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VIRGINIA

TM

2025 CAVALIER WOMEN'S SOCCER

Mailing Address:
 John Paul Jones Arena
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2025 Schedule/Results

Aug. 14	at West Virginia	W, 1-0
Aug. 21	XAVIER	W, 3-0
Aug. 24	at Liberty	W, 2-0
Aug. 28	CHARLOTTE	W, 3-0
Aug. 31	#16 GEORGETOWN	T, 1-1
Sept. 4	#9 PENN STATE	W, 1-0
Sept. 11	#2 DUKE*	W, 3-1
Sept. 14	VCU	W, 3-0
Sept. 20	at Syracuse*	W, 3-0
Sept. 25	at Clemson*	W, 3-0
Oct. 4	VIRGINIA TECH*	W, 2-1
Oct. 9	at California*	T, 2-2
Oct. 12	at #3 Stanford*	4 p.m. ET
Oct. 18	at Louisville*	5 p.m.
Oct. 23	FSU*	6 p.m.
Oct. 26	PITTSBURGH*	2 p.m.
Oct. 30	BOSTON COLLEGE*	7 p.m.

* ACC Game

All Times Local To Event



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10-0-2, 4-0-1 ACC

Game #13 · Sunday, October 12, 2025

#1 Virginia at #3 Stanford

Series History: Stanford leads 3-2-0

Last Meeting: A 2-1 Stanford win at Santa Clara in '07

Of Note: Home team undefeated in four campus games



10-1-1, 4-0-1 ACC

QUICK KICKS

- Virginia held down the top spot in the United Soccer Coaches rankings for the fourth straight week and stayed at No. 2 in the Top Drawer Soccer poll following the win over Virginia Tech last Thursday
- The Cavaliers also maintained the top spot in the RPI for the fourth straight week
- Lia Godfrey, Laney Rouse** and **Victoria Safradin** were on the MAC Hermann Trophy Midseason Watch List this week as the trio are part of the 35 player list from the United Soccer Coaches
- Godfrey** hit her fourth game winner of the year and sixth goal of the season against Virginia Tech last week as she and **Maggie Cagle** hit the two goals for UVA in the 2-1 victory
- Godfrey** and **Cagle** continue to be an offensive threat for the Hoos as both players rank among the top 6 nationally in career assists among all active D1 players (Godfrey 2nd, Cagle 6th)
- The duo have combined for 50 goals and 59 assists throughout their careers with the Hoos
- Both **Cagle** and **Godfrey** scored in the Cavaliers' last outing at Cal on Thursday night
- Godfrey** hit the game winner in three straight ACC contests for the Cavaliers prior to the Cal draw and has scored in four straight contests, while **Cagle** has scored in four of the last five outings
- Godfrey** has been potent in the midfield with **Ella Carter** as the pair have combined for 11 goals and six assists - six of those goals are game winners and two assists came on game-winning goals
- Safradin** sits atop the ACC in goal against average (0.455) and in save percentage (.875) heading into the weekend and is tied for the ACC lead in shutouts (7) - she is top 12 nationally in all three
- The Virginia keeper staff has been stout, ranking seventh nationally in both save percentage (.923) and goal against average (.417) heading into the matchup with the Cardinal

GAME COVERAGE

Live Video: ACCNX

Announcers: Sara Ach

Jenna Becerra



Live Stats: VirginiaSports.com

HOO TO WATCH

LIA GODFREY GR • M



- 3x All-America selection
- Three of her eight goals in 2025 have come off free kicks
- 12 of her career assists have come on game-winning goals
- 10 career game-winning goals on her 25 career goals
- Has 25 goals and 32 assists for the Hoos in her career at UVA

HOOS®

VIRGINIA PROBABLE STARTERS

STARTING XI

No.	Name	Pos.	GP-GS	Min.	G	A	Pts	Of Note:
4	Kiki Maki	D	12-11	1039	1	1	3	Tallied a pair of goals last season for UVA
6	Addison Halpern	F	12-11	853	1	2	4	Both assists on GWG (#9 PSU, Clemson)
9	Meredith McDermott	F	12-11	681	1	3	5	Tied Cagle with four GWG in 2024 season
10	Maggie Cagle	F	12-12	842	6	3	15	Tallied two assists in 3-0 win at Clemson
16	Ella Carter	M	12-12	907	3	2	8	GWG vs. #2 Duke and West Virginia
17	Tatum Galvin	D	12-12	999	0	1	1	Assisted on GWG against Xavier
18	Liv Rademaker	D	12-11	708	0	1	1	First assist came in win at Clemson
19	Jill Flammia	M	7-6	411	1	0	2	First action since WVU with start vs. #2 Duke
22	Lia Godfrey	M	12-12	812	8	4	20	Has scored in four straight ACC contests
23	Laney Rouse	D	12-12	1000	1	2	4	Notched goal & assist in win over #2 Duke

GOALKEEPER

No.	Name	Pos.	GP-GS	Min.	Sv	GAA	Sh0	Of Note:
1	Victoria Safradin	GK	11-11	990	35	0.45	7	Tied career high with 6 saves vs. #2 Duke

KEY RESERVES

No.	Name	Pos.	GP-GS	Min.	G	A	Pts	Of Note:
3	Sophia Bradley	M	9-0	335	1	1	3	Assisted on Cecil goal in Xavier victory
5	Laughlin Ryan	M	5-0	118	0	0	0	Limited action after injury in offseason
8	Allie Ross	F	12-6	498	3	1	7	Tallied five goals with two GWG last season
11	Linda Mittermair	M	12-1	264	0	1	1	Assisted on Maki game winner vs. Charlotte
14	Jordyn Hardeman	D	11-0	213	0	0	0	Fourth-ranked recruit for class of 2025
20	Carrie Helfrich	F/M	12-1	469	0	2	2	Top 50 recruit was 2x All-American
26	Maya Carter	D	12-1	465	0	0	0	Tallied goal and assist on front line in 2024
27	Pearl Cecil	D	4-1	158	1	0	2	Captained US U17 side in '25 Concacaf



2025 CAVALIER WOMEN'S SOCCER

VIRGINIA IN THE RANKINGS

	Pre	8/19	8/25	9/1	9/7	9/15	9/22	9/30	10/6			
United Soccer Coaches	15	17	13	8	5	1	1	1	1			
Top Drawer Soccer	NR	24	21	13	7	3	2	2	2			
RPI	-	-	-	-	-	1	1	1	1			

THE SERIES WITH THE CARDINAL

- Virginia and Stanford meet for the sixth time in program history and first time since 2007 with Sunday's matchup in California
- The Cardinal lead the series 3-2-0, winning home contests in 1991 and 2000 with that neutral-site meeting in 2007
- Virginia won matchups at home in 1989 and 1999 as each side is undefeated in the series when hosting
- This will be the first trip back to Stanford for head coach Steve Swanson who coached the Cardinal from 1996-99
- It will be the fourth contest Swanson has coached in the series and third for UVA as he led Stanford in the 1999 meeting

CAVALIER TRIO NAMED TO PRESEASON WATCH LISTS BY UNITED SOCCER COACHES

- Senior Maggie Cagle, junior Ella Carter and junior Viki Safradin were all named to preseason watch lists by the coaches association
- Cagle was named to the Forwards to Watch list, while Carter was named to the Midfielders to Watch list
- Safradin was one of 13 keepers named to the organization's Goalkeepers to Watch list heading into the season

CAGLE NAMED PRESEASON ALL-ACC HONOREE

- Senior Maggie Cagle, a three-time All-ACC selection and two-time All-Region selection was named to the preseason All-ACC team
- Cagle tallied the most assists by a freshman in her debut campaign with 12 in the 2022 season
- She followed it up by leading the team in goals in both her sophomore and junior seasons

HOOS PICKED TO FINISH SEVENTH IN 2025 ACC PRESEASON POLL

- The Cavaliers were picked to finish seventh in the ACC in a preseason vote of the league's coaches
- Virginia received 169 points and received one first-place vote in the poll

HOOS BACK FOR THE CAVALIERS

- UVA returns 20 players from last year's squad that posted an 13-5-6 record and advanced to the NCAA second round
- Among those returning are All-ACC forward Maggie Cagle and two-time All-American Lia Godfrey in the midfield
- The Hoos return a stout defensive group with three of four starters from last season along the back line in Laney Rouse, Tatum Galvin and Kiki Maki in front of returning keeper Victoria Safradin
- Also returning to the lineup is dynamic midfielder Jill Flammia who missed the 2024 season with injury

VIRGINIA WELCOMES ANOTHER HIGHLY-RANKED RECRUITING CLASS TO GROUNDS

- UVA welcomed the fourth-ranked recruiting class to Grounds for this season with a group of 10 signees in the freshman class
- Two players - Jordyn Hardeman (4) and Addison Halpern (5) - were ranked among the top five recruits nationally
- Halpern was also the United Soccer Coaches National Player of the Year and Gatorade National Player of the Year
- Three players - Pearl Cecil (39), Carrie Helfrich (43) and Wicki Dunlap (49) - ranked in the top 50
- Cecil reclassified for the 2025 class and played with the U.S. U17 Team in Concacaf qualifying in the spring and captained the team for the match against Honduras in which she scored
- Rounding out the eight players ranked in the top 200 are Loretta Talbott (70), Marin McCormack (127) and Helen Olszewski (190)
- Also signed is two-time All-State selection Molly Carlson and international player Liv Rademaker
- Rademaker played for two-time Dutch U19 National Champion AFC Ajax and was a member of AFC Ajax roster for UEFA Champions League season (2024, 2025) as well as member of three Dutch National Team squads (U16, U17, U19)

ALL-TIME VS. CALIFORNIA

Overall:	1-0-1
Home:	0-0-0 (0-0-0 Klöckner)
Road:	0-0-1
Neutral:	1-0-0

9-2-95	W	3-2	N1
10-9-25	T	2-2	A

N1 - Livermore, Calif.

ALL-TIME VS. STANFORD

Overall:	2-3-0
Home:	2-0-0 (1-0-0 Klöckner)
Road:	0-2-0
Neutral:	0-1-0

10-22-89	DIADORA	W	3-2	H
10-14-91		L	0-2	A
9-24-99	COKE	W	3-2	H
9-15-00		L	1-3	A
9-7-07		L	1-2	N1

N1-Santa Clara, Calif.

VIRGINIA'S GAME-BY-GAME STARTERS

	GK	F	F	F	M	M	M	D	D	D	D
at West Virginia	Safradin	Cagle	Halpern	Ross	Flammia	Godfrey	E. Carter	Galvin	<i>Cecil</i>	Maki	Rouse
XAVIER	Safradin	Cagle	McDermott	Ross	Godfrey	Halpern	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
at Liberty	Safradin	Cagle	McDermott	Ross	Godfrey	Halpern	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
CHARLOTTE	Safradin	Cagle	McDermott	Ross	Godfrey	Halpern	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
#16 GEORGETOWN	Safradin	Cagle	McDermott	Ross	Godfrey	Halpern	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
#9 PENN STATE	Safradin	Cagle	McDermott	<i>Helfrich</i>	Godfrey	Halpern	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
#2 DUKE	Safradin	Cagle	Halpern	McDermott	Godfrey	Flammie	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
VCU	Sommers	Cagle	McDermott	Ross	Godfrey	Mittermair	E. Carter	<i>Rademaker</i>	Galvin	<i>M. Carter</i>	Rouse
at Syracuse	Safradin	Cagle	Halpern	McDermott	Godfrey	Flammia	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
at Clemson	Safradin	Cagle	Halpern	McDermott	Godfrey	Flammia	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
VIRGINIA TECH	Safradin	Cagle	Halpern	McDermott	Godfrey	Flammia	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse
at Cal	Safradin	Cagle	Halpern	McDermott	Godfrey	Flammia	E. Carter	<i>Rademaker</i>	Galvin	Maki	Rouse

