



# VIRGINIA

## 2017 CAVALIER TRACK & FIELD NOTES

### 2017 Indoor Schedule

- 1/13-14 Virginia Tech Invitational (Blacksburg, Va.)
- 1/21 Notre Dame Invitational (Notre Dame, Ind.)
- 1/28 Darius Dixon Memorial Invitational (Lynchburg, Va.)
- 2/3 Crimson Elite Meet (Boston, Mass)
- 2/4 Scarlett & White Meet (Boston, Mass.)
- 2/10-11 Liberty Elite Invitational (Lynchburg, Va.)
- 2/11 Millrose Games (NYRR Wanamaker Mile) (New York, N.Y.)
- 2/18 UCS Invitational (Winston-Salem, N.C.)
- 2/23-25 ACC Championships (Notre Dame, Ind.)
- 3/10-11 NCAA Championships (College Station, Texas)

### 2017 Outdoor Schedule

- 3/24 Raleigh Relays (Raleigh, N.C.)
- 3/25 Hurricane Twilight (Miami, Fla.)
- 3/30-4/1 Texas Relays (Austin, Texas)
- 4/8 UVA QUAD (Columbia, Maryland, Penn)**
- 4/21-22 VIRGINIA CHALLENGE**
- 4/29 VIRGINIA Grand Prix**
- 5/12-14 ACC Championships (Atlanta, Ga.)
- 5/25-27 NCAA East Prelims (Lexington, Ky.)
- 6/7-10 NCAA Championships (Eugene, Ore.)

### Media Information

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### May 12-14, 2017

George C. Griffin Track and Field Facility | Atlanta, Ga.

**ACC Championships**  
**at**  
**Georgia Tech | Atlanta, Ga.**



Video-ACC Network Extra

#### THIS WEEK

- The Cavaliers look to improve last year's finishes at the ACC Outdoor Championships when the men's and women's track and field teams finished third and fourth, respectively. The men's team enters this year's championships with the top national ranking among league teams in the USTFCCCA, FloTrack and Dyestat polls.
- Cavaliers lead the ACC in three events including Filip Mihaljevic's shot put of 20.52m (67-4), Hilmar Jonsson's hammer throw of 70.31m (230-8) and Jordan Scott's triple jump of 16.44m (53-11.25). Mihaljevic and Jonsson are defending ACC champions for their respective events.
- The women's team enters the conference meet with Caitlin Mautz and Christine Bohan recording the second- and fourth-best efforts this season in the javelin. Mautz recorded a mark of 48.66m (159-8) and Bohan 46.75m (153-4). Bohan also ranks fourth in the league in the shot put (16.05m, 52-8). Holly Sullivan ranks third in the conference for the heptathlon (5,117), while Carly Feyerabend ranks fourth in the high jump (1.71m, 5-7.25).

#### RANKINGS

- The Virginia men are ranked No. 11 in the latest USTFCCCA national standings and No. 7 in the Dyestat and FloTrack rankings.

#### NOTABLE

- Currently, five Cavalier performances rank within the top 10 nationally. Filip Mihaljevic and Oghenakpobo Efekoro lead the team with the No. 2 and No. 3 efforts in the shot put. Jordan Scott ranks third in the triple jump, while Hilmar Jonsson and Zach Herriott rank ninth in their respective events. Jonsson holds the placement in the hammer and Herriott holds the ranking in the 10,000m.
- Four Cavaliers earned All-America honors during the 2017 indoor season. Jordan Young and Efekoro finished the year with first-team honors while Zach Herriott and Jordan Scott were named to the second-team. Young finished the NCAA Indoor Championships as the third-overall competitor in the weight throw, reaching a mark of 22.41. Efekoro also took third overall with a personal best mark of 19.13m in the shot put. Herriott placed 12th in the 5,000 meters (13:59.99) and Scott placed 10th in the triple jump (15.69m).
- The team returns Filip Mihaljevic and Henry Wynne as 2016 outdoor first-team All-Americans, finishing inside the top eight nationally in their events. Mihaljevic earned the program's first NCAA field title, taking home the NCAA championship in the men's shot put. He also claimed fifth in the discus. Wynne added a third-place finish in the 1,500 meters to help elevate the Cavaliers in the team standings.

### Virginia Coaching Staff

- |              |   |
|--------------|---|
| Bryan Fetzer | Director of Track and Field/Cross Country                                   |
| Todd Morgan  | Assistant Coach - Women's Distance  |
| Pete Watson  | Assistant Coach - Men's Distance  |
| Mario Wilson | Assistant Coach - Horizontal Jumps/Men's High Jump/<br>Pole Vault/Decathlon |
| Martin Maric | Assistant Coach - Throws  |

## Schedule of Probable UVA Entries

### Friday, May 12:

11:00A	Men's Hammer	Jonsson, J. Young
11:30A	Men's Decathlon	Claiborne, Lint
12:00P	Women's Heptathlon	Sullivan
5:00P	Men's Javelin	Bouselli
5:30P	Women's Pole Vault	DeMaria, Freix
6:03P	Women's 400m Hurdle Prelims	Smith
6:20P	Men's 400m Hurdle Prelims	Bowman
6:35P	Women's 200m Prelims	Wright
7:00P	Women's Javelin	Bohan, Bogavac, Mautz
7:15P	Women's 1500m Prelims	Hamilton
7:40P	Men's 1500m Prelims	Ernst, Wynne
7:55P	Women's 10000m Final	Boyd
8:35P	Men's 10000m Final	Cook, Corbett, Demarest, Herriott

### Saturday, May 13

11:00A	Men's Decathlon	Claiborne, Lint
12:00P	Women's Heptathlon	Sullivan
3:00P	Men's Shot Put	Efekoro, Mihaljevic, Plesko, Williams
3:00P	Women's Long Jump	Barron, McKee
5:30P	Men's Pole Vault	Jernigan, S. Young
5:45P	Women's 100m Hurdle	Herran, Leonard, Smith, Woodley
6:00P	Women's Shot Put	Bohan
6:00P	Men's Long Jump	Scott
6:00P	Women's High Jump	Feyerabend
6:10P	Men 110m Hurdle Prelim	Bowman, Jackson
6:25P	Women's 400m Prelim	Ezumah
6:40P	Men 400m Prelim	Dixon, Kiley
7:00P	Women's 100m Prelim	Hairston, McKenzie
7:30P	Women's 800m Prelim	Brickhill
7:45P	Men 800m Prelim	Carrington

### Sunday, May 14

2:00P	Women Triple Jump	Barron, McKee
2:00P	Men Discus Throw	Efekoro, Mihaljević, Pleško, Williams, J. Young
5:00P	Women's Discus Throw	Bohan, Bogavac, Green
5:00P	Men Triple Jump	Scott, Worrell
5:03P	Women 4 X 100m Relay	Virginia
5:20P	Women's 1500m Final	Hamilton
5:30P	Men 1500m Final	Ernst, Wynne
5:40P	Women's 100m Hurdle Final	Herran, Leonard, Smith, Woodley
5:50P	Men's 110m Hurdle Final	Bowman, Jackson
6:00P	Women's 400m Final	Ezumah
6:10P	Men's 400m Final	Dixon, Kiley
6:20P	Women's 100m Final	Hairston, McKenzie
6:40P	Women's 800m Final	Brickhill
6:50P	Men's 800m Final	Carrington
7:00P	Women's 400m Hurdle Final	Smith
7:10P	Men's 400m Hurdle Final	Bowman
7:20P	Women's 200m Final	Wright
7:40P	Women's 5000m Final	Boyd
8:05P	Men's 5000m Final	Demarest, Herriott, Madden, Weaverling, Wynne
8:30P	Women's 4 X 400m Relay	Virginia
8:40P	Men's 4 X 400m Relay	Virginia

## Pronunciation Guide

Anthony Bouselli	boo-sell-ee
Brent Demarest	demm-are-ist
Oghenakpobo Efekoro	po-bo eff-a-core-oh
Robby Keough	key-oh
Nathan Kiley	ky-lee
Filip Mihaljevic	fill-ip me-HIGH-la-vich
Nace Plesko	Nawt-say plesh-koe
Noah Toney	Tony
Conal Wilson	con-ell
Henry Wynne	win
Mia Barron	my-ah
Christine Bohan	BO-han
Micah Brickhill	mike-ah
Chimere Ezumah	chimm-ear ezz-oo-h-mah
Katie Freix	fricks
Maria Hauger	how-ger
Caitlin Mautz	motts
Andrea Wright	ahn-drey-ah

