



# VIRGINIA

## 2018 CAVALIER TRACK & FIELD NOTES

### 2018 Indoor Schedule

- 1/19-20 Larry Wiecezorek Invite (Iowa City, Iowa)
- 1/26-27 Liberty Kickoff (Lynchburg, Va.)
- 2/2-3 Power 5 Invite (Ann Arbor, Mich.)
- 2/9-10 Tiger Paw Invitational (Clemson, S.C.)
- 2/9-10 David Hemery Valentine Invite (Boston, Mass.)
- 2/17 Alex Wilson Invitational (Notre Dame, Ind.)
- 2/17 UCS Invitational- Relays only (Winston Salem, N.C.)
- 2/22-24 ACC Championships (Clemson, S.C.)
- 3/9-10 NCAA Championships (College Station, Texas)

### 2018 Outdoor Schedule

- 3/16-17 Hurricane Invitational (Miami, Fla.)
- 3/30 Raleigh Relays (Raleigh, N.C.)
- 3/30-31 Fred Hardy Invitational (Richmond, Va.)
- 4/6 UVA vs. Maryland, Bucknell, Georgetown**
- 4/20-21 VIRGINIA CHALLENGE**
- 4/28 Virginia Grand Prix**
- 5/10-12 ACC Championships (Miami, Fla.)
- 5/24-26 NCAA East Prelims (Tampa, Fla.)
- 6/6-9 NCAA Championships (Eugene, Ore.)

### Media Information

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### April 6, 2018

Charlottesville, Va. • Lannigan Field



### **Virginia Cavaliers**

**vs.**

### **Maryland, Bucknell and Georgetown**

#### This Week

- The Cavaliers will host Maryland, Bucknell and Georgetown at Lannigan Field in the first of three home competitions for UVA in the month of April.
- Virginia enters the meet after competing in the Fred Hardy Invitational and the Raleigh Relays the week prior. Emily Mulhern and Bridget Guy set a facility record at Richmond's Fred Hardy Invitational in the 5000m (17:03.46) and pole vault (4.25m; 13'11.25"), respectively. Sam Young tied the facility record in the pole vault (5.20m; 17'0.75). His performance ranks second in UVA history. Additionally, Alfred Shirley set a Virginia freshman record in the 400m hurdles (51.66) last weekend.
- In the national rankings, the men's team posted two performance in the top 25 of the NCAA. Hilmar Jonsson ranks sixth in the hammer (70.93m; 232'8"), while Mike Marsella ranks 25th in 5000m (14:04.21). On the women's side, Bridget Guy ranks seventh in the pole vault (4.30m; 14'1.25") and Andrenette Knight ranks 25th in the 400m hurdles (59.22).

#### NOTABLE

- Freshman Halle Hazzard was named Grenada's Junior Sportswoman of the Year for her performance at the 2017 U20 CARIFTA games the 2017 OECS Track and Field Championships.
- Guy captured week one's ACC Field Performer of the Week after winning the pole vault at the Hurricane Invitational. She recorded first place with a mark of 4.30m (14'1.25"), setting a UVA record in the event.
- The Cavalier men's team is ranked 23rd in the USTFCCCA poll.

#### THE 2017 OUTDOOR SEASON

- The men's team finished third at the NCAA Championships last season, scoring 36 points from the throwing unit. The Cavaliers recorded the best finish from an ACC school since FSU placed second in 2011. Six student-athletes earned All-America honors with four returning to competition this year. Efekoro finished third in the shot put and Hilmar Jonsson finished fourth in the hammer. Jack Lint and Scott earned honorable mentions in the decathlon and triple jump, respectively.
- The men's team finished second at the ACC Championships, while the women's team placed eighth at the ACC Championships.

### Virginia Coaching Staff

- |                  |   |
|------------------|---|
| Bryan Fetzer     | Director of Track and Field/Cross Country     |
| Todd Morgan      | Assistant Coach - Women's Distance            |
| Pete Watson      | Assistant Coach - Men's Distance              |
| Mario Wilson     | Assistant Coach - Horizontal Jumps/ Decathlon |
| Martin Maric     | Assistant Coach - Throws                      |
| Michelle Freeman | Assistant Coach- Sprints and Hurdles          |

## Meet Schedule of Probable UVA Entries

**Friday - April 6**

<b>1:30p</b>	<b>W- Hammer</b>	<b>UVA Entries</b> Baker, Jones
<b>1:30p</b>	<b>W- Pole Vault</b>	Freix, Guy, Masloff
<b>1:30p</b>	<b>M- Pole Vault</b>	Young
<b>2:15p</b>	<b>M- Hammer</b>	Jonsson
<b>2:40p</b>	<b>W- 4x100m Relay</b>	Virginia
<b>2:50p</b>	<b>M- 2000m Steeplechase</b>	Neish, Novak
<b>3:05p</b>	<b>W- 2000m Steeplechase</b>	Bothwell
<b>3:15p</b>	<b>W- Discus</b>	Green
<b>3:25p</b>	<b>M- 110m Hurdles</b>	Jackson, Lint
<b>3:40p</b>	<b>W- 100m Hurdles</b>	Knight, Leonard, Woodley
<b>3:50p</b>	<b>W- 100m Dash</b>	Feyerabend, Hayes, Hazzard
<b>4:00p</b>	<b>M- High Jump</b>	Geuskens
<b>4:00p</b>	<b>W- Shot Put</b>	Green, Hayes, Jones
<b>4:00p</b>	<b>M- Discus</b>	Bouselli, Geuskens, Plesko, Williams
<b>4:00p</b>	<b>W- Long Jump</b>	Barron, Caldwell
<b>4:00p</b>	<b>M- 400m Dash</b>	Dixon, Outlaw, Shirley, Willis
<b>4:10p</b>	<b>W- 400m Dash</b>	Hairston, Jefferson
<b>4:20p</b>	<b>M- 800m Run</b>	Grass, Toney
<b>4:30p</b>	<b>W- 800m Run</b>	Call, Lansing
<b>4:45p</b>	<b>M- 400m Hurdles</b>	Lint
<b>4:55p</b>	<b>W- 400m Hurdles</b>	Herran, Knight, Sullivan
<b>5:00p</b>	<b>M- Shot Put</b>	Geuskens, Plesko, Williams
<b>5:00p</b>	<b>W- High Jump</b>	Feyerabend, Hayes, Sullivan
<b>5:00p</b>	<b>M- Long Jump</b>	Scott
<b>5:00p</b>	<b>M- 1500m Run</b>	Amabile, Cook, Corbett, Hagen, Klau, Marsella, Pace, Weaverling
<b>5:15p</b>	<b>M- Javelin</b>	Bouselli, Geuskens, Rizzi
<b>5:20p</b>	<b>W- 1500m Run</b>	Call, Karas, Martingayle, Mulhern, Sullivan
<b>5:30p</b>	<b>M- 4x400m Relay</b>	Virginia
<b>5:37p</b>	<b>W- 4x400m Relay</b>	Virginia
<b>6:15p</b>	<b>W- Javelin</b>	Geller, Mautz, Sullivan