Bold = Goal Scored

Italics = First Career Start

Bold Italic = First Career Goal



2025 CAVALIER WOMEN'S SOCCER

CECIL TABBED FOR SERVICE WITH US U17 WOMEN'S NATIONAL TEAM

- Virginia freshman Pearl Cecil was tabbed for a return to action with the US U17 Women's National Team recently
- Cecil, who represented the US in Concacaf qualifying tournament, suited up for two friendlies in Spain
- The games were played August 28 and August 31 against Spain at Stadi Olimpic Cairol Cano in Alicante
- Cecil captained the team and the US won the first game 2-0 before playing to a 0-0 draw in game two

MCDERMOTT DELIVERS QUICK DAGGER AT CLEMSON

- Forward Meredith McDermott has had a penchant for quick strikes with the Hoos and the Clemson contest was no different
- McDermott hit a goal 45 seconds into the second half to put the Cavaliers up 2-0 on the homestanding Tigers
- McDermott scored a first-minute goal in both 2023 and 2024 on top of this goal in the opening minute of the CU second half
- The 46th minute goal was the first by a Cavalier since Alexa Spaanstra vs. NC State (10/23/22) at the same 45:45 mark

CAGLE DELIVERS SIXTH MULTIPLE-ASSIST GAME WITH PAIR AGAINST CLEMSON

- Forward Maggie Cagle delivered a pair of second half assists at Clemson to mark her sixth multiple-assist game in her career
- Cagle connected with Meredith McDermott in the 46th minute for her first assist of the contest
- She connected with Allie Ross in the 52nd minute for the second assist of the contest as UVA took the 3-0 lead on the Tigers

CARTER NAMED ACC OFFENSIVE PLAYER OF THE WEEK

- Midfielder Ella Carter earned her first ACC Offensive Player of the Week honor after wins over No. 2 Duke and VCU
- Carter hit the game-winning goal against Duke and added an assist on the third goal in a 3-1 win over the Blue Devils
- It was the second game-winning goal of the season for Carter who has two goals this season

ROUSE SHOWS OUT FOR HOOS IN WEEK FIVE ACTION

- Defender Laney Rouse delivered for the Hoos in week five of action against No. 2 Duke and VCU
- Rouse assisted on the game-winning goal vs. Duke and added her own goal to cap the 3-1 victory
- The defender then assisted on a goal against VCU and helped the Hoos hold the Rams to one shot in the shutout victory
- The goal for Rouse against Duke was her second career goal and first since the 2022 season

CAGLE STRIKES QUICKLY AGAINST NO. 9 PENN STATE

- Forward Maggie Cagle delivered a quick strike in the Hoos' win over No. 9 Penn State with a score 1:22 seconds into the game
- Cagle's goal was the 13th fastest goal scored in the regular season by a Cavalier in program history
- The goal held up as Virginia went on to post the 1-0 victory over the Nittany Lions in that matchup

SAFRADIN NAMED ACC DEFENSIVE PLAYER OF THE WEEK

- Goalkeeper Victoria Safradin was named ACC Defensive Player of the Week following wins over Xavier and Liberty
- Safradin tied a career high with six saves against the Musketeers and then posted her third straight shutout at Liberty
- It was her second ACC Defensive Player of the Week honor of her career

CARTER HITS FIRST GAME WINNER IN SEASON-OPENING VICTORY AT WEST VIRGINIA

- Midfielder Ella Carter scored the first game-winning goal of her career with her header at West Virginia
- The strike in the 64th minute was the third goal of Carter's career
- With the win, Virginia improved to 24-2 in season-opening games under Steve Swanson and 4-1 in road openers under Swanson

CAVALIERS RESPOND WELL AFTER A LOSS UNDER SWANSON

- Responding after a loss has been a trend for the Cavaliers throughout Steve Swanson's tenure at UVA
- Throughout the 25 seasons under Swanson, Virginia holds a 65-12-15 record in matches following a loss
- The number does not include season-ending losses where the next match would be part of a new season
- The four-game stretch of losses this season was the first since the 1995 campaign and the only one under Swanson

THE HOOS IN OVERTIME IN THE SWANSON ERA

- The Hoos won't be going to overtime until postseason play due to changes in rules, but UVA is no stranger to OT
- Virginia has gone to extra time in 89 matches during the Steve Swanson era with a 24-13-53 record in those matches
- In those 53 draws, 15 have come in the postseason with the Cavaliers surviving shootouts in five of those 15 matches
- UVA played its first overtime game of the 2022 season in the third round with a 3-2 win at No. 2 seed Penn State and followed it up with an overtime match at No. 1 UCLA in the Elite Eight

SWANSON CLOSING IN ON 500 CAREER WINS AS D1 HEAD COACH

- UVA head coach Steve Swanson hit a rare milestone vs. NC State (10/25/18), hitting the 400 career win mark
- As a head coach, Swanson holds a 498-176-76 record through stops at Dartmouth, Stanford and Virginia
- Currently only a handful of D1 coaches have hit the 400-win milestone with nine of them currently active
- The list gained a coach when Merrimack College transitioned to D1 status
- Swanson is one of only 10 coaches who has recorded 400+ wins all at a D1 institution
- In his coaching career, he has taken all three teams to league titles and the NCAA Tournament

VIRGINIA'S ALL-TIME TOP 10 WINS

Date	Opponent	UVA Rank	Score
9/11/25	#2 Duke	#5	3-1
9/4/25	#9 Penn State	#8	1-0
8/22/24	at #3 Penn State	#21	2-1
10/2/22	at #4 Duke	#2	1-0
9/17/22	at #2 North Carolina	#7	3-2
9/23/21	#2 Duke	#7	1-0
9/2/21	vs. #9 Santa Clara	#3	1-0
5/9/21	#4 TCU <small>NCAA</small>	#13	1-0
11/8/19	#5 Florida State <small>ACC</small>	#1	2-1 (ot)
11/3/19	#9 Duke <small>ACC</small>	#1	1-0
10/13/19	at #5 Florida State	#1	1-0 (2ot)
9/15/19	at #8 Penn State	#4	2-1
9/10/17	#5 Penn State	#8	3-2
8/24/17	at #2 West Virginia	#10	2-1 (2ot)
11/6/15	vs. #6 Clemson <small>ACC</small>	#1	5-0
10/25/15	#1 Florida State	#2	1-0
10/8/15	at #5 Clemson	#4	2-0
9/4/15	at #9 UCLA	#1	2-1 (2ot)
12/5/14	vs. #5 Texas A&M	#4	3-1
11/28/14	at #1 UCLA <small>NCAA</small>	#4	2-1
11/7/14	vs. #5 North Carolina <small>ACC</small>	#4	2-0
10/5/14	at #10 Notre Dame	#5	2-1
10/31/13	#5 Virginia Tech	#1	2-0
10/27/13	#3 Florida State	#1	1-0 (ot)
10/20/13	at #4 North Carolina	#1	2-0
10/10/13	#5 Notre Dame	#1	3-2 (2ot)
8/30/13	#7 Penn State	#6	5-1
8/25/13	#9 Santa Clara	#7	4-0
11/4/12	vs. #7 Maryland <small>ACC</small>	#8	4-0
11/2/12	vs. #2 Florida State <small>ACC</small>	#8	4-2
10/28/12	at #8 North Carolina <small>ACC</small>	#10	1-0
9/30/12	#5 Duke	#3	1-0
10/8/11	#10 Florida State	#8	4-3 (ot)
9/25/11	at #5 North Carolina	#14	1-0 (2ot)
9/15/11	#6 Maryland	#14	4-1
10/3/10	#1 Boston College	#6	3-2 (ot)
11/15/09	at #9 Penn State <small>NCAA</small>	NR	6-2
10/30/09	#4 Florida State	NR	1-0
9/25/08	at #8 Florida State	#15	1-0
11/10/06	vs. #9 West Virginia <small>NCAA</small>	NR	2-0
11/4/05	vs. #6 Florida State <small>ACC</small>	#7	2-0
9/29/05	#10 Florida State	#7	1-0
9/25/05	at #7 Duke	#11	1-0
9/24/04	at #8 Florida State	#3	1-0
9/10/04	#8 UCLA	#5	3-1
9/12/03	#3 Santa Clara	#17	4-1
11/17/02	at #8 West Virginia <small>NCAA</small>	#24	1-0
9/17/00	vs. #10 Santa Clara	#16	1-0
10/8/99	#2 Florida	#10	2-1 (ot)
9/26/99	#5 Hartford	#15	2-1
9/24/99	#8 Stanford	#15	3-2
9/5/99	at #4 Portland	#14	2-0
9/20/98	#9 Duke	#15	5-1
9/16/95	at #8 Clemson	#13	2-1
11/17/91	at #8 Connecticut <small>NCAA</small>	#3	2-0
10/20/91	#3 NC State	#4	2-1
10/12/91	at #3 Santa Clara	#5	1-0 (ot)
9/29/91	vs. #4 Wisconsin	#6	1-0
10/27/90	#10 NC State <small>ACC</small>	#3	3-1
9/29/90	#10 Massachusetts	#3	2-0
9/19/90	at #4 William & Mary	#3	2-0
9/7/90	at #3 NC State	#7	3-2
10/14/89	at #9 Wisconsin	#7	2-0



2025 CAVALIER WOMEN'S SOCCER

SWANSON APPROACHING HIS 400TH WIN AS UVA HEAD COACH

- Head Coach Steve Swanson picked up his 300th wins as the head coach of the Cavaliers vs. Liberty (8/25/19)
- Currently, Swanson holds a 394-113-65 record as UVA head coach and is 156-57-26 in ACC matches
- He has 25 consecutive winning seasons at Virginia and 33 overall as a head coach

HOOS CONTINUE STRONG PRESENCE IN PROFESSIONAL RANKS ON NWSL ROSTERS

- UVA has a strong presence in professional soccer in the U.S. with 17 players on NWSL roster to open the season.
- 2023 first-round pick Alexa Spaanstra plays for the Portland Thorns where longtime stalwart Becky Sauerbrunn retired this season and defender Moira Kelley started the season
- Houston picked up 2015 first-round pick Danielle Colaprico in a trade with San Diego in the offseason
- 2020 first-round pick Courtney Petersen plays for Racing Louisville
- Orlando has Morgan Gautrat who was the first overall pick of the 2015 Draft and two-time MAC Hermann Trophy winner
- Makenzy Robbe (Doniak) and Kristen McNabb play for San Diego, while Veronica Latsko and Phoebe McClellan are with Seattle Reign.
- Megan Reid continues her stay in Los Angeles as she is in her fourth straight season with Angel City FC.
- 2023 first-round pick Haley Hopkins plays for Kansas City Courage along with goalkeeper Laurel Ivory
- 2024 first-round pick Talia Staude is a defender for the North Carolina Courage
- Taryn Torres continues her career with the NY/NJ Club as does Emily Sonnett who joined the club prior to the 2024 season
- Brittany Ratcliffe is in her second season with the Washington Spirit after stints at Boston, Utah and North Carolina
- Diana Ordoñez started the year in Houston before leaving the NWSL to join Liga MX Femenil club Tigres UANL Mexico.
- Virginia is one of only three schools to have a player taken in every NWSL Draft prior to it ending after the 2024 draft

HOOS FINDING HOMES IN USL SUPER LEAGUE AS PROFESSIONAL RANKS GROW

- UVA has a presence in the USL Super League that launches its second season on August 23
- The Hoos currently have four program alums in the league across three rosters
- Defender Sarah Clark competes for the Spokane Zephyr FC
- The duo of Claire Constant, a 2022 graduate, and Alexis Theoret (2025) currently play for DC Power FC
- Samantha Rosette, a 2019 graduate, holds down a spot with Brooklyn FC for the second year in a row
- Samar Guidry, a 2025 graduate, is currently on the roster for Dallas Trinity FC

2025 HONORS

MAC Hermann Trophy Midseason Watch List

Lia Godfrey
Laney Rouse
Victoria Safford

ACC Player of the Week

8/26 - Victoria Safford - GK - Defensive
9/16 - Ella Carter - M - Offensive

Top Drawer Soccer Team of the Week

8/26 - Lia Godfrey (M)
9/16 - Laney Rouse (D)

