



VIRGINIA

2016 CAVALIER TRACK & FIELD NOTES

2016 Indoor Schedule

- 1/15-16 Virginia Tech Invitational (Blacksburg, Va.)
- 1/22-23 Rod McCravy Meet (Lexington, Ky.)
- 1/29-30 John Thomas Terrier Invite (Boston, Mass.)
- 2/4-6 Doc Hale VT Elite Meet (Blacksburg, Va.)
- 2/12 Fastrack National Qualifier (Staten Island, N.Y.)
- 2/20 UCS Invitational (Winston-Salem, N.C.)
- 2/25-27 ACC Championships (Boston, Mass.)
- 3/11-12 NCAA Championships (Birmingham, Ala.)

2016 Outdoor Schedule

- 3/25-26 Fred Hardy Invitational (Richmond, Va.)
- 3/31-4/2 Florida Relays (Gainesville, Fla.)
- 4/8 UVA QUAD (Columbia, Maryland, Penn)**
- 4/9 LOU ONESTY/
MILTON G ABRAMSON INVITATIONAL**
- 4/22-23 VIRGINIA CHALLENGE**
- 4/29-30 Highlander Inviational (Radford, Va.)
- 5/13-15 ACC Championships (Tallahassee, Fla.)
- 5/26-28 NCAA East Prelims (Jacksonville, Fla.)
- 6/8-11 NCAA Championships (Eugene, Ore.)

Media Information

Tom Fenstermaker
Assistant Athletics Media Relations Director
(Track and Field Contact)

Office: (434) 982-5500
 Direct: (434) 982-5977
 Cell: (434) 996-0044
 Email: tfenster@virginia.edu

www.virginiasports.com

June 8-11, 2016

Eugene, Ore. • Hayward Field

Virginia Cavaliers at NCAA East Preliminaries



THIS WEEK

- The Cavaliers conclude the 2016 outdoor season by competing at the NCAA Outdoor Championships at Hayward Field in Eugene, Ore.
- Virginia's men finished third at the 2016 ACC Outdoor Championships, while the women placed fourth.
- Filip Mihaljevic was named the ACC Championships Men's Field Most Valuable Performer after winning the discus and shot put.
- Cleo Boyd became the first Virginia runner to win the women's 5,000m and 10,000m at the ACC Championships.
- Henry Wynne captured the ACC title in the men's 1,500m, while Hilmar Jonsson won the men's hammer on his final attempt.

RANKINGS

- The Virginia men are ranked No. 11 in the latest USTFCCA national standings and No. 6 in the latest FloTrack national poll.

NOTABLE

- Henry Wynne captured the NCAA title in the men's mile at the 2016 NCAA Indoor Championships, becoming the Cavaliers' third track and field NCAA Champion.
- The Cavalier men finished in a tie for eighth at the 2016 NCAA Indoor Championships, their highest NCAA finish ever.
- UVA returns four student-athletes who qualified for the 2015 NCAA Outdoor Championships, including Filip Mihaljevic and Jordan Young, who placed third and sixth, respectively, in the men's discus to earn first-team All-America honors. Young also earned first-team All-America honors with a seventh-place finish in the men's hammer throw. Mihaljevic and Young earned second-team All-America honors in the shot put, placing ninth and 10th, respectively. Henry Wynne (men's 1,500m) and Christine Bohan (women's shot put) took home honorable mention All-America nods.

Virginia Coaching Staff

- | | |
|-----------------|--|
| Bryan Fetzner | Director of Track and Field/Cross Country |
| Todd Morgan | Assistant Coach - Women's Distance |
| Pete Watson | Assistant Coach - Men's Distance |
| Mario Wilson | Assistant Coach - Horizontal Jumps/Men's High Jump/ Javelin/Decathlon |
| Willie Randolph | Assistant Coach - Hurdles |
| Kemal Mesic | Assistant Coach - Throws |

Schedule of Probable UVA Entries**Wednesday, June 8**

| | |
|--------------------------------------|---------------------|
| 4:46p - Men's 1,500m Semis | Wynne |
| 5:02p - Men's Steeple Semis | Gray |
| 6:30p - Men's Shot Put Finals | Mihaljevic, Efekoro |

Thursday, June 9

| | |
|--------------------------------------|------|
| 7:08p - Women's 10,000m Final | Boyd |
|--------------------------------------|------|

Friday, June 10

| | |
|------------------------------------|-------------------|
| 5:05p - Men's Discus Final | Mihaljevic, Young |
| 5:42p - Men's 1,500m Final | <i>Wynne</i> |
| 5:54p - Men's Steeple Final | <i>Gray</i> |

All times Eastern

Pronunciation Guide

| | |
|---------------------|-------------------------|
| Oghenakpobo Efekoro | po-bo eff-a-core-oh |
| Filip Mihaljevic | fill-ip me-HIGH-la-vich |
| Henry Wynne | win |



CLEO BOYD
Jr. • Kingston, Ontario
10,000 meters

- Making first NCAA Outdoor Championship appearance
- ACC Champion in 5,000m and 10,000m
- Finished seventh in 10,000m at NCAA East Preliminaries to qualify for NCAA Championships
- Set PR in 5,000m of 16:09.23 at Virginia Challenge, which ranks fifth on UVA's all-time list
- Season-best in 10,000m of 34:25.69 set at NCAA East Prelims

PRs
10K 34:25.69



OGHENAKPOBO EFEKORO *(po-bo eff-a-core-oh)*
R-Fr. • Brooklyn, N.Y. (Forest Hills)
Shot Put

- Making first NCAA Outdoor Championship appearance
- Earned All-ACC honors in shot put, placing second at ACC Championships
- Placed eighth in shot put at NCAA East Preliminaries to qualify for NCAA Championships
- Recorded season best in shot put of 19.53m (64' 1") at ACCs, which ranks third on UVA's all-time list and second on UVA's freshman list
- Earned All-ACC honors in shot put, placing third at ACC Indoor Championships

PRs
SP 19.53m



WILLIAM GRAY
Gr. • Birmingham, England
3,000m steeplechase

- Making first NCAA Outdoor Championship appearance
- Earned second-team All-ACC honors with a fifth-place finish in the 3,000m steeplechase at ACC Championships
- Qualified for NCAA Championships by way of third-place finish in heat of 3,000m steeplechase at NCAA East Prelims
- Recorded season best in 3,000mSC of 8:45.82, which ranks seventh on UVA's all-time list

PRs
3SC 8:45.82

**FILIP MIHALJEVIC***(Fill-ip me-HIGH-la-vich)***Jr. • Livno, Bosnia and Herzegovina**
Discus/Shot Put

- Making third NCAA Outdoor Championship appearance
- 2016 IAAF World Indoor Championships shot put bronze medalist
- 2016 ACC Outdoor Championship Men's Field MVP
- 2016 NCAA Indoor Championship shot put runner-up
- 6-time All-American
- 7-time ACC Champion (3x outdoor discus, 2x outdoor shot put, 2x indoor shot put)
- 2014 ACC Freshman of the Year
- In 2014, became the first male athlete in Virginia history to advance to the NCAA Championships in two individual events (shot put and discus at 2014 NCAA outdoor meet)
- At 2015 NCAA Outdoors, third in discus, ninth in shot put

PRs**SP (o) 20.16m*****Discus 63.11m***

*school record

**HENRY WYNNE***(Henry win)***Jr. • Westport, Conn. / Staples**
1500m

- 2016 NCAA Indoor Champion in the mile
- ACC Champion in 1,500m
- Qualified for NCAAs in 1,500m from NCAA East Prelims for second-consecutive year
- Broke school record in 1,500m of 3:38.05 at Virginia Challenge
- Undefeated in 1,500m in regular season, including Florida Relays and Virginia Challenge
- 2016 ACC Indoor Men's Track Performer of the Year
- 2016 ACC Champion in mile and distance medley relay

PRs**1500m 3:38.05***

*school record

**JORDAN YOUNG****Jr. • Windsor, Ontario**
Discus

- Advanced to Eugene in discus for second-consecutive year
- Third appearance at NCAA Outdoor Championships
- Only male to qualify for three events at 2015 NCAA Outdoor Championships
- Finished sixth in discus, seventh in hammer, 10th in shot put at 2015 NCAAs
- 2015 ACC Outdoor Championship Men's Field MVP
- Earned All-ACC honors in discus with third-place finish at 2016 ACC Championships

