



VIRGINIA

2018 CAVALIER TRACK & FIELD NOTES

2018 Indoor Schedule

- 1/19-20 Larry Wiecezorek Invite (Iowa City, Iowa)
1/26-27 Liberty Kickoff (Lynchburg, Va.)
2/2-3 Power 5 Invite (Ann Arbor, Mich.)
2/9-10 Tiger Paw Invitational (Clemson, S.C.)
2/9-10 David Hemery Valentine Invite (Boston, Mass.)
2/17 Alex Wilson Invitational (Notre Dame, Ind.)
2/17 UCS Invitational- Relays only (Winston Salem, N.C.)
2/22-24 ACC Championships (Clemson, S.C.)
3/9-10 NCAA Championships (College Station, Texas)

2018 Outdoor Schedule

- 3/16-17 Hurricane Invitational (Miami, Fla.)
3/30 Raleigh Relays (Raleigh, N.C.)
3/30-31 Fred Hardy Invitational (Richmond, Va.)
4/6 UVA vs. Maryland, Bucknell, Georgetown
4/20-21 VIRGINIA CHALLENGE
4/28 Virginia Grand Prix
5/10-12 ACC Championships (Coral Gable, Fla.)
5/24-26 NCAA East Prelims (Tampa, Fla.)
6/6-9 NCAA Championships (Eugene, Ore.)

Media Information

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May 24-26, 2018

Tampa, Fla. • USF Track & Field Stadium

Virginia Cavaliers

vs.

NCAA East Preliminary Rounds



This Week

- The Cavaliers qualified 25 individual student-athletes for the East Preliminary Rounds. The women's team will send 13 competitors while the men's team will send 12 to the regional meet. Mia Barron advanced in the triple jump and long jump and Nace Plesko advanced in the shot put and discus as the only two UVA athletes to compete in multiple events.
- Bridget Guy is seeded second in the pole vault. She won the ACC title after clearing 4.45m (14'7.25") at the conference meet. Her career-best performance of 4.46m (14'7.5") from the Virginia Challenge set a school, meet and Lannigan Field record.
- Mike Marsella leads the men's team, ranking fourth in the region in the 1500m. Hilmar Jonsson ranks ninth in the hammer throw after capturing his third ACC championship in the event.
- Three Cavaliers will compete in the men's 10000m. Lachlan Cook holds UVA's top time, entering as the 11th seed with a time of 29:16.32 from the Virginia Challenge. Chase Weaverling ranks 20th with a time of 29:28.92 and Alex Corbett is seeded 39th with a time of 29:50.12.
- The men's team also qualified the 4x400m relay team. The team is seed 19th with a time of 3:08.34.

NOTABLE

- Guy was named ACC Field Performer of the Week twice. She won the pole vault at the Virginia Challenge, setting a Lannigan Field, Virginia Challenge and UVA school record in the event. Her performance of 4.46m (14-7.5) ranks fourth in the NCAA. She was named the field performer of the week for the opening weekend of the outdoor season after topping the pole vault at the Hurricane Invitational.

THE 2017 OUTDOOR SEASON

- The men's team finished third at the NCAA Championships last season, scoring 36 points from the throwing unit. The Cavaliers recorded the best finish from an ACC school since FSU placed second in 2011. Six student-athletes earned All-America honors with four returning to competition this year. Efekoro finished third in the shot put and Hilmar Jonsson finished fourth in the hammer. Jack Lint and Scott earned honorable mentions in the decathlon and triple jump, respectively.

Virginia Coaching Staff

Bryan Fetzer	Director of Track and Field/Cross Country
Todd Morgan	Assistant Coach - Women's Distance
Pete Watson	Assistant Coach - Men's Distance
Mario Wilson	Assistant Coach - Horizontal Jumps/ Decathlon
Martin Maric	Assistant Coach - Throws
Michelle Freeman	Assistant Coach - Sprints and Hurdles

Meet Schedule of Probable UVA Entries

Thursday - May 24

8:45a M-Hammer
9:30a M-Pole Vault
1:00p W-400m Hurdles
1:30p M-1500m
3:20p M-400m
3:45p W-400m
5:30p W-Shot Put
6:30p W-Long Jump
9:00p M-10000m
9:40p W-10000m

UVA Entries

Jonsson
 Young
 Herran, Knight
 Marsella
 Shirley
 Jefferson
 Jones
 Barron, Caldwell
 Cook, Corbett, Weaverling
 Mulhern

Friday- May 25

8:45a M-Discus
9:30a W-Pole Vault
1:00p W-100m Hurdles
1:15p W-Discus
1:30p M-400m
1:45p W-400m
3:15p W-400m Hurdles
8:00p M-3000m Steeplechase

Plesko
 Freix, Guy
 Leonard, Woodley
 Green
 Shirley
 Jefferson
 Herran, Knight
 Novak

Saturday- May 26

12:30p W-Triple Jump
1:00p M-1500m
1:50p W-100m Hurdles
3:30p M-Triple Jump
3:55p M-4x400m relay
5:30p M-Shot Put
8:05p M-5000m

Barron, McKee
 Marsella
 Leonard, Woodley
 Scott
 Virginia
 Efekoro, Plesko
 Klau

All times Eastern

Pronunciation Guide

Anthony Bouselli	Boo-sell-ee
Brent Demarest	demmm-are-ist
Oghenakpobo Efekoro	po-bo eff-a-core-oh
Nathan Kiley	ky-lee
JT Graass	grass
Willem Geuskens	Will-m goo-skins
Nace Plesko	Nawt-say plesh-koe
Noah Toney	Tony
Conal Wilson	con-ell
Mia Barron	my-ah
Jill Bracaglia	Brack-a-gill-ia
Kate Eiselt	eye-silt
Katie Freix	fricks
Raeann Giannattasio	Jan-an sta-ci-o
Caitlin Mautz	motts
Megan Rebholz	reb-holes

Men's Top Outdoor 2018 Performances and Personal Bests

100 METERS	2018	Out-PR
Jackson	11.16	11.16

200 METERS	2018	Out-PR
Willis	21.70	21.70
Shirley	21.78	21.78
Outlaw	21.79	21.79
Dixon	21.92	21.69
Lint	22.80	22.80

400 METERS	2018	Out-PR
Shirley	46.34	46.34
Willis	47.11	47.11
Outlaw	47.57	47.57
Dixon	49.03	48.06
Lint	49.84	49.64

800 METERS	2018	Out-PR
Marsella	1:51.23	1:49.53
Toney	1:56.88	1:56.88
Graass	1:58.58	1:58.58

1,500 METERS	2018	Out-PR
Marsella	3:42.10	3:41.35
Novak	3:45.72	3:45.35
Hagen	3:46.90	3:46.90
Dodds	3:50.37	3:50.37
Neish	3:54.22	3:54.22
Klau	3:56.94	3:56.94
Cook	3:58.41	3:47.53
Graass	3:58.86	3:58.86
Pace	4:00.13	4:00.13
Amabile	4:00.45	4:00.45
Weaverling	4:03.41	4:03.41

5,000 METERS	2018	Out-PR
Klau	13:57.63	13:57.63
Marsella	14:04.21	14:04.21
Cook	14:14.42	13:58.01
Pace	14:42.09	14:42.09
Novak	14:42.68	14:19.05
Amabile	14:54.96	14:54.96
Teller	15:16.44	15:16.44

10,000 METERS	2018	Out-PR
Cook	29:16.32	29:16.32
Weaverling	29:28.92	29:29.90
Corbett	29:50.12	29:45.51
Pace	30:18.86	30:18.86
Klau	30:23.52	30:10.82
Teller	31:33.44	31:33.44

110m HURDLES	2018	Out-PR
Jackson	14.39	14.39
Lint	14.88	14.63
Claiborne	16.16	15.51

400m HURDLES	2018	Out-PR
Shirley	51.30	51.30
Lint	53.34	53.08

3,000m STEEPLECHASE	2018	Out-PR
Novak	9:00.15	9:00.15
Neish	9:11.68	9:11.68
Amabile	9:51.67	9:51.67

HIGH JUMP	2018	Out-PR
Geuskens	1.89m	1.89m
	6'2.25"	6'2.25"

POLE VAULT	2018	Out-PR
Young	5.20m	5.20m
	17'0.75"	17'0.75"
Geuskens	4.31m	4.31m
	14'1.75"	14'1.75"

LONG JUMP	2018	Out-PR
Scott	7.70m (w)	7.57m
	25'3.25"	24'10"