All-ACC Preseason Team

Maggie Cagle - F

Top Drawer Soccer Preseason Best XI Team

Jordyn Hardemann - D - Freshman Team

Top Drawer Soccer Preseason Top 100 Upperclassmen

44 - Maggie Cagle - F

United Soccer Coaches Preseason Players To Watch

Maggie Cagle - F
Ella Carter - M
Victoria Safford - GK

FASTEST GOALS SCORED BY UVA

Time	Opponent (Date)	Player
0:20	at Arkansas (9/20/92)	Kim Smith
0:23	UNC Greensboro (9/2/90)	Andrea Rubio
0:41	at NC State (10/28/15)	Makenzy Doniak
0:50	Virginia Tech (9/24/96)	Angela Huckles
0:50	Radford (8/20/23)	Maggie Cagle
0:55	VCU (9/3/23)	Meredith McDermott
0:56	Brown (10/3/93)	Kim Smith
0:57	Villanova (10/6/90)	Vicky Sidorenko
1:00	NC State (10/10/24)	Meredith McDermott
1:07	Liberty (9/6/18)	Montana Sutton
1:19	George Mason (8/21/16)	Veronica Latsko
1:21	Radford (9/7/91)	Andrea Rubio
1:22	Penn State (9/4/25)	Maggie Cagle
1:26	USC (9/14/03)	Kelly Hammond
1:27	Liberty (8/22/12)	Caroline Miller
POSTSEASON		
0:54	vs. Penn State (11/18/16) ^{NCAA}	Meghan Cox
3:23	vs. Florida St. (11/4/05) ^{ACC}	Jess Rostedt
3:30	Long Island (11/11/11) ^{NCAA}	Julia Roberts

FASTEST ANSWERING GOAL BY UVA

Time	Opponent (Date)	Opp Goal/UVA Goal
0:19	vs. Duke (11/8/01)	Sarah Pickens
		Lori Lindsey
0:26	at Penn State (9/15/19)	Ally Schlegel
		Sydney Zandi
0:26	Wake Forest (11/1/06)	Amanda Lebo
		Jen Redmond
0:27	at Duke (9/18/91)	Dena Paris
		Kim Smith
0:38	at Duke (9/18/91)	Meegan McMullen
		Amanda Cromwell
0:49	G. Washington (8/29/21)	Maria Pareja
		Rebecca Jarrett
0:49	Stanford (9/24/99)	Ronnie Fair
		Jill Maxwell



HEAD COACH STEVE SWANSON

Entering his 36th seasons as a head coach, and his 26th year at the helm of Virginia's program, Swanson has established himself as one of the elite coaches in collegiate soccer, and certainly one of the most respected. Swanson has led his teams to six conference championships, 29 NCAA Tournament appearances and 34 consecutive winning seasons during his career. He also has accumulated 498 career wins as a head coach making him one of a small group of NCAA Division I women's soccer coaches to hit the 400-win milestone.

In his time as Virginia's head coach, he has compiled a 394-113-65 record and coached 12 ACC Player of the Year selections, four ACC Freshman of the Year selections and been named the ACC Coach of the Year three times. He also coached back-to-back MAC Hermann Trophy winner, Morgan Brian. In all, he has coached 22 Virginia players to All-America honors in his time at the helm of the program.

His accomplishments over the last 13 years are staggering with successes experienced on the pitch as both a collegiate coach and with the US Women's National Team – including winning a pair of World Cup Championships and taking the Cavaliers to the College Cup three times.

The 2024 season saw Swanson coach his team to the program's 38th consecutive winning season and 25th under his leadership. The program made its 36th appearance in the NCAA Tournament, the second most of any program, and advanced to the second round of competition. It came on the heels of the 2023 season in which defender Talia Staude became the 22nd Virginia player drafted by the NWSL when she was selected by the North Carolina Courage with the 24th overall pick.

In 2022, Virginia advanced to the Elite Eight for an overtime showdown with eventual NCAA Champion and top-seeded UCLA. It was the 17th time in the last 18 seasons the Hoos advanced to at least the Round of 16 in the NCAA Tournament. The Cavaliers posted a pair of road wins over top-five programs – including a second-half rally for a 3-2 win at No. 2 North Carolina. Lia Godfrey earned All-America honors for the third straight season and was a semifinalist for the MAC Hermann Trophy. Haley Hopkins and Alexa Spaanstra were both first-round picks in the NWSL Draft.

In the fall of 2021, the Cavaliers claimed the ACC regular-season for the third time and advanced to the Round of 16 in the NCAA Tournament. He coached Diana Ordoñez to ACC Offensive Player of the Year honors and she was a semifinalist for the MAC Hermann Trophy in addition to earning All-America honors along with Lia Godfrey.

In the 2020-21 season, Swanson led the Cavaliers to the semifinals at the College Cup with Virginia storming through the NCAA Tournament and posting four consecutive shutouts before falling in a penalty kick shootout in the semifinals. Godfrey was named an All-America selection and the ACC Freshman of the Year.

He appeared on the international stage as an assistant coach with the US Women's National Team, helping the United States claim back-to-back World Cup Championships in the summers of 2015 and 2019 and an Olympic appearance in the Games in Brazil in the summer of 2016.

In the summer of 2015, Swanson served as an assistant coach for the United States as the Americans triumphed over Japan to win its third World Cup while he was watching two of his former UVA standout players, Morgan Brian (Class of 2015) and Becky Sauerbrunn (Class of 2007), play the entire 90 minutes of the final.

That fall, he led Virginia to the ACC regular-season title and coached both the ACC Offensive Player of the Year in Makenzy Doniak and the ACC Defensive Player of the Year in Emily Sonnett. Sonnett was also named the ESPNW National Player of the Year. She, Doniak and Brittany Ratcliffe all were drafted in the NWSL with Sonnett taken first overall, marking the second consecutive season for a Cavalier player to be the top pick in the draft. Swanson was also named ACC Coach of the Year for the second time.

In 2014, the Cavaliers made their second-consecutive College Cup appearance and their first-ever College Cup Final. UVA (23-3-0, 9-1-0 ACC) advanced to the ACC final and, for the second-straight season, Brian was honored with the Hermann Trophy as the nation's best collegiate player.

During his tenure as head coach of the Virginia women's soccer team, Swanson has had a dramatic impact on the program since he replaced former United States National Team Head Coach April Heinrichs in the spring of 2000.

Swanson's track record of success, not only on the collegiate level but also at the international level, was evident in 2012. That year he won a pair of championships, leading Virginia to its second ACC title and guiding the United States to the FIFA U-20 Women's World Cup Championship in Japan. For those feats, he was one of ten coaches named to the shortlist for FIFA Women's World Coach of the Year.

Swanson came to Virginia after two highly successful stops at Stanford and Dartmouth. At Dartmouth, Swanson guided the Big Green to national prominence. He did an equally impressive job at Stanford, helping maintain the program's standing as one of the premier teams in the country while leading the Cardinal to two Pac-10 titles in four seasons. In 2004, he led Virginia to the first ACC Championship in school history, making him the only coach in Division I history to win titles in three different conferences. He has since become the only coach in history to win multiple conference championships in three different conferences. Swanson also enjoyed success as a player in college and as a professional.

In addition to his collegiate coaching experience, Swanson has been associated with the United States youth national teams for more than a decade. He was the head coach of the U-20 Women's National Team from 2011-12, leading the team to a World Cup championship. In December 2013, Swanson was named the head coach of the United States U-23 National Team. It is the fourth different age group he has led for the US Soccer Federation.

STEVE SWANSON YEAR-BY-YEAR

1990	Dartmouth	4-9-1	
1991	Dartmouth	8-5-2	Ivy Champs
1992	Dartmouth	10-6-1	
1993	Dartmouth	12-3-1	Ivy Champs/NCAA 1st Round
1994	Dartmouth	11-4-1	NCAA 1st Round
1995	Dartmouth	10-8-1	
1996	Stanford	12-9-0	Pac-10 Champs/NCAA 1st Rd
1997	Stanford	11-7-1	
1998	Stanford	11-7-2	NCAA 1st Round
1999	Stanford	15-5-1	Pac-10 Champs/NCAA 3rd Rd
2000	Virginia	11-8-1	NCAA 3rd Round
2001	Virginia	17-4-2	NCAA Quarterfinals
2002	Virginia	13-7-2	NCAA 3rd Round
2003	Virginia	12-5-4	NCAA 2nd Round
2004	Virginia	17-3-2	ACC Champs/NCAA 2nd Round
2005	Virginia	18-6-1	NCAA Quarterfinals
2006	Virginia	12-8-2	NCAA 3rd Round
2007	Virginia	13-4-6	NCAA 3rd Round
2008	Virginia	15-5-3	NCAA 3rd Round
2009	Virginia	10-6-6	NCAA 3rd Round
2010	Virginia	15-5-2	NCAA 3rd Round
2011	Virginia	17-5-2	NCAA Quarterfinals
2012	Virginia	18-5-1	ACC Champs/NCAA 3rd Round
2013	Virginia	24-1-1	NCAA College Cup Semifinals
2014	Virginia	23-3-0	NCAA College Cup Finals
2015	Virginia	19-1-3	NCAA Quarterfinals
2016	Virginia	15-5-2	NCAA 3rd Round
2017	Virginia	13-6-4	NCAA 3rd Round
2018	Virginia	16-5-1	NCAA 3rd Round
2019	Virginia	17-2-3	NCAA 2nd Round
2020	Virginia	14-4-3	NCAA Semifinal
2021	Virginia	18-3-2	NCAA Third Round
2022	Virginia	16-4-3	NCAA Quarterfinal
2023	Virginia	8-3-6	
2024	Virginia	13-5-1	NCAA 2nd Round
2025	Virginia	10-0-2	

35th Season: 498-176-76 (6 Conference Titles, 29 NCAA Appearances)

SWANSON COACHING ACCOLADES

1992	New England Coach of the Year
1998	Pac-10 Co-Coach of the Year
1999	Pac-10 Coach of the Year
2012	FIFA Women's World Coach of the Year Shortlist
2013	NSCAA National Coach of the Year
2013	ACC Coach of the Year
2015	ACC Coach of the Year
2021	ACC Coach of the Year

ALL-TIME D1 COACHES WITH 400 WINS

1. Anson Dorrance - North Carolina	936 (45)
2. Len Tsantris - UConn	570 (37)
3. Jerry Smith - Santa Clara	566 (39)*
4. Gabe Mejail - Wheaton, Merrimack College	528 (46)*
5. G. Guerrieri - Hardin-Simmons, Texas A&M	522 (35)*
7. Steve Swanson - Dartmouth, Stanford, UVA	498 (36)*
8. Mark Krikorian - Franklin Pierce, Hartford, Florida State	479 (28)
9. Jennifer Rockwood - BYU	471 (31)*
10. Randy Waldrum - Tulsa, Baylor, Notre Dame, Pitt	470 (30)
11. Nick Cowell - Worster, Trinity, Baylor, Sewanee, St. Edwards	468 (37)^
12. Jim Blankenship - Lynn, Miami, FGCU	467 (34)*
13. Paul Ratcliffe - St. Mary's, Stanford	457 (28)*
14. Chris Petrucelli - Notre Dame, Texas, SMU	428 (31)
15. Nikki Izzo-Brown - W. Va. Wesleyan, West Virginia	424 (31)*
16. Nancy Feldman - Lake Forest, Plymouth St., Boston	418 (34)
17. David Lombardo - Keene State, James Madison	415 (35)
18. John Daly - William & Mary	413 (31)
Betty Ann Kempf-Townsley - La Salle, Seton Hall, W. Chester	413 (39)^
20. John Hedlund - North Texas	405 (31)*
21. Jeff Hooker - Denver	404 (31)
22. Carin Gabarra - West Chester, Navy	402 (34)*

* Denotes active D1 coach (Years active indicates college coaching)

^ Coaches not currently coaching at the D1 level

HOOS WITH US SOCCER



HOOS WITH THE FULL US WOMEN'S NATIONAL TEAM

- **Emily Sonnett** (2012-15) is currently the only Cavalier active with the USWNT

THE SONNETT FILE

- 110 caps, 7 assists, 2 goals
- 2019, 2023 Women's World Cup Rosters
- 2020, 2024 Olympic Rosters
- 2016 Olympic alternate
- USWNT debut - Oct. 25, 2015 vs. Brazil



