



VIRGINIA

2018 CAVALIER TRACK & FIELD NOTES

2018 Indoor Schedule

- 1/19-20 Larry Wieczorek Invite (Iowa City, Iowa)
1/26-27 Liberty Kickoff (Lynchburg, Va.)
2/2-3 Power 5 Invite (Ann Arbor, Mich.)
2/9-10 Tiger Paw Invitational (Clemson, S.C.)
2/9-10 David Hemery Valentine Invite (Boston, Mass.)
2/17 Alex Wilson Invitational (Notre Dame, Ind.)
2/17 UCS Invitational- Relays only (Winston Salem, N.C.)
2/22-24 ACC Championships (Clemson, S.C.)
3/9-10 NCAA Championships (College Station, Texas)

2018 Outdoor Schedule

- 3/17-18 Hurricane Invitational (Miami, Fla.)
3/30 Raleigh Relays (Raleigh, N.C.)
3/30-31 Fred Hardy Invitational (Richmond, Va.)
4/7 UVA vs. Maryland, Bucknell, Georgetown
4/20-21 VIRGINIA CHALLENGE
4/28 Virginia Grand Prix
5/10-12 ACC Championships (Miami, Fla.)
5/24-26 NCAA East Prelims (Tampa, Fla.)
6/6-9 NCAA Championships (Eugene, Ore.)

Media Information

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Feb. 22-24, 2018

Clemson, S.C. • Clemson Indoor Track & Field Complex



Virginia Cavaliers at ACC Championships

ACC Championships

- Virginia will compete at Clemson for the second time this season, after participating in the Tiger Paw Invitational Feb. 9-10.
- The Cavaliers have eight men and three women who earned All-ACC honors during last year's conference championships. Oghenakpobo Efekoro, Jack Lint and Jordan Scott earned first-team honors for the men, while Brent Demarest, Hilmar Jonsson, Nace Plesko, Chase Weaverling and Sam Young were named to the second team. On the women's side, Mia Barron earned first-team honors, while Emma Call and Kelly McKee earned second-team honors.
- Last year, the Virginia men finished second at the ACC championships. The program is the only men's team to record a top three finish at the conference championships the past three years.

This Season

- Virginia is paced by its triple jump unit, sophomore Jordan Scott, junior Kelly McKee and redshirt junior Mia Barron. Scott's performance of 16.04m ranks 18th in the NCAA and second in the ACC. He has earned ACC Male Field Performer of the Week honors twice this season. McKee ranks 19th in the nation and leads the ACC with a mark of 12.99m. That performance earned her ACC Female Field Performer of the Week. Barron holds the third-best performance within the conference, recording a distance of 12.49m.
- Junior Hilmar Jonsson holds the second-best ACC performance in the weight throw, recording a mark of 21.37m, while redshirt junior Oghenakpobo Efekoro ranks third in the shot put with a mark of 18.16m. Senior Holly Sullivan ranks third in the pentathlon, capturing a personal-best performance in each individual event, in addition to her overall score, this season.

NOTABLE

- Freshman Halle Hazzard was named Grenada's Junior Sportswoman of the Year for her performance at the 2017 U20 CARIFTA games and the 2017 OECS Track and Field Championships.
- Redshirt junior Oghenakpobo Efekoro and junior Hilmar Jonsson were named preseason All-Americans by FloTrack. Efekoro was ranked second in the shot put, while Jonsson was ranked sixth in the weight throw.

Virginia Coaching Staff

Bryan Fetzer	Director of Track and Field/Cross Country
Todd Morgan	Assistant Coach - Women's Distance
Pete Watson	Assistant Coach - Men's Distance
Mario Wilson	Assistant Coach - Horizontal Jumps/ Decathlon
Martin Maric	Assistant Coach - Throws
Michelle Freeman	Assistant Coach - Sprints and Hurdles

Meet Schedule of Probable UVA Entries

Thursday - February 22
11:30a W- Pentathlon
6:30p M- DMR
ACC Championships

Sullivan

Virginia

Friday - February 23
1:00p W- Long Jump
2:00p W- 60m Hurdles (prelim)
2:20p M- 60m Hurdles (prelim)
3:00p M- Weight Throw
3:15p M-Mile (prelim)
3:35p W- 400 (prelim)
4:00p M-400 (prelim)
4:30p M-Long Jump
5:00p W-Pole Vault
5:00p W-800m (prelim)
5:40p W-200m (prelim)
6:00p W-Weight Throw
6:30p W-High Jump
7:00p M- 5000m
ACC Championships

Barron, McKee

Leonard Woodley

Jackson, Lint

Efekoro, Jonsson

Dodds, Ernst, Hagen, Marsella

Jefferson

Outlaw, Shirley

Scott

Freix, Guy

Rennyson

Jefferson

Baker, Jones

Feyerabend, Hayes

Cook, Corbett, Demarest, Klau,

Weaverling

Saturday- Feb. 24
10:30a W-Shot Put
10:30a M-Triple Jump
12:00p M-Pole Vault
12:00p W-60m Hurdles (final)
12:10p M-60m Hurdles (final)
12:45p M-Mile (final)
1:00p W-400m
1:10p M-400m
1:30p W-Triple Jump
1:30p M-Shot Put
1:40p W-800m (final)
2:00p W-200m (final)
3:10p M-3000m
3:25p W-4x4 Relay
3:50p M-4x4 Relay

Jones

Scott

Young

Leonard, Woodley

Jackson

Dodds, Ernst, Hagen, Marsella

Jefferson, Herran

Outlaw, Shirley

Barron, McKee

Efekoro, Plesko, Williams

Rennyson

Jefferson

Cook, Corbett, Demarest, Klau,

Marsella, Weaverling

Virginia

Virginia

Pronunciation Guide

Brent Demarest	demm-are-ist
Oghenakpobo Efekoro	po-bo eff-a-core-oh
Nathan Kiley	ky-lee
TJ Graass	grass
Nace Plesko	Nawt-say plesh-koe
Noah Toney	Tony
Conal Wilson	Con-all
Mia Barron	my-ah
Jill Bracaglia	Brack-a-gill-yah
Kate Eiselt	eye-silt
Katie Freix	fricks
Raeann Giannattasio	Jan-an-stash-e-o
Caitlin Mautz	motts
Megan Rebholz	reb-holes

All times Eastern

Men's Top Indoor 2018 Performances and Personal Bests

60 METERS	2018	PR
Lint		7.10
Jackson	7.11	7.11
Geuskens	7.15	7.15
Claiborne		7.26

200 METERS	2018	In-PR
Outlaw	22.03	22.03
Shirley	22.31	
Dixon	22.67	22.25
Jackson		22.51
Willis	23.02	

400 METERS	2018	In-PR
Shirley	47.92	47.92
Outlaw	48.20	48.20
Bowman		49.13
Dixon	49.58	49.29
Willis	49.93	49.93
Lint	51.40	51.40

600 METERS	2018	In-PR
Shirley	1:19.99	1:19.99
Outlaw	1:20.28	1:20.28
Dixon	1:25.29	1:25.29

800 METERS	2018	In-PR
Marsella	1:51.58	1:51.12
Buscaglia	1:54.64	
Carrington	1:55.16	1:50.96
Toney	1:56.08	1:56.08
Hagen		1:50.87
Ernst		1:52.92
Neish		1:54.68

1,000 METERS	2018	In-PR
Marsella	2:24.30	2:24.30
Dodds	2:27.81	2:27.81
Hagen	2:28.02	2:28.02
Neish	2:29.15	2:29.15
Buscaglia	2:31.64	2:31.64
Lint		2:40.12
Claiborne		2:49.74

MILE	2018	In-PR
Marsella	4:01.43	3:59.97
Novak		4:03.93
Ernst	4:06.14	4:06.05
Dodds	4:06.90	4:06.90
Hagen	4:10.32	4:10.32
Neish	4:13.10	4:13.10
Wilson	4:21.70	4:21.70
Amabile		4:23.85
Pace		4:19.29
Klau		4:19.46

3000 METERS	2018	In-PR
Klau	8:09.45	8:09.45
Corbett	8:10.76	8:10.76
Demarest	8:12.90	8:09.59
Marsella	8:16.54	8:13.51
Cook	8:22.00	8:22.00
Ernst	8:22.46	8:22.46
Weaverling	8:22.99	8:11.28
Pace	8:32.34	8:20.77
Amabile	8:37.03	8:37.03
Teller	8:39.95	8:39.95
Dodds	8:49.97	8:49.97
Novak		8:18.39

