



# VIRGINIA

## 2018 CAVALIER TRACK & FIELD NOTES

### 2018 Indoor Schedule

- 1/19-20 Larry Wiecezorek Invite (Iowa City, Iowa)
- 1/26-27 Liberty Kickoff (Lynchburg, Va.)
- 2/2-3 Power 5 Invite (Ann Arbor, Mich.)
- 2/9-10 Tiger Paw Invitational (Clemson, S.C.)
- 2/9-10 David Hemery Valentine Invite (Boston, Mass.)
- 2/17 Alex Wilson Invitational (Notre Dame, Ind.)
- 2/17 UCS Invitational- Relays only (Winston Salem, N.C.)
- 2/22-24 ACC Championships (Clemson, S.C.)
- 3/9-10 NCAA Championships (College Station, Texas)

### 2018 Outdoor Schedule

- 3/17-18 Hurricane Invitational (Miami, Fla.)
- 3/30 Raleigh Relays (Raleigh, N.C.)
- 3/30-31 Fred Hardy Invitational (Richmond, Va.)
- 4/7 UVA vs. Maryland, Bucknell, Georgetown**
- 4/20-21 VIRGINIA CHALLENGE**
- 4/28 Virginia Grand Prix**
- 5/10-12 ACC Championships (Miami, Fla.)
- 5/24-26 NCAA East Prelims (Tampa, Fla.)
- 6/6-9 NCAA Championships (Eugene, Ore.)

### Media Information

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### Feb. 9-10, 2018

Clemson, S.C. • Clemson Indoor Track & Field Complex  
 Boston, Mass. • Track and Tennis Center

#### **Virginia Cavaliers**

**at**

#### **Tiger Paw Invitational / David Hemery Valentine's Invitational**



#### LAST WEEK

- Jordan Scott and Kelly McKee led the Cavaliers at the Power Five Invitational as both student-athletes finished first in the triple jump. Scott recorded a mark of 15.98m (52'5.25"), ranking ninth in the NCAA and second in the ACC. McKee's performance of 12.77m (41'10.75") ranks 27th nationally and first in the ACC.
- Holly Sullivan captured a personal-best score (3,789 points) in the pentathlon after recording a personal-record in four out of five events.
- Ari Klau leads the conference in the 5000m with a time of 14:10.93. He finished third at the Power Five Invite.
- Jordan Scott earned his second ACC Male Field Performer of the Week honor, this season, on Tuesday (Feb. 6). His performance of 15.98m (52'5.25") at the Power Five Invitational was a season best.

#### NOTABLE

- Freshman Halle Hazzard was named Grenada's Junior Sportswoman of the Year for her performance at the 2017 U20 CARIFTA games the 2017 OECS Track and Field Championships.
- Redshirt junior Oghenakpobo Efekoro and junior Hilmar Jonsson were named preseason All-Americans by FloTrack. Efekoro was ranked second in the shot put, while Jonsson was ranked sixth in the weight throw.
- In addition to Scott and McKee's performances in the triple jump and Klau's performance in the 5000m run, Virginia has three student-athletes that rank in the top three of the ACC. Hilmar Jonsson ranks second in the weight throw (21.37m; 70'1.5"), while Oghenakpobo Efekoro ranks third in the shot put (18.16m; 59'7") and Sullivan ranks third in the Pentathlon (3,789 points).

#### THE 2017 INDOOR SEASON

- The men's team tied for 16th at last year's NCAA Championships.
- The Cavaliers had four athletes earn All-America honors with Jordan Young receiving the accolade in the weight throw, Oghenakpobo Efekoro in the shot put, Zach Herriott in the 5000m and Jordan Scott in the triple jump. Efekoro and Scott returned this season.

### Virginia Coaching Staff

- |                  |   |
|------------------|---|
| Bryan Fetzer     | Director of Track and Field/Cross Country     |
| Todd Morgan      | Assistant Coach - Women's Distance            |
| Pete Watson      | Assistant Coach - Men's Distance              |
| Mario Wilson     | Assistant Coach - Horizontal Jumps/ Decathlon |
| Martin Maric     | Assistant Coach - Throws                      |
| Michelle Freeman | Assistant Coach - Sprints and Hurdles         |

## Meet Schedule of Probable UVA Entries

**Friday - February 9**

<b>12:00p W- 60m Hurdles</b>	<b>Tiger Paw Invite</b> Herran, Leonard, Woodley
<b>12:50p M- 60m Hurdles</b>	Jackson, Lint
<b>1:30p W- 60m Dash</b>	Hairston, Hazzard, Leonard
<b>2:15p M- 60m Dash</b>	Jackson
<b>2:30p W- Shot Put</b>	Jones
<b>2:30p W- Pole Vault</b>	Freix, Guy
<b>3:00p W- 60m Hurdles (semi-finals)</b>	<i>Herran, Leonard, Woodley</i>
<b>3:15p M- 5000m</b>	Pace
<b>3:40p M- 60m Hurdles (semi-finals)</b>	<i>Jackson, Lint</i>
<b>4:20p W- 60m Dash (semi-finals)</b>	<i>Hairston, Hazzard, Leonard</i>
<b>4:30p M- Shot Put</b>	Efekoro, Plesko, Williams
<b>4:30p W- Long Jump</b>	Barron, McKee
<b>5:00p M- 60m Dash (semi-finals)</b>	<i>Jackson</i>
<b>5:15p W- 400m</b>	Herran, Jefferson
<b>5:55p W- 60m Hurdles (Final)</b>	<i>Herran, Leonard, Woodley</i>
<b>6:00p M- 60m Hurdles (Final)</b>	<i>Jackson, Lint</i>
<b>6:10p M- 400m</b>	Dixon, Outlaw, Shirley, Willis
<b>6:55p W- 60m Dash (Final)</b>	<i>Hairston, Hazzard, Leonard</i>
<b>7:00p M- 60m Dash (Final)</b>	<i>Jackson</i>

**Saturday - February 10**

<b>11:00a W- Weight Throw</b>	<b>Tiger Paw Invite</b> Jones
<b>11:00a M- Triple Jump</b>	Scott
<b>12:00p M- Pole Vault</b>	Young
<b>12:20p M- 800m</b>	Buscaglia
<b>12:40p W- 200m</b>	Hairston, Woodley
<b>1:20p M- 200m</b>	Dixon, Outlaw, Shirley, Willis
<b>1:30p W- Triple Jump</b>	Barron, McKee
<b>1:30p M- Weight Throw</b>	Efekoro, Jonsson
<b>3:00p M- 4x400m Relay</b>	Virginia

**Friday- Feb. 9 (women only)**

<b>1:00p Long Jump</b>	<b>David Hemery Valentine Invite</b> Sullivan
<b>1:00p Shot Put</b>	Hayes
<b>1:00p High Jump</b>	Feyerabend, Hayes
<b>1:10p 800m</b>	Rennyson, Sullivan
<b>4:55p Mile</b>	Bothwell, Ehrental