## Pronunciation Guide

Brent Demarest	demm-are-ist
Oghenakpobo Efekoro	po-bo eff-a-core-oh
Nathan Kiley	ky-lee
TJ Graass	grass
Nace Plesko	Nawt-say plesh-koe
Noah Toney	Tony
Conal Wilson	con-ell
Mia Barron	my-ah
Jill Bracaglia	Brack a gill ia
Kate Eiselt	eye-silt
Katie Freix	fricks
Raeann Giannattasio	Jan-an sta-ci-o
Caitlin Mautz	motts
Megan Rebholz	reb-holes

All times Eastern

**Men's Top Outdoor 2018 Performances and Personal Bests**

<b>100 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Lint	---	11.05
Claiborne	---	11.31

<b>200 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Shirley	21.78	21.78
Outlaw	21.79	21.79
Willis	21.91	21.91
Dixon	---	21.69
Jackson	---	22.29

<b>400 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Outlaw	47.57	47.57
Willis	48.08	48.08
Dixon	49.21	48.06
Carrington	---	48.63
Lint	---	49.64
Claiborne	---	50.94

<b>800 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Toney	1:56.88	1:56.88
Marsella	---	1:49.53
Carrington	---	1:49.98
Hagen	---	1:51.29
Novak	---	1:55.73
Ernst	---	1:57.48
Neish	---	2:02.59

<b>1,500 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Hagen	3:49.84	3:49.84
Neish	3:54.22	3:54.22
Novak	3:55.15	3:45.35
Amabile	4:00.45	4:00.45
Lint	---	4:38.38
Marsella	---	3:41.35
Cook	---	3:47.53
Ernst	---	3:50.88
Demarest	---	3:51.25
Claiborne	---	5:02.44

<b>5,000 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Marsella	14:04.21	14:04.21
Hopper	---	14:48.92
Cook	---	13:58.01
Weaverling	---	14:01.20
Demarest	---	14:10.94
Novak	---	14:19.05
Klau	---	15:09.96
Amabile	---	15:42.25

<b>10,000 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Weaverling	29:28.92	29:29.90
Cook	30:12.52	29:18.20
Pace	30:18.86	30:18.86
Klau	30:23.52	30:10.82
Corbett	30:26.08	29:45.51
Teller	31:33.44	31:33.44
Demarest	---	29:07.78

<b>110m HURDLES</b>	<b>2018</b>	<b>Out-PR</b>
Jackson	14.63	14.48
Lint	14.88	14.63
Claiborne	16.16	15.51

<b>400m HURDLES</b>	<b>2018</b>	<b>Out-PR</b>
Shirley	51.66	51.66
Lint	54.59	53.08
Jackson	---	57.76

<b>2,000m STEEPLECHASE</b>	<b>2018</b>	<b>Out-PR</b>
Novak	---	5:57.91

<b>HIGH JUMP</b>	<b>2018</b>	<b>Out-PR</b>
Lint	---	1.95m 6'4.75"
Claiborne	---	1.87m 6'1.5"

<b>POLE VAULT</b>	<b>2018</b>	<b>Out-PR</b>
Young	5.20m	5.20m 17'0.75"
Lint	---	4.50m 14'9"
Claiborne	---	4.00m 13'1.5"
Collins	---	4.15m 13'7.25"

<b>LONG JUMP</b>	<b>2018</b>	<b>Out-PR</b>
Scott	---	7.54m 24'9"
Lint	---	7.21m 23'8"
Claiborne	---	6.64m 21'9.75"

<b>TRIPLE JUMP</b>	<b>2018</b>	<b>Out-PR</b>
Scott	---	16.44m 53'11.25"

<b>SHOT PUT</b>	<b>2018</b>	<b>Out-PR</b>
Plesko	17.99m	18.30m 59'25"
Williams	16.02m	16.66m 54'8"
Geuskens	13.30m	13.30m 43'7.75"
Efekoro	---	20.39m 66'10.75"
Lint	---	13.57m 44'6.25"
Claiborne	---	10.68m 35'0.5"

<b>DISCUS</b>	<b>2018</b>	<b>Out-PR</b>
Plesko	49.78m	51.99m 163'4"
Williams	48.77m	52.04m 160'
Efekoro	---	51.19m 167'11"
Bouselli	---	46.61m 152'11"
Lint	---	41.20m 135'2"
Claiborne	---	33.00m 108'3"

<b>HAMMER</b>	<b>2018</b>	<b>Out-PR</b>
Jonsson	70.93m	72.38 237'5.5"
Williams	---	51.22m 168'0"

<b>JAVELIN</b>	<b>2018</b>	<b>Out-PR</b>
Bouselli	52.03m	60.89m 170'8"
Plesko	49.04m	49.04m 160'11"
Geuskens	44.69m	44.69m 146'7"
Rizzi	---	68.25m 223-11
Lint	---	52.06m 170'10"
Claiborne	---	38.78m 127'3"