TRIPLE JUMP	2018	Out-PR
Scott	15.64m	16.44m
	51'3.75"	53'11.25"

SHOT PUT	2018	Out-PR
Efekoro	19.14m	20.39m
	62'9.5"	66'10.75"
Plesko	18.26m	18.30m
	59'11"	61'0.5"
Williams	16.90m	16.90m
	55'5.5"	55'5.5"
Geuskens	14.48m	14.48m
	47'6.25"	47'6.25"

DISCUS	2018	Out-PR
Plesko	55.19m	55.19m
	181'1"	181'1"
Efekoro	50.53m	51.19m
	165'9"	167'11"
Williams	50.37m	52.04m
	165'3"	170'9"
Bouselli	47.12m	47.12m
	154'7"	154'7"

HAMMER	2018	Out-PR
Jonsson	71.60m	72.38
	234'11"	237'5.5"

JAVELIN	2018	Out-PR
Rizzi	61.46m	68.25m
	201'8"	223'11"
Bouselli	59.61m	60.89m
	195'7"	199'9"
Plesko	49.04m	49.04m
	160'11"	160'11"
Geuskens	44.69m	44.69m
	146'7"	146'7"

4x100 Relay	2018
Lint, Willis	41.97
Jackson, Dixon	

4x400 Relay	2018
Willis, Shirley,	3:08.34
Outlaw, Lint	

Women's Top Outdoor 2018 Performances and Personal Bests

100 METERS	2018	Out-PR
Jefferson	11.81	11.81
Hazzard	11.86	11.86
Hairston	12.28	12.04
Leonard	12.63	12.63

200 METERS	2018	Out-PR
Jefferson	23.94	23.94
Hazzard	24.21	24.21
Woodley	24.63	24.63
Hairston	24.66	24.52
Leonard	25.40	25.40
Sullivan	25.45	25.17

400 METERS	2018	Out-PR
Jefferson	52.39	52.39
Knight	54.83	54.83
Hairston	57.11	57.11
Herran	57.71	57.71

800 METERS	2018	Out-PR
Call	2:12.28	2:12.28
Lansing	2:15.00	2:15.00
Sullivan	2:16.93	2:14.15

1,500 METERS	2018	Out-PR
Call	4:28.61	4:28.61
Bothwell	4:40.50	4:40.50
Mulhern	4:42.49	4:32.46
Martingayle	4:43.85	4:43.85
Karas	4:45.43	4:45.43
Sargent	4:54.90	4:54.90
Davidson	4:58.04	4:58.04

5,000 METERS	2018	Out-PR
Mulhern	17:03.46	16:28.18
Karas	17:22.65	17:22.65
Moran	17:30.92	17:30.92
Rebholz	---	16:31.44
Mackenzie	---	17:29.79

10,000 METERS	2018	Out-PR
Mulhern	34:35.46	35:35.46
Rebholz	---	35:43.90

100m HURDLES	2018	Out-PR
Woodley	13.31	13.31
Leonard	13.35	13.35
Knight	14.05	13.35
Sullivan	14.25	14.25

400m HURDLES	2018	Out-PR
Knight	57.95	57.80
Herran	58.03	58.03
Sullivan	1:00.99	1:00.34

3,000m STEEPLECHASE	2018	Out-PR
Bothwell	10:55.59	10:55.59

HIGH JUMP	2018	Out-PR
Feyerabend	1.68m	1.71m
	5'5"	5'7.25"
Hayes	1.65m	1.65m
	5'5"	5'5"
Sullivan	1.64m	1.64m
	5'4.5"	5'4.5"
Freix	1.58m	1.58m
	5'2.25"	5'2.25"

POLE VAULT	2018	Out-PR
Guy	4.46m	4.46m
	14'7.5"	14'7.5"
Freix	4.01m	4.01m
	12'10"	12'10"
Masloff	3.36m	3.36m
	11'0.25"	11'0.25"

LONG JUMP	2018	Out-PR
Barron	6.15m (w)	6.22m
	20'2.25"	20'4.75"
Caldwell	6.12m	6.12m
	20'1"	20'1"
McKee	6.12m	6.12m
	20'1"	20'1"
Sullivan	5.82m	5.82m
	19'1.25"	19'1.25"

TRIPLE JUMP	2018	Out-PR
McKee	13.28m (w)	13.25m
	43'7"	43'5.75"
Barron	12.96m	12.965m
	42'6.25"	42'6.25"

SHOT PUT	2018	Out-PR
Jones	15.69m	15.69m
	51'5.75"	51'5.75"
Green	12.40m	12.61m
	40'8.25"	41'4.25"
Sullivan	9.84m	10.52m
	32'3.5"	34'6"

DISCUS	2018	Out-PR
Green	50.24m	50.24m
	164'10"	164'10"
Jones	45.04m	45.04m
	147'9"	147'9"

HAMMER	2018	Out-PR
Baker	57.07m	57.07m
	187'3"	187'3"
Jones	53.80m	53.80m
	176'6"	176'6"

JAVELIN	2018	Out-PR
Mautz	47.99m	48.66m
	157'5"	159'7.75"
Geller	41.21m	41.21m
	135'2"	135'2"
Sullivan	34.76m	34.76m
	114'0"	114'0"
Hayes	19.12m	19.12m
	62'9"	62'9"

HEPTATHLON	2018	Out-PR
Sullivan	5,218	5,317

4x100 Relay	2018
Leonard, Jefferson	45.90
Woodley, Hairston	

4x400 Relay	2018
Knight, Herran	3:40.02
Hairston, Jefferson	

Men's Outdoor Top 10 List

100 METERS

1. Gerald Howard	10.42	'95
2. Reuben Jones	10.45	'08
3. Shay Clark	10.50	'02
4. Edwin Brown	10.52	'85
5. Scott Kimball	10.53	'03
6. Bruce Randolph	10.69	'84
7. Jarrett Hagwood	10.72	'02
8. Mauri Anderson	10.74	'80
9. Orren Prunty	10.84	'02
Ben Jullien	10.84	'96

200 METERS

1. Gerald Howard	20.79	'95
2. Ben Sarpong	20.87	'95
3. Edwin Brown	20.90	'85
4. Reuben Jones	21.16	'08
5. Kellen Blassingame	21.24	'05
6. Payton Hazzard	21.27	'15
7. Conlon Bonner	21.28	'08
8. Scott Kimball	21.31	'02
9. Eric Adderly	21.32	'82
10. Rauh Turner	21.39	'98

400 METERS

1. Payton Hazzard	45.88	'15
2. Kellen Blassingame	46.02	'05
3. Alfred Shirley	46.34	'18
4. Meikle Paschal	46.61	'08
5. Kevin Anding	46.84	'10
6. Jim Bruce	46.94	'79
7. Nathan Kiley	46.95	'17
8. Ben Kurgat	46.96	'88
9. Jason Young	47.07	'04
10. Jake Dixon	47.11	'18

800 METERS

1. Paul Ereng	1:43.16	'89
2. Robby Andrews	1:44.71	'11
3. Lance Roller	1:46.11	'10
4. Ray Brown	1:46.74	'83
5. Ben Kurgat	1:47.32	'90
6. John Hinton	1:47.33	'84
7. Greg Canty	1:47.44	'80
8. Anthony Kostelac	1:48.96	'12
9. Vince Draddy	1:49.05	'81
10. Nathan Kiley	1:49.31	'16

1,500 METERS

1. Henry Wynne	3:38.05	'16
2. John Hinton	3:40.24	'83
3. Vince Draddy	3:40.44	'81
4. Robby Andrews	3:40.77	'11
5. Mike Marsella	3:41.35	'15
6. Patrick Todd	3:41.51	'12
7. Andrew Jesien	3:41.78	'09
8. Ray Weeden	3:43.65	'99
9. Kyle King	3:44.25	'13
10. Brett Johnson	3:44.44	'11

5,000 METERS

1. Kris Herdt	13:37.44	'87
2. Henry Wynne	13:43.53	'17
3. Sean Keveren	13:48.34	'12
4. Zach Herriott	13:53.47	'17
5. Jim Hays	13:55.2h	'85
6. Kyle King	13:55.60	'12
7. Ryan Collins	13:55.94	'09
8. Mike Cotton	13:56.44	'81
9. Ari Klau	13:57.63	'18
10. Lachlan Cook	13:58.01	'17

