



VIRGINIA

2018 CAVALIER TRACK & FIELD NOTES

2018 Indoor Schedule

- 1/19-20 Larry Wieczorek Invite (Iowa City, Iowa)
1/26-27 Liberty Kickoff (Lynchburg, Va.)
2/2-3 Power 5 Invite (Ann Arbor, Mich.)
2/9-10 Tiger Paw Invitational (Clemson, S.C.)
2/9-10 Valentine's Invitational (Boston, Mass.)
2/17 Alex Wilson Invitational (Notre Dame, Ind.)
2/17 UCS Invitational- Relays only (Winston Salem, N.C.)
2/22-24 ACC Championships (Clemson, S.C.)
3/9-10 NCAA Championships (College Station, Texas)

2018 Outdoor Schedule

- 3/17-18 Hurricane Invitational (Miami, Fla.)
3/30 Raleigh Relays (Raleigh, N.C.)
3/30-31 Fred Hardy Invitational (Richmond, Va.)
4/7 UVA vs. Maryland, Bucknell, Georgetown
4/20-21 VIRGINIA CHALLENGE
4/28 Virginia Grand Prix
5/10-12 ACC Championships (Miami, Fla.)
5/24-26 NCAA East Prelims (Tampa, Fla.)
6/6-9 NCAA Championships (Eugene, Ore.)

Media Information

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Jan. 26-27, 2018

Lynchburg, Va. • Liberty Indoor Track Complex

Virginia Cavaliers at Liberty Kickoff



THIS WEEK

- The Cavaliers opened the indoor season last weekend with the Larry Wieczorek Invitational.
- Halle Hazzard set a freshman record in the 60m with a time of 7.54. The performance ranks seventh in UVA history.
- Jordan Scott was named ACC Field Performer of the Week for his efforts in the triple jump. His jump of 15.75m placed him second at the Larry Wieczorek, first among collegiate athletes, in addition to ranking him seventh in the NCAA.
- Kelly McKee enters currently ranked 18th in the NCAA, recording a mark of 12.77m. She finished third last weekend's meet.
- Jack Lint holds the Liberty Indoor Track complex record in the men's heptathlon with a score of 5,385.

THE 2017 INDOOR SEASON

- The men's team tied for 16th at last year's NCAA Championships.
- The Cavaliers had four athletes earn All-America honors with Jordan Young receiving the accolade in the weight throw, Oghenakpobo Efekoro in the shot put, Zach Herriott in the 5000m and Jordan Scott in the triple jump. The team returned Efekoro and Scott.
- The team graduated Filip Mihaljevic (10-time All-American) and Jordan Young (10-time All-American) on the men's side and Christine Bohan (two-time All-American) on the women's side.

NOTABLE

- Freshman Halle Hazzard was named Grenada's Junior Sportswoman of the Year for her performance at the 2017 U20 CARIFTA games the 2017 OECS Track and Field Championships.
- Redshirt junior Oghenakpobo Efekoro and junior Hilmar Jonsson were named preseason All-America by FloTrack. Efekoro was ranked second in the shot put, while Jonsson was ranked sixth in the weight throw.
- Brent Demarest earned All-America honors during the 2017 cross country season, finishing 19th at the NCAA Championships.

Virginia Coaching Staff

Bryan Fetzer	Director of Track and Field/Cross Country
Todd Morgan	Assistant Coach - Women's Distance
Pete Watson	Assistant Coach - Men's Distance
Mario Wilson	Assistant Coach - Horizontal Jumps/ Decathlon
Martin Maric	Assistant Coach - Throws
Michelle Freeman	Assistant Coach - Sprints and Hurdles

Meet Schedule of Probable UVA Entries

Friday - January 26
4:30p Women's Weight Throw
5:00p Women's Pole Vault

Liberty Kickoff
 Baker, Jones
 Freix, Guy

Saturday - January 27
9:30a Men's Long Jump
9:45a Women's 60m Hurdles
10:05a Men's 60m Hurdles
10:30a Men's 60m Dash
10:55a Women's 60m Dash
11:00a Women's High Jump
11:15a Men's Mile Run
11:50a Women's Mile Run
12:00p Women's Shot Put
12:20p Men's 400m Dash
1:00p Men's Pole Vault
1:35p Men's 500m Dash
1:55p Women's 500m Dash
2:15p Men's 800m Run
2:55p Men's 1000m Run

3:15p Women's 1000m Run
3:30p Men's 200m Dash
4:00p Women's 200m Dash
4:35p Men's 3000m Run
5:40p Men's 4x400m Relay
6:10p Women's 4x400m Relay
TBA Men's Shot Put

Liberty Kickoff
 Scott
 Leonard, Woodley
 Jackson, Lint
 Jackson
 Hairston, Hazzard, Leonard
 Feyerabend, Hayes
 Corbett, Klau, Wilson
 Bothwell, Ehrenthal, Sargent
 Green, Hayes, Jones
 Dixon
 Young
 Outlaw, Shirley, Willis
 Herran, Jefferson, Knight
 Toney
 Buscaglia, Dodds, Hagen, Marsella,
 Neish
 Blankemeier, Lansing, Rennygon
 Dixon, Shirley, Outlaw
 Hairston, Harrzard, Woodley
 Amabile, Ernst, Pace, Teller
 Virginia
 Virginia
 Efekoro, Plesko, Williams

Pronunciation Guide

Brent Demarest	demm-are-ist
Oghenakpobo Efekoro	po-bo eff-a-core-oh
Nathan Kiley	ky-lee
TJ Graass	grass
Nace Plesko	Nawt-say plesh-koe
Noah Toney	Tony
Conal Wilson	con-ell