PRs**Discus 62.27m**

Men's Top Outdoor 2016 Performances and Personal Bests

| 100 METERS | 2016 | PR |
|-------------------|-------------|-----------|
| Clarke | 10.98 | 10.94 |
| Collins | 11.44 | 11.44 |
| Lavorgna | 11.45 | 11.45 |
| Lint | - | 11.34 |
| Dunavant | - | 11.48 |

| 200 METERS | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Dixon | 22.24 | 22.24 |
| Clarke | 22.32 | 21.96 |

| 400 METERS | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Bowman | 48.02 | 48.02 |
| Dixon | 48.85 | 48.85 |
| Barnes | 49.29 | 49.29 |
| Carrington | 49.84 | 48.63 |
| Lavorgna | 50.44 | 50.44 |
| Collins | 50.91 | 49.64 |
| Lint | - | 49.79 |
| Dunavant | - | 51.70 |

| 800 METERS | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Kiley | 1:49.31 | 1:49.31 |
| Carrington | 1:49.98 | 1:49.98 |
| Barnes | 1:50.00 | 1:50.00 |
| Hagen | 1:51.29 | 1:51.29 |
| Marsella | - | 1:49.53 |
| Wynne | - | 1:50.70 |
| Lavorgna | - | 2:03.90 |

| 1,500 METERS | 2016 | PR |
|---------------------|-------------|-----------|
| Wynne | 3:38.05 | 3:38.05 |
| Marsella | 3:44.10 | 3:41.35 |
| Novak | 3:45.35 | 3:45.35 |
| Chiplock | 3:51.32 | 3:48.93 |
| Collins | 4:32.67 | 4:25.54 |
| Lavorgna | 4:33.30 | 4:32.48 |
| Visokay | - | 3:50.47 |
| Herriott | - | 4:04.54 |
| Madden | - | 4:12.87 |
| Lint | - | 4:38.38 |
| Dunavant | - | 4:50.15 |

| 5,000 METERS | 2016 | Out-PR |
|---------------------|-------------|---------------|
| Wynne | 13:49.35 | 13:49.35 |
| Weaverling | 14:01.20 | 14:01.20 |
| Visokay | 14:07.29 | 14:07.29 |
| Chiplock | 14:08.92 | 14:08.92 |
| Demarest | 14:10.94 | 14:10.94 |
| Novak | 14:19.05 | 14:19.05 |
| Hopper | 14:48.92 | 14:48.92 |
| Herriott | - | 14:17.03 |
| Madden | - | 14:23.75 |

| 10,000 METERS | 2016 | PR |
|----------------------|-------------|-----------|
| Visokay | 29:19.84 | 29:11.13 |
| Demarest | 29:24.80 | 29:24.80 |
| Weaverling | 29:54.66 | 29:39.30 |
| Herriott | - | 29:08.17 |
| Madden | - | 29:54.91 |
| Chiplock | - | 31:01.23 |

| 110m HURDLES | 2016 | PR |
|---------------------|-------------|-----------|
| Bowman | 14.46 | 14.46 |
| Jackson | 14.58 | 14.58 |
| Lavorgna | 15.11 | 15.11 |
| Collins | 16.63 | 16.63 |
| Lint | - | 14.93 |
| Dunavant | - | 15.77 |

| 400m HURDLES | 2016 | PR |
|---------------------|-------------|-----------|
| Bowman | 53.43 | 53.43 |
| Jackson | 57.76 | 57.76 |
| Lavorgna | - | 57.70 |

| 3,000m STEEPLECHASE | 2016 | PR |
|----------------------------|-------------|-----------|
| Gray | 8:45.82 | 8:45.82 |
| Visokay | 8:56.39 | 8:43.60 |

| HIGH JUMP | 2016 | Out-PR |
|------------------|-------------|---------------|
| Collins | 1.90m | 1.92m |
| | 6' 2.75" | 6' 3.5" |
| Lavorgna | 1.90m | 1.92m |
| | 6' 2.75" | 6' 3.5" |
| Dunavant | 1.75m | 1.80m |
| | 5' 8.75" | 5' 10.75" |
| Lint | - | 1.95m |
| | | 6' 4.75" |

| POLE VAULT | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Jernigan | 4.96m | 4.96m |
| | 16' 3.25" | 16' 3.25" |
| Lavorgna | 4.60m | 4.60m |
| | 15' 1" | 15' 1" |
| Dunavant | 4.30m | 4.30m |
| | 14' 1.25" | 14' 1.25" |
| Collins | 4.15m | 4.15m |
| | 13' 7.25" | 13' 7.25" |
| Lint | - | 4.35m |
| | | 14' 3.5" |

| LONG JUMP | 2016 | Out-PR |
|------------------|-------------|---------------|
| Lambert | 7.09m | 7.09m |
| | 23' 3.25" | 23' 3.25" |
| Worrell | 6.94m | 7.07m |
| | 22' 9.25" | 23' 2.5" |
| Collins | 6.88m | 6.88m |
| | 22' 7" | 22' 7" |
| Lavorgna | 6.18m | 6.33m |
| | 20' 3.5" | 20' 9.25" |
| Lint | - | 6.85m |
| | | 22' 5.75" |
| Dunavant | - | 6.34m |
| | | 20' 9.75" |

| TRIPLE JUMP | 2016 | Out-PR |
|--------------------|-------------|---------------|
| Worrell | 15.70m | 15.70m |
| | 51' 6.25" | 51' 6.25" |
| Hamm | - | 14.16m |
| | | 46' 5.5" |

| SHOT PUT | 2016 | Out-PR |
|-----------------|-------------|---------------|
| Mihaljevic | 20.16m | 20.16m |
| | 66' 1.75" | 66' 1.75" |
| Efekoro | 19.53m | 19.53m |
| | 64' 1" | 64' 1" |
| Collins | 13.44m | 13.44m |
| | 44' 1.25" | 44' 1.25" |
| Dunavant | 12.84m | 12.84m |
| | 42' 1.5" | 42' 1.5" |
| Lavorgna | 12.75m | 12.75m |
| | 41' 10" | 41' 10" |
| Young | - | 19.80m |
| | | 64' 11.5" |
| Williams | - | 15.89m |
| | | 52' 1.75" |
| Lint | - | 12.01m |
| | | 39' 5" |

| DISCUS | 2016 | PR |
|---------------|-------------|-----------|
| Mihaljevic | 62.43m | 63.11m |
| | 204' 10" | 207' 1" |
| Young | 57.73m | 62.27m |
| | 189' 5" | 204' 3" |
| Williams | 52.04m | 52.04m |
| | 170' 9" | 170' 9" |
| Efekoro | 49.73m | 49.73m |
| | 163' 2" | 163' 2" |
| Bouselli | 45.35m | 45.35m |
| | 148' 9" | 148' 9" |
| Collins | 45.18m | 45.18m |
| | 148' 3" | 148' 3" |
| Lavorgna | 37.47m | 37.47m |
| | 122' 11" | 122' 11" |
| Dunavant | 32.56m | 32.61m |
| | 106' 10" | 107' 0" |
| Lint | - | 41.20m |
| | | 135' 2" |

| HAMMER | 2016 | PR |
|---------------|-------------|-----------|
| Jonsson | 71.52m | 71.52m |
| | 234' 8" | 234' 8" |
| Williams | 51.22m | 51.22m |
| | 168' 0" | 168' 0" |
| Young | - | 70.73m |
| | | 232' 1" |

| JAVELIN | 2016 | PR |
|----------------|-------------|-----------|
| Bouselli | 60.89m | 60.89m |
| | 199' 9" | 199' 9" |
| Lavorgna | 52.58m | 52.58m |
| | 172' 6" | 172' 6" |
| Collins | 52.27m | 52.27m |
| | 171' 6" | 171' 6" |
| Lint | - | 50.02m |
| | | 164' 1" |
| Dunavant | - | 43.38m |
| | | 142' 4" |

| DECATHLON | 2016 | PR |
|------------------|-------------|-----------|
| Lavorgna | 7,064 | 7,064 |
| Collins | 7,004 | 7,004 |
| Lint | - | 7,179 |
| Dunavant | - | 6,328 |