OTHER CAVALIERS WITH THE US WOMEN'S NATIONAL TEAM

- Amanda Cromwell - 1991-98
- Gayle Smith - 1992
- Kim Conway - 1993
- Kristen Weiss - 2001
- Angela Huckles - 2002-09
- Lori Lindsey - 2005-13
- Becky Sauerbrunn - 2008-24
- Sarah Huffman - 2010
- Sinead Farrelly - 2011
- Morgan Gautrat (Brian) - 2013-19
- Danielle Colaprico - 2016-18

HOOS WITH 2025 TRAINING CAMP OR PRIOR USYNT TEAM EXPERIENCE

- **Sophia Bradley** was called up to the 2025 U19 Women's National Team camp back in March and again called to training camp in June
- **Victoria Safradin** was called to the 2025 U20 Training Camp in June and participated in U17 and U18/19 Training Camps in high school
- **Ella Carter** was called to the 2025 U20 Training camp in June
- **Maggie Cagle** was a member of the U14 and U16 Women's National Teams and participated in U18 National Team Camps
- **Lia Godfrey** was a member of the 2016 U17 National Team World Cup roster as a 14-year old and later a member of the U19 National Team; she was also a member of the U15 and U16 National Teams
- **Laughlin Ryan** competed with the 2020 U19 National Team in Spain
- **Laney Rouse** was a member of the U14, U16, U19 and U20 National Teams throughout her career - competing in the 2022 Sud Ladies Cup and Concacaf qualifying tournament with the U20 team

OTHER RETURNING HOOS WITH TRAINING CAMP EXPERIENCE

- Maya Carter
- Jill Flammia
- Sarah Flammia
- Tatum Galvin
- Kathryn Kelly
- Kira Waller

STEVE SWANSON WITH US SOCCER

- Head Coach - U16, U18, U20, U23 Women's Youth National Teams
- 2012 U20 FIFA Women's World Cup Champions



- Assistant Coach - US Women's National Team
- 2015 FIFA Women's World Cup Champions
- 2019 FIFA Women's World Cup Champions

NEW HOOS WITH INTERNATIONAL EXPERIENCE FOR US SOCCER

- Several members of the incoming class have experience at an international level with US Soccer
- **Addison Halpern** was on the 2024 U20 Women's World Cup roster and service on various U16, U17, U18 and U19 rosters
- **Pearl Cecil** was a member of the 2025 U17 Concacaf roster and captained vs. Honduras on that squad earlier this year
- In addition to service with U15 and U16 squads, Cecil captained the U17 squad at the end of August in two friendlies against Spain
- Cecil has also been tabbed for the U.S. U17 Women's World Cup Roster to compete in Morocco later this month
- **Jordyn Hardeman** played on the 2024 U17 Concacaf squad and also served on other U15, U16 and U17 rosters
- **Carrie Helfrich** has been on both U15 and U17 Concacaf rosters in her time prior to joining the Cavaliers this fall



Pearl Cecil



Wicki Dunlap



Addison Halpern



Jordyn Hardeman



Carrie Helfrich

UNIQUELY UVA

The University of Virginia is an institution rich with history and tradition. Here is some of the terminology that contributes to UVA's culture.

- **Grounds:** The term used by students, faculty and alumni to refer to the University dating as far back as Thomas Jefferson. "Campus" is never used.
- **First Year, Second Year, Third Year, Fourth Year:** Instead of freshman, sophomore, junior, senior. Why you may ask? To be a "senior" implies that a person has reached the final phase of learning, a feat that Thomas Jefferson believed to be impossible, arguing instead that education is a life-long process. This tends to be used less in athletic eligibility references.
- **Commonwealth:** Virginia is one of four constituent states of the United States of America that officially uses the name "Commonwealth" instead of the word state in all references. The other three commonwealths are Kentucky, Massachusetts and Pennsylvania.

UNIVERSITY NICKNAMES

- Virginia's athletics teams have been accompanied by a somewhat confusing array of nicknames. The most prominent and widely accepted of these monikers are "Cavaliers," "Wahoos" and "Hoos."
- Although the terms "Cavaliers," "Wahoos" and "Hoos" are used almost interchangeably to refer to University teams and players, "Cavaliers" is more often used by the media, while "Wahoos" and "Hoos" are frequently used by Virginia students and fans.
- Legend has it that Washington & Lee baseball fans dubbed the Virginia players "Wahoos" during the fiercely contested rivalry that existed between the two in-state schools in the 1890s. By 1940, "Wahoos" was in general use around Grounds to denote University students or events relating to them. The abbreviated "Hoos" sprang up later in student newspapers and has gained growing popularity in recent years.

THE CAVALIER MASCOT

- The costumed Cavalier with a large character head debuted during Virginia's 1984 football season and has remained the official mascot of the University.

UNIVERSITY COLORS: ORANGE AND BLUE

- Orange and blue were adopted as the University of Virginia's official athletic colors at a mass student meeting in 1888. UVA athletic teams had previously worn silver gray and cardinal red, but those colors did not stand out on muddy football fields, prompting a student movement to change them.
- One of the students attending the mass meeting was Allen Potts, a star athlete who played on Virginia's first football team in 1888. Potts showed up at the meeting wearing a navy blue-and-orange scarf that he had acquired during a summer boating expedition at Oxford University. Orange and blue were chosen as the official athletic colors after one of Potts' fellow students pulled the scarf off Potts' neck and, waving it to the crowd, yelled, "How will this do?" UVA later served as the inspiration for schools like Auburn and Florida when they selected school colors.

WAHOOWA

- The origin of "Wah-hoo-wah" is uncertain. The cheer was used to root on Virginia teams as early as 1890 and may have been borrowed from Dartmouth College, whose athletics teams were once known as the Indians.
- Legend attributes the yell to Natalie Floyd Otey, who sang the ballad "Where'er You Are, There Shall My Love Be" at Charlottesville's Levy Opera House in 1893. The predominantly student audience noticed that Otey warbled the first three words of the song between each of the stanzas and decided to join in the refrain. By evening's end, goes the legend, the crowd had corrupted "Where'er You Are" into "Wah-hoo-wah."

COME FROM BEHIND WINS

Date	Opponent	Trailed (Min)	Tied	Final
8/22/24	at #3 Penn State	0-1 (15')	54'	2-1
11/20/22	at #18 Penn State	1-2 (82')	88'	3-2 ot
9/17/22	at #2 UNC	0-2 (25')	61'	3-2
4/28/21	SIUE <small>NCAA</small>	0-1 (11')	41'	3-1
10/28/18	Louisville <small>ACC</small>	0-1 (10')	14'	2-1
10/29/17	Wake Forest <small>ACC</small>	0-1 (13')	55'	2-1
10/22/17	at Boston College	0-1 (51')	58'	3-2
10/23/16	Boston College	0-1 (6')	52'	3-2
9/4/15	at UCLA	0-1 (18')	51'	2-1
10/23/14	at Duke	0-1 (21')	48'	3-1
10/19/14	at Louisville	0-1 (19')	24'	2-1
9/12/14	Tennessee	0-1 (10')	50'	2-1
11/3/13	Maryland <small>ACC</small>	0-1 (5')	27'	6-1
9/26/13	at Duke	0-2 (23')	49'	3-2
9/22/13	at Pittsburgh	0-1 (12')	27'	3-1
9/19/13	at Boston College	0-1 (47')	58'	2-1
8/30/13	Penn State	0-1 (7')	14'	5-1
11/16/12	Rutgers <small>NCAA</small>	0-1 (8')	13'	6-1
10/25/12	Boston College	0-1 (33')	49'	5-1
8/30/11	St. John's	0-1 (48')	73'	2-1
8/19/11	West Virginia	0-1 (8')	23'	2-1
10/28/10	NC State	0-1 (4')	14'	2-1
10/3/10	Boston College	1-2 (57')	77'	3-2 ot
11/15/09	at Penn State <small>NCAA</small>	0-2 (37')	65'	6-2
11/5/08	vs. Wake Forest <small>ACC</small>	0-1 (17')	49'	3-2 ot
10/19/08	Boston College	0-1 (7')	27'	2-1
11/5/04	vs. Clemson <small>ACC</small>	0-1 (39')	61'	2-1
9/12/04	South Carolina	0-1 (21')	36'	5-2
10/4/03	Florida State	1-2 (59')	85'	3-2
9/29/03	at Richmond	0-1 (16')	29'	2-1
9/12/03	Santa Clara	0-1 (33')	37'	4-1
11/15/02	vs. Dayton <small>NCAA</small>	0-1 (53')	55'	3-2
10/6/02	UAB	0-1 (18')	42'	2-1
11/8/01	vs. Duke <small>ACC</small>	0-1 (49')	50'	2-1
10/28/01	Florida State	1-2 (11')	69'	3-2
10/4/01	BYU	1-2 (62')	81'	3-2 ot
10/21/00	Duke	0-2 (12')	53'	4-3
10/6/00	at Maryland	0-2 (32')	70'	3-2
10/10/99	at George Mason	0-2 (18')	55'	3-2
9/24/99	Stanford	0-2 (68')	76'	3-2
9/19/99	at NC State	0-1 (29')	33'	3-1
10/31/98	George Mason	0-1 (14')	16'	3-2
10/2/98	at Tennessee	2-3 (68')	74'	4-3
9/11/98	at Florida State	2-3 (86')	89'	4-3 ot
9/5/98	James Madison	0-1 (12')	39'	3-2 ot
9/28/97	at Wake Forest	1-2 (55')	73'	3-2
9/13/97	vs. Washington	0-1 (18')	28'	4-2
9/9/97	Old Dominion	0-1 (4')	55'	2-1
9/5/97	at Penn State	0-1 (2')	23'	5-2
11/7/96	vs. NC State	0-1 (20')	37'	4-1
10/26/96	at William & Mary	0-1 (12')	42'	2-1
10/6/96	at NC State	0-1 (17')	53'	3-2
10/1/95	William & Mary	1-2 (35')	52'	3-2 ot
9/16/95	at Clemson	0-1 (11')	35'	2-1
9/2/95	vs. California	0-1 (13')	19'	3-2
10/24/93	Villanova	1-2 (70')	73'	3-2
9/26/93	at Cincinnati	0-1 (13')	45'	3-1
10/17/92	Wisconsin	1-2 (93')	94'	3-2 ot
10/13/92	James Madison	0-1 (34')	42'	2-1
10/20/91	NC State	0-1 (44')	69'	2-1
9/24/91	at James Madison	0-1 (50')	55'	2-1
10/27/90	NC State	0-1 (28')	38'	3-1
10/8/89	at Villanova	0-1 (20')	34'	4-1