<b>DECATHLON</b>	<b>2018</b>	<b>Out-PR</b>
Lint	---	7478
Claiborne	---	6294

<b>4x400 Relay</b>	<b>2018</b>
Willis, Shirley, Outlaw, Lint	3:12.04

**Women's Top Outdoor 2018 Performances and Personal Bests**

<b>100 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Hazzard	11.86	11.86
Jefferson	12.04	12.04
Hairston	12.28	12.04
Wright	----	12.10
Baker	----	12.62

<b>200 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Jefferson	24.14	24.14
Hazzard	24.21	24.21
Woodley	24.75	24.75
Hairston	24.95	24.52
Leonard	25.40	25.40
Sullivan	----	25.17
Herran	----	25.35

<b>400 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Jefferson	54.42	54.42
Knight	54.83	54.83
Hairston	57.11	57.11
Herran	57.71	57.71

<b>800 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Lansing	2:19.83	2:15.00
Sullivan	---	2:14.15
Herran	---	2:24.59

<b>1,500 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Call	4:36.73	4:36.73
Bothwell	4:40.50	4:40.50
Martingayle	4:43.85	4:43.85
Davidson	4:58.04	4:58.04
Mulhern	---	4:32.46
Rebholz	---	4:44.77
Lansing	---	4:49.24

<b>5,000 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Mulhern	17:03.46	16:28.18
Karas	17:22.65	17:22.65
Moran	17:31.67	17:31.67
Rebholz	----	16:31.44
Mackenzie	---	17:29.79

<b>10,000 METERS</b>	<b>2018</b>	<b>Out-PR</b>
Rebholz	----	35:43.90

<b>100m HURDLES</b>	<b>2018</b>	<b>Out-PR</b>
Woodley	13.69	13.67
Knight	14.05	13.35
Leonard	---	13.41
Herran	---	13.86
Sullivan	---	14.50
Feyerabend	---	14.58

<b>400m HURDLES</b>	<b>2018</b>	<b>Out-PR</b>
Knight	59.22	57.80
Sullivan	1:00.99	1:00.34
Jefferson	---	1:06.37

<b>2,000m STEEPLECHASE</b>	<b>2018</b>	<b>Out-PR</b>
Mackenzie	----	7:00.59

<b>HIGH JUMP</b>	<b>2018</b>	<b>Out-PR</b>
Feyerabend	1.65m 5'5"	1.71m 5'7.25"
Hayes	1.65m 5'5"	1.65m 5'5"
Sullivan	---	1.62m 5'3.75"
Herran	---	1.61m 5'3.25"

<b>POLE VAULT</b>	<b>2018</b>	<b>Out-PR</b>
Guy	4.30m 14'1.25"	4.30m 14'1.25"
Freix	3.80m 12'5.5"	3.80m 12'5.5"
Masloff	3.20m 10'6"	3.20m 10'6"
Demaria	---	3.93m 12'10.5"

<b>LONG JUMP</b>	<b>2018</b>	<b>Out-PR</b>
Caldwell	6.05m 19'10.25"	6.05m 19'10.25"
Barron	5.90m 19'4.25"	6.22m 20'4.75"
McKee	---	5.87m 19'3.25"
Sullivan	---	5.72m 18'9.25"
Herran	---	5.65m 18'6.5"

<b>TRIPLE JUMP</b>	<b>2018</b>	<b>Out-PR</b>
Barron	12.57m 41'3"	12.75m 41'10"
McKee	---	13.17m 43'2.5"

<b>SHOT PUT</b>	<b>2018</b>	<b>Out-PR</b>
Jones	15.31m 50'2.75"	15.31m 50'2.75"
Green	12.40m 40'8.25"	12.61m 41'4.25"
Sullivan	9.64m 31'7.5"	10.52m 34'6"
Herran	----	9.00m 29'6.5"

<b>DISCUS</b>	<b>2018</b>	<b>Out-PR</b>
Green	45.45m 149'1"	50.15m 164'6"
Jones	43.20m 141'9"	43.20m 141'9"
Bogavac	----	44.94m 147'5"

<b>HAMMER</b>	<b>2018</b>	<b>Out-PR</b>
Baker	53.58m 175'9"	53.58m 175'9"
Green	----	35.83m 117'7"

<b>JAVELIN</b>	<b>2018</b>	<b>Out-PR</b>
Mautz	46.93m 154'0"	48.66m 159'7.75"
Geller	33.22m 109'0"	33.22m 109'0"
Bogavac	----	48.96m 160'7.5"
Sullivan	---	33.55m 110'1"
Baker	----	26.68m 87'6"
Herran	----	25.55m 83'9.75"

<b>HEPTATHLON</b>	<b>2018</b>	<b>Out-PR</b>
Sullivan	---	5317
Herran	----	4771

<b>4x100 Relay</b>	<b>2018</b>

<b>4x400 Relay</b>	<b>2018</b>
Knight, Hairston, Woodley, Jefferson	3:43.33



Men's Outdoor Top 10 List

100 METERS

1. Gerald Howard ..... 10.42 ..... '95
2. Reuben Jones ..... 10.45 ..... '08
3. Shay Clark ..... 10.50 ..... '02
4. Edwin Brown ..... 10.52 ..... '85
5. Scott Kimball ..... 10.53 ..... '03
6. Bruce Randolph ..... 10.69 ..... '84
7. Jarrett Hagwood ..... 10.72 ..... '02
8. Mauri Anderson ..... 10.74 ..... '80
9. Orren Prunty ..... 10.84 ..... '02
Ben Jullien ..... 10.84 ..... '96

