



# VIRGINIA WOMEN'S LACROSSE

3 NATIONAL CHAMPIONSHIPS | 28 CONSECUTIVE NCAA CHAMPIONSHIP APPEARANCES  
5 ACC TITLES | 128 ALL-AMERICANS



@UVAWomensLax



## GAME 7 VIRGINIA AT NORTH CAROLINA DORANCE FIELD MARCH 8, 2025, 2:30 PM



#2 NORTH CAROLINA TAR HEELS (6-0, 2-0 ACC)

#14 VIRGINIA CAVALIERS (4-2, 1-1 ACC)

### HEAD COACH

Jenny Levy (30th season)  
Career Record (at North Carolina): 427 130 (427-130)

### HEAD COACH

Sonia LaMonica (2nd season)  
Career Record (at Virginia): 167-107 (20-7)

### SERIES AT A GLANCE

All-Time Series: 34-14, North Carolina | Last meeting: 4/24/24 | First meeting: 1996  
Last UVA win: 4/24/2024 | Last North Carolina Win: 10-9 (OT) 2/23/04 | Streak: UVA W1

### 2025 STATISTICAL LEADERS

#### GOALS

#4 Jenna DiNardo

20 Goals (3.3 per game)

#### ASSISTS

#16 Madison Alaimo

18 Assists (3.0 per game)

#### POINTS

#4 Jenna DiNardo

23 Points (3.8 per game)

#### GROUND BALLS

#11 Abby Manalang

11 Ground Balls

#### CAUSED TURNOVERS

#5 Kate Galica, #11 Abby Manalang

9 Caused Turnovers

#### DRAW CONTROLS

#5 Kate Galica

54 Draw Controls (9.0 per game)

#### GOALKEEPING

#26 Mel Josephson

4-2, 10.09 GAAvg, .407 Save Percentage

### CAVALIER NOTES

- Sophomore midfielder **Kate Galica** had a career-high 15 draw controls at Cal. It was her third game this season with 12 or more draws in a game. In the two games last week (Navy and Cal), Galica won a combined 27 draw controls
- Galica is second in the ACC and 10th in the nation in draws controls per game
- Sophomore midfielder **Madison Alaimo** had a career-high seven points at Cal (career-high six assists and a goal) and followed that with six points at Richmond on Wednesday. Against the Spiders, she had three goals (her first hat trick of the year and second of her career) and three assists. Her 13 points in the two games is the best tally in consecutive games in her career
- Alaimo's 3.00 assists per game average leads the ACC and is ranked 12th in the nation. Her 4.33 points per game ranks sixth in the ACC
- Sophomore attacker **Jenna DiNardo** scored three goals at Richmond on Wednesday, all in the first quarter. DiNardo has had a hat trick in five of six games this year and is averaging 3.3 goals per game, ranking sixth in the ACC
- DiNardo is averaging 6.17 shots on goal per game, second highest in the ACC
- Sophomore attacker **Addi Foster** had her second hat trick of the year at Cal. Foster has 17 points (10 g, 7 a) through the first six games, doubling her output from last season when she had 8 points in 16 appearances (3 g, 5 a)
- Senior attacker **Kate Miller** is two points shy of 150 for her career. Her 148 points come on 84 career goals and 64 career assists
- Senior midfielder **Abby Manalang** leads the team in grounds balls (11) and is tied for the lead in caused turnovers (9). Manalang had 17 ground balls in her career prior to this season and 11 caused turnovers. She also has 13 draw controls through six games. Her previous season high was 18 in her sophomore year
- The Cavaliers are starting hot, outscoring opponents 26-13 (+13) in the first quarter. UVA is nearly as hot in starting second halves, outscoring opponents 25-14 (+11) in the third quarter
- Virginia is ranked seventh in the nation in fewest turnovers per game, only turning the ball over 11.50 times per game. This is the second lowest total in the ACC. The Hoos had a season-low six turnovers at Richmond on Wednesday
- Virginia looks to improve to 4-0 on the road this year This is the third of three-straight road games for UVA

### 2025 SCHEDULE/RESULTS

Overall: 4-2 | ACC: 1-1  
Home: 1-2 | Away: 2-0 | Neutral: 0-0

DATE	OPPONENT	TIME
Fri. Feb. 7	<b>LIBERTY</b>	<b>W, 20-5</b>
Sat. Feb. 15	at #17 Princeton	W, 13-11
Sat. Feb. 22	<b>#14 STANFORD*</b>	<b>L, 13-7</b>
Wed. Feb. 26	<b>#19 NAVY</b>	<b>L, 14-12</b>
Sat. March 1	at California*	W, 20-9.
Wed. March 5	at Richmond	W, 14-9
Sat. March 8	at #2 North Carolina*	2:30 p.m.
Sat. March 15	<b>#18 DUKE*</b>	<b>12 p.m.</b>
Wed. March 19	at #13 James Madison	6 p.m.
Sat. March 22	<b>PITT*</b>	<b>3 p.m.</b>
Sat. March 29	at #11 Syracuse*	12 p.m.
Wed. April 2	at VCU	4 p.m.
Sat. April 5	<b>LOUISVILLE*</b>	<b>12 p.m.</b>
Wed. April 9	vs #8 Maryland	6 p.m.
Sat. April 12	at #1 Boston College*	12 p.m.
Wed. April 16	<b>VIRGINIA TECH*</b>	<b>7 p.m.</b>

### ACC TOURNAMENT

Mon. April 21	First Round	TBD
Wed. April 23	Quarterfinals^	TBD
Fri. April 25	Semifinals^	TBD
Sun. April 27	ACC Championship^	TBD

### NCAA TOURNAMENT

Fri. May 9	First Round	TBD
Sun. May 11	Second Round	TBD
Thurs. May 15	Quarterfinals	TBD
Fri. May 23	Final Four&	TBD
Sun. May 25	NCAA Championship&	TBD

Home matches in **BOLD CAPS**

\*denotes ACC matches

^ - Charlotte, N.C.

& - Foxborough, Mass.

### NCAA CHAMPIONSHIP HISTORY

#### National Championships

1991 • 1993 • 2004

#### Semifinal Appearances

1986 • 1987 • 1991 • 1992 • 1993 • 1994 • 1995  
1998 • 1999 • 2003 • 2004 • 2005 • 2007 • 2014

### MEDIA CONTACT

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TODAY'S MATCH-UP

- Virginia's last win in Chapel Hill was a 10-9 victory in the NCAA Quarterfinals in 2014, a victory that sent the Cavaliers to the Final Four
- North Carolina won last year's regular-season meeting in overtime, 10-9, but the Cavaliers won 13-12 in the ACC Quarterfinals
- The victory snapped a streak of 14-straight wins by the Tar Heels in the series
- Virginia's last victory against UNC in a regular-season game was a 13-12 overtime victory on March 13, 2010
- Two of Virginia's assistant coaches are UNC alums
- Kerrigan Miller attended grad school at North Carolina, playing on the 2021 team while working on her masters degree in sport administration. She was a graduate assistant and director of operations for the undefeated national champion North Carolina Tar Heels in 2022.
- Caylee Waters was a two-time National Goalie of the Year, two-time All-American and four-time All-ACC selection as a Tar Heel, helping to lead the team to the 2016 NCAA title. She served as a volunteer assistant coach for one year at her alma-mater in 2022, helping to guide the team to its third NCAA title
- UNC head coach Jenny Levy is a Virginia alum. She led UVA to the 1991 NCAA championship, the program's first national title. She was the leading scorer during the 1991 NCAA Tournament with eight goals, two assists and 10 points, including five goals in the semifinals and three in the title game. She was named the Most Outstanding Attacker and was tabbed to the All-Tournament Team. A two-time First Team All-America selection, she was named the IWLCA Player of the Year and Offensive Player of the Year in 1992. She earned IWLCA All-South Region First Team honors three times and was team captain as a senior

PRESEASON ACCOLADES

- Virginia was a consensus top-10 team in all three polls: UVA is No. 8 in the IWLCA Coaches Poll, No. 5 in the USA Lacrosse Magazine poll and No. 9 in the Inside Lacrosse media poll. The Cavaliers were picked to finish third in the Preseason ACC Coaches Poll