Mia Barron	my-ah
Jill Bracaglia	Brack a gill ia
Kate Eiselt	eye-silt
Katie Freix	fricks
Raeann Giannattasio	Jan-an sta-ci-o
Caitlin Mautz	motts
Megan Rebholz	reb-holes

All times Eastern

Virginia in the National Top 100**MEN**

3,000m	Mark	Rank
Marsella	8:16.54	44
Corbett	8:19.30	68

Triple Jump	Mark	Rank
Scott	15.75m (51'8.25")	7

Shot Put	Mark	Rank
Nace Plesko	16.81m (55'2)	84

4x400 Relay	Mark	Rank
Virginia	3:15.28	89

WOMEN

60mH	Time	Rank
Leonard	8.52	71
Woodley	8.56	83

Long Jump	Mark	Rank
Barron	5.92m (19'5.25")	51

Triple Jump	Mark	Rank
McKee	12.77m (41'10.75)	18
Barron	12.49m (40'11.75)	30

Shot Put	Mark	Rank
Jones	14.94m (49'0.25")	66

Pentathlon	Mark	Rank
Sullivan	3744	16

Men's Top Indoor 2018 Performances and Personal Bests
60 METERS

	2018	PR
Lint		7.10
Geuskens	7.15	7.15
Jackson	7.22	7.22
Claiborne		7.26
Collins		7.33

200 METERS

	2018	In-PR
Dixon		22.25
Jackson		22.51

400 METERS

	2018	In-PR
Dixon		49.29
Bowman		49.13
Barnes		49.64

600 METERS

	2018	In-PR
Shirley	1:19.99	1:19.99
Outlaw	1:20.28	1:20.28
Dixon	1:25.29	1:25.29

800 METERS

	2018	In-PR
Hagen		1:50.87
Carrington	1:55.16	1:50.96
Ernst		1:52.92
Neish		1:54.68
Kiley		1:49.20
Marsella		1:51.12

1,000 M

	2018	In-PR
Buscaglia	2:32.84	2:32.84
Collins		2:38.40
Lint		2:40.12
Claiborne		2:49.74

MILE

	2018	PR
Ernst	4:14.85	4:06.05
Novak		4:03.93
Hagen		4:12.47
Neish		4:14.86
Amabile		4:23.85
Marsella		3:59.97
Pace		4:19.29
Klau		4:19.46

3000 METERS

	2018	PR
Demarest		8:09.59
Weaverling		8:11.28
Marsella	8:16.54	8:13.51
Madden		8:17.92
Novak		8:18.39
Corbett	8:19.30	8:24.54
Pace		8:20.77
Klau	8:29.03	8:29.03
Dodds	8:49.97	8:49.97

5000 METERS

	2018	PR
Weaverling		13:54.39
Demarest		13:56.03
Corbett		14:12.73
Madden		13:57.01

60m HURDLES

	2018	PR
Jackson	8.15	8.15
Bowman		8.25
Lint		8.23
Claiborne		8.64
Collins		9.29

HIGH JUMP

	2018	PR
Collins		6-4.25
Lint		1.94m
Lint		6-4.25
Lint		1.94m
Claiborne	6-2.75	6-2.75
Claiborne	1.90m	1.90m

POLE VAULT

	2018	In-PR
S. Young	16-0.75	16-8.75
S. Young	4.90m	5.10m
Lint		14-11
Lint		4.55m
Claiborne		13-7.25
Claiborne		4.15m
Collins		13-5.25
Collins		4.10m

LONG JUMP

	2018	PR
Scott		24-2.5
Scott		7.38m
Lint		23-1
Lint		7.04m
Geuskens	22-0.25	22-0.25
Geuskens	6.71m	6.71m
Collins		21-9.5
Collins		6.64m
Claiborne		21-3
Claiborne		6.48m

TRIPLE JUMP

	2018	PR
Scott	51-8.25	53-8.25
Scott	15.75m	16.36m

SHOT PUT

	2018	PR
Efekoro		65-1
Efekoro		19.84m
Plesko	55-2	58-7.5
Plesko	16.81m	17.87m
Williams	50-0.5	55-0.5
Williams	15.25m	16.78m
Collins		45-8
Collins		13.92m
Lint		44-2
Lint		13.46m
Geuskens	40-7.75	40-7.75
Geuskens	12.39m	12.39m
Claiborne		33-0.75
Claiborne		10.08m

WEIGHT THROW

	2018	PR
Jonsson		67-11.5
Jonsson		20.71m
Efekoro		61-10.5
Efekoro		18.86m
Williams		48-5.25
Williams		14.76m

HEPTATHLON

	2018	PR
Lint		5,546
Collins		4,972
Claiborne		4,821
Geuskens	2,206	2,206

4x400 Relay

	2018	PR
Virginia	3:15.28	

Women's Top Indoor 2018 Performances and Personal Bests

60 METERS	2018	PR
Hazzard	7.54	7.54
Jefferson		7.64
Hairston		7.72
Baker		7.86
Leonard	7.88	7.88
Woodley	7.91	7.91

200 METERS	2018	PR
Hairston		24.48
Hazzard	24.96	24.96
Woodley		25.31
Jefferson		25.33
Leonard		25.91
Herran		25.80

400 METERS	2018	PR
Hairston		57.09
Jefferson		59.00

600 METERS	2018	PR
Jefferson	1:34.48	1:34.48
Rennyson	1:36.87	1:36.87
Herran	1:41.82	1:41.82

800 METERS	2018	PR
Call		2:07.39
Sullivan	2:17.65	2:14.86
Rennyson	2:18.62	2:18.62
Lansing		2:19.23
Herran		2:26.36
Feyerabend		2:44.03