**Saturday- Feb. 10 (men only)**

<b>2:10p Mile</b>	<b>David Hemery Valentine Invite</b> Dodds, Ernst, Hagen, Marsella, Neish
<b>5:15p 3000m</b>	Corbett, Klau
<b>7:15p 5000m</b>	Cook, Demarest, Weaverling

### Pronunciation Guide

Brent Demarest	demm-are-ist
Oghenakpobo Efekoro	po-bo eff-a-core-oh
Nathan Kiley	ky-lee
TJ Graass	grass
Nace Plesko	Nawt-say plesh-koe
Noah Toney	Tony
Conal Wilson	con-ell
Mia Barron	my-ah
Jill Bracaglia	Brack a gill ia
Kate Eiselt	eye-silt
Katie Freix	fricks
Raeann Giannattasio	Jan-an sta-ci-o
Caitlin Mautz	motts
Megan Rebholz	reb-holes

All times Eastern

**Men's Top Indoor 2018 Performances and Personal Bests**

<b>60 METERS</b>	<b>2018</b>	<b>PR</b>
Lint		7.10
Jackson	7.11	7.11
Geuskens	7.15	7.15
Claiborne		7.26

<b>200 METERS</b>	<b>2018</b>	<b>In-PR</b>
Outlaw	22.03	22.03
Dixon	22.67	22.25
Jackson		22.51

<b>400 METERS</b>	<b>2018</b>	<b>In-PR</b>
Shirley	47.92	47.92
Outlaw	48.20	48.20
Bowman		49.13
Dixon	49.81	49.29
Willis	50.34	50.34
Lint	51.40	51.40

<b>600 METERS</b>	<b>2018</b>	<b>In-PR</b>
Shirley	1:19.99	1:19.99
Outlaw	1:20.28	1:20.28
Dixon	1:25.29	1:25.29

<b>800 METERS</b>	<b>2018</b>	<b>In-PR</b>
Hagen		1:50.87
Carrington	1:55.16	1:50.96
Marsella	1:51.58	1:51.12
Ernst		1:52.92
Neish		1:54.68
Toney	1:56.08	1:56.08

<b>1,000 METERS</b>	<b>2018</b>	<b>In-PR</b>
Buscaglia	2:32.84	2:32.84
Marsella	2:24.30	2:24.30
Dodds	2:27.81	2:27.81
Hagen	2:28.02	2:28.02
Neish	2:29.15	2:29.15
Buscaglia	2:31.64	2:31.64
Lint		2:40.12
Claiborne		2:49.74

<b>MILE</b>	<b>2018</b>	<b>PR</b>
Novak		4:03.93
Ernst	4:14.85	4:06.05
Dodds	4:09.26	4:09.26
Hagen	4:21.00	4:12.47
Neish	4:13.10	4:13.10
Wilson	4:21.70	4:21.70
Amabile		4:23.85
Marsella		3:59.97
Pace		4:19.29
Klau		4:19.46

<b>3000 METERS</b>	<b>2018</b>	<b>PR</b>
Demarest	8:12.90	8:09.59
Weaverling	8:22.99	8:11.28
Marsella	8:16.54	8:13.51
Novak		8:18.39
Cook	8:22.00	8:22.00
Corbett	8:19.30	8:24.54
Pace	8:32.34	8:20.77
Ernst	8:22.46	8:22.46
Klau	8:29.03	8:29.03
Amabile	8:37.03	8:37.03
Teller	8:39.95	8:39.95
Dodds	8:49.97	8:49.97

<b>5000 METERS</b>	<b>2018</b>	<b>PR</b>
Weaverling		13:54.39
Demarest		13:56.03
Klau	14:10.93	14:10.93
Corbett	14:17.13	14:12.73

<b>60m HURDLES</b>	<b>2018</b>	<b>PR</b>
Jackson	8.15	8.15
Bowman		8.25
Lint	8.63	8.23
Claiborne		8.64

<b>HIGH JUMP</b>	<b>2018</b>	<b>PR</b>
Lint		6-4.25
		1.94m
Claiborne	6-2.75	6-2.75
	1.90m	1.90m

<b>POLE VAULT</b>	<b>2018</b>	<b>In-PR</b>
Young	16-0.75	16-8.75
	4.90m	5.10m
Lint		14-11
		4.55m
Claiborne		13-7.25
		4.15m

<b>LONG JUMP</b>	<b>2018</b>	<b>PR</b>
Scott		24-2.5
		7.38m
Lint		23-1
		7.04m
Geuskens	22-0.25	22-0.25
	6.71m	6.71m
Claiborne		21-3
		6.48m

<b>TRIPLE JUMP</b>	<b>2018</b>	<b>PR</b>
Scott	52-5.25	53-8.25
	15.98m	16.36m

<b>SHOT PUT</b>	<b>2018</b>	<b>PR</b>
Efekoro	59-7	65-1
	18.16m	19.84m
Plesko	58-1.25	58-7.5
	17.71m	17.87m
Williams	50-0.5	55-0.5
	15.25m	16.78m
Lint		44-2
		13.46m
Geuskens	40-7.75	40-7.75
	12.39m	12.39m
Claiborne		33-0.75
		10.08m

<b>WEIGHT THROW</b>	<b>2018</b>	<b>PR</b>
Jonsson	70-1.5	70-1.5
	21.37m	21.37m
Efekoro		61-10.5
		18.86m
Williams		48-5.25
		14.76m

<b>HEPTATHLON</b>	<b>2018</b>	<b>PR</b>
Lint		5,546
Claiborne		4,821
Geuskens	2,206	2,206

<b>4x400 Relay</b>	<b>2018</b>
Virginia	3:15.28

<b>DMR</b>	<b>2018</b>
Virginia	9:48.71

**Women's Top Indoor 2018 Performances and Personal Bests**

<b>60 METERS</b>	<b>2018</b>	<b>PR</b>
Jefferson	7.52	7.52
Hazzard	7.54	7.54
Hairston	7.99	7.72
Baker		7.86
Leonard	7.88	7.88
Woodley	7.91	7.91

<b>200 METERS</b>	<b>2018</b>	<b>PR</b>
Hairston	26.38	24.48
Jefferson	24.36	24.36
Hazzard	24.96	24.96
Woodley		25.31
Leonard		25.91
Herran		25.80

<b>400 METERS</b>	<b>2018</b>	<b>PR</b>
Hairston		57.09
Jefferson		59.00

<b>600 METERS</b>	<b>2018</b>	<b>PR</b>
Jefferson	1:34.48	1:34.48
Rennyson	1:36.87	1:36.87
Herran	1:41.82	1:41.82

<b>800 METERS</b>	<b>2018</b>	<b>PR</b>
Call		2:07.39
Sullivan	2:14.62	2:14.62
Rennyson	2:18.62	2:18.62
Lansing		2:19.23
Herran		2:26.36
Feyerabend		2:44.03

