2022-23 VIRGINIA ROWING

RECORD BOOK



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2023 SCHEDULE

SPRING

Date	Opponent/Event	Location	Time (ET)
Sat., March 4	**Duke (Exhibition)**	**Raleigh, N.C.**	**All Day**
Sat., March 18	**Syracuse (Exhibition)**	**Earlysville, Va.**	**All Day**
Sat., April 1	**ACC/Big Ten Invite**	**Lake Monticello, Va.**	**All Day**
Sat.-Sun., April 15-16	Ivy Invite	Princeton, N.J.	All Day
Mon., April 24	**Texas**	**Earlysville, Va.**	**All Day**
Sat., April 29	**UVA Invite**	**Earlysville, Va.**	**All Day**
Fri.-Sun., May 12-13	ACC Championships	Raleigh, N.C.	All Day
Fri.-Sun., May 26-28	NCAA Championships	Princeton, N.J.	All Day

Home regattas in bold
All times Eastern
Dates and times subject to change





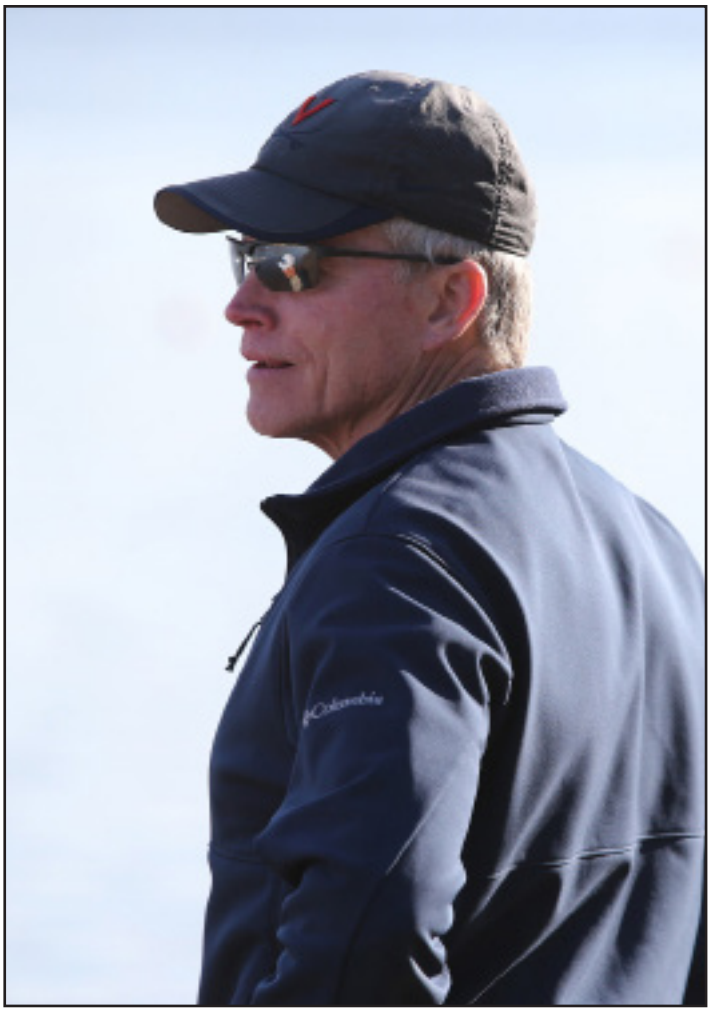




Name	Class	Height	Hometown/High School
Brooke Alexander	Sr.	5-9	Midlothian, Va./James River
Tahne Badenhorst	Sr.	5-11	Benoni, South Africa / St. Andrews School for Girls
Natalie Bailey	Fr.	5-10	Olympia, Wash./Olympia
Shelby Bavin	Fr.	5-3	Alexandria, Va./Alexandria City¬
Izzie Begley	Sr.	5-8	Moorestown, N.J./Merion Mercy Academy
Lauren Benedict	Jr.	6-2	McLean, Va./McLean
Cameron Bentley	Jr.	5-11	Basking Ridge, N.J./Blair Academy
Dylan Bentley	Fr.	5-8	Basking Ridge, N.J./Blair Academy
Lily Bernero	Jr.	5-10	Springfield, Va./Bishop O'Connell
Faye Berry	So.	5-1	Wynnewood, Pa./Lower Merion
Izzie Bird	Jr.	6-2	Ascot, England/Furze Platt Senior School
Freya Birkas-Dent	Gr.	5-11	Saratoga Springs, N.Y./ Schuylerville/Hobart & William Smith
Emma Bradish	Jr.	5-2	Kentfield, Calif./Marin Catholic
Sarah Bradford	Fr.	6-2	Oconomowoc, Wis./Divine Savior Holy Angels
Larkin Brown	Sr.	6-1	Ringgold, Ga./Girls Prepatory School
Bella Carter	Sr.	5-10	Christchurch, New Zealand/Rangi Ruru Girls' School
Liv Colston	Fr.	5-9	Alcoa, Tenn./Alcoa
Janet Conklin	Gr.	5-1	Norwood, N.J./Phillips Academy Andover
Sofia Coppola	So.	5-7	White Plains, N.Y./The Ursuline School
Sky Dahl	So.	5-10	Minneapolis, Minn./Centennial
Ava Dargon	Fr.	6-1	Belmont, Mass./Belmont
Helene Dimitrijev	So.	5-11	Vijandi, Estonia/Hugo Treffner's Gymnasium
Savannah Fox	Fr.	5-9	Bentonville, Ark./Bentonville
Sydney Fratamico	Jr.	5-11	Clinton, Conn./The Morgan School
Eva Frohnhofer	Sr.	5-11	New York, N.Y./Convent of the Sacred Heart
Kelsey Gems	Jr.	5-8	Johannesburg, South Africa/St. Andrew's High School for Girls
Meagan Goldsmith	So.	5-10	Winter Garden, Fla./West Orange High
Nora Grabcheski	Jr.	5-2	Montclair, N.J./Montclair
Hannah Guy	Fr.	5-11	Nashville, Tenn./The Ensworth School
Jenna Hajji	Jr.	5-11	Fairfax Station, Va./South County
Elsa Hartman	Fr.	5-10	Roseville, Calif./Granite Bay
Lily Jarrett	Sr.	5-11	Weston, Mass/Middlesex School/
Lauren Jochims	Fr.	5-10	Pittsburgh, Pa./Shady Side Academy
Beatrice Jones	Jr.	5-11	Delmar, N.Y./Bethlehem Central
Reilly Katz	Fr.	5-10	Port Washington, N.Y./Paul D. Schieber Senior High
Katherine Kelly	Jr.	6-0	Vashon Island, Wash./Vashon Island
Paige Lane	So.	5-6	San Francisco, Calif./Kent School
Grace Lebo	Jr.	6-0	Nashville, Tenn./Harpeth Hall School
Chloe Lee	So.	5-1	Annapolis, Md./Severn School
Paige Loh	So.	5-11	Monmouth Beach, N.J./Marine Academy of Science/Technology
Addison Luce	So.	5-9	Boxford, Mass./Phillips Exeter Academy
Kate McGee	So.	5-9	Cincinnati, Ohio/Saint Ursula Academy
Ashlyn McGinn	Fr.	5-3	Fort Lauderdale, Fla./Pinecrest School
Alison Miller	Fr.	5-10	Blackstone, Mass./St. Mark's School
Cillian Mullen	Fr.	6-0	Batavia, Ill./Batavia
Ailbhe O'Grady	Jr.	5-10	Sarasota, Fla./Riverview
Lindsay O'Neil	So.	5-11	Boston, Mass./Hingham/George Washington
Lauren Orr	Gr.	6-1	Hood River, Ore./Hood River Valley
Teagan Orth	So.	6-0	St. Catharines, Ontario/St. Francis Catholic Secondary School
Amelia Parizek	Gr.	5-6	McLean, Va./National Cathedral School
Katie Rapaglia	Fr.	5-11	Ridgefield, Conn./Ridgefield
Sarah Rapaglia	Fr.	5-11	Ridgefield, Conn./Ridgefield
Riley Richardson	Fr.	6-2	Ottawa, Ont./Cairine Wilson Secondary School
Carter Shields	Sr.	5-9	Port Washington, N.Y./Paul D. Schreiber
Bianka Smeulders	Sr.	5-10	Pittsford, N.Y./Mendon
Lily Spyredes	Fr.	5-8	Boca Raton, Fla./Pine Crest School
Sarah Statler	Jr.	5-3	Spotsylvania, Va./Riverbend
Katie Stephens	Sr.	5-9	Newport Beach, Calif./St. Margaret's Episcopal School
Nel Straub	Jr.	5-9	Bainbridge Island, Wash./Bainbridge
Zoe Tekeian	Jr.	5-5	Cambridge, Mass./Cambridge Rindge and Latin School
Leia Till	Sr.	5-11	Potomac, Md./Walt Whitman
Allison Triano	Jr.	5-1	Stamford, Conn./The King School/Bucknell
ViVi Van Ingen	Sr.	5-3	Darien, Conn./Darien
Catherine Williams	Fr.	6-2	Rye, N.Y./Rye
Ava Wisnoski	Jr.	5-9	Chesterfield, N.J./Northern Burlington
Alexa Zavattoro	Jr.	5-9	Old Greenwich, Conn./Greenwich

Head Coach: Kevin Sauer (Purdue '76/28th season)
Associate Head Coach: Kelsie Chaudoin (Virginia'08/3rd season)
Assistant Coach: Annie Thompson (Central Florida '15/2nd season)
Assistant Coach: Marten Martensson (Marist '17/1st season)
Volunteer Assistant Coach: Daniel Zimmerman (TBD/1st season)
Boatman Emeritus/Volunteer Coach: Roger Payne (Washington'76/19th season)
Director of Boathouse and Program Operations: Jeff Mork (UC-Santa Barbara'93/5th season)
Student Manager: Jenny Cook (Virginia '25/1st season)

HEAD COACH KEVIN SAUER



Kevin Sauer enters his 28th season as the head coach of the varsity Virginia rowing program in 2022-23 and has led the Cavaliers to 11 top-four finishes and 17 top-five finishes at the NCAA Championships. In addition, the Cavaliers have landed 12 top-six national finishes in the last 15 years. Sauer surpassed 1,000 career Varsity Eight wins at Virginia during the 2019 season.

A two-time Collegiate Rowing Coaches Association (CRCA) National Coach of the Year (2010 and 2012), Sauer has elevated Virginia to the most elite level of rowing programs around the country and has guided the Cavaliers to a pair of NCAA Championships, in 2010 and 2012.

Cavalier boats have been crowned national champions nine times, including five times in the Varsity Four (2004, 2005, 2007, 2010 and 2015) and three times in the Second Varsity Eight (1998, 1999 and 2005). Sauer's program hit another high in 2012 as the UVA Varsity Eight won the NCAA title for the first time and clinched the team title in the process.

The Cavaliers' top crew, the Varsity Eight, has had a stellar record under Sauer, going 30-19 in 2019, 55-15 in 2018, 44-20 in 2017, 56-6 in 2016, 55-8 in 2015, 32-9 in 2014 and 54-5 in 2013. Overall, the V8 is 1,048-264 (.799 winning percentage) in the Sauer era.

Under Sauer's tutelage, 45 student-athletes have earned 60 Pocock Racing Shells All-America honors and he has had 101 All-ACC selections. Virginia has had multiple All-Americans 19 of the last 20 years and at least one member on the first team in 20 of the last 22 seasons. Additionally, 17 Virginia rowers were named to the ACC's 50th Anniversary Rowing Team. In 2022, a school-best 18 Cavaliers were named to the All-ACC Academic team.

The Cavaliers have also excelled in the ACC under Sauer, winning 21 of the 22 ACC regattas to be held, including the last 12 years. Virginia has won 86 of the 95 events to be held at ACC regattas, had 18 crews be named ACC Crew of the Year and Sauer himself has been honored as the ACC Coach of the Year 14 times. The 2020 rowing season and ACC and NCAA championships were canceled due to the coronavirus.

Sauer came to Charlottesville in the fall of 1988, when he was hired as the Virginia Rowing Club's second full-time professional coach. He oversaw the direction of both the men's and women's club teams until the women's team was upgraded to varsity status and began competition in the fall of 1995. Both teams thrived under Sauer, including the women's Varsity Four winning the national championship in 1995.

Once at varsity level, it did not take long for Sauer to build Virginia into a national powerhouse. The Cavaliers finished fourth at the inaugural NCAA regatta in 1997 and have finished as the runner-up on three occasions (1999, 2005 and 2007). Virginia is one of just seven schools to claim the NCAA Championship (Brown, California, Harvard, Ohio State, Stanford and Washington are the others) and one of four schools to compete in at least 22 NCAA Women's Rowing Championships. At each of those 22 appearances, the Cavaliers have not finished any lower than seventh.

In addition to NCAA success, the Cavaliers' Varsity Eight has been the top collegiate crew in the Championship Eights at the Head of the Charles four of the past eight years and was the top overall crew at the 2012 regatta.

Sauer made his Olympic debut in 2016 in Rio, coaching former UVA two-sport athlete Meghan O'Leary and Ellen Tomek in the women's double sculls.

Sauer has helped coached several USRowing teams besides the 2016 Olympics, including five times as the head coach of the US Under-23 National Team. Sauer helped the U.S.women's eight to a gold medal at the 2022 World Under-23 Championships and women's four to a bronze medal at the 2019 World Under-23 Championships. Sauer also mentored the U.S. men's squad at the 2015 World Under-23 Championships, winning a silver medal in the eight. Under the guidance of Sauer at the national level, the American quad won gold at the 2007 World U-23 Championships, while Kelsie Chaudoin was in the American eight that captured gold in 2008. UVA standout Jennifer Cromwell was in the 2- in that same squad in 2007 and won gold with the eight in 2010.

At the 2020 Tokyo Olympic games, former UVA rowers Susanne Grainger (Class of 2013) and Christine Roper (Class of 2011) guided Canada to the gold medal in the women's eight, while Hannah Osborne (New Zealand) earned a silver medal in the women's double sculls.

In the summer of 2008, former UVA rowers Lindsay Shoop (Class of 2004) and Melanie Kok (Class of 2007) earned medals at the Olympics in Beijing, China. Shoop won gold with the U.S. women's eight, while Kok was a bronze medalist with the Canadian lightweight double.

Overall at Virginia, Sauer has coached 19 rowers that have competed at the World Championships and nine Olympians, including one at each of the last five Olympiads.

Before coaching at Virginia, Sauer served two stints as head coach at Purdue, his alma mater, from 1979 to 1982 and from 1986 to 1987. Under his direction, Purdue crews won the 1981-82 Midwest Championship and placed third in the 1986 Dad Vail. From 1983 to 1985, Sauer served as freshman coach at Yale, where his crews posted a 22-5 record.

A native of Indianapolis, Ind., Sauer received his bachelor's degree in marketing and finance from Purdue in 1976 and was a member of the U.S. National Rowing Team in 1975 and 1977. While at Purdue, he rowed for the United States in the 1975 Pan American Games. He also competed in the 1977 World Rowing Championships.

Sauer continued his involvement in international competition as the rowing, canoe and kayak course contractor for the 1984 Olympics, 1987 Pan American Games, 1990 Goodwill Games, 1994 World Championships and 1996 Olympics. He also coached the U.S. Rowing Development Camp in 1997 and 2005, and served as a technical advisor for U.S. Rowing during the 1988 Olympic year before coming to Charlottesville that fall.

From 1997-2000, Sauer was a member of the High Performance Committee for U.S. Rowing, which makes plans for the coaching, selection and training of the national and Olympic rowing teams. In 2001, he was elected to serve as the South representative for the Collegiate Rowing Coaches Association, a position he held until 2008.

Sauer was inducted into the Pocock/Collegiate Rowing Coaches Association Hall of Fame on June 13, 2017.

Sauer and his wife, Barb, reside in Charlottesville. The Sauers have two children, Nick and Kelly, who also live in Charlottesville. Nick and wife, Lindsay, have two sons, Kevin and Nate, while Kelly and husband, Mark, have a daughter Colbie. Coach Sauer is the only one that does not have a University of Virginia degree.

HEAD COACH KEVIN SAUER





SAUER'S CHAMPIONSHIP PEDIGREE

NCAA TEAM CHAMPIONSHIPS (2)
2010, 2012

NCAA INDIVIDUAL CHAMPIONSHIPS (9)
1998 (2V8), 1999 (2V8), 2004 (V4), 2005 (V4, 2V8), 2007 (V4), 2010 (V4), 2012 (V8), 2015 (V4)

ACC TEAM TITLES (21)
2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2021, 2022

NCAA CHAMPIONSHIP APPEARANCES (24)
1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2021, 2022

SAUER AT A GLANCE

PERSONAL
Wife: Barb; Children: Nick (2004 UVA graduate) and Kelly (2005 UVA graduate); Grandchildren: Kevin, Colbie and Nate.