5000 METERS	2018	PR
Demarest	13:56.66	13:56.03
Weaverling	14:05.61	13:54.39
Cook	14:10.87	14:10.87
Klau	14:10.93	14:10.93
Corbett	14:17.13	14:12.73
Pace	14:56.62	14:56.62

60m HURDLES	2018	In-PR
Jackson	8.15	8.15
Lint	8.46	8.23
Bowman		8.25
Claiborne		8.64

HIGH JUMP	2018	In-PR
Claiborne	6-2.75	6-2.75
	1.90m	1.90m
Lint		6-4.25
		1.94m

POLE VAULT	2018	In-PR
Young	16-2.75	16-8.75
	4.95m	5.10m
Lint		14-11
		4.55m
Claiborne		13-7.25
		4.15m

LONG JUMP	2018	In-PR
Geuskens	22-0.25	22-0.25
	6.71m	6.71m
Scott		24-2.5
		7.38m
Lint		23-1
		7.04m
Claiborne		21-3
		6.48m

TRIPLE JUMP	2018	In-PR
Scott	52-7.5	53-8.25
	16.04m	16.36m

SHOT PUT	2018	In-PR
Efekoro	59-7	65-1
	18.16m	19.84m
Plesko	58-1.25	58-7.5
	17.71m	17.87m
Williams	50-0.5	55-0.5
	15.25m	16.78m
Geuskens	40-7.75	40-7.75
	12.39m	12.39m
Lint		44-2
		13.46m
Claiborne		33-0.75
		10.08m

WEIGHT THROW	2018	In-PR
Jonsson	70-1.5	70-1.5
	21.37m	21.37m
Efekoro	60-7.25	61-10.5
	18.47m	18.86m
Williams		48-5.25
		14.76m

HEPTATHLON	2018	In-PR
Geuskens	2,206	2,206
Lint		5,546
Claiborne		4,821

4x400 Relay	2018
Virginia	3:15.28

DMR	2018
Virginia	9:48.71

Women's Top Indoor 2018 Performances and Personal Bests

60 METERS	2018	In-PR
Jefferson	7.52	7.52
Hazzard	7.54	7.54
Leonard	7.86	7.88
Hairston	7.90	7.72
Woodley	7.91	7.91
Baker		7.86

200 METERS	2018	In-PR
Jefferson	24.36	24.36
Hazzard	24.96	24.96
Woodley	25.11	25.11
Hairston	25.67	24.48
Leonard		25.91
Herran		25.80

400 METERS	2018	In-PR
Jefferson	54.87	54.87
Herran	57.09	57.09
Hairston		57.09

600 METERS	2018	In-PR
Jefferson	1:34.48	1:34.48
Rennyson	1:36.87	1:36.87
Herran	1:41.82	1:41.82

800 METERS	2018	In-PR
Rennyson	2:11.75	2:11.75
Sullivan	2:12.66	2:12.66
Call		2:07.39
Lansing		2:19.23
Herran		2:26.36
Feyerabend		2:44.03

MILE	2018	In-PR
Bothwell	5:04.07	5:04.07
Ehrental	5:11.18	5:11.18
Sargent	5:21.22	5:21.22
Call		4:59.88
MacKenzie		5:00.39
Lansing		5:13.26
Rebholz		4:53.07

3000 METERS	2018	In-PR
Mulhern		9:50.29
MacKenzie		9:56.60
Rebholz		9:42.55

60m HURDLES	2018	In-PR
Leonard	8.41	8.38
Woodley	8.41	8.41
Herran	8.71	8.71
Sullivan	9.05	9.05
Feyerabend		9.19

HIGH JUMP	2018	In-PR
Sullivan	5-5.25	5-5.25
	1.66m	1.66m
Feyerabend	5-5	5-7.5
	1.65m	1.67m
Hayes	5-5	5-5
	1.65m	1.65m
Herran		5-1.25
		1.56m

POLE VAULT	2018	In-PR
Guy	13-5-2.5	13-8.25
	4.10m	4.17m
Freix	12-8.25	12-8.25
	3.87m	3.87m
DeMaria		12-11.75
		3.96m

LONG JUMP	2018	In-PR
Barron	19-5.5	19-6
	5.93m	5.94m
McKee	19-2	19-5
	5.84m	5.92m
Sullivan	18-9.25	18-9.25
	5.72	5.72m
Herran		17-9.25
		5.42m
Feyerabend		15-4
		4.67m

TRIPLE JUMP	2018	In-PR
McKee	42-7.5	42-7.5
	12.99m	12.99m
Barron	40-11.75	41-8.75
	12.49m	12.71m

SHOT PUT	2018	In-PR
Jones	49-0.25	49-0.25
	14.94m	14.94m
Sullivan	32-0.75	32-0.75
	9.77m	9.77m
Hayes	29-7.25	29-7.25
	9.02m	9.02m
Green		39-10.5
		12.16m
Herran		30-0.25
		9.15m
Feyerabend		25-4
		7.72m

WEIGHT THROW	2018	In-PR
Baker	54-6	54-6
	16.61m	16.61m
Jones	52-5.5	52-5.5
	15.99m	15.99m

PENTATHLON	2018	In-PR
Sullivan	3,789	3,789
Herran		3,424
Feyerabend		3,057

Distance Medley	2018
Virginia	12:14.10

4x400m	2018
Virginia	4:12.09

Men's Indoor Top 10 List

60 METERS

1. Shay Clark	6.71	'01
2. Reuben Jones	6.79	'08
3. Adam Cummings	6.86	'13
4. Michael Johnson	6.87	'04
5. Jarrett Hagwood	6.89	'02
Leo McLaughlin	6.89	'11
7. Scott Kimball	6.93	'00
8. Adams Abdulrazaaq	6.94	'11
9. Payton Hazzard	6.95	'15
10. Matt Meyer	6.96	'09

200 METERS

1. Gerald Howard	21.53	'95
2. Scott Kimball	21.78	'00
Reuben Jones	21.78	'08
Payton Hazzard	21.78	'14
5. Conlon Bonner	21.79	'08
6. Shay Clark	21.81	'02
7. Kellen Blassingame	21.85	'06
8. Rauh Turner	22.00	'98
9. Brandon Outlaw	22.03	'18
10. Jason Young	22.08	'01

400 METERS

1. Payton Hazzard	46.60	'15
2. Kellen Blassingame	46.73	'06
3. Kevin Anding	47.46	'11
4. Ben Kurgat	47.61	'89
5. Paul Ereng	47.64	'88
6. Alfred Shirley	47.92	'18
7. Meikle Paschal	48.04	'09
8. Charles Bowman	48.16	'17
9. Brandon Outlaw	48.20	'18
10. Jason Young	48.31	'04

800 METERS

1. Paul Ereng	1:44.84	'88
2. Ben Kurgat	1:47.31	'91
3. Robby Andrews	1:48.02	'10
4. McGavock Dunbar	1:49.18	'04
5. Nathan Kiley	1:49.20	'16
6. John Hinton	1:49.24	'84
Anthony Kostelac	1:49.24	'11
8. Lance Roller	1:49.47	'10
9. Rob Pearce	1:49.75	'99
10. Kenneth Hagen	1:50.87	'16

MILE

1. Vince Draddy	3:58.2h	'82
2. Henry Wynne	3:58.74	'16
3. Mike Marsella	3:59.97	'15
4. Kyle King	4:02.15	'15
5. Patrick Todd	4:02.70	'12
6. John Minen	4:02.77	'10
7. Kris Herdt	4:02.92	'87
8. Anthony Kostelac	4:02.99	'12
9. Alex Tatu	4:03.00	'05
10. Mark Amirault	4:03.40	'13

3000 METERS

1. Henry Wynne	7:53.89	'16
2. Mark Amirault	7:54.08	'12
3. Adam Visokay	7:54.24	'16
4. Kris Herdt	7:54.90	'87
5. Emil Heineking	7:58.36	'11
6. Kyle King	8:00.23	'15
7. Jan Foerster	8:02.54	'07
8. Andy Biladeau	8:04.30	'08
9. Soeren Lindner	8:07.17	'05
10. Evan Chiplock	8:08.03	'15

