



HISTORY & RECORDS

REGIONAL & CONFERENCE AWARDS

NSCAA ALL-REGION

1986	Janet Caswell, F Marla Smith, D	2007	Nikki Krzysik, D Becky Sauerbrunn, D
1987	Gayle Smith, M		Sinead Farrelly, M
1988	Amanda Cromwell, M Liz Gold, M Gayle Smith, M		Shannon Foley, F Chantel Jones, GK Kelly Quinn, M
1989	Amanda Cromwell, M Darlene Del Carmen, M Tracy DiMillio, F Tracey Kennedy, D Andrea Rubio, F Gayle Smith, M	2008	Sinead Farrelly, M Nikki Krzysik, D Lauren Alwine, F Sarah Senty, D
1990	Amanda Cromwell, M Tracey Kennedy, D Andrea Rubio, F Darlene Del Carmen, M Tracy DiMillio, F Liz Gold, D Andrea Rippe, G	2009	Sinead Farrelly, M
1991	Amanda Cromwell, M Tracy DiMillio, F Cindi Kunihiro, F Andrea Rubio, F Darlene Del Carmen, D Kim Smith, F	2010	Sinead Farrelly, M Chantel Jones, GK Meghan Lenczyk, F
1992	Kim Conway, D Andrea Rubio, F Kim Smith, F	2011	Olivia Brannon, D Morgan Brian, M Caroline Miller, F
1993	Kim Conway, D Danielle Desfosses, D	2012	Morgan Brian, M Caroline Miller, F Danielle Colaprico, M
1994	Danielle Desfosses, D Dina Padula, M Kim Smith, F	2013	Morgan Brian, M Danielle Colaprico, M Makenzy Doniak, F Emily Sonnett, D
1995	Karem Esteve, D Dina Padula, F Kristen DiMillio, F	2014	Morgan Brian, M Danielle Colaprico, M Makenzy Doniak, F Emily Sonnett, D Molly Menchel, D
1996	Karem Esteve, D Angela Hucles, F Dina Padula, F Jennifer Rawlings, M	2015	Morgan Brian, M Danielle Colaprico, M Makenzy Doniak, F Kristen McNabb, D Alexis Shaffer, M Emily Sonnett, D
1997	Megan Boehm, G Karem Esteve, D Angela Hucles, F Dina Padula, F Jennifer Rawlings, M	2016	Alexis Shaffer, M Kristen McNabb, D Veronica Latsko, F Megan Reid, D Taryn Torres, M/F
1998	Angela Hucles, F Lori Lindsey, M Katie Tracy, M	2017	Rebecca Jarrett, F/M Phoebe McClernon, D Courtney Petersen, D/M Alexa Spaanstra, F/M
1999	Angela Hucles, F Lori Lindsey, M Lori Lindsey, M Katie Tracy, M Kelly Worden, D		
2000	Lori Lindsey, M Katie Tracy, M Kelly Worden, D		
2001	Lori Lindsey, M Lindsay Gusick, F Kelly Worden, D		
2002	Kelly Worden, D		
2003	Kelly Hammond, M Becky Sauerbrunn, D Sarah Huffman, M		
2004	Lindsay Gusick, F Sarah Huffman, M Shannon Foley, M Kelly Hammond, M Noelle Keselica, M		
2005	Sarah Huffman, M Noelle Keselica, M Jess Rostedt, F Becky Sauerbrunn, D		
2006	Jess Rostedt, F Becky Sauerbrunn, D Nikki Krzysik, D		
2007	Becky Sauerbrunn, D Nikki Krzysik, D Sinead Farrelly, M Nikki Krzysik, D Becky Sauerbrunn, D Shannon Foley, F Chantel Jones, GK		
2008	Sinead Farrelly, M Nikki Krzysik, D Lauren Alwine, F Meghan Lenczyk, F Alex Singer, D		
2009	Sinead Farrelly, M		
2010	Sinead Farrelly, M Chantel Jones, GK Meghan Lenczyk, F		
2011	Morgan Brian, M Caroline Miller, F		
2012	Morgan Brian, M		