Women's Top Outdoor 2016 Performances and Personal Bests

| 100 METERS | 2016 | PR |
|-------------------|-------------|-----------|
| Chaney | 11.75 | 11.71 |
| McKenzie | 11.75 | 11.75 |
| Hairston | 12.09 | 12.09 |
| Baker | 12.62 | 12.62 |
| Wright | - | 12.10 |

| 200 METERS | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Chaney | 23.50 | 23.50 |
| Wright | 24.21 | 24.21 |
| McKenzie | 24.29 | 24.21 |
| Hairston | 24.93 | 24.52 |
| Ezumah | 24.99 | 24.99 |
| Herran | 25.35 | 25.35 |
| Leonard | 26.37 | 26.37 |
| Smith | - | 25.99 |
| Caldwell | - | 27.35 |

| 400 METERS | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Ezumah | 55.22 | 54.87 |
| Naibe-Wey | 55.75 | 55.75 |
| Wright | 57.31 | 54.80 |
| Hairston | 59.63 | 57.42 |
| Brickhill | 59.67 | 59.67 |

| 800 METERS | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Brickhill | 2:10.05 | 2:10.05 |
| Clark | 2:11.33 | 2:11.33 |
| Roux | 2:13.94 | 2:13.94 |
| Sullivan | 2:19.52 | 2:19.52 |
| Naibe-Wey | 2:20.01 | 2:20.01 |
| Herran | 2:24.59 | 2:24.59 |
| Sargent | - | 2:11.93 |
| Lake | - | 2:12.91 |

| 1,500 METERS | 2016 | PR |
|---------------------|-------------|-----------|
| Astin | 4:29.18 | 4:29.18 |
| Mulhern | 4:32.46 | 4:32.46 |
| Roux | 4:35.65 | 4:35.65 |
| Clark | 4:39.73 | 4:39.73 |
| Rebholz | 4:44.77 | 4:30.87 |
| Salter | 5:17.41 | 5:17.41 |
| Lake | - | 4:21.30 |
| Sargent | - | 4:25.14 |
| Boyd | - | 4:31.19 |
| Hauger | - | 4:32.96 |
| Fakler | - | 4:39.11 |

| 5,000 METERS | 2016 | Out-PR |
|---------------------|-------------|---------------|
| Boyd | 16:09.23 | 16:09.23 |
| Mulhern | 16:28.18 | 16:28.18 |
| Rebholz | 16:31.44 | 16:31.44 |
| Astin | 17:16.03 | 17:16.03 |
| Hauger | - | 16:14.18 |
| Lake | - | 16:15.93 |
| Fakler | - | 16:18.59 |
| Sargent | - | 17:21.92 |

| 10,000 METERS | 2016 | PR |
|----------------------|-------------|-----------|
| Boyd | 34:25.69 | 34:25.69 |
| Rebholz | 35:43.90 | 35:43.90 |
| Fakler | - | 34:15.20 |
| Hauger | - | 34:16.28 |

| 100m HURDLES | 2016 | PR |
|---------------------|-------------|-----------|
| Leonard | 13.67 | 13.67 |
| Smith | 13.88 | 13.88 |
| Herran | 14.03 | 14.03 |
| Feyerabend | 14.58 | 14.58 |
| Caldwell | - | 15.48 |
| Sullivan | - | 16.62 |

| 400m HURDLES | 2016 | PR |
|---------------------|-------------|-----------|
| Naibe-Wey | 57.84 | 57.84 |
| Smith | 58.17 | 58.17 |
| Sullivan | 1:02.89 | 1:02.89 |

| 3,000m STEEPLECHASE | 2016 | PR |
|----------------------------|-------------|-----------|
| Lake | 10:09.99 | 10:01.58 |
| Sargent | - | 10:20.64 |

| HIGH JUMP | 2016 | Out-PR |
|------------------|-------------|---------------|
| Feyerabend | 1.69m | 1.69m |
| | 5'6.5" | 5'6.5" |
| Herran | 1.61m | 1.61m |
| | 5'3.25" | 5'3.25" |
| Sullivan | - | 1.50m |
| | | 4'11" |
| Caldwell | - | 1.40m |
| | | 4'7" |

| POLE VAULT | 2016 | Out-PR |
|-------------------|-------------|---------------|
| Guy | 4.23m | 4.23m |
| | 13'10.5" | 13'10.5" |
| Freix | 3.75m | 3.75m |
| | 12'3.5" | 12'3.5" |

| LONG JUMP | 2016 | Out-PR |
|------------------|-------------|---------------|
| Barron | 6.22m | 6.22m |
| | 20'5" | 20'5" |
| Herran | 5.37m | 5.37m |
| | 17'7.5" | 17'7.5" |
| Caldwell | 5.11m | 5.34m |
| | 16'9.25" | 17'6.25" |
| Guy | - | 5.32m |
| | | 17'5.5" |
| Freix | - | 5.30m |
| | | 17'4.75" |

| TRIPLE JUMP | 2016 | Out-PR |
|--------------------|-------------|---------------|
| Barron | 12.40m | 12.40m |
| | 40'8.25" | 40'8.25" |
| Caldwell | 12.13m | 12.50m |
| | 39'9.75" | 41'0.25" |

| SHOT PUT | 2016 | Out-PR |
|-----------------|-------------|---------------|
| Bohan | 16.87m | 16.87m |
| | 55'4.25" | 55'4.25" |
| Green | - | 12.61m |
| | | 41'4.5" |
| Herran | 9.00m | 9.00m |
| | 29'6.5" | 29'6.5" |

| DISCUS | 2016 | PR |
|---------------|-------------|-----------|
| Green | 50.15m | 50.15m |
| | 164'6" | 164'6" |
| Bohan | 47.22m | 47.22m |
| | 154'11" | 154'11" |

| HAMMER | 2016 | PR |
|---------------|-------------|-----------|
| Bohan | - | 47.23m |
| | | 153'11" |
| Green | - | 35.83m |
| | | 117'7" |

| JAVELIN | 2016 | PR |
|----------------|-------------|-----------|
| Bohan | 47.70m | 47.70m |
| | 156'6" | 156'6" |
| Mautz | 43.31m | 47.15m |
| | 142'1" | 154'8" |
| Herran | 25.55m | 25.55m |
| | 83'10" | 83'10" |
| Sullivan | - | 29.87m |
| | | 98'0" |

| HEPTATHLON | 2016 | PR |
|-------------------|-------------|-----------|
| Herran | 4,771 | 4,771 |

OUTDOOR WOMEN'S RECORDS

| Event | Name | Time/Mark | Date |
|--------------------------|------------------------------------|--------------------|-------------|
| 100 meters | Sonya Fridy | 11.36 | 1987 |
| 200 meters | Sonya Fridy | 23.17 | 1987 |
| 400 meters | Sonya Fridy | 51.93 | 1987 |
| 800 meters | Gail Bryant | 2:04.21 | 1985 |
| 1,500 meters | Morgane Gay | 4:13.20 | 2012 |
| 5,000 meters | Margaret Groos | 15:51.24 | 1980 |
| 10,000 meters | Patty Matava | 32:58.64 | 1987 |
| 100-meter hurdles | Ayla Smith | 13.51 | 2009 |
| 400-meter hurdles | Ayla Smith | 56.54 | 2011 |
| 3,000-meter steeplechase | Stephanie Garcia | 9:47.29 | 2011 |
| 4x100-meter relay | Chaney, Wright, Lavender, McKenzie | 44.56 | 2015 |
| 4x400-meter relay | Ezumah, Lavender, Fabrizio, Wright | 3:35.74 | 2014 |
| High Jump | Ann Bair | 1.88m (6' 2") | 1983 |
| Pole Vault | Bridget Guy | 4.23m (13' 10.5") | 2016 |
| Long Jump | Dana Boone | 6.65m (21' 9.75") | 1990 |
| Triple Jump | Tomika Ferguson | 13.21m (43' 4.25") | 2007 |
| Shot Put | Christine Bohan | 16.87m (55' 4.25") | 2016 |
| Discus Throw | Billie-Jo Grant | 56.06m (183' 11") | 2008 |
| Hammer Throw | Maureen Laffan | 59.91m (196' 6") | 2012 |
| Javelin Throw | Ann Crouse | 57.38m (188' 3") | 1999 |
| Heptathlon | Rebecca Grube | 5,512 points | 1994 |