10,000 METERS

1. Zach Herriott	28:44.22	'17
2. Mike Cotton	28:55.34	'81
3. Andrew Dumm	28:59.25	'07
4. Brent Demarest	29:07.78	'17
5. Adam Visokay	29:11.13	'15
6. Trey Miller	29:14.21	'10
7. Lachlan Cook	29:16.32	'18
8. Ryan Foster	29:16.79	'06
9. Chase Weaverling	29:28.92	'18
10. Sean Keveren	29:31.86	'12

110m HURDLES

1. Adams Abdulrazaaq	13.66	'11
2. Barry Word	13.88	'84
3. George Johnson	13.91	'82
4. Jarrett Hagwood	14.13	'02
5. Kevin Williams	14.14	'79
6. Rob Archer	14.16	'84
7. Ronde Barber	14.22	'94
8. DreQuan Hoskey	14.23	'14
9. Mike Abidin	14.27	'82
10. Isi Azeke	14.31	'05

400m HURDLES

1. Steve Delice	50.02	'10
2. Karl Williams	50.34	'79
3. Rob Archer	50.80	'84
4. Bruce Berry	51.09	'85
5. Alfred Shirley	51.30	'18
6. Kevin Williams	51.54	'79
7. Adams Abdulrazaaq	51.79	'08
8. George Johnson	51.98	'81
9. Dave Revelle	52.05	'84
10. Bob Wilks	52.21	'84

3000m STEEPLECHASE

1. Jan Foerster	8:34.78	'07
2. Rob Cook	8:39.36	'94
3. Kyle King	8:39.72	'15
4. Steve Finley	8:40.56	'10
5. Adam Visokay	8:43.60	'15
6. Mike Cotton	8:44.44	'81
7. Will Gray	8:45.82	'16
8. Soeren Linder	8:51.89	'05
9. Tim Lloyd	8:53.84	'80
10. John Hinton	8:55.14	'84

HIGH JUMP

1. Herman Moore	2.19m (7' 2.25")	'88
Greg Byers	2.19m (7' 2.25")	'82
3. Greg Nelson	2.10m (6' 10.75")	'10
Chris Clementson	2.10m (6' 10.75")	'02
Mike Riso	2.10m (6' 10.75")	'02
Bob Lund	2.10m (6' 10.75")	'91
7. Cordell Green	2.09m (6' 10.25")	'95
8. Wes Dungan	2.08m (6' 9.75")	'94
9. Tommy DeVita	2.07m (6' 9.5")	'13
10. Arthur Gennari	2.05m (6' 8.75")	'10

POLE VAULT

1. David Sullivan	5.35m (17' 6.75")	'05
2. Brian Shafer	5.20m (17' 0.75")	'93
Sam Young	5.20m (17' 0.75")	'18
3. Jeff Jernigan	5.15m (16' 10.75")	'17
5. Tom Cooke	5.05m (16' 6.75")	'95
6. Jeff McClurg	4.95m (16' 2.75")	'07
7. David Lewis	4.89m (16' 0.75")	'06
8. David Hood	4.88m (16' 0.0")	'88
9. Mike Hood	4.85m (15' 11.0")	'91
Greg Blair	4.85m (15' 11.0")	'04

LONG JUMP

1. Greg Byers	7.70m (25' 3.25")	'82
2. Mike Harvey	7.67m (25' 2")	'69
3. Jordan Scott	7.57m (24' 10")	'18
4. Wes Dungan	7.48m (24' 6.5")	'94
Tiki Barber	7.48m (24' 6.5")	'95
6. Keith Witherspoon	7.45m (24' 5.25")	'76
7. Bruce Randolph	7.43m (24' 4.5")	'84
8. Dion Woolfolk	7.41m (24' 3.75")	'96
9. Stephen Dunphy	7.39m (24' 3")	'94
Jarrett Hagwood	7.39m (24' 3")	'02

TRIPLE JUMP

1. Marcus Robinson	16.46m (54' 0")	'12
2. Jordan Scott	16.44m (53' 11.25")	'17
3. Keith Witherspoon	16.27m (53' 4.50")	'76
4. Ryan Satchell	15.98m (52' 5.25")	'14
5. Chike Chukwolie	15.94m (52' 3.75")	'90
6. Aaron Worrell	15.72m (51' 7")	'17
7. Greg Byers	15.56m (51' 0.75")	'84
8. Cornell Grayson	15.55m (51' 0.50")	'90
9. Donald Scott	15.43m (50' 7.50")	'94
10. Mike Mosley	15.25m (50' 0.5")	'85

SHOT PUT

1. Filip Mihaljevic	21.30m (69' 10.75")	'17
2. Oghenakpobo Efeboro	20.39m (66' 10.75")	'17
3. Jordan Young	19.80m (64' 11.5")	'15
4. Nick Vena	19.51m (64' 0.25")	'12
5. Yemi Ayeni	18.23m (59' 9.75")	'09
6. Nace Plesko	18.30m (61' 0.05")	'17
7. Kevin Latham	18.08m (59' 2.5")	'85
8. Mike Murphy	17.15m (56' 3.25")	'93
9. Thom McKinney	17.06m (55' 11.75")	'91
10. James Williams	16.90m (55' 5.5")	'18

DISCUS

1. Filip Mihaljevic	63.76m (209' 2")	'17
2. Jordan Young	62.27m (204' 3")	'15
3. Yemi Ayeni	61.11m (200' 6")	'07
4. Larry Wilson	57.91m (190' 0")	'99
5. Kevin Latham	56.71m (186' 1")	'85
6. Phil Vincenzes	55.98m (183' 8")	'82
7. Nace Plesko	55.19m (181' 1")	'18
8. Nick Vena	54.84m (179' 11")	'12
9. Mike Murphy	52.78m (173' 2")	'93
10. Tim Bilmanis	52.57m (172' 6")	'01

HAMMER THROW

1. Hilmar Jonsson	72.38m (237' 6")	'17
2. Jordan Young	70.73m (232' 1")	'15
3. Vincenzo Chiariello	64.29m (210' 11")	'12
4. Bill Johnston	58.19m (190' 11")	'01
5. Robert Guider	55.67m (182' 8")	'10
6. James Fuson	55.53m (182' 2")	'12
7. Phil Vincenzes	53.23m (174' 8")	'79
8. Walker Anderson	52.68m (172' 10")	'04
9. James Williams	51.22m (168' 0")	'16
10. Thom McKinney	46.99m (154' 2")	'90

JAVELIN

1. Andy Fahringer	75.19m (246' 8")	'12
2. Brian Kollar	74.22m (243' 6")	'01
3. John Welch	72.19m (236' 10")	'02
4. Steve Kiessling	69.67m (228' 7")	'92
5. Kyle Smith	69.43m (227' 9")	'15
6. James Murdock	63.93m (209' 9")	'02
7. Stephen Dunphy	61.62m (202' 2")	'94
8. Tucker Rizzi	61.46m (201' 8")	'18
9. Anthony Bouselli	60.89m (199' 9")	'16
10. Greg Trzcinski	56.96m (186' 10")	'97

DECATHLON

1. Stephen Dunphy	7,920	'92
2. Willy Pirtle	7,676	'82
3. John Bryan	7,666	'81
4. Jack Lint	7,478	'17
5. David Lewis	7,105	'08
6. Christian Lavorgna	7,064	'16
7. Cam Collins	7,004	'16
8. Bill Smith	6,863	'83
9. Sean Sullivan	6,847	'96
10. John Anderson	6,814	'95



Men's Outdoor Freshman Records

100 METERS

1. Gerald Howard 10.46 '93
2. Jason Dickerson 10.50 '77
3. Reuben Jones 10.65 '05
4. Edwin Brown 10.76 '81
5. Ben Julien 10.84 '96

200 METERS

1. Gerald Howard 20.90 '93
2. Conlon Bonner 21.28 '08
- 3. Jordan Willis 21.70 '18**
4. Scott Kimball 21.78 '00
- 5. Alfred Shirley 21.78 '18**

400 METERS

- 1. Alfred Shirley 46.34 '18**
2. Meikle Paschal..... 46.61 '08
3. Ben Kurgat 46.96 '88
4. Payton Hazzard..... 47.29..... '12
- 5. Jordan Willis 47.11 '18**

800 METERS

1. Paul Ereng 1:44.31 '88
2. Robby Andrews 1:45.54 '10
3. Lance Roller 1:47.88 '09
4. Anthony Kostelac..... 1:49.02 '11
5. Ben Kurgat 1:49.28 '88

1,500 METERS

1. Robby Andrews 3:41.09 '10
2. Matthew Novak 3:45.35 '16
3. John Hinton 3:46.10 '82
4. Henry Wynne..... 3:46.48 '14
5. Alex Tatu 3:46.63 '04