200 METERS

1. Gerald Howard ..... 20.79 ..... '95
2. Ben Sarpong ..... 20.87 ..... '95
3. Edwin Brown ..... 20.90 ..... '85
4. Reuben Jones ..... 21.16 ..... '08
5. Kellen Blassingame ..... 21.24 ..... '05
6. Payton Hazzard ..... 21.27 ..... '15
7. Conlon Bonner ..... 21.28 ..... '08
8. Scott Kimball ..... 21.31 ..... '02
9. Eric Adderly ..... 21.32 ..... '82
10. Rauh Turner ..... 21.39 ..... '98

400 METERS

1. Payton Hazzard ..... 45.88 ..... '15
2. Kellen Blassingame ..... 46.02 ..... '05
3. Meikle Paschal ..... 46.61 ..... '08
4. Kevin Anding ..... 46.84 ..... '10
5. Jim Bruce ..... 46.94 ..... '79
6. Nathan Kiley ..... 46.95 ..... '17
7. Ben Kurgat ..... 46.96 ..... '88
8. Jason Young ..... 47.07 ..... '04
9. Gerald Howard ..... 47.23 ..... '95
10. Leon Palmer ..... 47.26 ..... '84

800 METERS

1. Paul Ereng ..... 1:43.16 ..... '89
2. Robby Andrews ..... 1:44.71 ..... '11
3. Lance Roller ..... 1:46.11 ..... '10
4. Ray Brown ..... 1:46.74 ..... '83
5. Ben Kurgat ..... 1:47.32 ..... '90
6. John Hinton ..... 1:47.33 ..... '84
7. Greg Canty ..... 1:47.44 ..... '80
8. Anthony Kostelac ..... 1:48.96 ..... '12
9. Vince Draddy ..... 1:49.05 ..... '81
10. Nathan Kiley ..... 1:49.31 ..... '16

1,500 METERS

1. Henry Wynne ..... 3:38.05 ..... '16
2. John Hinton ..... 3:40.24 ..... '83
3. Vince Draddy ..... 3:40.44 ..... '81
4. Robby Andrews ..... 3:40.77 ..... '11
5. Mike Marsella ..... 3:41.35 ..... '15
6. Patrick Todd ..... 3:41.51 ..... '12
7. Andrew Jesien ..... 3:41.78 ..... '09
8. Ray Weeden ..... 3:43.65 ..... '99
9. Kyle King ..... 3:44.25 ..... '13
10. Brett Johnson ..... 3:44.44 ..... '11

5,000 METERS

1. Kris Herdt ..... 13:37.44 ..... '87
2. Henry Wynne ..... 13:43.53 ..... '17
3. Sean Keveren ..... 13:48.34 ..... '12
4. Zach Herriott ..... 13:53.47 ..... '17
5. Jim Hays ..... 13:55.2h ..... '85
6. Kyle King ..... 13:55.60 ..... '12
7. Ryan Collins ..... 13:55.94 ..... '09
8. Mike Cotton ..... 13:56.44 ..... '81
9. Lachlan Cook ..... 13:58.01 ..... '17
10. Mark Amirault ..... 13:59.21 ..... '13

10,000 METERS

1. Zach Herriott ..... 28:44.22 ..... '17
2. Mike Cotton ..... 28:55.34 ..... '81
3. Andrew Dumm ..... 28:59.25 ..... '07
4. Brent Demarest ..... 29:07.78 ..... '17
5. Adam Visokay ..... 29:11.13 ..... '15
6. Trey Miller ..... 29:14.21 ..... '10
7. Ryan Foster ..... 29:16.79 ..... '06
8. Lachlan Cook ..... 29:18.20 ..... '17
9. Chase Weaverling ..... 29:29.90 ..... '17
10. Sean Keveren ..... 29:31.86 ..... '12

110m HURDLES

1. Adams Abdulrazaaq ..... 13.66 ..... '11
2. Barry Word ..... 13.88 ..... '84
3. George Johnson ..... 13.91 ..... '82
4. Jarrett Hagwood ..... 14.13 ..... '02
5. Kevin Williams ..... 14.14 ..... '79
6. Rob Archer ..... 14.16 ..... '84
7. Ronde Barber ..... 14.22 ..... '94
8. DreQuan Hoskey ..... 14.23 ..... '14
9. Mike Abidin ..... 14.27 ..... '82
10. Isi Azeke ..... 14.31 ..... '05

400m HURDLES

1. Steve Delice ..... 50.02 ..... '10
2. Karl Williams ..... 50.34 ..... '79
3. Rob Archer ..... 50.80 ..... '84
4. Bruce Berry ..... 51.09 ..... '85
5. Kevin Williams ..... 51.54 ..... '79
6. Alfrid Shirley ..... 51.66 ..... '18
7. Adams Abdulrazaaq ..... 51.79 ..... '08
8. George Johnson ..... 51.98 ..... '81
9. Dave Revelle ..... 52.05 ..... '84
10. Bob Wilks ..... 52.21 ..... '84

3000m STEEPLECHASE

1. Jan Foerster ..... 8:34.78 ..... '07
2. Rob Cook ..... 8:39.36 ..... '94
3. Kyle King ..... 8:39.72 ..... '15
4. Steve Finley ..... 8:40.56 ..... '10
5. Adam Visokay ..... 8:43.60 ..... '15
6. Mike Cotton ..... 8:44.44 ..... '81
7. Will Gray ..... 8:45.82 ..... '16
8. Soeren Linder ..... 8:51.89 ..... '05
9. Tim Lloyd ..... 8:53.84 ..... '80
10. John Hinton ..... 8:55.14 ..... '84

HIGH JUMP

1. Herman Moore ..... 2.19m (7' 2.25") ..... '88
Greg Byers ..... 2.19m (7' 2.25") ..... '82
3. Greg Nelson ..... 2.10m (6' 10.75") ..... '10
Chris Clementson ..... 2.10m (6' 10.75") ..... '02
Mike Riso ..... 2.10m (6' 10.75") ..... '02
Bob Lund ..... 2.10m (6' 10.75") ..... '91
7. Cordell Green ..... 2.09m (6' 10.25") ..... '95
8. Wes Dungan ..... 2.08m (6' 9.75") ..... '94
9. Tommy DeVita ..... 2.07m (6' 9.5") ..... '13
10. Arthur Gennari ..... 2.05m (6' 8.75") ..... '10