2025 CAVALIER WOMEN'S SOCCER

VIRGINIA NUMERICAL ROSTER

No.	Name	Ht.	Class	Position	Hometown/High School (Previous College)
1	Victoria Safradin	5-10	Jr.	GK	Eastlake, Ohio/North HS
2	Kira Waller	5-6	R-Fr.	M	Alexandria, Va./Georgetown Visitation Prep
3	Sophia Bradley	5-10	So.	F	Wayne, N.J./Wayne Hills
4	Kiki Maki	5-9	R-Sr.	D	Naples, Fla./IMG Academy
5	Laughlin Ryan	5-6	Gr.	M	Charlotte, N.C./Myers Park HS
6	Addison Halpern	5-6	Fr.	F/M	Middlesex, N.J./Rutgers Prep
7	Marin McCormack	5-8	Fr.	F	Arlington, Va./Arlington Tech Governor's STEM Academy
8	Allie Ross	5-9	Jr.	F	Atlanta, Ga./The Westminster Schools
9	Meredith McDermott	5-10	Sr.	F	Nashua, N.H./Buckingham, Brown & Nichols
10	Maggie Cagle	5-5	Sr.	F	Phoenix, Ariz./Arcadia HS
11	Linda Mittermair	5-7	Gr.	F/M	Hitzing, Upper Austria, Austria/University of Vienna
12	Aniyah Collier	5-9	R-So.	D	Loganville, Ga./Archer HS
13	Loretta Talbott	5-4	Fr.	F/M	Chevy Chase, Md./Holton Arms School
14	Jordyn Hardeman	5-9	Fr.	D	Midlothian, Texas/Midlothian
15	Sarah Flammia	5-2	So.	M	Goochland, Va./Goochland HS
16	Ella Carter	5-5	Jr.	M	Leesburg, Va./Riverside HS
17	Tatum Galvin	5-9	R-Jr.	D	Dallas, Texas/IMG Academy
18	Liv Rademaker	5-7	Fr.	D	Amsterdam, Netherlands/ De school van de Toekomst
19	Jill Flammia	5-4	Jr.	M	Goochland, Va./Goochland HS
20	Carrie Helfrich	5-7	Fr.	F/M	McLean, Va./Stone Ridge School of the Sacred Heart
21	Helen Olszewski	5-5	Fr.	F	Oklahoma City, Okla./Cassady
22	Lia Godfrey	5-4	Gr.	F/M	Fleming Island, Fla./Fleming Island HS
23	Laney Rouse	5-7	Gr.	D	Cary, N.C./Cary Academy
24	Kathryn Kelly	5-8	R-Jr.	D	Belmont, Calif./Carlmont HS
25	Annamarie Williams	5-8	So.	M	Natrona Heights, Pa./Highlands HS
26	Maya Carter	5-8	Sr.	D	Troy, Mich./Troy HS
27	Pearl Cecil	5-10	Fr.	M/D	Encinitas, Calif./Laurel Springs School
29	Molly Carlson	5-7	Fr.	GK	Charlottesville, Va./Liberty University Online Academy
30	Wicki Dunlap	5-10	Fr.	GK	Raleigh, N.C./Broughton
33	Ellie Sommers	5-7	Gr.	GK	Boulder, Colo./Legacy HS (Pepperdine/LMU)

VIRGINIA ALPHABETICAL ROSTER

No.	Name
3	Sophia Bradley
10	Maggie Cagle
29	Molly Carlson
16	Ella Carter
26	Maya Carter
27	Pearl Cecil
12	Aniyah Collier
30	Wicki Dunlap
19	Jill Flammia
15	Sarah Flammia
17	Tatum Galvin
22	Lia Godfrey
6	Addison Halpern
14	Jordyn Hardeman
20	Carrie Helfrich
24	Kathryn Kelly
4	Kiki Maki
7	Marin McCormack
9	Meredith McDermott
11	Linda Mittermair
21	Helen Olszewski
18	Liv Rademaker
8	Allie Ross
23	Laney Rouse
5	Laughlin Ryan
1	Victoria Safradin
33	Ellie Sommers
13	Loretta Talbott
2	Kira Waller
25	Annamarie Williams

Head Coach: Steve Swanson (Michigan State, '84) - 26th Season

Associate Head Coach: Ron Raab (William & Mary, '89) - 20th Season

Assistant Coach: Sam Raper (Leeds Beckett University, '16) - 4th Season

Assistant Coach: Lizzy Sieracki - 4th Season

Operations Assistant: Eilidh Thomson - 9th Season

PRONUNCIATION GUIDE

1	Victoria Safradin	(SAFF-ruh-din)	19	Jill Flammia	(FLAM-ee-uh)
4	Kiki Maki	(kee-kee MACK-ee)	20	Carrie Helfrich	(HELL-fritch)
5	Laughlin Ryan	(LOCK-lynn ryan)	21	Pearl Cecil	(SEE-sill)
6	Addison Halpern	(HAL-purn)	22	Lia Godfrey	(LEE-uh GOD-free)
7	Marin McCormack	(MARE-inn Mc-CORE-mick)	23	Laney Rouse	(LAIN-ee ROUWS)
10	Maggie Cagle	(KAY-gull)	30	Wicki Dunlap	(WICK-ee)
11	Linda Mittermair	(MITT-uh-myer)		Ron Raab	(RAB) *rhymes with grab
12	Aniyah Collier	(uh-NYE-uh CALL-yer)		Sam Raper	(RAY-per)
14	Jordyn Hardeman	(jor-DIN HAR-duh-man)		Eilidh Thomson	(AY-lee)
15	Sarah Flammia	(FLAM-ee-uh)			
18	Liv Rademaker	(RAID-uh-maker)			



2025 CAVALIER WOMEN'S SOCCER

RADIO AND TV ROSTER



**VICTORIA
SAFRADIN**

Jr. GK 5-10
Eastlake, Ohio
(North HS)



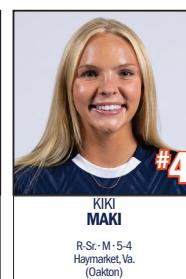
**KIRA
WALLER**

R-Fr. M 5-6
Alexandria, Va.
(Georgetown Visitation Prep)



**SOPHIA
BRADLEY**

So. F 5-10
Wayne, N.J.
(Wayne Hills)



**KIKI
MAKI**

Pr-Sr. M 5-4
Haymarket, Va.
(Oakton)



**LAUGHLIN
RYAN**

Gr. M 5-6
Charlotte, N.C.
(Myers Park)



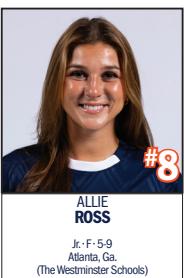
**Addison
HALPERN**

Fr. F/M 5-6
Middlesex, N.J.
(Rutgers Prep)



**MARIN
MCCORMACK**

Fr. F 5-8
Arlington, Va.
(Arlington Tech Governor's STEM Academy)



**ALLIE
ROSS**

Jr. F 5-9
Atlanta, Ga.
(The Westminster Schools)



**MEREDITH
MCDERMOTT**

Sr. F 5-10
Nashua, N.H.
(Buckingham, Brown & Nichols)



**MAGGIE
CAGLE**

Sr. M 5-5
Phoenix, Ariz.
(Arcadia)



**LINDA
MITTERMAIR**

Gr. F/M 5-7
Hitzing, Upper Austria, Austria
(University of Vienna)



**ANYAH
COLLIER**

R-So. D 5-9
Loganville, Ga.
(Archer)



#13

LORETTA
TALBOTT

Fr. F/M 5-4
Chevy Chase, Md.
(Holton Arms School)



#14

JORDYN
HARDEMAN

Fr. D 5-9
Midlothian, Texas
(Midlothian)



#15

SARAH
FLAMMIA

So. M 5-2
Goochland, Va.
(Goochland)



#16

ELLA
CARTER

Jr. M 5-5
Leesburg, Va.
(Riverside)



#17

TATUM
GALVIN

R-Jr. D 5-9
Miami, Florida
(IMG Academy)



#18

LIV
RADEMAKER

Fr. D 5-7
Amsterdam, Netherlands
(De school van de Toekomst)



#19

JILL
FLAMMIA

Fr-Ir. M 5-4
Goochland, Va.
(Goochland)



#20

CARRIE
HELFRICH

Fr. F/M 5-7
McLean, Va.
(Stone Ridge School of the Sacred Heart)



#21

HELEN
OLSZEWSKI

Fr. F 5-5
Oklahoma City, Okla.
(Cassady)



#22

LIA
GODFREY

Gr. M 5-4
Fleming Island, Fla.
(Fleming Island)



#23

LANEY
ROUSE

Gr. D 5-7
Cary, N.C.
(Cary Academy)



#24

KATHRYN
KELLY

R-Jr. D 5-4
Belmont, Calif.
(Carlmont HS)



#25

ANNAMARIE
WILLIAMS

So. M 5-8
Natrona Heights, Pa.
(Highlands)



#26

MAYA
CARTER

Sr. D 5-8
Troy, Mich.
(Troy)



#27

PEARL
CECIL

Fr. D 5-10
Encinitas, Calif.
(Laurel Springs School)



#29

MOLLY
CARLSON

Fr. GK 5-7
Charlottesville, Va.
(Liberty University Online Academy)



#30

WICKI
DUNLAP

Fr. GK 5-10
Raleigh, N.C.
(Broughton)



#33

ELLIE
SOMMERS

Gr. GK 5-7
Boulder, Colo.
(Legacy HS/Pepperdine/LMU)



STEVE
SWANSON

Head Coach



RON
RAAB

Associate Head Coach



SAM
RAPER

Assistant Coach



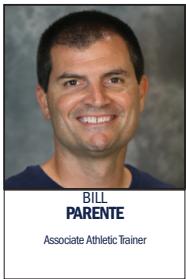
LIZZY
SIERACKI

Volunteer Assistant Coach



EILIDH
THOMSON

Director of
Analytics & Operations



BILL
PARENTE

Associate Athletic Trainer



2025 CAVALIER WOMEN'S SOCCER

STATISTICAL RECORD BOOK - OFFENSE

CAREER POINTS		CAREER GOALS		CAREER ASSISTS				
Rank	Name	Pts	Rank	Name	Goals	Rank	Name	Assists
1.	Makenzy Doniak (2012-15)	164	1.	Makenzy Doniak (2012-15)	64	1.	Danielle Colaprico (2011-14)	44
2.	Angela Huckles (1996-99)	138	2.	Angela Huckles (1996-99)	59	2.	Morgan Brian (2011-14)	43
3.	Morgan Brian (2011-14)	125	3.	Caroline Miller (2009-12)	45	3.	Lauren Alwine (2008-11)	42
4.	Lindsay Gusick (2001-04)	109		Diana Ordoñez (2019-21)	45	4.	Shannon Foley (2003-07)	36
	Caroline Miller (2009-12)	109	5.	Lindsay Gusick (2001-04)	43		Makenzy Doniak (2012-15)	36
6.	Alexa Spaanstra (2018-22)	108	6.	Morgan Brian (2011-14)	41	6.	Alexa Spaanstra (2018-22)	34
7.	Andrea Rubio (1989-92)	102	7.	Alexa Spaanstra (2018-22)	37	7.	Lia Godfrey (2021-Present)	33
8.	Alexis Shaffer (2013-16)	102		Alexis Shaffer (2013-16)	37		Andrea Rubio (1989-92)	30
	Diana Ordoñez (2019-21)	102	9.	Andrea Rubio (1989-92)	36	9.	Alexis Shaffer (2013-16)	28
10.	Gayle Smith (1986-89)	90		Meghan Lencyzk (2007-10)	36		Sarah Huffman (2002-05)	28
	Shannon Foley (2003-07)	90						
SEASON POINTS		SEASON GOALS		SEASON ASSISTS				
Rank	Name	Pts	Rank	Name	Goals	Rank	Name	Assists
1.	Makenzy Doniak (2014)	51	1.	Caroline Miller (2012)	20	1.	Danielle Colaprico (2014)	19
2.	Caroline Miller (2012)	47		Makenzy Doniak (2013)	20	2.	Sarah Huffman (2004)	14
3.	Morgan Brian (2013)	46		Makenzy Doniak (2014)	20		Lauren Alwine (2008)	14
	Makenzy Doniak (2013)	46	4.	Angela Huckles (1997)	18		Morgan Brian (2013)	14
5.	Angela Huckles (1997)	41		Diana Ordoñez (2021)	18		Morgan Brian (2014)	14
6.	Lindsay Gusick (2004)	39	6.	Lindsay Gusick (2001)	17	6.	Shannon Foley (2004)	13
	Makenzy Doniak (2015)	39		Angela Huckles (1996)	17		Danielle Colaprico (2013)	13
	Diana Ordoñez (2021)	39	8.	Lindsay Gusick (2004)	16	8.	Maggie Cagle (2022)	12
9.	Lindsay Gusick (2001)	37		Morgan Brian (2013)	16		Lia Godfrey (2021)	12
10.	Andrea Rubio (1990)	36	10.	Meghan McCool (2019)	15		Alexa Spaanstra (2019)	12
	Alexis Shaffer (2015)	36		Diana Ordoñez (2019)	15			
				Caroline Miller (2011)	15			
Class Records		Class Records		Class Records				
Sr.	Caroline Miller (2012)	47	Sr.	Caroline Miller (2012)	20	Sr.	Danielle Colaprico (2014)	19
Jr.	Makenzy Doniak (2014)	51	Jr.	Makenzy Doniak (2014)	20	Jr.	Sarah Huffman (2004)	14
So.	Makenzy Doniak (2013)	46	So.	Makenzy Doniak (2013)	20	So.	Morgan Brian (2013)	14
Fr.	Lindsay Gusick (2001)	37	Fr.	Lindsay Gusick (2001)	17	Fr.	Shannon Foley (2004)	13
				Angela Huckles (1996)	17		Lauren Alwine (2008)	14
SINGLE GAME POINTS		SINGLE GAME GOALS		SINGLE GAME ASSISTS				
Rank	Name	Pts	Rank	Name	Goals	Rank	Name	Assists
1.	Veronica Latsko at Pittsburgh (10/1/17)	8	1.	Makenzy Doniak at NC State (10/28/15)	4	1.	Morgan Brian vs. High Point (11/14/14)	5
	Makenzy Doniak vs. Kentucky (11/23/14)	8	2.	21 Times	3	2.	Alexa Spaanstra vs. Liberty (8/25/19)	4
	Makenzy Doniak vs. NC State (10/28/15)	8		Haley Hopkins vs. Farleigh Dickinson (08/28/22)			Wendy Hartwig vs. UMBC (10/6/95)	
2.	Eight Times	7		Diana Ordoñez vs. Rice (5/5/21)		4.	Numerous Times	3
	Morgan Brian vs. High Point (11/14/14)			Diana Ordoñez vs. Louisville (11/10/20)			<i>last time: Makenzy Doniaks vs. UNCW (8/23/15)</i>	
	Caroline Miller at Virginia Tech (10/21/12)			Diana Ordoñez vs. Liberty (8/25/19)				
	Caroline Miller vs. Liberty (8/26/11)			Veronica Latsko at Pittsburgh (10/1/17)				
	Kristen Weiss vs. Virginia Tech (11/3/04)			Makenzy Doniak vs. Kentucky (11/23/14)				
	Lindsay Gusick vs. Cincinnati (11/24/01)			Morgan Reuther vs. High Point (11/14/14)				
	Lindsay Gusick vs. Liberty (9/26/01)			Makenzy Doniak vs. Saint Francis (11/15/13)				
	Dina Padula vs. Delaware (8/31/96)			Caroline Miller at Virginia Tech (10/21/12)				
	Gayle Smith vs. Providence (10/7/89)			Caroline Miller vs. Liberty (8/26/11)				
				Sinead Farrelly at Clemson (10/5/08)				
				Meghan Lencyzk vs. Liberty (8/29/08)				
				Kelly Hammond vs. James Madison (11/12/04)				
				Lindsay Gusick vs. Cincinnati (11/24/01)				
				Lindsay Gusick vs. Liberty (9/26/01)				
				Angela Huckles vs. Maryland (9/29/99)				
				Angela Huckles vs. James Madison (11/15/97)				
				Angela Huckles vs. Kansas (9/19/97)				
				Dina Padula vs. Delaware (8/31/96)				
				Gayle Smith vs. Providence (10/7/89)				
				Janet Caswell vs. Cincinnati (10/24/87)				