**Virginia Seeds for NCAA East Preliminary**
**MEN**

<b>1,500m</b>	<b>Time</b>	<b>Rank</b>
Wynne	3:42.60	10

<b>5,000m</b>	<b>Time</b>	<b>Rank</b>
Wynne	13:43.53	3
Herriott	13:53.47	10
Cook	13:58.01	21
Madden	14:05.05	37

<b>10,000m</b>	<b>Time</b>	<b>Rank</b>
Herriott	28:44.22	7
Demarest	29:07.78	15
Cook	29:18.20	21
Weaverling	29:29.90	31
Corbett	29:45.51	42

<b>400mH</b>	<b>Time</b>	<b>Rank</b>
Bowman	52.54	41

<b>Pole Vault</b>	<b>Mark</b>	<b>Rank</b>
Jernigan	5.13m (16-10)	29
S. Young	5.09m (16-8.25)	41

<b>Long Jump</b>	<b>Mark</b>	<b>Rank</b>
Scott	7.54m (24-9)	33

<b>Triple Jump</b>	<b>Mark</b>	<b>Rank</b>
Scott	16.44m (53-11.25)	2
Worrell	15.72m (51-7)	21

<b>Shot Put</b>	<b>Mark</b>	<b>Rank</b>
Mihaljevic	20.52m (67-4)	1
Efekoro	20.39m (66-10.75)	2
Plesko	18.18m (59-7.75)	26

<b>Discus Throw</b>	<b>Mark</b>	<b>Rank</b>
Young	58.81m (192-1)	11
Mihaljevic	58.37m (191-6)	14

<b>Hammer Throw</b>	<b>Mark</b>	<b>Rank</b>
Jonsson	70.31m (230-8)	8
Young	65.24m (214-0)	23

<b>Decathlon</b>	<b>Points</b>	<b>Rank</b>
Lint	7,478	6

**WOMEN**

<b>100mH</b>	<b>Time</b>	<b>Rank</b>
Leonard	13.41	24

<b>400mH</b>	<b>Time</b>	<b>Rank</b>
Smith	59.47	34

<b>Long Jump</b>	<b>Mark</b>	<b>Rank</b>
Barron	6.08m (19-11.5)	44

<b>Triple Jump</b>	<b>Mark</b>	<b>Rank</b>
McKee	12.95m (42-6)	20
Barron	12.75m (41-10)	30

<b>Shot Put</b>	<b>Mark</b>	<b>Rank</b>
Bohan	16.05m (52-8)	21

<b>Discus</b>	<b>Mark</b>	<b>Rank</b>
Bohan	49.52m (162-6)	45

<b>Javelin</b>	<b>Mark</b>	<b>Rank</b>
Mautz	48.66m (159-8)	15
Bohan	46.75m (153-4)	27

<b>Heptathlon</b>	<b>Points</b>	<b>Rank</b>
Sullivan	5,117	18

**Men's Top Outdoor 2017 Performances and Personal Bests**

<b>100 METERS</b>	<b>2017</b>	<b>PR</b>
Lint	11.05	11.05
Collins	11.23	11.23

<b>200 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Dixon	21.69	21.69
Jackson	22.29	22.29

<b>400 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Kiley	47.33	47.33
Bowman	48.04	48.02
Dixon	48.55	48.55
Carrington	49.22	48.63
Lint	49.64	49.64
Collins	51.63	49.64

<b>800 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Wynne	1:51.00	1:50.70
Carrington	1:51.19	1:49.98
Novak	1:55.73	1:55.73
Hagen	1:56.41	1:51.29
Ernst	1:57.48	1:57.48
Keough	1:58.92	1:58.92
Neish	2:02.59	2:02.59
Kiley	----	1:49.31
Marsella	----	1:49.53

<b>1,500 METERS</b>	<b>2017</b>	<b>PR</b>
Wynne	3:42.60	3:38.05
Cook	3:47.53	3:47.53
Herriott	3:48.81	3:48.81
Hagen	3:50.58	3:50.58
Ernst	3:50.88	3:50.88
Demarest	3:51.25	3:51.25
Keough	3:51.76	3:51.76
Neish	3:54.54	3:54.54
Novak	3:55.50	3:45.35
Amabile	4:01.79	4:01.79
Lint	4:51.39	4:51.39
Claiborne	5:02.44	5:02.44
Madden	----	4:23.87
Marsella	----	3:41.35

<b>5,000 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Wynne	13:43.53	13:43.53
Herriott	13:53.47	13:53.47
Cook	13:58.01	13:58.01
Madden	14:05.05	13:57.01
Klau	15:09.96	15:09.96
Hopper	15:17.42	15:17.42
Amabile	15:42.25	15:42.25
Weaverling	----	14:01.20
Demarest	----	14:10.94
Novak	----	14:19.05

<b>10,000 METERS</b>	<b>2017</b>	<b>PR</b>
Herriott	28:44.22	28:44.22
Demarest	29:07.78	29:07.78
Cook	29:18.20	29:18.20
Weaverling	29:29.90	29:29.90
Corbett	29:45.51	29:45.51
Klau	30:10.82	30:10.82
Madden	----	29:54.91

<b>110m HURDLES</b>	<b>2017</b>	<b>PR</b>
Bowman	14.42	14.42
Jackson	14.48	14.48
Lint	14.63	14.63
Claiborne	15.51	15.51
Collins	-----	16.63

<b>400m HURDLES</b>	<b>2017</b>	<b>PR</b>
Bowman	52.54	52.54
Jackson	----	57.76

<b>2,000m STEEPCHASE</b>	<b>2017</b>	<b>PR</b>
Novak	5:57.91	5:57.91

<b>HIGH JUMP</b>	<b>2017</b>	<b>Out-PR</b>
Lint	1.90m 6'2.75"	1.95m 6'4.75"
Claiborne	1.87m	1.86m
Collins	----- ----	1.90m 6'2.75"

<b>POLE VAULT</b>	<b>2017</b>	<b>Out-PR</b>
Jernigan	5.13m 16'10"	5.13m 16'10"
S. Young	5.09m 16'8.25"	5.09m 16'8.25"
Lint	4.50m 14'9"	4.50m 14'9"
Claiborne	3.99m 13'1"	3.99m 13'1"
Collins	----	4.15m 13'7.25"

<b>LONG JUMP</b>	<b>2017</b>	<b>Out-PR</b>
Scott	7.54m 24'9"	7.54m 24'9"
Worrell	7.25m 23'9.25"	7.25m 23'9.25"
Lint	7.23m 23'8.75"	7.23m 23'8.75"
Claiborne	6.39m 20'11.75"	6.39m 20'11.75"
Lambert	-----	7.09m 23'3.25"
Collins	-----	6.88m 22'7"

<b>TRIPLE JUMP</b>	<b>2017</b>	<b>Out-PR</b>
J. Scott	16.44m 53'11.25"	16.44m 53'11.25"
Worrell	15.72m 51'7"	15.72m 51'7"
Hamm	----	14.16m 46'5.5"

<b>SHOT PUT</b>	<b>2017</b>	<b>Out-PR</b>
Mihaljevic	20.52 67'4"	20.71m 67'11.5"
Efekoro	20.39m 66'10.75"	20.39m 66'10.75"
Plesko	18.18m 59'7.75"	18.30m 61'0.5"

Williams	16.66m 54'8"	16.66m 54'8"
Lint	13.57m 44'6.25"	13.57m 44'6.25"
Claiborne	10.68m 35'0.5"	10.68m 35'0.5"
J. Young	----	19.80m 64'11.5"
Collins	----	13.44m 44'1.25"

<b>DISCUS</b>	<b>2017</b>	<b>PR</b>
Mihaljevic	58.81m 192'11"	63.11m 207'1"
J. Young	58.37m 191'6"	62.27m 204'3"
Plesko	51.99m 170'7"	51.99m 170'7"
Williams	51.53m 169'1"	52.04m 170'9"
Bouselli	46.61m 152'11"	46.61m 152'11"
Efekoro	45.12m 148'0"	49.73m 163'2"
Lint	38.72m 127'0"	41.20m 135'2"
Claiborne	31.13m 102'1"	31.13m 102'1"
Collins	----	45.18m 148'3"