OUTDOOR MEN'S RECORDS

| Event | Name | Time/Mark | Date |
|--------------------------|---------------------------------|--------------------|-------------|
| 100 meters | Gerald Howard | 10.42 | 1995 |
| 200 meters | Gerald Howard | 20.79 | 1995 |
| 400 meters | Payton Hazzard | 45.88 | 2015 |
| 800 meters | Paul Ereng | 1:43.16 | 1989 |
| 1,500 meters | Henry Wynne | 3:38.05 | 2016 |
| 5,000 meters | Kris Herdt | 13:37.44 | 1987 |
| 10,000 meters | Mike Cotton | 28:55.34 | 1981 |
| 110-meter hurdles | Adams Abdulrazaaq | 13.66 | 2011 |
| 400-meter hurdles | Steve Delice | 50.02 | 2010 |
| 3,000-meter steeplechase | Jan Foerster | 8:34.78 | 2007 |
| 4x100-meter relay | Randolph, Archer, Brown, Palmer | 40.25 | 1984 |
| 4x400-meter relay | Anding Roller, Bryan, Hazzard | 3:07.11 | 2012 |
| High Jump | Herman Moore/Greg Byers | 2.19m (7' 2.25") | 1988/1982 |
| Pole Vault | David Sullivan | 5.35m (17' 6.75") | 2005 |
| Long Jump | Greg Byers | 7.70m (25' 3.25") | 1982 |
| Triple Jump | Marcus Robinson | 16.46m (54' 0") | 2012 |
| Shot Put | Filip Mihaljevic | 20.16m (66' 1.75") | 2015 |
| Discus Throw | Filip Mihaljevic | 63.11m (207' 0") | 2015 |
| Hammer Throw | Hilmar Jonsson | 71.52m (234' 8") | 2016 |
| Javelin Throw | Andy Farhinger | 75.19m (246' 8") | 2012 |
| Decathlon | Stephen Dunphy | 7,920 points | 1992 |

Men's Outdoor Top 10 List
100 METERS

1. Gerald Howard 10.42 '95
2. Reuben Jones 10.45 '08
3. Shay Clark 10.50 '02
4. Edwin Brown 10.52 '85
5. Scott Kimball 10.53 '03
6. Bruce Randolph 10.69 '84
7. Jarrett Hagwood 10.72 '02
8. Mauri Anderson 10.74 '80
9. Orren Prunty 10.84 '02
Ben Jullien 10.84 '96

200 METERS

1. Gerald Howard 20.79 '95
2. Ben Sarpong 20.87 '95
3. Edwin Brown 20.90 '85
4. Reuben Jones 21.16 '08
5. Kellen Blassingame 21.24 '05
6. Payton Hazzard 21.27 '15
7. Conlon Bonner 21.28 '08
8. Scott Kimball 21.31 '02
9. Eric Adderly 21.32 '82
10. Rauh Turner 21.39 '98

400 METERS

1. Payton Hazzard 45.88 '15
2. Kellen Blassingame 46.02 '05
3. Meikle Paschal 46.61 '08
4. Kevin Anding 46.84 '10
5. Jim Bruce 46.94 '79
6. Ben Kurgat 46.96 '88
7. Jason Young 47.07 '04
8. Gerald Howard 47.23 '95
9. Leon Palmer 47.26 '84
10. Aundre Oldacre 47.52 '98

800 METERS

1. Paul Ereng 1:43.16 '89
2. Robby Andrews 1:44.71 '11
3. Lance Roller 1:46.11 '10
4. Ray Brown 1:46.74 '83
5. Ben Kurgat 1:47.32 '90
6. John Hinton 1:47.33 '84
7. Greg Canty 1:47.44 '80
8. Anthony Kostelac 1:48.96 '12
9. Vince Draddy 1:49.05 '81
10. **Nathan Kiley 1:49.31 '16**

1,500 METERS

1. **Henry Wynne 3:38.05 '16**
2. John Hinton 3:40.24 '83
3. Vince Draddy 3:40.44 '81
4. Robby Andrews 3:40.77 '11
5. **Mike Marsella 3:41.35 '15**
6. Patrick Todd 3:41.51 '12
7. Andrew Jesien 3:41.78 '09
8. Ray Weeden 3:43.65 '99
9. Kyle King 3:44.25 '13
10. Brett Johnson 3:44.44 '11

5,000 METERS

1. Kris Herdt 13:37.44 '87
2. Sean Keveren 13:48.34 '12
3. **Henry Wynne 13:49.35 ... '16**
4. Jim Hays 13:55.2h '85
5. Kyle King 13:55.60 '12
6. Ryan Collins 13:55.94 '09
7. Mike Cotton 13:56.44 '81
8. Mark Amirault 13:59.21 '13
9. **Chase Weaverling 14:01.20 ... '16**
9. Ryan Foster 14:02.83 '06

10,000 METERS

1. Mike Cotton 28:55.34 '81
2. Andrew Dumm 28:59.25 '07
3. **Zach Herriott 29:08.17 ... '15**
4. **Adam Visokay 29:11.13 ... '15**
5. Trey Miller 29:14.21 '10
6. Ryan Foster 29:16.79 '06
7. **Brent Demarest 29:24.80 ... '16**
8. Sean Keveren 29:31.86 '12
9. Thomas Porter 29:34.15 '13
10. Ryan Collins 29:35.10 '10

110m HURDLES

1. Adams Abdulrazaaq 13.66 '11
2. Barry Word 13.88 '84
3. George Johnson 13.91 '82
4. Jarrett Hagwood 14.13 '02
5. Kevin Williams 14.14 '79
6. Rob Archer 14.16 '84
7. Ronde Barber 14.22 '94
8. DreQuan Hoskey 14.23 '14
9. Mike Abidin 14.27 '82
10. Isi Azeke 14.31 '05

400m HURDLES

1. Steve Delice 50.02 '10
2. Karl Williams 50.34 '79
3. Rob Archer 50.80 '84
4. Bruce Berry 51.09 '85
5. Kevin Williams 51.54 '79
6. Adams Abdulrazaaq 51.79 '08
7. George Johnson 51.98 '81
8. Dave Revelle 52.05 '84
9. Bob Wilks 52.21 '84
10. Brandon Burton 52.34 '13

3000m STEEPLECHASE

1. Jan Foerster 8:34.78 '07
2. Rob Cook 8:39.36 '94
3. Kyle King 8:39.72 '15
4. Steve Finley 8:40.56 '10
5. **Adam Visokay 8:43.60 '15**
6. Mike Cotton 8:44.44 '81
7. **Will Gray 8:45.82 '16**
8. Soeren Linder 8:51.89 '05
9. Tim Lloyd 8:53.84 '80
10. John Hinton 8:55.14 '84

Men's Outdoor Top-10 Lists

HIGH JUMP

| | | |
|-------------------------|-------------------|-----|
| 1. Herman Moore..... | 2.19m (7' 2.25") | '88 |
| Greg Byers..... | 2.19m (7' 2.25") | '82 |
| 3. Greg Nelson..... | 2.10m (6' 10.75") | '10 |
| Chris Clementson..... | 2.10m (6' 10.75") | '02 |
| Mike Riso..... | 2.10m (6' 10.75") | '02 |
| Bob Lund..... | 2.10m (6' 10.75") | '91 |
| 7. Cordell Green..... | 2.09m (6' 10.25") | '95 |
| 8. Wes Dungan..... | 2.08m (6' 9.75") | '94 |
| 9. Tommy DeVita..... | 2.07m (6' 9.5") | '13 |
| 10. Arthur Gennari..... | 2.05m (6' 8.75") | '10 |

POLE VAULT

| | | |
|------------------------------|--------------------------|------------|
| 1. David Sullivan..... | 5.35m (17' 6.75") | '05 |
| 2. Brian Shafer..... | 5.20m (17' 0.75") | '93 |
| 3. Tom Cooke..... | 5.05m (16' 6.75") | '95 |
| 4. Jeff Jernigan..... | 4.96m (16' 3.25") | '16 |
| 5. Jeff McClurg..... | 4.95m (16' 2.75") | '07 |
| 6. David Lewis..... | 4.89m (16' 0.75") | '06 |
| 7. David Hood..... | 4.88m (16' 0.0") | '88 |
| 8. Mike Hood..... | 4.85m (15' 11.0") | '91 |
| Greg Blair..... | 4.85m (15' 11.0") | '04 |
| 10. Stephen Dunphy..... | 4.80m (15' 9.0") | '92 |
| Matt Armentrout..... | 4.80m (15' 9.0") | '13 |

LONG JUMP

| | | |
|---------------------------|--------------------|-----|
| 1. Greg Byers..... | 7.70m (25' 3.25") | '82 |
| 2. Mike Harvey..... | 7.67m (25' 2") | '69 |
| 3. Wes Dungan..... | 7.48m (24' 6.5") | '94 |
| Tiki Barber..... | 7.48m (24' 6.5") | '95 |
| 5. Keith Witherspoon..... | 7.45m (24' 5.25") | '76 |
| 6. Bruce Randolph..... | 7.43m (24' 4.5") | '84 |
| 7. Dion Woolfolk..... | 7.41m (24' 3.75") | '96 |
| 8. Stephen Dunphy..... | 7.39m (24' 3") | '94 |
| Jarrett Hagwood..... | 7.39m (24' 3") | '02 |
| 10. Chris Rogers..... | 7.31m (23' 11.75') | '15 |