5000 METERS

1. Zach Herriott	13:45.37	'17
2. Ryan Collins	13:46.41	'10
3. Chase Weaverling	13:54.39	'17
4. Brent Demarest	13:56.03	'17
5. Thomas Madden	13:57.01	'15
6. Kris Herdt	14:02.00	'89
7. Mark Amirault	14:03.01	'12
8. Chris Foley	14:03.67	'12
9. Lachlan Cook	14:10.87	'18
10. Ari Klau	14:10.93	'18

60 HURDLES

1. Adams Abdulrazaaq	7.75	'11
2. Drequan Hoskey	7.79	'14
3. Jarrett Hagwood	7.93	'02
4. Marion Mason	8.01	'01
5. Cary Chandler	8.03	'01
Aaron Shepperd	8.03	'11
7. Gemalay Hazard	8.09	'02
8. Emmanuel Jackson	8.15	'18
9. Herb Reid	8.16	'01
Isi Azeke	8.16	'06

HIGH JUMP

1. Herman Moore	2.21m (7' 3")	'90
2. Greg Nelson	2.14m (7' 0.25")	'10
3. Greg Byers	2.13m (7' 0")	'82
4. Bob Lund	2.09m (6' 10.25")	'93
5. Mike Riso	2.08m (6' 10")	'02
Kevin Jackson	2.08m (6' 10")	'77
7. David Sullivan	2.05m (6' 8.75")	'06
Arthur Gennari	2.05m (6' 8.75")	'08
Tommy DeVita	2.05m (6' 8.75")	'13
10. Cordell Green	2.04m (6' 8.25")	'98
Wes Dungan	2.04m (6' 8.25")	'94

POLE VAULT

1. David Sullivan	5.30m (17' 4.75")	'05
2. Brian Shafer	5.20m (17' 0.75")	'93
3. Sam Young	5.10m (16' 8.75")	'17
Jeff Jefferey	5.10m (16' 8.75")	'17
5. Tommy Cooke	5.05m (16' 6.75")	'95
6. Matt Armentrout	5.01m (16.5.25")	'13
7. Danny Thompson	4.98m (16' 4")	'81
8. Greg Blair	4.90m (16' 1")	'05
David Lewis	4.90m (16' 1")	'08
10. Danny Smith	4.89m (16' 0.5")	'85

LONG JUMP

1. Matt Meyer	7.52m (24' 8.25")	'09
2. Marion Mason	7.50m (24' 7.25")	'01
Tiki Barber	7.50m (24' 7.25")	'94
4. Bruce Randolph	7.48m (24' 6.5")	'84
5. Keith Witherspoon	7.45m (24' 5.25")	'76
6. Stephen Dunphy	7.40m (24' 3.25")	'92
7. Mauri Anderson	7.39m (24' 3")	'82
8. Jordan Scott	7.38m (24' 2.5")	'17
9. Jarrett Hagwood	7.34m (24' 1")	'01
10. Simon Facey	7.30m (23' 11.5")	'97

TRIPLE JUMP

1. Marcus Robinson	16.63m (54' 6.75")	'12
2. Jordan Scott	16.36m (53' 8.25")	'17
3. Keith Witherspoon	16.16m (53' 0.25")	'76
4. Greg Byers	15.98m (52' 5")	'85
5. Aaron Worrell	15.87m (52' 1")	'17
6. Cornell Grayson	15.74m (51' 7.75")	'90
7. Chike Chukwulozie	15.64m (51' 3.75")	'91
8. Ryan Satchell	15.62m (51' 3")	'14
9. Ivan Glasgow	15.34m (50' 4")	'82
10. Donald Scott	15.22m (49' 11.25")	'95

SHOT PUT

1. Filip Mihaljevic	20.87m (68' 5.75")	'16
2. Oghenakpobo Efekoro	19.84m (65' 1.25")	'17
3. Jordan Young	19.15m (62' 10")	'15
4. Nick Vena	18.92m (62' 1")	'12
5. Yemi Ayeni	18.80m (61' 8.25")	'09
6. Nace Plesko	17.87m (58' 7.5")	'17
7. Kevin Latham	17.62m (57' 9.75")	'84
8. Thom McKinney	17.12m (56' 2")	'91
9. Mike Murphy	17.10m (56' 1.25")	'93
10. Pete Sheehan	16.91m (55' 5.75")	'91

WEIGHT THROW

1. Jordan Young	22.92m (75' 2.5")	'15
2. Hilmar Jonsson	21.37m (70' 1.5")	'18
3. Vincenzo Chiariello	19.38m (63' 7")	'12
4. Oghenakpobo Efekoro	18.86m (61' 10.5")	'16
5. Thom McKinney	18.43m (60' 5.75")	'91
6. Thomas Fuson	18.18m (59' 7.75")	'11
7. Mike Murphy	17.77m (58' 3.75")	'93
8. Bill Johnston	17.19m (56' 4.75")	'01
9. Al Sinesky	16.83m (55' 2.75")	'70
10. Pete Sheehan	16.50m (54' 1.75")	'91

HEPTATHLON

1. Jack Lint	5,546	'17
2. David Sullivan	5,178	'04
3. David Lewis	5,139	'08
4. Christian Lavorgna	5,113	'16
5. Cam Collins	4,972	'16
6. Anthony Dunavant	4,970	'14
7. Jack Claiborne	4,821	'17
8. Thomas Codevilla	4,360	'05
9. John Michael Pirtle	3,951	'13
10. Alex Mulchandani	3,464	'11



Men's Indoor Freshman Records

60 METERS

1. Adam Cummings6.86.....'13
2. Leo McLaughlin6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner6.98.....'08

200 METERS

1. Conlon Bonner21.79.....'08
2. **Brandon Outlaw22.03'18**
3. Ben Sargong22.16.....'92
4. Adam Abdulrazaaq22.24'08
5. **Alfred Shirley22.31'18**

300 METERS

1. Anthony Swan.....34.11'86
2. Adam Abdulrazaaq34.63'08
3. Patrick Farmer.....34.74'11
4. Conlon Bonner34.78'08
5. Charles Bowman34.82'16

400 METERS

1. Paul Ereng.....47.64'88
2. **Alfred Shirley47.92.....'18**
3. Meikle Paschal.....48.11'08
4. **Brandon Outlaw48.20'18**
5. Ben Kurgat.....48.26'88

500 METERS

1. Paul Ereng.....1:02.02'88
2. **Alfred Shirley1:03.05'18**
3. Bruce Berry1:03.31.....'85
4. Ray Brown1:03.80'81
5. Dwayne Brake1:03.97.....'83

800 METERS

1. Robby Andrews.....1:48.39.....'10
2. Anthony Kostelac.....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
4. Nathan Kiley.....1:51.08.....'14
5. **Mike Marsella.....1:51.41.....'14**

1000 METERS

1. Rob Pearce2:27.69'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart.....2:28.40'11
4. Brett Johnson.....2:28.47'10
5. Ken Cheeseman.....2:29.80'85

MILE

1. Alex Tatu.....4:03.00.....'05
2. **Mike Marsella.....4:03.18'14**
3. **Matthew Novak4:03.93'16**
4. Sintayehu Taye.....4:04.04'09
5. Henry Wynne.....4:04.37'14

3,000 METERS

1. Adam Visokay7:57.46'14
2. **Brent Demarest8:09.59'15**
3. Connor Rog.....8:09.76'14
4. **Chase Weaverline8:11.28'16**
5. Kyle King8:13.85'12

5,000 METERS

1. Thomas Madden.....13:57.01.....'15
2. Chris Foley.....14:03.67'12
3. **Chase Weaverling14:03.72'16**
4. **Brent Demarest14:14.74'15**
5. Connor Rog.....14:15.23'14

60m HURDLES

1. Adam Abdulrazaaq7.98'08
2. Aaron Sheppherd.....8.03.....'11
3. Jarrett Hagwood8.05.....'99
4. Marion Mason8.23'98
- Devin Brewer8.23'12
- Jack Lint.....8.23'16**

HIGH JUMP

1. Mike Riso2.08m (6' 10").....'02
2. Tommy DeVita.....2.04m (6' 8.5").....'11
3. Arthur Gennari2.03m (6' 8").....'07
4. Gerald Howard2.00m (6' 7").....'93
- Cordell Green2.00m (6' 7").....'95

