....	5,930 points	2016

VIRGINIA CHALLENGE MEN'S RECORDS

Event.....	Name.....	Affiliation.....	Time/Mark.....	Date.....
100 meters.....	Mark Jelks	USA.....	10.20	2014
200 meters.....	Segun Makinde	Ottawa.....	20.56	2014
.....	Rondell Sorrillo	Nike	20.56	2016
400 meters.....	Brycen Spratling	Pittsburgh.....	45.22	2014
800 meters.....	Isaiah Harris	Penn State.....	1:45.12	2017
1,500 meters.....	Henry Wynne.....	Virginia	3:38.05	2016
5,000 meters.....	Chartt Miller	Iona	13:49.60	2017
10,000 meters.....	Arsene Guillorel.....	Samford	29:00.69	2018
110-meter hurdles.....	Vincent Wyatt	Radford	13.65	2014
400-meter hurdles.....	Bershawn Jackson	USA.....	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg.....	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Moffett, Smith, Chisena, Kowalchuk.....	Penn State	39.49	2017
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump.....	Ryan Lockard.....	Minnesota	2.20m (7' 2.5")	2016
Pole Vault.....	Noah Gary.....	Michigan State.....	5.35m (17' 6.5).....	2017
Long Jump	Luca Wieland/Khalid Slocum	Minnesota/Monmouth.....	7.91m (25' 11.5")	2016/2019
Triple Jump	Jordan Scott.....	Virginia	17.07m (56' 0.05")	2019
Shot Put	Filip Mihaljevic.....	Virginia	20.52m (67' 4")	2017
Discus Throw	Eshan Hadadi	Iran	64.01m (210' 0")	2013
Hammer Throw	Daniel Haugh	Kennesaw State.....	74.78m (245' 4.1")	2019
Javelin Throw.....	Andy Farhinger.....	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Tim Ehrhardt	Michigan State.....	8,044 points	2018