



VIRGINIA

2018 CAVALIER TRACK & FIELD NOTES

2018 Indoor Schedule

- 1/19-20 Larry Wieczorek Invite (Iowa City, Iowa)
1/26-27 Liberty Kickoff (Lynchburg, Va.)
2/2-3 Power 5 Invite (Ann Arbor, Mich.)
2/9-10 Tiger Paw Invitational (Clemson, S.C.)
2/9-10 David Hemery Valentine Invite (Boston, Mass.)
2/17 Alex Wilson Invitational (Notre Dame, Ind.)
2/17 UCS Invitational- Relays only (Winston Salem, N.C.)
2/22-24 ACC Championships (Clemson, S.C.)
3/9-10 NCAA Championships (College Station, Texas)

2018 Outdoor Schedule

- 3/17-18 Hurricane Invitational (Miami, Fla.)
3/30 Raleigh Relays (Raleigh, N.C.)
3/30-31 Fred Hardy Invitational (Richmond, Va.)
4/7 UVA vs. Maryland, Bucknell, Georgetown
4/20-21 VIRGINIA CHALLENGE
4/28 Virginia Grand Prix
5/10-12 ACC Championships (Miami, Fla.)
5/24-26 NCAA East Prelims (Tampa, Fla.)
6/6-9 NCAA Championships (Eugene, Ore.)

Media Information

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March 16-17, 2018

Miami, Fla. • Cobb Stadium

Virginia Cavaliers at Hurricane Invitational



This Week

- Jordan Scott advanced to the NCAA Indoor Championships in the triple jump. He finished 12th in the event, earning second-team All-America honors. At the ACC Championships, he recorded a season-best mark of 16.35m to place second in the event and earn All-ACC honors.
- The Hurricane Invitational will open the outdoor season for the Cavaliers. Virginia concluded the indoor season with the women's team finishing ninth at the ACC Championships with 34.5 points and the men's team placing sixth with 49 points.
- The women's team recorded five All-ACC honors at the indoor conference championships. Mia Barron and Kelly McKee captured first-team honors, while Gabrielle Hayes, Brittany Jones and Holly Sullivan earned second-team honors.
- Scott, Oghenakpobo Efekoro and Hilmar Jonsson captured first-team All-ACC honors at the men's indoor ACC Championships, while Mike Marsella and Nace Plesko earned on the second-team honors.

NOTABLE

- Freshman Halle Hazzard was named Grenada's Junior Sportswoman of the Year for her performance at the 2017 U20 CARIFTA games the 2017 OECS Track and Field Championships.
- Scott led the men's team during the Indoor Season, earning ACC Field Performer of the Week honors twice. Kelly McKee also recorded the weekly honor.

THE 2017 OUTDOOR SEASON

- The men's team finished third at the NCAA Championships last season, scoring all 36 points with its throwing team. The third-place finish was the best by an ACC school since Florida State second-place finish in 2011.
- Six student-athletes earned All-America honors with four returning to competition this year. Efekoro finished third in the shot put and Hilmar Jonsson finished fourth in the hammer earn first-team honors. Jack Lint and Scott earned honorable mentions in the decathlon and triple jump, respectively.
- The men's team placed second at the ACC Championships, while the women's team placed eighth.

Virginia Coaching Staff

Bryan Fetzer	Director of Track and Field/Cross Country
Todd Morgan	Assistant Coach - Women's Distance
Pete Watson	Assistant Coach - Men's Distance
Mario Wilson	Assistant Coach - Horizontal Jumps/ Decathlon
Martin Maric	Assistant Coach - Throws
Michelle Freeman	Assistant Coach- Sprints and Hurdles

Meet Schedule of Probable UVA Entries

Friday - March 16

1:00p M- Discus Throw
1:00p W-Discus Throw
3:00p M- Pole Vault
3:00p W-Pole Vault
4:00p M- Hammer Throw
4:00p W- Hammer Throw

Hurricane Invitational

Efekoro, Plesko, Williams
 Green, Jones
 Young
 Freix, Guy
 Jonsson
 Baker

Saturday - March 17

12:00p W-Shot Put
12:00p M- Javelin
12:00p W- Long Jump
1:15p W-100m Hurdles
1:30p M-110m Hurdles
1:45p W-400m Dash
2:00p M-400m Dash
2:15p W-100m Dash
2:30p W-Javelin
2:30p M-Shot Put
2:30p W-Triple Jump
3:00p M-800m Run
3:25p M-400m Hurdles
3:40p W-200m Dash
3:55p M-200m Dash
4:40p W-4x400m Relay
4:50p M-4x400m Relay

Hurricane Invitational

Green, Jones
 Bouselli, Plesko
 Barron, Caldwell
 Leonard, Woodley
 Claiborne, Jackson, Lint
 Hairston, Herran, Jefferson, Knight
 Dixon, Willis
 Hazzard
 Geller, Mautz
 Efekoro, Plesko, Williams
 Barron
 Lint, Shirley
 Hazzard, Leonard, Woodley
 Jackson, Outlaw
 Virginia
 Virginia

Pronunciation Guide

Brent Demarest	demm-are-ist
Oghenakpobo Efekoro	po-bo eff-a-core-oh
Nathan Kiley	ky-lee
TJ Graass	grass
Nace Plesko	Nawt-say plesh-koe
Noah Toney	Tony
Conal Wilson	con-ell

Mia Barron	my-ah
Jill Bracaglia	Brack a gill ia
Kate Eiselt	eye-silt
Katie Freix	fricks
Raeann Giannattasio	Jan-an sta-ci-o
Caitlin Mautz	motts
Megan Rebholz	reb-holes