POLE VAULT

1. David Sullivan ..... 5.35m (17' 6.75") ..... '05
2. Brian Shafer ..... 5.20m (17' 0.75") ..... '93
Sam Young ..... 5.20m (17' 0.75") ..... '18
3. Jeff Jernigan ..... 5.15m (16' 10.75") ..... '17
5. Tom Cooke ..... 5.05m (16' 6.75") ..... '95
6. Jeff McClurg ..... 4.95m (16' 2.75") ..... '07
7. David Lewis ..... 4.89m (16' 0.75") ..... '06
8. David Hood ..... 4.88m (16' 0.0") ..... '88
9. Mike Hood ..... 4.85m (15' 11.0") ..... '91
Greg Blair ..... 4.85m (15' 11.0") ..... '04

LONG JUMP

1. Greg Byers ..... 7.70m (25' 3.25") ..... '82
2. Mike Harvey ..... 7.67m (25' 2") ..... '69
3. Jordan Scott ..... 7.54m (24' 9") ..... '17
4. Wes Dungan ..... 7.48m (24' 6.5") ..... '94
Tiki Barber ..... 7.48m (24' 6.5") ..... '95
6. Keith Witherspoon ..... 7.45m (24' 5.25") ..... '76
7. Bruce Randolph ..... 7.43m (24' 4.5") ..... '84
8. Dion Woolfolk ..... 7.41m (24' 3.75") ..... '96
9. Stephen Dunphy ..... 7.39m (24' 3") ..... '94
Jarrett Hagwood ..... 7.39m (24' 3") ..... '02

TRIPLE JUMP

1. Marcus Robinson ..... 16.46m (54' 0") ..... '12
2. Jordan Scott ..... 16.44m (53' 11.25") ..... '17
3. Keith Witherspoon ..... 16.27m (53' 4.50") ..... '76
4. Ryan Satchell ..... 15.98m (52' 5.25") ..... '14
5. Chike Chukwolie ..... 15.94m (52' 3.75") ..... '90
6. Aaron Worrell ..... 15.72m (51' 7") ..... '17
7. Greg Byers ..... 15.56m (51' 0.75") ..... '84
8. Cornell Grayson ..... 15.55m (51' 0.50") ..... '90
9. Donald Scott ..... 15.43m (50' 7.50") ..... '94
10. Mike Mosley ..... 15.25m (50' 0.5") ..... '85

SHOT PUT

1. Filip Mihaljevic ..... 21.30m (69' 10.75") ..... '17
2. Oghenakpobo Efekoro ..... 20.39m (66' 10.75") ..... '17
3. Jordan Young ..... 19.80m (64' 11.5") ..... '15
4. Nick Vena ..... 19.51m (64' 0.25") ..... '12
5. Yemi Ayeni ..... 18.23m (59' 9.75") ..... '09
6. Nace Plesko ..... 18.30m (61' 0.05") ..... '17
7. Kevin Latham ..... 18.04m (59' 2.5") ..... '85
8. Mike Murphy ..... 17.15m (56' 3.25") ..... '93
9. Thom McKinney ..... 17.06m (55' 11.75") ..... '91
10. Al Sinesky ..... 16.83m (55' 2.75") ..... '69

DISCUS

1. Filip Mihaljevic ..... 63.76m (209' 2") ..... '17
2. Jordan Young ..... 62.27m (204' 3") ..... '15
3. Yemi Ayeni ..... 61.11m (200' 6") ..... '07
4. Larry Wilson ..... 57.91m (190' 0") ..... '99
5. Kevin Latham ..... 56.71m (186' 1") ..... '85
6. Phil Vincenzen ..... 55.98m (183' 8") ..... '82
7. Nick Vena ..... 54.84m (179' 11") ..... '12
8. Mike Murphy ..... 52.78m (173' 2") ..... '93
9. Tim Bilmanis ..... 52.57m (172' 6") ..... '01
10. James Williams ..... 52.04m (170' 9") ..... '16

HAMMER THROW

1. Hilmar Jonsson ..... 72.38m (237' 6") ..... '17
2. Jordan Young ..... 70.73m (232' 1") ..... '15
3. Vincenzo Chiariello ..... 64.29m (210' 11") ..... '12
4. Bill Johnston ..... 58.19m (190' 11") ..... '01
5. Robert Guider ..... 55.67m (182' 8") ..... '10
6. James Fuson ..... 55.53m (182' 2") ..... '12
7. Phil Vincenzen ..... 53.23m (174' 8") ..... '79
8. Walker Anderson ..... 52.68m (172' 10") ..... '04
9. James Williams ..... 51.22m (168' 0") ..... '16
10. Thom McKinney ..... 46.99m (154' 2") ..... '90

JAVELIN

1. Andy Fahringer ..... 75.19m (246' 8") ..... '12
2. Brian Kollar ..... 74.22m (243' 6") ..... '01
3. John Welch ..... 72.19m (236' 10") ..... '02
4. Steve Kiessling ..... 69.67m (228' 7") ..... '92
5. Kyle Smith ..... 69.43m (227' 9") ..... '15
6. James Murdock ..... 63.93m (209' 9") ..... '02
7. Stephen Dunphy ..... 61.62m (202' 2") ..... '94
8. Anthony Bouselli ..... 60.89m (199' 9") ..... '16
9. Greg Trzcinski ..... 56.96m (186' 10") ..... '97
10. Justin Schwartz ..... 56.70m (186' 0") ..... '96