POLE VAULT

1. **Sam Young5.10m (16' 8.75) '17**
2. David Sullivan.....4.97m (16' 3.75").. '03
3. Brian Shafer.....4.90m (16' 1").....'90
4. Jake Williams.....4.87m (16' 0").....'91
5. Greg Blair4.82m (15' 10").....'03

LONG JUMP

1. Matt Meyer.....7.52m (24' 8.25").. '09
2. Tiki Barber7.48m (24' 6.75").. '94
3. **Jordan Scott7.38m (24' 2.5") '17**
4. Marion Mason7.24m (23' 9.25").. '98
5. Simon Facey7.23m (23' 8.75").. '95

TRIPLE JUMP

1. **Jordan Scott16.36m (53' 8.25)..... '17**
2. Aaron Worrell15.64m (51'3.75").....'14
3. Ryan Satchell15.02m (49' 3.5")... '12
4. Darryl Smith14.70m (48' 4").....'79
5. Marcus Robinson 14.63m (48' 0.25") '08

SHOT PUT

1. Filip Mihaljevic.....19.63m (64'5").....'15
2. Nick Vena18.92m (62' 1").....'12
3. **Oghenakpobo Efeboro 18.82m (61' 9").....'16**
4. Mike Theuerkauf..16.51m (54' 2").....'89
5. James Fuson.....15.58m (51' 1.5").....'11

WEIGHT THROW

1. **Hilmar Jonsson...20.32m (66' 8").....'16**
2. **Oghenakpobo Efeboro 18.86m (61' 10.5").....'16**
3. Vincenzo Chiarello 16.40m (53' 9.75")'09
4. Robert Guider.....15.63m (51' 3.5") ... '10
5. **James Williams ..14.76m (48' 5.25").....'16**

HEPTATHLON

1. **Jack Lint.....5,358 '16**
2. Anthony Dunavant.....4,970 '14
3. **Jack Claiborne4,821 '17**
4. Cam Collins.....4,793 '15
5. Christian Lavorgna4,693 '12

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

Women's Indoor Top 10 List

60 METERS

1. Kiamesha Otey	7.37	'03
2. Sonja Fridy	7.39	'86
3. Peyton Chaney	7.40	'16
4. Pam Lemons	7.43	'93
5. Jordan Lavender	7.49	'15
6. Janna'e'a Bridgeford	7.50	'08
7. Anna Jefferson	7.52	'18
8. Dana Boone	7.54	'91
Tori McKenzie	7.54	'16
Halle Hazzard	7.54	'18

200 METERS

1. Jordan Lavender	23.80	'15
2. Peyton Chaney	23.84	'16
3. Danielle Williams	23.97	'12
4. Kelly Miller	24.17	'99
5. Angela Lee	24.30	'99
6. Kiamesha Otey	24.34	'03
7. Anna Jefferson	24.36	'18
8. Pam Lemons	24.37	'94
9. Talia Wise	24.38	'06
10. Julie Sandy	24.39	'89

400 METERS

1. Jordan Lavender	52.59	'13
2. Lisa Garrett	54.07	'81
3. Angela Lee	54.29	'99
4. Carielle Doe	54.52	'02
5. Cathron Birge	54.61	'90
6. Anna Jefferson	54.87	'18
7. Sonja Fridy	54.95	'87
8. Angela Griffith	55.38	'92
9. Erin Crawford	55.42	'07
10. Ashley Gore	55.54	'06

800 METERS

1. Vanessa Fabrizio	2:07.24	'15
2. Emma Call	2:07.39	'17
3. Lyndsay Harper	2:07.64	'11
4. Morgane Gay	2:08.07	'09
5. Kim Kelly	2:09.27	'85
6. Jill Haworth	2:09.62	'83
7. Cathron Birge	2:09.71	'90
8. Colette Gnade	2:09.80	'13
9. Sandy Schuler	2:09.90	'85
10. Kim Liggins	2:09.93	'92

MILE

1. Jill Haworth	4:34.32	'82
2. Morgane Gay	4:34.38	'12
3. Vicky Fouhy	4:34.87	'13
4. Lesley Welch	4:35.56	'82
5. Iona Lake	4:36.11	'16
6. Marissa Schmidt	4:41.10	'82
7. Michele Rowen	4:41.57	'87
8. Lisa Welch	4:41.96	'82
9. Catherine White	4:42.80	'11
10. Margaret Groos	4:43.9h	'79

3,000 METERS

1. Cleo Boyd	9:18.20	'17
Claire Forbes	9:18.80	'92
3. Stephanie Garcia	9:19.44	'11
4. Martha White	9:19.58	'83
5. Iona Lake	9:22.75	'15
6. Barbara Strehler	9:22.85	'14
7. Morgan Kelly	9:23.21	'15
8. Catherine White	9:24.43	'10
9. Patty Matava	9:25.83	'87
10. Michele Rowen	9:25.8h	'85

5,000 METERS

1. Margaret Groos	15:34.71	'81
2. Cleo Boyd	16:04.76	'17
3. Morgan Kelly	16:10.73	'15
4. Barbara Strehler	16:16.32	'14
5. Emily Harrison	16:16.53	'08
6. Lesley Welch	16:21.6h	'82
7. Maria Hauger	16:22.07	'14
8. Anna Corrigan	16:25.81	'12
9. Kara Scanlin	16:27.61	'08
10. Martha White	16:31.6h	'82

60 HURDLES

1. Ciara Leonard	8:38	'17
2. Ayla Smith	8.39	'09
3. Alexis Woodley	8.41	'18
4. Heather Smith	8.54	'16
5. Kim Turko	8.55	'01
6. Chidi Uche	8.58	'10
7. Lauren Echko	8.60	'09
8. Bianca DeBartolo	8.65	'07
9. Kristina Chapman	8.68	'11
10. Alana Herran	8.71	'18

HIGH JUMP

1. Sherry Gould	1.87m (6' 1.5")	'94
2. Ann Bair	1.83m (6' 0")	'83
3. Robin Landes	1.82m (5' 11.25")	'88
4. Karen DiDonato	1.80m (5' 10.75")	'91
5. Pearl Bickersteth	1.79m (5' 10.5")	'12
6. Rachel Marks	1.78m (5' 10")	'04
7. Kate Doyle	1.75m (5' 8.75")	'90
8. Janelle Clayton	1.74m (5' 8.5")	'10
9. Susan Brownell	1.73m (5' 8.25")	'80
Karen Hatchett	1.73m (5' 8.25")	'81

POLE VAULT

1. Bridget Guy	4.17m (13'8.25")	'16
2. Sarah DeVita	3.97m (13'0.25")	'15
3. Theresa Demaria	3.96m (12'11.75")	'17
4. Katie Freix	3.87m (12'8.25")	'18
5. Vika Oспенко	3.80m (12' 5.75")	'03
6. Katie Darraugh	3.75m (12' 3.5")	'10
7. Annica White	3.60m (11' 9.75")	'01
Kathryn Pettine	3.60m (11' 9.75")	'05
Kate Kaufman	3.60m (11' 9.75")	'16
10. Lauren Taggart	3.50m (11' 5.75")	'04

LONG JUMP

1. Dana Boone	6.44m (21' 1.50")	'91
2. Kiamesha Otey	6.39m (20' 11.75")	'02
3. Sonja Fridy	6.38m (20' 11.25")	'87
4. Nicole Kimbrough	6.27m (20' 7")	'95
5. Kelly Miller	6.22m (20' 5")	'99
6. Angela Griffith	6.15m (20' 2.25")	'92
7. Latanya Wynn	6.10m (20' 0.25")	'88
8. Tomika Ferguson	6.09m (19' 11.75")	'06
9. Pam Lemons	6.06m (19' 10.75")	'93
10. Rashawnda James	6.02m (19' 9")	'09

TRIPLE JUMP

1. Tomika Ferguson	13.53m (44' 4.75")	'07
2. Naccolle Guinn	13.14m (43' 1.25")	'01
3. Kelly McKee	12.99m (42'7.5")	'18
4. Dallas Rose	12.98m (42' 7")	'12
5. Dana Boone	12.86m (42' 2.25")	'91
6. Michele Johnson	12.78m (41' 11")	'87
7. Mia Barron	12.71m (41'8.5")	'17
8. Rashawnda James	12.59m (41' 3.75")	'09
9. Curtrell Frye	12.45m (40' 10.25")	'02
10. Tiffany King	12.37m (40' 7")	'96