TRIPLE JUMP

| | | |
|------------------------------|---------------------------|------------|
| 1. Marcus Robinson..... | 16.46m (54' 0") | '12 |
| 2. Keith Witherspoon..... | 16.27m (53' 4.50") | '76 |
| 3. Ryan Satchell..... | 15.98m (52' 5.25") | '14 |
| 4. Chike Chukwolozie..... | 15.94m (52' 3.75") | '90 |
| 5. Aaron Worrell..... | 15.70m (51' 6.25") | '16 |
| 6. Greg Byers..... | 15.56m (51' 0.75") | '84 |
| 7. Cornell Grayson..... | 15.55m (51' 0.50") | '90 |
| 8. Donald Scott..... | 15.43m (50' 7.50") | '94 |
| 9. Mike Mosley..... | 15.25m (50' 0.5") | '85 |
| 10. DeMargo Hopson..... | 15.19m (49' 10.0") | '88 |

SHOT PUT

| | | |
|-----------------------------------|---------------------------|------------|
| 1. Filip Mihaljevic..... | 20.16m (66' 1.75") | '15 |
| 2. Jordan Young..... | 19.80m (64' 11.5") | '15 |
| 3. Oghenakpobo Efekoro ... | 19.53m (64' 1") | '16 |
| 4. Nick Vena..... | 19.51m (64' 0.25") | '12 |
| 5. Yemi Ayeni..... | 18.23m (59' 9.75") | '09 |
| 6. Kevin Latham..... | 17.48m (57' 4") | '85 |
| 7. Mike Murphy..... | 17.15m (56' 3.25") | '93 |
| 8. Thom McKinney..... | 17.06m (55' 11.75") | '91 |
| 9. Al Sinesky..... | 16.83m (55' 2.75") | '69 |
| 10. Mike Theuerkauf..... | 16.78m (55' 1") | '90 |

DISCUS

| | | |
|---------------------------------|-------------------------|------------|
| 1. Filip Mihaljevic..... | 63.11m (207' 0") | '15 |
| 2. Jordan Young..... | 62.27m (204' 3") | '15 |
| 3. Yemi Ayeni..... | 61.11m (200' 6") | '07 |
| 4. Larry Wilson..... | 57.91m (190' 0") | '99 |
| 5. Kevin Latham..... | 56.71m (186' 1") | '79 |
| 6. Phil Vincenzes..... | 55.98m (183' 8") | '82 |
| 7. Nick Vena..... | 54.84m (179' 11") | '12 |
| 8. Mike Murphy..... | 52.78m (173' 2") | '93 |
| 9. Tim Bilmanis..... | 52.57m (172' 6") | '01 |
| 10. James Williams..... | 52.04m (170' 9") | '16 |

HAMMER THROW

| | | |
|-------------------------------|-------------------------|------------|
| 1. Hilmar Jonsson..... | 71.52m (234' 8") | '16 |
| 2. Jordan Young..... | 70.73m (232' 1") | '15 |
| 3. Vincenzo Chiariello..... | 64.29m (210' 11") | '12 |
| 4. Bill Johnston..... | 58.19m (190' 11") | '01 |
| 5. Robert Guider..... | 55.67m (182' 8") | '10 |
| 6. James Fuson..... | 55.53m (182' 2") | '12 |
| 7. Phil Vincenzes..... | 53.23m (174' 8") | '79 |
| 8. Walker Anderson..... | 52.68m (172' 10") | '04 |
| 9. James Williams..... | 51.22m (168' 0") | '16 |
| 10. Thom McKinney..... | 46.99m (154' 2") | '90 |

JAVELIN (new)

| | | |
|---------------------------------|-------------------------|------------|
| 1. Andy Fahringer..... | 75.19m (246' 8") | '12 |
| 2. Brian Kollar..... | 74.22m (243' 6") | '01 |
| 3. John Welch..... | 72.19m (236' 10") | '02 |
| 4. Steve Kiessling..... | 69.67m (228' 7") | '92 |
| 5. Kyle Smith..... | 69.43m (227' 9") | '15 |
| 6. James Murdock..... | 63.93m (209' 9") | '02 |
| 7. Stephen Dunphy..... | 61.62m (202' 2") | '94 |
| 8. Anthony Bouselli..... | 60.89m (199' 9") | '16 |
| 9. Greg Trzcinski..... | 56.96m (186' 10") | '97 |
| 10. Justin Schwartz..... | 56.70m (186' 0") | '96 |

DECATHLON

| | | |
|-----------------------------------|--------------|------------|
| 1. Stephen Dunphy..... | 7,920 | '92 |
| 2. Willy Pirtle..... | 7,676 | '82 |
| 3. John Bryan..... | 7,666 | '81 |
| 4. Jack Lint..... | 7,179 | '15 |
| 5. David Lewis..... | 7,105 | '08 |
| 6. Christian Lavorgna..... | 7,064 | '16 |
| 7. Cam Collins..... | 7,004 | '16 |
| 8. Bill Smith..... | 6,863 | '83 |
| 9. Sean Sullivan..... | 6,847 | '96 |
| 10. John Anderson..... | 6,814 | '95 |

Women's Outdoor Top 10 List
100 METERS

1. Sonya Fridy11.36 '87
2. Kiamesha Otey11.43..... '01
3. Kelly Miller11.48..... '99
4. Pam Lemons11.57..... '93
5. Brenda Brown11.64..... '84
- 6. Peyton Chaney 11.71 '14**
7. Julie Sandy11.74..... '89
8. Valentia Alleyne11.75..... '94
- Tori McKenzie 11.75 '16**
10. Talia Wise11.80..... '08

200 METERS

1. Sonya Fridy23.17..... '87
2. Jordan Lavender23.42..... '14
3. Kiamesha Otey23.46..... '03
- 4. Peyton Chaney 23.50 '16**
5. Kelly Miller23.61..... '99
6. Janne'a Bridgeford23.69..... '08
7. Pam Lemons.....23.83..... '93
8. Talia Wise23.86..... '08
9. Julie Sandy.....23.87..... '89
10. Brenda Brown23.94..... '81

400 METERS

1. Sonya Fridy51.93..... '87
2. Jordan Lavender52.48..... '14
3. Lisa Garrett52.64..... '83
4. Carielle Doe53.22..... '03
5. Angela Lee54.05..... '98
6. Michelle Samuels54.59..... '92
- 7. Andrea Wright 54.80 '14**
8. Talia Wise54.81..... '08
- 9. Chimere Ezumah 54.87 '14**
10. Gail Bryant54.90..... '85

800 METERS

1. Gail Bryant2:04.21 '85
2. Vanessa Fabrizio2:04.77 '14
3. Kim Kelly2:05.23 '84
4. Vicky Fouhy2:05.55 '13
5. Lyndsay Harper2:05.84 '11
6. Jill Haworth.....2:06.31 '82
7. Phyllis Buber2:06.96 '86
8. Linda Nicholson.....2:07.54 '80
9. Kim Liggins2:08.24 '92
10. Morgane Gay2:08.29 '09

1,500 METERS

1. Morgane Gay4:13.20 '12
2. Vicky Fouhy4:14.51 '13
3. Michelle Rowen4:15.37 '87
4. Jill Haworth.....4:16.06 '83
5. Lesley Welch.....4:16.54 '82
6. Margaret Groos4:16.74 '81
7. Lisa Welch4:17.74 '82
8. Claire Forbes4:18.58 '90
9. Stephanie Garcia4:18.30 '11
- 10. Iona Lake 4:21.30 .. '15**

5,000 METERS

1. Margaret Groos15:51.24 .. '80
2. Patty Matava15:56.41 .. '86
3. Catherine White16:04.58.. '12
4. Barbara Strehler16:07.70... '13
- 5. Cleo Boyd..... 16:09.23 '16**
6. Chelsea Ley.....16:12.62... '12
- 7. Maria Hauger 16:14.18 '14**
- 8. Iona Lake 16:15.93 '15**
- 9. Sarah Fakler..... 16:18.59 '15**
10. Lesley Welch.....16:21.60 .. '82

10,000 METERS

1. Patty Matava32:58.64 .. '87
2. Catherine White33:07.36.. '13
3. Aileen O'Connor33:28.20 .. '81
4. Emily Harrison33:40.34.. '08
5. Martha White33:40.50 .. '83
6. Kara Scanlin.....33:53.32.. '07
7. Katie Read33:54.92.. '07
8. Jane Maxwell33:55.98 .. '03
9. Anna Corrigan33:58.46.. '11
10. Jen Flack34:14.12... '14