DECATHLON

1. Stephen Dunphy ..... 7,920 ..... '92
2. Willy Pirtle ..... 7,676 ..... '82
3. John Bryan ..... 7,666 ..... '81
4. Jack Lint ..... 7,478 ..... '17
5. David Lewis ..... 7,105 ..... '08
6. Christian Lavorgna ..... 7,064 ..... '16
7. Cam Collins ..... 7,004 ..... '16
8. Bill Smith ..... 6,863 ..... '83
9. Sean Sullivan ..... 6,847 ..... '96
10. John Anderson ..... 6,814 ..... '95

## Men's Outdoor Freshman Records

### 100 METERS

1. Gerald Howard ..... 10.46 ..... '93
2. Jason Dickerson ..... 10.50 ..... '77
3. Reuben Jones ..... 10.65 ..... '05
4. Edwin Brown ..... 10.76 ..... '81
5. Ben Julien ..... 10.84 ..... '96

### 200 METERS

1. Gerald Howard ..... 20.90 ..... '93
2. Conlon Bonner ..... 21.28 ..... '08
3. Scott Kimball ..... 21.78 ..... '00
- Alfred Shirley ..... 21.78 ..... '18**
- 5. Brandon Outlaw.... 21.79 ..... '18**

### 400 METERS

1. Meikle Paschal ..... 46.61 ..... '08
2. Ben Kurgat ..... 46.96 ..... '88
3. Payton Hazzard ..... 47.29 ..... '12
4. Rauh Turner ..... 47.56 ..... '97
- 5. Brandon Outlaw.... 47.57 ..... '18**

### 800 METERS

1. Paul Ereng ..... 1:44.31 ..... '88
2. Robby Andrews ..... 1:45.54 ..... '10
3. Lance Roller ..... 1:47.88 ..... '09
4. Anthony Kostelac..... 1:49.02 ..... '11
5. Ben Kurgat ..... 1:49.28 ..... '88

### 1,500 METERS

1. Robby Andrews ..... 3:41.09 ..... '10
2. Matthew Novak ..... 3:45.35 ..... '16
3. John Hinton ..... 3:46.10 ..... '82
4. Henry Wynne..... 3:46.48 ..... '14
5. Alex Tatu ..... 3:46.63 ..... '04

### 5,000 METERS

1. Kyle King ..... 13:55.60 ..... '12
- 2. Lachlan Cook..... 13:58.01 ..... '17**
3. Andy Biladeau ..... 14:06.73 ..... '06
4. Emil Heineking ..... 14:11.40 ..... '08
5. Ryan Collins ..... 14:12.85 ..... '08

### 10,000 METERS

1. Adam Visokay ..... 29:14.50 ..... '14
- 2. Lachlan Cook ..... 29:18.20 ..... '17**
- 3. Brent Demarest.... 29:32.72 ..... '15**
- 4. Chase Weaverling . 29:39.30 ..... '15**
5. Zach Herriott ..... 29:45.35 ..... '14

### 110m HURDLES

1. Kevin Williams ..... 14.14 ..... '77
2. Adams Abdulrazaq 14.19 ..... '08
3. Ronde Barber ..... 14.22 ..... '94
4. Mike Abidin ..... 14.27 ..... '82
5. Jarrett Hagwood .... 14.34 ..... '02

### 400m HURDLES

- 1. Alfred Shirley ..... 51.66 ..... '18**
2. Karl Williams ..... 51.77 ..... '77
3. Adams Abdulrazaq 51.79 ..... '08
4. Greg Nelson ..... 52.43 ..... '08
5. Devin Brewer ..... 52.52 ..... '12

### 3,000m STEEPLECHASE

1. John Hinton ..... 8:58.21 ..... '82
2. Colin Mearns ..... 9:03:92 ..... '11
3. Jim Hays ..... 9:10.69 ..... '82
4. Mike Cotton ..... 9:27.88 ..... '78
5. Andrew Filachek ..... 9:32.77 ..... '00

### HIGH JUMP

1. Herman Moore ..... 2.20m (7' 2.5") ..... '88
2. Greg Byers ..... 2.17m (7' 1.25") ..... '81
3. Mike Riso ..... 2.10m (6' 10.75")... '02
4. Tommy Devita ..... 2.04m (6' 8.25") ..... '11
5. Greg Nelson ..... 2.01m (6' 7") ..... '08

### POLE VAULT

- 1. Sam Young ..... 5.09m (16' 8.25")... '17**
2. Brain Shafer ..... 5.05m (16' 6.75")... '90
3. David Sullivan ..... 4.90m (16' 0.75")... '03
4. Jake Williams ..... 4.88m (16' 0")..... '01
5. Greg Blair ..... 4.82m (15' 9.75")... '03

### LONG JUMP

- 1. Jordan Scott..... 7.54m (24' 9") ..... '17**
2. Greg Byers ..... 7.33m (24' 0.5") ..... '81
3. Stephen Dunphy ..... 7.30m (23' 11.5")... '90
4. Marcus Robinson .... 7.25m (23' 9.25")... '08
5. Marion Mason ..... 7.24m (23' 9") ..... '98
- Aaron Worrell ..... 7.24m (23' 9") ..... '15

### TRIPLE JUMP

- 1. Jordan Scott.....16.44m (53'11.25") ..... '17**
2. Keith Witherspoon .. 15.96m (52' 4.5")... '72
3. Greg Byers ..... 15.29m (50' 2") ..... '81
4. Ryan Satchell ..... 15.25m (50' 0.5")... '12
5. Marcus Robinson .... 14.91m (48' 11")... '08

### SHOT PUT

1. Filip Mihaljevic..... 19.56m (64' 2.25") .. '14
- 2. Oghenekpobo Efeoro 19.53m (64' 1") ..... '16**
3. Nick Vena..... 19.51m (64' 0.25") '12
4. Mike Theuerkauf ..... 15.90m (52' 2") ..... '89
- 5. James Williams..... 15.89m (52'1.75")... '15**