EDUCATION
1976 - Purdue, bachelor of arts degree in marketing & finance
1978 - Purdue, teaching certificate in physical

COACHING EXPERIENCE
1977-78: Purdue, assistant coach
1979-82: Purdue, head coach
1983-85: Yale, freshmen coach
1986-87: Purdue, head coach
1988-95: Virginia, club teams head coach
1995-pres: Virginia, head coach

INTERNATIONAL EXPERIENCE
1984 Olympic Games, course contractor
1987 Pan American Games, course contractor
1988 Olympic Games, U.S. Rowing technical advisor
1990 Goodwill Games, course contractor
1996 Olympic Games, course contractor
1997 U.S. Rowing Development Camp, head coach
1998 U.S. Rowing U23 National Team, head coach
2005 U.S. Rowing Development Camp, head coach
2007 U.S. Rowing U23 National Team, asst. coach
2008 U.S. Rowing U23 National Team, head coach
2009 U.S. Rowing U23 National Team, head coach
2015 U.S. Rowing U23 Men's Nat'l Team, head coach
2016 Olympic Games, assistant coach
2022 U.S. Rowing U23, Women's 8+ head coach

ROWING EXPERIENCE
1975, '77: Member of the U.S. National Rowing Team
1975: Pan American Games
1977: World Rowing Championships

MEMBERSHIPS
1997-00: High Performance Committee for U.S. Rowing
2001-08: South Region representative, CRCA

COACHING HONORS
2000 ACC Coach of the Year
2003 ACC Coach of the Year
2004 ACC Coach of the Year
2005 South Region Coach of the Year
2007 ACC Coach of the Year
2007 South Region Coach of the Year
2008 ACC Coach of the Year
2010 National Coach of the Year
2010 ACC Coach of the Year
2010 South Region Coach of the Year
2011 ACC Coach of the Year
2012 National Coach of the Year
2012 ACC Coach of the Year
2012 South Region Coach of the Year
2013 ACC Coach of the Year
2014 ACC Coach of the Year
2015 ACC Coach of the Year
2018 ACC Coach of the Year
2021 ACC Coach of the Year
2022 ACC Coach of the Year

UVA Invitational
Saturday, March 26
Rivanna Reservoir
Earlysville, Va.

No. 6 Virginia vs. No. 20 Tennessee
Varsity Eight: 1. Tennessee, 7:01.8; 2. Virginia, 7:06.0
Second Varsity Eight: 1. Virginia, 7:12.7; 2. Tennessee, 7:29.5
Varsity Four: 1. Virginia, 8:31.4; 2. Tennessee, 9:03.3
Second Varsity Four: 1. Virginia, 8:50.7; 2. Tennessee, 9:29.4
Third Varsity Eight: 1. Virginia 4V8, 7:56.5; 2. Virginia 3V8, 8:11.6; 3. Tennessee, 9:08.6

Virginia Lineups
Varsity Eight: Coxswain Janet Conklin, Stroke: Kate Kelly, 7: Helene Dimitrijev, 6: Lauren Benedict, 5: Leia Till, 4: Lauren Orr, 3: Alli Terblanche, 2: Nicola Lawless, Bow: Eva Frohnhofer
Second Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kelsey Gems, 7: Meagan Goldsmith, 6: Izzie Bird, 5: Abbie Bird, 4: Lily Bernero, 3: Cameron Bentley, 2: Lily Jarrett, Bow: Larkin Brown
Third Varsity Eight: Coxswain Emma Bradish, Stroke: Paige Loh, 7: Katie Stephens, 6: Ailbhe O'Grady, 5: Olivia Sheridan, 4: Teagan Orth, 3: Amelia Parizek, 2: Liv Kimche, Bow: Brooke Alexander
Fourth Varsity Eight: Coxswain Chloe Lee, Stroke: Ava Wisnoski, 7: Carter Shields, 6: Skylar Dahl, 5: Jenna Hajji, 4: Sydney Fratamico, 3: Parker Cuthbertson, 2: Alexandra Van Dijkum, Bow: Aileen Murray
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Tahne Badenhorst, 2: Kate McGee, Bow: Izzie Begley
Second Varsity Four: Coxswain Zoe Tekeian, Stroke: Beatrice Jones, 3. Addison Luce, 2: Bianka Smeulders, Bow: Sofia Coppola

No. 6 Virginia vs. UCF
Third Varsity Eight: 1. Virginia 3V8, 8:20.1; 2. Virginia 4V8, 8:35.7; 3. UCF, 9:10.3
Second Varsity Four: 1. Virginia, 9:31.3; 2. UCF, 10:00.0
Varsity Four: 1. Virginia, 8:16.6; 2. UCF, 8:56.3
Second Varsity Eight: 1. Virginia, 7:28.8; 2. UCF, 7:36.5
Varsity Eight: 1. Virginia, 7:37.6; 2. UCF, 8:05.5

Virginia Lineups
Varsity Eight: Coxswain Janet Conklin, Stroke: Kate Kelly, 7: Helene Dimitrijev, 6: Lauren Benedict, 5: Leia Till, 4: Lauren Orr, 3: Alli Terblanche, 2: Nicola Lawless, Bow: Eva Frohnhofer
Second Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kelsey Gems, 7: Meagan Goldsmith, 6: Izzie Bird, 5: Abbie Bird, 4: Lily Bernero, 3: Cameron Bentley, 2: Lily Jarrett, Bow: Larkin Brown
Third Varsity Eight: Coxswain Faye Berry, Stroke: Ava Wisnoski, 7: Olivia Sheridan, 6: Teagan Orth, 5: Jenna Hajji, 4: Paige Loh, 3: Katie Stephens, 2: Liv Kimche, Bow: Amelia Parizek
Fourth Varsity Eight: Coxswain Sarah Statler, Stroke: Ailbhe O'Grady, 7: Carter Shields, 6: Skylar Dahl, 5: Paige Lane, 4: Sydney Fratamico, 3: Parker Cuthbertson, 2: Brooke Alexander, Bow: Aileen Murray
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Tahne Badenhorst, 2: Kate McGee, Bow: Izzie Begley
Second Varsity Four: Coxswain Zoe Tekeian, Stroke: Beatrice Jones, 3. Addison Luce, 2: Bianka Smeulders, Bow: Sofia Coppola

ACC/Big Ten Dual
Saturday, April 2
Griggs Reservoir Park
Columbus, Ohio

No. 11 Virginia vs. No. 4 Michigan
Fourth Varsity Eight: 1. Virginia, 7:15.3, 2. Ohio State, 7:18.7 3. Michigan, 7:20.6
Third Varsity Eight: 1. Virginia, 7:00.8, 2. Michigan 7:01.66
Third Varsity Four: 1. Virginia, 7:53.9, 2. Michigan, 7:58.1
Second Varsity Four: 1. Michigan, 7:45.3, 2. Virginia, 7:55.9
Varsity Four: 1. Michigan, 7:57.2, 2. Virginia, 8:08.4
Second Varsity Eight: 1. Virginia, 7:04.1, 2. Michigan, 7:07.2
Varsity Eight: 1. Michigan, 6:49.4, 2. Virginia, 6:58.7

Virginia Lineups
Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Helene Dimitrijev, 6: Nicola Lawless, 5: Leia Till, 4: Lauren Benedict, 3: Alli Terblanche, 2: Lily Jarrett, Bow: Sonja Schlosser
Second Varsity Eight: Coxswain Janet Conklin, Stroke: Kelsey Gems, 7: Abbie Bird, 6: Izzie Bird, 5: Eva Frohnhofer, 4: Lauren Orr, 3: Larkin Brown, 2: Lily Bernero, Bow: Meagan Goldsmith
Third Varsity Eight: Coxswain Chloe Lee, Stroke: Paige Loh, 7: Katie Stephens, 6: Teagan Orth, 5: Jenna Hajji, 4: Ailbhe O'Grady, 3: Aileen Murray, 2: Ava Wisnoski, Bow: Brooke Alexander
Fourth Varsity Eight: Coxswain Faye Berry, Stroke: Carter Shields, 7: Jelani Adorno, 6: Brooke Carmody, 5: Paige Lane, 4: Sydney Fratamico, 3: Parker Cuthbertson, 2: Skylar Dahl, Bow: Alexandra Van Dijkum
Varsity Four: Coxswain Zoe Tekeian, Stroke: Hailey Barnett, 3: Grace Lebo, 2: Cameron Bentley, Bow: Sophia Coppola
Second Varsity Four: Coxswain Emma Bradish, Stroke: Tahne Badenhorst, 3. Kate McGee, 2: Izzie Begley, Bow: Bianka Smeulders
Third Varsity Four: Coxswain Nora Grabcheski, Stroke: Beatrice Jones, 3. Addison Luce, 2: Liv Kimche, Bow: Olivia Sheridan

No. 11 Virginia vs. No. 9 Ohio State
Fourth Varsity Eight: 1. Virginia, 7:33.1, 2. Michigan, 7:39.0, 3. Ohio State, 7:44.0
Third Varsity Eight: 1. Virginia, 7:16.2, 2. Ohio State, 7:26.0
Third Varsity Four: 1. Virginia, 8:05.9 2. Ohio State (4v4), 8:23.6, 3. Ohio State (3v4), 8:27.8
Second Varsity Four: 1. Virginia, 7:58.3, 2. Ohio State, 8:05.4
Varsity Four: 1. Ohio State, 7:55.8, 2. Virginia, 8:04.2
Second Varsity Eight: 1. Ohio State, 7:05.2, 2. Virginia, 7:08.7
Varsity Eight: 1. Virginia, 6:58.7, 2. Ohio State, 7:03.0

Virginia Lineups
Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Nicola Lawless, 7: Helene Dimitrijev, 6: Lily Jarrett, 5: Leia Till, 4: Lauren Benedict, 3: Alli Terblanche, 2: Kate Kelly, Bow: Sonja Schlosser
Second Varsity Eight: Coxswain Janet Conklin, Stroke: Kelsey Gems, 7: Abbie Bird, 6: Izzie Bird, 5: Eva Frohnhofer, 4: Lauren Orr, 3: Larkin Brown, 2: Lily Bernero, Bow: Meagan Goldsmith
Third Varsity Eight: Coxswain Faye Berry, Stroke: Paige Loh, 7: Katie Stephens, 6: Teagan Orth, 5: Jenna Hajji, 4: Ailbhe O'Grady, 3: Aileen Murray, 2: Ava Wisnoski, Bow: Brooke Alexander
Fourth Varsity Eight: Coxswain Chloe Lee, Stroke: Carter Shields, 7: Jelani Adorno, 6: Brooke Carmody, 5: Paige Lane, 4: Sydney Fratamico, 3: Parker Cuthbertson, 2: Skylar Dahl, Bow: Alexandra Van Dijkum
Varsity Four: Coxswain Zoe Tekeian, Stroke: Hailey Barnett, 3: Tahne Badenhorst, 2: Kate McGee, Bow: Izzie Begley
Second Varsity Four: Coxswain Emma Bradish, Stroke: Grace Lebo, 3. Cameron Bentley, 2. Sophia Coppola, Bow: Bianka Smeulders
Third Varsity Four: Coxswain Nora Grabcheski, Stroke: Beatrice Jones, 3. Addison Luce, 2: Liv Kimche, Bow: Olivia Sheridan

Big Ten Invitational
Friday, April 15
Nathan Benderson Park
Sarasota, Fla.

No. 12 Virginia vs. No. 6 Michigan, No. 17 Rutgers, No. 19 Washington State
Second Varsity Four: 1. Michigan, 7:16.387, 2. Virginia, 7:25.344, 3. Rutgers, 7:30.297, 4. Washington State, 7:32.204
Third Varsity Eight: 1. Virginia, 6:46.955, 2. Ohio State, 6:55.985, 3. Iowa, 7:06.045, 4. Michigan State, 7:11.589
Varsity Eight: 1. Michigan, 6:27.901, 2. Rutgers, 6:34.098, 3. Virginia, 6:37.528, 4. Washington State, 6:39.398
Second Varsity Eight: 1. Virginia, 6:37.501, 2. Michigan, 6:37.957, 3. Rutgers, 6:48.417, 4. Washington State, 6:56.957
Varsity Four: 1. Michigan, 7:28.381, 2. Virginia, 7:38.044, 3. Rutgers, 7:42.091, 4. Washington State, 7:50.174

No. 12 Virginia vs. No. 18 Tennessee, Wisconsin, Iowa
Third Varsity Eight: 1. Virginia, 6:54.963, 2. Indiana, 7:14.187, 3. Tennessee, 7:24.803
Second Varsity Four: 1. Virginia, 7:29.051, 2. Wisconsin, 7:34.064, 3. Iowa, 7:51.621, Tennessee, 8:05.141
Varsity Eight: 1. Tennessee, 6:34.529, 2. Virginia, 6:35.076, 3. Iowa, 6:40.406, 4. Wisconsin, 6:41.832
Second Varsity Eight: 1. Virginia, 6:41.105, 2. Tennessee, 6:52.275, 3. Wisconsin, 6:57.262, 4. Iowa, 6:58.952
Varsity Four: 1. Virginia, 7:29.501, 2. Wisconsin, 7:39.608, 3. Iowa, 7:43.178, 4. Tennessee, 8:12.278

Virginia Lineups
Varsity Eight: Coxswain Janet Conklin, Stroke: Nicola Lawless, 7: Abbie Bird, 6: Lauren Orr, 5: Leia Till, 4: Lauren Benedict, 3: Eva Frohnhofer, 2: Lily Jarrett, Bow: Sonja Schlosser
Second Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Helene Dimitrijev, 6: Izzie Bird, 5: Alli Terblanche, 4: Lily Bernero, 3: Larkin Brown, 2: Kelsey Gems, Bow: Meagan Goldsmith
Third Varsity Eight: Coxswain Emma Bradish, Stroke: Ailbhe O'Grady, 7: Addison Luce, 6: Hailey Barnett, 5: Katie Stephens, 4: Bianka Smeulders, 3: Jenna Hajji, 2: Ava Wisnoski, Bow: Olivia Sheridan
Varsity Four: Coxswain Zoe Tekeian, Stroke: Paige Loh, 3: Tahne Badenhorst, 2: Liv Klmche, Bow: Izzie Begley
Second Varsity Four: Coxswain Nora Grabcheski, Stroke: Sophia Coppola, 3. Beatrice Jones, 2: Grace Lebo, Bow: Kate McGee

Big Ten Invitational
Saturday, April 16
Nathan Benderson Park
Sarasota, Fla.

No. 12 Virginia vs. No. 2 Stanford, No. 6 Michigan, No. 8 Ohio State
Second Varsity Four: 1. Michigan, 7:12.833, 2. Stanford, 7:18.686, 3. Virginia, 7:26.203, 4. Ohio State, 7:34.033
Third Varsity Eight: 1. Michigan, 6:41.487, 2. Virginia, 6:42.604, 3. Stanford, 6:47.230
Varsity Eight: 1. Stanford, 6:08.267, 2. Michigan, 6:10.330, 3. Ohio State, 6:14.250, 4. Virginia, 6:23.577
Second Varsity Eight: 1. Stanford, 6:14.901, 2. Michigan, 6:21.081, 3. Ohio State, 6:24.597, 4. Virginia, 6:25.514
Varsity Four: 1. Michigan, 7:05.430, 2. Stanford, 7:09.073, 3. Ohio State, 7:10.766, 4. Virginia, 7:18.900

SIRA Results
Varsity Eight: 1. Kansas State, 7:04.180, 2. Wisconsin, 7:08.648, 3. Virginia, 7:10.162, 4. Delaware, 7:15.353, 5. Central Oklahoma, 7:15.386, 6. Kansas State B, 7:17.780
Virginia Lineups
Varsity Eight: Coxswain Janet Conklin, Stroke: Nicola Lawless, 7: Abbie Bird, 6: Lauren Orr, 5: Leia Till, 4: Lauren Benedict, 3: Eva Frohnhofer, 2: Lily Jarrett, Bow: Sonja Schlosser
Second Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Helene Dimitrijev, 6: Izzie Bird, 5: Alli Terblanche, 4: Lily Bernero, 3: Larkin Brown, 2: Kelsey Gems, Bow: Meagan Goldsmith
Third Varsity Eight: Coxswain Emma Bradish, Stroke: Ailbhe O'Grady, 7: Addison Luce, 6: Hailey Barnett, 5: Katie Stephens, 4: Bianka Smeulders, 3: Jenna Hajji, 2: Ava Wisnoski, Bow: Olivia Sheridan
Fourth Varsity Eight: Coxswain Chloe Lee, Stroke: Carter Shields, 7: Charlotte Quinn, 6: Aileen Murray, 5: Skylar Dahl, 4: Jelani Adorno, 3: Parker Cuthbertson, 2: Alexandra van Dijkum, Bow: Brooke Alexander
Varsity Four: Coxswain Zoe Tekeian, Stroke: Paige Loh, 3: Tahne Badenhorst, 2: Liv Klmche, Bow: Izzie Begley
Second Varsity Four: Coxswain Nora Grabcheski, Stroke: Sophia Coppola, 3. Beatrice Jones, 2: Grace Lebo, Bow: Kate McGee

Longhorn Invite
Saturday, April 30
Walter E. Long Park
Austin, Texas

No. 14 Virginia vs. No. 1 Texas, No. 10 Ohio State, No. 16 SMU, UCLA
Third Varsity Eight: 1. Texas A, 6:29.593, 2. Texas B, 6:39.246, 3. Virginia, 6:41.563, 4. SMU, 6:43.436, 5. Texas C, 6:50.478
Second Varsity Four: 1. Texas, 7:08.335, 2. Ohio State, 7:08.725, 3. SMU, 7:16.656, 4. Virginia, 7:27.048, 5. UCLA, 7:53.243,
Varsity Four: 1. Texas, 7:01.229, 2. Ohio State, 7:07.206, 3. Virginia, 7:09.731, 4. SMU, 7:14.757, 5. UCLA, 7:38.346
Second Varsity Eight: 1. Texas, 6:21.431, 2. SMU, 6:29.672, 3. Ohio State, 6:30.891, 4. Virginia, 6:34.750, 5. UCLA, 6:50.687
Varsity Eight: 1. Texas, 6:10.269, 2. Ohio State, 6:22.353, 3. SMU, 6:22.441, 4. Virginia, 6:28.918, 5. UCLA, 6:32.196

Virginia Lineups
Varsity Eight: Coxswain Janet Conklin, Stroke: Sonja Schlosser, 7: Kate Kelly, 6: Leia Till, 5: Nicola Lawless, 4: Helene Dimitrijev, 3: Lauren Benedict, 2: Eva Frohnhofer, Bow: Lily Jarrett
Second Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kelsey Gems, 7: Meagan Goldsmith, 6: Izzie Bird, 5: Alli Terblanche, 4: Abbie Bird, 3: Cameron Bentley, 2: Lauren Orr, Bow: Larkin Brown
Third Varsity Eight: Coxswain Emma Bradish, Stroke: Bella Carter, 7: Ailbhe O'Grady, 6: Lily Bernero, 5: Paige Loh, 4: Grace Lebo, 3: Bianka Smeulders, 2: Sofia Coppola, Bow: Ava Wisnoski
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Jenna Hajji, 2: Kate McGee Bow: Tahne Badenhorst
Second Varsity Four: Coxswain Zoe Tekeian, Stroke: Beatrice Jones, 3: Addison Luce, 2: Liv Kimche, Bow: Izzie Begley

ACC Championship
Friday, May 13
Lake Hartwell
Clemson, S.C.