SHOT PUT

1. Billie-Jo Grant	16.55m (54' 3.5")	'08
2. Christine Bohan	16.53m (54' 2.75")	'16
3. Maureen Laffan	15.97m (52' 4.75")	'10
4. Eliese Mitchell	15.72m (51' 7")	'03
5. Kelly Bodiford	15.65m (51' 4.25")	'91
6. Emily Vannoy	15.42m (50' 7.25")	'10
7. Anna Grant	14.94m (49' 0.25")	'08
Brittany Johnson	14.94m (49'0.25")	'18
9. Alexa Manning	14.93m (48' 11.75")	'08
10. Amy Brown	14.05m (46' 1.25")	'99

WEIGHT THROW

1. Eliese Mitchell	20.06m (65' 9.75")	'02
2. Maureen Laffan	18.54m (60' 10")	'12
3. Erin Wykoff	17.75m (58' 3")	'12
4. Alexa Manning	17.09m (56' 1")	'08
5. Ann Crouse	17.08m (56' 0.5")	'96
6. Lauren Connelly	16.67m (54' 8.25")	'96
7. Jade Baker	16.61m (54-6)	'18
8. Logan Clements	16.30m (53'5.75")	'14
9. Christine Bohan	16.09m (52'9.5")	'15
10. Hillary Wilson	16.05m (52' 8")	'00

PENTATHLON

1. Susan Brownell	4,153	'82
2. Rebecca Grube	4,108	'95
3. Ayla Smith	3,879	'09
4. Sherry Gould	3,789	'94
Holly Sullivan	3,789	'18
6. Beth Sheehan	3,678	'83
7. Bianca DeBartolo	3,661	'07
8. Anna Finger	3,659	'13
9. Curtrell Frye	3,644	'02
10. Katie Kiladis	3,567	'99

All-time lists are based on a student-athlete's best time/mark



Women's Indoor Freshman Records

60-METER DASH

1. **Halle Hazzard** **7.54** '18
2. Jordan Lavender 7.57 '12
3. Peyton Chaney 7.60 '13
Tori McKenzie 7.60 '14
5. Anna Jefferson 7.64 '17

200-METER DASH

1. Jordan Lavender 24.25 '12
2. Peyton Chaney 24.31 '13
3. Kiana Hairston 24.48 '15
4. Andrea Wright 24.55 '14
5. Leslie Satchell 24.80 '95

300-METER DASH

1. Jordan Lavender 39.05 '12
2. Julie Sandy 39.43 '87
3. **Anna Jefferson** 39.63 '17
4. **Kiana Hairston** 40.15 '15
5. Jenni Weatherly 40.61 '09

400-METER DASH

1. Jordan Lavender 54.69 '12
2. Michelle Samuels 55.81 '91
3. Meagan Gillespie 56.07 '09
4. Chimere Ezumah 56.27 '14
5. Leslie Satchell 56.67 '95

500-METER DASH

1. Cathron Birge 1:14.16 '87
2. Phyllis Buber 1:14.90 '84
3. Ayla Smith 1:14.91 '07
4. Lyndsay Harper 1:16.22 '08
5. Shelley McBride 1:16.68 '86

800-METER RUN

1. **Emma Call** 2:07.39 '17
2. Morgane Gay 2:08.07 '09
3. Vanessa Fabrizio 2:08.79 '11
4. Sandy Schuler 2:09.90 '85
5. Alexia Roux 2:11.34 '16

1000-METER RUN

1. Sandy Schuler 2:44.40 '85
2. Shelley McBride 2:50.40 '86
3. **Maddie Rennyson** **2:54.65** '18
4. Claire Forbes 2:55.31 '90
5. Alexia Roux 2:56.80 '16

1-MILE RUN

1. Claire Forbes 4:49.48 '90
2. Tasia Potasinski 4:51.49 '10
3. **Megan Rebholz** 4:53.87 '15
4. Lara Drauglis 4:53.94 '91
5. Michelle Rowen 4:54.10 '84

3000-METER RUN

1. Maria Hauger 9:29.20 '14
2. Sarah Fakler 9:37.45 '14
3. Katharine Walker 9:38.96 '11
4. **Megan Rebholz** 9:42.55 '15
5. Cleo Boyd 9:47.23 '14

5000-METER RUN

1. Lesley Welch 16:21.60 '82
2. Maria Hauger 16:22.07 '14
3. Cleo Boyd 16:29.16 '14
4. Sarah Fakler 16:32.01 '14
5. Katharine Walker 16:46.02 '11

60-METER HURDLES

1. **Alexis Woodley** 8.56 '17
2. Ayla Smith 8.68 '07
3. Kim Turko 8.69 '98
4. **Ciara Leonard** 8.74 '16
5. Shantell Bingham 8.82 '12

HIGH JUMP

1. Karen Didonota 1.71m (5'7.5") '87
2. Janelle Clayton 1.70m (5'7") '10
Pearl Bickersteth 1.70m (5'7") '10
Emily Kianka 1.70m (5'7") '11
Moirá Cronin 1.70m (5'7") '12

POLE VAULT

1. **Bridget Guy** 3.97m (13' 0.5") .. '15
2. **Theresa Demaria** 3.96m (12'11.75") .. '17
3. **Katie Freix** 3.82m (12' 6.5") .. '15
4. Kate Kaufman 3.60m (11' 9.75") .. '16
5. Katie Darraugh 3.52m (11' 6.75") .. '07

LONG JUMP

1. Kiamesha Odey 6.00m (19' 8.25") .. '00
2. Sonja Fridy 5.99m (19' 8") .. '84
3. Dana Boone 5.96m (19' 6.75") .. '88
4. **Mia Barron** 5.94m (19' 6") .. '15
5. Kelly Miller 5.80m (19' 0.5") .. '96

TRIPLE JUMP

1. Dallas Rose 12.56m (44' 6") .. '10
2. **Mia Barron** 12.33m (40' 5.5") .. '15
3. Britni Strates 12.32m (40' 5") .. '12
4. Rashawanda James 12.19m (40' 0") .. '08
5. Mishanta Reyes 12.13m (39' 9.75") .. '99

SHOT PUT

1. Emily Vannoy 15.42m (50' 7.25") .. '10
2. Anna Grant 14.94m (49' 0.25") .. '08
Jones Brittnay **14.94m (49' 0.25") .. '18**
4. Christine Bohan 14.78m (48' 6") .. '14
5. Kristy Martin 13.87m (45' 6.25") .. '97

WEIGHT THROW

1. Emily Vannoy 16.00m (52' 6") .. '10
2. **Brittany Jones** **15.99m (52' 5.5") .. '18**
3. Kristy Martin 15.50m (50' 10.5") .. '97
4. Erin Wykoff 15.11m (49' 7") .. '09
5. Maureen Laffan 14.84m (48' 8.5") .. '09

PENTATHLON

1. Beth Sheehan 3,678 '83
2. Katie Ollendick 3,443 '94
3. **Holly Sullivan** 3,411 '16
4. **Alana Herran** 3,396 '16
5. Rachel Volentine 3,108 '91

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



Indoor Relay Records

Women

4x400

- 3:39.43 Chaney, Fabrizio, Wright, Lavender 2014
- 3:39.77 Ezumah, Fabrizio, Wright, Lavender 2015
- 3:39.93 Sandy, Hinton, Birge, Fridy 1987
- 3:40.40 Chaney, Lavender, Ezumah, Wright 2014
- 3:41.26 Wright, Ezumah, Lavender, Hairston 2015

DMR

- 10:59.33 Gay, Smith, Harper, Garcia 2011
- 11:14.15 Gay, Fabrizio, Harper, Garcia 2011
- 11:19.39 Welch, Welch, Garrett, Haworth 1982
- 11:21.19 Fabrizio, Weatherly, Gnade, Garcia 2011
- 11:22.32 Sargent, Lavender, Fabrizio, Fouhy 2014

Men

4x400

- 3:11.93 Bowman, Carrington, Kiley, Dixon 2017**
- 3:12.52 Hazzard, Kiley, Carrington, Bartha 2015
- 3:12.55 Hayes, Taylor, Kugrat, Ereng 1989
- 3:12.90 Revelle, Adderly, Pirtle, Palmer 1982
- 3:13.12 Anding, Roller, Lee, Paschal 2009