MILE	2018	PR
Call		4:59.88
MacKenzie		5:00.39
Lansing		5:13.26
Rebholz		4:53.07

3000 METERS	2018	PR
Mulhern		9:50.29
MacKenzie		9:56.60
Rebholz		9:42.55

60m HURDLES	2018	PR
Leonard	8.52	8.38
Woodley	8.56	8.56
Herran	8.97	8.84
Feyerabend		9.19
Sullivan	9.15	9.09

HIGH JUMP	2018	PR
Feyerabend	5-5	5-75
	1.65m	1.67m
Sullivan	5-4.25	5-4.25
	1.63m	1.63m
Hayes	5-3	5-3
	1.60m	1.60m
Herran		5-1.25
		1.56m

POLE VAULT	2018	PR
Guy		13-8.25
		4.17m
DeMaria		12-11.75
		3.96m
Freix	12-1.5	12-6.25
	3.70m	3.82m

LONG JUMP	2018	PR
McKee		19-5
		5.92m
Barron	19-5.25	19-6
	5.92m	5.94m
Herran		17-9.25
		5.42m
Sullivan	18-9.25	18-9.25
	5.72	5.72m
Feyerabend		15-4
		4.67m

TRIPLE JUMP	2018	PR
Barron	40-11.75	41-8.75
	12.49m	12.71m
McKee	41-10.75	41-10.75
	12.77m	12.77m

SHOT PUT	2018	PR
Green		39-10.5
		12.16m
Herran		30-0.25
		9.15m
Sullivan		30-8.75
		9.37m
Feyerabend		25-4
		7.72m
Jones	49-0.25	49-0.25
	14.94m	14.94m

WEIGHT THROW	2018	PR
Baker		48-1.75
		14.68m
Jones	48-107.5	48-10.75
	14.90m	14.90m

PENTATHLON	2018	PR
Sullivan	3,744	3,738
Herran		3,424
Feyerabend		3,057

Men's Indoor Top 10 List

60 METERS

1. Shay Clark6.71..... '01
2. Reuben Jones6.79..... '08
3. Adam Cummings6.86..... '13
4. Michael Johnson6.87..... '04
5. Jarrett Hagwood6.89..... '02
Leo McLaughlin6.89..... '11
7. Scott Kimball6.93..... '00
8. Adams Abdulrazaaq..6.94 '11
9. Payton Hazzard6.95..... '15
10. Matt Meyer6.96..... '09

200 METERS

1. Gerald Howard.....21.53..... '95
2. Scott Kimball.....21.78..... '00
Reuben Jones21.78..... '08
Payton Hazzard21.78..... '14
5. Conlon Bonner.....21.79..... '08
6. Shay Clark21.81..... '02
7. Kellen Blassingame21.85..... '06
8. Rahn Turner.....22.00..... '98
9. Jason Young.....22.08..... '01
10. Tchaka Owen.....22.09..... '91
Austin Von Ohlsen.....22.09..... '11

400 METERS

1. Payton Hazzard46.60..... '15
2. Kellen Blassingame.....46.73..... '06
3. Kevin Anding.....47.46..... '11
4. Ben Kurgat47.61..... '89
5. Paul Ereng47.64..... '88
6. Meikle Paschal48.04..... '09
7. Charles Bowman.....48.16..... '17
8. Jason Young48.31..... '04
9. David Bartha.....48.59..... '14
10. Rahn Turner.....48.60..... '98

800 METERS

1. Paul Ereng1:44.84 '88
2. Ben Kurgat1:47.31 '91
3. Robby Andrews.....1:48.02 '10
4. McGavock Dunbar.....1:49.18 '04
5. Nathan Kiley1:49.20 '16
6. John Hinton1:49.24..... '84
Anthony Kostelac1:49.24..... '11
8. Lance Roller.....1:49.47..... '10
9. Rob Pearce.....1:49.75..... '99
10. **Kenneth Hagen..... 1:50.87 '16**

MILE

1. Vince Draddy3:58.2h '82
2. **Henry Wynne 3:58.74 '16**
3. **Mike Marsella 3:59.97 '15**
4. Kyle King4:02.15..... '15
5. Patrick Todd4:02.70 '12
6. John Minen.....4:02.77..... '10
7. Kris Herdt.....4:02.92..... '87
8. Anthony Kostelac4:02.99 '12
9. Mark Amirault4:03.40..... '13
10. Brett Johnson4:03.62 '11

3000 METERS

1. Henry Wynne7:53.89..... '16
2. Mark Amirault7:54.08 '12
3. Adam Visokay7:54.24..... '16
4. Kris Herdt.....7:54.90 '87
5. Emil Heineking.....7:58.36..... '11
6. Kyle King.....8:00.23 '15
7. Jan Foerster.....8:02.54 '07
8. Andy Biladeau8:04.30..... '08
9. Soeren Lindner8:07.17 '05
10. Evan Chiplock.....8:08.03..... '15

5000 METERS

1. Zach Herriott.....13:45.37 '17
2. Ryan Collins13:46.41..... '10
3. **Chase Weaverling 13:54.39 '17**
4. **Brent Demarest 13:56.03 '17**
5. **Thomas Madden 13:57.01..... '15**
6. Kris Herdt.....14:02.00 '89
7. Mark Amirault14:03.01..... '12
8. Chris Foley14:03.67 '12
9. Thomas Porter14:12.34 '14
10. Tim Springfield14:14.0h..... '84