All times Eastern

Men's Top Outdoor 2018 Performances and Personal Bests

100 METERS	2018	PR
Lint	---	11.05
Claiborne	---	11.31

200 METERS	2018	Out-PR
Dixon	---	21.69
Jackson	---	22.29

400 METERS	2018	Out-PR
Dixon	---	48.06
Carrington	---	48.63
Lint	---	49.64
Claiborne	---	50.94

800 METERS	2018	Out-PR
Carrington	---	1:49.98
Novak	---	1:55.73
Hagen	---	1:51.29
Ernst	---	1:57.48
Neish	---	2:02.59
Marsella	---	1:49.53

1,500 METERS	2018	PR
Cook	---	3:47.53
Hagen	---	3:50.58
Ernst	---	3:50.88
Demarest	---	3:51.25
Neish	---	3:54.54
Novak	---	3:45.35
Amabile	---	4:01.79
Lint	4:38.38	4:38.38
Claiborne	---	5:02.44
Marsella	---	3:41.35

5,000 METERS	2018	Out-PR
Cook	----	13:58.01
Demarest	---	14:10.94
Klau	---	15:09.96
Hopper	14:48.92	14:48.92
Amabile	---	15:42.25
Weaverling	---	14:01.20
Novak	---	14:19.05

10,000 METERS	2018	PR
Demarest	---	29:07.78
Cook	---	29:18.20
Weaverling	---	29:29.90
Corbett	---	29:45.51
Klau	---	30:10.82

110m HURDLES	2018	PR
Jackson	---	14.48
Lint	---	14.63
Claiborne	---	15.51
Collins	---	16.63

400m HURDLES	2018	PR
Jackson	---	57.76

2,000m STEEPLECHASE	2018	PR
Novak	---	5:57.91

HIGH JUMP	2018	Out-PR
Lint	---	1.95m 6'4.75"
Claiborne	---	1.87m 6'1.5"

POLE VAULT	2018	Out-PR
S. Young	---	5.09m 16'8.25"
Lint	---	4.50m 14'9"
Claiborne	---	4.00m 13'1.5"
Collins	----	4.15m 13'7.25"

LONG JUMP	2018	Out-PR
Scott	---	7.54m 24'9"
Lint	---	7.21m 23'8"
Claiborne	---	6.64m 21'9.75"

TRIPLE JUMP	2018	Out-PR
J. Scott	---	16.44m 53'11.25"

SHOT PUT	2018	Out-PR
Efekoro	---	20.39m 66'10.75"
Plesko	---	18.30m 61'0.5"
Williams	---	16.66m 54'8"
Lint	---	13.57m 44'6.25"
Claiborne	---	10.68m 35'0.5"

DISCUS	2018	PR
Plesko	---	51.99m 170'7"
Williams	---	52.04m 170'9"
Efekoro	---	51.19m 167'11"
Bouselli	---	46.61m 152'11"
Lint	---	41.20m 135'2"
Claiborne	---	33.00m 108'3"

HAMMER	2018	PR
Jonsson	72.38 237'5.5"	72.38 237'5.5"
Williams	---	51.22m 168'0"

JAVELIN	2018	PR
Bouselli	---	60.89m 199'9"
Lint	---	52.06m 170'10"
Claiborne	---	38.78m 127'3"

DECATHLON	2018	PR
Lint	----	7478
Claiborne	---	6294

4x400 Relay	2018
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Women's Top Outdoor 2018 Performances and Personal Bests

100 METERS	2018	PR
Hairston	----	12.04
Wright	----	12.10
Baker	----	12.62

200 METERS	2018	Out-PR
Hairston	----	24.52
Sullivan	---	25.17
Woodley	---	25.32
Leonard	---	25.65
Herran	----	25.35

400 METERS	2018	Out-PR
Ezumah	56.27	54.87
Wright		54.80
Hairston	----	57.42
Brickhill		59.67

800 METERS	2018	Out-PR
Sullivan	---	2:14.15
Lansing	---	2:15.00
Herran	---	2:24.59

1,500 METERS	2018	PR
Lansing	---	4:49.24
Mulhern	---	4:32.46
Rebholz		4:44.77

5,000 METERS	2018	Out-PR
Mackenzie	---	17:29.79
Boyd	----	16:09.23
Mulhern	----	16:28.18
Rebholz	----	16:31.44

10,000 METERS	2018	PR
Boyd	----	33:11.22
Fakler	----	34:15.20
Rebholz	----	35:43.90

100m HURDLES	2018	PR
Leonard	---	13.41
Woodley	---	13.67
Herran	---	13.86
Sullivan	---	14.50
Feyerabend	---	14.58

400m HURDLES	2018	PR
Sullivan	---	1:00.34
Jefferson	1:06.37	1:06.37

2,000m	2018	PR
STEEPLECHASE		
Mackenzie	----	7:00.59

HIGH JUMP	2018	Out-PR
Feyerabend	---	1.71m 5'7.25"
Sullivan	---	1.62m 5'3.75"
Herran	---	1.61m 5'3.25"

POLE VAULT	2018	Out-PR
Guy	----	4.23m 13'10.5"
Demaria	---	3.93m 12'10.5"
Freix	----	3.78m 12'4.75"

LONG JUMP	2018	Out-PR
Barron	---	6.22m 20'4.75"
McKee	---	5.87m 19'3.25"
Sullivan	---	5.72m 18'9.25"
Herran	---	5.65m 18'6.5"

TRIPLE JUMP	2018	Out-PR
McKee	---	13.17m 43'2.5"
Barron	---	12.75m 41'10"

SHOT PUT	2018	Out-PR
Green	---	12.61m 41'4.25"
Sullivan	---	10.52m 34'6"
Herran	----	9.00m 29'6.5"

DISCUS	2018	PR
Green	----	50.15m 164'6"
Bogavac	----	44.94m 147'5"

HAMMER	2018	PR
Baker	---	47.76m 156'8"
Green	----	35.83m 117'7"