5,000 METERS

1. Kyle King..... 13:55.60..... '12
- 2. Lachlan Cook..... 13:58.01 '17**
3. Andy Biladeau 14:06.73 '06
4. Emil Heineking 14:11.40 '08
5. Ryan Collins 14:12.85 '08

10,000 METERS

1. Adam Visokay 29:14.50 '14
- 2. Lachlan Cook 29:18.20 '17**
- 3. Brent Demarest..... 29:32.72 '15**
- 4. Chase Weaverling . 29:39.30..... '15**
5. Zach Herriott 29:45.35..... '14

110m HURDLES

1. Kevin Williams 14.14 '77
2. Adams Abdulrazaq 14.19 '08
3. Ronde Barber 14.22 '94
4. Mike Abidin 14.27 '82
5. Jarrett Hagwood 14.34 '02

400m HURDLES

- 1. Alfred Shirley 51.30 '18**
2. Karl Williams 51.77 '77
3. Adams Abdulrazaq 51.79 '08
4. Greg Nelson 52.43 '08
5. Devin Brewer 52.52..... '12

3,000m STEEPLECHASE

1. John Hinton 8:58.21 '82
2. Colin Mearns..... 9:03:92 '11
3. Jim Hays 9:10.69 '82
4. Mike Cotton 9:27.88 '78
5. Andrew Filachek 9:32.77 '00

HIGH JUMP

1. Herman Moore 2.20m (7' 2.5")..... '88
2. Greg Byers 2.17m (7' 1.25") '81
3. Mike Riso 2.10m (6' 10.75")... '02
4. Tommy Devita 2.04m (6' 8.25") '11
5. Greg Nelson 2.01m (6' 7") '08

POLE VAULT

- 1. Sam Young 5.09m (16' 8.25")... '17**
2. Brain Shafer 5.05m (16' 6.75")... '90
3. David Sullivan 4.90m (16' 0.75")... '03
4. Jake Williams 4.88m (16' 0")..... '01
5. Greg Blair 4.82m (15' 9.75")... '03

LONG JUMP

- 1. Jordan Scott..... 7.54m (24' 9")..... '17**
2. Greg Byers 7.33m (24' 0.5") '81
3. Stephen Dunphy 7.30m (23' 11.5")... '90
4. Marcus Robinson 7.25m (23' 9.25")... '08
5. Marion Mason 7.24m (23' 9")..... '98
Aaron Worrell..... 7.24m (23' 9")..... '15

TRIPLE JUMP

- 1. Jordan Scott.....16.44m (53'11.25") '17**
2. Keith Witherspoon .. 15.96m (52' 4.5")... '72
3. Greg Byers 15.29m (50' 2") '81
4. Ryan Satchell 15.25m (50' 0.5")... '12
5. Marcus Robinson 14.91m (48' 11")... '08

SHOT PUT

1. Filip Mihaljevic..... 19.56m (64' 2.25") .. '14
- 2. Oghenekpobo Efeoro 19.53m (64' 1") '16**
3. Nick Vena..... 19.51m (64' 0.25") '12
4. Mike Theuerkauf 15.90m (52' 2") '89
- 5. James Williams..... 15.89m (52'1.75")... '15**

DISCUS

1. Filip Mihaljevic..... 60.41m (198' 2").... '14
2. Larry Wilson 55.45m (181' 11") . '96
3. Nick Vena 54.84m (179' 11") . '12
4. Yemi Ayeni 54.18m (177' 9").... '06
5. Phil Vincenzes 52.53m (172' 4").... '77

HAMMERTHROW

- 1. Hilmar Jonsson 71.52m (234' 8") '16**
2. Bill Johnston 57.89m (189' 11") . '00
3. Robert Guider..... 55.68m (182' 8").... '10
4. Vincenzo Chiariello ..52.37m (171' 10")... '09
5. Walker Anderson 50.57m (165' 11") . '03

JAVELIN

1. Brian Kollar 68.53m (224' 10") . '99
2. Steve Kessler 68.25m (223' 11") . '90
- 3. Anthony Bouselli .. 58.96m (193' 5") '15**
4. James Murdock 57.79m (189' 7").... '99
5. John Brian 49.66m (162' 11") . '78

DECATHLON

- 1. Jack Lint..... 7,179..... '15**
2. Sean Sullivan 6,847 '96
3. Stephen Dunphy..... 6,711 '90
4. John Brian 6,626 '78
5. Cam Collins..... 6,485..... '15

Women's Outdoor Top 10 List

100 METERS

1. Sonja Fridy.....	11.36	'87
2. Kiamesha Otey.....	11.43	'01
3. Kelly Miller.....	11.48	'99
4. Pam Lemons.....	11.57	'93
5. Tori McKenzie.....	11.63	'17
6. Brenda Brown.....	11.64	'84
7. Peyton Chaney.....	11.71	'14
8. Julie Sandy.....	11.74	'89
9. Valentia Alleyne.....	11.75	'94
10. Talia Wise.....	11.80	'08

200 METERS

1. Sonja Fridy.....	23.17	'87
2. Jordan Lavender.....	23.42	'14
3. Kiamesha Otey.....	23.46	'03
4. Peyton Chaney.....	23.50	'16
5. Kelly Miller.....	23.61	'99
6. Janne'a Bridgeford.....	23.69	'08
7. Pam Lemons.....	23.83	'93
8. Talia Wise.....	23.86	'08
9. Julie Sandy.....	23.87	'89
10. Brenda Brown.....	23.94	'81
Anna Jefferson.....	23.94	'18

400 METERS

1. Sonja Fridy.....	51.93	'87
2. Anna Jefferson.....	52.39	'18
3. Jordan Lavender.....	52.48	'14
4. Lisa Garrett.....	52.64	'83
5. Carielle Doe.....	53.22	'03
6. Angela Lee.....	54.05	'98
7. Michelle Samuels.....	54.59	'92
8. Andrea Wright.....	54.80	'14
9. Talia Wise.....	54.81	'08
10. Andrenette Knight.....	54.83	'18

800 METERS

1. Gail Bryant.....	2:04.21	'85
2. Vanessa Fabrizio.....	2:04.77	'14
3. Kim Kelly.....	2:05.23	'84
4. Vicky Fouhy.....	2:05.55	'13
5. Lyndsay Harper.....	2:05.84	'11
6. Jill Haworth.....	2:06.31	'82
7. Phyllis Buber.....	2:06.96	'86
8. Linda Nicholson.....	2:07.54	'80
9. Kim Liggins.....	2:08.24	'92
10. Morgane Gay.....	2:08.29	'09

1,500 METERS

1. Morgane Gay.....	4:13.20	'12
2. Vicky Fouhy.....	4:14.51	'13
3. Michelle Rowen.....	4:15.37	'87
4. Jill Haworth.....	4:16.06	'83
5. Lesley Welch.....	4:16.54	'82
6. Margaret Groos.....	4:16.74	'81
7. Lisa Welch.....	4:17.74	'82
8. Claire Forbes.....	4:18.58	'90
9. Stephanie Garcia.....	4:18.30	'11
10. Iona Lake.....	4:21.30	'15

5,000 METERS

1. Margaret Groos.....	15:51.24	'80
2. Patty Matava.....	15:56.41	'86
3. Catherine White.....	16:04.58	'12
4. Barbara Strehler.....	16:07.70	'13
5. Cleo Boyd.....	16:09.23	'16
6. Chelsea Ley.....	16:12.62	'12
7. Maria Hauger.....	16:14.18	'14
8. Iona Lake.....	16:15.93	'15
9. Sarah Fakler.....	16:18.59	'15
10. Lesley Welch.....	16:21.60	'82

10,000 METERS

1. Patty Matava.....	32:58.64	'87
2. Catherine White.....	33:07.36	'13
3. Aileen O'Connor.....	33:28.20	'81
4. Emily Harrison.....	33:40.34	'08
5. Martha White.....	33:40.50	'83
6. Kara Scanlin.....	33:53.32	'07
7. Katie Read.....	33:54.92	'07
8. Jane Maxwell.....	33:55.98	'03
9. Anna Corrigan.....	33:58.46	'11
10. Jen Flack.....	34:14.12	'14

100m HURDLES

1. Alexis Woodley.....	13.31	'18
2. Ciara Leonard.....	13.35	'18
3. Ayla Smith.....	13.51	'09
4. Lauren Echko.....	13.72	'08
5. Heather Smith.....	13.76	'16
6. Chidi Uche.....	13.77	'10
7. Rebecca Grube.....	13.81	'97
8. Alana Herran.....	13.86	'14
9. Michelle Johnson.....	13.90	'86
10. Kimberlee Turko.....	13.93	'98