PRESEASON ACCOLADES

- Sophomore midfielder **Kate Galica** has been named a Preseason All-American by both USA Lacrosse Magazine and Inside Lacrosse, earning a spot on the third team by both publications. Sophomore attackers **Madison Alaimo** and **Jenna DiNardo** were both named as honorable mentions to the USA Lacrosse All-America team
- All three players were named to the 2024 All-ACC Freshman Team last season, with Galica earning the ACC Freshman of the Year honors. Galica set the UVA single-season freshman record with 97 draw controls. Galica was also voted to the Preseason All-ACC Team and named one of the Inside Lacrosse Top 50 Players for 2025 list
- Alaimo set the UVA singles-season freshman record with 27 assists while also scoring 17 goals. She ranked eighth in the conference with 1.35 assists per game
- DiNardo scored at least one goal in 19 of the 20 games she played in last season, ranking third on the team in goals scored (39). She is the top returning scorer from the 2024 campaign, ranking in the top 20 of the conference last season in goals scored and was 10th in efficiency with a .527 shot percentage. She was named to the Inside Lacrosse Top 50 Players for 2025 list
- Senior **Kate Miller** was named to the Preseason All-ACC team alongside Kate Galica. Miller, one of three captains for this year's squad, scored 28 goals with 22 assists last season for 50 points. She ranked 12 in the ACC last year for total assists. She enters her final season with 72 goals and 56 assists for 128 career points.
- The Cavaliers have 12 new faces this year: 11 freshmen and a transfer
- Six of the freshmen were named to the Inside Lacrosse Power 100 Freshman Rankings: midfielder **Payton Sfredo** (23), midfielder **Alexis Reilly** (46), defender **Sophia Conti** (48), midfielder **Livy LaVerghetta** (51-100), midfielder **Abby Musser** (51-100) and attacker **Jayden Piraino** (51-100)
- Junior defender **Lara Kology** was named to the Inside Lacrosse Top 20 Impact Transfers to Watch list. Kology and the Gator defense last season helped the team to a 20-3 record and a run to the Final Four

CAVALIER CAPTAINS

- Senior attacker **Kate Miller**, senior midfielder **Maureen Duffy** and grad student midfielder **Lauren Pederson** are this year's captains

NCAA I WOMEN'S LACROSSE POLLS - MARCH 3

IWLCA COACHES POLL	INSIDE LACROSSE	USA Lacrosse Magazine
1. Boston College	1. Boston College	1. Boston College
2. North Carolina	2. North Carolina	2. North Carolina
3. Northwestern	3. Northwestern	3. Northwestern
4. Yale	4. Yale	4. Yale
5. Michigan	5. Michigan	5. Michigan
6. Clemson	6. Stanford	6. Stanford
7. Stanford	7. Clemson	7. Clemson
8. Maryland	8. Johns Hopkins	8. James Madison
9. Florida	9. Maryland	9. Syracuse
10. Johns Hopkins	10. Florida	10. Maryland
11. Syracuse	Syracuse	11. Florida
12. Princeton	12. James Madison	12. Princeton
13. James Madison	13. Princeton	13. Virginia
14. Virginia	14. Virginia	14. Loyola
15. Loyola	15. Stony Brook	15. Johns Hopkins
16. Stony Brook	16. Loyola	16. Stony Brook
17. Penn	17. Duke	17. Duke
18. Duke	18. Navy	18. Penn
19. Navy	19. Harvard	19. Navy
20. Notre Dame	20. Penn	20. Ohio State
21. Ohio State	21. Ohio State	
22. Harvard	22. Notre Dame	
23. UConn	23. Southern Cal	
24. Southern Cal	24. Drexel	
25. Drexel	25. UConn	

VIRGINIA WEEK-BY-WEEK			
Week	IWLCA	IL	USA
Preseason	n/a	9	5
Feb. 10	8	9	5
Feb. 17	7	7	5
Feb. 24	11	10	9
March 3	14	14	13
March 10			
March 17			
March 24			
March 31			
April 7			
April 14			
April 21			
April 28			
May 5			

ACC PRESEASON POLL		
No.	Team	Votes
1.	Boston College (11)	143
2.	North Carolina	126
3.	Virginia	118
4.	Syracuse (1)	114
5.	Stanford	87
6.	Notre Dame	86
7.	Clemson	74
8.	Duke	63
9.	Virginia Tech	45
10.	Louisville	36
11.	Pitt	31
12.	California	13
First place votes in parentheses		

UVA IN THE IWLCA RANKINGS

- Virginia is one of five programs in the NCAA to be ranked at least once in every year of the IWLCA Coaches Poll. The poll was created in 1988, with Dartmouth, Maryland, Penn State and Princeton joining Virginia as the only programs to be nationally ranked every year.
- Of those five programs, Virginia is the only program to be ranked in every week of the IWLCA coaches poll, a span of 285-straight polls.
- Of those 285 polls, the Cavaliers have been ranked among the top-10 in the nation on 245 occasions, the second-most among all NCAA programs.
- The Cavaliers have spent 15 weeks ranked No. 1, including the entire 1993 season
- Virginia debuted at No. 7 in the inaugural coaches poll on March 19, 1988. While the Cavaliers have climbed to a No. 1 ranking, the farthest they have ever fallen was to No. 19 on April 23, 2013. Virginia has only spent five weeks ranked outside the top-15.

TEAM USA

- Sophomore defender **Cece Webb** won gold as a member of the U.S. Women's team at the inaugural World Lacrosse Box Championships held Sept. 20-29 in Utica, N.Y.
- Webb was one of 23 athletes making history as the first-ever U.S. Women's National Box Lacrosse Team. The U.S. will be one of 10 nations competing in the women's championship, the first time World Lacrosse has hosted a women's box world championship. She became the team's go-to faceoff specialist in the tournament
- Webb redshirted last year and is looking to make her collegiate debut
- Sophomore attacker **Madison Alaimo** won gold with the US Junior National Team at the 2024 World Lacrosse Women's U20 Championship in August in Hong Kong
- Alaimo set the tournament record for most assists (25) in the championship
- She ranked third among all players in points with 43, scoring 18 goals in addition to her 25 assists.
- Alaimo was named the Player of the Game for the pool play contest against China,
- Sophomore attacker **Jenna DiNardo** was named to the USWNT Training Camp Roster for the Intercollegiate Women's Lacrosse Coaches Association Presidents Cup from Nov. 22-24 in Florida.

MAYBELLINE WOMEN'S LACROSSE LEAGUE

- UVA alumna **Katia Carnevale** and current Cavalier assistant coach **Caylee Waters** both played for the Maryland Charm in the WLL's inaugural season
- The WLL is a fast-paced, Sixes-styled tournament at the St. James facility in Springfield, Va., from Feb. 11-17. The 12-player rosters will compete in three round-robin games before the semifinals on Sunday, Feb. 16., and the title game on Monday, Feb. 17.
- Carnevale led the team last year with 53 goals, earning second team All-ACC honors as well as being an honorable mention for USA Lacrosse All-America honors
- Waters is a goalkeeper on the USWNT and also plays professionally with Athletes Unlimited

COMPARISONS

	UVA	UNC
SHOT STATISTICS		
Goals-Shot attempts	86-185	106-235
Goals scored per game	14.33	17.67
Shot pct.	.465	.451
Shots on goal-Attempts	144-185	168-235
SOG pct.	.778	.715
Shots/Game	30.8	39.2
Assists	41	56
Free position Made-Att	17-37	16-34
Free position pct.	.459	.471
GOAL BREAKDOWN		
Total Goals	86	106
Free-position	17	16
Unassisted	45	50
Overtime	0	0
SAVES	39	38
OPPONENT GOALS	61	27
GROUND BALLS	84	118
DRAW CONTROLS	91	97
TURNOVERS	69	77
CAUSED TURNOVERS	57	67
CLEARS	85-96	102-109
Clear Pct.	.885	.936
SHOT CLOCK VIOLATIONS	5	1

## MULTIPLE GOAL GAMES

Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#21 Kate Miller, A	1	2	23	7
#4 Jenna DiNardo	6	5	17	11
#5 Kate Galica	3	2	9	6
#16 Madison Alaimo	1	1	4	2
#11 Abby Manalang	3	1	4	3
#2 Jayden Piraino	1	1	1	1
#15 Addi Foster	3	2	3	2
#22 Lauren Pederson	2		2	
#7 Payton Sfreddo	1		1	
#23 Alex Reilly	1		1	
#40 Devon Gogerty			1	

## MULTIPLE ASSIST GAMES

Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#21 Kate Miller	2	1	19	8
#16 Madison Alaimo	5	3	13	6
#10 Maureen Duffy	0		2	
#4 Jenna DiNardo	1	1	3	
#15 Addi Foster	2	1	2	

## CONSECUTIVE GAMES WITH A GOAL

Name	Streak	Goals During Streak	Streak Started
#4 Jenna Dinardo	7	21	May 12, 2024
#21 Kate Miller	6	13	Feb. 7, 2025
#14 Madison Alaimo	6	8	Feb. 7, 2025
#11 Abby Manalang	4	6	Feb. 22, 2025
#15 Addi Foster	2	4	March 1, 2025
#7 Payton Sfreddo	2	3	March 1, 2025
#23 Alex Reilly	2	3	March 1, 2025

## CONSECUTIVE GAMES WITH A POINT

Name, Pos.	Streak	G-A-P During Streak	Streak Started
#4 Jenna DiNardo	7	21-4-25	May 12, 2024
#21 Kate Miller	6	13-8-21	Feb. 7, 2025
#15 Addi Foster	6	10-7-17	Feb. 7, 2025
#14 Madison Alaimo	6	8-18-26	Feb. 7, 2025
#11 Abby Manalang	4	6-2-8	Feb. 22, 2025
#7 Payton Sfreddo	2	3-0-3	March 1, 2025
#23 Alex Reilly	2	3-0-3	March 1, 2025

## HEAD COACH SONIA LAMONICA



LaMonica took over UVA's storied program for the 2023-24 season after serving as the head women's lacrosse coach at Towson for 13 seasons and one season at Mt. Saint Mary's. LaMonica enters her second season in charge of the Cavalier program in 2025 owning an all-time coaching record of 162-105.