ALL-ACC

1987	Tracey Kennedy, D Shelly Shreve, G Gayle Smith, M		
1988	Amanda Cromwell, M Liz Gold, M		
1989	Amanda Cromwell, M Tracey Kennedy, D Gayle Smith, M		
1990	Amanda Cromwell, M Tracey Kennedy, D Andrea Rippe, G		
1991	Amanda Cromwell, M Darlene Del Carmen, M Andrea Rubio, F		
1992	Andrea Rubio, M		
1993	Kim Conway, D		
1994	Danielle Desfosses, D Kim Smith, F		(first)
1995	Karem Esteve, D Wendy Hartwig, M Dina Padula, F		(second)
1996	Megan Boehm, G Angela Hucles, F Karem Esteve, D Wendy Hartwig, M Dina Padula, F		(first)
1997	Megan Boehm, G Angela Hucles, F Karem Esteve, D		(first)
1998	Angela Hucles, F Lori Lindsey, M Tammy Westinghouse, D		(second)
1999	Angela Hucles, F Lori Lindsey, M Carryn Weigand		(first)
2000	Lori Lindsey, M Katie Tracy, M Kelly Worden, D		(second)
2001	Lori Lindsey, M Lindsay Gusick, F Kelly Worden, D		(first)
2002	Kelly Worden, D Darci Borski, F Gillian Hatch, D		(second)
2003	Kelly Hammond, M Sarah Huffman, M Becky Sauerbrunn, D		(first)
2004	Lindsay Gusick, F Sarah Huffman, M Christina de Vries, GK Shannon Foley, F Noelle Keselica, M		(second)
2005	Sarah Huffman, M Noelle Keselica, M Jess Rostedt, F Becky Sauerbrunn, D		(first)
2006	Jess Rostedt, F Becky Sauerbrunn, D Nikki Krzysik, D		(second)
2007	Sinead Farrelly, M Nikki Krzysik, D Becky Sauerbrunn, D Shannon Foley, F Chantel Jones, GK		(first)
2008	Sinead Farrelly, M Nikki Krzysik, D Lauren Alwine, F Meghan Lenczyk, F Alex Singer, D		(second)
2009	Sinead Farrelly, M		(first)
2010	Sinead Farrelly, M Chantel Jones, GK Meghan Lenczyk, F		(second)
2011	Morgan Brian, M Caroline Miller, F		(first)
2012	Morgan Brian, M		(first)

2013	Caroline Miller, F Morgan Brian, M Makenzy Doniak, F Emily Sonnett, D Danielle Colaprico, M Molly Menchel, D		(first)
2014	Morgan Brian, M Danielle Colaprico, M Makenzy Doniak, F Emily Sonnett, D Brittany Ratcliffe, F		(first)
2015	Makenzy Doniak, F Brittany Ratcliffe, M Alexis Shaffer, M Emily Sonnett, D		(second)
2016	Alissa Gorzak, F Veronica Latsko, F Kristen McNabb, D Alexis Shaffer, M Veronica Latsko, F Phoebe McClernon, D Megan Reid, D Taryn Torres, M		(third)
2017	Veronica Latsko, F Phoebe McClernon, D Megan Reid, D Taryn Torres, M		(second)
2018	Phoebe McClernon Courtney Petersen Alexa Spaanstra Taryn Torres		(third)

ACC ALL-FRESHMAN TEAM

2000	Sarah Lane, F		
2001	Lindsay Gusick, F Jessica Trainor, M		
2002	Kelly Hammond, M Sarah Huffman, M		
2003	Shannon Foley, M Becky Sauerbrunn, D Ariel Thompson, F		
2004	Sarah Curtis, F		
2005	Nikki Krzysik, D Kelly Quinn, F Jess Rostedt, F		
2007	Sinead Farrelly, M		
2008	Lauren Alwine, F		
2009	Morgan Stith, D		
2010	Gloria Douglas, F		
2011	Olivia Brannon, D Morgan Brian, M Danielle Colaprico, M		
2012	Makenzy Doniak, F Emily Sonnett, D		
2013	Morgan Stearns, GK		
2015	Betsy Brandon, M Courtney Petersen, M		
2016	Alissa Gorzak, F Zoe Morse, M		
2017	Taryn Torres, M		
2018	Rebecca Jarrett, F Alexa Spaanstra, F		

ACC 50TH ANNIVERSARY TEAM

Amanda Cromwell
Angela Hucles
Lori Lindsey
Andrea Rubio

ACC TOURNAMENT MVP

2004	Christina de Vries/Sarah Huffman (Co-MVPs)
2012	Morgan Brian



ALL-TIME ACC AWARDS

ACC PLAYERS OF THE YEAR



Lori Lindsey 2000 & 2001 ACC Player of the Year



Sarah Huffman 2004 ACC Defensive Player of the Year



Becky Sauerbrunn 2007 ACC Defensive Player of the Year



Nikki Krzysik 2008 ACC Defensive Player of the Year



Sinead Farrelly 2010 ACC Offensive Player of the Year



Caroline Miller 2012 ACC Offensive Player of the Year

The University of Virginia has a solid history with regard to annual award winners from the Atlantic Coast Conference, tallying 11 ACC Player of the Year selections, 3 ACC Freshman of the Year selections and 3 ACC Coach of the Year honorees.

