

LOU ONESTY/MILTON G ABRAMSON INVITATIONAL

Saturday, April 9, 2016

Lannigan Field, University of Virginia

FINAL SCHEDULE

START Heats

| | | |
|--------------|----------|----------------------------|
| 2:00P | 2 | MEN'S 110M HURDLES |
| 2:15P | 3 | WOMEN'S 100M HURDLES |
| 2:30P | 2 | MEN'S 100M |
| 2:40P | 4 | WOMEN'S 100M |
| 2:50P | 2 | MEN'S 400M HURDLES |
| 3:05P | 2 | WOMEN'S 400M HURDLES |
| 3:20P | 1 | MEN'S 4X 100M RELAY |
| 3:25P | 2 | WOMEN'S 4x100M RELAY |
| 3:35P | 1 | MEN'S 3000M STEEPLECHASE |
| 3:50P | 1 | WOMEN'S 3000M STEEPLECHASE |
| 4:05P | 3 | MEN'S 400M |
| 4:15P | 3 | WOMEN'S 400M |
| 4:30P | 4 | MEN'S 800M |
| 4:45P | 3 | WOMEN'S 800M |
| 4:55P | 3 | MEN'S 200M |
| 5:05P | 5 | WOMEN'S 200M |
| 5:20P | 2 | MEN'S 1500M |
| 5:35P | 3 | WOMEN'S 1500M |
| 5:55P | 1 | MEN'S 4X 400M RELAY |
| 6:00P | 2 | WOMEN'S 4X 400M RELAY |
| 6:15P | 1 | MEN'S 5000M |
| 6:35P | 1 | WOMEN'S 5000M |
| 7:00P | 1 | MIXED 10000M |

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|--------------|-------------------|
| 2:00P | MEN'S POLE VAULT |
| | WOMEN'S HIGH JUMP |
| | WOMEN HAMMER |

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|--------------|-------------------|
| 3:30P | MEN'S LONG JUMP |
| | WOMEN'S LONG JUMP |
| | WOMEN'S SHOT PUT |
| | MEN'S DISCUS |

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|--------------|--------------------|
| 5:00P | MEN'S SHOT PUT |
| | WOMEN'S DISCUS |
| | MEN'S HIGH JUMP |
| | WOMEN'S POLE VAULT |

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|--------------|---------------------|
| 5:30P | MEN'S TRIPLE JUMP |
| | WOMEN'S TRIPLE JUMP |

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|--------------|-----------------------|
| 6:30P | MEN'S JAVELIN |
| | WOMEN will follow MEN |

9 Advance to finals in field events

****Long throws will go ahead of schedule if possible***

*****All running events will be placed in heats after check in.***