STATISTICAL RECORD BOOK - GOALKEEPING

CAREER SHUTOUTS		CAREER SAVES		CAREER WIN					
Rank	Name	Shutouts	Rank	Name	Saves	Rank	Name	Wins	
1.	Chantel Jones (2007-11)	47	1.	Shelly Shreve (1985-88)	262	1.	Morgan Stearns (2013-16)	69	
2.	Laurel Ivory (2017-2021)	42	2.	Chantel Jones (2007-11)	243	2.	Laurel Ivory (2017-2021)	68	
	Morgan Stearns (2013-16)	33	3.	Andrea Rippe (1987-90)	224	3.	Chantel Jones (2007-11)	55	
4.	Christina de Vries (2003-06)	31	4.	Laurel Ivory (2017-2021)	194	4.	Christina de Vries (2003-06)	46	
5.	Cayla White (2019-2023)	17	5.	Sandra Kvitnieski (1989-92)	160	5.	Andrea Rippe (1987-90)	41	
	Sandra Kvitnieski (1989-92)	17	6.	Morgan Stearns (2013-16)	156	6.	Anne Abernethy (2001-03)	32	
	Anne Abernethy (2001-03)	17	7.	Christina de Vries (2003-06)	151	7.	Shelly Shreve (1985-88)	31	
8.	Victoria Safradin (2022-Present)	15	8.	Anne Abernethy (2001-03)	150	8.	Sandra Kvitnieski (1989-92)	30	
9.	Becky Hornbacher (1993-94)	11	9.	Megan Boehm (1996-99)	145	9.	Cayla White (2019-Present)	26	
	Andrea Rippe (1987-90)	11	10.	Cayla White (2019-2023)	115	10.	Megan Boehm (1996-99)	25	
				Julie Harris (1997-00)	115				
SEASON SHUTOUTS		SEASON SAVES		SEASON WINS					
Rank	Name	Shutouts	Rank	Name	Saves	Rank	Name	Wins	
1.	Chantel Jones (2011)	14	1.	Shelly Shreve (1987)	110	1.	Morgan Stearns (2014)	22	
2.	Chantel Jones (2007)	13	2.	Shelly Shreve (1986)	108	2.	Morgan Stearns (2013)	19	
	Christina de Vries (2004)	13	3.	Andrea Rippe (1990)	77	3.	Andrea Rippe (1990)	18	
4.	Laurel Ivory (2019)	12	4.	Chantel Jones (2009)	74	4.	Chantel Jones (2011)	17	
5.	Becky Hornbacher (1994)	11	5.	Becky Hornbacher (1994)	73		Christina de Vries (2005)	17	
6.	Sandra Kvitnieski (1991)	10		Sandra Kvitnieski (1992)	73		Christina de Vries (2004)	17	
	Christina de Vries (2005)	10		Chantel Jones (2007)	73	7.	Laurel Ivory (2021)	16	
	Chantel Jones (2009)	10		8.	Andrea Rippe (1989)	72	8.	Laurel Ivory (2019)	15
	Chantel Jones (2010)	10		9.	Sandra Kvitnieski (1991)	66		Morgan Stearns (2016)	15
10.	Cayla White (2022)	9		10.	Christina de Vries (2005)	63		Chantel Jones (2010)	15
	Laurel Ivory (2021)	9						Celeste Miles (2008)	15
	Laurel Ivory (2017)	9							
	Morgan Stearns (2015)	9							
	Morgan Stearns (2013)	9							
	Celeste Miles (2008)	9							
Class Records									
Sr.	Chantel Jones (2011)	14							
Jr.	Laurel Ivory (2019)	12							
So.	Christina de Vries (2004)	13							
Fr.	Chantel Jones (2007)	13							
SHUTOUT STREAKS (INDIVIDUAL)		CAREER GOAL AGAINST AVERAGE		SEASON GOAL AGAINST AVERAGE					
Name	Streak	Rank	Name	GAA	Rank	Name	GAA		
1.	Morgan Stearns (11/13/2015 to 9/11/16)	905:09	1.	Chantel Jones (2007-11)	0.65	1.	Laurel Ivory (2019)	0.31	
2.	Laurel Ivory (9/20/19 - 10/27/19)	775:01	2.	Morgan Stearns (2013-16)	0.66	2.	Chantel Jones (2007)	0.41	
3.	Chantel Jones (9/7/07 to 10/4/07)	748:07	3.	Laurel Ivory (2017-2021)	0.68	3.	Morgan Stearns (2015)	0.48	
4.	Laurel Ivory (4/28/21 to 8/29/21)	665:06	4.	Danielle DeLisle (2011-13)	0.74	4.	Cayla White (2023)	0.57	
5.	Victoria Safradin (11/15/24 to 8/31/25)	623:54	5.	Christina de Vries (2003-06)	0.781	5.	Christina de Vries (2004)	0.58	
6.	Chantel Jones (10/17/09 to 11/15/09)	602:42	6.	Becky Hornbacher (1993-94)	0.789	6.	Laurel Ivory (2021)	0.61	
7.	Laurel Ivory (9/12/21 to 10/17/21)	577:32	7.	Andrea Rippe (1987-90)	0.794	7.	Morgan Stearns (2014)	0.64	
8.	Chantel Jones (10/8/11 to 11/4/11)	517:08	8.	Cayla White (2019-23)	0.804	8.	Morgan Stearns (2013)	0.66	
9.	Chantel Jones (8/27/10 to 9/19/10)	492:50	9.	Celeste Miles (2005-08)	0.92	9.	Andrea Rippe (1990)	0.67	
10.	Cayla White (8/21/22 to 9/17/22)	461:51	10.	Brit Swenberg (1994-97)	1.03		Chantel Jones (2010)	0.67	
			*Minimum of 1400 minutes played		*Minimum of 700 minutes played				



2025 CAVALIER WOMEN'S SOCCER

1 · VICTORIA SAFRADIN · Jr. · GK



CAREER HIGHS

Minutes: 110 vs. Wisconsin (11/22/24)
Saves: 6, 4x, MR vs. #2 Duke (9/11/25)
Shots Faced: 20, 2x, MR at #3 PSU (8/22/24)
Fewest Goals: 0, 15x, MR at Clemson (9/25/25)

GP-GS: 11-11 **GAA:** 0.42 **Save %:** .881 **Record:** 9-0-2

2025 HIGHLIGHTS

- Named to MAC Hermann Trophy Midseason Watch List
- Called to U20 Women's National Team Camp in off season
- Posted four straight shutouts to start 2025 campaign
- Tied career-high six saves vs. Xavier (8/21) and matched it again against #2 Duke (9/11)
- ACC Defensive Player of the Week (8/26)
- Shutouts vs. West Virginia, Xavier, Liberty, Charlotte and #9 Penn State, Syracuse and Clemson

2 · KIRA WALLER · R-Fr. · M



CAREER HIGHS

Minutes: 12 vs. VCU (9/14/25)
Shots: None
Goals: None
Assists: None

GP-GS: 2-0 **Goals:** 0 **Assists:** 0 **Points:** 0

2025 HIGHLIGHTS

- Made collegiate debut vs. Charlotte (8/28)

3 · SOPHIA BRADLEY · So. · F



CAREER HIGHS

Minutes: 59, 2x, MR at NC State (10/8/23)
Shots: 4, 2x, MR at NC State (10/8/23)
Goals: 2 vs. Oregon State (9/8/22)
Assists: 1, 3x, MR vs. Xavier (8/21/25)

GP-GS: 9-0 **Goals:** 1 **Assists:** 1 **Points:** 3

2025 HIGHLIGHTS

- Assisted on Pearl Cecil goal vs. Xavier (8/21)
- Scored first goal of the season vs. Charlotte (8/28)

4 · KIKI MAKI · R-Sr. · D



CAREER HIGHS

Minutes: 110 vs. Wisconsin (11/22/24)
Shots: 3 vs. Howard (9/8/24)
Goals: 1, 3x, MR vs. Charlotte (8/28/25)
Assists: 1 vs. #2 Duke (9/11/25)

GP-GS: 12-11 **Goals:** 1 **Assists:** 1 **Points:** 3

2025 HIGHLIGHTS

- Hit first career game winner vs. Charlotte (8/28)
- Has played the full time in 7-of-8 matches this season
- First career assist on Godfrey goal vs. #2 Duke (9/11)

5 · LAUGHLIN RYAN · Gr. · M



CAREER HIGHS

Minutes: 58 at Louisville (9/16/23)
Shots: 2 vs. Utah Valley (8/25/24)
Goals: 1, 2x, MR vs. Utah Valley (8/25/24)
Assists: 2 vs. Utah Valley (8/25/24)

GP-GS: 5-0 **Goals:** 0 **Assists:** 0 **Points:** 0

2025 HIGHLIGHTS

- Made first appearance against VCU (9/14) after rehabbing injury offseason

6 · ADDISON HALPERN · SF · M



CAREER HIGHS

Minutes: 83, 2x, MR vs. #2 Duke (9/11/25)
Shots: 6 vs. #9 Penn State (9/4/25)
Goals: 1 vs. VCU (9/14/25)
Assists: 1, 2x, MR at Clemson (9/25/25)

GP-GS: 12-10 **Goals:** 1 **Assists:** 2 **Points:** 4

2025 HIGHLIGHTS

- Tallied first collegiate assist vs. #9 Penn State on game-winning goal from Cagle
- Scored first collegiate goal vs. VCU (9/14)
- Assisted on Godfrey's game winner at Clemson (9/25)