Preliminary Results
Third Varsity Eight: 1. Virginia, 6:58.735, 2. Syracuse, 7:12.197, 3. Louisville, 7:18.733, 4. Boston College, 7:28.543, 5. Miami, 7:49.340
Varsity Eight: 1. Virginia, 6:38.931, 2. Duke, 6:44.079, 3. Miami, 6:53.964, 4. Notre Dame, 7:08.641
Second Varsity Eight: 1. Virginia 6:42.850, 2. Duke, 6:50.155, 3. Miami, 6:53.238, 4. Notre Dame, 6:56.634
Varsity Four: 1. Virginia, 7:30.755, 2. Syracuse, 7:36.327, 3. Notre Dame, 7:51.723, 4. Boston College, 7:59.153
Second Varsity Four: 1. Duke, 7:34.747, 2. Virginia, 7:38.205, 3. Miami, 8:13.277, 4. North Carolina, 8:29.941

Virginia Lineups
Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Leia Till, 6: Lauren Benedict, 5: Sonja Schlosser, 4: Nicola Lawless, 3: Alli Terblanche, 2: Kelsey Gems, Bow: Eva Frohnhofer
Second Varsity Eight: Coxswain Janet Conklin, Stroke: Addison Luce, 7: Meagan Goldsmith, 6: Lily Jarrett, 5: Helene Dimitrijev, 4: Lauren Orr, 3: Cameron Bentley, 2: Tahne Badenhorst, Bow: Larkin Brown
Third Varsity Eight: Coxswain Zoe Tekeian, Stroke: Izzie Bird, 7: Ava Wisnoski, 6: Abbie Bird, 5: Beatrice Jones, 4: Lily Bernero, 3: Ailbhe O'Grady, 2: Grace Lebo, Bow: Liv Kimche
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Jenna Hajji, 2: Kate McGee, Bow: Sophia Coppola
Second Varsity Four: Coxswain Emma Bradish, Bow: Bella Carter, 3: Paige Loh, 2: Izzie Begley: Bow: Bianka Smeulders

ACC Championship
Saturday, May 14
Lake Hartwell
Clemson, S.C.

Grand Final Results
Third Varsity Eight: 1. Virginia, 6:39.820, 2. Duke, 6:45.170, 3. Clemson, 6:51.306, 4. Syracuse, 6:53.050, 5. Louisville, 6:57.125, 6. Notre Dame, 7:07.293
Second Varsity Four: 1. Duke, 7:11.587, 2. Virginia, 7:16.043, 3. Syracuse, 7:21.519, 4. Clemson, 7:35.067, 5. Miami, 7:41.282, 6. Notre Dame, 7:41.639
Varsity Four: 1. Virginia, 7:10.892, 2. Duke, 7:12.901, 3. Syracuse, 7:16.046, 4. Clemson, 7:21.479, 5. Louisville, 7:25.809, 6. Notre Dame, 7:38.863
Second Varsity Eight: 1. Virginia, 6:26.132, 2. Syracuse, 6:28.109, 3. Duke, 6:31.047, 4. Miami, 6:36.624, 5. Clemson, 6:44.353, 6. Louisville, 6:51.290
Varsity Eight: 1. Virginia, 6:23.415, 2. Syracuse, 6:25.351, 3. Duke, 6:29.505, 4. Miami, 6:32.179, 5. Clemson, 6:33.500, 6. Louisville, 6:36.284

Virginia Lineups
Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Leia Till, 6: Lauren Benedict, 5: Sonja Schlosser, 4: Nicola Lawless, 3: Alli Terblanche, 2: Kelsey Gems, Bow: Eva Frohnhofer
Second Varsity Eight: Coxswain Janet Conklin, Stroke: Addison Luce, 7: Meagan Goldsmith, 6: Lily Jarrett, 5: Helene Dimitrijev, 4: Lauren Orr, 3: Cameron Bentley, 2: Tahne Badenhorst, Bow: Larkin Brown
Third Varsity Eight: Coxswain Zoe Tekeian, Stroke: Izzie Bird, 7: Ava Wisnoski, 6: Abbie Bird, 5: Beatrice Jones, 4: Lily Bernero, 3: Ailbhe O'Grady, 2: Grace Lebo, Bow: Liv Kimche
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Jenna Hajji, 2: Kate McGee, Bow: Sophia Coppola
Second Varsity Four: Coxswain Emma Bradish, Bow: Bella Carter, 3: Paige Loh, 2: Izzie Begley: Bow: Bianka Smeulders

NCAA Championships
Friday, May 27
Nathan Benderson Park
Sarasota, Fla.

Morning Results
Varsity Eight Heat Four: 1. Brown, 6:13.306, 2. Yale, 6:15.202, 3. SMU, 6:18.181, 4. Virginia, 6:26.313, 5. Northeastern, 6:40.316, 6. Rhode Island, 7:00.823
Second Varsity Eight Heat Three: 1. Washington, 6:14.647, 2. Virginia, 6:19.109, 3. Pennsylvania, 6:19.212, 4. Duke, 6:35.165, 5. Boston University, 6:49.485, 6. Northeastern, 6:55.000
Varsity Four Heat Two: 1. Stanford, 6:54.374, 2. Michigan 6:59.627, 3. Virginia, 7:04.851, 4. Rutgers, 7:07.035, 5, Northeastern, 7:42.004

Afternoon Repechage Results
Varsity Eight Heat One: 1. Pennsylvania, 6:17.591, 2. Virginia, 6:19.007, 3. Oregon State, 6:19.815, 4. USC, 6:25.095, 5. Duke, 6:27.043, 6. Northeastern, 6:35.831, 7. Jacksonville, 6:48.715
Varsity Four Heat One: 1. Virginia, 7:05.680, 2. USC, 7:11.352, 3. Oregon State, 7:12.626, 4. Pennsylvania, 7:15.540, 5. Duke, 7:20.826, 6. Rhode Island, 7:35.714, 7. Jacksonville, 7:45.684

Virginia Lineups
Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Leia Till, 6: Lauren Benedict, 5: Sonja Schlosser, 4: Nicola Lawless, 3: Alli Terblanche, 2: Kelsey Gems, Bow: Eva Frohnhofer
Second Varsity Eight: Coxswain Janet Conklin, Stroke: Addison Luce, 7: Meagan Goldsmith, 6: Lily Jarrett, 5: Helene Dimitrijev, 4: Lauren Orr, 3: Cameron Bentley, 2: Tahne Badenhorst, Bow: Larkin Brown
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Jenna Hajji, 2: Kate McGee, Bow: Sophia Coppola

NCAA Championships
Saturday, May 28
Nathan Benderson Park
Sarasota, Fla.

A/B Semifinals
Varsity Eight Heat Two: 1. Stanford, 6:22.185, 2. Washington, 6:23.741, 3. Princeton, 6:24.909, 4. Yale, 6:32.397, 5. Michigan, 6:36.373, 6. Virginia, 6:36.673
Second Varsity Eight Heat Two: 1. Stanford, 6:26.132, 2. Yale, 6:28.650, 3. Virginia, 6:33.634, 4. Ohio State, 6:38.048, 5. SMU, 6:41.042, 6. Michigan, 6:42.844
Varsity Four Heat One: 1. Washington, 7:09.214, 2. Texas, 7:11.366, 3. Brown, 7:15.124, 4. Michigan, 7:18.684, 5. Rutgers, 7:24.158, 6. Virginia, 7:26.606

Virginia Lineups
Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Leia Till, 6: Lauren Benedict, 5: Sonja Schlosser, 4: Nicola Lawless, 3: Alli Terblanche, 2: Kelsey Gems, Bow: Eva Frohnhofer
Second Varsity Eight: Coxswain Janet Conklin, Stroke: Addison Luce, 7: Meagan Goldsmith, 6: Lily Jarrett, 5: Helene Dimitrijev, 4: Lauren Orr, 3: Cameron Bentley, 2: Tahne Badenhorst, Bow: Larkin Brown
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Jenna Hajji, 2: Kate McGee, Bow: Sophia Coppola

NCAA Championships
Sunday, May 29
Nathan Benderson Park
Sarasota, Fla.

Final Team Standings
1. Texas - 124, 2. Stanford – 124, 3. Princeton – 118, 4. Washington – 112, 5. Yale – 102, 6. California – 101, 7. Brown – 100, 8. Ohio State – 99, 9. Virginia – 82, 10. Michigan – 73, 11. Pennsylvania – 72, 12. SMU – 72, 13. Rutgers – 64, 14. Oregon State – 52, 15. USC – 47, 16. Duke – 45, 17. Syracuse – 41, 18. Gonzaga – 28, 19. Boston University – 23, 20. Northeastern – 17, 21. Rhode Island – 15, 22. Jacksonville – 7

Varsity Four Petite Final
1, California, 7:16.233, 2. Virginia, 7:16.522, 3. Rutgers, 7:18.703, 4. Yale, 7:19.662, 5. Michigan, 7:20.523, 6. USC, 7:22.253
Second Varsity Eight Grand Final
1. Yale, 6:21.169, 2. Stanford, 6:23.220, 3. Washington, 6:24.514, 4. Texas, 6:26.282, 5. Princeton, 6:30.692, 6. Virginia, 6:35.795
Varsity Eight Petite Final
1. Ohio State, 6:19.654, 2. Yale, 6:21.134, 3. Pennsylvania, 6:25.350, 4. Michigan, 6:26.210, 5. SMU, 6:27.319, 6. Virginia, 6:34.754

Virginia Lineups
Varsity Eight: Coxswain ViVi Van Ingen, Stroke: Kate Kelly, 7: Leia Till, 6: Lauren Benedict, 5: Sonja Schlosser, 4: Nicola Lawless, 3: Alli Terblanche, 2: Kelsey Gems, Bow: Eva Frohnhofer
Second Varsity Eight: Coxswain Janet Conklin, Stroke: Addison Luce, 7: Meagan Goldsmith, 6: Lily Jarrett, 5: Helene Dimitrijev, 4: Lauren Orr, 3: Cameron Bentley, 2: Tahne Badenhorst, Bow: Larkin Brown
Varsity Four: Coxswain Nora Grabcheski, Stroke: Hailey Barnett, 3: Jenna Hajji, 2: Kate McGee, Bow: Sophia Coppola

VIRGINIA ALL-TIME AT THE NCAA CHAMPIONSHIPS

Year	UVA's Team Finish	Varsity Eight	Second Varsity Eight	Varsity Four
2022	9th	12th	6th	8th
2021	5th	6th	5th	4th
2020	Canceled due to COVID-19			
2019	10th	12th	6th	13th
2018	5th	7th	3rd	7th
2017	11th	10th	12th	10th
2016	3rd	5th	4th	3rd
2015	5th	3rd	12th	Champions
2014	5th	8th	3rd	3rd
2013	5th	4th	7th	4th
2012	Champions	Champions	5th	2nd
2011	6th	7th	5th	2nd
2010	Champions	2nd	4th	Champions
2009	4th	2nd	6th	6th
2008	5th	8th	4th	2nd
2007	2nd	5th	4th	Champions
2005	2nd	4th	Champions	Champions
2004	6th	9th	7th	Champions
2003	6th	5th	7th	8th
2002	4th	10th	3rd	2nd
2001	7th	15th	4th	6th
2000	3rd	3rd	3rd	3rd
1999	2nd	2nd	Champions	2nd
1998	3rd	6th	Champions	6th
1997	4th	5th	3rd	8th

2015 NCAA Champion Varsity Four
Coxswain Julia Roithmayr
Maggie Bowman-Jones
Marijane Brennan
Hannah Solis-Cohen
Ellen Pate

2012 NCAA Champion Varsity Eight
Coxswain Sidney Thorsten
Keziah Beall
Martha Kuzzy
Kristine O'Brien
Sarah Cowburn
Fiona Schlesinger
Susanne Grainger
Hemingway Benton,
Carli Goldberg

2010 NCAA Champion Varsity Four
Coxswain Sarah Pichardo
Ruth Retzinger
Hunter Terry
Chelsea Simpson
Inge Janssen

2007 NCAA Champion Varsity Four
Coxswain Mary Eddy
Mindy Fiesler
Rebecca Ryall
Amanda Chase
Chrissie Monaghan

2005 NCAA Champion Varsity Four
Coxswain Michelle Ellison
Mindy Fiesler
Mieke Pitts
Allison Brennan
Katrin Sydlik

2005 NCAA Champion Second Varsity Eight
Coxswain Launa Forehand
Beth Clark
Crystal MacLeod
Libby McCann
Kim Southern
Heather Gardner
Sara Lippa
Mary Dobmeier
Chrissie Monaghan

2004 NCAA Champion Varsity Four
Coxswain Launa Forehand
Kerry Maher
Renee Albers
Libby McCann
Ashley Jones

1999 Second Varsity Eight
Coxswain Sarah Harrick
Charlotte Kraenzle
Erin Lieb
Charlotte Quesada,
Lauren Brown
Emily Egge
Sara Garrett
Jennifer Herberger
Lynette Sobehart

1998 NCAA Champion Second Varsity Eight
Coxswain Kara McPhillips
Amy Burns
Emily Egge
Charlotte Quesada
Erin Lieb
Jenny Sherman
Bronwyn Rick
Charlotte Kraenzle
Cinda Ewton





NATIONAL/REGIONAL HONORS

POCOCK RACING SHELLS ALL-AMERICA FIRST TEAM

Name	Year
Sophia Kershner	2021
Heidi Long	2018
Georgia Ratcliff	2017
Sam Casto	2016
Georgia Ratcliff	2016
Sam Casto	2015
Lizzy Youngling	2015
Brandy Herald	2014
Kristine O'Brien	2013
Keziah Beall	2012
Sarah Cowburn	2012
Martha Kuzzy	2012
Kristine O'Brien	2012
Sidney Thorsten	2012
Kristine O'Brien	2011
Desiree Burns	2010
Jennifer Cromwell	2010
Katrin Reinert	2010
Desiree Burns	2009
Jennifer Cromwell	2009
Kelsie Chaudoin	2008
Jennifer Cromwell	2008
Melanie Kok	2007
Kerry Maher	2007
Heather Gardner	2006
Margaret Matia	2005
Carolyn McMillan	2005
Jennifer Reck	2004
Lindsay Shoop	2004
Jennifer Reck	2003
Lindsay Shoop	2003
Madeline Engel	2002
Jennifer Reck	2002
Marlies Smulders	2001
Barb Sheehan	2000
Andrea Saathoff	1999

POCOCK RACING SHELLS ALL-AMERICA SECOND TEAM

Name	Year
Nicola Lawless	2022
Leia Till	2022
Abbie Bird	2021
Katy Flynn	2021
Heidi Long	2019
Jane Hudson	2018
Ellie Stewart	2018
Erin Briggs	2017
Erin Briggs	2016
Hemingway Benton	2015
Colette Lucas-Conwell	2015
Constanze Duell	2014
Sarah Cowburn	2013
Susanne Grainger	2013
Christine Roper	2011
Sidney Thorsten	2010
Helen Tompkins	2010
Amanda Chase	2009
Augusta Stratos	2009
Lauren Hutchins	2008
Libby McCann	2007
Melanie Kok	2006
Launa Forehand	2005
Genevieve Cauchon-Voyer	2004
Lauren Mitterer	2002
Risa Mandzuk	2001

POCOCK RACING SHELLS ALL-AMERICA HONORABLE MENTION

Lauren Orr	2022
Leia Till	2021
Anna Fairs	2019
Izzi Weiss	2019

CRCA NATIONAL SCHOLAR-ATHLETES

Name	Year
Cameron Bentley	2022
Abbie Bird	2022
Emma Bradish	2022
Janet Conklin	2022
Nora Grabcheski	2022
Nicola Lawless	2022
Ailbhe O'Grady	2022
Lauren Orr	2022
Sonja Schlosser	2022
Katie Stephens	2022
Zoe Tekeian	2022
Leia Till	2022
Jamey Bulloch	2021
Grace Comerford	2021
Janet Conklin	2021
Katy Flynn	2021
Colette Glass	2021
Gabby Grob	2021
Lily Jarrett	2021
Sophia Kershner	2021
Elizabeth Kilgore	2021
Nicola Lawless	2021
Lauren Orr	2021
Charlotte Quinn	2021
Brooke Rickert	2021
Maggie Taylor	2021
Leia Till	2021
Carrie Warner	2021
Jamey Bulloch	2019
Grace Comerford	2019
Anna Fairs	2019
Shiann Gardner	2019
Colette Glass	2019
Gabby Grob	2019
Heidi Long	2019
Sophie Pennoyer	2019
Lizzie Trull	2019
Adi Hendlin	2018
Jane Hudson	2018
Sophie Pennoyer	2018
Lizzie Trull	2018
Kameryn Corcoran	2017
Jo Gurman	2017
Dana Lueker	2017
Marissa Patrick	2017
Mackenzie King	2017
Tessa Dikkers	2016
Madelyn Clark	2016
Kameryn Corcoran	2016
Jo Gurman	2016
Dana Lueker	2016
Allie Nicholson	2016
Marissa Patrick	2016
Karen Schulte	2016
Grace Tuttle	2016
Tessa Dikkers	2015
Jo Gurman	2015
Karen Schulte	2015
Kaity McCullough	2014
Sarah McGovern	2014
Catherine Multari	2014
Sarah Cowburn	2013
Molly Frear	2013
Kaity McCullough	2013
Sarah McGovern	2013
Catherine Multari	2013
Ann Reid	2013
Sarah Borchelt	2012
Molly Frear	2012
Sarah Borchelt	2011
Sarah Borchelt	2010
Summers Nelson	2010
Nora Phillips	2010
Taylor Gilmore	2009
Summers Nelson	2009
Sarah Pichardo	2009
Annie Bohlen	2008
Allison Brennan	2008
Mary Eddy	2008
Diane Leigh	2008
Caitlin Mixter	2008
Bridget Wandelt	2008
Mary Eddy	2007
Michelle Ellison	2007
Diane Leigh	2007
Caitlin Mixter	2007
Chrissie Monaghan	2007
Chrissie Monaghan	2006
Michelle Ellison	2006
Jennifer Reck	2004
Jennifer Reck	2003
Jennifer Reck	2002
Meg Van Dam	2002
Risa Mandzuk	2001
Margot Noordzij	2001
Kirin Surpless	2000