100m HURDLES

1. Ayla Smith.....13.51..... '09
- 2. Ciara Leonard 13.67 '16**
3. Lauren Echko13.72..... '08
4. Chidi Uche13.77..... '10
5. Rebecca Grube.....13.81 '94
- 6. Heather Smith 13.88 '16**
7. Michelle Johnson13.90 '86
8. Kimberlee Turko.....13.93 '98
9. Alisha Tucker14.03 '93
10. Naccolle Guinn14.04..... '02

400m HURDLES

1. Ayla Smith56.54..... '11
2. Erin Crawford56.87..... '06
3. Angela Lee.....57.11..... '97
- 4. Aisha Naibe-Wey 57.84 '16**
- 5. Heather Smith 58.17 '16**
6. Vivian Scruggs58.54..... '81
7. Natalie Randolph.....58.98 '03
8. Angela Griffith59.05 '91
9. Karen Hatchett59.49..... '82
10. Kristina Chapman.....59.61..... '10

3000m STEEPLECHASE

1. Stephanie Garcia9:47.29 '11
2. Dawn Cleary.....9:59.30 '03
- 3. Iona Lake 10:01.58 '15**
4. Melanie Matthews10:13.31 .. '02
5. Vicky Fouhy10:20.63... '14
- 6. Sara Sargent 10:20.64 '15**
7. Janine Ricci10:24.65... '05
8. Samantha Stafford10:36.02... '09
9. Kendall Cowne10:39.82... '15
10. Rosemary Barber10:51.59... '11

Women's Outdoor Top 10 Lists

HIGH JUMP

| | | |
|----------------------|-------------------|-----|
| 1. Ann Bair | 1.88m (6' 2") | '83 |
| 2. Sherry Gould | 1.86m (6' 1.25") | '93 |
| 3. Pearl Bickersteth | 1.83m (6' 0") | '12 |
| Moirá Cronin | 1.83m (6' 0") | '13 |
| 5. Robin Landes | 1.81m (5' 11.25") | '88 |
| 6. Rachel Marks | 1.79m (5' 10.75") | '06 |
| 7. Meggie Schuelke | 1.76m (5' 9.25") | '04 |
| Emily Kianka | 1.76m (5' 9.25") | '12 |
| 9. Karen DiDonato | 1.75m (5' 9.0") | '91 |
| 10. Kate Doyle | 1.74m (5' 8.75") | '90 |

POLE VAULT

| | | |
|-----------------------|---------------------------|------------|
| 1. Bridget Guy | 4.23m (13' 10' 5") | '16 |
| 2. Vika Osipenko | 3.81m (12' 6") | '03 |
| 3. Katie Freix | 3.75m (12' 3.5") | '16 |
| 4. Sarah DeVita | 3.71m (12' 2") | '15 |
| 5. Katie Darraugh | 3.69m (12' 1.5") | '09 |
| 6. Kathryn Pettine | 3.65m (11' 11.75") | '05 |
| 7. Annica White | 3.51m (11' 6.5") | '01 |
| 8. Lauren Taggart | 3.49m (11' 5.75") | '03 |
| Alicia LaRoche | 3.49m (11' 5.75") | '04 |

LONG JUMP

| | | |
|----------------------|-----------------------|------------|
| 1. Dana Boone | 6.65m (21' 9.75") | '90 |
| 2. Kiamesha Otey | 6.54m (21' 5.50") | '02 |
| 3. Sonya Fridy | 6.42m (21' 0.75") | '86 |
| 4. Nicole Kimbrough | 6.39m (20' 11.50") | '95 |
| 5. Kelly Miller | 6.33m (20' 9.25") | '96 |
| Tomika Ferguson | 6.33m (20' 9.25") | '06 |
| 7. Edy Ndem | 6.28m (20' 7.25") | '14 |
| 8. Mia Barron | 6.22m (20' 5") | '16 |
| 9. Rebecca Grube | 6.15m (20' 2.25") | '94 |
| 10. Pam Lemons | 6.12m (20' 1") | '92 |
| Beth Sheehan | 6.12m (20' 1") | '85 |

TRIPLE JUMP

| | | |
|----------------------------|---------------------------|------------|
| 1. Tomika Ferguson | 13.21m (43' 4.25") | '07 |
| 2. Dallas Rose | 13.20m (43' 3.75") | '14 |
| 3. Dana Boone | 13.05m (42' 9.75") | '91 |
| 4. Naccolle Guinn | 12.71m (41' 8.50") | '01 |
| 5. Jessica Caldwell | 12.50m (41' 0.25") | '14 |
| 6. Nicole Kimbrough | 12.49m (40' 11.75") | '95 |
| Atalaya Jones | 12.49m (40' 11.75") | '93 |
| 8. Curtrell Frye | 12.48m (40' 11.50") | '02 |
| 9. Britni Strates | 12.46m (40' 10.5") | '12 |
| 10. Tiffany King | 12.41m (40' 8.50") | '97 |

SHOT PUT

| | | |
|---------------------------|---------------------------|------------|
| 1. Christine Bohan | 16.87m (55' 4.25") | '16 |
| 2. Eliese Mitchell | 16.16m (53' 0.25") | '03 |
| 3. Billie-Jo Grant | 15.77m (51' 9") | '06 |
| 4. Maureen Laffan | 15.34m (50' 4") | '10 |
| 5. Emily Vannoy | 15.30m (50' 2.5") | '10 |
| 6. Alexa Manning | 14.97m (49' 1.5") | '08 |
| 7. Kelly Bodiford | 14.83m (48' 8") | '91 |
| 8. Amy Brown | 14.25m (46' 9") | '99 |
| 9. Lauren Connelly | 14.12m (46' 4") | '96 |
| 10. Jen Blake | 14.04m (46' 0.75") | '93 |

DISCUS

| | | |
|------------------------|-------------------------|------------|
| 1. Billie-Jo Grant | 56.06m (183' 11") | '08 |
| 2. Kelly Bodiford | 54.08m (177' 5") | '93 |
| 3. Erin Wykoff | 53.78m (176' 5") | '12 |
| 4. Caitlin Kelly | 52.37m (171' 10") | '09 |
| 5. Eliese Mitchell | 52.17m (171' 2") | '02 |
| 6. Julia Solo | 52.04m (170' 9") | '86 |
| 7. Carter Green | 50.15m (164' 6") | '16 |
| 8. Amy Bilmanis | 49.99m (164' 0") | '06 |
| 9. Amy Brown | 49.89m (163' 8") | '99 |
| 10. Hillary Wilson | 49.81m (163' 5") | '00 |

HAMMER THROW

| | | |
|--------------------|-------------------|-----|
| 1. Maureen Laffan | 59.91m (196' 6") | '12 |
| 2. Eliese Mitchell | 56.95m (186' 10") | '03 |
| 3. Erin Wykoff | 53.45m (175' 4") | '12 |
| 4. Lauren Connelly | 51.31m (168' 4") | '96 |
| 5. Inhar Chong | 50.29m (165' 0") | '00 |
| 6. Alexa Manning | 50.17m (164' 7") | '08 |
| 7. Ann Crouse | 49.89m (163' 8") | '99 |
| 8. Logan Clements | 49.67m (162' 11") | '14 |
| 9. Amy Bilmanis | 47.68m (156' 5") | '06 |

JAVELIN (new)

| | | |
|---------------------------|-------------------------|------------|
| 1. Ann Crouse | 57.38m (188' 3") | '99 |
| 2. Inge Jorgenson | 54.23m (177' 11") | '05 |
| 3. Meghan Briggs | 52.65m (172' 9") | '09 |
| 4. Abbey Karin | 52.60m (172' 7") | '13 |
| 5. Christine Bohan | 47.70m (156' 6") | '16 |
| 6. Caitlin Mautz | 47.15m (154' 8") | '15 |
| 7. Annie Bobiak | 46.89m (153' 10") | '05 |
| 8. Tara Karin | 46.33m (152' 0") | '10 |
| 9. Kristen Buck | 42.47m (139' 4") | '94 |
| 10. Indira Morton | 42.37m (139' 0") | '09 |