60 HURDLES

1. Adams Abdulrazaaq..7.75..... '11
2. Drequan Hoskey.....7.79..... '14
3. Jarrett Hagwood.....7.93 '02
4. Marion Mason.....8.01..... '01
5. Cary Chandler8.03..... '01
Aaron Shepperd.....8.03..... '11
7. Gemalay Hazard.....8.09 '02
8. **Emmanuel Jackson .. 8.15 '17**
9. Herb Reid.....8.16 '01
Isi Azeke.....8.16 '06

HIGH JUMP

1. Herman Moore2.21m (7' 3") '90
2. Greg Nelson2.14m (7' 0.25")... '10
3. Greg Byers.....2.13m (7' 0") '82
4. Bob Lund.....2.09m (6' 10.25")'93
5. Mike Riso2.08m (6' 10")..... '02
Kevin Jackson.....2.08m (6' 10")..... '77
7. David Sullivan.....2.05m (6' 8.75").. '06
Arthur Gennari2.05m (6' 8.75").. '08
Tommy DeVita.....2.05m (6' 8.75")... '13
10. Cordell Green.....2.04m (6' 8.25").. '98
Wes Dungan.....2.04m (6' 8.25").. '94

POLE VAULT

1. David Sullivan.....5.30m (17' 4.75")'05
2. Brian Shafer.....5.20m (17' 0.75")'93
3. **Sam Young..... 5.10m (16' 8.75)..'17**
Jeff Jefferey5.10m (16' 8.75).... '17
5. Tommy Cooke5.05m (16' 6.75")'95
6. Matt Armentrout ...5.01m (16.5.25")... '13
7. Danny Thompson..4.98m (16' 4")..... '81
8. Greg Blair.....4.90m (16' 1")..... '05
David Lewis4.90m (16' 1")..... '08
10. Danny Smith4.89m (16' 0.5").. '85

LONG JUMP

1. Matt Meyer7.52m (24' 8.25")'09
2. Marion Mason7.50m (24' 7.25") '01
Tiki Barber7.50m (24' 7.25")'94
4. Bruce Randolph.....7.48m (24' 6.5").. '84
5. Keith Witherspoon7.45m (24' 5.25") '76
6. Stephen Dunphy....7.40m (24' 3.25")'92
7. Mauri Anderson7.39m (24' 3")..... '82
8. **Jordan Scott..... 7.38m (24'2.5") ..'17**
9. Jarrett Hagwood...7.34m (24' 1")..... '01
10. Simon Facey.....7.30m (23' 11.5") '97

TRIPLE JUMP

1. Marcus Robinson...16.63m (54'6.75")'12
2. **Jordan Scott..... 16.36m(53'8.25")'17**
3. Keith Witherspoon16.16m (53' 0.25")'76
4. Greg Byers.....15.98m (52' 5").... '85
5. **Aaron Worrell..... 15.87m (52' 1")..... '17**
6. Cornell Grayson15.74m (51' 7.75")'90
7. Chike Chukwulozie15.64m (51' 3.75")'91
8. Ryan Satchell15.62m (51' 3")..... '14
9. Ivan Glasgow15.34m (50' 4").... '82
10. Donald Scott.....15.22m (49' 11.25")'95

SHOT PUT

1. **Filip Mihaljevic 20.87m (68' 5.75").. '16**
2. **Oghenakpobo Efekoro 19.84m (65'1.25")..'17**
3. **Jordan Young 19.15m (62'10") '15**
4. Nick Vena18.92m (62' 1")..... '12
5. Yemi Ayeni18.80m (61' 8.25")'09
6. **Nace Plesko 17.87m (58'7.5") . '17**
7. Kevin Latham.....17.62m (57' 9.75")'84
8. Thom McKinney17.12m (56' 2")..... '91
9. Mike Murphy.....17.10m (56' 1.25")'93
10. Pete Sheehan.....16.91m (55' 5.75")'91

WEIGHT THROW

1. **Jordan Young..... 22.92m (75'2.5")..'15**
2. **Hilmar Jonsson 20.71m (67' 11.5").. '17**
3. Vincenzo Chiariello.19.38m (63' 7") '12
4. **Oghenakpobo Efekoro 18.86m (61' 10.5")'16**
5. Thom McKinney.....18.43m (60' 5.75")'91
6. Thomas Fuson.....18.18m (59'7.75")... '11
7. Mike Murphy.....17.77m (58' 3.75") '93
8. Bill Johnston17.19m (56' 4.75")'01
9. Al Sinesky.....16.83m (55' 2.75")'70
10. Pete Sheehan.....16.50m (54' 1.75")'91

HEPTATHLON

1. **Jack Lint..... 5,546..... '17**
2. David Sullivan5,178 '04
3. David Lewis5,139 '08
4. Christian Lavorgna5,113 '16
5. **Cam Collins..... 4,972..... '16**
6. Anthony Dunavant 4,970..... '14
7. **Jack Claiborne 4,821..... '17**
8. Thomas Codevilla..4,360 '05
9. John Michael Pirtle.3,951..... '13
10. Alex Mulchandani..3,464..... '11

Women's Indoor Top 10 List

60 METERS

1. Kiamesha Otey	7.37	'03
2. Sonja Fridy	7.39	'86
3. Peyton Chaney	7.40	'16
4. Pam Lemons	7.43	'93
5. Jordan Lavender	7.49	'15
6. Janne'a Bridgeford	7.50	'08
7. Dana Boone	7.54	'91
Tori McKenzie	7.54	'16
Halle Hazzard	7.54	'18
10. Nicole Kimbrough	7.57	'97