<b>MILE</b>	<b>2018</b>	<b>PR</b>
Call		4:59.88
MacKenzie		5:00.39
Bothwell	5:10.41	5:10.41
Lansing		5:13.26
Ehrental	5:20.43	5:20.43
Sargent	5:21.22	5:21.22
Rebholz		4:53.07

<b>3000 METERS</b>	<b>2018</b>	<b>PR</b>
Mulhern		9:50.29
MacKenzie		9:56.60
Rebholz		9:42.55

<b>60m HURDLES</b>	<b>2018</b>	<b>PR</b>
Leonard	8.52	8.38
Woodley	8.41	8.41
Herran	8.71	8.71
Feyerabend		9.19
Sullivan	9.05	9.05

<b>HIGH JUMP</b>	<b>2018</b>	<b>PR</b>
Feyerabend	5-5	5-75
	1.65m	1.67m
Sullivan	5-5.25	5-5.25
	1.66m	1.66m
Hayes	5-4.5	5-4.5
	1.64m	1.64m
Herran		5-1.25
		1.56m

<b>POLE VAULT</b>	<b>2018</b>	<b>PR</b>
Guy	13-5-2.5	13-8.25
	4.10m	4.17m
DeMaria		12-11.75
		3.96m
Freix	12-8.25	12-8.25
	3.87m	3.87m

<b>LONG JUMP</b>	<b>2018</b>	<b>PR</b>
McKee	19-0.75	19-5
	5.81m	5.92m
Barron	19-5.5	19-6
	5.93m	5.94m
Herran		17-9.25
		5.42m
Sullivan	18-9.25	18-9.25
	5.72	5.72m
Feyerabend		15-4
		4.67m

<b>TRIPLE JUMP</b>	<b>2018</b>	<b>PR</b>
Barron	40-11.75	41-8.75
	12.49m	12.71m
McKee	41-10.75	41-10.75
	12.77m	12.77m

<b>SHOT PUT</b>	<b>2018</b>	<b>PR</b>
Jones	49-0.25	49-0.25
	14.94m	14.94m
Green		39-10.5
		12.16m
Sullivan	32-0.75	32-0.75
	9.77m	9.77m
Herran		30-0.25
		9.15m
Hayes	29-7.25	29-7.25
	9.02m	9.02m
Feyerabend		25-4
		7.72m

<b>WEIGHT THROW</b>	<b>2018</b>	<b>PR</b>
Jones	54-6	54-6
	16.61m	16.61m
Baker	52-1.75	52-1.75
	15.89m	15.89m

<b>PENTATHLON</b>	<b>2018</b>	<b>PR</b>
Sullivan	3,789	3,789
Herran		3,424
Feyerabend		3,057

<b>Distance Medley</b>	<b>2018</b>
Virginia	12:14.10

<b>4x400m</b>	<b>2018</b>
Virginia	4:12.09

## Men's Indoor Top 10 List

### 60 METERS

1. Shay Clark .....	6.71	.....	'01
2. Reuben Jones .....	6.79	.....	'08
3. Adam Cummings .....	6.86	.....	'13
4. Michael Johnson .....	6.87	.....	'04
5. Jarrett Hagwood .....	6.89	.....	'02
Leo McLaughlin .....	6.89	.....	'11
7. Scott Kimball .....	6.93	.....	'00
8. Adams Abdulrazaaq .....	6.94	.....	'11
9. Payton Hazzard .....	6.95	.....	'15
10. Matt Meyer .....	6.96	.....	'09

### 200 METERS

1. Gerald Howard .....	21.53	.....	'95
2. Scott Kimball .....	21.78	.....	'00
Reuben Jones .....	21.78	.....	'08
Payton Hazzard .....	21.78	.....	'14
5. Conlon Bonner .....	21.79	.....	'08
6. Shay Clark .....	21.81	.....	'02
7. Kellen Blassingame .....	21.85	.....	'06
8. Rauh Turner .....	22.00	.....	'98
9. <b>Brandon Outlaw .....</b>	<b>22.03</b>	.....	<b>'18</b>
10. Jason Young .....	22.08	.....	'01

### 400 METERS

1. Payton Hazzard .....	46.60	.....	'15
2. Kellen Blassingame .....	46.73	.....	'06
3. Kevin Anding .....	47.46	.....	'11
4. Ben Kurgat .....	47.61	.....	'89
5. Paul Ereng .....	47.64	.....	'88
6. <b>Alfred Shirley .....</b>	<b>47.92</b>	.....	<b>'18</b>
7. Meikle Paschal .....	48.04	.....	'09
8. Charles Bowman .....	48.16	.....	'17
9. <b>Brandon Outlaw .....</b>	<b>48.20</b>	.....	<b>'18</b>
10. Jason Young .....	48.31	.....	'04

### 800 METERS

1. Paul Ereng .....	1:44.84	.....	'88
2. Ben Kurgat .....	1:47.31	.....	'91
3. Robby Andrews .....	1:48.02	.....	'10
4. McGavock Dunbar .....	1:49.18	.....	'04
5. Nathan Kiley .....	1:49.20	.....	'16
6. John Hinton .....	1:49.24	.....	'84
Anthony Kostelac .....	1:49.24	.....	'11
8. Lance Roller .....	1:49.47	.....	'10
9. Rob Pearce .....	1:49.75	.....	'99
10. <b>Kenneth Hagen .....</b>	<b>1:50.87</b>	.....	<b>'16</b>

### MILE

1. Vince Draddy .....	3:58.2h	.....	'82
2. Henry Wynne .....	3:58.74	.....	'16
3. <b>Mike Marsella .....</b>	<b>3:59.97</b>	.....	<b>'15</b>
4. Kyle King .....	4:02.15	.....	'15
5. Patrick Todd .....	4:02.70	.....	'12
6. John Minen .....	4:02.77	.....	'10
7. Kris Herdt .....	4:02.92	.....	'87
8. Anthony Kostelac .....	4:02.99	.....	'12
9. Alex Tatu .....	4:03.00	.....	'05
10. Mark Amirault .....	4:03.40	.....	'13

### 3000 METERS

1. Henry Wynne .....	7:53.89	.....	'16
2. Mark Amirault .....	7:54.08	.....	'12
3. Adam Visokay .....	7:54.24	.....	'16
4. Kris Herdt .....	7:54.90	.....	'87
5. Emil Heineking .....	7:58.36	.....	'11
6. Kyle King .....	8:00.23	.....	'15
7. Jan Foerster .....	8:02.54	.....	'07
8. Andy Biladeau .....	8:04.30	.....	'08
9. Soeren Lindner .....	8:07.17	.....	'05
10. Evan Chiplock .....	8:08.03	.....	'15