HEPTATHLON

| | | |
|---------------------|-------|-----|
| 1. Rebecca Grube | 5,512 | '94 |
| 2. Susan Brownell | 5,458 | '82 |
| 3. Beth Sheehan | 5,407 | '86 |
| 4. Ann Bair | 5,387 | '83 |
| 5. Sherry Gould | 5,166 | '93 |
| 6. Angela Griffith | 4,967 | '98 |
| 7. Suzanne Sweeney | 4,915 | '97 |
| 8. Katie Kiladis | 4,855 | '97 |
| 9. Bianca DeBartolo | 4,854 | '07 |
| 10. Anna Finger | 4,791 | '13 |

Men's Outdoor Freshman Records

100 METERS

| | | |
|--------------------------|-------|-----------|
| 1. Gerald Howard | 10.46 | '93 |
| 2. Jason Dickerson | 10.50 | '77 |
| 3. Reuben Jones | 10.65 | '05 |
| 4. Edwin Brown | 10.76 | '81 |
| 5. Ben Julien | 10.84 | '96 |

200 METERS

| | | |
|-----------------------------|-------|-----------|
| 1. Gerald Howard | 20.90 | '93 |
| 2. Conlon Bonner | 21.28 | '08 |
| 3. Scott Kimball | 21.78 | '00 |
| 4. Kellen Blassingame | 21.80 | '03 |
| 5. Reuben Jones | 21.84 | '05 |

400 METERS

| | | |
|-------------------------|-------|-----------|
| 1. Meikle Paschal | 46.61 | '08 |
| 2. Ben Kurgat | 46.96 | '88 |
| 3. Payton Hazzard | 47.29 | '12 |
| 4. Ruhn Turner | 47.56 | '97 |
| 5. Patrick Farmer | 47.83 | '11 |

800 METERS

| | | |
|---------------------------|---------|-----------|
| 1. Paul Ereng | 1:44.31 | '88 |
| 2. Robby Andrews | 1:45.54 | '10 |
| 3. Lance Roller | 1:47.88 | '09 |
| 4. Anthony Kostelac | 1:49.02 | '11 |
| 5. Ben Kurgat | 1:49.28 | '88 |

1,500 METERS

| | | |
|------------------------------|----------------|------------------|
| 1. Robby Andrews | 3:41.09 | '10 |
| 2. Matthew Novak..... | 3:45.35 | '16 |
| 3. John Hinton | 3:46.10 | '82 |
| 4. Henry Wynne..... | 3:46.48 | '14 |
| 5. Alex Tatu | 3:46.63 | '04 |

5,000 METERS

| | | |
|-------------------------|----------|-----------|
| 1. Kyle King | 13:55.60 | '12 |
| 2. Andy Biladeau | 14:06.73 | '06 |
| 3. Emil Heineking | 14:11.40 | '08 |
| 4. Ryan Collins | 14:12.85 | '08 |
| 5. Sean Keveren..... | 14:14.46 | '09 |

10,000 METERS

| | | |
|-------------------------------|-----------------|------------------|
| 1. Adam Visokay | 29:14.50 | '14 |
| 2. Brent Demarest..... | 29:32.72 | '15 |
| 3. Chase Weaverling .. | 29:39.30 | '15 |
| 4. Zach Herriott..... | 29:45.35 | '14 |
| 5. Thomas Madden ... | 29:54.91 | '14 |

110m HURDLES

| | | |
|----------------------------|-------|-----------|
| 1. Kevin Williams | 14.14 | '77 |
| 2. Adams Abdulrazaaq | 14.19 | '08 |
| 3. Ronde Barber | 14.22 | '94 |
| 4. Mike Abidin | 14.27 | '82 |
| 5. Jarrett Hagwood | 14.34 | '02 |

400m HURDLES

| | | |
|----------------------------|-------|-----------|
| 1. Karl Williams | 51.77 | '77 |
| 2. Adams Abdulrazaaq | 51.79 | '08 |
| 3. Greg Nelson | 52.43 | '08 |
| 4. Devin Brewer | 52.52 | '12 |
| 5. Kevin Williams | 52.88 | '77 |

3,000m STEEPLECHASE

| | | |
|--------------------------|---------|-----------|
| 1. John Hinton | 8:58.21 | '82 |
| 2. Colin Mearns..... | 9:03.92 | '11 |
| 3. Jim Hays | 9:10.69 | '82 |
| 4. Mike Cotton | 9:27.88 | '78 |
| 5. Andrew Filachek | 9:32.77 | '00 |

HIGH JUMP

| | | |
|-----------------------|-------------------|-----------|
| 1. Herman Moore | 2.20m (7' 2.5") | '88 |
| 2. Greg Byers | 2.17m (7' 1.25") | '81 |
| 3. Mike Riso | 2.10m (6' 10.75") | '02 |
| 4. Tommy Devita | 2.04m (6' 8.25") | '11 |
| 5. Greg Nelson | 2.01m (6' 7") | '08 |

POLE VAULT

| | | |
|---------------------------|-------------------|-----------|
| 1. Brain Shafer | 5.05m (16' 6.75") | '90 |
| 2. David Sullivan | 4.90m (16' 0.75") | '03 |
| 3. Jake Williams | 4.88m (16' 0") | '01 |
| 4. Greg Blair | 4.82m (15' 9.75") | '03 |
| 5. Stephen Thompson | 4.70m (15' 5") | '06 |

LONG JUMP

| | | |
|----------------------------|-----------------------|------------------|
| 1. Greg Byers | 7.33m (24' 0.5") | '81 |
| 2. Stephen Dunphy | 7.30m (23' 11.5") | '90 |
| 3. Marcus Robinson | 7.25m (23' 9.25") | '08 |
| 4. Marion Mason | 7.24m (23' 9") | '98 |
| Aaron Worrell | 7.24m (23' 9") | '15 |

TRIPLE JUMP

| | | |
|--------------------------|--------------------|-----------|
| 1. Keith Witherspoon .. | 15.96m (52' 4.5") | '72 |
| 2. Greg Byers | 15.29m (50' 2") | '81 |
| 3. Ryan Satchell | 15.25m (50' 0.5") | '12 |
| 4. Marcus Robinson | 14.91m (48' 11") | '08 |
| 5. Demargo Hopson | 14.79m (48' 6.25") | '86 |

SHOT PUT

| | | |
|----------------------------------|---------------------------|------------------|
| 1. Filip Mihaljevic | 19.56m (64' 2.25") | '14 |
| 2. Oghenakpobo Efekoro | 19.53m (64' 1") | '16 |
| 3. Nick Vena..... | 19.51m (64' 0.25") | '12 |
| 4. Mike Theuerkauf | 15.90m (52' 2") | '89 |
| 5. James Williams..... | 15.89m (52' 1.75") | '15 |

DISCUS

| | | |
|---------------------------------|-------------------------|------------------|
| 1. Filip Mihaljevic..... | 60.41m (198' 2") | '14 |
| 2. Larry Wilson | 55.45m (181' 11") | '96 |
| 3. Nick Vena | 54.84m (179' 11") | '12 |
| 4. Yemi Ayeni | 54.18m (177' 9") | '06 |
| 5. Phil Vincenzes | 52.53m (172' 4") | '77 |

HAMMER THROW

| | | |
|--------------------------------|-------------------------|------------------|
| 1. Hilmar Jonsson | 71.52m (234' 8") | '16 |
| 2. Bill Johnston | 57.89m (189' 11") | '00 |
| 3. Robert Guider..... | 55.68m (182' 8") | '10 |
| 4. Vincenzo Chiariello .. | 52.37m (171' 10") | '09 |
| 5. Walker Anderson | 50.57m (165' 11") | '03 |

JAVELIN

| | | |
|-------------------------------|-------------------------|------------------|
| 1. Brian Kollar | 68.53m (224' 10") | '99 |
| 2. Steve Kessling | 68.25m (223' 11") | '90 |
| 3. Anthony Bouselli .. | 58.96m (193' 5") | '15 |
| 4. James Murdock | 57.79m (189' 7") | '99 |
| 5. John Brian | 49.66m (162' 11") | '78 |

DECATHLON

| | | |
|----------------------------|--------------|------------------|
| 1. Jack Lint..... | 7,179 | '15 |
| 2. Sean Sullivan | 6,847 | '96 |
| 3. Stephen Dunphy..... | 6,711 | '90 |
| 4. John Brian | 6,626 | '78 |
| 5. Cam Collins..... | 6,485 | '15 |

Women's Outdoor Freshman Records

100 METERS

1. Kelly Miller 11.70 '96
2. Kiamesha Otey 11.72 '00
3. Talia Wise 11.85 '06
4. Leslie Satchell 11.89 '95
5. Janne'a Bridgeford . 11.90 '05

200 METERS

1. **Peyton Chaney 24.02 '13**
2. Leslie Satchell 24.04 '95
3. Kelly Miller 24.14 '96
4. Jordan Lavender 24.19 '12
5. Andrea Wright 24.21 '14