ARI RECRUITING D1 ALL-CONFERENCE TEAM

Name	Year
Grace Comerford	2021
Katy Flynn	2021
Colette Glass	2021
Sophia Kershner	2021
Tessa Otting	2021

CRCA ALL-CONFERENCE

Name	Year
Anna Fairs	2019
Mackenzie King	2019
Heidi Long	2019
Izzi Weiss	2019
Jane Hudson	2018
Heidi Long	2018
Morgan Rosts	2018
Ellie Stewart	2018
Izzi Weiss	2018

CRCA ALL-SOUTH REGION FIRST TEAM

Name	Year
Erin Briggs	2017
Georgia Ratcliff	2017
Erin Briggs	2016
Sam Casto	2016
Colette Lucas-Conwell	2016
Georgia Ratcliff	2016
Hemingway Benton	2015
Sam Casto	2015
Colette Lucas-Conwell	2015
Lizzy Youngling	2015
Constanze Duell	2014
Brandy Herald	2014
Sarah Jordan	2014
Lizzy Youngling	2014
Sarah Cowburn	2013
Susanne Grainger	2013
Sarah Jordan	2013
Kristine O'Brien	2013
Fiona Schlesinger	2013
Keziah Beall	2012
Martha Kuzzy	2012
Kristine O'Brien	2012
Sidney Thorsten	2012
Kristine O'Brien	2011
Christine Roper	2011
Martha Kuzzy	2011
Sidney Thorsten	2011
Desiree Burns	2010
Jennifer Cromwell	2010
Katrin Reinert	2010
Sidney Thorsten	2010
Desiree Burns	2009
Amanda Chase	2009
Jennifer Cromwell	2009
Kelsie Chaudoin	2008
Jennifer Cromwell	2008
Jennifer Hutchins	2008
Caitlin Mixter	2008
Melanie Kok	2007
Kerry Maher	2007
Libby McCann	2007
Caitlin Mixter	2007
Heather Gardner	2006
Melanie Kok	2006
Launa Forehand	2005
Margaret Matia	2005
Carolyn McMillan	2005
Genevieve Cauchon-Voyer	2004
Jennifer Reck	2004
Lindsay Shoop	2004
Betty Shumaker	2004
Molly Baker	2003
Jennifer Reck	2003
Lindsay Shoop	2003
Betty Shumaker	2003
Madeline Engel	2002
Lauren Mitterer	2002
Jennifer Reck	2002
Madeline Engel	2001
Risa Mandzuk	2001
Marlies Smulders	2001

CRCA ALL-SOUTH REGION SECOND TEAM

Name	Year
Colette Lucas-Conwell	2017
Jane Hudson	2017
Ellen Pate	2017
Tessa Dikkers	2016
Georgia Ratcliff	2015
Hemingway Benton	2014
Sarah Cowburn	2012
Claudia Blandford	2011
Helen Tompkins	2010
Augusta Stratos	2009
Katrin Sydlik	2008
Sara Lippa	2007
Kerry Maher	2006
Catelyn Coyle	2005
Katie Yrazabal	2005
Margaret Matia	2004
Julie McQueen	2003
Sarah Brennan	2002
Jennifer Herberger	2001

CRCA SOUTH REGION COACH OF THE YEAR

Coach	Year
Kevin Sauer	2014
Kevin Sauer	2012
Kevin Sauer	2010
Kevin Sauer	2007
Kevin Sauer	2005

CRCA SOUTH REGION ASSISTANT COACH OF THE YEAR

Coach	Year
Steve Pritzker	2007

CRCA ALL-CENTRAL REGION FIRST TEAM

Name	Year
Barb Sheehan	2000
Andrea Saathoff	1999

CRCA ALL-CENTRAL REGION SECOND TEAM

Name	Year
Sara Garrett	2000
Sara Garrett	1999

POCOCK/CRCA HALL OF FAME

Coach	Year
Kevin Sauer	2017

NCAA TOP VI AWARD

Name	Year
Kerry Maher	2007

CRCA NATIONAL COACH OF THE YEAR

Kevin Sauer	2012
Kevin Sauer	2010

CRCA NATIONAL ASSISTANT COACH OF THE YEAR

Coach	Year
Steve Pritzker	2010
Steve Pritzker	2007

REGIONAL CHAMPIONSHIP RESULTS

VIRGINIA ALL-TIME AT THE REGIONAL CHAMPIONSHIPS

Year	Event	Champion	UVA Finish	Regional Champions	Tournament Site
2002	Eastern Sprints	Princeton	3rd		Camden, N.J.
2001	Eastern Sprints	N/A			Camden, N.J.
2000	Eastern Sprints	Brown	3rd	V4	New Preston, Conn.
1999	Eastern Sprints	Brown	2nd	2V8	New Preston, Conn.
1998	South Sprints	Virginia	1st	2V4, 2V8	Oak Ridge, Tenn.

VIRGINIA ALL-TIME AT THE SOUTH/CENTRAL REGIONAL CHAMPIONSHIPS

Year	Overall Champion	UVA Finish	South Champion	UVA Finish	Regional Champions	Tournament Site
2010	Virginia	1st	Virginia	1st	V8, 2V8, V4, O4	Oak Ridge, Tenn.
2009	Virginia	1st	Virginia	1st	V8, 2V8, N8	Oak Ridge, Tenn.
2008	Virginia	1st	Virginia	1st	V8	Oak Ridge, Tenn.
2007	Virginia*	1st	Virginia	1st	V8, 2V8, V4, O4	Oak Ridge, Tenn.
2006	Ohio State	7th	Tennessee	2nd	V4	Oak Ridge, Tenn.
2005	Virginia	1st	Virginia	1st	2V8, V4	Oak Ridge, Tenn.
2004	Virginia	1st	Virginia	1st	2V8, V4	Oak Ridge, Tenn.
2003	Ohio State	2nd	Virginia	1st	V8, N8	Oak Ridge, Tenn.

* Virginia became the first school in the regional's history to win every race it competed in, winning 17 of 17 races during preliminaries, semifinals, and finals



INTERNATIONAL COMPETITION

OLYMPIC GAMES

Year	Name	Country	Event	Finish
2020	Susanne Grainger (‘13)	Canada	W8+	Gold
	Christine Roper (‘11)	Canada	W8+	Gold
	Hannah Osborne (‘14)	New Zealand	W2x	Silver
	Kristine O’Brien (‘13)	United States	W8+	4th
	Inge Janssen (‘10)	Netherlands	W4x	6th
	Meghan O’Leary (‘08)	United States	W4x	10th
	Morgan Rosts (‘18)	Canada	W8+	Alternate
2016	Inge Janssen (‘10)	Netherlands	W4x	Silver
	Susanne Grainger (‘13)	Canada	W8+	5th
	Christine Roper (‘11)	Canada	W8+	5th
	Meghan O’Leary (‘08)	United States	W2x	6th
	Kevin Sauer (Asst. Coach)	United States		
2012	Inge Janssen (‘10)	Netherlands	W2x	8th
2008	Melanie Kok (‘07)	Canada	LW2x	Bronze
	Lindsay Shoop (‘04)	United States	W8+	Gold
	Marlies Smulders (‘01)	Netherlands	W8+	Silver
	Katrin Reinert (‘11)*	Germany	W8+	NF
2004	Marlies Smulders (‘01)	Netherlands	W8+	Bronze

PAN AMERICAN GAMES

Year	Name	Country	Event	Finish
2015	Kerry (Maher) Shaffer (‘07)	Canada	W2x/W4x	Gold/Gold
2011	Melanie Kok (‘07)	Canada	W4x	Silver
2007	Jennifer Reck (‘04)	United States	W2-	Bronze
	Margaret Matia (‘05)	United States	W4x	Silver
1999	Grace Mowery (‘93)	United States	LW4x	Silver

EUROPEAN CHAMPIONSHIPS

Year	Name	Country	Event	Finish
2020	Inge Janssen (‘10)	Netherlands	W4x	Gold
2019	Inge Janssen (‘10)	Netherlands	W4x	Silver
2017	Inge Janssen (‘10)	Netherlands	W4x	Silver
2016	Inge Janssen (‘10)	Netherlands	W4x	4th
2015	Inge Janssen (‘10)	Netherlands	W4x	Silver
	Katrin Reinert (‘11)	Germany	W8+	4th
2014	Inge Janssen (‘10)	Netherlands	W2x	Bronze
	Katrin Reinert (‘11)	Germany	W8+	Bronze
2013	Inge Janssen (‘10)	Netherlands	W1x	Bronze
2007	Katrin Reinert (‘11)*	Germany	W8+	Silver

WORLD ROWING CHAMPIONSHIPS

Year	Name	Country	Event	Finish
2019	Kristine O’Brien (‘13)	United State	W8+	Bronze
	Inge Janssen (‘10)	Netherlands	W4x	Bronze
	Susanne Granger (‘13)	Canada	W8+	4th
	Christine Roper (‘11)	Canada	W8+	4th
	Hannah Osborne (‘14)	New Zealand	W4x	5th
2018	Kristine O’Brien (‘13)	United States	W8+	Gold
	Susanne Granger (‘13)	Canada	W8+	Silver
	Christine Roper (‘11)	Canada	W8+	Silver
	Meghan O’Leary (‘08)^	United States	W2x	Bronze
	Hannah Osborne (‘14)	New Zealand	W1x	8th
2017	Hannah Osborne (‘14)	New Zealand	W1x	8th
2016	Inge Janssen (‘10)	Netherlands	W4x	Gold
	Susanne Grainger (‘13)	Canada	W8+/W4-	Silver/9th
	Christine Roper (‘11)	Canada	W8+/W4-	Silver/9th
	Meghan O’Leary (‘08)	United States	W2x	Silver
	Kristine O’Brien (‘13)	United States	W4-	4th
2015	Constanze Duell (‘14)	Germany	W4-	4th
	Susanne Grainger (‘13)	Canada	W8+	Bronze
	Inge Janssen (‘10)	Netherlands	W4x	Bronze
	Kristine O’Brien (‘13)	United States	W4-	Gold
	Meghan O’Leary (‘08)^	United States	W2x	11th
	Katrin Reinert (‘11)	Germany	W4-	4th
	Christine Roper (‘11)	Canada	W8+	Bronze
2014	Susanne Grainger (‘13)	Canada	W8+	Silver
	Inge Janssen (‘10)	Netherlands	W2x	7th
	Meghan O’Leary (‘08)^	United States	W2x	6th
	Katrin Reinert (‘11)	Germany	W8+	7th
	Christine Roper (‘11)	Canada	W8+	Silver
	Kerry (Maher) Shaffer (‘07)	Canada	W4-	5th
2013	Susanne Grainger (‘13)	Canada	W8+	Bronze
	Inge Janssen (‘10)	Netherlands	W1x	6th
	Meghan O’Leary (‘08)^	United States	W2x	7th
	Christine Roper (‘11)	Canada	W4-/W8+	Silver/Bronze
	Helen Tompkins (‘10)	United States	LW4x	Bronze
2011	Nicole Dinion (‘08)	United States	LW4x	Bronze
	Katrin Reinert (‘11)	Germany	W8+	8th
	Kerry (Maher) Shaffer (‘07)	Canada	W2x	13th
2010	Victoria Burke (‘10)	United States	LW4x	Silver
2009	Sarah Cowburn (‘13)*	Great Britain	W4x	5th
	Lauren Hutchins (‘10)	Canada	W8+	6th
	Katrin Reinert (‘11)	Germany	W8+	4th
	Lindsay Shoop (‘04)	United States	W8+	Gold
2007	Melanie Kok (‘07)	Canada	LW1x	Bronze
	Lindsay Shoop (‘04)	United States	W8+	Gold
	Marlies Smulders (‘01)	Netherlands	W8+	7th
2006	Melanie Kok (‘07)	Canada	LW4x	6th
	Lindsay Shoop (‘04)	United States	W8+	Gold
2005	Melanie Kok (‘07)	Canada	LW4x	Gold
	Lindsay Shoop (‘04)	United States	W2-/W8+	6th/4th
	Marlies Smulders (‘01)	Netherlands	W2-	11th
2004	Molly Baker (‘03)	United States	W4-	7th
2003	Marlies Smulders (‘01)	Netherlands	W4x	9th
2002	Marlies Smulders (‘01)	Netherlands	W4x	8th
1997	Grace Mowery (‘93)	United States	LW4x	6th
1994	Charlotte Hollings (‘85)	United States	LW4-	Gold
1990	Charlotte Hollings (‘85)	United States	LW4-	7th
1989	Charlotte Hollings (‘85)	United States	LW4-	5th
1985	Charlotte Hollings (‘85)	United States	LW4-	Silver

WORLD UNDER-23 CHAMPIONSHIPS

Year	Name	Country	Event	Finish
2022	Kate Kelly (	United States	BW4+	Bronze
	Leia Till	Canada	BW2-	4th
	Lauren Benedict	United States	BW4x	6th
	Izzie Begley	United States	BWL1x	20th
2019	Sophia Kershner (‘21)	United States	BW8+	Bronze
	Izzi Weiss (‘19)	United States	BW8+	Bronze
	Katy Flynn (‘20)	United States	BW4x	11th
2018	Heidi Long (‘19)	Great Britain	BW2-	Silver
	Isabella Strickler (‘20)	United States	BW4x	6th
	Izzi Weiss (‘19)	United States	BW4+	Gold
	Morgan Rosts (‘18)	Canada	BW8+	Gold
	Ellie Stewart (‘18)	England	BW8+	4th
	Martine van den Boomgaard (‘19)	Neatherlands	BW4x	Silver
2017	Morgan Rosts (‘18)	Canada	BW8+	Gold
	Heidi Long (‘19)	Canada	BW8+	6th
	Ellie Stewart (‘18)	Great Britain	BW8+	6th
2016	Erin Briggs (‘17)	United States	BW4x	Gold
	C. Lucas-Conwell (‘17) (c)	United States	BW8+	Gold
	Georgia Ratcliff (‘17)	United States	BW8+/2x	Gold/4th
	Heidi Long (‘19)	Great Britain	BW8+	Silver
	Hannah Osborne (‘14)	New Zealand	BW8+	7th
2015	Erin Briggs (‘17)	United States	BW4x	4th
	Sam Casto (‘16)	United States	BW4x	4th
	C. Lucas-Conwell (‘17) (c)	United States	BW8+	Gold
	Georgia Ratcliff (‘17)	United States	BW8+	Gold
	Lizzy Youngling (‘15)	United States	BW8+	Gold
	Ali Zwicker (‘17)	Canada	BW4x	11th
2014	Sam Casto (‘16)	United States	BW1x	10th
	Shawna Sims (‘18)	United States	BLW2x	5th
	Lizzy Youngling (‘15)	United States	BW8+	Gold
2013	Kristine O’Brien (‘13)	United States	BW8+	Gold
	Hannah Osborne (‘14)	New Zealand	BW4x	5th
	Fiona Schlesinger (‘14)	Great Britain	BW8+	Silver
	Lizzy Youngling (‘15)	United States	BW2x	7th
2012	Carli Goldberg (‘14)	United States	BW2x	10th
	Susanne Grainger (‘13)	Canada	BW4-	Gold
	Martha Kuzzy (‘12)	United States	BW4x	10th
	Cara Linnenkohl (‘12)	United States	BW2x	10th
	Holly Nixon (‘13)	Ireland	BW2x	7th
	Kristine O’Brien (‘13)	United States	BW8+	Gold
	Christine Roper (‘11)	Canada	BW4-	Gold
2011	Sarah Cowburn (‘13)	Great Britain	BW2x	4th
	Constanze Duell (‘14)*	Germany	BW8+	4th
	Susanne Grainger (‘13)	Canada	BW8+	Gold
	Inge Janssen (‘10)	Netherlands	BW2-	Bronze
	Martha Kuzzy (‘12)	United States	BW4-	5th
	Kristine O’Brien (‘13)	United States	BW4x	7th
	Christine Roper (‘11)	Canada	BW8+	Gold
2010	Desiree Burns (‘10)	United States	BW4x	4th
	Jennifer Cromwell (‘10)	United States	BW8+	Gold
	Constanze Duell (‘14)*	Germany	BW4-	Bronze
	Kathrin Ketterer (‘11)	Germany	BW4-	Bronze
	Summers Nelson (‘08)	United States	BLW4x	5th
	Christine Roper (‘11)	Canada	BW8+	Bronze
	Helen Tompkins (‘10)	United States	BW4x	4th
2009	Victoria Burke (‘10)	United States	BLW4x	Silver
	Desiree Burns (‘10)	United States	BW4x	9th
	Amanda Chase (‘09)	United States	BW4x	9th
	Lauren Hutchins (‘10)	Canada	BW8+	4th
	Summers Nelson (‘08)	United States	BLW4x	Silver
	Helen Tompkins (‘10)	United States	BW1x	8th
2008	Kelsie Chaudoin (‘08)	United States	BW8+	Gold
	Helen Tompkins (‘10)	United States	BW1x	6th
2007	Jennifer Cromwell (‘10)	United States	BW2-	6th
	E. Colman-Shepherd (‘07)	Canada	BW8+	4th
	Lauren Hutchins (‘10)	Canada	BW8+	4th
	Katrin Reinert (‘11)*	Germany	BW8+	Silver
2006	Kerry Maher (‘07)	Canada	BW8+	7th
	Katrin Reinert (‘11)*	Germany	BW2-	Silver
2005	Kerry Maher (‘07)	Canada	BW4-	4th
2001	Jennifer Reck (‘04)	United States	BW4-	Silver
1999	Andrea Saathoff (‘99)	United States	BW4-	Bronze
1998	Andrea Saathoff (‘99)	United States	BW2-	7th
1997	Brook McFadden (‘98)	United States	BW2-	6th
	Andrea Saathoff (‘99)	United States	BW4-	5th
1994	Kristen Reed (‘94)	United States	BW4-	Gold