ACC PLAYER OF THE YEAR

- 2000 Lori Lindsey
- 2001 Lori Lindsey
- 2004 Sarah Huffman
- 2007 Becky Sauerbrunn
- 2008 Nikki Krzysik
- 2010 Sinead Farrelly
- 2012 Caroline Miller
- 2014 Danielle Colaprico (Midfielder)
- 2015 Makenzy Doniak (Offensive)
- 2015 Emily Sonnett (Defensive)
- 2016 Alexis Shaffer (Offensive/Midfielder)

ACC FRESHMAN OF THE YEAR

- 2003 Becky Sauerbrunn
- 2005 Jess Rostedt
- 2011 Morgan Brian

ACC COACH OF THE YEAR

- 1989 Lauren Gregg
- 2013 Steve Swanson
- 2015 Steve Swanson

ACC COACH OF THE YEAR



Lauren Gregg 1989 ACC Coach of the Year



Steve Swanson 2013, 2015 ACC Coach of the Year



ACC FRESHMAN OF THE YEAR



Becky Sauerbrunn 2003 ACC Freshman of the Year



Jess Rostedt 2005 ACC Freshman of the Year



Morgan Brian 2011 ACC Freshman of the Year



Makenzy Doniak 2015 ACC Offensive Player of the Year



Emily Sonnett 2015 ACC Defensive Player of the Year



Alexis Shaffer 2016 ACC Offensive Player of the Year
2016 ACC Midfielder of the Year



HISTORY & RECORDS

ACC ALL-TOURNAMENT TEAM

- 1991 Amanda Cromwell, M
- 1992 Kim Conway, D
Andrea Rubio, F
- 1993 Kim Conway, D
- 1996 Angela Hudes, F
Jennifer Rawlings, M
- 1998 Darci Borski, F
Lori Lindsey, M
Lori Lindsey, M
- 2001 Kelly Worden, D
- 2004 Christina de Vries, GK
Sarah Huffman, M
Lindsay Gusick, F
Kelly Hammond, M
Kristen Weiss, F
- 2005 Christina de Vries, GK
Sarah Huffman, M
Jen Redmond, F
Jess Rostedt, F
- 2007 Becky Sauerbrunn, D
- 2008 Sinead Farrelly, M
Sarah Senty, D
- 2011 Molly Menchel, D
- 2012 Morgan Brian, M
Gloria Douglas, F
Erica Hollenberg, M
Caroline Miller, F
Emily Sonnett, D
- 2013 Morgan Brian, M
- 2014 Morgan Brian, M
Danielle Colaprico, M
Makenzy Doniak, F
Emily Sonnett, D
- 2015 Makenzy Doniak, F
Kristen McNabb, D
Alexis Shaffer, M
Emily Sonnett, D
- 2018 Alexa Spaanstra, F/M

ALL-ACC ACADEMIC TEAM

- 2005 Christina de Vries
Becky Sauerbrunn
- 2006 Christina de Vries
Becky Sauerbrunn
- 2007 Shannon Foley
Becky Sauerbrunn
- 2008 Celeste Miles
- 2009 Colleen Flanagan
Meghan Lenczyk
Morgan Stith
- 2010 Colleen Flanagan
Maggie Kistner
Meghan Lenczyk
Morgan Stith
- 2011 Maggie Kistner
Molly Menchel
- 2012 Morgan Brian
Danielle Colaprico
Makenzy Doniak
Kate Norbo
- 2013 Morgan Brian
Danielle Colaprico
Makenzy Doniak
Molly Menchel
- 2014 Morgan Brian
Danielle Colaprico
Makenzy Doniak
Brittany Ratcliffe
- 2015 Betsy Brandon
Makenzy Doniak
Kristen McNabb
Brittany Ratcliffe
Morgan Stearns
- 2016 Veronica Latsko, F
Kristen McNabb, D
Alexis Shaffer, M
Morgan Stearns, GK
- 2017 Betsy Brandon, M
Laurel Ivory, GK
Veronica Latsko, F
Zoe Morse, M
Megan Reid, D
- 2018 Betsy Brandon, M
Zoe Morse, D
Alexa Spaanstra, F/M
Meghan McCool, F