### LaMonica By the Numbers

- 6 Conference Coach of the Year Awards (5x CAA, 1x ACC)
- 5 All-ACC Selections
- 3 All-Freshman Selections
- 7 NCAA Tournament Appearances (1 at UVA)
- 4 CAA titles

### 2024 Season (ACC Co-Coach of the Year)

LaMonica and her team cruised to a 14-6 victory over Liberty in her first game in charge and would go on to win nine of the first 10 games of the season—Virginia's best start to a campaign since the 2007 national runner-up season.

The Cavaliers would go on to stockpile some of the best wins of any team in the country including a road victory over No. 4 Notre Dame, and emphatic dispatching of No. 7 James Madison at home, and a thrilling overtime win over No. 3 Boston College on senior day.

Virginia went 6-3 in ACC play matching a single season program-high for wins in conference play while taking down the likes of Boston College for the first time in eight seasons. The pair of wins over opponents ranked in the top-four marked the first time Virginia accomplished such a feat in nine seasons. The Cavaliers would eventually avenge their regular-season loss to North Carolina with a 13-12 victory in the ACC quarterfinals—their first win over UNC since the 2014 season. UVA reached the ACC Semifinal before falling to Syracuse.

The Cavaliers earned the fifth overall seed in the NCAA Women's Lacrosse Championship, its highest since the 2008 season when Virginia was seeded fourth. The Cavaliers earned the right to host the first two rounds of the tournament for the first time since the 2019 season. The first round featured a 21-6 dispatching of LIU in which Virginia set a program record for most goals scored in an NCAA tournament game. The Cavaliers fell to No. 10 Florida in the second round of the championship.

LaMonica was named ACC Co-Coach of the Year, sharing the honor with former collegiate teammate Acacia Walker-Weinstein of Boston College. Five Cavaliers were named to the All-ACC teams while three were named to the All-Freshman team including ACC freshman of the Year Kate Galica.

Prior to Virginia

During her tenure at Towson, LaMonica led the Tigers to seven NCAA Tournament appearances and four Colonial Athletic Association (CAA) Tournament Championships. She has been named the CAA Coach of the Year five times.

Towson finished first or second in the CAA in 10 of her 14 seasons at the helm and made nine CAA tournament championship game appearances, including six-straight. LaMonica has coached six players to All-America honors and has had numerous All-CAA and All-Region honorees.

LaMonica consistently challenged her teams with tough schedules against top-ranked opponents. Towson finished .500 or better in 12 of the 14 seasons she oversaw the program, with one of the two being cut short due to the pandemic.

A native of Darlington, South Australia, LaMonica (pronounced La – MAHN – ick – uh) was named the 10th head coach in the history of the Towson women's lacrosse program after the 2010 season. She returned to lead the Tigers after a one-year stint as the head coach at Mount St. Mary's.

As the Mountaineers' head coach, LaMonica led Mount St. Mary's to an 8-9 record in 2010 and a berth in the Northeast Conference (NEC) semifinals. She coached five players who earned All-NEC honors.

Prior to becoming the Mountaineers' head coach, LaMonica spent two seasons as a member of Missy Doherty's staff at Towson and helped the Tigers win a pair of Colonial Athletic Association (CAA) championships.

Before joining the Tigers' staff, LaMonica was an assistant coach at the University of Denver, helping the Pioneers to a 15-5 record during the 2006 season. She coached the Mountain Pacific Sports Federation (MPSF) Player and Rookie of the Year along with three all-conference selections and the program's first IWLCIA All-West/Midwest region honoree.

LaMonica also served as head coach of the Women's Professional Lacrosse League's (WPLL) Baltimore Brave. LaMonica led the Brave to the league championship in 2019 and guided the team to the title game in the inaugural season a year earlier.

In addition to her success as a coach, LaMonica is a member of the Australian National Team. She helped Australia win the gold medal at the 2005 World Cup Championship and a silver medal at the 2009 World Cup Championship. In the summer of 2013, LaMonica played a key role in helping Australia earn a bronze medal at the World Cup Championship in Canada.

Named to the 2005 IFWLA All-World Team, she was also a member of the U-19 Australian National Team that won the silver medal at the 1999 World Championships and was also the recipient of the U21 South Australian Sportswoman of the Year award.

A 2003 graduate of Maryland, LaMonica was a three-year starter for the Terrapins. She earned first team All-America honors and was a candidate for the Tewaaraton Trophy during her senior season after leading Maryland to the Atlantic Coast Conference (ACC) championship. A team captain during her senior season, she was a member of three ACC championship teams and helped the Terrapins win the 2000 and 2001 NCAA titles.

LaMonica scored 111 goals in her college career, including 49 goals as a senior, along with 55 assists.

### LAMONICA CAREER COACHING RECORD

Year	Team	Overall	Conf.	Conf. Finish	NCAA Tournament
2010	Mt. Saint Mary's	8-9	6-3	Semifinal	-
2011	Towson	11-7	6-1	Final	-
2012	Towson	16-4	7-0	Champions	First Round
2013	Towson	10-9	6-1	Champions	First Round
2014	Towson	11-8	4-1	Champions	First Round
2015	Towson	9-9	3-3	Final	-
2016	Towson	16-4	5-1	Champions	Second Round
2017	Towson	12-7	4-2	Final	First Round
2018	Towson	16-5	5-1	Final	Second Round
2019	Towson	7-10	5-1	Semifinal	-
2020*	Towson	2-4*	*	*	*
2021	Towson	9-9	0-4	Semifinal	First Round
2022	Towson	9-8	5-1	Final	-
2023	Towson	11-7	5-2	Final	-
2024	Virginia	15-5	6-3	Semifinal	Second Round
2025	Virginia	4-2			

**Career** **166-107**

**Virginia Record** **20-7 (7-4)**

\*Season canceled due to COVID-19 Pandemic





**2025 Virginia Women's Lacrosse  
Virginia Combined Team Statistics  
All games (as of Mar 05, 2025)**



<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
ALL GAMES	4-2	1-2	3-0	0-0
CONFERENCE	1-1	0-1	1-0	0-0
NON-CONFERENCE	3-1	1-1	2-0	0-0

<b>Date</b>	<b>Opponent</b>		<b>Score</b>	<b>Att.</b>
02/07/202	LIBERTY	w	20-5	501
Feb 15	at #17 Princeton	w	13-11	356
* Feb 22	#14 STANFORD	L	7-13	703
Feb 26	#19 NAVY	L	12-14	417
* Mar 01	at California	w	20-9	250
Mar 05	at Richmond	w	14-9	167

<b>TEAM STATISTICS</b>	<b>VA</b>	<b>OPP</b>
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	86-185	61-127
Goals scored per game	14.33	10.17
Shot pct.	.465	.480
Shots on goal-Attempts	144-185	100-127
SOG pct.	.778	.787
Shots/Game	30.8	21.2
Assists	41	25
Free position Made-Att	17-37	19-32
Free position pct.	.459	.594
<b>GOAL BREAKDOWN</b>		
Total Goals	86	61
Free-position	17	19
Unassisted	45	36
Overtime	0	0
Goals scored average	14.37	10.19
GROUND BALLS	84	86
DRAW CONTROLS	91	73
TURNOVERS	69	92
CAUSED TURNOVERS	57	39
CLEARs	85-96	81-99
Clear Pct.	.885	.818
<b>SHOT CLOCK VIOLATIONS</b>		
ATTENDANCE	5	5
Total	1621	773
Dates/Avg Per Date	3/540	3/258
Neutral Site #/Avg	0/0	

<b>## PLAYER</b>	<b>GP</b>	<b>G</b>	<b>A</b>	<b>Pts</b>	<b>Sh</b>	<b>Gw</b>	<b>GB</b>	<b>DC</b>	<b>Dsv</b>	<b>TO</b>	<b>CT</b>
4 Jenna Dinardo	6	20	3	23	38	2	4	1	0	10	3
21 Kate Miller	6	12	8	20	29	0	10	10	0	11	4
15 Addi Foster	6	10	7	17	20	0	4	0	0	1	4
5 Kate Galica	6	10	2	12	22	0	5	54	0	6	9
11 Abby Manalang	6	9	2	11	15	1	11	13	0	1	9
16 Madison Alaimo	6	8	18	26	23	0	2	0	0	12	1
22 Lauren Pederson	6	5	0	5	7	0	2	0	0	2	0
23 Alex Reilly	6	4	0	4	8	1	0	2	0	2	3
7 Payton Sfreddo	6	3	0	3	11	0	3	3	0	3	1
2 Jayden Piraino	4	3	0	3	4	0	2	0	0	0	0
41 Fiona Allen	3	1	1	2	4	0	0	0	0	1	1
17 Finley Barger	2	1	0	1	1	0	0	0	0	0	0
13 Carly Kennedy	2	0	0	0	0	0	0	0	0	0	0
12 Payton Meister	2	0	0	0	0	0	0	0	0	0	1
10 Maureen Duffy	6	0	0	0	0	0	2	0	0	2	1
9 Sophia Conti	6	0	0	0	0	0	1	0	0	0	1
44 Breese Burlingame	1	0	0	0	0	0	0	0	0	0	0
26 Mel Josephson	6	0	0	0	0	0	10	0	0	2	0
6 Abby Jansen	3	0	0	0	0	0	3	0	0	0	0
14 Abby Musser	3	0	0	0	0	0	0	0	0	1	0
20 Olivia Bruno	6	0	0	0	0	0	1	0	0	2	3
25 Corey White	5	0	0	0	3	0	2	0	0	1	1
3 Kate Demark	6	0	0	0	0	0	7	5	0	4	2
29 Cece Webb	3	0	0	0	0	0	0	0	0	0	1
42 Livy Laverghetta	1	0	0	0	0	0	0	0	0	1	0
19 Wylly Willmott	1	0	0	0	0	0	0	0	0	0	0
40 Devon Gogerty	2	0	0	0	0	0	0	0	0	0	1
36 Lara Kology	6	0	0	0	0	0	8	2	0	0	5
33 Katie Campel	2	0	0	0	0	0	0	0	0	1	0
32 Nicole Cruthirds	6	0	0	0	0	0	7	1	0	0	6
43 Gabby Laverghett	2	0	0	0	0	0	0	0	0	0	0
Total	6	86	41	127	185	4	84	91	0	69	57
Opponents	6	61	25	86	127	2	86	73	0	92	39