400 METERS

1. Jordan Lavender 53.44 '12
2. Lisa Garrett 54.14 '81
3. **Andrea Wright 54.80 '14**
4. **Chimere Ezumah .. 54.87 '14**
5. Michelle Samuels 55.15 '91

800 METERS

1. Vanessa Fabrizio..... 2:06.76 '12
2. Morgane Gay 2:08.29 '09
3. Gail Bryant 2:11.00 '82
4. Ariane Sloan 2:11.23 '07
5. Erin O'Doherty 2:11.28 '02

1,500 METERS

1. Morgane Gay 4:15.56 '09
2. Lesley Welch 4:16.84 '82
3. Lisa Welch 4:17.60 '82
4. Claire Forbes 4:18.52 '90
5. Margaret Groos 4:21.10 '78

5,000 METERS

1. Chelsea Ley 16:12.62 '12
2. **Maria Hauger 16:14.18 '14**
3. Lesley Welch 16:21.60 '82
4. **Sarah Fakler 16:22.19 '14**
5. Kathleen Stevens..... 16:26.91 '12

10,000 METERS

1. Jen Flack 34:14.12 '14
2. **Sarah Fakler 34:15.20 '14**
3. **Maria Hauger 34:16.28 '14**
4. Beni Gras 34:34.17 '91
5. Katherine Walker 35:31.42 '11

100-METER HURDLES

1. **Ciara Leonard 13.67 '16**
2. Lauren Echko 13.86 '06
3. Kim Turko 13.93 '98
4. Alisha Tucker 14.03 '93
5. **Alana Herran 14.09 '16**

400-METER HURDLES

1. Angela Lee 57.64 '96
2. Erin Crawford 58.56 '04
3. Karen Hatchett 59.49 '82
4. Ayla Smith 60.02 '07
5. Kristina Chapman ... 60.83 '08

3,000m STEEPLECHASE

1. Stephanie Garcia 10:15.83 '07
2. **Sara Sargent 10:49.81 '14**
3. Kendall Cowne 10:54.54 '14
4. Janine Ricci 10:55.86 '04
5. Ariel Karabinus 11:06.49 '11

HIGH JUMP

1. Ann Bair 1.86m (6' 1.25") '80
2. Meggie Schuelke 1.76m (5' 9.25") '04
3. Pearl Bickersteth 1.74m (5' 8.5") '10
4. Susan Brownell 1.73m (5' 8") '80
5. Emily Kianka 1.72m (5' 7.75") '11

POLE VAULT

1. **Bridget Guy 4.11m (13' 5.75") '15**
2. **Katie Freix 3.67m (12' 0.5") . '15**
3. Viktoria Osipenko ... 3.56m (11' 8.5") '00
4. Kathryn Pettine 3.49m (11' 5.75")... '04
5. Alica LaRoche 3.35m (10' 11.75") '03
Katie Darraugh 3.35m (10' 11.75").. '07

LONG JUMP

1. Kelly Miller 6.33m (20' 9.25")... '96
2. Nicole Kimbrough .. 6.29m (20' 7.75")... '94
3. **Mia Barron 6.22m (20' 5") '16**
4. Sonya Fridy 6.12m (20' 1")..... '84
5. Dana Boone 6.03m (19' 9.25")... '88

TRIPLE JUMP

1. Dallas Rose 12.66m (41' 6.5")... '10
2. Atalaya Jones 12.49m(40' 11.75") '93
3. Britni Strates 12.46m (40' 10.5") '12
4. **Mia Barron 12.40m (40' 8.25") '16**
5. Tomika Ferguson 12.35m (40' 6.25") '04

SHOT PUT

1. Emily Vannoy 15.30m (50' 2.5")... '10
2. **Christine Bohan 14.62m (47-11.75)'14**
3. Maureen Laffan 14.58m (47' 10")... '09
4. Kristi Martin 13.99m(45' 10.75") '97
5. Elise Mitchell 13.74m (45' 1") '00

DISCUS

1. Julia Solo 52.04m (170' 9")... '86
2. Amy Bilmanis 51.77m (169' 10") . '06
3. Amy Brown 48.77m (160' 0")... '95
4. Emily Vannoy 47.96m (157' 4")... '10
5. Erin Wykoff 47.02m (154' 3")... '09

HAMMER THROW

1. Elise Mitchell 54.46m (178' 8")... '00
2. Amy Bilmanis 47.68m (156' 5")... '06
3. Alexa Manning 46.18m (151' 6")... '06
4. Erin Wykoff 45.85m (150' 5")... '09
5. Maureen Laffan 43.36m (142' 3")... '09

JAVELIN

1. Julia Solo 52.04m (170' 9")... '86
2. Ann Crouse 50.85m (166' 10") . '95
3. Inge Jorgensen 50.24m (164' 10") . '00
4. **Caitlin Mautz 44.62m (146' 5") '15**
5. Meghan Briggs 44.45m (145' 10") . '07

HEPTATHLON

1. Ann Bair 5,578 '80
2. Susan Brownell 5,419 '80
3. Rebecca Grube 4,996 '92
4. **Alana Herran 4,771 '16**
5. Katie Kiladis 4,610 '95

Relay Records

Women

4x100m Relay

| | | | |
|----|--------------|---|-------------|
| 1. | 44.56 | Chaney, Wright , Lavender, McKenzie | 2015 |
| 2. | 45.11 | Kimbrough, Satchell, Edmundson, Alleyne | 1995 |
| 3. | 45.18 | Harvey, Otey, Randolph, Doe | 2003 |
| 4. | 45.19 | Rose, Wright, Chaney , Lavender | 2014 |
| 5. | 45.21 | Smith, Wright, Chaney, McKenzie | 2016 |

4x400m Relay

| | | | |
|----|---------|---|------|
| 1. | 3:35.74 | Ezumah , Lavender, Fabrizio, Wright | 2014 |
| 2. | 3:36.24 | Fridy, Crockett, Buber, Fitzpatrick | 1985 |
| 3. | 3:36.42 | Randolph, Otey, Gore, Doe | 2003 |
| 4. | 3:36.73 | Ezumah , Lavender, Chaney, Wright | 2014 |
| 5. | 3:37.65 | Smith , Lavender, Fabrizio, Wright | 2015 |

Non-NCAA Championship Event Relay Records

4x200m Relay

| | | |
|---------|------------------------------------|------|
| 1:36.25 | Chaney, McKenzie, Wright, Lavender | 2015 |
|---------|------------------------------------|------|

4x800m Relay

| | | |
|---------|-----------------------------------|------|
| 8:32.13 | Bryant, Nicholson, Welch, Haworth | 1982 |
|---------|-----------------------------------|------|

Distance Medley Relay

| | | |
|----------|----------------------------|------|
| 10:57.13 | Gay, Smith, Harper, Garcia | 2011 |
|----------|----------------------------|------|

Men

4x100m Relay

| | | | |
|----|-------|-------------------------------------|------|
| 1. | 40.25 | Randolph, Archer, Brown, Palmer | 1984 |
| 2. | 40.37 | Bonner, Jones, Abdulrazaaq, Paschal | 2008 |
| 3. | 40.46 | Hagwood, Clark, Young, Kimball | 2002 |
| 4. | 40.68 | Scott, Barber, Barber, Howard | 1994 |
| 5. | 40.71 | Peerman, Lee, Jones, Blassingame | 2007 |

4x400m Relay

| | | | |
|----|---------|--|------|
| 1. | 3:07.11 | Anding, Roller, Bryan, Hazzard | 2012 |
| 2. | 3:07.14 | Kugrat, Johnson, Brook, Ereng | 1988 |
| 3. | 3:08.20 | Muth, Williams, Williams, Bruce | 1979 |
| 4. | 3:08.26 | Carrington, Kiley , Brewer, Hazzard | 2015 |
| 5. | 3:08.44 | Muth, Williams, Williams, Bruce | 1978 |

Non-NCAA Championship Event Relay Records

4x200m Relay

| | | |
|---------|----------|------|
| 1:25.30 | Virginia | 2002 |
|---------|----------|------|

4x800m Relay

| | | |
|---------|------------------------------------|------|
| 7:12.15 | Johnson, Roller, Kostelac, Andrews | 2011 |
|---------|------------------------------------|------|

Distance Medley Relay

| | | |
|---------|--------------------------------|------|
| 9:25.56 | Revelle, Hinton, Brown, Draddy | 1983 |
|---------|--------------------------------|------|