- Montana Sutton, M
- Rebecca Jarrett, F/M

ACC PLAYER OF THE WEEK

- 1989 Gayle Smith (October, 10)
Amanda Cromwell (October 24)
- 1990 Andrea Rippe (October 1)
Amanda Cromwell (October 8)
- 1991 Sandra Kwitnieski (October 1)
Sandra Kwitnieski (October 1)
Andrea Rubio (October 22)
- 1994 Dina Padula (October 10)
- 1995 Liz Kelley (October 2)
- 1996 Angela Hudes (October 7)
- 1998 Angela Hudes (September 7)
- 1999 Katie Tracy (September 21)
Angela Hudes (September 27)
Angela Hudes (October 11)
- 2001 Laura Gaworecki (October 15)
Lindsay Gusick (October 22)
- 2002 Darci Borski (October 28)
Darci Borski (November 4)
- 2003 Kelly Hammond (September 15)
- 2004 Lindsay Gusick (September 13)
Sarah Huffman (November 1)
- 2005 Christina de Vries (September 26)
Jess Rostedt (October 3)
- 2006 Jess Rostedt (September 25)
Jess Rostedt (October 30)
- 2007 Nikki Krzysik (September 3)
Shannon Foley (September 17)
- 2008 Meghan Lenczyk (September 30)
- 2009 Caroline Miller (September 1)
Sinead Farrelly (November 3)
- 2010 Meghan Lenczyk (August 24)
Sinead Farrelly (September 14)
Meghan Lenczyk (October 5)
Meghan Lenczyk (October 19)
- 2011 Caroline Miller (September 27)
Caroline Miller (October 10)
- 2012 Caroline Miller (October 23)
Caroline Miller (October 30)
- 2013 Morgan Brian (August 27)
Morgan Brian (October 15)
Brittany Ratcliffe (October 22)
Emily Sonnett (October 29)
- 2014 Brittany Ratcliffe (October 7)
Danielle Colaprico (October 14)
- 2014 Brittany Ratcliffe (October 7)
Danielle Colaprico (October 14)
- 2015 Makenzy Doniak (October 20)
Morgan Stearns (October 27)
Makenzy Doniak (November 3)
- 2016 Kristen McNabb (September 20)
Alexis Shaffer (October 11)
- 2017 Taylor Ziemer, Laurel Ivory (August 29)
Veronica Latsko (October 3)
- 2018 Rebecca Jarrett, Brianna Westrup (September 11)

ACC CHAMPIONSHIPS



2004 ACC CHAMPIONS

Virginia won its first ACC Championship in 2004 in a dramatic penalty kick shootout against North Carolina in the final in Cary, N.C. The Cavaliers thrashed Virginia Tech 8-0 in the quarterfinals and rallied from a halftime deficit to down Clemson 2-1 in the semifinals to set up a matchup with the 15-time defending champion Tar Heels.

In the final, the Cavaliers took an early lead in the 24th minute when Sarah Huffman crossed a ball to Lindsay Gusick, who one-timed the ball inside the far post for a 1-0 Virginia advantage. Virginia maintained that advantage at halftime. In the second half, the Tar Heels created several chances to equalize early in the second half and finally did in the 56th minute. Elizabeth Guess was fouled in the penalty area and Kacey White converted the penalty kick to tie the game at 1-1.

The game remained tied at 1-1 after a pair of 10-minute overtime periods and the championship would be decided by penalty kicks. Each team scored four times in the first five attempts, forcing extra kicks. In round six, Kristen Weiss converted her penalty kick for Virginia and Cavalier goalkeeper Christina de Vries saved Mary McDowell's kick to win the championship.



2012 ACC CHAMPIONS

Virginia became only the second school to win multiple ACC Championships when it took home its second title in 2012. Seeded fifth in the tournament, the Cavaliers knocked off three top-10 opponents in an eight-day span to win the championship.

In the quarterfinals, Virginia traveled to Chapel Hill and posted a 1-0 win over the eighth-ranked Tar Heels on Caroline Miller's goal in the 11th minute of play. With the goal, Miller became the only visiting player in history to score two game-winning goals at UNC's Fetzer Field. In the semifinals, the Cavaliers used a two-goal, one-assist performance from ACC Tournament MVP Morgan Brian to down second-ranked Florida State 4-2 and setup a matchup with Maryland in the final.

The Cavaliers claimed the trophy with a 4-0 victory over the seventh-ranked Terrapins at WakeMed Soccer Park. Gloria Douglas gave Virginia a 1-0 halftime lead with a goal midway through the first half. Morgan Brian and Caroline Miller added early second half goals and Makenzy Doniak pushed the final margin to four with her late goal.