<b>HAMMER</b>	<b>2017</b>	<b>PR</b>
Jonsson	70.31m 230'8"	71.52m 234'8"
J. Young	65.24m 214'0"	70.73m 232'1"
Williams	----	51.22m 168'0"

<b>JAVELIN</b>	<b>2017</b>	<b>PR</b>
Bouselli	56.61m 185'9"	60.89m 199'9"
Lint	51.34m 168'5"	51.34m 168'5"
Claiborne	38.78m 127'3"	38.78m 127'3"
Collins	----	52.27m 171'6"

<b>DECATHLON</b>	<b>2017</b>	<b>PR</b>
Lint	7478	7478
Claiborne	6226	6226
Collins	----	7004

<b>4x400 Relay</b>	<b>2017</b>
Bowman, Kiley, Dixon, Carrington	3:10.43
Bowman, Carrington, Lint, Dixon	3:17.16

**Women's Top Outdoor 2017 Performances and Personal Bests**

<b>100 METERS</b>	<b>2017</b>	<b>PR</b>
McKenzie	11.63	11.63
Hairston	12.04	12.04
Wright	----	12.10
Baker	----	12.62

<b>200 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Wright	24.35	24.21
McKenzie	24.83	24.21
Hairston	24.93	24.52
Ezumah	25.03	24.99
Sullivan	25.26	25.26
Woodley	25.32	25.32
Leonard	25.65	25.65
Herran	----	25.35

<b>400 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Ezumah	56.27	54.87
Wright	----	54.80
Hairston	----	57.42
Brickhill	----	59.67

<b>800 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Brickhill	2:09.94	2:09.94
Lansing	2:15.00	2:15.00
Sullivan	2:19.55	2:19.52
Angermeier	2:23.50	2:23.50
Herran	----	2:24.59

<b>1,500 METERS</b>	<b>2017</b>	<b>PR</b>
Boyd	4:26.09	4:26.09
Angermeier	4:41.06	4:41.06
Hawling	4:42.25	4:42.25
Lansing	4:49.24	4:49.24
Mulhern	----	4:32.46
Fakler	----	4:39.11
Rebholz	----	4:44.77

<b>5,000 METERS</b>	<b>2017</b>	<b>Out-PR</b>
Hawling	17:14.24	17:14.24
Mackenzie	17:29.79	17:29.79
Fakler	17:36.82	16:18.59
Boyd	----	16:09.23
Mulhern	----	16:28.18
Rebholz	----	16:31.44

<b>10,000 METERS</b>	<b>2017</b>	<b>PR</b>
Boyd	----	33:11.22
Fakler	----	34:15.20
Rebholz	----	35:43.90

<b>100m HURDLES</b>	<b>2017</b>	<b>PR</b>
Leonard	13.41	13.41
Woodley	13.67	13.67
Smith	13.76	13.76
Herran	13.86	13.86
Feyerabend	14.65	14.58

<b>400m HURDLES</b>	<b>2017</b>	<b>PR</b>
Smith	59.47	58.17
Sullivan	1:00.34	1:00.34
Jefferson	1:06.37	1:06.37

<b>2,000m STEEPLECHASE</b>	<b>2017</b>	<b>PR</b>
Mackenzie	7:00.59	7:00.59

<b>HIGH JUMP</b>	<b>2017</b>	<b>Out-PR</b>
Feyerabend	1.71m	1.71m
	5'7.25"	5'7.25"
Sullivan	1.61m	1.61m
	5'3.25"	5'3.25"
Herran	1.56m	1.61m
	5'1.25"	5'3.25"

<b>POLE VAULT</b>	<b>2017</b>	<b>Out-PR</b>
Demaria	3.93m	3.93m
	12'10.75"	12'10.75"
Freix	3.78m	3.78m
	12'4.75"	12'4.75"
Guy	----	4.23m
	----	13'10.5"

<b>LONG JUMP</b>	<b>2017</b>	<b>Out-PR</b>
Barron	6.08m	6.22m
	19'11.5"	20'5"
McKee	5.87m	5.87m
	19'3.25"	19'3.25"
Sullivan	5.69m	5.69m
	18'8"	18'8"
Herran	5.65m	5.65m
	18'6.5"	18'6.5"

<b>TRIPLE JUMP</b>	<b>2017</b>	<b>Out-PR</b>
McKee	12.95m	12.95m
	42'6"	42'6"
Barron	12.75m	12.75m
	41'10"	41'10"

<b>SHOT PUT</b>	<b>2017</b>	<b>Out-PR</b>
Bohan	16.05m	16.87m
	52'8"	55'4.25"
Green	12.41m	12.61m
	40'8.75"	41'4.5"
Sullivan	10.02m	10.02m
	32'10.5"	32'10.5"
Herran	8.39m	9.00m
	27'6.5"	29'6.5"

<b>DISCUS</b>	<b>2017</b>	<b>PR</b>
Bohan	49.52m	49.52m
	162'6"	162'6"
Green	48.54m	50.15m
	158'7"	164'6"
Bogavac	44.94m	44.94m
	147'5"	147'5"

<b>HAMMER</b>	<b>2017</b>	<b>PR</b>
Bohan	49.53m	49.53m
	162'6"	162'6"
Baker	47.76m	47.76m
	156'8"	156'8"
Green	----	35.83m
	----	117'7"

<b>JAVELIN</b>	<b>2017</b>	<b>PR</b>
Mautz	48.66m	48.66m
	159'8"	159'8"
Bohan	46.75m	47.40m
	153'4"	156'6"
Sullivan	31.47m	31.47m
	103'3"	103'3"
Baker	26.68m	26.68m
	87'6"	87'6"
Herran	19.78m	25.55m
	64'11"	83'10"

<b>HEPTATHLON</b>	<b>2017</b>	<b>PR</b>
Sullivan	5117	5117
Herran	----	4771

<b>4x100 Relay</b>	<b>2017</b>
McKenzie, Wright, Leonard, Jefferson	45.58

<b>4x400 Relay</b>	<b>2017</b>
Ezumah, Sullivan, Woodley, Wright	3:43.02
Jefferson, Sullivan, Wright, Ezumah	3:43.91
Smith, Brickhill, Woodley, Lansing	3:53.99

## OUTDOOR WOMEN'S RECORDS

Event .....	Name.....	Time/Mark.....	Date
100 meters .....	Sonja Fridy.....	11.36.....	1987
200 meters .....	Sonja Fridy.....	23.17.....	1987
400 meters .....	Sonja Fridy.....	51.93.....	1987
800 meters .....	Gail Bryant.....	2:04.21 .....	1985
1,500 meters.....	Morgane Gay.....	4:13.20 .....	2012
5,000 meters.....	Margaret Groos.....	15:51.24.....	1980
10,000 meters .....	Patty Matava .....	32:58.64.....	1987
<b>100-meter hurdles.....</b>	<b>Ciara Leonard.....</b>	<b>13.41.....</b>	<b>2017</b>
400-meter hurdles.....	Ayla Smith.....	56.54.....	2011
3,000-meter steeplechase .....	Stephanie Garcia .....	9:47.29 .....	2011
4x100-meter relay .....	Chaney, <b>Wright</b> , Lavender, <b>McKenzie</b> .....	44.56.....	2015
4x400-meter relay .....	<b>Ezumah</b> , Lavender, Fabrizio, <b>Wright</b> .....	3:35.74 .....	2014
High Jump.....	Ann Bair .....	1.88m (6' 2") .....	1983
Pole Vault.....	Bridget Guy .....	4.23m (13' 10.5").....	2016
Long Jump .....	Dana Boone .....	6.65m (21' 9.75").....	1990
Triple Jump .....	Tomika Ferguson.....	13.21m (43' 4.25").....	2007
Shot Put.....	<b>Christine Bohan</b> .....	16.87m (55' 4.25").....	2016
Discus Throw .....	Billie-Jo Grant .....	56.06m (183' 11") .....	2008
Hammer Throw.....	Maureen Laffan.....	59.91m (196' 6").....	2012
Javelin Throw .....	Ann Crouse.....	57.38m (188' 3").....	1999
Heptathlon.....	Rebecca Grube.....	5,512 points.....	1994