<b>## Goalie</b>	<b>GP</b>	<b>Min.</b>	<b>GA</b>	<b>GAAvg</b>	<b>Save</b>	<b>Pct</b>	<b>W-L-T</b>
44 Breese Burlingame	1	6:51	1	8.76	1	.500	0-0-0
26 Mel Josephson	6	321:12	54	10.09	37	.407	4-2-0
6 Abby Jansen	3	31:02	6	11.60	1	.143	0-0-0
Total	6	359:05	61	10.19	39	.390	4-2-0
Opponents	6	359:05	86	14.37	58	.403	2-4-0

<b>Goals by Period</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>Total</b>
Virginia	26	20	25	15	86
Opponents	13	17	14	17	61

<b>Saves by Period</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>Total</b>
Virginia	11	12	9	7	39
Opponents	15	20	16	7	58

<b>Shots by Period</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>Total</b>
Virginia	51	52	54	28	185
Opponents	33	34	31	29	127

<b>Shots on Goal</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>Total</b>
Virginia	41	40	41	22	144
Opponents	24	29	23	24	100



# 2025 Virginia Women's Lacrosse Virginia Overall Individual Statistics All games (as of Mar 05, 2025)



Overall: 4-2 Conf: 1-1 Home: 1-2 Away: 3-0 Neut: 0-0

##	Player	gp-gs	g	a	pts	sh	sh%	sog	sog%	gw	fpg-fps	gb	dc	dsv	t/o	ct	foul
4	Jenna Dinardo	6-6	20	3	23	38	.526	37	.974	2	2-4	4	1	0	10	3	2
21	Kate Miller	6-6	12	8	20	29	.414	17	.586	0	1-1	10	10	0	11	4	3
5	Kate Galica	6-6	10	2	12	22	.455	16	.727	0	4-9	5	54	0	6	9	10
15	Addi Foster	6-6	10	7	17	20	.500	15	.750	0	2-5	4	0	0	1	4	1
11	Abby Manalang	6-6	9	2	11	15	.600	13	.867	1	4-5	11	13	0	1	9	1
16	Madison Alaimo	6-6	8	18	26	23	.348	16	.696	0	2-3	2	0	0	12	1	3
22	Lauren Pederson	6-0	5	0	5	7	.714	7	1.000	0	1-1	2	0	0	2	0	0
23	Alex Reilly	6-0	4	0	4	8	.500	7	.875	1	1-1	0	2	0	2	3	4
7	Payton Sfreddo	6-0	3	0	3	11	.273	8	.727	0	0-5	3	3	0	3	1	1
2	Jayden Piraino	4-0	3	0	3	4	.750	3	.750	0	-	2	0	0	0	0	0
41	Fiona Allen	3-0	1	1	2	4	.250	3	.750	0	0-1	0	0	0	1	1	0
17	Finley Barger	2-0	1	0	1	1	1.000	1	1.000	0	-	0	0	0	0	0	0
32	Nicole Cruthirds	6-6	0	0	0	0	.000	0	.000	0	-	7	1	0	0	6	3
33	Katie Campel	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	0	0
36	Lara Kology	6-6	0	0	0	0	.000	0	.000	0	-	8	2	0	0	5	8
40	Devon Gogerty	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	1	1
43	Gabby Laverghetta	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
19	Wylly Willmott	1-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
42	Livy Laverghetta	1-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	0	0
29	Cece Webb	3-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	1	0
26	Mel Josephson	6-6	0	0	0	0	.000	0	.000	0	-	10	0	0	2	0	1
25	Corey White	5-0	0	0	0	3	.000	1	.333	0	0-2	2	0	0	1	1	0
20	Olivia Bruno	6-6	0	0	0	0	.000	0	.000	0	-	1	0	0	2	3	8
14	Abby Musser	3-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	0	1
13	Carly Kennedy	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
12	Payton Meister	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	1	0
10	Maureen Duffy	6-6	0	0	0	0	.000	0	.000	0	-	2	0	0	2	1	6
9	Sophia Conti	6-0	0	0	0	0	.000	0	.000	0	-	1	0	0	0	1	1
6	Abby Jansen	3-0	0	0	0	0	.000	0	.000	0	-	3	0	0	0	0	0
3	Kate Demark	6-6	0	0	0	0	.000	0	.000	0	-	7	5	0	4	2	13
44	Breese Burlingame	1-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
Total		6	86	41	127	185	.465	144	.778	4	17-37	84	91	0	69	57	69
Opponents		6	61	25	86	127	.480	100	.787	2	19-32	86	73	0	92	39	76

##	Goalie	gp-gs	min	ga	gaavg	saves	pct	w	l	t	shots faced
44	Breese Burlingame	1-0	6:51	1	8.76	1	.500	0	0	0	2
26	Mel Josephson	6-6	321:12	54	10.09	37	.407	4	2	0	116
6	Abby Jansen	3-0	31:02	6	11.60	1	.143	0	0	0	10
Total		6	359:05	61	10.19	39	.390	4	2	0	128
Opponents		6	359:05	86	14.37	58	.403	2	4	0	185

Goals by Period	1st	2nd	3rd	4th	Total
Virginia	26	20	25	15	86
Opponents	13	17	14	17	61

Saves by Period	1st	2nd	3rd	4th	Total
Virginia	11	12	9	7	39
Opponents	15	20	16	7	58

Shots by Period	1st	2nd	3rd	4th	Total
Virginia	51	52	54	28	185
Opponents	33	34	31	29	127

Attendance Summary	VA	Opponent
Total	1621	773
Dates/Avg Per Date	3/540	3/258
Neutral Site #/Avg	0/0	

Shots on Goal	1st	2nd	3rd	4th	Total
Virginia	41	40	41	22	144
Opponents	24	29	23	24	100

CLEARs: Virginia -- 85-96 .885, Opponents -- 81-99 .818.



## 2025 Virginia Women's Lacrosse Virginia Team Game-by-Game All games (as of Mar 05, 2025)



### TEAM STATISTICS

Date	Opponent	Score	G	A	Pts	Sh	Sog	GW	fpg-fps	GB	DC	TO	CT	Fo
02/07/2025	LIBERTY	20-5	20	10	30	39	35	1	2-5	23	12	13	18	12
Feb 15, 2025	Princeton	13-11	13	4	17	32	25	1	2-5	10	20	9	4	7
Feb 22, 2025	STANFORD	7-13	7	4	11	14	12	0	2-4	19	9	21	11	13
Feb 26, 2025	NAVY	12-14	12	5	17	31	22	0	5-9	12	15	11	10	11
Mar 01, 2025	California	20-9	20	14	34	35	29	1	3-6	8	20	9	8	12
Mar 05, 2025	Richmond	14-9	14	4	18	34	21	1	3-8	12	15	6	6	14
Virginia		86-61	86	41	127	185	144	4	17-37	84	91	69	57	69
			61	25	86	127	100	2	19-32	86	73	92	39	76

### TEAM PER-GAME

Games played: 6

Shots per game: 30.83; Goals per game: 14.33

Assists per game: 6.83; Points per game: 21.17

Shot pct: .465; SOG pct: .778

Faceoff W-L pct: .000; Clear pct.: 0.885

Date	Opponent	Score	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Faced
02/07/2025	LIBERTY	20-5	60:00	5	5.00	7	.583	1	0	0	13
Feb 15, 2025	Princeton	13-11	59:05	11	8.06	9	.450	1	0	0	30
Feb 22, 2025	STANFORD	7-13	60:00	13	9.72	7	.350	0	1	0	27
Feb 26, 2025	NAVY	12-14	60:00	14	10.79	5	.263	0	1	0	24
Mar 01, 2025	California	20-9	60:00	9	10.43	3	.250	1	0	0	15
Mar 05, 2025	Richmond	14-9	60:00	9	10.19	8	.471	1	0	0	19
Totals		86-61	359:05	61	10.19	39	.390	4	2	0	128
			359:05	86	10.19	58	.403	2	4	0	185