WORLD UNDER-19 CHAMPIONSHIPS

Year	Name	Country	Event	Finish
2022	Sarah Bradford (‘26)	United States	JW8+	Gold
	Elsa Hartman (‘26)	United States	JW4-	4th
	Cillian Mullen (‘26)	United States	JW4x	4th
	Riley Richardson (‘26)	Canada	JW4-	10th
2013	Joanna Gurman (‘17)	United States	JW2x	13th
	Ali Zwicker (‘17)	Canada	JW4-	8th
2012	Georgia Ratcliff (‘17)*	United States	JW4-	Silver
	Nina Vascotto (‘16)	United States	JW1x	15th
2011	Chandler Lally (‘15)	United States	JW4-	Gold
	Catherine Multari (‘14)	Canada	JW4-	6th
	Holly Nixon (‘13)*	Ireland	JW1x	Silver
	Georgia Ratcliff	United States	JW8+	Bronze
	Hannah Solis-Cohen (‘16)*	United States	JW2x	9th
	Lizzy Youngling (‘15)	United States	JW4x	4th
2010	Hemingway Benton (‘15)*	United States	JW2-	7th
	Carli Goldberg (‘14)	United States	JW8+	Silver
	Chandler Lally (‘15)*	United States	JW4-	Silver
	Hannah Solis-Cohen (‘16)*	United States	JW4x	6th
	Lizzy Youngling (‘15)*	United States	JW2-	7th
2009	Brandy Herald (‘14)*	United States	JW8+	Gold
	Kathrin Ketterer (‘10)	Germany	JW4-	4th
	Chandler Lally (‘15)*	United States	JW4-	6th
	Elle Murray (‘14)*	United States	JW8+	Gold
	Betsy Nilan (‘13)	United States	JW4-	6th
	Kristine O’Brien (‘13)	United States	JW2-	6th
2008	Brandy Herald (‘14)*	United States	JW8+	Gold
	Martha Kuzzy (‘12)	United States	JW8+	Gold
	Cara Linnenkohl (‘12)	United States	JW1x	Silver
	Betsy Nilan (‘13)*	United States	JW4-	6th
2007	Claudia Blandford (‘11)	Canada	JW2x	19th
	Sarah Cowburn (‘13)*	Great Britain	JW1x	4th
	Martha Kuzzy (‘12)*	United States	JW4-	8th
	Cara Linnenkohl (‘12)*	United States	JW2-	6th
	Fiona Schlesinger (‘14)*	Great Britain	JW4-	6th
2006	Desiree Burns (‘10)*	United States	JW8+	Silver
	Jennifer Cromwell (‘10)*	United States	JW8+	Silver
	Lauren Hutchins (‘10)*	Canada	JW2x	6th
	Katrin Reinert (‘11)*	Germany	JW2-	Gold
2005	Desiree Burns (‘10)*	United States	JW2-	5th
	Jennifer Cromwell (‘10)*	United States	JW8+	4th
	Katrin Reinert (‘11)*	Germany	JW2-	Silver
2004	Desiree Burns (‘10)*	United States	JW4-	4th
2000	Marlies Smulders (‘01)*	Netherlands	JW4x	4th
1999	Jennifer Reck (‘04)*	United States	JW4-/8+	4th/Silver
	Marlies Smulders (‘01)*	Netherlands	JW2x	10th

INTERNATIONAL COMPETITION

WORLD ROWING CUP SERIES

Year	Name	Country	Event	Finish
2022 III	Heidi Long (‘19)	Great Britain	W4-	Gold
	Morgan Rosts (‘18)	Canada	W8+	Silver
	Leia Till (‘23)	Canada	W2-	6th
2019 III	Susanne Grainger (‘13)	Canada	W8+	Bronze
	Christine Roper (‘11)	Canada	W8+	Bronze
	Inge Janssen (‘10)	Netherlands	W4x	5th
	Meghan O’Leary (‘08)^	United States	W2x	6th
	Morgan Rosts (‘18)	Canada	W4-	12th
2019 II	Kristine O’Brien	United States	W8+	Silver
	Susanne Grainger (‘13)	Canada	W8+	Bronze
	Meghan O’Leary (‘08)^	United States	W2x	4th
	Hannah Osborne (‘14)	New Zealand	W4-	9th
	Christine Roper (‘11)	Canada	W4-	12th
2019 I	Kristine O’Brien	United State	W4-	Silver
2018 II	Hannah Osborne (‘14)	New Zealand	W1x	8th
2018 III	Christine Roper (‘11)	Canada	W8+	Silver
	Susanne Grainger (‘13)	Canada	W8+	Silver
	Kristine O’Brien (‘13)	United States	W2-/W8+	Bronze/Bronze
	Meghan O’Leary (‘08)^	United States	W2x	Bronze
	Erin Briggs (‘17)	United States	W4	4th
	Hannah Osborne (‘14)	New Zealand	W1x	10th
2017 II	Kristine O’Brien	United States	W8+	Bronze
	Hannah Osborne	New Zealand	W1x	5th
	Meghan O’Leary (‘08)^	United States	W1x	7th
2015 III	Susanne Grainger (‘13)	Canada	W8+	Gold
	Inge Janssen (‘10)	Netherlands	W4x	Bronze
	Katrin Reinert (‘11)	Germany	W8+	7th
	Christine Roper (‘11)	Canada	W8+	Gold
2015 II	Constanze Duell (‘14)	Germany	W4-	Bronze
	Susanne Grainger (‘13)	Canada	W8+	Silver
	Meghan O’Leary (‘08)^	United States	W2x	Silver
	Katrin Reinert (‘11)	Germany	W8+	7th
	Christine Roper (‘11)	Canada	W8+	Silver
	Kerry (Maher) Shaffer (‘07)	Canada	W2x	12th
2015 I	Inge Janssen (‘10)	Netherlands	W4x	Bronze
2014 III	Constanze Duell (‘14)	Germany	W4-	4th
	Susanne Grainger (‘13)	Canada	W8+	Gold
	Inge Janssen (‘10)	Netherlands	W1x	14th
	Meghan O’Leary (‘08)^	United States	W2x	5th
	Katrin Reinert (‘11)	Germany	W8+	4th
	Christine Roper (‘11)	Canada	W8+	Gold
2014 II	Susanne Grainger (‘13)	Canada	W8+/W2-	Silver/8th
	Christine Roper (‘11)	Canada	W8+/W4-	Silver/Silver
	Meghan O’Leary (‘08)^	United States	W2x	Silver
	Inge Janssen (‘10)	Netherlands	W2x	4th
	Katrin Reinert (‘11)	Germany	W8+	5th
2014 I	Susanne Grainger (‘13)	Canada	W2-	Bronze
	Christine Roper (‘11)	Canada	W2-	4th
2013 III	Sarah Cowburn (‘13)	Great Britain	W8+	4th
	Susanne Grainger (‘13)	Canada	W8+	Bronze
	Inge Janssen (‘10)	Netherlands	W1x	7th
	Meghan O’Leary (‘08)^	United States	W2x	Bronze
	Christine Roper (‘11)	Canada	W4-/W8+	Gold/Bronze
	Kerry (Maher) Shaffer (‘07)	Canada	W2x	8th
2013 II	Sarah Cowburn (‘13)	Great Britain	W4x	4th
2013 I	Christine Roper (‘11)	Canada	W2-/W8+	6th/Bronze
	Kerry (Maher) Shaffer (‘07)	Canada	W4x/W8+	5th/Bronze
2012 III	Inge Janssen (‘10)	Netherlands	W2x	8th
2012 I	Inge Janssen (‘10)	Netherlands	W2x	6th
	Lindsay Shoop (‘04)	United States	W2-/W8+	4th/Silver
2011 III	Katrin Reinert (‘11)	Germany	W8+	6th
2011 II	Katrin Reinert (‘11)	Germany	W8+	Gold

WORLD ROWING CUP SERIES

Year	Name	Country	Event	Finish
2011 I	Katrin Reinert (‘11)*	Germany	W8+	4th
2010 III	Katrin Reinert (‘11)	Germany	W8+	6th
2010 II	Katrin Reinert (‘11)	Germany	W8+/W2-	Bronze/17th
2009 III	Sarah Cowburn (‘13)*	Great Britain	W4x	5th
2009 II	Sarah Cowburn	Great Britain	W4x	Silver
	Katrin Reinert (‘11)	Germany	W2-	4th
2008 III	Melanie Kok (‘07)	Canada	LW2x	Gold
	Katrin Reinert (‘11)*	Germany	W2-/W4-	5th/Gold
2008 II	Melanie Kok (‘07)	Canada	LW2x	Bronze
	Katrin Reinert (‘11)*	Germany	W2-	11th
	Lindsay Shoop (‘04)	United States	W8+	Gold
	Marlies Smulders (‘01)	Netherlands	W8+	4th
2008 I	Katrin Reinert (‘11)*	Germany	W2-/W8+	13th/9th
	Marlies Smulders (‘01)	Netherlands	W8+	4th
2007 III	Lindsay Shoop (‘04)	United States	W8+	Gold
	Marlies Smulders (‘01)	Netherlands	W8+	Bronze
2007 II	Marlies Smulders (‘01)	Netherlands	W8+	Gold
2007 I	Katrin Reinert (‘11)*	Germany	W8+	8th
	Lindsay Shoop (‘04)	United States	W2-	7th
	Marlies Smulders (‘01)	Netherlands	W8+	Bronze
2006 III	Lindsay Shoop (‘04)	United States	W8+	Silver
	Marlies Smulders (‘01)	Netherlands	W8+	6th
2006 I	Lindsay Shoop (‘04)	United States	W2-	11th
	Marlies Smulders (‘01)	Netherlands	W8+	4th
2005 III	Melanie Kok (‘07)	Canada	LW2x	8th
	Marlies Smulders (‘01)	Netherlands	W8+	Silver
2005 II	Lindsay Shoop (‘04)	United States	W8+	Bronze
2005 I	Marlies Smulders (‘01)	Netherlands	W2x	11th
2004 III	Marlies Smulders (‘01)	Netherlands	W8+	Silver
2004 II	Marlies Smulders (‘01)	Netherlands	W4x	6th
2004 I	Marlies Smulders (‘01)	Netherlands	W4x	4th
2003 III	Marlies Smulders (‘01)	Netherlands	W4x	5th
2003 I	Marlies Smulders (‘01)	Netherlands	W2x	15th
2002 III	Marlies Smulders (‘01)	Netherlands	W4x	4th
2002 II	Marlies Smulders (‘01)	Netherlands	W4x	7th
2002 I	Marlies Smulders (‘01)	Netherlands	W4x	4th

* denotes before signing with UVA

^ - denotes UVa volleyball and softball player

VIRGINIA ALL-TIME AT THE ACC CHAMPIONSHIPS

Year	Champion	Runner-up	Tournament Site	UVA Team Finish	ACC Champions	Crew of the Year
2022	Virginia	Syracuse	Lake Hartwell, S.C.	1st	V8, 2V8, 3V8, V4	V8
2021	Virginia	Duke	Lake Hartwell, S.C.	1st	all five boats	V8
2019	Virginia	Duke	Lake Hartwell, S.C.	1st	V8, 2V8, 3V8, 2V8	V8
2018	Virginia	Syracuse	Lake Hartwell, S.C.	1st	all five boats	V4
2017	Virginia	Syracuse	Lake Hartwell, S.C.	1st	V8, 3V8, V4, 2V4	
2016	Virginia	Duke	Lake Hartwell, S.C.	1st	all five boats	V8
2015***	Virginia	Notre Dame	Lake Hartwell, S.C.	1st	all five boats	V8
2014**	Virginia	Notre Dame	Lake Hartwell, S.C.	1st	all four boats	V8
2013	Virginia	Clemson	Lake Hartwell, S.C.	1st	all four boats	V8
2012	Virginia	Clemson	Lake Hartwell, S.C.	1st	V8, 2V8, N8	V8
2011	Virginia	Clemson	Lake Hartwell, S.C.	1st	all four boats	
2010	Virginia	Clemson	Lake Hartwell, S.C.	1st	all four boats	V8
2009	Clemson	Virginia	Oak Ridge, Tenn.	2nd	2V8, N8	
2008	Virginia	Clemson	Lake Hartwell, S.C.	1st	V8, 2V8, V4	V8
2007	Virginia	Clemson	Lake Hartwell, S.C.	1st	all four boats	V8
2006	Virginia	Duke	Lake Hartwell, S.C.	1st	all four boats	2V8
2005	Virginia	Clemson	Lake Hartwell, S.C.	1st	V8, 2V8, V4	2V8
2004	Virginia	Duke	Lake Hartwell, S.C.	1st	all four boats	V8
2003	Virginia	Duke	Lake Monticello, Va.	1st	all four boats	V8
2002*	Virginia	Duke	Lake Hartwell, S.C.	1st	all four boats	V8
2001	Virginia	Clemson	Lake Hartwell, S.C.	1st	2V4, 2V8, V8	
2000	Virginia	Clemson	Lake Monticello, Va.	1st	all four boats	2V8

**Novice Eight replaces 2nd Varsity Four as 4th scoring event; **Third Varsity Eigfht replaces Novice Eight as 4th scoring event; ***Second Varsity Four added as 5th scoring event*

ACC CREW OF THE YEAR

2022 Varsity Eight
ViVi Van Ingen (coxswain)
Kate Kelly
Leia Till
Lauren Benedict
Sonja Schlosser
Nicola Lawless
Alli Terblanche
Kelsey Gems
Eva Frohnhofer

2021 Varsity Eight
Colette Glass (coxswain)
Sonja Schlosser
Abbie Bird
Leia Till
Sophia Kershner
Katy Flynn
Cate Porter
Alli Terblanche
Kate Kelly

2019 Varsity Eight
Izzi Weiss (coxswain)
Reilly White
Heidi Long
Anna Fairs
Emily Ashton
Jamey Bulloch
Sophia Kershner
Lizzie Trull
Carrie Warner

2018 Varsity Four
Maria Zeris (coxswain)
Lizzie Trull
Star Davidson
Toni Wiersma
Mary Beth Greer

2016 Varsity Eight
Colette Lucas-Conwell (coxswain)
Tessa Dikkers
Georgia Ratcliff
Eliza Spilsbury
Heidi Long
Erin Briggs
Jennifer Reid
Alice Darry
Sam Casto

2015 Varsity Eight
Colette Lucas-Conwell (coxswain)
Mackenzi Sherman
Erin Briggs
Eliza Spilsbury
Georgia Ratcliff
Hemingway Benton
Lizzy Youngling
Sam Casto,
Tessa Dikkers

2014 Varsity Eight
Sarah Jordan (coxswain)
Constanze Duell
Chandler Lally
Georgia Ratcliff
Brandy Herald,
Fiona Schlesinger
Lizzy Youngling
Hemingway Benton
Elle Murray

2013 Varsity Eight
Sarah Jordan (coxswain)
Constanze Duell
Chandler Lally
Kristine O'Brien
Sarah Cowburn
Fiona Schlesinger
Susanne Grainger
Elle Murray
Lizzy Youngling

2012 Varsity Eight
Sidney Thorsten (coxswain),
Keziah Beall, Martha Kuzzy,
Kristine O'Brien, Sarah Cowburn,
Fiona Schlesinger, Susanne
Grainger, Hemington Benton,
Carli Goldberg

2010 Varsity Eight
Sidney Thorsten (coxswain)
Jennifer Cromwell
Katrin Reinert
Desiree Burns
Kristine O'Brien
Martha Kuzzy
Helen Tompkins
Nora Phillips
Summers Nelson

2008 Varsity Eight
Caitlin Mixter (coxswain)
Jennifer Cromwell
Rebecca Ryall
Lauren Hutchins
Kelsie Chaudoin
Desiree Burns
Augusta Stratos
Bridget Wandelt
Katrin Sydlik

2007 Varsity Eight
Caitlin Mixter (coxswain)
Jennifer Cromwell
Melanie Kok
Libby McCann
Emelia Colman-Shepherd
Lauren Hutchins
Kelsie Chaudoin
Sara Lippa
Anna Samaha

2006 Second Varsity Eight
Michelle Ellison (coxswain)
Mindy Fiesler
Mieke Pitts
Katrin Sydlik
Andria Haneman
Kelsie Chaudoin
Sara Lippa
Anna Samaha
Crystal MacLeod

2005 Second Varsity Eight
Katie Hilton (coxswain)
Beth Clark
Crystal MacLeod
Libby McCann
Kimberly Southern
Heather Gardner
Sara Lippa
Mary Dobmeier
Chrissie Monaghan

2004 Varsity Eight
Betty Shumaker (coxswain)
Jennifer Reck
Lindsay Shoop
Beth Clark
Kathryn Waller
Margaret Matia
Sara Lippa
Genevieve Cauchon-Voyer
Melanie Kok

2003 Varsity Eight
Carolyn McMillan (coxswain)
Betty Shumaker
Julie McQueen
Jennifer Reck
Lindsay Shoop
Molly Baker
Claudia Durkin
Beth Clark
Genevieve Cauchon-Voyer

2002 Varsity Eight
Lauren Richards (coxswain)
Madeline Engel
Kelley Dougherty
Lauren Mitterer
Molly Baker
Carolyn McMillan
Meg Van Dam
Jennifer Reck
Amanda Kennedy

2000 Second Varsity Eight
Anne Jensen (coxswain)
Marina Traub
Jen Herberger
Jenny Sherman
Lauren Brown
Claudia Durkin
Lynette Sobehart
Risa Mandzuk
Sara Dondero