JAVELIN	2018	PR
Bogavac	----	48.96m 160'7.5"
Mautz	---	48.66m 159'7.75"
Sullivan	---	33.55m 110'1"
Baker	----	26.68m 87'6"
Herran	----	25.55m 83'9.75"

HEPTATHLON	2018	PR
Sullivan	---	5317
Herran	----	4771

4x100 Relay	2018

4x400 Relay	2018

Men's Outdoor Top 10 List

100 METERS

1. Gerald Howard	10.42	'95
2. Reuben Jones	10.45	'08
3. Shay Clark	10.50	'02
4. Edwin Brown	10.52	'85
5. Scott Kimball	10.53	'03
6. Bruce Randolph	10.69	'84
7. Jarrett Hagwood	10.72	'02
8. Mauri Anderson	10.74	'80
9. Orren Prunty	10.84	'02
Ben Jullien	10.84	'96

200 METERS

1. Gerald Howard	20.79	'95
2. Ben Sarpong	20.87	'95
3. Edwin Brown	20.90	'85
4. Reuben Jones	21.16	'08
5. Kellen Blassingame	21.24	'05
6. Payton Hazzard	21.27	'15
7. Conlon Bonner	21.28	'08
8. Scott Kimball	21.31	'02
9. Eric Adderly	21.32	'82
10. Rauh Turner	21.39	'98

400 METERS

1. Payton Hazzard	45.88	'15
2. Kellen Blassingame	46.02	'05
3. Meikle Paschal	46.61	'08
4. Kevin Anding	46.84	'10
5. Jim Bruce	46.94	'79
6. Nathan Kiley	46.95	'17
7. Ben Kurgat	46.96	'88
8. Jason Young	47.07	'04
9. Gerald Howard	47.23	'95
10. Leon Palmer	47.26	'84

800 METERS

1. Paul Ereng	1:43.16	'89
2. Robby Andrews	1:44.71	'11
3. Lance Roller	1:46.11	'10
4. Ray Brown	1:46.74	'83
5. Ben Kurgat	1:47.32	'90
6. John Hinton	1:47.33	'84
7. Greg Canty	1:47.44	'80
8. Anthony Kostelac	1:48.96	'12
9. Vince Draddy	1:49.05	'81
10. Nathan Kiley	1:49.31	'16

1,500 METERS

1. Henry Wynne	3:38.05	'16
2. John Hinton	3:40.24	'83
3. Vince Draddy	3:40.44	'81
4. Robby Andrews	3:40.77	'11
5. Mike Marsella	3:41.35	'15
6. Patrick Todd	3:41.51	'12
7. Andrew Jesien	3:41.78	'09
8. Ray Weeden	3:43.65	'99
9. Kyle King	3:44.25	'13
10. Brett Johnson	3:44.44	'11

5,000 METERS

1. Kris Herdt	13:37.44	'87
2. Henry Wynne	13:43.53	'17
3. Sean Keveren	13:48.34	'12
4. Zach Herriott	13:53.47	'17
5. Jim Hays	13:55.2h	'85
6. Kyle King	13:55.60	'12
7. Ryan Collins	13:55.94	'09
8. Mike Cotton	13:56.44	'81
9. Lachlan Cook	13:58.01	'17
10. Mark Amirault	13:59.21	'13

10,000 METERS

1. Zach Herriott	28:44.22	'17
2. Mike Cotton	28:55.34	'81
3. Andrew Dumm	28:59.25	'07
4. Brent Demarest	29:07.78	'17
5. Adam Visokay	29:11.13	'15
6. Trey Miller	29:14.21	'10
7. Ryan Foster	29:16.79	'06
8. Lachlan Cook	29:18.20	'17
9. Chase Weaverling	29:29.90	'17
10. Sean Keveren	29:31.86	'12

110m HURDLES

1. Adams Abdulrazaaq	13.66	'11
2. Barry Word	13.88	'84
3. George Johnson	13.91	'82
4. Jarrett Hagwood	14.13	'02
5. Kevin Williams	14.14	'79
6. Rob Archer	14.16	'84
7. Ronde Barber	14.22	'94
8. DreQuan Hoskey	14.23	'14
9. Mike Abidin	14.27	'82
10. Isi Azeke	14.31	'05

400m HURDLES

1. Steve Delice	50.02	'10
2. Karl Williams	50.34	'79
3. Rob Archer	50.80	'84
4. Bruce Berry	51.09	'85
5. Kevin Williams	51.54	'79
6. Adams Abdulrazaaq	51.79	'08
7. George Johnson	51.98	'81
8. Dave Revelle	52.05	'84
9. Bob Wilks	52.21	'84
10. Charles Bowman	52.27	'17

3000m STEEPLECHASE

1. Jan Foerster	8:34.78	'07
2. Rob Cook	8:39.36	'94
3. Kyle King	8:39.72	'15
4. Steve Finley	8:40.56	'10
5. Adam Visokay	8:43.60	'15
6. Mike Cotton	8:44.44	'81
7. Will Gray	8:45.82	'16
8. Soeren Linder	8:51.89	'05
9. Tim Lloyd	8:53.84	'80
10. John Hinton	8:55.14	'84

HIGH JUMP

1. Herman Moore	2.19m (7' 2.25")	'88
Greg Byers	2.19m (7' 2.25")	'82
3. Greg Nelson	2.10m (6' 10.75")	'10
Chris Clementson	2.10m (6' 10.75")	'02
Mike Riso	2.10m (6' 10.75")	'02
Bob Lund	2.10m (6' 10.75")	'91
7. Cordell Green	2.09m (6' 10.25")	'95
8. Wes Dungan	2.08m (6' 9.75")	'94
9. Tommy DeVita	2.07m (6' 9.5")	'13
10. Arthur Gennari	2.05m (6' 8.75")	'10