200 METERS

1. Jordan Lavender	23.80	'15
2. Peyton Chaney	23.84	'16
3. Danielle Williams	23.97	'12
4. Kelly Miller	24.17	'99
5. Angela Lee	24.30	'99
6. Kiamesha Otey	24.34	'03
7. Pam Lemons	24.37	'94
8. Talia Wise	24.38	'06
9. Julie Sandy	24.39	'89
10. Angela Griffith	24.48	'92
Kiana Hairston	24.48	'15

400 METERS

1. Jordan Lavender	52.59	'13
2. Lisa Garrett	54.07	'81
3. Angela Lee	54.29	'99
4. Carielle Doe	54.52	'02
5. Cathron Birge	54.61	'90
6. Sonja Fridy	54.95	'87
7. Angela Griffith	55.38	'92
8. Erin Crawford	55.42	'07
9. Ashley Gore	55.54	'06
10. Michelle Samuels	55.80	'94

800 METERS

1. Vanessa Fabrizio	2:07.24	'15
2. Emma Call	2:07.39	'17
3. Lyndsay Harper	2:07.64	'11
4. Morgane Gay	2:08.07	'09
5. Kim Kelly	2:09.27	'85
6. Jill Haworth	2:09.62	'83
7. Cathron Birge	2:09.71	'90
8. Colette Gnade	2:09.80	'13
9. Sandy Schuler	2:09.90	'85
10. Kim Liggins	2:09.93	'92

MILE

1. Jill Haworth	4:34.32	'82
2. Morgane Gay	4:34.38	'12
3. Vicky Fouhy	4:34.87	'13
4. Lesley Welch	4:35.56	'82
5. Iona Lake	4:36.11	'16
6. Marissa Schmidt	4:41.10	'82
7. Michele Rowen	4:41.57	'87
8. Lisa Welch	4:41.96	'82
9. Catherine White	4:42.80	'11
10. Margaret Groos	4:43.9h	'79

3,000 METERS

1. Cleo Boyd	9:18.20	'17
Claire Forbes	9:18.80	'92
3. Stephanie Garcia	9:19.44	'11
4. Martha White	9:19.58	'83
5. Iona Lake	9:22.75	'15
6. Barbara Strehler	9:22.85	'14
7. Morgan Kelly	9:23.21	'15
8. Catherine White	9:24.43	'10
9. Patty Matava	9:25.83	'87
10. Michele Rowen	9:25.8h	'85

5,000 METERS

1. Margaret Groos	15:34.71	'81
2. Cleo Boyd	16:04.76	'17
3. Morgan Kelly	16:10.73	'15
4. Barbara Strehler	16:16.32	'14
5. Emily Harrison	16:16.53	'08
6. Lesley Welch	16:21.6h	'82
7. Maria Hauger	16:22.07	'14
8. Anna Corrigan	16:25.81	'12
9. Kara Scanlin	16:27.61	'08
10. Martha White	16:31.6h	'82

60 HURDLES

1. Ciara Leonard	8:38	'17
2. Ayla Smith	8.39	'09
3. Heather Smith	8.54	'16
4. Kim Turko	8.55	'01
5. Alexis Woodley	8.56	'17
6. Chidi Uche	8.58	'10
7. Lauren Echko	8.60	'09
8. Bianca DeBartolo	8.65	'07
9. Kristina Chapman	8.68	'11
10. Naccolle Guinn	8.72	'01

HIGH JUMP

1. Sherry Gould	1.87m (6' 1.5")	'94
2. Ann Bair	1.83m (6' 0")	'83
3. Robin Landes	1.82m (5' 11.25")	'88
4. Karen DiDonato	1.80m (5' 10.75")	'91
5. Pearl Bickersteth	1.79m (5' 10.5")	'12
6. Rachel Marks	1.78m (5' 10")	'04
7. Kate Doyle	1.75m (5' 8.75")	'90
8. Janelle Clayton	1.74m (5' 8.5")	'10
9. Susan Brownell	1.73m (5' 8.25")	'80
Karen Hatchett	1.73m (5' 8.25")	'81

POLE VAULT

1. Bridget Guy	4.17m (13'8.25")	'16
2. Sarah DeVita	3.97m (13'0.25")	'15
3. Theresa Demaria	3.96m (12'11.75")	'17
4. Katie Freix	3.82m (12'6.25")	'15
5. Vika Oспенko	3.80m (12' 5.75")	'03
6. Katie Darraugh	3.75m (12' 3.5")	'10
7. Annica White	3.60m (11' 9.75")	'01
Kathryn Pettine	3.60m (11' 9.75")	'05
Kate Kaufman	3.60m (11' 9.75")	'16
10. Lauren Taggart	3.50m (11' 5.75")	'04

LONG JUMP

1. Dana Boone	6.44m (21' 1.50")	'91
2. Kiamesha Otey	6.39m (20' 11.75")	'02
3. Sonja Fridy	6.38m (20' 11.25")	'87
4. Nicole Kimbrough	6.27m (20' 7")	'95
5. Kelly Miller	6.22m (20' 5")	'99
6. Angela Griffith	6.15m (20' 2.25")	'92
7. Latanya Wynn	6.10m (20' 0.25")	'88
8. Tomika Ferguson	6.09m (19' 11.75")	'06
9. Pam Lemons	6.06m (19' 10.75")	'93
10. Rashawnda James	6.02m (19' 9")	'09