### DISCUS

1. Filip Mihaljevic..... 60.41m (198' 2")... '14
2. Larry Wilson ..... 55.45m (181' 11") . '96
3. Nick Vena ..... 54.84m (179' 11") . '12
4. Yemi Ayeni ..... 54.18m (177' 9")... '06
5. Phil Vincenzes ..... 52.53m (172' 4")... '77

### HAMMERTHROW

- 1. Hilmar Jonsson ..... 71.52m (234' 8") ..... '16**
2. Bill Johnston ..... 57.89m (189' 11") . '00
3. Robert Guider..... 55.68m (182' 8")... '10
4. Vincenzo Chiariello ..52.37m (171' 10")... '09
5. Walker Anderson ..... 50.57m (165' 11") . '03

### JAVELIN

1. Brian Kollar ..... 68.53m (224' 10") . '99
2. Steve Kessling ..... 68.25m (223' 11") . '90
- 3. Anthony Bouselli .. 58.96m (193' 5") .... '15**
4. James Murdock ..... 57.79m (189' 7")... '99
5. John Brian ..... 49.66m (162' 11") . '78

### DECATHLON

- 1. Jack Lint..... 7,179..... '15**
2. Sean Sullivan ..... 6,847 ..... '96
3. Stephen Dunphy..... 6,711 ..... '90
4. John Brian ..... 6,626 ..... '78
5. Cam Collins..... 6,485..... '15



## Women's Outdoor Freshman Records

### 100 METERS

1. Kelly Miller ..... 11.70 ..... '96
2. Kiamesha Otey ..... 11.72 ..... '00
3. Talia Wise ..... 11.85 ..... '06
- 4. Halle Hazzard ..... 11.86 ..... '18**
5. Leslie Satchell ..... 11.89 ..... '95

### 200 METERS

1. Peyton Chaney ..... 24.02 ..... '13
2. Leslie Satchell ..... 24.04 ..... '95
3. Kelly Miller ..... 24.14 ..... '96
- Anna Jefferson..... 24.14 ..... '18**
5. Jordan Lavender ..... 24.19 ..... '12

### 400 METERS

1. Jordan Lavender ..... 53.44 ..... '12
2. Lisa Garrett ..... 54.14 ..... '81
- 3. Anna Jefferson..... 54.42 ..... '18**
4. Andrea Wright ..... 54.80 ..... '14
5. Chimere Ezumah ..... 54.87 ..... '14

### 800 METERS

1. Vanessa Fabrizio..... 2:06.76 ..... '12
2. Morgane Gay ..... 2:08.29 ..... '09
- 3. Gail Bryant ..... 2:11.00 ..... '82**
4. Ariane Sloan ..... 2:11.23 ..... '07
5. Erin O'Doherty ..... 2:11.28 ..... '02

### 1,500 METERS

1. Morgane Gay ..... 4:15.56 ..... '09
2. Lesley Welch ..... 4:16.84 ..... '82
3. Lisa Welch ..... 4:17.60 ..... '82
4. Claire Forbes ..... 4:18.52 ..... '90
5. Margaret Groos ..... 4:21.10 ..... '78

### 5,000 METERS

1. Chelsea Ley ..... 16:12.62 ..... '12
2. Maria Hauger ..... 16:14.18 ..... '14
3. Lesley Welch ..... 16:21.60 ..... '82
4. Sarah Fakler ..... 16:22.19 ..... '14
5. Kathleen Stevens..... 16:26.91 ..... '12

### 10,000 METERS

1. Jen Flack ..... 34:14.12 ..... '14
2. Sarah Fakler ..... 34:15.20 ..... '14
3. Maria Hauger ..... 34:16.28 ..... '14
4. Beni Gras ..... 34:34.17 ..... '91
5. Katherine Walker ..... 35:31.42 ..... '11

### 100-METER HURDLES

- 1. Ciara Leonard ..... 13.67 ..... '16**
- Alexis Woodley ..... 13.67 ..... '17**
3. Lauren Echko ..... 13.86 ..... '06
4. Kim Turko ..... 13.93 ..... '98
5. Alisha Tucker ..... 14.03 ..... '93

### 400-METER HURDLES

1. Angela Lee ..... 57.64 ..... '96
2. Erin Crawford ..... 58.56 ..... '04
3. Karen Hatchett ..... 59.49 ..... '82
4. Ayla Smith ..... 60.02 ..... '07
5. Kristina Chapman ... 60.83 ..... '08

### 3,000m STEEPLECHASE

1. Stephanie Garcia .... 10:15.83 ..... '07
2. Sara Sargent ..... 10:49.81 ..... '14
3. Kendall Cowne ..... 10:54.54 ..... '14
4. Janine Ricci ..... 10:55.86 ..... '04
5. Ariel Karabinus ..... 11:06.49 ..... '11

### HIGH JUMP

1. Ann Bair ..... 1.86m (6' 1.25") ..... '80
2. Meggie Schuelke .... 1.76m (5' 9.25") ..... '04
3. Pearl Bickersteth ..... 1.74m (5' 8.5") ..... '10
4. Susan Brownell ..... 1.73m (5' 8") ..... '80
5. Emily Kianka ..... 1.72m (5' 7.75") ..... '11

### POLE VAULT

- 1. Bridget Guy..... 4.11m (13'5.75") ... '15**
- 2. Theresa Demaria.3.93m (12' 10.75").... '17**
- 3. Katie Freix..... 3.67m (12'0.5") ..... '15**
4. Viktoria Osipenko ... 3.56m (11' 8.5") ..... '00
5. Kathryn Pettine ..... 3.49m (11' 5.75")... '04

### LONG JUMP

1. Kelly Miller ..... 6.33m (20' 9.25")... '96
2. Nicole Kimbrough .. 6.29m (20' 7.75")... '94
- 3. Mia Barron..... 6.22m (20' 5") ..... '16**
4. Sonja Fridy ..... 6.12m (20' 1")..... '84
- 5. Khyasia Caldwell 6.05m (19'10.25') . '18**