POLE VAULT

1. David Sullivan	5.35m (17' 6.75")	'05
2. Brian Shafer	5.20m (17' 0.75")	'93
3. Jeff Jernigan	5.15m (16' 10.75")	'17
4. Sam Young	5.09m (16' 8.25")	'17
5. Tom Cooke	5.05m (16' 6.75")	'95
6. Jeff McClurg	4.95m (16' 2.75")	'07
7. David Lewis	4.89m (16' 0.75")	'06
8. David Hood	4.88m (16' 0.0")	'88
9. Mike Hood	4.85m (15' 11.0")	'91
Greg Blair	4.85m (15' 11.0")	'04

LONG JUMP

1. Greg Byers	7.70m (25' 3.25")	'82
2. Mike Harvey	7.67m (25' 2")	'69
3. Jordan Scott	7.54m (24' 9")	'17
4. Wes Dungan	7.48m (24' 6.5")	'94
Tiki Barber	7.48m (24' 6.5")	'95
6. Keith Witherspoon	7.45m (24' 5.25")	'76
7. Bruce Randolph	7.43m (24' 4.5")	'84
8. Dion Woolfolk	7.41m (24' 3.75")	'96
9. Stephen Dunphy	7.39m (24' 3")	'94
Jarrett Hagwood	7.39m (24' 3")	'02

TRIPLE JUMP

1. Marcus Robinson	16.46m (54' 0")	'12
2. Jordan Scott	16.44m (53' 11.25")	'17
3. Keith Witherspoon	16.27m (53' 4.50")	'76
4. Ryan Satchell	15.98m (52' 5.25")	'14
5. Chike Chukwolie	15.94m (52' 3.75")	'90
6. Aaron Worrell	15.72m (51' 7")	'17
7. Greg Byers	15.56m (51' 0.75")	'84
8. Cornell Grayson	15.55m (51' 0.50")	'90
9. Donald Scott	15.43m (50' 7.50")	'94
10. Mike Mosley	15.25m (50' 0.5")	'85

SHOT PUT

1. Filip Mihaljevic	21.30m (69' 10.75")	'17
2. Oghenakpobo Efeboro	20.39m (66' 10.75")	'17
3. Jordan Young	19.80m (64' 11.5")	'15
4. Nick Vena	19.51m (64' 0.25")	'12
5. Yemi Ayeni	18.23m (59' 9.75")	'09
6. Nace Plesko	18.30m (61' 0.05")	'17
7. Kevin Latham	18.04m (59' 2.5")	'85
8. Mike Murphy	17.15m (56' 3.25")	'93
9. Thom McKinney	17.06m (55' 11.75")	'91
10. Al Sinesky	16.83m (55' 2.75")	'69

DISCUS

1. Filip Mihaljevic	63.76m (209' 2")	'17
2. Jordan Young	62.27m (204' 3")	'15
3. Yemi Ayeni	61.11m (200' 6")	'07
4. Larry Wilson	57.91m (190' 0")	'99
5. Kevin Latham	56.71m (186' 1")	'85
6. Phil Vincenzes	55.98m (183' 8")	'82
7. Nick Vena	54.84m (179' 11")	'12
8. Mike Murphy	52.78m (173' 2")	'93
9. Tim Bilmanis	52.57m (172' 6")	'01
10. James Williams	52.04m (170' 9")	'16

HAMMER THROW

1. Hilmar Jonsson	72.38m (237' 6")	'17
2. Jordan Young	70.73m (232' 1")	'15
3. Vincenzo Chiariello	64.29m (210' 11")	'12
4. Bill Johnston	58.19m (190' 11")	'01
5. Robert Guider	55.67m (182' 8")	'10
6. James Fuson	55.53m (182' 2")	'12
7. Phil Vincenzes	53.23m (174' 8")	'79
8. Walker Anderson	52.68m (172' 10")	'04
9. James Williams	51.22m (168' 0")	'16
10. Thom McKinney	46.99m (154' 2")	'90

JAVELIN

1. Andy Fahringer	75.19m (246' 8")	'12
2. Brian Kollar	74.22m (243' 6")	'01
3. John Welch	72.19m (236' 10")	'02
4. Steve Kiessling	69.67m (228' 7")	'92
5. Kyle Smith	69.43m (227' 9")	'15
6. James Murdock	63.93m (209' 9")	'02
7. Stephen Dunphy	61.62m (202' 2")	'94
8. Anthony Bouselli	60.89m (199' 9")	'16
9. Greg Trzcinski	56.96m (186' 10")	'97
10. Justin Schwartz	56.70m (186' 0")	'96

DECATHLON

1. Stephen Dunphy	7,920	'92
2. Willy Pirtle	7,676	'82
3. John Bryan	7,666	'81
4. Jack Lint	7,478	'17
5. David Lewis	7,105	'08
6. Christian Lavorgna	7,064	'16
7. Cam Collins	7,004	'16
8. Bill Smith	6,863	'83
9. Sean Sullivan	6,847	'96
10. John Anderson	6,814	'95

Men's Indoor Freshman Records

100 METERS

1. Gerald Howard	10.46 '93
2. Jason Dickerson	10.50 '77
3. Reuben Jones	10.65 '05
4. Edwin Brown	10.76 '81
5. Ben Julien	10.84 '96

200 METERS

1. Gerald Howard	20.90 '93
2. Conlon Bonner	21.28 '08
3. Scott Kimball	21.78 '00
4. Kellen Blassingame	21.80 '03
5. Reuben Jones	21.84 '05

400 METERS

1. Meikle Paschal	46.61 '08
2. Ben Kurgat	46.96 '88
3. Payton Hazzard	47.29 '12
4. Ruhn Turner	47.56 '97
5. Patrick Farmer	47.83 '11