7 · MARIN MCCORMACK · Fr. · F



CAREER HIGHS

Minutes: -
Shots: -
Goals: -
Assists: -

GP-GS: 0-0 **Goals:** 0 **Assists:** 0 **Points:** 0

2025 HIGHLIGHTS

- Redshirting for 2025 season

8 · ALLIE ROSS · Jr. · F



CAREER HIGHS

Minutes: 92 vs. Wisconsin (11/22/24)
Shots: 6 at NC State (10/8/23)
Goals: 2, 2x, MR at Miami (9/12/24)
Assists: 1, 5x, MR at Syracuse (9/20/25)

GP-GS: 12-6 **Goals:** 3 **Assists:** 1 **Points:** 7

2025 HIGHLIGHTS

- Hit game winning goal vs. Xavier (8/21)
- Hit second goal as insurance in 2-0 win at Liberty (8/24)
- Assisted on Godfrey game winner at Syracuse (9/20)
- Scored third goal of the season at Clemson (9/25)

9 · MEREDITH MCDERMOTT · Sr. · F



CAREER HIGHS

Minutes: 79 vs. Iowa (9/7/23)
Shots: 5, 3x, MR vs. Va. Tech (10/4/25)
Goals: 2, 2x, MR vs. West Virginia (8/31/23)
Assists: 1, 8x, MR at Cal (10/9/25)

GP-GS: 12-11 **Goals:** 1 **Assists:** 3 **Points:** 5

2025 HIGHLIGHTS

- Made first start of the season vs. Xavier (8/21)
- Assisted on Allie Ross goal at Liberty (8/24)
- Assisted on Godfrey goal vs. #2 Duke (9/11)
- Scored first goal of season at Clemson (9/25) in opening minute of second half



2025 CAVALIER WOMEN'S SOCCER

10 · MAGGIE CAGLE · Sr. · F  CAREER HIGHS Minutes: 102 vs. Wisconsin (11/22/24) Shots: 6 at George Mason (8/27/23) Goals: 2, 3x, MR at #3 Penn State (8/22/24) Assists: 2, 6x, MR at Clemson (9/25/25) GP-GS: 12-12 Goals: 6 Assists: 3 Points: 15 2025 HIGHLIGHTS <ul style="list-style-type: none">Hit first goal of 2025 against Charlotte (8/28)Hit game-winning goal vs. #9 Penn State (9/4) in second minute of playHer goal at 1:22 mark vs. PSU is 13th fastest at UVAAssisted on Rouse goal vs. #2 Duke (9/11)Scored against VCU (9/14) to cap the 3-0 victoryHit penalty kick goal against Syracuse (9/20)Tallied two assists in win at Clemson (9/25)Scored fifth goal to open scoring vs. Virginia Tech (10/4)Scored opening goal at Cal (10/9) her sixth of the year	11 · LINDA MITTERMAIR · Gr. · F/M  CAREER HIGHS Minutes: 64 vs. Wake Forest (9/15/24) Shots: 2, 2x, MR vs. Utah Valley (8/25/24) Goals: 1 vs. Utah Valley (8/25/24) Assists: 1, 3x, MR at #2 Duke (10/3/24) GP-GS: 12-1 Goals: 0 Assists: 1 Points: 1 2025 HIGHLIGHTS <ul style="list-style-type: none">Assisted on Maki game winner off corner vs. Charlotte (8/28)Made first start of the season against VCU (9/14)	12 · ANIYAH COLLIER · R-So. · F  CAREER HIGHS Minutes: 49 vs. Radford (8/20/23) Shots: 2 vs. Nevada (8/17/23) Goals: None Assists: None GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Has not seen action due to offseason injury
13 · LORETTA TALBOTT · Fr. · F/M  CAREER HIGHS Minutes: - Shots: - Goals: - Assists: - GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Redshirting for 2025 season	14 · JORDYN HARDEMAN · Fr. · D  CAREER HIGHS Minutes: 53 vs. Charlotte (8/28/25) Shots: 1 vs. VCU (9/14/25) Goals: - Assists: - GP-GS: 11-0 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Made collegiate debut against Xavier (8/21)	15 · SARAH FLAMMIA · So. · M  CAREER HIGHS Minutes: 14 vs. Utah Valley (8/25/24) Shots: 1 vs. Howard (9/8/24) Goals: None Assists: None GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Has not seen action due to offseason injuryRedshirting for 2025 season
16 · ELLA CARTER · Jr. · M  CAREER HIGHS Minutes: 90, 3x, MR vs. Va. Tech (10/4/25) Shots: 4 at JMU (9/1/24) Goals: 1, 4x, MR vs. #2 Duke (9/11/25) Assists: 1, 4x, MR at Syracuse (9/20/25) GP-GS: 12-12 Goals: 3 Assists: 2 Points: 8 2025 HIGHLIGHTS <ul style="list-style-type: none">Scored game winning goal at West Virginia (8/14) in 1-0 winThe goal vs. Mountaineers was her first career game winnerAssisted on Ross goal at Liberty (8/24)Named ACC Offensive Player of the Week (9/16) following victories over #2 Duke and VCUAdded third goal in win at Syracuse (9/20)	17 · TATUM GALVIN · R-Jr. · D  CAREER HIGHS Minutes: 108 vs. Wisconsin (11/22/25) Shots: 2 at Miami (9/12/24) Goals: 1 at Miami (9/12/24) Assists: 1 vs. Xavier (8/21/25) GP-GS: 12-12 Goals: 0 Assists: 1 Points: 1 2025 HIGHLIGHTS <ul style="list-style-type: none">Tallied first career assist on Ross GWG vs. Xavier (8/21)Has played the full time in six contests this season	18 · LIV RADEMAKER · Fr. · D  CAREER HIGHS Minutes: 78 at Syracuse (9/20/25) Shots: 1, 5x, MR at Cal (10/9/25) Goals: - Assists: 1 at Clemson (9/25/25) GP-GS: 12-11 Goals: 0 Assists: 1 Points: 1 2025 HIGHLIGHTS <ul style="list-style-type: none">Made collegiate debut at West Virginia (8/14)Made first collegiate start vs. Xavier (8/21)First assist on McDermott goal at Clemson (9/25)



2025 CAVALIER WOMEN'S SOCCER

19 · JILL FLAMMIA · R-Jr. · M  CAREER HIGHS Minutes: 90 at NC State (10/8/23) Shots: 5 at George Mason (8/27/23) Goals: 1, 8x, MR vs. VCU (9/14/25) Assists: 1 vs. West Virginia (8/31/23) GP-GS: 7-6 Goals: 1 Assists: 0 Points: 2 2025 HIGHLIGHTS <ul style="list-style-type: none">Started opener at West Virginia with 74 minutesMissed five games due to injuryReturned to lineup vs. #2 Duke (9/11)Hit game winner vs. VCU (9/14)	20 · CARRIE HELFRICH · Fr. · F/M  CAREER HIGHS Minutes: 53 vs. #9 Penn State (9/4/25) Shots: 3, 2x, MR vs. VCU (9/14/25) Goals: - Assists: 1, 2x, MR at Syracuse (9/20/25) GP-GS: 12-1 Goals: 0 Assists: 2 Points: 2 2025 HIGHLIGHTS <ul style="list-style-type: none">Made collegiate debut at West Virginia (8/14)Made first start vs. #9 Penn State (9/4)Turned in first career assist on game-winning goal from Cagle against #9 Penn State (9/4)Assisted on Godfrey game winner at Syracuse (9/20)	21 · HELEN OLSZEWSKI · Fr. · F  CAREER HIGHS Minutes: - Shots: - Goals: - Assists: - GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Redshirting for 2025 season
22 · LIA GODFREY · Gr. · M  CAREER HIGHS Minutes: 110 at #21 Penn State (11/20/22) Shots: 6, 3x, MR vs. Oregon State (9/8/22) Goals: 2 vs. Xavier (11/18/22) Assists: 2, 5x, MR vs. Princeton (11/15/24) GP-GS: 12-12 Goals: 8 Assists: 4 Points: 20 2025 HIGHLIGHTS <ul style="list-style-type: none">Named to MAC Hermann Trophy Midseason Watch ListAssisted on Ella Carter GWG at West Virginia (8/14)Assisted on Ross GWG vs. Xavier (8/21) and scored a goalHit game-winning goal at Liberty (8/24)Scored opening goal against #16 Georgetown (8/31)Scored opening goal vs. #2 Duke (9/11)Hit game winner at Syracuse (9/24) and assisted on Ella Carter goalHit game-winning goal at Clemson (9/25)Hit game-winning goal vs. Virginia Tech (10/4)Added her eighth goal and an assist at Cal (10/9)	23 · LANEY ROUSE · Gr. · D  CAREER HIGHS Minutes: 110, 2x, MR vs. Wisconsin (11/22/24) Shots: 2 vs. Oregon State (9/8/22) Goals: 1, 2x, MR vs. #2 Duke (9/11/25) Assists: 1, 6x, MR vs. VCU (9/14/25) GP-GS: 12-12 Goals: 1 Assists: 2 Points: 4 2025 HIGHLIGHTS <ul style="list-style-type: none">Named to MAC Hermann Trophy Midseason Watch ListHas played the full time in five games this seasonTallied a goal and assist vs. #2 Duke (9/11) for first goal scored since 2022 seasonAssisted on Halpern goal vs. VCU (9/14)	24 · KATHRYN KELLY · R-Jr. · D  CAREER HIGHS Minutes: 15 vs. Utah Valley (8/25/24) Shots: None Goals: None Assists: None GP-GS: 2-0 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Logged 10 minutes in match with Charlotte
25 · ANNAMARIE WILLIAMS · So. · M  CAREER HIGHS Minutes: 33 at #2 Duke (10/3/24) Shots: None Goals: None Assists: None GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Redshirting for 2025 season	26 · MAYA CARTER · Sr. · D  CAREER HIGHS Minutes: 83 vs. VCU (9/14/25) Shots: 4, 2x, MR at NC State (10/8/23) Goals: 2 vs. Oregon State (9/8/22) Assists: 1, 2x, MR vs. Utah Valley (8/25/24) GP-GS: 12-1 Goals: 0 Assists: 0 Points: 0 2025 HIGHLIGHTS <ul style="list-style-type: none">Made first career start vs. VCU (9/14) and played a career-long 83 minutes in that matchup	27 · PEARL CECIL · Fr. · D/M  CAREER HIGHS Minutes: 61 at West Virginia (8/14/25) Shots: 1, 2x, MR at Liberty (8/24/25) Goals: 1 vs. Xavier (8/21/25) Assists: - GP-GS: 4-1 Goals: 1 Assists: 0 Points: 2 2025 HIGHLIGHTS <ul style="list-style-type: none">Made collegiate debut with start at West Virginia (8/14)Scored her first collegiate goal vs. Xavier (8/21)Called to friendlies with US U17 WNT (8/25-8/31)Returned to the pitch vs. #9 Penn State (9/4)



2025 CAVALIER WOMEN'S SOCCER

29 · MOLLY CARLSON · Fr. · GK	30 · WICKI DUNLAP · Fr. · GK	33 · ELLIE SOMMERS · Gr. · GK
CAREER HIGHS Minutes: - Saves: - Shots Faced: - Few. Goal Allowed: - GP-GS: 0-0 GAA: 0.00 Save %: .000 Record: 0-0-0 2025 HIGHLIGHTS ·	CAREER HIGHS Minutes: - Saves: - Shots Faced: - Few. Goal Allowed: - GP-GS: 0-0 GAA: 0.00 Save %: .000 Record: 0-0-0 2025 HIGHLIGHTS ·	CAREER HIGHS Minutes: 90, 20 times Saves: 9 vs. #1 UCLA (9/3/22)* Shots Faced: 30 at Gonzaga (11/1/23)^ Few. Goal Allowed: 0, 11x, MR vs. VCU (9/14/25) GP-GS: 1-1 GAA: 0.00 Save %: 1.000 Record: 1-0-0 2024 HIGHLIGHTS · Made first appearance for UVA with start vs. VCU (9/14) · Played senior season at Loyola Marymount · In her second season with the Cavaliers * mark set at Pepperdine ^ mark set at LMU



2025 CAVALIER WOMEN'S SOCCER

WHEN WAS THE LAST TIME.....