### TRIPLE JUMP

1. Dallas Rose ..... 12.66m (41' 6.5")... '10
2. Atalaya Jones ..... 12.49m(40'11.75") '93
3. Britni Strates ..... 12.46m (40' 10.5") '12
- 4. Mia Barron..... 12.40m (40'8.25").... '16**
5. Tomika Ferguson .... 12.35m (40' 6.25") '04

### SHOT PUT

- 1. Brittany Jones ..... 15.31m (50'2.75") . '18**
2. Emily Vannoy..... 15.30m (50' 2.5")... '10
3. Christine Bohan..... 14.62m (47-11.75)... '14
4. Maureen Laffan ..... 14.58m (47' 10").... '09
5. Kristi Martin ..... 13.99m(45'10.75") '97

### DISCUS

1. Julia Solo ..... 52.04m (170' 9").... '86
2. Amy Bilmanis ..... 51.77m (169' 10") . '06
3. Amy Brown ..... 48.77m (160' 0").... '95
4. Emily Vannoy..... 47.96m (157' 4").... '10
5. Erin Wykoff ..... 47.02m (154' 3").... '09

### HAMMER THROW

1. Elise Mitchell ..... 54.46m (178' 8").... '00
2. Amy Bilmanis ..... 47.68m (156' 5").... '06
3. Alexa Manning ..... 46.18m (151' 6").... '06
4. Erin Wykoff ..... 45.85m (150' 5").... '09
5. Maureen Laffan ..... 43.36m (142' 3").... '09

### JAVELIN

1. Julia Solo ..... 52.04m (170' 9").... '86
2. Ann Crouse ..... 50.85m (166' 10") . '95
3. Inge Jorgensen ..... 50.24m (164' 10") . '00
- 4. Caitlin Mautz ..... 44.62m (146' 5").... '15**
5. Meghan Briggs ..... 44.45m (145' 10") . '07

### HEPTATHLON

1. Ann Bair ..... 5,578 ..... '80
2. Susan Brownell ..... 5,419 ..... '80
3. Rebecca Grube ..... 4,996 ..... '92
- 4. Alana Herran ..... 4,771 ..... '16**
5. Katie Kiladis ..... 4,610 ..... '95



## Outdoor Relay Records

### Women

#### 4x100

1.	44.56	Chaney, Wright, Lavender, McKenzie	2015
2.	45.11	Kimbrough, Satchell, Edmundson, Alleyne	1995
3.	45.18	Harvey, Otey, Randolph, Doe	2003
4.	45.19	Rose, Wright, Chaney, Lavender	2014
5.	45.48	Garrick, Chapman, Gillespie, Williams	2010

#### 4x400

1.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
2.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
3.	3:36.42	Randolph, Otey, Gore, Doe	2003
4.	3:36.73	Ezumah, Lavender, Chaney, Wright	2014
5.	3:37.65	Smith, Lavender, Fabrizio, Wright	2015

### Non-NCAA Championship Event Relay Records

#### 4x200m Relay

1:36.25	Chaney, McKenzie, Wright, Lavender	2015
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#### 4x800m Relay

8:32.13	Bryant, Nicholson, Welch, Haworth	1982
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#### Distance Medley Relay

10:57.13	Gay, Smith, Harper, Garcia	2011
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### Men

#### 4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

#### 4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, <b>Carrington, Dixon</b>	<b>2017</b>
5.	3:08.44	Muth, Williams, Williams, Bruce	1978

### Non-NCAA Championship Event Relay Records

#### 4x200m Relay

1:25.30	Virginia	2002
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#### 4x800m Relay

7:12.15	Johnson, Roller, Kostelac, Andrews	2011
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#### Distance Medley Relay

9:25.56	Revelle, Hinton, Brown, Draddy	1983
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Virginia Seeds for NCAA East Preliminary
**MEN**

<b>400m</b>	<b>Time</b>	<b>Rank</b>
Outlaw	47.57	34

<b>5000m</b>	<b>Time</b>	<b>Rank</b>
Marsella	14:04.21	11

<b>10000m</b>		<b>Rank</b>
Weaverling	29:28.92	20
Cook	30:12.52	41
Pace	30:18.86	45
Klau	30:23.52	47
Corbett	30:26.08	48

<b>400m Hurdles</b>	<b>Mark</b>	<b>Rank</b>
Shirley	51.66	11

<b>Pole Vault</b>	<b>Mark</b>	<b>Rank</b>
Young	5.20m (17'0.75")	16

<b>Shot Put</b>	<b>Mark</b>	<b>Rank</b>
Plesko	17.99m (59'0.25")	17

<b>Hammer</b>	<b>Mark</b>	<b>Rank</b>
Jonsson	70.93m (232'8")	6

<b>4x400 Relay</b>	<b>Mark</b>	<b>Rank</b>
Virginia	3:12.04	43

**WOMEN**

<b>400m</b>	<b>Time</b>	<b>Rank</b>
Jefferson	54.42	44

<b>100m Hurdles</b>	<b>Time</b>	<b>Rank</b>
Woodley	13.69	31

<b>400m Hurdles</b>	<b>Time</b>	<b>Rank</b>
Knight	59.22	13
Sullivan	1:00.99	46

<b>Pole Vault</b>	<b>Mark</b>	<b>Rank</b>
Guy	4.30m (14'1.25")	4
Freix	3.80m (12'5.5")	37

<b>Long Jump</b>	<b>Mark</b>	<b>Rank</b>
Caldwell	6.05m (19'10.25")	20
Barron	5.90m (19'4.25")	37

<b>Triple Jump</b>	<b>Mark</b>	<b>Rank</b>
Barron	12.57m (41'3")	13

<b>Shot Put</b>	<b>Mark</b>	<b>Rank</b>
Jones	15.31m (50'2.75")	23

<b>Javelin</b>	<b>Mark</b>	<b>Rank</b>
Mautz	46.93m (154'0")	20

<b>4x400 Relay</b>	<b>Mark</b>	<b>Rank</b>
Virginia	3:43.33	36