### 5000 METERS

1. Zach Herriott .....	13:45.37	.....	'17
2. Ryan Collins .....	13:46.41	.....	'10
3. <b>Chase Weaverling .....</b>	<b>13:54.39</b>	.....	<b>'17</b>
4. <b>Brent Demarest .....</b>	<b>13:56.03</b>	.....	<b>'17</b>
5. Thomas Madden .....	13:57.01	.....	'15
6. Kris Herdt .....	14:02.00	.....	'89
7. Mark Amirault .....	14:03.01	.....	'12
8. Chris Foley .....	14:03.67	.....	'12
9. Thomas Porter .....	14:12.34	.....	'14
10. Tim Springfield .....	14:14.0h	.....	'84

### 60 HURDLES

1. Adams Abdulrazaaq .....	7.75	.....	'11
2. Drequan Hoskey .....	7.79	.....	'14
3. Jarrett Hagwood .....	7.93	.....	'02
4. Marion Mason .....	8.01	.....	'01
5. Cary Chandler .....	8.03	.....	'01
Aaron Shepperd .....	8.03	.....	'11
7. Gemalay Hazard .....	8.09	.....	'02
8. <b>Emmanuel Jackson .....</b>	<b>8.15</b>	.....	<b>'18</b>
9. Herb Reid .....	8.16	.....	'01
Isi Azeke .....	8.16	.....	'06

### HIGH JUMP

1. Herman Moore .....	2.21m (7' 3")	.....	'90
2. Greg Nelson .....	2.14m (7' 0.25")	.....	'10
3. Greg Byers .....	2.13m (7' 0")	.....	'82
4. Bob Lund .....	2.09m (6' 10.25")	.....	'93
5. Mike Riso .....	2.08m (6' 10")	.....	'02
Kevin Jackson .....	2.08m (6' 10")	.....	'77
7. David Sullivan .....	2.05m (6' 8.75")	.....	'06
Arthur Gennari .....	2.05m (6' 8.75")	.....	'08
Tommy DeVita .....	2.05m (6' 8.75")	.....	'13
10. Cordell Green .....	2.04m (6' 8.25")	.....	'98
Wes Dungan .....	2.04m (6' 8.25")	.....	'94

### POLE VAULT

1. David Sullivan .....	5.30m (17' 4.75")	.....	'05
2. Brian Shafer .....	5.20m (17' 0.75")	.....	'93
3. <b>Sam Young .....</b>	<b>5.10m (16' 8.75")</b>	.....	<b>'17</b>
Jeff Jefferey .....	5.10m (16' 8.75")	.....	'17
5. Tommy Cooke .....	5.05m (16' 6.75")	.....	'95
6. Matt Armentrout .....	5.01m (16.5.25")	.....	'13
7. Danny Thompson .....	4.98m (16' 4")	.....	'81
8. Greg Blair .....	4.90m (16' 1")	.....	'05
David Lewis .....	4.90m (16' 1")	.....	'08
10. Danny Smith .....	4.89m (16' 0.5")	.....	'85

### LONG JUMP

1. Matt Meyer .....	7.52m (24' 8.25")	.....	'09
2. Marion Mason .....	7.50m (24' 7.25")	.....	'01
Tiki Barber .....	7.50m (24' 7.25")	.....	'94
4. Bruce Randolph .....	7.48m (24' 6.5")	.....	'84
5. Keith Witherspoon .....	7.45m (24' 5.25")	.....	'76
6. Stephen Dunphy .....	7.40m (24' 3.25")	.....	'92
7. Mauri Anderson .....	7.39m (24' 3")	.....	'82
8. <b>Jordan Scott .....</b>	<b>7.38m (24' 2.5")</b>	.....	<b>'17</b>
9. Jarrett Hagwood .....	7.34m (24' 1")	.....	'01
10. Simon Facey .....	7.30m (23' 11.5")	.....	'97

### TRIPLE JUMP

1. Marcus Robinson .....	16.63m (54' 6.75")	.....	'12
2. <b>Jordan Scott .....</b>	<b>16.36m (53' 8.25")</b>	.....	<b>'17</b>
3. Keith Witherspoon .....	16.16m (53' 0.25")	.....	'76
4. Greg Byers .....	15.98m (52' 5")	.....	'85
5. Aaron Worrell .....	15.87m (52' 1")	.....	'17
6. Cornell Grayson .....	15.74m (51' 7.75")	.....	'90
7. Chike Chukwulozie .....	15.64m (51' 3.75")	.....	'91
8. Ryan Satchell .....	15.62m (51' 3")	.....	'14
9. Ivan Glasgow .....	15.34m (50' 4")	.....	'82
10. Donald Scott .....	15.22m (49' 11.25")	.....	'95

### SHOT PUT

1. Filip Mihaljevic .....	20.87m (68' 5.75")	.....	'16
2. <b>Oghenakpobo Efekoro .....</b>	<b>19.84m (65' 1.25")</b>	.....	<b>'17</b>
3. Jordan Young .....	19.15m (62' 10")	.....	'15
4. Nick Vena .....	18.92m (62' 1")	.....	'12
5. Yemi Ayeni .....	18.80m (61' 8.25")	.....	'09
6. <b>Nace Plesko .....</b>	<b>17.87m (58' 7.5")</b>	.....	<b>'17</b>
7. Kevin Latham .....	17.62m (57' 9.75")	.....	'84
8. Thom McKinney .....	17.12m (56' 2")	.....	'91
9. Mike Murphy .....	17.10m (56' 1.25")	.....	'93
10. Pete Sheehan .....	16.91m (55' 5.75")	.....	'91

### WEIGHT THROW

1. Jordan Young .....	22.92m (75' 2.5")	.....	'15
2. <b>Hilmar Jonsson .....</b>	<b>21.37m (70' 1.5")</b>	.....	<b>'18</b>
3. Vincenzo Chiariello .....	19.38m (63' 7")	.....	'12
4. <b>Oghenakpobo Efekoro .....</b>	<b>18.86m (61' 10.5")</b>	.....	<b>'16</b>
5. Thom McKinney .....	18.43m (60' 5.75")	.....	'91
6. Thomas Fuson .....	18.18m (59' 7.75")	.....	'11
7. Mike Murphy .....	17.77m (58' 3.75")	.....	'93
8. Bill Johnston .....	17.19m (56' 4.75")	.....	'01
9. Al Sinesky .....	16.83m (55' 2.75")	.....	'70
10. Pete Sheehan .....	16.50m (54' 1.75")	.....	'91

### HEPTATHLON

1. <b>Jack Lint .....</b>	<b>5,546</b>	.....	'17
2. David Sullivan .....	5,178	.....	'04
3. David Lewis .....	5,139	.....	'08
4. Christian Lavorgna .....	5,113	.....	'16
5. Cam Collins .....	4,972	.....	'16
6. Anthony Dunavant .....	4,970	.....	'14
7. <b>Jack Claiborne .....</b>	<b>4,821</b>	.....	<b>'17</b>
8. Thomas Codevilla .....	4,360	.....	'05
9. John Michael Pirtle .....	3,951	.....	'13
10. Alex Mulchandani .....	3,464	.....	'11