800 METERS

1. Paul Ereng	1:44.31 '88
2. Robby Andrews	1:45.54 '10
3. Lance Roller	1:47.88 '09
4. Anthony Kostelac	1:49.02 '11
5. Ben Kurgat	1:49.28 '88

1,500 METERS

1. Robby Andrews	3:41.09 '10
2. Matthew Novak	3:45.35 '16
3. John Hinton	3:46.10 '82
4. Henry Wynne	3:46.48 '14
5. Alex Tatu	3:46.63 '04

5,000 METERS

1. Kyle King	13:55.60 '12
2. Lachlan Cook	13:58.01 '17
3. Andy Biladeau	14:06.73 '06
4. Emil Heineking	14:11.40 '08
5. Ryan Collins	14:12.85 '08

10,000 METERS

1. Adam Visokay	29:14.50 '14
2. Lachlan Cook	29:18.20 '17
3. Brent Demarest	29:32.72 '15
4. Chase Weaverling	29:39.30 '15
5. Zach Herriott	29:45.35 '14

110m HURDLES

1. Kevin Williams	14.14 '77
2. Adams Abdulrazaq	14.19 '08
3. Ronde Barber	14.22 '94
4. Mike Abidin	14.27 '82
5. Jarrett Hagwood	14.34 '02

400m HURDLES

1. Karl Williams	51.77 '77
2. Adams Abdulrazaq	51.79 '08
3. Greg Nelson	52.43 '08
4. Devin Brewer	52.52 '12
5. Kevin Williams	52.88 '77

3,000m STEEPLECHASE

1. John Hinton	8:58.21 '82
2. Colin Mearns	9:03.92 '11
3. Jim Hays	9:10.69 '82
4. Mike Cotton	9:27.88 '78
5. Andrew Filachek	9:32.77 '00

HIGH JUMP

1. Herman Moore	2.20m (7' 2.5") '88
2. Greg Byers	2.17m (7' 1.25") '81
3. Mike Riso	2.10m (6' 10.75") '02
4. Tommy Devita	2.04m (6' 8.25") '11
5. Greg Nelson	2.01m (6' 7") '08

POLE VAULT

1. Sam Young	5.09m (16' 8.25") '17
2. Brain Shafer	5.05m (16' 6.75") '90
3. David Sullivan	4.90m (16' 0.75") '03
4. Jake Williams	4.88m (16' 0") '01
5. Greg Blair	4.82m (15' 9.75") '03

LONG JUMP

1. Jordan Scott	7.54m (24' 9") '17
2. Greg Byers	7.33m (24' 0.5") '81
3. Stephen Dunphy	7.30m (23' 11.5") '90
4. Marcus Robinson	7.25m (23' 9.25") '08
5. Marion Mason	7.24m (23' 9") '98
Aaron Worrell	7.24m (23' 9") '15

TRIPLE JUMP

1. Jordan Scott	16.44m (53' 11.25") '17
2. Keith Witherspoon	15.96m (52' 4.5") '72
3. Greg Byers	15.29m (50' 2") '81
4. Ryan Satchell	15.25m (50' 0.5") '12
5. Marcus Robinson	14.91m (48' 11") '08

SHOT PUT

1. Filip Mihaljevic	19.56m (64' 2.25") '14
2. Oghenekpobo Efeoro	19.53m (64' 1") '16
3. Nick Vena	19.51m (64' 0.25") '12
4. Mike Theuerkauf	15.90m (52' 2") '89
5. James Williams	15.89m (52' 1.75") '15

DISCUS

1. Filip Mihaljevic	60.41m (198' 2") '14
2. Larry Wilson	55.45m (181' 11") '96
3. Nick Vena	54.84m (179' 11") '12
4. Yemi Ayeni	54.18m (177' 9") '06
5. Phil Vincenzes	52.53m (172' 4") '77

HAMMERTHROW

1. Hilmar Jonsson	71.52m (234' 8") '16
2. Bill Johnston	57.89m (189' 11") '00
3. Robert Guider	55.68m (182' 8") '10
4. Vincenzo Chiariello	52.37m (171' 10") '09
5. Walker Anderson	50.57m (165' 11") '03

JAVELIN

1. Brian Kollar	68.53m (224' 10") '99
2. Steve Kessling	68.25m (223' 11") '90
3. Anthony Bouselli	58.96m (193' 5") '15
4. James Murdock	57.79m (189' 7") '99
5. John Brian	49.66m (162' 11") '78

DECATHLON

1. Jack Lint	7,179 '15
2. Sean Sullivan	6,847 '96
3. Stephen Dunphy	6,711 '90
4. John Brian	6,626 '78
5. Cam Collins	6,485 '15

Women's Outdoor Top 10 List

100 METERS

1. Sonja Fridy.....	11.36	'87
2. Kiamesha Otey.....	11.43	'01
3. Kelly Miller.....	11.48	'99
4. Pam Lemons.....	11.57	'93
5. Tori McKenzie.....	11.63	'17
6. Brenda Brown.....	11.64	'84
7. Peyton Chaney.....	11.71	'14
8. Julie Sandy.....	11.74	'89
9. Valentia Alleyne.....	11.75	'94
10. Talia Wise.....	11.80	'08

200 METERS

1. Sonja Fridy.....	23.17	'87
2. Jordan Lavender.....	23.42	'14
3. Kiamesha Otey.....	23.46	'03
4. Peyton Chaney.....	23.50	'16
5. Kelly Miller.....	23.61	'99
6. Janne'a Bridgeford.....	23.69	'08
7. Pam Lemons.....	23.83	'93
8. Talia Wise.....	23.86	'08
9. Julie Sandy.....	23.87	'89
10. Brenda Brown.....	23.94	'81