400m HURDLES

1. Ayla Smith.....	56.54	'11
2. Erin Crawford.....	56.87	'06
3. Angela Lee.....	57.11	'97
4. Aisha Naibe-Wey.....	57.84	'16
5. Andrenette Knight.....	57.95	'18
6. Alana Herran.....	58.03	'18
7. Heather Smith.....	58.17	'16
8. Vivian Scruggs.....	58.54	'81
9. Natalie Randolph.....	58.98	'03
10. Angela Griffith.....	59.05	'91

3000m STEEPLECHASE

1. Stephanie Garcia.....	9:47.29	'11
2. Dawn Cleary.....	9:59.30	'03
3. Iona Lake.....	10:01.58	'15
4. Melanie Matthews.....	10:13.31	'02
5. Vicky Fouhy.....	10:20.63	'14
6. Sara Sargent.....	10:20.64	'15
7. Janine Ricci.....	10:24.65	'05
8. Samantha Stafford.....	10:36.02	'09
9. Kendall Cowne.....	10:39.82	'15
10. Rosemary Barber.....	10:51.59	'11

HIGH JUMP

1. Ann Bair.....	1.88m (6'2")	'83
2. Sherry Gould.....	1.86m (6'1.25")	'93
3. Pearl Bickersteth.....	1.83m (6'0")	'12
Moira Cronin.....	1.83m (6'0")	'13
5. Robin Landes.....	1.81m (5'11.25")	'88
6. Rachel Marks.....	1.79m (5'10.75")	'06
7. Meggie Schuelke.....	1.76m (5'9.25")	'04
Emily Kianka.....	1.76m (5'9.25")	'12
9. Karen DiDonato.....	1.75m (5'9.0")	'91
10. Kate Doyle.....	1.74m (5'8.75")	'90

POLE VAULT

1. Bridget Guy.....	4.46m (14'7.5")	'18
2. Katie Freix.....	4.01m (13'1.75")	'18
3. Theresa Demaria.....	3.93m (12'10.75")	'17
4. Vika Osipenko.....	3.81m (12'6")	'03
5. Sarah DeVita.....	3.71m (12'2")	'15
6. Katie Darraugh.....	3.69m (12'1.5")	'09
7. Kathryn Pettine.....	3.65m (11'11.75")	'05
8. Annica White.....	3.51m (11'6.5")	'01
9. Lauren Taggart.....	3.49m (11'5.75")	'03
Alicia LaRoche.....	3.49m (11'5.75")	'04

TRIPLE JUMP

1. Tomika Ferguson.....	13.21m (43'4.25")	'07
2. Kelly McKee.....	13.25m (43'7.25")	'18
3. Dallas Rose.....	13.20m (43'3.75")	'14
4. Dana Boone.....	13.05m (42'9.75")	'91
5. Mia Barron.....	12.96m (42'6.25")	'18
6. Naccolle Guinn.....	12.71m (41'8.50")	'01
7. Jessica Caldwell.....	12.50m (41'0.25")	'14
8. Nicole Kimbrough.....	12.49m (40'11.75")	'95
Atalaya Jones.....	12.49m (40'11.75")	'93
10. Curtrell Frye.....	12.48m (40'11.50")	'02

LONG JUMP

1. Dana Boone.....	6.65m (21'9.75")	'90
2. Kiamesha Otey.....	6.54m (21'5.50")	'02
3. Sonja Fridy.....	6.42m (21'0.75")	'86
4. Nicole Kimbrough.....	6.39m (20'11.50")	'95
5. Kelly Miller.....	6.33m (20'9.25")	'96
Tomika Ferguson.....	6.33m (20'9.25")	'06
7. Edy Ndem.....	6.28m (20'7.25")	'14
8. Mia Barron.....	6.22m (20'5")	'16
9. Rebecca Grube.....	6.15m (20'2.25")	'94
10. Pam Lemons.....	6.12m (20'1")	'92
Beth Sheehan.....	6.12m (20'1")	'85
Khyasia Caldwell.....	6.12m (20'1")	'18
Kelly McKee.....	6.12m (20'1")	'18

SHOT PUT

1. Christine Bohan.....	16.87m (55'4.25")	'16
2. Eliese Mitchell.....	16.16m (53'0.25")	'03
3. Billie-Jo Grant.....	15.77m (51'9")	'06
4. Brittany Jones.....	15.69m (51'5.75")	'18
5. Maureen Laffan.....	15.34m (50'4")	'10
6. Emily Vannoy.....	15.30m (50'2.5")	'10
7. Alexa Manning.....	14.97m (49'1.5")	'08
8. Kelly Bodiford.....	14.83m (48'8")	'91
9. Amy Brown.....	14.25m (46'9")	'99
10. Lauren Connelly.....	14.12m (46'4")	'96

DISCUS

1. Billie-Jo Grant.....	56.06m (183'11")	'08
2. Kelly Bodiford.....	54.08m (177'5")	'93
3. Erin Wykoff.....	53.78m (176'5")	'12
4. Caitlin Kelly.....	52.37m (171'10")	'09
5. Eliese Mitchell.....	52.17m (171'2")	'02
6. Julia Solo.....	52.04m (170'9")	'86
7. Christine Bohan.....	50.79m (166'8")	'17
8. Carter Green.....	50.24m (164'10")	'18
9. Amy Bilmanis.....	49.99m (164'0")	'06
10. Amy Brown.....	49.89m (163'8")	'99

HAMMER THROW

1. Maureen Laffan.....	59.91m (196'6")	'12
2. Jade Baker.....	57.07m (187'3")	'18
3. Eliese Mitchell.....	56.95m (186'10")	'03
4. Brittany Jones.....	53.80m (176'6")	'18
5. Erin Wykoff.....	53.45m (175'4")	'12
6. Lauren Connelly.....	51.31m (168'4")	'96
7. Inhar Chong.....	50.29m (165'0")	'00
8. Alexa Manning.....	50.17m (164'7")	'08
9. Ann Crouse.....	49.89m (163'8")	'99
10. Logan Clements.....	49.67m (162'11")	'14

JAVELIN

1. Ann Crouse.....	57.38m (188'3")	'99
2. Inge Jorgenson.....	54.23m (177'11")	'05
3. Meghan Briggs.....	52.65m (172'9")	'09
4. Abbey Karin.....	52.60m (172'7")	'13
5. Marija Bogavac.....	48.96m (160'7")	'17
6. Caitlin Mautz.....	48.66m (159'8")	'17
7. Christine Bohan.....	48.03m (157'7")	'17
8. Annie Bobiak.....	46.89m (153'10")	'05
9. Tara Karin.....	46.33m (152'0")	'10
10. Kristen Buck.....	42.47m (139'4")	'94

HEPTATHLON

1. Rebecca Grube.....	5,512	'94
2. Susan Brownell.....	5,458	'82
3. Beth Sheehan.....	5,407	'86
4. Ann Bair.....	5,387	'83
5. Holly Sullivan.....	5,317	'17
6. Sherry Gould.....	5,166	'93
7. Angela Griffith.....	4,967	'98
8. Suzanne Sweeney.....	4,915	'97
9. Katie Kiladis.....	4,855	'97
10. Bianca DeBartolo.....	4,854	'07



Women's Outdoor Freshman Records

100 METERS

1. Kelly Miller 11.70 '96
2. Kiamesha Otey 11.72 '00
3. Talia Wise 11.85 '06
- 4. Halle Hazzard 11.86 '18**
5. Leslie Satchell 11.89 '95

200 METERS

1. Peyton Chaney 24.02 '13
2. Leslie Satchell 24.04 '95
3. Kelly Miller 24.14 '96
4. Jordan Lavender 24.19 '12
5. Andrea Wright 24.21 '14
- Halle Hazzard 24.21 '18**

400 METERS

1. Jordan Lavender 53.44 '12
2. Lisa Garrett 54.14 '81
3. Andrea Wright 54.80 '14
4. Chimere Ezumah 54.87 '14
5. Michelle Samuels..... 55.15 '91

800 METERS

1. Vanessa Fabrizio..... 2:06.76 '12
2. Morgane Gay 2:08.29 '09
3. Gail Bryant 2:11.00 '82
4. Ariane Sloan 2:11.23 '07
5. Erin O'Doherty 2:11.28 '02