TRIPLE JUMP

1. Tomika Ferguson	13.53m (44' 4.75")	'07
2. Naccolle Guinn	13.14m (43' 1.25")	'01
3. Dallas Rose	12.98m (42' 7")	'12
4. Dana Boone	12.86m (42' 2.25")	'91
5. Michele Johnson	12.78m (41' 11")	'87
6. Kelly McKee	12.77m (41' 10.75")	'18
7. Mia Barron	12.71m (41'8.5")	'17
8. Rashawnda James	12.59m (41' 3.75")	'09
9. Curtrell Frye	12.45m (40' 10.25")	'02
10. Tiffany King	12.37m (40' 7")	'96

SHOT PUT

1. Billie-Jo Grant	16.55m (54' 3.5")	'08
2. Christine Bohan	16.53m (54' 2.75")	'16
3. Naccolle Guinn	15.97m (52' 4.75")	'10
4. Eliese Mitchell	15.72m (51' 7")	'03
5. Kelly Bodiford	15.65m (51' 4.25")	'91
6. Emily Vannoy	15.42m (50' 7.25")	'10
7. Anna Grant	14.94m (49' 0.25")	'08
Brittany Johnson	14.94m (49'0.25")	'18
9. Alexa Manning	14.93m (48' 11.75")	'08
10. Amy Brown	14.05m (46' 1.25")	'99

WEIGHT THROW

1. Eliese Mitchell	20.06m (65' 9.75")	'02
2. Maureen Laffan	18.54m (60' 10")	'12
3. Erin Wykoff	17.75m (58' 3")	'12
4. Alexa Manning	17.09m (56' 1")	'08
5. Ann Crouse	17.08m (56' 0.5")	'96
6. Lauren Connelly	16.67m (54' 8.25")	'96
7. Logan Clements	16.30m (53' 5.75")	'14
8. Christine Bohan	16.09m (52' 9.5")	'15
9. Hillary Wilson	16.05m (52' 8")	'00
10. Emily Vannoy	16.00m (52' 6")	'10

PENTATHLON

1. Susan Brownell	4,153	'82
2. Rebecca Grube	4,108	'95
3. Ayla Smith	3,879	'09
4. Sherry Gould	3,789	'94
5. Holly Sullivan	3,744	'18
6. Bianca DeBartolo	3,661	'07
7. Anna Finger	3,659	'13
8. Curtrell Frye	3,644	'02
9. Katie Kiladis	3,567	'99
10. Erika Pietrzak	3,464	'91

All-time lists are based on a student-athlete's best time/mark



Men's Indoor Freshman Records

60 METERS

1. Adam Cummings6.86.....'13
2. Leo McLaughlin6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner6.98.....'08

200 METERS

1. Conlon Bonner21.79.....'08
2. Ben Sargong22.16.....'92
3. Adam Abdulrazaaq22.24'08
4. David Bartha.....22.43'14
5. Austin Von Ohlsen22.49'11

300 METERS

1. Anthony Swan.....34.11'86
2. Adam Abdulrazaaq34.63'08
3. Patrick Farmer.....34.74'11
4. Conlon Bonner34.78'08
5. Charles Bowman34.82'16

400 METERS

1. Paul Ereng.....47.64'88
2. Meikle Paschal.....48.11'08
3. Ben Kurgat.....48.26'88
4. Leon Palmer48.50'82
5. David Bartha.....48.59'14

500 METERS

1. Paul Ereng.....1:02.02'88
2. Bruce Berry1:03.31.....'85
3. Ray Brown1:03.80'81
4. Dwayne Brake1:03.97.....'83
5. Michael Johnson.....1:04.50.....'86

600 METERS

1. Dwayne Brake1:11.99.....'83
2. David Revelle.....1:12.39'81
3. Patrick Redmond1:13.89.....'93
4. Chris Snead1:13.99.....'83
5. Robby Andrews1:19.35.....'10

800 METERS

1. Robby Andrews1:48.39.....'10
2. Anthony Kostelac.....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
4. Nathan Kiley1:51.08.....'14
5. **Mike Marsella**.....1:51.41.....'14

1000 METERS

1. Rob Pearce2:27.69'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart.....2:28.40'11
4. Brett Johnson.....2:28.47'10
5. Ken Cheeseman.....2:29.80'85

MILE

1. Alex Tatu.....4:03.00.....'05
2. **Mike Marsella**.....**4:03.18**.....'14
3. **Matthew Novak****4:03.93**.....'16
4. Sintayehu Taye4:04.04'09
5. Henry Wynne.....4:04.37'14

3,000 METERS

1. Adam Visokay7:57.46'14
2. **Brent Demarest**.....8:09.59'15
3. Connor Rog.....8:09.76'14
4. **Chase Weaverline**8:11.28.....'16
5. Kyle King8:13.85.....'12

5,000 METERS

1. Thomas Madden.....13:57.01.....'15
2. Chris Foley14:03.67'12
3. **Chase Weaverling**14:03.72'16
4. **Brent Demarest**14:14.74'15
5. Connor Rog.....14:15.23'14

60m HURDLES

1. Adam Abdulrazaaq7.98'08
2. Aaron Sheppherd.....8.03.....'11
3. Jarrett Hagwood8.05.....'99
4. Marion Mason8.23.....'98
- Devin Brewer8.23.....'12
- Jack Lint8.23.....'16

HIGH JUMP

1. Mike Riso2.08m (6' 10").....'02
2. Tommy DeVita.....2.04m (6' 8.5").....'11
3. Arthur Gennari2.03m (6' 8").....'07
4. Gerald Howard2.00m (6' 7").....'93
- Cordell Green2.00m (6' 7").....'95