**2025 Virginia Women's Lacrosse**  
**Virginia Game-by-Game Goals-Assists-Points**  
**All games (as of Mar 05, 2025)**



Opponent	Date	Score	2 PIRAINO,JA	3 DEMARK,KAT	4 DINARDO,JE	5 GALICA,KAT	6 JANSEN,ABB	7 SFREDDO,PA	9 CONTI,SOPH	10 DUFFY,MAUR	11 MANALANG,A	12 MEISTER,PA	13 KENNEDY,CA
LIBERTY	02/07/20	20-5 W	3-0-3	0-0-0	4-1-5	1-0-1	0-0-0	0-0-0	0-0-0	0-0-0	3-0-3	0-0-0	0-0-0
at PRI	Feb 15	13-11 W	0-0-0	0-0-0	3-0-3	3-1-4	DNP	0-0-0	0-0-0	0-0-0	0-0-0	DNP	DNP
STAN	Feb 22	7-13 L	0-0-0	0-0-0	2-0-2	0-0-0	DNP	0-0-0	0-0-0	0-0-0	1-1-2	DNP	0-0-0
NAVY	Feb 26	12-14 L	DNP	0-0-0	4-2-6	4-0-4	0-0-0	0-0-0	0-0-0	0-0-0	2-0-2	DNP	DNP
at CAL	Mar 01	20-9 W	0-0-0	0-0-0	4-0-4	2-1-3	0-0-0	2-0-2	0-0-0	0-0-0	1-1-2	0-0-0	DNP
at RICH	Mar 05	14-9 W	DNP	0-0-0	3-0-3	0-0-0	DNP	1-0-1	0-0-0	0-0-0	2-0-2	DNP	DNP

Opponent	Date	Score	14 MUSSER,ABB	15 FOSTER,ADD	16 ALAIMO,MAD	17 BARGER,FIN	19 WILLMOTT,W	20 BRUNO,OLIV	21 MILLER,KAT	22 PEDERSON,L	23 REILLY,ALE	25 WHITE,CORE	26 JOSEPHSON,
LIBERTY	02/07/20	20-5 W	0-0-0	2-4-6	1-3-4	0-0-0	DNP	0-0-0	3-2-5	2-0-2	1-0-1	0-0-0	0-0-0
at PRI	Feb 15	13-11 W	DNP	3-0-3	1-3-4	DNP	DNP	0-0-0	3-0-3	0-0-0	0-0-0	DNP	0-0-0
STAN	Feb 22	7-13 L	0-0-0	1-0-1	1-2-3	DNP	DNP	0-0-0	1-1-2	1-0-1	0-0-0	0-0-0	0-0-0
NAVY	Feb 26	12-14 L	DNP	0-1-1	1-1-2	DNP	DNP	0-0-0	1-1-2	0-0-0	0-0-0	0-0-0	0-0-0
at CAL	Mar 01	20-9 W	0-0-0	3-2-5	1-6-7	1-0-1	0-0-0	0-0-0	2-3-5	2-0-2	1-0-1	0-0-0	0-0-0
at RICH	Mar 05	14-9 W	DNP	1-0-1	3-3-6	DNP	DNP	0-0-0	2-1-3	0-0-0	2-0-2	0-0-0	0-0-0

Opponent	Date	Score	29 WEBB,CECE	32 CRUTHIRDS,	33 CAMPEL,KAT	36 KOLOGY,LAR	40 GOGERTY,DE	41 ALLEN,FION	42 LAVERGHETT	43 LAVERGHETT	44 BURLINGAME
LIBERTY	02/07/20	20-5 W	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	DNP	DNP	0-0-0	DNP
at PRI	Feb 15	13-11 W	DNP	0-0-0	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP
STAN	Feb 22	7-13 L	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP	DNP	DNP
NAVY	Feb 26	12-14 L	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP	DNP	DNP
at CAL	Mar 01	20-9 W	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	1-1-2	0-0-0	0-0-0	0-0-0
at RICH	Mar 05	14-9 W	0-0-0	0-0-0	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP



**2025 Virginia Women's Lacrosse  
Virginia Category Leaders  
All games (as of Mar 05, 2025)**



##	Points	GP	G	A	Pts	Shots
16	Madison Alaimo	6	8	18	26	23
4	Jenna Dinardo	6	20	3	23	38
21	Kate Miller	6	12	8	20	29
15	Addi Foster	6	10	7	17	20
5	Kate Galica	6	10	2	12	22

##	Goals	GP	G	A	Pts	Shots
4	Jenna Dinardo	6	20	3	23	38
21	Kate Miller	6	12	8	20	29
5	Kate Galica	6	10	2	12	22
15	Addi Foster	6	10	7	17	20
11	Abby Manalang	6	9	2	11	15

##	Assists	GP	G	A	Pts	Shots
16	Madison Alaimo	6	8	18	26	23
21	Kate Miller	6	12	8	20	29
15	Addi Foster	6	10	7	17	20
4	Jenna Dinardo	6	20	3	23	38
5	Kate Galica	6	10	2	12	22

##	Ground Balls	GP	No.
11	Abby Manalang	6	11
26	Mel Josephson	6	10
21	Kate Miller	6	10
36	Lara Kology	6	8
3	Kate Demark	6	7

##	Draw Controls	GP	No.
5	Kate Galica	6	54
11	Abby Manalang	6	13
21	Kate Miller	6	10
3	Kate Demark	6	5
7	Payton Sfreddo	6	3

##	Game-winning Goals	GP	No.
4	Jenna Dinardo	6	2
11	Abby Manalang	6	1
23	Alex Reilly	6	1

##	Free-position Goals	GP	No.
5	Kate Galica	6	4
11	Abby Manalang	6	4
16	Madison Alaimo	6	2
15	Addi Foster	6	2
4	Jenna Dinardo	6	2

##	Shots	GP	G	A	Shots	Shot%
4	Jenna Dinardo	6	20	3	38	.526
21	Kate Miller	6	12	8	29	.414
16	Madison Alaimo	6	8	18	23	.348
5	Kate Galica	6	10	2	22	.455
15	Addi Foster	6	10	7	20	.500

##	Shot Pct.	GP	G	A	Shots	Shot%
17	Finley Barger	2	1	0	1	1.000
2	Jayden Piraino	4	3	0	4	.750
22	Lauren Pederson	6	5	0	7	.714
11	Abby Manalang	6	9	2	15	.600
4	Jenna Dinardo	6	20	3	38	.526

##	Shots on Goal	GP	G	A	Shots	SOG	SOG%
4	Jenna Dinardo	6	20	3	38	37	.974
21	Kate Miller	6	12	8	29	17	.586
16	Madison Alaimo	6	8	18	23	16	.696
5	Kate Galica	6	10	2	22	16	.727
15	Addi Foster	6	10	7	20	15	.750

##	Shots on Goal Pct.	GP	G	A	Shots	SOG	SOG%
22	Lauren Pederson	6	5	0	7	7	1.000
17	Finley Barger	2	1	0	1	1	1.000
4	Jenna Dinardo	6	20	3	38	37	.974
23	Alex Reilly	6	4	0	8	7	.875
11	Abby Manalang	6	9	2	15	13	.867

##	Caused Turnovers	GP	No.
5	Kate Galica	6	9
11	Abby Manalang	6	9
32	Nicole Cruthirds	6	6
36	Lara Kology	6	5
21	Kate Miller	6	4



## 2025 Virginia Lacrosse Individual Career History



### Madison Alaimo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	17	27	44	35	.486	25	.714	2	24	1	0	28	11
2025	6	8	18	26	23	.348	16	.696	0	2	0	0	12	1
TOTAL	26	25	45	70	58	.431	41	.707	2	26	1	0	40	12

SINGLE-GAME HIGHS [all-time ranking]:

Points: 7, at California, Mar 01, 2025

Goals: 4, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024

Assists: 6 [t-5th], at California, Mar 01, 2025

Shots: 5, 4 times

Ground balls: 5, Princeton, 02/17/24; Princeton, Feb 17, 2024

Draw controls: 1, LIU, May 10, 2024

Man-up goals: 1 [t-8th], 5 times

Free-position goals: 1, 5 times

Caused turnovers: 2, VCU, Apr 03, 2024; at Duke, Mar 30, 2024

### Fiona Allen

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	3	1	1	2	4	.250	3	.750	0	0	0	0	1	1
TOTAL	3	1	1	2	4	.250	3	.750	0	0	0	0	1	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at California, Mar 01, 2025

Goals: 1, at California, Mar 01, 2025

Assists: 1, at California, Mar 01, 2025

Shots: 2, at Princeton, Feb 15, 2025

Caused turnovers: 1, at California, Mar 01, 2025

### Finley Barger

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	1	0	1	4	.250	2	.500	0	0	0	0	0	0
2025	2	1	0	1	1	1.000	1	1.000	0	0	0	0	0	0
TOTAL	6	2	0	2	5	.400	3	.600	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, at California, Mar 01, 2025; LIU, May 10, 2024