ACC HONORS

ACC COACH OF THE YEAR

Coach	Year
Kevin Sauer	2022
Kevin Sauer	2021
Kevin Sauer	2018
Kevin Sauer	2015
Kevin Sauer	2014
Kevin Sauer	2013
Kevin Sauer	2012
Kevin Sauer	2011
Kevin Sauer	2010
Kevin Sauer	2008
Kevin Sauer	2007
Kevin Sauer	2004
Kevin Sauer	2003
Kevin Sauer	2000

ACC FRESHMAN OF THE YEAR

(began in 2007)

Name	Year
Heidi Long	2016
Georgia Ratcliff	2014
Kristine O'Brien	2010
Martha Kuzzy	2009
Jennifer Cromwell	2007

ALL-ACC FIRST TEAM

Name	Year
Sonja Schlosser	2022
Nicola Lawless	2022
Alli Terblanche	2022
Vivi Van Ingen	2022
Colette Glass	2021
Sophia Kershner	2021
Grace Comerford	2021
Katy Flynn	2021
Anna Fairs	2019
Heidi Long	2019
Sophie Pennoyer	2019
Izzi Weiss	2019
Izzi Weiss	2018
Heidi Long	2018
Jane Hudson	2018
Ellie Stewart	2018
Colette Lucas-Conwell	2017
Erin Briggs	2017
Georgia Ratcliff	2017
Ellen Pate	2017
Sam Casto	2016
Colette Lucas-Conwell	2016
Tessa Dikkers	2016
Jennifer Reid	2016
Hemingway Benton	2015
Hayley LaFleche	2015
Chandler Lally	2015
Lizzy Youngling	2015
Brandy Herald	2014
Sarah Jordan	2014
Elle Murray	2014
Fiona Schlesinger	2014
Sarah Cowburn	2013
Susanne Grainger	2013
Sarah Jordan	2013
Kristine O'Brien	2013
Fiona Schlesinger	2013
Sarah Cowburn	2012
Keziah Beall	2012
Martha Kuzzy	2012
Kristine O'Brien	2012
Sidney Thorsten	2012
Claudia Blandford	2011
Christine Roper	2011
Martha Kuzzy	2011
Kristine O'Brien	2011
Sidney Thorsten	2011
Jennifer Cromwell	2010
Desiree Burns	2010
Nora Phillips	2010
Helen Tompkins	2010
Sidney Thorsten	2010
Amanda Chase	2009
Bridget Fowler	2009
Augusta Stratos	2009
Kelsie Chaudoin	2008
Caitlin Mixter	2008
Augusta Stratos	2008
Katrin Sydlik	2008
Bridget Wandelt	2008
Melanie Kok	2007
Sara Lippa	2007
Libby McCann	2007
Caitlin Mixter	2007
Anna Samaha	2007
Melanie Kok	2006
Sara Lippa	2006
Crystal MacLeod	2006
Kerry Maher	2006
Caitlin Mixter	2006
Beth Clark	2005
Launa Forehand	2005
Margaret Matia	2005
Carolyn McMillan	2005
Genevieve Cauchon-Voyer	2004
Jen Reck	2004
Lindsay Shoop	2004
Betty Shumaker	2004
Molly Baker	2003
Julie McQueen	2003
Jen Reck	2003
Betty Shumaker	2003
Madeline Engel	2002
Lauren Mitterer	2002
Lauren Richards	2002
Meg Van Dam	2002
Sarah Brennan	2001
Madeline Engel	2001
Jennifer Herberger	2001
Margot Noordzij	2001
Sarah Brennan	2000
Emily Egge	2000
Chris Hillson	2000
Barb Sheehan	2000

ALL-ACC SECOND TEAM

Name	Year
Leia Till	2022
Tessa Otting	2021
Mackenzie King	2019
Morgan Rosts	2018
Allie Nicholson	2017
Mackenzi Sherman	2016
Maggie Bowman-Jones	2015
Constanze Duell	2014

CAPTIAL ONE/COSIDA ACADEMIC ALL-AMERICA FIRST TEAM

Name	Year
Hemingway Benton	2015
Sarah Cowburn	2013
Sarah Borchelt	2013

CAPTIAL ONE/COSIDA ACADEMIC ALL-DISTRICT FIRST TEAM

Name	Year
Sarah Cowburn	2013
Sarah Borchelt	2012

ACC ROWING SCHOLAR-ATHLETE OF THE YEAR

Name	Year
Nicola Lawless	2022
Sophia Kershner	2021
Heidi Long	2019
Georgia Ratcliff	2017
Tessa Dikkers	2016
Sarah Cowburn	2013
Sarah Borchelt	2012
Sarah Borchelt	2011
Jennifer Cromwell	2010
Kelsie Chaudoin	2008

JETTIE HILL MEMORIAL AWARD

Athletics Dept. award for the senior female student-athlete with the highest scholastic average through her four years at Virginia

Name	Year
2004	Jennifer Reck
1999	Charlotte Quesada
1996	Shawn Carey

ACC 50TH ANNIVERSARY TEAM

(Former Cavalier rowers dominated the ACC's 50th Anniversary Women's Rowing Team, selected in August of 2002. Seventeen University of Virginia rowers were selected to the 26-member team.

Name	Year
Sarah Brennan	1999-2002
Amy Burns	1995-1998
Emily Egge	1997-2000
Sara Garrett	1997-2000
Michelle Giller	1997-2000
Sarah Harrick	1996-1999
Jennifer Herberger	1998-2001
Christina Hillson	1997-2000
Risa Mandzuk	2000-2002
Ang McCallum	1996-1999
Brooke McFadden	1996-1998
Kara McPhillips	1998-1999
Margot Noordzij	1998-2001
Ellen Perry	1996-1999
Charlotte Quesada	1996-1999
Jennifer Reck	2001-2004
Andrea Saathoff	1996-1999

ALL-ACC ACADEMIC

(began in 2006)

2021-22
Tahne Badenhorst
Lauren Benedict
Cameron Bentley
Lily Bernero
Janet Conklin
Helene Dimitrijev
Eva Frohnhofer
Kate Kelly
Nicola Lawless
Grace Lebo
Addison Luce
Kate McGee
Ailbhe O'Grady
Lauren Orr
Sonja Schlosser
Zoe Tekeian
Leia Till
ViVi Van Ingen

2020-21
Abbie Bird
Grace Comerford
Janet Conklin
Katy Flynn
Colette Glass
Lily Jarrett
Kate Kelly
Sophia Kershner
Nicola Lawless
Cate Porter
Sonja Schlosser
Maggie Taylor
Leia Till
Carrie Warner

2018-19
Jamey Bulloch
Anna Fairs
Colette Glass
Gabby Grob
Sophia Kershner
Mackenzie King
Nicola Lawless
Heidi Long
Sophie Pennoyer
Lizzie Trull

2017-18
Adi Hendlin
Jane Hudson
Heidi Long
Sophie Pennoyer
Morgan Rosts
Lizzie Trull
Izzi Weiss
Ali Zwicker

2016-17
Erin Briggs
Jane Hudson
Georgia Ratcliff
Allie Nicholson
Ellen Pate
Grace Tuttle

2015-16
Alice Darry
Jo Gurman
Tessa Dikkers
Georgia Ratcliff
Heidi Long
Jennifer Reid
Mackenzi Sherman

2014-15
Tessa Dikkers
Jo Gurman
Hayley LaFleche
Ellen Pate
Georgia Ratcliff
Julia Roithmayr

2013-14
Constanze Duell
Brandy Herald
Kaity McCullough
Sarah McGovern
Catherine Multari
Elle Murray
Georgia Ratcliff

2012-13
Sarah Cowburn
Constanze Duell
Molly Frear
Susanne Grainger
Chandler Lally
Sarah McGovern
Catherine Multari

2011-12
Sarah Borchelt
Sarah Cowburn
Martha Kuzzy
Chandler Lally
Hunter Terry

2010-11
Sarah Borchelt
Claudia Blandford
Molly Frear
Martha Kuzzy
Taylor Levine

2009-10
Jennifer Cromwell
Sarah Borchelt
Victoria Burke
Inge Janssen
Summers Nelson
Nora Phillips
Sarah Pichardo
Katrin Reinert

2008-09
Victoria Burke
Claudia Blandford
Summers Nelson
Nora Phllips

2007-08
Kelsie Chaudoin
Annie Bohlen
Schafer Bomstein
Allison Brennan
Mary Eddy
Diane Leigh
Caitlin Mixter
Bridget Wandelt

2006-07
Kelsie Chaudoin
Mary Eddy
Michelle Ellison
Mindy Fiesler
Melanie Kok
Sara Lippa
Libby McCann
Caitlin Mixter
Chrissie Monaghan
Anna Samaha

2021-22
Brooke Alexander
Tahne Badenhorst
Lindsay Barkett
Hailey Barnett
Lauren Benedict
Cameron Bentley
Lily Bernero
Faye Berry
Abbie Bird
Emma Bradish
Caroline Brinkman
Larkin Brown
Brooke Carmody
Ximena Chico
Janet Conklin
Parker Cuthbertson
Helene Dimitrijev
Sydney Fratamico
Eva Frohnhofer
Kelsey Gems
Nora Grabcheski
Jenna Hajji
Beatrice Jones
Kate Kelly
Liv Kimche
Paige Lane
Nicola Lawless
Grace Lebo
Chloe Lee
Paige Loh
Addison Luce
Kate McGee
Aileen Murray
Ailbhe O'Grady
Lauren Orr
Charlotte Quinn
Casey Reed
Sonja Schlosser
Olivia Sheridan
Carter Shields
Bianka Smeulders
Katie Stephens
Nel Straub
Zoe Tekeian
Alli Terblanche
Leia Till
Alexandra Van Dijkum
ViVi Van Ingen
Camille Williams
Alexa Zavattaro

2020-21
Emily Ashton
Tahne Badenhorst
Lindsay Barkett
Hailey Barnett
Lauren Benedict
Cameron Bentley
Lily Bernero
Abbie Bird
Emma Bradish
Jamey Bulloch
Brooke Carmody
Grace Comerford
Emily Condlin
Janet Conklin
Star Davidson
Caity Driver
Colette Glass
Nora Grabcheski
Gabby Grob
Lily Jarrett
Kate Kelly
Sophia Kershner
Elizabeth Kilgore
Liv Kimche
Zoe Klenke
Nicola Lawless
Grace Lebo
Alibhe O'Grady
Lauren Orr
Amelia Parizek
Shannon Pickrell
Cate Porter
Charlotte Quinn
Casey Reed
Brooke Rickert
Olivia Sheridan
Carter Shields
Bianka Smeulders
Katie Stephens
Nel Straub
Maggie Taylor
Zoe Tekeian
Reagan Thomas
Leia Till
Alexandra van Dijkum
ViVi Van Ingen
Carrie Warner

2019-20
Brooke Alexander
Emily Ashton
Tahne Badenhorst
Lindsay Barkett
Hailey Barnett
Abbie Bird
Katherine Blaugrund
Larkin Brown
Jamey Bulloch
Kayla Cheney
Sara Cliborne
Grace Comerford
Emily Condlin
Janet Conklin
Parker Cuthbertson
Star Davidson
Katy Flynn
Eva Frohnhofer
Frankie Garner
Colette Glass
Eva Gobourne
Gabby Grob
Kate Hastings
Sophia Kershner
Elizabeth Kilgore
Livia Kimche
Nicola Lawless
Theresa Matthews
Sam Mazza
Lauren Orr
Tessa Otting
Amelia Parizek
Shannon Pickrell
Charlotte Quinn
Brooke Rickert
Isabel Rundle
Carter Shields
Bianka Smeulders
Katie Stephens
Maggie Taylor
Reagan Thomas
Karoline Thurman
Leia Till
Julia Trull
Lizzie Trull
Alexandra van Dijkum
ViVi Van Ingen
Carrie Warner
Hannah Watson
Reilly White
To Wiersma
Camille Williams

2018-19
Lindsay Barkett
Christina Berchtold
Abbie Bird
Jamey Bulloch
Serena Chmelar
Grace Comerford
Emily Condlin
Star Davidson
Anna Fairs
Shiann Gardner
Colette Glass
Eva Gobourne
Georgia Gray
Gabby Grob
Kate Hastings
Astrid Henkle
Rose Kelly
Sophia Kershner
Liv Kimche
Mackenzie King
Nicola Lawless
Heidi Long
Casey Martin
Josephine Oakley
Tessa Otting
Amelia Parizek
Sophie Pennoyer
Charlotte Quinn
Brooke Rickert
Isabel Rundle
Olivia Schulz
Molly Shields
Alex Slabbert
Katrina Strash
Isabella Strickler
Maggie Taylor
Lizzie Trull
Carrie Warner
Hannah Watson
Izzi Weiss
Reilly White,
To Wiersma
Maggie Wittpenn

2017-2018
Grace Brown
Jamey Bulloch
Alexa Cestaro
Grace Comerford
Alice Darry
Rachel Dick
Erin Dubas
Anna Fairs
Colette Glass
Eva Gobourne
Mary Beth Greer
Gabby Grob
Kate Hastings
Adi Hendlin
Jane Hudson
Mackenzie King
Gaby Kulesz
Heidi Long
Phebe Martin
Isabel Ott
Tessa Otting
Sophie Pennoyer
Reagan Redman
Morgan Rosts
Alex Slabbert
Mackenzie Springer
Ellie Stewart
Katrina Strash
Isabella Strickler
Haley Swanson
Kathy Tao
Maggie Taylor
Lizzie Trull
Carrie Warner
Hannah Watson
Izzi Weiss
Reilly White
Toni Wiersma
Maria Zeris
Ali Zwicker

2016-17
Marijane Brennan
Erin Briggs
Kameryn Corcoran
Alice Darry
Rachel Dick
Diana Felix
Eva Gobourne
Melody Gordon
Mary Beth Greer
Jo Gurman
Adi Hendlin
Jane Hudson
Mackenzie King
Gaby Kulesz
Taylor Leonard
Heidi Long
Colette Lucas-Conwell
Dana Lueker
Lyndsay Martini
Allie Nicholson
Ellen Pate
Marissa Patrick
Carolina Ratcliff
Georgia Ratcliff
Reagan Redman
Morgan Rosts
Karen Schulte
Emma Sharon
Molly Shields
Mackenzie Springer
Isabella Strickler
Haley Swanson
Lizzie Trull
Grace Tuttle
Hannah Watson
Izzi Weiss
Toni Wiersma
Ali Zwicker

2015-16
Chelsea Adams
Sam Casto
Madelyn Clar
Kameryn Corcoran
Alice Darry
Rachel Dick
Tessa Dikkers
Jo Gurman
Adi Hendlin
Jane Hudson
Mackenzie King
Heidi Long
Colette Lucas-Conwell
Dana Lueker
Laurie Ellen Moore
Kendall Mueller
Allie Nicholson
Ellen Pate
Marissa Patrick
Georgia Ratcliff
Jennifer Reid
Karen Schulte
Mackenzi Sherman
Molly Shields
Hannah Solis-Cohen
Mackenzie Springer
Ellie Stewart
Haley Swanson
Grace Tuttle
Izzi Weiss
Ali Zwicker

2014-15
Chelsea Adams
Anastasia Asher
Ellie Biddle
Maggie Bowman-Jones
Marijane Brennan
Erin Briggs
Caroline Burke
Madelyn Clarke
Kathryn Cook
Kameryn Corcoran
Rachel Dick
Tessa Dikkers
Alysse Dowdy
Colby Fagan
Anna Fairs
Kaitlin Fanikos
Jo Gurman
Adi Hendlin
Jane Hudson
Kelsey Hunt
Sarah Ianni
Lexie Katz
Maddie Keating
Hayley LaFleche
Chandler Lally
Taylor Leonard
Carly Levinstein
Paula Lewis
Dana Lueker
Meagan Martin
Elsa McLean
Andie McPartland
Ashley Mehra
Kendall Mueller
Allie Nicholson
Ellen Pate
Marissa Patrick
Georgia Ratcliff
Jennifer Reid
Julia Roithmayr
Danielle Roques
Morgan Rosts
Karen Schulte
Shawna Sims
Hannah Solis-Cohen
Mackenzie Springer
Ellie Stewart
Haley Swanson
Chloe Sykes
Grace Tuttle
Alexandra Williams
Lizzy Youngling

2013-14
Chelsea Adams
Anastasia Asher
Christine Bauk
Caroline Burke
Madelyn Clark
Kathryn Cook
Kameryn Corcoran
Claire Cundiff
Tessa Dikkers
Allie Donini
Alysse Dowdy
Constanze Duell
Jo Gurman
Ashley Hendrickson
Brandy Herald
Dani Hester
Alissa Hornung
Kelsey Hunt
Sarah Ianni
Sarah Jordan
Lexi Katz
Hannah Kessenich
Hayley LaFleche
Chandler Lally
Paula Lewis
Dana Leuker
Dylan Macdonald
Kaity McCullough
Sarah McGovern
Andie McPartland
Catherine Multari
Elle Murray
Allie Nicholson
Ellen Pate
Emily Pik
Grace Plachy
Georgia Ratcliff
Allison Robertson
Julia Roithmayr
Danielle Roques
Jamie Schug
Karen Schulte
Hannah Solis-Cohen
Chloe Sykes
Paige Terry
Ella van der Haar
Ali Zwicker

2012-13
Chelsea Adams
Charlotte Blais
Brooke Bochonok
Caroline Burke
Kathryn Cook
Sarah Cowburn
Claire Cundiff
Tessa Dikkers
Allie Donini
Constanze Duell
Kaitlin Fanikos
Molly Frear
Grace Glover
Susanne Grainger
Ashley Hendrickson
Brandy Herald
Alissa Hornung
Sarah Ianni
Anna Kobayashi