POLE VAULT

1. **Sam Young**5.10m (16' 8.75) '17
2. David Sullivan.....4.97m (16' 3.75") . '03
3. Brian Shafer.....4.90m (16' 1").....'90
4. Jake Williams.....4.87m (16' 0").....'91
5. Greg Blair4.82m (15' 10") '03

LONG JUMP

1. Matt Meyer.....7.52m (24' 8.25").. '09
2. Tiki Barber7.48m (24' 6.75").. '94
3. **Jordan Scott**.....7.38m (24' 2.5") '17
4. Marion Mason7.24m (23' 9.25").. '98
5. Simon Facey7.23m (23' 8.75").. '95

TRIPLE JUMP

1. **Jordan Scott**16.36m (53' 8.25)... '17
2. Aaron Worrell15.64m (51'3.75") '14
3. Ryan Satchell15.02m (49' 3.5")... '12
4. Darryl Smith.....14.70m (48' 4").....'79
5. Marcus Robinson14.63m (48' 0.25").....'08

SHOT PUT

1. Filip Mihaljevic.....19.63m (64'5").....'15
2. Nick Vena18.92m (62' 1").....'12
3. **Oghenakpobo Efeboro** 18.82m (61' 9").....'16
4. Mike Theuerkauf.16.51m (54' 2").....'89
5. James Fuson.....15.58m (51' 1.5").....'11

WEIGHT THROW

1. **Hilmar Jonsson**...20.32m (66' 8").....'16
2. **Oghenakpobo Efeboro** 18.86m (61' 10.5").....'16
3. Vincenzo Chiarello 16.40m (53' 9.75")'09
4. Robert Guider.....15.63m (51' 3.5") ... '10
5. **James Williams**..14.76m (48' 5.25").....'16

HEPTATHLON

1. Jack Lint5,358 '16
2. Anthony Dunavant.....4,970 '14
3. **Jack Claiborne**4,821 '17
4. **Cam Collins**.....4,793 '15
5. Christian Lavorgna4,693 '12

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



Women's Indoor Freshman Records

60-METER DASH

1. **Halle Hazzard** **7.54** '18
2. Jordan Lavender 7.57 '12
3. Peyton Chaney 7.60 '13
Tori McKenzie 7.60 '14
5. Anna Jefferson 7.64 '17

200-METER DASH

1. Jordan Lavender 24.25 '12
2. Peyton Chaney 24.31 '13
3. Kiana Hairston 24.48 '15
4. Andrea Wright 24.55 '14
5. Leslie Satchell 24.80 '95

300-METER DASH

1. Jordan Lavender 39.05 '12
2. Julie Sandy 39.43 '87
3. **Anna Jefferson** **39.63** '17
4. **Kiana Hairston** **40.15** '15
5. Jenni Weatherly 40.61 '09

400-METER DASH

1. Jordan Lavender 54.69 '12
2. Michelle Samuels 55.81 '91
3. Meagan Gillespie 56.07 '09
4. **Chimere Ezumah** **56.27** '14
5. Leslie Satchell 56.67 '95

500-METER DASH

1. Cathron Birge 1:14.16 '87
2. Phyllis Buber 1:14.90 '84
3. Ayla Smith 1:14.91 '07
4. Lyndsay Harper 1:16.22 '08
5. Shelley McBride 1:16.68 '86

600-METER RUN

1. Meagan Gillespie 1:34.36 '09
2. **Madelin Rennyson** **1:36.87** '18
2. Lauri Collins 1:38.40 '82
3. Cathy Fitzpatrick 1:38.90 '83
4. Amy Parker 1:48.91 '93

800-METER RUN

1. **Emma Call** **2:07.39** '17
2. Morgane Gay 2:08.07 '09
3. Vanessa Fabrizio 2:08.79 '11
4. Sandy Schuler 2:09.90 '85
5. Alexia Roux 2:11.34 '16

1000-METER RUN

1. Sandy Schuler 2:44.40 '85
2. Shelley McBride 2:50.40 '86
3. Claire Forbes 2:55.31 '90
4. Alexia Roux 2:56.80 '16
5. **Megan Rebholz** **2:59.77** '15

1-MILE RUN

1. Claire Forbes 4:49.48 '90
2. Tasia Potasinski 4:51.49 '10
3. **Megan Rebholz** **4:53.87** '15
4. Lara Drauglis 4:53.94 '91
5. Michelle Rowen 4:54.10 '84

3000-METER RUN

1. Maria Hauger 9:29.20 '14
2. Sarah Fakler 9:37.45 '14
3. Katharine Walker 9:38.96 '11
4. **Megan Rebholz** **9:42.55** '15
5. Cleo Boyd 9:47.23 '14

5000-METER RUN

1. Lesley Welch 16:21.60 '82
2. Maria Hauger 16:22.07 '14
3. Cleo Boyd 16:29.16 '14
4. Sarah Fakler 16:32.01 '14
5. Katharine Walker 16:46.02 '11

60-METER HURDLES

1. **Alexis Woodley** **8.56** '17
2. Ayla Smith 8.68 '07
3. Kim Turko 8.69 '98
4. **Ciara Leonard** **8.74** '16
5. Shantell Bingham 8.82 '12

HIGH JUMP

1. Karen Didonota 1.71m (5'7.5") '87
2. Janelle Clayton 1.70m (5'7") '10
Pearl Bickersteth 1.70m (5'7") '10
Emily Kianka 1.70m (5'7") '11
Moirá Cronin 1.70m (5'7") '12