## Men's Indoor Freshman Records

### 60 METERS

1. Adam Cummings .....6.86.....'13
2. Leo McLaughlin .....6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner .....6.98.....'08

### 200 METERS

1. Conlon Bonner .....21.79.....'08
2. **Brandon Outlaw .....22.03 .....'18**
3. Ben Sargong .....22.16.....'92
4. Adam Abdulrazaaq .....22.24 .....'08
5. David Bartha.....22.43 .....'14

### 300 METERS

1. Anthony Swan.....34.11 .....'86
2. Adam Abdulrazaaq .....34.63 .....'08
3. Patrick Farmer.....34.74 .....'11
4. Conlon Bonner .....34.78 .....'08
5. Charles Bowman .....34.82 .....'16

### 400 METERS

1. Paul Ereng.....47.64 .....'88
2. **Alfred Shirley .....47.92.....'18**
3. Meikle Paschal.....48.11 .....'08
4. **Brandon Outlaw .....48.20 .....'18**
5. Ben Kurgat.....48.26 .....'88

### 500 METERS

1. Paul Ereng.....1:02.02 .....'88
2. **Alfred Shirley .....1:03.05 .....'18**
3. Bruce Berry .....1:03.31.....'85
4. Ray Brown .....1:03.80 .....'81
5. Dwayne Brake .....1:03.97.....'83

### 800 METERS

1. Robby Andrews.....1:48.39.....'10
2. Anthony Kostelac.....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
4. Nathan Kiley.....1:51.08.....'14
5. **Mike Marsella.....1:51.41.....'14**

### 1000 METERS

1. Rob Pearce .....2:27.69 .....'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart.....2:28.40 .....'11
4. Brett Johnson.....2:28.47 .....'10
5. Ken Cheeseman.....2:29.80 .....'85

### MILE

1. Alex Tatu.....4:03.00.....'05
2. **Mike Marsella.....4:03.18 .....'14**
3. **Matthew Novak .....4:03.93 .....'16**
4. Sintayehu Taye.....4:04.04 .....'09
5. Henry Wynne.....4:04.37 .....'14

### 3,000 METERS

1. Adam Visokay .....7:57.46 .....'14
2. **Brent Demarest .....8:09.59 .....'15**
3. Connor Rog.....8:09.76 .....'14
4. **Chase Weaverline .....8:11.28 .....'16**
5. Kyle King .....8:13.85 .....'12

### 5,000 METERS

1. Thomas Madden.....13:57.01.....'15
2. Chris Foley .....14:03.67 .....'12
3. **Chase Weaverling .....14:03.72 .....'16**
4. **Brent Demarest .....14:14.74 .....'15**
5. Connor Rog.....14:15.23 .....'14

### 60m HURDLES

1. Adam Abdulrazaaq .....7.98 .....'08
2. Aaron Sheppherd.....8.03.....'11
3. Jarrett Hagwood .....8.05.....'99
4. Marion Mason .....8.23 .....'98
- Devin Brewer .....8.23 .....'12
- Jack Lint.....8.23 .....'16**

### HIGH JUMP

1. Mike Riso .....2.08m (6' 10").....'02
2. Tommy DeVita.....2.04m (6' 8.5").....'11
3. Arthur Gennari .....2.03m (6' 8").....'07
4. Gerald Howard .....2.00m (6' 7").....'93
- Cordell Green .....2.00m (6' 7").....'95

### POLE VAULT

1. **Sam Young .....5.10m (16' 8.75) .....'17**
2. David Sullivan.....4.97m (16' 3.75").. '03
3. Brian Shafer.....4.90m (16' 1").....'90
4. Jake Williams.....4.87m (16' 0").....'91
5. Greg Blair .....4.82m (15' 10").....'03

### LONG JUMP

1. Matt Meyer.....7.52m (24' 8.25").. '09
2. Tiki Barber .....7.48m (24' 6.75").. '94
3. **Jordan Scott .....7.38m (24' 2.5") .....'17**
4. Marion Mason .....7.24m (23' 9.25").. '98
5. Simon Facey .....7.23m (23' 8.75").. '95

### TRIPLE JUMP

1. **Jordan Scott .....16.36m (53' 8.25).....'17**
2. Aaron Worrell .....15.64m (51'3.75").....'14
3. Ryan Satchell .....15.02m (49' 3.5")... '12
4. Darryl Smith .....14.70m (48' 4").....'79
5. Marcus Robinson 14.63m (48' 0.25") '08

### SHOT PUT

1. Filip Mihaljevic.....19.63m (64'5").....'15
2. Nick Vena .....18.92m (62' 1").....'12
3. **Oghenakpobo Efeboro 18.82m (61' 9").....'16**
4. Mike Theuerkauf..16.51m (54' 2").....'89
5. James Fuson.....15.58m (51' 1.5").....'11

### WEIGHT THROW

1. **Hilmar Jonsson...20.32m (66' 8").....'16**
2. **Oghenakpobo Efeboro 18.86m (61' 10.5").....'16**
3. Vincenzo Chiarello 16.40m (53' 9.75")'09
4. Robert Guider.....15.63m (51' 3.5") ... '10
5. **James Williams ..14.76m (48' 5.25").....'16**

### HEPTATHLON

1. **Jack Lint.....5,358 .....'16**
2. Anthony Dunavant.....4,970 .....'14
3. **Jack Claiborne .....4,821 .....'17**
4. Cam Collins.....4,793 .....'15
5. Christian Lavorgna .....4,693 .....'12

### Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

## Women's Indoor Top 10 List

### 60 METERS

1. Kiamesha Otey .....	7.37	.....	'03
2. Sonja Fridy .....	7.39	.....	'86
3. Peyton Chaney .....	7.40	.....	'16
4. Pam Lemons .....	7.43	.....	'93
5. Jordan Lavender .....	7.49	.....	'15
6. Janne'a Bridgeford .....	7.50	.....	'08
<b>7. Anna Jefferson .....</b>	<b>7.52</b>	.....	<b>'18</b>
8. Dana Boone .....	7.54	.....	'91
Tori McKenzie .....	7.54	.....	'16
<b>Halle Hazzard .....</b>	<b>7.54</b>	.....	<b>'18</b>

### 200 METERS

1. Jordan Lavender .....	23.80	.....	'15
2. Peyton Chaney .....	23.84	.....	'16
3. Danielle Williams .....	23.97	.....	'12
4. Kelly Miller .....	24.17	.....	'99
5. Angela Lee .....	24.30	.....	'99
6. Kiamesha Otey .....	24.34	.....	'03
<b>7. Anna Jefferson .....</b>	<b>24.36</b>	.....	<b>'18</b>
8. Pam Lemons .....	24.37	.....	'94
9. Talia Wise .....	24.38	.....	'06
10. Julie Sandy .....	24.39	.....	'89