ACC HONOR ROLL

Chandler Lally
Taylor Levine
Paula Lewis
Kaity McCullough
Sarah McGovern
Andie McPartland
Kate Meredith
Catherine Multari
Elle Murray
Kristine O'Brien
Meghan O'Melia
Emily Pik
Ann Reid
Devin Rothwell
Molly Siebers
Chloe Sykes
Brittany Wengel

2011-12
Isabella Artiles Gonzalez
Kensie Blodgett
Sarah Borchelt
Maggie Bowman-Jones
Cristine Candland
Sarah Cowburn
Kaitlin Fanikos
Molly Frear
Carolyn Glandorf
Susanne Grainger
Ashley Hendrickson
Camille Hochheimer
Morgan Jospeh
Maddie Keating
Anna Kobayashi
Martha Kuzzy
Haley LaFleche
Chandler Lally
Taylor Levine
Cara Linnenkohl
Kaity McCullough
Andi McPartland
Erin Metcalf
Catherine Multari
Marelle Myers
Ann Reid
Julia Roithmayr
Sarah Shanfield
Jenny Shultis
Hannah Silver
Chelsea Simpson
Lindley Smith
Katherine Stewart
Hunter Terry
Julia Truelove
Liza Tullis
Brittany Wengel

2010-11
Isabella Artiles Gonzalez
Lauren Baker
Colleen Bauk
Claudia Blandford
Sarah Borchelt
Katie Brown
Molly Frear
Brandy Herald
Camille Hochheimer
Morgan Joseph
Miriam Kaplan
Martha Kuzzy
Taylor Levine
Cara Linnenkohl
Allison Mayberry
Kaity McCullough
Eslpeth Missel
Marelle Myers
Emily Pik
Ann Reid
Sarah Shanfield
Jenny Shultis
Hannah Silver
Katherine Stewart
Hunter Terry
Paige Terry
Liza Tullis
Katie Walker
Brittany Wengel

2009-10
Blair Anstaett
Colleen Bauk
Claudia Blandford
Sarah Borchelt
Desiree Burns
Cristine Candland
Shalane Carlson
Jennifer Cromwell
Molly Frear
Erin Friedlander
Reva Geier
Erin Hawes
Caroline Hecht
Megan Hooley
Inge Janssen
Hannah Jenkins
Morgan Joseph
Miriam Kaplan
Martha Kuzzy,
Jennifer Lampen
Taylor Levine
Marie Long
Erin Metcalf
Elspeth Missel
Marelle Myers
Summers Nelson
Nora Phillips
Sarah Pichardo
Ann Reid
Katrin Reinert
Sarah Shanfield
Jenny Shultis
Hannah Silver
Katherine Stewart
Sandy Suhling
Caroline Sweeny
Hunter Terry
Jennifer Tomlinson
Helen Tompkins
Liza Tullis
Elizabeth Webb

2008-09
Lauren Becker
Claudia Blandford
Sarah Borchelt
Victoria Burke
Amanda Chase
Jennifer Cromwell
Asia Echard
Felicity Fisk
Taylor Gilmore
Lauren Heimburg
Hannah Jenkins
Miriam Kaplan
Jenn Lampen
Marie Long
Elspeth Missel
Marelle Myers
Summers Nelson
Nora Phillips
Sarah Pichardo
Sarah Shanfield
Jenny Shultis
Hannah Silver
Katherine Stewart
Jessica Streufert
Helen Tompkins
Ana Tucker
Liza Tullis
Krista Warner
Elizabeth Webb

2007-08
Colleen Bauk
Colleen Beichert
Claudia Blandford
Annie Bohlen
Schafter Bomstein
Natalie Booth
Allison Brennan
Victoria Burke
Cristine Candland
Amanda Chase
Kelsie Chaudoin
Nicole Dinion
Mary Eddy
Adrienne Egge
Emily Farrior
Mindy Fiesler
Taylor Gilmore
Megan Haughs
Lauren Heimburg
Hannah Jenkins
Caitlin Johnson
Laura Laessig
Jennifer Lampen
Diane Leigh
Caitlin Mixter
Brittany Moore
Summers Nelson
Haley Pack
Nora Phillips
Sarah Pichardo
Rebecca Ryall
Alyssa Smith
Jessica Streufert
Caroline Sweeny
Edidiong Umoh
Bridget Wandelt
Krista Warner

2006-07
Sarah Blair
Schafer Bomstein
Allison Brennan
Gillian Burton
Kelsie Chaudoin
Michelle Ellison
Yvonne Epp
Vanessa Furman
Taylor Gilmore
Sarah Goss
Kirsten Graslie
Sarah Kennelley
Melanie Kok
Diane Leigh
Sara Lippa
Crystal MacLeod
Kerry Maher
Elizabeth McCann
Caitlin Mixter
Christine Monaghan
Victoria Moore
Valerie Morini
Mieke Pitts
Ameyalli Rios-Alba
Anna Samaha
Bianca Spinosa
Krista Warner
Elizabeth Welsh
Claudia Wies

2005-06
Lindsay Arnold
Rachel Beck
Schafer Bomstein
Lia Bradley
Allison Brennan
Kelie Chaudoin
Bethany Clark
Catelyn Coyle
Mary Dobmeier
Mary Eddy
Michelle Ellison
Yvonne Epp
Jennifer Furstenau
Kirsten Graslie
Catherine Haney
Laura Laycock
Diane Leigh
Abby Lynch
Crystal MacLeod
Kerry Maher
Margaret Matia
Elizabeth McCann
Carolyn McMillan
Jessica Merlo
Caitlin Mixter
Adrienne Muth
Mieke Pitts
Alissa Rubin
Kimberly Southern
Jacqueline Tolson
Sarah Tweedt
Katie Yrazabal

2004-05
Sarah Blair
Leslie Breen
Catelyn Coyle
Julie Creighton
Laura Elizares
Kathryn Falcigno
Launa Forehand
Jennifer Furstenau
Jessica Haury
Kelley Jesnig
Michelle Johansen
Abby Lynch
Margaret Matia
Kate Meehan
Victoria Moore
Kathryn Mullin
Jodi Neuhauser
Mieke Pitts
Laura Plummer
Jennifer Reck
Alissa Rubin
Danielle Sewell
Lindsay Shoop
Kimberly Southern
Katie St. Germain
Maria Takahasi
Kathryn Waller
Lee Watson
Katie Yrazabal

2003-04
Martha Adams
Bridget Barry
Christina Berry
Jessica Busch
Anna Capetanakis
Genevieve Cauchon-Voyer
Kristina Caudle
Tammy Clark
Mary Copland
Julie Creighton
Lauren Cruickshank
Claudia Durkin
Launa Forehand
Jennifer Furstenau
Holly Gurgle
Carrie Hatter
Jessica Haury
Margaret Matia
Kim Maxfield
Katie McDade
Julie McQueen
Jodi Neuhauser
Jennifer Reck
Karen Richardson
Danielle Sewell
Kelly Sparks
Callie Spencer
Emily Todd
Amanda Tuck
Janice Verbosky
Katie Yrazabal
Ashley Zapf

2002-03
Parrish Bergquist
Ellen Birek
Genevieve Cauchon-Voyer
Carroll Chancellor
Tammy Clark
Laura Cole
Andrea Czarkowski
Launa Forehand
Jennifer Furstenau
Jessica Haury
Hannah Kaska
Abby Lynch
Risa Mandzuk
Margaret Matia
Julie McQueen
Jennifer Reck
Emily Richard
Laura Scherberger
Jenny Sherman
Katie Spearman
Callie Spencer
Sarah Tuke
Meg Van Dam
Christina Wong
Katie Yrazabal

2001-02
Elizabeth Arnebeck
Kate Bedingfield
Ellen Birek
Jennifer Blomberg
Tamara Clark
Julie Creighton
Blythe Daly
Madeline Engel
Lauren Fritsch
Kristin Granlund
Lauren Hamar
Jennifer Herberger
Anne Jensen
Kathryn Keller
Elizabeth Lambert
Risa Mandzuk
Julie McQueen
Rebecca Metcalfe
Margot Noordzij
Jennifer Reck
Emily Richard
Rebecca Sachs
Sarah Shankman
Stephanie Smith
Katie Spearman
Meg Van Dam
Rebecca Van Dyke

2000-01
Elizabeth Arnebeck
Jennifer Blomberg
Lauren Brown
Tamara Clark
Andrea Czarkowski
Blythe Daly
Sarah Dondero
Helen Hill
Christina Hillson
Aslynn Johnson
Risa Mandzuk
Margot Noordzij
McRae Petrey
Abby Ramirez
Jessica Ray
Emily Richard
Jenny Sherman
Lynette Sobehart
Kirin Surpless
Maria Tumbokon
Meg Van Dam
Rebecca Van Dyke
Anne Williams

AAA

Name	Year
Abboud, Reina	2011
Abraham, Mary	1998
Acton, Caroline	2011
Adams, Chelsea	2013-14-15-16
Adams, Martha	2003
Albers, Renee	2004-06-07
Alexander, Brooke	2020-21-22
Alexander, Margaret	1998
Angus, Katie	1998
Arnebeck, Elizabeth	1998-99-00-01
Arnold, Lindsay	2005-06
Artiles-Gonzalez, Isabella	2011-12
Asher, Anastasia	2013-14
Ashton, Emily	2018-19-20-21
Atwell, Christine	2011

BBB

Name	Year
Badenhorst, Tahne	2020-21-22
Baker, Lauren	2011
Baker, Molly (C)	2000-01-02,-03
Barreto, Ashleigh	1998
Barkett, Lindsay	2019-20-21
Barnett, Hailey	2019-20-21-22
Barry, Bridget	2003
Bateman, Emmy	2014-15-16
Bates, Heather	1998
Bauk, Christine	2014
Bauk, Colleen	2008-09-10-11
Baylor, Pamela "Frosty"	2007-08-09
Beall, Keziah	2009-10-11-12
Beck, Rachel	2005
Bedingfield, Katie	2001
Begley, Isabella "Izzie"	2022
Beichert, Colleen	2008
Bentley, Cameron	2022
Bentley, Grace	2017
Benedict, Lauren	2021-22
Bentley, Cameron	2021-22
Benton, Hemingway	2012-13-14-15
Berchtold, Christina	2017-18-19
Bergquist, Parrish	2002
Bernero, Lily	2021-22
Berry, Christina	2003
Berry, Faye	2022
Berlin, Dana	2000
Biddle, Elle	2013-14-15
Bird, Abigail (C)	2018-19-20-21-22
Bird, Isabella "Izzie"	2021-22
Birek, Ellen	2001-02
Blair, Sarah	2004-05-06
Blandford, Claudia (C)	2008-09-10-11
Blaungrund, Katherine	2020
Blomberg, Jennifer	1998-99-00-01
Bochonok, Brooke	2013
Bohlen, Annie	2007-08
Bolcar, Kathleen	1998
Bomstein, Schafer	2005-06-07-08
Boone, Aimee	1998
Booth, Natalie	2008
Borchelt, Sarah (C)	2009-10-11-12
Bowman-Jones, Maggie	2013-14-15
Bradish, Emma	2021-22
Bradley, Lia	2005
Brame, Virginia	1998
Breen, Leslie	2004
Brennan, Allison	2005-06-07-08
Brennan, Marijane	2014-15-16-17
Brennan, Sarah	1999-00-01-02
Briggs, Erin	2014-15-16-17
Brown, Katharine	2011
Brown, Lena	2021-22
Buckley, Ellen	2011
Burke, Caroline	2012-13-14-15
Brown, Lauren	1999-00
Bulloch, Jamey	2018-19-20-21
Burke, Victoria	2008-09-10
Burns, Amy (C)	1998
Burns, Desiree	2007-08-09-10
Burns, Valerie	2006
Burton, Gillian	2006
Busch, Jessica	2000-01-02-03
Bussey, Ashley	2011

CCC

Name	Year
Cain, Anna	2011
Candland, Cristine	2008-09-10-12
Capetanakis, Anna	2003
Cardwell, Reece	2000
Carlson, Shalane	2007-08-09
Carmody, Brooke	2021-22
Carry, Chloe	2012
Carter, Isabella	2022
Casper, Ariane	2008
Casto, Sam (C)	2014-15-16
Carpenter, Michelle	1999
Cauchon-Voyer, Genevieve (C)	2001-02-03-04
Caudle, Kristina	2003
Cestaro, Alexa	2018
Chalker, Susie	2008-09-10-11
Chambers, Christine	2002-03
Chancellor, Carroll	2002
Chase, Amanda (C)	2006-07-08-09
Chaudoin, Kelsie (C)	2005-06-07-08
Chmelar, Serena	2019
Churbuck, Alex	2008
Clair, Alexandra	2007
Clark, Beth (C)	2002-03-04-05
Clark, Caitlin	2007
Clark, Madelyn	2014-15-16
Clark, Tamara	2000-01-02-03
Cliborne, Sara	2017-18-19-20
Colby, Colleen	1999
Cole, Laura	2002
Collier, Leigh	2000
Colman-Shepherd, Emelia	2007
Comerford, Grace	2018-19-20-21
Condlin, Emily	2018-19-20-21
Conklin, Janet	2020-21-22
Cook, Jennifer	2022
Cook, Kathryn	2013-14-15
Copland, Mary	2003
Coppola, Sofia	2022
Corcoran, Kameryn	2014-15-16-17
Cowburn, Sarah	2012-13
Cowin, Lane	2000-02-03
Coyle, Catelyn	2001-02-03-05
Creighton, Julie	2001-03-04
Cromwell, Jennifer	2007-08-09-10
Cruickshank, Lauren	2003
Crump, Emily	2013
Cundiff, Claire	2013-14
Cuthbertson, Parker	2020-21-22
Czarkowski, Andrea	2000-01-02-03

DDD

Name	Year
Dahl, Skylar	2022
Dakin, Emily	1998
Daly, Blythe (C)	1998-99-00-01
Daniels, Eliza	2016-17
Danberg-Ficarelli, Meredith	2004-05
Darry, Alice	2016-17-18
Dauphinaid, Jennifer	1998-99-00-01
Davidson, Star	2018-19-20
Davis, Cailin	2005
Davis, Carey	2004
Deckert, Leann	2011
Delaney, Chloe	2009
Denysyk, Adrienne	1998
Despard, Katherine	1998
Dick, Rachel	2015-16-17-18
Dikkers, Tessa (C)	2013-14-15-16
Dinion, Nicole	2008
Dobmeier, Mary	2002-03-04-05
Dolan, Brittany	2006
Domenech, Emily	2003-04-05
Dondero, Sarah	1998-99-00
Donini, Allison	2013-14
Dory, Debbie	1999
Dougherty, Kelley	2002-03
Dowdy, Alysse	2014
Downes, Heather	1998
Dubas, Erin	2018
Duell, Constanze	2013-14
Durkin, Claudia (C)	2000-01-02-03

EEE

Name	Year
Eckelmeyer, Kirsten	1998
Eddy, Mary (C)	2005-06-07-08
Edwards, Anna	2000
Egge, Adrienne	2005-06-07-08
Egge, Emily (C)	1998-99-00
Ellison, Michelle	2005-06,-07
Elizares, Laura	2004
Engel, Madeline (C)	1999-00-01-02
Epp, Yvonne (C)	2004-05-06-07
Eutsler, Amber	2011
Ewton, Cinda	1998-99
Ewton, Katrina	1998
Ewton, Kimberly	1998-99

FFF

Name	Year
Fagan, Colby	2015
Fairs, Anna	2015-16-17-18-19
Falcigno, Katie	2002-03
Fanikos, Kaitlin	2012-13-14-15
Farland, Anne	2002
Farrior, Emily	2008
Fehn, Barbara	2001
Fiesler, Mindy	2005-06-07-08
Fisk, Felicity	2009
Fletcher, Lindsey	2005-06
Flindall, Nikki	2000
Floyd, Rachel	2011
Fluhart, Lauren	2004-05
Flynn, Katy	2020-21
Forehand, Launa	2002-03-04-05
Fowler, Bridget	2006-07-08-09
Frangipane, Lynn	2001
Fratamico, Sydney	2022
Frear, Molly	2010-11-12-13
Frick, Lauren	2003
Friedlander, Erin	2010
Fritsch, Lauren	2000-01-02
Frohnhofer, Eva	2020-21-22
Fulwood, Amanda	2006
Furman, Vanessa	2006
Furstenau, Jennifer	2002-03-04-05

GGG

Name	Year
Gallagher, Kendall	2003
Gardner, Heather (C)	2004-05-06-07
Gardner, Shiann	2017-18-19
Garey, Marissa	2014
Garner, Frances	2020
Garrett, Sara	1998-99-00
Gembol, Ktimene	1998
Gems, Kelsey	2021-22
Geronimo, Emiliana	2018-19-20
Giles, Eleanor	2008
Gilfillan, Deborah	1998
Giller, Michelle	1998-00
Gilmore, Taylor	2006-07-08-09
Glandorf, Carolyn	2009-10-11-12
Glass, Colette	2018-19-20-21
Gobourne, Eva	2017-18-19-20
Goldberg, Carli	2011-12
Goldsmith, Meagan	2022
Gordon, Melody	2016
Goss, Sarah	2006
Grabcheski, Eleanor "Nora"	2021-22
Grainger, Susanne	2010-11-12-13
Granlund, Kristin	2001
Graslie, Kirsten	2005-06
Graves, Nancy	2007
Gray, Georgia	2016-17-18-19
Greer, Mary Beth	2015-16-17-18
Grimes, Megan	2000
Grob, Gabby	2018-19-20-21
Groves, Suzanne	1999
Gunn, Amelia	2004
Gurgle, Holly	2003
Gurman, Jo	2014-15-16-17