VIRGINIA

			OPPONENT
OT Win:	11/20/22	3-2 at #21 Penn State	11/26/22 1-2 at #1 UCLA
at least 4 goals:	8/25/24	vs. Utah Valley (5)	10/17/24 0-4 vs. #22 Florida State
at least 5 goals:	8/25/24	vs. Utah Valley (5)	10/24/08 1-5 vs. North Carolina
at least 6 goals:	8/21/22	vs. Loyola Maryland (6)	10/25/01 1-6 vs. North Carolina
7+ goals:	8/19/21	vs. Richmond (8)	9/27/92 0-7 at North Carolina
10+ corner kicks:	8/27/23	at George Mason (11)	10/3/10 by Boston College (10)
15+ corner kicks:	8/18/22	vs. George Mason (15)	never
No corner kicks:	9/27/09	vs. Clemson	10/3/24 at #2 Duke
20+ shots:	9/20/25	at Syracuse (23)	10/17/24 at #22 Florida State (20)
30+ shots:	10/10/24	vs. Howard (30)	never
No shots:	never		9/8/24 Howard

VIRGINIA - SITUATIONAL

Win When Trailing:	11/15/24	2-1 vs. Princeton	(down 0-1 after 6 min)
Win When Trailing by 2 goals:	9/17/22	3-2 at #2 UNC	(down 2-0 after 25 min)
Win When Trailing at halftime:	10/13/24	2-1 vs. SMU	(down 0-1 after 15 min)
Win When Trailing After 60th min:	11/20/22	1-0 at #21 Penn State	(down 1-0 after 60 min)
Loss When Leading:	9/27/24	2-3 at #4 UNC	(led 2-1 after 35 min)
Loss When Leading by 2 goals:	9/11/16	2-3 at Georgetown	(led 2-0 at 9 min)
Loss When Leading at halftime:	10/5/12	1-2 vs. Wake:	(led 1-0 at halftime)
Loss When Leading After 60th min:	10/5/12	1-2 vs. Wake:	(led 1-0 after 69 min)

TEAM - BY HALF

	1st HALF	2nd HALF
Three Goals:	9/3/23 vs. VCU (4)	8/25/24 vs. Utah Valley (3)
Four Goals:	9/3/23 vs. VCU (4)	9/4/22 vs. #23 Memphis (4)
Five+ Goals:	10/24/21 vs. Miami (6)	10/10/21 at Syracuse (5)
Three Goals Allowed:	10/18/20 vs. #2 Florida State (3)	11/2/18 vs. Florida State (3)
Four Goals Allowed:	9/27/92 at North Carolina (5)	10/24/08 by North Carolina (5)
Five+ Goals Allowed:	9/27/92 at North Carolina (5)	10/24/08 by North Carolina (5)

UVA INDIVIDUAL

Hat Trick:	8/28/22	Haley Hopkins vs. Fairleigh Dickinson
Multi-Goal Game:	9/12/24	Allie Ross (2) at Miami
5+ points:	8/17/23	Maggie Cagle (5) vs. Radford
2+ assists:	9/25/25	Maggie Cagle (2) at Clemson
3+ assists:	8/25/19	Alexa Spaanstra (4) vs. Liberty
4+ assists:	8/25/19	Alexa Spaanstra (4) vs. Liberty
5+ assists:	11/14/14	Morgan Brian (5) vs. High Point
10+ shots:	11/15/13	Morgan Brian (10) vs. Saint Francis
10+ saves:	5/1/21	Laurel Ivory (11) vs. BYU
GK save of PK:	8/27/10	Chantel Jones at Penn State (save of Christine Nairn)

INDIVIDUAL-OPPONENT

Hat Trick:	11/25/05	Daneshia Adams, UCLA (4 goals)
Multi-Goal Game:	9/15/24	Caiya Hanks (2), Wake Forest
5+ points:	9/11/11	Maya Hayes (5), Penn State
2+ assists:	10/3/24	Maggie Graham (2), Duke
10+ saves:	9/4/16	Hannah Seabert (11), Pepperdine
GK save of PK:	9/12/24	Gray Wilson, Miami (save of Maggie Cagle)

MISCELLANEOUS

First Minute Goal:	10/10/24	Meredith McDermott vs. NC State (1:00)
46th Minute Goal (1st min after half)	9/25/25	Meredith McDermott at Clemson (45:45)
90th Minute GWG:	9/26/21	Talia Staude at NC State (89:04)
Two-Goal Game by Sub:	8/17/23	Allie Ross (2) vs. Nevada
Two Multi-Goal Scorers:	8/17/23	Meredith McDermott (2), Allie Ross (2) vs. Nevada
Two First Half Goals:	8/31/23	Meredith McDermott (2) vs. West Virginia
Five Different Goal Scorers:	8/25/24	Bradley, Mittermair, Ross, Ryan, Theoret vs. Utah Valley
Six Different Goal Scorers:	8/19/21	Constant, Guidry, Hopkins (2), Jarrett, Lexow, Ordoñez (2) vs. Richmond
Seven+ Different Goal Scorers:	8/26/11	C.Miller (3), Fry, Brannon, Brian, Douglas, Perrin, Hollenberg vs. Liberty
Red Card:	11/19/17	Courtney Petersen at No. 4 UCLA
Opponent Red Card:	9/10/17	Bench, Penn State



CAVALIER CUMULATIVE CAREER STATISTICS

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
22	Lia Godfrey	97-91	6651	25	33	83	224	10	12
10	Maggie Cagle	71-62	5003	25	27	77	155	10	11
9	Meredith McDermott	60-44	2898	15	10	40	95	5	1
8	Allie Ross	48-34	2322	14	6	34	89	4	3
19	Jill Flammia	37-20	2065	8	1	17	73	3	1
26	Maya Carter	71-1	2276	6	2	14	64	0	0
16	Ella Carter	47-21	2206	5	3	13	42	2	0
5	Laughlin Ryan	37-6	1100	2	4	8	10	1	1
23	Laney Rouse	87-66	5716	2	6	10	34	0	2
4	Kiki Maki	46-29	2788	3	1	7	6	1	0
27	Sophia Bradley	25-5	1020	2	2	6	25	0	1
11	Linda Mittermair	30-8	896	1	4	6	14	0	1
7	Tatum Galvin	38-30	2713	1	1	3	18	0	1
6	Addison Halpern	12-11	852	1	2	4	33	0	2
20	Carrie Helfrich	12-1	468	0	2	2	16	0	2
27	Pearl Cecil	4-1	158	1	0	2	2	0	0
12	Aniyah Collier	17-0	560	0	0	0	7	0	0
18	Liv Rademaker	12-11	707	0	1	1	5	0	0
25	Annamarie Williams	9-0	143	0	0	0	0	0	0
14	Jordyn Hardeman	11-0	212	0	0	0	3	0	0
24	Kathryn Kelly	10-0	100	0	0	0	0	0	0
15	Sarah Flammia	3-0	28	0	0	0	1	0	0
2	Kira Waller	2-0	21	0	0	0	0	0	0

No.	Name	GP-GS	Min	GA	GAA	Save	Save%	Sh0	Record
1	Victoria Safradin	33-31	2818:17	26	0.84	80	.755	15	22-6-3
33	Ellie Sommers	1-1	90:00	0	0.00	1	1.000	1	1-0-0

* Stats only include games played at Virginia



2025 VIRGINIA SEASON STATS


 2025-26 Virginia Women's Soccer
 Combined Statistics
 All games

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 as of Oct 11, 2025

Date	Opponent	Score	Att.
08/14/2025	at West Virginia	W 1-0	1106
08/21/2025	Xavier	W 3-0	1438
08/24/2025	at Liberty	W 2-0	652
08/28/2025	Charlotte	W 3-0	571
08/31/2025	Georgetown	T 1-1	1168
09/04/2025	Penn St.	W 1-0	603
* 09/11/2025	Duke	W 3-1	1857
* 09/14/2025	VCU	W 3-0	1092
* 09/20/2025	at Syracuse	W 3-0	1244
* 09/25/2025	at Clemson	W 3-0	297
* 10/04/2025	Virginia Tech	W 2-1	3611
* 10/09/2025	at California	T 2-2	108

Record	Overall	Home	Away	Neutral
All Games	10-0-2	6-0-1	4-0-1	0-0-0
Conference	4-0-1	2-0-0	2-0-1	0-0-0
Non-Conference	6-0-1	4-0-1	2-0-0	0-0-0

#	Player	GP	G	APTS	SH	SH%	SOG	SOG%	GWG	PK-ATT
22	Godfrey, Lia	12	8	4	20	.296	13	.481	4	0-0
10	Cagle, Maggie	12	6	3	15	.222	17	.630	1	1-1
16	Carter, Ella	12	3	2	8	.214	8	.571	2	0-0
8	Ross, Allie	12	3	1	7	.200	11	.550	1	0-0
9	McDermott, Meredith	12	1	3	5	.043	11	.478	0	0-0
6	Halpern, Addison	12	1	2	4	.030	12	.364	0	0-0
23	Rouse, Laney	12	1	2	4	.100	6	.600	0	0-0
3	Bradley, Sophia	9	1	1	3	.143	3	.429	0	0-0
4	Maki, Kiki	12	1	1	3	1.000	1	1.000	1	0-0
19	Flammia, Jill	7	1	0	2	.071	5	.357	1	0-0
27	Cecil, Pearl	4	1	0	2	.500	2	1.000	0	0-0
20	Helfrich, Carrie	12	0	2	2	.000	5	.313	0	0-0
17	Galvin, Tatum	12	0	1	1	.000	1	.200	0	0-0
18	Rademaker, Olivia	12	0	1	1	.000	3	.600	0	0-0
11	Mittermair, Linda	12	0	1	1	.000	2	.500	0	0-0
14	Hardeman, Jordyn	11	0	0	0	.000	1	.333	0	0-0
26	Carter, Maya	12	0	0	0	.000	2	.667	0	0-0
1	Safradin, Victoria	11	0	0	0	.000	0	.000	0	0-0
5	Ryan, Laughlin	5	0	0	0	.000	0	.000	0	0-0
33	Sommers, Ellie	1	0	0	0	.000	0	.000	0	0-0
24	Kelly, Kathryn	2	0	0	0	.000	0	.000	0	0-0
2	Waller, Kira	2	0	0	0	.000	0	.000	0	0-0
Total		12	27	24	78	.126	103	.481	-	1-1
Opponents		12	5	6	16	.055	42	.462	-	1-1

CORNER KICKS		77	50
PENALTY KICKS		1-1	1-1
OFFSIDES		34	12
PENALTIES			
Fouls		81	103
Yellow cards		3	5
Red cards		0	0
ATTENDANCE			
Total		10340	3407
Dates/Avg Per Date		7/1477	5/681
Neutral Site #/Avg		0/0	-

##	Goalie	GP	MIN.	GA	GAAVG	SAVES	PCT	W-L-T	SHO/CBO
1	Safradin, Victoria	11	990:00	5	0.45	35	.875	9-0-2	7/0
33	Sommers, Ellie	1	90:00	0	0.00	1	1.000	1-0-0	1/0
TM	TEAM	-	00:00	0	0.00	1	1.000	0-0-0	0/0
Total		12	1080:00	5	0.42	37	.881	10-0-2	8
Opponents		12	1080:00	27	2.25	76	.738	0-10-2	0

Team	1st	2nd	OT1	OT2	TOTAL
UVa	13	14	0	0	27
Opponents	1	4	0	0	5

Team	1st	2nd	OT1	OT2	TOTAL
UVa	101	113	0	0	214
Opponents	38	53	0	0	91

Team	1st	2nd	OT1	OT2	TOTAL
UVa	20	17	0	0	37
Opponents	31	45	0	0	76

Team	1st	2nd	OT1	OT2	TOTAL
UVa	31	46	0	0	77
Opponents	18	32	0	0	50

Team	1st	2nd	OT1	OT2	TOTAL
UVa	35	46	0	0	81
Opponents	47	56	0	0	103