## OUTDOOR MEN'S RECORDS

Event .....	Name .....	Time/Mark .....	Date
100 meters .....	Gerald Howard.....	10.42.....	1995
200 meters .....	Gerald Howard.....	20.79.....	1995
400 meters .....	Payton Hazzard.....	45.88.....	2015
800 meters .....	Paul Ereng.....	1:43.16 .....	1989
<b>1,500 meters.....</b>	<b>Henry Wynne</b> .....	<b>3:38.05 .....</b>	<b>2016</b>
5,000 meters.....	Kris Herdt .....	13:37.44.....	1987
<b>10,000 meters.....</b>	<b>Zach Herriott.....</b>	<b>28:44.22 .....</b>	<b>2017</b>
110-meter hurdles.....	Adams Abdulrazaaq.....	13.66.....	2011
400-meter hurdles.....	Steve Delice .....	50.02.....	2010
3,000-meter steeplechase .....	Jan Foerster.....	8:34.78 .....	2007
4x100-meter relay .....	Randolph, Archer, Brown, Palmer .....	40.25.....	1984
4x400-meter relay .....	Anding Roller, Bryan, Hazzard .....	3:07.11 .....	2012
High Jump.....	Herman Moore/Greg Byers .....	2.19m (7' 2.25") .....	1988/1982
Pole Vault.....	David Sullivan.....	5.35m (17' 6.75").....	2005
Long Jump .....	Greg Byers .....	7.70m (25' 3.25").....	1982
Triple Jump .....	Marcus Robinson .....	16.46m (54' 0") .....	2012
<b>Shot Put.....</b>	<b>Filip Mihaljevic</b> .....	<b>20.71m (67' 11.5").....</b>	<b>2016</b>
<b>Discus Throw.....</b>	<b>Filip Mihaljevic</b> .....	<b>63.11m (207' 0").....</b>	<b>2015</b>
<b>Hammer Throw .....</b>	<b>Hilmar Jonsson</b> .....	<b>72.52m (234' 8").....</b>	<b>2016</b>
Javelin Throw .....	Andy Fahringer .....	75.19m (246' 8").....	2012
Decathlon.....	Stephen Dunphy.....	7,920 points.....	1992

**Men's Outdoor Top 10 List**
**100 METERS**

1. Gerald Howard	10.42	'95
2. Reuben Jones	10.45	'08
3. Shay Clark	10.50	'02
4. Edwin Brown	10.52	'85
5. Scott Kimball	10.53	'03
6. Bruce Randolph	10.69	'84
7. Jarrett Hagwood	10.72	'02
8. Mauri Anderson	10.74	'80
9. Orren Prunty	10.84	'02
Ben Jullien	10.84	'96

**200 METERS**

1. Gerald Howard	20.79	'95
2. Ben Sarpong	20.87	'95
3. Edwin Brown	20.90	'85
4. Reuben Jones	21.16	'08
5. Kellen Blassingame	21.24	'05
6. Payton Hazzard	21.27	'15
7. Conlon Bonner	21.28	'08
8. Scott Kimball	21.31	'02
9. Eric Adderly	21.32	'82
10. Rauh Turner	21.39	'98

**400 METERS**

1. Payton Hazzard	45.88	'15
2. Kellen Blassingame	46.02	'05
3. Meikle Paschal	46.61	'08
4. Kevin Anding	46.84	'10
5. Jim Bruce	46.94	'79
6. Ben Kurgat	46.96	'88
7. Jason Young	47.07	'04
8. Gerald Howard	47.23	'95
9. Leon Palmer	47.26	'84
10. Nathan Kiley	47.33	'17

**800 METERS**

1. Paul Ereng	1:43.16	'89
2. Robby Andrews	1:44.71	'11
3. Lance Roller	1:46.11	'10
4. Ray Brown	1:46.74	'83
5. Ben Kurgat	1:47.32	'90
6. John Hinton	1:47.33	'84
7. Greg Canty	1:47.44	'80
8. Anthony Kostelac	1:48.96	'12
9. Vince Draddy	1:49.05	'81
10. Nathan Kiley	1:49.31	'16

**1,500 METERS**

1. Henry Wynne	3:38.05	'16
2. John Hinton	3:40.24	'83
3. Vince Draddy	3:40.44	'81
4. Robby Andrews	3:40.77	'11
5. Mike Marsella	3:41.35	'15
6. Patrick Todd	3:41.51	'12
7. Andrew Jesien	3:41.78	'09
8. Ray Weeden	3:43.65	'99
9. Kyle King	3:44.25	'13
10. Brett Johnson	3:44.44	'11

**5,000 METERS**

1. Kris Herdt	13:37.44	'87
2. Henry Wynne	13:43.53	'17
3. Sean Keveren	13:48.34	'12
4. Zach Herriott	13:53.47	'17
5. Jim Hays	13:55.2h	'85
6. Kyle King	13:55.60	'12
7. Ryan Collins	13:55.94	'09
8. Mike Cotton	13:56.44	'81
9. Lachlan Cook	13:58.01	'17
10. Mark Amirault	13:59.21	'13

**10,000 METERS**

1. Zach Herriott	28:44.22	'17
2. Mike Cotton	28:55.34	'81
3. Andrew Dumm	28:59.25	'07
4. Brent Demarest	29:07.78	'17
5. Adam Visokay	29:11.13	'15
6. Trey Miller	29:14.21	'10
7. Ryan Foster	29:16.79	'06
8. Lachlan Cook	29:18.20	'17
9. Chase Weaverling	29:29.90	'17
10. Sean Keveren	29:31.86	'12

**110m HURDLES**

1. Adams Abdulrazaaq	13.66	'11
2. Barry Word	13.88	'84
3. George Johnson	13.91	'82
4. Jarrett Hagwood	14.13	'02
5. Kevin Williams	14.14	'79
6. Rob Archer	14.16	'84
7. Ronde Barber	14.22	'94
8. DreQuan Hoskey	14.23	'14
9. Mike Abidin	14.27	'82
10. Isi Azeke	14.31	'05

**400m HURDLES**

1. Steve Delice	50.02	'10
2. Karl Williams	50.34	'79
3. Rob Archer	50.80	'84
4. Bruce Berry	51.09	'85
5. Kevin Williams	51.54	'79
6. Adams Abdulrazaaq	51.79	'08
7. George Johnson	51.98	'81
8. Dave Revelle	52.05	'84
9. Bob Wilks	52.21	'84
10. Brandon Burton	52.34	'13

**3000m STEEPLECHASE**

1. Jan Foerster	8:34.78	'07
2. Rob Cook	8:39.36	'94
3. Kyle King	8:39.72	'15
4. Steve Finley	8:40.56	'10
5. Adam Visokay	8:43.60	'15
6. Mike Cotton	8:44.44	'81
7. Will Gray	8:45.82	'16
8. Soeren Linder	8:51.89	'05
9. Tim Lloyd	8:53.84	'80
10. John Hinton	8:55.14	'84

## Men's Outdoor Top 10 Lists

### HIGH JUMP

1. Herman Moore.....	2.19m (7' 2.25")	'88
Greg Byers.....	2.19m (7' 2.25")	'82
3. Greg Nelson.....	2.10m (6' 10.75")	'10
Chris Clementson.....	2.10m (6' 10.75")	'02
Mike Riso.....	2.10m (6' 10.75")	'02
Bob Lund.....	2.10m (6' 10.75")	'91
7. Cordell Green.....	2.09m (6' 10.25")	'95
8. Wes Dungan.....	2.08m (6' 9.75")	'94
9. Tommy DeVita.....	2.07m (6' 9.5")	'13
10. Arthur Gennari.....	2.05m (6' 8.75")	'10

### POLE VAULT

1. David Sullivan.....	5.35m (17' 6.75")	'05
2. Brian Shafer.....	5.20m (17' 0.75")	'93
<b>3. Jeff Jernigan.....</b>	<b>5.13m (16' 10")</b>	<b>'17</b>
<b>4. Sam Young.....</b>	<b>5.09m (16' 8.25")</b>	<b>'17</b>
5. Tom Cooke.....	5.05m (16' 6.75")	'95
6. Jeff McClurg.....	4.95m (16' 2.75")	'07
7. David Lewis.....	4.89m (16' 0.75")	'06
8. David Hood.....	4.88m (16' 0.0")	'88
9. Mike Hood.....	4.85m (15' 11.0")	'91
Greg Blair.....	4.85m (15' 11.0")	'04