400 METERS

1. Sonja Fridy.....	51.93	'87
2. Jordan Lavender.....	52.48	'14
3. Lisa Garrett.....	52.64	'83
4. Carielle Doe.....	53.22	'03
5. Angela Lee.....	54.05	'98
6. Michelle Samuels.....	54.59	'92
7. Andrea Wright.....	54.80	'14
8. Talia Wise.....	54.81	'08
9. Chimere Ezumah.....	54.87	'14
10. Gail Bryant.....	54.90	'85

800 METERS

1. Gail Bryant.....	2:04.21	'85
2. Vanessa Fabrizioo.....	2:04.77	'14
3. Kim Kelly.....	2:05.23	'84
4. Vicky Fouhy.....	2:05.55	'13
5. Lyndsay Harper.....	2:05.84	'11
6. Jill Haworth.....	2:06.31	'86
7. Phyllis Buber.....	2:06.96	'86
8. Linda Nicholson.....	2:07.54	'80
9. Kim Liggins.....	2:08.24	'92
10. Morgane Gay.....	2:08.29	'09

1,500 METERS

1. Morgane Gay.....	4:13.20	'12
2. Vicky Fouhy.....	4:14.51	'13
3. Michelle Rowen.....	4:15.37	'87
4. Jill Haworth.....	4:16.06	'83
5. Lesley Welch.....	4:16.54	'82
6. Margaret Groos.....	4:16.74	'81
7. Lisa Welch.....	4:17.74	'82
8. Claire Forbes.....	4:18.58	'90
9. Stephanie Garcia.....	4:18.30	'11
10. Iona Lake.....	4:21.30	'15

5,000 METERS

1. Margaret Groos.....	15:51.24	'80
2. Patty Matava.....	15:56.41	'86
3. Catherine White.....	16:04.58	'12
4. Barbara Strehler.....	16:07.70	'13
5. Cleo Boyd.....	16:09.23	'16
6. Chelsea Ley.....	16:12.62	'12
7. Maria Hauger.....	16:14.18	'14
8. Iona Lake.....	16:15.93	'15
9. Sarah Fakler.....	16:18.59	'15
10. Lesley Welch.....	16:21.60	'82

10,000 METERS

1. Patty Matava.....	32:58.64	'87
2. Catherine White.....	33:07.36	'13
3. Aileen O'Connor.....	33:28.20	'81
4. Emily Harrison.....	33:40.34	'08
5. Martha White.....	33:40.50	'83
6. Kara Scanlin.....	33:53.32	'07
7. Katie Read.....	33:54.92	'07
8. Jane Maxwell.....	33:55.98	'03
9. Anna Corrigan.....	33:58.46	'11
10. Jen Flack.....	34:14.12	'14

100m HURDLES

1. Ciara Leonard	13.41	'17
2. Ayla Smith.....	13.51	'09
3. Alexis Woodley.....	13.67	'17
4. Lauren Echko.....	13.72	'08
5. Heather Smith.....	13.76	'16
6. Chidi Uche.....	13.77	'10
7. Rebecca Grube.....	13.81	'94
8. Alana Herran	13.86	'17
9. Michelle Jurko.....	13.90	'86
10. Kimberlee Turko.....	13.93	'98

400m HURDLES

1. Ayla Smith.....	56.54	'11
2. Erin Crawford.....	56.87	'06
3. Angela Lee.....	57.11	'97
4. Aisha Naibe-Wey.....	57.84	'16
5. Heather Smith.....	58.17	'16
6. Vivian Scruggs.....	58.54	'81
7. Natalie Randolph.....	58.98	'03
8. Angela Griffith.....	59.05	'91
9. Karen Hatchett.....	59.49	'82
10. Kristina Chapman.....	59.61	'10

3000m STEEPLECHASE

1. Stephanie Garcia.....	9:47.29	'11
2. Dawn Cleary.....	9:59.30	'03
3. Iona Lake.....	10:01.58	'15
4. Melanie Matthews.....	10:13.31	'02
5. Vicky Fouhy.....	10:20.63	'14
6. Sara Sargent.....	10:20.64	'15
7. Janine Ricci.....	10:24.65	'05
8. Samantha Stafford.....	10:36.02	'09
9. Kendall Cowne.....	10:39.82	'15
10. Rosemary Barber.....	10:51.59	'11

HIGH JUMP

1. Ann Bair.....	1.88m (6' 2")	'83
2. Sherry Gould.....	1.86m (6' 1.25")	'93
3. Pearl Bickersteth.....	1.83m (6' 0")	'12
Moiria Cronin.....	1.83m (6' 0")	'13
5. Robin Landes.....	1.81m (5' 11.25")	'88
6. Rachel Marks.....	1.79m (5' 10.75")	'06
7. Meggie Schuelke.....	1.76m (5' 9.25")	'04
Emily Kianka.....	1.76m (5' 9.25")	'12
9. Karen DiDonato.....	1.75m (5' 9.0")	'91
10. Kate Doyle.....	1.74m (5' 8.75")	'90

POLE VAULT

1. Bridget Guy	4.23m (13' 10' 5")	'16
2. Theresa Demaria.....	3.93m (12' 10.75")	'17
3. Vika Osipenko.....	3.81m (12' 6")	'03
4. Katie Freix	3.78m (12' 4.75")	'17
5. Sarah DeVita.....	3.71m (12' 2")	'15
6. Katie Darraugh.....	3.69m (12' 1.5")	'09
7. Kathryn Pettine.....	3.65m (11' 11.75")	'05
8. Annica White.....	3.51m (11' 6.5")	'01
9. Lauren Taggart.....	3.49m (11' 5.75")	'03
Alicia LaRoche.....	3.49m (11' 5.75")	'04