DMR

- 9:29.86 Jesien, Paschal, Roller, Taye 2009
- 9:31.23 Kostelac, Hazzard, Burton, Gilland 2013
- 9:32.36 Marsella, Hazzard, Kiley, King 2015
- 9:34.38 Johnson, Anding, Kostelac, Heineking 2011
- 9:34.78 Gilland, Anding, Roller, Kostelac 2012

School Records for events that are not contested at current NCAA Championships

WOMEN

55 Meters

6.82 Sonya Fridy 1986

55m Hurdles

7.90 Michele Johnson 1986

60 Yards

6.9h Brenda Brown 1981

60y Hurdles

7.8h Susan Brownell 1982

300 Meters

39.05 Jordan Lavender 2012

440 Yards

54.0h Lisa Garrett 1981

500 Meters

1:09.89 Sonya Fridy 1987

600 Yards

1:24.67 Phyllis Buber 1985

600 Meters

1:32.88 Natalia Kuhn 2013

880 Yards

2:10.27 Kim Kelly 1985

1,000 Meters

2:44.40 Sandy Schuler 1985

1,000 Yards

2:30.43 Kim Kelly 1985

1,500 Meters

4:17.24 Margaret Groos 1981

Two-Mile

9:52.3h Margaret Groos 1980

Three-Mile

15:25.25 Martha White 1982

4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

MEN

55 Meters

6.21 Bruce Randolph 1984

55m Hurdles

7.33 Robert Archer 1984

60 Yards

6.0h Kent Merritt 1972

300 Meters

34.11 Anthony Swan 1986

440 Yards

49.9h John Morris 1970

500 Meters

1:02.44 Paul Ereng 1988

500 Yards

1:02.79 David Revelle 1983

600 Meters

1:11.99 Dwayne Brake 1983

600 Yards

1:09.8h David Revelle 1983

880 Yards

1:56.1h James Wood 1973

1,000 Meters

2:20.57 Ray Brown 1984

1,000 Yards

2:07.31 Ray Brown 1984

1,500 Meters

3:45.04 John Hinton 1985

Two-Mile

8:40.49 Kris Herdt 1987

Three-Mile

13:43.03 Colin Peddie 1985

Pentathlon

3,915 Stephen Dunphy 1991

4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010

Virginia in the National Top 50**MEN**

5000m	Mark	Rank
Marsella	4:01.43	44

5000m	Mark	Rank
Demarest	13:56.66	29
Weaverling	14:05.61	50

Triple Jump	Mark	Rank
Scott	16.04m (52'7.5")	10

Shot Put	Mark	Rank
Oghenakpobo Efekoro	18.16m (59'7")	46

Weight Throw	Mark	Rank
Jonsson	21.37m (70'1.5")	20

Distance Medley	Mark	Rank
Virginia	9:48.71	41

WOMEN

Pole Vault	Time	Rank
Guy	4.10m (13'5.25")	35

Triple Jump	Mark	Rank
McKee	12.99m (42'7.5")	19

Pentathlon	Mark	Rank
Sullivan	3,789	41

ACC CHAMPIONS

1954	Ray Quillen	HJ
1957	Henry Davenport	PV
1958	Henry Davenport	PV
	Clarence Roberts	PV
1968	Mike Harvey	LJ
1970	Jim Shannon	LJ
1972	Kent Merritt	60y
	Virginia	Mile Relay
1973	Kent Merritt	60y
1975	Keith Witherspoon	TJ
1976	Keith Witherspoon	TJ
1977	Greg Canty	1000y
1978	Greg Canty	1000y
	Virginia	2-Mile Relay
1979	Greg Canty	1000y
	Virginia	2-Mile Relay
1980	Greg Canty	1000y
1988	Herman Moore	HJ
1989	Paul Ereng	800m
	Ben Kurgat	800m
1990	Herman Moore	HJ
1991	Cornell Grayson	TJ
	Ben Kurgat	800m
	Thom McKinney	SP
1992	Ben Kurgat	800m
1993	Michael Murphy	WT
1994	Rob Cook	3000m
2005	McGavock Dunbar	800m
2008	Virginia	DMR
2009	Ryan Collins	5000m
2010	Robby Andrews	800m
	Ryan Collins	5000m
	Virginia	DMR
2011	Ryan Collins	5000m
	Anthony Kostelac	800m
	Marcus Robinson	TJ
2012	Mark Amirault	5000m
	Marcus Robinson	TJ
2015	Payton Hazzard	400m
	Filip Mihaljevic	SP
	Jordan Young	WT
	Virginia	DMR
2016	Filip Mihaljevic	SP
	Henry Wynne	Mile
	Virginia	DMR
2017	Filip Mihaljevic	SP
	Jack Lint	Hept
	Jordan Scott	TJ
	Jordan Young	WT

ALL-ACC

1987	David Hood
	Kris Herdt
1988	Herman Moore
1989	Ben Kurgat
	Paul Ereng
1990	Thom McKinney
	Brian Shafer
	Herman Moore
1991	Thom McKinney
	Ben Kurgat

1992	Ben Kurgat
1993	Mike Murphy
1994	Rob Cook
	Mark Hammons
2001	Shay Clark
	Stephen Gross
	Bob Thiele
2002	Jarrett Hagwood
2003	David Sullivan
2004	McGavock Dunbar
2005	McGavock Dunbar
	David Sullivan
2006	Kellen Blassingame
	Alex Tatu
	Kevin McHale
2007	Alex Tatu
	Jordan Orr
	Jan Foerster
2008	Yemi Ayeni
	Andy Biladeau
	Ryan Foster
	Andrew Jesien
	Brian Lee
	Jordan Orr
	Alex Tatu
2009	Adams Abdulrazaaq
	Yemi Ayeni
	Kevin Anding
	Alex Bowman
	Ryan Collins
	Emil Heineking
	Brian Lee
	Andrew Lobb
	Greg Nelson
	Meikle Paschal
	Lance Roller
	Sintayehu Taye
	Kevin Tschirhart
2010	Adams Abdulrazaaq
	Kevin Anding
	Robby Andrews
	Alex Bowman
	Ryan Collins
	Marcus Robinson
	Lance Roller
	Sintayehu Taye
2011	Adams Abdulrazaaq
	Kevin Anding
	Ryan Collins
	Brett Johnson
	Anthony Kostelac
	Marcus Robinson
2012	Mark Amirault
	Kevin Anding
	Chris Foley
	Thomas Porter
	Marcus Robinson
	Nick Vena
2013	Ryan Satchell
2014	Drequan Hoskey
	Mike Marsella
	Thomas Porter
	Ryan Satchell
	Aaron Worrell

2015	Payton Hazzard
	Kyle King
	Mike Marsella
	Filip Mihaljevic
	Henry Wynne
	Jordan Young
2016	Oghenakpobo Efekoro
	Kenneth Hagen
	Nathan Kiley
	Filip Mihaljevic
	Matthew Novak
	Adam Visokay
	Henry Wynne
	Hilmar Jonsson (2nd)
	Aaron Worrell (2nd)
2017	Zach Herriott
	Filip Mihaljevic
	Oghenakpobo Efekoro
	Jack Lint
	Jordan Scott
	Henry Wynne
	Jordan Young
	Brent Demarest (2nd)
	Hilmar Jonsson (2nd)
	Nace Plesko (2nd)
	Chase Weaverling (2nd)
	Aaron Worrell (2nd)
	Sam Young (2nd)

ACC PERFORMER OF THE YEAR

1991	Ben Kurgat
2016	Henry Wynne (track)
2017	Jordan Young (field)

ACC MEET FIELD MVP

2015	Jordan Young
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ACC FRESHMAN OF THE YEAR

2010	Robby Andrews
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NATIONAL CHAMPIONS

Paul Ereng 800m - 1989 NCAAAs
 Robby Andrews 800m - 2010 NCAAAs
 Henry Wynne 1,500m - 2016 NCAAAs