### LONG JUMP

1. Greg Byers.....	7.70m (25' 3.25")	'82
2. Mike Harvey.....	7.67m (25' 2")	'69
<b>3. Jordan Scott.....</b>	<b>7.54m (24' 9")</b>	<b>'17</b>
4. Wes Dungan.....	7.48m (24' 6.5")	'94
Tiki Barber.....	7.48m (24' 6.5")	'95
6. Keith Witherspoon.....	7.45m (24' 5.25")	'76
7. Bruce Randolph.....	7.43m (24' 4.5")	'84
8. Dion Woolfolk.....	7.41m (24' 3.75")	'96
9. Stephen Dunphy.....	7.39m (24' 3")	'94
Jarrett Hagwood.....	7.39m (24' 3")	'02

### TRIPLE JUMP

1. Marcus Robinson.....	16.46m (54' 0")	'12
<b>2. Jordan Scott.....</b>	<b>16.44m (53' 11.25")</b>	<b>'17</b>
3. Keith Witherspoon.....	16.27m (53' 4.50")	'76
4. Ryan Satchell.....	15.98m (52' 5.25")	'14
5. Chike Chukwolozie.....	15.94m (52' 3.75")	'90
<b>6. Aaron Worrell.....</b>	<b>15.72m (51' 7")</b>	<b>'17</b>
7. Greg Byers.....	15.56m (51' 0.75")	'84
8. Cornell Grayson.....	15.55m (51' 0.50")	'90
9. Donald Scott.....	15.43m (50' 7.50")	'94
10. Mike Mosley.....	15.25m (50' 0.5")	'85

### SHOT PUT

<b>1. Filip Mihaljevic.....</b>	<b>20.71m (67' 11.5")</b>	<b>'16</b>
<b>2. Oghenakpobo Efeboro...20.39m (66' 10.75")</b>		<b>'17</b>
<b>3. Jordan Young.....</b>	<b>19.80m (64' 11.5")</b>	<b>'15</b>
4. Nick Vena.....	19.51m (64' 0.25")	'12
5. Yemi Ayeni.....	18.23m (59' 9.75")	'09
<b>6. Nace Plesko.....</b>	<b>18.18m (59' 7.75")</b>	<b>'17</b>
7. Kevin Latham.....	18.04m (59' 2.5")	'85
8. Mike Murphy.....	17.15m (56' 3.25")	'93
9. Thom McKinney.....	17.06m (55' 11.75")	'91
10. Al Sinesky.....	16.83m (55' 2.75")	'69

### DISCUS

<b>1. Filip Mihaljevic.....</b>	<b>63.11m (207' 0")</b>	<b>'15</b>
<b>2. Jordan Young.....</b>	<b>62.27m (204' 3")</b>	<b>'15</b>
3. Yemi Ayeni.....	61.11m (200' 6")	'07
4. Larry Wilson.....	57.91m (190' 0")	'99
5. Kevin Latham.....	56.71m (186' 1")	'85
6. Phil Vincenzes.....	55.98m (183' 8")	'82
7. Nick Vena.....	54.84m (179' 11")	'12
8. Mike Murphy.....	52.78m (173' 2")	'93
9. Tim Bilmanis.....	52.57m (172' 6")	'01
<b>10. James Williams.....</b>	<b>52.04m (170' 9")</b>	<b>'16</b>

### HAMMER THROW

<b>1. Hilmar Jonsson.....</b>	<b>71.52m (234' 8")</b>	<b>'16</b>
<b>2. Jordan Young.....</b>	<b>70.73m (232' 1")</b>	<b>'15</b>
3. Vincenzo Chiariello.....	64.29m (210' 11")	'12
4. Bill Johnston.....	58.19m (190' 11")	'01
5. Robert Guider.....	55.67m (182' 8")	'10
6. James Fuson.....	55.53m (182' 2")	'12
7. Phil Vincenzes.....	53.23m (174' 8")	'79
8. Walker Anderson.....	52.68m (172' 10")	'04
<b>9. James Williams.....</b>	<b>51.22m (168' 0")</b>	<b>'16</b>
10. Thom McKinney.....	46.99m (154' 2")	'90

### JAVELIN

1. Andy Fahringer.....	75.19m (246' 8")	'12
2. Brian Kollar.....	74.22m (243' 6")	'01
3. John Welch.....	72.19m (236' 10")	'02
4. Steve Kiessling.....	69.67m (228' 7")	'92
5. Kyle Smith.....	69.43m (227' 9")	'15
6. James Murdock.....	63.93m (209' 9")	'02
7. Stephen Dunphy.....	61.62m (202' 2")	'94
<b>8. Anthony Bouselli.....</b>	<b>60.89m (199' 9")</b>	<b>'16</b>
9. Greg Trzcinski.....	56.96m (186' 10")	'97
10. Justin Schwartz.....	56.70m (186' 0")	'96

### DECATHLON

1. Stephen Dunphy.....	7,920	'92
2. Willy Pirtle.....	7,676	'82
3. John Bryan.....	7,666	'81
<b>4. Jack Lint.....</b>	<b>7,478</b>	<b>'17</b>
5. David Lewis.....	7,105	'08
6. Christian Lavorgna.....	7,064	'16
<b>7. Cam Collins.....</b>	<b>7,004</b>	<b>'16</b>
8. Bill Smith.....	6,863	'83
9. Sean Sullivan.....	6,847	'96
10. John Anderson.....	6,814	'95



**Women's Outdoor Top 10 List**
**100 METERS**

1. Sonja Fridy .....11.36 ..... '87
2. Kiamesha Otey .....11.43..... '01
3. Kelly Miller .....11.48..... '99
4. Pam Lemons .....11.57..... '93
- 5. Tori McKenzie ..... 11.63 .... '17**
6. Brenda Brown .....11.64..... '84
7. Peyton Chaney .....11.71..... '14
8. Julie Sandy .....11.74..... '89
9. Valentia Alleyne .....11.75..... '94
10. Talia Wise .....11.80..... '08

**200 METERS**

1. Sonja Fridy .....23.17..... '87
2. Jordan Lavender .....23.42..... '14
3. Kiamesha Otey .....23.46..... '03
4. Peyton Chaney .....23.50..... '16
5. Kelly Miller .....23.61..... '99
6. Janne'a Bridgeford .....23.69..... '08
7. Pam Lemons.....23.83..... '93
8. Talia Wise .....23.86..... '08
9. Julie Sandy.....23.87..... '89
10. Brenda Brown .....23.94..... '81

**400 METERS**

1. Sonja Fridy .....51.93..... '87
2. Jordan Lavender .....52.48..... '14
3. Lisa Garrett .....52.64..... '83
4. Carielle Doe .....53.22..... '03
5. Angela Lee .....54.05..... '98
6. Michelle Samuels .....54.59..... '92
- 7. Andrea Wright ..... 54.80 .... '14**
8. Talia Wise .....54.81..... '08
- 9. Chimere Ezumah ..... 54.87 .... '14**
10. Gail Bryant .....54.90..... '85

**800 METERS**

1. Gail Bryant .....2:04.21 .... '85
2. Vanessa Fabrizio .....2:04.77 ..... '14
3. Kim Kelly .....2:05.23 .... '84
4. Vicky Fouhy .....2:05.55 ..... '13
5. Lyndsay Harper .....2:05.84 ..... '11
6. Jill Haworth.....2:06.31 .... '82
7. Phyllis Buber .....2:06.96 .... '86
8. Linda Nicholson.....2:07.54 ..... '80
9. Kim Liggins .....2:08.24 .... '92
10. Morgane Gay .....2:08.29 ..... '09

**1,500 METERS**

1. Morgane Gay .....4:13.20 ..... '12
2. Vicky Fouhy .....4:14.51 ..... '13
3. Michelle Rowen .....4:15.37 ..... '87
4. Jill Haworth.....4:16.06 ..... '83
5. Lesley Welch.....4:16.54..... '82
6. Margaret Groos .....4:16.74..... '81
7. Lisa Welch .....4:17.74..... '82
8. Claire Forbes .....4:18.58 .... '90
9. Stephanie Garcia .....4:18.30 ..... '11
10. Iona Lake .....4:21.30 ..... '15