1,500 METERS

1. Morgane Gay 4:15.56 '09
2. Lesley Welch 4:16.84 '82
3. Lisa Welch 4:17.60 '82
4. Claire Forbes 4:18.52 '90
5. Margaret Groos 4:21.10 '78

5,000 METERS

1. Chelsea Ley 16:12.62 '12
2. Maria Hauger 16:14.18 '14
3. Lesley Welch 16:21.60 '82
4. Sarah Fakler 16:22.19 '14
5. Kathleen Stevens..... 16:26.91 '12

10,000 METERS

1. Jen Flack 34:14.12 '14
2. Sarah Fakler 34:15.20 '14
3. Maria Hauger 34:16.28 '14
4. Beni Gras 34:34.17 '91
5. Katherine Walker 35:31.42 '11

100-METER HURDLES

- 1. Ciara Leonard 13.67 '16**
- Alexis Woodley 13.67 '17**
3. Lauren Echko 13.86 '06
4. Kim Turko 13.93 '98
5. Alisha Tucker 14.03 '93

400-METER HURDLES

1. Angela Lee 57.64 '96
2. Erin Crawford 58.56 '04
3. Karen Hatchett 59.49 '82
4. Ayla Smith 60.02 '07
5. Kristina Chapman ... 60.83 '08

3,000m STEEPLECHASE

1. Stephanie Garcia 10:15.83 '07
2. Sara Sargent 10:49.81 '14
3. Kendall Cowne 10:54.54 '14
- 4. Kiera Bothwell 10:55.59 '18**
5. Janine Ricci 10:55.86 '04

HIGH JUMP

1. Ann Bair 1.86m (6' 1.25") '80
2. Meggie Schuelke 1.76m (5' 9.25") '04
3. Pearl Bickersteth..... 1.74m (5' 8.5") '10
4. Susan Brownell 1.73m (5' 8") '80
5. Emily Kianka 1.72m (5' 7.75") '11

POLE VAULT

- 1. Bridget Guy..... 4.11m (13'5.75") ... '15**
- 2. Theresa Demaria.3.93m (12' 10.75").... '17**
- 3. Katie Freix..... 3.67m (12'0.5") '15**
4. Viktoria Osipenko ... 3.56m (11' 8.5") '00
5. Kathryn Pettine 3.49m (11' 5.75")... '04

LONG JUMP

1. Kelly Miller 6.33m (20' 9.25")... '96
2. Nicole Kimbrough .. 6.29m (20' 7.75")... '94
- 3. Mia Barron..... 6.22m (20' 5")..... '16**
4. Sonja Fridy 6.12m (20' 1")..... '84
- 5. Khyasia Caldwell .. 6.12m (20' 1").... '18**

TRIPLE JUMP

1. Dallas Rose 12.66m (41' 6.5")... '10
2. Atalaya Jones 12.49m(40' 11.75") '93
3. Britni Strates 12.46m (40' 10.5") '12
- 4. Mia Barron..... 12.40m (40' 8.25").... '16**
5. Tomika Ferguson 12.35m (40' 6.25") '04

SHOT PUT

- 1. Brittany Jones 15.69m (51'5.75") . '18**
2. Emily Vannoy..... 15.30m (50' 2.5")... '10
3. Christine Bohan..... 14.62m (47-11.75)... '14
4. Maureen Laffan 14.58m (47' 10").... '09
5. Kristi Martin 13.99m(45'10.75") '97

DISCUS

1. Julia Solo 52.04m (170' 9").... '86
2. Amy Bilmanis 51.77m (169' 10") . '06
3. Amy Brown 48.77m (160' 0").... '95
4. Emily Vannoy..... 47.96m (157' 4").... '10
5. Erin Wykoff 47.02m (154' 3").... '09

HAMMER THROW

1. Elise Mitchell 54.46m (178' 8").... '00
- 2. Brittany Jones..... 53.80m (176' 6") '18**
3. Amy Bilmanis 47.68m (156' 5").... '06
4. Alexa Manning 46.18m (151' 6").... '06
5. Erin Wykoff 45.85m (150' 5").... '09

JAVELIN

1. Julia Solo 52.04m (170' 9").... '86
2. Ann Crouse 50.85m (166' 10") . '95
3. Inge Jorgensen 50.24m (164' 10") . '00
- 4. Caitlin Mautz 44.62m (146' 5").... '15**
5. Meghan Briggs 44.45m (145' 10") . '07

HEPTATHLON

1. Ann Bair 5,578 '80
2. Susan Brownell 5,419 '80
3. Rebecca Grube 4,996 '92
- 4. Alana Herran 4,771 '16**
5. Katie Kiladis 4,610 '95



Outdoor Relay Records

Women

4x100

1. 44.56 Chaney, Wright, Lavender, McKenzie 2015
2. 45.11 Kimbrough, Satchell, Edmundson, Alleyne 1995
3. 45.18 Harvey, Otey, Randolph, Doe 2003
4. 45.19 Rose, Wright, Chaney, Lavender 2014
5. 45.48 Garrick, Chapman, Gillespie, Williams 2010

4x400

1. 3:35.74 Ezumah, Lavender, Fabrizio, Wright 2014
2. 3:36.24 Fridy, Crockett, Buber, Fitzpatrick 1985
3. 3:36.42 Randolph, Otey, Gore, Doe 2003
4. 3:36.73 Ezumah, Lavender, Chaney, Wright 2014
5. 3:37.65 Smith, Lavender, Fabrizio, Wright 2015

Non-NCAA Championship Event Relay Records

4x200m Relay

- 1:36.25 Chaney, McKenzie, Wright, Lavender 2015

4x800m Relay

- 8:32.13 Bryant, Nicholson, Welch, Haworth 1982

Distance Medley Relay

- 10:57.13 Gay, Smith, Harper, Garcia 2011

Men

4x100

1. 40.25 Randolph, Archer, Brown, Palmer 1984
2. 40.37 Bonner, Jones, Abdulrazaaq, Paschal 2008
3. 40.46 Hagwood, Clark, Young, Kimball 2002
4. 40.68 Scott, Barber, Barber, Howard 1994
5. 40.71 Peerman, Lee, Jones, Blassingame 2007

4x400

1. 3:07.11 Anding, Roller, Bryan, Hazzard 2012
2. 3:07.14 Kugrat, Johnson, Brook, Ereng 1988
3. 3:08.20 Muth, Williams, Williams, Bruce 1979
4. 3:08.30 Kiley, Bowman, **Carrington, Dixon** **2017**
5. **3:08.34 Willis, Shirley, Outlaw, Lint** **2018**

Non-NCAA Championship Event Relay Records

4x200m Relay

- 1:25.30 Virginia 2002

4x800m Relay

- 7:12.15 Johnson, Roller, Kostelac, Andrews 2011

Distance Medley Relay

- 9:25.56 Revelle, Hinton, Brown, Draddy 1983



ACC CHAMPIONS

1983 Ann Bair Hep
Ann Bair HJ
Lisa Garrett 200m
Lisa Garrett 400m
Kim Hatchett 100mH
Kim Hatchett 400mH
Virginia 4x400m

1984 Gail Bryant 400 mH
Sonya Fridy 100 Meter Dash
Sonya Fridy 200 Meter Dash
Michee Johnson TJ
Patty Matava 5000m
Virginia 4x100m
Virginia 4x400m

1985 Gail Bryant 400m
Gail Bryant 400mH
Sonya Fridy LJ
Michee Johnson TJ
Vanya Lewis Discus
Virginia 4x100m
Virginia 4x400m
Nevada Tinsley 100m
Kelly Warner Javelin

1986 Phyllis Buber 800m
Kim Duke 400mH
Sonya Fridy LJ
Sonya Fridy 100m
Sonya Fridy 200m
Lisa Jeter Discus
Lisa Jeter SP
Michee Johnson TJ
Beth Sheehan Hep
Julia Solo Javelin
Virginia 4x100m
Virginia 4x400m

1987 Sonya Fridy LJ
Sonya Fridy 100m
Sonya Fridy 200m
Lisa Jeter SP
Patty Matava 5000m
Julia Solo Javelin
Virginia 4x100m