Goals: 1, at California, Mar 01, 2025; LIU, May 10, 2024

Shots: 2, VCU, Apr 03, 2024

Man-up goals: 1 [t-8th], at California, Mar 01, 2025

### Olivia Bruno

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	3	0	0	0	-	-	-	-	0	0	0	0	0	0
2024	20	0	0	0	-	-	-	-	0	5	0	0	3	18
2025	6	0	0	0	-	-	-	-	0	1	0	0	2	3
TOTAL	29	0	0	0	-	-	-	-	0	6	0	0	5	21

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 2, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Caused turnovers: 4 [t-9th], Boston College, Apr 13, 2024



## 2025 Virginia Lacrosse Individual Career History

### Breese Burlingame

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	1	0	0	0	-	-	-	-	0	0	0	0	0	0

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2025	1	6:51	1	8.76	1	.500	0	0	0	0
TOTAL	1	6:51	1	8.76	1	.500	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 1, at California, Mar 01, 2025

### Katie Campel

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	2	0	0	0	-	-	-	-	0	0	0	0	1	0
TOTAL	2	0	0	0	-	-	-	-	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

### Sophia Conti

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	6	0	0	0	-	-	-	-	0	1	0	0	0	1
TOTAL	6	0	0	0	-	-	-	-	0	1	0	0	0	1

SINGLE-GAME HIGHS [all-time ranking]:



## 2025 Virginia Lacrosse Individual Career History



### Nicole Cruthirds

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	18	0	0	0	-	-	-	-	0	9	3	0	1	4
2024	20	0	1	1	-	-	-	-	0	20	1	0	5	5
2025	6	0	0	0	-	-	-	-	0	7	1	0	0	6
TOTAL	44	0	1	1	-	-	-	-	0	36	5	0	6	15

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Assists: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Ground balls: 3, 4 times

Draw controls: 1, 5 times

Caused turnovers: 2, 4 times

### Kate Demark

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	-	-	0	29	0	0	6	17
2025	6	0	0	0	-	-	-	-	0	7	5	0	4	2
TOTAL	26	0	0	0	-	-	-	-	0	36	5	0	10	19

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 4, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Draw controls: 3, at Princeton, Feb 15, 2025

Caused turnovers: 2, 6 times

### Jenna Dinardo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	39	11	50	74	.527	60	.811	3	6	0	0	23	2
2025	6	20	3	23	38	.526	37	.974	2	4	1	0	10	3
TOTAL	26	59	14	73	112	.527	97	.866	5	10	1	0	33	5

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, NAVY, Feb 26, 2025

Goals: 5, James Madison, 03/20/24; James Madison, Mar 20, 2024

Assists: 2, 5 times

Shots: 11 [t-4th], Liberty, 02/07/2025

Ground balls: 2, Stanford, Feb 22, 2025

Draw controls: 1, NAVY, Feb 26, 2025

Man-up goals: 2 [t-1st], Stanford, Feb 22, 2025

Free-position goals: 1, 8 times

Caused turnovers: 3, Stanford, Feb 22, 2025

### Maureen Duffy

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	12	3	0	3	3	1.000	3	1.000	0	1	1	0	2	1
2023	16	3	5	8	9	.333	8	.889	0	3	0	0	4	0
2024	18	0	0	0	-	-	-	-	0	6	0	0	2	4
2025	6	0	0	0	-	-	-	-	0	2	0	0	2	1
TOTAL	52	6	5	11	12	.500	11	.917	0	12	1	0	10	6

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, VCU, Apr 06, 2022; Duke, Apr 08, 2023; vs UC Davis, Feb 12, 2023

Goals: 2, VCU, Apr 06, 2022

Assists: 2, Duke, Apr 08, 2023

Shots: 2, at VCU, Apr 05, 2023; VCU, Apr 06, 2022; vs UC Davis, Feb 12, 2023

Ground balls: 2, at Liberty, 02/09/24; at VCU, Apr 05, 2023; at Liberty, Feb 9, 2024

Draw controls: 1, VCU, Apr 06, 2022

Free-position goals: 1, ELON, Mar 05, 2023

Caused turnovers: 2, at Liberty, 02/09/24; at Liberty, Feb 9, 2024



## 2025 Virginia Lacrosse Individual Career History



### Addi Foster

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	16	3	5	8	14	.214	9	.643	0	9	3	0	5	5
2025	6	10	7	17	20	.500	15	.750	0	4	0	0	1	4
TOTAL	22	13	12	25	34	.382	24	.706	0	13	3	0	6	9

#### SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, Liberty, 02/07/2025

Goals: 3, at Princeton, Feb 15, 2025; at California, Mar 01, 2025

Assists: 4, Liberty, 02/07/2025

Shots: 5, at Princeton, Feb 15, 2025; NAVY, Feb 26, 2025

Ground balls: 3, VCU, Apr 03, 2024

Draw controls: 1, 4 times

Man-up goals: 1 [t-8th], at Princeton, Feb 15, 2025; LIU, May 10, 2024

Free-position goals: 1, Stanford, Feb 22, 2025; at California, Mar 01, 2025; LIU, May 10, 2024

Caused turnovers: 2, Liberty, 02/07/2025; vs North Carolina, Apr 23, 2024; vs North Carolina, Apr 24, 2024

### Kate Galica

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	21	4	25	47	.447	31	.660	0	27	97	0	20	14
2025	6	10	2	12	22	.455	16	.727	0	5	54	0	6	9
TOTAL	26	31	6	37	69	.449	47	.681	0	32	151	0	26	23

#### SINGLE-GAME HIGHS [all-time ranking]:

Points: 4, at Princeton, Feb 15, 2025; NAVY, Feb 26, 2025

Goals: 4, NAVY, Feb 26, 2025

Assists: 1, 9 times

Shots: 5, 6 times

Ground balls: 4, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 15 [t-1st], at California, Mar 01, 2025

Man-up goals: 1 [t-8th], 7 times

Free-position goals: 2 [t-5th], NAVY, Feb 26, 2025

Caused turnovers: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

### Devon Gogerty

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	6	2	1	3	7	.286	4	.571	0	1	1	0	1	0
2025	2	0	0	0	-	-	-	-	0	0	0	0	0	1
TOTAL	8	2	1	3	7	.286	4	.571	0	1	1	0	1	1

#### SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Goals: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Assists: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Shots: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

Ground balls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Man-up goals: 1 [t-8th], Richmond, 03/06/24; Richmond, Mar 6, 2024

Caused turnovers: 1, Liberty, 02/07/2025





## 2025 Virginia Lacrosse Individual Career History



### Abby Jansen

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	9	0	0	0	-	-	-	-	0	1	0	0	0	0
2023	14	0	0	0	1	.000	-	-	0	12	0	0	3	4
2024	6	0	0	0	-	-	-	-	0	1	0	0	0	0
2025	3	0	0	0	-	-	-	-	0	3	0	0	0	0
TOTAL	32	0	0	0	1	.000	-	-	0	17	0	0	3	4

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2022	9	91:43	20	13.08	12	.375	0	0	0	0
2023	14	534:34	121	13.58	67	.356	4	3	0	0
2024	6	43:52	7	9.57	5	.417	0	0	0	0
2025	3	31:02	6	11.60	1	.143	0	0	0	0
TOTAL	32	701:11	154	13.18	85	.356	4	3	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 9, at VCU, Apr 05, 2023

Ground balls: 4, Duke, Apr 08, 2023

Caused turnovers: 2, Duke, Apr 08, 2023

### Mel Josephson

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	-	-	0	19	1	0	7	2
2025	6	0	0	0	-	-	-	-	0	10	0	0	2	0
TOTAL	26	0	0	0	-	-	-	-	0	29	1	0	9	2

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2024	20	1140:04	200	10.53	161	.446	15	5	0	0
2025	6	321:12	54	10.09	37	.407	4	2	0	0
TOTAL	26	1461:16	254	10.43	198	.438	19	7	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 12 [t-9th], 6 times

Ground balls: 7, Stanford, Feb 22, 2025

Draw controls: 1, Boston College, Apr 13, 2024

Caused turnovers: 1, 5 times



## 2025 Virginia Lacrosse Individual Career History



### Morgan Koeneke

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	1	0	0	0	-	-	-	-	0	0	0	0	0	1
2024	5	0	0	0	-	-	-	-	0	0	0	0	2	0
TOTAL	6	0	0	0	-	-	-	-	0	0	0	0	2	1

SINGLE-GAME HIGHS [all-time ranking]:

Caused turnovers: 1, VCU, Apr 06, 2022

### Lara Kology

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	6	0	0	0	-	-	-	-	0	8	2	0	0	5
TOTAL	6	0	0	0	-	-	-	-	0	8	2	0	0	5

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 2, Stanford, Feb 22, 2025; NAVY, Feb 26, 2025

Draw controls: 1, NAVY, Feb 26, 2025

Caused turnovers: 2, NAVY, Feb 26, 2025

### Gabby Laverghetta

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	2	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	2	0	0	0	-	-	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

### Livy Laverghetta

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	-	-	0	0	0	0	1	0
TOTAL	1	0	0	0	-	-	-	-	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:



## 2025 Virginia Lacrosse Individual Career History

### Abby Manalang

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	17	0	2	2	9	.000	1	.111	0	5	15	0	4	2
2023	18	5	1	6	14	.357	9	.643	0	9	18	0	5	5
2024	15	3	1	4	5	.600	5	1.000	0	3	1	0	2	4
2025	6	9	2	11	15	.600	13	.867	1	11	13	0	1	9
TOTAL	56	17	6	23	43	.395	28	.651	1	28	47	0	12	20

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, Liberty, 02/07/2025

Goals: 3, Liberty, 02/07/2025

Assists: 1, 6 times

Shots: 5, NAVY, Feb 26, 2025

Ground balls: 3, Liberty, 02/07/2025; at California, Mar 01, 2025

Draw controls: 5, Notre Dame, Mar 25, 2023

Man-up goals: 2 [t-1st], NAVY, Feb 26, 2025

Free-position goals: 1, 5 times

Caused turnovers: 3, NAVY, Feb 26, 2025; at California, Mar 01, 2025

### Evie McMahan

SINGLE-GAME HIGHS [all-time ranking]:

### Payton Meister

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	6	0	0	0	-	-	-	-	0	1	0	0	1	2
2023	2	0	0	0	-	-	-	-	0	1	0	0	0	0
2024	5	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	2	0	0	0	-	-	-	-	0	0	0	0	0	1
TOTAL	15	0	0	0	-	-	-	-	0	2	0	0	1	3

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, at VCU, Apr 05, 2023; Richmond, Mar 09, 2022

Caused turnovers: 1, at California, Mar 01, 2025; Richmond, Mar 09, 2022; PITT, Mar 18, 2022

### Kate Miller

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	20	27	8	35	58	.466	42	.724	0	9	0	0	15	1
2023	18	17	26	43	38	.447	30	.789	1	14	1	0	20	8
2024	20	28	22	50	68	.412	52	.765	1	16	43	0	32	10
2025	6	12	8	20	29	.414	17	.586	0	10	10	0	11	4
TOTAL	64	84	64	148	193	.435	141	.731	2	49	54	0	78	23

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, ELON, Mar 05, 2023

Goals: 5, LIU, May 10, 2024

Assists: 4, Syracuse, 03/23/24; Syracuse, Mar 23, 2024

Shots: 7, LIU, May 10, 2024

Ground balls: 6, Liberty, 02/07/2025

Draw controls: 6, VCU, Apr 03, 2024

Man-up goals: 2 [t-1st], LIU, May 10, 2024

Free-position goals: 1, 10 times

Caused turnovers: 2, 5 times



## 2025 Virginia Lacrosse Individual Career History



### Juliana Murphy

SINGLE-GAME HIGHS [all-time ranking]:

### Abby Musser

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	3	0	0	0	-	-	-	-	0	0	0	0	1	0
TOTAL	3	0	0	0	-	-	-	-	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

### Lauren Pederson

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	1	0	0	0	-	-	-	-	0	0	0	0	0	0
2024	9	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	6	5	0	5	7	.714	7	1.000	0	2	0	0	2	0
TOTAL	16	5	0	5	7	.714	7	1.000	0	2	0	0	2	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Liberty, 02/07/2025; at California, Mar 01, 2025

Goals: 2, Liberty, 02/07/2025; at California, Mar 01, 2025

Shots: 3, at California, Mar 01, 2025

Ground balls: 2, Liberty, 02/07/2025

Free-position goals: 1, at California, Mar 01, 2025

### Jayden Piraino

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	4	3	0	3	4	.750	3	.750	0	2	0	0	0	0
TOTAL	4	3	0	3	4	.750	3	.750	0	2	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, Liberty, 02/07/2025

Goals: 3, Liberty, 02/07/2025

Shots: 4, Liberty, 02/07/2025

Ground balls: 1, at Princeton, Feb 15, 2025; at California, Mar 01, 2025



## 2025 Virginia Lacrosse Individual Career History



### Alex Reilly

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	6	4	0	4	8	.500	7	.875	1	0	2	0	2	3
TOTAL	6	4	0	4	8	.500	7	.875	1	0	2	0	2	3

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, Liberty, 02/07/2025; at California, Mar 01, 2025

Goals: 1, Liberty, 02/07/2025; at California, Mar 01, 2025

Shots: 2, Liberty, 02/07/2025; at California, Mar 01, 2025

Draw controls: 1, Liberty, 02/07/2025; Stanford, Feb 22, 2025

Caused turnovers: 2, Liberty, 02/07/2025

### Alexandra Schneider

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	11	0	0	0	-	-	-	-	0	0	1	0	1	0
TOTAL	11	0	0	0	-	-	-	-	0	0	1	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

### Payton Sfredde

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	6	3	0	3	11	.273	8	.727	0	3	3	0	3	1
TOTAL	6	3	0	3	11	.273	8	.727	0	3	3	0	3	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at California, Mar 01, 2025

Goals: 2, at California, Mar 01, 2025

Shots: 4, at California, Mar 01, 2025

Ground balls: 2, Liberty, 02/07/2025

Draw controls: 2, Liberty, 02/07/2025

Caused turnovers: 1, Liberty, 02/07/2025

### Lily Spyredes

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	4	0	0	0	-	-	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

### Cece Webb

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	3	0	0	0	-	-	-	-	0	0	0	0	0	1
TOTAL	3	0	0	0	-	-	-	-	0	0	0	0	0	1

SINGLE-GAME HIGHS [all-time ranking]:  
 Caused turnovers: 1, Liberty, 02/07/2025

### Corey White

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	5	0	0	0	2	.000	2	1.000	0	1	0	0	1	0
2025	5	0	0	0	3	.000	1	.333	0	2	0	0	1	1
TOTAL	10	0	0	0	5	.000	3	.600	0	3	0	0	2	1

SINGLE-GAME HIGHS [all-time ranking]:  
 Shots: 2, NAVY, Feb 26, 2025  
 Ground balls: 1, Richmond, 03/06/24; NAVY, Feb 26, 2025; Richmond, Mar 6, 2024

### Wylly Willmott

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	1	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	5	0	0	0	-	-	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:



2025 ROSTER/BREAKDOWN

No.	Name	Cl.	Pos.	Ht.	Hometown/High School/Previous School
2	Jayden Piraino	Fr.	Attack	5-6	Dix Hills, N.Y./Half Hollow Hills East
3	Kate Demark	So.	Defense	5-6	Darien, Conn./Darien HS
4	Jenna Dinardo	So.	Attack	5-5	Corning, N.Y./Corning Painted Post HS
5	Kate Galica	So.	Midfield	5-8	Wayne, Pa./Conestoga HS
6	Abby Jansen	Sr.	Goalkeeper	5-5	Newtown Square, Pa./Radnor
7	Payton Sfreddo	Fr.	Midfield	5-11	Rye, N.Y., Sacred Heart Greenwich (Conn.)
8	Alexandra Schneider	So.	Defense	5-8	Manhasset, N.Y./Manhasset HS
9	Sophia Conti	Fr.	Midfield	5-7	Babylon, N.Y./Babylon Junior Senior High
10	Maureen Duffy	Sr.	Defense	5-7	East Quogue, N.Y./Westhampton Beach
11	Abby Manalang	Sr.	Midfield	5-4	Los Angeles, Calif./Da Vinci Science
12	Payton Meister	Sr.	Defense	5-4	Coppell, Texas/Episcopal School of Dallas
13	Carly Kennedy	Fr.	Midfield	5-3	Denver, Co./Regis Jesuit
14	Abby Musser	Fr.	Defense	5-6	Alexandria, Va./St. Stephens & St. Agnes
15	Addi Foster	So.	Attack	5-9	Charlottesville, Va./St. Anne's Belfield School
16	Madison Alaimo	So.	Attack	5-7	Wantagh, N.Y./Wantagh HS
17	Finley Barger	Jr.	Midfield	5-8	Fallston, Md./Notre Dame Preparatory School
19	Wyly Willmott	Jr.	Defense	5-8	Memphis, Tenn./Oregon Episcopal/Hutchison School
20	Olivia Bruno	Jr.	Defense	5-9	Victor, N.Y./Victor
21	Kate Miller	Sr.	Attack	5-6	Mechanicsville, Va./Atlee
22	Lauren Pederson	Gr.	Midfield	5-11	Park City, Utah/Park City
23	Alex Reilly	Fr.	Midfield	5-6	Fort Washington, Pa./Springside Chestnut Hill Academy
25	Corey White	So.	Midfield	5-8	Chevy Chase, Md./Stone Ridge School of the Sacred Heart
26	Mel Josephson	Jr.	Goalkeeper	5-6	Sea Bright, N.J./The Lawrenceville School
27	Morgan Koeneke	Sr.	Attack	5-2	South Riding, Va./Freedom
28	Juliana Murphy	Fr.	Defense	5-8	Charlottesville, Va./Western Albemarle
29	Cece Webb	So.	Defense	5-10	Summit, N.J./Summit HS
31	Evie McMahan	Fr.	Attack	5-4	Charlotte, N.C./Charlotte Latin
32	Nicole Cruthirds	Jr.	Defense	5-4	Alexandria, Va./St. Stephen's and St. Agnes School
33	Katie Campel	Jr.	Attack	5-10	Greenland, N.H./Bishop Guertin HS
36	Lara Kology	Jr.	Defense	5-6	Chatham, N.J./Chatham High
37	Lily Spyredes	Jr.	Attack	5-8	Boca Raton, Fla./Pine Crest School
40	Devon Gogerty	Jr.	Midfield	5-5	Mendham, N.J./Oak Knoll School
41	Fiona Allen	Fr.	Attack	5-5	Hinsdale, Ill./Saint Ignatius College Prep
42	Livy LaVerghetta	Fr.	Midfield	5-0	Baltimore, Md./Garrison Forest
43	Gabby LaVerghetta	Fr.	Attack	5-4	Baltimore, Md./Garrison Forest
44	Breese Burlingame	Jr.	Goalkeeper	6-1	Binghamton, N.Y./Utica/Northfield Mount Hermon

**Head Coach:** Sonia LaMonica (Maryland '03) second season

**Assistant Coach:** Michael LaMonica (Maryland '02), second season

**Assistant Coach:** Caylee Waters (North Carolina '17), second season

**Assistant Coach:** Kerrigan Miller (North Carolina '21), second season

**Director of Operations:** Maris Large (Vermont '22), second season

BREAKDOWN BY...