**5,000 METERS**

1. Margaret Groos .....15:51.24 .. '80
2. Patty Matava .....15:56.41 .. '86
3. Catherine White .....16:04.58.. '12
4. Barbara Strehler .....16:07.70.. '13
- 5. Cleo Boyd..... 16:09.23 '16**
6. Chelsea Ley.....16:12.62... '12
- 7. Maria Hauger ..... 16:14.18 '14**
8. Iona Lake .....16:15.93... '15
- 9. Sarah Fakler..... 16:18.59 '15**
10. Lesley Welch.....16:21.60 .. '82

**10,000 METERS**

1. Patty Matava .....32:58.64 .. '87
2. Catherine White .....33:07.36.. '13
3. Aileen O'Connor .....33:28.20 .. '81
4. Emily Harrison .....33:40.34.. '08
5. Martha White .....33:40.50 .. '83
6. Kara Scanlin.....33:53.32... '07
7. Katie Read .....33:54.92... '07
8. Jane Maxwell .....33:55.98 .. '03
9. Anna Corrigan .....33:58.46... '11
10. Jen Flack .....34:14.12... '14

**100m HURDLES**

- 1. Ciara Leonard ..... 13.41 .... '17**
2. Ayla Smith.....13.51..... '09
- 3. Alexis Woodley..... 13.67 .... '17**
4. Lauren Echko .....13.72..... '08
- 5. Heather Smith ..... 13.76 .... '16**
6. Chidi Uche .....13.77..... '10
7. Rebecca Grube.....13.81 ..... '94
- 8. Alana Herran ..... 13.86 .... '17**
9. Michelle Johnson .....13.90 ..... '86
10. Kimberlee Turko.....13.93 ..... '98

**400m HURDLES**

1. Ayla Smith .....56.54..... '11
2. Erin Crawford .....56.87..... '06
3. Angela Lee .....57.11..... '97
4. Aisha Naibe-Wey .....57.84..... '16
- 5. Heather Smith ..... 58.17 .... '16**
6. Vivian Scruggs .....58.54..... '81
7. Natalie Randolph.....58.98 ..... '03
8. Angela Griffith .....59.05 ..... '91
9. Karen Hatchett .....59.49..... '82
10. Kristina Chapman.....59.61..... '10

**3000m STEEPLECHASE**

1. Stephanie Garcia .....9:47.29 ..... '11
2. Dawn Cleary.....9:59.30 ..... '03
3. Iona Lake .....10:01.58... '15
4. Melanie Matthews .....10:13.31 .. '02
5. Vicky Fouhy .....10:20.63... '14
6. Sara Sargent.....10:20.64... '15
7. Janine Ricci .....10:24.65... '05
8. Samantha Stafford .....10:36.02... '09
9. Kendall Cowne .....10:39.82... '15
10. Rosemary Barber .....10:51.59... '11

## Women's Outdoor Top 10 Lists

### HIGH JUMP

1. Ann Bair	1.88m (6' 2")	'83
2. Sherry Gould	1.86m (6' 1.25")	'93
3. Pearl Bickersteth	1.83m (6' 0")	'12
Moirá Cronin	1.83m (6' 0")	'13
5. Robin Landes	1.81m (5' 11.25")	'88
6. Rachel Marks	1.79m (5' 10.75")	'06
7. Meggie Schuelke	1.76m (5' 9.25")	'04
Emily Kianka	1.76m (5' 9.25")	'12
9. Karen DiDonato	1.75m (5' 9.0")	'91
10. Kate Doyle	1.74m (5' 8.75")	'90

### POLE VAULT

1. <b>Bridget Guy</b>	4.23m (13' 10' 5")	'16
2. <b>Theresa Demaria</b>	<b>3.93m (12' 10.75")</b>	<b>'17</b>
3. Vika Osipenko	3.81m (12' 6")	'03
4. <b>Katie Freix</b>	<b>3.78m (12' 4.75")</b>	<b>'17</b>
5. Sarah DeVita	3.71m (12' 2")	'15
6. Katie Darraugh	3.69m (12' 1.5")	'09
7. Kathryn Pettine	3.65m (11' 11.75")	'05
8. Annica White	3.51m (11' 6.5")	'01
9. Lauren Taggart	3.49m (11' 5.75")	'03
Alicia LaRoche	3.49m (11' 5.75")	'04

### LONG JUMP

1. Dana Boone	6.65m (21' 9.75")	'90
2. Kiamesha Otey	6.54m (21' 5.50")	'02
3. Sonja Fridy	6.42m (21' 0.75")	'86
4. Nicole Kimbrough	6.39m (20' 11.50")	'95
5. Kelly Miller	6.33m (20' 9.25")	'96
Tomika Ferguson	6.33m (20' 9.25")	'06
7. Edy Ndem	6.28m (20' 7.25")	'14
8. <b>Mia Barron</b>	6.22m (20' 5")	'16
9. Rebecca Grube	6.15m (20' 2.25")	'94
10. Pam Lemons	6.12m (20' 1")	'92
Beth Sheehan	6.12m (20' 1")	'85

### TRIPLE JUMP

1. Tomika Ferguson	13.21m (43' 4.25")	'07
2. Dallas Rose	13.20m (43' 3.75")	'14
3. Dana Boone	13.05m (42' 9.75")	'91
4. <b>Kelly McKee</b>	<b>12.95m (42' 6")</b>	<b>'17</b>
5. <b>Mia Barron</b>	<b>12.75m (41' 10")</b>	<b>'17</b>
6. Naccolé Guinn	12.71m (41' 8.50")	'01
7. Jessica Caldwell	12.50m (41' 0.25")	'14
8. Nicole Kimbrough	12.49m (40' 11.75")	'95
Atalaya Jones	12.49m (40' 11.75")	'93
10. Curtrell Frye	12.48m (40' 11.50")	'02

### SHOT PUT

1. <b>Christine Bohan</b>	16.87m (55' 4.25")	'16
2. Eliese Mitchell	16.16m (53' 0.25")	'03
3. Billie-Jo Grant	15.77m (51' 9")	'06
4. Maureen Laffan	15.34m (50' 4")	'10
5. Emily Vannoy	15.30m (50' 2.5")	'10
6. Alexa Manning	14.97m (49' 1.5")	'08
7. Kelly Bodiford	14.83m (48' 8")	'91
8. Amy Brown	14.25m (46' 9")	'99
9. Lauren Connelly	14.12m (46' 4")	'96
10. Jen Blake	14.04m (46' 0.75")	'93

### DISCUS

1. Billie-Jo Grant	56.06m (183' 11")	'08
2. Kelly Bodiford	54.08m (177' 5")	'93
3. Erin Wykoff	53.78m (176' 5")	'12
4. Caitlin Kelly	52.37m (171' 10")	'09
5. Eliese Mitchell	52.17m (171' 2")	'02
6. Julia Solo	52.04m (170' 9")	'86
7. <b>Carter Green</b>	50.15m (164' 6")	'16
8. Amy Bilmanis	49.99m (164' 0")	'06
9. Amy Brown	49.89m (163' 8")	'99
10. Hillary Wilson	49.81m (163' 5")	'00

### HAMMER THROW

1. Maureen Laffan	59.91m (196' 6")	'12
2. Eliese Mitchell	56.95m (186' 10")	'03
3. Erin Wykoff	53.45m (175' 4")	'12
4. Lauren Connelly	51.31m (168' 4")	'96
5. Inhar Chong	50.29m (165' 0")	'00
6. Alexa Manning	50.17m (164' 7")	'08
7. Ann Crouse	49.89m (163' 8")	'99
8. Logan Clements	49.67m (162' 11")	'14
9. <b>Christine Bohan</b>	<b>49.53m (162' 6")</b>	<b>'17</b>
10. Amy Bilmanis	47.68m (156' 5")	'06