### 400 METERS

1. Jordan Lavender .....	52.59	.....	'13
2. Lisa Garrett .....	54.07	.....	'81
3. Angela Lee .....	54.29	.....	'99
4. Carielle Doe .....	54.52	.....	'02
5. Cathron Birge .....	54.61	.....	'90
6. Sonja Fridy .....	54.95	.....	'87
7. Angela Griffith .....	55.38	.....	'92
8. Erin Crawford .....	55.42	.....	'07
9. Ashley Gore .....	55.54	.....	'06
10. Michelle Samuels .....	55.80	.....	'94

### 800 METERS

1. Vanessa Fabrizio .....	2:07.24	.....	'15
<b>2. Emma Call .....</b>	<b>2:07.39</b>	.....	<b>'17</b>
3. Lyndsay Harper .....	2:07.64	.....	'11
4. Morgane Gay .....	2:08.07	.....	'09
5. Kim Kelly .....	2:09.27	.....	'85
6. Jill Haworth .....	2:09.62	.....	'83
7. Cathron Birge .....	2:09.71	.....	'90
8. Colette Gnade .....	2:09.80	.....	'13
9. Sandy Schuler .....	2:09.90	.....	'85
10. Kim Liggins .....	2:09.93	.....	'92

### MILE

1. Jill Haworth .....	4:34.32	.....	'82
2. Morgane Gay .....	4:34.38	.....	'12
3. Vicky Fouhy .....	4:34.87	.....	'13
4. Lesley Welch .....	4:35.56	.....	'82
5. Iona Lake .....	4:36.11	.....	'16
6. Marissa Schmidt .....	4:41.10	.....	'82
7. Michele Rowen .....	4:41.57	.....	'87
8. Lisa Welch .....	4:41.96	.....	'82
9. Catherine White .....	4:42.80	.....	'11
10. Margaret Groos .....	4:43.9h	.....	'79

### 3,000 METERS

1. Cleo Boyd .....	9:18.20	.....	'17
Claire Forbes .....	9:18.80	.....	'92
3. Stephanie Garcia .....	9:19.44	.....	'11
4. Martha White .....	9:19.58	.....	'83
5. Iona Lake .....	9:22.75	.....	'15
6. Barbara Strehler .....	9:22.85	.....	'14
7. Morgan Kelly .....	9:23.21	.....	'15
8. Catherine White .....	9:24.43	.....	'10
9. Patty Matava .....	9:25.83	.....	'87
10. Michele Rowen .....	9:25.8h	.....	'85

### 5,000 METERS

1. Margaret Groos .....	15:34.71	.....	'81
2. Cleo Boyd .....	16:04.76	.....	'17
3. Morgan Kelly .....	16:10.73	.....	'15
4. Barbara Strehler .....	16:16.32	.....	'14
5. Emily Harrison .....	16:16.53	.....	'08
6. Lesley Welch .....	16:21.6h	.....	'82
7. Maria Hauger .....	16:22.07	.....	'14
8. Anna Corrigan .....	16:25.81	.....	'12
9. Kara Scanlin .....	16:27.61	.....	'08
10. Martha White .....	16:31.6h	.....	'82

### 60 HURDLES

1. <b>Ciara Leonard .....</b>	<b>8:38</b>	.....	<b>'17</b>
2. Ayla Smith .....	8:39	.....	'09
<b>3. Alexis Woodley .....</b>	<b>8.41</b>	.....	<b>'18</b>
4. Heather Smith .....	8.54	.....	'16
5. Kim Turko .....	8.55	.....	'01
6. Chidi Uche .....	8.58	.....	'10
7. Lauren Echko .....	8.60	.....	'09
8. Bianca DeBartolo .....	8.65	.....	'07
9. Kristina Chapman .....	8.68	.....	'11
<b>10. Alana Herran .....</b>	<b>8.71</b>	.....	<b>'18</b>

### HIGH JUMP

1. Sherry Gould .....	1.87m (6' 1.5")	.....	'94
2. Ann Bair .....	1.83m (6' 0")	.....	'83
3. Robin Landes .....	1.82m (5' 11.25")	.....	'88
4. Karen DiDonato .....	1.80m (5' 10.75")	.....	'91
5. Pearl Bickersteth .....	1.79m (5' 10.5")	.....	'12
6. Rachel Marks .....	1.78m (5' 10")	.....	'04
7. Kate Doyle .....	1.75m (5' 8.75")	.....	'90
8. Janelle Clayton .....	1.74m (5' 8.5")	.....	'10
9. Susan Brownell .....	1.73m (5' 8.25")	.....	'80
Karen Hatchett .....	1.73m (5' 8.25")	.....	'81

### POLE VAULT

<b>1. Bridget Guy .....</b>	<b>4.17m (13'8.25")</b>	.....	<b>'16</b>
2. Sarah DeVita .....	3.97m (13'0.25")	.....	'15
<b>3. Theresa Demaria .....</b>	<b>3.96m (12'11.75")</b>	.....	<b>'17</b>
<b>4. Katie Freix .....</b>	<b>3.87m (12'8.25")</b>	.....	<b>'18</b>
5. Vika Oспенко .....	3.80m (12' 5.75")	.....	'03
6. Katie Darraugh .....	3.75m (12' 3.5")	.....	'10
7. Annica White .....	3.60m (11' 9.75")	.....	'01
Kathryn Pettine .....	3.60m (11' 9.75")	.....	'05
Kate Kaufman .....	3.60m (11' 9.75")	.....	'16
10. Lauren Taggart .....	3.50m (11' 5.75")	.....	'04

### LONG JUMP

1. Dana Boone .....	6.44m (21' 1.50")	.....	'91
2. Kiamesha Otey .....	6.39m (20' 11.75")	.....	'02
3. Sonja Fridy .....	6.38m (20' 11.25")	.....	'87
4. Nicole Kimbrough .....	6.27m (20' 7")	.....	'95
5. Kelly Miller .....	6.22m (20' 5")	.....	'99
6. Angela Griffith .....	6.15m (20' 2.25")	.....	'92
7. Latanya Wynn .....	6.10m (20' 0.25")	.....	'88
8. Tomika Ferguson .....	6.09m (19' 11.75")	.....	'06
9. Pam Lemons .....	6.06m (19' 10.75")	.....	'93
10. Rashawnda James .....	6.02m (19' 9")	.....	'09

### TRIPLE JUMP

1. Tomika Ferguson .....	13.53m (44' 4.75")	.....	'07
2. Naccolle Guinn .....	13.14m (43' 1.25")	.....	'01
3. Dallas Rose .....	12.98m (42' 7")	.....	'12
4. Dana Boone .....	12.86m (42' 2.25")	.....	'91
5. Michele Johnson .....	12.78m (41' 11")	.....	'87
<b>6. Kelly McKee .....</b>	<b>12.77m (41' 10.75")</b>	.....	<b>'18</b>
<b>7. Mia Barron .....</b>	<b>12.71m (41'8.5")</b>	.....	<b>'17</b>
8. Rashawnda James .....	12.59m (41' 3.75")	.....	'09
9. Curtrell Frye .....	12.45m (40' 10.25")	.....	'02
10. Tiffany King .....	12.37m (40' 7")	.....	'96