LONG JUMP

1. Dana Boone.....	6.65m (21' 9.75")	'90
2. Kiamesha Otey.....	6.54m (21' 5.50")	'02
3. Sonja Fridy.....	6.42m (21' 0.75")	'86
4. Nicole Kimbrough.....	6.39m (20' 11.50")	'95
5. Kelly Miller.....	6.33m (20' 9.25")	'96
Tomika Ferguson.....	6.33m (20' 9.25")	'06
7. Edy Ndem.....	6.28m (20' 7.25")	'14
8. Mia Barron	6.22m (20' 5")	'16
9. Rebecca Grube.....	6.15m (20' 2.25")	'94
10. Pam Lemons.....	6.12m (20' 1")	'92
Beth Sheehan.....	6.12m (20' 1")	'85

TRIPLE JUMP

1. Tomika Ferguson.....	13.21m (43' 4.25")	'07
2. Dallas Rose.....	13.20m (43' 3.75")	'14
3. Kelly McKee	13.17m (43' 2.5")	'17
4. Dana Boone.....	13.05m (42' 9.75")	'91
5. Mia Barron	12.75m (41' 10")	'17
6. Naccolle Guinn.....	12.71m (41' 8.50")	'01
7. Jessica Caldwell.....	12.50m (41' 0.25")	'14
8. Nicole Kimbrough.....	12.49m (40' 11.75")	'95
Atalaya Jones.....	12.49m (40' 11.75")	'93
10. Curtrell Frye.....	12.48m (40' 11.50")	'02

SHOT PUT

1. Christine Bohan.....	16.87m (55' 4.25")	'16
2. Eliese Mitchell.....	16.16m (53' 0.25")	'03
3. Billie-Jo Grant.....	15.77m (51' 9")	'06
4. Maureen Laffan.....	15.34m (50' 4")	'10
5. Emily Vannoy.....	15.30m (50' 2.5")	'10
6. Alexa Manning.....	14.97m (49' 1.5")	'08
7. Kelly Bodiford.....	14.83m (48' 8")	'91
8. Amy Brown.....	14.25m (46' 9")	'99
9. Lauren Connelly.....	14.12m (46' 4")	'96
10. Jen Blake.....	14.04m (46' 0.75")	'93

DISCUS

1. Billie-Jo Grant.....	56.06m (183' 11")	'08
2. Kelly Bodiford.....	54.08m (177' 5")	'93
3. Erin Wykoff.....	53.78m (176' 5")	'12
4. Caitlin Kelly.....	52.37m (171' 10")	'09
5. Eliese Mitchell.....	52.17m (171' 2")	'02
6. Julia Solo.....	52.04m (170' 9")	'86
7. Christine Bohan.....	50.79m (166' 8")	'17
8. Carter Green	50.15m (164' 6")	'16
9. Amy Bilmanis.....	49.99m (164' 0")	'06
10. Amy Brown.....	49.89m (163' 8")	'99

HAMMER THROW

1. Maureen Laffan.....	59.91m (196' 6")	'12
2. Eliese Mitchell.....	56.95m (186' 10")	'03
3. Erin Wykoff.....	53.45m (175' 4")	'12
4. Lauren Connelly.....	51.31m (168' 4")	'96
5. Inhar Chong.....	50.29m (165' 0")	'00
6. Alexa Manning.....	50.17m (164' 7")	'08
7. Ann Crouse.....	49.89m (163' 8")	'99
8. Logan Clements.....	49.67m (162' 11")	'14
9. Christine Bohan.....	49.53m (162' 6")	'17
10. Jade Baker	47.76m (156' 8")	'17

JAVELIN

1. Ann Crouse.....	57.38m (188' 3")	'99
2. Inge Jorgenson.....	54.23m (177' 11")	'05
3. Meghan Briggs.....	52.65m (172' 9")	'09
4. Abbey Karin.....	52.60m (172' 7")	'13
5. Marija Bogavac	48.96m (160' 7")	'17
6. Caitlin Mautz	48.66m (159' 8")	'17
7. Christine Bohan.....	48.03m (157' 7")	'17
8. Annie Bobiak.....	46.89m (153' 10")	'05
9. Tara Karin.....	46.33m (152' 0")	'10
10. Kristen Buck.....	42.47m (139' 4")	'94

HEPTATHLON

1. Rebecca Grube.....	5,512	'94
2. Susan Brownell.....	5,458	'82
3. Beth Sheehan.....	5,407	'86
4. Ann Bair.....	5,387	'83
5. Holly Sullivan	5,317	'17
6. Sherry Gould.....	5,166	'93
7. Angela Griffith.....	4,967	'98
8. Suzanne Sweeney.....	4,915	'97
9. Katie Kiladis.....	4,855	'97
10. Bianca DeBartolo.....	4,854	'07



Women's Indoor Freshman Records

100 METERS

1. Kelly Miller 11.70 '96
2. Kiamesha Otey 11.72 '00
3. Talia Wise 11.85 '06
4. Leslie Satchell 11.89 '95
5. Janne'a Bridgeford . 11.90 '05

200 METERS

1. Peyton Chaney 24.02 '13
2. Leslie Satchell 24.04 '95
3. Kelly Miller 24.14 '96
4. Jordan Lavender 24.19 '12
5. Andrea Wright 24.21 '14

400 METERS

1. Jordan Lavender 53.44 '12
2. Lisa Garrett 54.14 '81
3. Andrea Wright 54.80 '14
4. Chimere Ezumah 54.87 '14
5. Michelle Samuels 55.15 '91

800 METERS

1. Vanessa Fabrizio 2:06.76 '12
2. Morgane Gay 2:08.29 '09
3. Gail Bryant 2:11.00 '82
4. Ariane Sloan 2:11.23 '07
5. Erin O'Doherty 2:11.28 '02