HHH

Name	Year
Hajak, Meghan	1999
Hajji, Jenna	2022
Hamant, Erica	1998-99
Hamar, Lauren	2001-02
Haneman, Andria	2005-06-07
Haney, Katie	2005
Hannegan, Erin	1999
Hannink, Jill	2014-15
Harley, Leah	2001-02
Harrick, Sarah (C)	1998-99
Hastings, Kate	2017-18-19-20
Hatter, Carrie	2003
Haughs, Megan	2005-06-08
Haury, Megan	1998-02-03-04
Hawes, Erin	2009
Heimburg, Lauren	2008-09
Hendlin, Adi	2015-16-17-18
Hendrickson, Ashley	2011-12-13-14
Hendrie, Laura	2008-09
Henkle, Astrid	2019
Herald, Brandy	2011-12-13-14
Herberger, Jennifer (C)	1998-99-00-01
Hester, Danielle	2014
Hickman, Kelly	1998-99
Hickman, Kristen	2013
Hilbrant, Maddie	2013-14
Hill, Helen	1999
Hill, Sallie	1999
Hillson, Christina (C)	1998-99-00
Hillson, Katie	2012
Hilton, Katie	2004-05-06
Hochheimer, Camille	2011-12
Hooley, Megan	2009
Hornung, Alissa	2013
Hubbard, Erin	1999

ALL-TIME LETTERWINNERS

Hudson, Jane 2015-16-17-18
Hunt, Kelsey 2014-15
Hutchins, Lauren (C) 2007-08-09-10
Huttenlocher, Carrie 1999

III

Name ..... Year
Ianni, Sarah 2013-14-15

JJJ

Name ..... Year
James, Kerry 1998
Janssen, Inge 2010
Jarrett, Lily 2021-22
Jenkins, Christina 2005
Jenkins, Hannah 2008-09
Jensen, Anne 1998-99-00-01
Jesnig, Kelley 2001-02-03-04
Jobs, Melaina 1998
Johansen, Michelle 2004
Johnson, Amy 1999
Johnson, Heather 1999
Johnson, Aslynn 2000
Johnson, Caitlin 2008
Jones, Ashley (C) 2004-05-06
Jones, Beatrice 2021-22
Jones, Veronica 2012-13
Jordan, Hannah 2007-08
Jordan, Sarah 2011-12-13-14
Joseph, Morgan 2009-10-11-12
Juckett, Karen 1998-99
Junger, Michele 1998-99

KKK

Name ..... Year
Kaundal, Roma 2005
Kaplan, Miriam 2011
Kaska, Hannah 2002
Katz, Lexie 2012-13-14-15
Kazlauskas, Megan 2011
Keating, Maddie 2012-14-15
Keeley, Meaghan 2000
Keith, Jen 1999
Keller, Kathryn 2001
Keller, Kristen 1998-99-00
Kelly, Katherine "Kate" 2021-22
Kelly, Rose 2019
Kennedy, Amanda 2000-01-02-03
Kennelley, Sarah 2006
Kershner, Sophia 2018-19-20-21
Kessenich, Hannah 2014
Ketron, Maisie 1999
Ketterer, Kathrin 2011
Kilgore, Elizabeth 2020-21
Kim, Yu Sung 1999
Kimche, Livia (C) 2019-20-21-22
King, Mackenzie 2016-17-18-19
Kline, Chloe 2022
Kobayashi, Anna 2011-12-13
Kok, Melanie (C*) 2004-05-06-07
Konheim, Yasmine 1999
Kraenzle, Charlotte 1998-99
Kulesz, Gaby 2017-18
Kuzzy, Martha (C*) 2009-10-11-12

LLL

Name ..... Year
Lacy, Lillian 1999
LaFleche, Hayley 2012-13-14-15
Lally, Chandler 2012-13-14-15
Lam, Thuy 2000
Lamb, Brodde 2013-14
Lambert, Elizabeth 2001
Lampen, Jenn 2008-09
Lane, Paige 2022
Lastner, Ainsley 2010-11
Lauritano, Francesca 2009-10-11-12
Lawless, Nicola 2019-20-21-22
Laylock, Laura 2005-06
Leahy, MacKenzie 2009-10-11-12
Lebo, Grace 2021-22
Lee, Ginny 1998
Lee, Misun 2022
Leigh, Diane 2005-06-07-08
Leigh, Jamie (C) 1998
Leonard, Taylor 2014-15-16-17
Levine, Taylor 2010-11
Levinstein, Carly 2015-16
Lewis, Paula 2012-13-14-15
Lieb, Erin 1998-99
Lima, Mariana 2006-08-09
Linnenkohl, Cara 2009-10-11-12
Lippa, Sara (C*) 2004-05-06-07
Lloyd, Heather 1999
Loh, Paige 2022
Long, Heidi (C) 2016-17-18-19
Long, Marie 2008-09-10
Lorenzen, Lisa 1999
Lowery, Erin 2005
Lubbers, Maxime 2016
Lucas-Conwell, Colette. 2014-15-16-17
Luce, Addison 2022
Lueker, Dana 2014-15-16-17
Lyddane, Erin 1999
Lynch, Abby 2002-03-04, 2005
Lyons, Allison 2010

MMM

Name ..... Year
MacDonald, Dylan 2014
MacLeod, Crystal 2003-04-05-06
Maher, Kerry (C*) 2004-05-06-07
Mailler, Erica 1998
Mandzuk, Risa 2000-01-02
Martin, Casey 2018-19-20-21
Martin, Jessica 2002
Martin, Meagan (M) 2015
Martin, Phebe 2017
Martinez, Monica 2003
Martini, Lyndsay 2014-15-16-17
Massoudi-Khorsand, Aurelia 2011
Matia, Margaret (C) 2002-03-04-05
Matthews, Teresa 2019-20
Maxfield, Kim 2003
Mayberry, Allison 2011
Mayton, Holly 2011
Mazza, Samantha 2020-21
McCallum, Angelica (C) 1998-99
McCann, Libby (C) 2004-05-06-07
McCullough, Kaity 2011-12-13-14
McDade, Katie 2003
McFadden, Brook 1998
McGee, Katherine "Kate" 2022
McGovern, Sarah 2013-14
McGreevy, Kathleen 1998
McInerney, Maggie 2003
McMillan, Carolyn (C) 2002-03-04-05
McPartland, Andie 2012
McPhillips, Kara 1999
McQueen, Julie 2000-01-02-03
Meadoes, Olivia 2011
Meehan, Kate 2004
Mellenkamp, Milagros 2011
Merlo, Jessica 2005
Metcalf, Erin 2010-11-13
Metcalfe, Becca 2002
Micocci, Maria 2005
Miller, Debbie 2002
Miller, Michelle 2019
Mills, Susannah 1998
Missel, Elspeth 2009-10-11
Mitterer, Lauren (C) 1999-00-01-02
Mixter, Caitlin (C) 2005-06-07-08
Monaghan, Chrissie (C) 2005-06-07
Moore, Laurie Ellen 2016
Moore, Brittany 2008
Moore, Victoria (C) 2004-05-06-07
Morini, Valerie 2004-05-06
Mueller, Kendall 2015-16
Mullin, Kathryn 2004
Mulloy, Margaret 1998
Multari, Catherine 2012-13-14
Muraca, Danielle 1999
Murray, Aileen 2022
Murray, Elisabeth 2011-12-13-14
Muth, Valerie 2005
Myers, Marelle 2009-10-11-12
Myers, Meagan 2011

NNN

Name ..... Year
Natale, Alexandra 2016
Negrete, Victoria 2004
Nelson, Lauren (Summers) 2007-08-10
Neuhauser, Jodi ..... 2003-04-05 (M)
Neuzil, Anna 1998
Newhams, Margaret 2011
Nicholson, Allie 2014-15-16-17
Nilan, Betsy 2010-11-12-13
Nilan, Mary 2011-12-13-14
Noordzij, Margot 1998-99-00-01
Nottingham, Elizabeth 1998
Nunn, Hayley 1999-00-01-02

OOO

Name ..... Year
Oakley, Josephine 2019
O'Brien, Kristine 2010-11-12-13
Odum, Lauren 2005
Offutt, Christina 2003
O'Grady, Ailbhe 2021-22
O'Neill, Christina 2008
Orr, Lauren 2020-21-22
Orth, Teagan 2022
Osborne, Hannah 2014
Ott, Isabel 2017-18-19
Otting, Tessa 2018-19-20-21
Ozer, Eleanor 2019

PPP

Name ..... Year
Palmer, Nicola 1999
Parker, Adelaide 1999
Parizek, Amelia 2019-20-21-22
Pate, Ellen (C) 2014-15-16-17
Patrick, Marissa 2015-16-17-18
Peck, Anne 2009
Peeling, Sara 2005-06
Pennoyer, Sophie 2018-19
Perry, Ellen 1998-99
Pestone, Andrea 2000
Petrey, McRae 2000
Phillips, Nora 2007-08-09-10
Pichardo, Sarah 2008-09-10
Pickrell, Shannon 2019-20-21
Pik, Emily 2011-12-13-14
Pink, Deborah 1999
Pitts, Annemarie "Mieke" (C) 2004-05-06-07
Pitts, Lieve 2008-09-10-11
Placek, Dawn 2000-01-02-03
Plachy, Grace 2014
Plagenhoef, Mariel 2006
Platenberg, Lauren 2000-01
Plummer, Laura 2004
Poland, Lauren 2017-18-19-20
Porter, Catherine 2021

QQQ

Name ..... Year
Quesada, Charlotte 1998-99
Quinn, Charlotte 2019-20-21-22

RRR

Name ..... Year
Rambo, Sarah 2018
Ramirez, Abby 2000
Ratcliff, Georgia (C) 2014-15-16-17
Ray, Jessica 2000
Reck, Jennifer (C*) 2001-02-03-04
Redman, Reagan 2016-17-18
Reed, Cassandra 2020-21
Regan, Deirdre 2011
Reid, Ann 2010-11-12-13
Reid, Jennifer 2013-14-15-16
Reinart, Katrin 2010
Retzinger, Ruth 2009-10-11-12
Richard, Emily 2000-01-02-04
Richards, Lauren 2001-02
Richardson, Becca 2017
Richardson, Karen 2003-04
Rick, Bronwyn 1998
Rickert, Brooke 2019-21-22
Riddle, Tracy 1999
Riley, Joanna 2001-02
Robertson, Allison 2014
Roithmayr, Julia 2013-14-15
Roper, Christine 2008-09-10-11
Roper, Whitney ..... 2005(M)-06(M)-07(M)
Roques, Danielle 2014
Ross, Kelly 2013
Rosts, Morgan 2015-16-17-18
Roth, Lauren ..... 1998-99 (M)-00 (M)
Rothwell, Devin 2013
Rouse, Molly 1998
Rios, Ame 2006
Rubin, Alissa 2003-04-05
Ruedig, Catherine 1998
Rundle, Isabel 2018-19-20
Ryall, Rebecca 2007-08

SSS

Name ..... Year
Saathoff, Andrea (C) 1998-99
Sachs, Becca 2001
Samaha, Anna (C) 2004-05-06-07
Sauer, Kelly 2002
Savard, Aimee 1998-99
Schatz, Rachel 1998-99
Scherberger, Laura 2001-02
Schlesinger, Fiona 2011-12-13-14
Schlosser, Sonja 2021-22
Schwoebel, Molly 2010-11
Schug, Jamie 2014
Schulte, Karen 2014-15-16-17
Seckinger, Kaytlin 2008
Sell, Becky 2000
Sewell, Danielle 2003-04
Shallman, Lindsay 2014
Shanfield, Sarah 2009-10-11-12

Shankman. Sarah 2001
Shannon, Kate 1999
Sharon, Emma 2018-19
Shea, Kelsey 2011
Shea, Sofia 1998-99
Sheehan, Barbra 1999-00-01
Sheridan, Olivia 2021-22
Sherman, Jenny (C) 1998-00-01-02
Sherman, Mackenzi 2014-15-16
Shields, Carter 2020-21-22
Shields, Molly 2016-17-19
Shook, Lauren 2008-09-10-11
Shoop, Lindsay (C) 2002-03-04
Shultis, Jenny 2009-10-11-12
Shumaker, Betty 2002-03-04
Signer, Rebecca 1998
Silver, Hannah 2009-10-11-12
Simpson, Chelsea 2009-10-11-12
Sims, Shawna 2015
Slabbert, Alex 2016-17-18-19
Smerin, Madeline 2007
Smeulders, Bianka 2020-21-22
Smith, Alyssa 2008
Smith, Charity 2005
Smith, Stephanie 2001
Smulders, Marlies 2001
Sobehart, Lynette 1998-99-00
Solis-Cohen, Hannah 2013-14-15-16
Southern, Kimberly 2004-05
Sparks, Kelly 2003
Spearman, Katie 2001-02
Spencer, Callie 2002-03
Spilsbury, Eliza 2015-16
Spinosa, Bianca 2006
Springer, Mackenzie 2015-16-17-18
St. German, Katie 2004
Stables, Eleanor 1998
Statler, Sarah 2022
Stephens, Katelyn 2020-21-22
Stewart, Ellie 2015-16-17-18
Stewart, Katherine 2009, 2011
Strash, Katrina 2018-19
Stratos, Augusta (C) 2006-07-08-09
Stratton, Erica 2011
Straub, Margaret 2021
Street, Lexye 1999
Streufert, Jessica 2006-07-08
Strickler, Isabella 2017-18-19
Suhling, Sandra 2010-11
Sullivan, Heather 1999
Surpless, Kirin 1998-99-00
Swanson, Haley 2016-17
Swartley, Carla 2003
Sweeny, Caroline 2008-09-10-11
Swindell, Heather 2003
Sydlik, Katrin 2005-06-07-08
Sykes, Chloe 2013-14-15

TTT

Name	Year
Takahashi, Maria	2004
Tao, Kathy	2017-18
Taylor, Kai'li	2007
Taylor, Margaret	2018-19-20-21
Teevan-Kamhawi, Fiona	2018
Tekeian, Zoe	2021-22
Terblanche, Alli	2019-20-21-22
Terry, Hunter	2010-11-12
Terry, Page	2011
Thomas, Reagan	2020-21
Thorsten, Sidney	2009-10-11-12
Thrasher, Catherine	2003
Thurman, Karoline	2020
Till, Leia	2020-21-22
Tocchio, Shannon	2000
Todd, Emily	2003
Tolson, Jacqueline	2005
Tompkins, Helen	2007-08-09-10
Traub, Marina	1998-99-00
Truel, Amanda	1999
Truelove, Julia	2012
Trull, Julia	2020
Trull, Lizzie	2017-18-19-20
Tuck, Amanda	2003
Tucker, Ana	2009
Tullis, Liza	2009-10-11-12
Tuke, Sarah	2002
Tumbokon, Maria	2000
Tuttle, Grace (C)	2014-15-16-17
Tweedt, Sarah	2005

UUU

Name	Year
Umoh, Edidiong	2008

VVV

Name	Year
Van Dam, Megan (C)	1999-00-01-02
Van den Boomgaard, Martine	2018
Van Dijkum, Alexandra	2020-21
Van de Haar, Ella	2014
Van Dyke, Rebecca	1998-99-00-01
Van Ingen, ViVi	2020-21-22
Vascotto, Nina	2013-14
Vasel, Melissa	1998
Verbosky, Janice	2003
Vest, Margaret	2000-01
Von Elten, Grace	2018
Vona, Carolyn	2017
Vorwig, Petra	1998

WWW

Name	Year
Walker, Katherine	2011
Waller, Kathryn	2004
Walsh, Dana	2011
Wandelt, Bridget (C)	2006-08
Warner, Carrie-Anne	2018-19-20-21
Warner, Krista	2006-08
Warren, Colleen	2011
Waterhouse, Claire	2018
Watson, Hannah	2017-18-19-20
Watson, Lee	2004
Webb, Elizabeth	2009
Weiss, Izzi	2016-17-18-19
Weissbart, Krista	2006
Welch, Lindsay	2011
Welsh, Caitlyn	1999
Welsh, Liz	2005-06
Wengel, Brittany	2011-12
Wenger, Jordan	2001
Wentzel, Carrie	2017-18-19
White, Reilly	2017-18-19-20
Wiersma, Toni	2017-18-19-20
Wies, Claudia	2006
Williams, Alexandra	2014-15
Williams, Anne	1998-99-00
Williams, Camille	2020-22
Williams, Sorelle	2006
Wilmot, Caitlin	2007
Wilson, Kerry	2011
Wisnoski, Ava	2022
Wittpenn, Margaret	2018-19
Wong, Christina	2002
Woodhouse, Nikki	2002
Woods, Mia	2002
Wright, Elizabeth	2000
Wright, Mary	2019
Wu, Ethel	2001

YYY

Name	Year
Yoest, Hannah	2012-13-14-15
Youngling, Lizzy	2012-13-14-15
Youngs, Rebecca	1999
Younts, Nicole (C)	1998-99
Yrazabal, Katie	2002-03-04-05

ZZZ

Name	Year
Zaborowski, Lexie	2003-04
Zapf, Ashley	2003
Zeris, Maria	2017-18
Zhao, Natalie	2011
Zusky, Clare	2000
Zwicker, Ali	2014-18

Head Coaches

Kevin Sauer 1995-present

Assistant Coaches

Ashlee Patten 1998-99
Erich Shuler 1998
Lou O'Brien Berl 1999-00-01
Chris Berl 1999
Anna Kate Deutschendorf 2000
Sarah Harrick 2000-01
Kushlani de Soyza 2001-02
Katie Scanlon 2002
Joel Furtek 2003
Kara McPhillips-DeFilippi 2003-04
Veronika Platzer 2004-05-06
Steve Pritzker 2004-12
Carolyn McMillan 2006-09
Sarah Cannon 2008-10
Chrissie Monaghan 2009-2011
Amanda Purcell 2011-2012
Joshua Gautreau 2011-16
Brett Gorman 2012-16
Lauren Jewett 2013-15
Katy Stine 2015-16
Kristine O'Brien 2016-17
Emily Ford 2017-20
Erin Neppel 2017-21
Caroline King 2018-21
Kelsie Chaudoin 2020-present
Annie Thompson 2021-present
Anne Campbell 2022-present

Boatmen

Ed Eckelmeyer 2001-2004
Joel Furtek 2004
Roger Payne 2005-18
Jeff Mork 2018-present

C = captain
C* = two-time captain
M = manager