### SHOT PUT

1. Billie-Jo Grant .....	16.55m (54' 3.5")	.....	'08
2. Christine Bohan .....	16.53m (54' 2.75")	.....	'16
3. Maureen Laffan .....	15.97m (52' 4.75")	.....	'10
4. Eliese Mitchell .....	15.72m (51' 7")	.....	'03
5. Kelly Bodiford .....	15.65m (51' 4.25")	.....	'91
6. Emily Vannoy .....	15.42m (50' 7.25")	.....	'10
7. Anna Grant .....	14.94m (49' 0.25")	.....	'08
<b>Brittany Johnson .....</b>	<b>14.94m (49' 0.25")</b>	.....	<b>'18</b>
9. Alexa Manning .....	14.93m (48' 11.75")	.....	'08
10. Amy Brown .....	14.05m (46' 1.25")	.....	'99

### WEIGHT THROW

1. Eliese Mitchell .....	20.06m (65' 9.75")	.....	'02
2. Maureen Laffan .....	18.54m (60' 10")	.....	'12
3. Erin Wykoff .....	17.75m (58' 3")	.....	'12
4. Alexa Manning .....	17.09m (56' 1")	.....	'08
5. Ann Crouse .....	17.08m (56' 0.5")	.....	'96
6. Lauren Connelly .....	16.67m (54' 8.25")	.....	'96
<b>7. Jade Baker .....</b>	<b>16.61m (54-6)</b>	.....	<b>'18</b>
8. Logan Clements .....	16.30m (53' 5.75")	.....	'14
9. Christine Bohan .....	16.09m (52' 9.5")	.....	'15
10. Hillary Wilson .....	16.05m (52' 8")	.....	'00

### PENTATHLON

1. Susan Brownell .....	4,153	.....	'82
2. Rebecca Grube .....	4,108	.....	'95
3. Ayla Smith .....	3,879	.....	'09
4. Sherry Gould .....	3,789	.....	'94
<b>Holly Sullivan .....</b>	<b>3,789</b>	.....	<b>'18</b>
6. Beth Sheehan .....	3,678	.....	'83
7. Bianca DeBartolo .....	3,661	.....	'07
8. Anna Finger .....	3,659	.....	'13
9. Curtrell Frye .....	3,644	.....	'02
10. Katie Kiladis .....	3,567	.....	'99

All-time lists are based on a student-athlete's best time/mark



## Women's Indoor Freshman Records

### 60-METER DASH

1. **Halle Hazzard** ..... **7.54** ..... '18
2. Jordan Lavender ..... 7.57 ..... '12
3. Peyton Chaney ..... 7.60 ..... '13  
Tori McKenzie ..... 7.60 ..... '14
5. Anna Jefferson ..... 7.64 ..... '17

### 200-METER DASH

1. Jordan Lavender ..... 24.25 ..... '12
2. Peyton Chaney ..... 24.31 ..... '13
3. Kiana Hairston ..... 24.48 ..... '15
4. Andrea Wright ..... 24.55 ..... '14
5. Leslie Satchell ..... 24.80 ..... '95

### 300-METER DASH

1. Jordan Lavender ..... 39.05 ..... '12
2. Julie Sandy ..... 39.43 ..... '87
3. **Anna Jefferson** ..... **39.63** ..... '17
4. **Kiana Hairston** ..... **40.15** ..... '15
5. Jenni Weatherly ..... 40.61 ..... '09

### 400-METER DASH

1. Jordan Lavender ..... 54.69 ..... '12
2. Michelle Samuels ..... 55.81 ..... '91
3. Meagan Gillespie ..... 56.07 ..... '09
4. **Chimere Ezumah** ..... **56.27** ..... '14
5. Leslie Satchell ..... 56.67 ..... '95

### 500-METER DASH

1. Cathron Birge ..... 1:14.16 ..... '87
2. Phyllis Buber ..... 1:14.90 ..... '84
3. Ayla Smith ..... 1:14.91 ..... '07
4. Lyndsay Harper ..... 1:16.22 ..... '08
5. Shelley McBride ..... 1:16.68 ..... '86

### 800-METER RUN

1. **Emma Call** ..... **2:07.39** ..... '17
2. Morgane Gay ..... 2:08.07 ..... '09
3. Vanessa Fabrizio ..... 2:08.79 ..... '11
4. Sandy Schuler ..... 2:09.90 ..... '85
5. Alexia Roux ..... 2:11.34 ..... '16

### 1000-METER RUN

1. Sandy Schuler ..... 2:44.40 ..... '85
2. Shelley McBride ..... 2:50.40 ..... '86
3. **Maddie Rennyson** ..... **2:54.65** ..... '18
4. Claire Forbes ..... 2:55.31 ..... '90
5. Alexia Roux ..... 2:56.80 ..... '16

### 1-MILE RUN

1. Claire Forbes ..... 4:49.48 ..... '90
2. Tasia Potasinski ..... 4:51.49 ..... '10
3. **Megan Rebholz** ..... **4:53.87** ..... '15
4. Lara Drauglis ..... 4:53.94 ..... '91
5. Michelle Rowen ..... 4:54.10 ..... '84

### 3000-METER RUN

1. Maria Hauger ..... 9:29.20 ..... '14
2. Sarah Fakler ..... 9:37.45 ..... '14
3. Katharine Walker ..... 9:38.96 ..... '11
4. **Megan Rebholz** ..... **9:42.55** ..... '15
5. Cleo Boyd ..... 9:47.23 ..... '14

### 5000-METER RUN

1. Lesley Welch ..... 16:21.60 ..... '82
2. Maria Hauger ..... 16:22.07 ..... '14
3. Cleo Boyd ..... 16:29.16 ..... '14
4. Sarah Fakler ..... 16:32.01 ..... '14
5. Katharine Walker ..... 16:46.02 ..... '11

### 60-METER HURDLES

1. **Alexis Woodley** ..... **8.56** ..... '17
2. Ayla Smith ..... 8.68 ..... '07
3. Kim Turko ..... 8.69 ..... '98
4. **Ciara Leonard** ..... **8.74** ..... '16
5. Shantell Bingham ..... 8.82 ..... '12

### HIGH JUMP

1. Karen Didonota ..... 1.71m (5'7.5") ..... '87
2. Janelle Clayton ..... 1.70m (5'7") ..... '10  
Pearl Bickersteth ..... 1.70m (5'7") ..... '10  
Emily Kianka ..... 1.70m (5'7") ..... '11  
Moir Cronin ..... 1.70m (5'7") ..... '12

### POLE VAULT

1. **Bridget Guy** ..... **3.97m (13' 0.5")** '15
2. **Theresa Demaria** ..... **3.96m (12'11.75)** '17
3. **Katie Freix** ..... **3.82m (12' 6.5")** '15
4. Kate Kaufman ..... 3.60m (11' 9.75") '16
5. Katie Darraugh ..... 3.52m (11' 6.75") '07