### JAVELIN

1. Ann Crouse	57.38m (188' 3")	'99
2. Inge Jorgenson	54.23m (177' 11")	'05
3. Meghan Briggs	52.65m (172' 9")	'09
4. Abbey Karin	52.60m (172' 7")	'13
5. <b>Caitlin Mautz</b>	<b>48.66m (159' 8")</b>	<b>'17</b>
6. <b>Christine Bohan</b>	47.70m (156' 6")	'16
7. Annie Bobiak	46.89m (153' 10")	'05
8. <b>Christine Bohan</b>	<b>46.75m (153' 4")</b>	<b>'17</b>
9. Tara Karin	46.33m (152' 0")	'10
10. Kristen Buck	42.47m (139' 4")	'94

### HEPTATHLON

1. Rebecca Grube	5,512	'94
2. Susan Brownell	5,458	'82
3. Beth Sheehan	5,407	'86
4. Ann Bair	5,387	'83
5. Sherry Gould	5,166	'93
6. <b>Holly Sullivan</b>	<b>5,117</b>	<b>'17</b>
7. Angela Griffith	4,967	'98
8. Suzanne Sweeney	4,915	'97
9. Katie Kiladis	4,855	'97
10. Bianca DeBartolo	4,854	'07

## Men's Outdoor Freshman Records

### 100 METERS

1. Gerald Howard ..... 10.46 ..... '93
2. Jason Dickerson ..... 10.50 ..... '77
3. Reuben Jones ..... 10.65 ..... '05
4. Edwin Brown ..... 10.76 ..... '81
5. Ben Julien ..... 10.84 ..... '96

### 200 METERS

1. Gerald Howard ..... 20.90 ..... '93
2. Conlon Bonner ..... 21.28 ..... '08
3. Scott Kimball ..... 21.78 ..... '00
4. Kellen Blassingame ..... 21.80 ..... '03
5. Reuben Jones ..... 21.84 ..... '05

### 400 METERS

1. Meikle Paschal ..... 46.61 ..... '08
2. Ben Kurgat ..... 46.96 ..... '88
3. Payton Hazzard ..... 47.29 ..... '12
4. Rauh Turner ..... 47.56 ..... '97
5. Patrick Farmer ..... 47.83 ..... '11

### 800 METERS

1. Paul Ereng ..... 1:44.31 ..... '88
2. Robby Andrews ..... 1:45.54 ..... '10
3. Lance Roller ..... 1:47.88 ..... '09
4. Anthony Kostelac ..... 1:49.02 ..... '11
5. Ben Kurgat ..... 1:49.28 ..... '88

### 1,500 METERS

1. Robby Andrews ..... 3:41.09 ..... '10
2. **Matthew Novak** ..... 3:45.35 ..... '16
3. John Hinton ..... 3:46.10 ..... '82
4. **Henry Wynne** ..... 3:46.48 ..... '14
5. Alex Tatu ..... 3:46.63 ..... '04

### 5,000 METERS

1. Kyle King ..... 13:55.60 ..... '12
2. **Lachlan Cook** ..... **13:58.01** ..... '17
3. Andy Biladeau ..... 14:06.73 ..... '06
4. Emil Heineking ..... 14:11.40 ..... '08
5. Ryan Collins ..... 14:12.85 ..... '08

### 10,000 METERS

1. Adam Visokay ..... 29:14.50 ..... '14
2. **Lachlan Cook** ..... **29:18.20** ..... '17
3. **Brent Demarest** ..... 29:32.72 ..... '15
4. **Chase Weaverling** ..... 29:39.30 ..... '15
5. **Zach Herriott** ..... 29:45.35 ..... '14

### 110m HURDLES

1. Kevin Williams ..... 14.14 ..... '77
2. Adams Abdulrazaaq ..... 14.19 ..... '08
3. Ronde Barber ..... 14.22 ..... '94
4. Mike Abidin ..... 14.27 ..... '82
5. Jarrett Hagwood ..... 14.34 ..... '02

### 400m HURDLES

1. Karl Williams ..... 51.77 ..... '77
2. Adams Abdulrazaaq ..... 51.79 ..... '08
3. Greg Nelson ..... 52.43 ..... '08
4. Devin Brewer ..... 52.52 ..... '12
5. Kevin Williams ..... 52.88 ..... '77

### 3,000m STEEPLECHASE

1. John Hinton ..... 8:58.21 ..... '82
2. Colin Mearns ..... 9:03.92 ..... '11
3. Jim Hays ..... 9:10.69 ..... '82
4. Mike Cotton ..... 9:27.88 ..... '78
5. Andrew Filachek ..... 9:32.77 ..... '00

### HIGH JUMP

1. Herman Moore ..... 2.20m (7' 2.5") ..... '88
2. Greg Byers ..... 2.17m (7' 1.25") ..... '81
3. Mike Riso ..... 2.10m (6' 10.75") ..... '02
4. Tommy Devita ..... 2.04m (6' 8.25") ..... '11
5. Greg Nelson ..... 2.01m (6' 7") ..... '08

### POLE VAULT

1. **Sam Young** ..... 5.09m (16' 8.25") ..... '17
2. Brain Shafer ..... 5.05m (16' 6.75") ..... '90
3. David Sullivan ..... 4.90m (16' 0.75") ..... '03
4. Jake Williams ..... 4.88m (16' 0") ..... '01
5. Greg Blair ..... 4.82m (15' 9.75") ..... '03

### LONG JUMP

1. **Jordan Scott** ..... **7.54m (24' 9")** ..... '17
2. Greg Byers ..... 7.33m (24' 0.5") ..... '81
3. Stephen Dunphy ..... 7.30m (23' 11.5") ..... '90
4. Marcus Robinson ..... 7.25m (23' 9.25") ..... '08
5. Marion Mason ..... 7.24m (23' 9") ..... '98
- Aaron Worrell** ..... 7.24m (23' 9") ..... '15

### TRIPLE JUMP

1. **Jordan Scott** ..... **16.44m (53' 11.25")** ..... '17
2. Keith Witherspoon ..... 15.96m (52' 4.5") ..... '72
3. Greg Byers ..... 15.29m (50' 2") ..... '81
4. Ryan Satchell ..... 15.25m (50' 0.5") ..... '12
5. Marcus Robinson ..... 14.91m (48' 11") ..... '08

### SHOT PUT

1. **Filip Mihaljevic** ..... 19.56m (64' 2.25") ..... '14
2. **Oghenakpobo Efekoro** ..... 19.53m (64' 1") ..... '16
3. Nick Vena ..... 19.51m (64' 0.25") ..... '12
4. Mike Theuerkauf ..... 15.90m (52' 2") ..... '89
5. **James Williams** ..... 15.89m (52' 1.75") ..... '15

### DISCUS

1. **Filip Mihaljevic** ..... 60.41m (198' 2") ..... '14
2. Larry Wilson ..... 55.45m (181' 11") ..... '96
3. Nick Vena ..... 54.84m (179' 11") ..... '12
4. Yemi Ayeni ..... 54.18m (177' 9") ..... '06
5. Phil Vincenzes ..... 52.53m (172' 4") ..... '77

### HAMMER THROW

1. **Hilmar Jonsson** ..... 71.52m (234' 8") ..... '16
2. Bill Johnston ..... 57.89m (189' 11") ..... '00
3. Robert Guider ..... 55.68m (182' 8") ..... '10
4. Vincenzo Chiariello ..... 52.37m (171' 10") ..... '09
5. Walker Anderson ..... 50.57m (165' 11") ..... '03

### JAVELIN

1. Brian Kollar ..... 68.53m (224' 10") ..... '99
2. Steve Kessling ..... 68.25m (223' 11") ..... '90
3. **Anthony Bouselli** ..... 58.96m (193' 5") ..... '15
4. James Murdock ..... 57.79m (189' 7") ..... '99
5. John Brian ..... 49.66m (162' 11") ..... '78

### DECATHLON

1. **Jack Lint** ..... 7,179 ..... '15
2. Sean Sullivan ..... 6,847 ..... '96
3. Stephen Dunphy ..... 6,711 ..... '90
4. John Brian ..... 6,626 ..... '78
5. **Cam Collins** ..... 6,485 ..... '15

## Women's Outdoor Freshman Records

### 100 METERS

1. Kelly Miller ..... 11.70 ..... '96
2. Kiamesha Otey ..... 11.72 ..... '00
3. Talia Wise ..... 11.85 ..... '06
4. Leslie Satchell ..... 11.89 ..... '95
5. Janne'a Bridgeford . 11.90 ..... '05