1988 Dana Boone LJ
Dana Boone TJ
Julia Solo Javelin
Virginia 4x100m

1989 Julia Solo Javelin
Suzanne Sweeney Hep

1990 Dana Boone LJ
Claire Forbes 1500m
Claire Forbes 5000m

1991 Kelly Bodiford SP
Dana Boone LJ
Dana Boone TJ
Claire Forbes 1500m
Claire Forbes 5000m

1992 Claire Forbes 5000m
Beni Gras 10000m

1993 Kelly Bodiford Discus
Sherry Gould Hep

1994 Rebecca Grube Hep

1995 Amy Brown Discus
Louren Connolly Hammer
Virginia 4x100m

1996 Amy Brown Discus
Ann Crouse Javelin
Angela Lee 400mH
Sharon Servidio 10000m

1997 Amy Brown Discus
Ann Crouse Javelin
Angela Lee 400mH

1998 Angela Lee 400mH

1999 Ann Crouse Javelin
Angela Lee 400mH

2000 Inge Jorgenson Javelin

2001 Dana Coons 10000m
Inge Jorgenson Javelin

2002 Eliese Mitchell Discus
Kiamesha Otey LJ

2003 Anne Bobiak Javelin
Dawn Cleary 3000mSC
Carrielle Doe 400m
Jane Maxwell 10000m

2004 Inge Jorgenson Javelin

2005 Billie-Jo Grant Discus
Inge Jorgenson Javelin

2008 Meghan Briggs Javelin
Stephanie Garcia 3000mSC

2009 Meghan Briggs Javelin

2010 Meghan Briggs Javelin

2011 Stephanie Garcia 3000mSC

2012 Catherine White 10000m
Erin Wykoff Discus

2013 Jordan Lavender 400m
Catherine White 10000m

2014 Jordan Lavender 400m
Dallas Rose TJ

2015 Iona Lake 3000mSC

2016 Cleo Boyd 5000m
Cleo Boyd 10000m

2018 Bridget Guy Pole Vault

1988 Latanya Wynn
Dana Boone
Suzanne Sweeney
Leslie Stiff
Charlene Hinton
Julia Solo

1989 Dana Boone
Julia Sandy
Julia Solo
Suzanne Sweeney

1990 Cathron Birge
Kelly Bodiford
Claire Forbes
Dana Boone
Suzanne Sweeney
Julia Sandy

1991 Angela Griffith
Dana Boone
Claire Forbes
Kelly Bodiford

1992 Claire Forbes
Beni Gras
Sharon Servidio

1993 Kelly Bodiford
Sherry Gould
Kendra Hickman

1994 Nicole Kimbrough
Rebecca Grube
Sharon Servidio

1995 Valentia Alleyne
Amy Brown
Ann Crouse
Chrissie Edmundson
Nicole Kimbrough
Leslie Satchell

1996 Amy Brown
Lauren Connolly
Ann Crouse
Linda Denny
Angie Lee
Sharon Servidio
Catrina Bindel
Cindy Moreshead
Nicole Stevenson

1997 Amy Brown
Ann Crouse
Angela Lee

1998 Angela Lee
Dana Thul

1999 Amy Brown
Ann Crouse
Angela Lee
Kelly Miller

2000 Curtrell Frye
Inge Jorgensen
Elise Mitchell
Hillary Wilson

2001 Dana Coons
Naccolle Guinn
Inge Jorgenson
Eliese Mitchell

ALL-ACC

1986 Beth Sheehan
Phyllis Buber
Kim Duke
Tracy Crockett
Julia Solo
Shelly McBride
Michele Johnson
Lisa Jeter
Charlene Hinton
Sonja Fridy
Patty Matava
Cathy Fitzpatrick

1987 Julia Solo
Michelle Rowen
Julia Sandy
Lisa Jeter
Kim Duke
Phyllis Buber
Patty Matava
Sonja Fridy
Charlene Hinton



- 2002 Annie Bobiak
Dawn Cleary
Curtrell Frye
Ingrid Marable
Kiamesha Otey
- 2003 Anne Bobiak
Dawn Cleary
Carielle Doe
Sarah Folse
Jane Maxwell
Eliese Mitchell
Kiamesha Otey
Natalie Randolph
- 2004 Inge Jorgensen
Meggie Schuelke
- 2005 Annie Bobiak
Erin Crawford
Billie-Jo Grant
Inge Jorgensen
- 2006 Erin Crawford
Billie-Jo Grant
- 2007 Amy Bilmanis
Meghan Briggs
Erin Crawford
Billie-Jo Grant
- 2008 Janne'a Bridgeford
Meghan Briggs
Stephanie Garcia
Billie-Jo Grant
Emily Harrison
- 2009 Meghan Briggs
Morgane Gay
Billie-Jo Grant
Tara Karin
Caitlin Kelly
- 2010 Meghan Briggs
Emily Vannoy
- 2011 Stephanie Garcia
Morgane Gay
Tara Karin
Maureen Laffan
- 2012 Pearl Bickersteth
Morgane Gay
Tara Karin
Maureen Laffan
Jordan Lavender
Catherine White
Erin Wykoff
- 2013 Vanessa Fabrizio
Vicky Fouhy
Abbey Karin
Jordan Lavender
Catherine White
- 2014 Vanessa Fabrizio
Jordan Lavender
Dallas Rose
- 2015 Iona Lake
Christine Bohan (2nd)
Peyton Chaney (2nd)
Bridget Guy (2nd)
Jordan Lavender (2nd)
Caitlin Mautz (2nd)
Tori McKenzie (2nd)
Andrea Wright (2nd)

- 2016 Christine Bohan
Cleo Boyd
Iona Lake
Aisha Naibe-Wey
Heather Smith
Peyton Chaney (2nd)
Bridget Guy (2nd)
Caitlin Mautz (2nd)
- 2017 KellyMcKee
Christine Bohan (2nd)
Carly Feyerabend (2nd)
Mirija Bogavac (2nd)
Holly Sullivan (2nd)
- 2018 Khyasia Caldwell
Bridget Guy
Anna Jefferson
Andrenette Knight
Kelly McKee
Carly Feyerabend (2nd)
Ciara Lenoard (2nd)
Holly Sullivan (2nd)
Alexis Woodley (2nd)

Note: Honorees are on First Team unless otherwise noted
2nd-team All-ACC was instated in 2015

ACC PERFORMER OF THE YEAR

- 1990 Claire Forbes
- 1992 Claire Forbes

ACC MEET TRACK MVP

- 2014 Jordan Lavender

ACC FRESHMAN OF THE YEAR

- 2009 Morgane Gay

ACC COACH OF THE YEAR

- 1984 Dennis Craddock
- 1985 Dennis Craddock
- 1986 Doug Williamson
- 1990 Fred Binggeli
- 1995 Fred Binggeli (Co-COY)

ACC SCHOLAR-ATHLETE OF THE YEAR

- 2016 Cleo Boyd

ALL-ACC ACADEMIC

- 2006 Megan Schuelke
- 2007 Amy Bilmanis
Stephanie Garcia
Billie-Jo Grant
Katie Read
Kara Scanlin
Ayla Smith
- 2008 Billie-Jo Grant
Ayla Smith
Kathryn Tershel
- 2009 Amy Bilmanis
Ayla Smith
- 2011 Anna Corrigan
Stephanie Garcia
Morgane Gay
Lyndsay Harper
Dallas Rose
Ayla Smith
- 2012 Morgane Gay
Abbey Karin
Jordan Lavender
Kathleen Stevens
Catherine White
- 2013 Peyton Chaney
Anna Finger
Vicky Fouhy
Abbey Karin
Jordan Lavender
Barbara Strehler
Catherine White
- 2014 Peyton Chaney
Jen Flack
Edy Ndem
Dallas Rose
Barbara Strehler
- 2016 Christine Bohan
Cleo Boyd
Peyton Chaney
Iona Lake
Aisha Naibe-Wey
- 2017 Marija Bogavac
Christine Bohan
Kelly McKee
Holly Sullivan