ALL-AMERICANS

1976 Keith Witherspoon TJ
 1978 Greg Canty 1000y
 1979 Greg Canty 1000y
 1981 Chuck Brown DMR
 Vince Draddy DMR
 Theo Hodge DMR
 David Revelle DMR
 1982 Ray Brown 800m
 1985 John Hinton 1000m
 1987 Kris Herdt 3000m
 1988 Paul Ereng 800m
 1989 Paul Ereng 800m
 1991 Ben Kurgat 800m
 2007 Brian Lee DMR
 Kevin McHale DMR
 Jordan Orr DMR
 Alex Tatu DMR
 2009 Andrew Jesien DMR
 Meikle Paschal DMR
 Lance Roller DMR
 Sintayehu Taye DMR
 2010 Robby Andrews 800m
 Ryan Collins 3000m
 2011 Adams Abdulrazaaq (2nd) 60mH
 Marcus Robinson (2nd) TJ
 2012 Marcus Robinson TJ
 Nick Vena (2nd) SP
 2013 Brandon Burton (2nd) DMR
 Taylor Gilland (2nd) DMR
 Payton Hazzard (2nd) DMR
 Anthony Kostelac (2nd) DMR
 2015 Jordan Young WT
 Payton Hazzard DMR
 Nathan Kiley DMR
 Mike Marsella DMR
 Henry Wynne DMR
 Filip Mihaljevic (2nd) SP
 2016 Filip Mihaljevic SP
 Henry Wynne Mile
 Kenneth Hagen (2nd) DMR
 Robby Keough (2nd) DMR
 Nathan Kiley (2nd) DMR
 Matthew Novak (2nd) DMR
 2017 Jordan Young WT
 Oghenakpobo Efekoro SP
 Zach Herriott (2nd) 5000m
 Jordan Scott (2nd) TJ

NCAA CHAMPIONSHIP RESULTS

1984
 John Hinton 800m 7th 1:50.72
 Ray Brown 1,000m 4th 2:25.46
 Greg Byers TJ 49' 10"
 Bruce Randolph 55m 6.44
 1985
 Jim Hays 5,000m 7th 14:09.56
 John Hinton 1,500m 9th 3:44.23
 1988
 Paul Ereng 800m

1989
 Paul Ereng 800m 1st 1:47.69
 Ben Kurgat 800m 7th 1:49.83

1990
 Herman Moore HJ

1991 Ben Kurgat 800m

1992 Ben Kurgat 800m

2005
 Virginia DMR 9th 9:42.43
 (Blassingame, Dunbar, Orr, Tatu)
 Winston Howard 55m4th-pre 6.32

2007
 Virginia DMR 7th 9:40.18
 (Lee, McHale, Orr, Tatu)

2009
 Yemi Ayeni SP 12th 17.66m
 Virginia DMR 6th 9:36.89
 (Jesien, Paschal, Roller, Taye)

2010
 Robby Andrews 800m 1st 1:48.39
 Ryan Collins 5000m 11th 14:06.98

2011
 Adams Abdulrazaaq 60mH 12th 7.85
 Marcus Robinson TJ 11th 15.92m

2012
 Marcus Robinson TJ 5th 53'0.75"
 Nick Vena SP 14th 59'10.5"

2013
 Virginia DMR 10th 9:43.70
 (Kostelac, Hazzard, Burton, Gilland)

2015
 Jordan Young WT 4th 22.87m
 Virginia DMR 6th 9:33.24
 (Wynne, Hazzard, Kiley, Marsella)
 Filip Mihaljevic SP 14th 18.40m

2016
 Henry Wynne Mile 1st 4:06.63
 Filip Mihaljevic SP 2nd 67' 2"
 Virginia DMR 10th 9:53.16
 (Keough, Kiley, Hagen, Novak)

2017
 Jordan Young WT 3rd 22.41m
 Oghenakpobo Efekoro SP 3rd 19.84m
 Zach Herriott 5000m 12th 13:59.99
 Jordan Scott TJ 10th 15.69m

NCAA CHAMPIONSHIP TEAM FINISHES

1984 T-39th (4)
 1985 T-27th (6)
 1988 T-51st (1)
 1989 T-16th (10)
 2007 T-57th (2)
 2009 T-47th (3)
 2010 T-20th (10)
 2012 T-45th (4)
 2015 T-23rd (8)
 2016 T-8 (18)
 2017 T-16 (12)

ACC CHAMPIONSHIP TEAM FINISHES

1954 4th (5)
 1955 6th (7.5)
 1956 6th (8)
 1957 4th (13)
 1958 6th (7.8)
 1959 T-7th (2)
 1960 T-6th (8.2)
 1961 5th (13.33)
 1962 6th (13.5)
 1963 8th (0)
 1964 8th (5)
 1965 8th (9)
 1966 8th (4)
 1967 8th (1)
 1968 6th (8)
 1969 6th (11)
 1970 6th (11)
 1971 7th (12)
 1972 5th (18)
 1973 6th (14)
 1974 5th (10)
 1975 4th (20)
 1976 5th (17)
 1977 6th (17.5)
 1978 5th (26)
 1979 5th (25.5)
 1980 6th (32)
 1987 6th (31)
 1988 6th (38)
 1989 5th (50)
 1990 4th (60)
 1991 4th (70.2)
 1992 7th (33)
 1993 7th (36)
 1994 7th (44)
 1995 7th (32)
 1996 8th (20)
 1997 7th (29)
 1998 6th (31)
 1999 6th (37)
 2000 8th (31)
 2001 6th (68)
 2002 8th (32)
 2003 7th (28)
 2004 6th (35)
 2005 4th (54)
 2006 6th (55)
 2007 7th (49)
 2008 5th (76.5)
 2009 3rd (94)
 2010 4th (77)
 2011 4th (77)
 2012 4th (80)
 2013 7th (38)
 2014 6th (54)
 2015 3rd (71)
 2016 3rd (64)
 2017 2nd (98)

ACC CHAMPIONS

1987	Sonya Fridy	60y
	Michelle Rowen	Mile
	Virginia	Mile Relay
	LaTanya Wynn	TJ
1988	Robin Landes	HJ
	Latanya Wynn	TJ
1989	Dana Boone	LJ
1990	Claire Forbes	Mile
	Claire Forbes	3000m
1991	Kelly Bodiford	SP
1992	Claire Forbes	3000m
	Virginia	2-Mile Relay
1993	Sherry Gould	HJ
1994	Sherry Gould	HJ
1995	Rebecca Grube	LJ
1996	Lauren Connolly	WT
1997	Virginia	DMR
2001	Naccole Guinn	TJ
2003	Kiamesha Otey	LJ
2010	Maureen Laffan	SP
	Virginia	DMR
2011	Virginia	DMR
2012	Pearl Bickersteth	HJ
2014	Jordan Lavender	400m
2016	Iona Lake	Mile

ALL-ACC

1987	Sandy Schuler
	Latanya Wynn
	Michele Johnson
	Cathron Birge
	Sonja Fridy
	Charlene Hinton
	Michelle Rowen
	Julie Sandy
1988	Latanya Wynn
	Charlene Hinton
	Robin Landes
1989	Dana Boone
1990	Dana Boone
	Claire Forbes
1991	Kelly Bodiford
	Claire Forbes
1992	Jen Garvin
	Claire Forbes
	Michelle Samuels
	Lara Drauglis
	Kim Liggins
1993	Sherry Gould
1994	Rebecca Grube
	Michelle Samuels
	Pam Lemons
	Bernarda Gras
	Sherry Gould
	Mia Richardson
1995	Rebecca Grube
	Nicole Kimbrough
1996	Lauren Connolly
	Ann Crouse

1997	Tracey Freyre
	Astrid Gotthard
	Talitha Green
	Jen Gruia
	Nicole Kimbrough
1999	Ann Crouse
	Jennifer Owens
2000	Jeanna Composti
	Eliese Mitchell
	Kimesha Otey
2001	Naccole Guinn
	Eliese Mitchell
	Kiamesha Otey
2002	Carielle Doe
	Kim Turko
	Kiamesha Otey
	Naccole Guinn
2003	Ellen Dwyer
	Eliese Mitchell
	Kiamesha Otey
2004	Rachel Marks
	Meggie Shuelke
2008	Kathleen Darraugh
	Emily Harrison
	Kara Scanlin
2010	Rosemary Barber
	Lyndsay Harper
	Maureen Laffan
	Tasia Potasinski
	Chidi Uche
2011	Vanessa Fabrizio
	Stephanie Garcia
	Morgane Gay
	Lyndsay Harper
2012	Pearl Bickersteth
	Anna Corrigan
	Morgane Gay
	Dallas Rose
2013	Vicky Fouhy
	Jordan Lavender
	Dallas Rose
2014	Jordan Lavender
2015	Christine Bohan
	Jordan Lavender
2016	Christine Bohan
	Peyton Chaney
	Iona Lake
	Bridget Guy (2nd)
2017	Mia Barron
	Christine Bohan (2nd)
	Cleo Boyd
	Emma Call (2nd)
	Kelly McKee (2nd)