1,500 METERS

1. Morgane Gay 4:15.56 '09
2. Lesley Welch 4:16.84 '82
3. Lisa Welch 4:17.60 '82
4. Claire Forbes 4:18.52 '90
5. Margaret Groos 4:21.10 '78

5,000 METERS

1. Chelsea Ley 16:12.62 '12
2. Maria Hauger 16:14.18 '14
3. Lesley Welch 16:21.60 '82
4. Sarah Fakler 16:22.19 '14
5. Kathleen Stevens 16:26.91 '12

10,000 METERS

1. Jen Flack 34:14.12 '14
2. Sarah Fakler 34:15.20 '14
3. Maria Hauger 34:16.28 '14
4. Beni Gras 34:34.17 '91
5. Katherine Walker 35:31.42 '11

100-METER HURDLES

1. **Ciara Leonard 13.67 '16**
- Alexis Woodley 13.67 '17**
3. Lauren Echko 13.86 '06
4. Kim Turko 13.93 '98
5. Alisha Tucker 14.03 '93

400-METER HURDLES

1. Angela Lee 57.64 '96
2. Erin Crawford 58.56 '04
3. Karen Hatchett 59.49 '82
4. Ayla Smith 60.02 '07
5. Kristina Chapman ... 60.83 '08

3,000m STEEPLECHASE

1. Stephanie Garcia 10:15.83 '07
2. Sara Sargent 10:49.81 '14
3. Kendall Cowne 10:54.54 '14
4. Janine Ricci 10:55.86 '04
5. Ariel Karabinus 11:06.49 '11

HIGH JUMP

1. Ann Bair 1.86m (6' 1.25") '80
2. Meggie Schuelke 1.76m (5' 9.25") '04
3. Pearl Bickersteth 1.74m (5' 8.5") '10
4. Susan Brownell 1.73m (5' 8") '80
5. Emily Kianka 1.72m (5' 7.75") '11

POLE VAULT

1. **Bridget Guy 4.11m (13' 5.75") '15**
2. **Theresa Demaria.3.93m (12' 10.75") '17**
3. **Katie Freix 3.67m (12' 0.5") . '15**
4. Viktoria Osipenko ... 3.56m (11' 8.5") '00
5. Kathryn Pettine 3.49m (11' 5.75")... '04

LONG JUMP

1. Kelly Miller 6.33m (20' 9.25")... '96
2. Nicole Kimbrough .. 6.29m (20' 7.75")... '94
3. **Mia Barron 6.22m (20' 5") ... '16**
4. Sonja Fridy 6.12m (20' 1") '84
5. Dana Boone 6.03m (19' 9.25")... '88

TRIPLE JUMP

1. Dallas Rose 12.66m (41' 6.5")... '10
2. Atalaya Jones 12.49m(40' 11.75") '93
3. Britni Strates 12.46m (40' 10.5") '12
4. **Mia Barron 12.40m (40' 8.25") '16**
5. Tomika Ferguson 12.35m (40' 6.25") '04

SHOT PUT

1. Emily Vannoy 15.30m (50' 2.5")... '10
2. Christine Bohan 14.62m (47' 11.75)... '14
3. Maureen Laffan 14.58m (47' 10")... '09
4. Kristi Martin 13.99m(45' 10.75") '97
5. Elise Mitchell 13.74m (45' 1") '00

DISCUS

1. Julia Solo 52.04m (170' 9")... '86
2. Amy Bilmanis 51.77m (169' 10") . '06
3. Amy Brown 48.77m (160' 0")... '95
4. Emily Vannoy 47.96m (157' 4")... '10
5. Erin Wykoff 47.02m (154' 3")... '09

HAMMER THROW

1. Elise Mitchell 54.46m (178' 8")... '00
2. Amy Bilmanis 47.68m (156' 5")... '06
3. Alexa Manning 46.18m (151' 6")... '06
4. Erin Wykoff 45.85m (150' 5")... '09
5. Maureen Laffan 43.36m (142' 3")... '09

JAVELIN

1. Julia Solo 52.04m (170' 9")... '86
2. Ann Crouse 50.85m (166' 10") . '95
3. Inge Jorgensen 50.24m (164' 10") . '00
4. **Caitlin Mautz 44.62m (146' 5") '15**
5. Meghan Briggs 44.45m (145' 10") . '07

HEPTATHLON

1. Ann Bair 5,578 '80
2. Susan Brownell 5,419 '80
3. Rebecca Grube 4,996 '92
4. **Alana Herran 4,771 '16**
5. Katie Kiladis 4,610 '95



Outdoor Relay Records

Women

4x100

1.	44.56	Chaney, Wright, Lavender, McKenzie	2015
2.	45.11	Kimbrough, Satchell, Edmundson, Alleyne	1995
3.	45.18	Harvey, Otey, Randolph, Doe	2003
4.	45.19	Rose, Wright, Chaney, Lavender	2014
5.	45.48	Garrick, Chapman, Gillespie, Williams	2010

4x400

1.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
2.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
3.	3:36.42	Randolph, Otey, Gore, Doe	2003
4.	3:36.73	Ezumah, Lavender, Chaney, Wright	2014
5.	3:37.65	Smith, Lavender, Fabrizio, Wright	2015

Non-NCAA Championship Event Relay Records

4x200m Relay

1:36.25	Chaney, McKenzie, Wright, Lavender	2015
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4x800m Relay

8:32.13	Bryant, Nicholson, Welch, Haworth	1982
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Distance Medley Relay

10:57.13	Gay, Smith, Harper, Garcia	2011
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Men

4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.44	Muth, Williams, Williams, Bruce	1978

Non-NCAA Championship Event Relay Records

4x200m Relay

1:25.30	Virginia	2002
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4x800m Relay

7:12.15	Johnson, Roller, Kostelac, Andrews	2011
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Distance Medley Relay

9:25.56	Revelle, Hinton, Brown, Draddy	1983
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