CLASS

Freshman .....	11
Sophomore .....	8
Junior .....	10
Senior .....	6
Grad/ Fifth.....	1

STATE

California.....	1
Colorado.....	1
Connecticut .....	1
Florida .....	1
Illinois .....	1
Maryland .....	4
New Hampshire.....	1
New Jersey .....	4
New York .....	9
North Carolina.....	1
Pennsylvania.....	3
Tennessee .....	1
Texas .....	1
Utah.....	1
Virginia .....	6

ALPHABETICAL

16 Madison Alaimo.....	Attack
41 Fiona Allen.....	Attack
17 Finley Barger .....	Midfield
20 Olivia Bruno.....	Defense
44 Breese Burlingame .....	Goalkeeper
33 Katie Campel .....	Attack
9 Sophia Conti .....	Midfield
32 Nicole Cruthirds.....	Defense
3 Kate Demark .....	Defense
4 Jenna Dinardo .....	Attack
10 Maureen Duffy (C).....	Defense
15 Addi Foster.....	Attack
5 Kate Galica .....	Midfield
40 Devon Gogerty .....	Midfield
6 Abby Jansen .....	Goalkeeper
26 Mel Josephson .....	Goalkeeper
13 Carly Kennedy .....	Midfield
27 Morgan Koeneke.....	Attack
36 Lara Kology .....	Defense
43 Gabby LaVerghetta.....	Attack
42 Livy LaVerghetta .....	Midfield
11 Abby Manalang .....	Midfield
31 Evie McMahan.....	Attack
12 Payton Meister .....	Defense
21 Kate Miller (C) .....	Attack
28 Juliana Murphy .....	Defense
14 Abby Musser .....	Defense
22 Lauren Pederson (C) .....	Midfield
2 Jayden Piraino .....	Attack
23 Alex Reilly .....	Midfield
8 Alexandra Schneider .....	Defense
7 Payton Sfreddo .....	Midfield
37 Lily Spyredes.....	Attack
29 Cece Webb.....	Defense
25 Corey White .....	Midfield
19 Wyly Willmott .....	Defense

PRONUNCIATIONS

Players

Alaimo .....	uh-LIE-mo
Barger .....	BAR-ger
Cruthirds .....	Crew-thirds
Gogerty .....	GO-gerty
Koeneke .....	CONE-i-key
Lara Kology.....	LAIR-uh coe-LOE-gee
Manalang .....	MANNA-lang
Meister.....	MY-str
Musser.....	Muss-sir
Piraino .....	PER-an-OH
Sfreddo .....	seh-FRED-do
Wyly .....	WHY-Lee

Coaches

LaMonica.....	La-MAHN-i-ka
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## 2025 VIRGINIA WOMEN'S LACROSSE BROADCAST ROSTER



2

**JAYDEN PIRAINO**  
Fr. | Attack  
Dix Hills, N.Y.



3

**KATE DEMARK**  
So. | Defense  
Darien, Conn.



4

**JENNA DINARDO**  
So. | Attack  
Corning, N.Y.



5

**KATE GALICA**  
So. | Midfield  
Wayne, Pa.



6

**ABBY JANSEN**  
Sr. | Goalkeeper  
Newtown Square, Pa.



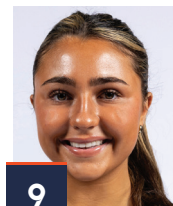
7

**PAYTON SFREDDO**  
Fr. | Midfielder  
Rye, N.Y.



8

**ALEXANDRA SCHNEIDER**  
SO. | Defense  
Manhasset, N.Y.



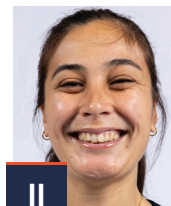
9

**SOPHIA CONTI**  
Fr. | Midfield  
babylon, N.Y.



10

**MAUREEN DUFFY**  
Sr. | Midfield  
East Quogue, N.Y.



11

**ABBY MANALANG**  
Sr. | Midfield  
Los Angeles, Calif.



12

**PAYTON MEISTER**  
Sr. | Defense  
Coppell, Texas



13

**CARLY KENNEDY**  
Fr. | Midfield  
Denver, Colo.



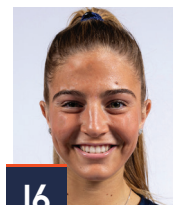
14

**ABBY MUSSER**  
Fr. | Defense  
Alexandria, Va.



15

**ADDI FOSTER**  
So. | Midfield  
Charlottesville, Va.



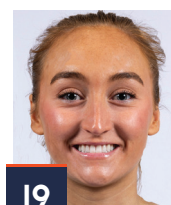
16

**MADISON ALAIMO**  
Fr. | Attack  
Wantagh, N.Y.



17

**FINLEY BARGER**  
Jr. | Midfield  
Fallston, Md.



19

**WYLLY WILLMOTT**  
Jr. | Defense  
Memphis, Tenn.



20

**OLIVIA BRUNO**  
Jr. | Defense  
Victor, N.Y.



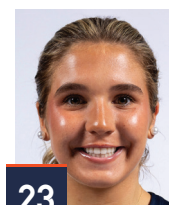
21

**KATE MILLER**  
Sr. | Attack  
Mechanicsville, Va.



22

**LAUREN PEDERSON**  
Gr. | Midfield  
Park City, Utah



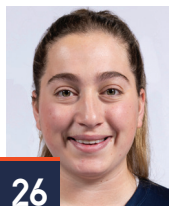
23

**ALEX REILLY**  
Fr. | Midfield  
Fort Washington, Pa.



25

**COREY WHITE**  
So. | Midfield  
Chevy Chase, Md.



26

**MEL JOSEPHSON**  
Jr. | Goalkeeper  
Sea Bright, N.J.



27

**MORGAN KOENEKE**  
Jr. | Attack  
South Riding, Va.



28

**JULIANA MURPHY**  
Fr. | Defense  
Charlottesville, Va.



29

**CECE WEBB**  
So. | Defense  
Summit, N.J.



31

**EVIE MCMAHAN**  
Fr. | Attack  
Charlotte, N.C..



32

**NICOLE CRUTHIRDS**  
Fr. | Defense  
Alexandria, Va.



33

**KATIE CAMPEL**  
Jr. | Attack  
Greenland, N.H.



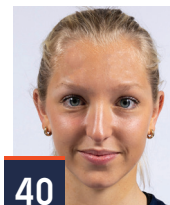
36

**LARA KOLOGY**  
Jr. | Defense  
Chatham, N.J..



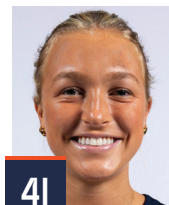
37

**LILY SPYREDES**  
So. | Attack  
Boca Raton, Fla.



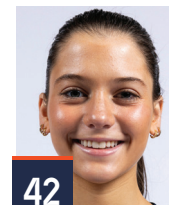
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**DEVON GOGERTY**  
Jr. | Midfield  
Mendham, N.J.



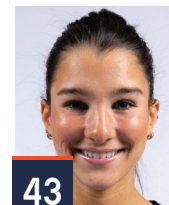
41

**FIONA ALLEN**  
Fr. | Attack  
Hinsdale, Ill.



42

**LIVY LAVERGHETTA**  
Fr. | Midfield  
Baltimore, Md..



43

**GABBY LAVERGHETTA**  
Fr. | Attkc  
Baltimore, Md.



44

**BREESE BURLINGAME**  
Jr. | Goalkeeper  
Binghamton, N.Y.



HC

**SONIA LAMONICA**  
Head Coach  
Second Season



AC

**MICHAEL LAMONICA**  
Assistant Coach  
Second Season



AC

**CAYLEE WATERS**  
Assistant Coach  
Second Season



AC

**KERRIGAN MILLER**  
Assistant Coach  
Second Season



DO

**MARIS LARGE**  
Director of Ops  
Second Season