ACC CHAMPIONSHIP
TRACK MVP

2014 Jordan Lavender

ACC COACH OF THE YEAR

1987 Fred Binggeli

1994 Fred Binggeli

ALL-ACC ACADEMIC

2009	Ayla Smith
2011	Ayla Smith
2012	Anna Corrigan
	Jordan Lavender
	Dallas Rose
2013	Peyton Chaney
	Anna Finger
	Colette Gnade
	Jordan Lavender
	Dallas Rose
	Barbara Strehler
2014	Vicky Fouhy
	Barbara Strehler
2015	Christine Bohan
2016	Christine Bohan
	Peyton Chaney
	Iona Lake
2017	Christine Bohan
	Cleo Boyd
	Kelly McKee

NATIONAL CHAMPIONS

Aileen O'Conner 5000m - 1981 AIAW
 Jill Haworth 1500m - 1981 AIAW
 Virginia DMR - 1982 AIAW
 (Linda Nicholson, Karen Hatchett,
 Lisa Welch, Jill Haworth)

ALL-AMERICANS

1980	Brenda Brown	DMR
	Susan Brownell	Pent
	Jill Haworth	DMR
	Linda Nicholson	DMR
	Vivian Scruggs	DMR
1981	Ann Bair	HJ
	Brenda Brown	DMR
	Susan Brownell	Pent
	Lisa Garrett	400m
	Jill Haworth	4x800m
	Jill Haworth	DMR
	Linda Nicholson	DMR
	Linda Nicholson	4x800m
	Marisa Schmitt	4x800m
	Vivian Scruggs	4x800m
	Vivian Scruggs	DMR
1982	Susan Brownell	Pent
	Gail Bryant	400m
	Gail Bryant	4x400m
	Lisa Garrett	4x400m
	Karen Hatchett	DMR
	Kim Hatchett	4x400m
	Jill Haworth	Mile
	Jill Haworth	DMR
	Linda Nicholson	4x400
	Linda Nicholson	DMR
	Aileen O'Conner	Two-Mile
	Aileen O'Conner	5000m
	Marisa Schmitt	Mile
	Lesley Welch	Three-Mile
	Lesley Welch	Two-Mile
	Lisa Welch	DMR
	Martha White	Two-Mile
	Martha White	Three-Mile
1983	Ann Bair	HJ
	Lisa Garrett	440y
	Jill Haworth	Mile
	Jeannette Kelly	880y
1984	Gail Bryant	4x800m
	Veronica Haberl	4x800m
	Kim Kelly	1000m
	Kim Kelly	4x800m
	Michelle Rowen	4x800m
1985	Gail Bryant	4x800m
	Phyllis Buber	4x800m
	Kim Kelly	4x800m
	Sandy Schuler	4x800m
	Sandy Schuler	1000m
1986	Phyllis Buber	4x800m
	Shelly McBride	4x800m
	Michelle Rowen	4x800m
	Sandy Schuler	4x800m
1987	Sonya Fridy	500m
	Sonya Fridy	LJ
	Michelle Rowen	Mile
1989	Dana Boone	TJ
1991	Dana Boone	LJ
1992	Claire Forbes	3000m
1993	Sherry Gould	HJ
1994	Sherry Gould	HJ
1994	Pam Lemons	200m
1995	Rebecca Grube	LJ
1997	Kelly Miller	LJ
2001	Naccolle Guinn	TJ

2002	Kiamesha Otey	LJ
2003	Kiamesha Otey	LJ
2006	Tomika Ferguson	TJ
2007	Tomika Ferguson	TJ
2008	Emily Harrison	5000m
2011	Stephanie Garcia	DMR
	Morgane Gay	DMR
	Lyndsay Harper	DMR
	Ayla Smith	DMR
2012	Morgane Gay	Mile
	Dallas Rose (2nd)	TJ
2013	Vicky Fouhy (2nd)	Mile
	Dallas Rose (2nd)	TJ
2014	Jordan Lavender (2nd)	400m
2016	Iona Lake (2nd)	Mile

(prior to 1982 were AIAW honors)

NCAA CHAMPIONSHIP RESULTS

1983	Ann Bair	HJ	4th	5' 10"
	Lisa Garrett	440y	4th	55.33
	Jill Haworth	Mile	2nd	4:45.96
	Jeannette Kelly	880y	5th	2:10.72
	Martha White	2-mile	8th	10:16.39
1984	Virginia	4x800m	4th	8:44.21
	(Bryant, Haberl, Rowen, Kelly)			
	Virginia	4x400m		3:46.03
	(Bryant, Hatchett, Buber, Crockett)			
	Gail Bryant	500m		1:14.19
	Kim Kelly	1,000m	7th	2:48.00
1985	Beth Sheehan	Hept.	11th	5,254 pts
	Gail Bryant	800m	8th	2:04.21
1986	Virginia	4x800m	3rd	8:39.58
	(Buber, McBride, Rowan, Schuler)			
	Virginia	4x400m	3rd	3:44.16
	(Fitzpatrick, Crockett, Duke, Fridy)			
	Sonja Fridy	55m		6.97
	Michelle Johnson	55H		8.25
1988	Latanya Wynn	LJ		
	Robin Landis	HJ		
1989	Dana Boone	TJ	4th	40' .75"
1990	Dana Boone	LJ		
1991	Dana Boone	TJ	9th	41' 1/2"
	Dana Boone	LJ		20' 3.75"
	Kelly Bodiford	SP	18th	44' 10.75"
	Virginia	4x800m		
	(Figlar, Liggins, Taylor, Colombell)			
1992	Claire Forbes	3,000m		
	Virginia	4x800m		
	(Samuels, Liggins, Ward, Drauglis)			
1994	Pam Lemons	200m	4th	24.37
	Sherry Gould	HJ	2nd	1.87
1995	Rebecca Grube	LJ	10th	21' .5"
	Nicole Kimbrough	LJ	16th	18' 5"
2001	Naccolle Guinn	TJ	10th	12.91m
2002	Kiamesha Otey	LJ	5th	6.26m
	Eliese Mitchell	WT	14th	18.97m
2003	Kiamesha Otey	60m	15th	7.40
	Kiamesha Otey	LJ	10th	6.05m
	Eliese Mitchell	WT	16th	17.46m

2006	Tomika Ferguson	TJ	6th	13.32m
2007	Tomika Ferguson	TJ	8th	12.98m
2008	Emily Harrison	5000m	9th	16:19.85
2011	Virginia	DMR	3rd	10:59.79
	(Garcia, Gay, Harper, Smith)			
2012	Morgane Gay	Mile	5th	4:41.40
	Dallas Rose	TJ	12th	40'9.5"
2013	Vicky Fouhy	Mile	12th	4:41.29
	Dallas Rose	TJ	13th	41'9.75"
2014	Jordan Lavender	400m	12th	52.99
2016	Iona Lake	Mile	15th	4:48.11

NCAA CHAMPIONSHIP FINISHES

1983	T-5th (17.25)
1984	T-29th (4)
1985	T-25th (6)
1986	T-24th (6)
1987	9th (16)
1989	T-28th (4)
1992	T-40th (1)
1993	T-38th (1)
1994	T-27th (7)
1995	T-40th (3)
2002	T-37th (4)
2006	T-48th (3)
2007	T-69th (1)
2011	T-30th (6)
2012	T-43rd (4)

ACC CHAMPIONSHIP FINISHES

1987	1st (132)
1988	2nd (69)
1989	3rd (55)
1990	3rd (54)
1991	3rd (74)
1992	3rd (71)
1993	4th (51.5)
1994	2nd (112)
1995	3rd (75)
1996	5th (63)
1997	4th (62)
1998	7th (44)
1999	6th (59)
2000	5th (52)
2001	4th (80)
2002	5th (63)
2003	4th (74.5)
2004	9th (26.5)
2005	11th (11)
2006	9th (39.5)
2007	8th (34)
2008	5th (57)
2009	8th (29)
2010	10th (33)
2011	T-6th (45)
2012	4th (59)
2013	7th (46)
2014	T-10th (32)
2015	9th (35.5)
2016	9th (37)
2017	10th (31)