

VIRGINIA CUP

Saturday March 21, 2015

Lannigan Field, University of Virginia



MEN'S TEAMS:

WOMEN TEAMS:

DUAL SCORING:

9 Advance to finals in field events

UVA LIBERTY, NORFOLK STATE

UVA, LIBERTY, RADFORD, JAMES MADISON, NORFOLK STATE

INDIVIDUAL 5-3-1, RELAYS 5-0

FINAL SCHEDULE

START

11:00 AM WOMEN'S HAMMER

12:00 PM MEN'S HAMMER follows women hammer

**We will move ahead of schedule with the long throws*

12:57 PM NATIONAL ANTHEM

1:00 PM WOMEN'S DISCUS follows men hammer

1:00 PM MEN'S HIGH JUMP CLOSE TO BASEBALL

WOMEN'S HIGH JUMP AWAY FROM BASEBALL

2:00 PM MEN'S TRIPLE JUMP OUTSIDE PIT

WOMEN'S TRIPLE JUMP INSIDE PIT

2:30 PM MEN'S DISCUS follows women discuss

2:30 PM WOMEN'S 4X 100M RELAY HILLSIDE RING

WOMEN'S SHOT PUT HILLSIDE RING

2:35 PM MEN'S 1500M

2:42 PM WOMEN'S 1500M

3:00 PM MEN'S 100M HURDLES

3:10 PM WOMEN'S 110M HURDLES

3:15 PM MEN'S 400M

3:15 PM WOMEN'S LONG JUMP INSIDE PIT

MEN'S LONG JUMP OUTSIDE PIT

3:20 PM WOMEN'S 400M

3:25 PM MEN'S 100M

3:30 PM WOMEN'S 100M

3:35 PM MEN'S 800M

3:40 PM WOMEN'S 800M

3:50 PM MEN'S 400M HURDLES

3:57 PM WOMEN'S 400M HURDLES

4:00 PM MEN'S SHOT PUT HILLSIDE RING

WOMEN'S POLE VAULT

MEN'S POLE VAULT

4:00 PM WOMEN'S JAVELIN follows men discuss

4:05 PM MEN'S 200M

4:10 PM WOMEN'S 200M

4:17 PM MEN'S 3000M

4:30 PM WOMEN'S 3000M

4:45 PM WOMEN'S 2000M STEEPLECHASE

4:55 PM MEN'S 4X 400M RELAY

5:00 PM MEN'S JAVELIN follows women javelin

5:05 PM WOMEN'S 4X 400M RELAY