ACC CHAMPIONS

1954	George Gratten	220yH
1957	Pat Whtaker	PV
1958	Henry Davenport	PV
	Clarence Roberts	PV
	Pat Whtaker	PV
1961	Gil Faccio	440y
1969	Mike Harvey	TJ
1971	Kent Merritt	100y
	Jim Shannon	LJ
1972	Kent Merritt	100y
	Kent Merritt	220y
	Virginia	4x400m
1973	Kent Merritt	100y
1975	Keith Witherspoon	TJ
1976	Keith Witherspoon	TJ
1977	Karl Williams	400mH
1978	Greg Canty	800m
1979	John Bryan	Dec
	Greg Canty	800m
	Mike Cotton	3000mSC
1980	Greg Canty	800m
	Will Pirtle	Dec
1981	Mike Cotton	10000m
	Vince Draddy	1500m
1982	Greg Byers	HJ
	Virginia	4x400m
1983	Ray Brown	800m
	John Hinton	1500m
1984	Ray Brown	800m
	John Hinton	3000mSC
	Bruce Randolph	LJ
	Virginia	4x100m
	Dennis Craddock	1984
1985	John Hinton	800m
	Kevin Latham	Discus
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1990	Chike Chukwulozie	TJ
	Steve Kiessling	Javelin
	Ben Kurgat	800m
	Herman Moore	HJ
1991	Stephen Dunphy	Dec
	Cornell Grayson	TJ
	Steve Kiessling	Javelin
	Michael Theuerkauf	SP
1992	Stephen Dunphy	Dec
1993	Rob Cook	3000mSC
1994	Rob Cook	3000mSC
	Rob Cook	5000m
	Steven Dunphy	Dec
	Mark Hammons	10000m
1995	John Anderson	Dec
1997	Larry Wilson	Discus
1998	Larry Wilson	Discus
1999	John Welch	Javelin
	Larry Wilson	Discus
2000	Brian Kollar	Javelin
2001	Brian Kollar	Javelin
2002	John Welch	Javelin
2003	Brian Kollar	Javelin
	McGavock Dunbar	800m
2004	Will Christian	5000m
2006	Andrew Dumm	5000m
	Ryan Foster	10000m

2007	Yemi Ayeni	Discus
	Jan Foerster	5000m
2008	Yemi Ayeni	Discus
	Andrew Jesien	1500m
	David Lewis	Dec
2009	Adam Abdulrazaaq	110mH
	Yemi Ayeni	Discus
2010	Lance Roller	800m
	Sintayehu Taye	1500m
2011	Anthony Kostelac	800m
2012	Lance Roller	800m
	Virginia	4x400m
	Marcus Robinson	TJ
	Nick Vena	SP
	Nick Vena	Discus
2014	Filip Mihaljevic	Discus
	Ryan Satchell	TJ
	Kyle King	3000mSC
2015	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
2016	Hilmar Jonsson	Hammer
	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Henry Wynne	1500m
2017	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Hilmar Jonsson	Hammer
2018	Hilmar Jonsson	Hammer

2000	Larry Wilson
	Bill Johnson
	Brian Kollar
2001	Tim Bilmanis
	Bill Johnson
	Brian Kollar
	James Murdock
	Matt Ruhl
	Bob Thiele
	John Welch
2002	Jarrett Hagwood
	Mike Riso
	John Welch
	Ted DeVos
2003	McGavock Dunbar
	Andy Filacheck
	Brian Kollar
2004	Kellen Blassingame
	Will Christian
	McGavock Dunbar
	David Sullivan
2005	Kellen Blassingame
	McGavock Dunbar
	Ryan Foster
	Soeren Lindner
	David Sullivan
	Alex Tatu
2006	Andy Biladeau
	Andrew Dumm
	Ryan Foster
	Soeren Lindner
	Kevin McHale
2007	Yemi Ayeni
	Andrew Dumm
	Jan Foerster
	Kevin McHale
2008	Yemi Ayeni
	Andrew Jesien
	David Lewis
	Andrew Lobb
	Meikle Paschal
2009	Adams Abdulrazaaq
	Kevin Anding
	Yemi Ayeni
	Ryan Collins
	Steve Finley
	Emil Heineking
	Andrew Jesien
	Andrew Lobb
	Meikle Paschal
	Marcus Robinson
	Lance Roller
2010	Adams Abdulrazaaq
	Kevin Anding
	Robby Andrews
	Alex Bowman
	Ryan Collins
	Steve Delice
	Andy Fahringer
	Steve Finley
	Trey Miller
	Marcus Robinson
	Lance Roller
	Sintayehu Taye

ALL-ACC

1988	Ben Kurgat
	Paul Ereng
1989	Paul Ereng
	Herman Moore
	Peter Sheehan
1990	Steve Kiessling
	Chike Chukwulozie
	Brian Shafer
	Herman Moore
	Ben Kurgat
1991	Eric Sorensen
	Michael Theuerkauf
	Stephen Dunphy
	Steve Kiessling
	Peter Sheeha
	Ben Kurgat
	Cornell Grayson
	Michael Murphy
	Mike Guegan
1992	Steve Dunphy
	Steve Kiessling
1993	Rob Cook
	Gerald Howard
1994	Mark Hammons
	Steve Dunphy
	Rob Cook
1995	John Anderson
1996	Sean Sullivan
1997	Matt Illian
	Larry Wilson
1998	Larry Wilson
1999	Brian Kollar
	Raymond Weeden
	John Welch

2011 Adams Abdulrazaaq
 Robby Andrews
 Anthony Kostelac
 Andrew Mearns
 Lance Roller

2012 Kevin Anding
 Ozzie Bryan
 Vincenzo Chiariello
 Andy Fahringer
 Payton Hazzard
 Sean Keveren
 Marcus Robinson
 Lance Roller
 Nick Vena

2013 Mark Amirault
 Thomas Porter
 Ryan Satchell

2014 Payton Hazzard
 Kyle King
 Filip Mihaljevic
 Ryan Satchell

2015 Jack Lint
 Mike Marsella
 Filip Mihaljevic
 Jordan Young
 Payton Hazzard (2nd)
 Zach Herriott (2nd)
 Kyle King (2nd)
 Chris Rogers (2nd)
 Ryan Satchell (2nd)
 Kyle Smith (2nd)
 Adam Visokay (2nd)

2016 Oghenakpobo Efekoro
 Hilmar Jonsson
 Christian Lavorgna
 Filip Mihaljevic
 Henry Wynne
 Jordan Young
 Cam Collins (2nd)
 William Gray (2nd)
 Aaron Worrell (2nd)

2017 Brent Demarest
 Filip Mihaljevic
 Oghenakpobo Efekoro
 Jordan Young
 Hilmar Jonsson
 Jack Lint
 Nathan Kiley (2nd)
 Henry Wynne (2nd)
 Lachlan Cook (2nd)
 Zach Herriott (2nd)
 Charles Bowman (2nd)
 Jeff Jernigan (2nd)
 Sam Young (2nd)
 Jordan Scott (2nd)
 Nace Plesko (2nd)

2018 Oghenakpobo Efekoro
 Hilmar Jonsson
 Mike Marsella (2nd)
 Matthew Novak (2nd)
 Nace Plesko (2nd)
 Jordan Scott (2nd)
 Alfred Shirley (2nd)
 Sam Young (2nd)

Honorees are on First Team unless otherwise noted 2nd-team All-ACC was instated in 2015

ACC PERFORMER OF THE YEAR

1972 Kent Merritt
 1994 Rob Cook
 2010 Robby Andrews (track)
 2016 Filip Mihaljevic (field)
 2016 Henry Wynne (track)
 2017 Filip Mihaljevic (field)

ACC MEET FIELD MVP

2012 Nick Vena
 2015 Jordan Young
 2016 Filip Mihaljevic
 2017 Filip Mihaljevic (Co)

ACC FRESHMAN OF THE YEAR

2010 Robby Andrews
 2011 Anthony Kostelac
 2014 Filip Mihaljevic

ACC COACH OF THE YEAR

1984 Dennis Craddock
 2001 Randy Bungard
 2009 Jason Vigilante

ACC SCHOLAR-ATHLETE OF THE YEAR

2017 Filip Mihaljevic

ALL-ACC ACADEMIC

2006 Stephen Hiltner
 2007 Kellen Blassingame
 Andrew Dumm
 Jan Foerster
 Ryan Foster
 Andrew Jesien
 Taylor Smith

2008 Kyle Galle
 Arthur Gennari
 Aaron Klanssek
 David Lewis

2009 Andrew Jesien

2010 Kevin Anding
 Alex Bowman
 Steve Delice
 Sean Keveren
 William Miller

2011 Andrew Revelle

2012 Kevin Anding
 Andrew Fahringer
 Sean Keveren
 Marcus Robinson

2013 Mark Amirault
 Matthew Armentrout
 Taylor Gilland
 Christian Lavorgna
 Drew Paisley
 Thomas Porter
 Ryan Satchell

2014 David Bartha
 Christian Lavorgna
 Filip Mihaljevic
 Thomas Porter
 Ryan Satchell
 Adam Visokay

2015 Jack Lint
 Filip Mihaljevic
 Ryan Satchell

2016 Christian Lavorgna
 Filip Mihaljevic
 Aaron Worrell

2017 Zach Herriott
 Jeff Jernigan
 Jack Lint
 Filip Mihaljevic
 Nace Plesko
 Henry Wynne