### LONG JUMP

1. Kiamesha Odey ..... 6.00m (19' 8.25") '00
2. Sonja Fridy ..... 5.99m (19' 8") '84
3. Dana Boone ..... 5.96m (19' 6.75") '88
4. **Mia Barron** ..... **5.94m (19' 6")** '15
5. Kelly Miller ..... 5.80m (19' 0.5") '96

### TRIPLE JUMP

1. Dallas Rose ..... 12.56m (44' 6") '10
2. **Mia Barron** ..... **12.33m (40' 5.5")** '15
3. Britni Strates ..... 12.32m (40' 5") '12
4. Rashawanda James ..... 12.19m (40' 0") '08
5. Mishanta Reyes ..... 12.13m (39' 9.75") '99

### SHOT PUT

1. Emily Vannoy ..... 15.42m (50' 7.25") '10
2. Anna Grant ..... 14.94m (49' 0.25") '08  
**Jones Brittnay** ..... **14.94m (49' 0.25")** '18
4. Christine Bohan ..... 14.78m (48' 6") '14
5. Kristy Martin ..... 13.87m (45' 6.25") '97

### WEIGHT THROW

1. Emily Vannoy ..... 16.00m (52' 6") '10
2. **Brittany Jones** ..... **15.89m (52' 1.75")** '18
3. Kristy Martin ..... 15.50m (50' 10.5") '97
4. Erin Wykoff ..... 15.11m (49' 7") '09
5. Maureen Laffan ..... 14.84m (48' 8.5") '09

### PENTATHLON

1. Beth Sheehan ..... 3,678 ..... '83
2. Katie Ollendick ..... 3,443 ..... '94
3. **Holly Sullivan** ..... **3,411** ..... '16
4. **Alana Herran** ..... **3,396** ..... '16
5. Rachel Volentine ..... 3,108 ..... '91

### Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark





### Indoor Relay Records

#### Women

##### 4x400

1. 3:39.43 Chaney, Fabrizio, Wright, Lavender 2014
2. 3:39.77 Ezumah, Fabrizio, Wright, Lavender 2015
3. 3:39.93 Sandy, Hinton, Birge, Fridy 1987
4. 3:40.40 Chaney, Lavender, Ezumah, Wright 2014
5. 3:41.26 Wright, Ezumah, Lavender, Hairston 2015

##### DMR

1. 10:59.33 Gay, Smith, Harper, Garcia 2011
2. 11:14.15 Gay, Fabrizio, Harper, Garcia 2011
3. 11:19.39 Welch, Welch, Garrett, Haworth 1982
4. 11:21.19 Fabrizio, Weatherly, Gnade, Garcia 2011
5. 11:22.32 Sargent, Lavender, Fabrizio, Fouhy 2014

#### Men

##### 4x400

1. **3:11.93** **Bowman, Carrington, Kiley, Dixon** **2017**
2. 3:12.52 Hazzard, Kiley, Carrington, Bartha 2015
3. 3:12.55 Hayes, Taylor, Kugrat, Ereng 1989
4. 3:12.90 Revelle, Adderly, Pirtle, Palmer 1982
5. 3:13.12 Anding, Roller, Lee, Paschal 2009

##### DMR

1. 9:29.86 Jesien, Paschal, Roller, Taye 2009
2. 9:31.23 Kostelac, Hazzard, Burton, Gilland 2013
3. 9:32.36 Marsella, Hazzard, Kiley, King 2015
4. 9:34.38 Johnson, Anding, Kostelac, Heineking 2011
5. 9:34.78 Gilland, Anding, Roller, Kostelac 2012

### School Records for events that are not contested at current NCAA Championships

#### WOMEN

##### 55 Meters

6.82 Sonya Fridy 1986

##### 55m Hurdles

7.90 Michele Johnson 1986

##### 60 Yards

6.9h Brenda Brown 1981

##### 60y Hurdles

7.8h Susan Brownell 1982

##### 300 Meters

39.05 Jordan Lavender 2012

##### 440 Yards

54.0h Lisa Garrett 1981

##### 500 Meters

1:09.89 Sonya Fridy 1987

##### 600 Yards

1:24.67 Phyllis Buber 1985

##### 600 Meters

1:32.88 Natalia Kuhn 2013

##### 880 Yards

2:10.27 Kim Kelly 1985

##### 1,000 Meters

2:44.40 Sandy Schuler 1985

##### 1,000 Yards

2:30.43 Kim Kelly 1985

##### 1,500 Meters

4:17.24 Margaret Groos 1981

##### Two-Mile

9:52.3h Margaret Groos 1980

##### Three-Mile

15:25.25 Martha White 1982

##### 4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

#### MEN

##### 55 Meters

6.21 Bruce Randolph 1984

##### 55m Hurdles

7.33 Robert Archer 1984

##### 60 Yards

6.0h Kent Merritt 1972

##### 300 Meters

34.11 Anthony Swan 1986

##### 440 Yards

49.9h John Morris 1970

##### 500 Meters

1:02.44 Paul Ereng 1988

##### 500 Yards

1:02.79 David Revelle 1983

##### 600 Meters

1:11.99 Dwayne Brake 1983

##### 600 Yards

1:09.8h David Revelle 1983

##### 880 Yards

1:56.1h James Wood 1973

##### 1,000 Meters

2:20.57 Ray Brown 1984

##### 1,000 Yards

2:07.31 Ray Brown 1984

##### 1,500 Meters

3:45.04 John Hinton 1985

##### Two-Mile

8:40.49 Kris Herdt 1987

##### Three-Mile

13:43.03 Colin Peddie 1985

##### Pentathlon

3,915 Stephen Dunphy 1991

##### 4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010

Virginia in the National Top 50**MEN**

<b>5000m</b>	<b>Mark</b>	<b>Rank</b>
Klau	14:10.93	10
Corbett	14:17.13	20

<b>Triple Jump</b>	<b>Mark</b>	<b>Rank</b>
Scott	15.98m (52'5.25")	9

<b>Shot Put</b>	<b>Mark</b>	<b>Rank</b>
Oghenakpobo Efekoro	18.16m (59'7")	39

<b>Weight Throw</b>	<b>Mark</b>	<b>Rank</b>
Jonsson	21.37m (70'1.5")	18

<b>Distance Medley</b>	<b>Mark</b>	<b>Rank</b>
Virginia	9:48.71	14

**WOMEN**

<b>Pole Vault</b>	<b>Time</b>	<b>Rank</b>
Guy	4.10m (13'5.25")	29

<b>Triple Jump</b>	<b>Mark</b>	<b>Rank</b>
McKee	12.77m (41'10.75)	27
Barron	12.49m (40'11.75)	44

<b>Pentathlon</b>	<b>Mark</b>	<b>Rank</b>
Sullivan	3,789	39