### 200 METERS

1. Peyton Chaney ..... 24.02 ..... '13
2. Leslie Satchell ..... 24.04 ..... '95
3. Kelly Miller ..... 24.14 ..... '96
4. Jordan Lavender ..... 24.19 ..... '12
5. Andrea Wright ..... 24.21 ..... '14

### 400 METERS

1. Jordan Lavender ..... 53.44 ..... '12
2. Lisa Garrett ..... 54.14 ..... '81
3. **Andrea Wright ..... 54.80 ..... '14**
4. **Chimere Ezumah .. 54.87 ..... '14**
5. Michelle Samuels .... 55.15 ..... '91

### 800 METERS

1. Vanessa Fabrizio..... 2:06.76 ..... '12
2. Morgane Gay ..... 2:08.29 ..... '09
3. Gail Bryant ..... 2:11.00 ..... '82
4. Ariane Sloan ..... 2:11.23 ..... '07
5. Erin O'Doherty ..... 2:11.28 ..... '02

### 1,500 METERS

1. Morgane Gay ..... 4:15.56 ..... '09
2. Lesley Welch ..... 4:16.84 ..... '82
3. Lisa Welch ..... 4:17.60 ..... '82
4. Claire Forbes ..... 4:18.52 ..... '90
5. Margaret Groos ..... 4:21.10 ..... '78

### 5,000 METERS

1. Chelsea Ley ..... 16:12.62 ..... '12
2. **Maria Hauger ..... 16:14.18 ..... '14**
3. Lesley Welch ..... 16:21.60 ..... '82
4. **Sarah Fakler ..... 16:22.19 ..... '14**
5. Kathleen Stevens..... 16:26.91 ..... '12

### 10,000 METERS

1. Jen Flack ..... 34:14.12 ..... '14
2. **Sarah Fakler ..... 34:15.20 ..... '14**
3. **Maria Hauger ..... 34:16.28 ..... '14**
4. Beni Gras ..... 34:34.17 ..... '91
5. Katherine Walker ..... 35:31.42 ..... '11

### 100-METER HURDLES

1. **Ciara Leonard ..... 13.67 ..... '16**
2. Lauren Echko ..... 13.86 ..... '06
3. **Alexis Woodley .... 13.88 ..... '17**
4. Kim Turko ..... 13.93 ..... '98
5. Alisha Tucker ..... 14.03 ..... '93

### 400-METER HURDLES

1. Angela Lee ..... 57.64 ..... '96
2. Erin Crawford ..... 58.56 ..... '04
3. Karen Hatchett ..... 59.49 ..... '82
4. Ayla Smith ..... 60.02 ..... '07
5. Kristina Chapman ... 60.83 ..... '08

### 3,000m STEEPLECHASE

1. Stephanie Garcia .... 10:15.83 ..... '07
2. Sara Sargent ..... 10:49.81 ..... '14
3. Kendall Cowne ..... 10:54.54 ..... '14
4. Janine Ricci ..... 10:55.86 ..... '04
5. Ariel Karabinus ..... 11:06.49 ..... '11

### HIGH JUMP

1. Ann Bair ..... 1.86m (6' 1.25") ..... '80
2. Meggie Schuelke .... 1.76m (5' 9.25") ..... '04
3. Pearl Bickersteth ..... 1.74m (5' 8.5") ..... '10
4. Susan Brownell ..... 1.73m (5' 8") ..... '80
5. Emily Kianka ..... 1.72m (5' 7.75") ..... '11

### POLE VAULT

1. **Bridget Guy ..... 4.11m (13' 5.75") '15**
2. **Theresa Demaria .. 3.83m (12' 6.75") '17**
3. **Katie Freix ..... 3.67m (12' 0.5") . '15**
4. Viktoria Osipenko ... 3.56m (11' 8.5") ..... '00
5. Kathryn Pettine ..... 3.49m (11' 5.75")... '04

### LONG JUMP

1. Kelly Miller ..... 6.33m (20' 9.25")... '96
2. Nicole Kimbrough .. 6.29m (20' 7.75")... '94
3. **Mia Barron ..... 6.22m (20' 5") ... '16**
4. Sonja Fridy ..... 6.12m (20' 1") ..... '84
5. Dana Boone ..... 6.03m (19' 9.25")... '88

### TRIPLE JUMP

1. Dallas Rose ..... 12.66m (41' 6.5")... '10
2. Atalaya Jones ..... 12.49m(40' 11.75") '93
3. Britni Strates ..... 12.46m (40' 10.5") '12
4. **Mia Barron ..... 12.40m (40' 8.25") '16**
5. Tomika Ferguson .... 12.35m (40' 6.25") '04

### SHOT PUT

1. Emily Vannoy..... 15.30m (50' 2.5")... '10
2. **Christine Bohan .... 14.62m (47-11.75)'14**
3. Maureen Laffan ..... 14.58m (47' 10")... '09
4. Kristi Martin ..... 13.99m(45' 10.75") '97
5. Elise Mitchell ..... 13.74m (45' 1") ..... '00

### DISCUS

1. Julia Solo ..... 52.04m (170' 9")... '86
2. Amy Bilmanis ..... 51.77m (169' 10") . '06
3. Amy Brown ..... 48.77m (160' 0")... '95
4. Emily Vannoy..... 47.96m (157' 4")... '10
5. Erin Wykoff ..... 47.02m (154' 3")... '09

### HAMMER THROW

1. Elise Mitchell ..... 54.46m (178' 8")... '00
2. Amy Bilmanis ..... 47.68m (156' 5")... '06
3. Alexa Manning ..... 46.18m (151' 6")... '06
4. Erin Wykoff ..... 45.85m (150' 5")... '09
5. Maureen Laffan ..... 43.36m (142' 3")... '09

### JAVELIN

1. Julia Solo ..... 52.04m (170' 9")... '86
2. Ann Crouse ..... 50.85m (166' 10") . '95
3. Inge Jorgensen ..... 50.24m (164' 10") . '00
4. **Caitlin Mautz ..... 44.62m (146' 5") '15**
5. Meghan Briggs ..... 44.45m (145' 10") . '07

### HEPTATHLON

1. Ann Bair ..... 5,578 ..... '80
2. Susan Brownell ..... 5,419 ..... '80
3. Rebecca Grube ..... 4,996 ..... '92
4. **Alana Herran..... 4,771 ..... '16**
5. Katie Kiladis ..... 4,610 ..... '95

## Relay Records

### Women

#### **4x100m Relay**

1.	44.56	<b>Chaney, Wright</b> , Lavender, <b>McKenzie</b>	2015
2.	45.11	Kimbrough, Satchell, Edmundson, Alleyne	1995
3.	45.18	Harvey, Otey, Randolph, Doe	2003
4.	45.19	Rose, <b>Wright, Chaney</b> , Lavender	2014
5.	<b>45.21</b>	<b>Smith, Wright, Chaney, McKenzie</b>	<b>2016</b>

#### **4x400m Relay**

1.	3:35.74	<b>Ezumah</b> , Lavender, Fabrizio, <b>Wright</b>	2014
2.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
3.	3:36.42	Randolph, Otey, Gore, Doe	2003
4.	3:36.73	<b>Ezumah</b> , Lavender, <b>Chaney, Wright</b>	2014
5.	3:37.65	<b>Smith</b> , Lavender, Fabrizio, <b>Wright</b>	2015

#### **Non-NCAA Championship Event Relay Records**

##### **4x200m Relay**

1:36.25	Chaney, McKenzie, Wright, Lavender	2015
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##### **4x800m Relay**

8:32.13	Bryant, Nicholson, Welch, Haworth	1982
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##### **Distance Medley Relay**

10:57.13	Gay, Smith, Harper, Garcia	2011
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### Men

#### **4x100m Relay**

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

#### **4x400m Relay**

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.26	<b>Carrington, Kiley</b> , Brewer, Hazzard	2015
5.	3:08.44	Muth, Williams, Williams, Bruce	1978

#### **Non-NCAA Championship Event Relay Records**

##### **4x200m Relay**

1:25.30	Virginia	2002
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##### **4x800m Relay**

7:12.15	Johnson, Roller, Kostelac, Andrews	2011
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##### **Distance Medley Relay**

9:25.56	Revelle, Hinton, Brown, Draddy	1983
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