POLE VAULT

1. **Bridget Guy** **3.97m (13' 0.5")** '15
2. **Theresa Demaria** **3.96m (12'11.75)** '17
3. **Katie Freix** **3.82m (12' 6.5")** '15
4. Kate Kaufman 3.60m (11' 9.75") '16
5. Katie Darraugh 3.52m (11' 6.75") '07

LONG JUMP

1. Kiamesha Odey 6.00m (19' 8.25") '00
2. Sonja Fridy 5.99m (19' 8") ... '84
3. Dana Boone 5.96m (19' 6.75") '88
4. **Mia Barron** **5.94m (19' 6")**... '15
5. Kelly Miller 5.80m (19' 0.5") '96

TRIPLE JUMP

1. Dallas Rose 12.56m (44' 6") . '10
2. **Mia Barron** **12.33m (40' 5.5")** . '15
3. Britni Strates 12.32m (40' 5") .. '12
4. Rashawanda James 12.19m (40' 0") . '08
5. Mishanta Reyes 12.13m (39' 9.75") '99

SHOT PUT

1. Emily Vannoy 15.42m (50' 7.25") '10
2. Anna Grant 14.94m (49' 0.25") '08
Jones Brittney **14.94m (49' 0.25")** '18
4. Christine Bohan 14.78m (48' 6") '14
5. Kristy Martin 13.87m (45' 6.25") '97

WEIGHT THROW

1. Emily Vannoy 16.00m (52' 6") . '10
2. Kristy Martin 15.50m (50' 10.5") '97
3. Erin Wykoff 15.11m (49' 7") ... '09
5. **Brittney Jones** **14.90 (49' 0.25")** . '18
5. Maureen Laffan 14.84m (48' 8.5") '09

PENTATHLON

1. Beth Sheehan 3,678 '83
2. Katie Ollendick 3,443 '94
3. **Holly Sullivan** **3,411** '16
4. **Alana Herran** **3,396** '16
5. Rachel Volentine 3,108 '91

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



Indoor Relay Records

Women

4x400

1. 3:39.43 Chaney, Fabrizio, Wright, Lavender 2014
2. 3:39.77 Ezumah, Fabrizio, Wright, Lavender 2015
3. 3:39.93 Sandy, Hinton, Birge, Fridy 1987
4. 3:40.40 Chaney, Lavender, Ezumah, Wright 2014
5. 3:41.26 Wright, Ezumah, Lavender, Hairston 2015

DMR

1. 10:59.33 Gay, Smith, Harper, Garcia 2011
2. 11:14.15 Gay, Fabrizio, Harper, Garcia 2011
3. 11:19.39 Welch, Welch, Garrett, Haworth 1982
4. 11:21.19 Fabrizio, Weatherly, Gnade, Garcia 2011
5. 11:22.32 Sargent, Lavender, Fabrizio, Fouhy 2014

Men

4x400

1. **3:11.93** **Bowman, Carrington, Kiley, Dixon** **2017**
2. 3:12.52 Hazzard, Kiley, Carrington, Bartha 2015
3. 3:12.55 Hayes, Taylor, Kugrat, Ereng 1989
4. 3:12.90 Revelle, Adderly, Pirtle, Palmer 1982
5. 3:13.12 Anding, Roller, Lee, Paschal 2009

DMR

1. 9:29.86 Jesien, Paschal, Roller, Taye 2009
2. 9:31.23 Kostelac, Hazzard, Burton, Gilland 2013
3. 9:32.36 Marsella, Hazzard, Kiley, King 2015
4. 9:34.38 Johnson, Anding, Kostelac, Heineking 2011
5. 9:34.78 Gilland, Anding, Roller, Kostelac 2012

School Records for events that are not contested at current NCAA Championships

WOMEN

55 Meters

6.82 Sonya Fridy 1986

55m Hurdles

7.90 Michele Johnson 1986

60 Yards

6.9h Brenda Brown 1981

60y Hurdles

7.8h Susan Brownell 1982

300 Meters

39.05 Jordan Lavender 2012

440 Yards

54.0h Lisa Garrett 1981

500 Meters

1:09.89 Sonya Fridy 1987

600 Yards

1:24.67 Phyllis Buber 1985

600 Meters

1:32.88 Natalia Kuhn 2013

880 Yards

2:10.27 Kim Kelly 1985

1,000 Meters

2:44.40 Sandy Schuler 1985

1,000 Yards

2:30.43 Kim Kelly 1985

1,500 Meters

4:17.24 Margaret Groos 1981

Two-Mile

9:52.3h Margaret Groos 1980

Three-Mile

15:25.25 Martha White 1982

4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

MEN

55 Meters

6.21 Bruce Randolph 1984

55m Hurdles

7.33 Robert Archer 1984

60 Yards

6.0h Kent Merritt 1972

300 Meters

34.11 Anthony Swan 1986

440 Yards

49.9h John Morris 1970

500 Meters

1:02.44 Paul Ereng 1988

500 Yards

1:02.79 David Revelle 1983

600 Meters

1:11.99 Dwayne Brake 1983

600 Yards

1:09.8h David Revelle 1983

880 Yards

1:56.1h James Wood 1973

1,000 Meters

2:20.57 Ray Brown 1984

1,000 Yards

2:07.31 Ray Brown 1984

1,500 Meters

3:45.04 John Hinton 1985

Two-Mile

8:40.49 Kris Herdt 1987

Three-Mile

13:43.03 Colin Peddie 1985

Pentathlon

3,915 Stephen Dunphy 1991

4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010